

Sedbergh & District

LOOKAROUND

March 2007

Issue 242

Donation 50 pence

We cannot believe that it is twelve months since we celebrated our 20th birthday. We think that our next Milestone will be our Silver Anniversary in four years time.

At this time, we are having problems with updating the *Lookaround* Web Site

which has not been done since December 16th. Hopefully this will be resolved soon.

There is heaps and lots of events to go to this month in our area. Please support as much as you can.

Dennis & Jacky,

THE ROSE THEATRE GROUP PRESENTS:

HOW THE NORTH WEST WAS SUNG



Featuring:- Hazardous Hilda and her Wild West Buddies!

7.30pm **Thursday 8th March**
7.30pm **Friday 9th March**
2.30pm **Saturday 10th March**
7.30pm **Saturday 10th March**



**PEOPLE'S HALL
SEDBERGH**

Tickets available from:
Sedbergh Tourist Information
Tel: 20125 or on the door

Adults £4 ~ Children £2 ~ Concessions £3

Proceeds after expenses to Derian House & Multiple Sclerosis

Further information available from the Rose Theatre Group 015396 21808

CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

e-mail: lookaround@whicker73.freerve.co.uk ~ Web Site: <http://www.whicker73.freerve.co.uk>

CHILDREN'S BIRTHDAYS MARCH 2007



Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-

Connie Hodgson who is
11 years old on 16th March.

Please collect your vouchers from the Sedbergh Office Services at 13 Kings Yard, Main Street, Sedbergh which can be used in any shop in
Sedbergh, Garsdale & Dent.



Day	Name	Age
1	Alisha BREWER	6
1	Sam OVERSBY	9
2	Joseph DICKIE	8
3	Thomas THEXTON	9
5	Ethan CLARK	4
6	Cameron HORNER	5
7	Melissa HARTLEY	6
7	David GOAD	10
8	Tess PRALL	6
9	Aaron CAPSTICK	7
10	Alana WILLIAMSON	2
10	Scott MIDDLETON	10
10	Sam FIDDLER	9
12	Kate BROOKSBANK	6
12	John WOOF	9
12	Liam BALL	9
13	Emily BAINES	2
13	Sam LABBATE	3
14	Kate THOMPSON	5
16	Kathryn LAWSON	8
16	Connie HODGSON	11
18	Danny HUNTER	2
19	Wesley BREWER	9
25	Kayleigh BROWN	9
27	Zoe COWIN	1
27	Jessica LABBATE	6
29	Callum FERREIRA	9

BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh (06/10) <i>ID; IT; IS; TVL; CH; NS; NP*; P; DR</i> Web Site: holmecroftbandb.co.uk	20754
Mrs R Gardner	Oakdene Country House, Garsdale Road, Sedbergh (07/04) <i>2D (4 Poster); 2D; IT; IS; All ES; TVL; P; CH; CW; FC; NS</i>	21012
Miss S Thurlby	15 Back Lane, Sedbergh (07/12) <i>ID; IT; CH; L; DW; P; DR; VB</i> e-mail:- antique.thurlby@amserve.net	20251
Mr & Mrs Wilkinson	Netherclough Holiday Cottage, Garsdale (07/06)..... <i>ID(4 poster); IT; IS; L; TVL; NS; P; VB; EM; (use of Kitchen)</i> Web Site: www.nethercloughcottage.garsdalesedbergh.co.uk	21397/22019
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (08/02) <i>ID (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs L Hopkins	Brantrigg, Winfield Road, Sedbergh (07/09) <i>IT; PB; TV; NS; NP; P; DR; VB</i> brantrigg@btinternet.com	21455
Mrs L Smith	Father Haw, Howgill Lane, Sedbergh (07/07) <i>ID; PB; TVL; CH; NS; NP; P; DR; VB</i> e-mail: lsfatherhaw@hotmail.com	20937

CAMPING, CARAVANNING & SELF-CATERING

Greenholme, Killington, Sedbergh (07/07)	21153
<i>S/C 2 - 9 people; D; PB; CH; L; TVL; P; NS(B); DW; DR; CW</i> www.greenholme.fsnet.co.uk.	
Borrett Barn Caravan, Marthwaite, Sedbergh (07/03)	21175
<i>4 Berth; H+C; Shower; WC; TV; NS</i>	

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

Lookaround Advertising Rates

Single Column x 1"	= £7.50
Single Column x 2"	= £10.00
Single Column x 3"	= £12.50
Single Column x 4"	= £15.00
Double Column x 2"	= £15.00
Double Column x 3"	= £20.00
Double Column x 4"	= £25.00
B & B and Camp-sites	= £2.00
Personal & Small Ads	= £1.00
Postal per month (Double December)	= £1.00
Postal Overseas (Double December)	= £2.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.

**No adverts
 by e-mail or FAX please**
*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*
 Articles etc. by 19th of every month

PERSONAL & SMALL ADS £1

BEAGAN

Birthday Wishes for the 18th February.
Happy Day Jean. Love and Best Wishes
from Helen, Janet, Kate, Di and Lorna.

GOODYEAR

Richard would like to thank all his
friends and family who took the time to
visit him during his long stay in hospital.
Thank you for all your cards and get well
wishes. They were much appreciated.
Many thanks to everyone.

HALL

Mabel would like to thank relatives and
friends for all their cards, presents and
good wishes she received on the occasion
of her **99th Birthday** on 13th February
2007.

HOSKER

Wendy's family would like to thank
everyone for their support over the past 2
years during her illness. Also for the
wonderful flowers at her funeral and kind
expressions of sympathy during this sad
time.

MIDDLETON

A big thank you to everyone, family,
friends and neighbours for your good
wishes, cards, flowers etc., and sharing
my **90th Birthday** celebrations. Thank
you again for making it such a
memorable weekend. Elsie.

STEADMAN

Happy **18th Birthday** Cally. Love &
best wishes Mum, Steve, Rob, Nicola,
Steph and Betty. XXXXXX

STEADMAN

Happy **21st Birthday** Rob. Love & Best
Wishes. Mum, Steve, Nicola, Cally &
Betty. XXXXX

MITCHELL

Jill would like to thank everyone who
helped to make her **50th Birthday** so
very special. Ian, what a lovely surprise.
Thanks for organising the party and
inviting friends from Israel, Cornwall,
Ipswich, Matlock, Stockport, Sedbergh
and Dent - the night was truly amazing.
Thanks to Dave, Lynn and Keith for the
lovely buffet, and to Mum for the drinks,
not forgetting Rob, who said "Well I was
there." Thank you all for coming and for
the beautiful presents - so lovely to see
you all again.

STOKER

Mrs Stoker and family would like to
thank friends and neighbours for all their
sympathy cards, letters, flowers and
support after the sad loss of Ernie.
Special thanks to Dr. Orr, the Bull Hotel
and all at J J Martin, Funeral Directors.
Donations raised for Alzheimer's was
£374.

SWALLOW

Steve would like to thank everyone for
coming to my **40th Birthday** party, for
the presents, money, vouchers and drinks.
Also thanks to Mary and Chris for all
their hard work behind the bar. AND I
made it home!!!

PERSONAL & SMALL ADS £1

TODD

Thomas and Brenda would like to say a big thank you to relations, friends and neighbours who said prayers, sent cards, flowers and gifts, while Brenda was in hospital. Also to everyone for keeping Thomas supplied with food. I am pleased to say I am now making good progress. Once again grateful thanks to everyone. Your generosity was overwhelming.

WOOF

Happy **18th Birthday** Rachel. Love and Best Wishes from Mum and Dad.

FOR SALE

New Garden Shed 7 ft x 5 ft. Telephone Sedbergh 21771.

FOR SALE

Old Oak - various shapes and sizes. Suitable for building or craftwork. Telephone 015396-25453.

FOR SALE

Encyclopaedia Britannica - 1963 - 23 volumes in book case - £15. Telephone 015396-20965.

FOR SALE

Solid Wood 3 seater settee - "Shaker style" arms, legs and back with fitted cushion seat. Offers. Tel: 015396-25592.

FOR SALE

As new, Electric Garden Tiller £50. For digging vegetable plots, planting holes etc. Tel: Sedbergh 20790.

FOR SALE

NEW Carpet. Caramel coloured, plain. Excellent quality (cost £13.50 per sq metre). Offcut from carpet laying. 170cm (67") wide x 4.75 metres (15ft 7") long. Cost price £108. SALE PRICE £70. Contact 015396-21898.

FOR SALE

BABY ITEMS. Two identical Chicco Baby Back Carriers (for babies up to 15kgs). Excellent condition, hardly used. Cost £50 each, will accept £20 each or £30 if sold as a pair. Jane Powertwin Travel System. Comes with 2 Rebel Carrycot car seats which attach to pushchair (0-13kg). Then converts into 3 wheeler back to back pushchair (can be used with baby and toddler also). Complete with raincover and changing bag. Cost over £500 new. Will accept £75. Tel: 015396-25788.

EXCHANGE WANTED

Three apt. flat in central London for 1 or 2 apt. or cottage anywhere near Sedbergh or Kendal or Hawes. Telephone 02072503998.

URGENTLY REQUIRED

Accommodation to rent in Sedbergh for local single person. References available. Tel: 07980-842062.

NEED A HAND

Is cleaning getting you down? I can do it for you after 5 pm, any weekday evening. Quick, thorough, efficient. Call me on 07926-283242.

SEDBERGH PARISH COUNCIL
Summary of the Minutes held on 31st January 2007.

Matters Arising

First Responders – A verbal report of a meeting with Elaine Alston, Cumbria Coordinator, and Cllrs Blair, Allan and Longlands was given by the Clerk. The key point was the effort and commitment required to set up and sustain a local First Responders group. In view of the volume of business currently before the Council it was resolved to defer the issue for 12 months. However, the Council would support any local interest group which arose to take the idea forward.

Correspondence

Cllr. Pratt received a letter from Maureen Lamb suggesting that permits

should run for 12 months from the date of purchase, and that the difference in cost between the 24 hour-permit and the day-permit was insufficient given the wider benefits accrued through the latter. Both of these issues have been discussed by the Council several times over recent months. Issuing permits for 12 months from the date of purchase has not been adopted due to difficulties in administration of such a scheme. The Council resolved to reconsider these issues before August 2007 when the next annual permits are due to be issued. In the meantime it has been decided that the cost of permits from now until August will be reduced to £20.

Citizens Advice South Lakeland and MacMillan Cancer Support sent information about a specialist welfare service newly launched in South Lakeland. The Council will display this information on the Notice Board in the Community Offices on Main Street. Tim Farron MP enquired about the Council's views of the proposed Lune Valley Cycle Route. The Council resolved that it would support the proposal but only with significant reservations about the complexities involved and the need for full consultation with the public and landowners likely to be directly involved.

Mr. Rycroft has expressed concern about two potentially dangerous conifers in Queens Gardens. Felling these will require permission from YDNP as they are in a conservation area. The Council would support their removal but would like to see them replaced by two broad-leaved trees. Cllr. Pratt said he would take

POKER IN THE PUB

Come along for a
Fun Night of playing Poker!

- ♥ Play No Limit Texas Holdem
- ♣ Free Tutorial and Taster Session on the night
- ♦ All Games Free
- ♠ Free Admission



Approx. 7.30 pm

Thursday 1st March
BULL HOTEL

Main Street, Sedbergh
Tel: 20264

this matter forward.

Car Parks

The Lease between the Parish Council and Sedbergh School in respect of the Car Park on Loftus Hill will commence on 1 February, 2007. The Lease requires the Council to make its best efforts to reopen the toilets within two years. An initial assessment of the toilets is that they are in reasonable condition, although the disabled toilet may require some attention. Parking in Loftus Hill will be limited to cars and light vehicles with no overnight parking. A sign will be required to inform the public of this. There is no automatic right to roll-on the leases for Loftus Hill and Joss Lane once their term expires. Any change to the terms and regulations of parking applicable to the two car parks should be identified and agreed before 1st April when the new Off Street Parking Order comes into effect. A new sign will be required in Joss Lane confirming limited parking on market days.

The Council acknowledged the considerable efforts of Cllrs Blair, Hodge and Longlands in negotiating the terms of these leases and all the other attendant matters. The resolution that 'people who



CHRISTIAN AID

COFFEE MORNING

Wednesday 7th March

10:00 am to 12 noon

U.R.C. Rooms

Home Baking ~ Bric-a-Brac

Traidcraft Stall ~ Raffle

All Welcome

OPTIONS

for health and well-being

Sedbergh Holistic Centre

Main Street, Sedbergh

GRAND OPENING

Wednesday 7th March

at 2pm by *Dave Evans*

local Homoeopath and Principal of the North West College of Homeopathy.

On offer will be many therapies -
Aromatherapy, Sports Massage,
Remedial Massage, Reiki, Reflexology,
Homoeopathy, Tai Chi, various forms of
Counselling, including Person Centred and
Cognitive, Alexander Therapy,
Craniosacral Therapy,
Light Therapy and more.

Tel: 015396 21058

Mob: 07 8888 57775

E-mail: melmissy@onetel.net

use these car parks without paying only serve to cheat and steal from the town and those who live here' received unanimous agreement.

NPS North West Ltd have been commissioned by SLDC to undertake a camera survey of the drainage under the lower part of Joss Lane car park which leads to the Joss Lane exit. The Parish Council will discuss with NPS and SLDC how best to ascertain whether or not there is a blockage in the upper part of the car park where excess surface water has been evident this winter.

Planning

The following applications were considered:

Cherry Hall, Millthrop – erection of

single story garden building - *no objections*

Haycross Berens, Ingmire – listed building consent for removal of 2 sheds and erection of a detached garage, creation of 2 new window openings and a new paddock. *No objections but regrets the loss of an industrial building / site of employment.*

Red Lion Hotel – removal of existing roof of outside trading area and replacement with timber pergola. *No objection.*

2 Lane End Cottages, Frost Row – conversion and extension of rear shippon and erection of second story extension. *The Council objects to this application on the grounds that it is too large and out of keeping. A single story extension would be more acceptable.*

Ash Hining, Howgill Lane – replace conservatory with new garden room. *No objections.*

Birks Farm Cautley – convert barn to two

dwelling to let. *No objections subject to local planning policy and regulations.*

Oak Ends, High Oaks, Marthwaite – erect extension above and to the front of existing single story dining room. *No objections.*

2 Low Oaks, Marthwaite – erection of agricultural building to store implements and use as an animal shelter. *No objections although the Council considered the proposed building to be out of proportion to the acreage of land.*

Decisions had been received as follows:

31 Fairholme, Sedbergh – erection of single story extension – *Granted*

The Greens, Howgill – installation of an oil tank – *Granted*

Fives Court, Sedbergh School – refurbishment with minor extensions – *Granted*

National Grid Wireless Site, Joss Lane, Sedbergh – installation of transmission dishes - *Granted*

Hebblethwaite Hall Cottage, Cautley – installation of LPG tank – *Granted*

For Information

The Council has received a copy of a letter from Doctors Orr and Lumb to YDNP Planning Authority complaining that planning policy is impeding the development of premises large enough to accommodate the proposed merger of the two GP practises in Sedbergh. A copy of the response from YDNP has also been received stating that there are a range of options open to this proposed development and that planning policy is not impeding progress.

Highways / Footpaths / Street Lighting

Following representations from the Parish Council and District Councillors



HATS GALORE
Need a Hat for that Special Occasion?....



Please Ring
Joyce Allison
Kirkby Stephen
017683 72990

Stephenson and Lancaster, Cumbria County Council have announced repairs to the Garsdale Road from Sedbergh to the Moorcock Inn. This will require this road to be closed to vehicles but not pedestrians from 1st March for approximately one month.

The owners of 19 Bainbridge Road have given permission for the erection of a light standard on the footpath to Kings Yard.

Action Plan

On 17 January the Council undertook a review of its practises and procedures in an event facilitated by Cumbria Association of Local Councils. The general view was that this was a challenging but constructive exercise. A range of options for improvement were developed and brought forward for consideration by the Council. The key points which the Council agreed to take forward are:

- improve its understanding of the legal framework in which parish councils operate,
- arrange for photographs of Councillors to be displayed on the notice board in the Community Office,
- improve the time management of Council meetings,
- make its working relationships with the District and County Councils more effective,
- develop and define its relationship with the Chamber of Trade.

Housing

Cumbria Rural Housing Trust has recently sent out survey forms to households in the parish as a means of

determining if there is a need for affordable housing.

Any Other Business

Cllr Scarr's request that the Sedbergh Embroidery Panel, currently hanging in the Library, be loaned to Farfield Mill to have on exhibition for 6 months was agreed to.

The Chamber of Trade has proposed that 'Town Twinning' and 'Book Town' be erected at the Parish road borders. It was agreed to invite the Chamber of Trade to the next Council meeting to discuss this.

A row of newly planted trees near the seat in Queens Gardens are said to be obstructing the view. The Queens Gardens Committee will investigate.

Litter – to be an agenda item for the next meeting.

There have been some violent incidents between certain of the town's young people and pupils of Sedbergh School in recent weeks. They appear to be getting worse in intensity. It was decided to write to Cumbria Constabulary to request a police presence between 8.00pm and 11.00pm, and to write to the Chair of the Governors and Headmaster of Settlebeck School to seek their cooperation.

HOLME OPEN FARM

A TRADITIONAL DALES WORKING FARM

It's Lambing Time!!

Come and touch, hold & feed the animals
Learn about local breeds & farming methods
including the local 'Rough Fell' breed of sheep.

Enjoy a picnic by the river &
a walk round the Nature Trail.

Open March to September

Guided Farm Tours daily 11 am to 4 pm

CAMPING AVAILABLE

Contact David or Angela
015396 20654



GALA BACK ON TRACK!

Further to our last article in February's Lookaround, we are pleased to announce that this year's Gala will go ahead. The date for your diary is **Saturday 19th May 2007**. Many, many thanks to all of you who have contacted the Gala Group and offered your help and support to keep the Gala going strong, we really do appreciate it.

Preparations are well under way and we can now announce the theme for this year's Gala will be **Heroes and Villains**. We hope this will encourage children (and their parents) to recreate their favourite goodies and baddies, old and new alike. Many of the old favourite attractions will at the Gala, the Fell

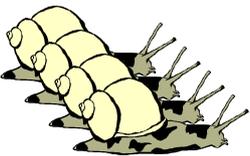
Races, birds of prey, inflatables, round-a-bout, donkey rides, the Army with their aerial rope slide, just to name a few, there will also be some events and attractions. Among them will be a Craft and Farmers' market, mini-motorbikes and the Barracudas are joining us to provide children with activities and entertainment. This year we are trying to put the focus on less cost for parents and more emphasis on traditional events and activities with prizes for participants.

We look forward to this year's Gala and hope for fine weather on the day. For more details of the Gala attractions see the advertisement in next month's Lookaround.

*Andrea Sephton
Sedbergh Gala Group*

DOUBLE CHARITY NIGHT

with



SNAIL RACING

First Race 8.30pm Saturday 10th March
in the Bull Hotel

BINGO NIGHT

	12	23	36		50		77
3		29		44		68	
	18		31		57		82
						73	86

Good Friday 6th April at 8pm
in the White Hart Club

All monies raised from these nights will go towards May's Big Tractor Pull Fund
Breast Cancer ~ Cystic Fibrosis ~ Local Children's Groups
PLEASE GIVE US YOUR SUPPORT

PULSE COMMUNITY GYM.

Paul Butcher has volunteered to be at the Gym on Saturday mornings from 8 am to 12 noon so anyone can come along for a supervised taster session. Paul is a qualified instructor with an army background who has recently returned to the area. He was born in Dent and we are very glad to have his help and expertise. The management committee is beginning to gel and we now have a good mix of people. The issue of concessions is a tricky one and we debated long and hard over it. The result is that for the moment the committee feels that the cost of membership is lower than most Gym's concessionary memberships and bearing this in mind we have left charges as they are. It may be that in the future there will

be a way of resolving this issue but for the moment the committee was unable to come to a workable alternative. However we can now offer family membership of £350 per year covering four family members. If you have paid membership of £175 then added £100 for your partner another £75 will allow two other family/household members to use the gym. But no one can use the gym unless they have had an induction from Gary Holmes our official gym instructor. Apart from supervised taster sessions. Students who are returning from university for the holidays can speak to the committee as it may be possible to arrange temporary membership. Enquiries 015396 20232/21808

AUCTIONEERS, ESTATE AGENTS & PROPERTY MANAGERS INCORPORATING

DALTON & HAGUE ESTATE AGENTS
70 Main Street, Sedbergh LA10 5AD
Tel: 015396 20293 Fax: 015396 21650
e-mail property@chriswhelan.co.uk
www.chriswhelan.co.uk



Property Sales

Residential Letting & Management

Caretaking Services

Home Finding

Negotiations

Holiday Lettings

We have:

Clients looking for property to rent,
all sizes and styles, letting only or full
management

Clients looking for property to buy in
all price ranges

We need:

Holiday cottages/apartments, no limit
on owner use

COUNCILLOR'S CORNER

Craig Stephenson

'Pot holes in the road', 'blocked drains', 'excessive speeding' and the 'poor state of the pavements' are some the issues challenging us in the area. As part of my New Year's activities I have been on the streets and have, with the help of a small but earnest team, been knocking on doors and finding out for myself what the issues are that concern you most.

It is encouraging when people contact me directly and raise issues, because that allows me to solve individual issues and chase things up there and then, (such as the plastic recycling bin issue!) but getting out there and talking to large numbers of people helps to build a much

bigger picture and to put my case forward for certain improvements. Pulling together the 'big picture' confirms, for example, that speeding is a real concern to many, particularly along Fairholme, Station Road, Back Lane and the East End of Main Street. This now makes it much easier, evidence in hand, to push forward on such an issue. Likewise, excessive litter appears to be a growing concern and I have received a number of phone calls recently on this matter too, and as the *Westmorland Gazette* has highlighted, this is very much a rising trend across South Lakeland. Rest assured, I will follow through with the relevant officials on particular 'grot spots', along with specific reports about

Mother's Day

Treat your Mum to a *luvli* day out..

Combine our special Sunday Lunch with a visit to the Mill and enjoy-

- Arts & Crafts Studios
- Northern Potters Exhibition
- Working Victorian Looms
- Heritage Exhibition & Costume Display
- Relaxing walks in a beautiful riverside setting

For further information
& bookings please contact us
015396 20368 or e-mail luvli@tiscali.co.uk

We are open 10.30am to 5.00pm, lunch served noon to 3.00pm
weekends only until 18th March, and then everyday from the 24th March

The Tearoom at Farfield
Farfield Mill, Garsdale Road, Sedbergh, LA10 5LW

blocked drains and un-swept roads.

When asked what the top priorities for South Lakeland District Council should be, those we have spoke to have been calling for reductions in Council spending, increasing recycling, more affordable housing and more youth facilities. Council spending, as I have mentioned before in the *Lookaround*, is a real concern to me too, and we have had to make some difficult, but necessary decisions about cutting back Council spend in a whole array of areas. I need to add, however, a stop press announcement, and mention that a recent review of the proposed cuts, has allowed us to re-instate the £90,000 to voluntary organisations, which I know will be a relief to many of you, including regulars to the Brewery Arts Centre.

Recycling is also an area where a great deal of progress has been made, for a third of South Lakeland's household waste is now recycled, which is set to rise even further once the kerbside recycling programme, to involve every household in the District, is completed by the end of the year. In this part of the District, we desperately need the plastic recycling facility that we have been promised and that's my current recycling priority, though I do know, hearing from some of you, that the Council too need to look much more closely at the opportunities to recycle business waste.

Monies from second home council tax have been, in part, put towards shared housing equity schemes in the District, where homes are part owned. But far more, as the housing surveys will no



BULL HOTEL
Sedbergh

7.30pm
Tuesday 13th March
Les Bull and his Jazz Band
Live
Don't miss it

Charity Snail Racing
Saturday 10th March
8.30 pm start

Poker Nights every Thursday
Approx. 7.30 pm

doubt reveal, still needs to be done to address a real housing need in our area, not just for those leaving school and starting in the workplace, but for a whole spectrum of people. Similarly, more needs to be done in engaging our youth and providing the appropriate facilities – your views on achieving this would be warmly welcomed.

On this and other issues, please keep your letters, e-mails and phone-calls coming in... it ensures that I am working along the right lines and that I am following up on those issues that matter most to you. With gratitude and best wishes.

Cllr Craig Stephenson

PEOPLE'S HALL

I have been very interested to read of the celebrations for the Fiftieth Anniversary of the opening of the People's Hall. I am sure that these fifty years have seen numerable and varied events and activities but I am proud to have been part of one of the earliest.

In 1956, when the building opened, I was a ten year old pupil at the British School in Joss Lane. I was due to move on to Q.E.S. at Kirkby Lonsdale in September of 1957 but my last year at Primary School was remarkable for a change of head teacher.

Until that time, Mr Downhill was Head and had been, it seemed, for ever! Those living in Sedbergh who knew 'Daddy', will well remember his reign and I won't need to elaborate! Suffice to say that, when Mr Vivian Shaw, the new Head, arrived to take over, education for us children became very different. I

remember that final year as one of enjoyment and of unknown, unheard of activities such as drama, music and movement.

To celebrate the passing of my classmates and I to secondary school, Mr Shaw proposed that we perform a play at the Peoples' Hall for all to enjoy. We, as you might imagine, were flabbergasted. We had never been involved in anything like it before!

The script, if memory serves, had been written by Mr Shaw and was about St Augustine travelling to Britain to convert the natives to Christianity. I was to play the Pope, resplendent in robes and mitre. My mitre was made at home with help at school from Miss Hall who had the 'middle' class. She produced some wonderful jewels to decorate it!

We had great fun rehearsing at the Hall during school time. I can't remember the names of the whole cast but my particular

CHARLESWORTH

THIS TEAM "LEAVES" IT CLEAN!

Fencing Specialists & Tree Care

Covering the whole of Cumbria & North Lancs.

Domestic/Commercial/Agricultural

- Agricultural & Garden Fencing
- Rustic & Panel Fencing
- Post & Railings
- Sawmill Facilities
- Horse & Rabbit Fencing
- Stock Proof & Deer Fencing
- Temporary Site Fencing
- Wood Chips/Bark Peelings
- New for 2005 - Stump Grinding Hire

Fencing Materials - Treated Timber Sold



Call Gavin today 015242 71840
or Woodyard 015396 20006

Firewood Sold

The Wood Yard, Old Railway Goods Yard
Middleton, Nr Sedbergh LA6 2NE

Hawgills Gift + Home

Don't forget Mother's Day Sunday 18th March

Come and see us at 61 Main Street, Sedbergh.
All the very best in gifts, homewares, photo frames,
jewellery, glassware, cards, biscuits, jams and lots more!

Easter Gifts Now In Stock

Gift Vouchers Also Available!

circle included Barbara Booth, who played a captured Ancient Briton, Michael Hornshaw, who was St Augustine, John Dent and twins, Anne and Sheila Todd, whose roles elude me.

One part of the play has stayed with me through the years and the words echo still in my head for some reason. I can only think that my own small adventure in moving to 'big school' equated to that of St Augustine and required similar protection!

Pope and monks sang part of what I believe is called 'St Patrick's Breastplate'.

*I bind unto myself today,
The power of God to hold and lead,
His eye to watch, His might to stay,
His eye to hearken to my need*

*The wisdom of my God to teach,
His hand to guide, His shield to ward,
The word of God to give me speech,*

His heavenly host to be my guard.

The production was a huge success, attended by many people from the village. None of us had ever taken part in anything like it before! Stage-struck is not the word! I can't remember the exact date except that it was a Wednesday afternoon in July 1957. Wednesday was the day the 'picture house' showed films in the early evening especially for children. After our acting debut we went to the cinema still wearing our makeup we were so proud of ourselves!

I wonder if this revives any memories for anyone. It's certainly a cherished one for me. I remember that I had to speak the first words in the play, "*My old bones are getting so weary!*" before sinking onto a cushion placed on my throne by a thoughtful servant. Fifty years on, fact has replaced fiction but alas, no servant!

Brian Hutchings

ZEBRA'S
NEW TO YOU SALE
Saturday 17th March 10am to 1pm
 Sedbergh Methodist Church Rooms
 Good quality children's clothes & toys
 For more information
Tel: Angela 20654
or Christine 21026

BEWARE THE RISE OF SAP!

Was what the soothsayer *really* said but Shakespeare thought he could make it more dramatic. Mr S. obviously never suffered from sciatica.

The trouble with Spring is that it always takes us by surprise. One minute we're wearing three jumpers, coughing, burying ourselves by the fire with a hot toddy and avoiding the greenhouse's glassy eye and the next, pling!, the yellow-hammer's yelling and hammering, the windows

RED NOSE DAY
CEILIDH
Featuring
 Dent School Band
 Pepperpot Ceilidh Band
 Lakeland Fiddlers
 Music ~ Singing ~ Dancing
 Joke Competition!
 All Ages Welcome
 Dent Memorial Hall
7.30 pm Friday 16th March
 Adults £3 U16 Free
Proceeds to Red Nose Day & DMH Funds

look dirty, the garden furniture needs mending and *the weeds start to grow*.

The mower needs a service, the gate's fallen on its hinges, all the window frames need painting, two blackcurrant bushes have died, a couple of trees need limbs lopping and you want to dig holes for several new fruit bushes. All in the first fine weekend, right? Absolutely, if you want one of the Monday morning spaces that I leave for the acute bad backs of gardeners, golfers and do-it-yourselfers.

Save your money and give me a (coffee) break. The reason that all of the above need attention is that they have been lying around getting creaky through the winter but please remember, *so has your*

◆ FAMILY FUN ◆
Modern life too complicated?
Forties *Step back in time with us for a...*
Family Evening
of Fun, Food & Frolics!
at the People's Hall
on Saturday 17th March
 Doors open at 7pm for traditional family games, with a pic & pea supper at 7.30pm
 - Licensed bar until midnight -
 ◆ 1940s dress optional - Prize for the best outfit ◆
 Tickets: £6 Adults/£4 Senior Citizens & Children
 from Sedbergh & District Community Office
 (above the Tourist Information Centre)
 ◆ CARDS ◆ BEETLE DRIVE ◆

DOCTOR AND NURSE

(Optional)

FANCY DRESS DISCO

Saturday 17th March

@

The Bull Hotel

£3- entry

9:30 pm onward

(Over 18's only)

015396 20927



back. Winter is our quietest time for Osteopaths because people get far too little exercise. Spring is our busiest time because they then take their under-exercised bodies out in the fresh air and expect them to perform as well as when they put them away in the autumn. It's honestly that simple. Fortunately, so is the solution.

The human is designed for walking. It gets the circulation going, tones the muscles, speeds up your reaction-time to protect you from sprains and beefs up the ligaments. Most of us don't have to get in a car to find the most beautiful walking country in England. I've lived in Cumbria for thirty-three years and I still

can't believe my luck. If you start getting fit by going for walks you can increase the frequency, the distance and the steepness by as much as you like.

Having got back in shape, there are simple rules to remember when you are tackling jobs. Please bear four principle movements in mind – bending, lifting, twisting and reaching. Usually (but not always) each is safe as a plain movement; it is the combination of two or more that is risky. So if, for example, you are clearing high shelves, get a stepladder and work at a comfortable height. And pace yourself!

How much more dramatic if Mercutio had suffered a bad back

SETTLEBECK HIGH SCHOOL

Settlebeck visits Zrece 2007

A group of 26 students accompanied by 6 adults visited the Gorenje Youth Centre near Zrece for a week in February. Every year since the televised programme "The Town Wants a Twin" programme was filmed in 2004, Settlebeck High School and Zrece Year 9 students have organised a very successful exchange programme.

The Centre is amongst hills in a small village and is an immaculately maintained three storey building with small en-suite 2/3/4/6 person rooms, dining hall, classrooms, a sports hall with climbing wall and outdoor sports area.

Our activity programme was similar to previous years with skiing, sight-seeing, and activities with local students.

This year we travelled by Ryanair, Liverpool to Treviso-Venice and on by coach to Zrece.

Our visit coincided with Slovenia's National Day and on our first visit to the school we saw a presentation in words

and music by their students. We also met the new mayor who we hope has the same enthusiasm for the twinning as his predecessor. He seemed both dynamic and charismatic. That afternoon we spent some time swimming in the thermal pools at the Spa. The complex of indoor and outdoor pools with jacuzzis and a helter-skelter slide kept us all happily entertained for several hours!

The next day was the first skiing experience at Rogla. Although there was no snow at lower levels (6 feet plus in 2006), Rogla's slopes were well covered and despite low cloud and cold winds the party soon warmed to their instructors and the challenge of downhill and cross-country skiing. We are fortunate in having the services during our visits of Gorenje's outdoor education staff Snezene, Gregor, Dean, Dana and Nada led by the redoubtable Emil.

That afternoon we visited the Francolova monument at Stranice. Here 100 political prisoners and partisans were



Sedbergh Town Band present

Sedbergh School CCF Band

and

Sedbergh Town Band

in a

CHARITY CONCERT

Directed by: *Alan Lewis. B.Phil, LTCL, NABBC.*
at Powell Hall, Sedbergh School
at 7.30.pm. Sunday 18th March 2007
Proceeds for the Royal British Legion. (Sedbergh Branch)

Tickets £5.00 from
The Tourist Information Office, Nisa, Post Office, Howgills Gift & Home or Tel:- 015396 22228.
Sedbergh School is a registered charity. Number 1080672 Sedbergh Town Band is a registered charity. Number 1086817



hanged from apple trees in reprisal for the killing of a Nazi general and the district commander. A moving and sobering experience. There are many apple tree orchards in this region and their stark leafless branches became, for me at least, darkly menacing. As the sun went down we arrived at the ruined mediaeval fortress of Celje where we watched the lights come on over this regional centre, all very atmospheric.

The next day was spent with the Slovenian students exploring language and some cultural issues. Volleyball and football matches were held in their magnificent sports hall and our young ladies attempted to teach a mixed group netball while the Settlebeck staff were invited to address their opposite numbers on the policy of inclusion in English schools and how Settlebeck in particular deals with these issues. This was very warmly received. After lunch groups set out on an orienteering exercise which ended at a particularly convivial café where the adults had fortuitously positioned the final check point.

We had an early start the next morning as we were expected at the capital Ljubljana for a tour of the Parliament building. One has to express considerable admiration for our students who throughout this trip showed amazing resources of patience and consideration when long periods of waiting or particularly long addresses were encountered. Our visit coincided with a film crew who we presumed were just making their own film on "Visiting Parliament". It came as a shock to discover on our return that we had been featured on Slovenian TV. Some notice

MOTHER'S DAY

SUNDAY 18th March
*Give your mum a break
 Treat her to Lunch or Dinner at the*

Barbon Inn
We will make her feel special

MENU

Roasted Red Pepper & Tomato Soup
 or
 Prawn Cocktail
 Fresh warm bread rolls & butter on the table

Roast Pork Loin with dried plum
 & apricot compote
 or
 Roast Beef with
 Yorkshire pudding & roast potatoes
*Steaming dishes of freshly cooked
 seasonal vegetables will be served
 to the table with the main course*

Homemade apple pie & custard
 Lakeland Luxury double Jersey ice cream

Three courses £9-95

Lunch Served between 12 – 2pm
 Dinner Served between 6pm – 9pm
 BOOKINGS ONLY Tel 015242 76233

next time please! We could perhaps swot up on our Slovenian politicians (and learn to pronounce their names!) and maybe be less disparaging about our own system! Exploring the city followed. We all had different priorities, markets, shops, architecture, tea houses and the ubiquitous Golden Arches. The afternoon was spent at the Postojne caves, a vast complex of chambers and giant karstic features. Highlights were the proteus "human fish" a strange pink salamander-like creature and the services of a particularly good English-speaking guide. Back to the ski slopes on our last day. This time the sun was shining and the full extent of the slopes and surrounding

(Continued on page 20)



Ellie's
Bakery & Tearoom

Main Street, Sedbergh Tel: 21058
for
Traditional Bread
Homemade Cakes & Scones
Freshly Baked Daily 

Eat in or Take-away
Homemade Soup & Sandwiches
Tea & Coffee
Light Meals & Snacks + much more

Open 7 Days a Week

Order your Mother's Day Cakes!

Holistic Centre
* **OPENING 7th March** *
offering various Therapies including
Aromatherapy, Reflexology,
Reiki, Homoeopathy,
Person Centred Counselling
Plus more

dramatic views were clearly visible. The session was rounded off by a series of rides to the very scary toboggan run where a precipitous track on rails hurtles down pine-tree covered slopes. After our usual enormous lunch various sports activities took place and following supper local young musicians and a troupe of "baton-twirlers" entertained us all. Disco for students and mayor's invitation dinner (attendance on rota basis!) rounded off the day.

We headed home the next day again via Treviso. This airport is building a new terminal but meanwhile the chaos and lack of local cooperation nearly resulted in a missed flight. School groups were obviously a new and unwelcome

experience.

A feature of this year's trip was the inclusion of two boys with ASD facility and their support teacher. Settlebeck, besides being a technology school has an autism spectrum facility with 8 students, some more severely disabled than others, working with support staff. They are included in mainstream classes as and when appropriate. Not only is this of considerable benefit to them but a valuable lesson to the "able-bodied" students who accept them and their differing social interaction problems with affectionate equanimity.

I was, as always, very impressed with the caring and considerate attitude expressed in student/student, student/teacher and teacher/student relationships but especially this time with the ease of friendship and support offered to those whose problems may have isolated them in other circumstances.

However many computers, technological aids etc. a school may have, it is tolerance, patience, consideration and care which are sadly not universally an end product of our educational system. At Settlebeck this is definitely a huge plus for all.

SG



**SEDBERGH & DISTRICT
BEEKEEPERS' ASSOCIATION**

In the middle of February, spring seems still a long way off. Except when we enjoy one of those lovely calm, sunny, days, with the shade temperature reaching 10C/50F, but much warmer in the pockets of air in sun drenched borders and banks. Then the bees come streaming out for first, a sanitary flight - watch out for those tiny yellowy-brown spots on the whites on your washing line(!), then to gather pollen, nectar, and water from the snowdrops, winter flowering heathers, and the first catkins. The pollen and the nectar are to feed to the first of the new season's larvae (grubs) - the queen starts laying some eggs in February - and water



to dilute some of the honey stored in the hive to feed both adult and 'baby' bees. The lovely hum of happy bees on days like that in early spring always makes me remember that beekeeping "is a vocation, a science, and a craft". The joy of watching bees working the snowdrops and heathers strengthens that calling anew, makes one realise afresh just how complex and clever the honey bee colony is, to do all the right things at the right time, and to look forward to practising one's craft in the coming season, to the benefit of both bees and beekeeper.

Our first meetings of the year have certainly reflected members' vocation, and extended our knowledge of one part of the science - using our powerful new microscope to learn and see what pests and diseases can affect both the adult bees and the brood (eggs, larvae, and pupae) in a colony, and how to protect and help them avoid such pests and diseases.

Our first meeting in March is our Annual General Meeting which will be held as usual in the committee room of the People's Hall at 7.30pm on Monday 26th. The business includes the presentation of the annual trophies for the Honey Show winners etc as well as electing a new committee. We shall also welcome the Northern Regional Bee Inspector from the National Bee Unit of the Central Science Laboratory of DEFRA, Ian Molyneux, who will be demonstrating a new treatment for that enemy of the honey bee, *varroa destructor*. You will be made welcome if you would like to attend.

Malcolm Fraser-Urquhart

SEDBERGH & DISTRICT

HISTORY SOCIETY

Wednesday 7th March
Not so Grand Remonstrance: the
Northern Rebellion of 1536
*Adrian Braddon &
Roger Underwood*

Wednesday 21st March
Victorian Photography +
The Brunskill's of Sedbergh
Ken Clarke

Saturday 24th March
AGM + Jacob's Join

All meetings in Settlebeck High School,
start at 7:30pm unless stated.

EVERYONE IS MOST WELCOME TO ATTEND ANY
OR ALL OF OUR LECTURES

Chairman: Richard Cann 20771
Secretary: Josie Templeman 20790
Treasurer : Marlene Mason 20509
Member Sec: John Sibley 25024

SEDBERGH SCOUTS

1st Sedbergh Scouts – yes we're still here!

Readers may remember that the last article regarding Scouts in the November 'Lookaround' painted a very gloomy picture in that the Group was facing the real possibility of closure due to the lack of leaders, and falling numbers.

We are delighted to report that the outlook for the Group has very much improved. Toby Hubbard has stepped forward to take on the role of assistant leader and numbers enrolled have increased. Moreover, in the centenary year of the Scout movement, a programme of events and activities is planned which will provide opportunities for youngsters to have great fun whilst at the same time gaining new experiences

1st & 2nd Fixing Tiling
Doors Fitted DIY Rescues
Windows Outside Taps, etc
Kitchens Small Plumbing Repairs
Locks Washing Machines Plumbed

**Joiner
&
Handyman**

"Special Rates for OAP's"
NO JOB TOO SMALL!

Steve Chadwick

015396 20727

*Prompt Local Service
All work of the highest quality & guaranteed*

At the Chair Workshop

- Chair seating
- Supplies – cane, rush, seagrass, ropes, cords
- Tool sharpening

- ❖ Haberdashery
- ❖ Bead jewellery
- ❖ Restringing
- ❖ Repairs – clasps, earrings, chains

99 Main Street, Sedbergh.
Tel 015396 21489

and skills. Camping, canoe tuition, fire-fighting experience and, possibly, a trip to the World Scout Jamboree meeting in Essex are among the activities that are planned.

This is a good time to join the Scouts – the Group is open to boys and girls between the ages of 10 to 14 – and with more enrolled it would be possible to broaden the activities that can be provided. Anyone interested can contact Bill Mawdsley, our Scout Leader, on 015396 20723, or youngsters could simply come along to the Scouts HQ on a Monday evening (during school terms) at 7.30pm to see what it's all about. General information on the Scout movement is of course available on the Scouts website at www.scouts.org.uk

Spring is here, have a rest from the computer games, get active!!

We are still looking for adult support (a female assistant leader would be wonderful!) and if anyone is interested in helping, even on an occasional basis, simply contact Bill for a chat. One way for anyone to help is to come along to our next fund raising event – a Coffee Morning at Scouts HQ (behind the Bull Hotel) on 7 April.

Jim Atkins

THE ROYAL BRITISH LEGION

There will be an extended programme of events for Branch Members this year.

There will be the Annual Branch Supper in the spring or early summer, a Coffee Morning on Wednesday, July 18th, an illustrated talk on an expedition to Iceland and an Evening with two Royal Air Force pilots who have recently seen action in Iraq and Afghanistan.

Additional information is to inform anyone who lives in Sedbergh and the surrounding district of the help that is available from the R.B.L. for those who are serving or have served in Her Majesty's Armed Forces. In addition, the following men and women are eligible for help - anyone who served with the Mercantile Marine afloat in hostile waters or as a fulltime member of Allied Civil Police Forces, any member of Voluntary Aid Societies who has served fulltime and in uniform in direct support of UK Armed Forces. Any British subject who has served at least seven days in the Forces of an Allied Nation. Any man who served in the Home Guard for at least 6 months.

Spouses, widows and widowers of people eligible for Ordinary Membership

Settlebeck PTFA



QUIZ NIGHT

Friday 23 March at 7.00
in the School Hall.

Teams of up to six can be all adults,
all students (16 yrs or under)
or a mixture of both.

Licensed Bar and Soft Drinks.

A prize for each winning team.

Tickets are £2.50 for adults
£1 for students.

For more details/tickets contact
Sandra Longlands Tel 20885

Reflexology
For
Relaxation

To feel the benefits, why not give it a try!
Contact Sarah Hayhurst on:
07968 202 739
Please do not hesitate to ask any questions

qualify for Legion assistance. It is stressed that Membership of the Legion is NOT a precondition for Welfare Assistance.

In the past few years, the Legion has been able to provide electrically powered vehicles to help people get about, stairlifts, showers and bathing facilities for those who may no longer be able to use ordinary baths, etc., and short holidays for those needing breaks may be arranged.

There may be other problems or situations in which the Legion can help. My duties, as well as being Branch President, include that of Welfare Officer, and my telephone number is 015396 20020.

Colin Weir

ADULT COMEDY

CURRY or CHICKEN & CHIPS

DISCO

People's Hall, Sedbergh

Saturday 24th March

7.30pm till late



2 Comedians ~ Disco ~ Bar

Tickets £15 available from
Cobble Country or The Green Door

In aid of the Charity "CLIMB"
Children Living with Inherited Metabolic Diseases

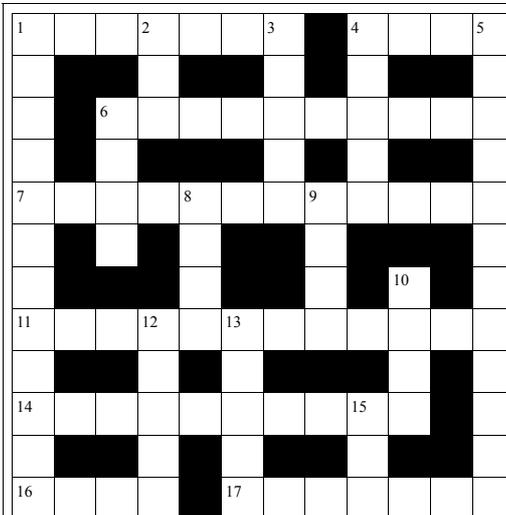


JANUARY WEATHER

It's a fact! It was the warmest January since 1916 or ever depending on who you believe. We had 7 days when the temperatures reached the 50sF with a maximum of 51.6F. We had 12 days when the minimum temperature was in the 40sF and only 3 nights when the temperature actually dropped below freezing reaching a low of 28F. On 20 nights it was 40F or above at midnight, the usual time for me to check the days details. Even with wind chill in the strong breeze only 19 nights dropped below freezing with a low of 14F. It was also pretty breezy with a maximum of 33.8mph though on the 4th of the month no wind was recorded. For half the month the wind direction left the north westerly quarter. Although it took until the end of the first week to measure the first inch of rain we ended up with 6.7inches. On only 8 days was there no measurable rainfall. We had a little light snow in the last week

but nothing like other regions. Even cars coming past from Garsdale had a better covering. 7 days of low pressure, below 29 inches of mercury, coincided with the windier days.

The mild weather resulted in the first snowdrops flowering in the last week. On a news programme an item from a garden in Cornwall showed *Iris reticulata* in flower which they said was a month early. We also had them in flower before the end of the month. The Periwinkle continues to flower and the hazel catkins continue to elongate as does the winter jasmine. A thrush has returned and is singing to mark his territory. For several nights I could not find one of my ducks when I closed up. Eventually I found her sat on 16 eggs! Now I know ducks can nest early but it just shows how mild it has been. Pussy willow buds are swelling and collared doves are mating so unless we have a cold snap we could have an early spring.



Across

- 1 Orange found behind church room (7)
- 4 Cut leg off baby bird for elegance (4)
- 6 Indian greeting old bird sees you inside - hello! (3,2,3,2)
- 7 Very worried about new queen seen with very old American like Marie Rose? (7,5)
- 11 Actors tip her off part of the theatre (9,3)
- 14 Guitar chime destined to captivate famous Greek (10)
- 16 Champions beheaded for a god (4)
- 17 A friend said you are not professional (7)

Down

- 1 No social year is reorganized for a Bond film (6,6)
- 2 Low noise heard on farm? (3)
- 3 Small anchor found up in lodgings (5)
- 4 Singers create homes of incredible riches, initially (5)
- 5 One obsessed by time has two timepieces put above hospital room (12)
- 6 Henry has limb pain (4)
- 8 Therefore turned into a giant (4)
- 9 Water feature we found to have iridium (4)
- 10 Quiet inside soldiers' baths (4)
- 12 Feature in estate produces laughs (2,3)
- 13 South American qualification in dance (5)
- 15 Shocking treatment of alien full of cold

Answers to February -

ACROSS: 1 Horse-drawn; 7 Gossamer; 8 Crawl; 9 Entrants; 11 Outdo; 13 Swede; 14 Smallest; 16 Lazed; 18 Up-to-date; 19 Explosions.
 DOWN: 1 Hot Cross Bun; 2 Rota; 3 Eagle Owl; 4 Resit; 5 Nominee; 6 Crescendoes; 10 Restless; 12 Toastie; 15 Email; 17 Zero.

Daphne Jackson
MSc (Ost) DO
Registered Osteopath
BUPA Provider

Mill Barn, Broad Raine
Killington LA10 5EP

Please ring Kendal Practice
 for appointments
 01539 740452



MIKE CALVERT

PLASTERING / GENERAL BUILDING
Ring now for a prompt service

e-mail: calvoracing4@hotmail.com
 Phone: 01524 382524 (aft 6pm) Mobile 0797639 4885

FROSTROW W.I.

Our February meeting was well attended and there was a lively atmosphere. Anne Petyt gave a warm welcome to visitors Ruth and Alison. Anne went on to report that she had started a diary of our activities with a view to entering the W.I. of the year competition. The photographic record of the first outing of our newly formed walking group now has pride of place in the new diary. We aim to gradually build up our stamina and gradually increase the length of the walks.

Three of our members, Anne Petyt, Pauline Mather and Denise Thomson attended the Committee Training Day held at Barbon Village Hall. This proved to be an enjoyable and informative afternoon. Our secretary, Pauline Mather, gave a written report to the members.

The first issue of the new W.I. magazine was received with mixed feelings – some positive – some not so positive!

The People's Hall Committee is seeking ways to improve the facilities at the Hall and Anne reminded us that there is a form for any comments or suggestions included in the February Lookaround.

SAVE FUEL
(8% TO 15%)
CUT EMISSIONS
(Average of 48%)
GUARANTEE
Details: LHA Ltd
015396 20217/21094

Another item for members to consider is the question of entries in the Sedbergh Spring Show which is to be held on Saturday 31st March.

With the business completed we sat back to enjoy a wonderful evening of musical entertainment provided by Helen Beare (cello), Roger Bush (keyboard), Judith Bush and Carol Gotham (recorders). The group



played a selection of pieces which included a Trio Sonata by Haydn, Handel's Largo, Fantasia on Greensleeves arranged by Vaughan Williams, a piece by Faure and a Trio Sonata by Handel. The entertainment concluded on a light-hearted note (no pun intended!) with Puppet on a String, Nellie the Elephant and Tiptoe through the Tulips! Christine Sheppey thanked the group for a lovely evening of music. Christine also went on to win the raffle! The competition for "an unusual musical instrument" was won by Denise Thomson.

Our next meeting is on March 7th in the Methodist Church Hall (please note change of venue) when Paul Wilkinson YDNP Area Warden will be the speaker. Visitors will be very welcome.

EDWIN MIDDLETON
JOINERS
All aspects of site joinery work
30 years experience
We design, manufacture purpose made joinery in our own workshop.
All your requirements fully fitted.
UPVC windows & doors
Free Advice and Estimate
Phone: 015396 25431 or 015396 20074
Mobile: 07779 049103 or 07814 149105



MK CONVERSIONS

Four Lane Ends, Marthwaite
Sedbergh LA10 5ES
Tel: 015396 22038
Fax: 015396 22039

Builders, Joiners & Roofing
Contractors

KILLINGTON W.I.

"February 13th, 2007. Went to second W.I. meeting of the year. Excellent speaker, good tea and superb company." So might my diary have read, had I kept one.

"February 13th, 1876. I have been to School and Chapel. It was Miss Upton's funeral sermon. Oh it was good! I think I shall never forget it. It was so touching. Such a crowded chapel we had too!"

So read the diary of Agnes Ann Kendal of Killington Hall, a nineteen-year-old farmer's daughter. This diary, which belongs to a member of her family, has been published by Judith Robinson and makes fascinating reading. Judith has studied the events mentioned in the diary and built up a picture of what life was like for a young lady in those far off times. Many names are mentioned which are still familiar in our locality, and she describes outings and regular journeys to many places we know. Judith was our speaker and gave us a splendid audio-visual presentation of what work, social life, and courtship were like then a days. Agnes Ann's young man, whom she had met at the Orton Pot Fair, was called Jim Wharton but it was several years before



they married. Sadly Agnes Ann and her two-week-old baby son died of scarlet fever within a year of the wedding in 1882.

Unfortunately our President, Shirley Richardson, missed this fascinating talk and the rest of the meeting, but for the happiest of reasons. Shirley was up in Northumberland at the home of her youngest daughter, Sophie, who was busy giving birth to her first child. Welcome to Thomas from all the members of Killington WI, and congratulations to Sophie and Edward!

The meeting went smoothly but seemed to be over in a flash and we were soon onto tea, raffle, competition and chat.

Barbara Kooper won the competition for a picture of a Stately Home with a picture of the Alhambra in Granada. The raffle was won by Anne Macer whose skin will now be soft and lovely!

Our next month's meeting on March 13th will be the first outing of the year when we shall visit the Dent Heritage Centre and follow this with afternoon tea at Meadowside Café.

W F U

Sedbergh People's Hall

Available for Hire

**To book visit
Sedbergh Office Services
or call 015396 20788**

Details & availability:
www.PeoplesHall.org

SEDBERGH SCHOOL GIRLS FUND

The Committee of Management will meet shortly to consider applications for grants for educational tuition and/or educational facilities from girls resident in the parishes of SEDBERGH, GARSDALE and DENT. The Scheme of Management for the Girls' Fund quotes the following principles of application:

1 The income of the Fund shall be applied by the Committee for the benefit of beneficiaries, in one or more of the following ways:

- a) The award of Scholarships, Bursaries or Maintenance Allowance tenable at any School, University or other place of learning approved by the committee;
- b) The provision of financial assistance, outfits, clothing, tools, instruments or books to enable beneficiaries on leaving school, a University or any other educational establishment, to prepare for, or to assist their entry into, a profession, trade or calling;
- c) The award of Scholarships or Maintenance Allowances to enable beneficiaries to travel abroad to pursue their education;
- d) The provision, or assistance towards the provision, of facilities, of any kind not normally provided by the Local Education Authority, for recreation and social and physical training, including the provision of coaching in athletics, sports and games, for beneficiaries who are receiving primary, secondary or further education;
- e) The provision of financial assistance to enable beneficiaries to study music



JOHN SOUTER

21 Fairholme, Sedbergh
☎ 20904



Mini & 4 Ton Skips
now available

ALL RUBBISH REMOVED

- or other arts; and
- f) In otherwise promoting the education of beneficiaries.

In this Scheme, the expression of "beneficiaries" means girls who were born, or who have for not less than three years been resident in the Parishes of Sedbergh, Garsdale and Dent, and who in the opinion of the Committee, are in need of financial assistance.

Anyone wishing to make an application for a grant from the Fund should contact the Honorary Secretary, Mr H Pattison-Appleton, at The Bursary, Sedbergh School, Sedbergh, LA10 5RY. Telephone 015396-20303 before Tuesday 20th March 2007.



PHOTO CALL

This month's photo is another from
Dent. The National School 1958/9.
Names to Shirley Tebay, Walnut

: Bungalow, Dent, LA105QT. Tel 015396
: 25001 or email shirley.tebay@btinternet.
: com. Looking forward to hearing from
: you.

Les Maddock Insurance Services

Have you had enough of impersonal call centres?.

We offer a personal one to one service for all your insurance needs.

We have competitive premiums for Household,
Motor, and Commercial Insurances.

All we ask is the opportunity to quote. No obligation.

Tel 015396 20124

Fax 015396 20791

75 Main Street Sedbergh LA10 5AB

We are Authorised and Regulated by the Financial Services Authority

SEDBERGH GOLF CLUB



PRESENTATION EVENING

Friday 30th March

7.30 pm

The Presentation
will be followed by a Quiz

LA VIE EN FRANCE

Firstly, apologies to those of you who tried to find our website last month, it should have read www.rigal-gites-dordogne.com my mistake, sorry. Thank you to everybody who contacted us to tell us, it was greatly appreciated.

Work is charging on at a fast rate. The builder's yard that we go to, the French equivalent to Travis Perkins, happens to be very close to Eliza's nursery and so 'doing the school run' has taken on a new meaning. I can drop her off and then fill the car with wood, cement, insulation or anything else that anybody needs. I am usually armed with a list and a few 'props' such as a certain nail or screw which means that, in theory, I should arrive back with the correct goods (it hasn't always happened!) I've become a familiar face at the building yard...unfortunately not all for the right reasons; I seem to have my extremely dizzy head on when I go there



and have managed to do some extremely stupid things, like driving off with a car full of wood and passenger rear door wide open (I did wonder why the foreman was madly waving at me!) In fact the last time I went I said, in my best French, 'it's me again' to which the foreman replied ' it's always a pleasure to help you!' or at least I think (hope) that's what he said! I can't imagine what they must say to each other once I've gone, probably something to do with being female and English!

So far, it has been a steep learning curve, a big challenge and most of the time lots of fun. Already, I think mainly because of the location of the house, we seem to have friends and neighbours dropping by regularly and so have endless cups of coffee on the go which we love. We have already made some good friends and we're very thankful for that.

The girls are enjoying the ponies, the larger one, a native pony from the mountains is very sweet and sensible. The other, a tiny Shetland, is a companion really, although Eliza thinks she's wonderful. She was badly treated and is now enjoying lots of cuddles and carrots. The blacksmith came yesterday and even he stayed for coffee, it's that sort of place! The biscuits that I make (see last months *Lookaround*) are still as popular as ever but now we are running seriously low on the essential ingredient, so if you happen to passing by we'd love to see you but please could you bring some golden syrup with you !

With love to all

Jacky, Chris, Alice and Eliza.

Stephenson & Wilson
 15 Fell Close, Sedbergh LA10 5AP
General Builders
 Plastering ~ Roofing ~ Extensions
 Fire Places Fitted

Paul Stephenson 015396 21557
 07810 595543



Tom Wilson 015396 20954
 07790 946578

MARCH GARDENING

One of the plants which I would like to be able to grow here in the garden at Firbank is *Pulsatilla vulgaris*, the Pasque Flower, but in spite of at least four attempts there has been no success. I have planted little plants of *Pulsatilla* in five other gardens and these all go from strength to strength, but mine usually disappear in the first winter here, or are eaten off by the slugs and snails as soon as they begin into growth in spring. My longest lasting plant was planted in a raised gravel bed, and this seems to be the most successful method in the other gardens. Presumably the sharp drainage counteracts the excessive damp that we get in this part of the world and so plants

do not sit with their roots feeling all soggy through the winter. *Pulsatilla vulgaris* is a British native, but is mostly found in the south and east of the country on lime rich soils.

One of the successful *Pulsatilla* plants grows in a garden where *Anemone nemerosa* the Wood Anemone flourishes- These plants like their space so much that they actually force their way up through the tarmac on the driveway in order to spread themselves around. There are several beautiful cultivars which we hope will enjoy the place as much as their wild counterparts. *A.nemerosa* 'Robinsoniana' has large pale lavender blue flowers while those of *A nemerosa* 'Allenii' are of a deeper blue. *A. nemerosa* 'Bracteata Pleniflora' is strange rather than beautiful. It has semi double flowers, the inner ring of petals (or more correctly tepals) being white and the outer layers being white with green tips, the whole lot is surrounded by a ruff of green leaves. As with many unusual flowers you have to display this in a prominent place, preferably at nose level, or it may be taken for a badly chewed or pecked casualty rather than a really choice specimen.

Elaine Horne

EXPERIENCED DRESSMAKER
 Made to measure
 Skirts, Dresses, Suits,
 Bridal, Ball Gowns, etc.
 Also alterations undertaken
 All made to the Highest Quality by
SHEILA SHUTTLEWORTH
 Tel: 015242 - 74322

reflex
 Josephine Lade LCSP (Assoc)
015396 23696

If you suffer from any of the following:

Repetitive strain injuries
Chronic soft tissue injuries
Stress/tension headaches
Sciatica
Osteoarthritis

Remedial Massage may help you.
 Appointments now at The Highfield Practice,
 Kendal. Call **015396 23696** for further
 information & appointments.
 Home visits may be available.

NBC~SKYNET



DIGITAL AERIAL AND SATELLITE

- TV and FM AERIALS
- SKY REPAIRS
- SATELLITE FREEVIEW
- NO VAT
- AERIAL FREEVIEW
- LOCAL COMPANY



21 Years Experience

07710 400 499 or 01539 562561



SHARED CARE SCHEME

Give a little time – Make a BIG difference

Looking back over almost 18 years of caring for my son, who had profound medical and physical needs, I can appreciate the help we received over the years from various agencies.

One of the most significant sources of support for our family was from carers provided by Cumbria County Council's Shared Care Scheme.

When our son was young we were fortunate enough to have parents who were able to help look after him and give us the chance to have an occasional break or weekend off. As he got older and heavier they were no longer able to offer the same degree of practical help and we were offered support from the Shared Care Scheme.

It took a while to be matched and introduced to the right family, but this built into a relationship that lasted for

many years. The carers got to know our son and his needs very well, which meant we were able to leave him with confidence. He was happy with familiar people and we could relax knowing that the responsibility of caring for our profoundly disabled child was shared for a while. Our younger child enjoyed having our undivided attention and we could do different things together.

Working with another family offers more flexible care than respite care in a more formal setting. We were able to make our own arrangements to suit both families. They were even able to step in when I broke my leg, until alternative arrangements could be made.

When you leave your child with someone else you always worry that they will be all right, doubly so when your child has special needs. We were lucky to receive such help & support.

There are not enough Shared Carers to offer this service to all the families who

need it. Cumbria County Council Fostering Team is looking for more families to join the Shared Care Scheme.

Who can do it? Anyone with time to spare and a willingness to learn how to look after the needs of a particular child with disabilities. Training and support are provided.

We knew nothing about disability when our son was born. We had to learn as we went along. As a carer you too can learn and offer one of the most rewarding experiences for your family and a disabled child and their family.

If you are interested in finding out more about the Shared Care Scheme please contact the Fostering Team on Carlisle 01228 607078
Barrow 01229 894862
Workington 01900 325356
Kendal 01539 773312
e-mail: fp.recruit@cumbriacc.gov.uk
<http://www.cumbria.gov.uk/childrensservices/fosteringandadoption/sharedcare.asp>

UNITED REFORMED CHURCH

Change for the better!

You may notice some changes going on at the URC, Main St over the coming weeks so we thought we would let people know before confusion sets in. We're glad to report though, that it is change for the better! During March, at least, we be completely scaffolded whilst we have a new roof. Much needed and long awaited I assure you. The down side is Big roof = Big money! So we are putting the coffee morning takings from February into our roof fund. If any one would like to make a donation to the costs, however small, it would be gladly welcomed and greatly appreciated.

We feel that we are fortunate and lucky to have such a wonderful location on Main St and hope that this new roof will guarantee the facilities we have for a long time to come. If you are interested in viewing or booking the facilities please call in to the church or ring Carole on 22030.
Carole Gotham



**CASTERTON
SCHOOL**

Leading Academic Boarding & Day School For Girls aged 11 – 18

Located where three counties meet;
North Yorkshire, Cumbria and Lancashire.
Casterton is a leading school for
boarding and day girls in the UK.
In 2006, one of the top five schools
for 'added - value' in England.
Currently master-planning the campus
to provide 21st Century facilities.

**Tel: 015242 79291 or Email: admissions@castertonschool.co.uk
Kirkby Lonsdale, Cumbria, LA6 2SG**

www.castertonschool.co.uk

TIM FARRON M.P.

Not a huge amount to report this month. We had the meeting with North Yorkshire Education chiefs to discuss the future of Baliol School that I mentioned in the last Lookaround. I am afraid that they were not as helpful as I had hoped so we will have to work hard ourselves to ensure that the Council makes the correct decision for the school and that, whatever decision they do make, the future of the school remains a positive one.

I tried to get up to Settlebeck High School to see what is going on there, sadly various things prevented the visit from happening. My office we are trying hard, as I write, to refix.

One thing that is in the diary is a trip down to Birmingham to speak at the NFU

Annual Conference in my capacity of Chair of the All Party Parliamentary Group for Hill Farming.

I note that I am on the bill with, amongst others, Baroness Barbara Young, the Chief Executive of the Environment Agency so I will take the opportunity to mention that although her agency is not the fastest at responding to requests to repair bridges it is at least a fair site faster than Cumbria County Council.

I have been invited to speak about the Future Environment. I plan to use the opportunity to say how important farmers are to the future of our environment, particularly in an area like Sedbergh where the tourism is so important and the success of this industry depends so much on the appearance of the hills and that

THE HEAD AT MIDDLETON

Nr Kirkby Lonsdale, Cumbria

Tel: 015396 20258

A Charming Country Inn in an area of outstanding natural beauty situated on the A683 between Sedbergh and Kirkby Lonsdale



Accommodation available

Family Room From £75.00 ~ Double/Twin From £60.00 ~ Single From £35.00

Prices includes Full English Breakfast

All Rooms En Suite, TV, Phone, Tea/Coffee Facilities

BAR MEALS or RESTAURANT and a LOVELY BEER GARDEN
ENQUIRIES WELCOME FOR GROUP PARTY MENUS & BUFFET PRICES

BASKET MEALS SERVED after 9:00 pm

PIZZA AND GARLIC BREAD TO EAT IN OR TAKE-AWAY
SERVED UNTIL CLOSING TIME

USUAL OPENING TIMES

Monday to Friday open every 12 - 2pm then from 6 pm until closing

Saturday open all day 12 noon to 11 pm ~ Sunday open all day 12 noon to 10.30 pm

Proprietors: David and Elizabeth Martin

this in turn is as a direct result of the efforts of farmers. I have been shown in the past what the area would look like if we did not have sheep grazing on the fells, it is nothing like as attractive as the environment that we find around us in this part of the world.

My session follows on from one with representatives from a couple of supermarket groups and I will make the point that the future health of farming depends very heavily on receiving a fair treatment from supermarkets. We have Fair Trade for foods imported from deprived nations, this ensures that the farmers in those countries receive their fair share of price that shoppers pay for their products; we need to see a similar approach from the supermarkets to

farmers in this country. I have lost count of the number of dairy farmers who have told me how the money they receive from the dairies does not cover their costs in the production of milk.

If you have not signed our Post Office Petition then please do so, we have seen from the increasingly positive sounds around the Westmorland General Hospital that these massive displays of popular opinion can have an effect.

If I can help you with these or any other issues then, as ever, you can contact me by writing to Tim Farron MP, Yard 2, Stricklandgate, Kendal LA9 4ND or by emailing me at tim@timfarron.co.uk

Thanks for your support

Tim Farron MP

<p><u>Starters</u></p> <p>Prawn Cocktail & Marie Rose Sauce £3.90 Garlic Mushrooms on Toast £3.40 Pate with Garnish, Toast & Butter £3.30 Soup of the Day £3.25 Egg Mayonnaise £3.40 Grapefruit Cocktail £3.40 Garlic Bread £2.50</p> <p><u>Extra Special Main Courses all £11.45</u></p> <p>Loin of Pork in Cider & Apple Sauce Lamb & Apricot Casserole Chicken with Basil, Port & Dill Sauce Venison Steak with Red Wine Sauce Venison Casserole Supreme of Pheasant Chasseur Pork in Pepper Sauce Cod & Prawn Crumble</p> <p><u>Main Courses</u></p> <p>Roast Dinner of the Day £6.80 Mixed Grill £12.40 Fillet Steak £12.40 Sirloin Steak approx. 8oz uncooked £10.30 Half Roast Chicken £7.90 Chicken Kiev £6.80 Lasagne £6.80 Steak & Kidney Pie £6.80 Cumberland Sausage £6.80 Gammon & Pineapple £6.80 Barnsley Lamb Chops £9.90 Marinated Lamb Steak (6oz) £9.90 Pork Chop in BBQ Sauce £7.20 Cheese & Ham Pasta £6.80 Tuna Pasta Bake £6.80</p>	<h1>THE HEAD AT MIDDLETON</h1> <p><i>is now a</i> NO SMOKING ESTABLISHMENT</p>  <p>Tel: 015396 20258 www.middleton-head.co.uk enquiries@middleton-head.co.uk</p> <h1>Menu</h1>	<p><u>Fish Dishes</u></p> <p>Salmon Steak with Parsley Sauce £9.40 Grilled Rainbow Trout £9.40 Breaded Scampi £6.80 Breaded Haddock £6.80</p> <p><u>Vegetarian Dishes</u></p> <p>Tropical Vegetable Curry £6.80 Stilton & Vegetable Crumble £6.80 Vegetable Lasagne £6.80 Mushroom & Nut Fettuccini £6.80 Broccoli & Cream Cheese Bake £6.80 Vegetable & Pasta Bake £6.80 Vegetable Tikka Masala £6.80 Macaroni Cheese £6.80</p> <p><u>Rice Dishes</u></p> <p>Chilli £6.80 Chicken Tikka Masala £7.70</p> <p><u>Salads</u></p> <p>Ploughman's Lunch £5.40 Cold Meat Salad & Roll & Butter £6.40 Prawn & Rice Salad £6.80</p> <p><u>Sandwiches</u></p> <p>Prawn with Marie Rose Sauce £4.20 Ham, Beef, Cheese & Tomato; Cheese & Pickle or Salad from £2.70 Toasted Sandwiches from £2.90 Portion of Chips £1.70 Mixed Side Salad £1.70 Portion of Mushrooms £1.70 Roll & Butter £0.65</p>
---	--	---

DENT PARISH COUNCIL

Because the January meeting was held in the middle of the month, the Parish Council did not meet in February. The next meeting will be at 7.30pm on Monday March 5th in the Sportsman's Inn, Cowgill.

There is now a regular public forum item on the agenda at Parish Council meetings, when anyone can come along and raise any issue that concerns them. Whilst members of the public are welcome at all Parish Council meetings, the agenda is arranged so that the public forum item is dealt with at about 8 o'clock, which means that it is possible to raise an issue without having to stay for the whole meeting.

Public Meeting:

Wednesday March 28th

A Plan for Dentdale

As explained in the last *Lookaround*, the Parish Council is very aware of the way Dentdale is changing, and would like to give the whole community the chance to be involved in producing a plan for its future. Other local parishes that have gone through this process have found that it has had significant benefits, including:

- helping them to find solutions to local problems
- giving them access to new sources of funding
- making it more likely that their views were taken into account by other bodies.

As a first step, we are holding a public meeting at 7.30pm on Wednesday, March 28th in the Memorial Hall to provide everyone with an opportunity to raise issues that concern them and make suggestions about what we should do.

TREADWELL FLOORING

Suppliers, planners & Fitters of Carpet,
Vinyl, Laminate & Wooden floors

1,000's of samples to choose from.

~ **Written quotations** ~

*Carpet Cleaning Service
also available*

Call Nicola or Gordon Sproul

Tel: 015396 21175

Fax: 015396 21142

Speakers with experience of producing parish plans locally have been invited to introduce the topic by talking about the benefits and practicalities, and we also hope to have representatives from Cumbria County Council, South Lakeland District Council and the Yorkshire Dales National Park Authority.

At the end of the evening the meeting will decide whether there is sufficient support to take the idea further, so please come along and have your say in what should happen to Dentdale over the next few years.

Affordable Housing

Building work is due to start on May 1st on two houses on the site above the school playground known locally as "the chicken run". The work is scheduled to take 7 months. The houses will not be sold, but are being developed by the Bradford Diocese of the Church of England to provide a two-bedroom and a three-bedroom house at affordable rents

BRADLEY ENGINEERING LTD

STEELWORK & FABRICATION

Structural steelwork, agricultural buildings
(from design to completion)

Cattle Grids ~ Balustrades ~ Gates ~ Handrails
with many designs to choose from.

Re-Sheeting of existing buildings also undertaken.

Estate Fencing & Tree Guards ~ Public Artwork

Hind Keld East
Garsdale
Nr Sedbergh
Cumbria
LA10 5NX
Tel: 015396 20761

Head Office:
Station Yard
Church Street
Gargrave
Nr Skipton
BD23 3NE
Tel: 01756 749681
Mob: 07836 616829

for local people.

This development is in addition to the discussions Two Castles Housing Association has been having about developing the field above Ghyllside. As this would be a significant development in Dent, the Parish Council has invited a speaker from Two Castles to the annual Parish Meeting at 7.30 on Monday April 2nd to talk about it. There will be an opportunity for questions and discussion, and everyone is welcome to come along.

Car Park Costs

We are sometimes asked why we need to charge for the Car Park, but what may not be appreciated are the hidden costs of running it. These are some of the larger items that have been paid for this

financial year (figures are approximate):

- £5,000: Toilets – cleaning, decorating, repairs, consumables
- £3,000: Rent charged by YDNPA
- £2,200: Grounds maintenance – grass cutting in the summer, tree felling and thinning in the winter
- £2,000: Council tax
- £1,000: Water and electricity charges

Website

The Parish Council now has two pages on the Dentdale website, www.dentdale.com. The minutes of Council meetings can be found there, together with names of current members and details of how to contact the Council.

*Jock Cairns
Chair, Dent Parish Council*

COUNCILLORS CORNER

Kevin Lancaster – 015396 20800

My work as your councillor remains as varied as ever although half a dozen themes recur more than most of us would like. It is a fact that some subjects only affect a few people and so tend to be of less interest to the rest. As councillors we sometimes forget that more than half of the population will never submit or object to a planning application. Most of us will never need to appear before a Licensing Committee or deal with Building Regulations. However, these are some of the areas where those individuals who are affected, are affected greatly and I spend a great deal of my time working to ensure that both South Lakeland and Yorkshire Dales do their jobs properly. Most of the

time they do but sometimes they definitely don't.

There is one subject which will affect every single one of us during the course of the next two years, the change-over to digital television. At County Councillor Joe Nicholson's February Neighbourhood Forum meeting there was an extremely informative talk by John Askew the Regional Manager for Digital UK. I don't think there was anyone there who didn't learn something. This area will be one of the very first to be affected. This is because neither the Killington nor the (so called) Millthrop transmitter has the capacity to transmit both the current analogue signals and the new digital ones. There are going to be several different options. The main question for

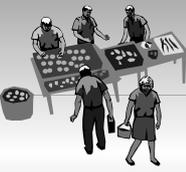
Cobble Country

Dales & Lakes

Town & Country Property Agents Est. 1992

- Free Valuation
- Property Marketing Consultation
- Maintained mailing list
- Full colour particulars with floor plans
- Office open during 6 days a week
- Full property particulars on our website
- Negotiable commission
- Residential & Commercial Sales, Lettings and Holidays

59 Main Street, Sedbergh, Cumbria LA10 5AB 015396 21000
www.cobblesedbergh.co.uk
cobblesedbergh@yahoo.co.uk



Sedbergh
**LOCAL PRODUCE &
 FARMERS' MARKET**

Wednesday 11th April Joss Lane, Sedbergh
*Invite your friends to come along and shop at Sedbergh's New Farmers' Market.
 Lots of new and exciting stalls as well as your favourite weekly Wednesday traders*

Future Dates:-
 9th & 19th May; 13th June; 11th July; 8th & 25th August; 12th September; 10th October

the individual householder is how good a signal can you receive through your aerial. Here at Fellgate we have had the decision forced upon us, the last gales ended the life of our fifteen year old aerial. So, we have opted for satellite freeview: the dish is much less vulnerable to the wind.

Altering your television is always a hassle but there are people who work with televisions day-in day-out and so they know what they are doing. These local firms can and do give excellent advice. One thing is for sure, when the change-over is complete no-one will want to go back to analogue.

I have spent rather a lot of time recently wearing my local historian hat. I have been researching the detailed histories of a couple of properties for re-occupation under the re-occupation of former houses policy in the local plan. It is self-evident to anyone who has studied the history of the area in the depth that I and some of my colleagues in the History Society have that in both cases the criteria of the policy are met in full. I find it immensely disappointing that officers are using the inherent difficulties with historical

research as a disingenuous pretext for recommending refusal. Here we have the material in the History Room in the Community Office so that anyone with the inclination and the time can prove the officers wrong. Elsewhere they do not have a similar resource. This was not what was intended when the policy was written.

A member of the public has raised the issue with me that the occupancy conditions which South Lakeland imposes on houses which are sold under "Right-to-buy" are not applied to those who want to rent a house from the council. This is an interesting point. For renting property there are conditions but SLDC is moving towards open-market lettings. This is mainly because all councils have to do away with the points system that used to operate before 2010. The conditions for Right-to-buy houses are there to reduce the risk of them becoming second homes and so ceasing to be available for families in housing need. They in turn are less harsh than the 106 agreements which the National Park has to impose on newly-built houses.

(Continued on page 40)



JACKY BAINES

BOOK-KEEPING & ADMINISTRATION SERVICES

15 THORNSBANK, SEDBERGH, CUMBRIA, LA10 5LF

T: 015396 21287 M: 07825 212410

E: JACKY.BAINES@BTINTERNET.COM

- All Administrative/Secretarial requirements for the small business
- Excellent Microsoft Office knowledge
- Book-Keeping both manual and computerized (SAGE)
- Confidentiality Assured

The whole issue of who can and can't live in this or that house is a thorny one. What do you think? I would be interested to hear from people who have been affected by these rules, good or bad.

One matter of long term concern, but in the news at the moment is the future of our rural Post Offices. I was involved with the discussions which led to the previous agreement nationally when I represented South Lakeland on SPARSE, a body concerned with the most sparsely populated areas of the country. That agreement is now running out and unfortunately its replacement is unlikely to be as favourable. I have always been annoyed by those special forms, often to do with motor vehicles which they weren't allowed to issue at Sedbergh and Dent and so you had to go over to the main Post Office in Kendal. As well as the journey you then had to queue ... and queue. I know things aren't as bad now but it does seem to me that local Post Offices should be allowed to do pretty well everything a main Post Office can do.

At the last Planning Meeting there was an application to turn the Masonic Hall

into six flats. We deferred it for officers to discuss the design with the applicants and to negotiate on occupancy agreements. We were particularly keen that the plaster-cast sign should remain. The hall has been an important community facility all my life and long before that: it has been extremely useful. It was unable to enjoy the rates reductions that other similar halls receive because of who owned it – I always thought that was wrong.

Thank you for everyone who has taken the trouble to read my recent articles in *Lookaround*. Because of the vagaries of electoral law this is the last I will be contributing for a short while. I will be seeking re-election as your Councillor on May 3. I will be standing as a Conservative again but as always I put the community, Sedbergh, Garsdale, Dent and Middleton before party labels. I have always tried to do the best I can, not just "campaigning" for issues but attending the meetings, studying the papers and making sure that your voices are heard. Should I be successful I would hope to resume these columns in the June edition. (Editor willing!) Thank you.

SEDBERGH & DISTRICT HISTORY SOCIETY

On a cold February night, in weather not at all suited to the topic of the talk, members and visitors met to hear John Glaister tell us about the history of cricket in the town.

Cricket had started at the school and in 1841 the first match was played against a team from Kirkby Lonsdale. Presumably because of transport difficulties it was played in a field opposite the Swan Inn at Middleton. In the early years the team seemed to consist of schoolboys plus a few men from the town. One of these, Mr Smith a solicitor, caused an incident in 1846 when he ran out the star of the Kirkby Lonsdale team. He ran him out whilst he was backing up at the bowler's end which was considered unsporting. The players adjourned to the Bull afterwards and the drink did nothing to improve relations. Eventually the visitors coach left to a mixture of abuse and missiles with Mr Smith trying to restrain the boys. In those days cricket in this country was sometimes played in the autumn which would be considered unseasonable now. Bowling was underarm and not over-arm as now. Wickets and pitches were very bad and as a result matches did not last long even if they were two innings games. Indeed the drinking afterwards seemed the major event and could go on until the small hours of the next morning!

Cricket at the school had thrived sufficiently for the first past versus present match to be played in 1850 which the present won convincingly. Over the years the school produced several good cricketers but only one test match player,

Mitchell-Innes, who has died recently. However, Mr Glaister thought that J.A. Burrow from the nineteenth century was the best. He was a local boy and had played for many local clubs and ones in central Yorkshire with great success.

Sedbergh town club played its first game in 1863 and its formation may have been connected with the decline of the school under Dr Day as headmaster. Its zenith was reached when cricket leagues were reformed some years after WW1.

The town team was the best in the Westmorland league during the 1920s when it was composed of a mixture of school staff and local men. However, it had ceased to exist by the mid thirties and was not reformed for another forty years.

The chairman thanked the speaker for his talk and during coffee and biscuits afterwards members were able to look at a display of photographs from the archives of Sedbergh School and the History Society.

Richard Cann

Farfield Mill Arts & Heritage Centre SEDBERGH

Offers a number of interesting
Part-Time Posts
in our Gallery & Shop
for the new season

Flexible working hours in an exciting environment

Apply in writing to: Mike Clark
Farfield Mill Arts & Heritage Centre
Garsdale Road, Sedbergh
LA10 5LW

Tel: 015396 21958

BROADBAND CAMPAIGN

....continued.

Many Upper Garsdale residents have received notification of our attempt to persuade the Broadband providers it is not possible to get BB if you live more than 7.5 kilometres from the Sedbergh exchange. BT Open Reach is not planning any improvements in the valley in the foreseeable future.

The misrepresentation by BT and others in order to get sales, as reported last month, has since been reported to Ofcom and the situation is being looked into by senior officials at BT. The Secretary of State has been asked to answer these allegations by our MP Tim Fan-on.

As the only way forward now seems to be by installing a Wireless Broadband system, we have made tentative enquiries with several companies in this respect. Initial enquiries into funding have been made, and we have been advised that applications for any grants or funding can only be made by community groups. A successful role model has been running for some time in Great Asby near Kirkby Stephen. There are around 20 properties running on this scheme.

To move on, it is therefore necessary to

KEVIN BATEMAN
TIME SERVED MONUMENTAL MASON
Tel/FAX 01539 723903
Mobile 07817 060619
Manufacture, Lettering and Installation
of new Memorials
Additional inscriptions
Renovations
Cleaning and Re-paint/Re-gild service.
Free estimates
Please telephone for a Brochure

J J MARTIN
Funeral Service
(B Goad)
Established 1869
Main Street, Sedbergh

Complete Funeral Service Day or Night
Chapel of Rest

Day or Night
Dent 25334 or 25429

hold a meeting and form a committee. As this is so important to the residents of Upper Garsdale, please try to attend this meeting. If you are unable to attend, please reaffirm your interest by telephoning John or Delya Wilkinson on Sedbergh 21397. We are attempting to book the Garsdale Village Hall for Monday the 12th of March at 7.30 p.m. Sedbergh Community office will be informed if there are any changes to the time or date or venue.

So far we have a provisional list of 24 households who may take up BB if a service if the service can be provided at a reasonable cost. To date we have been quoted a figure of £60,000 for the initial survey, planning, installation costs, setting up and maintenance. The cost to connect to the system for each household or business would be £70. The monthly charge is quoted to be £9.95 for up to 2 M/Byte transfer rate and £19.95 for up to 8 M/bytes. These figures seem to be in line with National costings.

This is possibly our last chance to get Broadband funding as BT and the Government are currently claiming we have 96.6 coverage for the UK. A world



Sedbergh & District Cleaning Services

015396 20927



Sedbergh and District cleaning services is a newly formed organisation which is hoping to be able to lend a helping hand to people in our community:

We aim to provide domestic support services in the home to:

- Working families, (too busy to spare the time)
- The elderly or anyone who is not quite as able to manage as in the past
- That extra special spring clean
- Anyone who wants a helping hand to keep their home looking clean and smart

If you want help with any aspect of support in your home please ring us on Sedbergh 20927 to discuss your individual requirements.

Weekly cleaning services, Spring clean, After party help, Before party help etc.

class communications system. In reality a recent survey by the CMA, The Communications Management Association, as listed on the Internet, claim that 41 of their members have reported that they do not have adequate access to Broadband. Who should we believe? Tim Farron wants to hear about your experience trying to get Broadband.

You will probably know that the Government is now pressing children to download course work from the Internet. Without BB at home in rural areas this is not practical, rural children can not stay behind at school to use school computers as they are all bused home when classed finish. Local libraries can not be used because of distances involved and they

are only open part time with a small number of PC's, and they are often booked up in advance.

Local businesses are being disadvantage by the lack of reliable communication with the rest of the country and the outside world. They cannot hope to compete in a global market when even the telephone service can be out of order for up to 5 weeks at a time. Many Garsdale and Grisedale residents run their businesses from home. We are told this is the Green thing to do now. One new resident reports that he conducts 80 of his business via the Internet, is having to relocate after 5 weeks in Garsdale due to the lack of a BB service.

John and Delya Wilkinson

QIGONG FOR HEALTH

Over the winter, I have been holding monthly Qigong for Women's Health classes at the Meditation Centre in Dent. I very much enjoyed the classes, both because of the open hearted participants and because of the lovely converted chapel at the Meditation Centre. I am intending to carry this forward over the spring and early summer with a general Qigong for health and well-being class (for both women and men). This time of year lends itself particularly to stress reduction, so we shall be paying special attention to this.

In traditional Chinese Medicine, the Liver is particularly affected by stress and this is mirrored in our own culture as illustrated by the word "liverish"

meaning touchy and irritable. In the Chinese system the Liver is responsible for the smooth flow of Qi (energy, pronounced "chee") round the body. If the Liver is affected by stress this can be disrupted and the Liver energy starts to adversely affect the other organs. Many people experience this in the digestive system with butterflies in the stomach, churning in the intestines or even diarrhoea. In other people the organs of the chest are affected in stressful situations, giving rise to feelings of breathlessness or palpitations. Or the shoulders may be tight and this tension may creep up the neck, giving rise to tension headaches.

There is a two pronged strategy for dealing with this sort of situation. On the

The Cross Keys Temperance Inn

Cautley, Nr Sedbergh

Tel: 015396 20284

Barbara Pickles and all the staff
offer you a very warm welcome



We are open daily for home cooked food, (a particular favourite is Ham 'n' Eggs) and we offer an extensive menu for both residents and non-residents.

The two guest rooms are *en-suite*.

There are fine views of Cautley Spout and the Howgills.

Winter 2007 Opening Hours

Open Wednesday to Sunday 10.00 - 3.00

*Please note we will close Monday **and** Tuesday till the end of March.*

Open Thursday, Friday and Saturday for evening meals but booking essential.

We are happy to cater for Private Parties at any time.

one hand we can try to remove the sources of stress and ease the symptoms of stress. In this respect, Qigong offers movements which massage, stretch and realign the body. The second part of the strategy is to help the body and the mind become more supple, flexible and receptive, and thus less prone to experiencing external influences as stressful. Chinese medicine talks about “softening the Liver”, which involves relaxing and nurturing ourselves. Part of this is knowing when to say “no” and having realistic expectations of ourselves and others. Qigong can help us develop flexibility, stability and calmer states of mind.

The classes I am planning to hold will be centred around simple movements with direct health benefits, which can be easily learned and practised at home. There will be time for discussion and (because the Meditation Centre is such a lovely place to be) a longish tea break. If weather permits we will practise outside. The first meeting will be on Wednesday March 7th from 2 to 4.30 and times for further meetings will be arranged then, to suit participants. The cost will be £30 for four sessions (roughly once a month) or

ACUPUNCTURE



I treat
a wide variety of conditions.

Free Half Hour
initial assessment
and telephone advice.

June M. Parker

Dip Ac, MBAC

49 Bainbridge Road, Sedbergh
Tel: 015396 20972

£10 for a single session.

There are two other possibilities for learning Qigong in this area. Ian McPherson holds a class in the URC hall on Tuesday evenings (telephone 015396 20648). Ian started me off doing Tai Chi and Qigong during the foot and mouth outbreak. I began having lessons with him in order to have an alternative outside activity as we were prevented from walking in the Howgills. My current teachers, Raymond and Gavin Towers (father and son – Gavin was trained by his father and became Tai Chi Champion of Great Britain in 2001) are offering a three day workshop on Healthy Heart Qigong at the Dent Meditation Centre (telephone 015396 24144) from Friday 20th to Sunday 22nd of April. This will be suitable for everyone, at whatever level of fitness and experience.

If you want further information about any of these classes, please telephone me. My number is 015396 20972. *J Parker*

L Drive Time L

Professional Driving Tuition

Patient & friendly tuition

Beginners • Pass Plus

Refresher Courses

Competitive lesson fees

David Morgan ADI

Tel. 01539 731296

www.drivetimekendal.com

A SEDBERGH VIEWPOINT

We all know that Sedbergh is a pleasant place in which to live. We have beautiful countryside all around us; we are a friendly community and generally a peaceful community. It is somewhat of a shock then to hear reported recently that a lady and two young girls have suffered attacks in the town. I'm sure all readers of *Lookaround* will join me in sympathy for those whose lives have been scarred as a result. Sadly this event is a warning to us all not to be complacent in respect of our personal awareness and security even though we remain overall a peaceful and happy community.

For some months now I have expressed my concern that Sedbergh Parish Council hasn't used *Lookaround* to inform its

electorate of its discussions and decisions. I was overjoyed therefore to see that there were not one, not two but three articles from the Parish Council in last month's *Lookaround*. I am sure the electorate appreciates this belated response. (*In the defence of the Parish Council, there have been recent changes that did not allow reports to be printed which has now been resolved. Ed*) Sadly even since the publication of the February *Lookaround* I am still hearing complaints that the Parish Council isn't responding to public concerns.

I'm sure the Parish Council has a hard task in managing the town's Car Parks. Obviously there are considerable costs involved in the leasing, operation and maintenance of the car parks. Clearly

J N & E Capstick

Insurance Consultants

43 North Road, Kirkby Stephen, CA17 4RE

Tel - 017683 72285

Fax - 017683 72346

5 Low Wiend, Appleby, CA16 6QP

Tel - 017683 53885

E-mail - sales@capstickinsurance.co.uk

J. N. & E. Capstick Insurance Consultants
are authorised and regulated
by the Financial Services Authority

(Continued on page 4)

Sedbergh Office Services

13 Kings Yard, Sedbergh Tel./Fax 015396 20788

Photo-Quality Printing

Straight from your digital camera!

**Fax Print Copy Laminate Type Copy in Colour Bulk Copy
Cut Stationary Paper Print from Disk Bind Internet Fax
Print Business Stationary Desktop Publishing Graphic Design
Business Cards Letterheads Compliment Slips ...**

Computer Services:

Get your PC freed from viruses, trojans and adware

New systems

Repairs and upgrades

WiFi Hotspot

Monday - Friday: 10am - 4.30pm, Saturday: 10am - Noon

difficult decisions have to be made to balance the books. Clearly too the two Car Parks should operate on equal terms but Council Taxpayers will not be happy to have to pay in future to park at Loftus Hill. Since the ending of free parking for residents at Joss Lane residential roads around the town centre have become more congested by people seeking long term free parking. Charging at Loftus Hill will no doubt make the situation even worse. Many people park at Loftus Hill to go to the Health Centre since the Health Centre's own car park is hardly big enough to cater for its staff and delivery vehicles and some patients, if there is space for them, find it difficult to manoeuvre in the restricted area. They

might regard car parking fees a tax on ill health.

Another aspect to be considered is the economy of the Book Town. If parking charges are considered too expensive visitors may well be dissuaded from stopping long enough to peruse and patronise our shops. I note that it has been decided not to charge for parking in Bentham in order to boost the local economy by welcoming visitors to the town's shops and amenities. I know too of Sedbergh folk who consider it worthwhile to drive to Kirkby Lonsdale where they can shop in the supermarket and get a portion of their car park fee reimbursed giving them time to do other

(Continued on page 48)

GARY ALLAN

Welding & Fabrication

Structural Steelwork, Farm Equipment,
Farm Buildings Erected or in Kit Form,
Specialist Ornamental Gates & Railings,
Fabricated Steel supplied to the Building Trade,
On-Site Welding & Repairs.

Light Oaks,
Killington
Kirkby Lonsdale
Carnforth
LA6 3EY

Tel: 015242 76426 Mobile: 07968 411787

shopping in the town there.

One subject I haven't heard voiced locally, even though both our District Councillors have referred to it in their *Lookaround* updates, is the proposed reforms in local government. Perhaps it is too complex a subject to exercise our minds, or we feel that whatever will be, will be and there is little we can do about it. Perhaps we think it just doesn't matter because however it is organised we will still have Council Tax to pay. I have had connections with all levels of local government at various times yet I'm not sure of all the "who does what"s. I believe SLDC collects our domestic rubbish but Cumbria County Council disposes of it, except for recyclables which SLDC passes on to specialist contractors. SLDC operates some car parks but parish councils and the national park authorities operate others. I believe main road street lighting is the responsibility of the Highways Agency, but less major roads are lit by the County Council who let the SLDC do it on their behalf in town centres, whilst parish councils can provide so called amenity lighting in their areas. (I may be factually incorrect in some of these things

but it does highlight the "who does what" complexities.) I've heard it said that in the autumn dry leaves on our streets is litter the responsibility of SLDC whilst wet leaves are a highway hazard and so the responsibility of the appropriate highway authority! It all seems such a muddle and to rationalise things I support the proposal for a new Cumbria CC to become a "Unitary Authority" responsible for the whole range of local government services. But would such a council really have overall responsibility for all services in its area? We mustn't forget the unelected bodies which have major control over various aspects and presumably would remain to do so. The North West Regional Council determines which councils should get government funding for major projects and here, of course, the Yorkshire Dales National Park determines our planning applications which have a major effect on our community environment and economy. It seems life is never as simple as it should be.

Ah well, enough of this serious stuff. I'm off to the Panto for a bit of fun and relaxation to see how the North West was Sung. Oh yes I am. See you there.

N Hastle

SPRING SHOW

This is the final call for the Spring Show on Saturday 31st March which is Sedbergh's own Spring Show for the town and the local community.

Last month's *Lookaround* gave you all the details for the Show so now we are just waiting for a load of your entries. If you have mislaid your entry form there are plenty in the shops and around the town so please support **YOUR SHOW**. There is something for everyone! Artists, photographers, craftsmen, bakers, flower arrangers, seamstresses, embroiderers, knitters, and all sorts of crafts for the young. Let Sedbergh see what you can do!

I was interested to read lately in Judith Robinson's book, about **The Kendal Exhibition of 1876**. Then classes of exhibits included: wood turning, glazier's work, marble mason's work, carpenters' work, cabinet making, architectural design, house painters' work, mechanical drawing, shoemaking, saddlers' work, cloggers' work, basket making, smithing, plumbing, mechanics, painting in oil, gilding, wood carving, water colour, freehand drawing, bookbinding, signwriting, photography, and stuffing!

In addition there were classes for the *Wives and Daughters of Working Men*: stocking knitting by elderly women, working man's shirt of unbleached cotton, a full first set of baby clothes, The most complete set of household linen, chemise of bleached calico, hearthrug made from pieces of cloth, getting up a fine shirt and collar, print dress for a servant made from 8 square yards, stocking darning, stocking knitting,

patchwork quilt, goffering, oat cake, loaf of homemade bread.

Classes for *General Competition-Ladies* included: water colour drawing of fruit, ladies flannel dressing jacket, chalk drawing, drawn linen, berlin work, silkwork, quilting, crochet, knitting, netting and tating all in white cotton, fretwork, crochet quilt, sofa blanket in wool, knitted bed quilt, braiding and silk patchwork.

Classes for girls under 16 in such a position in life as likely to become domestic servants included a servant's apron and a specimen of herring bone as shown in flannel petticoat.

Classes for children under 7 included: a pinafore, knitting, patchwork, and a chemise for a little girl.

Perhaps that will give us a few ideas for classes for next year's show.

PLEASE LET US HAVE YOUR ENTRIES NOW.

WFU. Secretary

Philip Horner
Fencing & Walling

Man & Tractor
Any agricultural work undertaken
Tel: 015396 21984
Mob: 07855 349157
e-mail: phorner@hotmail.com



Mr BARKER'S BRICKS

In last month's *Lookaround*, we mentioned the rocking bricks on the walls of no. 6 Main Street and you could be forgiven for thinking, tut, tut, Sedbergh isn't made of bricks! But in fact the front wall of no. 6 is brick, and this leads on to some detective work, for which we'd ask anyone with any information to please come forward.

No. 6 Main Street is a very old building in the oldest part of town. The lower walls at the rear are of Yorkshire Dales gritstone, probably carted down from Garsdale, and beckstone, which is essentially stones collected from the local becks (thanks to Alan Steadman for this information). Would people have brought in stone because it was cheaper to do so than buy locally (a kind of olden day version of Danish bacon)? Or was it too tricky to quarry local slate before machinery became available, and if so when did quarrying begin? Anyone know?

No. 6 was most likely a farm building which faced onto what is now called Bushby Yard, and at some point it was extended upwards, for you can see above a certain level the local bluestone, or blue

rag, in the walls. And then around about 1900, the street-facing wall of no. 6 was rebuilt in brick. We discovered this when the rendering was removed last November exposing red bricks stamped "Barker, Ingleton".

Mr Barker was a pit owner in Ingleton with a sideline in brickmaking. Coal typically sits on a bed of fine-quality clay and where the coal seams are shallow the pit owners often exploited the clay too, either by selling clay for potters or by making bricks. Mr Barker made bricks and the coming of the railway to Ingleton enabled him to sell more widely, so much so that in 1896 he felt able to invest in brickmaking machinery. The bricks on no. 6 are machine-made, as opposed to hand-made, so we know they date from after 1896.

Mr Barker had a tramway built to carry coal and bricks from his pit to the railway line, but he tripped over it, for it went over land he didn't own, he was sued, and was made bankrupt. At present, we don't know the year in which he went out of business, though it appears to have been pre-1915.

The front of no. 6 Main Street was rebuilt with a single skin of Mr Barker's

NATURAL STONE PRODUCTS

Internal & External Flooring
Driveways & Paths
Patios
Steps

Original Old Stone
Troughs and Millstones

Roofing Flags
Ridge Tiles
Lintels
Sills

Unbeatable Quality & Customer Service

MALLERSTANG FLAG LTD

Tel 017683 71610

Mobile 07977 097410

www.mallerstangflagltd.co.uk

bricks and with wooden lintels over the windows, and this may have been in order to convert it to a shop. Post-1945 it was a barber's and then a fish-and-chip shop (or was it the other way round?) and then some 20 or 30 years ago the shop window was replaced by the four smaller windows that are currently there, when no. 6 became a house. Quite possibly that shop window had to go anyway, as the wooden lintels rotted and the bricks began to sag – you can still see this in the upper floors.

It would have been fun to have left the bricks exposed, but they're far too porous. New concrete and steel lintels have been put in and pinned to the side walls and the whole front rendered over with modern materials and we'd expect that no one will see those bricks again until way after we're past writing about them.

So the questions are, does anyone know:

1. if there is a date when quarrying of local bluestone began?
2. where in Ingleton Mr Barker's pit was?
3. which year Mr Barker was made bankrupt?
4. if any other buildings in Sedbergh have Mr Barker's bricks?
5. what sort of shop no. 6 was before 1945?

Any answers to these questions, or to any other questions we haven't asked, would be most welcome. We shall do a write-up about the building and deposit it somewhere for future generations in case they're interested. email dc@me-and-us.co.uk or drop a note into No. 6 Main Street. Thanks.

David Collier

IF YOU MISS

5th APRIL, YOUR FUTURE MAY NEVER BE THE SAME

The sooner you visit Edward Jones to open or fund your ISA, the more time your money has for potential growth. By contributing £7,000 now, your money has the opportunity to grow even faster.

To learn more about why an Edward Jones ISA makes sense for you, call before 5th April.

Edward Jones Limited is authorised and regulated by the Financial Services Authority and is a member of the London Stock Exchange

David Fawcett
Swarthgill House, Garsdale
Sedbergh
015396 22021
www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING

YOUNG KIDZ

A BIG thank you to everyone who has supported us over the last 12 months or so. Approximately £3000 was raised over the year and was split between the following: Zebra's, Howgill Toddlers, Swimming Club, Badminton, Air Ambulance, Sedbergh Junior Football, Sedbergh Skateboarders, Sedbergh Playgroup and Sedbergh Parent Support.

Young Kidz will be run slightly differently in 2007 with monies raised from each event split between those groups who have helped to organize that occasion. Any one wishing to find out more please contact Sarah Goad on 015396 20402. Thank you again.

Young Kidz Committee

SEDBERGH EMBROIDERY



All the individual pieces of the Sedbergh Embroidery have been completed and the Stitchers are now working on the main canvas.



Appliance Services

SALES • SERVICE • REPAIRS

To all leading makes
of domestic & commercial appliances

PORTABLE APPLIANCE TESTING

Tel/Fax: 015396 21699

Mobile: 07889 286 722

One of the pieces represents the Methodist Chapel of 1847 with two Sedbergh bandsmen in New Street. Brenda Nolan worked this piece.

We hope to finish the second panel in about 18 months time when it will go on permanent display in the library.

You can also visit our Web Site at www.sedbergh-embroidery.co.uk

RECYCLING NEWS

This month and next month we are answering some of the questions we have been asked in recent months.

Q) Can shredded paper be recycled?

A) Yes it can. However we are only able to collect small quantities. The paper collected from the kerbside is loaded onto a vehicle with cages, small amounts of shredded paper will be contained by the main bulk of the paper collected, larger amounts may fall out of the cages. The paper collected at Recycling Points is emptied by a crane that raises the bank above a wagon and the paper is then dropped into the wagon. Again smaller amounts will be held within the main bulk of the collection, but larger amounts may become free and blow around.

As a guide the amount of shredded paper contained within a small domestic shredder should not present a problem. If you have larger amounts you should contact a paper recycling company for advice. Shredded paper can also be used in your home compost bin.

If you have any questions about recycling please contact us either through the Customer Contact Centre on 0845 050 4434 or by emailing us at recycling@southlakeland.gov.uk

Thank you for recycling.

G.B. Builders Ltd

General Builder required
to work in Dent and Sedbergh area

T: 015396 25433 or 015396 21287
M: 07778 874855 or 07977 514229

SAINTS ALIVE!

Are you a; Dancer? Singer?
Instrumentalist? Techie?

If so ... then Saints Alive is for you!
Whatever your age, ability and talent, all
are welcome.

The Churches of the area are getting
together to rehearse and then perform a
musical. The musical is called "Saints
Alive!" and re-tells the story of
Pentecost, when those following Jesus
were sent the Holy Spirit to encourage
and guide them.

All are welcome to join in this musical,
from any church or no church. It is about
making music, sharing a story and
enjoying each others company.

If you would like to know more then
please contact Carole Gotham on 22030.
A taster evening will be held on Monday
2nd April, 7pm, at the URC Rooms, Main

Saints Alive!



Street to introduce the
musical, style,
rehearsal timetable and
vision for how it will
all work.

Feel free to come
along to find out more
before you decide
perhaps!



stramongate press

printers

printers

of

Sedbergh Lookaround

Stramongate Press Aynam Mills
Little Aynam Kendal Cumbria LA9 7AH

phone 01539 720448
fax 01539 730253
e-mail info@strampress.co.uk
website www.strampress.co.uk

FAMILY MUSINGS

Only once have I tried to cook "mash" in the microwave and despite my following the detailed instructions in the cookbook it was a disaster, I removed the "cooked" cubes of potato from the microwave and plunged the masher among them only to see hard cubes of potato fly all over the kitchen! I had obviously missed something vital somewhere. That is how its been here recently with information and the lack of it regarding my brothers Cancer, but by banging away and refusing to settle with part information we have eventually got a truer picture. He is on another session of Chlemotherapy which does give him a "boost" which in turn gives us one.

Cleo needs a boost, we are unsure if she has lost more other sight or her witts but she seems to struggle to get around the house, her happiest place is with me but she is very happy with my brothers company and she and the cat. Mitts, kiss and cuddle and sleep together on the rug, all this despite Cleo crashing into and walking over the cat at times. The pet dog from the farm next door pops over sometimes and they have a barking

Desktop Publishing
Intense Pulsed Light
Picture Framing
Phone Liz or David
on 015396 21800

session with each other before it goes on its way. One daughter sometimes walks a three-legged dog and finds that people, esp' men stop her to ask what has happened, a new chat-up line do you think?

Talking of next door the "new house" is all complete and occupied and has been "well-warmed" at a party, B was able to motor around there on his buggy and park on the patio. They can see up the fell much better because hubby and brother-in-law, mine not theirs, hired a Cherry Picker and brought down the 60 ft Fir tree in our garden. The only casualty was next doors fence and one plastic chair brother-in-law leapt on to get out the way as the final length of trunk fell to the ground, I wasn't here but am told the ground shook! We had a huge pile of greenery on the top lawn which hubby burnt in-situ much to sons disgust and we have "features" around the back lawn, huge pieces of trunk which I'm told are "staying there till summer", summer come soon please!

Spring is here and so are the lambs, we took elder daughters mum and brother-in-



Sedbergh Life Line
First Aid Services

First Aid Kits on sale at Sedbergh Community Office from only £15.00

Event Cover, First Aid Supplies and much more!

Tel: 015396 20927

law to see the twins and triplets in the Lambs and the Goat twins, and elder daughter arrived most put out she had not been asked along. The banter between her and her Dad about past lambing times brought up the story of them at Hawes auction when she was quite small and Lambs for sale for 5 Op, and "Daddy wouldn't buy me any, not even one!" daddy did not want "pet lambs".

We do not have "instructions" for living with cancer, we just do the best we can, and will do so for as long as we need to, carry on with everything else as well, mainly our work, keeping faith that somehow, sometime, "all will be well", I wish you well. Take care.

H

BB

A unique place to stay in the
Yorkshire Dales

www.howgillsbunkbarn.co.uk
015396 21000

TOWN OR VILLAGE?

Mary Fell set a challenge last month. Of Sedbergh and Dent, which is the "main town" and which a mere village? This contest could beat Match of the Day!

To start with, there is no statutory definition of "town" and "village", so we'll get no help there. Towns have sometimes been understood as places with a market charter, but as Lady Alice de Stavely successfully applied to Henry

III for markets in both Sedbergh and Dent in the 13th century that leaves the score 1-1.

Dent was part of the Parish of Sedbergh from medieval times. Does that make Sedbergh the senior partner? The referee (me) gives Sedbergh the benefit of the doubt. 2-1. Ah, but Dent kicks a fine equaliser when it becomes a Parish in its own right in the 19th century. 2-2.

When the great chronicler Hollinshed travelled through Yorkshire in 1577 he came through "Dent's Towne". 3-2 to Dent.

When Hartley Coleridge wrote his famous sonnet to Dent, "where what they cannot get they do without", he began it, "There is a town..." . But he does go on to call it "a town of little note or praise", so maybe that's an own goal. 3-3, and game on!

From the 16th to the late 19th century, however, the capital of Dentdale is "Dent Town" in the electoral registers and the census records. Two quick goals in succession, and Sedbergh has a mountain to climb at 5-3 down!

Then in 1861 the Reading Room is given to Sedbergh Town and they are clawing their way back at 5-4.

Finally, in injury time, Sedbergh claims the title of "England's Book Town", and it looks like a draw...

But the rulebook says that self-appointed designations don't count. The referee waves away all objections, and C. Nelson and H. Hodge get Red Cards for dissent.

So Dent holds on to its slender lead at the final whistle, and is pronounced the winner by your *unbiased* referee.

David Boulton, Dent

SETTLEBECK HIGH SCHOOL

Year 11 Interview Day 8th February

Another very successful Year 11 Interview Day took place at the Bull Hotel on Thursday 8th February. Local business owners and representatives from sixth forms, colleges and other organisations interviewed students and de-briefed them on their performances. The students agreed that this was an excellent opportunity to practise interview skills in a formal situation outside school and to learn how feedback is given after an interview.

Interviewers included Martin Beer (QES), Mark Westwood (Westwood Books), Michael Mudd (Mudd Engineering), Kelly Manning (Lancaster and Morecambe College) and Steve Ball (M K Conversions). We are very grateful to all twenty of the interviewers who gave up their time to help with this valuable annual event.

The day ran smoothly thanks to the help

JMP FOODSERVICE

require

Person to work in busy
telesales office to cover
Maternity Leave
June/July/August
Computer skills useful
Full training given

Tel Shaun Atherton or Anne Benville
015396 20296 for further details

of the Year 10 guides and caterers; Kierhan Hoyes, Stewart McCandlish, Scott Lowther, Jonathon Harper, Kim Hurst, Vicki Farrell, Charlotte Orr, Matthew Mudd and Annwen Wilkinson. As always, many thanks go to the staff at the Bull, Dean, Karl and Sylvia, who looked after us very well, maintaining the excellent standard of hospitality and catering.

Some comments from the Interviewers

“The students were very smartly presented, took the process seriously and coped well with the formality of the interviews.”

“Students came across as sensible, mature individuals who had really thought out their future options.”

“The students were very polite, keen and focused on goals. They are developing their research skills into job opportunities and courses.”

“Letters of application and CVs are improving and we will continue to work on these in the future.”

Contributions from Alice Clegg, Pete Armitage, Annie Carol Gallagher, David Hunt and Mike Clark.

Some contributions from Students

S Kliszat

Painter and Decorator

- Interior
- Exterior
- Wood Staining
- Masonry Work

Call to arrange a free estimate

07875 537290

“The interviewers were very friendly and helped us a lot.”

“I was nervous before my interview but Mr Clark and Mrs Sproul soon put me at ease, so I felt able to concentrate on their questions.”

“The questions asked of us were what we’d prepared for. I found I could answer them with confidence.”

“De-briefings were really helpful and the interviewers gave me lots of help for things I could improve, but in a very supportive way.”

“It was a new experience. I have never been through a formal interview before; it has taught me how to prepare for the future.”

Contributions from Ed Bannister, Amy Poole, Sian Benson, Natasha Hardy, Oliver Wales.

Judith Walsh

J & L FORSTER Ltd

CHEMISTS

48-50 Main Street, Sedbergh

Part-Time Sales Assistant required to cover 6 months Maternity Leave, but possibly leading to a permanent position.

For more information or to apply, please enquire at the Chemists Tel: 20270.

HOWGILL W. I.

We were all sad to hear of the death of Norman Denniss who was a familiar face each month when he accompanied wife Sheelagh to Howgill W. I. from their home in Hest Bank. President Mary Silva opened the meeting by paying tribute to Norman. We would like to

express our deepest sympathy to Sheelagh and the family.

On January 25th the weather was perfect for the Howgill Hikers walk in the Crooklands area. We are looking forward to our next walk on Monday March 12th. Why not explore the countryside with us.

Two members are to attend the half yearly council meeting at the Town Hall in Kendal on April 2nd. A decision will be made next month for a place and date for a summer outing.

We were pleased to welcome our guest speaker David Harpley, Conservation Manager from Cumbria Wildlife Trust who gave us an insight into who they are and what they do. The Trust was established in 1962. Their aim to protect wildlife and wild places in the county. The Trust cares for 42 nature reserves, and campaigns for the protection of red squirrels. The Trust, along with its members, are taking effective action to protect our natural heritage. Mary Silva thanked David for an interesting talk allowing us to take a look at nature inspiring us to discover and enjoy our wildlife havens.

The competition for a wildlife photograph was won by Elsie Middleton with Bridget Postlethwaite second. Raffle winner was Audrey Hoggarth.

The evening continued on a cheerful note when it was time to say Happy Birthday to Elsie Middleton who is celebrating her **90th Birthday**. Congratulations Elsie. Next month we meet at Firbank Church Hall on March 1st, when we look forward to welcoming Janet Hulme from “North Air Ambulance”. Visitors welcome. *A. H.*

DENTDALE METHODIST CHAPEL

Why is the Methodist Church in the village called "Dentdale", we often get asked this question, the reason being that when the chapel at Deepdale closed and the members joined Dent, the Dale part of the name was added to the name Dent.

The death of one of the former Deepdale Members, Miss Elizabeth Middleton who was a regular at the chapel when her health allowed has brought to our minds memories of happy events held at "Stubsti chapel", the Camp meetings held outside and followed by a hymn sing on the village green in Dent, then wonderful tea parties at Gladys's and Elizabeth's.

Tea parties in the schoolroom at Deepdale, Sunday School Anniversaries, Harvest Festivals and more. Personally and as a fellowship we have experienced wise advice and encouragement from Elizabeth and when we did not have the same opinion usually found some common ground. She is much missed but we rejoice that she is now "in glory" as was her earnest desire towards the end of her life.

On the first Sunday in Feb we held a "Sankey" hymn service with members and friends choosing their favourite song from the book "Sacred Songs and Solos", many friends came to join in and we had an amazing time, the "favourites" were put together in a booklet which was dedicated to Elizabeth and can be used again.

On March 4th we celebrate the Anniversary of the amalgamation of the two Society's as mentioned above and tea will be served afterwards, the Friday previous we host the service for Women's World Day of Prayer, and although none



ORGANIC FARM SHOP

Fresh produce,
packaged dried and chilled goods
and household cleaning products
DELIVERIES TO YOUR DOOR

Organic fruit and vegetables
and shop items

SETTLE MARKET (Tuesday)
SEASONAL WORK AVAILABLE

Tel/fax: 015242-51723

www.growingwithgrace.co.uk

of the arranged Lent Groups happen in our building the final one in March takes place in the Memorial Hall. The monthly Bible Studies continue and the fortnightly Pray and Share where you are invited to join in at home if unable to get there.

Fund Raising events are being arranged for the summer, details next month, if you care about the erosion of Christian values there are copies of a "Declaration" in the chapel to sign and send to Premier Christian Radio, more details about this are with the forms.

If you or someone close to you is in need of prayer do contact us or leave a note in the Prayer Room at the chapel and you will be supported in prayer, if a listening ear over a cuppa would help this too is available, all in total confidence. There will soon be a special mobile no to contact.

As always, everyone is warmly welcome to all the services and events.

J and SE Woof. (25212)

Dear Editor,

May I, through your columns, make a plea to drivers in Dentedale, particularly those of large and/or noisy vehicles, to take more care when passing horses and riders.

During February, a large red Massey tractor passed a group of riders on the back road between Deepdale and Dent, without making any attempt to slow down, even though there was very little space to pass. One of the horses was in fact caught by the tractor tyre, and all three horses and riders were very shaken up by the incident. On this occasion, there was no serious outcome, but such incidents could so easily lead to serious injury, or worse, to horse and/or rider.

There is now quite a number of horses being ridden in the Dale, and the roads are narrow, so it often difficult for riders to find a safe place for vehicles to pass.

The Highway Code requires drivers to **“treat all horses as a potential hazard and take great care”** and I would ask that all drivers understand this and act more responsibly.

J. Newsham

Drivers should always be driving at a speed that they can stop in the distance that they can see to be clear and

everything on a road is a hazard, not just horses. It is a proven fact that slowing down and giving way as required gains lots of respect from everyone and losses only a few seconds. Drivers in town should also bear this in mind. And just to coin my regular phrase, “Please Slow Down”. (Ed)

DIALECT DIGEST

March can be an unpredictable month for weather, and this is what John Hartley wrote about it in the days long before global warming became an issue.

‘March winds blow rayther strong. Ther’s monny a chap has a race wi’ his hat, an’ iverybody can affoard to laff at him just becos it isn’t them.

But for all that, Aw allus think ‘at th’ year’s niver gotten a reight start till after March. It’s like as it if it comes blusterin’ an’ roarin’ just o’ purpose to put things into reight trim. It fatches daan th’ owd watter spaats, an’ lets fowk know whear ther’s a slate ‘at’s shakey. It gives th’ trees a bit ov a whisk raand an’ wuthers abaat as it if wor determined to clear all th’ maase nooks aat.

But it does summat else beside - it brings a fine day or two, an’ th’ grass begins to luk greener, an’ what is ther ‘at luks bonnier nor th’ first daisy yo find peepin’ up?

Takkin’ it altogether, it’s one o’ th’ mooast pleasin’ things i’ th’ year is finndin’ a daisy i’ March.’

Also, thanks to Emily Bronte, the fact that the March wind ‘wuthers’ in Yorkshire is now known all over the world!

Michael Park

MARK DODD

Interior & Exterior Work Undertaken

Free Estimates



015396 25375
015396 21617
078156 67328



PAINTER & DECORATOR

MATHS TUITION

Key Stage 2, Key Stage 3,
GCSE or A Level

Regular or occasional lessons
with an experienced Teacher to
suit individual needs

Contact: Marjory Glover
015396 25438

Dear Editor

I have spoken to several people today, Wednesday, about the market and the coffee mornings which are now run every Wednesday in response to requests. However having been away for some time I was amazed to find out that Gladstone House have now returned to using Wednesday for regular coach trips and or regular coffee mornings. Surely this must be counter-productive for the town.

I know that the Wednesday used to be kept free so that residents could meet their other friends from the town, and not be limited to the people who rely on Gladstone House. Surely a better idea would be to provide a mini-bus from Gladstone House to the Sedbergh Market, allowing, say one hour so that the older people could easily buy their fruit and veg, fish and cakes etc., and at the same time visit, or arrange to meet their old friends who do not live near Gladstone House, nor use the facilities there.

They are a part of the town after all, not a separate unit all together. Surely they shouldn't be isolated from the rest of Sedbergh.

W.V.M.

DENTDALE CRICKET CLUB

We are having an informal pre-season chat and a beer at the George & Dragon, Dent at 8pm on Monday 2nd April.

All players and members new and old will be most welcome to discuss the forthcoming season and maybe a few 20/20 matches. Everyone's input is important, so please come along and have an enjoyable evening.

For the benefit of possible new players we play Sunday afternoons, 2pm starts, usually up to 40 overs per side. If any new player would like more information please phone David (Larry)

Hunter, Club Captain on 07713787515. We enjoy our cricket. Enough said.

We are looking for match ball sponsors (£10 per match). Will any business or individual who would like to support cricket in the dale please contact John Hyde, Chairman, on 015396-25503 or Eddie Smith, Honorary President on 015396-25209.

Also, can anyone help with a sit on wicket/light road roller for a few days in May, so we can improve the wicket. Please phone John or Eddie. Thank you.



Killington **MARQUEES**

FRAME & MINI MARQUEES

Weddings, Garden Parties & Corporate Events

Call us for all your requirements
Tel: 015396 20602

killingtonmarquees.co.uk

**KIRKBY LONSDALE
EMBROIDERERS**

January's meeting involved some 'hands on', when we had Christine Johnston from Reticule, in Kendal, who demonstrated free machine embroidery, mainly on beautifully constructed bags. We all found this most fascinating and it took away some of the mystery of this technique, encouraging those of us who have never tried it before to have a go!

The February meeting again gave us a chance to have hands on, with Textile Jewellery demonstrated to us by Jan Hicks. Jan is well known for her connection with wool but she also makes this jewellery from fabric, threads and beads and various other items. Everyone enjoyed trying their hand at constructing a brooch.

At our next meeting on **Thursday 8th March**, we will be delighted to welcome Gillian Clarke, the wife of the politician Ken Clarke, who will be showing some of her work and talking about her love of patchwork and quilting. This promises to be a very interesting and absorbing meeting and visitors and guests are very welcome.

We start at 2pm and meet at Cowan

Bridge village hall, usually finishing about 4pm after refreshments have been served. For further details contact Ann Hunter on 015242 41120. Look forward to seeing you.

Carpet & Upholstery Cleaning



- Powerful "Truckmounted" machine
- NCCA registered
- Fully Insured
- Free advice/quotes

Call Neil on 01539 723151

ZEBRAS

Zebras are having their Spring New to You Sale on Saturday 17th March from 10am to 1pm at Sedbergh Methodist Church. There will be the usual clothes for all ages, toys and lots more. There will also be ladies clothes, mostly brand new or hardly worn. A great opportunity to get good quality clothes at bargain prices.

There will be cakes and coffee for £1 and a Lucky Dip for the children. If you have never been to a Zebras sale, come along and find out what you have been missing.

For commission sales and donations please contact either Angela on 20654 or Christine on 21026.

We will be doing a Bag 2 school collection soon so please start sorting out clothes and shoes etc., and look out for the posters or telephone Angela on the above number. Thank you to everyone for their continued support.

M WINN & SONS LTD

(Established 1894)

Sedbergh

General Builders & Joiners



Contact R. M. Winn
015396 20649

DENTDALE W.I.

It was a sad moment as we stood for a minute in silence to remember Elizabeth Middleton who was one of the founder members of Dentdale W.I. It was agreed to send a donation in her memory to the Memorial Bursary Fund.

Our annual involvement in The Dent Run is coming up on 10th March and members were asked if as usual, they would sign a list indicating whether they were prepared to donate cakes etc. for the refreshments given to each participant after the run. Help on the morning of the race to prepare the rolls and scones was also requested.

Our speaker for the evening was Judith Robinson who gave a fascinating account of a year at Killington Hall through the eyes of Agnes Ann Kendal who was the youngest daughter of a tenant farmer there. Agnes Ann had written a diary for the year 1876 which has been preserved to this day. She recalls the daily round and life on the farm, recording the thoughts and aspirations of a lively nineteen year old, secure in a loving sociable family. We enjoyed a good insight into the life style of the farming families in this locality in the second half

of the Victorian era.

Stella Bannister won the competition for an article made in 19th Century with a knitting stick and also collected the raffle prize. Next month our speaker will be Mr and Mrs Fawcett talking about their African experiences.

Any new members or visitors will be very welcome. *PA*

Dear Editor

Re: The mini-roundabout junction Back Lane, Finkle Street and Loftus Hill. I find it difficult to believe that people still don't know that a mini-roundabout is exactly the same as a large roundabout. ie you give way to traffic from the right so that means traffic from Back Lane gives way to traffic coming down Finkle Street, and traffic from Loftus Hill gives way to traffic from Back Lane and traffic from Finkle Street gives way to traffic from Loftus Hill, if there is no traffic emerging from Back Lane and the Loftus Hill traffic wants to enter Back Lane. It is amazing there has not been a serious accident there.

Today on emerging from Back Lane, three cars were stopped at the end of Finkle Street and three cars stopped at the end of Loftus Hill allowing me to emerge as if I had the right of way, which I had not.

I might have misread a letter previously, about this roundabout, which seemed to imply that Back Lane had the right of way at all times, which they do not have.

Wendy Morphet

It frightens me sometimes when I see some drivers at this roundabout. I feel the whole junction needs to be reviewed before a serious accident occurs. Ed

TO LET

Kirkby Lonsdale Area
Ample Parking and Easy Access

Potential Office Space and/or
Work Units available

Up to 5000ft²

Starting from £2/ft²

Contact 015242 73193 or
73927 to discuss

THOUGHT FOR THE MONTH

March Hares are boxing clever. This Lent a series of meetings have been arranged in the different church buildings to share with each other the differences and similarities we have and don't have in the way we worship God. So far so good. I am sure we can go along with our questions and trust that they will be openly and honestly answered, time will tell. Perhaps there will be, as it were, a few "boxing matches" as people disagree with the ideas and opinions of others, all good stuff, especially if it turns our heart and mind to Jesus, our Saviour, The Way, The Truth and the Life. LD

SAM KONCZYNSKI



Carpets & Floor Coverings
Supplied & fitted
Telephone
015242 72073
07771 97 00 96

DENTDALE MEMORIAL HALL

An evening with Tim Farron

Thursday 19th April at 7.30 pm

This is not a "political" evening but the opportunity to talk to Tim, ask questions and especially to hear his testimony and find out about the Hovercraft Prayer Support for him and his family.

Light refreshments i.e. sandwiches and tray bakes, will be served with hot and cold drinks. Do come along, if only for a little while.

SEDBERGH BELLRINGERS

St Andrew's ringing chamber has been given a make-over in recent weeks and the grand finale, a beautiful red carpet was laid today, 15th February, by Gordon and Simon of Treadwell Carpets. Their generous gift of the carpet and fitting is very much appreciated and from now on St Andrew's will be the first Bell Tower to have ringers in stocking feet as shoes will need to be removed at the door!

Thank you again to Gordon & Nicola and Simon.

StAS Bellringers

OPTIONS

A new venture will start in March with the opening of the Sedbergh Holistic Centre above Ellies Bakery on Main Street.

Dave Evans, renowned and respected local Homoeopath and Principal of the North West College of Homeopathy, will officially open the Centre at 2pm on Wednesday 7th March. Everyone is welcome to come along, have a look around and sample many of the therapies on offer which will include Sports Massage, Aromatherapy, Remedial Massage, Reiki, Reflexology, Tai Chi, Homoeopathy, various forms of Counselling, including Person Centred and Cognitive, Alexander Therapy, Craniosacral Therapy, Light Therapy and more.

Light refreshments will also be available.

For further information, contact Mel on 21058, 07 8888 57775 or e-mail melmissy@onetel.net.

hfholidays
better altogether

HF Holidays world leaders in
Walking & Special Interest Holidays
require a

Deputy Head Chef

at our Country House Hotel

‘Thorns Hall’, Sedbergh

to join our friendly and professional team
39 hours per week, part time may be considered
Wage by Negotiation
Please contact Kathleen or Arny Lowe (Manager)
015396 20973

SEDBERGH

BRITISH SCHOOL TRUST

The Trustees will meet on Wednesday
14th March 2007 to consider GRANT
APPLICATIONS from suitably qualified
persons who have attended Primary
School in SEDBERGH, GARSDALE or
DENT, and who seek financial assistance
to further their education or for
vocational training.

Applications should be in writing and
addressed to: The Honorary Secretary of
the Trust, 6 Guldrey Fold, Sedbergh
LA10 5DY and should be made without
delay.

Mrs Jean Cope, Hon. Secretary

WHEN ONLY THE **BEST** WILL DO
JOHN NEWSHAM
for Quality Interior Fittings

Full Design and Installation Service for
KITCHENS ~ BEDROOMS
Bespoke Home Office Furniture

Tub Hole, Dent Tel: 25486

SEDBERGH YFC

The committee would like to thank all
those who supported the Valentines
Dinner Dance held at Whoop Hall on
Saturday 10th February 2007.

Special thanks to those who attended
and to the people and local businesses
that kindly and generously donated raffle
prizes. A great night was had by all.

1957



2007



Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00; 10.30 & 18.30
 Wednesday 11.15
Canon A W Fell Tel: 20283

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30
Rev. Dr. P Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30 & 18.30
Rev. T Widdess Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30
Rev. C Gotham Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30
Mrs T Satchell Tel: 20005

UNITARIAN & FREE

CHRISTIAN CHAPEL

Market Place, Kendal
 Sunday 11.00
 Wednesday 19.30
Rev. G Jones Tel: 01539 - 722079

*For enquiries for the following services,
 Please ring the relevant telephone number*

CHURCH OF ENGLAND

Firbank; Howgill & Killington
 Cautley & Garsdale
Canon A W Fell Tel: 20283
 Dent & Cowgill
Rev. P Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
 Cautley; Fell End;
 Garsdale Street; Garsdale Low Smithy;
 Hawes Junction & Frostrow
Rev. T Widdess Tel: 20329

SEDBERGH CHRISTIAN CENTRE

6.30 pm People's Hall every Sunday
Tel: 21436

*Would you like to know that someone is
 praying for you? Or do you have a
 relative, friend or neighbour in special
 need of prayer? In the Churches, we pray
 every Sunday for this
 community and we
 should like to hear of
 any special needs.
 Please ring any of the
 above telephone
 numbers so that we may
 pray for you and/or
 others.*



OPTIONS for health and well-being

Sedbergh Code: 015396

June Parker	Acupuncture	20972
Ian McPherson	T'ai Chi, Flower Essences, Homoeopathy	20648
Melanie Kingsbury	Aromatherapy, Counselling	07 8888 57775
Denise Williamson	Homoeopathy, Bowen Technique	20846

Complementary therapists practising locally

DIARY OF EVENTS

Dates are held up to 12th December 2007

MARCH			
1	1900	Business Men's Fellowship	Bull
1	1930	Domino Drive	KVH
1	1930	Churches Together	StAS
1	1930	WIH North Air Ambulance	FCH
1	1930	Poker in the Pub (6)	Bull
3	1000	Sunday Club Jumble Sale/Coffee	SMCR
3	1030	Northern Potters Association	FM
4	1030	Northern Potters Association	FM
5	1930	PH AGM	PH
5	1930	Dent Parish Council	Sportsman Inn
6	1900	Beekeepers' Meeting	Holly Bank
6	1930	FCH AGM	FCH
7	1000	Christian Aid Coffee Morning (7)	URCR
7	1315	Muncheon Music	SSQH
7	1400	Holistic Centre Opening (7)	Main Street
7	1930	HS Northern Rebellions of 1536 (21)	SHS
7	1930	WIF YDPA Area Warden	SMCR
7	1930	The Man Who Could be King	DCMH
8	1930	Churches Together	URC
8	1930	How the North West was Sung	PH
9	1930	Domino & Potato Pie Supper	HVH
9	1930	How the North West was Sung	PH
10	1030	Northern Potters Association	FM
10	1300	Dentdale Run	Dent
10	1430	How the North West was Sung	PH
10	1930	How the North West was Sung	PH
10	2030	Snail Racing (10)	Bull
11	1030	Northern Potters Association	FM
12	1500	Reading Group	L
12	1930	Broadband Meeting	GVH
13	1400	WIK visit to Dent Heritage Centre	Dent
13	1930	Domino Drive	FCH
13	1930	Les Bull Jazz Band (13)	Bull
14	1000	URC Coffee Morning	URCR
14	1915	WID African Experiences	DMH
15	1930	Churches Together	BF
16	1930	Red Nose Day Ceilidh (16)	DMH
16	1930	Forgotten Uses & Lost Memories	DCMH
17	1000	Zebras New to You (16)	SMCR
17	1030	Northern Potters Association	FM
17	1400	SS Football v Giggleswick	SS
17	1900	Forties Family Evening (16)	PH
17	2130	Fancy Dress Disco (17)	Bull
18		Mothers Day	
18	1030	Northern Potters Association	FM
18	1930	Charity Concert (18)	SSPH
20	1415	SLSB Meeting	PH
20	1430	SS Wilson Run	Back Lane
21	1930	HS Victorian Photography (21)	SHS
22	1930	Churches Together	SMC
23		SS Term Ends	
23	1000	Hidden Histories of the Dales Starts	DCMH
23	1900	SHS PTFA Quiz Night (23)	SHS
24	1400	Cricket Club Jumble Sale	PH
24	1930	HS AGM (21)	SHS
24	1930	Comedy & Curry (24)	PH
25		Clocks go Forward	
26	1930	Beekeepers' AGM	PH
28	1000	Barnardo's Coffee Morning	URCR
28	1930	CWT AGM & Work of the Trust	SHS
28	1930	Sedbergh Parish Council	PH
28	1930	Public Meeting	DMH
29	1930	Churches Together	DMH
30	1930	Golf Club Presentation Evening (30)	GC
31	1200	Sedbergh Spring Show	PH
APRIL			
1		Palm Sunday	
1	1000	Hidden Histories of the Dales Starts	DCMH
2	2000	Dentdale Cricket Club AGM	Dragon
4	1000	WIF Coffee Morning	URCR
4	1930	WIF Embroidery & Textiles	PH
5	1930	WIH Embroidery & Everest	HVH
6		Good Friday	
6	2000	Bingo Night (10)	WHC
7	1000	Scouts Coffee Morning	SH
8		Easter Sunday	
9		Easter Monday	
9	1930	Beekeepers' Swarm Management	PH
10	1400	WIK Swaziland	PH
11	1000	NW Cancer Coffee Morning	URCR
11	1000	Farmers Market (39)	JLCP
11	1915	WID On Horseback in France	DMH
13		Cobweb Orchestra	SS
14		Cobweb Orchestra	SS
15		Cobweb Orchestra	SS
17	1415	SLSB Meeting	PH
16	1500	Reading Group	L
18	1000	Sedbergh Playgroup Coffee Morning	URCR
19	1000	Hidden Histories of the Dales Ends	DCMH
19	1930	An Evening with Tim Farron	DMH
22		SS Term Begins	
22	1000	National Parks Influence Starts	DCMH
23		St George's Day	
25	1000	Garsdale VH Coffee Morning	URCR
25	1930	CWT Forestry & Conservation	SHS
25	1930	Sedbergh Parish Council	PH
28	1430	Beekeepers' First Inspections	Middle Row

The S & D Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker

It is printed by Stramongate Press.

Whilst every effort is made to ensure that information is correct, the editors cannot accept any responsibility for any inconvenience caused through errors or omissions.

MAY			DIARY KEY	
1	1000	National Parks Influence Starts	DCMH	BF = Brigflatts
2	1000	Firbank Church Coffee Morning	URCR	BK = Becksides, Killington
2	1930	WIF Resolutions Meeting	PH	BS = Baliol School
3	1930	WIH Music & Humour	FCH	BVH = Barbon Village Hall
5	0930	Beekeepers' Furness Convention	Bardsea	CDC = Community Development Centre
5	1000	Open Garden	GFK	CO = Community Office, Main Street
6	1000	Open Garden	GFK	CS = Casterton School
7		May Bank Holiday		CWT = Cumbria Wildlife Trust
8	1400	WIK Resolutions	PH	DCMH = Dales Countryside Museum, Hawes
9	1000	StAS Mission Coffee Morning	URCR	DCP = Dent Car Park
9	1000	Farmers Market (39)	JLCP	DMH = Dent Memorial Hall
9	1915	WID Women of Ethiopia & Uganda	DMH	DMC/S = Dent Methodist Chapel/Schoolroom
12	1930	An Evening With	DMC	EG = Embroiderers' Guild
14	1000	Christian Aid Week	URCR	FCH = Firbank Church Hall
14	1500	Reading Group	L	FM = Farfield Mill
15	1000	Christian Aid Week	URCR	G&D = George & Dragon, Dent
15	1415	SLSB Meeting	PH	GFK = Grassrigg Farm, Killington
16	1000	Christian Aid Coffee Morning	URCR	GH = Gladstone Houser
17	1000	Christian Aid Week	URCR	GL = Garsdale Ladies
17	1000	National Parks Influence Ends	DCMH	GVH = Garsdale Village Hall
18	1000	Christian Aid Week	URCR	HB = High Becksides
19	1000	Farmers Market (39)	JLCP	HC = Health Centre
19	1230	Sedbergh Gala	Sedbergh	HS = History Society
20	1000	Love is in the air Starts	DCMH	HVH = Howgill Village Hall
21	1930	WI Group Meeting	Thornton	JLCP = Joss Lane Car Park
23	1000	Garsdale Church Coffee Morning	URCR	KC = Killington Church
26		SS Half Term Begins		KL = Kirkby Lonsdale
26	1430	Beekeepers' Artificial Swarming	Field Maple	KVH = Killington Village Hall
26	2000	PH Dance	PH	L = Library
28		Spring Bank Holiday		LHCP = Loftus Hill Car Park
30	1000	WIK Coffee Morning	URCR	MCCCKL = Methodist Church Centre KL
30	1930	Sedbergh Parish Council	PH	PH = People's Hall
31	1830	Killington Sports	BK	SBH = Sedbergh Bright Hour
JUNE				SC = Swimming Club
1	1000	Love is in the air Starts	DCMH	SCC = Sedbergh Cricket Club
3		SS Half Term Ends		SHQ = Scout Headquarters, Bull Yard
3	1000	Love is in the air Ends	DCMH	SHS = Settlebeck High School
5	1000	Lensless Landscapes Starts	DCMH	SLSB = South Lakeland Society for the Blind
6	1000	Dent Foot Chapel Coffee Morning	URCR	SMCR/H = Sed. Methodist Church Room
6		WIF Outing	TBA	StAS/D = St Andrew's Church, Sedbergh/Dent
7	1930	WIH Members Evening	HVH	SR = Spooner Room
9	1430	Beekeepers' Spring Cropping	Holly Bank	SSC = Sedbergh School Chaplaincy
11	1500	Reading Group	L	STO = Sedbergh Tourist Office
12	1400	WIK Textile & Embroideries of India	PH	URCR = United Reformed Church Rooms
12	1900	Beekeepers' Meeting	Beck House	WHC = White Hart Club
13	1000	Zebra's Coffee Morning	URCR	WID = Women's Institute, Dentdale
13	1000	Farmers Market (39)	JLCP	WIF = Women's Institute, Frostrow
13	1915	WID Folk Songs. A British Journey	DMH	WIH = Women's Institute, Howgill
17		Fathers Day		WIK = Women's Institute, Killington
22	1945	Dent Folk Festival	Dent	
23	1030	Dent Folk Festival	Dent	
24	1030	Dent Folk Festival	Dent	
26	1000	Lensless Landscapes Ends	DCMH	
27	1930	Sedbergh Parish Council	PH	
30	0930	Beekeepers' Summer Convention	PH	
30	1000	The Dales Landscape Starts	DCMH	

PUBLIC INFORMATION

SEDBERGH HEALTH CENTRE

Loftus Hill ☎ 015396 20218
Repeat Prescription ☎ 015396 20239
Out of Hours ☎ 01539 781999
Bay Call ☎ 0845 0524 999

Dr W Lumb

Monday 0830 - 1100 * 1500 - 1800 *
1230 - 1300 Dent

Tuesday 0830 - 1030 1500 - 1800 *

Wednesday 0830 - 1030 1430 - 1700 *

Thursday 0830 - 1100 *

Friday 0830 - 1100 * 1500 - 1800 *

Dr A Orr

Monday 0830 - 1030 1430 - 1730 *

Wednesday 0830 - 1100 * 1500 - 1800 *

Dr C Hunt

Tuesday 0830 - 1100 *

Thursday 0830 - 1030 1500 - 1800 *

Friday 0830 - 1030 1500 - 1800 *

Practice Nurses

Monday 0845 - 1300 b 1400 - 1700 b

Tuesday 0830 - 1300 a 1400 - 1730 a

Wednesday 0845 - 1300 b 1400 - 1630 b

Thursday 0830 - 1300 a 1400 - 1730 a

1300 - 1800 b

Friday 0845 - 1300 b 1400 - 1730 b

a = Adele Reynolds

b = Anne Crome

District Nurse	Health Visitor
☎ 015396 21690	☎ 015396 20979

A Collinge Optometrist

Every Friday 0900 - 1300 1400 - 1730 *

DENTAL SURGERY

Finkle Street ☎ 20626

Mr I. R. Dawson, Ms G Turner, Mrs D Ross
& Mr B Taylor

Monday to Thursday 0900 - 1700

Friday 0830 - 1500

* = *By Appointment Only*
= *Telephone Consultation*
FP = *Family Planning*

LIBRARY Main Street ☎ 20186

Monday 1700 - 1900

Wednesday 0930 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 0930 - 1230

SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day

COMMUNITY OFFICE ☎ 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1500

e-mail office@sedbergh.org.uk

web page www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 0870 1264061

e-mail via site www.cabkendal.ndo.co.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

SLCVS @ Community Office

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

e-mail: admin@sedberghcdc.org.uk

POLICE ☎ Kendal 0845 33 00 247

PUBLIC TOILETS

Main Street, Sedbergh & Main Street, Dent

VETERINARY SURGERY

22 Long Lane ☎ 20335

Mr N. Preston & Mr J. Bramley

Monday to Friday 1400 - 1430 *

Mon, Wed & Fri 1900 - 1930 *

Saturday 1330 - 1400 *

Sunday *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY