

Sedbergh & District

LOOKAROUND

June 2008

Issue 256

Donation 50 pence

A warm welcome to everyone to this June Newsletter.

We have been 'encouraged by many people recently to increase the cost of *Lookaround* to £1 per issue and that the appearance of the April issue was brilliant and worth a good £1. If we were

to go to the April issue format regularly, we would have to ask for £1 as the production cost spirals quite high. Please let us know whether you would like the April issue format regularly and pay £1 for it.

Dennis & Jacky Whicker

THE STORY OF FARFIELD MILL RESTORATION

how we did it!

This book tells how in 1992 a group of people in Sedbergh set about raising the money to restore the four storey woollen mill, to create today's Arts and Heritage Centre.



BOOK SIGNING 31 May and 1 June at Farfield Mill

The book will then be obtainable price £11.95 from bookshops in Sedbergh and from the Arts and Heritage Centre



BARN DANCE & CEILIDH

Cornerstone Ceilidh Band

8pm Friday 13th June

People's Hall

£5

to mark the opening of the Sedbergh Music Festival

Licensed Bar by The Dalesman

See also Page 12.

CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

e-mail: lookaround@whicker73.freemove.co.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

CHILDREN'S BIRTHDAYS JUNE 2008



Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-

Edward Lawson who is

11 years old on 9th June

Please collect your vouchers from

Sedbergh Office Services

13 Kings Yard, Main Street, Sedbergh

which can be used in any shop in

Sedbergh & Dent.



Day	Name	Age
2	George HINSON	9
3	Demeer CRESSEY	11
5	Tyler JAMES	11
7	Harrison BROOKS	4
9	Jack McDOWALL	1
9	Christopher McCONNELL	9
9	Edward LAWSON	11
10	Natalie WALLER	4
15	Lavinia CAPSTICK	4
16	Omar NOUR	7
18	Lauren CHARNLEY	6
19	Cameron PARK	7
20	Isabel COLTON	7
23	Lewis DALZELL	2
23	Jay KIRBY	5
23	Joe GAME	9
24	Ben GARNETT	6
28	Annabelle BREWER	9



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs K Vigar	Apley House, 27 Loftus Hill, Sedbergh (2008/09) <i>1D (ES); 1D/T (PB); TV; NS; CH; VB; P; NP(*)</i> ; Di (min 4 by arrangement) e-mail: kathryn.vigar@btopenworld.com	20447
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh (2008/12) <i>F/D (4 poster); ES; CH; TV; P; NS; DW; CW</i> e-mail: enquiries@theoldjoinery.com	20309
Mrs R Gardner	Oakdene Country House, Garsdale Road, Sedbergh (2008/05) <i>2D (4 Poster); 2D; 1T; 1S; All ES; TVL; P; CH; CW; FC; NS</i>	21012
Miss S Thurlby	15 Back Lane, Sedbergh (2008/12) <i>1D; 1T; CH; L; DW; P; DR; VB</i> e-mail:- antique.thurlby@amserve.net	20251
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (2009/02) <i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh (2008/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs L Hopkins	Brantrigg, Winfield Road, Sedbergh (2008/09) <i>1T; PB; TV; NS; NP; P; DR; VB</i> e-mail: brantrigg@btinternet.com	21455
Mrs S Sharrocks	Holmecroft, Station Road, Sedbergh (2008/10) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754

CAMPING, CARAVANNING, SELF-CATERING & RENTAL

Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2009/02) <i>Sleeps 6-8 1D; 1T; ES; PB; CH; L; TVL; P; NS; NP(*)</i> e-mail: ali@interact.co.uk	20360
Sycamore Cottage, Lunds, Sedbergh (2008/09)	<i>Sleeps 2, D; CH; TVL; P; NS; DW</i>	01969 667356

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

PERSONAL & SMALL ADS £1

DEVINE

Happy Birthday Georgina. With love from Mum.

=====

DICKIE

Isabel and family wish to thank everyone for their cards, letters and flowers following the sudden death of Tom. Special thanks to Canon Fell for the service and Brian Goad for his kindness. Also a special thanks to all Royal British Legion members who took us to visit Tom in the hospital.

=====

GARNETT

Happy Birthday Ben on 24th June. With love from Grandma and Auntie Gina.

=====

STOKER

I would like to thank family and friends for the lovely cards and flowers sent to me during my stay in hospital and since returning home. Christine.

=====

SWALLOW/WOOF

Congratulations Brodie and Katie on your outstanding results at your first major gymnastics competition at Bietdick in April. Both girls took part in the recreational Under 10's event joining another 72 competitors. Katie achieved joint first on the vault and come 6th overall. Brodie shone on the Floor and achieved a very respectable 36th place overall. Well done to both girls. From Nanny Woof.

GREENBANK

The Cremation and Remembrance (or Thanksgiving for her life) Service of Constance Mary Greenbank, known as 'Connie', took place at Lancaster Crematorium and St Andrews Church, Sedbergh, respectively, on May 1st. Her sister, Alfreda Glendenning, would like to thank all Connie's friends for the kindness shown to her family on that day, and for the letters and cards that she has received in sympathy. Connie will be sorely missed by the family and the many friends she had in Sedbergh. Rest in Peace, Connie, in our love

=====

HAYGARTH

Doris would like to thank all her family for their love and care and many trips to Preston over the last months. Thanks also to the many friends and neighbours for their presents and cards. The love and support I have received has seen me through a very difficult time. Last but not least thanks also to the medical team. Thank you all.

=====

MCLENNAN

Mr & Mrs Andy McLennan wish to thank family, new in-laws, friends and neighbours for all the wonderful cards and wedding presents on the occasion of our marriage on April 12th. Thank you so much for celebrating the day with us and it was lovely to see so many of you outside The Bull to welcome us back from the Registry Office.

PERSONAL & SMALL ADS £1

WANTED

Nordic cross country Ski trainer machine. Please ring 07929-517093.

WANTED

Reel to Reel tape player in good working order. Ring 07826-316452.

FOR SALE

New, still in box, Baker Style shelves. Black Wrought Iron with basket weave shelves. Height approx. 5 ft. £30. 4, Maryfell or ring 20322.

FOR SALE

Technics Keyboard SX-KN501. Sounds and rhythm, composer, song memory. With stand and Carry case. £100. Tel: 21239.

FOR SALE

Pine Bed (3ft) £35. Wardrobe (54cm x 170cm) £10. Two drawer dresser with cupboard beneath (83cm x 120cm) £10. Childs bike (age 3-6) vgc. £20. Childs Carry Seat for adult bike (good as new) £20. Contact 20195 (evenings).

FOR SALE

3ft 6ins bed. Clean, good condition with pine headboard. £10. Tel: Sedbergh 20182 after 7.30pm.

FOR SALE

Elcold medium size deep freeze £50. VGC. Three light rustic wooden chandelier with 2 matching wall lights £30. Sedbergh 20616.

FOR SALE

Bunk beds. Good condition. £20. Sedbergh 20615.

FOR SALE

Out'nAbout Nipper Double Pushchair. Grey with Footmuff and Plastic raincover. Very good, clean condition £90 ono. Britax Eclipse Si Car Seat. Grey check. Suits 9kg-18kg (9 months-4 years) VGC. £15 ono. Tel: 01539-731296 or 07929-781377.

FOR SALE

Eurohike Map Compass, still in box £10. Microsoft Lifecam VX3000. £20. New Goretex Gators £15. 077966-58895.

FOR SALE

Ladies (size 40) Polo Motorbike leather jacket £75. Cycling gloves £5. Custom made Hoffman BMX bike £180 (£470 new). Buffalo Billiard Cue with box £45. Everything in excellent condition, hardly used. Enquiries 077966-58895.

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Tom Wilson
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07790 946578

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PULSE COMMUNITY GYM

The Pulse Gym held it's AGM on April 25 at the White Hart Sports and Social Club. It was agreed that the gym is an on going success thanks again to the excellent community support. The Management committee has remained unchanged; Sandra Gold-Wood Chair, Dot Dunn Secretary, Jackie Baines Treasurer, Membership secretary Jeanette Swallow, committee members Carole Currie, Stephen Copestake, Chris Hamlett and Kate Thexton. Copies of the chairman's report and the treasurers report are available to interested parties. Having a membership secretary will be of great assistance with keeping a

check on payments and smoothing out any payment problems. A new and more appropriate constitution has been adopted unanimously by the committee, again copies are available. Two excellent renovated treadmills are by now installed.

It was agreed that the Skating event of January was a great success and an example of what the Pulse stands for. In keeping with the principles of the Pulse project a donation was made to the Gala group and the Rose Theatre group. If you wish to join the gym or the committee or you have any other questions please ring 015396 20232/21808.

Sandra Gold-Wood

Arts & Heritage Centre

We have a wonderful selection of exhibitions and events planned for you during the summer and plenty of opportunities to engage with artists and art through workshops, talks and residencies

Mechanical Drawing – the Schiffli Project runs until June 29th Dover and Howgill Galleries

There be an associated talk given by Dr Melanie Miller and Schiffli artist Kate Egan on Saturday 14 June at 2.00pm in the new Dover Gallery

Weavers Café

You'll find a warm welcome in the recently refurbished Weavers Café and a selection of excellent dishes ranging from tea, coffee and home made cakes or scones to delicious light lunches.

Now Booking Workshops

We are currently taking bookings on a number of workshops run by artists at Farfield, including, Felting with Jeanette Appleton and River Paintings by Frances Winder, Textiles by Jan Hicks. For details on these and more workshops, please visit the website or contact the Mill directly.

~~~~~  
**PLUS Artists' Studios, Heritage Floor,  
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### DENT PARISH COUNCIL

At its May meeting, the Parish Council approved the Annual Financial Statement for 2007-08 and elected the Chair for 2008-09. It also heard from PC John Orr, the local Community Beat Officer and two of his colleagues. The following day, members of the Parish Council addressed the May meeting of the National Park's planning committee about the Ghyllside proposal.

The full Parish Council minutes are published on the Dentdale website [www.dentdale.com](http://www.dentdale.com).

#### *Proposed Ghyllside development*

At its May Planning Committee meeting, YDNPA gave planning consent for the twelve affordable

houses for local occupancy on the field above Ghyllside.

There have been extensive discussions over the last few months between Two Castles and the planning department on the details of this scheme and about the concerns expressed by residents and by the Parish Council. As a result, the original plans have had a number of modifications. More details can be found on the YDNPA website.

When the houses are built, applicants for them will be selected from the following parishes in order: Dent, Sedbergh, Garsdale, Middleton, Firbank and then the rest of the National Park.

The Parish Council has supported

## 24 OPEN GARDENS

in Dentdale  
Saturday 7th &  
Sunday 8th June  
1pm to 5pm



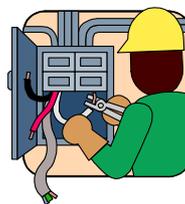
Passports £3 per person  
from

Dent Post Office,  
Dent Stores  
Sedbergh Information Office

*Proceeds for Dent Church Repairs*  
ALL WELCOME

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# Mule Gimmer Lamb Sales 2007

Bentham Shearlings, Skipton, Kendal, Bentham(Sat) and Hawes

## The DVD

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Linda Allan, Middleton Hall Cottage, Kirkby Lonsdale, Carnforth, LA6 2ND.  
For Further Enquires contact 015242 76448.

[www.Bonnysheep.com](http://www.Bonnysheep.com)

this proposal from the outset, because Dent needs affordable housing for young families in order to maintain a vibrant community. It was encouraging to note from the discussion at the YDNPA meeting that members of the planning committee appeared to accept this need and were keen to overcome the difficulties of providing affordable housing in the National Park.

#### *Dent Post Office*

In the light of the views expressed at the Annual Parish Meeting in April, the Parish Council arranged for discussions to take place between Eddie and Rita Smith and the postmistress in Sedbergh to see if the proposed outreach service could be located in Dent Stores. Although no decision will be taken until after the end of the consultation period towards the end of May, at the time of writing it looks likely that this will go ahead.

The people who volunteered at the Annual Parish meeting to look at the Post Office closure proposals in more detail have now met. They considered the relatively small

amount of business currently transacted at the Post Office, and concluded that outreach provision for two mornings a week was a reasonable way forward. They also agreed to contact Christine at Sedbergh PO to offer their support for the new outreach arrangements.

As a result of these developments, the Parish Council decided to write to the Post Office expressing its support for the provision of the outreach service.

#### *Dent Primary School*

The Parish Council has received a letter from the Governors of Dent Primary School about the County Council's "Strategy for Primary Schools" document. Although a recent article about it in the Westmorland Gazette suggested that the school in Dent may be under threat of closure, this is highly unlikely. Its numbers are projected to rise over the next few years, it is too far for young children to travel to the next nearest primary school and because the school is Voluntary Aided it is very unlikely that the

*(Continued on page 10)*

Bradford Diocese would allow it to close.

#### *Coal Road*

Although some small scale repair work has been done to the Coal Road recently, the continuing extraction of timber means it is likely to deteriorate again very quickly. The Parish Council is extremely concerned about this, and has asked Kevin Lancaster, at District Council level, and Joe Nicholson, our local County Councillor, to put pressure on Cumbria Highways a) to repair it properly and b) to take action to prevent it being damaged further.

#### *Annual Financial Statement*

The end of year financial statement for 2007-08 has been agreed, in preparation for the annual audit. The Council's income, excluding the car park, was £7,358 compared with expenditure of £10,161. The car park income was £23,457 against expenditure of £15,426.

This resulted in a closing balance of £26,705, an increase of £7,712 on last year. Of this, £15,000 of this is held as a contingency fund for the car park, most of it against a potential liability for VAT on car park charges which is currently the subject of a test case. A further £11,500 is being held for the preparation and outcome of the parish plan.

#### *Parish Council Annual Meeting*

The May meeting was the Parish Council's Annual Meeting. Jock Cairns was elected as Chair for 2008-09 and appointments were also made to the following committees and organisations:



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DECORATING**

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or 015396 20524 ~ *Stefan Kliszat*

Car Park committee:

*David Hartley, Ken McClurg,  
Jock Cairns*

Playing Field committee:

*Jenny Pilgrim, David Hartley;  
reserve Geoffrey Woof*

Dent Grammar School:

*Jock Cairns, Graham Dalton,  
Ken McClurg, Geoffrey Woof*

Dent Combined Charities

*Geoffrey Woof, David Hartley*

Dent Memorial Hall committee

*Graham Dalton agreed to  
represent the Parish Council*

Sedbergh Community Office

*Graham Dalton, Peter Knapton*

The election of Vice-chair and the appointment of a governor for the Primary School were deferred to the next meeting.

#### *Next Meeting*

The next Parish Council meeting will be held on June 2<sup>nd</sup> at 7.30pm in the Sedgwick Room. The public is welcome to attend as always, and to raise matters of concern in the Public Forum item which takes place about 8pm.

*Jock Cairns  
Chair, Dent Parish Council*

### **SETTLEBECK HIGH SCHOOL**

*Year 10 Visit to The Reconstructed  
1842 Leeds Street, Thackray Medical  
Museum*

On 23<sup>rd</sup> April Settlebeck Year 10 History students visited the Thackray Medical Museum in Leeds to help us with our GCSE coursework pieces. We looked around the museum, enjoying both the visual and practical exhibits. It gives a very wide and thorough understanding of many aspects of medicine and a very in-depth look at the history of medicine. It is suitable for many different age groups and has enough exhibits to please almost everyone.

*Robin Littlewood*

The first place we came across was

the Black Dog Inn. Music and drunken laughter spilled into the streets. There was a filthy smell hanging in the air and the floors were covered in grime. The beds in the lodgings were little more than a blanket on a plank, covered in blood. We moved into the slaughter yard where blood pooled on the floor and flies buzzed everywhere. The calls of frightened cows kept sounding. Nearby was a huge cesspit, its rank, sickly-sweet smell filling the room. Finally, we came across Hannah Dyson, the mill girl, her leg crushed beyond repair, by the heavy machinery clunking in the background. All in all, it was a most realistic experience.

*E Hunt*

#### **AUCTIONEERS, ESTATE AGENTS & PROPERTY MANAGERS INCORPORATING**

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## SETTLEBECK ZEBRA CROSSING

Do you know what the penalties are for not stopping your vehicle when a pedestrian is using the crossing? No? Well let me tell you. For the driver, it is 3 penalty points on your licence and a £60 fine. For the pedestrian, the result can be Death or Serious Injury. The rules for using a Pedestrian Crossing are in sections 167 to 171 of the Highway Code. When was the last time *you* looked at them?

So why is it that so many people choose to ignore this particular crossing when so many children need to use it.

I use this crossing most days and am trying to teach my two young

children to safely cross the road.

Unfortunately due to drivers ignorance this is not possible as they just wont stop.

On one occasion an intelligent Woof's driver stopped to let us cross, as we stepped out he sounded his horn to alert us that a car coming behind him wasn't stopping and overtook him and drove straight through the crossing.

Outrageous is all I can say. Even a police officer in uniform surrounded by three year old children waiting to cross didn't deter one driver.

The police have now been made aware as well as Kevin Lancaster, Tim Farron and Cumbria County Council of the situation.

## Sedbergh Music Festival 2008

June 13 - 29

|    |           |                                      |                              |        |
|----|-----------|--------------------------------------|------------------------------|--------|
| 13 | 8.00      | ..... Barn Dance & Ceilidh .....     | People's Hall .....          | £5     |
| 14 | 7.30      | ..... Besses o'th' Barn Band .....   | St Andrew's Church .....     | £8     |
| 15 | 10.30     | ..... Choral Matins .....            | St Andrew's Church           |        |
|    | 3.00      | ..... Bach 'Cello Suites .....       | United Reformed Church ..... | £3     |
|    | 8.00      | ..... Sounds in a Wood .....         | Rawthey Wood .....           | £4     |
| 16 | 1.00      | ..... Organ Recital † .....          | St Andrew's Church .....     | £3     |
| 17 | 8.00      | ..... Music for Strings .....        | St Andrew's Church .....     | £6     |
| 18 | 1.00      | ..... Muncheon Music † .....         | SS Queen's Hall .....        | Free   |
|    | 7.00/8.30 | ..... Trial by Jury † .....          | People's Hall .....          | £12/£5 |
| 19 | 1.00      | ..... Chetham's School of Music † .. | St Andrew's Church .....     | £3     |
|    | 7.00/8.30 | ..... Trial by Jury † .....          | People's Hall .....          | £12/£5 |
| 20 | 7.30      | ..... Recital of English Song .....  | SS Queen's Hall .....        | £10 *  |
|    | 8.00      | ..... Cornerstone Folk & Jazz .....  | Westwood Books .....         | £3     |
| 21 | 10.00     | ..... Each Pebble its Part .....     | Ephemeral House .....        | Free   |
|    | 10.30     | ..... Pepperpot Coffee Concert ..... | St Andrew's Church .....     | £2     |
|    | 7.30      | ..... The Abbey Singers † .....      | St Andrew's Church .....     | £6     |

† = Food available \* = Concessions £8

All details correct at time of going to press but may be subject to change without notice.

Brochures available from

Tourist Information Centre, Shops and Bookshops

We don't have any immediate solutions although the council are looking into repainting the existing crossing.

It has been suggested that we note number plates or even take photographs of offending vehicles which some parents are prepared to do if it makes a difference.

I could start naming and shaming now but I hope to make people aware of the dangers and give them the chance to slow down and stop.

If you have had any similar experiences when trying to use this crossing please let us know either through the *Lookaround* or me personally. The more we know, the better chance we have of improving

the situation.

WHAT WILL IT TAKE TO MAKE YOU STOP? THE DEATH OF A CHILD? I JUST HOPE IT'S NOT MINE.

Mrs L Kirby

*The situation seems to be much the same on the Back Lane Zebra Crossing. I have seen on a number of occasions pedestrians about to cross when one car has stopped, only to see the driver coming from the other direction sail across the crossing seemingly oblivious to the waiting parents and children. On two occasions I myself have narrowly avoided being knocked down on the crossing by drivers not bothering to stop.*

Mrs Ed.

## Sedbergh Music Festival 2008

June 13 - 29

|    |       |       |                                |                              |      |
|----|-------|-------|--------------------------------|------------------------------|------|
| 22 | 10.00 | ..... | Each Pebble its Part .....     | Ephemeral House .....        | Free |
|    | 10.30 | ..... | Family Service .....           | St Andrew's Church           |      |
|    | 5.00  | ..... | Choral Evensong .....          | St Andrew's Church           |      |
|    | 8.00  | ..... | Die Winterreise .....          | St Andrew's Church .....     | £5   |
| 23 | 8.00  | ..... | Martin Roscoe Piano Recital †  | St Andrew's Church .....     | £8   |
| 24 | 1.00  | ..... | Music for Piano Duet †         | St Andrew's Church .....     | £3   |
|    | 8.00  | ..... | Sedbergh Town Band .....       | St Andrew's Church .....     | £5   |
| 25 | 1.00  | ..... | Violin Sonatas †               | St Andrew's Church .....     | £3   |
|    | 8.00  | ..... | Early Music Recital .....      | Brigflatts .....             | £3   |
| 26 | 3.00  | ..... | Bach Cello Suites .....        | United Reformed Church ..... | £3   |
|    | 8.00  | ..... | Organ Recital †                | St Andrew's Church .....     | £5   |
| 27 | 8.00  | ..... | Dalston Male Voice Choir ..... | St Andrew's Church .....     | £5   |
| 28 | 7.30  | ..... | Encore .....                   | St Andrew's Church .....     | £5   |
| 29 | 10.30 | ..... | Holy Communion .....           | St Andrew's Church           |      |
|    | 3.00  | ..... | Bach Cello Suites .....        | United Reformed Church ..... | £3   |
|    | 8.00  | ..... | Alla Kravchuk †                | St Andrew's Church .....     | £6   |

† = Food available      \* = Concessions £8

All details correct at time of going to press but may be subject to change without notice.

Brochures available from

Tourist Information Centre, Shops and Bookshops

### **WALKING IN SEDBERGH**

*Walks for Health and Interest around Sedbergh*

Did you put on a few pounds this winter?

Are you still feeling the after effects of the grey spring?

Would you like to explore ways to be a bit healthier?

Are you open to trying new things?

Are you visiting the area and looking for something a bit different to do?

If you've answered 'yes' to any of the above questions then this new initiative could be for you. The plan is to run one walk a month highlighting a different aspect of walking or an activity that can be combined with walking, or visiting a place of interest.

We are launching it on Sunday 29<sup>th</sup>

June with assistance from Cumbria Classic Coaches who are going to be carrying people to different locations to sample walks and walk activities; allow you to explore a little further afield; visit places of interest you may not have considered; inspire you with ideas to get the kids out and about.

The coach will leave Joss Lane car park at 10a.m. for the morning walks and 1.30p.m. for the afternoon walks. It will take walkers out to a variety of locations for various experiences and later pick up, or you can walk back – the choice is yours! Cost for the bus is £3 adult, £2 child, £5 family. The walks are free and done by local volunteers.

If it's wet the Community Office will be open to shelter in, or you can loiter

## *Sedbergh Office Services*

13 Kings Yard, Sedbergh Tel./Fax 015396 20788

e-mail: [office@sedberghofficeservices.com](mailto:office@sedberghofficeservices.com)

### **OPENING HOURS**

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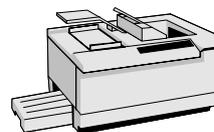
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All your stationery needs always available

in the TIC.

Choose from:

- *Mapsticks Walk around Farfield Mill – great for families*
- *Sound Walk*
- *Holme Farm Trail – great for families*
- *Story Walk around Farfield Mill – another family one!*
- *History of Sedbergh Trail*
- *Sedbergh School walk*
- *Natural Yoga walk*
- *Briggflatts Quaker tour*
- *Taiji Walk*
- *Art, Book Town and Geology (provisional)*

**Cumbria Classic Coach Tour**

This is for those who would love to explore Sedbergh area but struggle to walk far. You can enjoy letting the bus

take you round and stopping at each site: Farfield Mill, Brigflatts Quaker meeting house, Holme Farm, Limekilns at Stennerskeugh and more ... The cost for the coach tour is £5 for the day, £3 Half day

Do pick up a flyer from TIC or the library for further information on the above walks and book at TIC as places are limited. Pay for the bus on the day.

We still need a guide for the all day coach tour so if you fancy being a bus conductor and tour guide – it promises to be a fun day out!

Also, if you have a favourite walk, or an idea that you would like to share over the next year, please be in touch. Ring Deyna on 21556.

|                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
|   | <p><b>From the Farm on the Hill</b><br/>Local Lass, Farmer &amp; Qualified Guide to the Howgill Fells &amp; surrounding area. Shacklabank offers a unique insight into wildlife, history, geography &amp; folklore of the area.<br/><i>As seen on TV's "The Dales Diary" and featured on Radio 4's programme "Ramblings with Clare Balding"</i></p>                                         |                                                                                                                                       |
|                                                                                                                                                                         | <p><u>All breaks include:</u></p> <table><tr><td><p><u>We offer:</u></p><ul style="list-style-type: none"><li>• Day Walks</li><li>• Weekend Breaks</li><li>• 5 Day Holidays</li></ul></td><td><ul style="list-style-type: none"><li>• Guided Walks</li><li>• Accommodation</li><li>• Traditional Farmhouse food</li><li>• Home Baking</li><li>• Farm Experience</li></ul></td></tr></table> | <p><u>We offer:</u></p> <ul style="list-style-type: none"><li>• Day Walks</li><li>• Weekend Breaks</li><li>• 5 Day Holidays</li></ul> |
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| <p>Contact: Alison O'Neill<br/>www.shacklabank.co.uk<br/>015396 20134<br/>e-mail: alison@shacklabank.f9.co.uk</p>                                                       |                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                       |



**COUNCILLORS CORNER**

The results of the recent election for Sedbergh and Kirkby Lonsdale were as follows; -

|                          |                  |
|--------------------------|------------------|
| Anne FENWICK             |                  |
| Conservative             | 1,127            |
| Kevin John LANCASTER     |                  |
| Conservative             | 1,432            |
|                          | Elected, 4 years |
| Ian McPHERSON            |                  |
| Lib Dem                  | 1,245            |
|                          | Elected, 2 years |
| Fenner PEARSON           |                  |
| Lib Dem                  | 1,183            |
| Rodger READ              |                  |
| Conservative             | 1,210            |
| Peter WOOF               |                  |
| Lib Dem                  | 1,274            |
|                          | Elected, 3 years |
| Rejected                 | 6                |
| Total Conservative votes | 3,769            |
| Total Lib Dem votes      | 3,702            |

Thank you to everyone who voted for myself and / or Anne and Rodger. I am delighted with my own personal result, more than doubling my majority over all other candidates, but obviously I was disappointed that neither Rodger nor Anne was elected. The result reflected the wider picture

throughout South Lakeland. The Conservative Party did very well in the Furness part of the district and even in the Westmorland and Lonsdale area there was a 4.5% swing from LD to Con as compared with 2006 and 2007: even if, as here that was not reflected in the total number of seats gained.

The totals for South Lakeland are now; -

|               |         |
|---------------|---------|
| Lib Dems      | 36 (+2) |
| Conservatives | 14 (-1) |
| Labour        | 1 (-1)  |
| Independents  | 0 (-1)  |
| Total         | 51 (-1) |

Judging from these results the council is likely to remain Lib Dem controlled for three years. This is because the seats which they will be defending in two years time are mainly in Kendal and relatively safe from their point of view. However, nationally, the results were excellent for the Conservative Party and there is nothing in the detailed results for South Lakeland which would lead me to conclude the situation is much different locally.

According to the SLDC AGM Order Paper, because I was re-elected, I remain a member of Yorkshire Dales until 2010. YDNP and I think that should be 2011 as I was re-appointed at last year's SLDC AGM, but that is academic at the moment.

And so to the reasons why Rodger, Anne and I stood for election.

At the May Planning meeting approval was finally granted for twelve local affordable houses at Ghyllside in Dent. All members

present voted in favour of the scheme. There is still an issue as to how many walls are to be stone faced and how many painted white but that will be resolved by conditions. This has been a tortuous process and I am glad that it has been resolved before the offer of money fell apart. **I HAVE SUPPORTED THIS APPLICATION FROM THE BEGINNING** and I sincerely believe that without the support of myself and your other local Cumbrian members and Dent Parish Council permission would never have been granted.

The state of the Coal Road has been a major discussion point in recent meetings of both Garsdale and Dent Parish Councils. Timber is being extracted from a plantation adjoining Dent Station and carried over the Coal Road through to Garsdale Station and then down Garsdale. Cumbria have undertaken some extremely superficial repairs but the road is built over peat and there are long lengths which cannot take traffic of this sort of weight. I have raised the matter with YDNP officers on several occasions. When I raised it again in a meeting last week I was surprised as to how many instances there are within the park of forests which were planted in the sixties and seventies which cannot be felled without serious damage to our country roads.

When I last wrote my article for the March Lookaround a planning application for a Health Centre and a Spar Shop on the old Auction Mart site was "imminent". Unless I have

missed it in the last few days then that is still the situation. If there was one line in our Conservative leaflets which gave us grief it was the unguarded remark that we supported a new Health Centre for Sedbergh, without explanation. That remains the case. It is clear that there are many who question the assertion of our doctors that a new Medical Centre could not be built upon the present site. I will listen to the evidence but Rodger, Anne and I found the public presentations by our doctors compelling. There is no doubt that the present site is more convenient for those on foot but our doctors are of the view that re-development of the present site is not a realistic option. I remain extremely concerned by the suggestion that any application at the Auction Mart should be a joint one for the Spar and the Health Centre. We have seen how long a relatively straight-forward application for twelve houses in Dent has taken. Joint applications are always fraught with dangers.

For Middleton, the main issue at the moment is that of Armistead Windfarm. There can be no doubt that many people find windfarms aesthetically attractive, you just have to go past Lambrigg and see the people with their cameras. However, whether you like the look of them or not they are without exception a completely delusional source of energy. Armistead if constructed will, during its entire life of twenty five years, provide the energy a

*(Continued on page 18)*

conventional power station will produce in a fortnight. By all accounts Lambrigg will never meet that extremely feeble aspiration. Provided it is rejected by the South Lakeland Planning Committee the Armistead proposal is likely to fail at appeal. I will be speaking against the application and it is likely there will be representations from YDNP against it as well. I don't normally solicit objections but this is likely to be another test case so if you do object to the Lune Valley being dominated by useless wind turbines please write to the planning department of SLDC. I would like to finish by wishing every good fortune to Craig Stephenson in his new life and thank

## MUNCHEON MUSIC



**SEDBERGH SCHOOL  
WEDNESDAY  
LUNCHTIME CONCERT**

at 1:15pm  
Wednesday 18th June

**A selection of music from  
Sedbergh Soloists &  
Ensemble**

The Queen's Hall

**Admission Free**

Soup and a roll provided

SEDBERGH & DISTRICT

## HISTORY SOCIETY

**KENDAL  
RECORD OFFICE  
Wednesday 18th June  
6 pm**

An Introduction and Update  
to Local Archives  
Meet at 5-15 pm  
in Loftus Hill Car Park  
or  
at 6pm outside  
County Hall, Windermere  
Road, Kendal  
**ALL ARE WELCOME**

---

Chairman: Richard Cann 20771  
Secretary: Mike Beecroft 21878  
Treasurer : Marlene Mason 20509  
Member Sec: John Sibley 25024

him for his friendship and co-operation over that last couple of years. Peter, Ian and I will get to know each other over the next few months and I am sure we will all work together, with our country councillor, Joe Nicholson to secure the best results for the eight parishes of Sedbergh, Garsdale, Dent, Middleton, Barbon, Casterton, Kirkby Lonsdale and Mansergh.

To contact me please ring 015396 20800 or 07980 844 695 (preferred) or email [kjlanc@kjlanc.demon.co.uk](mailto:kjlanc@kjlanc.demon.co.uk) or else write to me at Fellgate, Dowbiggin, SEDBERGH, Cumbria. LA10 5LS

### SEDBERGH CANOE CLUB

Sedbergh Canoe Club continues to thrive and attract new members. For some Canoeing, in its many guises, is a year round sport. Whilst others, perhaps more sensible, who haven't been in the icy rivers over winter, wait for warmer weather to migrate back to canoeing and fledglings begin to contact us to see if it's for them.

The Devizes to Westminster canoe race is reportedly one of the toughest in the world. Held over the Easter weekend each year 125 miles and 77 portages-carrying your boat running. This year also had extreme weather, battling against strong winds and rain, paddlers having to thaw out their rudders before starting at 4.30am for the final leg on the tidal Thames. Mike Hinson of Sedbergh Canoe Club managed to complete the course in 23hrs 30 mins coming 17th in the solo category and he's keen to do it again!

Meanwhile the focus of the clubs paddling has turned to the sea. We joined other clubs from Cumbria for a weekend of varied sea conditions on the Scottish borders at the end of April. Two weeks later the club had a

## FASHION SHOW

Friday 20th June at 7.30 pm  
People's Hall, Sedbergh

Great clothes at  
knock down prices including  
Duck+Cover, Bench and Hooch.

Refreshments and Raffle

trip on the Northumberland coast, paddling out to the Farne islands on a glassy sea surrounded by seals, puffins, guillemots, gannets, eider ducks like being in our very own Spring Watch. Closer to home we've had several trips to Walney Island, by Barrow in Furness which offers the same wildlife on a smaller scale, but also beautiful sandy beaches on the seaward side.

The club is offering coaching: Fri evenings will be for kayaks on moving water, for those with some experience, this will be on a week to week basis agreed by the group. Whilst Monday evenings will be for beginners; returners and those wanting to brush up or take British Canoe Union Tests in Canoe and Kayak.

We are also hosting family sessions 2nd Saturday morning each month. We are also planning a Fun Day at Killington Lake on Saturday 5th July, where there will be the chance to come and try it and try out lots of different types of Canoes and Kayaks. If you'd like to come along or find out more about the club contact Mike Hinson 20118

**GRAHAM J MOFFAT**



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## RUSWARP

### *The Paw-Print That Helped to Save a Railway Line*

In the 1980's Britain's most scenic railway line, the Settle to Carlisle, was under threat of almost certain closure. There were just two trains a day and no freight at all. Today, the line is busier than ever, open 24 hours a day and about to have its capacity doubled to cope with demand. An amazing turn-around.

Among the people who formed the group that was to save the Settle – Carlisle railway line from closure was Graham Nuttall a very modest Lancashire man who shared with a growing number of people a sense of outrage that the S&C seemed condemned. He became the first Secretary of the Friends of the Settle – Carlisle Line (FoSCL) – still going strong and now the largest rail user group in the UK. Graham Nuttall's tragic story cast a shadow over FoSCL's early days, but inspiration too.

He and his faithful Border Collie dog Ruswarp (pronounced 'Russup') were inseparable. Ruswarp's paw print had the distinction of being the only canine signature of objection to the line's closure. He was deemed to be a 'fare paying passenger', about to suffer 'hardship' as required by the men from Whitehall, should the line close. Ruswarp was soon to suffer hardship indeed. Graham Nuttall lived just long enough to see the line's reprieve in 1989 for on 20th January 1990 he went missing. He and Ruswarp bought day return

MACMILLAN CANCER SUPPORT GROUP

*are delighted to present*

A Summer Evening with

## **The Mewses**

A concert by the Mewses Choir

*Music to suit all tastes*

Barbon Village Hall

**7.30pm Friday 20th June**

Tickets £6 includes

a Light Supper & Glass of Wine  
available on the door or from

Anne Bannister 21664

Mary Harkness 20410

or any Committee Member

tickets from Burnley to Llandrindod Wells, there to go walking in the Welsh Mountains. But Graham never returned.

Neighbours raised the alarm. Searches by police and mountain rescue teams in the Elan Valley and Rhayader found nothing. The case aroused national interest for a time. FoSCL produced Missing Person posters as did police in Lancashire and Dyfed Powys.

Then on 7<sup>th</sup> April 1990, lone walker David Clarke found Graham's body, by a mountain stream. Nearby was Ruswarp, so weak that the 14 year old dog had to be carried off the mountain. He had stayed with his master's body for eleven winter weeks.

Ruswarp was cared for by local vet Bertie Ellis of Beulah – fees paid by the RSPCA, who quickly decided to award Ruswarp their Animal

## **GARDEN TRAIL**

*featuring gardens for*

### **Work, Rest & Play**

in Ravenstonedale &  
Newbiggin-on-Lune



10am to 5pm

**Saturday 21st & Sunday 22nd June**



### **Plant Stalls**

*contributions most welcome*

Medallion and collar for 'vigilance' and their Animal Plaque for 'intelligence and courage', on the nomination of Superintendent Ralph Rees of Dyfed Powys Police. Coroner Alfons van Hees recorded an open verdict and heard evidence from Home Office pathologist Professor Bernard Knight. Ruswarp lived just long enough to attend Graham's funeral, having been lovingly cared for by Graham's aunt and uncle, Gerry and Edith Maden of Clowbridge. The RSPCA had been inundated with offers to re-home Ruswarp.

Ruswarp's devotion to Graham has resonances of Edinburgh's Greyfriars Bobby – the Skye Terrier who remained at his master's graveside for 14 years until his own death in 1872. There are a number of similar stories on record but this level of devotion is rare. Through Ruswarp, the plight of the Settle to Carlisle railway leapt back into the public mind – for though reprieved, the line needed massive investment if it was to recover from years of neglect. A plaque was put up at Burnley railway

station and a platform bench was dedicated at Garsdale station on the Settle-Carlisle line - Graham's favourite place. And life went on.

Garsdale station – remote and lovely – is about to be restored to its former glory by Network Rail. Their decision to do that restoration coincided with a letter appearing in the local press suggesting that FoSCL should consider a more permanent memorial to Ruswarp – at Garsdale.

So it is that we have decided to commission a life size bronze statue of Ruswarp, to be placed at Garsdale Station, under the watchful eye of the signaller. Graham Nuttall would have been delighted that the signal box is now operational 24 hours a day, so busy is the line he fought to save. We have a number of photographs of Ruswarp as well as colour film of him crossing the line at Settle in a documentary about the then doomed S&C, narrated by Alan Bennett no less. Network Rail have given approval for the statute to be placed in a prominent location at the refurbished Garsdale, there to add to the history of the place and the line.

We have decided to launch an appeal for the work – the sculpture will cost around £8,000 but we believe that it will come to symbolise the struggle to save the S&C, the sacrifice and effort made by so many to build it and its amazing recovery since it was threatened with closure – and the incredible devotion of 'man's best friend'.

*(Continued on page 22)*

If you would like to contribute to the Ruswarp memorial fund, send cheques, payable to The Ruswarp Memorial Fund, to FoSCL's project officer Josie Perriman, at Foresters Cottage, 2 Howson's Yard, Settle BD24 2EG. Should the fund be over subscribed, extra monies will go towards the Garsdale restoration scheme with a preference to enhancing the Ruswarp aspects. You can contribute online by going to the Friends' web shop at [www.settle-carlisle.com/webshop](http://www.settle-carlisle.com/webshop), and then clicking on Ruswarp Appeal.

*Picture shows Graham Nuttall and Ruswarp with the 'paw print that helped save the Settle-Carlisle railway line' Picture © Sunday Mirror*



The boys of

**Sedgwick House, Sedbergh School**  
will be pulling a tractor around Sedbergh  
to raise money for



**St Andrew's Hospital and Mchinji Orphanage, Malawi**

**Great North Air Ambulance**  
*Pride of Cumbria*



**Local Community Projects**  
*in conjunction with Sedbergh Parish Council*



**22nd June - 11 a.m. and 1 p.m.**

**PLEASE SUPPORT US!**

**Route:**

**Busk Lane ⇒ Station Road ⇒ Loftus Hill**

**St ANDREW'S CHURCH,  
SEDBERGH**

*Cracks in the Belfry, Caps an' all!*

There are hard times ahead at St Andrew's, Sedbergh, if the news dispensed at the May committee meeting is anything to go by.

Under the 'Finance' heading we heard the sobering news that the church finances would be struggling to break even this year. But that was before the heating bills, which look like exceeding estimates by almost £3,000. Medieval churches are not exactly energy efficient!

The 'Fabric' item brought more bad news.

Our new churchwardens have been clambering up the tower escorted by one of our 'old hands'. Now we have a crack running way up the side of the tower wall which will need a survey.

Nothing to do with the combined weight of 3 persons climbing the ladders!

Worse was to follow when eagle eyes spotted anomalies along the line of the roof ridge. During the recent restoration air vents had been positioned above the side walls to improve ventilation. To keep water out they had substantial lead caps. The only 2 remaining in place on the south side were the ones at either end. The rest had fallen off onto the 'back of a lorry'. The likelihood is that thieves intent on stripping the lead off the roof had found it easier to take the caps but must have decided it was too risky to do the north side, more in view of the public perhaps.

Maintenance of windows is an on-going concern. Erosion of stonework is inevitable. Fortunately broken window panes appear infrequently. However £5,000 needs to be spent on the tower and choir vestry windows at the west end of the building.

The way churches are financed is a topical subject in the media at present. We in St Andrew's are fortunate to have the support of a wide group of 'Friends' in addition to our regular worshippers. Our church is always there for those who need it. It is always open to the many visitors who come to Sedbergh.

However as you can see we in the church community are going to have dig deeper in our pockets for the benefit of future generations.

It is helpful to share some of our concerns with our wider community from time to time.

*Tony Hannam PCC Secretary*

**HJ Hall Socks!**

- Soft-top socks
- Thermal Socks
- Cotton Socks
- Wool Socks
- Diabetic Friendly Socks
- Bamboo Socks (antibacterial)
- Indestructible Work Socks
- Boot Socks
- Walking Socks
- Long Socks
- Padded Socks
- Sports Socks
- Bed Socks (Scented)
- Any now ...
- Flight Socks
- Compression Socks



Sizes 4-7, 6-11, 11-13 & 13-15

Kay Whittle, Chiropodist

Pedi-Care House, Howgill Lane

### **DENTDALE W.I.**

The May meeting of the Dentdale WI debated the resolutions going forward to the AGM.

Rita Corpe presented the case for the inappropriate imprisonment of the severely mentally ill. Six years ago there were 50 thousand people in prison, today there are about 84 thousand with 5000 people with such severe mental health problems that they should not be in prison. The duty of care for venerable prisoners comes down to officers who are so thin on the ground they cannot give very at risk prisoners' adequate time. The suicide rate is 18 times that in the community and young males are 8 times more at risk and females are 36

times more at risk. There needs to be better arrangements and better resources. Members voted unanimously to support this resolution. The second resolution was a need to ban the harmful practise of Bottom Trawling. Our president Cath Sugden spoke about this resolution and explained the seas are in bad shape and 10 thousand species are already extinct. When a net is trawled at the bottom of the sea it destroys other species and between 20/40% of the catch is thrown back. Members had different views on whether to support a complete ban a partial ban or table an amendment. It was agreed we would leave the vote to the delegate representing our group.

## **The Cross Keys Temperance Inn**

Cautley, Nr Sedbergh

Tel: 015396 20284



Alan & Chris Clowes are now back at The Cross Keys after spending nearly three years as volunteers on an empowerment project in South Africa.

Two girls from the Thandi project, Sharon and Edwina, have returned with them and will be staying for four months.

This will be a great opportunity for them to receive training in the hospitality industry.

Hopefully with their help, Alan & Chris can introduce some new dishes to the menu.

Please check our opening hours and look out for menu changes. For further information phone Alan or Chris on 015396 20284 or check the web site [www.cautleyspout.co.uk](http://www.cautleyspout.co.uk)



**Sedbergh**  
**LOCAL PRODUCE &**  
**FARMERS' MARKET**

**Wednesday 25th June** Joss Lane, Sedbergh

*Invite your friends to come along and shop at Sedbergh's Farmers' Market.  
 Lots of new and exciting stalls as well as your favourite weekly Wednesday traders.*

**Future Dates:-**  
 30th July; 27th August; 24th September; 29th October

Dentdale WI is holding an open meeting on the 21<sup>st</sup> May "Arrive Alive" offered by The Driving Standards Agency. This is to remind people about the requirements for safer driving for the over 50's.

Members attended the half yearly council meeting and heard three very good speakers. Sgt Terry Belshaw on security Fraud. Greg Harvey from Taylors of Harrogate and Madge Hindle who gave a very witty talk on her life as an actress and her role in coronation Street.

Our speaker was Peter Stephenson who spoke about his film star father. "From Burnley to Hollywood" James Stephenson had a number of jobs after the First World War. Before getting into acting he lived in Burnley and traded in oil/cotton then singing in the rep. In 1935 he met Peter's mother backstage at the rep and they became engaged and married between 1935 and 1941 he earned £10 week acting. He then went to London and got himself an agent was offered a part in "Storm in a Teacup" which ran for a long time. He was then offered work at Teddington Film

studios which was an offshoot of Warner Brothers in 1938 he was introduced to Jack Warner who offered him a passage to Holly wood to be seen there. He crossed on the SS Normandy and wrote letters home to his wife. James worried about his screen tests but was accepted by Warner Bros on contract. The contracts were very exploitative and he made 36 films some B films. Just as his three year contract was due to end he was given a role as a solicitor in "The Letter" with Bette Davis. He was nominated for an Oscar. Peter shared with the audience photos and records of who did what every day on set and this film, was filmed in 42 days with just 3 days of rehearsals! Although James had other films in July 1941 at the age of 51 he died of a Heart Attack. This was a fascinating record of James Stephenson's career and Peter was thanked by Judith Newsham for such a wonderful story of his father's life.

Next month Sophie Chaplin will be demonstrating Felting on the 11<sup>th</sup> June. All welcome.

## SEDBERGH'S SLOVENE LANGUAGE COURSE

On hearing that there is now a part-time Slovene language course in Sedbergh, His Excellency Iztok Mirošič, Ambassador of the Republic of Slovenia, wrote to wish us well with our studies, and to congratulate the people of Sedbergh on their efforts to keep the relationship with our twin town Zreče alive and well. Although the language course is now in its fourth week it will be easy to catch up (assistance will be given!) Classes are from 7.30-9.30pm on Monday evenings at Farfield, and anyone who wishes to join us is most welcome to ring David Burbidge on 015396.21166 to book a place.

*Comment by His Excellency Iztok Mirošič, Ambassador of the Republic of Slovenia - May 12 2008:*

It is my particular pleasure to say that the twinning program between



the Slovenian town Zreče and Sedbergh first started after I was appointed Ambassador to the Court of St James's in 2004. When at that time many people from Sedbergh, Cumbria didn't know where the small town of Zreče from Slovenia could be found on a map, and people from Slovenia also had to locate Cumbria on a map of the UK as well. Now I am more than pleased to see that for the last four years and since the beginning of establishing the twinning activities the relations between twinned towns Zreče and Sedbergh have become very intense and fruitful in all fields of cooperation. Singing festivals, other twinning activities, and many visits in both directions since 2004 are proving that.

It is particularly encouraging that Slovene language courses have started in Sedbergh this year giving an opportunity to the people of Sedbergh and its surroundings to learn the Slovenian language with a quite difficult grammar.

It is flattering that Slovenian language is taught in Sedbergh as the only part time adult Slovene



### ORGANIC (one-stop) FARM SHOP

*Get all your organic shopping here!*  
We stock a wide range of ORGANIC dried, chilled and fresh produce from our greenhouses, including household cleaning products.

WE ALSO DO A BOX SCHEME

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[www.growingwithgrace.co.uk](http://www.growingwithgrace.co.uk)

language course in the United Kingdom - apart from Slovene language courses as part of university courses in Nottingham and London. I am convinced that the language courses and numerous other activities conducted in Sedbergh will encourage and influence people of Sedbergh and Cumbria to visit Slovenia - the country on the sunny side of the Alps - and on the other hand encourage people from Zreče and other parts of Slovenia to pay their visit to the beautiful Cumbria. The fact that Slovene language courses started in Sedbergh this year also proves a great wish to discover Slovenia, and to upgrade the already

excellent relations which exist not only between the twinning towns but also between our two countries and peoples.

May I wish you all the success with the Slovene language courses and other twinning activities including Harmony Singing Festivals in the future. The Embassy of Slovenia shall be as it was also the case in the past very supportive of future initiated twinning projects helping to bring our two nations even closer.

Long live the friendship between Sedbergh and Zreče, Slovenia and the United Kingdom.

*Iztok Mirošič*

*Ambassador of the Republic of Slovenia*

# DENT FOLK FESTIVAL

27TH ~ 29TH JUNE 2008

*Rachel Unthank & The Winterset  
The Michael McGoldrick Quartet  
John Tams & Barry Coope  
Shooglenifty ~ Kris Drever  
Tim Edey Trio ~ Chumbawamba  
Rory McLeod and more...*

**WWW.DENTFOLKFESTIVAL.CO.UK**

**BOX OFFICE 01524 582803**

### CHAMBER OF TRADE

Minutes of the Meeting of Sedbergh Chamber of Trade 21<sup>st</sup> April 2008

The Meeting listened to a presentation by Steve Powell of Lakeland Radio about suggestions for the Sedbergh Joint Advertising Initiative. The notes below refer to the components of the project as it is presently agreed.

Bay Radio – Sedbergh May Month of Madness – thanks to everyone who replied in such a hurry and allowed us to get the prizes together for this promotion. (Cost of this part of the promo. Approx £3000)

Every day in May, Sedbergh will be (was) promoted on the Bay (times vary) with a competition slot.

Listeners will be asked a multi-choice question about Sedbergh and its traders, on answering the question correctly they will win that day's prize. Matthew Dawkins has already reported that the lady that won his prize of a First Aid course, actually booked 3 more places on that course, so he is well pleased and obviously those people will be coming to Sedbergh for the course.

Remainder of the year's advertising rough details:

- Sponsorship of Lakeland Radio Time Checks June 1<sup>st</sup> 2008 – August 31<sup>st</sup> 2008 inclusive
- Outside Broadcast – Sedbergh Charter Market 16<sup>th</sup> August 2008
- 151 x 30 second commercial spots including production x 2 creatives & licensing for The Bay to be used between May 1<sup>st</sup> 2008

& April 30<sup>th</sup> 2009

- A dedicated 'Sedbergh Today' web page on Lakelandradio.co.uk with feature links to Sedbergh/Farfield Mill to commence in May 2008
- A two week competition 'The Big Idea' to promote Sedbergh festival Of Ideas in June 2008
- The launch and continuation of an on-line and on-air 'Big Read' book club to promote Sedbergh Festival Of Books and Drama in September 2008
- A budget allocation of £1000 to be used for specific Farfield Mill activity between May 1<sup>st</sup> 2008 & April 30<sup>th</sup> 2009
- The availability of a Sedbergh COT airtime discount package for November & December 2008 and January 2009

Total Cost at £5,579 (this is this section of the promotion only)

Message from Steve Powell - 'Thanks ever so much in investing with us here at Lakeland Radio, we are all truly delighted and excited at what promises to be the start a fabulous project, not least moving forward with the book club which I'm sure is going to be a huge success and very much looking forward to working alongside you over the coming year.'

Discussions are continuing re the DVD/Web TV programme and further info. will be sent about this when it is decided. The footage will be usable on U Tube, and/or Facebook, will be shown on web TV www.

countrychannel, Channel 167 SKY,

# Walks for Health and Interest around Sedbergh

Feel fitter, have fun, discover Sedbergh secrets, try new ideas and activities!  
Launching on Sunday 29<sup>th</sup> June - a day of walks with local volunteers, some using Cumbria Classic coach

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- Sound Walk
- Holme Farm Trail
- Story Walk around Farfield Mill
- History of Sedbergh Trail
- Sedbergh School walk
- Natural Yoga walk
- Briggflatts Quaker tour
- Taiji Walk
- Art, Book Town and Geology (provisional)

## Cumbria Classic Coach Tour

For those who would love to explore Sedbergh area but struggle to walk far, enjoy letting the bus take you round and stopping at each site: Farfield Mill, Briggflatts Quaker meeting house, Holme Farm, Limekilns at Stennerskeugh and more ..... £5 for the day, £3 Half day

Bus leaves Joss Lane Car Park at 10a.m and 1.30p.m.

Bus Cost: Adult £2, Child £1, Family £5

Walks are **FREE**

All timings are approximate. You are welcome to use the bus service and do your own walk back to Sedbergh.

Please bring clothing and equipment appropriate to the weather on the day

To book, please ring Sedbergh TIC on 20125, or call in. Pay bus fare on the day.

Please support local cafes and shops

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information on any  
of these walks  
please pick up a  
flyer from TIC or  
the library**

will be accessible from the Sedbergh website and available for you to use on your own websites etc. We will also be producing a short film to be sent out to people who are interested in Sedbergh for any reason, this might be on DVD or Memory Stick.

### **Other Business**

The Chairman reported that she had met with the county council Cycling Officer Mark Brierly. At present the county and CTB are working on a Cross County Coast to Coast Mountain Bike Route which would pass through Sedbergh. CN has been asked to contact landowners whose land might be involved in this proposal. Obviously this is a huge

project as a whole, but much less intrusive to this area than the previous Tebay to Kirkby Lonsdale cycle way. It would have an additional suggested route giving access to the town and should be a really good addition to our facilities and bring further opportunities for business with overnight stays, shopping and meals to be provided for cyclists. If anyone is interested in becoming part of a steering group or a helper for this project please let Carole know.

The Chamber of Trade has received an invitation from Chair Dorothy Blair and the PC to a meeting about the Planning Permission for SPAR on

*(Continued on page 30)*

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27<sup>th</sup> May 7.30pm in the Committee Room People's Hall. The Chamber of Trade has received a set of planning documents from YDNP which will be available to view in the Tourist Office but must not be removed from there.

Please remember that DONATIONS towards the Chamber of Trade costs for the radio/tv advertising were requested – anything from £20 - £100 was suggested. The payment must be made in full by mid-June so there is not much time, please send in your contribution to Rosemary or Nigel marked Promotion or Donation asap.

Charter Market 16<sup>th</sup> August – this matter will be on the next agenda but please note CN is having trouble

finding time to organize this event on her own. Volunteers are needed to contact potential producers by telephone to make sure that we have a really big event this year. CN feels that if help is not forthcoming she will advise that the event is cancelled!  
AOB.

Any person who runs a business in the Sedbergh / Dent / Garsdale area is very welcome to come to a meeting to see what our Chamber is all about. Meetings are held on the third Monday of each month at 8pm in the committee room of the White Hart Club. Please join us you will be very welcome!

## SEDBERGH GALA

### Fancy Dress Results

|                   |                                                    |
|-------------------|----------------------------------------------------|
| Under 4           |                                                    |
| 1st               | Phoebe Hall - Penguin                              |
| 2nd               | Maia Bishop - Tiger                                |
| 3rd               | Vicky woof - Dalmatian                             |
| Girls 4-7         |                                                    |
| 1st               | Lily Davies                                        |
| 2nd               | Emilia Page                                        |
| Boys 4-7          |                                                    |
| 1st               | Reuban swallow - Jaws                              |
| 2nd               | Robbie Kendal -<br>Charlie & the chocolate factory |
| 3rd               | Hugo Satchell - R2D2                               |
| Girls 8+          |                                                    |
| 1st               | Grace Cowperthwaite -<br>Catwoman                  |
| 2nd               | Emma Hopkins -<br>Indiana Jones                    |
| 3rd               | Chloe Kendal - Lion                                |
| Boys 8+           |                                                    |
| 1st               | Thomas Hall - Gangster                             |
| 2nd               | Liam mason - Pinocchio                             |
| Ponies            |                                                    |
| 1st               | Erin Proctor - Braveheart                          |
| Decorated vehicle |                                                    |
| 1st               | Playgroup<br>Finding Nemo                          |
| Pedestrian Float  |                                                    |
| 1st joint         | Wizard of OZ<br>Postlethwaite/Middleton families   |
| 1st joint         | Wizard of OZ<br>Spellbound theatre                 |
| 2nd               | Primary school<br>Hogwarts                         |

### Fell Race Results

|                  |                     |
|------------------|---------------------|
| Senior Fell Race |                     |
| 1st              | Alistair Dunn 20.17 |
| 2nd              | Mark Horrocks 21.06 |
| 3rd              | Ted Mason 21.43     |
| 1st local M      | Paul Tuson 26.36    |
| 1st F            | Helen Glover 27.08  |

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|                     |                      |
|---------------------|----------------------|
| 2nd F               | Nicky Lavery 29.24   |
| 3rd F               | Lucy Griffiths 30.02 |
| 1st local F         | Nicky Lavery 29.24   |
| 1st veteran over 40 | Mark Horrocks 21.06  |

### Under 17 Fell Race

|       |                         |
|-------|-------------------------|
| 1st M | Jonathan Bradshaw 12.51 |
| 2nd   | Thomas Sessford 12.55   |
| 3rd   | Ashley Kay 13.01        |
| 1st F | Melanie Hyder 14.50     |
| 2nd F | Emma Flanagan 15.22     |
| 3rd F | Emma Spencer 15.34      |

### Under 14 Fell Race

|       |                            |
|-------|----------------------------|
| 1st M | Ryan Croasdale 13.23       |
| 2nd   | Sam Westcott 13.58         |
| 3rd   | Daniel Walsh 14.13         |
| 1st F | Pippa Barrett 15.14        |
| 2nd   | Lauren Munro Bennett 15.15 |
| 3rd   | Megan Stuart 15.17         |

### Under 12 Fell Race

|                |                        |
|----------------|------------------------|
| 1st M          | Ben Johnstone 8.31     |
| 2nd            | David Goad 8.45        |
| 3rd            | Harry Cooling 8.51     |
| 1st F          | Lorna Jo Nunwick 9.40  |
| 2nd            | Lauren Appleyard 10.08 |
| 3rd            | Rebecca Flanagan 10.40 |
| 1st local M    | David Goad 8.45        |
| 1st local F    | Erin Proctor 11.37     |
| NFU u11 trophy | Lewis Goad 9.51        |

### **THOMAS THOMPSON DICKIE**

The address given by Lieutenant Colonel W Robins OBE on 5th May.

Tom Dickie, an Ulsterman, left his hometown near Ballymoney in 1941 to join the army. He was, I believe, under the official age for adult service at the time, but he completed his initial training with the Royal Ulster Rifles and in 1942 joined the newly formed Parachute Regiment. In 1944 he took part in the ill-fated airborne landings at Arnhem and he also served elsewhere in the campaign in North West Europe. At the end of the Second World War he served in India and Palestine with the Parachute Regiment but in late 1948 transferred to the Royal Inniskilling Fusiliers in Malaya during the communist inspired insurgency. In 1950 he became an instructor at the Malay Training Centre in Singapore, moving in 1951 to the BAOR Training Centre at Sennelager. In 1952 on learning that the 1st Battalion The Duke of Wellington's Regiment had been warned for service in Korea he applied for a transfer and joined them in Minden.

During the battalion's time in Korea, Tom, as a member of one of the Rifle Companies, was much involved in front line activities, taking part in a number of hazardous patrols. He was also a member of a group that carried out a highly successful daylight raid on the Chinese lines to destroy tunnels and capture a prisoner. After Korea he served with the Dukes in Gibraltar, UK, Malta, Cyprus during

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the EOKA campaign. Northern Ireland and Kenya. He retired from the army in 1963 with the rank of Colour Sergeant after twenty-two years of distinguished service with a very high number of operational tours in many different parts of the world.

Tom was also an amateur boxer of proven ability being the Welterweight Champion of the 1st Airborne Division in 1942-43, the losing finalist in the All India Middleweight Championship in 1945 and the Champion in 1946. In 1947 he became the Middleweight Champion of the Middle East Land Forces.

On leaving the army Tom came to Sedbergh to help to run and administer the School Combined Cadet Force, a role in which his experience and ability was highly valued.

But what of Tom Dickie, the man inside the uniform? For some time in Gibraltar Tom and I, as Sergeants, shared a room, so I got to know him quite well. Despite his extensive experience on active operations and his ability and aggression in the

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boxing ring, he was in fact a very quiet, reserved and gentle person, even at times a bit shy. He was not a man to blow his own trumpet or boast of what he had done. I remember too that he could be quite fastidious in some ways and would refuse the rare privilege of an early morning mug of tea in bed because he had not yet cleaned his teeth.

In 1951 Tom and Isobel were married and I believe this was the best thing that ever happened to him. It was time for him to settle down and Isobel provided the loving relationship and comfortable home that encouraged him to do so. He was a devoted husband, a loving and proud

father to David and Carol and found great pleasure in watching the growth and development of his grandchildren. Later in 1959 I was pleased that Tom and Isobel were able to be present at my own wedding and I am honoured to have been invited to say a few words about Tom today. He was a great soldier and a good man.

Let us therefore give thanks for the life and achievements of Thomas Thompson Dickie.

*WR*

Tom also did many years of sterling work with the Sedbergh Branch of the British Legion and gained the respect of everyone in the town.

### **SEDBERGH GALA 2008**

How excited the Gala group were this year to finally be hopeful of some fine weather for our 44<sup>th</sup> Annual Gala. The weather did cool down on Friday and Saturday but despite a few strong gusts of wind it did remain dry. This is unlike last year when strong winds nearly carried our marquees and us away. The better weather enabled us to set up much more quickly on the Friday night and Saturday morning. Many thanks must go to all the kind people who gave up their time to come and help us. I believe that this year we managed to get the field ready for the Gala in a record time.

Thank you to those who provided bacon butties and vast quantities of tea and coffee to our helpers as we set up early on Saturday morning.

The procession got underway from Maryfell at 12.30 pm lead by our town crier, Mr Dennis Whicker, and accompanied by our town band.

There was a large entry for the fancy dress and float competitions and the Gala Group greatly appreciate the interest and support of the children and their parents. Following the crowning of the new



Gala Queen, Elizabeth Hunt, the competition judges, Mr Peter Woof and Mr Kevin Lancaster coped admirably with the large entry and the results were soon ready.

Not only did we have a large number of fancy dress entrants but the gates were much busier this year and the Tea Marquee was very popular. The ladies making the teas did not have a quiet moment all afternoon. Sedbergh School once more organised a Cake Stall to support the Gala and this also had a very successful day.

The Fell Runners had a busy day with plenty of entries and it was great to see Sedbergh School and local children all taking part in the races. Unfortunately we had no local children competing in the older age groups and the trophies were not awarded.

The Cumberland & Westmorland Wrestlers were once more hosting their competitions at Sedbergh Gala.

Some might have noticed that we had a change of field plan for the Gala this year, this has been done to bring the children's sports nearer to the other events. The children and the primary school work very hard preparing for the football and rounders matches and we felt they deserved to be brought nearer to the Main Arena. Also this year more stalls and attractions were arranged, fortunately the fine weather encouraged all but one of our booked events to turn up and we even had a few extra arrive on the day. The field looked very busy and the children

seemed to be having a great time. Jesters the Circus Arts proved very popular and the Birds Of Prey display was very much enjoyed by all.

Thank you must go to playgroup for arranging such a fun play area for our younger children, the little tractors on the circuit never stopped all day. Thank you also to Mrs Robertshaw for kindly arranging a dog display and competition .These are the sort of stalls and events we want to encourage and we really hope they will return in following years.

Margaret Gorst with her guess the weight of the sheep had three correct answers and the winner had to be picked out of a hat. The final winner of a leg of lamb was Myles Jackson. Well

done.

The Gala Group would like to thank everyone who helped bring our event together, without this help the Gala could not have taken place.

The response to the Gala this year has so far been very positive and we will always welcome any feedback or suggestions.

The Gala Group are very keen to have new committee members, particularly younger ones. If you are at all interested please come forward - it's no use having ideas or making criticisms if you don't do something about it. . If you are interested in helping or joining the Gala Group please ring 015396 20402 for further information.

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**FREDA TROTT  
MEMORIAL SERVICE**

Howgill Church was filled to capacity on Saturday 26<sup>th</sup> April, when some of her many friends gathered to celebrate the life of its former organist Freda Trott. Friends and relations shared their memories of Freda and read from her poems.

There were vivid memories of pleasurable times spent with Freda. We heard about her ancient sewing machine and her dressmaking skills; about Freda the knowledgeable and rigorous local historian; about Freda the mentor, about Freda the organist, pianist and most importantly the piano teacher par excellence. It was noted that not only was she devoted to her beloved Howgills and her beloved dogs but also to her bright pink lipstick.

A short helpful history of Freda's family on her mother's side,



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explained her place in Sedbergh's history, but it was Freda herself who carved out her place in the hearts of the community.

The common theme was Freda's warmth, kindness, sense of humour, generosity and, above all, her great talent for friendship. The girl who had lost both parents by age eight, whose promising musical career was cut short by World War II, thrived and was cherished by her fellow citizens.

It was recalled that there was anxiety among her friends when she announced her marriage to the unknown Stan Trott in 1965, at the age of forty-six, but that anxiety soon disappeared as Sedbergh recognised a marriage, all too short, but definitely made in heaven.

Amid laughter, some of Freda's own tales were recalled, such as her first flight aged seventeen at Sedbergh Air show, she had to queue and pay the not inconsiderable sum of four shillings for a flight over the Howgills; it was so enjoyable that she immediately queued for another four shilling's worth! More remarkable was the tale of the young man hopefully

pursuing a teenage Freda by cycling to Sedbergh each Saturday from Harrington near Workington (a good distance with many hill climbs). 'I didn't like him much', Freda remembered.

All speakers recollected Freda's hospitality, usually including 'little something' to take away, either for the visitor, their dog or both.

Thank you to Dilys Evans, Jonathan Snodgrass, Joyce Scobie, Dennis Whicker, Derek Parker, Alison O'Neill, Audrey Douglas and Tom Herd who shared their memories with us. Thanks are due to Judith Stainton, Janet Rayner and Gillian Haslam who read Freda's poems with real understanding and sensitivity.

The service was conducted with great sympathy by the Reverend Lindsay Gray and Tom Herd played the organ with warmth and verve. He accompanied six hymns one of which was 'Howgill', a harvest hymn with both words and music by Freda.

Afterwards a spread of excellent food and tea was provided for all in the Village hall by the generous Howgill parishioners.

#### **SEDBERGH GALA QUEEN**

My name is Elizabeth Hunt, and I am fifteen years old. I was born and brought up in Porlock, Somerset, and moved to Cumbria when I was nine. I spent two years in Sedbergh Junior School, then moved to Settlebeck High School three years ago, when my mother joined the Sedbergh Medical Practice. I missed Porlock a lot, but everyone in Sedbergh was

very welcoming, and now I feel very much at home.

My GCSEs are doing well due to the individual attention this small school has to offer. I am doing a wide range of subjects, including separate sciences, which will allow me to pursue my ambition of becoming a veterinary surgeon. I'm also interested in music; I do singing lessons, and I am doing grade 6 piano in the summer. I also have saxophone lessons in school – may I highly recommend them!

I am excited to be Gala Queen this year, and I'm glad to be able to take part in the community event.

*Lizzy Hunt*



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## **DENTDALE FIRST RESPONDERS**

The Dentdale First Responders scheme has been in operation for well over three years now, and during that time we have responded to over 30 call-outs. We are alerted at the same time as the ambulance service if a 999 call is received because someone has collapsed in Dentdale. Our aim is to reach the patient within a few minutes, to give reassurance and, where it is appropriate and within the limits of our training, some medical help until the ambulance arrives.

From the outset, we have been trained to use cardio pulmonary resuscitation and an automated external defibrillator. Recently, we have also been trained to administer oxygen and this has proved a really valuable addition to the help we can give.

### *New responders welcome*

Very soon, we are due to begin training new responders to join our existing team of 14. If you live or work in Dentdale, are aged 18 or over and think you would be interested in taking up this important role. please do contact Susan Cox, the scheme's secretary, on 25051 to find out more.

### *Would you be a pager holder?*

If you live outside Dentdale but would be interested in supporting the scheme, you could also have an important contribution to make, by volunteering to hold a pager. Pager holders need to live somewhere within the reach of the Vodafone network, which means they have to live outside Dentdale. They receive

the call-out message on their pager at the same time as the message is sent to the mobile phones of the first responders. The pager holder's role is to phone a designated responder in Dent village over a land line, to check that the responder has also received the message.

This back-up is necessary because on some occasions, such as where there is an interruption in the electricity supply, the Orange mobile phone mast in Dent village is not operational. This means that the call-out message cannot reach responders' mobile phones and they have to be alerted to it by some other means.

Again, if you might be interested in volunteering for this important job, please contact Susan on 25051 for more information.

### *Grid reference cards*

As well as raising the money to launch the scheme, the Dentdale WI arranged for every household in the dale to receive a laminated card giving the property's grid reference. The idea was that householders would keep these cards near their phone so that, should they need to call for an ambulance, they would be able to give their grid reference, to ensure that the ambulance crew could locate their home.

Some of these cards will probably have been mislaid by now. If you no longer have your card and would like a replacement, please contact Susan on 25051 and she will send one to you.

## **PEPPERPOT MUSIC MAKERS**

*At Sedbergh Music Festival*

Amongst the wealth of exciting events to be found in the Sedbergh Music Festival brochure\* is a small entry for Saturday June 21<sup>st</sup>: Coffee Concert 10.30am. The Toy Symphony and other items, presented by Pepperpot Music Makers.

This event during the middle weekend of the Festival will be a showcase for local youngsters who play in the primary-age Pepperpot Music Makers orchestra which is directed by Noel Bertram, with the assistance of Penny Legat and Carole Gotham. The concert will last about an hour and not only will the orchestra be playing, but there will be solo and group items to add variety to the programme. To round things off, the adult Pepperpot Players will join in for a performance of The Toy Symphony. It used to be said that this was composed by Haydn, but it is now thought that it was Leopold Mozart, Wolfgang Amadeus Mozart's father, who composed it.

The cost of the Coffee Concert will be £2 for adults but entry for children is free and, for this event only, refreshments are included in the price.

Currently The Frieda Scott Trust and individual and Company Pepperpot Sponsors are kindly providing financial assistance for the running of the orchestra, but the Pepperpot Club is constantly in need of funds to support the young musicians of the locality in other ways - by subsidising

music lessons, paying grants towards attending music courses, helping with fees for music exams and for maintaining the many instruments that we lend out free of charge apart from insurance cover. It is not only those taking part in the Coffee Concert who are eligible for benefit, but others at secondary level too who are learning to play orchestral instruments..

We would ask you to come along and enjoy the occasion, filling your pockets before you leave home so that you can contribute generously to the retiring collection. Shirley Smith

\*Copies are available at the Tourist Information Centre and around the town.



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### COUNCILLORS CORNER

Following our success in the District Council elections at the beginning of May we have endeavoured to contact and thank personally everyone who was involved with and helped in our election campaign. If we have not yet been able to speak to you please accept our heartfelt thanks for your support and assistance. Likewise to all those who voted for us on the day – a big thank you. Of course we represent *everyone* in the Ward whether they voted for us or not and we shall both do our utmost to ensure that the trust you have placed in us is well-founded.

In turn we both congratulate Councillor Kevin Lancaster on retaining his seat on the Council.

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Notwithstanding our different political loyalties we hope that we shall be able to work together in all those matters affecting our community at large.

As of going to press we have yet to attend our first Council Meeting but will report on this and other local issues in future articles.

Most of you will know that the boundaries of the old Sedbergh Ward have been enlarged so as to include the parishes of Casterton, Barbon and Mansergh and the town of Kirkby Lonsdale. All the elected Councillors come from this “end” of the Ward. Whatsoever the rights and wrongs of this is, it is our aim to ensure that Kirkby Lonsdale and the southern parishes feel fully included in the new arrangement and we shall be working hard to ensure that this is the case.

Last but not least we should like to express our gratitude to Craig Stephenson, your outgoing Councillor, for the unstinting advice, help and support we have received from him over the past few weeks. Without him none of this would have been possible. He was very popular in the area and will be much missed. We wish him well in his new life in Canada.

Please feel free to contact either of us at any time. Our contact details are:

Peter Woof: Tel. 015396 20857

Email. [peterwoof@hotmail.co.uk](mailto:peterwoof@hotmail.co.uk)

Ian McPherson: Tel. 015396 20648

Email. [ianmcperson24@hotmail.com](mailto:ianmcperson24@hotmail.com)

com

And now to work....!

*Councillors Peter Woof  
& Ian McPherson*

### **RAISING THE ROOF IN DENT**

The 'Raising the Roof' committee were delighted at the response of well over 150 people, local and visitors who attended two showings of the new Dentdale Heritage Film on Saturday 10<sup>th</sup> May 2008, at 2pm and again at 7pm in St. Andrew's Church Dent. Margaret and Jim Taylor gave permission for the viewing of this fascinating historical film of Dentdale, produced by Jim Bowness and narrated by his wife Pam. The film can now be viewed in The Heritage Centre, The Laning, Dent

Admission was by donation and delicatessens were on sale at the back of the church; all produce being locally made.

What a successful day, raising approximately £900 for the church roof, which is due to cost £240,000. Without the help of local folk such wonderful events would never take place.

The 'Raising the Roof' committee wishes to sincerely thank everyone involved.

#### *Pace Eggs at Easter*

The church became a real hive of activity on Easter Sunday when we held the Pace Egg competition. Children and adults took part, locals and many visitors from the High Laning camp site and Condor farm, even some doing B&B. A great response! The event raised £240 for our Raising the Roof appeal.

The costs are estimated at £238,000 and the appeal is to raise £60,000 to secure our Grade 1 listed church for future generations of Dentdale folk and visitors. Every little help is most

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welcome.

#### *May Day Ceilidh*

Over 100 people thoroughly enjoyed the Sheffield Morris Band who played from 8pm to midnight and many people danced all night. It was great to see so many folk having an old fashioned night out.

The Bar run by Christine and Keith Burrow was a real success, and there was too much food for people to eat. What with the raffle and the auction of a phone camera worth £150, donated by Mr. Mike Glenn and the Lakeland Plastics donation of a great bicycle picnic bag we raised £769!

This fundraising is turning out to be something that is bringing the village and its visitors closer together.

### **FARFIELD MILL**

Farfield Mill has undergone some real change in the last few months. During the close down period in January we took the opportunity to refresh our displays of craft, re-model the reception area offering a clearer and more welcoming area to greet our visitors, and move the shop from the ground floor to the reception area. We also painted and re-floored the old seminar room, which has been re-born as the Dover Gallery.

It was all hands to the deck during that time and we managed to make a big difference in a few short weeks. We are now lighter, brighter and much fresher! The Howgill and Dover Galleries are currently hosting an

extraordinary exhibition featuring some of the top textile artists in the country. It is exceptional to have artists of this quality on the doorstep in a rural area – well worth a visit!

The shop, under the talented hand of Eileen Scarr, is going from strength to strength and we are gradually building up our range of local suppliers. We are looking forward to welcoming Avril's Books to Farfield – a specialist textile bookshop which is in keeping with our focus on textiles and weaving.

We aim to use the Dover Gallery in future for more local and regional exhibitions, so look out for that. We have been talking to local schools and teachers about how we can

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make Farfield work for them and we continue to work with Sedbergh Book town and the Chamber of Trade to really put Sedbergh and the Howgills (including Farfield) on the map for tourists and new businesses.

We invited locals to visit for free over the weekend of 12<sup>th</sup> and 13<sup>th</sup> May – to see the changes we've made, and we will repeat that invitation on occasion throughout the year. Watch the *Lookaround* for the 'Free for Locals Days'!

Also worth watching out for are the workshops and courses being planned for summer and autumn – there will be something for everyone including walks, talks, craft workshops and weaving courses,

family fun days and creative embroidery. Do visit the website too – where you can find out what's going on: [www.farfieldmill.org](http://www.farfieldmill.org).

Weavers at Farfield, the new 'in house' tearoom, has been warmly welcomed and is working hard to maintain the high standard set by Andrea & Neil previously. The Weavers Brunches are proving particularly popular, so if you haven't yet visited – do come and try us out. We're looking forward to a busy summer. We're always looking out for volunteers and anyone interested in helping out, could be anything from front of house to gardening, should give us a ring on 21958!

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |                                                                                                                                                                                                                                                                                  |  |                                                                                                                                                                                                                                                                                                                                                                                               |  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| <p><u>Starters</u></p> <p>Prawn Cocktail &amp; Marie Rose Sauce £4.10<br/>         Garlic Mushrooms on Toast £3.65<br/>         Pate with Garnish, Toast &amp; Butter £3.50<br/>         Soup of the Day £3.30<br/>         Egg Mayonnaise £3.40<br/>         Grapefruit Cocktail £3.40<br/>         Garlic Bread £2.50</p>                                                                                                                                                                                                                                                                                                    |  | <h1>THE HEAD<br/>AT<br/>MIDDLETON</h1>                                                                                                                                                                                                                                           |  | <p><u>Fish Dishes</u></p> <p>Salmon Steak with Parsley Sauce £9.70<br/>         Grilled Rainbow Trout £9.70<br/>         Breaded Scampi £6.99<br/>         Breaded Haddock £6.99</p>                                                                                                                                                                                                          |  |
| <p><u>Extra Special Main Courses all £11.45</u></p> <p>Loin of Pork in Cider &amp; Apple Sauce<br/>         Lamb &amp; Apricot Casserole<br/>         Chicken with Basil, Port &amp; Dill Sauce<br/>         Venison Steak with Red Wine Sauce<br/>         Venison Casserole<br/>         Supreme of Pheasant Chasseur<br/>         Pork in Pepper Sauce<br/>         Cod &amp; Prawn Crumble</p>                                                                                                                                                                                                                             |  |  <p>Tel: 015396 20258<br/> <a href="http://www.middleton-head.co.uk">www.middleton-head.co.uk</a><br/> <a href="mailto:enquiries@middleton-head.co.uk">enquiries@middleton-head.co.uk</a></p> |  | <p><u>Vegetarian Dishes</u></p> <p>Tropical Vegetable Curry £6.99<br/>         Stilton &amp; Vegetable Crumble £6.99<br/>         Vegetable Lasagne £6.99<br/>         Mushroom &amp; Nut Fettuccini £6.99<br/>         Broccoli &amp; Cream Cheese Bake £6.99<br/>         Vegetable &amp; Pasta Bake £6.99<br/>         Vegetable Tikka Masala £6.99<br/>         Macaroni Cheese £6.99</p> |  |
| <p><u>Main Courses</u></p> <p>Roast Dinner of the Day £6.99<br/>         Mixed Grill £12.40<br/>         Fillet Steak £12.40<br/>         Sirloin Steak approx. 8oz uncooked £10.30<br/>         Half Roast Chicken £7.99<br/>         Chicken Kiev £6.99<br/>         Lasagne £6.99<br/>         Steak &amp; Kidney Pie £6.99<br/>         Cumberland Sausage £6.99<br/>         Gammon &amp; Pineapple £6.99<br/>         Barnsley Lamb Chops £9.99<br/>         Marinated Lamb Steak (6oz) £9.99<br/>         Pork Chop in BBQ Sauce £7.60<br/>         Cheese &amp; Ham Pasta £6.99<br/>         Tuna Pasta Bake £6.99</p> |  | <h1>Menu</h1>                                                                                                                                                                                                                                                                    |  | <p><u>Rice Dishes</u></p> <p>Chilli £6.99<br/>         Chicken Tikka Masala £7.99</p>                                                                                                                                                                                                                                                                                                         |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |                                                                                                                                                                                                                                                                                  |  | <p><u>Salads</u></p> <p>Ploughman's Lunch £5.99<br/>         Cold Meat Salad &amp; Roll &amp; Butter £6.99<br/>         Prawn &amp; Rice Salad £6.99</p>                                                                                                                                                                                                                                      |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |                                                                                                                                                                                                                                                                                  |  | <p><u>Sandwiches</u></p> <p>Prawn with Marie Rose Sauce £4.80<br/>         Ham, Beef, Cheese &amp; Tomato;<br/>         Cheese &amp; Pickle or Salad from £2.90<br/>         Toasted Sandwiches from £3.10<br/>         Portion of Chips £1.70<br/>         Mixed Side Salad £1.70<br/>         Portion of Mushrooms £1.70<br/>         Roll &amp; Butter £0.65</p>                           |  |

**FROSTROW W.I.**

We met at People’s Hall as usual and Anne gave everyone a warm welcome. We were very pleased to hear that Pauline is making a good recovery after her operation and seems to be in good spirits ( i.e. complaining that she wants to go home!!!). We all send our good wishes.

The minutes were read and approved and the treasurer gave us her report.

We are still healthily in the black and discussed increasing our donation to Pennies for Friendship. We spent a few minutes revelling in our success at the Spring Show. Moira and Pauline won the cup for the most new

entries. Several other members won prizes for individual exhibits and we also won the W. I. Cup for THE FIRST TIME!!

Six of our members took part in the Inter-Federation Walks at Cartmel. We were amazed at he popularity of the event – over five hundred ladies turned up. Cartmel must have been reeling! Fortunately it was very well organised and there were several walks of varying lengths to choose from. After a welcome cup of coffee we joined our walk leaders and were soon off and away. The weather was misty and drizzly to begin with but soon developed into a lovely warm, sunny afternoon. The tea, home-made cakes and meeting Faye

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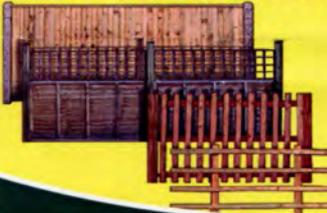
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This Team Leaves It Clean

Mansell made a perfect ending to a very enjoyable day.

After further discussion about an outing to Holehird Garden it was decided that Hawes might be a better option. We felt there would be more for the non-walkers to do, especially if we went on market day. It was suggested that we could all meet at the Creamery for refreshments at the end of the afternoon.

We've all been busy knitting toys! Some of these were brought to the meeting ( others were still on the needles) and a vote was taken to decide which one would be entered into the competition at the Group Meeting at Barbon. The rest of the

toys will be donated to an orphanage in Brazil which is supported by the speaker for the evening.

Five of our members decided to attend "Arrive Alive" – a presentation for drivers over fifty. Transport arrangements were organised to take them to Dentdale WI.

After the business meeting Anne introduced Margaret Hodgins who spoke about the Resolutions for this year. We have two resolutions:-  
 1. The inappropriate imprisonment of the severely mentally ill and  
 2. Ban on bottom trawling. Anne thanked Margaret for her interesting and enlightening talk and Margaret went on to win the raffle!

### **KILLINGTON W I**

It's happening again. It is now the fifth month of the year. Where have the first four gone? Well, they do say that time flies when you're having fun.

As I didn't write last month's report (thank you, Valerie), this is my first chance to congratulate Frostrow on winning the WI Cup at the Spring Show. You are indeed worthy winners, so we will have to pull out all the stops next year to win it back. Or perhaps Howgill or Dent will pip us at the post!

We have been very busy of late. Several of our members enjoyed an outing to Cartmel WI's walks on St. George's Day. We are so lucky to have such lovely places within easy

reach. I did suggest that a meal at L'Enclume would round off the day nicely but I understand that nobody took me up on that one! (No! I didn't offer to pay.)

Susan Sharrocks, who will be the delegate for our local branches at the National WI Annual Conference in Liverpool in June, has been informing herself on the resolutions to be discussed then. At our May meeting we were deciding which way to instruct her to vote. One resolution concerns seabed trawling which is reported to be highly damaging to marine life. We thought that we did not know enough to make up our minds on this subject and so have asked Sue to listen carefully to the

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experts discussing the pros and cons, and then decide. It is difficult to have a firm opinion on a matter on which one is ignorant. The second resolution urges the government to provide secure accommodation for the mentally ill, outside the prison system. Our members are in favour of this

After the rather weighty discussions we were ready to move on to the jollier part of our meeting. Our guest 'entertainer' was a member of the local executive, Doris Aldworth. Many of us having met Doris before knew that we were in for some fun! She had organised a musical quiz for which she played fairly brief extracts of familiar tunes which we then had to identify. Can you remember the signature tune of 'Workers' Playtime', 'Radio Newsreel', 'Down Your Way', and so on? All before the next tune is played. It really got the brain box going and brought back many memories.

Before tea we also made plans for the future. Dawn Stevens volunteered to organise a bric a brac stall at Gala the money from which will go towards our Thandi fund. (Thank you Dawn, Margaret, Anne, Valerie and Shirley – a splendid effort raising over £200).

We decided not to have a stall at the Market Charter Fair this year, having done so for the past five years, but will think again for next year. We planned our June meeting which will be our main summer outing on June 10<sup>th</sup> to Edenlea Garden, Penrith. We also planned another 'bonus' garden visit a fortnight later, Tuesday June

24<sup>th</sup>, to Winderwath Garden, Temple Sowerby, about which we had a wonderful illustrated talk in January. Make sure that you let Sue know if you would like transport to either of these. Plans were also hatched for our coffee morning at the URC rooms which will have been and gone by the time you read this We hope that you enjoyed it!

Our next meeting at the People's Hall will not be until September, as July is our President's Tea Party and in August we are given remission for good behaviour. We are sorry that a number of members were not able to be at our last meeting and hope that those who were under the weather (or under the Doctor!) are now on the mend. We send special good wishes to Pam Fenton who is currently plastered from top to toe! Pam, you need to be in good form for Belly Dancing in September. We postponed it especially for you! *WFU*

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## Flicks in The Fells

– *the first sixth months*

Your community cinema, working out of Sedbergh & District Community Office, has just held its sixth monthly screening at the People's Hall with a very successful showing of *The Golden Compass*, only the second film we've shown to receive a round of applause as the credits rolled! Our next screening is on Saturday 14th June at the People's Hall and has a Tibetan theme. We'll be showing

*Seven Years in Tibet* in the evening with refreshments and other merchandise on sale by the local branch of Help Tibet, who work in partnership with exiled Tibetans living in Nepal and India, providing help and support as well as working to preserve the Tibetan culture in exile. The afternoon film will be *The Water Horse: Legend of the Deep*. Both these films are subject to confirmation from the film distributors at the time of going to press, so look out for posters and flyers for further details.

Our audience figures at the People's Hall are growing steadily, especially for the evening films. We would appreciate some feedback as to what would make our afternoon screenings

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more attractive, as at the moment the takings from the evening film are more or less subsidising the family show. Are we showing them at the wrong time of day? Are we booking the right films? Would you prefer the latest releases or more classic family fare? Are the prices right? Is the popcorn too sweet? Details on how to contact us are at the end of this article.

We've also travelled up the valley to Dent with our equipment for the Memorial Hall's fundraising efforts, and also over to Barbon Village Hall. Attendance at Dent was excellent, though turnout at Barbon was disappointing.

We recently held a meeting of the small group of volunteers who organise the People's Hall screenings, and the following is a condensed summary of what took place.

After the initial outlay of purchasing the cinema equipment, arranging insurance, amending the entertainment license at the People's Hall to include film screenings etc. Flicks in the Fells still has a healthy

bank balance. As mentioned above, screenings are just about breaking even, with the more popular films subsidising the less popular ones. We need to maintain this state of affairs to cover equipment replacement and maintenance, advertising and running costs, refreshment costs etc.

Our next step to formally elect a committee, and to open a new bank account (or rename the existing one). The funds are currently in a 'spare' account the Community Office had when the grant funding was applied for. However, due to the low number of people attending the meeting it was felt that there were insufficient people from which to form a committee. Perhaps you might be interested in joining us to help run this exciting new community project? There are a million and one jobs which are currently undertaken by a very small group of people – booking films, booking the People's Hall, distributing flyers and posters, setting chairs out, selling tickets on the door, staffing the bar, setting up the equipment, making popcorn, the list is

*(Continued on page 50)*

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as long as the credits at the end of our films!

The viability of showing films during July and August was discussed, and the consensus was that we would show one film per Saturday in those months, with a return to the 2 films per screening pattern in the new season in September. We have also discussed providing equipment and staff to the Sedbergh Drama and Literature Festival in September to enable them to hold film showings.

One of the original intentions behind Flicks in the Fells was to allow local groups to sell refreshments at screenings and hopefully benefit from the money raised. However it seems to be the case that groups are spending money on refreshments and then being left with a quantity of stock at the end of the night, and therefore not making any profit. After some discussion it was decided that in

future Flicks in the Fells would purchase a stock of refreshments to sell at screenings. Members of the various groups would be asked to supply one or two people to help sell refreshments and the profits from the sale of refreshments would be donated to the group concerned.

At the show at Dent Memorial Hall one great idea was the provision of lifts for people who would otherwise have been unable to attend the showing. We would like to try and introduce this idea for the Sedbergh showings and would like to hear from anyone who might be able to provide transport.

Currently, each screening is advertised by postering and distributing flyers each month, along with emailing the growing list of subscribers to the emailing list. They are also included on the Events page of the Sedbergh website, and in the

new weblog on there too. Showings are added to the Events pages of the Westmorland Gazette website, and mailed to Fresh Radio each month. Screening dates are also published in the *Lookaround* diary. Despite this, there are still people who don't know that Flicks exists! We hope to acquire an A-Board type sign to display somewhere on Main Street with details of film screenings, with perhaps details advertising the Community Office on the reverse of the sign. Flicks in the Fells is also an ideal way to advertise your business, we can screen your advert on our showreel before the main feature at very reasonable rates.

Unfortunately, there has not been enough interest expressed in the area to make setting up a Film Club as an offshoot of Flicks worthwhile. The costs would also be prohibitive.

It was proposed that we offer film-goers membership of Flicks in the Fells for the screenings in Sedbergh. For a yearly membership fee of £5 card-holders would be able to purchase film tickets with a £1 discount per ticket. It was agreed to introduce the scheme in time for the September screenings. It was also decided that we increase ticket prices to £5 for an adult ticket and £12 for a family ticket, and leave childrens' tickets at £3.

As part of our efforts to raise the Flicks in the Fells profile we had a display stand at the Gala, the theme of which was 'Favourite Films'. Thanks to all of you who came to see us, and signed up for the emailing list.

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Congratulations to the lucky winners of the third prize cinema ticket vouchers we donated to the Super Raffle.

Thanks to everyone who's supported our screenings so far, and if you haven't, why not come along to the next show? We're not just projecting grainy old ciné film onto an old bedsheet! Our screen is 12'x9', and we've got a huge digital projector and an amazing sound system. Add to that our fresh popcorn making machine, a licensed bar and we can promise you an excellent evening's entertainment, right on your doorstep, at very reasonable prices.

To get in touch, please call in at Sedbergh & District Community Office, or call us on 015396 20504.

You can also email us at flicks@sedbergh.org.uk.

*That's All Folks!...*

### **CAN SEDBERGH BE A TRANSITION TOWN?**

The concept of the transition town has suddenly come to my attention, after some years of uneasy feelings that we simply can't carry on like this, but not really seeing a way forward. The first thing was an article in Newsweek about a small town in Germany (4000 inhabitants, so a bit bigger than Sedbergh) which had become totally self-sufficient in energy and is even selling some of the electricity it generates. This was achieved by a mix of solar and wind power and some biogas produced on farms. One dairy farmer uses the heat collected from cooling the milk to heat greenhouses. The thought came to me, "We could do that in Sedbergh".

"The Transition Handbook" (published by green books), gives information about initiatives in this country. The

motivation behind becoming a transition town is two-fold:

- To reduce our contribution to global warming
- To prepare our community for a time when cheap oil is no longer available.

The word "transition" refers to the change from dependence on fossil fuels and petrochemicals to greater self-reliance and using sustainable resources. Change is inevitable; oil is a finite resource and the rate of extraction may already have peaked; if not, it will peak soon. Fuel costs are already rising rapidly and, although at present fuel is still freely available (albeit rationed by price), there will come a time when it becomes a scarce resource. A transition town aims to become more self-reliant and thus better able to cope with the changes the "peak oil" situation will bring.

So how might this look in Sedbergh? We are very well placed to become self-sufficient in food. We already have available locally produced meat, milk and eggs. We are surrounded by agricultural land, some of which could be used for growing vegetables, fruit and possibly cereals. The planned allotments in Sedbergh will be a small but important step in this direction.

Energy generation would have to be started from scratch. However the first important step is to use less and we can all begin this immediately.

Buying local goods and services can be encouraged by the introduction of a local currency. Totnes is one of the first transition towns (of which there

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are 30 in the UK listed in the Transition Handbook) and its currency, the Totnes pound is accepted in local businesses and is guaranteed, pound for pound by "real" pounds held in a bank account. One problem tourist based enterprises, such as the Book Town and Farfield Mill, will have to face is the unsustainability of their reliance on visitors arriving by car.

Some of the transition towns have buildings constructed of local materials. Here we could have access to locally grown and sawn wood, stone from local quarries, earth and possibly straw.

Transition South Lakes has been formed recently to act as an umbrella organisation for local communities wishing to become transition towns. The next meeting is in Kendal at the Castle Street Centre on Thursday 12<sup>th</sup> June at 7.30 pm. If you are interested in a short meeting of Sedbergh people beforehand, please get in touch. My telephone number is 015396 20972.

On a similar theme, at the Institute in Kirkby Lonsdale on Saturday 14<sup>th</sup> June, Tim Farron and Kate Rawles will talk on "Creative Approaches to Climate Change". Contact Noel Charlton (noel.charlton@greenspirit.org.uk) for further details.

My sustainable early morning Tai Chi class in Queens gardens has been idyllic in the sunny weather. We are having a break for the bank holiday, but will be starting again at 7 am on Monday 2<sup>nd</sup> June. All are welcome.

*June Parker*



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**SEDBERGH & DISTRICT  
HISTORY SOCIETY**

*Visit to the Parlour of Kendal's  
Sedberghian Mayor.*

On the afternoon of Wednesday April 20<sup>th</sup> members of the Sedbergh and District History Society gathered at the entrance to Kendal's Town Hall while Gwen Murfin donned her robes of office to welcome us to her official Parlour. We then filed in to this quite small room, richly decorated with flock wallpaper, portraits of past mayors (some by Romney), trophies, medals of distinguished Kendalians such as Professor Sir Arthur Eddington, (whose father was headmaster of the Quaker School in Stramongate), large scale plans of old

Kendal and a couple of antique clocks. Filling the centre of the room was a large table covered with the symbols of office and sundry very valuable pieces of historic silverware. By the time extra chairs had been brought in to accommodate us there wasn't an inch to spare.

Gwen Murfin welcomed us to her parlour, saying how proud she was of her Sedberghian background as well as of her current role as Mayor of Kendal. She introduced us to distinguished Kendal historian Percy Duff and to Peter Cannon, the Mayor's Assistant, who was meantime seen to be donning a pair of thin gloves. Mr Duff then gave us an admirably condensed history of

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the town, starting with 400 years of Roman domination, followed by many centuries without any record. The known history of the town began when William the Conqueror came north as far as Kendal, but not into Scotland, and with the publication of the Domesday Book. Since then there have been increasing numbers of written records. He gave us the dates of Kendal's market charters; plural because it appears that several kings, when short of cash, annulled the charters and charged the town (along with many others) for giving it a new one very much the same as its predecessor. Before asking Mr Cannon to show us the treasures laid out on the table he pointed out that the



Seelbergh Market Cross

room was fully covered with sensors, including doors and windows, and that we shouldn't get so far as the front door of the town hall before we were apprehended if we were tempted to abscond with the silverware. In particular he singled out Catherine Parr's tiny silver mounted prayer book, purchased largely by public subscription, which was mounted in a lighted cabinet on the wall. He administered a sharp blow to the glass front of this cabinet to illustrate that it was armoured. (Incidentally he appeared to indicate some uncertainty as to whether Catherine ever married Henry VIII).

There then followed a dialogue

between Messrs Duff and Cannon, as the latter very carefully held up each piece of town treasure (hence the gloves) and described it. There were many silver articles such as mugs and goblets, often inscribed, and even an early predecessor of the revolver looking somewhat out of place; but the three most prominent articles were the two maces and the ceremonial sword which must precede the mayor on all official occasions. We also learned that the smaller and lighter mayoral chain of office was used for formal dinners where the heavier version (and it is heavy with gold) would have caused problems with the soup. During the question and answer session which followed it became

clear that although each mayor in turn brought their own style and quality to the office, they relied heavily on the continuity provided by officers such as the Mayor's Assistant. Gwen Murfin said that during her term of office she had been amazed by and proud of the great range of voluntary bodies working away for the good of the community, and she obviously much appreciated the understated way in which Kendalians got on with things without blowing their own trumpets.

Our hosts were thanked for our most interesting and illuminating visit. We were privileged indeed to have been given this opportunity.

*John Mounsey*

### **FAMILY MUSINGS**

The dreaded deed was done and having spent months hiding my awful top teeth I am now very happy to open my mouth and show off my lovely new ones, I see some people looking at me and they know something is different but cannot decide what. Others exclaim with delight and very kindly tell me I look younger! I had the deed done at the hospital and cannot fault the care and kindness received, am looking forward to the day I can chew again but am enjoying the perfect reason to eat Jelly and Ice Cream, tinned Rice Pudding and yummy Semolina.

However I am still going to Slimming World and in 5 wks or thereabouts lost 10lb and am relishing the thought that soon my weight will be in a different "stone", meanwhile my diet is all the above plus Soup and Pot Noodles, chewing has taken on a new fascination for me , I lisp and for first time in my life I can whistle-through my teeth!

Our road-sides around here are just lovely, all the orange and yellow Poppies, the Bluebells and Wild Garlic, swathes of them as far as the eye can see, the other eye being on the road of course. The whole dale is beautiful especially after the recent heavy rain to give it all a wash, why would anyone not want to live here? Recently I read in the paper a rather "tongue-in-cheek" guide to living in the country, "How to blend in with the locals".. .a real load of rubbish

actually, all about not locking doors, having wonky gates, buying the Pub Landlord a drink even if the pub changes hands every five minutes, must drive a battered green Landrover and avoid topics of conversation such as Westminster or culture.. .I am sure you could come up with a much better list than that! It did make me think though, do "off-comers" actually WANT to "blend-in" and do we locals actually want them to try? In many cases we have a local heritage going back generations, our goodness-knows-how-many-great grandparents were born here, some of us remember when every door was open to us and most homes

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contained a relative, when the shops were many and the customers numerous, we accept change, welcome new-comers, do the best we can to support local trades people, yet a part of us will always yearn for the close-knit community we once knew. It's all relative when you think about it and while others try to blend-in and often bring talents we lack which is great we just cannot help reaching for those rose-tinted glasses!

Its great having all our offspring nearby and being part of what they are up-to or hoping to be doing, being able to help and even being taxi service at times, all brings back

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happy memories.

Recently I had the chance of visiting the building where my Mum had a shop years ago and where I played away the hours when not being looked-after by "Auntie San" who was a lovely lady who cared for me and taught me such a lot.

The irony of me who loves talking having a Quiet Garden has been picked up by a few friends who seemed to find it (a) amusing and (b) an impossible concept, all I can say is, even I do not talk all the time.

A sore on my leg, finally diagnosed as an Ulcer and the treatment for it has put getting out on my bike out of the question for a while, but as a dog, especially a Whippet is a very appealing idea needs must that I get hiking soon. The weather is right and what lovely hedgerows to enjoy in close proximity, just passing-by-close please not up to the neck submerged thanks.

Enjoy this lovely place, esp' if in the company of little children, their questions and enjoyment are a delight. And keep enjoying that cake for me!

*Sarah*

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#### *Sedbergh Duck Race 2008*

The eve of the 2008 race was more than usually upsetting for the ducky runners (paddlers) waiting nervously in their secret training HQ (near the appropriately named Flood Lane but keep it dark). Previous years had been more than usually challenging with hail, snow, flash floods and last year a strong beak-wind which sent the weaker canards back to the start. Rain was hammering down on Sunday, Dent duck-sponsor selling had been somewhat soggy, the worst case scenario was imminent cancellation. However much they protested that any amount of rushing water was just bliss, apparently it was the humans who were a bit iffy about being submerged in icy cold rushing water: wimps or what? The day dawned fine and after their customary early morning stretches and deep quacking exercises the intrepid competitors waddled forth to the cheers and acclaim of their enthusiastic backers. What a responsibility rested on their little feathered shoulders. Muscles were

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tensed and adrenalin pumped (and the ducks were pretty excited too!) Precious pocket money had changed hands in their support. Would they perform to expectations? Silence fell on the assembled race-goers as Sandra Longlands, our celebrity starter, raised her arm. Down it went and the superfit ducks were launched into the fast flowing central current. Would this be a record time? Spectators ran along the bank trying to keep up! It was an amusing sight for the occasional duck able to spare a sideways glance to see them jostling and tripping as they negotiated the track. Who said humans were averse to icy cold water? Several bodies were observed paddling alongside, behind and even beneath the speeding flock observed

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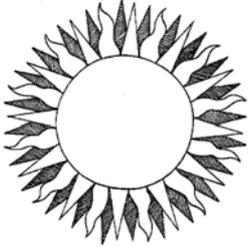
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### *Health practitioners in the local area*

by some inverted ducks who were snatching a belated breakfast. The end was in sight! Some leading ducks lost control in the exhilaration of the moment and, born by the wildly churning waters, were flung airborne above and beyond the official finishing marks and were sadly disqualified. Weak protests of fowl play were born away on the wind and drowned by the cheers of the crowd assembled, rather breathlessly by now, at the finishing line. The first ducks romped home in 7 minutes, an all-time record for the course.

And so to the prize-giving. As the ducks, having given their all, lay exhausted on the grass awaiting

sympathetic hands to escort them back to base, Sandra awarded the prizes as follows:

**1st** - Pam Sandiford Thornton-Cleveleys

**2nd** - Mr Thompson Sedbergh

**3rd** - John Strutt Kirkby Stephen

**4th** - Alvin Lovie Sedbergh School  
Lucky Dip Prizes for Effort

Olly Owen - Sedbergh School

Robyn Challoner

Teresa Baron

Our thanks to all participants, backers, landowners and Sandra for presiding so graciously over the proceedings. £476 was raised for the work of the Cumbria Wildlife Trust.

SG

### **TIM FARRON MP**

Thank you to everyone who turned out to vote in the District Council Elections. I am so lucky to live in an area where people feel it important to be involved in politics. In so many parts of the country local elections attract between 20% and 30% of possible voters out to vote. However, around here we regularly have over 60% of the electorate visiting the polling station or, increasingly, voting by post.

I must confess that I greeted the news of Craig Stephenson's decision to marry and move to Canada with mixed feelings (you will have read about his own feelings in Lookaround recently), naturally I was extremely pleased he had found the love of his life and was planning a happy future with her but I was sorry to lose someone that I felt was a very able councillor for Sedbergh. Added to which there were the boundary changes merging Sedbergh and Kirkby Lonsdale into one super ward. Anyway, despite all these changes, not only did you vote but a great many of you voted Liberal Democrat

so we must be doing something right!

Since the election much of my time continues to be taken up supporting the campaigns to save the Westmorland General Hospital and local post offices. I got the chance to ask Gordon Brown to become involved in the issues surrounding the hospital at Prime Minister's Question Time and most recently I have written to Lord Darzi the Parliamentary Under Secretary for Health. He has stated that local communities should be able to challenge planned changes to health care in their area. In view of this and the fact that more than 7000 people have written to oppose the plans for the hospital (we do not think that anyone wrote to support the plans) it seems sensible that he becomes involved and reviews the situation.

On Post Office closure plans I have been along to Downing Street to present a petition against the proposals and I am hoping to have a meeting with my neighbouring MP John Hutton who, as Secretary of State for Business, has some responsibility in this area.

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Beyond these issues I have been in regular contact with Lord Rooker the Farming Minister to ask that Defra gets a move on with the introduction of the Blue Tongue Vaccine so we don't get caught out at sheep sale time as we did last year and also to try to hurry along with the introduction of the replacement for the Hill Farm Allowance. With Defra it seems everything you do is to get them to move a bit faster!

On top of all this I have added another campaign to my list, this is to try to secure a fairer deal for pub landlords from the large pub companies. Far too many of our pubs are closing, largely because the rents demanded by the pub companies are

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too high for landlords to pay and they also demand that beer is bought from the company at much higher prices than it could be bought through wholesalers. As with the Post Office closure plans, the closure of local pubs further damages the social heart of small local communities and we must try to prevent this from happening.

If you need me add further items to my list of campaigns or just want a bit of help I can be contacted by writing to me, Tim Farron MP, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or emailing me at [tim@timfarron.co.uk](mailto:tim@timfarron.co.uk).

Thanks very much for your support  
*Tim Farron MP*

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### THE ROSE THEATRE GROUP

The RTG would like give a big round of applause to the generous people and businesses of Sedbergh for their continued support. People are still coming up to me and other members of the cast, in the street and expressing how much they enjoyed the Panto. This year proceeds amounted to approximately £1,700 and it is hoped after all the bills are paid RTG will be able to make substantial donations to St Ann's Africa, Aids orphanage, and Cerebral Palsy's.

I'm sure everyone who came along would agree that the children and young people made a wonderful contribution to the over all performance. They are a credit to their parents. Viv Hailwood, RTG's director, was particularly impressed with the talent shown by the young

people in the Panto. The RTG is very grateful to Viv because despite having to deal with a very busy schedule and being under the weather, she still managed to get us to turn out a good performance.

Thank you is hardly enough but; many thanks go to Steve Longlands, Andrew Allen and Ian Hutt (sound) for the vast amount of work they put in. It

takes hours of work to get the lighting put up and taken down while working out what is needed for performances.

I'm sure you all noticed the marvelous scenery which was

painted by Phil Satchell and his team. The RTG felt this really enhanced the Panto. Ernie Hailwood and Steve Moore are responsible for the magnificent 'Nark'. I don't know about you but I was amazed how it all fitted together. Of course the whole thing would be a bit naff if it wasn't for the



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music played by Andy Glanville on piano and Nathan Crichley on drums. They were just great. Also Andy worked along side Sue Richardson on the musical direction.. Thanks to Brenda Ingram for the props and Dennis Whicker for programmes and all the other people too numerous to mention, without who's contributions the production would never come to fruition. A big thank you also to all the cast, make up ladies, who give up so much of their free time, money and holidays to take part. Not forgetting Churches Together who provided the refreshments and Spellbound theatre for the loan of equipment.

Also a big thank you to our sponsors, the Pulse Community Gym, JMP Food Services, Killington Marquees and Martin Powell, not for getting all those who kindly put an Ad in the Panto programme.

The RTG has now formalised and will be holding its first AGM towards the end of this month. If you are interested in getting involved on any level please get in touch.

This year the RTG have applied for

and received grant awards from Neighbourhood Forum, Hadfeild Trust and the Craven Trust. This money can only be used to purchase sound equipment. The RTG are working with other groups in the town to make sure the equipment we buy compliments the equipment that other groups already have. The equipment the RTG will purchase will be shared within the community to help further enhance all types of performance requiring sound. If I have left anyone out please give me a ring and I will thank you personally.

Further information about the Rose Theatre Group call 015396 21808.

*Sandra Gold-Wood*

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### APRIL WEATHER

We have had a bit of everything and that was only one day! On the 12<sup>th</sup> we had several seasons in 12 hours rather than months. Just as it was getting light I had 2 lambs born onto a keen hoar frost, as the sun came up you could see the vapour from their warm bodies rising. Later we had warm sunshine so they eventually started to dry out but before nightfall they had witnessed, snow, hail, rain not to mention strong winds. It was a particularly windy month recording a gust of 44.5mph the strongest gust recorded to date. Even the lightest maximum gust was 11.2mph. Another feature of the wind was its direction being largely from the east. The atmospheric pressure reflected this wind being lower than normal for the month. For many days it was a bitterly cold one too virtually stopping the move towards spring in its tracks.

There were signs that the sun was tracking north again with 4 maxima reaching the 60sF with a high of 67.6F. Half the month had minimum temperatures in the 30sF or below. The lowest temperature recorded being 26.8F. However, when the wind chill, from these easterly winds, was added to these temperatures it was a different story. The middle of the month saw a chill factor of between 10 and 20 degrees F with a low of 9F (!!!!!) In spite of all this cold weather it was a comparatively dry month with scatterings throughout the month, though we did enjoy a brief 5 day dry spell during the third week, totalling 2.09 inches which was our driest month for a long time.

After the gold of last month other colours were added to the scene as early blossom appeared. The white of blackthorn, though this was in short supply with us, and plum and later by



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the pinks of ornamental cherries. Towards the end of the month the white of Amelanchia started to burst. On the brighter days bumble bees were buzzing about ponderously. The middle of the month saw the return of the swallows though only our resident male has appeared on our wires. He is usually returns before his mate. If they make it this year it will be their third season having successfully raised 2 nests per season in one of our kennels being shut up with the dogs each night! The blackbird, which built over the robin's box, is sat on eggs and the robin is nesting elsewhere in the shippon but I haven't trace their nest. A house sparrow has commandeered the house martin's

nest so they will be unlucky when they return and will have to build afresh. As the temperature rises the goldfish are increasingly active but having lost a couple due to icy conditions they don't shoal up quite the same. The heron has been around recently so perhaps he has depleted their numbers further in spite of the iron grid to stop the grandchildren from taking an early bath. The bitterly cold winds stopped grass growth somewhat and a number of ewes were short of milk resulting in more pet lambs. I'm still topping up a couple whose ewe seemed to be a bit short of milk but nothing to the numbers some farmers are having to cope with.

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colours. They register the frequencies that lie between 400 and 700 nanometers, from blues to reds with greens, yellows and orange in between.

Our world would seem extremely dull in black, grey and white – the colour we see adds delight to it and without us being aware of it we give ourselves light therapy every day.

Light is powerful stuff! It is being used through our modern technology for diagnostic purposes like X rays, which you know about, MRI scans and a host of other imaging techniques. It is the carrier of all information that we receive through our modern technological devices. It is why everything works from your



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Science thinks light can be both a wave (as it travels) and a particle (as it hits something). Of course, scientists might change their minds – but that's the way it seems with what we think we know right now. The particle part – the little packet of energy that touches your eye or skin is called a photon. 'Photon' is just a word meaning tiny particle of light.

Light heals. In hospitals since the fifties blue light has irradiated babies with jaundice (and depressed the nurses!) and infrared 'tunnels' relaxed patients before physiotherapy. You might have seen or used the old infrared lamps that got really hot and had to be handled carefully.

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*Liz Hilton*

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The staff of Sedbergh Office Services would like to thank everyone for recycling ink and toner cartridges for ActionAid for the past few years. Unfortunately we are unable to continue this service as ActionAid has levied a charge for collections to cover the cost of the carrier charges. However, they have supplied us with prepaid bags for posting back ink (but not toner) cartridges, and these can be picked up at the office for you to post back via the ordinary postal service. Thank you

*Janice Rusling*

### RECYCLING NEWS

It is thought that the average household uses around 600 steel and 200 aluminium cans each year. That means over 40 million cans are used in South Lakeland every year.

Both steel and aluminium cans are not only easy to recycle but doing so also uses less resources than making new cans from scratch. Whether you use your recycling box or a can bank there is no need to separate your steel or aluminium cans, they are sorted later. We do ask householders to clean cans out as it helps keep the boxes and banks clean and by using your old washing up water to rinse out your cans it reduces the need to use water later on in the recycling

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process. The cans collected at the kerbside are taken to depots in Kendal and Barrow; the can banks are taken to Lancaster.

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The clean metal can then be melted and formed into ingots suitable for re-use. These ingots are rolled for use as required by the manufacturer. This could be to make new cans or it could be for a new fridge to put your drinks in. Every steel can contains around 25% recycled steel and around 60% of the aluminium used in the UK comes from recycled sources, more information about recycling cans is available at [www.recycle-more.co.uk](http://www.recycle-more.co.uk)

If you have any questions about recycling or waste minimisation please contact us either through the Customer Contact Centre on 0845 050 4434 or by emailing us at [customer.services@southlakeland.gov.uk](mailto:customer.services@southlakeland.gov.uk)

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### **JUNE GARDENING**

Some years ago I met a very interesting chap who's life's work (at Cambridge University) was the study of the weed, hairy bittercress. On another occasion, at the Natural History Museum I came across a botanist who spends all her days studying British dandelions. Should I decide to study one particular weed, I think that my focus will be on goosegrass (or cleavers or sticky Willie, depending on where you happen to live) as this seems to be popping up with great gusto in the borders in quite a few of "my" gardens. It seems to grow at the rate of a foot or so a week and drapes itself around on the top of my herbaceous perennials. I feel that it is much more common than it was, say, 10 years ago, and am beginning to wonder if it is following me around.

It puts me in mind of the legend of Miss Ellen Willmott, a lady who liked the plant *Eryngium giganteum* (a beautiful "Sea Holly" with metallic silver blue flowers) so much that she used to sprinkle seeds in all the gardens of the houses that she visited. Apparently the gardeners and garden owners were less observant in those days and failed to notice the lush green rosettes of the plants which sprung up in the first year and only saw the plants in their second year when they came into flower. Contemporary accounts tell us that some of the garden owners were very cross indeed. They did, however name the plant Miss Willmott's Ghost

in her honour.

I would not object to anyone planting *Eryngium giganteum* in my garden, but I couldn't say the same about goosegrass, even though it does boast a list of excellent herbal possibilities. In China it is eaten as a vegetable with reputed slimming effects and the seeds are roasted as a coffee substitute; in the west it is cultivated on a field scale to produce prostaglandins – drugs which stimulate the uterus and affect the blood vessels. It also treats Glandular fever, tonsillitis, M.E. and a variety of other complaints.

Still, I should hate to think that I was responsible for the spread of the weed amongst "my" gardens so I was most relieved to find the thing popping up in a border where I had never been before. It isn't all down to me. There must be someone else spreading it about.

*Elaine Horne*

### **SEDBERGH CHARTER FAIR & FRENCH FLEA MARKET**

*Saturday 16<sup>th</sup> August 2008*

Book your stall for the market  
cnagency@homecall.co.uk 015396  
20034.

All the normal stalls along Main Street but loads of antique and bric-a-brac in Joss Lane car park. Stall holders will dress in stripy jumpers, berets and neck scarves, cafes will serve French specialities, Lakeland Radio Outside Broadcast, Street Band. Ring for further info. (NB this is not a car boot.)

### **GROWING WITH GRACE**

*Clapham Food Co-operative wins National Award*

Growing with Grace received the Best Small Organic Shop 2008 award presented by the Soil Association at a ceremony in London recently. The Soil Association Organic Awards recognise innovation, business leadership and commitment to the organic industry.

The Soil Association citation stated: "Growing with Grace provides fresh, organic, locally produced and fairly traded food to the local community selling produce through the shop, at weekly markets and through a box scheme which delivers to 200 households. A unique aspect of Growing with Grace is their Community Composting Scheme which processes the community's green waste and completes the circle by using it to produce food for that same community. They also share information about their work through events, open days and educational work."

The co-operative has also been awarded a grant by the Plunkett Foundation to enable them to employ a Marketing Project Worker on a full-time 6 month contract. The worker will promote their enterprise in order to build their customer base and their educational role working with schools opening young minds to the concept of locally based, sustainable food production and distribution.

*Clapham Bio-diesel Project Acknowledged*

The bio-diesel project based at

Growing with Grace and run by a Clapham cooperative has been given glowing write-ups in three magazines recently: *New Sector—democratic enterprise and community control*, *Permaculture* and *Cooperatives*. Each article uses the bio-diesel project as a good example of the way that communities can both set up and manage enterprises democratically and cooperatively for their benefit and result in community development.

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### **SEDBERGH TO KIRKBY LONSDALE ON THE BUS**

Just a short note to thank *Lookaround* for publishing my bus plea.

The numbers have risen from 1 - 2 to 8 people on the first Thursday to 12 people this week. More thank ever before!

It was a lovely sunny day. The fells looked superb and many hedges were green overall. Its nice to see spring is here.

So thanks to the people of Sedbergh and the 2 couples from Barbon, who after reading my letter come every week.

*Ann Russell*

### **SOUTH LAKELAND CARERS ASSOCIATION**

We are now happily settled into our "new" office at 5, Castle Street, Kendal, LA9 7 AD Tel: 01539 815970. On a Wednesday between 10am-4pm we have a Carers Drop-In Centre in the conservatory at number 5 and invite all carers to come along.

Many people caring for a loved one do not think of themselves as a carer, they are looking after 'mum. Dad, Gran, Spouse, Friend etc' and just get on with it, but perhaps knowing back-up is available would help. We Support Workers listen, suggest, advise, link you to Social Services if you wish, run Support Groups, link you with other services, arrange Sitting and Befriending Services, and outings and courses to help you relax or learn a little more to help you. Therapy days are also available along with Counselling, we say life is never dull, caring is never dull. A small group went to Blackpool for the weekend recently and a coach and car load had an outing to Kings Meaburn & Hazel Dene Garden Centre.

Also part of our work is with Young Carers, that is children and young people who care or help to care for a family member, we now have two Young Carers Support Workers as part of our team and they offer Assessments, one-to-one support, clubs and outings. New last year is our Volunteer Development Worker who helps people who want to help out on a voluntary basis, new people welcome, she arranges training and

checks all is in order before placements are made.

For more information about any of these services please ring the office on 015397 815970 without obligation.

### **MUSIC FESTIVAL**

*June 13<sup>th</sup> – June 29<sup>th</sup> 2008*

We look forward to welcoming you to the Fifth Music Festival to be held in Sedbergh. As you will see from the programme, and have read in previous editions of Lookaround, a varied programme of events has been organised for your enjoyment.

The St Andrew's catering ladies will again be providing light lunches and suppers in the Parish Room during the festival. Lunches will be available from 12.00 noon, before the lunchtime recitals to be held in St Andrew's Church on 16<sup>th</sup>, 19<sup>th</sup>, 24<sup>th</sup> and 25<sup>th</sup>. Supper will also be available in the Parish Room at either 6.15 p.m. or 6.45 p.m. on 21<sup>st</sup>, 23<sup>rd</sup> and 26<sup>th</sup> before the evening recitals. However, on the 18<sup>th</sup> and 19<sup>th</sup>, supper will be at 7.00 p.m. in the People's Hall prior to a performance of "Trial by Jury". Please be reminded that supper tickets **MUST** be obtained beforehand from the Tourist Information Office.

Please note that after the last evening recital of the festival on Sunday 29<sup>th</sup> June, there will be a **FREE** finger buffet in the Parish Room.

Thank you for your loyal support in previous years and we look forward to seeing you again this year at the recitals and meals.

VCC

## LONDON MARATHON

I would really like to thank all the friends, acquaintances, former colleagues, neighbours and (a few) complete strangers who contributed so generously to my plea for sponsorship recently. In all, we raised almost £2600 (exact amount not certain, as I have about £50 of promises to cash in yet).

What about the occasion? Well, having done it 3 times before I knew it would feel like hell at times, when I wondered why on earth I was doing it. Then again, the highs really are splendid, and make all the effort worthwhile.

At the start, crushed together with thousands of others, I had a brief chat with the rhinoceros, who had already run 2 marathons that week, the London being his third! His head was so big he had to have someone guiding the horn so that he didn't inadvertently spear someone.

Talking of spears, I passed the Masai warriors at one stage, carrying their long spears. Yes, I did pass them. but then they could have kept running for a week at their speed - in shoes made from segments of car tyres!

I lost count of the number of Batman (only one with a Robin), Wonder Women etc. One man carried a sign on his back saying he had run 35 marathons in the last 3 weeks and raised over £100,000 for charities. Made my effort look a bit pathetic. But he was younger. One very special moment for me was when - at mile



22 -I suddenly heard a familiar voice. I was busy scanning the crowd for my daughter Sarah when she (or maybe her fiancé James, I'm uncertain which of them) snapped this picture - you can see the delight on my face can't you? I actually look a lot better than I felt at that time, but with only 4 miles to go I knew I'd cracked it.

Will I do it again? Immediately after the race I told Sarah that was my last. Then retrograde amnesia came on, and I've entered the ballot for 2009. We'll see what happens.

*John Ioannou*

### At the Chair Workshop

- Chair seating
- Supplies – cane, rush, seagrass, ropes, cords
- Tool sharpening
- 
- ❖ Haberdashery
- ❖ Bead jewellery
- ❖ Restrings
- ❖ Repairs – clasps, earrings, chains

99 Main Street, Sedbergh.  
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### DENTDALE METHODIST CHAPEL

What a wonderful eve we all shared with the Orton Male Voice Choir, many thanks to them and all those who came and who helped with the

supper, we were as someone put it "fed spiritually and bodily".

At last we managed to produce a Monthly notice sheet and of course missed some events out so followed up with a weekly sheet as usual, there were a couple of special "weeks" ie Christian Aid and Christian Unity in May in which we played our part. June will be a little quieter but we have our coffee morning.

In August we are to have a "Rest Tent" at the Dentdale Show on the Saturday and will be giving away Christian leaflets and books, if you have any which are in good condition and surplus to your requirements do let us have them, we will have seats available for resting weary limbs and watching the goings-on, we will not be taking any money, this is not fundraising.

Also in August Headway, or MET as it is now called, who had a holiday week in Dent a few years ago are holding one in Sedbergh and the evening services will be open to all.

Mrs Parkin recently took her class to have a look inside the chapel and talk about the various aspects and no doubt the differences between it and the parish church.

The collection of sweets, nuts, biscuits and puzzle books for the Troops Overseas is on-going and contributions can be left in the box on the coal-bunker in the chapel. Quiet times in the garden continue once a month on 2nd weekend and the chapel is open for prayer every day.

*Sarah E Woof (Secretary)*

## **EACH PEBBLE ITS PART**

*For one weekend only!*

'Each Pebble Its Part' will be in Sedbergh for one weekend only. We hope for sun and blue skies. We may get rain and smiles.

Andi Chapple's new installation will be open to everyone on Saturday 21st and Sunday 22nd June from 10am to 6pm at Ephemeral House, 12 Guldrey Terrace with free admission. Expect sounds, landscape and the Rawthey as you've never seen it before; in fact six months' walks on the hills around Sedbergh compressed into a living room.

Many people know the Rawthey only for the mile or so that flows past Sedbergh. Andi's installation will be a welcome reminder of the rich variety of landscapes (and weather!) we have on our doorstep.

For details contact Sedbergh Tourist Information Centre (015396) 20125, [tic@sedbergh.org.uk](mailto:tic@sedbergh.org.uk) or [www.music.freakout.biz](http://www.music.freakout.biz).

'Each Pebble Its Part' is part of Sedbergh Music Festival 2008 and will transfer to the Sonic Arts Network's prestigious EXPO weekend in Brighton on Saturday 5th & Sunday 6th July. Visit [www.sonicartsnetwork.org/](http://www.sonicartsnetwork.org/) for further information.

Ephemeral House is funded by the National Lottery through Arts Council England.

'Each Pebble Its Part' is kindly supported by Kent Valley Colour Printers, Drake Music Projects, Kirkby Lonsdale Motors and Sedbergh Dental Practice.



## **MK CONVERSIONS**

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### **YOUNG CUMBRIA**

We would like to thank everyone who helped us with the Disco at the People's Hall on Friday 3rd May. Without you we couldn't organise these events.

About 100 young people from in and around Sedbergh had a really good night and are looking forward to the next one.

A total of £262.20 was raised which is going to the Brain Tumour Foundation and Parkinson's Disease. The charities were chosen by Becky Lowther and Rachel Bainbridge who helped to organise the disco.

Our next big event is the Fashion Show on Friday 20th June at 7.30 pm in the People's Hall. Great clothes at knock down prices including Duck+Cover, Bench and Hooch. There will be refreshments and a raffle.

Tickets available from Paulyne Hartley, Young Cumbria, Monkey House Youth Club on Fridays above the Library or Joan Woof at Settlebeck School, and also some of the Settlebeck pupils.

Please support these events and encourage young people in our community to do positive activities and make them proud to be part of Sedbergh.

We would be most grateful for anyone wishing to donate a raffle prize, please contact Paulyne on 07890-657327. Many thanks to White Rose Fisheries for their donation.

Watch this space for more good work from our young people next month.

*Paulyne Hartley,  
Young Cumbria*

### **DENT FOLK FESTIVAL**

Full details of the Dent Folk Festival 2008 are now online at [www.dentfolkfestival.co.uk](http://www.dentfolkfestival.co.uk) and start on

Friday 27th at 7.30pm and continues throughout Saturday and Sunday.

Artists for 2008 include ... Rachel Unthank & The Winterset, The Michael McGoldrick Quartet, Shooglenifty, John Tams and Barry Coope, Chumbawamba, Kris Drever, Rory McLeod, Ruth Notman, Bellevue Rendezvous, The Tim Edey Trio... and more...

A Full Weekend ticket is £50.00  
Buy Tickets By Phone: Call 01524 582803

Set in one of the most beautiful settings in Britain, the festival has gained a reputation for being well organised and having a superb atmosphere!

"One of my favourite festivals" Mike Harding, BBC Radio 2!

### **SS LOCAL BOYS FUND**

There will be a Sedbergh School Local Boys' Fund Committee Meeting on Friday, June 13th . Any application is welcome for grants for educational tuition and/or educational facilities from boys resident in the parishes of Sedbergh, Garsdale and Dent.



Please contact Joyce Priestley, Havera Bank, Sedbergh, Tel: 015396 20104, for any further details.

### **SEDBERGH BOWLING CLUB**

We will be offering free taster sessions on Tuesday 10th June between 2 and 4 pm and 6.30 and 8 pm. Please wear flat shoes. We hope the weather is as kind as it was in May and that the sessions are successful.

If you can't make it on the 10th June and would like to arrange a time and day to suit you, please ring Linda on 20279.

### **DENTDALE CRICKET CLUB**

The season got off to a start with a bang against Sedbergh mid week team at Sedbergh on 11th May. With thunder rumbling about Sedbergh won the toss and batted. Both sides struggled to get a full side so we played 9 a side over 30 overs.

Sedbergh made 156, the bulk of their runs being scored by Dave Metcalfe and Mel Cragg both playing good hard shots. Dent's bowling was a bit inconsistent due to lack of practice, Chris McClurg, Rob Mitchell and Mark Dodd all bowled well in

parts.

One notable performance was by Joe Clare who took a wicket with his first ball for Dentdale C.C.

We got off to a familiar start from last year 4 runs, 3 wickets down. Dave Calvert almost took a hat-trick. We were all out for 73. David Baines top scored with 20. Our Man of the Match, Joe Clare scored a very creditable 12 to add to his good bowling.

Dentdale Cricket Club would like to thank our sponsors for their support:- The Sun Inn, Dent Brewery and George & Dragon Hotel, Dalesway Tyres, High Laning Farm Caravan and Camping Park, Cumbria Stoves, J N & E Capstick, Lyon Equipment, W Dawson & Son, Burton Turf Care, Christopher Whelan, M Cragg, Cobble Country, Meadowside Café, J J Martin, Gibsons of Kendal, Stramongate Press, D T Close, Gary Sedgwick, Bentham Plant Hire, J J Martin Funeral service, Sandell's Book Shop and Steadmans Butchers.

### **SEDBERGH SWIMMING CLUB**

The Club meets every week by kind permission of Sedbergh School.

The Saturday morning sessions from 10 to 11am are very popular and very reasonable at £1 per child and £1.50 per adult. The last session on 28th June will be 'Inflatables'.

The AGM will be held in the Bull Hotel at 7:30pm on Monday 16th June. Everyone is welcome.



### **DENTDALE DIBBERS**

The meeting on May 8th to chat about the possibility of some of us getting together to start a Dentdale Gardening Club or similar was a non-event, no-one came and only two people mentioned beforehand that they were interested.

If you would be interested in exploring the idea a little more just let me know as you see me about and we will take it from there.

*Sarah E Woof.*

### **SEDBERGH PEOPLE'S HALL**

Registered Charity 523829

In the May Lookaround, mention was made of the changes in the People's Hall over the last year and of plans for the future. We should add that the committee room has been redecorated by the Art Society to whom the Committee is very grateful; new curtains have been made for the committee room by Mrs Wendy McLean. A refrigerator has been purchased for the kitchen.

A fire alarm system is to be fitted in the Hall during May.

A very useful meeting about the proposed developments was held on 28th April with representatives of other halls and letting venues in the area.

As readers will know, the Management Committee has reached an important phase in its proposal to develop the People's Hall and it needs to increase the use of daytime hiring so it is looking for someone to join in and assist in marketing and public relations, somebody who

would be interested in promoting the Hall and in reaching previously untapped groups of users.

Further details are available from the Secretary, Dr Gina Barney on 015396 20790.

### **NOAH'S LARK**

Sedbergh folk have done it again.

To see one local pantomime at Christmas that was great and then four months later have another one that was just as good is unbelievable.

We have a lot of talented folk in Sedbergh and I would like to say Well Done, for all the hard work that you put into Noah's Lark.

The children as well as the adults were great. Keep up the good work Sedbergh and I look forward to next year.

### **DENT PRE SCHOOL COMMITTEE**

The Committee would like to say thank you to all who donated, helped and attended our May Day Sale. We raised a total of £777.91.

Also a big thank you to the Dent Show Committee for the additional donation of £500 and the George and Dragon Hotel for their donation of £132.50.

### **SEDBERGH PARISH COUNCIL**

Due to a change in Clerk and other Officers on the Parish Council, there are no minutes this month but will appear in July. Once the minutes have been ratified, they will appear as usual in the Community Office for perusal.

## SEDBERGH TOWN BAND

### *Noah's Lark*

The Band would like to congratulate all those involved in the recent production of 'Noah's Lark' presented by the Rose Theatre Group, the proceeds from which was shared between Cerebral Palsy Research and St. Anne's, an African orphanage caring for Aids orphans.

Congratulations in particular to members of the Band involved: Keith Wood (Cornet), Chris Chambers (Cornet), Hilary Hodge (Flugel) and Ernie Hailwood (Trombone). Wives Den Chambers and Viv Hailwood also contributed most notably. Special congratulations go to Sandra Gold-Wood - author, director, costume designer, seamstress and performer - a truly magnificent effort.

### *Master Class*

The first of five scheduled master classes took place on Sunday 4th May. Morgan Griffiths, euphonium, led the Band in a rehearsal in the morning in the Sedbergh School Band Room of various items that will be featured on the Band's forthcoming C.D.

In the afternoon he gave a recital in the U.R.C. which was open to the public. The audience were treated to an astonishing exhibition of euphonium playing by a recognised world class player of the instrument. The numbers played were punctuated by questions directed at Morgan by members of the audience who were given a fine insight into practice, technique and performance at the highest level.

## SEDBERGH SCHOOL

Sedbergh School was packed on a recent evening with around 140 girls, staff and parents for the inaugural Sportswomen's Dinner.

The evening celebrated the achievements of the senior girls, in one of their most successful sporting years ever. Sedbergh welcomed Dame Mary Peters as the guest speaker and she had the audience captivated with tales of her achievements. She was a shining example and fantastic role model for the girls as well as being highly entertaining.

Mary's grandmother lived in Sedbergh and she presented the Metcalfe Trophy in her honour to Sophie Dutton (Sportswoman of the Year). The irony is that Sophie's room in the boarding house was named after Mary Peters!



Sophie is Head of Lupton House, Captain of Running, Athletics and Tennis and the top Netball Player of the Year. Head of Girls Games Hayley Christy said "We celebrated a fantastic evening and could not have asked for a better Guest than Mary Peters, who exuded warmth and inspiration to the girls. Sophie truly deserved her award and we were also able to raise thousands of pounds towards the Hockey tour this summer to South Africa."

| <b>ORGANISATION</b>                  | <b>CONTACT</b> | <b>Tel:</b> | <b>015396</b> |
|--------------------------------------|----------------|-------------|---------------|
| Angling Association                  | Mr Wright      | Dent:       | 25533         |
| Art Society (S & D)                  | Miss Nelson    | Sed:        | 20034         |
| Badminton (Dent)                     | Mrs Rushton    | Dent:       | 25306         |
| Badminton (Sedbergh)                 | Mr Mason       | Sed:        | 20565         |
| Beekeepers Association (S & D) *     | Mrs Whitton    | 015242      | 72004         |
| Book Group                           | Mrs Dodds      | Sed:        | 20308         |
| Bowling Club (Queen's Gardens)       | Mr Killops     | Sed:        | 20279         |
| Bridge Club                          | Mr Estensen    | Sed:        | 21060         |
| Canoe Club (S&D)                     | Mr Hinson      | Sed:        | 20118         |
| Caving Club (Kendal)                 | Mr Teal        | Sed:        | 20721         |
| Chamber of Trade                     | Mrs Baines     | Sed:        | 21287         |
| Chameleons Drama Club                | Mrs Bush       | Sed:        | 20058         |
| Christian Aid                        | Mrs Hannam     | Sed:        | 20897         |
| Conservative Association (Sedbergh)  | Mr Beck        | Sed:        | 20336         |
| Cricket Club (Dent)                  | Mr Hyde        | Dent:       | 25503         |
| Cricket Club (Sedbergh)              | Mr Hoggarth    | 01539       | 731140        |
| Cumbria Wildlife Trust               | Mrs Garnett    | Sed:        | 21138         |
| Dentdale Choir                       | Mrs Bush       | Sed:        | 20058         |
| Dent Memorial Hall                   | Mrs McClurg    | Dent        | 25446         |
| Dentdale Players                     | Mr Duxbury     | Dent        | 25535         |
| Dent School (Friends of)             | Mr Hartley     | Dent:       | 25317         |
| Dog Training (Sedbergh)              | Mrs Robertshaw | Sed:        | 20316         |
| Farfield Mill Arts & Heritage Centre | Mrs Hamilton   | Sed:        | 21958         |
| Fire Service (Tuesday Evenings)      | Mr Packham     | Sed:        | 20302         |
| First Responders (Dent)              | Mrs Pilgrim    | Dent:       | 25589         |
| Football Club (Dent)                 | Mrs Mitchell   | Dent:       | 25432         |
| Football Club (Sedbergh)             | Mr Moffat      | Sed:        | 21797         |
| Gala Group                           | Mrs Fisher     | Sed:        | 20764         |
| Garsdale Village Hall *              | Mrs Scarr      | Sed:        | 20502         |
| Golf Club                            | Mr Lord        | Sed:        | 20993         |
| Good Companions (Dent)               | Mrs Woof       | Dent:       | 25275         |
| Help Tibet Northern Branch           | Mrs Howarth    | Sed:        | 20090         |
| History Society                      | Mr Cann        | Sed:        | 20771         |
| Howgill's Harmony                    | Mr Burbidge    | Sed:        | 21166         |
| Howgill Harriers                     | Mr Brassington | Sed:        | 21212         |
| Howgill Schoolroom                   | Mrs Stainton   | Sed:        | 20665         |
| Howgill Toddlers                     | Mrs Alderson   | Sed:        | 22050         |

### DENT GALA.

Just a reminder that we would really like to hear your memories of previous years and see any photos you have. Also please do collect White Elephant Goods, Books, Tombola Prizes etc and if you need us to collect them do let us know.

The Gala is on August Bank Holiday Monday and we need lots of help.  
*S E Woof (Gala Secretary) 25212*

|                                                |               |        |        |
|------------------------------------------------|---------------|--------|--------|
| Kent Lune Trefoil Guild                        | Mrs Mitchell  | Sed:   | 21144  |
| Ladies National Farmers Union                  | Mrs Escholme  | Sed:   | 20376  |
| Liberal Democrats                              | Mrs Cleasby   | Dent:  | 25476  |
| Methodist Church Hall                          | Mrs Jackson   | Sed:   | 20530  |
| Playgroup (Sedbergh)                           | Mrs Gunning   | Sed:   | 20226  |
| Over 60's (Dent)                               | Mrs Murdoch   | Dent:  | 25335  |
| Parent Support Group                           | Mrs Goad      | Sed:   | 20402  |
| Parish Council (Dent)                          | Dr Ioannou    | Dent:  | 25023  |
| Parish Council (Garsdale)                      | Mrs Donaldson | 07967  | 972160 |
| Parish Council (Sedbergh) *                    | Miss Mollison |        |        |
| People's Hall                                  | SOS           | Sed:   | 20788  |
| Peoples Hall Day Centre (Mon & Fri)            | Day Centre    | Sed:   | 21126  |
| Pepperpot Club (Sedbergh)                      | Mrs Smith     | Sed    | 21196  |
| Pistol and Rifle Club                          | Mr Middlemiss | Sed:   | 20662  |
| Playing Fields (Sedbergh)                      | Mr Hinson     | Sed:   | 20118  |
| Rag Ruggers                                    | Mrs Hennedy   | Sed:   | 20899  |
| Residents Association (S & D)                  | Mrs Capstick  | Sed:   | 20816  |
| Scouts                                         | Mr Mawdsley   | Sed:   | 20723  |
| Settlebeck High School P.T.F.A. *              | Mrs Storey    | Sed:   | 21593  |
| South Lakeland Carers Association              | Mrs Woof      | Dent:  | 25212  |
| South Lakeland Voluntary Society for the Blind | Mr Axford     | Sed:   | 21019  |
| Squash Club                                    | Mrs Cooling   | Sed:   | 20622  |
| Slimming Club                                  | Mrs Uttley    | 01539  | 722568 |
| Swimming Club                                  | Ms Pakeman    | Sed:   | 21279  |
| Tennis Club                                    | Mr Robinson   | Sed:   | 21014  |
| Town Band                                      | Mrs Waters    | Sed:   | 20457  |
| White Hart Sports and Social Club              | The Committee | Sed:   | 20773  |
| United Reformed Church Rooms                   | Mrs Howarth   | Sed:   | 20428  |
| Westmorland Gazette Correspondent              | Mrs Gold-Wood | Sed:   | 21808  |
| Women's Institute (Dentdale)                   | Mrs Sugden    | Dent:  | 25303  |
| Women's Institute (Frostrow)                   | Mrs Mather    | 015242 | 76333  |
| Women's Institute (Howgill)                    | Mrs Hoggarth  | 01539  | 824683 |
| Women's Institute (Killington)                 | Mrs Sharrocks | Sed:   | 20754  |
| Young Cumbria                                  | Mrs Hartley   | 01524  | 781177 |
| Young Farmers Club                             | Miss Capstick | Sed:   | 21032  |
| Young Kidz                                     | Mrs Baines    | Sed:   | 21287  |
| Zebra's Baby & Toddler Group                   | Mrs Metcalfe  | Sed:   | 20654  |

\* = Latest Amendment

### **HOWGILL W. I.**

We met at Howgill Village Hall on May 1st. Vice President Dilys McCaffery presided giving a warm welcome to thirteen members.

The two resolutions to be proposed at the A.G.M. in Liverpool were discussed. We voted in favour and our link delegate Sue Sharrocks is to be informed.

We were reminded of the Group Meeting hosted by Barbon W. I. Mary Silva has made the soft toy, our entry for the competition. Other dates for our diaries are the invitation from Dent W. I., to "Arrive Alive", a presentation by a D.S.A. Driver for the Over 50's., the Howgill Hikers next walk and the Holker Festival.

The business completed we were delighted to welcome June Parker Health Practitioner working in Sedbergh. We were introduced to "Qigong" a Chinese healing technique focusing on women's health issues. Members participated in exercises designed to stimulate the circulation, benefit the heart, chest and digestive system, calm the mind and increase energy levels. Lesley Hennedy thanked June for an enjoyable evening lifting our spirits and leaving us feeling calm and relaxed.

The competition for a good health hint was won by Audrey Hoggarth with Bridget Postlethwaite second. The raffle winner was Bridget. June Parker won the social, a quiz, where all the answers were trees. The evening came to a close with our usual Jacobs Join and get together.

On June 5th we meet at Firbank

Church Hall for a members evening when we make our own entertainment rounding off with food and bucks fizz. Non members welcome. *A.H.*

### **MATCH THE SONG TO ARTIST COMPETITION ANSWERS**

The answers for the Howgill Toddlers Match to Song to the Artist competition sheet were as follows:-

1. Chris de Burgh
2. Adam and the Ants
3. Belinda Carlisle
4. Berlin
5. Kylie Minogue
6. Cliff Richard
7. The Beatles
8. Elvis Presley
9. Chesney Hawkes
10. The Housemartins
11. Madness
12. John Lennon
13. The Jam
14. Shakin Stevens
15. Culture Club
16. Rod Stewart
17. ABBA
18. Musical Youth
19. Bucks Fizz
20. Lionel Richie
21. Europe
22. Madonna
23. Elton John
24. Wet Wet Wet
25. Dexys Midnight Runners
26. Wham
27. Nena
28. Stevie Wonder
29. Tom Jones
30. Ronan Keating

Thank you to everyone who bought a quiz sheet.

## Religious Services in Sedbergh

### CHURCH OF ENGLAND

St. Andrew's Parish Church  
 Sunday 08.00; 10.30 & 18.30  
 Wednesday 11.15

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Tony Reed Screen 21081 & Lavinia Mahon 21740

### ROMAN CATHOLIC

St. Andrew's Parish Church  
 Sunday 12.00  
 Holy Days 19.30

**Rev. Dr. P Campbell Tel: 20918**

### METHODIST CHURCH

New Street  
 Sunday 10.30 & 18.30

**Rev. T Widdess Tel: 20329**

### UNITED REFORMED CHURCH

Main Street  
 Sunday 10.30

**Rev. C Gotham Tel: 22030**

### SOCIETY OF FRIENDS

#### QUAKERS

Brigflatts  
 Sunday 10.30

**Mrs T Satchell Tel: 20005**

### UNITARIAN & FREE

#### CHRISTIAN CHAPEL

Market Place, Kendal  
 Sunday 11.00  
 Wednesday 19.30

**Rev. G Jones Tel: 01539 - 722079**

*For enquiries for the following services,  
 Please ring the relevant telephone number*

### CHURCH OF ENGLAND

Firbank; Howgill & Killington  
 Cautley & Garsdale

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Cautley: Judith Bush 20058 & Linda Hopkins 21455  
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723  
 Dent & Cowgill

**Rev. P Boyles Tel: 25226**

### METHODIST CHURCH

Dent; Dent Foot;  
 Cautley; Fell End;  
 Garsdale Street; Garsdale Low Smithy;  
 Hawes Junction & Frostron

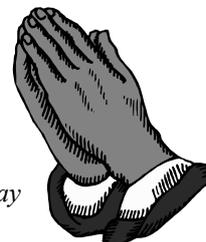
**Rev. T Widdess Tel: 20329**

### SEDBERGH CHRISTIAN CENTRE

6.30 pm People's Hall every Sunday

**Tel: 21436**

*Would you like to know that someone is  
 praying for you? Or do you have a  
 relative, friend or neighbour in special  
 need of prayer? In the Churches, we pray  
 every Sunday for this  
 community and we  
 should like to hear of  
 any special needs.  
 Please ring any of the  
 above telephone  
 numbers so that we may  
 pray for you and/or  
 others.*



## Lookaround Advertising Rates

|                                    |   |        |
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| Single Column x 1"                 | = | £7.50  |
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All enquiries to  
 13 Kings Yard, Sedbergh LA10 5BJ  
 Adverts by 15th of every month.  
*Can all adverts please be  
 accompanied with the correct money  
 at the time of submission.*  
 Articles etc. by 19th of every month

## DIARY OF EVENTS

*Dates are held up to 22nd December 2008*

| <i>"Lookaround Diary" What's missing?</i>             |                                               | U R            |         |                                     |              |
|-------------------------------------------------------|-----------------------------------------------|----------------|---------|-------------------------------------|--------------|
| Entries marked (*) see Advert in previous Lookaround. |                                               |                | 15 2000 | Sounds in a Wood (13)               | Rawthey Wood |
|                                                       |                                               |                | 16 1300 | Organ Recital (13)                  | StAS         |
| <b>JUNE</b>                                           |                                               |                | 16 1930 | Swimming Club AGM (16)              | Bull         |
| 1                                                     | SS End of Half Term                           |                | 17 1400 | SLSB Meeting & Dinner               | Barbon Inn   |
| 1                                                     | 1000 Mechanical Drawing Exhibition Starts (7) | FM             | 17 1900 | Neighbourhood Forum                 | DMH          |
| 1                                                     | 1000 The Found Past Starts                    | DCMH           | 17 2000 | Music for Strings (13)              | StAS         |
| 1                                                     | 1000 Rag Rug Making                           | DCMH           | 18 1000 | Playgroup Coffee Morning            | URCR         |
| 1                                                     | 1200 Gardens Open (*)                         | Barbon         | 18 1300 | Muncheon Music (18 & 13)            | SSQH         |
| 1                                                     | 1400 Dentdale Cricket v Holker                | Dent           | 18 1415 | SS Cricket v QEGS Penrith           | SS           |
| 2                                                     | SHS End of Half Term                          |                | 18 1715 | HS Kendal Record Office (18)        | LHCP         |
| 3                                                     | SL Carers Group                               | PH             | 18 1900 | Trial by Jury (13)                  | PH           |
| 3                                                     | 1400 Spinning a Yarn                          | DCMH           | 19 1130 | SS Cricket v Durham CCC             | SS           |
| 4                                                     | 1000 Dent Foot Chap Coffee Morning            | URCR           | 19 1300 | Chetham School of Music (13)        | StAS         |
| 4                                                     | 1400 SS Cricket v Chetwynde                   | SS             | 19 1900 | Trial by Jury (13)                  | PH           |
| 4                                                     | WIF Outing                                    | TBA            | 20 1930 | Recital of English Song (13)        | SSQH         |
| 5                                                     | 1930 WIH Members Evening                      | FCH            | 20 1930 | Summer Evening with the Mewses (20) | BVH          |
| 6                                                     | 1930 Sedbergh Scouts AGM                      | Scout HQ       | 20 1930 | Young Cumbria Fashion Show (19)     | PH           |
| 7                                                     | 1300 Open Gardens (8)                         | Dent           | 20 2000 | 'Cornerstone' Folk & Jazz (13)      | Westwood Bks |
| 7                                                     | 1000 Garden Quiet Day                         | Rhumes, Dent   | 20      | Evening Walk in Garsdale            | GVH          |
| 7                                                     | 1330 SS Cricket v Stonyhurst                  | SS             | 21 1000 | Each Pebble its Part (13)           | EH           |
| 7                                                     | 1345 CWT Walk in Murthwaite Park              | LHCP           | 21 1000 | Garden Trail (21)                   | StOR         |
| 8                                                     | 1300 Open Gardens (8)                         | Dent           | 21 1030 | Pepperpot Coffee Concert (13)       | StAS         |
| 8                                                     | 1200 Garden Quiet Day                         | Rhumes, Dent   | 21 1130 | SS Cricket v Lancaster RGS          | SS           |
| 8                                                     | 1300 SS Cricket                               | SS             | 21 1300 | House History at Hawes              | DCMH         |
| 8                                                     | 1400 Dentdale Cricket v Bellringers           | Dent           | 21 1330 | SS Cricket v George Watsons         | SS           |
| 8                                                     | 1430 Master Class Recital (*)                 | URC            | 21 1930 | The Abbey Singers (13)              | StAS         |
| 9                                                     | Cumberland v Bucks County Cricket             | SS             | 22 1000 | Each Pebble its Part (13)           | EH           |
| 9                                                     | 1400 SS Cricket v Cargifield                  | SS             | 22 1000 | Garden Trail (21)                   | StOR         |
| 10                                                    | 1400 Bowling Taster                           | Queens Gardens | 22 1000 | The Found Past Ends                 | DCMH         |
| 10                                                    | Cumberland v Bucks County Cricket             | SS             | 22 1400 | Dentdale Cricket v KL RUF           | Dent         |
| 10                                                    | tba WIK Edenlea Garden                        | Penrith        | 22 1700 | Choral Evensong (13)                | StAS         |
| 10                                                    | 1830 Bowling Taster                           | Queens Gardens | 22 2000 | Schubert Song Recital (13)          | StAS         |
| 11                                                    | 1000 Garsdale Church Coffee Morning           | URCR           | 23 2000 | Piano Recital (13)                  | StAS         |
| 11                                                    | Cumberland v Bucks County Cricket             | SS             | 24 1130 | SS Cricket v Manchester GS          | SS           |
| 11                                                    | 1415 SS Cricket v Giggleswick                 | SS             | 24 1300 | Music for Piano Duet (13)           | StAS         |
| 11                                                    | 1915 WID Felting                              | DMH            | 24 2000 | Sedbergh Town Band (13)             | StAS         |
| 13                                                    | 1100 The Victorian Kitchen                    | DCMH           | 25 1000 | Dent Methodist Coffee Morning       | URCR         |
| 13                                                    | 1930 Celebration of Sankey                    | HMH            | 25 1000 | Producers Market (25)               | JLCP         |
| 13                                                    | Music Festival Starts (13)                    | Sedbergh       | 25 1130 | SS Cricket v kings Macclesfield     | SS           |
| 13                                                    | 2000 Barn Dance & Ceilidh (1 & 13)            | PH             | 25 1300 | Violin Sonatas (13)                 | StAS         |
| 14                                                    | Inter Counties Athletics Champs               | SS             | 25 2000 | Early Music Recital (13)            | BF           |
| 14                                                    | 1330 SS Cricket v Bolton                      | SS             | 26 1500 | Bach Cello Suites (13)              | URC          |
| 14                                                    | 1400 Mechanical Drawing Talk (7)              | FM             | 26 2000 | Organ Recital (13)                  | StAS         |
| 14                                                    | 1930 Besses o' th' Barn (13)                  | StAS           | 27 1130 | SS Cricket v St Peters              | SS           |
| 15                                                    | 1030 SS Choir (13)                            | StAS           | 27 1930 | Dent Folk Festival (27)             | Dent         |
| 15                                                    | 1030 Digital Photography                      | DCMH           | 27 2000 | Dalston Male Voice Choir (13)       | StAS         |
| 15                                                    | 1130 SS Cricket v Club                        | SS             | 28 1030 | Dent Folk Festival (27)             | Dent         |
| 15                                                    | 1500 Bach Cello Suites (13)                   | URC            | 28 1000 | Perspective of Gayle Mill Starts    | DCMH         |
| 15                                                    | 1400 Dentdale Cricket v Bentham Exiles        | Dent           | 28 1330 | SS Cricket v Leeds GS               | SS           |

*The S & D Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker*

*It is printed by Stramongate Press.*

*Whilst every effort is made to ensure that information is correct, the editors cannot accept any responsibility for any inconvenience caused through errors or omissions.*

|               |      |                                        |                |
|---------------|------|----------------------------------------|----------------|
| 28            | 1400 | Dry Stone Walling Demonstration        | DCMH           |
| 28            | 1930 | 'Encore' Opera Group (13)              | StAS           |
| 29            | 1030 | Dent Folk Festival (27)                | Dent           |
| 29            | 1000 | Mechanical Drawing Exhibition Ends (*) | FM             |
| 29            | 1430 | Master Class Recital (*)               | URC            |
| 29            | 1500 | Bach Cello Suites (13)                 | StAS           |
| 29            | 2000 | Alla Kravchuk (13)                     | StAS           |
| 29            |      | Music Festival Ends (13)               | Sedbergh       |
| <b>JULY</b>   |      |                                        |                |
| 1             |      | SL Carers Group                        | PH             |
| 1             | 1400 | SS Cricket v Trent College             | SS             |
| 2             |      | SS End of Term                         |                |
| 2             | 1000 | URC Coffee Morning                     | URCR           |
| 2             | 1930 | WIF The Bowen Technique                | PH             |
| 3             | 1930 | WIH Open Evening                       | HVH            |
| 5             | 1400 | Hell Gill & Watercut Walk              | HJC            |
| 5             | 1900 | Slides of Wensleydale Railway          | HJC            |
| 6             | 1400 | CWT Wildflower Hunt                    | STO            |
| 6             | 1400 | Dentdale Cricket v Sedbergh MW         | Dent           |
| 8             | tba  | WIK Tea Party                          | Beckside       |
| 8             | 1400 | YDNP Discovery Walk                    | DCP            |
| 9             | 1000 | WIH Coffee Morning                     | URCR           |
| 9             | 1400 | HS Middleton Hall                      | Middleton Hall |
| 9             |      | WID Outing                             | TBA            |
| 12            | 1000 | Garden Quiet Day                       | Rhumes, Dent   |
| 12            | 1300 | Craft Day                              | StAD & DMH     |
| 13            | 1000 | Garden Quiet Day                       | Rhumes, Dent   |
| 13            | 1400 | Dentdale Cricket v Archbishop Hutton   | Dent           |
| 16            | 1000 | RBL Coffee Morning                     | URCR           |
| 17            |      | Sedbergh Festival of Ideas Starts      |                |
| 17            | 1000 | Perspective of Gayle Mill Ends         | DCMH           |
| 18            |      | SHS End of Term                        |                |
| 18            |      | Evening Walk in Garsdale               | GVH            |
| 20            | 1400 | Dentdale Cricket v Barrow Nomads       | Dent           |
| 21            |      | Banbury Cricket Festival starts        | SS             |
| 23            | 1000 | Network Coffee Morning                 | URCR           |
| 24            |      | Festival of Ideas                      | Sedbergh       |
| 25            | 1000 | YDNP Flower Power Starts               | DCMH           |
| 25            |      | Festival of Ideas                      | Sedbergh       |
| 25            |      | WID Fashion Show                       | DMH            |
| 25            |      | Banbury Cricket Festival Ends          | SS             |
| 26            |      | Festival of Ideas                      | Sedbergh       |
| 27            |      | Festival of Ideas                      | Sedbergh       |
| 27            | 1400 | Dentdale Cricket v Gregsons            | Dent           |
| 30            | 1000 | Carers Coffee Morning                  | URCR           |
| 30            | 1000 | Producers Market (25)                  | JLCP           |
| <b>AUGUST</b> |      |                                        |                |
| 1             | 1000 | YDNP Flower Power Starts               | DCMH           |
| 6             | 1930 | WIF Music & the Ministry               | PH             |
| 7             | 1930 | WIH Cheese Mouse Cheeses               | HVH            |
| 10            | 1430 | Master Class Recital (12)              | URC            |
| 10            | 1400 | Dentdale Cricket 5-a-side Competition  | Dent           |
| 13            | 1915 | WID Birds of Prey/Open Meeting         | DMH            |
| 15            |      | S&D Art Society Exhibition Starts      | SSC            |
| 16            |      | Charter Fair & Foodie Fest             | Sedbergh       |
| 17            | 1400 | Dentdale Cricket v Hawes               | Dent           |
| 19            | 1400 | Tea & Stalls                           | Rhumes, Dent   |
| 23            | 1100 | CWT Walney Island visit                | LHCP           |

### DIARY KEY

|        |                                        |
|--------|----------------------------------------|
| BF     | = Brigflatts                           |
| BS     | = Baliol School                        |
| BVH    | = Barbon Village Hall                  |
| CDC    | = Community Development Centre         |
| CO     | = Community Office, Main Street        |
| CTiS   | = Churches Together in Sedbergh        |
| CWT    | = Cumbria Wildlife Trust               |
| DCMH   | = Dales Countryside Museum, Hawes      |
| DCP    | = Dent Car Park                        |
| DMH    | = Dent Memorial Hall                   |
| DMC/S  | = Dent Methodist Chapel/Schoolroom     |
| EH     | = Ephemeral House, 16 Guldrey Terrace  |
| FCH    | = Firbank Church Hall                  |
| FM     | = Farfield Mill                        |
| GH     | = Gladstone House                      |
| GVH    | = Garsdale Village Hall                |
| HJC    | = Hawes Junction Chapel                |
| HMH    | = Hawes Market Hall                    |
| HS     | = History Society                      |
| HVH    | = Howgill Village Hall                 |
| JLCP   | = Joss Lane Car Park                   |
| KL     | = Kirkby Lonsdale                      |
| KVH    | = Killington Village Hall              |
| LHCP   | = Loftus Hill Car Park                 |
| MCCKL  | = Methodist Church Centre KL           |
| PH     | = People's Hall                        |
| SHS    | = Settlebeck High School               |
| SLSB   | = South Lakeland Society for the Blind |
| SMCR   | = Sed. Methodist Church Room           |
| StAS/D | = St Andrew's Church, Sedbergh/Dent    |
| SS/C   | = Sedbergh School/Chaplaincy           |
| STO    | = Sedbergh Tourist Office, Main Street |
| URCR   | = United Reformed Church Rooms         |
| WID    | = Women's Institute, Dentdale          |
| WIF    | = Women's Institute, Frostraw          |
| WIH    | = Women's Institute, Howgill           |
| WIK    | = Women's Institute, Killington        |

### Regular Meetings

|                       |                          |      |
|-----------------------|--------------------------|------|
| Howgill Toddlers      | 1315 Every Monday        | HVH  |
| Dent Parish Council   | 1930 1st Monday          | DMH  |
| SL Carers Association | 1400 1st Tuesday         | PH   |
| Killington WI         | 1400 2nd Tuesday         | PH   |
| Ladies NFU            | 1930 3rd Tuesday         | PH   |
| Coffee Morning        | 1000 Every Wednesday     | URCR |
| Zebbras               | 1315 Every Wednesday     | SMCR |
| Sedbergh Juniors      | 1730 Every Wednesday     | PH   |
| Sedbergh Seniors      | 1930 Every Wednesday     | PH   |
| Toy Library           | 1430 1st & 3rd Wednesday | PH   |
| Frostraw WI           | 1930 1st Wednesday       | PH   |
| History Society       | 1930 1st & 3rd Wednesday | SHS  |
| Dentdale WI           | 1915 2nd Wednesday       | DMH  |
| SLS Blind Group       | 1415 3rd Wednesday       | PH   |
| Sed. Parish Council   | 1930 Last Thursday       | PH   |
| Howgill WI            | 1930 1st Thursday        | FCH  |

*All entries are free*

## PUBLIC INFORMATION

### SEDBERGH HEALTH CENTRE

Loftus Hill ☎ 015396 20218

Repeat Prescription ☎ 015396 20239

Out of Hours ☎ 01539 781999

Bay Call ☎ 0845 0524 999

|                  |                          |                |
|------------------|--------------------------|----------------|
| <b>Monday</b>    | 0830 - 1030 O            | 1400 - 1700 P* |
|                  | 0830 - 1015 L*           | 1500 - 1800 B  |
|                  | 1045 - 1230 H*           | 1830 - 2030 W  |
|                  | 1130 - 1215 Dent Surgery |                |
| <b>Tuesday</b>   | 0830 - 1030 O            |                |
|                  | 1045 - 1230 H*           | 1430 - 1730 H* |
| <b>Wednesday</b> | 0830 - 1030 O            |                |
|                  | 1045 - 1230 P*           | 1500 - 1800 L* |
| <b>Thursday</b>  | 0830 - 1030 O            |                |
|                  | 1045 - 1230 L*           | 1400 - 1700 H* |
| <b>Friday</b>    | 0830 - 1030 O            |                |
|                  | 1045 - 1230 L*           | 1430 - 1730 L* |

L = Dr Lumb

H = Dr Hunt

P = Nurse Pilling

O = Open Surgery

\* = Appointment Only

B = Book on Day

W = Workers Surgery

*The Health Centre reserve the right to offer any  
Doctor/Nurse Practitioner at any time  
in the Open Surgeries.*

*Early Bird Surgery available,  
please ask at Reception*

#### Practice Nurses

|                  |                |               |
|------------------|----------------|---------------|
| <b>Monday</b>    | 0845 - 1300 C  | 1400 - 1730 C |
|                  | 0840 - 1200 LB | 1400 - 1630 E |
| <b>Tuesday</b>   | 0845 - 1300 C  |               |
| <b>Wednesday</b> | 0830 - 1300 B  | 1400 - 1730 B |
|                  | 0840 - 1200 L  |               |
| <b>Thursday</b>  | 0830 - 1300 B  | 1400 - 1730 B |
|                  | 1400 - 1730 C  |               |
| <b>Friday</b>    | 0845 - 1300 C  |               |

B = Joanne Batty

C = Anne Crome

L = Kay Lumb LB = Bloods

E = ECG Clinic

**District Nurse**

☎ 015396 21690

**Health Visitor**

☎ 015396 20979

#### A Collinge Optometrist

Friday only 0900 - 1300 1400 - 1730 \*

\* = By Appointment Only

### DENTAL SURGERY

Finkle Street ☎ 20626

Mr I. R. Dawson, Ms G Turner, Mrs D Ross  
& Mr B Taylor

Monday to Thursday 0900 - 1700  
Friday 0830 - 1500

#### LIBRARY Main Street ☎ 20186

Monday 1700 - 1900  
Wednesday 1000 - 1230 1400 - 1700  
Friday 1400 - 1700  
Saturday 1000 - 1230

### SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day  
0900 - 1700

[www.sedbergh.org.uk/booktown/dlbc.html](http://www.sedbergh.org.uk/booktown/dlbc.html)

### COMMUNITY OFFICE ☎ 20504

Monday to Friday 1000 to 1600  
Thursday 1000 to 1300

e-mail [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)

[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 0870 1264061

[www.cabkendal.ndo.co.uk](http://www.cabkendal.ndo.co.uk)

### PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600  
☎ 01539 795000 or 0845 6060265

### SLCVS @ Community Office

1st Wednesday every month  
10 am to 12 noon  
☎ 01539 742627

### COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

### POLICE

☎ 0845 33 00 247

### PUBLIC TOILETS

Main Street & Loftus Hill Car Park, Sedbergh  
Main Street, Dent

### VETERINARY SURGERY

22 Long Lane ☎ 20335

Mr N. Preston & Mr J. Bramley

Monday to Friday 1400 - 1430 \*  
Mon, Wed & Fri 1900 - 1930 \*  
Saturday 1330 - 1400 \*  
Sunday \*

\* = By Appointment Only

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY