

Sedbergh & District **LOOKAROUND**

November 2008

Issue 261

Donation 50 pence

Yet again, another record issue of your very own Newsletter. This is only due to your contributions and it nice to start receiving articles/stories about and from individuals and about their exploits. Lets have more. The only restriction is please try and limit the submission to about 500 words. And of course, these are free. This also includes results of any fund raising events.

Dennis & Jacky Whicker

Toffee Apples Home made Soup Mulled Wine
Burger Stand Sweets Stall
Fibre-optic Sparklers Games Hot Dogs



SEDBERGH BONFIRE

CELEBRATIONS

Saturday November 8th

People's Hall Playing field

- 18:30 - Gates open
- 18:45 - Lighting of Bonfire
- 19:00-19:15 - Best Guy/Pumpkin
- 19:30 - Fireworks

Please DO NOT bring your own Sparklers or fireworks



CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788
e-mail: lookaround@whicker73.freeserve.co.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

Table of Contents

Advert Rates	85
Groups	X
Bus Time Table	83
Religious Services	85
Bed & Breakfast	84
Crossword	82
Affordable Housing	26
Allotments	43
Art Society	38
Carers	40
Charity Shop	76
Councillor Ian & Peter	8
Councillor Kevin	50
CWT	24
Days Gone By	43
Dent Folk Festival	56
Dent Methodist Chapel	74
Dent Music Festival	40
Dentdale Christmas Market	30
Dentdale Cricket	68
Dentdale Festival Lights	35
Editorial	81
Family Musings	20
Farfield Ceramist	39
Flicks in the Fells	11
Freda Trott Foundation	74
Gardening	75
Gareth McKeever	76
Hindson J C	18
HS Common Land	22
HS Richard Brunskill	77
LNU	39
Ladies Truck Pull	31
Neighbourhood Forum	54
Orang Utans	37
Parish Council Dent	6
Paul Winn	40
Peppercot	36
Postage Stamps	39
Recycling	42
Red Squirrels	14
Root & Branch	16
Scouts	78
Sedbergh Supermarket	62
SS Oral Project	41
Settlebeck School McMillan	72
Settlebeck School News	12
Settlebeck School Slovenia	69
Settlebeck School Trust Fund	72
Skunk	38
St Andrew's Sedbergh	34
Sun of Suns	33
Swimming	41
Tim Farron	70
Town Band	44
Toy Library	42
Voices from the Past	59
Weather	79
WI Dentdale	73
WI Frostrow	32
WI Howgill	28
WI Killington	80
Zak Hall	65

CHILDREN'S BIRTHDAYS NOVEMBER 2008



Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-

Ben Sedgwick who is
11 years old on 11th November
Please collect your vouchers from
Sedbergh Office Services
13 Kings Yard, Main Street, Sedbergh
which can be used in any shop in
Sedbergh & Dent.



<i>Day</i>	<i>Name</i>	<i>Age</i>
3	Kobe CRESSEY	5
9	Iona STEPHENSON	9
11	Maximillian GEUER-LEES	7
11	Ben SEDGWICK	11
17	Katie WOOF	10
18	Adam SEN	2
18	James ABBATT	6
18	Robbie KENDAL	7
19	Sam FEARNHEAD	11
22	Ben FERGUSON	9
24	Melissa SPRoul	7
24	Jake COWPERTHWAITE	11
28	Toby GREENSMITH	2

PERSONAL & SMALL ADS £1

MURDOCH

Nancy's family would like to say thank you for all the kindness and support we received when Mum died. Special thanks to the many people who came to her funeral and made it so special, to Rev. Peter Boyles, Dentdale Choir and all those who contributed to the beautiful service and to Brian and Dorothy Goad for all their help. Also for the very generous donations received for St. John's Church, Cowgill.

OLD CHEESE

Birthday Wishes for D.M.H.M. "Age is not important unless you are a cheese." X

PARKIN

To Tom. Happy **60th Birthday** Dad!
Love from Simon and Matt.

THANKS FROM DOHA

To all those of you who have contributed clothes, and more to Doha, we give our many thanks. Doha is Omar's 3 year old cousin in Morocco; her father was tragically killed in August.

FOR SALE

Large Old Pine Ottoman with upholstered lid. £150.00 ono. Tel: 21265.

FOR SALE

Childs Bike: 14 in. wheel, blue, with stabilizers. VGC. £15. Tel: 015396-24034.

FOR SALE

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FOR SALE

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FOR SALE

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PERSONAL & SMALL ADS £1

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URGENTLY NEEDED

Children's Clothes up to 12 yrs for Aids Orphans in Africa. Baby clothes especially welcome. Tel: 20275.

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AMJ



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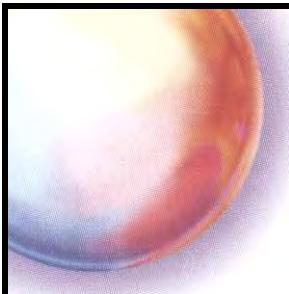
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DENT PARISH COUNCIL

The October meeting was held in the Sportsman's Inn, and Margaret Harrison once again took the minutes. The issue of the cutting of roadside verges was raised by several members of the public, who felt that Cumbria Highways had once again failed to do a satisfactory job.

The full minutes are published as usual on the Dentdale website. www.dentdale.com.

Whernside Fell Race

The meeting agreed to send a letter to the organisers of the recent Whernside Fell Race to thank them for all their hard work. The race, which had not been run for a number of years, attracted 172 runners and

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many of those who took part told the organisers how much they had enjoyed it.

Parish Plan

The Parish Council approved the draft Parish Plan document which sets out the results of the surveys carried out in the last year and outlines the actions that the Parish Council and community groups will be taking over the next five years to deal with the issues raised. The Plan will be printed shortly and then distributed to all households in Dentdale.

Litter Picking Group

One of the outcomes of the Parish Plan has been the formation of a group of volunteers to help keep the dale clear of litter. The group is being organised by John Sibley, and the Parish Council agreed to use the Council's public liability insurance to cover their work. For a long time, many public-spirited individuals have picked up litter as they have gone about the Dale, but it is hoped that this group will be able to tackle the problem in a more coordinated way.

Conservation Area Appraisal

The Yorkshire Dales National Park Authority is committed to reviewing all its conservation areas over the next few years, and has decided to carry out an appraisal of the Dent conservation area between now and next March. The aim is to define

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PERSONAL INJURY

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e-mail: office@daltonandhague.co.uk

those qualities that should be preserved and to look for any improvements that could be made, as well as to identify any potential problems. YDNPA has asked the Parish Council to be involved in this appraisal, and three members – Jenny Pilgrim, David Hartley and Ken McClurg – will be representing us, which means we will be able to put forward our views as the review takes place.

Roadside Verges

In spite of Cumbria Highways promising that the verges would be cut at the end of August this year, the contractor did not carry out the work until the start of October. A number of members of the public expressed

strong dissatisfaction at this, and at the poor quality of the work that had been done. The Council agreed to try two approaches to the problem: first, to make County Councillors aware of the issue by raising it with the Local Committee for South Lakeland, and secondly to consider what action could be taken at a local level.

Next Meeting

The next meeting will be at 7.30pm on November 3rd in the Sedgwick Room. The public is welcome to attend as always, and to raise matters of concern in the Public Forum item which takes place about 8pm.

*Jock Cairns
Chair, Dent Parish Council ►*

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COUNCILLORS CORNER

I promised to keep you updated on the Local Area Partnership (LAP) initiative and also with the ongoing conversation around the Traveller and Gypsy situation.

As far as the former is concerned the long-promised Parish Summit took place on 15th October at Barbon Village Hall. Those attending included County, Parish and District Councillors and officers from the County and District including SLDC's Chief Executive, Peter Ridgeway. The background to this initiative is as set out in full in my article in the October Lookaround. The evening began with presentations from officers followed by detailed discussions amongst all those present on the nitty-gritty of the proposals. Bearing in mind that the aim is for Parishes to work more closely together on issues that would benefit from a joint approach (without in any way prejudicing the autonomy of the individual Parish Councils), a lot of the discussion centred around what the boundaries of our LAP would be. At present the proposal is

3pm Saturday 8th November

St Andrew's, Sedbergh

TEDDY BEAR SERVICE

for 0 - 5 year olds

This will be a short service
for young children accompanied
by a parent or carer.

There will be stories and music followed
by refreshments.

Bring a favourite Toy

that the Parishes of Sedbergh, Garsdale, Dent, Middleton, Kirkby Lonsdale, Barbon, and Casterton be linked together but there was quite a strong feeling in the room that this should be extended to include the Parishes of Mansergh, Killington and Firbank. How do residents of these Parishes feel about this? Please let me know. The other matter arising, and which was hotly debated, was the role of the Co-ordinator who would be appointed to act as a one-person secretariat in support of the LAP. The feeling of the meeting was that this person should act as a servant of the LAP and not simply as an appointee of the County or District and would effectively co-ordinate the work of the LAP throughout her/his area. The meeting concluded with cautious views of support being expressed from nearly all those present and a desire to proceed to the next stage of consultation with a view to ultimate implementation once the details had been finalised. Personally I am broadly in support of these proposals for "locality working"

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and don't necessarily see this as adding an extra tier to local government (which is the fear) but rather as a way of helping the existing structures to work more effectively and in a joined up way. We should all benefit; Parish Council's may well be granted enhanced powers and, who knows, it may even attract more people to becoming involved in local politics!

The above meeting was followed quickly on the 17th October by a meeting of the South Lakes Multi-Agency Group on Traveller and Gypsy Issues at the Kirkby Lonsdale Institute. As at the first meeting, representatives from the Police, County, District and Parishes

(Councillors and officers) were present together with representatives from Eden District Council. However we were all very disappointed (and I expressed my own disappointment in no uncertain terms) to find that there were no representatives from either the Highways Agency, Lancashire County Council, North Yorkshire County Council or the Travellers themselves despite Cumbria County Council having been asked at the last meeting to arrange this. An undertaking was given that all the relevant parties would be approached and best endeavours used to secure their attendance at future meetings. Most of the remainder of the time was taken up by a presentation from the village of Melmerby on the steps which they had taken to prevent the annual dislocation of their community by very large numbers of Travellers being present before, during and after the Appleby Fair. The problems encountered by them are not dissimilar to our own and we hope that we can benefit from their experience before June 2009 comes around. There is still a great deal of local feeling over this issue and officers of the various bodies were left in no doubt that strong action needed to be taken before, I am tempted to say, the next "invasion". Continue to watch this space for further developments. The next meeting is likely to take place in December.

Many of you will have read the letter to Cumbria Tourism from Sandra

(Continued on page 10)

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Director of Music:
Alan Lewis B.Phil, LTCL, NABBC.

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on
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Gold-Wood and Keith Wood, a copy of which was printed in the last issue of the Lookaround. Being issued by Cumbria Tourism with a Lake District logo to display in the window of their B&B situated in THE YORKSHIRE DALES NATIONAL PARK beggars belief. And I share the concern of Sandra and Keith and other B&B'ers who have expressed similar views. Consequently I was very pleased to have the opportunity to raise this matter at a recent Yorkshire Dales Tourism Conference which I attended in my capacity as a member of the Board of the Yorkshire Dales and Harrogate Tourism Partnership. The response at the Conference was one of disbelief and the Chairman of the



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Board gave me his personal assurance that he would take this up with the relevant authorities. I shall make sure that he does so and will raise the matter again at the next Board meeting due to be held in December.

I had a very interesting morning recently at the Castle Green Conference Centre where I attended a mini-conference on Ethical Governance – looking at standards in public life and how they are developed and regulated.

Finally just to keep you in the picture, as a member of SLDC's Planning Committee I shall be attending a site meeting at Old Hutton on the 22nd October to look at the site of the proposed new Wind Farm there. The present timetable is that this will come before the Planning Committee for adjudication on the 30th October. I have spent a great deal of time over the last few weeks fully acquainting myself with the issues and I hope that at the end of the day my vote will be cast in such a way that balances the need for clean and sustainable sources of energy against the impact which this is clearly going to have on our local environment.

As always Peter and I are only a phone call or an email message away and can be contacted on:

Ian McPherson: Tel. 015396 20648

Email:

ianmcpherson24@hotmail.com

Peter Woof: Tel. 015396 20857

Email: peterwoof@hotmail.co.uk ►

FLICKS IN THE FELLS

After a brief hiatus over the summer to allow us to escape from flickering projectors in darkened rooms and enjoy the summer sunshine(!) we're pleased to announce our screening dates for the next few months at the People's Hall.

But firstly an apology to everyone who bought tickets for *Mamma Mia!* on the 25th October. We were as disappointed as you undoubtedly were to have to postpone the screening. Unfortunately Filmbank, the film distribution company we deal with, were asked by the film's owning studio to cancel all booked screenings of the film following the theft of a DVD copy, presumably by someone intent on producing pirated *Mamma Mia!* disks. We very much hope to be able to show *Mamma Mia!* at our December screening, and hope the alternative feature we showed - *Indiana Jones and the Kingdom of the Crystal Skull* - whilst perhaps not being quite so full of songs to sing along with was nonetheless enjoyable. As an aside this incident gives the lie to the DVD pirates' excuse that theirs is a 'victimless crime'. In this instance there were certainly a lot of disappointed people (as well as all the extra time and effort involved in booking an alternative film, redoing all the publicity etc.).

BAUGH FELL
COMMONERS ASSOCIATION

AGM

7:30pm 11th November
People's Hall Committee Room

MZETAMZE

(SUN OF SUNS)

A Concert of

Traditional Georgian Music

12:30pm

Tuesday 11th November

Brigflatts Meeting House

Donations towards

Georgia Relief

In November we couldn't find a Friday or Saturday night free at the People's Hall, so we've opted to show a film on the evening of Wednesday 26th (details to be announced but too late for this issue of *Lookaround*) and in December we'll be popping the popcorn on Saturday 13th, perhaps with two showings of *Mamma Mia!* - a matinee and evening screening.

We're currently looking into the viability of showing family films on a Saturday afternoon. At our matinee screenings last year we were struggling to break even due to low audience numbers and we'd welcome any feedback or suggestions. Were the films on too early or too late? Would you prefer new releases or old favourites? Any comments will be gratefully received.

Flicks in the Fells has recently undergone something of a reorganisation, with the formation of a new committee to oversee the running of the cinema. We are still operating out of Sedbergh & District Community Office where you're very welcome to call in to buy your advance tickets for films or for details of future screenings. ►

SETTLEBECK HIGH SCHOOL

Gifted and Talented

It has been a busy term for our Gifted and Talented students with lots of projects underway. On October 15th two year 10 students, Luke Ingham and Ellen Adams took part in a 'political speed dating' event. Luke and Ellen had the opportunity to quiz counsellors for 3 minutes on the topics that concerned young people. Keeping with the political theme, two of our students will be meeting Tim Farron MP in November at his youth forum. "When we got there we discovered the students from the other schools were sixth formers, but we didn't let that put us off" said Luke. "It was a really enjoyable day. We got to ask councillors a lot of questions about things that really concern young people".

Thirteen Year 8 and 9 students will be getting the chance to practice their legal skills when they take part in the Magistrate's Court Mock Trial Competition. Students will compete against other schools by taking on the roles of lawyers, witnesses, magistrates and court staff in a live format at Magistrates' Courts using a specially written criminal case. Their performances are judged by real magistrates and other legal professionals. If successful, Settlebeck students could find themselves taking part in the National Final at Manchester in June.

November 7th is National Takeover Day and one student from Settlebeck

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is in with a chance of being the Chief Executive of Connexions, Cumbria for the day. Harry Porter is our chosen candidate and he will have to go through a rigorous interview process by a panel of his peers. Fellow Settlebeck students Phillip Baines, Joe Clare and Emma Rennison will be on the interview panel along with students from other local schools.

Presentation Evening

On the 14th October, last year's Year 11 students returned to Settlebeck for Presentation Evening. This was the group of students who gave

Settlebeck its best ever GCSE results and it was a pleasure to welcome them back. They received their exam certificates and for the first time we awarded

prizes for achievement in particular subjects. Some of these prizes were sponsored by local businesses – Brainchild, Cobble Country, Dolphin Stairlifts, Farfield Clothing, Me-and-Us, Powell's, Steadman's, The Roof Box Company, Westwood Books, Peter Woof and Zen Cabins. If you would be interested in sponsoring these prizes next year, please contact Karen Davies, Deputy Headteacher.

Staff appointments

We have restructured the pastoral system at Settlebeck. Heads of Year are now Student Progress Leaders



(PPLs); this is more than just a change of name though. PPLs will now be responsible not just for the pastoral care of our students but will have a much more active role in ensuring their academic progress and putting into place a series of interventions when students are falling short of their targets.

Young Enterprise

A number of Year 10 students are in the process of setting up their own company at Settlebeck as part of the Young Enterprise Initiative. Students will get the opportunity to run a real business and take part in local, regional and national competitions. The company will be designing and making signs and stickers so keep an

eye out for one of their adverts in Lookaround.

A request

Settlebeck, along with the vast majority of secondary schools, has a small number of students who smoke. Whilst we are making every effort to prevent this from happening we would appreciate it if any member of the public who sees one of our students smoking would contact the school.

Sport

Settlebeck netball teams played Appleby Grammar on the 17th September the results were:
Year 8: 31 – 8
Year 9: 22 – 11
Year 10: 23 - 2



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SEDBERGH RED SQUIRREL GROUP

Good news of any kind, especially if it is not related to the stock market, seems very welcome at the moment, so it is a pleasure to report that 'Red Squirrels are making a comeback!'

There has been much written about the demise of the British red squirrel in favour of the introduced American grey. About 15 years ago, many people in the north of England realised what was happening and formed Red Squirrel Conservation Groups in an effort to save this beautiful little creature. The groups have increased in strength and numbers so that Cumbria is now about 90% covered by volunteer groups which are all run independently but are under the umbrella of Northern Red Squirrels. The Sedbergh network numbers over 50 people, devotedly working to ensure the survival of red squirrels in this area. In 2007 it seemed as though we were losing the battle because no matter how hard we worked the greys seemed to just keep coming and coming. However, the results in 2008 have been very encouraging, with more and more people getting involved, controlling the greys and thus enabling the reds to breed well and disperse into new territories. Red squirrels now are likely to be seen in Cautley, Ravenstonedale, Mallerstang, Garsdale, Dentdale, Barbondale, Killington, Howgill and with help from residents, we hope to add Sedbergh to that list soon. Throughout the



summer there have been dozens of sightings of reds in places where they have not been seen for years and many households are seeing them regularly in their gardens – up to 7 at once in one location. This story has been repeated over the whole of Cumbria and much of Northumberland but only where there is consistent and ongoing grey control.

Unfortunately red squirrels cannot survive in an area where there are greys. The grey squirrels carry the Squirrel Pox Virus to which they are immune but which they pass on to the reds leading to a long, painful and distressing death. Recent news reports claim that some reds are becoming immune to SQPV, which is an exaggeration of the fact that a very few reds tested after their deaths from other causes were found to be carrying antibodies to the pox.

St. Andrew's Church
Sedbergh

Christmas Fayre

Saturday 15th November
People's Hall 11am - 2pm

Admission 50p
Children FREE
Cakes - Lunches - Preserves
Gifts - Books - etc

Research is being carried out on these few data as well as on a vaccine against the disease, but it may be another 10 years before there is a viable treatment or real evidence that any reds have become immune. Even if the effects of SQPV are eradicated, there is still the problem that the greys will always bully and out-feed the reds, leading to their decimation.

Obviously not everyone shares our views that the greys should be culled but please consider the following:

- Compare the quick, humane death of a grey to the prolonged, agonising death of a red with the SQPV.
- The reds are making a comeback only where there is consistent and ongoing grey control.
- Grey squirrels not only drive out the reds but will destroy trees, eat bird eggs and young birds causing devastation to local and national bird populations
- Imagine the north of England as one huge red squirrel reserve! Not only would it be a wildlife conservation success but it would

provide a tremendous boost to the economy with a sign at Junction 35 of the M6 saying: 'Welcome to Red Squirrel Country!'

What can you do to help the red squirrels? If you are lucky enough to have them on your property, please provide supplementary feeding to help them keep strong throughout the winter – suggested foods are hazel (cob) nuts, peanuts, chopped carrots and apple. Pre-mixed squirrel food and all other squirrel and bird supplies are available from outlets such as the Birds Bistro in



Penruddock, near Penrith. Try experimenting with small amounts of other foods and let us know your results, but please don't forget to keep all bird and squirrel feeders clean and disinfected. Supplementary feeding is a good way to monitor the distribution of reds and greys so please help us by reporting your sightings. We would like to hear if you are already doing grey control or if you wish to be involved in any way with the group, either as an active member or just a supporter.

Happy Red Squirrel watching!
015396 25453
www.northernredsquirrels.co.uk



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ROOT AND BRANCH

Two news stories have caught my eye recently: the possibility of developing a vaccine against breast cancer and the debate in the Westmorland Gazette about fluoridation of our water supply.

In Chinese medicine the concepts of root and branch treatments refer to dealing with the fundamental causes of a problem as opposed to simply removing the symptoms. In the case of breast cancer the root causes might include things like:

- Diet - in her book "Your Life in your Hands" Jane Plant makes a very strong connection between breast cancer and consumption of

dairy products

- Environmental toxins – specifically flame retardants and underarm deodorants are mentioned in the context, but the many other pollutants we are exposed to on a daily basis may also play a role

- Lack of exercise

And from a modern research perspective:

- Genetic predisposition
- Small number of children, short period of breastfeeding (or none)

So does a vaccine address the roots of the problem? Possibly for the last two causes listed, it does –in these cases you might say that basic

immunity is lacking and a vaccine may be a way to remedy this.

However the first three points are at the root of many different diseases so that addressing these issues would bring a wider benefit.

Fluoridation of the water supply is suggested as a means of addressing poor dental health in children, in particular dental cavities. Here the root cause seems obvious to many of us. Joan Shaw, from Sedbergh, wrote in a letter to the Westmorland Gazette of her four grandchildren, not one of whom has yet needed a single filling. She attributes this to their not having consumed large amounts of sweets and sweet drinks. In my family we have had the same experience: those of us (myself included) who visited the sweet shop on the way to school every day have lots of fillings. Those of us who consumed only limited sweets in childhood have perfect or near perfect teeth. In no way does fluoridation address this fundamental problem.

Fluoridation is a very poorly targeted strategy. It is aimed at the teeth of children, but fluoride penetrates all the tissues of the body, not just the teeth. In addition, the people who would ingest most fluoride are those who drink a lot of tap water, tea or coffee and those who use traditional water-based cooking methods (home made soups and stews, boiled vegetables, rice and pasta). This certainly means that many older people will consume more fluoride

than most children. This is particularly disquieting because fluoride can be taken up by the bones and cause skeletal fluorosis (a form of arthritis) and osteoporosis and this type of ailment is already a problem for older people.

Then there is the ethical question: normally medical treatment takes place on the basis of informed consent. I, for one, would not consent to the addition of fluorosilicic acid, a compound whose toxicity is comparable to that of lead or arsenic, to my drinking water.

Anyone interested in forming "Sedbergh and District against Fluoridation" please contact me. My telephone number is 015396 20972. In the meantime information is available on the website of the "Cumbrians against Fluoridation" website.

June Parker ►

ACUPUNCTURE



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Dip Ac, MBAcc

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Tel: 015396 20972

JOHN CYRIL HINDSON

Recently, Canon Alan Fell received from a friend, who had made a house clearance in Stockport, a beautifully preserved Bible still in its box, not quite so well-preserved. The Bible is covered in maroon leather and has a fine gold leaf illustration surrounding the inscription 'The God of Peace be with you A.D. 1919. PAX'

On the inside is a bookplate which reads as follows:

*In Memory of John Cyril Hindson
Bombardier R.F.A. Died Nov 30th
1918. This Bible was presented to his
family, on the occasion of the Signing
of Peace. June 28th. 1919 by
voluntary contributions among his
fellow-townsfolk of Sedbergh. 'Their
name liveth for evermore'*

The Commonwealth War Graves Commission casualty details describe John Cyril Hindson as the son of Mrs Frances Jane Hindson of Long Lane, Sedbergh and a gunner with the Royal Field Artillery who died on 30th November 1918. He is buried in Sedbergh Cemetery and has a CWGC headstone. His medal card



has the bare details that he was entitled to a Victory and the British War Medals but does not indicate the theatre of war in which he served. His photograph appears in *Craven's Part in the Great War*. His

SEDBERGH & DISTRICT

HISTORY SOCIETY

Wednesday 5th November

Ancient Fish Traps

Jack Manning

Wednesday 19th November

Kendal Carriers

Dr Andrew White

Friday 28th November

Annual Dinner

7 for 7:30pm

@ Sedbergh Golf Club

All meetings in Settlebeck High School,
start at 7:30pm unless stated.

Everyone is most welcome to attend any
or all of our lectures

Chairman: Richard Cann 20771

Secretary: Mike Beecroft 21878

Treasurer : Marlene Mason 20509

Member Sec: John Sibley 25024

death certificate shows that he was aged 20 and that he died in the 'Military Hospital Scotton RD'. Scotton is now included in Catterick Garrison. The cause of death is given as 'Influenza and Bronco Pneumonia', so he was a victim of the terrible influenza epidemic of 1918. The death certificate states that his profession was 'Gunner RFA Doctors servant'.

He was baptised in St Andrew's Church on 1st September 1898. In the 1901 Census, he was listed as aged two years; he and his mother were living with her grandparents, John and Mary Ann Hindson, in Weavers Yard. His grandfather, John Davidson

MUNCHEON MUSIC



SEDBERGH SCHOOL
WEDNESDAY
LUNCHTIME CONCERT
at 1:00pm
Wednesday 19th November

The Queen's Hall

Admission Free

Soup and a roll provided

Hindson (who was also living in Weavers Yard), and his great grandfather were both wood sawyers and his mother a 'charwoman domestic'. The family originated in Old Hutton. According to the 1881 census, John Hindson, sawyer and his wife, Mary Ann, both aged 57, were living at Bridge End, Old Hutton with John Hindson their son, a sawyer, aged 35 and Frances J Hindson, their granddaughter, aged 9. This research was done by Shirley Tebay, and Diane Elphick, both members of Sedbergh and District History Society.

Among the microfilm copies of the *Westmorland Gazette* for 1919 the

following entry was found in the edition of November 15th under the general heading of 'Armistice Day':

Sedbergh

At eleven on Tuesday morning a short service was held at the Parish Church, at which a good number assembled. Gifts of a Bible, suitably inscribed, have been handed to the widows or other near relative of those who, from the Sedbergh District, have fallen in the war.

As, in total, 38 men of the town gave their lives during the Great War, it is interesting that, as far as is known, this is the first Bible which has come to light. If any reader knows of any others or of any descendants of the Hindson family of Sedbergh, please do get in touch with the editor or the Sedbergh and District History Society.

John Cyril Hindson, who was probably known as Cyril as this is pencilled on the case of the Bible, died ninety years ago this month and he, together with all those men of Sedbergh, who gave their lives in both World Wars, will be remembered at the Service of Remembrance on 9th November. ►

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WESTMORLAND AND LONSDALE CONSERVATIVE ASSOCIATION

Sedbergh Branch Dinner 2008

The Bull Hotel, Sedbergh - Friday 21st Nov.

7 for 7.30 - Tickets £10.95

SPEAKER - GARETH MCKEEVER

Prospective Parliamentary Candidate

Tickets from John Beck 015396 22109

Sheila Capstick 20816 / Secretary 20034



FAMILY MUSINGS

Did you think it was a miss-print in the list of Contents? Thanks to a change of heart by our Editors Musings is back within Lookaround, many thanks to everyone who supported the notion of our return. I am limited to a very max 500 words so it could be that a longer version appears in Duo where the missing Musings can be located.

Who wouldn't want a "Designer" house? Not me! I enjoy reading the Homes and Property sections of various weekend newspapers and different magazines, also the Gardening Sections, and glean lots of Tips and Ideas, but I wouldn't want to live in the homes featured, mine is fine, dandy, grand, suits me down to the ground, all I need is more time in it. Partly to that end and partly to help the girls esp' the younger one, and partly because it is how I feel led I am going Part Time where I work Full Time and am changing to another job, more "hands-on" which is what I have always enjoyed. There will still be plenty of time to be "hands-on" at Duo as well and business is going

great-guns there, do hope you have partaken of the service they provide and enjoyed yourselves. When they had their opening night a friend who came is, as they say, "a dead ringer for Michael Winner" and someone said (to me) "trust you to get the food critic from the Times along", now - there's a thought!

Visiting son and T recently and admiring their new conservatory and hearing how it is very much appreciated as a Room Apart I heard hubby make the comment that we need one of those at home. Later that week as he returned from a meeting and I was watching one of the many rather silly programmes on TV but enjoyed not having to concentrate too much, he switched it off and made it quite clear it was stopping off! So I continued to watch it in the back-bedroom sat in the comfy chair, my "room apart" perhaps ? This does

SUB SOILING

Work Done

Ring Geoffrey

07812 384640

remind me of hubby's promise to fix me a light for my Sheep Pen so I can save on batteries, we have a Solar Powered Light waiting to be fixed..

It is great to get-together with friends and family and I have been part of some lovely times just recently, we ALL managed to meet up at son and T's and were able to hear all about her sisters wedding which had just taken place. When folks invite me, it goes in the diary and takes priority but it would seem that is not the "normal way of doing" as recently I invited a family member to something two months ahead to be told it was to soon to know what they would be doing (fair enough, we all get busy) but could he not pencil it in..?

Apparently not. Perhaps my suggestion was not very exciting to him, I will try again, and will not be put off!

The recent floods gave me a scare and probably our neighbours as well as our stream got blocked and the water flowed down the drive instead of the stream, we all struggled to get home that night and there was a lot of debris left behind. Part of the village hall was flooded because a drain in the road got blocked and three of us had to sweep and ladle the water away, not our first choice of Saturday eve entertainment but the banter was excellent!

It's good to be back. Take care.

Sarah ►

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Friday 21st November

Sedbergh Primary School

7.00 pm to 9.00 pm

Entry £1 to include

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Sedbergh Playgroup*

SEDBERGH & DISTRICT HISTORY SOCIETY

The first talk in the 2008/9 winter programme was given by Dr Eleanor Straughton on 1st October at Settlebeck High School. Dr Straughton is a member of Lancaster University History Department. After her research into common land for her doctoral thesis she combined with Dr Winchester on the Cumbrian Manorial Records Project. She is currently working on the Contested Common Land Project which is a joint venture with Newcastle Institute for Informatics, Lancaster providing the historians and Newcastle the legal expertise.

Although called common land it was in fact privately owned land on which another person had the right to take or use some portion of that which another man's soil naturally produced. This might include, among other things, the right to pasture and the right to collect peat and turves, known as turbary. These commoners were determined by residency or by owning certain properties. The landowner, usually the lord of the manor, had the right to various things such as minerals and timber. Today the details of ownership and rights are those shown on the Common Land Register.

Common land is nowadays largely restricted to higher land and is important for grazing as well as rambling and nature conservation. It comprises about 4% of England's land mass with Cumbria containing almost a third and Cumbria and North

Yorkshire combined comprising over half of the total.

In the past the manor court controlled the land with the heyday of the system being from the middle ages to c1720. The lord's representative was the steward and the jury consisted of the customary tenants. The court's purpose was to uphold the customary laws and to maintain good neighbourhood. This included, for example, setting the starting and ending dates for grazing, fixing flock numbers and having the ability to fine offenders. The number of animals allowed to graze the common could be determined by the number that could be kept through winter in bye-land, a method known

Multiple Sclerosis



Saturday 22nd November

People's Hall

Tables £7

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Sandra on 07815 069394

as levancy and couchancy. Another method was stinting in which a limited number of stints or gaits was allocated to the commoner. The number of animals in a stint varied with the type of animal, e.g. 1 cattle = 4 sheep. If a commoner was too poor to make use of his stints he could sell or let them to another person thus producing a useful income.

For various social and economic reasons the manor courts declined in importance but some survived into the twentieth century, the one in Sedbergh closed in the 1930s. They have been replaced in a variety of ways including the formation of commons associations. Historically the most important cause of the loss

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of common land was the enclosure acts which reached a peak in the years 1760-1860. Enclosure was driven largely by food crises and scientific improvements in the methods of farming needed to raise food production. However, in the second half of the nineteenth century the tide turned and tourism and the desire to preserve open spaces for recreation became important causing the demise of enclosure.

In the second half of the twentieth century a Royal Commission on Common Land investigated the problems and made recommendations. This eventually led to the Commons Registration Act of 1965 which has generally been recognised as a bad bit of legislation. The Commons Act of 2006 attempted to rectify the problems caused by this previous act and the survey on which Dr Straughton is working is an investigation into the effects of the 2006 act.

Dr Straughton's talk was a tour de force by an extremely able young academic and the audience warmly endorsed the chairman's vote of thanks.

Richard Cann ►

Workshop for Strings

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Penny Legat, Alice Hurley, Anthea Meuli

Sunday 23rd November
at Sedbergh Primary School

11.00 a.m. – 4.15 p.m.
3.45 p.m. Play-through for parents and friends
(open 10.30 onwards ready to play by 11.00)

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Booking & enquiries to:
Anthea Meuli
Tel: 01539 720304
Mobile: 07835 497375
Email: a.meuli@talktalk.net

CUMBRIA WILDLIFE TRUST

Towards a living landscape

This time last year, Sir Martin Holdgate spoke to us on Climate change. He returns on November 26th, 7.30pm at Settlebeck School. His talk is entitled "Towards a Living Landscape". Cumbria Wildlife Trust is part of a national project to put the vision of a "Living Landscape" into action. We hope all who have any interest in our landscape and its future will join us.

Wildlife needs our help. Climate change means many plants and animals may face extinction unless they are able to move in search of suitable conditions: a 2°C rise in

temperature will shift the natural range of some species over 150 miles to the north or nearly 1,000ft up the hillsides. Wildlife needs to adapt, and for that to happen, we need to address the whole landscape.

Critically, we need to restore healthy, living landscapes that can help to alleviate floods, control pollution and help us cope with extremes of temperature.

To help the natural environment survive these dramatic changes, Wildlife Trusts around the UK have an ambitious vision known as A Living Landscape. Throughout the UK, in urban and rural areas, The Wildlife Trusts are putting this vision into

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and give live demonstrations of your options**

Dent area residents come along on
Monday the 10th of November 2.30 to 8.00pm
The Sedgwick room, in the memorial hall

Sedbergh and Cautley residents come along on
Wednesday the 19th of November 2.30 to 8.00pm
URC School room, opposite Joss Lane car park



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practice.

"To adapt to climate change, the UK's wildlife will need to move along 'climate corridors' up and down the country, or to shadier slopes or cooler valleys. Wildlife has done it all before, after the last ice age, but this time the change is faster and there are unexpected obstacles: cities, motorways and expanses of hostile countryside.

If we don't give our wildlife enough room to manoeuvre, a collapse in biodiversity is inevitable. For decades we have been slowing the decline in biodiversity by protecting small oases of wildlife as an emergency measure. Now, in the face of climate change, it is essential that we link these oases and restore our ecosystems and natural processes at a speed and on a scale that we would once have felt was impossible.

Different parts of the UK will need to take different approaches, depending not only upon natural habitats but upon local social and economic needs. And change on this scale needs deep-rooted support across many constituencies.

Driven by local people and aspirations, The Wildlife Trusts play a leading role not just in developing the vision but in mustering the support that can allow communities to drive their own change. We do this by working closely with community groups, businesses, land managers and local authorities on landscape-scale projects around the UK.

JOHN SOUTER

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Any Time

We look to the Government to show leadership also. The Government needs to be brave enough to remove the obstacles preventing our wildlife from adapting; to buy more time by resolving to reduce our greenhouse gas emissions; and to show political will by serious investment in rebuilding biodiversity on a landscape scale. We need to create our Living Landscape now. Our window of opportunity will soon close."

Stephanie Hilborne, the Chief Executive of The Wildlife Trusts.

Further details from the Wildlife Trusts website www.wildlifetrusts.org
Hoping to see you there.

Susan Garnett (21138) ►

AFFORDABLE HOUSING

We need your help!

If we want our children and grandchildren to enjoy the same high quality local services that we ourselves enjoy today, it is clear that we need to build more affordable homes.

In spite of support from SLDC and the Yorkshire Dales National Park, too many affordable houses are not being built and of those that are, many end up going to people from other parts of South Lakeland. Furthermore, it is often the case that housing classified as 'affordable' gets sold on in the normal market and is then lost forever to the local families who need it most.

We need to make sure that affordable housing does get built, that it gets given to people who are from the Sedbergh/Kirby Lonsdale area and that it is at least partly owned by the local community in perpetuity.

This sort of affordable housing is already a reality elsewhere in South Lakeland. In Coniston/Torver planning consent has been given by SLDC & Lake District National Park for 30 affordable houses, all of which are designated for local families. This housing stock is partly owned by the local community and will continue to provide affordable housing for years to come.

Although we are local Conservatives we believe that this issue is too

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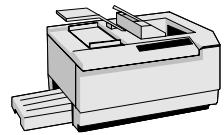
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important to be politicised and we are therefore looking to set up non-partisan affordable housing action groups in Sedbergh and Kirby Lonsdale. We want to work constructively with the National Park and with SLDC to make sure that affordable housing becomes a reality.

Community Land Trusts (CLT's) is one option that we think is particularly interesting.

Community Land Trusts are established in communities to acquire fixed assets and to hold them in perpetuity for local use. They work on a non profit basis raising money from new sources and unlocking other resources, to provide and manage housing, workspace, community buildings and green space.

Within the last 12 months over £2m has been put into a Community Land Trust Fund from which local groups can apply for help in getting started and for feasibility and technical

assistance.

We would like to explore forming a local CLT that would be strictly non-partisan and at this stage we are asking for anyone who is potentially interested to contact us as an initial step towards exploring establishing Community Land Trusts or something similar in Sedbergh and Kirby Lonsdale.

We would thus be grateful if anyone interested in helping to build more affordable houses in Kirkby Lonsdale and/or Sedbergh would please contact us using the contact details below. We will then organise for local housing experts, including Anne Hall from Coniston/Torver, to come and advise how we should move forward.

Roger Read, Local Conservative Campaigner and Gareth McKeever, Prospective Conservative MP for Westmorland & Lonsdale

*Roger Read
Fern Cottage, Casterton ►*

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HOWGILL W. I.

Howgill Village Hall was the venue for the October meeting. President Mary Silva gave a warm welcome to members and visitors.

The five members who attended the candlelit evening at the Peoples Hall enjoyed music in candlelight chosen by members with a particular meaning, nostalgic, amusing or with a family connection. A real treat.

The Federation Walk from the village of Holme around Farleton Knott was also enjoyed. We are looking ahead to forthcoming events. The Annual Council Meeting at Kirkby Stephen, the Table Top Sale at Preston Patrick and the Quiz Night at the Bull Hotel, Sedbergh.

The next Howgill Hikers walk will be held on November 9th and led by Leslie Hennedy.

October was the Annual General Meeting and time to welcome our guest speaker Ruth Rigg from the Executive Committee. Ruth Guided us through the vote for President. Mary Silva was elected and agreed to serve for the coming year. No ballot was needed as the present committee agreed to stand. Mary thanked the committee, and fellow members and everyone who helps our W. I. to function. The Appleby Cup for the Most Competition Points throughout the year was won jointly by Mary Stainton and Peggy Postlethwaite.

Settlebeck High School Christmas Fair

FRIDAY 28TH NOVEMBER
5.30 – 7.30 PM

- ** The "Green" Stall ** Tombola ****
- ** Raffle ** Homemade Crafts ****
- ** "50p" Stall ** Plants ****
- ** Homemade Produce ****
- ** Christmas Items ****
- ** Santa's Grotto ****
- ** Books ** Toys ****

**Admission: Adults 20p
Children 10p**

Long Lane, Sedbergh, LA10 5AL Tel: 015396 20383

JUMBLE SALE

Saturday 29th November

2pm in The People's Hall



Bric-a-Brac ~ Games & Toys
Raffle ~ Cakes & Refreshments

*Any jumble, bring to Hall on the morning
after 10am
or to collect,
Tel: Sandra on 07815 069394*

Over the last six weeks Ruth's feet have hardly touched the ground. As a member of the Lakes Flower Club along with three green fingered friends they spent a year planning an entry for the Southport Flower Festival. They were given a budget and a theme.

Using £500 worth of greenery they made a display measuring 14 square feet called the Liverpool Scene, featuring football and The Beatles to reflect the vibrance of the celebrations of Liverpool. They went on to celebrate with a Gold Award and winning entry. Being Chairman of Shows and Exhibitions means being involved setting up and staging in the W.I. Marquee at the County

Show and dealing with entries. This means a week of hard work behind the scenes. Next came a family holiday to Cornwall and Lands End. Highlights were the Eden Project and the Festival of Speed at Goodwood. Bridget Postlethwaite thanked Ruth for sharing her recent achievements and experiences with us.

The competition for a Vase of Autumn Leaves was won by Bridget with Helen Beare second. Raffle winner was Bridget. The evening rounded off with a sing song with Helen and a Jacobs Join supper.

We meet again on November 6th at Firbank when we will be Cruising the Canals with David Allison. Do join us. New members welcome. AH ►

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DENTDALE CHRISTMAS MARKET

The first Dentdale Christmas Market will be held on Saturday 6th December in and around St Andrew's Church from 11am to 4pm to help raise money for the Church Roof Repair Fund.

Here is some recent correspondence.

Dear Father Christmas,

We would like a new roof for our church it leaks and the plaster is falling off. Can you fix it?

The Good Folk of Dent

Dear Good Folk of Dent,

I am quite busy with my workshop and the elves are keeping them in good order so I can not fix it, but if you work very hard and make Dent a place I could come and visit on the 6th December, I will call in and see you all.

Father Christmas

Dear Father Christmas,

The Church Roof Committee (aka Raise the Roof) have been working hard to make Dent a magical place on the 6th December. There is to be a real Christmas Market selling Home Made Cakes, Biscuits, Christmas Cakes and Puddings. Turkeys and Geese, Local Produce Jams and Pickles and Delicatessen. They are to have Mulled Wine and Gluhwein for sale (I think the mums and dads will like it). There is to be a real Treasure Hunt for all the family. People will be singing Carols and



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Live Music. There are going to be lots of stalls selling Jewellery, Cards, Toys, Walking Sticks, Soaps, Woodturning, Winter Clothes and much more so you can get your special presents for Mrs Christmas whilst you're here. And guess what else? We have a real nativity taking place. There is such a lot happening. Do come and see our new Christmas Lights on our Christmas Trees. Yours,

The Good Folk of Dent

Dear Good Folk of Dent,

The Christmas market sounds like one not to be missed. I will be there and will buy some great presents for Mrs Christmas. She is such a help with the reindeers. I think I might buy a cake or two and a glass of mulled wine, some earrings and I could always do with an extra toy or two. So that's a date 6th December 11 o'clock till 4. All proceeds going to repair the roof. Lets hope you make lots and everyone has a good time.

Seasons Greetings

Father Christmas ►

THE BRILLIANT TWENTY

On Sunday 28th September a brilliant twenty female team, 17 from Sedbergh (Becky Lowther, Chez Beechy, Sian Benson, Sue Park, Zoe Mitchell, Clare Cousins, Louise Scott, Olive Hunter, Kelly Cleary, Lorraine Kirby, Mags Hall, Michelle Middleton, Helen Greenwood, Jackie Alderson, Julie Sen, Joanna and Jess Thompson), Kerry Anne Hunter and Allison Currie and two ladies from Cerebral Palsy Cumbria and finally Sarah Finney from Cambridge University who made up the team.

They pulled Bombers 1.7 ton van from Devils Bridge, Kirkby Lonsdale 10.5 miles to Sedbergh in a excellent time of 3 hours 44 minutes 17 seconds. The crack and banter was good for the first 5 miles and the last 5.5 miles were sheer heaven when they could only open their mouths to survive. Chez and Sian remarkably yapped the whole way and Jackie contributed to the lovely natured water holes along the way. The marshals' were abused in English by one impatient driver who got his reply in the full French language.

Overall, after organising and taking part in about thirteen of these charity pulls this will rank as one of the best because of the Kendal and Tebay girls letting us down at the last minute. The sheer determination and will power of these girls to get the van



DRY STONE WALLER

All stone maintenance work undertaken including stone facing & pointing.

Contact

Paul Glover

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Mob: 07966 444210

e-mail:

paulpauloffthewall@hotmail.com



back to Sedbergh was brilliant. With donations and monies still coming in the final total raised will be over £800 and the Guess the Time £50 winner was Mr. Alan Lewis of Sedbergh Town Band with 3 hours 44 minutes 10 seconds only 7 seconds out. Big thanks go to John Metcalfe of Braithwaite's Coaches, Anthony Beck at Morphets Garage, Steve Middleton at Sedbergh Spar, Frame, Stue Proctor, Pete

Alderson, Bomber, Brenda and Steve Thexton, The Young Kidz Barbecue team, Deano at the Bull Hotel, Pauline Bainbridge and everybody who

supported us in any way. Thank you also for all the donations large, small and anonymous (you know who you are).

All the monies raised from the Pull will be shared between Cerebral Palsy, Breast Cancer, Cystic Fibrosis and the Special Care Baby Unit in Lancaster. Many thanks. Caspa ►

FROSTROW WI

Quite a few members missed the October meeting for various reasons , but, for those who ' made it' ,it was a delightful evening with Susan Garnett's slide presentation of 'A Tourist in Slovenia'. As a geographer, she gave us many interesting facts about this small country, the size of Wales - a country with diverse and dramatic scenery.

Susan has made several visits , some in connection with Zrece's twinning with Sedbergh , so we were given a real insight into its history and its people, who are immensely proud of their country, their traditions and the changes since Communist rule. She was warmly thanked by Dorothy

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Gerrard.

Our President gave news of Pauline ,our Secretary, who is still unwell ,but sent her love, as did Nora who is now home from hospital. We remember them both.

During the business meeting, we heard how enjoyable the Ingleborough walk had been for our more energetic members, also what a pleasant evening others had at the Candlelit Evening in the People's Hall. Several members will be attending the Federation Annual Council at Kirkby Stephen on 18 October and Christine Sheppeney and Denise Thomson are joining others for the Dance Day at Endmoor.

A Federation Quiz Night takes place at The Bull on 27 October. We wish our team , 'The Frosties' , the best of luck!

At the first meeting of the Book Club Esther Freud's book 'The Sea House' was discussed . Books to borrow are available at our meetings.

The November meeting is the AGM followed by a social evening and Jacob's Join supper. ►

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SUN OF SUNS

Georgian women singing group Mzetamze, raising money for Georgian relief, Tuesday 11th November. This excellent ensemble of women singers from Georgia present the songs of women from their homeland in the Caucasus. As well as lullabies for one to three voices we find songs which have a magical effect on the weather and infectious diseases; songs associated with religious customs and round dances; songs which were sung whilst carrying out work traditionally done by women (such as the production and processing of wool or calming the cows during milking) and also comical and dance songs. The dirges which are still common in many parts of Georgia are particularly impressive.

Mzetamze means "sun of suns," a mythological name with female origins. With us, the sun also symbolizes the inherent self-confidence of Georgian women and a new approach to their traditional music.

In 1986, 6 women musicologist from the Tbilisi conservatory - Ketevan Baiaashvili, Nino Shvelidze, Ketevan



highlights rural touring scheme organised by Sedbergh CDC

Kathryn Tickell

The world's foremost exponent of the Northumbrian pipes, playing with brother

Peter Tickell

One of the UK's hottest new fiddle players

Friday 5th December
Sedbergh People's Hall
Doors open 7:30pm, Bar

Tickets: Adults £8, Child/Benefit £4,
Family £22

Bookings 015396 20125

(Sedbergh Tourist Information)

Nikoladze, Nato zumbadze, Nino Makharadze and Nana Valishvili - joined together to form an ensemble dedicated exclusively to the musical traditions of Georgian women.

On this day, you have the opportunity to hear them at a concert at Brigflatts Quaker Meeting House, Sedbergh at 12.30pm - donations towards Georgia Relief helping Georgian refugees and at the Castle Street, Community Centre, Kendal with a workshop to learn Gerogian songs at 7pm, and a concert at 8.30pm.

Further details from David Burbidge 015396 21166 or via www.lakelandvoice.co.uk

SAINT ANDREW'S CHURCH

The annual Bric-a-Brac sale took place on Saturday 27 September. It was a huge success, making a total of £1460. We were very fortunate in having a varied selection of donations, a collection of furniture , a large kitchen section, bedding and "collectables". The collectables attracted the dealers and trade was brisk as they raked through the items feigning horror when asked for more than a pound for any one item. The catering ladies, our unsung heroines slaving in the kitchen, served teas, coffees and lunches and made over £400. Our grateful thanks go to all those who helped to set up and man the stalls and to everyone who donated items.

The Harvest celebrations took place during the weekend 10 - 12 October with a special service on the Friday evening and two services on the Sunday. On the Sunday morning we were joined by the visiting Slovenian Firemen's Choir who sang two very beautiful and moving songs during the service. In the evening the Choir sang the new arrangements of the Magnificat and Nunc Dimitis composed by Mary Hamilton. Holidays and sickness had hampered rehearsals and there was some very intensive practicing during the preceding week but on the night all was well and the settings were greeted enthusiastically.

We are now looking forward to Remembrance Sunday on 9th



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November when we will remember the fallen of the two World Wars and those who have died since on active service around the World. Please come and join with us in the Parish Church at 10.30 am and afterwards at the War Memorial which will be re-dedicated following its refurbishment by the Parish Council.

Lastly a date for your diary. Saturday 15 November when the Annual Christmas Fayre will be held in the People's Hall. We hope to see you there sometime between 11.00 am and 2.00 pm. *Lavinia Mahon and Tony Reed Screen ▶*

DENTDALE FESTIVE LIGHTS

The Dentdale Festive Lights Committee inaugural meeting was recently held and the Officers were elected as follows:

Chair	Elaine Johnson
Vice-Chair	Margaret Taylor
Secretary	Belle Burrow
Treasurer	Lindsey Cragg
Members	Gerard Johnson

Wendy Hodgkinson

Well folks we have made it our mission to light up dent and show off our dale in true festive spender we have managed to secure 10 trees eight foot high from the forestry commission so all remains is to get them lit and here dear people of dent lies the rub. The stands, L.E.D. lights, cables, circuit breakers and electrician all amount to a staggering £200 per tree approximately.

This is the initial cost for the first year, after that of course the cost of having the lights tested each year is

minimal.

We have been given a grant of £500 from the neighbourhood forum.

Condor Farm have kindly agreed to purchasing a set of lights.

The Heritage Centre have also agreed to purchase a set of lights.

You may have noticed bottles in the pubs collecting your lose change for the lights (of course you did).

An Open Day is to be held in the Heritage Centre on November 8th. Do come along have a look at the sample tree.

The site for the trees are around the Dale, Gawthrop, Cowgill and dent village but dear friends, we still have a short fall of cash and an abundance of goodwill so if your looking to buy your special someone the gift of a lifetime or you wish to have some event marked, why not sponsor a set of lights approximately £200 giving pleasure for this and many Christmas's to come. Indeed if you are not a designated site and would be willing to sponsor a set of lights, we can provide the tree and stand. We will be placing a plaque alongside naming donors if they so wished. We also need two teams to help in the putting up and taking down of the trees.

If you can offer support both financial or practical, please ring Elaine on 015396 25213.

Here's looking forward to hearing from Santa's all around Dent. Scrooges may of course reply, after all, we are an equal opportunities committee

Elaine Johnson ►

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PEPPERPOT MUSIC MAKERS

A big thank you to everyone who rallied round and worked so very hard to make the Pepperpot Coffee Morning such a success and also to the Pepperpot Music Makers who entertained us throughout the morning. Thanks too to everyone who came along and supported them and gave so generously. A very useful sum was raised which will go towards the ESTA/Pepperpot String Workshop to be held at Sedbergh Primary School on Sunday November 23rd. An advert for this is to be found on page 23.

As mentioned in the October LOOKAROUND, “we are lucky enough to have Rachel Moore coming to direct the proceedings, so everyone will be in for a really good time - see Mary’s comment below. This is an opportunity for all young string players - and adults too - up Grade 4 standard to come along and it is entirely free for Sedbergh children, thanks to a generous grant from The Trott Musical Foundation. All Pepperpot Members are free too, as well as ESTA members, but others from outside the area will pay modest fees - see advert. The event is run jointly with the European String Teachers Association - Anthea Meuli, the secretary of the local branch, is also a Pepperpot Member. ESTA ran a similar workshop last November with Rachel as Director. Some children from Sedbergh attended and this was such a success that ESTA wanted to run another. We hope that

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the event will be one which Freda Trott would be very proud to have sponsored, through her amazing generosity to the young musicians of Sedbergh.”

Mary Ormerod commented after attending the week-long Young String Venture course, which Rachel ran in the summer : “I would recommend it to anyone learning to play a string instrument because no matter how short a time you've been learning, they've always got something for you to play.”

Application forms are available now from Andrea - see advert - or from me.

Shirley Smith 21196 ►

ORANG UTANS

Local graduate Fiona Eccles will travel to Ketambe research site in Sumatra this winter to carry out vital research on the impacts of illegal logging on orangutan feeding patterns. There are only approximately 6600 Sumatran orangutans remaining in the wild and they are now classified as critically endangered. Orangutans are declining rapidly in number due to habitat loss which is consequence of deforestation and the conversion to palm oil plantations. Extinction is therefore likely in less than 10 years. The project, co-ordinated by Dutch ecologist Dr Serge Wich, will aim to change logging practice so it is

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carried out in a more sustainable way.

The study will look at the effects of illegal logging on orangutan feeding habits and will compare food availability pre and post logging.



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"I'll be following them from when they get up in the morning to when they make a nest at night, recording the food they are eating and comparing it with records of their eating patterns over the past 30 years".

However, to embark on this trip, Miss Eccles must raise funds of £2500 and is appealing for sponsors in order to carry out this vital research. She must also raise £1000 to fund an Indonesian counterpart student to help carry out research and can be contacted on 21420 or e-mail: fiona.eccles@yahoo.com ►

SEDBERGH & DISTRICT ART SOCIETY

The first meeting of our winter season on 10th October got off to a great start with a watercolour demonstration by William Newton.

He worked at great speed on heavy paper because he prefers not to stretch paper first, beginning by using a big brush to dampen the paper everywhere except where he had done a preliminary sketch of buildings. Then he added washes and colour, "sculpting", as he called it, round the areas he was going to paint in detail later. Along the way he explained what colours he was favouring for this painting, one of the most unexpected being a warm orange.

William Newton achieved what many demonstrators don't --- he gave us just enough information to be helpful, he stood and worked in a position most favourable for viewing, and didn't crack too many jokes. In fact, his audience was so spellbound, he kept turning round to see if it was still there !

Our thanks go to St. Andrew's

Church for the use of the room.

The next meeting on 7th November at 7.30pm, same venue, will be a slide talk about Matisse, called "The Good Life" given by Margaret Cropper.

V. Finch ►

SKUNK IN DENT

A North American skunk was recently found in Dent and had to be dealt with by Vet Nick Preston who cornered it in a Dent Goose Shed, thousands of miles away from its natural home.

In its defence, the Skunk squirted Nick with spray which left him in excruciating pain and partially blinded when it squirted a substance similar to sulphuric acid into his mouth and eyes.

"It tasted awful and smelled absolutely disgusting," he said. "Fortunately there was a hosepipe close by and I was able to wash my face thoroughly, though the stink remained with me for quite a few hours."

The incident happened in Gary Dodd's smallholding in Dent.

"I went into the goose shed to let the geese out and saw this creature asleep in the corner," said Gary. "There was also a smell, a bit like a gas leak, and I knew straight away what it was so I called the vet to see if he could take it away."

The skunk, believed to be a male, reacted with its defence glands after Nick tried unsuccessfully to put it into a cat box. The Skunk was finally captured by an RSPCA officer but not before he, too, was treated to a liberal dose of skunk spray. ►



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LADIES N. F. U.

The Annual General Meeting was held on September 16th with a good attendance.

The President introduced Mr. M. Dawkins and a colleague from Sedbergh Lifeline who have us an interesting talk about how they started and the work they did in Sedbergh and most of Cumbria. This includes administering first aid, taking people to hospital, attending sports events, motor cross, shows etc., and this year they were on duty at the Southport Flower Show.

Afterwards we all enjoyed a delicious Jacobs Join Supper during which the new Vice-President and Committee were elected.



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FARFIELD CERAMICIST

Sedbergh ceramicist has been chosen for a prestigious craft event in Manchester, from October 23-26, 2008.

Rebecca Callis, who works in Farfield Mill, was chosen before an eminent selection panel (including Jo Bloxham, Tom Bloxham of Urban Splash's wife) to show and sell her work in Manchester.

The Great Northern Contemporary Craft Fair was set up by two Manchester women who have a passion for modern arts and crafts but were fed up of having to travel to London to visit a show, so they have spent the past two years setting one up to champion Northern artists - and aren't even getting paid for it!

The craft fair is full of cutting edge contemporary craft work, ceramics, jewellery, furniture and accessories.



POSTAGE STAMPS

The readers of *Lookaround* rise on a regular basis to help good causes both locally and nationally.

There is currently an appeal for all of your used Royal Mail Postage Stamps and as we are approaching Christmas, there should be many to donate. And where are they going? To help the Guide Dogs for the Blind and you will find collection boxes for them in Sedbergh Post Office and the Primary School.

The only request is that you either leave about $\frac{3}{4}$ " border round them or leave them on the envelope.



DENTDALE MUSIC FESTIVAL

Keeping music alive in Dentdale

Dent will once more ring to the sound of live music, singing and dance on the weekend of the 27th-28th June 2009.

A well attended Public Meeting held on Monday 13th October elected a committee to ensure the gap in the Dentdale calendar is to be filled resulting from the movement of the Annual Dent Folk Festival to a new venue outside Sedbergh. The initiative, begun by local musicians and other interested parties, was met with unanimous support.

It was made clear that there was no intention to emulate or compete with the Dent Folk Festival which has been so entertaining and enjoyable over the past years. MC ►

PAUL WINN

Recently, Paul Winn Appliance Services has purchased the business of Tooby's which is a well known established company selling many electrical appliances from Ingleton and Bentham which now has established aerial and satellite installation team.

The existing business of repairs to appliances will still continue but with an improved service of sales of new appliances and electrical goods in our area.

If you have any enquiries, the usual number of 21699 applies but with two numbers of 015242 41224 and 015242 61259. Please also see the new and amended adverts on Pages 24 and 68. ►

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CARERS RIGHTS DAY



The special "date" for this is Friday 5th December 2008 but in this area we are holding an event on Wednesday December 3rd as part of the weekly "Drop-In" for Carers at 5, Castle Street, Kendal.

There will be people present to give free advice about Benefits and other ideas for saving money as the theme this year is "Making The Most Of Your Money".

Refreshments will be available and If you haven't been before you can visit our office and see the lovely conservatory we use for the "Drop - In" and other events.

Please come between 11am and 2pm. If a lift from the bus station/town centre would help do let us know, there is some parking available on St Georges Walk, and by the sandwich kiosk.

South Lakeland Carers is based at 5, Castle Street, Kendal, LA9 7AD. Tel: 01539 815970. ►

SEDBERGH SWIMMING CLUB

It's been a great start to the year - already 140 members enjoying the benefits of the pool. It's great to see so many members enjoying the pool on Saturday mornings - please remember that all swimmers need to be covered by insurance while swimming so you must be a member! If you are not sure whether you are currently a member, (membership runs from Sept to July, same as school year) please check with us at the pool! It is not unusual for people to forget ... understand! I mean ... I HAVE occasionally been known to forget things ... As well as peace of mind from insurance cover, joining means that you are issued with a membership card showing full details of exactly WHEN the pool is open. This avoids those horrible days when you turn up to find there's no swimming... Swimmers without insurance send our merry band of voluntary lifeguards crazy with worry!!

Membership is still only £8 for a whole year for juniors and £15 for adults, session fees payable whenever you swim. Remember about the Swim n Gym deal which gives you a further £5 off!! We would also like to remind parents that after settling children in lessons it's best to watch from the balcony. We really appreciate your co-operation in this because it helps things to run smoothly and safely. Remember, remember, to swim be a member! Expensive it surely is not! You know the reason

Why every season,
Getting fit should be part of the plot!! ►

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SEDBERGH SCHOOL

Ben King and George Head of Sedgwick House at Sedbergh School are embarking on an Oral History Project in collaboration with the Sedbergh and Dent Oral History Project. They aim to produce a full bodied account on 'The Boarding Life' at Sedbergh School. The project includes talking to Old Sedberghians as well as matrons, maids and kitchen staff to learn about life in the houses. Those who worked at the school are important to the project as they were the glue sticking the boarding community together.

If you have worked or lived in a Sedbergh School Boarding House and are interested in contributing to the project please visit the school archives near the school library on Back Lane or ring the archives on 015396 22275 for more information or to arrange an interview. Or contact us directly at King02@sedberghschool.org or Georgeusrex@hotmail.com. ►

SEDBERGH & DISTRICT TOY LIBRARY

The AGM will be held in the People's Hall on Thursday 20th November at 2.30 pm.. The committee extends a warm welcome to all members past & present and to families wanting to find out more about the Toy Library. After the meeting tea will be served.

During December & January the Toy Library will be closed to enable the Committee to stock take & make any repairs to toys.

It is hoped that all toys on loan will be returned on December 4th. This is important so that we can carry out the work & so that you do not incur extra fees on the toys you have borrowed.

We open again on February 5th and look forward to a busy year in 2009►



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RECYCLING NEWS

The plastic recycling service in South Lakeland is provided in partnership with Barrow Borough Council. There are over 50 types of plastic in everyday use; our banks do not restrict the types of plastic that we collect.

The full banks are collected and

taken by our contractor to Barrow, where the materials are sorted for supply to processors. The plastics may require further sorting by the processor, which may be done automatically, for example by x-ray machine. The sorted plastics can then be recycled, which can be done by melting, shredding or granulating the materials ready for manufacture into new products.

There are many uses for recycled plastic, for example as clothing, garden furniture, pipes and tubes, water butts, plastic bags, compost bins, and of course recycling boxes such as those we use to collect your paper, glass and cans from the kerbside.

More information about plastic recycling is available at www.wasteonline.org.uk

We have produced a leaflet that contains information about each of the materials we collect for recycling. If you would like a copy it is available from our website, www.southlakeland.gov.uk or at the contact details below.

We have been advised by Cumbria County Council that the Household Waste Recycling Centre at Canal Head in Kendal will be closed for maintenance works from Monday 10th to Friday 14th November. If you require further information about this please telephone 01228 607644.

If you have any questions about recycling or waste minimisation please telephone us on 0845 050 4434 or by email customer.services@southlakeland.gov.uk

► Thank you for recycling.

SEDBERGH ALLOTMENTS PROJECT

Many readers will know that over the last 12 months the Community Office has been promoting the development of an allotment site at Birks Lane.

Good progress is now being made. The land has recently been fenced and over the autumn/winter period the individual plots will be marked out, new hedgerows planted, the existing overgrown roadside hedge laid and a water supply provided.

The development phase of the project has been funded by grants from Cumbria County Council's Neighbourhood Forum (£1,000), Sedbergh Parish Council (£1,000)

and Sedbergh & District Community Fund (£500). It is intended that the day to day running costs will be met by plot-holders' membership subscriptions. The project is grateful for all the support received and particular thanks are due to Tony Reed-Screen for making the land available at an affordable rent.

The hard work now begins! Transforming a field into productive allotments will present a considerable challenge but, before too long, Sedbergh should be making a small contribution to a more sustainable future by producing some food locally.

An Allotment Association is presently being formed but, in the meantime, please contact Jim Atkins at the Community Office for any information relating to the project. ►



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DAYS GONE BY

Extract from the *Westmorland Gazette*

The death has occurred at Sedbergh, where he had taken a house for a holiday, of Mr William Darwin eldest son of Charles Darwin, author of 'The Origin of Species' and other books on his theory of evolution. He died on 8th September 1914 aged 75. The report was in the *Westmorland Gazette* of 12th September. ►

SEDBERGH TOWN BAND

The Tenth Anniversary

Sedbergh School's magnificent Powell Hall was the venue for the Band's Tenth Anniversary Concert. Thanks to the much appreciated munificence of the Governors and the Headmaster, Mr. Christopher Hirst, the Band were able to accommodate an audience in excess of three hundred, a size well beyond the capacity of the more familiar location, the People's Hall.

The concert was the culmination of a series of events and ventures that had been organised for the past few weeks to mark this significant landmark in the Band's modern existence. "Modern" because until

1914 the Town possessed a band but in spite of efforts to resurrect it after the First World War it appears that the necessary interest, enthusiasm and funds were lacking. The Westmorland Gazette of the time reported that with the return of peace nine band members were still around and wished to reform. A meeting was organised, chaired by a 'Mr. Burton' with a view to raising funds for the repair and purchase of new instruments. No records exist of what transpired in the course of the meeting but one can only assume that the meeting, if it took place, failed to achieve its objectives and another eighty year had to pass before the desired re-formation was to take

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Pate with Garnish, Toast & Butter	£3.80	Breaded Scampi	£7.39
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Egg Mayonnaise	£3.60		
Grapefruit Cocktail	£3.60		
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Port in Pepper Sauce		Vegetable & Pasta Bake	£7.39
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Main Courses

Roast Dinner of the Day	£7.39	Macaroni Cheese	£7.39
Mixed Grill	£12.99		
Sirloin Steak approx. 8oz uncooked	£11.99		
Half Roast Chicken	£8.20		
Chicken Kiev	£7.39	Rice Dishes	
Lasagne	£7.39	Chilli	£7.39
Steak & Kidney Pie	£7.39	Chicken Tikka Masala	£7.99
Cumberland Sausage	£7.39		
Gammon & Pineapple	£7.39	Salads	
Barnsley Lamb Chops	£10.99	Ploughman's Lunch	£6.20
Marinated Lamb Steak (6oz)	£10.99	Cold Meat Salad & Roll & Butter	£6.99
Pork Chop in BBQ Sauce	£8.99	Prawn & Rice Salad	£6.99
Cheese & Ham Pasta	£7.39		
Tuna Pasta Bake	£7.39	Sandwiches	

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Menu

place.	anniversary thus sees the Band well equipped: over the years all the necessary items have been purchased according to priority and the health of the funds. Music and music stands were the first purchases followed by a uniform - initially of a military appearance (although in reality a set of fireman's surplus uniforms) and more recently replaced by the maroon blazer, distinctive badge, white shirt and black trousers. After much designing and discussion a touch of class was added by the Sedbergh banners that bedeck the stands. Prior to the trailer the last major purchases were a small
--------	--

The development of the Band had most modest beginnings - a few local people approached Alan Lewis with a request to be given an introduction to brass instruments. From this humble start the Band has developed into the forty strong collection of dedicated brass players who have had the privilege of sharing their enthusiasm with the loyal and appreciative audience in celebration of this anniversary.

A major material acquisition marking the tenth anniversary is a purpose built trailer that transports the considerable assorted paraphernalia required for each concert. The

(Continued on page 46)

marquee (in evidence at the Gala) and the portable, easily assembled staging that is used in every performance, effectively employed in this concert.

Naturally the most significant, ongoing expenditure has been the provision of, and continual upgrading of, instruments. A priority has been placed upon the acquisition of good quality instruments for the members of the Band as well as a plentiful supply for the youngsters who are so enthusiastically taking to brass thanks to the Saturday morning sessions in the United Reform Church.

For all the above the Band have been deeply indebted to successful lottery applications, the generosity of

a variety of funds, local organisations, patrons and the support of the people of Sedbergh.

A recent Arts Council grant added to the variety of ways in which the tenth anniversary could be marked. Funding was made available to organise five top brass instrumentalists to come to Sedbergh and conduct a masterclass with the Band in the morning and give a recital in the U.R.C. in the afternoon. The same source facilitated the commissioning of an original piece of music. Alan Lewis added to his fine range of compositions that are a significant element in the Band's repertoire with a piece entitled "Images of Sedbergh". In three



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movements Prelude (Black Horse) Pastoral (the Howgills) and Scherzo (Gala Day) the work brilliantly encapsulated the location and life of Sedbergh and its premiere was the concluding item on the anniversary concert's programme.

On sale at the concert were copies of the C.D., recorded at Dumfries in July. Also on view with the opportunity to place orders was the History of the First Ten Years of the Band. Lavishly illustrated the book gives a comprehensive account of the years from 1998 and includes a complete chapter devoted to the local opinion of the Band and its place in Sedbergh society contributed by

individuals and representatives of local organisations.

The programme for the concert was contained in a finely produced folder illustrating a few aspects of the Band's activities and generously sponsored by a number of local businesses.

The Concert itself was a great success. A large party of Band members and friends had spent the morning organising the staging, electrics and lighting and were rewarded by the productions of a setting that was the hallmark of professionalism. The audience were welcomed into Powell Hall by the

(Continued on page 48)

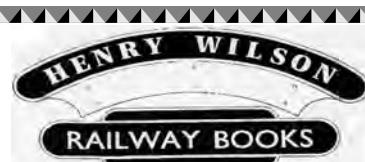
playing of two pipers splendidly attired in full Highland dress. The two halves of the programme were punctuated by performances from a group of Slovenians from Zreče. It was most gratifying that representatives from our twin town should specially travel to Sedbergh to participate in the concert. The leader, Samo, was already well known to many from the time when Zreče competed for the rôle of twin as well as from numerous visits to Slovenia by Sedberghians, not least the Town Band in 2005. A raffle was speedily and discreetly conducted with much of the responsibility for selling tickets taken on by the Saturday morning players who were to be seen on the stage splendidly attired in matching t-shirts sporting the Town Band's badge, drawing the winning tickets. One of them also presented Alan and Sarah Lewis with the means to spend the night and enjoy dinner at a top Lakeland hotel, a gift from the Band's members in recognition of his efforts on behalf of the Band over the ten years of its existence.

The concert was compered by Martyn Lewes of Radio Cumbria - his introductions to the various items were punctuated by well received anecdotes and comments. The first half of the programme started on a vigorous note with Alan Lewis's 'Tarka 1,2,3,' a march that in its title recalls the birth of Brian Waters' third grandchild, a poignant reminder of the Band's first chairman. The delicate wistfulness of "What a Wonderful World" provided a fine

contrast whilst the mood shifted again to the rhythm of the rumba with Alan Lewis's attractive composition entitled 'Rumbola'.

At this stage the Zreče singers made their first appearance: Samo and Barbara (a superb and distinguished opera singer) treated us to 'All I Ask of You' from Phantom of the Opera, a duet from Don Giovanni and Orion. Ana, the seventeen year old niece of Zdenka, Zreče's Tourism Chief, gave a haunting rendition of 'La Vie en Rose', the Edith Piaff favourite.. These and subsequent numbers were accompanied on the piano by eighteen year old Jezovsek.

The first half ended with three film numbers - 'Born Free', 'Hymn to the



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'Fallen', (from Saving Private Ryan) and 'Pirates of the Caribbean'. All three demanding pieces were handled with panache and were greeted with a warm and enthusiastic response.

The second half commenced with rousing march 'Men of Might' and then demonstrated the musical range of the Band with a fine performance of Gounod's 'Judex', a piece much respected in classical circles. 'Beyond the Sea' preceded the second appearance of the Zrece singers. A duet from The Merry Widow, a Slovenian folk song and 'Somewhere' from West Side Story completed their advertised programme, but in response to

encore requests Samo and Barbara were accompanied by the Band in a performance of the Frank and Nancy Sinatra number 'Something Stupid'.

The programme then finished appropriately with the commissioned work 'Images of Sedbergh'. However further calls for an encore resulted in the appearance of the two pipers who were accompanied by the Band in the playing of 'Highland Cathedral', an ever popular item in the piping repertoire.

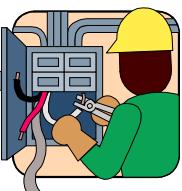
The National Anthem concluded the evening.

No concert can be successfully mounted without the dedicated efforts made behind the scenes. It is appropriate that in this anniversary year the Band should pay particular tribute to all those who over the years have so cheerfully toiled. The Band sincerely thanks all who have helped and specifically those who assisted in this concert: Jean, Shirley, Fay, Sandra, Johanne, Linda, Sheila, Kelly and Kay. Thanks to them a diverse, vital range of tasks were willingly undertaken and efficiently accomplished.

On the Sunday afternoon following the Concert Band members were able to entertain the Slovenian visitors at a barbecue held in the splendid surroundings of Ernie Hailwood's garden. The weather was excellent which combined with sausages and burgers from Garth Steadman, salads and puddings etc., provided by attendees combined to make for a delightfully convivial occasion.

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COUNCILLOR CORNER

My month began, or September ended with five days in the Carpathian Mountains in Romania at a place called Poiana Brasov where I was attending the Europarc Conference in my role as chairman of the Yorkshire Dales. Europarc is the umbrella organisation for all the protected areas in Europe, Areas of Outstanding Natural Beauty (AONBs) as well as National Parks. In fact the UK National Parks are counted as "Natural Parks" within Europe. To them, "National Parks" are more like the United States model, owed by the state and human beings more or less excluded.

Romania is one of the two newest

members of the European Union. Near the airport the scenery was flat, flat for as far as the eye could see in all directions. As we left the Bucharest area there was a great deal of redevelopment at the sides of the road by individual families. Apparently all land and property in Romania is now being returned to the heirs and descendants of the former owners from whom it was seized after the Second War. This in turn means that whilst some of it is being cultivated to a very high standard much of it, best quality arable, is now under-used or simply covered in dead scrub grass. Because many of the new owners have little connection with the lands of their ancestors many

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plots had signs proclaiming "Terraza de Vandeca", Land for Sale.

About ninety minutes into our journey from the airport the scenery changed dramatically. The low plains ended and the roads began to climb up steep valleys between the sharp high mountains of the Carpathians. The conference venue, Hotel Alpin is a newish construction and typical in style of many alpine ski hotels, indeed the whole of Poiana is being developed as a winter ski resort leading to obvious concerns for the delicate biodiversity of the area.

The conference itself was typical and not unlike the UK national equivalent which was held in Ambleside a fortnight earlier. Like the UK conference it is easy to mistake the event for a "Jolly" and no doubt many do. In fact, this was an opportunity to discuss future policy for areas like our own for the next twenty years with the key development officers from Brussels. It is significant that within Europe the EU model for protecting agriculture in the most severely disadvantaged areas is now seen as a failure, close on a disaster. Here in the UK it is being trialed as a replacement for the Hill Farming Allowance. The truth is that this "money forgone" model offers such a poor return and is of such complexity that quite rightly few farmers take part. In Spain, in Estremadura that has led to abandonment. That will not happen here but what incentive is there for those in their teens who want to take up agriculture ?

SAM KONCZYNISKI



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No, the model which should be used is that of the Environmentally Sensitive Areas introduced by our own MP Michael Jopling in 1986 when he was Minister of Agriculture. My deputy Harold Brown from Swaledale and I were making some progress with Jonathan Shaw, the Minister of Agriculture under Hillary Benn. It is unfortunate but typical that once he understood his brief he was moved. I expect to be meeting with Hillary Benn and probably Jonathan's replacement in November. I will be pressing for a re-think because as has been shown, the present policy is heading for a quiet disaster.

SEDBERGH AUCTION MART:

Here at Sedbergh, many will be aware that new plans have been submitted for the Auction Mart Site. Primarily they deal with many of the technical inadequacies of the earlier plans and it is not unusual in applications of this complexity to have new plans submitted. I always said that any development would take a long time. It is now October and as

(Continued on page 52)

yet no plans have even made it as far as the Planning Committee. When that does happen there will be a site visit before the plans are even considered. I would urge everyone who has a view either for or against to make it their business to attend.

There was some consternation at a recent site visit at Hawes when members of the public were limited to speaking on the narrow reasons for having the visit. Therefore I am drafting out the reasons why a site visit should be held at the Auction Mart Site in order that all relevant concerns can be looked at. If there is something I have missed, please let me know now. My draft reasons are, "This is a major development within

the park; to see the site itself and the balance between the proposed uses; the access to the site and the impact upon properties to the west, north and east; the impact on footpaths adjoining the site and public views of the site; the impact upon Sedbergh Main Street and Loftus Hill; to examine the impact upon retail and health service provision within the Sedbergh area; to examine the concerns of nearby property owners; the impact upon foul water drainage and ground water clearance; flooding risk".

DENT FIRST RESPONDERS: If you are not from Dent, please don't skip this paragraph, it is someone NOT from Dent who is required. As

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we all know mobile phone coverage is decidedly limited in parts of Dentdale. The way First Responders works is that they phone a mobile number which is then used to spread the message. Dent First Responders are in urgent need of someone from Sedbergh, where there is good coverage who would be prepared to take on this vital part of their role – please contact Jenny Pilgrim on 25560 or 25589.

GYPSIES AND TRAVELLERS: A couple of days ago we had yet another meeting. I suspect we are all beginning to be sick of the sight of each other as progress is decidedly slow. However, your four Sedbergh representatives all thought some progress was made. It is clear that we will have to make some offers at the next meeting in order to achieve some major improvements. We will be discussing this at the next parish council because as your representatives we now feel we need some guidance before we go back again. Interested parties might want to talk privately with myself, Dorothy Blair, Vic Hopkins or Ian McPherson

before the middle of November.

DENT ROADSIDES: Once again we are having problems with county highways, when are we not ? Cumbria have a flagship policy of not cutting the roadside verges until after the flowers have seeded. In theory this is excellent, in practice, certainly in Dent it has meant that woody vegetation and saplings have taken hold. This has made parts of the lanes even more narrow and potentially dangerous than they were. Also, the roadside flora has been smothered by the stronger species which should have been hacked back. Dent PC needs some support on this to make things better in future years.

ARMISTEAD WINDFARM: This application is likely to be heard by SLDC Planning Committee on 30 October. There has been a strong objection from Yorkshire Dales which I support 100%. In my view this is an extremely unfortunate application which will be very damaging for the Lune Valley. If it succeeds, as it might well, others will follow. I am not opposed to renewable energy, on the contrary. But, the way ahead is now very clearly from water turbines and ground source heating; both are a proven success in our area and no-one knows they are even there.

To contact me please ring 015396 20800 or 07980 844 695 (preferred) or email kjlanc@kjlanc.demon.co.uk or else write to me at Fellgate, Dowbiggin, SEDBERGH, Cumbria. LA10 5LS

Councillor Kevin Lancaster ►

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NEIGHBOURHOOD FORUM

A summary of the meeting from 9th September in Barbon.

Countryside Access Team

Eve Borrino, Countryside Ranger with Cumbria County Council, explained that the Countryside Ranger service has been in operation for three years since the introduction of Open Access land following the CROW (Countryside Rights of Way) Act in 2000. The Countryside Access Team has grown and now includes four Rangers who work with the Capita Rights of Way Team and local communities.

The Countryside Access Team has been involved, with partners, in Parish Paths initiatives and in Barbon provided the funding for better latches on gates. They offer training days for volunteers who work with Rangers on specific projects eg. planning rights of way, footpath maintenance, monitoring work etc.

Eve responded to concerns over blocked rights of way and explained these should be reported to the Countryside Access Team on 01228 226558.

She also responded to concerns arising from walkers being attacked (by livestock) whilst walking through cattle, explaining the issue from both the walkers and the farmers viewpoint!

Eve explained how people can input into the Rights of Way Improvement Plan, instancing a suggestion to develop the disused railway line between Hincaster and Milnthorpe into a multi use off road facility.

Eve can be contacted on 07789



603435.

Developing Local Partnerships

John Dyer, Strategic Partnerships and Performance Manager with South Lakeland District Council, explained that the Local Government and Public Involvement in Health Act 2007 and the recent Communities in Control White Paper, call for all councils to focus on their citizens and communities by giving them a bigger say in the services they receive and in shaping the places where they live.

In order to achieve this, Cumbria County Council and South Lakeland District Council are starting to work more closely together at a local level, and John stressed the importance of involving Parish Councils and local residents in this process. To this end a series of 'Parish summits' have been arranged throughout South Lakeland to which all Parish Councils have been invited to discuss how local partnerships could be developed.

John responded to comments and questions on excessive bureaucracy; the need for clearer information on who to contact about specific issues; what difference consultation with

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parish councils would make; political representation; who holds the money? etc.

John provided more information on the Parish Summits, adding that the County and District Council have agreed in principle on locality working, but the outcome of the parish summits will influence this decision.

Highway Stewards

Cumbria County Council has recently introduced Highway Stewards to South Lakeland.

Concerns were raised about how well Parish Councils are being kept informed about the system.

Appleby Fair Review Meeting

The Forum was informed about the liaison meeting which had been held in July following the issues raised at the previous Forum meeting. This group will continue to meet to ensure that parish, county and district councillors are involved in, and well informed about, the Appleby Fair arrangements. This will also help to keep all residents informed about the arrangements.

It was recognised that the Eden multi-agency approach was seen to

be an example of good practice, and the liaison group is intended to replicate this approach in South Lakeland.

The next meeting will be held at the end of September and it is hoped that representatives from Melmerby will be able to attend and give details of how they manage the influx of visitors for Appleby Fair. (*No update at this time*)

There was also a request that representatives from Eden and Lancashire should be invited to the next liaison meeting.

Meals on Wheels

The W.R.V.S. needs volunteers to assist with the Meals on Wheels Service. If you are interested in becoming involved please call 01229 894338.

NW Ambulance Service

The North West Ambulance Service employs the latest technology to find people fast in an emergency. Contact the Point Taken Team on 0845 1120019; complete the on-line form on www.nwas.nhs.uk/pointtaken or complete the forms available at the meeting to ensure your property is clearly identifiable on the North West Ambulance Service map. (*This was covered fully in the August Issue*)

Grants

Dentdale Memorial Hall

Requested £1,000 Awarded £500

Dentdale Festival Lights Committee

Requested £1,000 Awarded £500

The next Neighbourhood Forum will be held at Sedbergh People's Hall, 7.30pm on Tuesday 18th November. All welcome. ►

DENT FOLK FESTIVAL

Is On The Move!

As many of you will have heard the Dent Folk Festival is moving to a new site near Sedbergh. We wish to give you the background as to why this has come about.

In 2001 The Dentdale Business Forum secured funding for a regenerative event to take place in Dentdale following the economic damage done to the local economy by the foot and mouth epidemic of that year. Alec Lyon supported by Anthony Cheetham put forward a proposal to run a folk festival in Dentdale. Alec and Anthony organised The Dent Folk Festival.

It was a huge success. At the time it

was intended to be a one off but spurred on by its success Alec set up the festival as an independent voluntary arts organisation with the main aim of promoting the folk arts. Any economic impact of the festival was no longer its primary aim. We would like to stress the festival is not a commercial venture. It runs as a not-for-profit venture motivated by a love of live music. Under Alec's direction this organisation has gone on to find funding for and organise successful festivals in 2003, 2005, 2006, 2007 and 2008. There was no festival in 2004 as we failed to secure funding.

The festival has grown steadily and prior to the 2008 festival we knew we

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were getting close to outgrowing our existing site. The 2008 festival was a huge success and busier than ever, the only drawback being we would obviously have to start looking for a new site for 2009!

To stay on the existing site would lead to serious health and safety issues alongside a number of other problems.

Having to move site also gave us an opportunity to address securing enough income to run the festival in a sustainable manner. The public funding available to the festival is falling year on year making the festival as established harder and harder to sustain. We had to look for a way to make the event a totally integrated operation. The next part of the jigsaw is for the festival to have inclusive camping and hence income from this camping.

This has been given further impetus as people attending the festival continually ask us to run a festival campsite.

We looked at a number of sites in Dentdale but kept coming up against the same problems. Potential sites were flood prone, making insurance cover difficult, or simply too small for our requirements.

We had been told about a possible site near Sedbergh and at first had not considered it as it wasn't in Dentdale. However as we were unable to find a suitable site in Dentdale we decided it was worth a look. Apart from the fact it wasn't in Dentdale, it was exactly what we were looking for! The site even rivals

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our original site for its stunning views and location. So The Dent Folk Festival is moving to a new home for 2009 at Buck Bank Farm just outside Sedbergh. We are very sad to leave Dentdale, but to see the festival come to an end after six years of dedicated hard work would be unthinkable to those involved in it. We've had to take difficult decisions and move on.

We are forever indebted to the support of the people of Dentdale for helping us establish what is one of the best folk festivals in the country and we thank you most sincerely. We hope you will continue to take pride in the festival and remember we're only a few miles down the road, do come and visit us! We would also like to express our most sincere thanks to the local businesses that have shown us support and hope they will continue to do so. We are particularly

(Continued on page 58)

grateful as the local businesses that have given us the most support have had the least to gain by doing so.

Initially we had planned to change the name of the festival but we have had an overwhelming response from festival goers, funders, artists and national media to keep the name as The Dent Folk Festival. The festival is synonymous with world class live music in a stunning setting with a few midges, as nothing has changed, we are still The Dent Folk Festival!

Many Dentdale businesses are understandably concerned about the effect of the festival moving. We firmly believe that the festival will still benefit businesses in Dentdale. Many people attending the festival will still stay in

Dent because of the festival as well as making return visits at other times of the year. The festival's new site will allow the festival to grow and develop in a way it couldn't in Dent. This will increase visitors not just to the festival itself, but also to the whole local area, hence bringing more income to local businesses including those in Dentdale. As the festival is still to be known as The Dent Folk Festival it will continue to keep the Dent name in the national media.

Keep an eye on our website at www.dentfolkfestival.co.uk for the latest festival developments, you can also sign up to our newsletter to receive the latest news from the festival.

Dent Folk Festival, October 08 ►

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VOICES FROM THE PAST.

Over the past fifteen years, a number of us in the Dent and Sedbergh Oral History group have been building an archive of recordings of local people talking about their lives. The last century saw huge changes in practically every area of life, and we believe it's valuable to see these changes through the eyes of people who lived through them. How did our farmers feel when they got their first tractor and no longer had to depend on Neddy to cart their goods and cut their hay? What was it like to wash your clothes or milk your cows without electricity? What changes did

wartime bring to the area? The questions are endless, and it's fascinating to hear peoples' answers.

To give a flavour of the archive, here's an extract from the recording of an interview with the late Mary Ellison, who was born in 1909. Question: "Where were you born in Dent?"

Answer: "In Beech Hill...they've taken all the houses down now, and our house was just a living room with a bit taken off for a kitchen and a bedroom upstairs and a little bedroom at back against the staircase.

"My dad was joiner and undertaker at Cowgill. We had a shop at Lea Gate

(Continued on page 60)

and my grandma had a shop at Dee Cottage...We'd a big place behind the garden with three big chapel windows in and all pots, full of it, every pot you could want, tea sets, dinner sets. Travellers came on the train with the pots in bags and we picked what we wanted, and they sent them on the train in big tea chests and we put them in this place and folk came there for them all. Because they'd no motors, they had to take them home with the horse and trap or a horse and cart.

"We sold everything. We had a medicine licence so that we could keep certain sorts of cough cures...

We had chests of drawers with two of every size of underclothes and knickers and stockings and everything, we always kept so many slippers, bed slippers, for men and women in case folk were poorly and had to go away. If they went away they had to go on train and get taken to station in a horse and trap."

Question: "So there must have been quite a big population down at Cowgill to support that shop?"

Answer: "Oh there was ... take the Reading Room at bottom, there was twenty women members and nearly eighty male members, so it gives you an idea how many there was."

Question: "And what did they do down at the Reading Room?"

Answer: "Billiards, you'd a billiard table and you'd a back room, if you wanted you'd have a domino match in the billiard room and you'd have a potato pie supper in the back room.

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Everybody made big potato pies and we kept 'em hot at Lea Gate..."

Question: "So that was more popular than the pubs was it?"

Answer: "There was only Cowdub and nobody hardly went, you couldn't afford pubs, there were only two or three sat in, ...lads couldn't afford it, they'd get nothing a week you know, few shillings to buy some clothes. I worked, looked after my grandma and granddad and the shop at Dee Cottage from twelve and a half until I was twentythree and I just got seven shillings a week all that time. That's what I kept myself in clothes, with that. My grandma was a dressmaker and my mother was a milliner so they made all my clothes."

Question: "Did you leave Cowgill much, did you go to Dent or further afield?"

Question: "I'd bike to Dent and if I

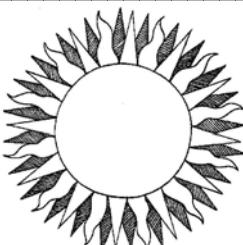
wanted, about beginning of December, dad would go to Carlisle on train to order his wood, it came by train you see, and I would go with him and take a big shopping bag, and Woolworths had just opened so I used to go and buy what I could carry for sixpence and bring 'em home, put 'em in shop and sell 'em for sixpence halfpenny. If we'd bought 'em off a traveller we'd have to pay nine pence for them all, so you can imagine what it was like."

I hope to bring you further excerpts from our archive in future editions of Lookaround. In the meantime, if you'd like to listen to more recordings and read the transcripts, you'll find the Dent and Sedbergh Oral History

computer at Westwood Books. Mark and Evelyn Westwood have kindly made space for us at the back of their shop and you're welcome to use the computer any time when the shop is open -if it isn't switched on, a member of staff will guide you.

If you'd like to get involved with our project please get in touch. We welcome support, especially for transcribing the recordings which can be a lengthy but most rewarding job. Contact via: email – antheaboulton@compuserve.com; telephone -015396 25321; address – Hobsons Farm, Cowgill, Sedbergh, LA10 5RF.

Anthea Boulton ►



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SEDBERGH SUPERMARKET

No! NOT a supermarket in Sedbergh, but Sedbergh Supermarket. We already have in Sedbergh shops which when combined can offer almost everything a supermarket can offer - but not quite everything.

When I was a kid in the war, I planned to lay nails on the road to bring German tanks to a halt, should they ever arrive in Britain. Little children have big ideas! But I must confess that the same thought went through my mind when I saw a Tesco van running round the lanes of Killington. I have nothing personally against those men and women who find remunerative employment driving

round Killington delivering goods from Tesco, but how have we allowed this to happen? There is no doubt that the big supermarkets are superb at giving the customer what they think the customer wants, and they makes sure that we do actually want it. They have made sure that even here, miles from the nearest Tesco, they bring us what they have educated us to want.

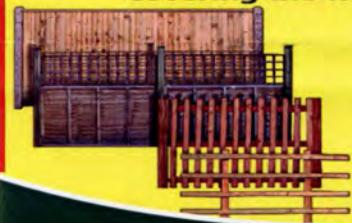
The shops in Sedbergh offer us all that anyone could wish for in the quality of its groceries - superb meat and fish, first class fruit and vegetables, the very best from the bakery, any pharmaceutical you need, papers and magazines and a wide range of groceries. What they do not offer are supermarket trolleys

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Someone please get out their calculator and work on the details.

Oh yes - and the trolleys. Why not install trolleys in the car parks so people can collect their goods and take them back to the car with the minimum of effort?

As for the cost to the consumer of buying in Sedbergh, I believe few people ever work out the true cost of travelling to a supermarket and buying there. Time is money. If you look upon a visit to a supermarket as a pleasant outing once a week, that is fine, though personally I would rather go and see a film or take a walk on the fells. If you are of working age and have a family, the morning or



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afternoon given up to supermarket shopping is time which you might have spent on a part-time job, on digging the garden, on painting the house, or enjoying an outing with the children. Put at its lowest level during a three hour trip from Sedbergh to Tesco's at Carnforth you could have been earning £15 or saving £20 on getting a decorator to redo the sitting room.

To that you have to add the cost in petrol and the wear and tear on the car to get to and from the supermarket. That adds up if you do the trip once a week. And is supermarket shopping really cheaper? Do you always stick conscientiously to the list you made and are never beguiled by the two for one offer? Do you never think to yourself that it would be good to have a few chilled meals at the ready, instead of a nice Steadman chop to go under the grill or putting some rice in a saucepan? Loss leaders are of course cheaper than buying locally and there are always special offers,

(Continued on page 64)

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but local prices can be very competitive. I have compared the price of a branded dog (no NOT a 'branded dog') - branded dog food. It was cheaper in Sedbergh. The cheap special offer is a source of excitement of course and the supermarkets know about the satisfying feeling the shopper experiences on getting a bargain. Shopping is never a rational activity.

Neither is it always rational to assure yourself that a free range chicken tastes so much better than a chicken with bones as soft as bendy plastic. I think it really does, but more important is the knowledge of how that battery fed chicken was raised.

Our retailers in Sedbergh only supply the best, which may sometimes be a little dearer, but not always. In our culture, cheap food is always good. It is not so in countries like France, where food is priority spending. Because food can give so much pleasure, they feel it is worth buying the best, perhaps at the expense of the latest video film or a lottery ticket.

We are lucky to live in a place like Sedbergh, but the icing on the cake would be a telephone/e-mail delivery service. If there is anyone out there with a van and a computer, I think the Chamber of Trade might be interested.

Maureen Lamb ►

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ZAK DAVID HALL

Well guys, time for another quick update on Zak's progress. Yet again our heads have been spinning on this rollercoaster we now call life. By the time this article goes to publish, Zak will have his new wheelchair (Yippeee!) Very special thanks goes to Carol and Geoff (note the spelling this time Geoff) at the chip shop for raising an astronomical amount of money to help pay for it. Thank you also to Christine and staff at the Post office, Rose Theatre group, Sedbergh Methodist Church, Jo and Darren Carradice and anonymous individuals who all kindly gave to the Zak Fund. Zak, in his vast 18 months, is

managing to clock up a fair old list of problems. His original diagnosis of Cerebral Palsy still stands, but has been nudged down the list of most troublesome. He also had the diagnosis of West Syndrome. We were recently very excited by the news that this had gone, only to have the cold bucket of reality thrown in our faces when they revealed that in fact it had progressed, giving Zak the new heading of Lennox Gastaut Syndrome. LGS is a very rare syndrome made up of severe and multiple types of epilepsy, Mental and physical deterioration and a very poor EEG reading. Zak is on a cocktail of

(Continued on page 66)

drugs to try to control his 40+ seizures a day, but LGS is notoriously difficult to control and will get worse over time.

I attended a poetry reading evening with my daughter Ashleigh a short while ago, where we had the privilege of hearing the work of talented writer's young and old. The evening was hosted by John Rice and he inspired me to attempt my own piece. A lot of people tell me how amazing I am and that I cope very well with all that Zak throws at us. All said and done, I am just a Mum. I adore my children equally and sometimes, yes, it is very hard. But a Mother's job is to love her children no matter what, and that is all I do. The poem I wrote

explains a bit about what happened when Zak was born and my feelings at the time. Hope you enjoy it.

He's my son

You lie there. Unaware of the panic that now surrounds you.
 Your head bobs with each compression. Yet still you lie there.
 You make no noise, while inside I am screaming.
 You have not yet been introduced, yet Daddy's heart hurts with love.
 I turn to him now, and wait...
 The silence is unbearable. I wait...
 A single tear runs slowly down his face. Yet still, I wait.
 I cling to hope and faith and pray that soon the silence will stop.
 You are fighting so hard, I can feel it.
 You already bare the scars of a courageous war.
 You are beautiful, perfect.
 Don't give up now.
 Brave warriors join you in your battle.
 They heard your silent calls for help.
 They take you from this fear filled room
 And surround you with warmth and your first glimmer of life.
 Comforted by the machines that now support you,
 We adapt to our new role as spectators of your fragile beginnings.
 The rise and fall of your chest is addictive to watch
 Not daring to look away, for fear it might stop.
 Your leg starts to shake. My heart misses a beat.
 You shake all over now, and an alarm sounds.



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Once again your silence is heard
 And the brave warriors return with
 unquestionable vigilance.
 They fill your precious body with
 healing liquid
 And you return to your silent post.
 Days go by and slowly but surely your
 enemy shows signs of defeat
 The rise and fall of your chest is
 fighting against the machines
 And you inhale your first scent of life.
 We are full of emotion as our skins
 touch for the first time
 We cry and imprint this memory in
 our souls
 We stare at this work of art, taking
 note of every line
 Not wanting to forget a single
 moment.

There is cryptic talk of damage to
 your brain
 I am sure that this must be wrong
 It feels unreal and we look at you
 lying there so innocent
 How can this angel be so perfect and
 have so much that is wrong.
 The tears fill our eyes as your life is
 unveiled
 And we hurt deep inside for the loss
 of a boy we once dreamt of
 But here is this child so handsome
 and strong
 Our purpose is clear, no more
 questions need asking
 He is perfect, he is needed and loved,
 and most importantly
 He's my son.

Mags Hall ►



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 3 Course Christmas Fayre Dinner menus will be available during the above times.*

DENTDALE CRICKET CLUB

The weather for Presentation Night, Saturday 4th October was typical of the summer, only worse. The Ground was under water as was the Pavilion floor.

Fortunately the function was held in the George and Dragon. Flooded roads meant one or two could not make it.

Trophies were presented to:-
Best Bowling Average

Chris McClurg

Best Batting Average

Mark Dodd

Best Fielder (By Far)

Martin Knapton

Players Player

Rob Mitchell

Best Performance

Joe Clare

Best Supporter

Gill Puncher

Club Man of the Year

David (Burty) Burton

It must be said, despite a poor season, there were other notable performances, for example Maces 42 against Nomads. In fact he was less than one run behind Mark's average. Xav Baines and David Hunter also performed well.

Comment must be made about Burty. A young man of outstanding organising abilities and enthusiasm which I feel sure will secure the future of cricket in the Dale. He will, of course, need the help and support of others but I am now optimistic that there is enough young talent to go forward.

Sadly David Hunter was unable to attend due to floods. You may recall the "Burty Bomb" incident at Holker. To preserve David's good looks and brains he was due to receive a special award - A Builders Helmet. We will make sure he wears it next season!

Hope you all winter well. ►



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SETTLEBECK HIGH SCHOOL

Fundraising for Trip to Slovenia

In February 2009, Year 9 students from Settlebeck High School will be travelling to Slovenia. As part of our preparation, students are planning various fundraising activities. Here is one report of a very successful venture:-

Alison Brown

Sponsored Bike Ride - Tuesday 27th August

Cycling in the mist and rain, wearing a blue safety helmet and green wellies! The weather was bad as we set off from Sedbergh at 10am. Sam, Adam and I began the first leg of our trip to Dent. The route would take us through Cowgill, Stonehouse, then under the Settle - Carlisle railway to Dent Head. Sam's grandad was in front in his vehicle with his hazard lights flashing, behind came Sam's mum as the back up vehicle!



We had a good laugh zooming down hills and despite the weather all seemed well and good, then we started to climb up Dent Head, the laughter stopped and the leg ache started, on reaching the top we stopped, looked about and had a magnificent view of nothing but mist!

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However, we had a nice surprise; waiting to cheer us on was my great gran and grandad, gran, brother Morgan and cousin Antony, with a bacon butties and a well earned drink. We then went into the thick mist towards the Hawes/Ingleton road, down hill all the way to Hawes fantastic! I knew the hard part was behind us. It was good to see my dad drive passed us, sticking up his thumb and grinning - nothing was going to stop me from finishing the course now!

I didn't really enjoy the road from Hawes to the Moorcock, as the traffic was moving too fast. This was the final stage and it was a relief to reach Long Stone Fell, I couldn't see it, but knew just below was Sedbergh, I could almost smell the bacon, eggs and mashed potatoes that Nan said would be waiting for me at the end of the ride. I tucked in like a good un.... delicious!!

I would like to say thank you to Sam's mum, Sam's grandad and all the people who sponsored us.

Peter Brown – Year 9 ►

TIM FARRON MP

We are now firmly back at work in the House of Commons after our long (possibly over long if Parliament is meant to be the Country's key decision making body) summer recess. My first day back was particularly enjoyable. After taking the children to school with Rosie and spending a bit of time in the Kendal office I caught the train down to London. It was 95 minutes late, which on this occasion was quite welcome as it gave me more time to catch up with work. However, my journey was interrupted by a call from Nick Clegg, the Liberal Democrat Party Leader, asking me to be in his shadow cabinet as the Spokesman for the Department of Environment, Farming and Rural Affairs. Naturally I was very pleased as this gives me a chance to fight on issues that affect our part of the



country at a higher level. Being Shadow Spokesman gives me regular and easier access to Government Ministers. I like to think that living and working in this area gives me a better insight into the problems and challenges faced by people who live in rural areas than the current Minister for Defra, Hilary Benn, who represents an inner city constituency in Leeds.

I have said many times before, having specific cases to refer to when discussing issues adds a great deal to the power of my arguments. This is one of the reasons I am so keen to get as many letters and emails from you as possible. They all get used when fighting for the needs of people living and working in the country.

I have already asked several local farmers to sit on an advisory group so that I can feed in their thoughts and issues into my discussions with

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Government Ministers. So far I have been able to raise the issues surrounding the replacement of the Hill Farm Allowance Scheme, the ridiculous costs of the planned electronic tagging for sheep and the unfair treatment of farmers by Tesco. There will be much more to come.

One of the other issues I have tackled in questions to ministers recently has been the failure of the Government to announce its future plans for the Post Office Card Account. Given that there are so many more Post Offices in rural areas than there are banks it is important for people here to be able to use a Post Office Account. The current banking crisis makes this even more

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vital as people want to keep their money somewhere they can trust to keep it safe.

The good news about the change of plans over the provision of Post Office services in Dent was really useful in this discussion as I could use this talk about how important Post Offices are in supporting local services. I still think that the planned service is still too limited and that there must be a commitment to a much longer term provision than currently but at least we are seeing signs that the authorities are listening.

If you want to feed issues into my new position then, as ever, I can be contacted by writing to Tim Farron MP, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or by emailing me at tim@timfarron.co.uk

Thanks for your support

Tim Farron MP ►

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SETTLEBECK HIGH SCHOOL



Settlebeck Students Create a Stir for MacMillan Nurses

Students at Settlebeck were treated to tea, coffee, homemade cakes, biscuits and even a chocolate fountain. The event was to raise money for MacMillan nurses and is part of a nationwide campaign. It was organised by eleven Year 10 students and they worked extremely hard decorating the common room and serving over 150 students and staff.

The event was extremely successful and raised over £150 for the charity. David Jermy, Head of Technology, has organised the event for the last four years. "I am extremely proud of the students at Settlebeck; for a



school with under 200 students the amount of money we raise is quite staggering. Events like these show Settlebeck is not just a school with an outstanding academic record but one whose pupils make a valuable contribution to the community."

Pictured are Jack Sunter, Luke Cragg, Toby Atkinson, Luke Ingham, Jennifer Mudd, Xav Baines, Hugh Gallagher, Harry Porter, Emma Rennison, Ellen Bell, Lizzie Farrell and Eleanor Wilkinson with the star prize in the raffle!

TRUST FUND

Settlebeck High School Trust Fund was set up more than twenty years ago to raise funds from the whole community to enhance the provision for students at the school. The trustees are currently looking for someone interested in working on a data base relating to past students to add to the paper records within the school archive and to enable past students to keep in touch with the school.

If you interested in the school and like a challenge please contact the Headteacher at the school in the first instance.

Anna Atkins (SHS Trust Secretary) ▶

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DENTDALE WI

Shades of Autumn as I write about our October meeting chaired by our Treasurer, Judith Newsham, standing in for president Cath Sugden who was enjoying a few days away in South Devon.

After the singing of Jerusalem, Judith invited us to join in a moment of silence to remember Nancy Murdoch who died in September. Nancy was an active member to the end, being on the Committee and Vice President. Many of us will long remember the spontaneous singing of Jerusalem at Nancy's funeral at Cowgill Church. Dentdale choir and all members present, joined in with the organ as we recognised the familiar opening chords to Jerusalem being played by Rita Corpe at the end of the Service. Dentdale WI had meant much to Nancy.

The Business meeting was looking ahead to next month's AGM. Members were asked to think about being on the Committee and any one who had attended a Federation Course or visit over the year, was

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asked if they would be prepared to give brief details to other members at the meeting.

Choices were available for the Christmas party this year. Should we be catered for by a local pub or café, or stay in the Memorial Hall with outside caterers? Although the details are still to be finalised, it looks as though this years preference is for a party in the hall.

We have enthusiastic volunteers for a team for the Federation pub quiz to be held in Sedbergh on Monday 27th October. It is always a good evening and we hope our team does well!

Our speaker for the evening was Nicola Bentham talking about beauty therapy. She trained at Kendal College, and she outlined the range of therapies that she could offer before demonstrating her hot paraffin wax machine. There were several willing volunteers keen to be pampered. Just one hand each person so that we could appreciate the difference!!!! Nicola was thanked by Margaret Fothergill.

Thelma Bellfield's entry for the competition took first place and Margaret Fothergill won the raffle prize.

Our AGM will be on 12 November at 7.15 in the Memorial Hall. ►



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TROTT MUSICAL FOUNDATION

The late Freda Trott spent her life in Sedbergh and district. She died in December 2007 aged 88 years. She served the town and its people in many ways, musician, teacher, registrar, recorder of their lives and times, historian and friend.

The first introduction to the pleasure of making music, which many Sedbergh children received was on the piano in the front room at 32, Bainbridge Road.

This dedication of working to benefit the lives of others continues in her memory with the Foundation, which was the brainchild of Freda and her late husband Stan. Most of her estate is devoted to its purposes. The Foundation is a charity, supervised by the Trustees which Freda appointed.

It has income to distribute for the following purposes:-

1. Education in the appreciation of the art and science of music,
2. Teaching of the playing of any musical instrument,
3. By assisting any child or children with 1 and 2 who were born or are permanently residing in or being educated at a local authority school in Sedbergh, Howgill, Firbank, Cautley, Garsdale and Dent and Cowgill.

Grants could be made to the schools in these parishes, i.e. Sedbergh Primary, Dent Primary and Settlebeck.

The Foundation is a permanent charity and is now able to accept applications for grants to children and

young people under 18 years, who qualify. They must use the money for the purposes stipulated.

It is proposed that applications will be considered twice yearly in December and June. A form can now be obtained from the office of Dalton & Hague of 7, Main Street, Sedbergh, to make an application for consideration later in 2008. If you have a question or need more information, please telephone Mr. Dalton on 20365 or e-mail: office@daltonandhague.co.uk.



DENTDALE METHODIST CHAPEL

We enjoyed the visit of The Longton Family from Wray on August Bank Holiday Sunday evening, an event we had planned to have in the Memorial Hall but as with many events we changed our venue due to it having a new roof put on and met in our own buildings. The service was followed by a Buffet Supper.

The previous day we had a "Rest Tent" at the Dentdale Show and met some lovely people and had interesting conversations with them, need more chairs next time for people to sit on for a rest.

Our Harvest weekend in September was a wonderfully happy event, from the decorating on the Saturday afternoon through the service and Tea on the Sunday to the service, supper & auction sale on the Monday. Many many thanks to all who helped so willingly in so many ways.

Then we changed our service time to afternoon and held our AGM, this

too was a very happy relaxed occasion with the form-filling completed mainly before the meeting giving time to discuss the varied aspects of our life through worship, study and sharing together. Information about the events we hope to arrange will be found on our "page" of the Dentdale Website, and within these pages as arrangements are finalised.

Our "Tea in the Garden" in early August had, like most things this year, to move inside, and while the M.E.T Holiday folks gave full support the support locally was heartbreakingly disappointing. We will try a Coffee Morning next year instead.

The Chapel is open daily and prayer requests can be left in the prayer-room, as ever, everyone is most welcome to all our services & events, we seek to lift up the Name of Jesus and help others draw near to Him.

Members have links with the Business Men's Fellowship & Aglow, a Christian outreach for ladies.

S E Woof 25212 ►

NOVEMBER GARDENING

It is getting to be the time of year when I look forward to starting out on a cold crisp day, and turning my compost heap. Hopefully there will be at least one of those this month, and preferably more, as I have heaps in at least six different gardens and they will all be demanding my attention in the next few weeks.

Home made compost is an excellent thing (as is home made leafmould).

When done right it has the consistency of a rich plum pudding. It puts body into the soil, improving moisture retention, and if the soil is clay, it opens it up and enables air and water to percolate through. Being manufactured on site it leaves no Carbon Footprint, (except for the extra carbon dioxide which comes out of me as I puff and blow my way up hills and along paths with an over laden barrow) and it is probably the most organic thing that I am likely to use in the garden.

I am always interested to read up on the latest research on all things garden-wise and the arguments for and against different gardening methods. I think organic gardening is an excellent idea but latest findings on the Carbon front, show that organic fertilisers and soil conditioners usually have to travel further to a garden or allotment (this includes the travel from place of origin or manufacture) than non organics so they have a bigger Carbon Footprint. Seaweed based things which make up a large

proportion of organic fertilisers, may be made from material which is dredged from the sea bed leaving it scoured clean and devoid of all life. In future I shall be reading all the information on those packets to see where they come from and what they contain, although I expect that, even then, I might not "get it right."

There is even more incentive then, to get on with those compost heaps, whatever the weather. *E Horne ►*

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COMMUNITY FUND CHARITY SHOP

The shop at 86 Main Street opened for business on 1st October with Kath Gibson, the mainstay of Sedbergh's previous charity shop, serving our first customer.

Early days, but we are encouraged by the very positive response we have received. Business has been brisk. Many thanks, to those of you who have already donated goods for sale and, to those of you who have already made your first purchases. Thank you especially to the volunteers without whom, the shop could not open.

We do need a few more willing helpers to ensure we can trade 6 days a week. If you can spare either, half a day a fortnight (10am-1pm or 1pm-4.30) or the occasional (1 in 8) Saturday morning or afternoon, please call in and let us know.

Remember, the proceeds go into the Community Fund a registered charity established to support causes and projects which benefit the community. Thank you.

DR ►

GARETH McKEEVER

Westmorland and Lonsdale Conservation Association News

Gareth McKeever the Prospective Parliamentary Candidate for our constituency will be in the area getting to know voters over the next few weeks. Meet up with Gareth on November 21st at the Bull Hotel, Sedbergh (see Ad on Page 20) or on December 5th at Barbon Village Hall for a Ploughman's Supper, tickets from the Secretary 015242 76227. At both meetings you will also have an opportunity to meet the prospective candidate for County Council, Roger Read of Casterton.

Sedbergh people have recognised an urgent need for affordable family housing to be built in the town and Gareth and the Conservative Team have decided to start a non-partisan Housing Action Group which will work with all councillors, Parish Council and the planning authorities towards the building of such houses sooner rather than later. If you are interested in joining such a group please come along to the Bull on 21st November. (Please see the message from Gareth elsewhere in this issue.) ►

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SEDBERGH AND DISTRICT HISTORY SOCIETY

On Wednesday 15th October evening, Martin Gibson spoke about the eighteenth and early nineteenth-century excise service, a subject which was unfamiliar to most members. He brought his talk alive by centering it on the career of his ancestor Richard Brunskill who served as an excise officer in the years 1794-1829. A further point of interest was provided by the links that Richard Brunskill had with this area, in particular his family connection with the Brunskill brothers who began their photography business in Sedbergh later in the nineteenth century.

Richard, a farmer's son was born and brought up in Stainmore, and at the age of 18 was described on a census as a 'husbandman'. Martin attributed his entry into the excise service 6 years later to a connection with a Brough innkeeper, called Bowe. As a freeholder and a person of some standing in Brough which was a significant coaching town on the main road from London to Glasgow in the 1790s, Bowe would have been able to recommend Brunskill. Using a diagram, Martin showed how even the remotest parts of the country could be affected by a chain of patronage through which the suitability of a man like Richard Brunskill could be brought to the attention of the officers of the excise service. The necessary qualifications for the post were proficiency in arithmetic, acceptable handwriting, good health and freedom from debt.

By searching the records of the

excise service at the Public Archives at Kew, Martin has been able to trace Brunskill's career. For obvious reasons officers were not appointed to positions in their home areas and Brunskill's first position was as an assistant collector in Kirkham Lancashire. During his years of service he was posted to a number of places all over the North West. The excise service was a centralised organisation and Brunskill's work would have been overseen by a local Supervisor. By the late eighteenth century excise duty had to be paid on a large number of everyday items and it was a most unpopular tax. Eight times a year, a Collector would tour each county to receive the money which had been taken by the officers. Although Brunskill was dismissed for misconduct after the death of his first wife, he was later reinstated after marrying a Sedbergh widow. He retired aged 60 and Martin thinks that he might have passed the rest of his days in Shropshire.

Martin gave us a fascinating insight not only into the life of Richard Brunskill but also into aspects of eighteenth-century life.

Unfortunately some people missed Wednesday evening's meeting because they thought that it was at Settlebeck School. Although it was stated on the Society's programme that the meeting was to take place in Dent Memorial Hall this information was omitted from the *Lookaround*. We would like to apologise for any inconvenience caused. ►

Please see my Editorial with respect to this error. Ed)

1st SEDBERGH SCOUTS

The Scout Troop has had an active summer, in spite of the weather, with a sleepover in Howgill (following a night hike), a hill walk, a visit to the low-ropes course at Bendrigg Lodge, canoeing and swimming evenings at Sedbergh School pool, not to mention our regular meetings every Friday evening. We have made contact with a Scout Troop in Norway as part of our Global Challenge Award and already several of the Scouts have found a pen pal. There are plans afoot to attend a large Jamboree in Norway next summer, when the pen pals might possibly meet.

Our camp this year was at Urswick, near Ulverston, a Scout campsite in a wood, with a bunkhouse. The weather was not the best, but did we need the bunkhouse? No! Sedbergh Scouts are tougher than that! We camped in traditional Scout Patrol tents, with the Scouts cooking their own food on open fires. They also had to feed their leaders and we ate well. We visited the South Lakes animal park and watched the tigers feeding. Of all the other animals, the giant tortoise was a surprising favourite for some Scouts. All in all the Scouts did very well for a young Troop. I'm sure that they will remember hunting each other during the "wide-game" played at dusk as darkness fell over the wood. As a result of the camp, almost all of the Scouts have now completed their Outdoor Challenge Award, and all have added to their 'Nights Away' record.

The older Scouts have been on a

hike to Dent, and camped overnight there, unaccompanied by adult leaders, helping them to grow in independence. Heather Harper has been arranging and organising some of the activities for the others, and has now achieved the Chief Scout's Gold Award, which will be presented to her at a special ceremony next month. This is the highest award that she can achieve in the Scout section and the first we have awarded in a long time, so hearty congratulations are due! Well done Heather.

Future plans include a swimming assessment evening at Kendal pool, a First Aid badge for new Scouts, a Canoe Level One badge course, and some Norwegian activities for the Global challenge, all before Christmas! The Troop is prospering and the HQ at King's Yard fairly bulging at the seams, but we would like to recruit a few more boys in order to balance the number of girls in the Troop.

The Group's finances are now looking more healthy, thanks in no small measure to a generous donation from the boys of Sedgwick House, which has enabled progress to be made on various works of repair and maintenance to the Scouts HQ. Thanks are also due to Girlguiding Cumbria for a donation of kayaks and associated equipment which were surplus to their needs.

Finally, it is intended to operate the Scouts Christmas Post service again this year so look out for the familiar red post boxes at the beginning of December.

Jim Atkins ►

SEPTEMBER WEATHER

It was really a month of two halves. The first half continued the wet theme but the second half was dry until the last couple of days. We finished up with a total of 4.53 inches of which 4.06 inches fell in the first part. The first rain and everywhere was a quagmire again. It was a reasonably warm month but unfortunately no really hot days, especially in the dry periods, to dry things up. Most days reached the 60sF with a high of 68.5F. On the low side we had 3 nights dropped into the 30sF with a low of 36.1F. This gave us our first slight ground frost. Most of our winds came from the North West with a top speed of 20.1mph.

The dry spell was very welcome allowing farmers to get on with the harvest. Locally that meant silage. I didn't see any hay being baled certainly mine finished up in black bags for the first time for me. The ground was so wet and the lack of sun meant that the dew didn't clear until after lunch. Time will tell how successful the results are, it smells pleasant, but we were desperate for winter feed and get the field cut so hopefully it can recover before the grass stops growing. The local hirudines had all left by the equinox. A few stragglers came through during the next few days. It was the worst summer for baby hirudines with only 4 baby swallows seen with their parents who didn't seem to have a second brood. They must have all gone down to Jackie. On some of the

milder, drier days there were a few butterflies around but the buddleia was well past its best so they had little on which to feed. I didn't see any painted ladies or commas this year. No doubt the wet summer prevented any migrants getting this far North. About the time of the equinox many of our tits disappear judging by the fact I don't had to fill up the feeders daily. It would be interesting if people living in town noticed an influx of tits at this time. Some trees were showing signs of changing colour but it would be more due to being waterlogged than frost or shortage of water! There is a very heavy crop of haws this year. It was often said to be the sign of a hard winter to come but if other fruit trees are anything to go by it was a good spell of weather when the trees were in blossom. Like the Lythe valley we had no damsons but a heavy crop of plums. Similarly we had no pears but a heavy crop of apples. Even the Cox's Orange Pippin has a few apples and we are supposed to be too far North for this variety but it occasionally manages a few fruit. We have two trees of Spartans, delicious apples, growing next to each other and one is badly marked, apparently by rain, and the other is fine. It would appear that the marked tree shelters the other one from the prevailing wind. The cherries and jostaberries were all taken by the blackbirds again. I really will have to build a fruit cage around the berries! ►

KILLINGTON WI

Postmen of Sedbergh, prepare to sniff no more!! Killington WI now has the answer.

"What on earth is she on about?" I can hear you saying it. You will of course remember that I told you last month that the title our October speaker had chosen was, " 'Twas the night before Christmas," (and as it is now November I have fewer qualms about mentioning that word). I also said that she would be telling us some stories –wrong again! The story lady is next month. This month's speaker certainly had plenty to say but also plenty to show us. Joan Challinor, also known as *Granny Alice*, describes herself as a dress designer, a machine mechanic, a tutor and a proprietor of a sewing school. Just as well to be multi-skilled! The theme of her demonstration was that on Christmas Eve you suddenly discovered that you had forgotten to buy presents for several people. They were the postman, a couple of newly weds next door, and a little girl. Nothing daunted she set to with her sewing machine to remedy the situation (as we all would at such a time!!). She produced three hem-stitched hankies for the postman, a pair of decorated pillow-cases for the neighbours, and a pretty little bag for the child's knitting, all accompanied by humorous repartee and many helpful hints. Dare I say it? – she had us all in stitches. We all rushed home at the end of the meeting to oil and de-fluff

our sewing machines. The general instruction is, "if you see a hole, shove some oil in it!"

I was lucky enough to win the raffle and chose the pillowcases which go beautifully with my spring-green bedroom, Brenda Nolan won the knitting bag, and Mary Tallon took the snitch rags. (My husband tells me that he has never heard this expression. Have you?)

Our speaker did not leave us much time for tea but I trust that we did justice to the splendid offerings. We were very happy to welcome Maggie I'Anson who is joining us as a "dual member". She is already a member of Howgill & Firbank WI.

Several of us enjoyed a good day at the CWFWI Federation AGM at Kirkby Stephen where it was good to meet with members from neighbouring institutes. After the business of the day in the morning, the theme of the afternoon was again a Christmassy one, this time of the Tudor age, interpreted by tales and flower arrangements. Unfortunately none of us won them in the raffle, though our men-folk would say, "Thank Goodness!"

Our next meeting will be on November 11th, at 2-00pm in the committee room of the People's Hall. This will be our A.G.M. Will it be all change? Afterwards, we look forward to our story telling speaker, (honestly!), Jean Hilton. The competition is for '*A Favourite Teddy Bear*'. No husbands allowed!

WFU ►

EDITORIAL

Apologies for all those that attended Settlebeck High School on Wednesday 15th October instead of Dent Memorial Hall. It quite clearly states on the Programme of events that I received as to the change of venue but I obviously missed it.

I have been corrected about how much of dog excreta is still being left which I must say, at the time of my last Editorial, it had improved, but sadly it has deteriorated again. If you see a dog doing its business and the owner not clearing up afterwards, either tell the person yourself or contact SLDC.

This is an extract from the SLDC Web Site. *Dog fouling in public places has always been socially unacceptable, but now it is a fineable offence. Under the Dogs (Fouling of Land) Act 1996, if you allow your dog to foul, you must clean it up or scoop the poop straight away. Failing to do this will make you liable for an initial fixed penalty of £50. Persistent offenders will be taken to a Magistrates Court and face a fine of up to £1000.*

If you wish to take action against a dog owner who has not cleaned up after their dog, you should note what has happened as soon as possible. Include the name and address of the person in charge of the dog, a description of the dog plus details of the date, time and place of the offence. Then contact South Lakeland Direct on 0845 050 4434 to

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Quiet area close to Sedbergh.

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report the complaint, which will then be passed to the Support Services. The evidence will be considered with a view to prosecuting the offender.

More information can be found on <http://www.southlakeland.gov.uk/default.aspx?page=1092>

Christmas: Please remember that the December Issue of *Lookaround* will be a double issue, in full colour and I do request £1 per issue. The Personal Messages are becoming ever more popular and at only £1, is very good value. The only request is that all Adverts for December AND January be submitted sooner rather than later but by 15th November and all articles by 19th.

I am now starting to receive items/articles about local individuals and what they doing. These are excellent important items of news which you, the reader, likes to read about. The cost? Nothing so please let us have the details. If the article is about you and selling your business or event, then an advert must be paid for and the article will support the advert.

Could someone from the Howgill Harriers and any other non-listed Group please make contact with an update contact person for the Groups Page.

D J Whicker ►

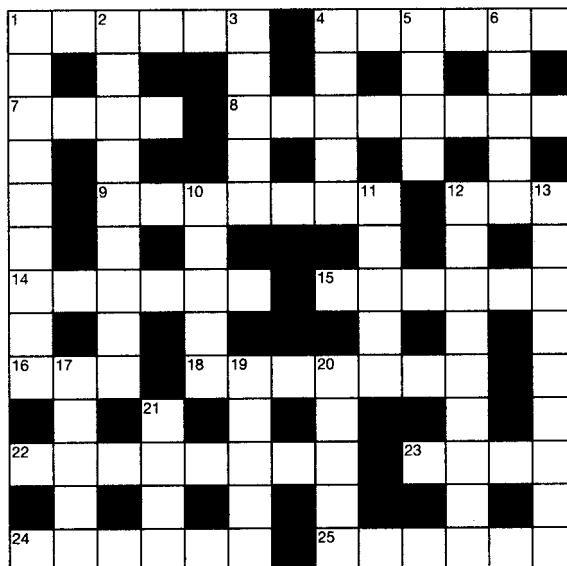
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ACROSS

- 1 Emulate (6)
- 4 Gypsy (6)
- 7 Mass (4)
- 8 West Midlands city (8)
- 9 Encourage (7)
- 12 Elite regiment (inits) (3)
- 14 Enthusiasm (6)
- 15 Lay waste (6)
- 16 Scottish town (3)
- 18 Short stiff hair (7)
- 22 Blind alley (3-2-3)
- 23 State of deep unconsciousness (4)
- 24 Highland tipple (6)
- 25 One of the Home Counties (6)

DOWN

- 1 Emotional play (9)
- 2 Balance (9)
- 3 Summarise (5)
- 4 Watercourse (5)
- 5 Ceremonial language of the Isle of Man (4)
- 6 John Major's wife (5)
- 10 Small firework (5)
- 11 Precise (5)
- 12 Actor's entrance (5, 4)
- 13 Prohibition bar (9)
- 17 Young person (5)
- 19 Out of practice (5)
- 20 Footwear (5)
- 21 Chances (4)

BUS SERVICES

Sedbergh to Kendal via Oxenholme				Blackhall Road, Kendal to Sedbergh			
Monday to Friday				via Oxenholme			
				Monday - Friday			
0745		564	S	❖	0830		
0940		564	W		0835		
1005		564	S	❖	1030		
1015	Wed	564B	W	❖	1050		
1240		564	W		1300	Wed	
1300		564	S	❖	1330		
1440		564	W	❖	1410		
1550		564	S	❖	1610		
1711		564	W		1625		
Saturday Only				1745			
1005		564	S	❖	Saturday Only		
1050		564A	A8	❖	1050		
1300		564	S	❖	1410		
1550		564	S	❖	1425		
Sedbergh to Kirkby Stephen				Kirkby Stephen to Sedbergh			
Monday to Saturday				Monday to Saturday			
0900	M-F	564	S	❖	0710	M-F	
1120		564	S	❖	0940		
1440		564	S	❖	1225		
1655		564	S	❖	1515		
Sedbergh to Kirkby Lonsdale				Kirkby Lonsdale to Sedbergh			
0945	Thu	567A	W	❖	1215	Thu	
Sedbergh to Cowgill				Dent to Sedbergh			
1330	Wed	564B	W	❖	1000	Wed	
0940	Sat	564A	A8	❖	1035	Sat	
1500	Sat	564A	A8	❖	1600	Sat	
				Last Update: September 2007			

M-F Monday to Friday Only

W = Woof's of Sedbergh

Tue Tuesday Only

S = Stagecoach in Cumbria

Wed Wednesday Only

A8 = Apollo 8 ❖ = Provided with Support from CCC

Thu Thursday Only

Please note whilst every effort has been made to ensure that
the times shown are up to date, they can change at short notice.

Sat Saturday Only

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Traveline 0870 608 2 608 (Open : 7am - 8pm Daily)

All times are from and to The Dalesman Inn



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh (2009/09) <i>ID(ES); IT(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs L Hopkins	Brantrigg, Winfield Road, Sedbergh (2009/09) <i>IT; PB; TV; NS; NP; P; DR; VB</i> e-mail: brantrigg@btinternet.com	21455
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh (2008/11) <i>ID; IT; IS; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs K Vigar	Apley House, 27 Loftus Hill, Sedbergh (2009/09) <i>ID (ES); ID/T (PB); TV; NS; CH; VB; P; NP(*); Di (min 4 by arrangement)</i> e-mail: kathryn.vigar@btopenworld.com	20447
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh (2008/12) <i>F/D (4 poster); ES; CH; TV; P; NS; DW; CW</i> e-mail: enquiries@theoldjoinery.com	20309
Mrs K Milburn	High Roans, Guldrey Lane, Sedbergh (2009/??) <i>2T (ES) VISIT BRITAIN 4* - CH, L, TV, TVL, P, NS, VB, CW</i> www.highroans.co.uk e-mail: enquiries@highroans.co.uk	21440
Mrs R Gardner	Oakdene Country House, Garsdale Road, Sedbergh (2010/05) <i>2D (4 Poster); 2D; IT; IS; All ES; TVL; P; CH; CW; FC; NS</i>	21012
Miss S Thurlby	15 Back Lane, Sedbergh (2008/12) <i>ID; IT; CH; L; DW; P; DR; VB</i> e-mail: antique.thurlby@amserve.net	20251
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (2009/02) <i>ID (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB;</i> e-mail: sangold.kwood@virgin.net	21808

CAMPING, CARAVANNING, SELF-CATERING & RENTAL

Sycamore Cottage, Lunds, Sedbergh (2009/09)	01969 667356 <i>Sleeps 2, D; CH; TVL; P; NS; DW</i>
Miss J Davidson	Bideber Mill Cottage, West House, Ingleton (2009/10) <i>015242 42478 Sleeps 2; ES; CH; L; TVL; P; NS; NP; DR</i>

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
Sunday 08.00, 10.30 & 18.30
Wednesday 11.15

Canon A W Fell Tel: 20283

Church Wardens:

Tony Reed Screen 21081 & Lavinia Mahon 21740

~~~~~  
**ROMAN CATHOLIC**

St. Andrew's Parish Church  
Sunday 12.00  
Holy Days 19.30

**Rev. Dr. P Campbell Tel: 20918**

~~~~~  
METHODIST CHURCH

New Street
Sunday 10.30 & 18.30

Rev. T Widess Tel: 20329

~~~~~  
**UNITED REFORMED CHURCH**

Main Street  
Sunday 10.30

**Rev. C Gotham Tel: 22030**

~~~~~  
SOCIETY OF FRIENDS

QUAKERS
Brigflatts
Sunday 10.30

Mrs T Satchell Tel: 20005

~~~~~  
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Sunday 11.00

Wednesday 19.30

**Rev. G Jones Tel: 01539 722079**

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CHURCH OF ENGLAND

Firbank; Howgill & Killington
Cautley & Garsdale

Canon A W Fell Tel: 20283

Church Wardens:

Cautley: Judith Bush 20058 & Linda Hopkins 21455
Garsdale: Mary Grant 20573 & Bill Mawdsley 20723

Dent & Cowgill

Rev. P Boyles Tel: 25226

~~~~~  
**METHODIST CHURCH**

Dent; Dent Foot;  
Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;

Hawes Junction & Frostrow

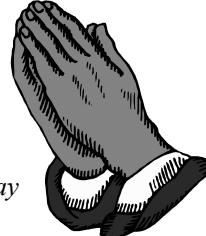
**Rev. T Widess Tel: 20329**

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SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 20588 or 20503

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*Would you like to know that someone is  
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relative, friend or neighbour in special  
need of prayer? In the Churches, we pray  
every Sunday for this  
community and we  
should like to hear of  
any special needs.  
Please ring any of the  
above telephone  
numbers so that we may  
pray for you and/or  
others.*



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*Can all adverts please be  
accompanied with the correct money  
at the time of submission.*  
Articles etc. by 19th of every month  
*Last Updated August 1999.*

## DIARY OF EVENTS

*Dates are held up to 20th December 2009*

|                                                       |                                        |            |                                   |                                             |            |  |
|-------------------------------------------------------|----------------------------------------|------------|-----------------------------------|---------------------------------------------|------------|--|
| Entries marked (*) see Advert in previous Lookaround. |                                        | 25         | 1930                              | Garsdale Ladies Group Jewellery             | GVH        |  |
| <b>NOVEMBER</b>                                       |                                        |            |                                   |                                             |            |  |
| 4                                                     | 1400 Spinning a Yarn                   | DCMH       | 26                                | 1930 Flicks in the Fells                    | PH         |  |
| 4                                                     | 2100 Les Bull Band                     | Bull Hotel | 26                                | 1930 CWT Towards a living Landscape         | SHS        |  |
| 5                                                     | 1000 Garsdale Church Coffee Morning    | URCR       | 27                                | 1930 Sedbergh Parish Council                | PH         |  |
| 5                                                     | 1930 WIF AGM & Jacobs Join             | PH         | 28                                | 1730 SHS Christmas Fair (28)                | SHS        |  |
| 5                                                     | 1930 HS Ancient Fish Traps (18)        | SHS        | 28                                | 1900 HS Annual Dinner (18)                  | GC         |  |
| 6                                                     | 1430 Cameo Meeting                     | SMCR       | 28                                | 2000 Reggae, Ska & Roots Nite (29)          | PH         |  |
| 6                                                     | 1930 WIH Cruising our Canals           | FCH        | 29                                | 1400 SHS PTFA Jumble Sale (28)              | PH         |  |
| 7                                                     | 1900 Garsdale Bonfire Night            | GVH        | 30                                | St Andrew's Day                             |            |  |
| 7                                                     | 1930 Art Society Matisse               | StAS       | <b>DECEMBER</b>                   |                                             |            |  |
| 7                                                     | 2000 Young Kidz Fashion Show           | PH         | 2                                 | 1200 WIK Christmas Lunch <b>date change</b> | Pheasant   |  |
| 8                                                     | 1330 Bingo (*)                         | GH         | 2                                 | 1400 Spinning a Yarn                        | DCMH       |  |
| 8                                                     | 1500 Teddy Bear Service (8)            | StAS       | 2                                 | 2100 Les Bull Band                          | Bull Hotel |  |
| 8                                                     | 1800 Sedbergh Bonfire Night (1)        | PH         | 3                                 | 1000 LNFU Coffee Morning (43)               | URCR       |  |
| 8                                                     | 1930 Musical Evening with 3 J's        | HJC        | 3                                 | 1800 Late Night Shopping                    | Sedbergh   |  |
| 9                                                     | 1030 Remembrance Day Service           | StAS       | 3                                 | 1930 HS Cromwell's Rep in Sedbergh & Dent   | SHS        |  |
| 9                                                     | 2000 Remembrance Concert (9)           | URC        | 3                                 | WIF Christmas Dinner                        | TBA        |  |
| 10                                                    | 1430 Digital TV Demonstration (24)     | DMH        | 4                                 | 1430 Cameo Meeting                          | SMCR       |  |
| 11                                                    | 11 Million Takeover Day                | 5          | 1930 Kathryn Tickell Concert (33) | PH                                          |            |  |
| 11                                                    | 1230 Mzetamze Concert (11)             | BF         | 5                                 | Ploughman's Supper                          | BVH        |  |
| 11                                                    | 1330 Bingo (*)                         | GH         | 6                                 | 1100 Christmas Tree Festival & Market       | Dent       |  |
| 11                                                    | 1400 WIK AGM & YDNP Storytelling       | PH         | 6                                 | 1330 Bingo (*)                              | GH         |  |
| 11                                                    | 1930 FC Domino Drive                   | FCH        | 6                                 | WIH Christmas Party                         | TBA        |  |
| 11                                                    | 1930 Baugh Fell Commoners AGM (11)     | PH         | 9                                 | 1330 Bingo (*)                              | GH         |  |
| 12                                                    | 1000 Bowling Club Coffee Morning       | URCR       | 9                                 | 1930 FCH Domino Drive & Mince Pies          | FCH        |  |
| 12                                                    | 1915 WID AGM                           | 10         | SS Term Ends                      |                                             |            |  |
| 12                                                    | 1930 GVH Domino Drive                  | DMH        | 10                                | WID Christmas Party                         | TBA        |  |
| 14                                                    | 1900 Duophonic (14)                    | GVH        | 12                                | 1930 Christmas Domino Drive                 | KVH        |  |
| 14                                                    | 1930 WIH Domino Drive                  | Duo        | 13                                | 1500 Flicks in the Fells                    | PH         |  |
| 15                                                    | 1100 StAS Christmas Fair (15)          | HVH        | 13                                | 1900 Flicks in the Fells                    | PH         |  |
| 15                                                    | 1930 Howgill Dance                     | PH         | 13                                | 1930 Carols by Candlelight                  | HJC        |  |
| 18                                                    | SLSB Meal                              | PH         | 14                                | 1030 Christian Worship                      | PH         |  |
| 18                                                    | 1930 Neighbourhood Forum               | tba        | 18                                | 1430 Cameo Meeting                          | SMCR       |  |
| 19                                                    | 1300 Muncheon Music (19)               | PH         | 20                                | 1330 Bingo (*)                              | GH         |  |
| 19                                                    | 1430 Digital TV Demonstration (24))    | SSQH       | 21                                | 1830 Carol Service                          | GSC        |  |
| 19                                                    | 1930 HS Kendal Carriers (18)           | URCR       | 22                                | 1930 Christmas Domino Drive                 | HVH        |  |
| 20                                                    | 1430 Cameo Meeting                     | SHS        | 23                                | 1330 Bingo (*)                              | GH         |  |
| 20                                                    | 1430 Toy Library AGM                   | SMCR       | <b>JANUARY</b>                    |                                             |            |  |
| 21                                                    | 1830 Promise Auction (21)              | PH         | 4                                 | SS Term begins                              |            |  |
| 21                                                    | 1900 Playgroup Christmas Shopping (21) | G&D        | 7                                 | 1930 HS St Helena & Napoleon                | SHS        |  |
| 21                                                    | 1900 Conservative Dinner (20)          | SPS        | 8                                 | 1430 Cameo Meeting                          | SMCR       |  |
| 21                                                    | 1930 Domino Drive                      | Bull       | 13                                | 1930 FCH Domino Drive                       | FCH        |  |
| 21                                                    | 1930 Yeoman Dales Family 18-19C        | KVH        | 14                                | 1930 Sedbergh Parish Council                | PH         |  |
| 22                                                    | 0930 MS Giant Table Top Sale (22)      | DCMH       | 18                                | 1030 Christian Worship                      | PH         |  |
| 22                                                    | 1330 Bingo (*)                         | PH         | 21                                | 1930 HS Registration Service since 1837     | SHS        |  |
| 23                                                    | 1030 Christian Worship                 | GH         | 22                                | 1430 Cameo Meeting                          | SMCR       |  |
| 23                                                    | 1030 String Workshop & Concert (23)    | PH         | 27                                | 1930 Garsdale Ladies Group Jacobs Join      | GVH        |  |
| 25                                                    | 1330 Bingo (*)                         | SPS        | 28                                | 1930 CWT Nature Conservation                | SHS        |  |
|                                                       |                                        | GH         | 29                                | 1930 Sedbergh Parish Council                | PH         |  |

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*Whilst every effort is made to ensure that information is correct, the editors cannot accept  
any responsibility for any inconvenience caused through errors or omissions.*

| <b>FEBRUARY</b> |                                             | SHS                     | <b>DIARY KEY</b>               |                                        |
|-----------------|---------------------------------------------|-------------------------|--------------------------------|----------------------------------------|
| 4               | 1930 HS Old Kendal Now and Then             |                         | BF                             | = Brigflatts                           |
| 6               | SS Half Term Begins                         | BS                      | = Balliol School               |                                        |
| 14              | St Valentine's Day                          | BVH                     | = Barbon Village Hall          |                                        |
| 15              | SS Half Term Ends                           | CDC                     | = Community Development Centre |                                        |
| 15              | 1030 Christian Worship                      | PH                      | CO                             | = Community Office, Main Street        |
| 17              | 1930 FCH Domino Drive                       | FCH                     | CTiS                           | = Churches Together in Sedbergh        |
| 18              | 1930 HS Rise & fall of Textiles             | DMH                     | CWT                            | = Cumbria Wildlife Trust               |
| 25              | 1930 CWT Birds of Prey                      | SHS                     | DCMH                           | = Dales Countryside Museum, Hawes      |
| 25              | 1930 Sedbergh Parish Council                | PH                      | DCP                            | = Dent Car Park                        |
| <b>MARCH</b>    |                                             | DMH                     | DMH                            | = Dent Memorial Hall                   |
| 1               | St David's Day                              | FCH                     | DMC/S                          | = Dent Methodist Chapel/Schoolroom     |
| 2               | 1930 FCH AGM                                | SHS                     | FCH                            | = Firbank Church Hall                  |
| 4               | 1930 HS Prehistoric Cumbria                 | FCH                     | FM                             | = Farfield Mill                        |
| 10              | 1930 FCH Domino Drive                       | SHS                     | GC                             | = Golf Club                            |
| 11              | 1930 CWT AGM + Baffin Island                | Dent                    | G&D                            | = George & Dragon Inn, Dent            |
| 14              | 1300 Dentdale Run                           | PH                      | GH                             | = Gladstone House                      |
| 15              | 1030 Christian Worship                      | SHS                     | GSC                            | = Garsdale Street Chapel               |
| 17              | St Patrick's Day                            | GVH                     | GVH                            | = Garsdale Village Hall                |
| 18              | 1930 HS Traditional Buildings in Sed & Dent | HJC                     | HJC                            | = Hawes Junction Chapel                |
| 20              | SS Term Ends                                | HS                      | HS                             | = History Society                      |
| 21              | 1930 HS AGM + Jacob's Join                  | HVH                     | HVH                            | = Howgill Village Hall                 |
| 22              | Mothering Sunday                            | JLCP                    | JLCP                           | = Joss Lane Car Park                   |
| 24              | 1930 Garsdale Ladies Group Demonstration    | KL                      | KL                             | = Kirkby Lonsdale                      |
| 26              | 1930 Sedbergh Parish Council                | PH                      | KVH                            | = Killington Village Hall              |
| 28              | 1200 Spring Show                            | PH                      | LHCP                           | = Loftus Hill Car Park                 |
| <b>APRIL</b>    |                                             | MCCKL                   | MCCKL                          | = Methodist Church Centre KL           |
| 10              | Good Friday                                 | PH                      | PH                             | = People's Hall                        |
| 13              | Easter Monday                               | SHS                     | SHS                            | = Settlebeck High School               |
| 19              | 1030 Christian Worship                      | PH                      | SLSB                           | = South Lakeland Society for the Blind |
| 22              | 1930 CWT Wildlife in Sacred Places          | SHS                     | SMCR                           | = Sed. Methodist Church Room           |
| 23              | St George's Day                             | SPS                     | SPS                            | = Sedbergh Primary School              |
| 28              | 1930 Garsdale Ladies Group African Orphans  | GVH                     | StAS/D                         | = St Andrew's Church, Sedbergh/Dent    |
| 29              | 1930 Sedbergh Parish Council                | PH                      | SS/C                           | = Sedbergh School/Chaplaincy           |
| <b>MAY</b>      |                                             | STO                     | STO                            | = Sedbergh Tourist Office, Main Street |
| 4               | May Day                                     | URCR                    | URCR                           | = United Reformed Church Rooms         |
| 17              | 1030 Christian Worship                      | PH                      | WID                            | = Women's Institute, Dentdale          |
| 18              | 1930 Garsdale Ladies Group Auction          | GVH                     | WIF                            | = Women's Institute, Frostrow          |
| 25              | May Bank Holiday                            | PH                      | WIH                            | = Women's Institute, Howgill           |
| 28              | 1930 Sedbergh Parish Council                | PH                      | WIK                            | = Women's Institute, Killington        |
| <b>JUNE</b>     |                                             | <b>Regular Meetings</b> |                                |                                        |
| 21              | Father's Day                                | Howgill Toddlers        | 1315 Every Monday              | HVH                                    |
|                 |                                             | Dent Parish Council     | 1930 1st Monday                | DMH                                    |
|                 |                                             | SL Carers Association   | 1400 1st Tuesday               | PH                                     |
|                 |                                             | Killington WI           | 1400 2nd Tuesday               | PH                                     |
|                 |                                             | Ladies NFU              | 1930 3rd Tuesday               | PH                                     |
|                 |                                             | Coffee Morning          | 1000 Every Wednesday           | URCR                                   |
|                 |                                             | Zebras                  | 1315 Every Wednesday           | SMCR                                   |
|                 |                                             | Sedbergh Juniors        | 1730 Every Wednesday           | PH                                     |
|                 |                                             | Sedbergh Seniors        | 1930 Every Wednesday           | PH                                     |
|                 |                                             | Toy Library             | 1430 1st & 3rd Wednesday       | PH                                     |
|                 |                                             | Frostrow WI             | 1930 1st Wednesday             | PH                                     |
|                 |                                             | History Society         | 1930 1st & 3rd Wednesday       | SHS                                    |
|                 |                                             | Dentdale WI             | 1915 2nd Wednesday             | DMH                                    |
|                 |                                             | SLS Blind Group         | 1415 3rd Wednesday             | PH                                     |
|                 |                                             | Sed. Parish Council     | 1930 Last Thursday             | PH                                     |
|                 |                                             | Howgill WI              | 1930 1st Thursday              | FCH                                    |
|                 |                                             | Monkey House Café       | 1930 Every Friday              | Library                                |

**The People's Hall**  
Howgill Lane, Sedbergh LA10 5DQ

*Available for hire for all kinds of functions...*

- ❖ Parties ❖ Meetings ❖ Concerts ❖
- ❖ Jumble Sales ❖ Dances ❖
- ❖ Theatre ❖ Discos ❖ Lectures ❖

For availability and bookings –  
**Sedbergh Office Services 015396 20788**  
[www.peopleshall.org](http://www.peopleshall.org)

## PUBLIC INFORMATION

### **SEDBERGH HEALTH CENTRE**

Loftus Hill ☎ 015396 20218

Repeat Prescription ☎ 015396 20239

Out of Hours ☎ 01539 781999

Bay Call ☎ 0845 0524 999

|                  |                          |                |
|------------------|--------------------------|----------------|
| <b>Monday</b>    | 0830 - 1030 O            | 1400 - 1700 P* |
|                  | 0830 - 1015 L*           | 1500 - 1800 B  |
|                  | 1045 - 1230 H*           | 1830 - 2030 W* |
|                  | 1130 - 1215 Dent Surgery |                |
| <b>Tuesday</b>   | 0830 - 1030 O            |                |
|                  | 1045 - 1230 H*           | 1430 - 1730 H* |
| <b>Wednesday</b> | 0830 - 1030 O            | 1400 - 1700 P* |
|                  | 1045 - 1230 P*           | 1500 - 1800 L* |
| <b>Thursday</b>  | 0830 - 1030 O            |                |
|                  | 1045 - 1230 L*           | 1400 - 1700 H* |
| <b>Friday</b>    | 0830 - 1030 O            | 1400 - 1700 P* |
|                  | 1045 - 1230 L*           | 1430 - 1730 L* |

L = Dr Lumb

H = Dr Hunt

P = Nurse Pilling

O = Open Surgery

\* = Appointment Only

B = Book on Day

W = Workers Surgery

*The Health Centre reserve the right to offer any Doctor/Nurse Practitioner at any time in the Open Surgeries.*

*Early Bird Surgery available,  
please ask at Reception*

### **Practice Nurses**

|        |                |               |
|--------|----------------|---------------|
| Monday | 0845 - 1300 C  | 1400 - 1730 C |
|        | 0840 - 1200 LB | 1400 - 1630 E |

|           |               |               |
|-----------|---------------|---------------|
| Tuesday   | 0845 - 1300 C | 1400 - 1730 C |
| Wednesday | 0830 - 1300 B | 1400 - 1730 B |

|           |               |               |
|-----------|---------------|---------------|
| Wednesday | 0830 - 1300 B | 1400 - 1730 B |
|           | 0840 - 1200 L |               |

|          |               |               |
|----------|---------------|---------------|
| Thursday | 0830 - 1300 B | 1400 - 1730 B |
|          |               | 1400 - 1730 C |

|                  |               |               |
|------------------|---------------|---------------|
| Friday           | 0845 - 1300 C | 1400 - 1730 C |
| B = Joanne Batty |               |               |

C = Anne Crome

L = Kay Lumb LB = Bloods

E = ECG Clinic

**District Nurse**

☎ 015396 21690

**Health Visitor**

☎ 015396 20979

### **A Collinge Optometrist**

Friday only 0900 - 1300 1400 - 1730 \*

\* = By Appointment Only

### **DENTAL SURGERY**

Finkle Street ☎ 20626

Mr I. R. Dawson, Ms G Turner, Mrs D Ross

& Mr B Taylor

Monday to Thursday 0900 - 1700

Friday 0830 - 1500

### **LIBRARY** Main Street ☎ 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

### **SEDBERGH TOURIST OFFICE**

Main Street ☎ 20125

Open every day

0900 - 1700

[www.sedbergh.org.uk/booktown/dlbc.html](http://www.sedbergh.org.uk/booktown/dlbc.html)

### **COMMUNITY OFFICE** ☎ 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)

[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### **RURAL CITIZENS ADVICE BUREAU**

Kendal Office

☎ 0870 1264061

[www.cabkendal.ndo.co.uk](http://www.cabkendal.ndo.co.uk)

### **PENSION SERVICE SURGERY**

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

### **SLCVS @ Community Office**

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

### **COMMUNITY DEVELOPMENT CENTRE**

Settlebeck Cottage Tel: 21031

[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

### **POLICE**

☎ 0845 33 00 247

### **PUBLIC TOILETS**

Main Street & Loftus Hill Car Park, Sedbergh

Main Street, Dent

### **VETERINARY SURGERY**

22 Long Lane ☎ 20335

Mr N. Preston & Mr J. Bramley

Monday to Friday 1400 - 1430 \*

Mon, Wed & Fri 1900 - 1930 \*

Saturday 1330 - 1400 \*

Sunday \*

\* = By Appointment Only

|            |           |
|------------|-----------|
| MARKET DAY | WEDNESDAY |
|------------|-----------|

|                  |          |
|------------------|----------|
| HALF-DAY CLOSING | THURSDAY |
|------------------|----------|