

Sedbergh & District

LOOKAROUND

July 2007

Issue 246

Donation 50 pence

The Litter Picking event last month was a success and has left its (clean) mark by the streets being left rubbish free by everyone. Well done & please keep it up. I am continually amazed as to the amount of events that such a small place as ours can organise and July is no exception. Many of them appear in the *Lookaround Diary*, but a few do not. Please let us have your details which are inserted free and can be as far advanced as you wish. *Dennis & Jacky Whicker*

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CHILDREN'S BIRTHDAYS JULY 2007



Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-
Scarlett O'Neil who is
8 years old on 18th July.

Please collect your vouchers from
the Sedbergh Office Services at 13
Kings Yard, Main Street, Sedbergh
which can be used in any shop in
Sedbergh & Dent.

Day	Name	Age
4	Ben GREENSMITH	3
4	CJ MIDDLETON	4
5	Holly ROSS	5
6	Hosannah McCALLUM	10
9	Hannah LENNON	4
10	Milly BROOKSBANK	4
11	Samuel HARPER	5
14	Chloe DALZELL	5
14	Jenny STOREY	8
14	Kishore LENNON	10
15	Jerome McKENNA	4
16	Iasmina CALUSERU	9
16	Rowan HALL	11
18	Scarlett O'Neil	8
24	Ruben PARK	2
24	Tristan SCOTT-HALLAM	9
25	Antony COWIN	2
27	Akira CRESSEY	2
27	Mike STOREY	6
28	Kate BAINBRIDGE	10

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F

BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (2008/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs L Hopkins	Brantrigg, Winfield Road, Sedbergh (2007/09) <i>1T; PB; TV; NS; NP; P; DR; VB</i> e-mail: brantrigg@btinternet.com	21455
Mrs L Smith	Father Haw, Howgill Lane, Sedbergh (2007/07) <i>1D; PB; TVL; CH; NS; NP; P; DR; VB</i> e-mail: lsfatherhaw@hotmail.com	20937
Mrs S Sharrocks	Holmecroft, Station Road, Sedbergh (2007/10) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs P Bainbridge	Ullathorn's Farm, Middleton, Kirkby Lonsdale (2007/09) <i>1F; 1D; 2ES; CH; L; TV; NS; P; VB; PetsW; CW</i> Web Site: www.ullathorns.co.uk	015242 76214
Mrs K Vigar	Apley House, 27 Loftus Hill, Sedbergh (2007/09) <i>1D (ES); 1D/T (PB); TV; NS; CH; VB; P; NP*); Di (min 4 by arrangement)</i> e-mail: kathryn.vigar@btopenworld.com	20447
Mrs R Gardner	Oakdene Country House, Garsdale Road, Sedbergh (2008/05) <i>2D (4 Poster); 2D; 1T; 1S; All ES; TVL; P; CH; CW; FC; NS</i>	21012
Miss S Thurlby	15 Back Lane, Sedbergh (2007/12) <i>1D; 1T; CH; L; DW; P; DR; VB</i> e-mail: antique.thurlby@amservice.net	20251
Mr & Mrs Wilkinson	Netherclough Holiday Cottage, Garsdale (2007/06)..... <i>1D(4 poster); 1T; 1S; L; TVL; NS; P; VB; EM; (use of Kitchen)</i> Web Site: www.nethercloughcottage.garsdalesedbergh.co.uk	21397/22019

CAMPING, CARAVANNING, SELF-CATERING & RENTAL

Borrett Barn Caravan, Marthwaite, Sedbergh (2007/07)	<i>4 Berth; H+C; Shower; WC; TV; NS</i>	21175
Greenholme, Killington, Sedbergh (2007/07)	<i>S/C 2 - 9 people; D; PB; CH; L; TVL; P; NS(B); DW; DR; CW</i> Web Site: www.greenholme.fsnet.co.uk.	21153
Primrose Cottage, 17 Back Lane, Sedbergh (2007/09)	<i>2 Bedrooms, 2 Bathrooms. Available from Mid-September 2007. Sunny south facing</i>	21339
Moss Barn Holiday Caravan, Garsdale Rd, Sedbergh LA10 5JL (2007/09)	<i>4-5 Berth; H+C; Shower; Sep WC; Full Kitchen; TV; Dogs Welcome (Max 2); NS</i>	21567
Cottage to Let (2007/07)	<i>0161-980-7196 / 07909-623350 / 01539-824043</i> <i>Spacious cottage with 2 double-bedrooms. Unfurnished. New Carpets. Lovely views of Howgills.</i> <i>Between Kendal / Sedbergh, convenient for M6. No smokers/ DSS.</i>	

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

PERSONAL & SMALL ADS £1

CALASÉRU

Happy Birthday Yaz. Have a lovely time. Well done for learning to swim. Lots of love Jean, Brian, Albert and Henry. XXX

CALASÉRU

Happy 9th Birthday Jasmina. Swim little fishy. Lots of love and hugs from Gran. XXXX

CALASÉRU

Hope you have a fabulous day Jasmina. Lots of love from Uncle James. XXX

DONOGHUE

Happy **21st Birthday** Garry on 19th July 2007. All the best for the future. Love from Mum and Dad. X X

DONOGHUE

Happy **21st Birthday** Garry on the 19th July 2007. Love from Ian and Nicola.

DONOGHUE

Congratulations on your **21st Birthday** Garry. Good Luck for the future. From Gran & Grandad, Martin & Kate.

DONOGHUE

Best wishes Garry on your **21st Birthday** on 19th July 2007. From David, Anne-Marie, Tom, Jack, Joe and George.

GOODYEAR

Richard wishes to thank our friends, neighbours and relations for their continued support during my most recent stay in hospital. Also many thanks to the staff at Sedbergh Health Centre, also for the continued care of district nurses and cumbria carers.

HALL

We now have ZAK home and would like to thank Canon Fell, Wendy & Parsla for cutting the grass when we had our stay in hospital. In fact, if we thanked everybody we would fill this edition of the *Lookaround*. Thank you for all concerned. Mags, Gary, Ashleigh and Zak.

KIRKBY

Jay celebrating his **4th Birthday** and Bobbi-mae on her 2nd, would like to thank their family and all their friends for the wonderful cards and presents they received on their special days. Thank you.

MIDDLETON

Happy **4th Birthday** C.J.. Love and best wishes from Mummy, Daddy and Sienna-May. Xxx P.S. Yes, you are a big girl now!

STUMPY, THUMB, MITCH

A big thank you to family and friends for the many cards and offers of help. Thanks to Dr. Lumb and Nurse Ann for attending to me promptly. Many thanks. P. Mitchell.

CLEO WUFF

Many thanks to all at the vet s for their care of Cleo over many years and to her Sedbergh friends who kept in touch. The increased blindness, deafness and senility meant life was no longer safe for her, us & everyone else and she was put to sleep on 14th June. I miss the wonderful welcomes she always gave me. Sarah.

PERSONAL & SMALL ADS £1

THANK YOU

Thank you to Glenys and Ray for giving me a lift to the wedding of Sarah and Ryan. Georgina.

FOR SALE

Exercise bike. Good Condition. £20. Tel: 015396-20615.

FOR SALE

White automatic dishwasher £60. Free standing electric cooker with ceramic top £50. Chrome electric towel rail £20. White belfast sink complete with stand £20. Central heating radiators singles & doubles £10 and £20. White bathroom suite complete with taps £25. Cream bathroom suite complete with taps £25. Ring David Rycroft on 015396-21772.

FOR SALE

Girls Freespirit Bicycle. Age 8 plus. As new with manual and accessories. £50 ono. Tel: 015396-20924.

FOR SALE

Stag sideboard in dark wood £50. Also Stag bedroom draw chest, dark wood £50. Tel: 015396-20406.

FOR SALE

New Hen Cabin. 7 foot x 5 foot. Tel: Sedbergh 21771.

FOR SALE

Piano £150. Single pine bed £35. Baby door bouncer £5. Moses basket (whicker and leather) £9.50. Front baby carrier £19.50. Moses travel basket £9.50 (folds small). Tel: 015396-21166.

FOR SALE

Kingsize Single Bed (3' x 6'6") with Rest Assured orthotonic mattress. Good condition. £50. Tel: 20438.

FOR SALE

Slimline gas cooker. Small fridge/freezer as new. Dark wood Welsh Dresser. Tel: 20174.

FOR SALE

Signed print of Dent Main Street by Wainwright. Best offer secures. Also a signed Wainwright print of the Lower Falls of Aysgarth. Telephone Jack on Sedbergh 20358.

FOR SALE

Three lounge units £20. Wardrobe £25. Dressing Table (Modern) £20. Dressing Table (Old) £20. Glass topped table + 4 chairs £50. Reclining Chair £40. Enquiries Tel: Sedbergh 20842.

FOR SALE

BMX Bike. Chrome/black. Good Condition £20. Tricity Bendix chest freezer. 21½ inches square. 32½ inches high. VGC. £25. Buyer collects. Scalextric. Lots of it! Big track, several race cars, accessories. Offers? FREE! 'Stiga Match' table tennis table. Top Only, no legs. Bats, Balls, Net included. VGC. Buyer collects. 015396-20993.

WANTED

For Long Term Rent. From late August. Two bedroom house or flat in or near Sedbergh. Ring Nela on 01925-232920.

PERSONAL & SMALL ADS £1

WANTED

Does anyone have a Video Camera of reasonable quality which is no longer needed which they feel they could donate to a Charity to enable us to record the work being done within a disadvantaged community in South Africa? If so, please ring 015396 20284.

WANTED

One lady needs help in the house. 3 hours per week am or pm. Also. Man needed to help in garden. 2 hours per week. Own transport. Please ring 015396-20465 if interested.

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LOCAL SCHOOLS JOIN FORCES

Sedbergh Primary School, Settlebeck High School and Dent CE Primary School have joined forces with Primary and Secondary Schools in Kirkby Lonsdale to bring "extended services" to our children, families and communities through our schools. Extended schools offer a wide range of services, in partnership with others, that include:

- Varied study support activities including arts, cultural activities and sports
- High quality, affordable childcare and activities for young people on site or through other local providers
- Support for parents and carers, including family learning and information sessions
- Swift and easy referral to a wide range of specialised support services
- Opening up schools' facilities to the local community beyond the school day and providing adult learning
- All year round 8am - 6pm

Your participation and ideas are welcome. Please call Jane Sparrow-Niang (Extended Services Co-ordinator) on 07825 050913 or e-mail j.sparrowniang@queenelizabeth.cumbria.sch.uk if you would like to help. Look forward to hearing from you!

LADIES NFU

Our June outing was on Tuesday 5th June. This year 30 members and friends went on a mystery trip with John Metcalfe; we met at Loftus Hill car park in the evening sun. After wondering which road we would take John set off on the Kirkby Stephen road, it was like a caravan village at Fell End were all the

travellers had met with campfires dotted about.

Next we headed through Ravenstonedale and on to see the old hanging tree then back to Orton. John told us about the history of the countryside as we headed to Soulby, here he drove his bus down a narrow lane to show us a garden that had a miniature village made out of wood including a kennel with sheep dog and cows. We ended up at the Bay Horse Inn, Winton for our meal where we were made very welcome, and had more food than we could eat. John then took us through Kirkby Stephen and back to Sedbergh.

There will be a short break for summer and our next meeting will be Tuesday September 18th.

So much to see at Farfield Mill

Arts & Heritage Centre

Exhibitions during July –

'NEW BEGINNINGS'

Saturday 14th – Wednesday 15th August

A stunning opportunity to see cutting edge

Ceramic & Textile work produced by the Contemporary applied Arts BA Hons & MA Graduates from the Cumbria Institute of the Arts.

'FLEECE' Community Project

Saturday 7th-Sunday 22nd July

An exhibition of textile hangings worked by groups from the Orton & Tebay areas which reflect aspects of local life and events.

**PLUS Artists' Studios, Heritage Floor,
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last admission 4.30pm

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SEDBERGH PARISH MEETING

Summary of the minutes of the meeting on 30th May.

War Memorial - Cllr. Gorst met with Elspeth Griffiths who stated concerns about the worn lettering on the memorial. To be pursued later in the year.

Cllr. Gorst reported that three nesting boxes have been installed in Queens Gardens; two owl boxes of different sizes and one bird box.

Young People's Meeting Area - SLDC Councillor Stephenson spoke about a recent meeting he and Cllr. Longlands had had with some of the young people of the town about the possibility of finding their own space in which to gather. An area in the vicinity of the People's Hall had been identified. The young people confirmed this was not a passing fad but something that they would continue to use in the long term. There was some discussion about whether this was the ideal location, but noted that there was now more facilities at the playing field than there had been previously. There are funding sources available, and the young people themselves could be involved in raising funds; giving them some responsibility should encourage them to respect any facility provided. Cllr Pratt also suggested the area above the street outside the TIC where there is garden. This was thought to be a sensible option which could also be presented to the young people. Cllr. Longlands showed a questionnaire that had been drafted to find out what the youngsters actually wanted. There was general support within the Council to encourage this idea and move it forward.

"RHUMES", DENT

OPEN GARDEN

11 am to 4 pm

Saturday 7th July

Stalls ~ Raffle ~ Refreshments
Table Sale

Proceeds to Marie Curie & Cancer Care

TEA IN THE GARDEN

1 pm to 4 pm

Sunday 8th July

Entrance £2.50

Includes Tea & Biscuits
Cakes for Sale ~ Raffle
Table Sale

Proceeds for Cancer Care

EVERYONE WELCOME

Donated Cakes Welcome

Cumbria CC Highways – temporary road closure to allow repairs to Lincolns Inn Bridge for 6 weeks from 3rd September.

Letters to be sent to Steve Macare of Yorkshire Dales Tourism Partnership, and Yvonne Peacock requesting a road 'brown' sign at motorway junction 37 to direct tourists to the YDNP.

There are other issues with signs in the town, in particular the cycle-way signs and street signs in Sedbergh. To be on the agenda at the next meeting.

Planning Applications –

- S/03/341C – FPP – installation of 22cm diameter microwave antenna – Four Lane Ends, Marthwaite – No Objections.

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- S/03/400A/LB – Amended Plans - listed building consent to replace windows – Rawthey Cottage, Birks Fold, Birks Lane. – In favour
- S/03/427 – Amended Plans - FPP erection of single story extension – 2 Highfield Crt, Highfield Road. – No objections
- S/03/428B – Listed Building Consent to demolish and replace porch – Ruecrofts, Marthwaite. In favour
- S/03/324A – FPP erect a conservatory to rear and garage to side – 31 Havera. In favour

Councillors were provided with a supporting paper listing income and requests for payment received since the last Council meeting. Cllr Pratt presented

an additional invoice, not on the list provided, from Amey Infrastructure in respect of erecting a lamp standard on Bainbridge Road. The Council agreed to all requests for payments to be paid.

The Audit Committee has prepared the Annual Return for Audit Commission which has been signed off by the internal auditor. Subject to the completion of section 1.9 re. fixed assets, the Chairman was authorised to sign this on behalf of the Council before the next meeting.

Joss Lane car park – Cllr. Blair to meet with SLDC as recycling bins are encroaching onto car parking space. It might be possible to get more parking spaces in middle section, depending on how skip wagon approaches for installation and removal of recycling bins. Waiting for new signs about recycling in the car park.

Loftus Hill car park - Cllr.Blair to request via SLDC that litter being left on car park by the litter picker is not left there as it is no longer SLDC’s Car Park.

Three trees presenting a potential danger in Queens Gardens to be felled.

It was agreed to accept the lower of two bids (from United Utilities) received to install electricity supply to new lamp stand in the alley between Bainbridge Road and Main Street.

The Folly – Cllr Blair to ask resident if he would be prepared to have an outside light installed at Council expense, with a daylight sensitive low wattage bulb.

Roadworks have started in Cautley to resurface the areas which have been frequently complained about.

Gala was a good day; enthusiastic committee but more support still needed.

ALLERGIES

As I write this, the hay fever season is at its height. According to current medical knowledge, this is a result of the effect of pollen grains (not just from grass, but also from trees and flowers) on the lining of the nose (and lungs if there is also asthma). Traditional Chinese Medicine notes some other factors, which may play a part.

- Time of year: the pollen season coincides with the time when the days are warm, but the temperature has not yet reached its maximum. This is therefore a time of adjustment for the body, when it may be particularly susceptible to “hot” reactions (red and itchy eyes, for example).
- Emotions: hay fever is not usually seen in children under seven, which is the time when a child may start to be aware of, and attempt to control his or her emotions. Some of the symptoms, which can include redness of the eyes and feelings of irritability, frustration or temper tantrums (in children) are typical of conditions where part of the cause is emotional.
- Underlying weakness: the body is unable to defend itself from airborne pathogens and maintain the integrity of its respiratory functions. As noted above, this is not a weakness one is born with, but acquired at some stage.

The best way to tackle the underlying weakness is to begin in the autumn (the season associated with the lungs in Chinese medicine) and to continue throughout the winter (important for gathering strength for the coming year).

The spring is a good time for working on emotional issues, after which one should be well prepared for the season ahead.

This approach, far from being a magic bullet, gives ample time to make helpful lifestyle changes and allows a treatment regime which is supportive in the long term, rather than simply trouble shooting. In my experience (and yes, I know, anecdotal evidence is at the bottom of the scientific heap) acupuncture can be very effective and I understand that homeopathy can also produce good results. A similar long term approach is also recommended for asthma.

In the meantime, as well as treating the symptoms, try to give some thought to improving your general health, so that next year things will be better.

Food intolerance and allergies are reported to be on the increase and many of these begin in childhood. From a Chinese medicine perspective there are reasons why this might be so:

- Toxicity of food additives, which

ACUPUNCTURE



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June M. Parker

Dip Ac, MBAcC

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Wednesday 11th July Joss Lane, Sedbergh

*Invite your friends to come along and shop at Sedbergh's New Farmers' Market.
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Future Dates:-
8th & 25th August; 12th September; 10th October

results in hyperactivity in sensitive individuals

- Other chemicals which find their way into our food supply
- Decline in breast feeding compared with earlier generations
- Early introduction of cow's milk. A baby's digestive system has to work hard to support rapid growth. It is also very delicate and may be unable to cope with cow's milk, which is known to be a factor in causing bloating, overweight and mucous even in adults.
- Consumption of too much refined sugar
- Irregular eating: regular mealtimes and eating in an unhurried way in a calm atmosphere supports health.
- Consumption of soft drinks: even pure fruit juices should not replace water for quenching thirst.
- Stress can upset the functions of digestion and absorption of food.
- Climate: our damp weather makes the body more likely to react adversely to food such as wheat and dairy produce, which can have a "damp" (heavy and cloying) effect on the body.

As with respiratory allergies, the priority is to take steps to promote all-round good health. Take advantage of the midsummer long days for more exercise. The best time of year for treatment to tackle food intolerances would be the late summer. For more information, please phone me. My number is 015396 20972.

June Parker

SEDBERGH CDC

Judith and Roger Bush are both retiring after many years of teaching in Adult Education.

Judith's ability to teach the Spanish language has added greatly to many a person's enjoyment of their holiday in Spain, while Roger's friendly approach to IT has helped his students to conquer their fear of using a computer.

We are sure that you would like to help us say goodbye, and you are cordially invited to a gathering at Sedbergh CDC on Wednesday 18th July at 7:30pm.

If you would like to contribute towards a leaving present then please bring or post your donation to Sedbergh CDC, The Cottage, Long Lane, Sedbergh LA10 5AL (cheques to Sedbergh CDC please).

Chris Wood

COUNCILLORS CORNER

I would like to take my hat off to Sedbergh Parish Council and thank them most sincerely for organising a very effective litter-picking session this past month, one that attracted residents and school pupils alike and made a real difference to the way our streets look. I worked alongside a very enthused group of Sedbergh School pupils and as one of them pointed out to me ... it takes 22 years for a cigarette end to bio-degrade! so please do encourage everyone to think twice about dropping anything on to our streets no matter how insignificant it may appear.

To me this is what community life is all about ... working in partnerships and collaborating to address the issues that challenge us most. Yes (with reference to N Hastle's article), I do have my manifesto pledges to see through and need to provide leadership on those, as I hope I do. But no matter what I get involved in, whether it was helping to speed along the transfer process of Joss Lane Car Park, address 'grot spots', secure plastic recycling or argue our case for major road repairs, all of these issues have been addressed in collaboration with

the respective Parish Councils, other local officials and those residents interested in a particular issue.

The proposal to build a Youth Shelter in Sedbergh is a case in point. Sedbergh Parish Councillor, Steve Longlands and I, are about to meet on a regular basis with Youth workers, County and District Officers and a number of interested youths, to move forward this idea of a youth shelter that is designed for and managed by the young people. The work also very much has to take into account your views too, hence the desire not to extend the current bus shelter on main street because of its potential impact on residents in that area. Indeed, the idea is to draw young people away from the main street, whilst meeting their need to congregate in a space that they can call their own, which they can play ball games adjacent to, is well lit and safe.

Another example of a collaborative approach that I will be taking on very soon is with regard to managing the annual migration of travellers and gypsies to Appleby fair. Let me say from the outset that I recognise and respect that this annual affair is very much part of our local makeup and regional heritage. It

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brings money into the area, heightens awareness of another way of life and culture and for Appleby, constitutes a major tourist attraction. However, there are a number of concerns that have left some residents on the migration routes feeling very beleaguered and anxious and some public spaces in disarray. Kevin Lancaster, my co-Councillor, is also very aware of these issues. I have asked that he and I are part of a stakeholder meeting to revisit existing plans and draw up policies in partnership with all the relevant stakeholders that prevents earlier migration than need be (in line with Eden) and ensures that policies designed to protect both traveller and resident are enforced. I promise to keep you posted on this, as a number of you have raised it with me and we need as a community, assurances that things will be managed differently next year in the interests of all concerned.

On another community matter, I have had notice that there will be temporary closure of Lincoln Inn Bridge on the A684, on the road from Sedbergh to Kendal. Traffic going to Kendal will have to turn right towards Kirby Lonsdale on the A683 and then left back onto the A684 via the B6256 and Killington Bridge. It is proposed that much needed structural work will begin on Lincoln Inn Bridge on Monday September 3rd for six weeks.

I hope as always, you find my article of interest and that you feel that you can contact me on anything I write or indeed don't write and share your views.

Sincerely,

Cllr Craig Stephenson

SEDBERGH TOWN BAND

Forthcoming events

Early July sees a total thirty three Town and School Band players plus relatives departing for Italy. A week will be spent in Fiuggi, a small town some twenty miles from Rome, familiar to members of George Handley's Italian classes. Rehearsals, concerts and sight-seeing will occupy the days spent in this delightful location.

Regular Wednesday rehearsals continue in which the repertoire will be extended: the Monday beginners' classes will also continue to operate as normal.

The Autumn and Winter programmes are taking shape whilst thought and planning are already going into the celebration next year of the tenth anniversary of the founding of the Band.

TIMBER FOR SALE

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HOWGILL W. I.

Our June meeting was held at Howgill Village Hall. President Mary Silva gave a warm welcome to fifteen members.

Dilys McCaffery was thanked for presiding at the May meeting.

Members enjoyed the Group Meeting hosted by Thornton-in-Lonsdale W.I. Casterton W.I. Won the competition with their exotic desert. Judith Capstick was thanked for making our entry. Anita Carey finalised arrangements for our summer outing to Brantwood in Coniston on 28th June.

We are to give a donation to the Memorial Bursary Fund in memory of Lorna Scambler. Her name will be recorded in the Memorial Bursary Book as a permanent record of her valued W.I.

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Membership.

The 2008 Calendar was passed around and orders taken. Concessionary entrance tickets are again available for the Westmorland County Show. Members were reminded of our Coffee Morning at U.R.C. rooms, Sedbergh on July 11th. Looking ahead to our Open Meeting, Joan Bentley will be flower demonstrating/arranging on Thursday 2nd August at Howgill.

As we did not have a speaker we made our own entertainment with a selection of poems, readings and music. Mary Silva read snippets taken from the minutes back in 1960. Elsie Middleton brought her photograph album which allowed us to share her celebrations she had with family and friends on her 90th Birthday.

The Social Half Hour was to name the flowers in a vase from Elsie's garden. Hilary Wilson was the winner. Lesley Hennedy won the raffle.

The competition was for homemade goodies to eat. Our usual Jacobs Join plus Bucks Fizz turned out appropriate as it was Helen Beares Birthday. Happy Birthday Helen, hope you enjoyed the 'Celebration Strawberries'. A cheery end to an enjoyable evening.

On July 5th we will meet again at Firbank Church Hall when Sally Farnell from the Stroke Association will be the speaker. A. H.

KILLINGTON W. I.

June already! They do say that time flies when you're having fun, so that must be the explanation. We had a good turnout for our June meeting, all anxious to see and learn about Indian textiles and embroidery. Our speaker, Mrs. Sheila

Matthews is a real enthusiast for her subject. She has travelled to India on several occasions to see and collect examples of the many different types of embroidery and to watch the artisans at work. Most of the work is done by women, often sitting together in the bright sunshine enjoying each other's company. The younger women do the finest work and as their eyesight fades with age, move on to courser stitching. A number of co-operatives have been formed to promote and sell these traditional wares. Our meeting room was very colourful with bright and luxurious items on display. We had ample opportunity to look at and feel these items while we had tea. Our speaker wanted to depart fairly promptly so we had another back-to-front meeting with speaker first, then tea, and then business. It seems to work well, by the time we reach the business folk are beginning to think about home so we do not loiter unnecessarily

Once again tea was an extra special one, for no particular reason except that our hostesses excelled themselves. Our thanks to them for this special treat. We had American shortbread topped with whipped cream and strawberries, chocolate cake, lemon drizzle cake, tea-bread, and other goodies beside. The only disadvantage is that it is rather worrying for those of us who are definitely not 'domestic goddesses'! However, rest assured that we are equally content with a cup of tea and a biscuit from Spar!

Our competition, chosen as usual to reflect our speaker's topic, was for 'an embroidered handkerchief'. One of our newer members enquired whether we had



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to have done the embroidery ourselves! Joyce Swann won with a pretty hanky which, to the best of my knowledge, she had *not* stitched herself. It was so pristine that I don't think it had been blown on either! Many eagerly desired the raffle prize of a pair of secateurs, but Majorie Bramley won. You can expect to see her garden shrubs given a short back and sides!

In the business meeting we had reports on past activities. Many thanks to those of you who supported our Coffee Morning and our bric-a-brac stall at the Sedbergh Gala. Both were fun and very successful although Dawn didn't think much of my sales technique when trying to sell size 8 shoes, 'Oh, you've got big feet - try these'! Incidentally *she* sold them the minute my back was turned!

Our next two meetings are "jollys". On July 10th we gather at Shirley's house for our annual President's Tea Party (swimming optional!). On August 14th we set off for our summer outing to Mire House on Bassenthwaite Lake (swimming possible I suppose).

So come on Killington Ladies! Let's make these bumper expeditions!

WF-U

SPELLBOUND THEATRE



Spellbound Theatre has been a prominent player in the flourishing local amateur drama scene since the early nineties, taking its members and supporters from the Sedbergh and Dent communities and farther afield.

Over the years, benefiting regularly from professional direction and production, it has tackled a wide variety of dramatic challenges, some innovative, some more traditional. Productions have included challenging dramas *The House of Bernarda Alba* and *Vinegar Tom*, comedy *Four Christmases and a Funeral*, the pageant *Oops! Millennium* and a promenade theatre of local history as part of the inaugural Dent Folk Festival. However, Spellbound is probably best known for various presentations of *Settle Carlisle* by Kim Lyon (a drama about the construction of the railway, set in the Dales, which draws on choral speaking and original music as well as traditional acting in dialect) and for a regular – if not annual – pantomime at Christmas.

The past couple of years have been no exception, with the *Great Santa Kidnap* in Christmas 2005 and another successful run of *Settle Carlisle* (including a performance on Kirkby Stephen Railway Station) in June 2006. Last December, actors and crew from Spellbound were also involved in the dramatic rendition of new work *The Jewel Box* from local

writer Helen Bromley, set to a live electronic soundtrack by Andi Chapple in an evening dubbed *Convergence: Story & Sound*, which also included story and poetry reading by storytellers Lynne Shaw McKone and Jackie Huck.

On July 14th at 2.30pm Spellbound will perform a selection of scenes from *Settle Carlisle* in the garden of *Manderley*, Church Brough, Kirkby Stephen, as part of a fund raising afternoon of entertainment for local charities (info 017683 42561). On September 1st Spellbound has been asked to repeat the performance in the garden of the Bishop of Carlisle's palace at 2.30pm as part of fundraising for the Settle Carlisle Railway Buildings Preservation Trust, which helps with building maintenance on some of the line's stations.

In September rehearsals begin for our all-singing all-dancing musical family pantomime *Puss in Boots* to be presented on the 3rd, 4th and 5th January 2008 at Settlebeck High School. Any enthusiast who would like to be involved in the fun and hard work of this production please contact Carol Currie on Sedbergh 21900 out of working hours or email spellbound.theatre@virgin.net. SE/AA

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A PLAN FOR DENTDALE

Work has now started on the Plan for Dentdale. Local residents and the Parish Council will be drawing this up over the next year or so based on extensive consultations and discussions with all members and all sections of the community. At the end of the consultations, a plan will be produced for the future development of the Dale which will be used by the Parish Council and other organisations as a basis for action.

The first part of the process has been to get together a small number of people to form a steering group to oversee the whole process. They have now met for the first time, and have started to set up a number of working groups involving everyone else who has offered to help, in order to develop different parts of the plan. So far, over 30 people have said they would like to be involved in one way or another.

These working groups and their leaders are as follows:

Research – Peter Boyles: There is a lot relevant information available about the Dale, and a number of other organisations have produced plans in the past which may be relevant. This group will draw together information from all these sources.

Survey (Questionnaire) – Peter

Knapton: The final plan will be based on the opinions of everyone who lives here, and one of the ways that will be used to find out their views will be a general questionnaire, which this group will organise.

Survey (Children, teenagers and families) – Helen Winn: This group will be collecting the opinions of the younger members of the community and their families, and devising ways to do so other than questionnaires.

Survey (Businesses and the local economy) – Janet Browning: The views of local businesses on the future of the local economy will be the focus for this group.

Survey (Farming) – Elaine Johnson: This is not a group at present, but Elaine will be seeking the views of those who work in farming in order to make sure their views are represented.

Publicity and Media – Jock Cairns: This group will keep people informed about the progress of the plan, and be responsible for publicising the outcome.

Dent Show – Kate Roberts: This group will be looking for ways to seek out people's views at Dent Show.

Report writing and editing – Heather Fraser: The outcome of the plan will be a written report and an action plan, and this group will be responsible for writing it.

All these groups will be holding their first meeting in the next few weeks, after which the steering group will meet again in August. If anyone who has not put their name forward already would like to be involved in any of the working groups, they will be very welcome to do so. Please contact Jock Cairns on 25655 for more information.



Josephine Lade LCSP (Assoc)
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SEDBERGH ROYAL BRITISH LEGION



**COFFEE
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URC Rooms, Joss Lane
Wednesday 18th July
10 am to 12 noon
Teas ~ Coffees
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Jams ~ Raffle

RELUCTANT PHILANTHROPIST
Sponsored Fast on Windy Winder

Well, I suppose I'd better start with an explanation of where this idea came from (and then I'll tell you what the idea was). The explanation is thus: I felt bad about myself, and wanted to feel better by doing something "good." It's as simple as that: selfish, but simple. It was my friend Deyna that pointed out that, in fact, I could do something "good" that was "good" for a lot of people and not just myself, and so we ended up with this: a sponsored fast at the top of winder.

There were a few other thoughts involved too. We wanted to do something to raise awareness of those less fortunate than ourselves, specifically those that had to live their lives without enough food, easy access to water or secure shelter (our three most basic human needs). It was only a short logical step towards deciding to get sponsored to raise money as well as raise awareness.

Which charity did we decide to sponsor ourselves for? Well, we considered a lot – worried about the bigger charities where so much money goes on administration and smart offices in London. After much deliberation we settled on "Hope and Homes", a small Charity working from

an old barn near Salisbury – 80% of funds raised go directly to their work with orphans in Africa and the Balkans – children who have hope not just of shelter, food and water, but of a loving family too. You can visit their website at www.hopeandhomes.org to find out more.

We'll be fasting for twenty-four hours from 4pm on Wednesday the 25th of July until 4pm the following day. During this time there will be various discussions, yoga sessions and the like taking place which everyone is welcome to come along to.

Of course, because we're doing this at the top of Winder it'll be the perfect excuse for you to have a nice walk out on what (we hope) will be a beautiful

SEDBERGH & DISTRICT

HISTORY SOCIETY

Wednesday 18th July
7:00 pm
BRIGFLATTS
Tess Satchell will introduce
members to the
Quaker Meeting House,
And
David Boulton will talk about
local Quaker History.

All meetings in Settlebeck High School,
start at 7:30pm unless stated.

EVERYONE IS MOST WELCOME TO ATTEND ANY
OR ALL OF OUR LECTURES

Chairman: Richard Cann 20771
Secretary: Josie Templeman 20790
Treasurer : Marlene Mason 20509
Member Sec: John Sibley 25024

summer's day. I've put a programme at the end of this article of when various different activities will be taking place.

As well as what's scheduled in there will also be an ongoing writing of all our thoughts and meditations about people in our world that do not have the luxuries of adequate food, access to water or shelter – we'll be displaying them on a prayer-flag which we hope to bring down and have displayed. *If you are inspired to write any thoughts, poems, ideas, etc, please bring them up and we will display them.* Or bring them into the Community Office and we will take them up to display.

I will also be setting myself the challenge of writing letters as part of "Amnesty Internationals" prisoner's of conscience campaign, which you can find out more about at www.amnesty.org. Feel free to write one yourself and hand it to me, and I'll make sure it's sent off.

So there you have it: my selfish excuse to feel "good" about myself seems to have flourished into something much greater. We really hope that you can come along and support us and take part in any of the activities and discussions below. I can only speak for myself, but I feel it's important to me to feel as though I am having a positive impact on the world at large, if only in a small way: every little counts.

Everyone is welcome to visit us whenever they please over the 24-hours. We'd probably appreciate the odd bottle of water (just don't bring any food!) and all your comments, criticisms and encouragements will be welcome.

We hope to see you there!

And please sponsor us through the Sedbergh Community Office located

above the Tourist Information.

Schedule:

Wednesday July 25th

4pm – Start of fast on top of Winder

5pm – Yoga Session

7pm – Discussion

9.30pm(ish) – Sunset Discussion

Thursday July 26th

6am – "Salute to the Sun" Yoga Session

(Deyna will be doing this: *I shall be asleep*)

10am – Yoga (I might be up for this one)

12noon – Midday Meditation

3pm – Bringing down of the prayer flags and discussion

4pm – end of fast when we can return for food, water and a comfy bed!

Thank you

Andrew Bonsall

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**SEDBERGH & DISTRICT
BEEKEEPERS' ASSOCIATION**

For a second year in a row, this has been an extraordinary spring, with the weather violently swinging back-and-forth between being as hot and dry as summer, and then as cold, wet, and windy as winter! But somehow our bees have made the best of it, and we again have supers bulging with honey on top of most of our hives, and shall soon be extracting and bottling hundreds of pounds of glorious golden honey as our spring crop!

Watching bees is a very relaxing pastime, most of the time! During these spells of cool, dark, wet, and windy days, the bees have stayed firmly inside, or just ventured out to gather water. Yes, water! Bees, both young and mature, live on a diet of nectar and pollen, carbohydrates and proteins respectively. When they convert the nectar into honey and store it in the honeycomb either near the brood or in the supers above, they remove most of the water by careful evaporation, so that the ripe honey is less than 20% water. This way it will stay fresh almost indefinitely once the cells have been capped by the bees (honey has been found in Egypt from the time of the Pharaohs!). However, if in prolonged bad weather they have to use their stored honey to feed themselves and their young brood, they must first 'water it down'. Hence the 'water gathering bees'. They like wet moss best of all, but will settle for anything other than fresh tap water!!

The first fine day after a period of poor weather is often when the bees, a bit frustrated at the forced inactivity, decide that they will swarm! So we've had

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Just as good farmers like to breed from their best animals, so beekeepers also can rear new queens from their best queens to improve the quality of their stock. The best queens are those who are very productive, whose workers are gentle to handle, hard working, and not always wanting to swarm! So we choose our best performing queens and then graft one-day-old larvae into special 'cups' and give them to a 'nursing' colony, one that has just been deprived of its queen. The bees quickly realise their need for a queen and nurse many or all of the day-old larvae the beekeeper has supplied, raising them as queens. When these queens are nearly ready to emerge - it only takes 10 days - all but one can be removed and transferred to 'mating nuclei', small colonies also without a queen. Each one brings the queen to maturity, she makes her mating flight, and 'hey presto' a fertile queen ready to replace a badly behaved queen who then 'gets the chop'.

Sometimes you have to be cruel to be kind to both bees and beekeepers!

Our next apiary visit is at 2.30pm on Saturday 14th July at The Bothy, Burrow, the apiary of Bill & Mary Eglin. We shall be judging which of their six queens is the best, and demonstrating the first steps in queen selecting and rearing. If you'd like to learn more call 21902 for directions. *Malcolm Fraser-Urquhart*

Dear Editor,

I went to a wedding on Saturday 26th. It was a very nice day. The sun was shining. I went with Glenys and Ray. They gave me a lift and I thank them for it.

It was a very good day, and it was Sarah and Ryans Wedding.

Georgina

**SEDBERGH & DISTRICT
ANGLING ASSOCIATION**

The Association was formed probably in the Thirties by a small group of local businessmen who bought a stretch of the River Rawthey on the sale of the Ingmire Estate. The early years are something of a mystery because as far as I am aware, there are no members still alive who can remember any detail: if there are I would be very pleased to hear from them.

From this small beginning, Sedbergh Anglers have grown so that today they now own outright or rent about fifteen miles of fishing on the rivers Lune, Rawthey, Dee and Clough.

Membership is open to all local people and application for membership should be made to The Secretary: Dr David Wright Tel 25533.

Current Fees are:

OAP	£15
Senior	£30
Junior	£5.

The season extends from 1st Feb- 31st October for Salmon and 15th March- 30th September for Brown Trout and Sea Trout.

What of the Fishing? Well it must be said that it is not what it was 20, 40 or more years past when if you were to believe the tales, the rivers were full of

Salmon and Trout. There are still fish to be caught, one local angler had two very fine Trout weighing 2 1/2 and over 3lbs in May.

Brown Trout are present throughout the year and The Association also stock additional fish each Spring.

July should see the river boosted by runs of Sea Trout from the estuary. Fishing for Sea and Brown Trout after dark is a magical experience - rather spooky if one is alone with only the company of Owls and other creatures of the night, but to hook and land a heavy Sea Trout at night is in the words of many fishing writers "better than sex" and it usually lasts longer!

I think I owe it to the Sea Trout for my coming to live in Sedbergh. In 1981 whilst on holiday in our caravan at Mary Parkin's (Beckside), I caught my first brace of these fish on the Lune below Killington Bridge, and I was hooked. I moved to Sedbergh in 1983, and have never regretted leaving Surrey, which is very pretty, but has no Salmon or Sea Trout!

Salmon do not usually appear in our waters before September (but never say never with Salmon) One was caught at "Otter Pot" several years ago in March on a trout fly. September and October can be very exciting times, given plenty of water and it must be said unlimited patience and optimism.

Any prospective new members will be very welcome, please contact David Wright .

Day Tickets (£10) are available for non-members and visitors from 3 Peaks Outdoor Shop.

Peter Snow(Hon Treasurer)

FESTIVE THINKING

Every city, town, village and street corner seems to have its own summer festival these days. Music Festivals, Arts Festivals, Poetry Festivals, Book Festivals, whatever. So when it was suggested that Sedbergh could do with a festival linked to its new status as England's Book Town, the search began for a fresh idea, one that would produce a different kind of festival.

A fresh *idea*? What a good *idea*! Such was the genesis of the annual Sedbergh Festival of Ideas, the first of which will be held over the long weekend of July 20th to 22nd.

Books and ideas fit neatly together. So the committee invited Festival Director Michael Cuthbert to round up as many authors, writers, thinkers, philosophers and entertaining pointy-heads as could be crammed into a single weekend. He came up with 34 speakers for 26 events! Yes, all in three days!

There are lectures, panels, discussions

and verbal head-bashing sessions on new ideas in science, philosophy, history, politics, religion, literature. Speakers and performers are a mix of well-known names and emerging younger talent. The first event is at 5pm on the Friday, the last at 5.15 on the Sunday. All are in Powell Hall, Sedbergh School, by kind permission of the Headmaster. Tickets range from free to £6 - and even cheaper if you buy 5 for the price of 4!

Star attractions? It depends on your taste, but Lionel Blue on "The Jewish Idea of the Good Life" (Sunday, 1pm) and Gervase Phinn on ... well, Gervase Phinn (Friday, 8.30pm) should be early sell-outs. Saturday and Sunday boast two big-name panels. Saturday's, at 7.30, has Sir Bernard Crick, Ruth Dudley Edwards, Gisela Stuart MP, John Harris and Greg Rosen picking over Blair's record and Brown's prospects.

Sunday's panel, at 3.30, has radical priest Giles Fraser, the BBC's favourite rabbi Lionel Blue, Stephen Bates of The

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Guardian and Richard Holloway, former Bishop of Edinburgh, on what's left of God, faith and religion in a "post-secular world". No, I'm not sure what that means, either, and I'm chairing the session! - and talking a bit about my own book, *The Trouble with God*).

With so many words flying around Powell Hall it will be a relief to take a seat for the Saturday night session of jazz and stand-up comedy with the Les Bull Jazz Band and A L Kennedy. Tickets just £8 all-in, 7.30 - 11pm. There's also a photographic exhibition (described intriguingly as "stunning if shocking"), a festival coffee-house and, of course, a festival bookshop.

The Festival of Ideas is Sedbergh's latest Big Idea. It is attracting interest and bookings from all over the North-West, so the town will benefit from a new influx of visitors. But don't let them take all the best seats. A full list of events, and tickets for all of them, are available at the Tourist Information Centre, 72 Main Street, or phone 015396 20125. The only bad idea that weekend is to miss out on the fun!

David Boulton

DENTDALE WI

Our President Catherine Sugden welcomed a good number to the midsummer meeting of Dentdale WI.

There were plenty of dates for the diary given during the Business part of the meeting and it seems August will be a busy month. We were reminded that the fundraising mini market was coming up on the morning of 11th August and then cakes will be required for the open meeting on August 8th to which we will

be inviting Frostrow, Howgill and Killington WI. More baking needed too for the refreshments at the Annual Gala on Bank Holiday Monday, August 27th.

Just to make us realise how the year is going it seem it is time to order calendars and diaries for 2008! Freda Meakin has a photograph in the new calendar and Freda and Nancy Murdoch have recipes included, which means that Dentdale is nicely represented!

Something slightly out of the ordinary for the entertainment during the evening as Speaker, Margaret Thomas took us on a musical journey around the British Isles singing Folk songs herself and in some cases, getting us to join in. Margaret started from the North East travelling down and around the coast ending with a Scottish folk song. Some tunes were hauntingly familiar others less so! Members have been out and about over the last couple of months on events arranged by the Federation and the format of the evening was changed to allow reports to be given following tea and biscuits. Dorte-lis gave her impression of the evening trip to Leighton Moss and Judith Newsham the Energy and Conservation meeting. Stella Bannister spoke about the delights of the Spring walk in Warcop.

During the evening the raffle prize was won by Anthea Boulton and the competition winner for an alternative verse to "Daisy Daisy was Judith Newsham.

A visit to Constable Burton Gardens and the TeaPottery Leyburn followed by tea prepared by Leyburn WI, has been planned for the outing on July 11th.

PA

DENT PARISH COUNCIL

The meeting at the beginning of June was a relatively short one, and some of the issues discussed are summarised below. Full minutes are published on the Dentdale website at www.dentdale.com.

Playing Field Charges

The Playing Field committee has been developing a charging policy for the use of the playing field by the sports clubs that use it regularly and by other organisations that use it occasionally. As these other organisations sometimes receive grants from the Parish Council, it was decided that in order to be even handed, the charges should be kept separate from any grant allocation, which would be decided separately according to the Council's normal criteria.

Unitary Authority for Cumbria

The government has asked parish councils in Cumbria for their comments on the proposal to abolish district councils and form a single unitary council. After discussion, the Parish Council agreed to include the following points in its response:

- The south-east part of Cumbria naturally has Kendal as its focus, and so a unitary council based in Carlisle would seem remote from residents.
- If the present district and county councils are merged, it may result in some of the district councils' assets being sold off in order to balance the County Council's present liabilities. If this were to happen, the fear is that it may result in a reduction in the level of services offered to residents.
- The quality of the representation provided by the new councillors is likely to be reduced, as each

councillor's area would be too large for them to cover effectively.

Camper Vans

It was agreed that large camper vans that occupy more than one space in the car park should be required to buy an annual permit if they use the car park as their normal parking space during the summer months. The current rate is £60 per year, obtainable from John Ioannou, the Parish Clerk.

Recycling

Concern was expressed that some people were putting cardboard in the newspaper bins in the car park, as this resulted in the bin being emptied in a landfill site as it could no longer be recycled. Members of the public were asked to put only newspapers in the bins

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so that the contractor can recycle them as intended.

Bridge Closure

The Parish Council were notified that Lincoln Inn Bridge, on the A684 between Sedbergh and the M6, is likely to be closed from Monday Sept 3rd for up to six weeks, as it is badly in need of major structural repairs. The alternative route, leaving Sedbergh, will be down the Kirby Lonsdale Road (A683) and then right on the B6256 back onto the A684

Next meeting

The next meeting of the Parish Council, to which members of the public will be welcome as always, will be on Monday July 2nd in the Sedgwick Room.

Jock Cairns

Chair, Dent Parish Council

SPOT THE DRAGONFLIES

Visitors and residents are being given the chance to take part in the first dragonfly survey ever held in the beautiful Yorkshire Dales National Park.

Over the coming weeks, they will be asked to record sightings of the golden-ringed dragonfly to help conservationists from the Yorkshire Dales National Park Authority (YDNPA) and the British Dragonfly Society to build up a picture of the insects' habitats.

Walkers will be able to download information about the insect and a survey form from the YDNPA website at www.yorkshiredales.org.uk/dragonfly to take with them on their outings.

Ian Court, the YDNPA Wildlife Conservation Officer, said: "It is the first time we have carried out a survey of dragonflies and we picked this particular one because it is very distinctive.

"Its larvae are produced in stony streams so there are a lot of potential habitats for it in the National Park – but we have few records."

Tom Hubball, from the Yorkshire branch of the British Dragonfly Society, said: "We hope people will take part in the survey – it is a chance for members of the public to become directly involved in nature conservation while they are enjoying the beauty of the Yorkshire Dales."

The golden-ringed dragonfly is one of the largest species in Britain and has a black body ringed with yellow bands and bottle-green eyes.

More information about the insect and its habitats – as well as a copy of the survey form – can be obtained from www.yorkshiredales.org.uk/dragonfly.

Sedbergh School

We are currently looking to recruit for September the following:-

Cook

Full-time (*term time only*)

Kitchen Assistant

Monday - Friday 6.45am - 2pm
(*term time only*)

Porter

Full-time day shift work

Evening Kitchen Assistant

5pm - 7pm various days available
(*term time only*)

For further information and application pack please contact Maria
Tel: 015396 20303

**GARSDALE & GRISEDALE
BROADBAND**

Committee – Progress Update

**IMPORTANT NOTICE TO
GARSDALE AND GRISEDALE
RESIDENTS: NWRDA GRANT
ENABLES FREE BROADBAND
INSTALLATION BUT THIS IS ONLY
AVAILABLE TO THOSE WHO
REGISTER INTEREST NOW**

Following our report in the May issue of *Lookaround*, the *Garsdale and Grisedale Broadband Committee* has successfully applied to the North West Regional Development Agency (NWRDA) for funding for a feasibility study into the provision of broadband to these Dales.

As a result, Internet provider Kencomp has recently been undertaking the study.

This involved assessing the geography of the area and advising the best technical solution for providing affordable broadband to the community.

Kencomp was planning to submit its findings and recommendations to the NWRDA by the end of June, and this will hopefully secure further NWRDA funding for the implementation of broadband in the area at minimum cost to residents.

Certainly, the NWRDA is very keen to support this cause, so much so that the committee has been able to negotiate for the cost of the installation of the infrastructure (amounting to some £70,000) to be covered by a grant, subject to Kencomp's findings.

Better still, the NWRDA is now


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Dent Memorial Hall

Cakes ~ Produce ~ Books ~ New & "Nearly New" Raffle

Proceeds towards Dentdale Over Sixties Christmas Lunch: Please come and support us!

prepared to actually pay for the end user installations as well. This means that anyone in Grisedale or Garsdale who wants broadband can have it installed absolutely free.

However, the grant will be available only as a single lump sum. This means that **only those who request installation immediately will get it free.** Installation at some future date will involve an installation cost (which currently runs between £130.00 and £299.00).

It's worth noting that having broadband installed at a premises actually increases its market value. And, as education, communication, daily chores and business become increasingly dependent on the Internet, broadband is fast becoming an essential household feature – like having a phone or electricity. So if residents in Garsdale or Grisedale even THINK they MAY want broadband in the future, it's vital that they sign up for the free installation now.

To do so, contact Paul Haig at Kencomp, preferably via email: sales@kencomp.net or by phone: 01539 724564.

Note that Kencomp wanted all

registrations by 27 June. A mailer advising of this deadline was door-dropped by the committee mid June. If anyone missed this deadline we still urge you to contact Kencomp to discuss this. Every registration will help us gain funding to provide this important service to our community.

Thank you.

Andrew Lathwell
(Chair of the Garsdale & Grisedale
Broadband Committee)
andrew@lathwell.com

FOOTNOTE

Please note that signing up for installation now does not commit anyone to subscribing to the broadband *service*. Service is a separate issue to installation: it will cost subscribers from £9.99 to £19.99 depending on the speed required and will only be charged to those who specifically sign up for the service with Kencomp. By registering for the *installation* now, residents will not incur any cost: it simply means that if at some stage in the future they wish to subscribe to the broadband service, their premises will be ready to be switched on at no cost.

MAY WEATHER

May started off warm and dry in fact it was into the second week before we got any appreciable rain. We passed April's total by the middle of the month and finished up with a total rainfall of 2.68 inches. Temperatures started as April's but dropped when the rains came. We had a handful of days reach the 70sF with a maximum of 73.6F. The minimum temperatures were mainly in the 40sF but 4 nights dropped into the 30sf with a low of 36.1F. On 8 nights the day's minimum was reached as I took my readings as I went to bed around midnight. It was quite a breezy month with maximum wind speeds into double figures each day with a maximum of 24.2mph. On only 4 days did the wind not blow from a north westerly quarter. The strong winds were reflected in the windchill factor with 7 nights when it dropped to freezing or below. In fact only 8 nights did windchill temperatures get out of the 30sF.

I always like May as everything is fresh and green and the blossom in the hedgerows and on the fruit trees is at its best whilst bird song is at its most triumphant. It was good to see the garden hedge I had laid in February sprouting as the sap had been running in some of the trees. It was good to see the oak in leaf long before the ash so let's hope we only get a "splash". Our "resident" swallows are back in the kennels. I thought the hen bird hadn't made it as the cock was on his own for a couple of weeks. When she returned they investigated our outhouse and utility room before going back to the kennel. The house sparrows returned towards the end of the month with a new brood as big as the parents but still begging food. Certainly the corn feeder contents are disappearing rapidly again. The ducklings we rescued from the magpies are doing well and feathering nicely. There are rabbits everywhere. The dogs take great delight in chasing them out of the garden first thing in the morning. When I go to check on the lambs last thing at night there are frequently a dozen or more in the field. Has anyone seen a hedgehog yet this season? I have not seen one dead or alive. Apparently they are declining rapidly as the badger population increases. The pipisterelle bats are few in number, certainly around us, this year. The house martins came to investigate our eaves but haven't started building as yet. I saw my first red admiral towards the end of the month but whether this was one that had over slept its hibernation or was newly emerged couldn't tell as it was just a solitary individual.

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THE TALKING LOOKAROUND

Each month the Lookaround is edited and recorded onto cassettes for those whose sight does not allow them to read the printed version. Groups of four dedicated readers undertake the task of reading the articles. The turn of each group usually comes round once every three months but the number of readers is dwindling and new volunteers would be very welcome. It is not an onerous task but it is a very rewarding and enjoyable one. The recording takes place at Sedbergh CDC on a Thursday afternoon and takes one to two hours. In term time Settlebeck and Sedbergh School pupils come to read on the second side thus releasing two of the adult readers early. Copies of the readings are sent to the readers a few days in advance so they have time to read and adjust them.

If any one is interested please contact the Editors of the Lookaround.

EG

**ANNUAL GENERAL MEETING of
SEDBERGH PARISH COUNCIL**

*Held at the Peoples Hall, Wednesday 30
May, 2007*

1. Minutes of 2006 Meeting

The Minutes had already been approved in the Annual Parish Meeting which preceded this meeting.

2. Approve the Accounts 2006/07 .

Cllr. Hopkins spoke to the accounts which had been reviewed by the Audit Committee. Income had been boosted by large VAT reclaim and car park income. The surplus on the year was over £11k, and the closing balance of £20k. Cllr. Hopkins explained the purpose of each of the various accounts. It was agreed that the Audit Committee would review the Tennis Club 'sinking fund', and Cllr. Hopkins would clarify this with the Tennis Club.

Cllr. Longlands wished to have an idea of what the £2.9k on the playing field had been spent, and what detail is under each heading, e.g. General. It was not possible to answer specific questions about the accounts without the Clerk present. Cllr. Pratt stated that whilst the Audit Committee was responsible, it was still necessary for the Council to see detail behind the various headings on an annual basis.

It was agreed that clarification as to whether VAT should be paid on car parking charges was necessary (Dent P.C. are in a national battle on this subject). Mr. G. Dalton of Dalton and Hague was up to date on the situation. It may be necessary to make a provision for the payment of VAT on the car park income.

The accounts were unanimously approved.

**SEDBERGH & DISTRICT
HISTORY SOCIETY**

The Webster buildings of Kendal

On Wednesday 6th June eleven members of the society assembled at Kendal Museum in beautiful weather to be met by Mrs Patricia Hovey and Mr Trevor Hughes who took us on a tour of the Webster buildings of Kendal, starting with Beeson Lodge and finishing at the Town Hall, in the building of the earliest parts of which Webster father and son both played a part

Mrs Hovey told us a bit of the background of the family before we set out. Francis Webster, came to Kendal in 1787 at the age of 20. He was principally a builder but did design buildings also. He became an alderman and then Mayor

of Kendal in 1823. When he died in 1827 he had completed many substantial buildings in the town and the surrounding area. His elder son, George, trained as an architect and his younger son, Francis, ran his father's marble showrooms at Aynam, now the Bridge Restaurant, and he lived next door in another Webster house.

Francis the elder was man of entrepreneurial vision, buying up all the land on which the canal, with its attendant buildings, was to be constructed, at the cost of three shillings a yard. He then carried out the building work associated with the canal, including the canal superintendent's house. He also sold off plots of land on Thorny Hills, proceeding to build houses for the



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purchasers. There are certain features which mark a Francis Webster building although his architect son could build to any style required. For example, the former used dressed stone, the cutting and dressing being done at his own water mill at Helsington, where, also, stone from Garsdale and Hutton Roof was polished into what was called 'Kendal marble' and used for fireplaces etc. The Websters also had their own quarry and seven lime kilns, making a tramline to carry all the material into Kendal. Both built 'houses for gentlemen' and these were much in demand and not only in Kendal. Ingmire Hall and Rigmaden are but two examples of Webster houses elsewhere.

Private housing was but a small part of their building enterprise. Public buildings from churches, schools and assembly rooms to bridges, gaols and a bank were all in their repertoire.

To list them all would be tedious but a few examples follow, Miller Bridge, built in 1818, took traffic across the river to Aynam and that side of Kendal for the first time, and what is now the HSBC bank, which is now the oldest building still operating as such. The Quaker Meeting House, St Thomas's Church and the Catholic Church are all Webster buildings as were the Ladies' College and Stramongate School, now used for other purposes. The Shambles and the Farrers' building were restored by them and the workhouse built. Francis is responsible for the first pavement in Kendal and for helping construct Appleby Gaol. George built churches in several villages, including Natland and Whittington. There seemed no end to their enterprise

and energy and Kendal is justly proud of their achievements.

One of our members, Judith Robinson, was able to add information and anecdotes from her own youthful days in Kendal, enthusiastically identifying a door in a passage as 'my great grandmother's front door'. In times past when streets were muddy and dirty front doors were put on the side of a building. Also the front door often served as the entrance to the business as well, the home being above the shop.

The party was very grateful to our two guides who were so knowledgeable and enthusiastic and from whom we learned many other interesting things on the walk.

Elsbeth Griffiths



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SEDBERGH YOUNG FARMERS

Update

The last two months have been really busy for us with the run up to our annual Field Day.

Field Day took place on the 19th May 2007 at Kit Crag, Selside, Nr Kendal. Our members took part in various activities including stock-judging, cookery, flower arranging, human dog agility, 5 minutes of frame, girls and boys tug of war the list goes on (four pages to be honest). We all had a great day despite the weather and I'm pleased to say we came home with three trophies:

- 1) Trophy for most points in the flowering arranging competitions (Emma Rowlinson came 2nd in Inter flowers, Valerie Capstick came 3rd in Senior flowers and Kurt Ball came 2nd in boys flowers),
- 2) Trophy for small club getting most points overall,
- 3) Jayne Moorhouse got a Trophy for the dialect competition.

We also got a range of other certificates for competitions that we took part in, just a few are: David Goad came first in Junior Sheep Judging, Girls tug of war came 1st, Big and Small display boards both came 3rd.

The day do was followed by a successful night do for the senior members, who enjoyed a disco and a live band at Kit Crag. I can safely say a good night was had by all.

The Girls tug of war team have kept up their training since field day because they got through to the next round (held at Thorton Towers nr Hexham, Sat 16th June 2007). We have been training twice a week at Ingleton, pulling a barrel of

GARSDALE FUNDAY

@ the Village Hall

Saturday 4th August

from 2pm onwards

Sideshows, Rounders & much more

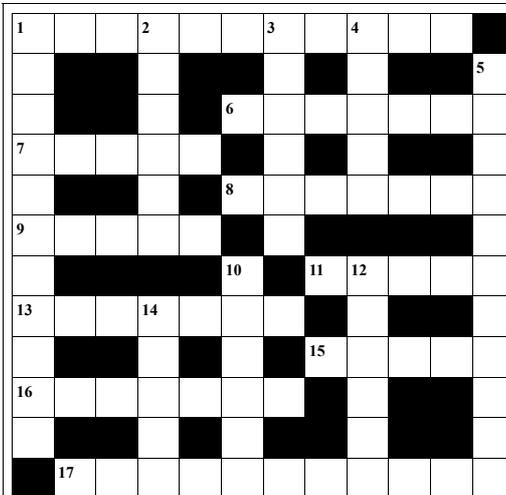
BBQ 4pm to 4.30pm

VISITORS WELCOME

stones up a tree. The hard work paid off as we came 3rd out of 10 teams on Saturday 16th June. We pulled against teams from Yorkshire, Isle of Man, Lancashire, County Durham & Northumberland. Unfortunately we had to pull in the rain and the field turned in to a mud bath. We lost out going to the royal show to pull in the next round by one pull. All I can say is Well done lasses you did a great job and we're all really proud of you Well done to David Goad as well who came 3rd In Junior Sheep Judging. We camped after the field day, it was a lile bit wet to say the least.

Some of the tents weren't quite as water proof as we would of liked, good job the fanner at the camp site took pity on us and let us BBQ in his silo pit...The weather didn't prevent 800 young farmers from partying the night away at a local farm.

Most Importantly I want to say a big thank you to all members of Sedbergh Young Farmers, parents, family, neighbours, anyone basically who helped us out with field day. Without you it really wouldn't be possible. Thank you also to those you came and watched tug of war at Hexham and got completely soaked! :-)



Down

- 1 File used for strange law in sport (7,4)
 - 2 One Everton player is sweet (6)
 - 3 Scare woman with truth (6)
 - 4 One who leers' leg is broken and set in gold (5)
 - 5 Religious performance like *The Mousetrap*, perhaps? (7,4)
 - 10 New Troop move quickly (6)
 - 12 Doctor surrounded by film in arctic area (6)
 - 14 In 1868, Kyoto changed to this! (5)
- Answers to June - ACROSS: 5 Pearly gates; 7 Ocelot; 9 Iambic; 12 Detail; 13 Samosa; 14 Israel; 16 Lassie; 17 Expectation. DOWN: 1 Bee Eater; 2 Flat; 3 Maxim; 4 Associates; 6 Goldfinger; 8 Olive; 10 Anana; 11 Book Shop; 15 Allen.*

Across

- 1 Told about air force crossing football stadium (3,8)
- 6 Big loo is odd? Yes, but it's just one part of school (7)
- 7 Move computer key (5)
- 8 Talk about S American city transport (7)
- 9 Depth zone is changed to twelve (5)
- 11 Step into street atmosphere (5)
- 13 Relax by pictures, then try again (7)
- 15 Spy hung up on end of harpoons (5)
- 16 Regarding John - a royal? (7)
- 17 Profession which cause one to snap (11)

ZRECE CULTURE

7:30 pm

Saturday August 11th

People's Hall

Join a group of 21 dancers from Zrece in national costume for an evening of music and dance.

The Slovene Dance Group

Folklorna Skupina

Jurij Vodovnik Skomarje

Tickets cost £5 from the TIC.

There will also be workshops during the day where you can learn the steps and join the dances. 10am-4.30pm.

You are also invited to join a group of singers visiting Zrece from July 31st to August 7. Flights from Stansted to Maribor. Lifts arranged to airport.

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SQUIRRELS

Everyone in Garsdale knows of the red squirrel, we are kept well informed of its vulnerability, but not everyone has had close experience of its rival, the grey squirrel. In many parts of the country the grey squirrel has reached plague status. Initially unchecked, regarded as endearing and picturesque, it was tolerated and often encouraged by people feeding it with nuts and household scraps. However, the local Park Rangers now have their work cut out to curtail the number of grey squirrels, as they are doing so much damage not only to trees and fledglings but also in domestic areas.

They can scale house walls like miniature batmen, and having gained access to a house through an open window or door will chew through electric cables with ease. Their access to the loft area is a disaster, an expensive disaster. Outside carefully planted patches of bulbs or rows of potatoes can be unearthed overnight, the writer has personal experience of the entire crop from a row of a dozen cordon apples and pears, together with a dwarf peach tree, being rendered totally unstorable by a bite being taken out of every single fruit prior to ripening, and the complete crop of a heavily laden cob nut tree being stripped in mid August before the nuts were formed, so neither squirrel nor man gained any benefit. They strip bark off trees, decimate young plants, steal eggs and fledglings from wild birds nests and will stand up to the challenge of all but the most determined domestic cat. It is understood the greys were imported from America by the Victorian estate owners who intended them to be a supplementary

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form of meat for the workers, but, like the rabbit in Australia, they have become unnaturally populous due to the absence of predators, apart from man.

A recap on some squirrel facts:-

Reds have ear tufts, pale tails, and are smaller than the grey.

Greys do not have ear tufts and have a distinctive halo of white hairs on the tail.

Greys produce more young than reds and this, coupled with the larger size of the grey, can cause the reds to be starved out when in competition.

The greys can carry and live with the squirrel pox virus that is fatal to the red, similar to myxomatosis in rabbits.

For those who wish to encourage red squirrels, a diet of hazelnuts, sunflower seeds, beech mast, and chestnuts, plus unsalted peanuts is recommended. A diet of peanuts alone can be harmful.

By alerting the wild life wardens to the presence of greys, we can help to preserve our native red squirrel.

FREEMASONRY IN CUMBRIA

In 1997, the Freemasons of Cumberland & Westmorland hoped to raise £1 million for charity. They achieved £1,425,000 which was a fantastic achievement.

Since then, the society's 82 lodges, which includes Winder Lodge which was based in Sedbergh and still has members living here, have been raising money for The Royal Masonic Trust for Girls and Boys, which helps sick and disadvantaged children throughout the country, and had set themselves a target of raising £1.5 million.

But during a celebratory evening at Carlisle Racecourse on Wednesday 6th June attended by the Freemasons' assistant Grand Master David Williamson, the Province's 10-year total was revealed as an impressive £2,055,749 - around 30 per cent more than hoped for.

Members gathered to mark the event, underlining a little the high-lighted aspect of the charitable work that they do.

John Beadle, the Province's Information Officer, said: "This is an absolutely fantastic achievement. We have 4,000 masons throughout the Province in 82 lodges. We've raised all this money ourselves and during a decade when we had the foot and mouth crisis, which obviously affected many of our members. This money will make a real difference to the lives of young people, including some in our own county. It can help children in all sorts of ways, including children in hospices and children who may be gifted in the arts field in some way. We can also provide IT equipment for children who are in hospital. The total was announced

at our Festival Dinner evening and everybody was very proud. People have worked extremely hard."

Despite the secrecy surrounding the Freemason, the society is now doing more to highlight the good works that its members do. This includes putting Display Stands at the Westmorland Show, Lowther Horse Trials and many other events.

In recent years, its contributions have included: £50,000 from their Grand Charity to the Brathay Hall Trust Windermere, which helps with the development of young people from all walks of life. Recently, there was a Charity Run around Windermere for the Trust and almost 200 Members acted as Race Stewards during the event.

Regular donations are also made to other Charities in the area including the St John Hospice and Eden Valley Hospice.

If anyone wishes to know any more information about the organisation and the Charity work undertaken, please contact me.

D J Whicker

SEDBERGH PRIMARY SCHOOL (Written in the style of Alan Gibbons 'That's Liverpool')

SEDBERGH

Howgill,
Green covered fells,
M6 nearby,
That's Sedbergh.

Dentist,
Mr. Dawson makes me laugh,
Westwood Books,
Full of good things to read.

Luke

CHARITY TRACTOR PULL 2007

On Sunday 27th May fifty three lads and lasses from Sedbergh and district pulled a 9 ton New Holland tractor fourteen miles from Kendal to Sedbergh in what most of the team described as our hardest challenge yet, finishing in a of 5 hours 15 minutes 34 seconds. The %50 Guess the Time winner was won by Mrs. Noreen Riordan from Brighton, a friend of one of the female pullers, who guessed 5 hours 15 minutes 30 seconds.

Along with all the sponsors who supported us in the Gazette advert, the truck pull committee would like to thank John Metcalfe (Braithwaites Coaches), John Rich, Adam Brooks, Ann Benville and JMP, Tommy Brooks, Jim Hoggarth, MK builders, Shnuck, Sarah, Julie and team, Deano and Clare, Spinner and Roger, Lorraine, Jackie and Chez, Tom and Kath Parkin, Jane Moorhouse and the Young Farmers, Mike Jukes, Brian Goad and Mr. Hague, but special thanks to Tet Graveson, all the pull team, back up crew and drivers plus everybody who made this possible.

We've raised approximately £4,000 with Breast Cancer, Cystic Fibrosis, Helme Chase Maternity Unit, Howgill Toddlers, Zebras and Playgroup benefiting.



The Final Leg Home

This was our third pull but, following strong Police advice, next years Hawes to Sedbergh pull, (narrow road) will now be replaced with something different. With lots of suggestions and proposals being put forward already, we are noting them all and we will certainly want to add to the roughly £13,700 raised from the past three events. Thank you all for your support. *Truck Pull Committee*

SEDBERGH BOWLING CLUB

The Club are offering another *Free Taster Session* of Crown Green Bowling. Tuition will be given on Friday 13th July from 2 pm to 4 pm in the afternoon and again between 6.30 pm and 8 pm in the evening.

Flat shoes are needed for the green. So just come along on the day or ring Linda on 20279 to arrange an alternative time. We hope the weather will be kinder to us this time.

SEDBERGH PRIMARY SCHOOL

**(Written in the style of Alan Gibbons
'That's Liverpool')**

THAT'S SEDBERGH

School where I have made so many friends,
Country where there are many birds,
That's Sedbergh.
Sun shining like a big light,
That's Sedbergh.
Green door where I have bought most of my sweets,
Sky as blue as the sea,
That's Sedbergh.
Westwood Books where there are so many books,
That's Sedbergh..

Miles

CUMBRIA WILDLIFE TRUST

Forestry and Conservation

In the early 1980s attitudes to forestry began to change. How this arose and the direction taken by the new thinking was ably presented at a recent meeting of the Sedbergh Group of the Cumbria Wildlife Trust by two speakers from the upland private forestry firm, UPM Tilhill. First Guy Warner described the general situation and he was followed by Steve Miller who illustrated these principles by reference to Cote Weggs Forest in Garsdale, which Tilhill manages for a client.

The end of the 1st World war saw dangerous depletion of Great Britain's strategic timber reserve and this led to the setting up of the Forestry Commission. The aim was to build up the timber stock. This entailed afforestation of large areas of open ground, especially on the poorer agricultural land, notably in the uplands. Conifers, mainly Sitka Spruce suited to these conditions, were the species chosen. Commercially they were ideally suited for use as pit-props, greatly in demand by the coal-mining industry. The 2nd World War placed great strain on timber supplies and the difficulties of importing anything. This time, help in remedying the deficiency was sought from the private sector. Private forestry companies such as Tilhill, augmented the Forestry Commission's efforts. Extensive monocultures of even-aged conifers sprang up, again especially in the uplands. Crops were clean-felled and re-planted with little or no consideration given to sustainability or other

environmental consequences. Then the economic basis of this policy shifted. With the decline of coal-mining, there was no obvious market to replace pit-prop sales. Corsican Pine, with its colourless wood and long fibres is suitable for paper-making, but the majority species available is not.. So, what was to be done?

Gradually, over the years, broad environmental considerations, and especially nature conservation, in land management, had been gaining public interest and acceptance. State and private forestry strategists were not exempt from this trend and they, too, began to see a much more multi-functional and sustainable future for woodland while bearing in mind the need for an economic return on investment. The new aims are to avoid large-scale clear felling, to create uneven-aged woods with a diversity of species according to soil and topographic conditions. Open glades within woods are allowed for. Such woods provide good and varied habitats for wildlife, both plant and animal, and plenty of opportunities for quiet enjoyment by the public. All these features will be incorporated in the management of Cote Weggs Forest which has now reached the point where, in the past, it would have been clear-felled.

The many questions and comments made by the audience during the discussion at the end of the meeting showed how interesting and thought-provoking they had found the presentation by the two speakers.

Helga Frankland

STAR STUDENT OF THE YEAR

... at Cobble Country Property

Cobble Country Property are proud to announce that Sian Gilder, latest recruit to the area's longest established Estate Agency team, has just been awarded Student of the Year in Business and Administration at Kendal Polytechnic College for this last year.

Sian first worked for Cobble Country during a work placement in 2005-06 when she showed tremendous enthusiasm and skills in assisting the owners with research for marketing and promotional literature for the new Howgills Bunk Barn. You can see some of her results at www.howgillsbunkbarn.co.uk and leaflets available at Cobble Country.

Sian was then offered a Young apprentice position in Cobble Country Property and she has attended college this last year where the results of her award were for completing the course in such a short time and with such high quality. Sian is now moving on to study more in depth Estate Agency that will lead to her gaining an NVQ in Property Sales and Lettings for the Company.

Her success has followed closely on the heels of her Senior colleague and Chief Negotiator Mary Glendinning who recently sailed through her examinations of the National Association of Estate Agents to qualify as an Associate Member of the NAEA.

Mary's results had enabled her to join the owner of Cobble Country – Nigel Close – in being qualified in Residential Sales with the NAEA and so ensure that Cobble Country Property remain THE Professional team in the area with historic knowledge of nearly 30 years of

the property market in the Dales. Combine that with huge investment in leading technology for Property promotion through use of EXPERT AGENT software and Cobble Country understandably feel well equipped to be second to none with their service offerings.

Daphne Jackson

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NEWS FROM FRANCE

Bees, Bunnies and Cherry pie ...La vie en France

The pace of life here got to such a frenetic level that there was barely time to sleep, so apologies for the lack of articles for the past two months. Thankfully the Gite was finished on time and our first guests arrived oblivious to the fact that the final coat of paint had gone on hours before they unlocked the door. They had a wonderful week, swimming every day in the pool, visiting the local markets, villages, chateaux, restaurants and meeting our ever-growing menagerie of animals.

Most of our new residents have been welcomed eagerly, such as the two baby rabbits that our neighbour gave to our girls and our beautiful French trotter horse, who like 'Black Beauty', has

finally found a loving home with food, companionship and lots of cuddles. He had been in the middle of a legal wrangle, between the RSPCA equivalent and his owner, during which time his stable-mate died of starvation and he very nearly went the same way. The most exciting event was the birth of a foal (of a friend's pony) who finally arrived naturally in our field during the day after we had spent two sleepless nights checking her every couple of hours!

Some of our new residents, however, have not been welcomed with such enthusiasm such as the rather large swarm of bees in our chimney. This has caused great excitement amongst the bee-keeping fraternity and hopefully if all goes to plan, they (the bees!) should be found more suitable accommodation next week!

We held a large BBQ to celebrate the completion of the Gite and invited our friends, neighbours and artisans who have helped us settle in and finish the Gite on time, but like so many renovations, the budget has had several revisions... upwards! We feel very privileged to have made such a variety of friends ranging from our wonderful French farmer neighbours through to our ' Horsey expert' Dutch friends.

After all the building work it was a delight to harvest our crop of cherries, which, with a handy little de-stoning machine, have been made into pies, crumbles, sauces and tonight's special of walnut and cherry jam. Later in the year we will again use the ladders, and perhaps the tractor bucket, to harvest the apples, pears and walnuts. For the moment, we need to regain the initiative

in the potager with some serious weeding and bug patrol.

We have so enjoyed seeing all our family from Sedbergh and Dent and are now looking forward to having some time to relax a little, dipping our toes into the pool and watching the girls learn to swim. La vie en France that we dreamt about may finally become a reality.... that is until we start our greatest challenge, restoring the farmhouse whilst catching up on French lessons!

With love and best wishes to all, Chris, Jacky, Alice and Eliza Holton
www.rigal-gites-dordogne.com email: lerigal@orange.fr

WHY NOT TAKE A BED?

St. Andrew's Churchyard lies at the heart of the town, and is one of the first places visitors see when they arrive. It has some attractive trees, well-mown grass and several much-used seats. Tourists and cyclists in particular, find it a place of peace and a great place to eat sandwiches!

One aspect only needs a little attention. Some of the people looking after flowerbeds have begun to find the job less easy than they used to, and we would welcome committed volunteers who would take over a section and bring their gardening skills to making and keeping it beautiful.

Doing this well would involve discussion with neighbouring 'gardeners' and good collaboration. The result, however, could be wonderful for Sedbergh.

If you are interested, could you please contact one of the Churchwardens : Lavinia Mahon 21740 or John Beck 22109.

ATTENTION FELL RUNNERS

A Hell of a Rise Hill. Dentdale Fell Race starts at 2 pm on Saturday 25th August as part of the Dentdale Show. Starting at Church Bridge, up to Aye Gill Pike and back again, a total of 2.9 miles. Height gain of 1385 feet.

The first and last 300 yds are on flat road, then field and open fell. There is an entry fee of £3 on the day.

For more information phone John Hyde on 015396-25503 or consult the Fell Runners Bible.

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RECYCLING NEWS

Earlier this year the kerbside recycling scheme was introduced in the Kendal area, taking the number of houses receiving the service up to almost 40,000. We will be holding a series of Roadshows during the summer where you will be able to tell us your thoughts and opinions about the kerbside collections and the other waste and recycling services we provide.

We will be at:

Asda in Kendal on 10th July from 10am to 3pm

Morrisons in Kendal on 17th July from 10am to 3pm

North Lonsdale Show on 25th July
Cartmel Show on 1st August
Westmorland County Show on 13th September

We will also be holding Roadshows around the Bowness, Windermere and Ambleside areas as the kerbside recycling service is extended later this year. For a full list of the roadshows we will be holding please visit our website.

If you have any questions about recycling please contact us either through the Customer Contact Centre on 0845 050 4434 or by emailing us at recycling@southlakeland.gov.uk

Thank you for recycling.

St ANDREW'S CHURCH, DENT

I would like to take this opportunity to report to you the findings of the architect with regard to the fabric of St Andrew's Church and the implication that will have for the whole community for the next two to three years.

During June, on the instructions of the architect, a builder removed three areas of damaged plaster in the Chancel and the Nave. This was a health and safety measure and was the result of the ingress of rain water from the North Aisle roof into the plasterwork. This was a small beginning to what will hopefully be a major programme of works to renovate the church.

The headlines from the architects report on the church are that he is recommending work that may cost a grand total of **£238,000**, funded in part by grants from English Heritage, and hopefully other grant making bodies. Our grant application to English Heritage

was submitted at the end of June. If English Heritage accepts our grant application then we might expect them to pay between 60% and 80% of the repair costs. This means the parish will need to find either £48,000 or £95,000 over a period of two years.

In facing this challenge we have designated funds of £8,600 for fabric repairs which although is a good start, does mean that we will need an appeal. I have asked the PCC at their last meeting to convene an appeal committee to address this challenge. At this point I would like to invite other members of the community who have a love and appreciation of this historic Dales church, and can help the work of the committee to contact me, with any offers of help. Obviously if you have any skills in fundraising this would be very useful. If you would simply like to make a donation please send it to Mr Colin Brown (Treasurer) Dale View, Laning, Dent. All donations should be made payable to "St Andrews Church Dent".

So what needs doing to St Andrew's Church? The architect has identified that the lead roof to the North Aisle needs replacing; that a considerable amount of re pointing needs to be done to the Tower, to the east and west gable, South Aisle and Clerestory, porch and North Aisle. Extensive re plastering and re decoration needs to be done to most of the interior of the church. Structural timbers in the North Aisle and the tower need treatment and possible replacement.

So you can see we have an enormous shopping list of repairs which will have to be prioritised. If all goes well you

might see scaffolding around the tower and north side of the church by the middle of next year.

The PCC has been inspired by the story of how the women of Dentdale faced a similar challenge in the 1950's when the South Aisle roof had to be replaced. They were most successful and we are confident that the goodwill of the community and your support will help us meet this new challenge.

Yours sincerely

Peter Boyles
Vicar of Dent-with-Cowgill

SEDBERGH TOWN BAND Annual Gala

The Town Band again led the parade from it's assembly point at the Fire Station, through the town and onto the Lupton pitches to herald the commencement of the 2007 Annual Sedbergh Gala.

In the course of the afternoon they entertained an appreciative audience to a selection of popular numbers from their extensive repertoire.

INK CARTRIDGE RECYCLING

Thank you to all our customers (and others!) who bring their old ink and toner cartridges for recycling to raise money for ActionAid. However they have brought it to our attention that Epson products cannot be recycled. Therefore please **DO NOT BRING EPSON CARTRIDGES FOR RECYCLING**.

For those who do not know; other brands of used cartridges for recycling may be placed in the collection box in Sedbergh Office Services.

TIM FARRON MP

June has been a busy but rewarding month.

I wrote in last month's *Lookaround* about the pressure that I have been putting on Lord Rooker, the farming minister, to ensure that he consulted with farmers on the replacement for the hill farm allowance. So it was very pleasing to receive a letter from him saying "I agree completely that we cannot develop an uplands scheme without the full involvement of the farming industry. My intention remains to involve them in scheme development from an early stage, working alongside DEFRA and Natural England." I am not sure where we stand on inviting him up here to meet with some hill farmers but his response gives

me hope that when the new scheme comes in in 2010 it may be more sensible than some agricultural payments schemes we have seen in the past.

The Yorkshire Dales National Park has agreed to support my call for the Yorkshire Dales to be signposted off the M6 at junction 37 which will, hopefully, encourage more people to stop off the motorway and visit Sedbergh and the surrounding Dales. All of which should be good for business even if it does make those roads in the Dales even slower to drive along.

I have been putting pressure on the Secretary of State for Culture Media and Sport to find out what will be the cost to the people of Cumbria of the switch off the analogue television signal next year.

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The best estimate that I can get from them is somewhere between £26 and £153 which is quite a wide range and if it is more likely to be at the higher end of this scale is rather a lot of money for people to find in order to continue watching television. Especially as the changeover is not of their doing and brings them very limited benefits.

Of less immediate local relevance has been the work that I have put in to defeat the private members bill to exempt Members of Parliament from the Freedom of Information Act proposed by the MP for our neighbouring constituency to the North, Mr David MacLean. Sadly, he had enough supporters from both his own party and the Labour Party to get it through the House of Commons but when

it reached the House of Lords not one peer could be found to propose the bill and so as I write it has almost certainly failed to get on to the statute books. It would have been better that it had been voted out, but I will still take it as a victory for common sense. I believe very strongly that you should all be as free as possible to scrutinise what I get up and how I spend your money.

As ever if I can help you with these or any other issues then please do contact me by writing to Tim Farron MP, Yard 2, Stricklandgate, Kendal LA9 4ND, emailing me at tim@timfarron.co.uk or phoning me on 01539 723403.

Thanks for your support

Tim Farron MP

<p style="text-align: center;"><u>Starters</u></p> <p>Prawn Cocktail & Marie Rose Sauce £4.10 Garlic Mushrooms on Toast £3.65 Pate with Garnish, Toast & Butter £3.50 Soup of the Day £3.30 Egg Mayonnaise £3.40 Grapefruit Cocktail £3.40 Garlic Bread £2.50</p> <p style="text-align: center;"><u>Extra Special Main Courses all £11.45</u></p> <p>Loin of Pork in Cider & Apple Sauce Lamb & Apricot Casserole Chicken with Basil, Port & Dill Sauce Venison Steak with Red Wine Sauce Venison Casserole Supreme of Pheasant Chasseur Pork in Pepper Sauce Cod & Prawn Crumble</p> <p style="text-align: center;"><u>Main Courses</u></p> <p>Roast Dinner of the Day £6.99 Mixed Grill £12.40 Fillet Steak £12.40 Sirloin Steak approx. 8oz uncooked £10.30 Half Roast Chicken £7.99 Chicken Kiev £6.99 Lasagne £6.99 Steak & Kidney Pie £6.99 Cumberland Sausage £6.99 Gammon & Pineapple £6.99 Barnsley Lamb Chops £9.99 Marinated Lamb Steak (6oz) £9.99 Pork Chop in BBQ Sauce £7.60 Cheese & Ham Pasta £6.99 Tuna Pasta Bake £6.99</p>		<p>THE HEAD</p> <p>AT</p> <p>MIDDLETON</p> <p><i>is a</i></p> <p>NO SMOKING</p> <p>ESTABLISHMENT</p> <p></p> <p>Tel: 015396 20258 www.middleton-head.co.uk enquiries@middleton-head.co.uk</p> <p>Menu</p>	<p style="text-align: center;"><u>Fish Dishes</u></p> <p>Salmon Steak with Parsley Sauce £9.70 Grilled Rainbow Trout £9.70 Breaded Scampi £6.99 Breaded Haddock £6.99</p> <p style="text-align: center;"><u>Vegetarian Dishes</u></p> <p>Tropical Vegetable Curry £6.99 Stilton & Vegetable Crumble £6.99 Vegetable Lasagne £6.99 Mushroom & Nut Fettuccini £6.99 Broccoli & Cream Cheese Bake £6.99 Vegetable & Pasta Bake £6.99 Vegetable Tikka Masala £6.99 Macaroni Cheese £6.99</p> <p style="text-align: center;"><u>Rice Dishes</u></p> <p>Chilli £6.99 Chicken Tikka Masala £7.99</p> <p style="text-align: center;"><u>Salads</u></p> <p>Ploughman's Lunch £5.99 Cold Meat Salad & Roll & Butter £6.99 Prawn & Rice Salad £6.99</p> <p style="text-align: center;"><u>Sandwiches</u></p> <p>Prawn with Marie Rose Sauce £4.80 Ham, Beef, Cheese & Tomato; Cheese & Pickle or Salad from £2.90 Toasted Sandwiches from £3.10 Portion of Chips £1.70 Mixed Side Salad £1.70 Portion of Mushrooms £1.70 Roll & Butter £0.65</p>
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**SEDBERGH AND
THE SLOVENE EMBASSY**

Despite the long queue of diplomats and officials who have been exchanging courtesies with the Ambassador of Slovenia, he greets me like an old friend and appears genuinely touched that I have travelled down to London in mid-June to help the embassy celebrate Slovenia National day. "And please send my very best wishes to everyone in Sedbergh," he says a couple of times during the evening.

The Ambassador is well known to many in Sedbergh after he accepted invitations from Howgills Harmony to meet Slovene and English singers at a couple of our singing events. At the last concert in Dent just before Christmas, the attendance of a

couple of town twinning officials happily coincided with the Ambassador's visit and he was also able to congratulate them on the twinning initiative.

His Excellency is delighted with the way our cultural exchanges are broadening the knowledge and awareness of His country: "I saw a recent TV programme where the interveiwer was asking some English tourists who had been to Sedbergh who the President and Prime Minister of Slovenia were. They replied that they didn't know that, but they did know Iztok Mirosic, the Slovenian Ambassador."

There were over two hundred people at the reception and many of them had heard about Sedbergh and its connection with Slovenia - and not just from the TV

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programme. I met organisers from a spiritual awareness group led by our friend Shirley Roden who came to help with the Slovenia introduction evenings a couple of years ago. They had heard about Sedbergh from Shirley and invited us to attend their conference in Rogla later in the year.

There was also a group from Greenwich in London who lead the twinning with Slovenia's second city, Maribor near Zrece. "Although this year we are celebrating the 40th anniversary of our official twinning, we twinned informally in the late 1950's at the recommendation of the Foreign Office," says Greenwich town twinning chairman Terry Malone. "Yugoslavia was then breaking away

from the communist block and the FO saw the twinning as a way of loosening those connections."

Terry is very fond of their connections with Maribor, and his borough's twinning with other towns including part of Berlin. "I was a kid during the bombing of London in the war - I see the twinning as a way of making sure that won't happen again. But if anyone had told me during the Blitz that 60 years later I would be sitting by a German lake with German friends singing Land of Hope and Glory - I wouldn't have believed them."

Like Sedbergh, Greenwich has had many exchanges between English and Slovene schools (although Terry says this

(Continued on page 46)

meets with opposition from those who would prefer towns in France to help their language classes,) as well as music exchanges including a Jazz band who visited Maribor last year and a Maribor Catholic school choir who recently toured in Greenwich. Though exchanges were more plentiful in earlier years when the council had departments like sports offices who would fund visits.

When I asked him what he felt were the main advantages to Greenwich of the twinning he answered without hesitation: "It's all about friendship. We've had a couple of marriages and several romances between people in the two towns. People send birthday cards. We're very close."

I have met several people recently in Sedbergh who have expressed the view

that our twinning should also be of economic benefit to our town - and that it seemed to them like all the benefits went to Zrece as many more paying groups were visiting there than were coming here.

This might be how it appears on the surface - but the reality is quite different. Although some of the singers who come from Zrece had their expenses paid by the Sedbergh singers, this money was recovered by tickets sold to singers who, for most part, came from other parts of Britain. I calculate that as well as almost 100 Slovenian singers who have come for the various choir meets, folk carol festivals, and Slovene harmony singing weekends, there have been another 400 from other parts of Britain who have also

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come to sing - and spend their money in Sedbergh.

There is an interesting irony in the visits to Sedbergh by some of the English choirs who have come to meet the Slovenes (and boost our local economy.) Many of them are socialist singers who come from groups such as the Leeds People's choir, the Sheffield Socialist choir and the cheesily named Red Leicester choir. They are - in part - attracted by singers who they see as coming from one of the only former communist countries to manifest real socialist principles.

I mentioned this to a Slovene woman at the Embassy party working in London and she was full of praise for their

communist past: "Children grew up with a real sense that the community was theirs and that they had a responsibility towards it. You would never see graffiti because everything belonged to them so why would they want to spoil it?"

I told her that my favourite (and presumably post-communist) graffiti on a Ljubljana wall translates as: "EU = Capitalist dictatorship disguised as democracy." A view which I've heard from a few people in Slovenia, young and old alike. One young man put it like this: "Communism was good for the people - it just wasn't good for the state. Although we had no beggars on the streets and full employment, we also had seven people

(Continued on page 48)

doing a job which only needed one person and in the end we couldn't afford to sustain it."

It is one of the most misunderstood things about Slovenia - along with the confused idea of the country being next to Poland. Mojca Belak who teaches English at Ljubljana university says that even her Slovene students look surprised when she tells them that Slovenia was never part of the Warsaw pact.

One of the by-products of this is something which a lot of Slovenes don't even notice because it is so normal for them - their sense of responsibility to the collective. My experience of leading English groups is that it is often like herding cats - it's hard to get everyone going in the same direction at the same time. While with the Slovenes - even with students who you would expect to be a bit rebellious - their groups are like one person. Responsibility to the collective scores over individualism.

Of course their former communist history is not the only thing which draws singers to meet our Slovenian friends - many are attracted by an interesting aspect of harmony in Balkan music which makes use of the "second" and "seventh" intervals in their folk harmony (like singing the notes do and ray in the scale do-ray-mi-fa-so-la-ti-do, or do and ti, together), as opposed to our more traditional thirds and fifths (do-mi and do-so.)

Others see Sedbergh as a kind of half-way house to a visit to Slovenia. During the visit of the Slovene women singers to Sedbergh in May, Peter Wright and his wife came up from Shropshire to Sedbergh solely because he was planning

ANNUAL
BBQ & DUCK RACE



6pm Saturday 4th August
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Games ~ Sideshows ~ Competitions

a visit to Slovenia later in the year and wanted to find out about the best places to visit and to learn a little of the language.

We also expect that more visitors with an interest in international folk dance will come to Sedbergh from other parts of England to meet the Slovene dancers who are coming from Zrece from August 8-13. There will be a big performance in the People's Hall on Saturday evening (August 11) and workshops during the day for those who would like to join in and learn the steps - you will be most welcome if you want to join us - even if you have two left feet.

As with our previous singing events we are more interested in having an exchange than in just providing a performance, so we have also invited several local Morris Dance teams and similar groups to join us. Also George Handley, following on from an excellent idea proposed by Dave Smith, will be offering an English conversation and language class.

And as before we have invited our old friend, His Excellency the Ambassador of Slovenia, Iztok Mirošic.

David Burbidge, 015396.21166

SEDBERGH PRIMARY SCHOOL

Liverpool Residential Trip

Year 6 went on a brilliant trip to Liverpool. We stayed for three nights and four days. In the morning of our departure everyone in the class was a bit excited and nervous. First we went to Speke Hall, then Knowsley Safari Park. There were lots of brilliant animals there and everyone really enjoyed it. Then we visited the Walker Art Gallery where we saw three Tudor paintings.

The next day we went through China town to get to the Anglican Cathedral. Then we had a quick stop at the Metropolitan Cathedral. Then we went to the train station to get to Fresh fields where we walked up to the Formby Squirrel Reserve. We walked past lots of posh houses. (We didn't see any squirrels there, but Miss Lloyd saw two). We all got ice cream there which was delicious!!

On the third day we went to the Maritime Museum. There we learned about the slave trade (It was fun because we dressed up in African clothes). In the afternoon we took the ferry across the river Mersey, the ferry was called the Royal Daffodil. On the other side we went to Spaceport, where we learned about space and went on the simulator ride, (you should have heard the girls shrieking!!!!). Then we went to Seacombe Aquarium which was really cool, they even had sharks and Moray Eels. Then we went back on the ferry (this one was called The Snowdrop). Then we walked back to the YHA and had a fun evening doing a quiz and a beetle drive. Some of us won prizes.... (even me-Aidan!!!).

On the last day we packed and left our

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suitcases in a room. Then we walked into Liverpool city centre to do questionnaires. We were very brave. (William Wilson's Nan came and he got to interview her.) When we finished our questionnaires we went to the Liverpool Museum, where we had a talk about invertebrates and their habitats. Then we went to the planetarium. We sat in a big dome where we watched a brilliant film about space, and then some of us went to a shop whilst the rest of us looked around the museum. Then we got our bags and drove to St Helens and visited the World of Glass. There we painted some glass cups and watched a fantastic film on glass. After that we watched a glass blowing demonstration, where they made a glass plate with a smiley face on it. This was given to school as a gift. Then we went to the shop and went back to the coach.

After all of our visit to Liverpool, we thought about whether we would like to live in a town like Sedbergh, or a city. Most of us decided we like living in a town because it is quiet and peaceful. We really enjoyed the visit! It went too quickly though!!!

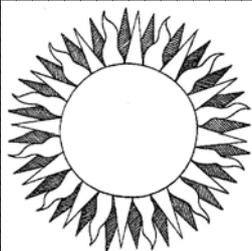
Aidan & Will, Year 6

KILLINGTON SPORTS

Another good turnout in fine weather. Despite early forecasts, Killington again experienced fine weather for its traditional Annual Sports held, as always, on the Thursday of the Spring Bank Holiday week. The Sports were once again well supported with attendance over the 500 mark at Becksides, Killington, and with record entries to the races, wrestling and other traditional events it was again a very successful evening. Entries came from all over Cumbria and from our neighbouring counties with many familiar faces in attendance. A huge welcome was given to our regular handicapper and commentator, Roger Ingham, with the announcement of his award of an MBE in

the last Honours List for services to athletics in the North-west. In his reply, with his well-known humour he modestly insisted that it was for "Most Beautiful Eyes"! It hasn't dampened the humorous commentary which we expect from him and he always contributes a great deal to the success of this event.

Following a tradition of many years – nobody is sure when Killington Sports first started, - the event started with a Tea and races for local children, and then the Open Sports got underway at 6 o'clock with very well-supported Children's and Adult Races necessitating several heats before the finals could be run. Highlights were the ¼, ½ Mile, Mile and Fell Races for all age groups together with a Mountain Bike Race over the Fell Race



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route. While there were no World championships this year, the traditional Cumberland and Westmorland wrestling was well supported and provided much good sport, followed by Pillow Fights also in the wrestling ring. The evening concluded with the usual fun events such as Potato Races, Sack Races, Mixed 3-Legged Races, Egg-throwing and Tug o' Wars. The customary sideshows of Quoits, Pitch-penny, Coconut Shy, Horseshoe Throwing, Darts, and a Treasure Hunt were all well patronised.

Much credit for another successful Killington Sports goes to new Chairman, John Waller and his Committee for the preparation of the field and organisation on the night. They would like to express

their gratitude to all the sponsors of the events who once again supported the Sports by providing the prize-money and ensuring the Sports financial viability and future. The Sports Committee were also grateful for the assistance of the Wrestling Association who provided the Judges, and to the Fell-racing Association who recorded all positions and times in the Fell Races for the benefit of their members.

Results

U11 Tyre Race - 1st. T. Horner, 2nd. D. Goad, 3rd. R. Cross, 4th. A. Barber

U16 Tyre Race - 1st. S. Brocklebank, 2nd. D. Hodgson, 3rd. B. Smith, 4th. G. Cox

Boys U9 100 yds. - 1st. J. Ferguson, 2nd.

(Continued on page 52)

I. Taylor, 3rd. R. McNab, 4th. J. Lashley
Girls U9 100 yds. – 1st. C. Strickland,
2nd. Z. Preedy, 3rd. K. Bellamy, 4th. A.
Allan

Boys U13 100 yds. – 1st. T. Horner, 2nd.
B. Harrison, 3rd. J. Melly, 4th. H. Cook

Girls U13 100 yds. – 1st. L. Appleyard,
2nd. F. Biddle, 3rd. M. Stewart, 4th. R.
Bellamy

Boys U17 100 yds. – 1st. J. Dixon, 2nd.
D. Smith, 3rd. G. Cox, 4th. T. Barnes

Girls U17 100 yds. – 1st. J. Addison, 2nd.
R. Goodfellow, 3rd. E. Thekston, 4th. L.
Chirwa

U12 Sack Race – 1st. C. Mells, 2nd. M.
Preedy, 3rd. L. Appleyard, 4th. H.
Hodgson

U17 Sack Race – 1st. H. Hodgson, 2nd. E.
Thekston, 3rd. T. Mason, 4th. J. Hodgson

Boys U12 Potato Race – 1st. R. Gorst,
2nd. S. Wilson, 3rd. W. Atkinson, 4th. J.
Hudson

Girls U12 Potato Race – 1st. M. Stewart,
2nd. B. Gray, 3rd. C. Chirwa, 4th. C.
Kendal

Boys U17 Potato Race – 1st. D. Smith,
2nd. A. Caton, 3rd. H. Gorst, 4th. W.
Huddleston

Girls U17 Potato Race – 1st. L. Chirwa,
2nd. F. Biddle, 3rd. M. Hyder, 4th. S.
Barnes

Children's 3-Legged Race – 1st. D&C.
Hodges, 2nd. F&K. Biddle, 3rd. W.
Huddleston & S. Bethwood, 4th. R.
Stapleton & A. Caton

Mens 100 yds. – 1st. J. Richardson, 2nd.
T. Batty, 3rd. T. Matthews, 4th. D.
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Mens Sack Race – 1 st . A. Huddleston, 2 nd . T. Mason, 3 rd . I. Middleton, 4 th . A. McNab	U13 Fell Race – 1 st . R. Addison, 2 nd . W. Marshall, 3 rd . B. Smith, 4 th . ???, 5 th . T. Stapleton, 6 th . W. Huddleston
Ladies Sack Race – 1 st . H. Caton, 2 nd . S. Goodfellow, 3 rd . L. Garnett, 4 th . S. Hudson	Girls – 1 st . E. Sproue, 2 nd . R. Goodfellow, 3 rd . F. Biddle
Mens Potato Race – 1 st . P. Gorst, 2 nd . T. Batty, 3 rd . J. Richardson, 4 th . A. Huddleston	U11 Fell Race – 1 st . S. Hembridge, 2 nd . T. Taylor, 3 rd . M. Bainbridge, 4 th . M. Preedy, 5 th . J. Kavill, 6 th . J. Dennis
Ladies Potato Race – 1 st . G. Batty, 2 nd . I. Reekie, 3 rd . A. Escolme	Girls – 1 st . M. Stewart, 2 nd . L. Appleyard, 3 rd . L. Gorst
Ladies 200 yds. – 1 st . A. Escolme, 2 nd . H. Mitchell, 3 rd . G. Batty, 4 th . A. Bennett	1st. Local girl – L. Gorst
Mens 200 yds. – 1 st . T. Batty, 2 nd . T. Matthews, 3 rd . J. Richardson, 4 th . D. Appleyard	Open Mountain Bike – 1 st . P. Caton, 2 nd . G. Sewell, 3 rd . A. Colton, 4 th . J. Richardson
Adult Mixed 3-Legged -1 st . T&J. Hodgson, 2 nd . I&L. Moorhouse, 3 rd . S&R. Hudson, 4 th . J&H. Caton	Junior Egg Throwing – I. & J. Dennis
Ladies 400 yds. – 1 st . E. Sproue, 2 nd . M. Hyder, 3 rd . A. Escolme, 4 th . I. Reekie	Adult Egg Throwing – J. Woof & J. Harper
Mens 400 yds. – 1 st . J. Richardson, 2 nd . T. Matthews, 3 rd . D. Appleyard, 4 th . D. Gorst	Wrestling
Mile Handicap – 1 st . D. Parkinson, 2 nd . Speight, 3 rd . D. Gorst, 4 th . J. Richardson	Boys U12 – 1 st . B. Thompson, 2 nd . F. Witt, 3 rd . I. Hammond
U17 Half Mile – 1 st . B. Smith, 2 nd . N. Till, 3 rd . J. Addison, 4 th . M. Fretwell, 5 th . C. Tuson	Boys U15 – 1 st . S. Brocklebank, 2 nd . J. Lashley, 3 rd . S. Mason
Girls - 1 st . J. Addison, 2 nd . E. Sproue, 3 rd . M. Stewart	Girls U16 – 1 st . T. Hodgson, 2 nd . H. Hodgson, 3 rd . C. Hodgson
Senior Fell Race – 1 st . D. Parkinson, 2 nd . T. Addison, 3 rd . A. Dunn, 4 th . C. Doyle, 5 th . M. Addison, 6 th . C. Speight	13 Stone – 1 st . R. Fox, 2 nd . J. Harrington, 3 rd . A. Fox
Ladies – 1 st . R. Gledhill	All Weights – 1 st . T. Brocklebank, 2 nd . G. Brocklebank, 3 rd . R. Fox
U16 Fell Race – 1 st . J. Addison, 2 nd . M. Fretwell, 3 rd . C. Tuson, 4 th . T. Doyle, 5 th . N. Till, 6 th . D. Caton	Pillow Fight
Girls – 1 st . M. Hyder, 2 nd . J. Addison, 3 rd .	U11 – 1 st . J. Kavill, 2 nd . J. Nicholson, 3 rd . D. Ravell
	U16 – Joint 1 st . J. Woof, P. Booth, 3 rd . D. Ewart
	Men – 1 st . M. Waller, 2 nd . A. Huddleston, 3 rd . T. Hodgson
	Tug o' War
	U16 – 1 st . The Wrestlers, 2 nd . Mini Young Farmers
	Senior – 1 st . Sedbergh YFC, 2 nd . Top Tuggers

ITALY AGAIN

The problem with the Sedbergh's annual trip to Italy is that it goes so fast. This is probably for two reasons - we enjoy it so much, and we pack so much into it. Twenty people from this area met at the civilised hour of mid-day, had a comfortable coach-ride to Newcastle Airport, boarded the plane and were greeted that evening at Rome's Ciampino Airport by the smiling faces of Pierluigi and Marianna. Gianluca, our friendly coach-driver, took us to the hotel where the other members of the family, Elvira and Marco, were waiting for us with big hugs, a welcome drink and a lovely buffet. It was all so easy, so free from hassle - and so warm was the welcome that we felt as if we were arriving home

after being away for a while. For some, it was the third visit...

It was an early start on our first morning in Italy. Our coach took us to the Royal Palace at Caserta whose first stone was laid in January 1752. This was the summer palace of the Bourbon kings, the Italian equivalent of France's Versailles. We enjoyed a lengthy tour with excellent guide Massimo, though at times it was hard to hear him because of the many school parties. One of our party, commenting on how their voices resounded in the vastnesses of the building, suggested these young Italians might be training to become opera singers! Then, after problems in locating our coach in the huge underground car park, it was onwards to Naples where we

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enjoyed an excellent Pizza Margherita. This is the pizza whose particular Italian-flag combination of green basil, white mozzarella and red tomato was so admired by the last Queen of Italy that the proud chef named it after her. Gianluca then drove us to the western heights of Naples, the wealthier quarter of the city, where splendid views of the beautiful Bay are to be had when there isn't the heat haze there was that day. From these heights you look across to Sorrento, flanked by Vesuvius on the left and the islands of Capri and Ischia on the right. After a coffee stop at Naples' famous Caffè Gambrinus and a brief visit to the Galleria Umberto I, we were driven back to our comfortable hotel in Fiuggi

and a delicious evening meal. Not such an early start the next morning. Shaded by the trees, those of us who wished to improve our Italian had a whole morning's exposure to the language in the garden at the back of the hotel. In the afternoon we travelled by coach to Alatri, a very old Roman hill-top town topped by an acropolis. We marvelled at the skill of the ancient Romans who had fitted together enormous pieces of irregular stone that, without the aid of any cement, have stood through two millennia. Then on to fascinating Fumone, the village from whose high mountain-perch smoke signals used to be sent out to notify

(Continued on page 56)

neighbouring settlements of the approach of barbarian raiders. Here, as last year, we enjoyed a copious medieval banquet, after a traditional welcome by the Baron and his musicians, and being entertained during our feast by a group of gifted actors in fourteenth century costume.

It was Saturday, and we were off to Rome, mighty capital of the ancient world. We entered the city along the cobbled Appian Way, the route St Peter took when he was persuaded to leave Rome to escape persecution until a vision of Christ stopped him and he returned to his crucifixion. We should have visited two of the four major basilicas of the city, Santa Maria Maggiore and San Giovanni Laterano. (We had visited St Peter's and St Paul's in previous years.) However, we

were quickly ushered out of San Giovanni by the police because of a serious incident involving two hundred protesters who were about to be evicted from their homes - they had confronted the priest with a demand for a Mass for the Homeless, having entered the church in the guise of tourists. Only the promise of government intervention pacified them. Unable to visit the basilica, instead we had a fascinating coach-ride round the ancient city with a good pause to look at The Colosseum and The Forum before continuing to Ostia Antica, where, among the excavations of the old port of Rome, we formed an image of how life was in the port two thousand years ago.

Sunday we were at home in the lovely spa town of Fiuggi for the day, the

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highlight being an evening visit to a beautifully-restored old stone farmhouse over 600 metres above sea level, with a wonderful terrace. Here, overlooking acres of fresh green vines, we learned from the owner about the cultivation of the Piglio grape and the making of the delicious wines which we savoured before and during a most memorable evening meal. It was unforgettable - an experience to be repeated.

Monday in Attina is market day. This was enjoyed by all. Here was a lovely small Italian town with a market bustling with every type of stall and a couple of hours at liberty to explore - and, of course, practise our Italian. There was everything from straw hats to parmigiano, wrist-watches to peperoni. It was colourful and exciting. We had been joined by our farmer-friend Loreto who, prior to the marvellous lunch he was to provide for us at Casa Lawrence (where DH Lawrence had once stayed and written part of his novella "The Lost Girl") treated us to an appetitif on the magnificent terrace (il Balcone) at Picinisco, the nearby village 850 metres above sea level. We looked out over the Comino valley on the fringes of the

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Abruzzo National Park. The excellent meal, prepared by the family, using all-organic produce, was greatly enjoyed, to the accompaniment of regional music on ancient instruments. Loreto had done us proud once again and we sang him a rousing "È un bravo ragazzo" (For he's a jolly good fellow).

Tuesday was our last full day in Italy. By this time the weather had changed - it was raining heavily - so our final Italian lesson had to be indoors. The afternoon visit to the Monasteries of Subiaco was something never-to-be-forgotten. Subiaco is the remote valley to which St Benedict fled in the sixth century when, as a young man, he could no longer tolerate the decadence of Rome. He lived in a cave high up on the face of a rock where, centuries later, an abbey was built with fine frescoes which tell his story. The tranquility and beauty of the place overwhelmed us. We were reluctant to leave, but it was time to prepare for the Farewell Dinner back at the hotel. Gifts were made to the family and to the staff after the meal, and we retired to pack our cases for an early start the next morning on the journey back to Liverpool Airport and home. We hope the next group of visitors from Sedbergh, the Town Band who go to the same hotel in July, will have an equally happy and successful time.

G.D.H.

SEDBERGH & THE DALES

The following letter has been sent to the YDNP by the Sedbergh & District Chamber of Trade on behalf of the Traders and Residents.

Dear Mr Macare

We are writing to express our deep disappointment and frustration that Sedbergh seems to have, yet again, been forgotten in the recent brochures and literature produced to promote events & attractions in the "Dales". The Yorkshire Dales web site also seems to mirror this lack of publicity of the area. Why?

Since Westmorland and Cumberland became jointly known as Cumbria, Sedbergh, Dent & Garsdale were taken out of Yorkshire and placed within the boundaries of this new county yet still kept their status of being part of the Yorkshire Dales National Park, and with a Lancashire postcode you can forgive anyone thinking of visiting us to ask "Where exactly is Sedbergh?" Many of the older generation will consider

themselves born & bred Yorkshire, but what about the youngsters? Their parents and grandparents are Yorkshire folk but are they from the Yorkshire Dales or Cumbria?

Sedbergh, Dent & Garsdale all used to have thriving rural communities with a vast array of skills, sadly almost all have been lost to modern innovations. Dent Heritage Centre is a great place to visit to see how some of these long forgotten practices used to be. Unfortunately the recent closure of our Auction Mart has taken yet another local commodity away from us. Sedbergh needs to attract new businesses to the area, but most important it needs to capitalise on the tourist potential for the area:

- Englands Book Town – surely this is something both Cumbria Tourist Board and Yorkshire Dales National Park would like to boast about!! The first of its kind in England.
- Walking – The Howgills were amongst Alfred Wainwrights



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- favourite fells
- Sedbergh is in the Heart of the Quaker movement
- Yorkshire Dales National Park, is only 3 miles from Junction 37 on the M6, making it the nearest motorway to the national park at any point.
- Dentdale has been described as the "hidden dale" (comes as no surprise to many!!!)
- Sedbergh Festival of Books and Drama 2007 25th August – 8th September
- Annual August Bank Holiday Medieval Market Fayre
- Monthly Producers Market
- Gala – 2008 will be the 44th Annual Gala
- Dent Heritage Centre
- Dentdale Show
- Farfield Mill
- Sedbergh Festival of Ideas Friday 20th July – Sunday 22nd July 2007
- Golf course

- Fishing
- Generally beautiful countryside.
- Many many more!!

We have two excellent website that further information on all the above can be found. www.sedbergh.org.uk or www.dentdale.com

In the 2001 census Sedbergh, Garsdale and Dent have the highest population with 18% of the total population of the Park. Yet we seem to be forgotten when it comes to helping our community to make the most of its assets. Sedbergh seems to be the "forgotten town"!

In 2005 the Yorkshire Dales National Park withdrew its support of the Tourist Information Centre and it is only through the determination of a small group that this did not close and is now a successful enterprise and a vital link with the tourist trade. But this is very reliant on grants and funding – but again... no-one seems to want to help.

(Continued on page 60)

What we ask is that:

1. You consider conferring with Cumbria County Council who we believe are responsible for the Brown Tourist Signs. Why can't we have one on the motorway on both the south bound and north bound routes? Sedbergh, England's Book Town and the Gateway to the Howgill's, Dent Heritage Centre, Farfield Mill..... we could go on, but with some collaboration from all parties I am sure we could come up with a reasonable amount of information. If we could get people thinking about us and maybe one day they might just come off the motorway and come and visit us and probably carry on to other towns in the Dales.
2. Help us by including us on the Web Site more predominantly "England's Book Town" boast about it! Further consultation with the Tourist Information Office would give you the information you require.
3. It is too late now for the literature that has already been printed but please consider us for all future re-prints and certainly for any 2008 promotional brochures.
4. If it is more collaboration with the town that is required then please let us know how and when to get in touch. The Tourist Information Office in Sedbergh is the best place to contact for any further information you may require.

We are trying to "*help ourselves*"; plans are in motion to advertise the town on local radio promoting the town as a brand. But this will take capital and with more support from Yorkshire Dales



National Park and Cumbria Tourist Board, local businesses may have more confidence in giving us that financial input so badly needed. We have also secured the funding for the Festival of Ideas and the annual Festival of Books & Drama is attracting some reputed names in the world of literature.

We would ask that you consider our points fairly any constructive comments would be gratefully received and please let us know if there is anything you can do in the imminent and long term future that would help us and restore our faith.

Yours sincerely

Jacky Baines, Secretary

This letter was sent to YDNP but many others were copied in an attempt to try and encourage a response. To help in our attempts to secure some positive publicity for the town we would be most grateful if as many people as possible would write to Yorkshire Dales National Park; Highways Agency Brown Tourism Signs, Sunley Tower, Piccadilly Plaza, Manchester M14BE; Tim Farron and anyone else who may be of influence. Anyone wanting more information please contact the Tourist Information Office.

1st SEDBERGH SCOUTS



In the Centenary year of the Scouting movement, it is pleasing to report that the Group in Sedbergh has emerged from a period of uncertainty and is now increasing in size. This is due to Toby Hubbard volunteering his services as an ASL, and Syd McLennan being snatched back from the jaws of impending retirement. Both bring a wealth of skills and experience, and we are now able to look to the future with some optimism. Recent events have included a well supported Easter coffee morning, kayak instruction and camping at Low Wray on the shore of Windermere. Future activities planned include hikes, camping / nights away,



survival skills training and firefighting experience.

The Group held its AGM on 21st May and we were very pleased to welcome members of the County and District Scouts, including Linda Bowden, the District Commissioner. At the meeting Linda presented Bill Mawdsley, our Scout Leader, with the Silver Acorn – a top award, which recognises Bill's especially distinguished service

to Scouting over 35 years. The Group also presented an engraved tankard as a token of thanks to Don Aspin who has retired as a Scout Leader after 26 years with 1st Sedbergh Scouts. Without the generous commitment of time by individuals such as Bill, Don, Syd and Toby there would be no Scouts in Sedbergh, and generations of youngsters would be the poorer. (The photo shows Bill and Don at the AGM.)

1st Sedbergh Scout Group is open to boys and girls between the ages of 10 to 14. Anyone interested can contact Bill Mawdsley on 015396 20723. General information on the Scout movement is available on the Scouts website at www.scouts.org.uk

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COUNCILLORS CORNER

Once again I have spent a lot of the last month dealing with the bids from the Cumbria and North Yorkshire County Councils for Unitary status. In a debate in Westminster Hall on 6 June four of the six Cumbrian MPs spoke against the Cumbrian bid and I understand that all of the North Yorkshire MPs are on record as opposing the North Yorkshire bid. I deplore the amount of time and money that these debates are taking up and I deplore even more the fact there will be no public referendum at the end of them. Obviously, like on Europe referendums will only be held when the answer will accord with the wishes of the minister in London. Few will regret her passing. Worst of all it sets councillor against councillor and makes us all look like idiots protecting our own. Again I must re-iterate, I do not oppose Unitary Councils but Cumbria and North Yorkshire are both far too large and should be cut into two or three unitaries each.

There has been some movement on the issue of the council tax on second homes. South Lakeland as levying authority has the right to choose to raise the taxation

but Cumbria then receives the bulk of the money collected. Back in 2002/3 Cumbria wanted to spend the money evenly throughout the county. Colin Hodgson and I refused to accept this as more than half of the second homes in the county are within South Lakeland. We finished up with a compromise that half came back to the districts to spend on new housing and half was spent by the county within the relevant district.

The county has now given notice that it does not intend to continue with this deal. In the debate at South Lakeland House I spoke strongly against any further reduction in the money being returned to the district. If South Lakeland does not benefit from the tax raised on Second Homes in South Lakeland then I believe we should cease to levy the tax at all. I was surprised that Tim Farron MP said he wanted to continue to levy the tax even if no benefit would accrue to this district. On that point I and my group would completely disagree with him.

In the period between the local elections and my re-appointment to the national park it was decided to hold a series of meetings on the replacement for the Local Plan, the Local Development Framework. One will be held in Sedbergh tonight, 19 June, to be chaired by Graham Dalton. I regret the lack of notice and would definitely have advertised it in my last article had I known it was going to be held.

The gypsies who travel through Middleton, Sedbergh and Cautley for Appleby New Fair are always a source of aggravation for those who live near to the main roads. There can be no doubt that there have been more complaints this

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time than for several years. I put this partly down to the extraordinarily good weather we have had which encouraged them to leave their homes sooner but mainly to the extent to which their movements are controlled outside our community. Below us they are moved on from Devil's Bridge as soon as possible. Above us, Eden refuses to allow them on to the commons in Ravenstonedale parish and Ash Fell until ten days before the fair itself. There can be no doubt that this led to many of them camping in Cautley for the best part of a month. We will have to try to avoid this in future years but as long as there is a New Fair there will always be friction between the travellers and the communities which they travel through.

A couple of electors have asked me have another go at explaining the change over to digital television. I can understand why people are wondering what is happening, I was in the same boat myself six months ago. The change-over is happening all over the world, some countries are doing it over night, like Australia, others are phasing the change over a couple of years, like us. Remember, Satellite Television already is digital – it is just the TV through the aerial which will change.

For large transmitters for the large towns and cities they have loads of capacity and they are broadcasting both the old and new formats together already. For little transmitters like ours there is no spare capacity and therefore they will have to turn off the existing signal before beginning the new one. This will happen over night in about a year's time. If you are to continue to receive television

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through the aerial you will need either a new TV or a Digital Box to convert your existing TV. These are dead cheap and already widely available. However, you will need a decent aerial. If your present one has had bits drop off and isn't properly aligned then it is less likely to cope with the digital signal. A curious fact is that they cannot broadcast the digital signal at full strength until the change-over is complete throughout the country. This is because the digital signals would swamp the existing analogue signals and make existing televisions unwatchable. This means that about a year after the local change-over the signal will improve dramatically.

The choice will be yours but in areas where there are high winds and/or poor reception at present it might well make sense to ditch the aerial service and move over to Sky's Freeview. They don't publicise this much as they prefer to take your dosh for the subscription channels. We did this four months ago and have been very satisfied. We will all be given ample notice before the actual change-over. For the first town to be changed, Whitehaven a warning is now being

(Continued on page 64)

broadcast over the existing analogue system – no doubt they will do the same here.

In last month's *Lookaround*, No Hastle made a few comments about the election material of myself and my various opponents. There is a suspicion that some people are so desperate to be elected that those who write their leaflets will say anything if it will attract votes from the more gullible electors. This can hardly be good for democracy, not least because it leads to a bidding war and inevitably the more responsible and considered commitments will be outdone by the more outlandish ones.

However, I think No is wrong to lump all leaflets together. I will not speak for those circulated by our opponents but David Wilson, Paul Winn and I have always written our own material since 1997. If some of the statements in our leaflets have been circumspect rather than direct then that reflects the complexity and realism behind the pledge being made. I don't know if we have met every commitment in every leaflet but it was always our intention and expectation when the leaflet was printed. I am glad that Nick is looking at the material circulating and I hope he will publish a score sheet BEFORE the next local elections.

At the same time I would also like to apologise for the vast numbers of leaflets circulated in the recent elections and in particular to anyone who was woken early on election day morning by one side or the other. There is a real issue here. The best thing would be if the expenses limit were cut back down to about £200

and a ban on using the postal service at all for election material. Unfortunately if one candidate bombards the electorate with vast quantities of material then the others have to do the same or be swept away. It is hard to believe but some people really are taken in by a photocopied "handwritten" letter from an MP, even if it is more or less word for word the same as others circulated by MPs of the same party in Dorset and Oxfordshire.

Finally, on one point No was dead wrong. The parish councils taking control of the Car Parks in Sedbergh and Dent is one of the best things to have happened in the recent past. Yes, it requires hard work from parish councillors but fortunately we do have such councillors. It might not be a "sexy" issue but it does give us a control over an important part of our destiny which other communities can only envy. Paul Winn and I have made no bones about claiming the credit for this. Of course if charging for car parking was such a brilliant idea then they would charge at ASDA and Morrison's but in the system which operates in England, South Lakeland has no alternative but to charge £300 or so for car parking passes. I don't like it but in that context free passes for locals in Dent and the modest charges made in Sedbergh are both good news for us as a community.

To contact me please ring 015396 20800 or 07980 844 695 (preferred) or email: kjlanc@kjlanc.demon.co.uk or else write to me at Fellgate, Dowbiggin, Sedbergh, Cumbria. LA10 5LS

Councillor Kevin Lancaster

A SEDBERGH VIEWPOINT

Knowing that visitors often buy a copy of *Lookaround*, and this month we are expecting an influx of visitors to our beautiful town, I wish you all a warm welcome. Sedbergh has the reputation of being a friendly community, so I hope our visitors will find it to be so. Being England's Book Town there are book shops to capture your imagination and no doubt you won't leave town without a newly purchased book in your luggage.

This month we are hosting a Festival of Ideas which should have something for everybody to enjoy. I'm sure elsewhere in this edition of *Lookaround* there will be full details to whet your appetite.

July marks the beginning of the second half of the year; the end of the school year; and the start of the summer holiday season. Settlebeck School leavers will be moving on to higher education or starting paid employment. I wish them all every happiness and success. This fast receding year has already experienced some good dry warm holiday weather (global warming perhaps) so I hope the weather doesn't spoil anyone's holiday even though rain might be needed for agriculture. It would be good to be able to arrange for rain to fall overnight and the sun to shine during the day!

Regular readers will know that I like to have a view of what our local councils are doing to justify the Council Tax they make us pay. I was amused by SLDC's recent newsletter "South Lakeland News" which tumbled through our letter boxes recently. Something else to recycle, I thought. The two front page items caught my eye (as no doubt intended). Firstly

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we were encouraged to recycle; then we were told that litterbugs and dog foulers will be given fixed fines. As I mentioned last month much of the litter at Joss Lane Car Park is because we locals are good at recycling our cardboard and plastic, but the Council obviously doesn't really expect us to recycle as well as we do. The bins are often full to overflowing. Recently there was almost another bin full of plastic dumped beside the full bin. People make the effort to take recycling to the bins. What are they to do if the bins are full? Obviously they have to stack it beside the bin and so surely the Council is the culprit for causing the litter! As I have said before, it is high time that cardboard and plastic is collected with our blue boxes, as does many other Councils. In my experience I have far more plastic than I do glass to dispose of.

If any of our visitors think our town is unkempt and dirty, please don't chastise us. We try our best to keep it welcoming.

Well that's enough for now. Have a happy holiday, whether you are visiting town, or leaving town for a week or two.

Best wishes N Hastle

FAMILY MUSINGS

Last week was emotionally draining, work was busy, I had agreed to put together an audio diary of "The Life of a Carer" as it was Carers Week throughout the UK and Cleo, my lovely Dog was put to sleep.

Perhaps you heard an extract from the diary on Radio Cumbria, as one friend put it " There I was having my breakfast and your voice drifted out of the radio, it was enough to put me of my food!" She was joking I think. Anyway, what could be simpler than linking up to a small CD recorder and talking, especially for someone like me with the gift of the gab, actually it was hard. First of all I am not very technically minded so it took the reporter a while to help me understand how the machine worked, then I had to remember the instructions when I was home alone with it, but the really hard part was not so much the actual sharing my thoughts and feelings but actually facing up to them.

We all know how ill my brother is and how bravely he is coping with Myeloma Cancer, we know better than some how much of a roller-coaster ride it all is for cancer patients and their loved ones, we

all know someone who has travelled this way and got better or not as the case may be, we know the highs and the lows and know that life has to go on however hard and difficult that can be but the one aspect of all of this that really came home to me is how I actually FEEL about it.

When the day of parting comes I need to know we have done the very best we could for as long as it was required at whatever cost, there can be no regrets, so if perhaps I do not reach the standards expected of me in other areas of my life please forgive me, if meetings pass without me, minutes seem scant, events don't get my input it is just for a time, the time will pass.

Cleo came to us after Barbara Morrison died and has enjoyed life here in our home and large garden for just over 2 years, the wonderful welcome homes she used to give me when she was more agile will never be forgotten but she was growing more blind, more deaf and more senile and finally the time came to say goodbye. She is buried in the garden she loved to explore and poor Mitts (cat) is quite bereft, started following me everywhere except when asleep in her new nest in the greenhouse, perhaps

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thinking she is safe from whatever has happened to her friend.

Some exciting news, our elder daughter and hubby are moving to live up at the farm, the great event will be the August Bank Holiday weekend just in time to help at the Gala on the Monday, she tells me to not get her roped in for anything after that as she will be commuting to work all week and not want busy weekends, fair enough, it will be so good to know they are living nearby even if we don't see each other much more than we do now.

Talking of houses we celebrated with lunch in the garden among family and friends for the Houses 70th Anniversary, a lovely time was had by all and we heard of a little more of the history of the site, all part of the woodyard where the local joiners, including my Grandad Middleton, made all manner of things including famous Dent Hay Rakes and also coffins. When my Dad was a boy one of his jobs was to take the Coffin Plates to a little dwarf of a man called "Clocky" to be lettered. There will be countless folk about for whom the Woodyard was the greatest place on earth to play and build dens, if we weren't in there we were up the Gill, often out all day and coming home at dusk because we were hungry! One of my favourite places up Flintergill was an old tumbling down barn which became known to us as "Three Bears House" after Dad set out three plates of sweets and then said "We had best go home the three Bears will be coming back!" Sadly it is now just a heap of stones and even the mosses and wild flowers of my childhood have gone, a walk up past the Wishing Tree, Three

Bears House and on up to the top can never be as lovely as it used to be. That is not progress.

My mind is playing tricks on me, I am sure I heard Cleo in the night, but it couldn't be .. could it? Somewhere I have a picture of a Zebra loosing its stripes and the thought bubble says "I think it's stress" somehow I know the feeling! Enjoy the summer, more next month.

MARK DODD

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PAINTER & DECORATOR

SEDBERGH PRIMARY SCHOOL (Written in the style of Alan Gibbons 'That's Liverpool') THAT'S SEDBERGH

A cold chilly breeze,
Passing an old friendly school,
Going to the Green Door,
That's Sedbergh.

Dashing rivers and streams,
A sparkling night sky,
Singing birds in the trees,
That's Sedbergh.

Mist over the hills,
Walkers walking to the top of Winder,
Surrounded by the Howgills,
That's Sedbergh.

Emma

SEDBERGH ANNUAL PARISH MEETING

Minutes Meeting held at the People's Hall, at 7.00 pm on Wednesday 30 May, 2007.

1. Election of Chairman.

Cllr A. Pratt was proposed by Cllr. Hopkins and seconded by Cllr. Blair. There were no other candidates and the motion was passed unanimously.

2. Receipt of Chairman's Declaration of Acceptance of Office.

This was signed by the Chairman and Acting Clerk on behalf of the Council.

The Council recognised the increased workload over last year in response to its heightened role of civic leadership and the weightier issues now before it. It was also recognised that this extra workload has also generated longer Council meetings, and the responsibilities on all Councillors to exercise self-discipline to make meetings manageable.

3. Election of Vice-Chairman.

Cllr D. Blair was proposed by Cllr. Scarr and seconded by Cllr Allan. There were no other candidates and the motion was passed unanimously.

4. Minutes of Annual Parish Meeting 2006.

These had been incorrectly been approved at last year's May meeting. They were proposed for adoption by Cllr. Hodge and seconded by Cllr. Scarr. The motion was passed.

5. Appointment of Reps to Outside Bodies.

Cllr. Hodge proposed that, with the addition of Cllr. Lancaster onto the Town Twinning Committee, the remainder would be re-elected en-bloc.

This motion was passed and the Clerk will notify all the outside bodies concerned.

Yorkshire Dales and Sedbergh United Charities – The Council will receive notification from these organisations at the time of re-election.

6. Appointment of Council Committees.

6.1 Queen's Gardens Committee

Cllr.D. Blair, Cllr. E. Scarr,
Cllr. M. Gorst.

6.2 Audit Committee

Cllr. V. Hopkins, Cllr. H. Hodge,
Cllr. A. Allan

6.3 Car Parks Committee

Cllr. D Blair, Cllr. S. Longlands,
Cllr. H. Hodge

6.4 Planning Committee

It was agreed that further discussion about such a committee was necessary before members could be appointed.

7. Annual Subscriptions.

Cllr Hopkins proposed that current annual subscriptions should remain as they are but be subject to review by the Audit Committee. It was recognised that the Clerk had found membership of CALC useful.

8. Any Other Business.

8.1 Community Office Lease.

Mr Richard Cann asked for clarification of date of lease expiry for Community Office, and wondered if it was tied in with the Book Centre. Cllr. Hodge confirmed that the Book Centre would be receiving a further three year lease after the expiry of the current lease in early 2008. It was suggested that Mr Cann talks to Deyna Hirst of the Community Office, as this is a separate organisation. The lease is with YDNP who own the

building.

8.2 Sedbergh Auction Mart Site.

A member of public asked about the situation regarding the Cattle Market, asking if there was any information update. Cllr. Pratt stated that the Spar organisation had purchased it and it was now theirs to do with as they wished. The site had been tidied up. Cllr.

Lancaster confirmed that no planning application had been received for the site as of 19 May, 2007. Whilst it was known that the fields behind the site were protected by the Local Plan as important green space, members of the public sought the Council's opinion on what would be acceptable for this site.

However, given the current situation with no plans submitted the Council cannot give any opinion regarding possible uses of the site. Cllr. Lancaster stated that there would be a letter in the June edition of '*Lookaround*' about a possible use of this site for community use. Ultimately it is for the owner of the land to negotiate with the planners about their intended usage of the site. The planning process was explained and the members of the public were advised that they could be present when the Parish Council discussed the application, although would not be able to speak. They were also advised that they could view any plans at the Community Office, make representation in writing, and speak at a YDNP planning meeting. Cllr. Lancaster suggested that for a site of this size there would be an extended consultation period and also at least one site meeting for the Planning Committee of YDNP with planning officers.



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DENTDALE CRICKET CLUB

The M.C.C. played Dentedale Cricket club on 17th June, in a re-arranged fixture. Thanks to Melvyn Cragg's Cavaliers for filling the gap left by the unavoidable withdrawal of Gregsons. Thanks also to Bentham Plant Hire for the loan of a roller which has improved our wicket square immensely.

Match Reports

On 3rd June our first match, we played Kirkby Lonsdale R.U.F.C. at Dent. We had a bad start slumping quickly to 18 with the loss of 3 wickets. Rob Mitchell came to the rescue with a determined and patient innings of 20. He kept his wicket for a long time allowing Daniel (Mase) Mason 18 and David (Larry) Hunter 16 to play around him. We finished 92 all out.

Kirkby looked to be cruising to victory at 70 for 5 but 3 quick wickets brought a tense finish with Kirkby eventually winning at 93 for 8. Dents Best Bowlers were Chris McClurg 2 wickets for 11 runs and Tim Baines 3 for 10 including a stunning caught and bowled.

Mace made a very creditable entry behind the timbers taking over from our ageing keeper Pete Moorby (his knees are creaking!). Thanks for the years of excellent keeping and we hope your batting form soon returns.

10th June v The Bell Ringers (a fine bunch of men from Kirkby Malham). Larry won the toss and put the visitors in to bat. They were restricted to 122 for 8 in their 40 overs by superb bowling by Chris McClurg, 6 overs for 6 runs taking 3 wickets and Adam Hague 4 overs, 8 runs, 2 wickets. They were helped by some outstanding fielding by Martin

Knapton. Mace had another good day behind the sticks and is proving to be a real find as a wicket keeper and batsman (could be even better if he didn't try to hit the leather off the ball quite so often).

We got off to another shaky start at 8 for 2 wickets. Striding out at no. 4 Dent's Kevin Peterson!! Well not quite, David (Burty) Burton all 5 foot of him and 14 years old. Burty pushed around and was clearly determined not to get out. Mace was out for 15 (A bad shot) 19 for 3. Pete Moorby made a rather out of touch 18 whilst Burty visibly grew in confidence. He was joined by Chris McClurg who made 13. By this time Burty was moving well and timing the ball nicely. He was obviously tiring by the time he reached 50 and was finally out for 57 which included 8 4's. When Burty was out our total was 111. Rob Mitchell hit the winning run, off the first ball of our last over. An exciting and enjoyable game.

Burty's innings was superb for one so young. He had good technique but above all showed great character and determination. Well Done Lad!

17th June v M.C.C. (Melvyn Cragg's Cavaliers). One rather unkind spectator suggested cloggers would have been more apt.

Dent seem to be making a habit of disastrous starts. 2 wickets down with only 1 run on the board. Last weeks hero Burty Burton batted well, briefly until hitting across a straight ball from Uncle Mel, timbers demolished! Mark Dodd and Pete Moorby steadied the ship with 24 and 13 respectively. Pete's dismissal was caught Mel Craggs bowled B. Close.

No doubt Mel will remind him of this from time to time. Chris McClurg 14 and Martin Knapton 17 batted well to get us to 102 all out.

Despite our low score we looked to have a chance when we had the Cavaliers 4 down for not many and at 47 for 5 we sniffed another win but good knocks by D. Metcalfe 30 and B. Close not out 43 took Cavaliers to a well earned victory.

Dents star bowler was Eddie (The Legend in his own lifetime) Smith making a return at the ripe old age of ? He took 3 wickets for 10. Martin Knapton was again outstanding in the field.

A good day was had by all. Thanks again Mel for filling the fixture gap.

5 a side Cricket Tournament

On Sunday 19th August we intend to hold a 5 a side Competition. Would anyone wishing to bring a team and have some fun please phone John Hyde on 015396-25503.

We have good quality cotton Club shirts for sale at the bargain price of £10.

Dentdale Cricket Club would like to thank our sponsors for their support.

Dent Brewery, The George & Dragon Hotel, M. Cragg builder, Stramongate Press printers, Lyon Equipment, Dalesway Tyres, Cobble Country estate agents, Christopher Whelan estate agents, JJ Martin funeral services, High Laning Farm, Caravan & Camping park, Burton Turf Care, Cumbria Stoves, Sandell's Book Shop, Gibson of Kendal, Gary Sedgwick plumber, DT Close Garage, W. Dawson Coal Merchant, Steadmans Butcher, Meadowside Café, Bentham Plant Hire and JJ Martin Domestic appliances.

SOUTH LAKES SOCIETY FOR THE BLIND - SEDBERGH GROUP

A visit to Thorn's Hall was an excellent ending to the summer sessions. Gordon Axford welcomed everyone and led the group in a short period of silence as we remembered the loss of our member and friend Nora Hunter. She had not been able to attend the meetings for some months and had recently passed away. Although she was always in some discomfort, she contributed with interest to the meetings and will be remembered with considerable affection.

The meal was delicious and the welcome from Kath and staff was as warm and friendly as usual. After the meal everyone moved around and caught up with news and gossip with old friends before departing, courtesy of the volunteer drivers.

The group does not meet again until September and will then be short of one voluntary driver until October or November. If anyone feels that they would be able to fill that gap, that is to say to deliver and collect members for one afternoon in September and possibly one in October then please contact Jennifer Levitt, Tel 25162.

The next meeting will take place on the 18th September at 2.00p.m. in the People's Hall. New members and volunteers are always welcome. For further information telephone Sedbergh 21019 or Kendal 01539 742633.

On Saturday 16th June, some members and volunteers conducted a Street Collection in Sedbergh which realised £255.71 for Funds. Grateful thanks to all helpers and those who gave so generously.

JGL

SEDBERGH TOWN BAND

Summer Concert

The 9th Annual Summer Concert was held in the People's Hall on Wednesday 6th June. This was slightly later than in the past, a fact occasioned by a wish to give a reasonable spread to the Band's Spring and early Summer's commitments: the combined Town and Sedbergh School Band Charity Concert in Powell Hall, the Spring Show and the Annual Gala all preceded the Summer Concert by a mere three weeks.

In the light of this recent heavy exposure and the change in date it was feared that support would not have been as extensive as usual but in the event a splendid audience in excess of 130 were entertained to a concert of an excellent standard and impressive variety.

Alan Lewis, Bandmaster, in his speech at the recent A.G.M. referred to his high level of satisfaction in the musical direction of the Band and commented on the substantial jump in the technical playing level now being achieved by the Band. When making these observations he clearly had in mind both the composition and the anticipated playing standard of the forthcoming Summer Concert. The music played was indeed demanding and fine technical playing skills were revealed.

Both halves of the programme started with a march, 'Castlegarth' and 'Church Walk' respectively, each composed by Alan Lewis. Familiar and popular numbers were represented by 'All in the April Evening', the Big Band, Glen Miller item 'Moonlight Serenade', 'What a Wonderful World', made famous by Louis Armstrong, and 'A Nightingale Sang in Berkley Square'. The world of

the cinema was well represented by the themes to 'Born Free', 'Beyond the Sea', 'Gonna Fly' (Rocky III), 'Is this the way to Amarillo', and a rousing selection of Bond themes.

Particularly impressive pieces featured solo playing; the Band accompanied Tony Crofts's euphonium solo in Karl Jenkins's 'Benedictus' from his work 'The Armed Man', and Henry Wray's delightful rendition of Rodrigues's Concerto de Aranjues demonstrated clearly why he had won his section at the Tynedale Festival earlier in the year.

Between numbers the President's Cup, awarded annually to the Band member who had made the most significant progress in the course of the year, was presented by Alan Lewis to Richard Mason (tuba).

In spite of exhaustion threatening the Band caused by exuberant playing, a remarkable warm early summer's evening and the heat generated by the People's Hall stage lighting they were delighted to respond to the audience's demands for an encore with an animated performance of 'Instant Concert'.

As ever the Band is indebted to many people and would like to take advantage of the 'Lookaround' to express their thanks. The kind offices of Nisa, Howgills Home and Gifts, the Post Office and the Tourist Information Centre enable tickets to be readily available. All the premises approached generously allowed us to display our posters and for this we are most grateful. Steve Longlands provided a lighting system for the stage that was both efficient (the Band could see their music clearly) and dramatic - diminished during the Bandmaster's remarks to the audience and raised for the

musical items. Especial thanks go to the ladies for all their invaluable work on the door, with the raffle and dispensing refreshments: Jean, Elspeth, Viv, Shirley and Fay.

Thanks also, as ever, to our audience who not only give us so much encouragement by their support but even lend a much appreciated hand at the end clearing up the hall. Amongst the audience it was particularly pleasing to welcome the Headmaster and Mrs. Hirst representing Sedbergh School. We extend a great thanks to Sedbergh School for all the great benefits the Band obtains from being able to rehearse in the School's Band Room. An excellent relationship exists between the two Bands as demonstrated by the recent first rate combined concert and a regular exchange of playing personnel.

The Band was delighted to have the audience boosted by the presence of twelve walkers staying at Thorn's Hall. The day before the concert four of them got into conversation with a Band member over tea in Dent. The subject of brass bands arose and on hearing of the forthcoming concert declared that they and their companions would attend - as indeed they did and we were delighted to see them as well as our regular supporters and any other visitors to Sedbergh.

**NORTH WEST CANCER
RESEARCH**

For many years, there has been a Charity Collection Box in the Post Office in memory of one time Post Master Alan Jackson. The money has always been forwarded to the North West Branch and the following letter was recently at the

Post Office.

Dear Mrs Johnson,

Connie Mason has passed on to me the proceeds of your collection for our fund totalling £375. This is a wonderful effort for which we are extremely grateful both to you and to your customers who help fill your bottle. All the money that is raised in this area is spent on research in the North West, including at Lancaster University, into the causes of cancer and it is help like yours that enables us to fund this research.

Once again our very grateful thanks to you all.

Yours sincerely,

Keith Wightman, Hon. Treasurer

**SEDBERGH PRIMARY SCHOOL
THAT'S SEDBERGH**

**(Written in the style of Alan Gibbon's
That's Liverpool)**

Lovely fresh bread from the Bakery,
Fruit and veg coming from the
Wednesday market,
Beautiful streams that glitter
That's Sedbergh.

Green door sweets that I love to chew,
The delicious smell of fish and chips,
hum, hum,
Cold winds blow at trickly trees,
Spinning around at the park
That's Sedbergh.

Bull hotels best bar,
Chinese fried rices with hot curry,
Schools Sedbergh Primary, Settlebeck
and Baliol,
Not a park at Bainbridge Road,
That's Sedbergh.

Kim

SETTLEBECK HIGH SCHOOL

Goodbye to Settlebeck – from Dave Smith

It has been an interesting final term for me at Settlebeck – a term of ‘last times’, the last year 11 GCSE exams, the last Zrece return visit, the last Sports Day, soon it will be the last Summer Fete and this is the last time I will write as head of Settlebeck.

It could have been quite a pensive experience but as always, school life rattles along at a frenetic pace and there really has not been much time for quiet reflection. However, as my time of departure rapidly approaches, I have begun to look back on my experience of Settlebeck over these last 13 years with a great deal of affection and satisfaction. I wonder how many local people are aware of just what a jewel of a school they have in their midst.

Settlebeck High School:

- has consistently performed in the top 25% of all schools in Cumbria and nationally, and has often been in the top 10%. (Our value added scores were in the top 5% last year.)
- is truly comprehensive – that is, catering for the needs of all abilities with a normal distribution of students from every type of background,
- enables the very able (currently referred to as the Gifted and Talented) to achieve very highly and transfer effortlessly to local sixth forms and then on to higher education,
- is very highly regarded throughout the county and by Ofsted for its inclusiveness and support for children with special needs, in particular those with autistic

spectrum disorders,

- has small class sizes, a close supportive family ethos of respect, care and support for others,
- provides its students with an excellent grounding in Information and Communication Technology. There are now 180 computers in the school serving 200 students.
- was graded as ‘very good’ by the last Ofsted with a ‘very good’ for the 3 core subjects of English, Maths and Science as well as for History and students’ spiritual, moral, social and cultural education. These judgements again place the school in the top 10% in England.

It has been a privilege for me to serve this school and its community and these have certainly been the happiest years of my teaching career. The satisfaction and sense of achievement I have gained at Settlebeck is due to the incredibly dedicated staff team, both teachers and support staff, who work together successfully to support our students and enable them to achieve so highly. It is also due to the close community links and from the strong partnership with parents. This partnership is so important in enabling parents and school give our young people a consistent message, based on common values and the highest expectations. But most of all, I have valued the day-to-day experience of working with our students. You often read about the dreadful state of young people today, about disrespectful, riotous behaviour, drink, drugs, bad language and a casual disregard for their education. The young people of this community give the lie to this media-driven myth. I have

been proud to work with them and I have the highest regard for their humanity, their sense of fair play, their good manners, their keenness to learn and improve, their support of each other and their loyalty to their families, the school and this community. Of course there will always be one of two who let the others down but they are a very small minority and in general the mothers and fathers of our students can feel very proud of their sons and daughters, and that they have raised them in such a wonderful nurturing community.

Yes, I will miss Settlebeck and everyone associated with the school, and yet it is the right time for me to go and I know that Dr Judith Greene, my successor, will carry on the school's strong traditions of partnership, care, respect and high expectations. From my own part I am now looking forward to a gap year, time to return to the domestic scene, to read, to travel and re-forge old relationships. My wife and I intend to stay in Sedbergh and continue to support and contribute to this great community. I wish Settlebeck, its students, parents, staff, governors and community partners all the very best in what I am sure will be a very successful future.

JULY GARDENING

Seed sowing may be the last thing that you are thinking of doing this month, but if you would like to introduce a whole range of new flowering plants to your garden relatively inexpensively then now is a good time to start them off. One of the most rewarding flowers from seed is the Sweet William. I try to remember to sow these every year as I find them very short lived as perennials and I usually go

for a standard mixture which produces flowers in a wide range of reds and pinks on stems 18 ins tall. Dwarf and single colour and double flowered hybrids are also available with the old fashioned variety 'Nigricans' and the similar new variety 'Sooty' being two of my favourites. I sow seed thinly into a 6in half pot containing multipurpose compost, cover with a thin layer of compost, water and place on a light windowsill, or in an unheated greenhouse. Germination is usually quite quick and quite good and if you have sown the seeds thinly enough, you can leave the seedlings to grow on in their pot until they are 2-3 ins tall then plant them out at 6 in spacings, either individually or in small clumps. I tend to grow mine in a corner of the veg. plot- but that is to avoid rabbit induced fatality. They will grow equally well in a space in the flower border

Violas for winter and spring flowering should also be sown at this time of year. For winter hardiness *Viola* 'Sorbet' hybrids make good bedding plants, but if you want something longer lasting, why not go for *Viola cornuta* and its cultivars. The original species is a lovely clear blue but there are old and new "cottage garden" varieties in white, apricot, copper/crimson, deep purple, dark blue and yellow.

Seeds for a variety of biennials and perennials are available from good garden centres, but if you want a really wide range to choose from then Chiltern Seeds, based near Ulverston is hard to beat. Phone 01229 581137 or visit www.chilternseeds.co.uk to request a catalogue.

Elaine Horne

SEDBERGH MEDICAL PRACTICE

We would like to inform our patients that Adele Reynolds; one of our practice nurses will be leaving us at the end of July. She has been a terrific asset to the practice and we have very much appreciated her contribution to the health centre and the development of the new combined practice. She has been particularly involved in working with diabetes and will be a hard act to follow. Her commitment to the practice has always been unquestionable and we feel we have been very fortunate to be able to work with her. We are sure that you will join us in wishing her every success in her new role at Sedbergh Junior School and we are very grateful for all her hard work and dedication over the past seven years. She will be sadly missed by all of us. Fortunately we are retaining the high standard of care provided by our other practice nurse Anne Crome and will be taking on a new practice nurse to support her in August.



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DIALECT DIGEST

Wi smoakin' in t'news agin, Ah mind a tale abaht Dick, who were sich a gurt smoker, he'd hardly ivver a pipe aht of his mahth. His wife, Mary, nivver liked it. Shoo didn't want Dick ta do owt 'at shoo couldn't do hersen. "Lewk here," shoo said, pointin' ta summat in t'newspaper. "It sez here 'at smoakin' dis an awful lot ov 'arm. Hah is it thoo wean't pack it in?" "Hes it ivver done me onny 'arm?" asked Dick. "Ah'm seventy, an' as gooid as ivver Ah was. An' Ah lewk ten year younger ner tha does." "Tha fooil!" said Mary, nivver yan ti be beaten. "If tha hadn't smoaked, tha'd hev bin eighty nah!"

If the Dales are renowned for their beauty, those who live there are just as renowned for being down to earth and practical. A visitor to a farm looked out at the panorama of rolling fells and valleys, and exclaimed, "What a lovely view!" "Aye," replied the farmer, "but it wean't pay t'rent!"

And a visiting American sought to impress old Sam Taylor when he boasted how many million tons of water went over Niagara Falls every single minute.

"Theer's nowt remarkable abaht that," replied Sam. "Ther's nowt ti stop it, is ther?"

Michael Park

THOUGHT FOR THE MONTH (2)

A little boy in church for the first time watched as the stewards passed around the collection plates, as one got close to the pew where he was sat he piped up "Don't pay for me Daddy I am under five!"

LD



PHOTO CALL

I have eventually managed to get the names of the photo which was in 2 months ago. Grateful thanks to Donna Gardner. They are

Left to right top:

Michelle Haygarth, Donna Gardner, Cheryl Garnett, Jane Mattinson, Rebecca Walker, Rebecca Hennedy.

Bottom row:

Sarah Moore, Lucy Ramsbottom, Vicky Hunter, Sally Cowin.

This month is Settlebeck Football Team 1973. I recognise Peter Packham as he is my brother and also Jim Brooksbank. Names as usual to Shirley Tebay Walnut Bungalow, Dent, Sedbergh LA10 5QT, or phone 015396 25001 or email shirley.tebay@btinternet.com



DENTDALE METHODIST NEWS

We are always pleased to share the United Services arranged in the Dale and have recently been to them at both St Johns and St Andrews, it was good to have another Congregation Meeting recently when things like the August Bank Holiday Sunday evening service could be discussed and the Sausage Sizzle, the latter has taken place and went well, it is good to get-together socially as well as at church and to show non-church goers we can have fun and are quite normal really, whatever that might mean!

On Aug 4th (see advert) a Tea and stalls will be held at "Rhumes" for chapel funds and the next day at 7pm the service will be a Celebration, something a bit different, do come.

As ever prayer requests can be left in the Prayer Room, and we seek to share the love of Jesus with the community (you) reaching out the hand of friendship, meeting you where you are, showing that the "church" is quite approachable and is interested in what is going on in your life.

At a recent service copies of the Complete Mission Praise hymn book were dedicated in Loving Memory of Miss Elizabeth Middleton and used for the first time.

SE & J Woof.

Steve Longlands

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ROAD CLOSURE

Over the years, minor damage has been caused to the bridge at Lincoln's Inn Bridge on the A684 road by passing vehicles. For a period of about six weeks, the bridge will be closed for essential and urgent repairs from Monday 3rd September.

The diversion will be via Killington Bridge and Four Lane Ends. This will cause a major problem when large lorries will try and use these narrow roads. I do recall a few years ago that an HGV fell into a field after getting too close to the side. I would like to think that all HGV's are requested not to travel on this Diversionary Route and use the A683 road from Kirkby Lonsdale.

D J Whicker

CHRISTIAN AID COMMITTEE SEDBERGH & DISTRICT

Many thanks to all our supporters for their generosity through Christian Aid Week. The amounts raised were as follows:

Shop	£2000.00
Christian Aid Service	£125.87
Killington Service Station Collection	£87.95
House to House	£3028.60

This was a tremendous result - well done to all.

EATING OUT

The Fish and Chip night at Meadowside Cafe, Dent, on the second Friday of each month is fast becoming a not-to-miss event in the lives of both locals and off-cumdens some of whom travel from as far as Manchester to savour the

experience. Further along the road, up at Cowgill on another Friday it is Curry Night, again a very popular day on the calendar.

Personally I am more a tea and cake sort of person and Bridge House Farm at Wray, Lancaster more than met my need on that score, a marvellous array of home made cakes, main meals, Sunday Lunches, light meals served in the cafe or outside on the patio. If you need a downstairs table it might be an idea to book and certainly for Sunday Lunch you need to book, they also have a small shop and plant nursery, children's play equipment and space to let of steam.

E. N. JOY

SAM KONCZYNSKI



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015242 72073
07771 97 00 96

SETTLEBECK HIGH SCHOOL

A reminder – Dave Smith is leaving us at the end of this term. I am sure many of you in our community would like to contribute to a gift to mark his retirement. We will be celebrating his huge contribution to Settlebeck and the wider community at our Summer Fete on the 10th July, which starts at 6.30 pm.

Please send any contributions to Joan Woof at the school office.

Thank you.

SEDBERGH PRIMARY SCHOOL
(Written in the style of Alan Gibbons
'That's Liverpool')

THAT'S SEDBERGH

Charming smiles that pass you by,
Monday morning to start a new school
week,
Freshly baked bread from the bakery,
That's Sedbergh.

Spring time lambs as cute as ever,
That's Sedbergh.

Green door sweets to water your mouth,
Dry stone wall that pass you by,
Library books but you must be quiet!
That's Sedbergh.

Elizabeth

SEDBERGH EMBROIDERY

All the main pieces of the second panel have been completed and the Stitchers are working on assembling them on the main canvas. Artengill viaduct, Cautley Spout, Pendragon Castle, Dent Station, Jackdaw Bridge, Queen's Gardens and Fox's Pulpit are in place.

The Stitchers enjoy their weekly meetings in the winter months and we shall be continuing in September with Baliol School, Brigflatts, Thorns Hall, the Methodist Chapel of 1847, the Pepperpot, Sedbergh bowling club and Stone Hall.

The Stitchers particularly wanted the finished panel to be displayed in Sedbergh library so that local people and visitors would have a venue in the town itself. We were disappointed when the council decided to close the library for a week in the main holiday season from

4th – 11th June. We can only apologise to any visitors who were turned away.
www.sedbergh-embroidery.co.uk

MUSIC FESTIVAL 2008

The Music Festival in 2008 will run from June 14th. to June 29th.

The provisional programme will include: Besses o' th' Barn Band, The Abbey Singers, a complete cycle of the Bach 'Cello Suites, Two Organ Recitals, Performances of Gilbert and Sullivan's 'Trial by Jury', Chetham's School of Music, Dalston Male Voice Choir, An evening of Folk and Jazz, a piano recital by Martin Roscoe, the Town Band, Early Music, a programme of string music devised by Julian Cann, Alia Kravchuk and an evening of popular excerpts from Musicals and Opera, and much more.

Note the dates in your diary!

DC

SEDBERGH WANDERERS
FOOTBALL CLUB

The town's football club is now being run by a new committee, and two different managers who will bring different ideas, players and languages.

If you are 16 years old upwards, want to play football, can see your own feet, don't need to see a doctor after 5 minutes training, don't need to hold your mothers, wives or girlfriends hands while shopping on a Saturday afternoon, then get yourselves to training.

Officially first and second team training starts Monday 2nd July at 6.45pm at the town's football pitch, All new players welcome.

Caspa

DENT SHOW

Tug-O-War Challenge sponsored by Lyon equipment. This event will be on the Sunday of the Show 26th August.

Teams of six to compete for trophy and prizes. Entry fee £12 per team.

Categories:-

- 1 Men Only
- 2 Ladies Only
- 3 Open to Anyone

Please contact John Hyde on 015396-25503 if you wish to enter a team.



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THOUGHT FOR THE MONTH (1)

Granny and small grand daughter were walking along the Canal looking under small stones and searching among the plants for small creatures and interesting things, Granny reminded the little girl how God had made all this for them to enjoy and to remind them he was always with them. Just then a gentle breeze rustled the leaves and their hair, before Granny could say a word the little girl exclaimed "Oh Granny, God is talking to us now!".

LD

SEDBERGH & DISTRICT TOY LIBRARY

The Library in the People's Hall has something for everyone. Browse through the New Catalogue.

Opening Dates for Summer 2007

July 5th, 19th, August 2nd, 16th, Sept 6th. 2.30 to 4.30 pm each session.

School Children 5 to 11

Summer Games, Cricket, Golf, Skate Board, Roller Blades, Tents, Pogo Sticks, Splash Hockey, Swing Ball, New stock of Play Station 2 Games, Table Tennis, Guitar, Games for Parties, Giant Connect, Jenga, Snakes & Ladders, Parachute Game, Table Football, Board Games.

Under 5's

Aqua Draw, Garages, Train Sets, Doll's houses, New Scooter, Trikes, Musical instruments and very, very much more.

Grandparents

Amaze your family with a new selection of toys for their visits.

EDWIN MIDDLETON

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Mobile: 07779 049103 or 07814 149105

YORKSHIRE DALES PLANNING

Please be advised that there will be no planning surgeries in Sedbergh on the following dates -

Wednesday 4th July 2007 and Wednesday 3rd, 10th & 17th October 2007.

Please contact the Area Technician (Janet Bainbridge) at the Yorkshire Dales National Park Office on 01969 652300 if you have any queries regarding planning applications during these times.

Andrea Burden,
YDNP Planning Officer

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00; 10.30 & 18.30
 Wednesday 11.15

Canon A W Fell Tel: 20283

Church Wardens:

John Beck 22109 & Lavinia Mahon 21740

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. P Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30 & 18.30

Rev. T Widdess Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30

Rev. C Gotham Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Mrs T Satchell Tel: 20005

UNITARIAN & FREE

CHRISTIAN CHAPEL

Market Place, Kendal
 Sunday 11.00
 Wednesday 19.30

Rev. G Jones Tel: 01539 - 722079

*For enquiries for the following services,
 Please ring the relevant telephone number*

CHURCH OF ENGLAND

Firbank; Howgill & Killington
 Cautley & Garsdale

Canon A W Fell Tel: 20283

Church Wardens:

Cautley: Judith Bush 20058 & Linda Hopkins 21455
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723
 Dent & Cowgill

Rev. P Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
 Cautley; Fell End;
 Garsdale Street; Garsdale Low Smithy;
 Hawes Junction & Frostron

Rev. T Widdess Tel: 20329

SEDBERGH CHRISTIAN CENTRE

6.30 pm People's Hall every Sunday

Tel: 21436

*Would you like to know that someone is
 praying for you? Or do you have a
 relative, friend or neighbour in special
 need of prayer? In the Churches, we pray
 every Sunday for this
 community and we
 should like to hear of
 any special needs.
 Please ring any of the
 above telephone
 numbers so that we may
 pray for you and/or
 others.*



Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month (Double December)	=	£1.00
Postal Overseas (Double December)	=	£2.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.

**No adverts
 by e-mail or FAX please**

*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*

Articles etc. by 19th of every month

DIARY OF EVENTS

Dates are held up to 29th June 2008

<i>"Lookaround Diary" What's missing?</i>		UR	22 1030	Sue Clifford / Giles Fraser (Insert)	SSPH
JULY			22 1145	David Edgerton / D Streatfield (Insert)	SSPH
1	1000 The Dales Landscape Starts	DCMH	22 1300	Rabbi Blue / Stephan Harding (Insert)	SSPH
1	1400 Tennis Senior Tournament	G	22 1400	Dent Cricket v Gregsons	Dent
1	1400 Dent Cricket v Holker	Dent	22 1415	Jonathon Ree / Tag Gronberg (Insert)	SSPH
2	1930 The Scobies in Concert	StAS	22 1530	Panel (Insert)	SSPH
3	1400 Spinning a Yarn	DCMH	22 1715	Kate Rawles (Insert)	SSPH
4	SS Term Ends		24 1900	Neighbourhood Forum	CVH
4	1000 URC Coffee Morning	URCR	24 1930	VaCo in Concert	StAS
4	1930 WIF Nyumbani	PH	25 1000	Network Coffee Morning	URCR
5	1930 WIH Stroke Association	FCH	25 1400	Art in the Park	DCMH
6	Football Tournament		25 1930	Sedbergh Parish Council	PH
7	1100 Table Sale (8)	Rhumes, Dent	26 1230	Red Squirrels	DCMH
8	1300 Open Garden (8)	Rhumes, Dent	27 1400	Strawberry Teas (27)	DMH
8	1345 CWT Tarn Syke & Sunbiggin Tarn	LHCP	27 1400	Storytelling	DCMH
8	1400 Dent Cricket v Bentham Exiles	Dent	29 1015	Pathfinder Basics	DCMH
9	1500 Reading Group	L	29 1400	Dent Cricket v Archbishop Hutton	Dent
10	1400 Blood Donor Session	PH	30 1000	Annual Holiday Club (30)	PH
10	1400 WIK Garden Party	HB	31 1000	Annual Holiday Club (30)	PH
10	1730 Blood Donor Session	PH	31 1400	Traditional Stone Walling	DCMH
10	1830 SHS Summer Fete	SHS	AUGUST		
10	2030 Les Bull Jazz Night	Bull	1 1000	Carers Coffee Morning	URCR
11	1000 WIH Coffee Morning	URCR	1 1000	Annual Holiday Club (30)	PH
11	1000 Farmers Market (11)	JLCP	1 1000	Geology in the Dales Starts	DCMH
11	WID Outing	TBA	1 1930	WIF Good Heavens, it rhymes	PH
14	1430 Beekeepers' Queen Selecting	The Bothy	2 1000	Annual Holiday Club (30)	PH
15	1000 The Dales Landscape Ends	DCMH	2 1930	WIH Flower Arranging	HVH
15	1000 Digital Photography	DCMH	3 1000	Annual Holiday Club (30)	PH
15	1400 Dent Cricket v Barrow Nomads	Dent	4 1400	Garsdale Fun Day (32)	GVH
18	1000 RBL Coffee Morning (18)	URCR	4 1430	Beekeepers' Varroa Management	Lingarth
18	1900 HS Brigflatts (18)	BF	4 1500	Tea in Rhumes, Dent (58)	Rhumes, Dent
18	1930 CDC Farewell to R&J	CDC	4 1800	BBQ & Duck Race (48)	KVH
20	1700 Andrew Whitley (Insert)	SSPH	5 1400	Dent Cricket v Lancaster University	Dent
20	1800 Local Biographies (Insert)	SSPH	6	August Bank Holiday	
20	1915 Sir Anthony Kenny (Insert)	SSPH	8 1000	NW Cancer Coffee Morning	URCR
20	1930 Not just Yorkshire Pudding	DCMH	8 1000	Farmers Market (11)	JLCP
20	2030 Gervase Phinn (Insert)	SSPH	8 1915	WID Pancakes Savoury & Sweet	DMH
21	1000 Roly Smith / Keith Hanley (Insert)	SSPH	11 1930	Slovene Dancers in Sedbergh (33)	PH
21	1000 Geology in the Dales Starts	DCMH	12 1430	CWT Riverside Family Walk	DCP
21	1115 Sir John Ure / George M Ross (Insert)	SSPH	13 1500	Reading Group	L
21	1230 Simon Bainbridge / Samuel Jones (Insert)	SSPH	14 0900	Lunesdale Show	KL
21	1300 Flint Knapping	DCMH	14 1400	WIK Outing	TBA
21	1345 Nick Bostrom (Insert)	SSPH	14 1930	FCH Domino Drive	FCH
21	1500 Nick Yarris / James Connelly (Insert)	SSPH	14 2030	Les Bull Jazz Night	Bull
21	1615 John Cottingham (Insert)	SSPH	15 1000	StAS Mission Coffee Morning	URCR
21	1730 Panel (Insert)	SSPH	22 1000	Howgill Church Coffee Morning	URCR
21	1930 Les Bull Jazz Band (Insert)	SSPH	25 1000	Sedbergh Charter Market	Sedbergh
21	2115 A L Kennedy (Insert)	SSPH	25 1000	Farmers Market (11)	JLCP
21	2215 Les Bull Jazz Band (Insert)	SSPH	25 1000	Bridal Exhibition	StCG

The S & D Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker

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Whilst every effort is made to ensure that information is correct, the editors cannot accept any responsibility for any inconvenience caused through errors or omissions.

26	1000	Bridal Exhibition	StCG	
27		August Bank Holiday		
27	1000	Bridal Exhibition	StCG	
27	1200	Dent Gala	Dent	
27	1930	Coffee Evening	HVH	
29	1000	Beekeepers' Coffee Morning	URCR	
29	1930	Sedbergh Parish Council	PH	
31	1000	Geology in the Dales Ends	DCMH	
SEPTEMBER				
1	2000	PH Dance	PH	
2	1400	Dent Cricket v Sheeptown Cavaliers	Dent	
3		A684 Closed at Lincoln's Inn Bridge		
5	1930	WIF Homoeopathy	PH	
6	1930	WIH Cookery Demonstration	FCH	
7	1930	KVH Domino Drive	KVH	
9		Dent Methodist Harvest	DMC	
10		Dent Methodist Harvest	DMC	
10	1500	Reading Group	L	
11	1000	Disappearing World Starts	DCMH	
11	1400	WIK Cycle Cuba	PH	
11	1900	Beekeepers' Meeting	Old Vicarage	
11	1930	FCH Domino Drive	FCH	
11	2030	Les Bull Jazz Night	Bull	
12	1000	Dent Foot Chapel Coffee Morning	URCR	
12	1000	Farmers Market (11)	JLCP	
12	1915	WID Stained Glass	DMH	
15	1415	CWT The Sedgwick Trail	LHCP	
15	1430	Beekeepers' Queening a Colony	The Stables	
18	1400	SLSB Talk	PH	
19	1000	Badminton Coffee Morning	URCR	
28	1000	McMillan's Coffee Morning	GH	
26	1000	SHS PTFA Coffee Morning	URCR	
26	1930	Sedbergh Parish Council	PH	
29	1430	Beekeepers' Preparing for Winter	Havera	
OCTOBER				
1	1000	Disappearing World Starts	DCMH	
3	1000	Firbank Church Coffee Morning	URCR	
3	1930	WIF In The Red Underwater Photography	PH	
4	1900	WIH AGM	HVH	
5	1930	KVH Domino Drive	KVH	
7	1000	Disappearing World Ends	DCMH	
8	1500	Reading Group	L	
9	1400	WIK Christmas Ideas	PH	
9	1900	Neighbourhood Forum	BVH	
9	1930	Beekeepers' Honey for Showing	PH	
9	1930	FCH Bingo & Potato Pie Supper	FCH	
10	1000	Christian Aid Coffee Morning	URCR	
10	1000	Farmers Market (A)	JLCP	
11	1000	Hidden Histories of the Dales Starts	DCMH	
17	1000	Killington Church Coffee Morning	URCR	
18	1915	WID It Shouldn't happen to a Nurse	DMH	
22	1930	Beekeepers' Honey Show	PH	
24	1000	Barnardo's Coffee Morning	URCR	
26	1930	Domino Drive	HVH	
28		Clocks Go Back		
30	1000	Wensleydale Camera Club Starts	DCMH	
31	1930	Sedbergh Parish Council	PH	
DIARY KEY				
BF	=	Brigflatts		
BS	=	Baliol School		
BVH	=	Barbon Village Hall		
CDC	=	Community Development Centre		
CO	=	Community Office, Main Street		
CS	=	Casterton School		
CVH	=	Casterton Village Hall		
CWT	=	Cumbria Wildlife Trust		
DCMH	=	Dales Countryside Museum, Hawes		
DGP	=	Dent Car Park		
DMH	=	Dent Memorial Hall		
DMC/S	=	Dent Methodist Chapel/Schoolroom		
EG	=	Embroiderers' Guild		
FCH	=	Firbank Church Hall		
FM	=	Farfield Mill		
G	=	Guldrey		
GH	=	Gladstone Houser		
GL	=	Garsdale Ladies		
GVH	=	Garsdale Village Hall		
HB	=	High Beckside		
HC	=	Health Centre		
HS	=	History Society		
HVH	=	Howgill Village Hall		
JLCP	=	Joss Lane Car Park		
KC	=	Killington Church		
KL	=	Kirkby Lonsdale		
KVH	=	Killington Village Hall		
L	=	Library		
LHCP	=	Loftus Hill Car Park		
MCCCKL	=	Methodist Church Centre KL		
PH	=	People's Hall		
QG	=	Queen's Gardens		
SBH	=	Sedbergh Bright Hour		
SC	=	Swimming Club		
SCC	=	Sedbergh Cricket Club		
SHS	=	Settlebeck High School		
SLSB	=	South Lakeland Society for the Blind		
SMCR/H	=	Sed. Methodist Church Room		
StAS/D	=	St Andrew's Church, Sedbergh/Dent		
StJCG	=	St John's Church, Garsdale		
SPS	=	Sedbergh Primary School		
SR	=	Spooner Room		
SSPH	=	Sedbergh School Powell Hall		
STO	=	Sedbergh Tourist Office		
URCR	=	United Reformed Church Rooms		
WHC	=	White Hart Club		
WID	=	Women's Institute, Dentdale		
WIF	=	Women's Institute, Frostrow		
WIH	=	Women's Institute, Howgill		
WIK	=	Women's Institute, Killington		

PUBLIC INFORMATION

SEDBERGH HEALTH CENTRE

Loftus Hill ☎ 015396 20218
Repeat Prescription ☎ 015396 20239
Out of Hours ☎ 01539 781999
Bay Call ☎ 0845 0524 999

Dr W Lumb

Monday 0830 - 1100 * 1500 - 1800 *
1230 - 1300 Dent

Tuesday 0830 - 1030 1500 - 1800 *

Wednesday 0830 - 1030 1430 - 1700 *

Thursday 0830 - 1100 *

Friday 0830 - 1100 * 1500 - 1800 *

Dr A Orr

Monday 0830 - 1030 1430 - 1730 *

Wednesday 0830 - 1100 * 1500 - 1800 *

Dr C Hunt

Tuesday 0830 - 1100 *

Thursday 0830 - 1030 1500 - 1800 *

Friday 0830 - 1030 1500 - 1800 *

Practice Nurses

Monday 0845 - 1300 b 1400 - 1700 b

Tuesday 0830 - 1300 a 1400 - 1730 a

Wednesday 0845 - 1300 b 1400 - 1630 b

Thursday 0830 - 1300 a 1400 - 1730 a

1300 - 1800 b

Friday 0845 - 1300 b 1400 - 1730 b

a = Adele Reynolds

b = Anne Crome

District Nurse	Health Visitor
☎ 015396 21690	☎ 015396 20979

A Collinge Optometrist

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DENTAL SURGERY

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Friday 0830 - 1500

* = *By Appointment Only*
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FP = *Family Planning*

LIBRARY Main Street ☎ 20186

Monday 1700 - 1900

Wednesday 0930 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 0930 - 1230

SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day

COMMUNITY OFFICE ☎ 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail office@sedbergh.org.uk

web page www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 0870 1264061

e-mail via site www.cabkendal.ndo.co.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

SLCVS @ Community Office

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

e-mail: admin@sedberghcdc.org.uk

POLICE ☎ Kendal 0845 33 00 247

PUBLIC TOILETS

Main Street, Sedbergh & Main Street, Dent

VETERINARY SURGERY

22 Long Lane ☎ 20335

Mr N. Preston & Mr J. Bramley

Monday to Friday 1400 - 1430 *

Mon, Wed & Fri 1900 - 1930 *

Saturday 1330 - 1400 *

Sunday *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY