

Sedbergh & District

# LOOKAROUND

August 2007

Issue 247

Donation 50 pence

Only a small issue of 76 pages this month but it is still packed with good information. There are also many events occurring in the area which should provide something for everyone.

Are you aware that there is also

available a Large Print and an Audio version of *Lookaround* for the partially sighted? If you know of anyone that would appreciate receiving a copy, please contact us.

*Dennis & Jacky Whicker*



*Dent Playing Field*

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*brochure available in*

*Sedbergh and Dent*

*or visit our website*

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# CHILDREN'S BIRTHDAYS AUGUST 2007



Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-

Jordan Burrow who is

9 years old on 2nd August.

Please collect your vouchers from the Sedbergh Office Services at 13 Kings Yard, Main Street, Sedbergh which can be used in any shop in

**Sedbergh & Dent.**

Day	Name	Age
1	Annie RAINFORD	1
2	Jordan BURROW	9
3	Ethan LENNON	7
3	Rachel HOPKINS	9
5	Alisha HOLT	10
11	Megan PEARSON	7
13	Mercedes TAYLOR	4
13	Betty ADAMS	11
15	Eva HOGGARTH	1
15	Ben THOMPSON	7
17	Lewis GARNETT	4
18	Anna PRALL	8
20	Georgina BROWN	5
23	Finn THORNTON	5
28	Connor WINN	9
29	Jay FERGUSON	6
30	John SEDGWICK	3

## TEA IN RHUMES GARDEN

3pm to 5pm

**Saturday 4th August**

*(undercover if wet)*

Various Stalls

*All proceeds to*

**Dentdale Methodist Chapel**

**All Welcome**



## SLOVENIAN DOYENS OF SLOVENE DANCE

Enjoy an evening performance of music and dance with these 21 colourful dancers from Zrece - the Folklorna Skupina Jurij Vodovnik Skomarje.

People's Hall,

**7.30pm Saturday August 11**

Tickets £5 from Sedbergh TIC.

or join in the dances and learn the steps at workshops from 10.30am-4.30pm at Balliol School.

To book please contact

David Burbidge, 015396 21166

## BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs L Hopkins .....	Brantrigg, Winfield Road, Sedbergh (2007/09) ..... <i>1T; PB; TV; NS; NP; P; DR; VB</i> e-mail: brantrigg@btinternet.com	21455
Mrs S Sharrocks .....	Holmecroft; Station Road, Sedbergh (2007/10) ..... <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs P Bainbridge .....	Ullathorn's Farm, Middleton, Kirkby Lonsdale (2007/09) ..... <i>1F; 1D; 2ES; CH; L; TV; NS; P; VB; PetsW; CW</i> Web Site: www.ullathorns.co.uk	015242 76214
Mrs K Vigar .....	Apley House, 27 Loftus Hill, Sedbergh (2007/09) ..... <i>1D (ES); 1D/T (PB); TV; NS; CH; VB; P; NP(*)</i> ; Di (min 4 by arrangement) e-mail: kathryn.vigar@btopenworld.com	20447
Mrs R Gardner .....	Oakdene Country House, Garsdale Road, Sedbergh (2008/05) ..... <i>2D (4 Poster); 2D; 1T; 1S; All ES; TVL; P; CH; CW; FC; NS</i>	21012
Miss S Thurlby .....	15 Back Lane, Sedbergh (2007/12) ..... <i>1D; 1T; CH; L; DW; P; DR; VB</i> e-mail:- antique.thurlby@amserve.net	20251
Mrs S Gold-Wood .....	Number Ten Main Street, Sedbergh (2008/02) ..... <i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB</i> e-mail: sangold.kwood@virgin.net	21808

## CAMPING, CARAVANNING, SELF-CATERING & RENTAL

Moss Barn Holiday Caravan, Garsdale Rd, Sedbergh LA10 5JL (2007/09) .....	21567
<i>4-5 Berth; H+C; Shower; Sep WC; Full Kitchen; TV; Dogs Welcome (Max 2); NS</i>	
Sycamore Cottage, Lunds, Sedbergh (2008/09) .....	01969 667356
<i>Sleeps 2, D; CH; TVL; P; NS; DW</i>	

### KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom  
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;  
 NS(B) = No Smoking (Bedrooms); NP(\*) = No Pets (\* by arrangement); DW = Dogs Welcome  
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal  
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

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## PERSONAL & SMALL ADS £1

### AIREY

Paul & Jung Ja thank all family and friends for cards and gifts received for their renewal of wedding vows. Special thanks to Sue, White Hart Club and Red Lion.

### DONALD

Jean & Ian celebrated their **65th Sapphire Wedding Anniversary** in June. Congratulations from all three generations of the family.

### JESSICA E. MARTIN MChem., (Hons) (Dunelm)

Congratulations and well done Jessica on your First Class Master of Chemistry Degree from Durham University. Good Luck for the future. Lots of Love from all the family and friends at The Head at Middleton.

### RAWNSLEY

Shirley and family would like to thank everyone for the beautiful flowers and cards received on the death of Arnold. We are deeply moved by the numbers of people attending Arnolds funeral and for the contributions to North West Air Ambulance. This amounts to over £600. Thank you dear friends, you are much appreciated.

### FREE

Three Flash Cards and 2 Fujifilm NP60 batteries from a Fuji Finepix F601 digital camera. Ring 015396-20828 if you want them.

### FOR SALE

Are you about to get Broadband? We have a 'Netgear' Wireless Router, brand new, still in the box. Cost £99, will accept £50. Also Lexmark printer, new £20. Tel: 015396-20993.

### FOR SALE

Twin Beds £30 and Bunk Beds £30. All extra long (6'9" x 3'2"). IKEA pine, good condition. Tel: 015396-25453.

### FOR SALE

Garden Hut. 6' x 4' x 6'. £50. Capstick, Green Cottage, Dent.

### FOR SALE

Barn Slates and Building Stone. Tel: 01524-35031.

### FOR SALE

Stovax multifuel/wood burning stove. £90. Buyer to collect. 015396-20256.

### WANTED

For long term rent. From late August: Two bedroom house or flat in or near Sedbergh. Ring Nela on 01925-232920.

### HELP NEEDED

Regular, reliable help required in a quiet household a few hours weekly. Tel: 015396-20465.

### WANTED

Dentdale Choir require a Conductor for their established mixed voice choir from January 2008. For further details, please ring 015396 25594.

**SEDBERGH & DISTRICT  
CHRISTIAN AID COMMITTEE**

Last month we were only able to give an interim figure for the funds raised during Christian Aid Week but thought Lookaround readers might like to see the final figures as they are such a credit to the generosity of the people in this area.

*Christian Aid Week 2007*

HOUSE TO HOUSE	Total £
<i>Sedbergh</i>	1659.63
<i>Millthorpe</i>	101.26
<i>Dent</i>	708.70
<i>Cautley</i>	148.61
<i>Dowbiggin</i>	48.02
<i>Garsdale</i>	191.57
<i>Killington</i>	<u>170.41</u>
	<u>3028.60</u>
<i>Killington Service Station</i>	87.95

<i>Killington Shop</i>	2000.00
<i>Dent Coffee Morning</i>	<u>127.70</u>
GRAND TOTAL	<u>5244.25</u>

Once again many thanks for helping build up the resources for life for so many unknown individuals and families in less prosperous parts of the world.

If you enjoyed the refreshments at the Shop and at our



coffee mornings another opportunity is coming up to sample and be sustained by the local voluntary Christian Aid Team during the Sedbergh Market Fayre on Saturday 25<sup>th</sup> August when we'll be providing day-long refreshments in the URC Rooms.

*UK Taiji Qigong Foundation*

**HOLISTIC CENTRE SPECIAL EVENT**

**WOMEN'S HEALTH WEEKEND**

*With Anne Tovey and June Parker*



The weekend combines the wisdom of traditional Chinese medicine with practical energy work. You will learn accessible exercises to take home and use for long term health benefits.

These include ten exercises specifically for breast health.



**Saturday 4<sup>th</sup> and Sunday 5<sup>th</sup> August**

10.00 until 4.00

Dent Meditation Centre

Cost: two days £90, one day £45

**Special price for bookings through the Holistic Centre: £75 for two days**

*Booking essential*

**Contact: June Parker,  
telephone 015396 20972,  
e-mail jmp55@tutor.open.ac.uk**

### COUNCILLOR'S CORNER

By the time you read this there is a chance we might know whether the Cumbrian Unitary Bid has won – then again we might not. Some of my fellow councillors are confident that it will fail, others are equally sure it will be given the green light. The one thing everyone is agreed on is that it is a very poor bid and OUGHT to fail. Whatever emerges it is important to make it work.

Sedbergh Parish Council is looking at the signage on the approaches to the town. The Chamber of Trade and others are keen that they should incorporate facts that we are “England’s Book Town” and twinned with Zreče. I like the present “Sedbergh and the Howgills” signs but the one coming in from Dent is getting worse for wear. What do you think the signs should say ?

Congratulations to Yorkshire Dales Chairman, Carl Lis on being appointed Chairman of the English National Park Authorities’ Association, ENPAA – well deserved recognition. Carl is a retired Quarry Manager, a hard working councillor, Leader of Craven District and Chairman of Yorkshire Dales. In spite of his hectic work schedule he was still more than willing to help me out with my re-election campaign here in Sedbergh.

In last month’s Lookaround I mentioned the then forthcoming meeting at the People’s Hall concerning the housing section of the Local Development Framework. This will be the basis of all planning decisions in the near future so the meeting was important. As I said, I was appalled how badly the evening was advertised and so I was not too surprised

### DENT GRAMMAR SCHOOL

*Educational Foundation*

#### Education Grants

**2007-2008**

Small awards will be available for local young people aged 11 - 25

**COURSES BOOKS  
INSTRUMENTS EQUIPMENT  
MOVING INTO EMPLOYMENT**

**Closing date: 30th September 2007**

Application forms from

Dent Stores or Dent Post Office

or write or email to the Clerk

Stating age, Dent connection and purpose of grant

For full details and eligibility see local posters

**D.G.S.E.F**

**Mill Cottage, Gawthrop**

**Sedbergh, LA10 5TA**

Registered Charity No. 1012330

**e-mail:**

**asib@lineone.net**

**Tel: 015396 25024**

by the limited attendance. Having said that I thought the contributions from those who did attend were extremely useful.

The most important thing is that the event will be repeated on TUESDAY 7 AUGUST, at 7.00pm. Please come along, everyone’s views are important. Don’t expect a lazy evening out, the issues are complex. But, the YDNP Officer, Peter Stockton is a good speaker and explains them well.

In a nutshell the easy questions are: Is there housing need in the Sedbergh area ? ( Yes ) Should we do something about it ? ( Yes ) Does that mean we need to build A LOT more affordable houses for local people ? ( Yes ) The harder

questions and the main focus of the evening: How many should we be building? and Where? PLEASE COME ALONG. There are some papers for the evening and you might find it useful to read them before hand. In that case please ring Peter Stockton on the Yorkshire Dales number 0870 1 666 333 and he will send you a set. But you don't need to have seen them before the meeting so please come along either way.

Again I have received complaints about the cycleway signs on Back Lane and in Gawthrop etc. Cumbria hasn't the slightest intention of listening to the widespread dissatisfaction. Their argument is that they are for cyclists and so they send people by our more picturesque routes. The problem is that

many casual visitors mistake them for ordinary road signs for cars. They are just not different enough. After all, footpath signs are easy to distinguish and don't cause a problem.

The policing of the gypsies and the Appleby Fair will be one of the main subjects at the Neighbourhood Forum next week. Craig and I intend to have a more Sedbergh specific meeting as well so we can deal with the issues which caused so much trouble this time. More about this next month.

To contact me please ring 015396 20800 or 07980 844 695 (preferred) or email [kjlanc@kjlanc.demon.co.uk](mailto:kjlanc@kjlanc.demon.co.uk) or else write to me at Fellgate, Dowbiggin, Sedbergh, Cumbria. LA10 5LS

*Councillor Kevin Lancaster*

## **PUBLIC MEETING**

**Review of Planning Policy for Housing**

**7 pm Tuesday 7th August**

**People's Hall, Sedbergh**



The National Park Authority is holding a Public Meeting to discuss options for future housing policy.

The following issues will be discussed:

- Provision of affordable and local needs housing
- Location, density, size and type
- Residential conversion
- Design and domestic renewable energy

If you wish to come along,  
please e-mail: [peter.stockton@yorkshiredales.org.uk](mailto:peter.stockton@yorkshiredales.org.uk)  
or ring 01969 652334 to confirm attendance.

Discussion papers and questionnaires are available at  
[www.yorkshiredales.org.uk](http://www.yorkshiredales.org.uk) and from the  
National Park Offices, Information Centres and Libraries.

..... BUT COME ALONG ANYWAY AND HELP SHAPE THINKING FOR THE FUTURE



Sedbergh  
**LOCAL PRODUCE &  
FARMERS' MARKET**



**Wednesday 8th & 25th August** Joss Lane, Sedbergh  
*Invite your friends to come along and shop at Sedbergh's New Farmers' Market.  
Lots of new and exciting stalls as well as your favourite weekly Wednesday traders*

**Future Dates:-**

12th September and 10th October

**SEDBERGH BOWLING CLUB**

We are hoping for better weather for the third Taster Session on Friday 17th August. Afternoon from 2 to 4 pm and evening 6.30 to 8.00 pm. Flat shoes are needed for the green.

We had a number of enquiries after the July date was rained off. Tuition can be arranged at a time to suit individual needs and is free of charge.

So, if you can't make it on the 17th, or if it's wet again, please ring Linda to arrange an alternative on Sedbergh 20279.

**DENTDALE CRICKET CLUB**

The Five a Side Competition starts at 12 noon on Sunday 19th August. At the time of going to press we have seven teams. Can you get five would-be cricketers together for a good day out. The more the merrier. Please phone John Hyde on 25503.

*Match Report*

On 24th June we visited Sheeptown Cavaliers (Skipton). Regretably we had another poor batting performance, all out for 69. The only scorers of note were Steve Wilson 21, Pete Moorby 11 and Rob Titchell 9. Chris McClurg had

another fine bowling spell taking 3 wickets for 18 runs off of 5 overs. Cavaliers won by 3 wickets.

The July 1st and 8th v Holker and Bentham Exiles were cancelled due to waterlogged ground, ankle deep. Is it summer? Any water polo teams want a match?

July 1st v Barrow Nomads. At last a game of cricket, albeit on a soft and soggy ground, but what a game! Dent scored 117 off their 30 overs. Daniel (Mace) Mason top scored with 22, Steve Wilson 20 and the rest of the team chipped in with scores around 10. A good team effort. Nomads reached 114 with one over to go with the last pair at the wicket. John Armistead took the last wicket with the fourth ball of the final over. A great game and a great win. We had a similar sensational match last year with Nomads. All our bowlers performed well. Chris McClurg 2 for 22 off 8 overs, Steve Wilson 3 for 25 off 7 and Chris Baines 2 for 18 off 7. Mace was Man of the Match for his 22 runs and a stunning catch to dismiss Nomads star batter, S. Conroy for 34. A date for your diary is the 6th October which will be the Presentation Night in the George and Dragon Hotel.

**CELEBRATION OF MARRIAGE  
GARSDALE**

Don't forget Garsdale's Celebration of Marriage Weekend to be held on August 25th, 26th, 27th, the Bank Holiday weekend, between 10.00 a.m. until 5.00 p.m. St John the Baptist Church in Garsdale will be the centre of the event with a Flower Festival, a display of local wedding gowns old and new, wedding hats, christening robes and all associated memorabilia. Canon Alan Fell will conduct a service of Renewal of Marriage Vows on Sunday afternoon, 26th August at 2.00 p.m. and all are welcome to attend. The soloist Rachel Little will be singing during the service.

At Garsdale Village Hall an exhibition of local history will be staged, as well as

a tableau depicting a typical "wedding breakfast" complete with wedding cake. Refreshments will be on sale every day at the Village Hall. Games and a torn bola stall will be set up in the courtyard. Children will be very welcome.

After the church service on the afternoon of August 26th an original Harry Bracken landscape will be auctioned at the Village Hall. Sealed bids for this painting can be placed at the Sleepy Elephant until Saturday 25th. The picture will be displayed at the Sleepy Elephant until Thursday 23rd and thereafter at the Village Hall.

All proceeds from our weekend of festivities will go towards re-roofing the Church, thus securing the building for the future. Please come and support us.

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### **FIRBANK PARISH MEETING**

On Friday 26th June Tim Farron MP and Peter Thornton, Local Councillor attended Firbank Parish Meeting in the Church Hall for a Question and Answer session.

Issues raised included Closure of Hospital facilities, Delays in Single Farm Payments, Closure of Toilets and Rural Post Offices, Car Parking and Reducing Speeding along Firbank road. The energetic action by our MP on local issues was praised.

Problems of funding for the NHS, Defence and Farming was compared with the £100 billion per year stated to be the true cost of EU membership, whilst the current move towards political union in the absence of a referendum is undemocratic and not what the majority of the electorate want.

A vote on EU exit would allow the reinstatement of the Milk Marketing Board so as to balance the pricing power of the supermarkets whose profits on milk were now over 14p per litre, with farmers making two pence loss per litre.

One speaker challenged the MP to do something as UK MP's were to blame for giving away UK power to the EU. The Lib Dems, Mr. Farrons party, are supposed to be part of HM Opposition yet have never opposed the other parties, on a loss of sovereignty to Brussels. Mr Farron said that membership of the EU is "a good thing" and did not think a referendum would be allowed as Government would like to keep UK in the EU and might lose a vote an EU exit.

Returning to the Milk Question, another speaker pointed out that our politicians have agreed to the rule that 15 % of UK

dairy products must come from the rest of the EU. He sighted the EU directive EC97/67 of 2003 which forced competition on the Post Office resulting in losing business to German parcel firms and in turn leading to the possible closure of 2500 rural post offices. Thus giving away our power to make our own laws could, in due course, result in major reductions in postal deliveries in our own area. Already the Post Office had lost the payment of pensions, much of its TV licence trade and there is an attempt to take away vehicle relicensing.

Peter Thornton had said that toilet closures had now stopped but car park charges had to proceed as the council needed the money. Further signage on Firbank road might help to reduce speeding.

The Chairman Mr Alan Tattersall thanked Mr Farron and Mr Thornton for attending.

*Edwin Bateman*

### **DENT PARISH COUNCIL**

The July Parish Council meeting was a busy one, and dealt with a number of topics. Full details can be found in the minutes, which are published on the Dentdale website [www.dentdale.com](http://www.dentdale.com).

#### *Grant to Dent Show*

The organisers of Dent Show were awarded a grant of £500 towards the costs of this year's event over the August Bank Holiday weekend, which the Parish Council are keen to support.

#### *Street Parking*

Concern has been expressed again recently about street parking in the village, particularly on the cobbles and around the Green. The Parish Council is investigating whether the small areas of

<p>land opposite the Sun Inn and Dent Stores could be used to help the situation, and will also be writing to householders and businesses in the village that are most affected to ask for their views.</p>	<p>be made until June 2008 at the earliest. In the light of this, the Parish Council felt it was important to prepare a response in advance, in case Dent is one of the offices proposed for closure, and so further discussion will take place at the next meeting.</p>
<p><i>Car Park Takings</i></p>	<p><i>Saturday bus</i></p>
<p>The car park income for the first three months of the financial year was £7,836, compared with £7,911 last year. As might be expected, the amount taken does seem to depend on the weather, so it is possible that takings may be down this year unless the weather picks up.</p>	<p>Since Stagecoach took over the contract for the Saturday bus, there have been several occasions when the bus they have used has been too large to get through the village. The Parish Council have contacted the County Council to ask them to ensure the bus company keep to their contract. However, the service often has very few passengers, and this may make it difficult to find anyone to take on the contract when this one finishes in September.</p>
<p><i>Planning application</i></p>	<p><i>How to get a car park permit</i></p>
<p>According to the National Park’s planning policy, new houses can only be built in Dent if they meet local needs criteria. A number of residents have expressed concern over the application from the owner of Church Cottage to convert his workshop into a house, because they do not feel that it meets these criteria. The Parish Council agreed, and decided to continue to oppose the application which will now be considered by the Park’s planning committee on August 14<sup>th</sup>.</p>	<p>A number of residents have asked how they can obtain a new Residents’ Car Park Permit if they change their car. The answer is straightforward – simply take the old permit to The Post Office who will issue you with a new one.</p>
<p><i>Dent Post Office</i></p>	<p><i>Bus Shelter and Toilet Block</i></p>
<p>Parish Council meetings now have a short Public Forum item, when anyone can raise a matter of concern. At this month’s meeting, John Caygill informed the Parish Council that the Post office had now decided to close 2,500 post offices throughout the country, and only 500 of these would be replaced by a more limited service. On the current timetable, specific proposals for closures in this region will be made by the Post Office from January next year, after which there will be a six-month period of consultation. The final decision will not</p>	<p>The outside of the Toilet Block and Bus Shelter has now been redecorated, and the notice boards are in the process of being tidied up as well. A new notice board for visitors, showing local businesses and places of interest, is in the process of being made and will shortly be appearing on the front of the bus shelter.</p>
<p></p>	<p><i>Playing Field Footpath</i></p>
<p></p>	<p>The National Park has now completed work on the footpath that runs alongside the Keld at the edge of the playing field to make it suitable for wheelchair access.</p>

(Continued on page 12)

This has been paid for by the Park – as were the repairs to the wall between the playing field entrance and the river carried out earlier this year.

*Jock Cairns  
Chair, Dent Parish Council*

**SEDBERGH PARISH COUNCIL**

Summary of the Minutes from 27th June.

Young People's Meeting Area - Cllr. Longlands and District Cllr Stephenson and some of the young people involved have formed a working group and are investigating possibilities of a site somewhere on the playing field.

Lighting in The Folly - Mrs J. Frankland has given her permission for a lamp to be placed on her property.

YDNP Consultation Meetings on Housing and Minerals and Waste. - Four meetings to be held in the area. The first on Housing was in Sedbergh on 20 June, but due to poor advertising it was only attended by four people. Another meeting will be arranged for 7 August.

Community Office – Proposals to reduce the amount of plastic bag usage in the town. It was agreed that the Parish Council would support in principle the proposal that all plastic bags issued by shops should be bio-degradable.

Cumbria C.C. – Community Waste Prevention Fund. It was agreed to pass this on to the Community Office with the offer of support on making an application if required.

Community Office – Invitation to a meeting on 26 June to discuss a proposed Outdoor Festival in 2008.

Planning Applications –

- replacement of single storey kitchen

with extension to form kitchen, utility and garden room – Dovecote Ghyll Farm, Dowbiggin. – *No objections.*

- erect a conservatory to rear and garage to side – 31 Havera. – *No objections.*
- erection of agricultural building to store implements and shelter animals – 2 Low Oaks Marthwaite. – *No objections.*
- display 2 single sided illuminated display units – Sedbergh Service Station, Station Road. – *No objections.*
- erection of a garage – Randall Hill, Station Road. – *No objections.* This was an anticipated development from the original application in respect of the house.
- insertion of 2 new windows and blocking up of one – 2 Ingmire Court. – *No objections.*
- siting of satellite dish – The Old Vicarage, Long Lane. – *No objections.*
- garage extension – 28 Bainbridge Road. – *No objections.*
- internal and external works – Ruecroft, Marthwaite – *The Parish Council was in no position to comment on this application.*
- internal alterations – Sedbergh School Library, Loftus Hill. – *No objections.*

Appeals

- lodge style unit for manager/warden accommodation – Pinfold Caravan Park. – *Noted.*
- single story extension for extra living space – 16 Guldrey Terrace. – *Noted.*

Complaint - Unauthorised access,

Howgill Lane – The accompanied map

had insufficient detail to allow identification of the site or comment.

The following councillors agreed to serve on a newly established Planning Committee: Cllrs Blair, Allan and Longlands. This committee will have delegated powers to comment upon planning applications and other planning issues in cases which require an early response.

Councillors were provided with a supporting paper listing income received, and requests for payment received since the last Council meeting. The Council agreed to all requests for payments to be paid.

It was resolved that the Audit Committee should be given delegated powers to authorise the payment of regular, periodic invoices.

It was agreed to pay an honourarium to Mrs J Benson in respect of the work done for the Council as Internal Auditor of the year-end accounts.

There will be no increase in the cost of permits for the car parks from August for 2007-8. The sign stating free overnight parking will be removed. Concern was expressed about the flooding on Joss Lane Car Park and it was resolved to write again to SLDC asking for remedial works.

The pedestal of the ticket machine in Loftus Hill car park has to be installed and connected to the mains supply before the main machine can be installed and made operational.

The Council agreed to cooperate with Mr Atkins of the Community Office in the development of proposals for the provision of allotments.

The Parish Council decided to fund the

## Ruth Stickings Gardener

Garden & Lawn Maintenance

Hedge Trimming

Planting Plans & Border Design

Tel: 015396 23294

Mob: 0782 529 1190

purchase and erection of two signs which advertise and promote Sedbergh Booktown and Town Twinning.

The Parish Council has received several expressions of concern regarding the anti-social behaviour of some of the Travellers camping along the Cautley road prior to the Appleby Horse Fair. District Cllrs. Lancaster and Stephenson are arranging meetings to discuss the issue with the police and District Councils. Cllr Blair will also attend these meetings.

Some town residents have expressed opposition to the proposed move of the Health Centre to the Auction Mart site.

A market stall holder has expressed concerns about the future survival of the Wednesday market. It was agreed that the Car Park committee would meet him to discuss the issue.

A local resident has been refused an application for District Council housing because of living away whilst attending university. District Cllrs Lancaster and Stephenson agreed to take this issue up with SLDC.

Concern has been expressed about speeding cars along Loftus Hill and Busk Lane.

## EATING WELL

Traditional Chinese medicine gives a framework for understanding how the body uses food and how it is affected by different types of food. In this model the Stomach receives the food and moves it downwards into the intestines, so that the nutrients can be separated from the waste. The Spleen transforms the pure essence extracted from food into Qi (energy) and transports this to wherever it is needed in the body. The functions of the Spleen include aspects of digestion, absorption and metabolism. The names of the organs are capitalised to indicate that the meaning is different from our usual understanding of these words. The word Qi (pronounced "chee") is used to denote the energy, which motivates all

movement and transformation within the body.

In our society much attention is paid to the chemical make up of food. We often neglect simple measures which would help the body process food more effectively:

- The Stomach's function is facilitated by eating warm, moist, cooked food as then less energy is required for digestion. Over consumption of cold raw food taxes the Stomach and depletes Qi. In the long term this can adversely affect all systems of the body. One of the most commonly cited causes of disease is over consumption of cold, raw food. This means all food and drink cooled by refrigeration and all raw fruit and

# INVITATION



Gwen and Peter Hicks of Throstle Hall, Dent  
would like to invite their friends, Old & New,  
to celebrate their

*60th Wedding Anniversary*

with them on

**Tuesday 14th August 2007**

at Meadowside Café, Dent between 6pm and 10pm.

Should you wish to join them on this happy occasion,

kindly telephone Gwen on Dent 25260

and confirm your attendance

*Gwen & Peter ask that the only presents you bring are  
yourselves*



vegetables.

- Good posture while eating facilitates the downward movement of Stomach Qi. Prefer to eat sitting upright at a table, rather than slumped in an armchair.
- The Stomach works most efficiently between 7 and 9 in the morning and the Spleen between 9 and 11 in the morning. Twelve hours later, in the evening these organs are at their weakest. A good meal eaten at breakfast time is efficiently processed and provides Qi for the rest of the day. The same meal eaten in the evening is much more likely to produce bi-products such as phlegm or overweight.
- Regular mealtimes support the good function of the Stomach and Spleen. Eating well early in the day can help avoid the need to snack on less nutritious food later on.
- Over consumption of certain types of food gives rise to bi-products of the digestive process which can impede the efficient working of the Spleen. For example, over consumption of dairy produce or greasy food can cause internal Damp (so called because its effect on the body - heaviness, bloating, swelling of joints, aching muscles, muzzy headedness - is similar to the effect of damp weather). Over consumption of meat or spicy food can cause internal Heat.
- The best dietary strategy is to eat as great a variety of food as possible, while avoiding all processed and junk foods. This both ensures a wide

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- range of nutrients and avoids overtaxing the body with too much food of one type. A varied and nourishing breakfast is especially important. Escape from the tyranny of breakfast cereals and toast.
- The Spleen raises Qi to the head to ensure clear thinking. For this reason eating while working or reading diverts energy from the digestive process. Eating at ones desk, and working breakfasts or lunches deplete Spleen Qi.
  - Worry adversely affects the Spleen. Try to eat in a calm and stress free environment. Avoid serious discussions and especially arguments at mealtimes.

If you have questions, comments or ideas for future articles, please contact me. My telephone number is (015396 20972).

*June Parker*

**SEDBERGH & DISTRICT  
BEEKEEPERS' ASSOCIATION**

The badly unsettled weather seems to have had less effect on our bees than we might have feared. Bees are supreme opportunists as well as better weather forecasters than the Met Office!! These constantly changing heavy downpours of rain and hot sunny intervals are more reminiscent of the tropical rain forests than a typical English summer! However our bees combine hard work and excellent timing to take full advantage of the sunny intervals to continue to gather large quantities of nectar and pollen, racing back to the hive as the next dark clouds approach. The result is that having gathered a near-record spring honey crop for us to remove, extract, and bottle, they are now successfully building up their honey stores again for the main summer crop. To manage this, two things are needed; healthy, strong colonies, and large quantities of summer flowering plants giving lots of nectar. Sedbergh beekeepers are particularly fortunate that most of our area has so many fine flowering trees, fields of clover, and gardens full of the flowers that our bees can work. Other parts of the county are less fortunate in this respect however, and the story can be very different for their bees experiencing such weather. With insufficient 'forage' to enable the bees quickly to replace the honey that the beekeeper has removed, there is a risk of the colony actually starving. We have had to issue a warning to members in such areas to check carefully that their hives still have adequate stores, and if necessary to feed them with sugar syrup!

The weather has been kinder for our



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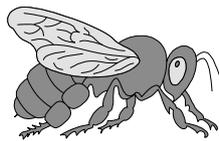
Mobile: 07889 286 722

club meetings however. It didn't matter that the weather was awful on the day of our 5<sup>th</sup> Annual Summer Beekeepers' Convention - we were inside, too - and enjoyed four excellent talks from our speakers. And after a morning of downpours, the afternoon was almost perfect for our apiary visit to our members in Burrow. We were able to inspect all of their hives and carry out all the planned actions on each. One colony had swarmed during the previous week and had been set up to be united with and strengthen another colony. We were able to complete this process that consisted of persuading the worker bees of the swarm to join the main colony below a screen that the queen could not pass using

smoke from a smoker. We then caught the swarm queen who was left behind. We needed the queen to give to another colony whose queen had been lost. It was very good training for our new and novice members.

Our next apiary visit is at 2.30pm on Saturday 4<sup>th</sup> August at my own apiary at Lingarth.

This is the time of the year when we must decide what further steps, if any, will be needed to combat that most persistent enemy of the honeybee, the varroa mite. Hopefully our regular measurement of the mite population in each hive will confirm that our so-called bio-technical mite reduction actions have been successful and that no chemical treatment after the main summer honey crop has



been removed will be necessary for another year. The visit will cover this subject of varroa management.

We shall also be supporting the Lunesdale Agricultural Show in the main food marquee on Tuesday 14<sup>th</sup> August, giving a live bee demonstration at the Dent Show on Bank Holiday

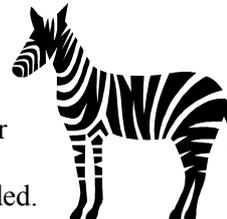
Monday 27<sup>th</sup> August, and holding our Annual Coffee Morning at 10am on Wednesday 29<sup>th</sup> August in the URC Rooms, where our fresh spring and summer honey will be on sale together with all the usual cakes, baked products, produce, books, and bric-a-brac, etc. You will be made most welcome at any or all of these August events.

*Malcolm Fraser-Urquhart*

## ZEBRA'S



Baby & Toddler Group  
 Every Wednesday Afternoon  
 1:15 to 3:15 throughout the summer  
 50 pence per person  
 Tea or Coffee, Juice & Biscuits included.  
 Lots of toys and craft activities.  
 New Committee Members needed  
 All new Mums, Dads, Granny's & Carers very welcome



### ANNUAL SUMMER TRIP

Happy Mount Park, Morecambe  
 meet there at 11am on Friday 17th August  
 with picnic & swimsuits



### WANTED

Your favourite recipes to be included in the Zebra's Charity Cook Book to be published in October. Send recipes to 31 Maryfell

### LA VIE en FRANCE

It certainly doesn't seem to be a year since we arrived but the end of July marks 12 months in France for us, wow where has the time gone?

The house is now surrounded by fields of sunflowers and despite having had the worst spring for over 30 years our vegetables have grown and grown. The beetroot are enormous, the onions and garlic have done well too and the girls loved eating the sweet-corn within 15 minutes of picking it. We dug up our first crop of potatoes and even the rabbits can't keep up with the lettuces. Needless to say the weeds have grown at an alarming rate too and our French friends politely avoid talking about our potager. For a start our beds are in rectangles

## SEDBERGH SCHOOL



### HERITAGE CENTRE OPEN DAYS

Friday 17th, Saturday 18th  
and Sunday 19th August

12 noon – 4 pm

Following the opening of the Heritage Centre on Back Lane (next to the School Library), Sedbergh School welcomes everyone to see this new facility.

Each Open Day will include:

- DISPLAYS FROM THE SCHOOL ARCHIVES
- MEMORABILIA
- 1950'S CINE FILM
- LOCAL INTEREST DISPLAYS

BARBON & DISTRICT AGRICULTURAL SOCIETY

## SHEEP DOG TRIALS SHEEP & STICK SHOW

Manor Park, Barbon

**Saturday 18th August**



Dog Trials: 8:30am

Sheep Show: 10am

Children's Sports: 2pm



*Everyone Welcome*

rather than the French tradition of long lines and secondly there are so many weeds that you can barely see the vegetables, we like to think of it as messy but extremely productive. Thankfully it is well hidden from the house and only visible from the back of the gite. We have promised ourselves that next year it will be worthy of Chelsea or whatever the French equivalent is!

One of our neighbours offered to help make hay from 20 acres of our fields. They have all the machinery including a very old but fully working Massey 154 tractor and also a large tractor and trailer to transport the 1700 bales we produced in our first ever hay-timing. Chris helped load the trailer and stack the hay in one of our barns. In exchange for cutting and baling the hay, as well as hours of free French lessons on top of the trailer, our neighbours took their 50% share of the hay. A good deal for everyone, especially the Rigal ponies.

Our eccentric electrician/plumber/chimney sweep/friend came round one evening to destroy the hornet nest in a barn, and having sprayed it he joined us for coffee before igniting it. We should

have been prepared with a hose and buckets as instead of just the nest catching fire, the barn ( thankfully not the one with the hay) caught fire too! After a little shouting (in French!) and rushing around with spades and buckets of water it quickly went out. The night before we had been discussing what the number for the fire brigade was but thankfully we didn't need it. Apparently removing the bees from our chimney will be a much easier job he assures us, although he still bares the scars of attempting the removal of a nest from the local chateau!

We spent the evening of Bastille Day enjoying a meal with the Mayor and his wife and some friends from the village. The girls were invited for a sleep over we all had an extremely late night and after only 3 hours



sleep realised that we were too old ( and the girls were too young!) to do that on a regular basis. It was however great fun and finally after a year here we found that we could follow most of the conversation and join in too. Perhaps after another 12 months we will be hosting a party for the Mayor in our newly renovated house with a kitchen that has a cooker and a bathroom that has a bath. By then we hope that all 4 of us will be fluent and that we can finally have a day when we don't need to use the dictionary!

With love to all

*Chris, Jacky, Alice and Eliza Holton*  
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**15th August – 16th September**

**Queen Elizabeth School  
 GSCE Art**

in the Seminar Room

**25th July -12th August**

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[www.farfieldmill.org](http://www.farfieldmill.org)

Tel: 015396 21958

## KILLINGTON WI

Some twenty members of Killington WI gathered at High Becks on Tuesday 10<sup>th</sup> July 2007 for our annual Tea Party at the home of our President, Shirley Richardson. The day was dry, but rather cool and not at all suitable for a paddle in the river!!

We had been reminded beforehand not to have too much lunch so that we could enjoy the usual delicious afternoon tea. Soon we were catching up on each others news whilst tucking into sandwiches, cake and biscuits. Some braved the cool weather and sat outside enjoying the sound of the river and being harried by an irate woodpecker. They were sitting too near Shirley's bird feeders, and he objected strongly to being deprived of his

afternoon feed.

The raffle was drawn after tea and Margaret Fearnhead – a box of raspberries; Mary Turton – a box of mint chocolates; Dawn Stevens – a bottle of wine; Pam Fenton – a jar of honey and Wendy McLean - a box of chocolates, were the lucky winners.

Susan gave details of the outing to Mire House on Bassenthwaite on Tuesday 14<sup>th</sup> August, when several carloads of us will descend on the northern Lake District.

Shirley reminded the members that Dawn Stevens and Joyce Bird have volunteered to run a bric-a-brac stall on Market Fayre Saturday, 25<sup>th</sup> August. Anyone with items for sale should contact Dawn or Joyce to arrange a pick up.

Shirley reported on a recent visit by Chris Clowes from the Thandi Project. She was happy to say that she had handed over £270 to Chris from the knitting group so that Chris could purchase a Christmas gift for each of the children. Shirley also mentioned that the knitters had been thinking about sponsoring a child through school and asked the members if they wished to be part of this. If each member (or the majority of us) contribute 50p each month, then we will be able to raise the £100 per annum required for this. The idea was greeted enthusiastically and the decision will be conveyed to Chris Clowes.

Shirley also mentioned activities at our other local WI s. Howgill & Firbank is having an open meeting on Thursday 2<sup>nd</sup> August, and Dent on Wednesday 8<sup>th</sup> August. Both would welcome visitors at these. Other outings planned for this

# JOHN SOUTER

21 Fairholme, Sedbergh

☎ 20904



ALL RUBBISH  
REMOVED

month include Archery (so Maid Marians ahoy!), and a rather more sedate expedition to Armathwaite to visit the beautiful garden and enjoy a flower arranging demonstration by the garden owners, David Rylands and John Thexton

Lastly, Shirley spoke to those present about our future as a WI. Last year we agreed to remain in the organisation and reconsider after a year. We will think about it and take a decision at the November meeting.

In the meantime, let's hope that the weather perks up and that we all enjoy the rest of the summer! *V. Cann*

#### FROSTROW W. I.

July is holiday time for many people, so several members were missing from our

1st & 2nd Fixing  
Doors Fitted  
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Kitchens  
Locks

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Outside Taps, etc  
Small Plumbing Repairs  
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meeting which proved to be a busy and interesting one. Our President recalled events which members had attended and enjoyed - the Holker Garden Festival, Music for a Summer Evening and a Walk Round Kendal. Six members attended the Group Meeting and Pauline Mather was congratulated for her exotic dessert which won Second Prize for our W. I. and was truly delicious! We were fortunate to have an ideal evening for our June Mystery Outing which took us via the Lythe Valley to the Graythwaite Manor Hotel where a delicious meal was enjoyed and the grounds admired.

June Mudd was congratulated on completing the West Highland Way with friends and we heard that Linda Hopkins was covering the same ground.

Anne Petyt highlighted some Federation events and we are invited to Dent and Howgill W. I.'s Open Meetings in August. Anne also read the A.G.M. report by Sheila Dennis of Howgill W. I. which was comprehensive and humorous. This year there was only one lady wearing a hat in the Albert Hall (in a striking pink) and she wore it all day. The resolution about the closure of community hospitals was passed by a very large majority and W.I.'s will continue to oppose closures. Marks and Spencer's Chief Executive, Stuart Rose, had praised the W. I. for boosting M & S sales by their helpful suggestions.

Alan Cook of The Post Office Limited was a less popular speaker when he indicated that there would be many more Post Office closures.

Pauline Mather explained suggested

*(Continued on page 22)*

arrangements for the Frostrow W. I. Golf Challenge which will take place on October 8th. It is hoped to have at least six teams of three people.

Following the business meeting, Chris Wood gave us a detailed overview of her involvement, through her son, with three childrens Aids charities in Kenya. Simon is a pilot with British Airways which gives massive support to these charities. Chris said that our donation will provide an outing for a group of children. Josie thanked her warmly for sharing her experiences with us.

Anne Petyt won the competition for "An African News Item" and June Mudd won the raffle.

On August 1st we meet at 7.30pm in The Peoples Hall Committee Room.

Visitors and prospective members are always welcome. *M.F.*

#### DENTDALE WI

We were so lucky with the weather for our July outing, the sun was shining and there was the promise of a good day ahead as we drove out to Constable Burton Gardens just beyond Leyburn. Some of us had chosen to spend the morning here before joining others for a tour of the Teapottery on Leyburn Business Park. We filed around looking at every stage of manufacture of these eccentric designs of teapots. Aga cooker shapes and Golf caddies are the ones I remember, but there were plenty of others too in a wide variety of colours. At the end of the tour, most of us decided to have a cup of tea in the café area served in a little individual teapot in the shape of an iced cake, one of the Teapottery

designs.

Our next port of call was the Chocolate Factory where needless to say, the temptation to buy proved irresistible to the majority before leaving the Park to spend some time in Leyburn itself.

At the end of the afternoon, we all met up again at the Methodist church hall where Leyburn WI were waiting to welcome us and serve a salad and trifle tea which was much appreciated.

Our President Catherine Sugden took the opportunity to read the report of our delegate Sheelagh Dennise from Howgill WI who had represented us at the National AGM in London.

Catherine also reminded us about our fundraising Mini Market on the morning of Saturday August 11th.

At our next meeting on 8th August, Ann Farnell will be demonstrating "Pancakes savoury and Sweet". Killington,

Frostrow & Howgill WI's are invited and visitors are welcome. *PA*



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## SQUIRRELS

*continued ...*

The excellent article in last month's *Lookaround* described the damage caused by grey squirrels to trees, plants, crops, houses, other wildlife and, in particular, the red squirrel.

For many years Ingram Cleasby has been organising the Sedbergh Red Squirrel Group which now has a network of more than 50 people. It is probably their work which has successfully preserved our delightful little native red squirrel in the Sedbergh area and, as a consequence, the Garsdale/Mallerstang area has been classified as one of the sixteen national Red Squirrel Reserves. Surrounding these reserves are 'buffer zones' where it is imperative to 'control' the greys and prevent them entering and breeding in the protected areas where they could spread the parapox virus and starve out the reds. Sedbergh, Cautley, Ravenstonedale, Marthwaite and Dent are all in the buffer zone for Garsdale and

Mallerstang.

At the moment there seems to be a population explosion of grey squirrels and the Sedbergh Group needs your help. Most of all we need reports of any sightings of greys and reds, particularly if they are regularly coming to your garden or bird feeder so that we can determine where and how large the populations are. In addition we always need trappers or shooters who can help to reduce the number of greys. If you are doing 'grey control' on your own property please let us know so that your information can be added to the computerised data.

For sightings of reds or greys and for information about how you can be involved in the Sedbergh Red Squirrel Group please contact Jackie Foott at 015396 25453.

For more information on squirrels and the reserves go to:  
[www.saveoursquirrels.org.uk](http://www.saveoursquirrels.org.uk)

# Howgills Gift + Home

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## COMMUNITY OFFICE NEWS

### *Community Cinema*

The first meeting of the Community Cinema committee will be on the 4<sup>th</sup> September at 7p.m. in the Community Office. We will be discussing:

- a programme for the year for films and refreshments
- how much to charge
- what the best day and time is for showings
- how to organise the event
- whether we can co-ordinate the district to share costs
- Film club possibilities
- anything else that comes up!



If you would like to be on the committee, please do come along. In particular we would like someone from Dent and any other district that would like to be involved in sharing film hire. There will probably only need to three or four meetings a year of the cinema committee, three at most, so don't be afraid to get involved and have your say.

If you are a leader of a group that would like to organise refreshments one night then please contact the Community Office. There is the potential to make £100 - £200 and maybe more, selling snacks, drinks and even alcoholic beverages (adults only!). You can do refreshments only, or make it into a film relevant to your group and have a themed night – it is up to you.

This is a community initiative so please get involved and help to make it all happen.

### *Environmentally Friendly Cleaning Products*

## *Steadman's Butchers*

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We are still stocking these and it would be nice to see more people buying them. Although you may be able to buy Ecover products cheaper in the supermarkets, buying them here does contribute our dwindling funds and will help keep the Community Office open. In particular if you are a bed and breakfast provider or holiday cottage owner that needs a greater quantity, we can negotiate a discount.

### *Books / Jigsaws*

We now have a good collection of modern and historical novels that make excellent holiday reading. And jigsaws to entertain the kids over the holidays!



### *Electric Blanket Safety testing*

Lots of notice this year about this Trading Standards event! Testing will take place in October and blankets can be dropped at the Community Office throughout September. Any blankets that fail are replaced with a new blanket so it is worth getting your blanket checked out. Please inform any elderly neighbours and have your blankets in by 1<sup>st</sup> October. They will be ready to be picked up by the 11<sup>th</sup> October.

*Sedbergh* **Charter Fair 2007**  
**Saturday 25 August, 10-4**  
**Craft & Producers' Market**  
**All the usual stalls & entertainments**



**All through  
the town centre**

**Fancy dress:**  
 Children - shepherds and their flocks (any animal)

Also featuring the **Sharpe Appreciation Society** with their travelling exhibition of Bernard Cornwell's swash-buckling hero, join in the fun - dress as a Sharpe hero or Jane Austin heroine

**DENTDALE METHODIST CHAPEL**

This news item has to look back at what has happened and look forward to what is to come, this is like the lines of a hymn "thank God for all that is passed and trust Him for all that's to come" which we try to do.

So, what is to come? Annual get-together over Tea (see advert) Celebration service 7pm on 5th, united open-to-all Songs of Praise in the Memorial Hall August 26th from 7pm (see advert) and Harvest Festival September 9th and 10th.

What has been? Normal services plus the big gathering at Sedbergh for Circuit Sunday, our Coffee Morning at the URC

thanks to all who helped and supported us.

This may interest you, we are compiling a booklet of the Dales Favourite Hymns and will then arrange a time and place to sing some of them, letters are being sent out asking people to send us their choice of hymn/worship song but if you would like to be part of this do please join in! IF you can write a couple of lines about why you love the particular hymn so much the better but do not worry if not. The idea is to have the "Big Sing" sometime in November so please let us have your favourites by 12th October.

*S E & J Woof*  
*"Rhumes" Laning Dent LA 10 5QJ*

### FORTHCOMING EVENTS

Poetry School & Sedbergh England's Book Town Literary Trust are very pleased to announce a short programme of Poetry Seminars over Winter 2007-08. Seminars will take place in the Seminar Room at Farfield Mill, Garsdale Road, Sedbergh.

Each day will commence at 10am and finish around 4pm. Lunch will be taken in the Tearoom at Farfield, cost not included, tea and coffee and soft drinks are included in the ticket price.

There will be a charge for the Seminars. Booking enquiries to Sedbergh Tourist Office, 72 Main Street, Sedbergh 015396 20125

Email: [tic@sedbergh.org.uk](mailto:tic@sedbergh.org.uk)

#### Seminars

3 November '07

The Poet's Map *with Linda Chase*

We will draw simple maps to help us sketch out territories in which to begin our poems. Then we will follow where these maps lead. Some work will be with

**Sunday 26th August**  
7pm  
Dent Memorial Hall  
**SONGS  
OF  
PRAISE**  
Led by Rev T Widdess  
& Sedbergh Methodist  
Worship Group  
*Refreshments from 6:30pm*  
Everyone Welcome  
Further info from 25212

partners, some alone.

2 February '08

Wilderness *with Penelope Shuttle*

'I came from the wilderness...'

Carl Sandburg

There is a richness of self and creativity within wilderness experience. No one teaches a bird how to make its nest. But what part does instinct play in our imaginative work? We'll explore this question in this workshop.

1 March '08

Scansion *with Mimi Khalvati*

This workshop will address the technical issues of scansion, how scansion affects our reading of poetry and how, in our own work, we can employ it to best advantage. Please bring a poem to work on.

### Celebration of Marriage Exhibition

St John the Baptist Church  
Garsdale  
and



### History of Garsdale Exhibition

Garsdale Village Hall  
10am to 5pm  
25th, 26th & 27th August

### Sealed Auction

of Harry Bracken Painting  
26th August in the Hall  
Everyone Welcome

*Proceeds to St John's Restoration Fund*

### SEDBERGH SCOUTS

The 1st Sedbergh Scout Troop is continuing its programme of Centenary Year activities. Last month's events included a sailing session on Killington Reservoir, where the Scouts were shown and able to practice the basics of dinghy sailing.

We also went on a night incident hike, during which the Scouts had to complete a range of tasks including first aid, fire lighting, cooking and team exercises. Nationally, all troops were asked to sleep in an unusual place so we spent the night in Garsdale Church, returning to the Scout Hall in the morning for breakfast.

Our most recent event was the fire safety badge training at Firefighter Experience, Milnthorpe. This consisted of an 1½ hours on 'fire safety in the

home' followed by 1½ hours of fire fighting, when all twelve Scouts dressed in full fire kit practiced a firefighting drill. We then prepared the fire engine for action, filling it with water using a lightweight portable pump, finishing just as a call came in, reporting an RTA. With siren and lights flashing, we dashed to the scene to find one car on fire and a person trapped in a second car. The Scouts sprang into action and, using the engine's hose reels, set up a protective spray to rescue the person and then went on to extinguish the burning car.

Great fun was had by all, and we would like to say a big thank you to Pete and Doug of 'Firefighter Experience' (07941227063) for a memorable and exciting activity.



OYEZ

OYEZ

\*\*\*

# DENT GALA

MONDAY 27th AUGUST

- 1:30 pm -

SCHOOL PLAYGROUND AND SCHOOL FIELD



The annual major fund raising event for the Memorial Hall

*Please come and support*

**SEDBERGH & DISTRICT  
HISTORY SOCIETY**

*Visit to Aysgarth Mill*

16 members of the Society went on a 'behind the scenes' tour of this famous mill in June. The first sight which greeted them was the magnificent spectacle of the River Ure in full spate thundering over the falls. Walking along the narrow slippery path to inspect the point at which mill race drew water from the top of the falls certainly focused the mind!

Yore Mill was built as a cotton mill in 1784 alongside what was then the old packhorse bridge built in 1539 in the reign of Henry V111. The bridge had to be widened for the building of the mill.

In common with most mills in the region Yore Mill has had a chequered history.

Destroyed by fire in 1852 it was greatly enlarged on rebuilding with an extra storey added. The worsted then produced was given out to the knitters in the dale. When machine goods came in 1870 this finished and 7,000 jerseys were left in the hands of the knitters for several years until they were eventually dyed red and surprisingly sent to Italy as redcoats for Garibaldi's army.

In the early 1900's a portion of the mill became a school under John Drummond, a noted mathematical scholar.

The mill converted to flour milling in 1912 until this ceased in 1958.

On walking round inside members could see that the internal structure and roof were in need of total renovation. That is except for the imposing 60ft roof beams which spanned the ceilings on all 4 floors and somehow found their way into the mill from Malmo in Sweden when it was rebuilt in 1853, long before our road network.

The mill race, however, was most impressive, being in fine fettle and full working order. The original Gilks and Gilchrist water turbines, installed in 1939/41 to replace the water wheel, have been reconditioned to almost as good as new as part of a project, now complete, to generate electricity for use in the complex and to feed into the National Grid. This in turn should generate much needed cash for further renovation.

But as yet it was difficult to see what else the future holds for this ancient mill in today's modern world.

*Tony Hannam*

DENTDALE SHOW

**Tug 'O' War Challenge**

Sunday 26th August at 2.30pm

Teams of 6 - Entry Fee £12 per team



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**WENSLEYDALE RAILWAY  
A WHIFF OF STEAM!**

*Steam trains return to Wensleydale for a month in August*

Steam operating dates: Aug 1-17 and Aug 21- Sept 2

Visiting steam locomotive No 80105 will haul the first train each day from Leeming Bar to Redmire and bring the last train back. During the day it will shuttle between Redmire and Leyburn, with extra passenger mileage between Leyburn and Constable Burton (no alighting or boarding there) for the loco to run round. Wensleydale Railway's DMU (diesel multiple unit) trains will provide a feeder service between Leeming Bar and Leyburn. *(Please note that on the three days 18-20 August (Sat to Mon) DMU services only will operate while the steam loco undergoes routine maintenance).*

No 80105 is one of only 14 of its class to have been preserved. It was built in Brighton in 1955, rescued from a scrapyard in Wales in 1973 and restored for service at Bo'ness and Kinneil Railway in Scotland. The steam services are expected to bring publicity and



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thereby extra visitors to the area – and also offer local people a new ‘day out’ opportunity on their doorstep. Fares for any journey to and from Leeming Bar, Bedale and Finghall are unchanged, to discourage passengers from bringing their cars up the dale and there are concessions for senior citizens, children and family groups (2 + 3).

There is more information at [www.wensleydalerrailway.com](http://www.wensleydalerrailway.com) (train times, fares and special events); [www.WensleydaleRailwayAssociation.com](http://www.WensleydaleRailwayAssociation.com) (history and volunteering). Tel 08454 50 54 74.

Services are ‘turn up and go’ except for coach parties and groups of 11 or more who should book in advance. No need to book for Discovery Walk with leadmining theme from Redmire station starting at 11.40on Thurs. August 9. It is essential to book for special events which include both a train journey and meal (Sun August 5 Yorkshire Pudding Walk and lunch; Thurs August 23 evening Hog Roast and Castle Hills, Northallerton trip). (For other events and local information, tel Leyburn TIC on 01969 623069).

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**TIM FARRON MP**

It gives me no end of pleasure when people eventually see sense on an issue. It may sometimes take what seems an unnecessary length of time or a lot of effort part but the key issue is that they do at least come round to seeing the sensible view of the world. Sometimes the team in my office think that I am overly optimistic about getting people to see sense but I believe that faith is important in this job.

So it was brilliant, if not surprising, that Cumbria County Council abandoned their ridiculous plans to charge businesses for the right to put street furniture out in front of their businesses. I don't know what caused them to see sense in this case, perhaps my letter to them had some

effect, but they reached the sensible conclusion. Businesses around here need all the help that they can get to encourage customers, to be hampered in this by the county council deciding that they could see a revenue opportunity was just inappropriate. Particularly when we are having a summer like this one with its consequent effect on visitor numbers, the only people to benefit would be the Council and national retail chains who can more easily absorb these costs.

Lord Rooker has also seen sense this month, this time over the Government's plans to charge farmers to clean up should we ever be unfortunate enough to suffer another outbreak of a disease like foot and mouth or TB. Again we will never be sure what caused this realisation

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of sense but I tried to help him to understand the issues in the letters to him and in the Early Day Motion that I submitted earlier this year.

Even the campaign to save the acute care facilities at the Westmorland General Hospital appears to have reached a point where the hospitals trust appears to be beginning to see sense. It is not all certain yet but we appear to be reaching a point where we can be certain that anyone suffering a stroke or heart problem will get the treatment that they need as near to their home as possible.

I wish I could say that everyone has seen sense this month, sadly, this is not the case. There is the case of a Sedbergh resident who is being held back from

buying a home in the town she grew up in and where her family live because she went to university outside the area and so does not meet all the criteria set out in the local occupancy clause in the property that she wants. However, as I said, I have faith.

August will see me doing my annual constituency tour, please do look out for us as we drive through Sedbergh and the surrounding area.

As ever if you want my help in getting people to see sense then please do contact me by writing to Tim Farron MP, Yard 2, Stricklandgate, Kendal LA9 4ND, emailing me at [tim@timfarron.co.uk](mailto:tim@timfarron.co.uk).

Thanks for your support

*Tim Farron MP*

**JUNE WEATHER**

Well what a month!!!!!!! Officially it was the wettest June on record and although we had 4.89 inches of rain we escaped the worst. In South Yorkshire, where my sister lives, they had that amount in 24 hours!!!! When you consider we started the month with an official drought, i.e. 14 days without measurable rainfall, it was somewhat damp for the latter part of "flaming June". During the first 10 days we had some hot days with temperatures reaching a maximum of 82F. Minimum temperatures dropped to 45.5F and on 6 nights the minimum was actually when I took the readings at midnight. It was also a breezy month with only one day when the wind speed did not make double

figures. The maximum recorded was a speed of 21.5 mph and all but 3 days the winds were from the North West quarter. Pressure readings obviously reflected these wind speed with the latter part of the month being in the low 29 inches of mercury.

The weather obviously affected what happened in the natural world. We lost a clutch of blue tits in a nest box. I can only assume that the parents met with an accident or because of the wet weather could not feed the young properly. Hedgehogs are few and far between and I have only seen two as RTA's. A few bats have been around in the warm evenings but they must struggle on these wet nights. Bam owls certainly have trouble feeding their young when it's wet so it

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will have probably be a poor season for them. Has anyone heard a cuckoo this year? I have heard one for a couple years now. I used to hear one working its way up the River Rawthey. Blackbirds are doing better since they started using our shippon. There are 2 nests on ledges and one on a dinghy mast up on the beams. The wet weather has meant plenty of worms for food. The magpies reared 4 young again and have stopped the collared doves and wood pigeons from raising their broods and no doubt other birds which nest around the garden. The swallows have finally decided on using their old nest in the kennels and have started laying. Blue tits were obviously successful somewhere, as were house sparrows, as hordes reappeared in the

middle of the month and proceeded to eat us out of house and home. Greater spotted woodpeckers have also been successful and we regularly see young on the peanuts. I understand there are a good number of mink around the area. These pests will decimate the local wildlife. Most of them came from fur farms which were released by the animal rights brigade. In Lincolnshire, where we used to live, ones released there totally wiped out every moorhen, coot and mallard in parts of the county. The only bonus of the warm "damp" weather has been the vast growth of plant life. It will be good for hay and silage, if they can ever get it in, but nettles, goose grass and other weeds have erupted. After something like 35 years the Tulip tree in our garden has finally flowered.

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### THE DOYENS OF DANCE

*from Skomarje to Sedbergh. You've heard them sing - now, see them dance!*

I first went to the Skomarje village hall high in the mountains above Zrece on Christmas Eve a couple of years ago. We had walked down the mountain through the snow from Rogla with a group of Slovene carol singers, stopping to drink blueberry brandy in the woods, our songs echoing out towards the stars over our toasts. We arrived at the hall just before midnight, the windows all misted over, the air thick with laughter and the tables full of singers in full flight getting ready for the midnight mass.

Summer is a different scene in the village as the Folklorna Skupina Jurij Vodovnik Skomarje (pronounced Folk-

lorna Skoo-peena Yur-ee Vod-ow-neek Skor-mar-yay) dancers from all over the Pohorje mountains gather to celebrate their national dances. They are particularly diligent as they prepare for their visit to England, and their first visit to their twin town.

### ACROBATIC DANCES

Their dances reflect the varied nature of their country, which although being small shares with Britain the characteristic of having a wide variety of different customs and traditions. They include Balkan dances from Croatia and further south, as well as dances from all regions of Slovenia. They present a very lively spectacle with some dances approaching the acrobatic as the men leap up onto the shoulders of their comrades for some of

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Wednesday to Saturday nights from 7.00 pm. **Booking essential**

the more robust circle dances. Other dances include partner dances and polkas.

#### THE SINGING NEWSPAPER

The dance group is named after a famous local poet, Jurij Vodovnik, who was sometimes referred to as "the singing newspaper" because he would travel from farm to farm during the mid-19th century



collecting news and turning it into songs which were sung at the next farm he visited. Naturally he was very well treated wherever he went as everyone wanted to be presented in a good light. He is today revered as one of Slovenia's most celebrated folk artists.

#### WORKSHOPS AND CONCERT

You can learn and join in with some of these Slovene dances at workshops at Baliol School on Saturday August 11 between 10.30am and 4.30pm (please bring a packed lunch.) Or if you prefer a more leisurely appreciation of dance - you are welcome to come to the performance in the People's Hall at 7.30pm.

And on Sunday, there is a walk with dancing in some of Sedbergh's beauty spots, and an afternoon where Lesley Alban and her dance class have kindly offered to teach our Slovene friends some of the Scottish Country Dances which

they learnt through the winter at Sedbergh School. Our instrumentalists are busy practicing Scottish dance tunes and if you would like to join them please get in touch. Everyone is welcome to this class - especially if you have some experience of Scottish country dancing - just bring some cakes to share for afternoon tea on the terrace. We'll dance outside on the lawns if it is fine - inside if wet.

Just give a ring if you want to book - or pop into the TIC. And don't worry if you'll miss them over the weekend - they are also performing in various places nearby - get in touch if you would like to join them on any of these trips.

#### OPPORTUNITIES TO HELP

As always, there are many opportunities to help with the visit and let the dancers know that they can experience the same warmth and hospitality as all the many Slovene singing groups have experienced from their visits to Sedbergh (and as many people from Sedbergh have experienced when visiting Zrece.)

If you're the sort of person who only helps when someone has called you up and twisted your arm, now is your opportunity to try a different approach by giving a call (Sedbergh 21166) and asking if you can be part of the fun. Helping out could help you learn how to cook Slovene exotic dishes, learn some new phrases (or even a song) and make new friends from across the seas as you help with driving - or even shake out the odd stiff limb or two to the catchy beat of Slovene dance tunes.

*(Continued on page 36)*

My experience has always been that seeing what is familiar through the eyes of someone seeing it for the first time allows me to share in their wonder and appreciation. And, of course, gives me a feeling of pride when I can show off the lovely place where we live, and the many kind and warm hearted people who live here.

**CORSICAN SINGERS - TAVAGNA**

While of course we will never tire of hearing the beautiful music from our twin town, just to remind us that there are other singers out there we have a visit from a Corsican polyphonic singing group on September 8th and 9th.

While walking the GR20 down the watershed on this Mediterranean island a

few years ago I had my first taste of this extraordinary singing tradition. The sun had set and into a darkening turquoise sky a new moon had sailed above the strange granite shapes. I was looking for somewhere to camp when I came across a mountain refuge with a Corsican choir sitting outside singing into the night. I was entranced.

The Tavagna group who are visiting Sedbergh are seven men who sing unaccompanied harmony. Their songs reflect the varied and bloody history of their country. As well as songs of love, work and religion, rebellion and loss are popular themes. I remember A Filetto introducing one of their Corsican songs as being about a young boy who was

**GUIDES WANTED!**

**COULD YOU LEAD A WALKING GROUP?**

Sedbergh Tourist Office would like to offer our visitors the chance to join a guided walk.

Ideally, Guides would have some experience of guiding, and/or have some special expertise which allows them to explain the surroundings of the walk e.g. history of the area, Quaker history, wild life, geology, mysterious happenings and spooky goings-on, farming practices, rivers and waterways, mills – there are all sorts of things which Sedbergh and District people know about that visitors would find fascinating.

District people know about that visitors would find fascinating.

Walks can be anything from about 2 miles to 15 miles and we would arrange transport to starting points and from finishing points if it's not practical to actually start in Sedbergh. Guides will be able to suggest itineraries that they know best.

*We would also arrange First Aid training and provide first aid materials and public liability insurance for leaders.*

Volunteer Guides would receive a small honorarium for each walk.

Please contact the Tourist Office

by telephone 015396 20125 or email : [tic@sedbergh.org.uk](mailto:tic@sedbergh.org.uk)

Ideally we would like to start offering this service in September so please don't delay, volunteer today.

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For More Information or Booking Details Please Call Nicola on  
015396 21744 07835372214

hanged by French soldiers in the chestnut tree which had provided food for his family - and hearing the song tore at my heart like a raven on the dead.

As always there are workshops to learn some of these songs - and an evening concert on Saturday September 8. Tickets from Sedbergh TIC or by ringing me on 21166.

**HOWGILLS HARMONY  
SINGING GROUP**

Finally - if you'd like to join a regular singing group - which has also been known to do the odd dance or two - you're very welcome to join Howgills Harmony on Thursday evenings in Sedbergh, starting on the second

Thursday in September. It doesn't matter if you haven't sung since you were at school, or can't read music - we'll be learning by ear and there'll be warm up exercises which will lull you into singing before you realise that you are!

We're also applying for funding for several projects next year, which will give you the chance to join some tours with singers from other countries, and some great weekends focussing on different themes different styles of singing.

Everyone is welcome regardless of experience - just give a ring on Sedbergh 21166 .... and I'll look forward to our singing together. *David Burbidge*

## **SEDBERGH TOWN BAND**

### **Italian Trip 2007**

*Thursday 5th July*

The party met at the Band Room for a 1.00 am departure to Manchester Airport - two hours earlier than originally planned. This was on police advice as security was bound to be even tighter than usual following the discovery of bombs in London and the blazing 4 x 4 driven into Glasgow Airport.

We enjoyed a smooth coach trip to the airport but security precluded debussing outside the terminal and we were required to trek from the outer reaches of the short stay car park to check in. This was the first of many necessary inconveniences occasioned by the terrorist threat.

By 3.00 am we had our luggage handed over and had another three hours before the gates for our flight opened and a further hour before we were due to fly.

It departed promptly and thanks to a beneficial following wind we arrived at Fiumicino Airport, Rome, half an hour ahead of schedule. Here we were met by Pierluigi, familiar to George Handley's Italian language trips, who ushered us to an awaiting coach that took us to our hotel in Fiuggi, the Elma. Having checked in we had our first sample of the excellent fare provided by this hotel which was followed by a much needed rest after the early start.

Having unloaded our instruments which had been transported by road in a van driven by Peter Packham the first

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<p style="text-align: center;"><u>Starters</u></p> <p>Prawn Cocktail &amp; Marie Rose Sauce £4.10          Garlic Mushrooms on Toast £3.65          Pate with Garnish, Toast &amp; Butter £3.50          Soup of the Day £3.30          Egg Mayonnaise £3.40          Grapefruit Cocktail £3.40          Garlic Bread £2.50</p> <p style="text-align: center;"><u>Extra Special Main Courses all £11.45</u></p> <p>Loin of Pork in Cider &amp; Apple Sauce          Lamb &amp; Apricot Casserole          Chicken with Basil, Port &amp; Dill Sauce          Venison Steak with Red Wine Sauce          Venison Casserole          Supreme of Pheasant Chasseur          Pork in Pepper Sauce          Cod &amp; Prawn Crumble</p> <p style="text-align: center;"><u>Main Courses</u></p> <p>Roast Dinner of the Day £6.99          Mixed Grill £12.40          Fillet Steak £12.40          Sirloin Steak approx. 8oz uncooked £10.30          Half Roast Chicken £7.99          Chicken Kiev £6.99          Lasagne £6.99          Steak &amp; Kidney Pie £6.99          Cumberland Sausage £6.99          Gammon &amp; Pineapple £6.99          Barnsley Lamb Chops £9.99          Marinated Lamb Steak (6oz) £9.99          Pork Chop in BBQ Sauce £7.60          Cheese &amp; Ham Pasta £6.99          Tuna Pasta Bake £6.99</p>	<h1 style="margin: 0;">THE HEAD</h1> <h2 style="margin: 0;">AT</h2> <h1 style="margin: 0;">MIDDLETON</h1>  <p style="text-align: center;">Tel: 015396 20258  <a href="http://www.middleton-head.co.uk">www.middleton-head.co.uk</a>  <a href="mailto:enquiries@middleton-head.co.uk">enquiries@middleton-head.co.uk</a></p> <h1 style="margin: 0; font-style: italic;">Menu</h1>	<p style="text-align: center;"><u>Fish Dishes</u></p> <p>Salmon Steak with Parsley Sauce £9.70          Grilled Rainbow Trout £9.70          Breaded Scampi £6.99          Breaded Haddock £6.99</p> <p style="text-align: center;"><u>Vegetarian Dishes</u></p> <p>Tropical Vegetable Curry £6.99          Stilton &amp; Vegetable Crumble £6.99          Vegetable Lasagne £6.99          Mushroom &amp; Nut Fettuccini £6.99          Broccoli &amp; Cream Cheese Bake £6.99          Vegetable &amp; Pasta Bake £6.99          Vegetable Tikka Masala £6.99          Macaroni Cheese £6.99</p> <p style="text-align: center;"><u>Rice Dishes</u></p> <p>Chilli £6.99          Chicken Tikka Masala £7.99</p> <p style="text-align: center;"><u>Salads</u></p> <p>Ploughman's Lunch £5.99          Cold Meat Salad &amp; Roll &amp; Butter £6.99          Prawn &amp; Rice Salad £6.99</p> <p style="text-align: center;"><u>Sandwiches</u></p> <p>Prawn with Marie Rose Sauce £4.80          Ham, Beef, Cheese &amp; Tomato;          Cheese &amp; Pickle or Salad from £2.90          Toasted Sandwiches from £3.10          Portion of Chips £1.70          Mixed Side Salad £1.70          Portion of Mushrooms £1.70          Roll &amp; Butter £0.65</p>
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rehearsal commenced at seven. The rehearsal room in itself was fine but the Bandmaster was not happy with the echo - a problem subsequently solved by the judicious hanging of blankets from the walls.

*Friday 6th July*

In the latter part of Thursday evening Bandmaster Alan Lewis went to the Fuggi Band Centre to listen to their rehearsal and to negotiate details of the combined concert scheduled for Sunday morning. Two items that could be played by the combined bands were identified and as promised the music (completely new to the Sedbergh Band) was delivered to the hotel in time to feature in the morning rehearsal.

With the Sunday concert taking place in the morning, rehearsal time was clearly going to be at a premium, so after a short break for lunch the Band worked at the new music for a further couple of hours.

The remnant of the afternoon was spent by most of the party in the swimming pool of an hotel owned by a relative of our hosts. Situated in the beautiful grounds of the splendid hotel the swim was enjoyed enormously.

Friday was indeed a busy rehearsal day as the evening saw the Band joining the Fuggi Band in their rehearsal centre. Their facilities proved to be quite extraordinary, consisting of a huge, well equipped hall which was a substantial

*(Continued on page 40)*

section of what had previously been an enormous and elegant hotel catering for the wealthy visitors to Fiuggi seeking cures from the spa water for which the town is famed.

The Fiuggi Band, although containing a number of brass players and a large timpani section was more slanted in the direction of woodwind instruments and its fifty plus players could more accurately be said to be constituting a wind band. The object of the exercise was to rehearse together the numbers selected for joint performance. As expected the combined efforts of some eighty players produced a most impressive sound. We departed back to the hotel confident that the combined Sunday morning concert would go well.

*Saturday 7th July*

The morning was again spent in intense rehearsal smoothing out the finer points of the numbers selected for our section of the Sunday concert. The three hours before lunch and afternoon activities siesta, sight-seeing, swimming etc., were insufficient to cover everything so an early supper and an additional evening rehearsal was decided upon.

*Sunday 8th July*

In musical terms this was to be the day of the trip. Breakfast was taken early (7.00 - 8.00) to enable the Band to assemble at the venue, the Fonte Bonifacio VIII in the Spalacato, a huge, wooded area dominating Fiuggi, and tune up efficiently.

The day was carefully divided up into units. At 9.30 the Fiuggi Band were to march up the drive from the entrance of the park to the bandstand. There they were to play a few numbers standing and

surrounded by the audience. After introductory and welcoming speeches by a local dignitary the Sedbergh Town Band were to give their varied, forty minute programme. On completion the stage was to be yielded to the Fiuggi Band for a similar length of playing time. The entertainment was to climax with the two bands combining for the previously rehearsed items. Presentations and speeches were then to be made and the proceedings were to come to an end with the playing of the two national anthems by the respective bands.

In spite of the complexity of the arrangements and the large number of personnel involved the proceedings unrolled seamlessly and followed the projected arrangements perfectly. The Sedbergh Town Band's playing of their numbers was greeted with warm enthusiasm in a performance of consistent quality. As always 'Drummer's Delight' was particularly well received, as was the Corps of drums' 'Drumsticks'. Jim Dillo, dressed in full Scottish piper's uniform, was splendid in both appearance and performance in 'Highland Cathedral'.

The Fiuggi Band demonstrated the range of their mixed instruments in exciting pieces the most notable being a fine selection from 'West Side Story'.

The playing by the Combined bands of 'O Sole Mio' was extremely popular with the local audience: this romantically emotional tune clearly touches a responsive chord in the national psyche. In a different vein was 'A Moment for Moncorre', better known as a compilation of theme tunes featured in Clint Eastwood's spaghetti westerns -

# Kay Whittle

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conducted by Alan Lewis it was a terrific performance and was rapturously received. The combined section ended with a playing of the 'Radetsky March' accompanied by the rhythmic clapping by the audience traditionally associated with the last night of the Proms.

It is difficult to describe this occasion adequately. The setting was magnificent - a huge stage protected from the elements by a massive awning at the end of a tree-lined arcade set in acres of lush forest.

At 8.30 the park was alive with people taking the cool air and by 9.00, when the band were tuning up, we had an audience of several hundred. This audience continued to grow in the course of the

concert to in excess of one thousand with visitors to Fiuggi taking the spa waters including the concert in the perambulations prescribed by their medical advisers.

Before and after the concert the Band had their first experience of being the object of the attention of fans and the paparazzi - ladies had their photos taken with arms draped around players whilst the two bands posing together at the end of the concert were the subject of attention of dozens of cameras. The warmth of the welcome we received was overwhelming and made this a special day to remember in the annals of the Town Band.

*(Continued on page 42)*

A significant postscript to the day must be the enthusiastically received speech of thanks that Hilary Hodge, our indefatigable secretary, gave to the audience, in Italian in reply to the kind words of the local dignitary. She said: "Buongiorno. Io volio dire grazie mille a la banda d: Fiuggi per I loro hospitalita. Io spero che questo gemellaggio continui in futuro. Aveda una cità bellissima anche la Fonte Bonifacio è magnifica. Tutti le persona sono state gentillissime. Grazie ancora."

*Monday 9th July*

With the major concert commitment completed the morning rehearsal could be a more leisurely affair and Alan decided to devote it to introducing new and musically more demanding pieces, the object of the exercise being to expand the Band's repertoire.

The afternoon was given over to relaxation and the usual anticipation of a fine dinner to come.

*Tuesday 10 July*

Today was set aside for a group visit to Rome. Accompanied by Pierluigi the party left the hotel at the early hour of 7.00 am in the hope of avoiding the worst of motorway congestion during the rush



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hour period. In the course of an exhausting but totally enthralling day a number of iconic locations were visited including the Colosseum, St. Peter's and the Trevi Fountain. Appetites for a more protracted visit to this magnificent city were well and truly whetted.

*Wednesday 11th July*

During the course of the previous couple of days a quintet had been rehearsing a programme in anticipation of giving a late afternoon concert in Fiuggi Old Town. In fact, as a result of crossed wires or linguistic confusion it transpired that the whole band was expected to play. Thus Wednesday morning was devoted to putting together and rehearsing a suitable, varied programme of music to be played in a narrow alley off the main square.

Some curious municipal regulation allowed the Fiuggi Band to play in the square (a large area in possession of a stage) so long as they were marching, or standing but never seated. As we did not meet these criteria our section of this, another shared concert, was performed in a strange but delightful setting that attracted another large and appreciative audience. The proceeding started with the Fiuggi Band playing and marching in the square: they then paraded up the alley to join the audience for our section of the entertainment and then reformed in the square to terminate the proceedings.

We were to meet up with them again in the evening when we gathered together in the splendid Irish Bar, especially opened for the occasion, for a pizza supper and entertainment. The Sedbergh quintet showed all their professional skills and the fruits of their earlier practices in an excellent hour's worth of music.

Sections of the Fiuggi Band then took over and first rate, convivial evening that cemented relations between the two bands was had by all, maked by the consumption of pizzas the size of wagon wheels that challenged the healthiest of appetites.

*Thursday 12th July*

Seven a.m., saw the party on the road to Fiumicino Airport, a slow journey thanks to the infamous motorway congestion. At the airport security was even stricter than that encountered at Manchester: seemingly endless queuing and no fewer than three hand luggage and body searches saw us on our delayed flight.

Somewhat predictably the blue skies of Italy gradually gave way to a distinctly

damp Mancunian welcome. Our coach awaited us at the airport station and an hour and a half later our memorable trip ended at the Band Room.

The organisers, Hilary Hodge and Alan Lewis, are to be congratulated on putting together and organising such a magnificent trip which developed so smoothly and efficiently. The Italian weather was superb, and hospitality, food and accommodation we received from Elvira, her daughter Marianna and sons Marco and Pierluiggi ath their family hotel were beyond praise. It was a wonderful experience to meet and perform with the Fiuggi Band and we look forward to them visiting Sedbergh in the not too distant future. *G. B.*

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### FAMILY MUSINGS

This is it, this is the month my life starts its downward spiral or heads into its best years ever depending who I listen to, this is the start of my next half century which of course I may well not complete! Have certainly packed a great deal into the last fifty years, being born (obviously!) growing up in Dentdale where life was very different, every house held someone you knew, nearly everyone was related, days of childhood seemed carefree and everyone really helped everyone else. There was a bit of a divide, more than these days between church and chapel and it is good that we all share more together these days, that is progress. People shopped local much more than seems so now, the village had a Butcher and a Bank, I can remember two Banks, and I remember people long gone like Auntie Dora, Maggie Taylor, Mrs Verity, the Capstick's both in the Laning and down Grammar School Lane and Ant Fawcett. Then there were two grocery shops, Dinsdale's and Batty's, Uncle Rowland's Warehouse and the old grey pick-up he used to give us kids rides in.

Leaving the Primary School at eleven, having watched the "new" school being built around us, (who remembers the toilets across the yard and Florrie Raw serving Semolina like glue?) it was of to Windermere to boarding school which was a shock to the system but had its good times and friends who still keep in touch.

Then a time working at Boarbank Nursing home to tread water until Dad was ready to retire and my life-long dream of working in the shop became a reality. There I would probably have stayed had a friendship not blossomed

## Steve Longlands

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into love and I married my farmer, the shop and house were sold and the next phase began. Three children, somehow all grown into lovely well-adjusted adults, two now married, periods of family holidays of which one about ten years ago in Southport stands out as one of the best, each child took a friend, one friend spent the whole holiday pining for her boyfriend then came home, they split, and the new one was one of the other friends from the holiday, I am still working that one out!

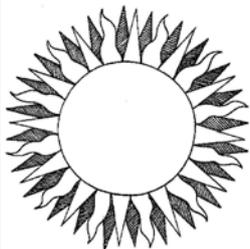
During the intervening years my employment has been somehow connected to Care work taking me into North Lancashire as well as Cumbria, caring first for mum and now for one of my brothers, moving back to my childhood home, enjoying the garden and my little escape place. To remember and look back is good but this birthday of mine is also about looking forward, a springboard for the next how-ever-many years, coping with change, face the challenges, writing short stories, novels (about 3 partly written) writing this Musings and other bits and pieces and most of all trusting Jesus to help me through.

Elder daughter and D move this month,

they are to live in our farm-house so big changes for them, life here carries on without our beloved dog and with a cat who seems rather too fond of Greenfinches, how DO we stop her catching birds? A collar with a bell seemed ideal until she kept getting her leg through it so we took it off, but the population of those lovely birds is being seriously depleted. Talking of being depleted applies to time "off for most of us and I have come to realize I need to have some "slack" some time which has not been allocated anything other than "me", that's not being selfish but being realistic.

Recently we said goodbye to a former Vicars wife of these parts, Peggy Barker who was one of those people who always

had a twinkle in her eyes even at the most serious of meetings and it was good to meet up with her family at the funeral and to see which of the locals turned up to pay their respects. Many did, including some who have moved away over the years but who returned for this occasion. Perhaps one of the problems nowadays is that everyone is not related therefore people do not understand each other, or perhaps it is because life has a quicker pace and folk do not have time to nip disagreements in the bud before they multiply. Life goes on. A new decade for me and one I intend to start with great celebration enthusiasm and vitality once I find my stamina, now where did it go? Enjoy your milestones, rise to your challenges and join me next month.



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*Health practitioners in the local area*

## SLOVENIEU

On January 1st 2008, Slovenia takes over the presidency of the Council of the European Union. The Sedbergh Town Twinning Group will be offering, to our friends in both Zreče and the Slovenian embassy in London, Sedbergh's best wishes and enthusiasm for this momentous event in Slovenia's history.

Slovenia is the first of the 2004 EU-accession countries to take on the EU Council presidency, and the first Slavic country to do so, so this is indeed a significant event for Slovenia.

The presidency of the Council of the EU falls to a different EU country every six months. From this year the system has changed somewhat. Up to now, each country brought a set of aims that they wanted to implement during their slot. A six-month timeframe is too short for these aims to be fulfilled entirely, though there should be some movement with the responsibility of presidency.

Britain took the presidency last in 2005 and the aims of the British government were especially ambitious: a review of the EU budget structure and reform of the Common Agricultural Policy (CAP). No chance achieving this entirely in six months, of course, though Britain got agreement for a review of EU spending including the CAP, and a report is due to be published in 2008/09.

Britain was followed in 2006 by Austria and then Finland, who worked jointly on broader and less contentious aims.

From 2007, the presidency cycle runs over an 18-month period, with a heavyweight country guiding the agenda and taking a six-month slot as president, and two economically smaller countries each taking six months, with help and



guidance from the bigger one. This gives a better chance of there being time to carry things through. Germany had the presidency for the first half of 2007, and then executing more-or-less the same programme as Germany come Portugal followed by Slovenia, these three forming a triple-share.

The main aims of the Germany/Portugal/Slovenia presidency are somewhat technical; they are to try and take forward in some form the EU constitutional treaty that was rejected by referenda in France and the Netherlands in 2005; to encourage the development of an innovative, knowledge-based society (sometimes you'll see this referred to as the Lisbon Agenda); to develop an energy policy; and to emphasise a commitment to market efficiency, social cohesion and environmental protection.

Possibly the new triple-shared presidency will be less fun than when Britain in 2005 could be abrasive on spending and Italy in 2003, in the person of Silvio Berlusconi, could be making offensive off-the-cuff comments about Nazis during his speech, while Green MEPs held up banners proclaiming, "No godfather for Europe". (Though maybe

not, given the recent comments of the Polish prime minister, Jaroslaw Kaczynski about why he thinks Poland doesn't have a bigger population than it does, and who may have been a bit upset after a German newspaper said he looked like a potato).

The meeting of EU heads of state in Brussels in June this year agreed that there should be a permanent president of the Council of the EU, to replace the expensive six-month rotational system – this was the meeting where there were newspaper headlines in Britain over calls by some people for a referendum, it appears in the belief that the voters would say no, presumably not no to this particular element, but of course no is a blanket no. A referendum on such

complicated issues currently seems unlikely so it could be that a permanent president will be appointed and Slovenia's presidency will be among the last of the existing type.

Because of Sedbergh's town-twinning links with Slovenia we shall be taking especial notice of EU matters during their presidency in 2008 and demonstrating our interest to our friends and colleagues there.

As with everything relating to the EU, putting the whole story in a few paragraphs is impossible. In every statement made here, there could be pages written on the ins-and-outs of it. If you'd like to know more or comment, please email:

[eucomment@sedbergh.org.uk](mailto:eucomment@sedbergh.org.uk)

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## NEIGHBOURHOOD FORUM

### *The Watches*

Andrea Bell reported that there are 575 coordinators for Neighbourhood Watch in South Lakeland - currently each with 15-20 households on average. In Dent and Sedbergh there are 28 coordinators (*I was not aware! Ed.*). Andrea added that the main problem is fear of crime.

Andrea reported that South Lakeland Crime and Disorder Reduction Partnership have paid for Neighbourhood Watch to have 'Voice Connect' which allows simultaneous transfer of information to all coordinators in the area in question. Intelligence coming back from rural Neighbourhood Watches are up 150 since the introduction of Voice Connect.

Andrea added that permission is needed from the householder and the officer working on the crime before it can be publicised through voice connect.

Many Watch schemes operate including Boat Watch, Caravan Watch, Shop Watch and Bar Watch.

'Whistler' the Neighbourhood Watchdog is used to publicise schemes with school children.

Much work is done between Neighbourhood Watch and the Crime Prevention Officer working with travelling people. There was trouble around the time of Appleby Fair with thefts from garages, outhouses etc (*Not known where. Ed.*). The person arrested was from Bolton and admitted that he expected the travellers to take the blame.

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# LOGIC



Andrea reported that 34 farms in Sedbergh & Kirkby Lonsdale have had property marked with 'Smartwater'.  
*Yorkshire Dales National Park Authority*

Paul Wilkinson the YDNPA Ranger explained that the main part of his role is public access, management and maintenance of the public right of way network. In recent times this has expanded to include managing Open Access Land where access has been made available, on foot, in the uplands under powers made available under the CROW Act 2005. Paul works with the local communities of the three parishes of Dentdale, Sedbergh, Garsdale, individuals, schools and organisations on a wide ranging set of issues relating to National Park purposes. He added that the Natural Environment and Rural Communities Act last May allows positive management of green lanes etc. The Police can now be involved and action has been taken against individuals abusing the Act. Paul also works with schools and parish councils.

Examples of recent works include looking into the possibility of creating a new area of managed woodland in Garsdale at the request of a landowner. Working with the YDNPA Archaeology department to manage a contract to repair a Lime Kiln in Dentdale and to improve a section of footpath in Dent village to allow for wheelchair access adjacent to the playing fields and Keld beck.

The YDNPA and Sedbergh Parish Council worked together to identify a potential candidate for the Open Spaces Hidden Places scheme. These proposals were not taken up in the first phase of the project but remain on file for future consideration.

Paul reported that part of the Yorkshire

Dales Local Plan 2004/06 includes a local occupancy policy which concentrates on those who will contribute socially and economically to the park. A meeting was to be held on June 19th in Sedbergh People's Hall on the Local Development Framework to discuss housing, waste and minerals (*We were not aware. Ed*).

In response to a question about the widening of the National Park boundaries, Paul agreed to bring an update to a future meeting.

#### *Open Forum*

It was reported that piles of stone have been laid across the gate and pipes just off the pavement at Sedbergh Auction Mart, presumably to prevent access to the site.

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*A Visit to Sunbiggin Tarn.*

The rain happily abated for this hugely enjoyable and informative visit to the Special Site of Scientific Interest (SSSI) which includes Sunbiggin Tarn and the CWT reserve of Tarn Syke.

This area was once a settled and comparatively prosperous farming region. There is ample evidence of human activity over several historical periods dating back to 8000 years BC at least. Much folklore tells of murdered drovers, ghostly horsemen and the sinister “dowly” or melancholy tree. The skeletons of two fighting bulls were reputedly found at the eastern end of the Tarn. The whole area is based on carboniferous limestone and has many

special features including calcifying springs and the rare Geyers whorl snail.

Able led by John Mounsey and Helga Frankland, the party first examined the wildlife species just north of the road. The soils are a mixture of acidic and alkaline here where glacial drift overlays the limestone. Almost immediately the six-spot burnet moth was spotted with vivid red spots on a metallic blue-black wing. Apparently the spots act as a warning to predators that this species is particularly distasteful. The caterpillar feeds on the bird’s foot trefoil plant which was here in abundance. Wildflowers also spotted here included tormentil, ladies bedstraw, selfheal, mouse-ear chickweed and eyebright, so-called because the crushed plant produces

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an essence which soothes the eyes (but don't try this at home!). Further along the path more floral species were identified: white clover, bittervetch, heath bedstraw, yarrow, thyme, ladies mantle, salad burnet, violet, autumn and mouse-ear hawkbit and fairy flax.

Amongst the heathers (ling, cross-leaved and bell) were many varieties of grasses. We found quaking grass, yorkshire fog, crested dogstail, meadow fescue, purple moor grass and sweet vernal grass (which scents the hay). We observed the burnet moth emerging from its silken cocoon and saw several emperor moth caterpillars nearby.

A common blue damsel fly was also glimpsed amongst milkwort and yellow rattle with some early harebells beginning to flower.

The party then moved to the wetter areas adjacent to the Tarn. Birds at Sunbiggin (sunny building) are most prolific in autumn but we could see tufted duck, grebe, coot,



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moorhen and swans with nearly grown cygnets. In these wet flushes were fragrant and northern fen orchid in

abundance with ragged robin, wood anemone, ladies mantle and birds eye primrose.

The Tarn Syke reserve was well wetted but those with suitable footwear were able to enjoy the rich biodiversity conserved here.

Snipe, curlew, tree pipit and windchat were soon spotted with meadow brown, large skipper and small heath butterflies. The early marsh orchid, sneezewort, marsh marigold, marsh cinquefoil, pignut and angelica were found with a spread of cotton grass beyond.

This is a rich area and well worth a visit at most times of the year. We are all very grateful indeed for the expertise of our leaders on a splendid afternoon out. Our next outing will be a Family Riverside Walk in Dent on 12<sup>th</sup> August.

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### COUNCILLOR'S CORNER

August 7<sup>th</sup> not a date to be missed! .. That's if you want your say in influencing Yorkshire Dales housing policies and action plans and help to address a very immediate need of 55 homes in our area alone. And I don't say this flippantly – I attended the first of these consultative sessions held in Sedbergh where Dales Planning Officials hosted and structured the event to ensure that residents were able to break into small group with Planning staff and Dales Representatives and discuss housing issues from their point of view and have their say. Discussions were wide and varied and no housing subject taboo, from airing thoughts about whether we need to review the policy on barn conversions to considering the use of brown field sites for affordable, local occupancy homes. This meeting starts at 7pm on August 7<sup>th</sup> in the People's Hall in Sedbergh. I very much hope to see you there!

Another key local issue on my agenda, as you may have read previously, is provision and services for our young people in Sedbergh. I'm meeting with Parish Councillor, Steve Longlands, and

District and County Council Officials, and most importantly of all – Sedbergh's youth, now on a monthly basis to; scope, develop and deliver a youth shelter. We have meetings in the People's Hall at 6.30 on the last Wednesday of the month, prior to the Parish Council meeting, though the date maybe a little different this month, given the holiday season. We are now at the stage of identifying a specific location for the shelter and preparing some initial drafts of what it may look like and determining whether or not it can have dual use. This is not new territory for the region, a number of Parishes have ventured down this path, which will be helpful to us as we move forward and seek external advice. Most importantly, however, we need to tailor the shelter to meet local need, so the local voice, your voice, and practical input, your input, is critical and warmly welcomed!

On the matter of updates – I have been in conversation with Senior District Council Officers at South Lakeland, reviewing the annual migration to Appleby Fair and your phone calls on this subject this past month have also been

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very welcomed. Your calls have helped me generate a full understanding of the situation and will inform my thinking when I join a region wide meeting working alongside County Officials, the Police and leaders of the traveller community to provide a workable solution to some of these issues.

Traffic calming constitutes another update, but for me, rather frustratingly, county council bureaucracy moves slower than I would like and given traffic calming is not strictly a District but a County issue, its more difficult to get the progress I would like. Nonetheless, many of you in person amend through my survey work, have highlighted time and time gain, the problems of speeding

through the centres of built up areas, and so I feel duty bound to press for this to be addressed as effectively as I can.. Which would be through the installation of a speed indicator sign. I appreciate this will only address one area of our ward where speeding is excessive and a concern, but if we get the right location, it raises awareness for a much larger area and sending out the right messages to drivers that speeding is a concern to us.

The summer is upon us (or did that come and go in April?) and wherever you are holidaying, at home or away, please do enjoy the opportunity to rest, relax and do something a little different!

As always, sincere Best Wishes

*Craig Stephenson*

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### YORKSHIRE DALES NATIONAL PARK

*Website survey launched – with a free prize draw*

Internet users who click on to the Yorkshire Dales National Park Authority's (YDNPA) website are being given the chance to say what they think about it.

And everyone who provides feedback will have the chance to be entered into a free prize draw.

The survey aims to establish whether the site is easy to use and contains the information people want.

The site – at [www.yorkshiredales.org.uk](http://www.yorkshiredales.org.uk) – was a key communications tool that the YDNPA uses to promote its work and the National Park,

Authority Communications Manager Kath Taylor said: "We are adding new sections to the website all the time in an effort to provide an even greater service to the public.

"At the same time, we are constantly trying to improve the accessibility and usability of the site.

"For that reason, we need to know if we have got it right and if we are providing the information people want in the format they want.

"We ran this survey last year and it generated some useful feedback and ideas about the site.

"We have taken on board many of these ideas – for example, we have included information on car parks, toilets and access for all and there is a lot more about activities, with a whole new Getting Active section.

"We have also made a lot of improvements to our planning services – allowing people to check planning applications and appeals online and to look at the Local Plan and other policy documents.

"And we're about to have the website tested by some users with particular

disabilities and special requirements and this should also throw up some interesting comments.

“This year, as an added incentive to website visitors to complete the survey, we will ask them if they would like to be entered into a prize draw with the chance to win a National Park branded reversible jacket worth £35 and £25 in cash.”

Last year’s survey showed:

- 69 per cent of respondents thought the website was either good, very good or excellent.
- 64 per cent said the website information/content was either good, very good or excellent.
- 55 per cent rated its user-friendliness as good, very good or excellent.
- 61 per cent said the design as good, very good or excellent
- 67 per cent of respondents said they would either revisit the site or recommend it to a friend
- The most common reasons for visiting the website were either to plan a visit (33.3 per cent) or for research/education purposes (30.6 per cent).



## CHURCHES TOGETHER

At a recent Churches Together meeting the possibility of running a Friday night Youth Café for the young people of Sedbergh was raised and discussed. The basic idea behind the project is to provide somewhere safe and warm where the young people can go and meet their friends once a week. The cafe would be run as a ‘drop in’ with young people free to come and go as they wish and with no obligation for them to join in with any planned activities. We are keen to involve people from all the local churches as well as those with no specific church background who also feel strongly about providing for the youth of our area. To help put this vision into practice we are therefore asking for anyone who feels they could help, either practically on a Friday evening or behind the scenes, to contact Carole Gotham at the United Reformed Church. We will be holding a meeting on Tuesday 21<sup>st</sup> August at 8pm in the URC Room for all who are interested in supporting this new venture at which a fuller description of roles will be discussed.



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### RECEPTION

We're all going to the Zoo tomorrow..... Reception were so excited to be going to Dalton zoo. The morning was fair as we set off on our journey but when we arrived at the zoo the rain came down.

The children were undaunted so we left our bags and set off in our groups. These are some of the children's comments about their day.

"The giraffes had super long necks and legs. I like them because they are spotty!"

"The keeper let me feed a giraffe with some leaves."

"The hypos were lying in the mud and a monkey came and stood on a hippo and walked across to the other ones head and sat down."

"The rhinoceros was even bigger than

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you thought and its horn was massive."

"I liked the lemurs and one made me jump. One climbed up on the climbing frame."

"The monkeys were doing a trick and jumping everywhere and swinging. I liked them best. One was showing off and hanging on with one arm."

"I liked the spectacled bears, some were asleep but one was balancing on a piece of wood."

"I thought the peacock was going to get me."

"We saw lots of baby ducklings that were nice and cuddly."

The rain stopped and the children had an exciting day looking at all the animals.

"That's the first time I have seen a real live lion." Said with awe and wonder made it a memorable occasion for my last school educational outing.

Thank you to the Mums who kindly gave their time to make it such an enjoyable and worth while trip.

"I liked sleeping on the bus." Quite a few children found themselves doing that on the way home!

*Mrs Thornber, Mrs Bowman  
& Reception Class*

### **SEDBERGH SWIMMING CLUB**

*Swim the Channel with Sedbergh Swimming Club*

This year the voluntary lifeguards have passed their Royal Life Saving Society Bronze Medallion Awards again, enabling the club to continue using the pool. Our thanks go to Sedbergh School for continuing to provide this facility. The Asthma Swim was once again extremely well supported, thank you to all who took part and all who helped on the night. A staggering number of lengths were achieved by many young members: if any one still has sponsor forms and /or money to hand in, it's not too late to claim your certificate! We plan to continue with lessons on Tuesdays and Thursdays in September, starting during the first week of term and are hoping to introduce the Rainbow Award Scheme to celebrate members' achievements. Sessions for adult members will also continue on those days, as will the Saturday morning fun sessions. Would anyone be interested in the mothers' and toddlers' session being revived? Please let us have some feedback on this.

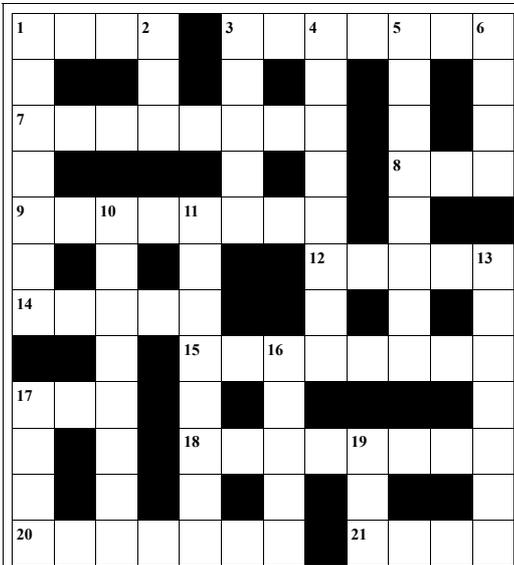
It's been a while since we asked you all to support us by doing duties at the pool – we will be asking for your assistance again in September to facilitate use of the pool. If you are willing to take a turn on the rota or are able to help with teaching, please let Kate Thexton know: [kate574@btinternet.com](mailto:kate574@btinternet.com) or 07752 748929 – thank you. If you bring junior members with you when you are on duty they may swim free of charge! We are planning to run an 5 week AQUA-FIT course on Tuesday nights as well – further details from Kim Ball on 21817.

When you've done that you'll be fit enough to join us to SWIM THE CHANNEL, but before you think 'the Channel will be freezing at that time of year!', think again! We are planning to clock up the equivalent distance (1408 lengths) in the warmth and relative safety of the pool! Well, OK, maybe not warmth! This event takes place between 17<sup>th</sup> Sept and 9<sup>th</sup> Dec and we are entering this sponsored event AS A CLUB: all participants will receive a personal record card to record the number of lengths you achieve. This is to support ASPIRE, a charity that works with the 40,000 people in the UK with a spinal cord injury. (Visit [www.aspirechannelswim.co.uk](http://www.aspirechannelswim.co.uk)) So if you fancy working on your own fitness while supporting ASPIRE's project, give us a call/text/email as above and we will add you to the list! No age restrictions!!! Any amount of lengths will contribute as long as you are registered. AGM on 4<sup>th</sup> September in Bull hotel – all members/prospective members welcome!

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- 5 Caught top celebs going after very old singer (8)
- 6 Type of music found at Blackpool and Edinburgh? (4)
- 10 Rugby's given hard time - a time to avoid! (4,4)
- 11 Peacekeepers finish without stopping (8)
- 13 Harangues at rides - 'move it!' (7)
- 16 Spaces found in kangaroo manuscript (5)
- 17 First four characters in Mozart opera sound like a bell (4)
- 19 Work in bacteria (3)

*Answers to July -*

- ACROSS: 1 Old Trafford; 6 Biology; 7 Shift; 8 Chariot; 9 Dozen; 11 Stair; 13 Restart; 15 Snoop; 16 Looking; 17 Photography. DOWN: 1 Offside rule; 2 Toffee; 3 Fright; 4 Ogler; 5 Mystery Play; 10 Pronto; 12 Tundra; 14 Tokyo.

**Across**

- 1 Shakespearean character holding trophy up with king (4)
- 3 Get well with R and R about Eastern hideaway (7)
- 7 Weary? Don't file as much! (8)
- 8 Boat made from small end piece of the Cutty Sark (3)
- 9 Use song about merry-go-round (8)
- 12 Fool to return after I had one (5)
- 14 Try dipping into pasta stew
- 15 Northern artists stand back to back to right storyteller (8)
- 17 Musical note often uttered by Homer (3)
- 18 Solitary toads lie rashly (8)
- 20 Storage areas for fish grow old, son (7)
- 21 Gets better than child's toys (4)

**Down**

- 1 Cop tale about animal (7)
- 2 Clothes for a small young cat (3)
- 3 Angling equipment catches river fish (5)
- 4 Rice lost, bizarrely, is worth more (8)

**SEDBERGH SCHOOL  
CHORAL SOCIETY**

The new season begins on Monday, 10th September. This year we are singing the African Sanctus by David Fanshawe and parts of Carmina Burana by Carl Orff. We meet in Room 4 in Powell Hall, Sedbergh School at 6.25pm. We are giving two performances as usual, one in Carlisle Cathedral and one in Powell Hall on the 1st and 2nd March 2008. Everyone who enjoys singing is very welcome. Do come and join us. Please note the first rehearsal begins at 6.10 pm.

If you need any further information, please contact Mrs. Lesley Alban at The Old Vicarage, behind Sedbergh Primary School, or telephone her on Sedbergh 20233.

### **ALZHEIMER'S SOCIETY**

On behalf of the South Lakeland Branch of the Alzheimer's Society Angela Harvey Branch Manager and George Tomlinson thank most warmly and sincerely all who helped with contributions to and supported our recent Sedbergh Coffee Morning and Street Collection on 27 June.

The amount total amount raised was £432.40

Coffee Morning	£249.91
Street Collection	£182.49

We are very grateful for your support which enables us to carry out our work providing information and support to local people.

---

### **HOUSING**

#### **DEVELOPMENT MEETING**

The planning process, which leads to a blueprint of policies dealing with various subjects, which guide how decisions on particular applications are made, has undergone changes in recent times.

Instead of a sheaf of topics being considered together and, an A-Z of policies being published every 5-10 years, a continuous programme of re-consideration is being followed, topic by topic, such as employment, farming development and community services.

The YDNP, after the present local plan was adopted in 2006, has embarked on a subject review, starting with the major one of housing and the provision of affordable accommodation.

A second change has been made in the formulation of policies and instead of the Authority drawing up what it considers should be in, and then seeking views from the public, the public has to be

consulted before pen is put to paper, and peoples responses and ideas are taken into account prior to renew schemes being worked up.

A series of open meetings have been taking place throughout the National Park. The inaugural one was held in Sedbergh, but it was felt that the advertising had been poor. *(It did not appear in Lookaround and we were not aware. Ed)* It was decided a second public meeting should be held, which will be on Tuesday 7th August at 7.00 p.m. in the Peoples Hall, Sedbergh. The events held to date have been lively with a lot of views being expressed. The formula for the evening is that Peter Stockton, the planning officer who deals with strategy, sets the scene with factual information and options to take housing into the future. What is discussed now will be seen in policies from 2010 onwards.

After Peter's presentation, people join discussion groups, led by planning officers, to give their views and find an agreed position, if possible, which is then recorded. Questions asked include what are peoples feelings about extending the present housing boundaries in settlements and allocating sites where houses may be built, should houses be limited in size, should new designs and modern cheaper construction methods be allowed, to encourage more affordable accommodation?

If you would like to join in the debate and make a contribution which will guide development in the future in the area, please spare an evening to participate on the 7th August, if you can.

*G.W. Dalton  
Parish Representative for YDNP  
Sedbergh, Garsdale and Dent.*

**YORKSHIRE DALES  
NATIONAL PARK**

*Extra job for Authority Chairman*

Yorkshire Dales National Park Authority Chairman Carl Lis has been elected to head a major national organisation.

The 58-year-old Craven District Council Leader has been named as the new Chairman of the English National Park Authorities Association (ENPAA), which exists to promote and further the needs of the nine National Park Authorities in England.

Nigel Hoskin, Chairman of the Dartmoor National Park Authority, has been elected as his Deputy.

Mr Lis's new responsibilities will see him representing the interests of all National Park Authorities with Government and other national agencies.

"It is a great honour to be elected Chairman of what is a very important and influential organisation and I am looking forward to being able to champion the interests and needs of the National Parks and their communities with the decision makers," he said.

"The post will give me a direct link to ministers and allow me to present the voice of National Park Authorities in discussions with the Government on key issues facing National Parks and rural areas as a whole like affordable housing, climate change and the future of farming and land management.

"We are encouraged by the fact that the new Environment Secretary, Hilary Benn, represents a Yorkshire constituency, and I will be inviting him to the Dales to discuss some of those issues in the near future."

Coun Lis, who lives in Ingleton, has represented the Ingleton and Clapham ward on Craven District Council for more than 17 years and was last year voted Councillor of the Year by Local Government Yorkshire and Humber. He was appointed to the Yorkshire Dales National Park Authority to represent Craven in 1996 and has been Chairman since 2004.

*New action plan for the Yorkshire Dales*

A detailed action plan for the Yorkshire Dales National Park Authority (YDNPA) in the coming year is now available on the internet.

The Best Value Performance Plan 2007-08 (BVPP) sets out the Authority's achievements over the last year and the projects and schemes it intends to complete in the next 12 months.

Authority Chairman Carl Lis said: "The last financial year was a successful one with the Authority's overall performance improving in a number of priority areas.

"For example, the total area of the National Park that is now in good conservation management has risen to 75 per cent and the number of footpaths in good condition has risen to 83 per cent – which equates to more than 1,700kms.

"Another success has been a dramatic improvement in the time it takes us to deal with 'household' planning applications – with 89 per cent now dealt with within eight weeks – the best of any National Park Authority.

"Obviously we are not complacent – there is always so much more we can do to improve our performance and to develop approaches, with our partners, to cope with the challenges of the future,

particularly with the predicted effects of climate change.”

The BVPP also includes information about the Authority’s funding and its performance against a number of nationally-set performance indicators.

A summary of the Plan is on the YDNPA website at [www.yorkshiredales.org.uk/standards\\_services\\_and\\_best\\_value-june\\_2007.pdf](http://www.yorkshiredales.org.uk/standards_services_and_best_value-june_2007.pdf). Hard copies of the summary can be obtained from the Authority offices at Yoredale in Bainbridge and at Colvend in Hebden Road, Grassington.

The full Best Value Performance Plan 2007/8 can be downloaded from the Authority’s website at [www.yorkshiredales.org.uk/bvpp\\_final\\_210607.pdf](http://www.yorkshiredales.org.uk/bvpp_final_210607.pdf).

*Open Access walks in the Yorkshire Dales National Park*

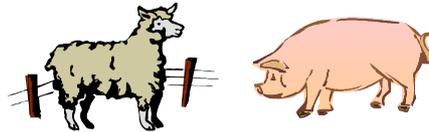
A Special free guided walk is being staged to give more residents and visitors the chance to explore Open Access areas of the Yorkshire Dales National Park.

The Countryside and Rights of Way (CRoW) Act 2000 came into force in the Upper North West and North East England in 2005 and increased the area of open access in the National Park from four per cent to 62 per cent.

The new legislation meant that walkers could enjoy far more of the beautiful landscape than before – nearly 400 sq miles extra within the National Park alone.

To help people understand their new rights under the CRoW Act, the Yorkshire Dales National Park Authority (YDNPA) has organised walks in different parts of the National Park accompanied by the

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Ranger for that area.

Ranger Services Manager Alan Hulme said: “The walks are a chance for people to exercise their new rights by exploring new areas of the National Park and, at the same time, learning more about its special qualities.

“They will be shown around by the relevant Area Ranger who has an intimate knowledge of the particular section and can explain the work of the Ranger Service.”

The walk planned for the Sedbergh area is:

September 2: Longstone Fell to Aye Gill Pike Moor, meeting in the Longstone Fell car parking area. A684 Garsdale Road, 10am to 4pm. Telephone: 01969 666210.

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99 Main Street, Sedbergh.

## HEDGEHOGS

In response to the query about hedgehogs in the July issue of *Lookaround*, I'm happy to say that we have a family of them living near our house in Dentdale. There are four of them - a mother and three young ones. The young ones are old enough to forage on their own, though still small enough to be adorable. We leave food out for them (following the suggestions on hedgehog websites), and we see at least one of them nearly every evening.

I trust other readers will have reported sightings of their own!

The photo of one of the babies, waddling on the gravel in our driveway.

*Greg Sandow*



## A PLAN FOR DENTDALE

The Dentdale Plan will have stands at the Dent Show and the Dent Gala over the August Bank Holiday week end in order to start finding out:

- what you value about Dentdale
- what problems and opportunities you think it has
- how you would like it to develop in the future

This will be the first of a number of ways we will be gathering people's views. We want to know everyone's ideas for the future of the Dale – so come along and talk to us and tell us what you think.

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*Dear Editor,*

I am anxious to trace the descendants of William and Elizabeth Woof of Buck Bank Farm in Sedbergh.

My late Grandmother, their daughter, one of thirteen children, was called Annabell. I would like to keep contact with my Woof relatives.

If anyone can help through the medium of *Lookaround*, I can be contacted on Penrith (01768) 895833.

*Mrs. Barbara Nelson*



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### **DENTDALE SHOW 2007**

This year's show will be held again over the August Bank Holiday weekend on Dent Playing Field, commencing on the Friday night (24<sup>th</sup>) at 7pm with Children's Storytelling followed by a Mini Disco (Free Admission). At 9pm, "Tunisia", a Live Band from Lancaster will perform until late and include Danny's Disco. Happy hour will be between 9pm and 10pm with drinks at a reduced price. BBQ food will also be available. Tickets £4 or £5 on the door.

Saturday will commence at 11am being opened by celebrity "Terry Woods" from Emmerdale. Fresh AM will also be present, and weather permitting, Tethered Hot Air Balloon rides. The Fell Race and Dent Sheepdog Trials will be held on the Saturday.

The Sheep Show, Tug of War Challenge and Astral Circus are scheduled for the Sunday, again 11am start. Various Side Stalls, Ice Cream Van, Alpacas, Irish Dancers, Craft Marquee and Craft Competitions will be present over the 2 days. A wide range of hot and cold food will be served over the weekend with refreshments and bar. The Town Crier will also be present on this day, with his bell, to keep everybody informed of the days events.

Further full details of the weekends events can be found in our brochure which will be distributed in and around Dent and Sedbergh the first week in August, or by visiting our website [dentdaleshow.com](http://dentdaleshow.com). Let's keep our fingers crossed for some fine weather. We look forward to seeing you all there!!

*Julie Middleton*



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### RECYCLING NEWS

We recently held a Feedback Meeting at Kendal Town Hall and have also been reviewing the comments you have sent us about the services you would like to see introduced in the future.

Currently our main priority is to extend the existing Kerbside Recycling Service to the parts of the district that have yet to be included. However we are always interested to hear your views on the services we provide and how you would like to see them improved.

Many householders have told us they would like to see plastic and cardboard collected from the kerbside. There are some problems that currently prevent us from introducing this service, for example householders would require some kind of container to collect the materials. This presents a particular problem at those properties that have a restricted amount of space to store bins or boxes.

However we intend to look at this problem, and the other problems associated with collecting cardboard and plastics, to see if there are ways in which they can be addressed.

If you would like to talk to us about the

services we provide we have a number of Roadshow's arranged during the coming weeks, full details are available on our website, [www.southlakeland.gov.uk](http://www.southlakeland.gov.uk).

If you have any questions about recycling or waste minimisation please contact us either through the Customer Contact Centre on 0845 050 4434 or by emailing us at [customer.services@southlakeland.gov.uk](mailto:customer.services@southlakeland.gov.uk)

Thank you for recycling.

South Lakeland District Council have announced that within just a few weeks of being installed the plastic bank at Joss Lane is now being used to recycle over 100,000 plastic bottles a month. SLDC Recycling Officer Margaret Blackstone thanks everyone who has used the bank for making it such a success in such a short space of time.



Josephine Lade LCSP (Assoc)  
**015396 23696**

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### DENTDALE CHOIR

The new term will soon be here and rehearsals will commence on Tuesday 18th September in Dent Memorial Hall at 7.30pm.

This term, we shall be working on part of the Christmas Music from Handel's Messiah as well as Carols to sing at the Christmas Carol Services in Dent.

New singers are always welcome. RC

### AUGUST GARDENING

In the dim and distant past, when I studied Horticulture at College, I well remember a certain lecture on "Plant Pests and Diseases" in which we focussed on Rust. The lecture came to mind this week when I was looking at a sad specimen of Rambling rose 'The New Dawn' which is so rusty this year that many of the flower buds have failed to open and most of the leaves have already dropped off. My College lecturer would have been thrilled by the sight as rust was one of his favourite fungal diseases and he particularly liked describing the way the fungus spread, through what I think I remember him calling "Rumpent Pustules" (you have to roll the "R" to get the full effect).

Rose rust first shows itself in spring, when elongated patches of bright orange fungus appear on cracks in stems and leaf stalks. These patches grow from the fungus which has overwintered inside the stems and they produce spring spores which spread onto and infect the leaves and buds. The summer spores which are rusty orange, are produced from these pustules and spread to other leaves and adjacent plants. In late summer black pustules develop and produce overwintering spores and the whole cycle begins again.

Rose rust may weaken plants sufficiently to cause dieback and even death, and as it persists inside the plant from year to year it can be very hard to control. All infected leaves and stems should ideally be removed and burned and plants can be sprayed with fungicides such as mancozeb (Dithane), penconazole (Scotts Fungus Clear) and myclobutanil

(Systhane Fungus Fighter or Roseclear3). Failing this why not take a good long look and say to yourself "Ah! What a wonderful rash of rumpent pustules"

*Elaine Horne*



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### THOUGHT FOR THE MONTH

A home grown Raspberry tastes miles better than any bought one, is it because I have tended it, nurtured it and hand picked it? A task I see all the way through gives immense satisfaction far above a task I only do part of, why is this? Probably something to do with being in control, we all like that, knowing, planning, carrying out, getting on with whatever it is from soft fruit growing to a major project, and I think that is why when something unexpected and not so good comes our way it really knocks us for six! It, whatever it is, is not in our plan, we haven't done anything towards it, it is bigger than us and a lot stronger than we feel when it happens. So, what do we do? Turn someplace, to someone or something, how about God? He created us, nurtures us and provides through Jesus The Way to Himself, His comfort and His peace. Worth a try!

*LD*



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**KIRKBY LONSDALE  
EMBROIDERERS**

The group enjoyed an 'in house' sewing afternoon in May, lots of chatter and laughter along with the tea and biscuits! A challenge had been issued to each member a few months earlier and the results were displayed at the meeting. A photograph was given and an interpretation of this was to be produced, in any medium. What a lovely surprise, the pieces were very impressive and the whole thing was thoroughly enjoyed. Then in June we had our outing. We visited Variegations in Sowerby Bridge, for a workshop, then lunch and this was followed by a little retail therapy. A great day out. Anne Burrow gave a wonderful talk entitled 'From Brassy to Classy' for our July meeting. She brought a host of articles made from so many diverse materials and it was bliss to handle the items and discuss the contents. Everybody thoroughly enjoyed the afternoon and much enthusiasm was fired up by Anne's wonderful work and her very practical attitude to producing such interesting embroideries.

We next meet in September, (August is our 'holiday' month), and our venue has

now changed to Barbon Village Hall. The date will be Thursday 6<sup>th</sup> September – a week earlier than usual due to the Westmorland County Show falling on the second Thursday in the month. We will also be starting at 10am as we are having a workshop, but of course it is not necessary to come at this time – later in the day will be fine. The AGM will take place in the afternoon – this will not take long and we will carry on. Our normal meeting times are 2pm to 4pm.

Visitors and guests are most welcome and if you require any further details, or information regarding the new venue, please contact Ann Hunter on 015242 41120

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**ROYAL BRITISH LEGION  
SEDBERGH BRANCH**

On Wednesday 18th July, the Branch held it's annual Coffee Morning in the URC Rooms which was well attended.

The Branch would like to thank all those who helped and contributed on the day and those that made donations of cakes, prizes and money to assist in raising £317 for this very good cause.

*Carol Brassington*

## Sedbergh People's Hall

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Details & availability:  
[www.PeoplesHall.org](http://www.PeoplesHall.org)

### DIALECT DIGEST

We've all had good reason to be feeling a bit 'unner t' weather' lately. There are plenty of ways to describe the almost continuous rain many of us have been experiencing. Among the more printable ones is, 'It's fair chuckin' it daan!'

My mother, who came from Sheffield, used to say, "It's comin' daan i' stair-rods," though this tends to lose its impact considering that stair-rods are probably rarely seen in homes these days.

The White Rose Garland, a wealth of dialect terms and expressions first published in 1949, contains the expression, 'Rain afooar seven, fair bi eleven.'

The explanatory notes expand on this: 'If it begins to rain an hour or two before sun-rising, it is likely to be fair before noon and so continue that day. But if the rain begins an hour or two after sun-rising, it is likely to rain all that day, except the rainbow be seen before it rains.'

This is attributed to 'Shepherd of Banbury' in a work called Notes and Queries, and dates from about 1853.

And there's another highly descriptive dialect expression, which I'm sure has

been heard throughout Northern counties many times in recent weeks: "Oh heck! It's silin' daan agin!"

*Michael Park*

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### EATING OUT.

Garden Centre cafes seemed to feature highly for us last month, first off was Deerslet Tea Room between Burton and the A6, its chalet cafe, realistic prizes and views of the countryside coupled with the 6 or so pet Donkeys to watch made a perfect break from work. A wander around the nursery meant a plant or to went home with me. They serve soup, ploughman's, quiche, paninis, jkts, salads and cakes and special menu for "little people", open 7 days a week 10-4.

An outing to Cark-in-Cartmel and I found the Southlakedland Nurseries with its Hot House Cafe all bright colours and cheery, serving filled rolls, toasties, and cakes priced under £2. The last visit was to Farleton View Fisheries, Nurseries and Tea Room where I managed to resist the amazing array of cakes but enjoyed a ham sandwich with salad.

All these have Disability access although at Deerslet it's across deep gravel but help is available. *E.N.Joy*

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**PAINTER & DECORATOR**

**SEDBERGH FESTIVAL OF  
BOOKS & DRAMA 2007**

*24<sup>th</sup> August – 8<sup>th</sup> September*

The Third Annual Literary Festival to be held in Sedbergh England's Book Town offers a very varied programme with the intention of including many different activities and performances which have grown from the skilled use of language.

The newly registered Charity, "Sedbergh Book Town Literary Trust" aims to celebrate language and to encourage everyone's efforts to use words for pleasure, to educate themselves or others and to produce original and innovative work and performance.

The Festival, whilst featuring marvellous, newly published, potential blockbusters also celebrates the efforts of 'amateurs' to offer a unique and very local experience.

William Hague MP for Richmond will speak about his new biography of Slavery Reformer William Wilberforce. Local authors, Sarah Hall, Peter Hobbs, Mike Barlow, Jacob Polley and Jim Eldridge introduce their latest work. Everything Beatrix Potter, is celebrated with talks

and a new play, "Beatrix Potter at Home". Drama workshops from companies visiting from London and Zimbabwe and an original Sedbergh production offer a feast for play-goers. Two wonderful theme-days, the Charter Market Fair and Gypsy Characters - Gypsy Life offer slices of country life as it was and is now.

Please see the full events list in the four page Centre Pull-out..

*Sedbergh, England's Book Town – a Future in Words.*

**A NEW HEALTH CENTRE - WHY?**

What is happening to the old Auction Mart site?

According to the June edition of the *Lookaround*:-

- 1) A Spar delivery centre
- 2) Local housing
- 3) A new health centre

The health centre is only 21 years old, it's position in town could not be more central. Also the chemist is very handy.

If space is limited, why not expand into the roof space. Or is the limited space referring to car parking and not health matters. Even the 'Ed' commented if the health centre moved it would make room for extra parking. Really the car is king.

Pity the pensioner living on Maryfell or beyond, infirm, or not well, having to trudge up and down Station Road in inclement weather. Not everyone in this town is a car owner.

We are constantly being told the N.H.S. is 'strapped for cash', so where is the funding for this new building coming from?

*Tet*

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**Sewing Operative**

Lyon manufactures specialist bags for industrial applications. We have a vacancy in our sewing workshop based at our head office at Dent. This is a role requiring manual dexterity which would ideally suit someone with previous sewing experience; however, training will be given.

For further information & job application forms, please contact:  
 Brenda Thexton

tel: 015396 25492 ~ fax: 015396 25454

E-mail: [info@lyon.co.uk](mailto:info@lyon.co.uk)

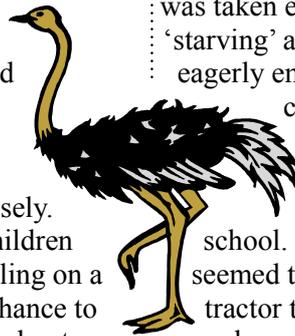
**Closing date for applications Friday 10th August**

**EDEN OSTRICH WORLD**

Sedbergh Primary school Nursery class enjoyed a trip to Ostrich world on Tuesday 3rd July. They have been looking at and learning about, many types of animal during this term, from pets and farm animals to mini-beasts, which they collected themselves and made a mini-beast zoo to observe more closely.

The trip gave many of the children their first experience of travelling on a coach and several of them a chance to visit part of the county they had not been to before. We were very lucky that they were all good travellers, so had no need of the mop and bucket!

The children had the opportunity to feed some of the animals with food provided by the Centre which both animals and



children enjoyed and hand washing stops afterwards gave the chance to put into practice our knowledge of how to look after ourselves and keep healthy. Lunch was taken early as everyone was 'starving' and most lunch boxes were eagerly emptied. After a play on the climbing equipment and zip wire, then a final look at the giant ostrich eggs, it was time for the trip back to school. The general consensus seemed to be that the best bit was the tractor tour around the animal enclosures which gave a good view to little ones.

Everyone agreed that they would like to go again.



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#### **THE ROSE THEATRE GROUP**

Wonderful news the Indianna Mae Rose was launched at the Hampton Court Rose show on July 2. Laurence Llewelyn-Bowen did the honours along with my daughter, Indianna's mother, Katherine. It is a lovely rose and is available now from [www.peterbealesroses.co.uk](http://www.peterbealesroses.co.uk). The lovely mauve/pink rose is perfect for a little girl who like most other little girls of a certain age, was deeply into those



colours. I humbly thank all those in the Rose Theatre Group and all the wonderful people who have supported the Panto's and the idea of the rose. 10% of all sales will go to the children's charity Ali's Dream. The rose is selling very well and was a hit at the show. Laurence L-B said he would wear one in his button hole from now on. He and his wife Jackie said they were trilled to be a part of such a great idea and worthy cause. Thanks again.

*Sandra Gold-Wood*

#### **A YEAR OF COACHING**

For the last 12 months, 22 year old Gary Holmes, who originates from Windermere, has been coaching youths in Cumbria but concentrating in the South Lakeland area. He has been commissioned for 3 years and on 18th July at Baliol School, he gave an excellent presentation of his experience.

Over the last year, Gary been working with Health Education in Partnership in many Schools including Sedbergh Primary, Dent Primary and Baliol Schools. He has also acted as a Community Rugby Coach with health and fitness in the South Lakes area. He has actively started and maintained a Tag Rugby Course, Rugby Union in 2 Secondary Schools, one of which is Settlebeck High School.

Gary's intention next year is to encourage more girls to play and to organise 2 Festivals to promote Rugby Union in Secondary Schools.

Gary has also been involved and giving coaching at the Pulse Centre at Baliol School which opened in November '06. The Centre currently has 130 members and has recently had a new Cross Trainer installed. There is a Ladies Evening every Monday and Gary is always on hand to give advice. He has also helped to secure a (non-ice) Skating Rink at Baliol School for public use in December. Watch this space.

When his commission is over, Gary hopes that he will leave behind enthusiasm for all members of the community in the area to keep playing Rugby Union.

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**PHOTO CALL**

Last month I had 2 replies; one from Steve Moore and one from David Lord.

Left to right top row we have David Procter, Michael Haygarth, Jim Brooksbank, Stephen Lund, Thomas Wilson



Front row: Ian Woof, Peter Packham, Peter Bowman, Andrew Mattinson, Roger Gibson, Alan Taylforth.

This months photo is a class from 1978 Answers please to Shirley Tebay, Walnut Bungalow, Dent LA10 5QT, tel: 015396 25001 or email: shirley.tebay@btinternet.com

**CHARITY BIKE RIDE**

I am a year 8 student from Settlebeck High School and everyone is trying to raise money for their educational trip to Zrece. I am not going so instead I want to raise money for the Heart Foundation by doing a



sponsored bike ride from Sedbergh to Hawes and back (about 34 miles). If anyone would be willing to sponsor me please let me know by e-mail kate574@btinternet.com or contact me at the school. Thank you.

*William Thexton*

**DENT GALA**

The sub-committee to arrange this event this year is small but powerful, we will probably be asking you to help in some way on the day, this doesn't mean you will be tied to a stall/sideshow all the time and miss the fun, helping for half an hour/an hour at a time will be great! Do get in touch if we haven't invited your participation and you want to be part of this truly local event, the main fund raising event for the Memorial Hall.

*Sarah, Dent 25212*



### **DENTDALE FELL RACE**

*A Hell of a Rise Hill.*

Local fell runners final reminder that the Rise Hill Fell Race will take place at 2pm on Saturday 25th August from Church Bridge, Dent. The total distance is 2.9 miles.

John Heneghan is hoping to better his time of 28 minutes 37 seconds of which he says "It's a cracking little race".

Why not give it a go. For more information contact John Hyde on 015396-25503 or [www.fellrunner.org.uk](http://www.fellrunner.org.uk) or [www.dentdaleshow.com](http://www.dentdaleshow.com)

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### **ELECTRIC BLANKET SAFETY**

Trading Standards will be testing electric blankets again this year! Testing will take place in October and blankets can be dropped at the Community Office throughout September. Any blankets that fail are replaced with a new blanket so it is worth getting your blanket checked out. Please inform any elderly neighbours and have your blankets in by 1<sup>st</sup> October. They will be ready to be picked up by the 11<sup>th</sup> October.

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### **SAS**

Appearing at the Sedbergh Charter Fair on 25th August will be the Sharpe Appreciation Society Display & Sharpe re-enactors.

The Sharpe Appreciation Society was set up in 1996 to deal with the many hundreds of requests for information etc. from the fans of Sharpe novels written by Bernard Cornwell, Britain's leading historical novelist. Following the novels came ITV's award winning drama series starring Sean Bean as "Sharpe". Today the society has expanded worldwide to

over 1,400 members, holding conventions and visiting European battlefields with members and guests.

One of the ways of keeping members in touch with plans for new Sharpe books and films is by taking our own road-show around the UK.

We have a varied display of weaponry some of it used on the sets of the films, prints relating to the Napoleonic period, a good range of "Sharpe" merchandise and naturally the books and films of Sharpe.

We are often joined by some of the cast members of the films of Sharpe, and wherever we go, we find fans of the books and films who are fascinated by the world of Richard Sharpe and Napoleonic history.

*Why not join in the fun by dressing up in a Sharpe or Jane Austin-type costume?*

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### **BBC**

Barbon Bridge Club's third season will commence on Tuesday 4<sup>th</sup> September. Come along any week and play Bridge with a sociable group of people – no partner is necessary. The emphasis is on playing for enjoyment but there is also the opportunity to learn to improve your bidding (ACOL) and play. There is a separate class for "Absolute Beginners" or for those who once played but have become rusty and you will be very welcome if you would like to learn to play this wonderful game.

The Club meets every Tuesday in Barbon Village Hall from 2pm until 4.30pm. Cost is £2 per week including tea and biscuits.

For more information contact Iain Bride on (015242) 71125.

## Religious Services in Sedbergh

### CHURCH OF ENGLAND

St. Andrew's Parish Church  
 Sunday 08.00; 10.30 & 18.30  
 Wednesday 11.15

**Canon A W Fell Tel: 20283**

*Church Wardens:*

John Beck 22109 & Lavinia Mahon 21740

### ROMAN CATHOLIC

St. Andrew's Parish Church  
 Sunday 12.00  
 Holy Days 19.30

**Rev. Dr. P Campbell Tel: 20918**

### METHODIST CHURCH

New Street  
 Sunday 10.30 & 18.30

**Rev. T Widdess Tel: 20329**

### UNITED REFORMED CHURCH

Main Street  
 Sunday 10.30

**Rev. C Gotham Tel: 22030**

### SOCIETY OF FRIENDS

#### QUAKERS

Brigflatts  
 Sunday 10.30

**Mrs T Satchell Tel: 20005**

### UNITARIAN & FREE

#### CHRISTIAN CHAPEL

Market Place, Kendal  
 Sunday 11.00  
 Wednesday 19.30

**Rev. G Jones Tel: 01539 - 722079**

*For enquiries for the following services,  
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### CHURCH OF ENGLAND

Firbank; Howgill & Killington  
 Cautley & Garsdale

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Cautley: Judith Bush 20058 & Linda Hopkins 21455  
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723  
 Dent & Cowgill

**Rev. P Boyles Tel: 25226**

### METHODIST CHURCH

Dent; Dent Foot;  
 Cautley; Fell End;  
 Garsdale Street; Garsdale Low Smithy;  
 Hawes Junction & Frostron

**Rev. T Widdess Tel: 20329**

### SEDBERGH CHRISTIAN CENTRE

6.30 pm People's Hall every Sunday

**Tel: 21436**

*Would you like to know that someone is  
 praying for you? Or do you have a  
 relative, friend or neighbour in special  
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 every Sunday for this  
 community and we  
 should like to hear of  
 any special needs.  
 Please ring any of the  
 above telephone  
 numbers so that we may  
 pray for you and/or  
 others.*



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*Can all adverts please be  
 accompanied with the correct money  
 at the time of submission.*  
 Articles etc. by 19th of every month

## DIARY OF EVENTS

*Dates are held up to 29th June 2008*

<i>"Lookaround Diary" What's missing?</i>		<i>UR</i>	<i>14 1930</i>	<i>FCH Domino Drive</i>	<i>FCH</i>
<b>AUGUST</b>			<i>14 2030</i>	<i>Les Bull Jazz Night</i>	<i>Bull</i>
<i>1 1000</i>	<i>Carers Coffee Morning</i>	<i>URCR</i>	<i>15 1000</i>	<i>StAS Mission Coffee Morning</i>	<i>URCR</i>
<i>1 1000</i>	<i>Annual Holiday Club</i>	<i>PH</i>	<i>15 1030</i>	<i>Gemma Hayward Photography Starts (19)</i>	<i>FM</i>
<i>1 1000</i>	<i>Geology in the Dales Starts</i>	<i>DCMH</i>	<i>15</i>	<i>Story Time (Insert)</i>	<i>FM</i>
<i>1 1030</i>	<i>QES GCSE Art Starts (19)</i>	<i>FM</i>	<i>15 1315</i>	<i>Zebras</i>	<i>SMCR</i>
<i>1 1030</i>	<i>A Novel Idea (Insert)</i>	<i>FM</i>	<i>15 1400</i>	<i>Art in the Park</i>	<i>DCMH</i>
<i>1 1030</i>	<i>Classic Characters (Insert)</i>	<i>FM</i>	<i>16 1230</i>	<i>Birds of the Yorkshire Dales</i>	<i>DCMH</i>
<i>1</i>	<i>Story Time (Insert)</i>	<i>FM</i>	<i>16 1430</i>	<i>Toy Library</i>	<i>PH</i>
<i>1 1315</i>	<i>Zebras</i>	<i>SMCR</i>	<i>17 1000</i>	<i>Art Society Exhibition Starts (Insert)</i>	<i>SSC</i>
<i>1 1400</i>	<i>Art in the Park</i>	<i>DCMH</i>	<i>17 1100</i>	<i>Zebra's Annual Outing</i>	<i>Morecambe</i>
<i>1 1930</i>	<i>WIF Good Heavens, it Rhymes</i>	<i>PH</i>	<i>17 1200</i>	<i>SS Heritage Centre Open Day (18)</i>	<i>SSHC</i>
<i>2 1000</i>	<i>Annual Holiday Club</i>	<i>PH</i>	<i>17 1400</i>	<i>Bowling Taster Session</i>	<i>QG</i>
<i>2 1230</i>	<i>Birds in the Yorkshire Dales</i>	<i>DCMH</i>	<i>17 1400</i>	<i>Storytelling</i>	<i>DCMH</i>
<i>2 1430</i>	<i>Toy Library</i>	<i>PH</i>	<i>18 1030</i>	<i>Quilt Exhibition Starts (19)</i>	<i>FM</i>
<i>2 1930</i>	<i>WIH Flower Arranging</i>	<i>HVH</i>	<i>18 1200</i>	<i>SS Heritage Centre Open Day (18)</i>	<i>SSHC</i>
<i>3 1000</i>	<i>Annual Holiday Club</i>	<i>PH</i>	<i>18 1330</i>	<i>Bingo</i>	<i>GH</i>
<i>3 1400</i>	<i>Storytelling</i>	<i>DCMH</i>	<i>18 0830</i>	<i>Sheep Dog, Sheep &amp; Stick Show (18)</i>	<i>Barbon</i>
<i>4 1000</i>	<i>Women's Health Weekend (5)</i>	<i>MCD</i>	<i>19 1000</i>	<i>Digital Photography</i>	<i>DCMH</i>
<i>4 1400</i>	<i>Garsdale Fun Day</i>	<i>GVH</i>	<i>19 1200</i>	<i>SS Heritage Centre Open Day (18)</i>	<i>SSHC</i>
<i>4 1430</i>	<i>Beekkeepers' Varroa Management</i>	<i>Lingarth</i>	<i>19 1415</i>	<i>Hawes Town Trail</i>	<i>DCMH</i>
<i>4 1500</i>	<i>Tea in Rhumes, Dent (2)</i>	<i>Rhumes, Dent</i>	<i>21 1100</i>	<i>Chainsaw Sculpture</i>	<i>DCMH</i>
<i>4 1800</i>	<i>BBQ &amp; Duck Race</i>	<i>KVH</i>	<i>21 1330</i>	<i>Bingo</i>	<i>GH</i>
<i>4 1000</i>	<i>Garsdale Exhibition</i>	<i>HJC</i>	<i>21 2000</i>	<i>Youth Café Meeting</i>	<i>URCR</i>
<i>5 1000</i>	<i>Women's Health Weekend (5)</i>	<i>MCD</i>	<i>22 1000</i>	<i>Howgill Church Coffee Morning</i>	<i>URCR</i>
<i>5 1400</i>	<i>Dent Cricket v Lancaster University</i>	<i>Dent</i>	<i>22 1400</i>	<i>Art in the Park</i>	<i>DCMH</i>
<i>5 1000</i>	<i>Garsdale Exhibition</i>	<i>HJC</i>	<i>22 1315</i>	<i>Zebras</i>	<i>SMCR</i>
<i>6</i>	<i>August Bank Holiday</i>		<i>23 1230</i>	<i>Squirrels</i>	<i>DCMH</i>
<i>7 1330</i>	<i>Bingo</i>	<i>GH</i>	<i>24 1400</i>	<i>Storytelling</i>	<i>DCMH</i>
<i>7 1400</i>	<i>Spinning a Yarn</i>	<i>DCMH</i>	<i>24 1900</i>	<i>Dentdale Show (1)</i>	<i>Dent</i>
<i>7 1900</i>	<i>Housing Public Meeting (7)</i>	<i>PH</i>	<i>24</i>	<i>Festival of Books &amp; Drama Starts</i>	<i>Sedbergh</i>
<i>8 1000</i>	<i>NW Cancer Coffee Morning</i>	<i>URCR</i>	<i>24 1900</i>	<i>Fine Books &amp; Dining (Insert)</i>	<i>FM</i>
<i>8 1000</i>	<i>Farmers Market (8)</i>	<i>JLCP</i>	<i>24 1930</i>	<i>Batwatch</i>	<i>DCMH</i>
<i>8</i>	<i>Story Time (Insert)</i>	<i>FM</i>	<i>25 1000</i>	<i>Sedbergh Charter Fair (Insert) (25)</i>	<i>Sedbergh</i>
<i>8 1315</i>	<i>Zebras</i>	<i>SMCR</i>	<i>25 1000</i>	<i>Farmers Market (8)</i>	<i>JLCP</i>
<i>8 1400</i>	<i>Art in the Park</i>	<i>DCMH</i>	<i>25 1000</i>	<i>Bridal Exhibition (26)</i>	<i>StCG</i>
<i>8 1415</i>	<i>Hawes Town Trail</i>	<i>DCMH</i>	<i>25 1100</i>	<i>Dentdale Show (1)</i>	<i>Dent</i>
<i>8 1915</i>	<i>WID Pancakes Savoury &amp; Sweet</i>	<i>DMH</i>	<i>25 1330</i>	<i>Bingo</i>	<i>GH</i>
<i>9 1230</i>	<i>Birds in the Yorkshire Dales</i>	<i>DCMH</i>	<i>26 1000</i>	<i>Bridal Exhibition (26)</i>	<i>StCG</i>
<i>10 1400</i>	<i>Storytelling</i>	<i>DCMH</i>	<i>26</i>	<i>Bookbinding (Insert)</i>	<i>FM</i>
<i>11 1030</i>	<i>Dance Workshop (2)</i>	<i>BS</i>	<i>26 1100</i>	<i>Dentdale Show (1)</i>	<i>Dent</i>
<i>11 1330</i>	<i>Bingo</i>	<i>GH</i>	<i>26 1900</i>	<i>Songs of Praise (16)</i>	<i>DMH</i>
<i>11 1930</i>	<i>Slovene Dancers in Sedbergh (2)</i>	<i>PH</i>	<i>26 1945</i>	<i>Library Theatre (Insert)</i>	<i>SSJAC</i>
<i>12 1000</i>	<i>Patchwork &amp; Quilting</i>	<i>DCMH</i>	<i>27</i>	<i>August Bank Holiday</i>	
<i>12 1030</i>	<i>QES GCSE Art Ends (19)</i>	<i>FM</i>	<i>27 1000</i>	<i>Bridal Exhibition (26)</i>	<i>StCG</i>
<i>12 1430</i>	<i>CWT Riverside Family Walk</i>	<i>DCP</i>	<i>27 1200</i>	<i>Dent Gala (27)</i>	<i>Dent</i>
<i>13 1500</i>	<i>Reading Group</i>	<i>L</i>	<i>27 1400</i>	<i>Theatre Under Fire Workshop (Insert)</i>	<i>PH</i>
<i>14 0900</i>	<i>Lunesdale Show</i>	<i>KL</i>	<i>27 1930</i>	<i>Coffee Evening</i>	<i>HVH</i>
<i>14 1400</i>	<i>WIK Outing</i>	<i>TBA</i>	<i>27 1930</i>	<i>Theatre Under Fire (Insert)</i>	<i>PH</i>

*The S & D Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker*

*It is printed by Stramongate Press.*

*Whilst every effort is made to ensure that information is correct, the editors cannot accept any responsibility for any inconvenience caused through errors or omissions.*

28	1000	Art Society Exhibition Ends (Insert)	SSC		
28	1000	Razed Roof Theatre Workshop (Insert)	PH		
28	1400	Drystone Walling	DCMH		
28	1930	DVD Razed Roof Theatre (Insert)	PH		
29	1000	Beekkeepers' Coffee Morning	URCR		
29	1315	Zebras	SMCR		
29	1400	Art in the Park	DCMH		
29	1930	Sedbergh Parish Council	PH		
29	1930	Judith Taylor Hough (Insert)	PH		
30	1230	Birds in the Yorkshire Dales	DCMH		
30	1945	William Hague (Insert)	SSPH		
31	1000	Geology in the Dales Ends	DCMH		
31	1400	Storytelling	DCMH		
31	1945	Colin Barnett/Ray Marriott (Insert)	PH		
<b>SEPTEMBER</b>					
1	1000	Charity Coffee Morning (46)	WFF		
1	1030	Quilt Exhibition Starts (19)	FM		
1	1030	Gemma Hayward Photography Starts (19)	FM		
1	1030	A Novel Idea (Insert)	FM		
1	1030	Classic Characters (Insert)	FM		
1	1330	Bingo	GH		
1	1400	Gypsy Characters (All Day) (Insert)	PH		
1	2000	PH Dance	<b>Cancelled</b>		
1		Festival of Books & Drama	Sedbergh		
2	1000	YDNP Walk	Langstone Fell		
2	1400	Dent Cricket v Sheeptown Cavaliers	Dent		
2	1430	Beatrix Potter at Home (Insert)	PH		
2	1930	3 Acclaimed Modern Poets (Insert)	URC		
3		<b>A684 Closed at Lincoln's Inn Bridge</b>			
3	1945	How many Light Bulbs .... (Insert)			
4	1330	Bingo	GH		
4	1900	Community Cinema Meeting	CO		
4	1930	Swimming AGM (51)	Bull Hotel		
4	1945	Young & Successful (Insert)	PH		
5	1000	GVH Coffee Morning	URCR		
5	1930	WIF Homoeopathy	PH		
5	1945	Writing - The Inside Story (Insert)	PH		
6	am	John Rice (Insert)	SPS		
6	pm	John Rice (Insert)	SHS		
6	1430	Toy Library	PH		
6	1930	WIH Cookery Demonstration	FCH		
6	1945	Night of Words (Insert)	FM		
7	1930	KVH Domino Drive	KVH		
7	1930	Telling it like it is (Insert)	SHS		
8	1330	Bingo	GH		
8		Descant on Rawthey's Madrigal (Insert)	BF		
8	1930	Telling it like it is (Insert)	SHS		
8		Festival of Books & Drama Ends	Sedbergh		
9		Dent Methodist Harvest	DMC		
10		Dent Methodist Harvest	DMC		
10	1500	Reading Group	L		
11	1000	Disappearing World Starts	DCMH		
11	1400	WIK Cycle Cuba	PH		
11	1900	Beekkeepers' Meeting	Old Vicarage		
11	1930	FCH Domino Drive	FCH		
11	2030	Les Bull Jazz Night	Bull		
12	1000	Dent Foot Chapel Coffee Morning	URCR		
12	1000	Farmers Market (11)	JLCP		
<b>DIARY KEY</b>					
			BF	=	Brigflatts
			BS	=	Baliol School
			BVH	=	Barbon Village Hall
			CDC	=	Community Development Centre
			CO	=	Community Office, Main Street
			CS	=	Casterton School
			CWT	=	Cumbria Wildlife Trust
			DCMH	=	Dales Countryside Museum, Hawes
			DCP	=	Dent Car Park
			DMH	=	Dent Memorial Hall
			DMC/S	=	Dent Methodist Chapel/Schoolroom
			EG	=	Embroiderers' Guild
			FCH	=	Firbank Church Hall
			FM	=	Farfield Mill
			G&D	=	George & Dragon, Dent
			GH	=	Gladstone Houser
			GL	=	Garsdale Ladies
			GVH	=	Garsdale Village Hall
			HC	=	Health Centre
			HJC	=	Hawes Junction Chapel, Garsdale
			HS	=	History Society
			HVH	=	Howgill Village Hall
			JLCP	=	Joss Lane Car Park
			KC	=	Killington Church
			KL	=	Kirkby Lonsdale
			KVH	=	Killington Village Hall
			L	=	Library
			LHCP	=	Loftus Hill Car Park
			MCCCL	=	Methodist Church Centre KL
			MCD	=	Meditation Centre, Dent
			PH	=	People's Hall
			QG	=	Queen's Gardens
			SBH	=	Sedbergh Bright Hour
			SC	=	Swimming Club
			SCC	=	Sedbergh Cricket Club
			SHS	=	Settlebeck High School
			SLSB	=	South Lakeland Society for the Blind
			SMCR/H	=	Sed. Methodist Church Room
			StAS/D	=	St Andrew's Church, Sedbergh/Dent
			StJCG	=	St John's Church, Garsdale
			SR	=	Spooner Room
			SSPH	=	Sedbergh School Powell Hall
			STO	=	Sedbergh Tourist Office
			URCR	=	United Reformed Church Rooms
			WFF	=	Waterside Farm, Firbank
			WHC	=	White Hart Club
			WID	=	Women's Institute, Dentdale
			WIF	=	Women's Institute, Frostrow
			WIH	=	Women's Institute, Howgill
			WIK	=	Women's Institute, Killington

## PUBLIC INFORMATION

### SEDBERGH HEALTH CENTRE

Loftus Hill ☎ 015396 20218  
 Repeat Prescription ☎ 015396 20239  
 Out of Hours ☎ 01539 781999  
 Bay Call ☎ 0845 0524 999

#### Dr W Lumb

Monday 0830 - 1100 \* 1500 - 1800 \*  
 1230 - 1300 Dent

Tuesday 0830 - 1030 1500 - 1800 \*

Wednesday 0830 - 1030 1430 - 1700 \*

Thursday 0830 - 1100 \*

Friday 0830 - 1100 \* 1500 - 1800 \*

#### Dr A Orr

Monday 0830 - 1030 1430 - 1730 \*

Wednesday 0830 - 1100 \* 1500 - 1800 \*

#### Dr C Hunt

Tuesday 0830 - 1100 \*

Thursday 0830 - 1030 1500 - 1800 \*

Friday 0830 - 1030 1500 - 1800 \*

#### Practice Nurses

Monday 0845 - 1300 b 1400 - 1700 b

Tuesday 0830 - 1300 a 1400 - 1730 a

Wednesday 0845 - 1300 b 1400 - 1630 b

Thursday 0830 - 1300 a 1400 - 1730 a

1300 - 1800 b

Friday 0845 - 1300 b 1400 - 1730 b

a = Adele Reynolds

b = Anne Crome

<b>District Nurse</b>	<b>Health Visitor</b>
☎ 015396 21690	☎ 015396 20979

#### A Collinge Optometrist

Every Friday 0900 - 1300 1400 - 1730 \*

#### DENTAL SURGERY

Finkle Street ☎ 20626

Mr I. R. Dawson, Ms G Turner, Mrs D Ross  
 & Mr B Taylor

Monday to Thursday 0900 - 1700

Friday 0830 - 1500

\* = *By Appointment Only*  
 # = *Telephone Consultation*  
 FP = *Family Planning*

#### LIBRARY Main Street ☎ 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

#### SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day

0900 - 1700

#### COMMUNITY OFFICE ☎ 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)

web page [www.sedbergh.org.uk](http://www.sedbergh.org.uk)

#### RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 0870 1264061

e-mail via site [www.cabkendal.ndo.co.uk](http://www.cabkendal.ndo.co.uk)

#### PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

#### SLCVS @ Community Office

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

#### COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

e-mail: [admin@sedberghcdc.org.uk](mailto:admin@sedberghcdc.org.uk)

**POLICE** ☎ Kendal 0845 33 00 247

#### PUBLIC TOILETS

Main Street, Sedbergh & Main Street, Dent

#### VETERINARY SURGERY

22 Long Lane ☎ 20335

Mr N. Preston & Mr J. Bramley

Monday to Friday 1400 - 1430 \*

Mon, Wed & Fri 1900 - 1930 \*

Saturday 1330 - 1400 \*

Sunday \*

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY