

Sedbergh & District

# LOOKAROUND

March 2011

Issue 286

Donation £1

Twenty Six years ago, the seed was sown to have our very own Newsletter. The first one consisting of 4 pages appeared in march 1986 which makes us 25 years old this month.

We would like to Celebrate by inviting everyone to a Party but this would be impossible so we are having a small gathering on 12th March for Invited Guests only. If you have not been asked, please don't take it personally, there just isn't the room.

*Dennis & Jacky Whicker*



ROSE COMMUNITY THEATRE PRESENTS

## TROUBLE AT FARFLUNG MILL

### A MUSICAL COMEDY

Tickets available from  
Sedbergh  
Tourist Information Centre  
Adults £5  
Children £2.50  
*Family Tickets &  
Concessions on request*

Performances at The People's Hall

**Thursday 24th March @ 7:30**

**Friday 25th March @ 7:30**

**Saturday 26th March**

Matinee @ 2:30 eve @ 7:30

Photography by kind permission  
of Peter Stockdale @ Farflung Mill



**CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th**

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

e-mail: [editor@sedberghlookaround.org.uk](mailto:editor@sedberghlookaround.org.uk) ~ Web Site: <http://www.sedberghlookaround.org.uk>

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# MARGH BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month :- Aaron Capstick who is 11 years old on 9th March.

Please collect your vouchers from

*Sedbergh Office Services*  
13 Kings Yard, Main Street,  
Sedbergh

which can be used in any shop  
in  
**Sedbergh & Dent.**

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## NONAGENARIANS

We are now including the details of all those aged 90 years and over who wish to have their details included. To do this, we must have the persons permission, the correct Name & Date of Birth and a contact telephone number. Please supply these details and they will appear in the relevant month. Sadly, they will not qualify for the Birthday Voucher! ☺

Day	Name	Age
1	Alisha BREWER	10
4	Beatrice DEIGHTON	6
5	Willow ASHWORTH	4
5	Beatrice DEIGHTON	6
5	Ethan CLARK	8
6	Cameron HORNER	9
7	Melissa HARTLEY	10
8	Tess PRALL	10
9	Aaron CAPSTICK	11
11	Grace CAPSTICK	7
10	Alana WILLIAMSON	6
12	Evie STANLEY	3
12	Edward DEIGHTON	4
12	Kate BROOKSBANK	10
13	Emily BAINES	6
13	Sam LABBATE	7
14	Kate THOMPSON	9
17	Freya GARDNER	2
17	Fiona HOGGARTH	3
18	Danny HUNTER	6
20	Holly HAMLETT	4
27	Zoe COWIN	5
27	Jack GARNETT	5
27	Jessica LABBATE	10
29	Zara GORNALL	2
29	Ellie-Ann STAINTON	2
<b>Nonagenarian &amp; Over</b>		
3	Jack CAMPBELL	96

## PERSONAL & SMALL ADS £1



### ALDERSON

Congratulations Mum & Dad on your 40th Wedding Anniversary on 20<sup>th</sup> March. Love from Steven, Sarah, Julie & Tony.

=====

### ALDERSON

Congratulations Gran and Grandad on your Ruby Wedding. Lots of Love from Scott, Liam Robbie & Zoe.xxxx

=====

### BECK

Ada wishes to thank family, friends and the people of Sedbergh and district for their cards, prayers and best wishes received during her recent stay in hospital.

=====

### LONGLANDS

Congratulations Bill and Rachel on the birth of Lois, Ava-Mae on 7th February. Love and Best Wishes for the future from Nan, Grandad and Aunty Rose XXX.

=====

### METCALE

Happy **80th Birthday** Mum (Dorothy) on 22nd March 2011. Love and Best Wishes from Maurice & Lorraine, Stuart & Brenda.

=====

### METCALFE

Happy **80th Birthday** Nanna. Lots of Love from Shaun & Lina, Rebecca & Luke, Sarah & Anna. X

### STANTON

If you head out of Sedbergh,  
And up the road to Cautley,  
Then Barbara reading this  
*Lookaround,*  
May think that we are naughty!  
But she won't be cross,  
She will laugh it off,  
Well we hope you really do,  
Cos all we want to say is "Happy  
Birthday" to you.

Happy **50th Birthday** Babs on 22nd  
March. Love from A.C.E. xxx

=====

### TUSON

Daniel, Danielle, Lucas and Sophie would like to say a massive thank you to everyone for your cards, flowers and donations following the sad loss of our daughter, Erin. It has meant so much to us at such a difficult time. Any further donations will be passed on to Barnardo's and Sedbergh United Charities

=====

### FOR SALE

Gent's "Explorer" bicycle in good condition. 23" frame, dark green colour. Parcel rack and saddle bag. Helmet and safety bandolier. £100. 015396 25452.

=====

### FOR SALE

Alison Uttley books available. "Little Grey Rabbit" and First Edition "A Country Child" (Sedbergh School connection re. Copyright). 015396 25452.

## PERSONAL & SMALL ADS £1

### FOR SALE

Smart black Golf Bag with divider, strap and stand £25. Folding golf trolley with water bottle (not used) and pad holder £25. Also offers invited for eleven assorted golf clubs and two drivers. Telephone 20754.

=====

### FOR SALE

Pushchair - 3 wheeler, Instep Nipper. Good across country. £300 new - for sale at £45. Lucid 015396-21166.

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### FOR SALE

Settee; pale mauve/lilac, plain covers. Good condition £15. Tel; 015396 20182 after 7pm please.

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### FOR SALE

"Sanwick" Electric guitar package. Includes case, amplifier and tuner. Hardly used, excellent condition £110. 079666-20391.

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### FOR SALE

New, unused, never been on holiday - red suitcase. Has all necessary attachments - pull handle, wheels etc. Size 25" x 18". Wrong size bought. Cost £35, accept £20. Tel: 21176.

=====

### FOR SALE

Mahogany Oval Extending Dining Table + 4 padded upholstered chairs. Exc. condition but slight damage to table leg which can't be seen. W3ft, L4ft, Ext L5ft. £50 buyer must collect from Garsdale. Tel: 015396 20309.

### FOR SALE

Zanussi Dryer £30. Tel: 20529.

=====

### FOR SALE

Large double panelled convector radiator (1600x700mm) in excellent condition which produced too much heat for the room it was in and has been replaced by a smaller one. £70 ono. Also free to new owner willing to dismantle and take away - complete Greenhouse approx 10' x 8' which is now situated in the shade due to neighbouring trees. Tel. 22095

=====

### WANTED

Cleaner for holiday cottage in Sedbergh on changeover days, usually Saturday but other days by arrangement. Please contact Clare on 07718-211074.

=====

### WANTED - SUMMER WORK

Slovenian student seeks work from July 9th. Anything considered: café, pub, child minding, gardening, decorating etc. Call 015396 21166.

=====

### WANTED

Does anyone have an empty Calor Gas bottle - 7kg, 6kg or 4.5kg that they have finished with and would like a few quid for? Phone 21835.

=====

### FREE

Two support stools, one mobility trolley, reaching aids and a selection of walking sticks. 015396-21343.

PERSONAL & SMALL ADS £1

**FOR SALE**

Kindling Sticks £3.00 per Bag (Farm Feed Size) Free delivery in and around Dent/Sedbergh Tel: 015396 25004.

=====

**LOST OR STRAYED**

Stubby umbrella of sentimental value. Burberry type fawn/grey plaid design. Any information as to its whereabouts gratefully received! 015396 21138.

**G J Baines & Son**

**Building Services**

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Email: [info@gjbainesandson.co.uk](mailto:info@gjbainesandson.co.uk)

Web: [www.gjbainesandson.co.uk](http://www.gjbainesandson.co.uk)

**SEDBERGH METHODIST CHURCH**

**GUILD**

**ANNIVERSARY SERVICES**

Sunday 6th March

Preacher at 10:30 am & 6:30pm

Rev. Ken Marshall

of Tadcaster

*A warm welcome to everyone*

**TO LET**

One bedroomed flat Main St, Sedbergh

Rent £350 /cal month,

No smoking

Ring Hilary 07840 119051

SEDBERGH & DISTRICT

**HISTORY SOCIETY**

**Wednesday 2nd March**

Three Centuries of the Workhouse

An illustrated history of

Workhouses focusing on

Westmorland and North Yorkshire

*Peter Higginbotham*

**Wednesday 16th March**

Victorian Naturalists

Natural History in Victorian times

*Dr Trevor Pearce*

All meetings in Settlebeck High School,  
start at 7:30pm unless stated.

Everyone is most welcome to attend any  
or all of our lectures

Chairman: Richard Cann 20771  
Secretary: Mike Beecroft 21878  
Treasurer : Marlene Mason 20509  
Member Sec: Richard Cann 20771

### SEDBERGH PARISH COUNCIL

Since my last report the Council has met at the end of November and we also had an early meeting in January.

#### Current issues

- Purchase of Tennis Courts/  
Fishing Rights – We are delighted that SLDC have now agreed that these assets will be transferred into the long term control of the Parish Council. Many thanks to our District Councillors who have been working hard to achieve this outcome.
- Acquisition of 72 Main Street – The National Park Authority have agreed to allow until the end of March 2011 for a Community bid to be made. The users of the building have all pledged funds to support the purchase and a number of grant applications are being made. We are no therefore cautiously optimistic that an

agreement can be reached and the building successfully acquired for the community.

- Ghyllas Layby – Everything is now in place and the project to create a picnic area is expected to commence shortly.
- Toilets in Joss Lane – The Parish Council have agreed to save these SLDC toilets from closure and will take over the running them from April 2011
- Highways – Thanks to the volunteers who helped spread grit during the recent bad weather.

#### Planning Committee

- There have been a large number of planning applications. None have been opposed by the Council with a request for further clarification in one case.
- It is noted that the application to vary the condition for the development of the Aqua

*"Excellence through endeavour"*



## Sedbergh Town Band



Director of Music: Alan Lewis  
Present their



## ANNUAL SPRING CONCERT

7.45 pm on Tuesday 8<sup>th</sup> March  
People's Hall Sedbergh.  
Admission: £5.00 Under 16: £3.00



Sedbergh Town Band is a registered charity. Number 1086817

**Auctioneers, Estate Agents  
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[www.chriswhelan.co.uk](http://www.chriswhelan.co.uk)



## Wanted for Zak Hall

**0.5 acre or more plot to build a special unit for Zak  
with his special needs equipment.**

**He would like his parents and sister to live with him so he needs accommodation for  
them and a flat for his full time carer.**

**If you have a plot available with or without planning consent  
within chair pushing distance of Sedbergh,  
or a large house capable of being extended please contact us.**



Engineering site from 3 to 2 affordable units has been withdrawn. The planners have been contacted to clarify the position regarding the construction of these units as the Parish Council is concerned to see that they are eventually built Full details can be obtained either from the council office or by application to the clerk.

### **Grants Agreed**

It was agreed to grant £1,000 to Killington Sustainable Energy Trust for design work on the proposed hydro scheme on the River Lune and £500 to Sedbergh and District Canoe Club towards a storage facility at

Killington Lake.

### **Sedbergh Townscape Initiative**

The public consultation has now taken place and a further meeting is due on 25<sup>th</sup> Jan to agree the finalisation of plans and to look at funding options. Thanks to all who came to the exhibition and completed a feedback form. Your comments have been passed to the consultants Urban Practitioners.

For any further information please contact the Clerk Colin Robertshaw. (Tel 01539 730597 email [clerk@sedberghparishcouncil.org.uk](mailto:clerk@sedberghparishcouncil.org.uk) or at the Community Office around midday each Wednesday)

CR

### DENT PARISH COUNCIL

There was no council meeting in January, so the February meeting was a busy one. The council agreed to spend money on refurbishing Dent's street lights, heard about progress on the YDNPA/Dent community initiative and discussed the state of the dale's roads. A full account of the meeting is contained in the minutes, published on [www.dentdale.com](http://www.dentdale.com) (follow the parish council link) and obtainable as a hard copy on request from the parish clerk.

#### Street Lights

Some of Dent's street lights are now at the end of their useful life, and they have become increasingly unreliable

of late. In some cases the wiring needs to be replaced and photocells and other fittings renewed.

Councillors have now given approval for a thorough overhaul and refurbishment of all the lights, and when this is completed it is hoped that Dent will have a more reliable street light system.

#### Potholes and Cobbles

The state of the dale's roads after the winter weather was raised by a member of the public at the last council meeting. Particular concern was expressed about cobbles which were starting to lift in the village and the number of potholes where recent repairs had been washed out by heavy rain. It was agreed to report

## The Cross Keys Temperance Inn

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Alan & Chris Clowes

offer you a warm welcome



We are open daily for home cooked food,  
(a particular favourite is Ham `n` Eggs)  
and offer an extensive menu for  
residents and non-residents.

Our two guest rooms are both en-suite  
and we can boast one of the finest views of  
Cautley Spout and the Howgills.

*Please note our opening hours.*

We are open each day Wednesday to Sunday inclusive  
and on Thursday, Friday and Saturday nights.

**Prior booking is essential for evening meals**

these concerns to Cumbria Highways.

#### Playing Field Flooding

Last month's article reported on the YDNPA/Dent community initiative in which the National Park is working with the local community on matters of mutual interest. As part of this, a meeting took place recently between representatives of the football and cricket clubs, the parish council and National Park officers to try and find a solution to the increasing amount of flooding on the playing field. In addition to the practical solutions that were identified, the Park's officers offered to calculate the volume of flood water that needs to be removed, in order to work out if the existing

drains are adequate.

#### Renewable Energy for Farms

There are a number of grants available at the moment to support renewable energy projects on farms, and there has been some interest locally in both hydro electric schemes and ground source heating. As part of the Community Initiative, the National Park is keen to offer advice on renewable energy schemes to Dentdale farmers, and in some cases can support feasibility studies with funding. For more information, contact Alison Love, Cumbria Fells & Dales 01768 869533  
alisonlove@fellanddales.org.uk.

#### Welcome to Dent

Following a considerable amount of

## **W. DAWSON AND SON LTD**

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[www.dawsonsofsedbergh.co.uk](http://www.dawsonsofsedbergh.co.uk)

- 60 litre Multi Purpose Compost - £4.50 or 3 for £11.00
- 60 litre Multi Purpose Compost with John Innes - £5.50 or 3 for £14.00
- 60 litre Ericaceous Compost - £5.50 or 3 for £14.00
- 50 litre Decorative Woodland Bark - £5.50 or 3 for £14.00
- 34 litre Grow Bags - £2.00 each or 3 for £5.00
- 20 litre Enriched Top Soil - £3.50 or 3 for £9.00

*We also stock a variety of dry and tinned dog foods.*

work by Margaret Taylor to obtain approval from Cumbria Highways and the National Park, a welcome sign will shortly be placed at each end of the dale. One of the conditions imposed by Highways was that the parish council accepted responsibility for the signs, and so the council has agreed to add them to its public liability insurance. The signs will be paid for out of the funds that were left when the Business Forum was wound up, and which were allocated for tourist signs.

#### Affordable Housing Developments

At the end of last year the National Park included both the Ghyllside and Glebe Fold sites in Dent in its proposed list of sites for affordable

and local needs housing. The sites now need to be approved by a planning inspector before they are finally included in YDNPA's housing strategy, but in the meantime the Park has produced design briefs for the type of housing it would allow to be built on them. When the parish council considered these at its last meeting it felt they were broadly acceptable, and this view has been relayed to the Park. The next stage will be for the landowners to find developers who are prepared to build on the sites, though in the present economic climate, with cuts to the amount of government money available for housing, this may not be easy.



**HealthySteps**  
Moving you to better health with the Lebed Method

Fun, therapeutic exercise & movement to music for men & women of all ages & abilities to improve fitness, range of movement, lymphatic flow, balance, flexibility & strength, stabilize weight & enhance emotional wellbeing !

**10am Thursday -Methodist Hall, Sedbergh**  
Gentle to medium activity.

**New! Starting Thursday 3<sup>rd</sup> March 11.15am- MEN ONLY!**  
*A gentle class with seated & standing moves, as appropriate, to enhance balance & flexibility.*  
*Wheelchair access available. Don't worry no Boas!!*

**New! 6.30pm Thursday-Barbon Village Hall**  
Medium to active class.

**New! 10am Tuesday -Kirkby Lonsdale Institute**  
Gentle to medium activity.

**£5 per class.** No commitment needed. Bring Water.  
All classes are tailored to individuals in the group

Call Yvonne on 015396 21303 or 07795 063107  
Licence No.:UKCLM2009000718  
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**CUMBRIA - PATAGONIA METHODIST LINK  
CELEBRATION CONCERTS:**

**The Cumbria Special Choir**  
**Ariel Ramirez:**  
**Folk Drama – Navidad**  
**Nuestra**  
**Folk Mass – Misa Criolla**



**Talk by Sue Jansen -  
Living in Patagonia**



**Saturday 5<sup>th</sup> March:**  
7.30 pm Penrith  
Methodist Church  
**Saturday 12<sup>th</sup> March:**  
7.30 pm Kendal,  
Stricklandgate Methodist Church

**Exhibition about Patagonia and the Cumbria connection.**  
**Refreshments, including Argentine snacks**

Proceeds from the retiring collection will go to the Argentine Student Homes Project.

**DENTDALE**  
**CHRISTIAN FELLOWSHIP**  
 “Rhumes”, Dent LA10 5QJ  
 Tel: 25212  
 7pm - Supper to follow  
**Sunday March 13th**  
*All Welcome*

**Traditional building repairs**

**WENNINGDALES**

We specialise in:

- Lime pointing & plastering
- Lime wash
- Sash window repairs



❄ TEL: 07884 499832 ❄

Car Park Repairs

Work will start soon on repairs to the tarmac at the entrance to the car park. One edge is beginning to break up, and so at its last meeting the council agreed to pay for the necessary repairs.

Parking round The Green

Cumbria Highways have recently altered some of the “Resident Parking” signs around The Green so that they relate more closely to the parking bays. The next stage, which is due to happen shortly, will be to alter the road markings so that they indicate more clearly where cars should be parked.

Muck Spreading

The council has received a number of complaints from residents recently about the amount of manure dropped by some farm vehicles when travelling through Dent village, and these were discussed at the last meeting. It was felt that most farmers were very conscientious about clearing up any accidental spillages, and that the recent spills were unusual. Councillors agreed to monitor the situation and hoped that by drawing attention to the problem,

those responsible would be encouraged to prevent it happening in future.

Next Meeting

The next council meeting will be held at 7.30pm on March 7<sup>th</sup> in the Sedgwick Room. The public are welcome to attend all meetings and to raise any matter that concerns them during the public forum which usually takes place at about 8pm.

*Jock Cairns, Chair Tel: 25655  
 dentparishcouncil@btinternet.com*



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### COUNCILLORS CORNER

There is no doubt that one of the biggest issues facing rural areas over the next few years is the extent to which they can gain access to the Superfast Broadband network. There is clear evidence to show that those areas where this can happen not only have an economic advantage in terms of local businesses and the promotion of tourism but even the value of houses in the area increases too! Like it or not, Broadband is here to stay and is a key element in the "white hot" technology revolution currently sweeping the country. It was with this in mind that our MP Tim Farron organised a Broadband conference in Kendal on Saturday

29<sup>th</sup> January to which representatives from across South Lakeland were invited. There were a number of people from Sedbergh and District present including David Collier from Sedbergh, Jock Cairns the Chair of Dent Parish Council and myself. The afternoon comprised presentations from delegates knowledgeable in this field (the air was thick with references to kilobytes, megabytes, gigabytes and even terabytes) and particularly from officers from Cumbria County Council who are charged with putting a scheme in place to enable the ten million pounds made available through government grant to be spent effectively. Following the presentations, small groups were

- BOSCH**
- 1400 Spin
  - 5.5kg Load  
(WAA28168GB)



£299.99

- INDESIT**
- 1400 Spin
  - 7kg Load  
(PWC7143)



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- 32" LCD TV 1080p
- Built in Freeview HD
- 5 Year warranty\*  
(32RV753)



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\*end 31st March, ask for terms

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formed to discuss the proposals in more detail followed again by more presentations to explain specific proposals which were already under consideration and in some cases up and running. The practical outcome as far as the Sedbergh and Kirkby Lonsdale Ward was concerned was a decision that each Parish would appoint a facilitator or Champion to oversee and report on developments and notify them to a co-ordinator who in turn would pass them up the line via Tim Farron to the County Council. Jock Cairns was appointed co-ordinator for our Ward and David Collier agreed to take on responsibility for Sedbergh. Other parishes will be appointing, or have

already appointed, their own Champions. There is a great deal of will and enthusiasm to carry forward this project and we are lucky to have so many committed local people willing to take part in making it happen. Technical decisions need to be made, of course, over such things as to how Broadband will actually be carried to the more remote areas around here but at least we are in at the beginning of all this and can make a real difference to the final outcome. The Big Society in action in fact!

Closely following the conference was a meeting of the Local Area Partnership in Sedbergh at which the proposals coming out from the conference were welcomed and a

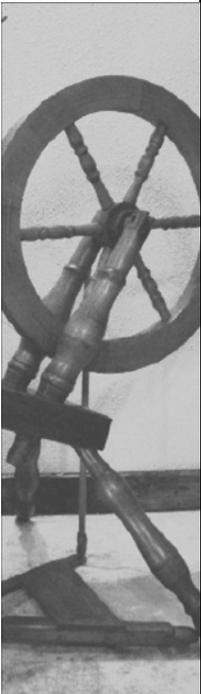
# farfieldmill

arts & heritage

**Workshops in March**  
**13 March - Learning to Spin 1:** with Rosie Fairburn & Margaret Eccleston  
£40 (£35 for Friends of Farfield)  
**25 & 26 March – Altered Textile Surfaces:** with Ann Burrow  
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decision made to support what had been decided.

The Sedbergh Townscape Initiative is proceeding apace and a further very well attended meeting was held on the 25<sup>th</sup> January at which the consultants reported on the outcome of the public consultation which I am pleased to say was unanimously positive. At this same meeting Parish Councillor Jim Atkins was appointed Chair of the STI and I am sure that he will proactively steer it forward in a way which we have come to expect from the initiator of the allotments project. You will find in this issue a more detailed report from him as to what was actually discussed and decided at the meeting. Suffice for me to say, keep a look out for the new street signs which should be appearing shortly!

I have mentioned in a previous article that I am a member of the SLDC Task Group currently preparing a Report on the provision of affordable housing throughout the District. We have had many meetings, interviewed a large number of people and the Report is currently being finalised with a view to its

shortly being presented to its parent Overview and Scrutiny Committee and ultimately Cabinet. SLDC takes the lack of affordable housing in the District very seriously indeed and is organising a major housing conference in Kendal on the 18<sup>th</sup> March. For myself I can only reiterate that I place the provision of affordable homes very high on my personal agenda and I was somewhat surprised to receive feedback from my earlier article that this view is not universally shared. The over-riding problem is that in Cumbria the differential between income and house prices or house rental is greater than almost anywhere else in the country and this is an issue that



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*must* be addressed if we are not to have local people leaving because they cannot afford to buy or rent a home in the area where they were brought up or have strong personal connections. If wages cannot go up then house prices must come down and this can only happen by a mixture of reducing development costs, innovative forms of sustainable development and building materials, and finance being available to all those wishing to buy or rent. We have recently celebrated the completion of the 500<sup>th</sup> affordable home in the District since the introduction of the Cumbria Housing Strategy in 2006 and I can only hope that we can continue to improve on this success over the coming years.

As ever Peter Woof and I may be contacted at any time as follows:

*Peter Woof: 015396 20857*

*peterwoof@hotmail.co.uk*

*Ian McPherson: 015396 20648*

*ianmcperson24@hotmail.com*

#### **COUNCILLORS CORNER**

As a county we set our budget two days before I write this. The district will be doing the same next week. Yorkshire Dales has agreed a "draft" budget which is now in the public domain. All three authorities are making significant reductions in services but as I said last month, not the county, nor the police nor the district will be making any increase in their share of the council tax bill. Of the three authorities I sit on the National Park is taking the most immediate hit in terms of budget, but over the longer period the county will

suffer most. South Lakeland will not be affected quite so much because it was very badly hit by the changes John Prescott made back in 2001, totally disproportionately to the other two.

The two most direct changes we will see in Sedbergh will be the parish, hopefully, taking over Joss Lane toilets and the community, hopefully, taking over the Community Office Building. At the moment, Sedbergh Library is safe. There could be changes in the medium term as to how it is run but the county has invested a lot of money in Sedbergh Library building. Because of the nature of the lease with the owners, Sedbergh United Charities, this

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means that the service will continue for the foreseeable future, in some form or another. The same cannot be said for the Travelling Library currently received in Dent. I have been told that it has been costing £70 per book issued to run the service in Cumbria. Sorry, but that is a cost we can no longer justify.

Several people have written concerning disabled parking in Kendal. Some have been round robin letters, others have clearly been written by the sender. I do not accept the general premise that Kendal is the most disabled person unfriendly town in England but I have long expressed concerns about the whole issue of parking in the town. If the Lib

Dems continue to control South Lakeland after May then they are hell bent on removing free parking from New Road – not that you will see that in their voluminous leaflets. That will surely make Kendal the most parking unfriendly town in England for disabled and able bodied alike.

Just at the very time that local authorities are having to make large budget reductions the county is also having to go through the whole Job Evaluation process. Job Evaluation, hereafter JE was a commitment for local government first made in 1997 encapsulating the concept of equal pay for equal work – in theory. As a very small organisation YDNP was able to implement JE before 2000,

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one of the first to do it. There it went well with only a handful of problems. For South Lakeland the process was much less happy, contributing to the departure of a Chief Executive and two senior officers.

Not having JE in place has already cost the county £40M in Employment Tribunal awards and if it is not in place by next September the costs will rocket, month by month. It was inevitable that JE would throw up some problems. I am very aware of the issues concerning Teaching Assistants in this area and hope we can have some rational resolution.

Since my last article the national government has announced and then retracted a proposal to sell off publicly

owned woodland in England.

Personally, I think the forests could have been better managed and made more accessible by being in private hands. There has been a lot of noise about public access to forests, as if that was a timeless quality. In fact, in my youth, not that long ago, all Forestry Commission woods were decidedly "out of bounds" with draconian penalties for trespassers. I believe they were opened up in about 1980, but whether that was when Margaret Thatcher was PM or Jim Callaghan, my memory escapes me.

*Councillor Kevin Lancaster –  
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### **BREAKS FOR CARERS OF DISABLED CHILDREN**

Breaks for those who care for disabled children are to come into force as of 1st April 2011. Draft regulations have been published, placing obligations on local authorities to provide short breaks for carers of disabled children.

According to the legislation, drafted last November, local authorities must 'have regard to the needs of those carers who would be unable to continue to provide care unless breaks from caring were given to them.' They will also be expected to have regard to the requirements of carers who would be able to more effectively care for their disabled child

if they were given breaks from caring that enabled them to -

- undertake education, training or any regular leisure activity,
- meet the needs of other children in the family more effectively, or
- carry out day to day tasks which they must perform in order to run their household.

In particular, local authorities will be instructed to provide a range of:

- day-time care in the homes of disabled children or elsewhere,
- overnight care in the homes of disabled children or elsewhere,
- educational or leisure activities for disabled children outside their homes, and
- services available to assist carers

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Local authorities will be given until 1st October 2011 to prepare a statement outlining details of the range of services that will be made available to carers of disabled children, the criteria by which those eligible will be assessed and how these services will meet the needs of carers in the area. They will be expected to take into consideration the views of carers whilst preparing and revising the statement.

South Lakeland Carers, a Cumbria based charity which aims to enable carers to manage their caring roles more effectively, welcome the regulations which will allow parents of disabled children to carry out day to day tasks that many other parents may take for granted. The legislation will give disabled children the opportunity to participate in positive activities independently of their family and outside of school.

David Congdon, Head of Policy and Campaigns, Mencap and Every Disabled Child Matters Board member said: "These regulations go a long way to strengthening disabled children and their families' rights to short breaks. Parents have told us that 'the lack of short breaks was the biggest single cause of unhappiness with service provision'. Giving carers this right is a huge step forward to families with disabled children living ordinary lives. We hope that the accompanying guidance on the Short



Breaks Duty is produced in a timely way allowing local authorities to prepare for the duty's

commencement on 1st April 2011. This guidance will help local authorities navigate the legal maze on short breaks thus ensuring that families get the breaks they are entitled to, and reducing local authorities risk of legal challenge."

The regulations will now be presented to Houses of Parliament for approval, with the Government writing guidelines to accompany the regulations. It is anticipated they will be published soon after the regulations have been approved.

*Annaliese Watkins*

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### **SEDBERGH & DISTRICT HISTORY SOCIETY**

The first meeting of the new year was well attended by members who had come to hear a talk by Trevor Avery who lives in Sedbergh. He had acted as an adviser to the BBC for their programme "The orphans who survived the concentration camps" and his talk was about these orphans and was entitled "From Auschwitz to Ambleside".

The talk attempted to answer three questions about the orphans; who were they, how did they come to be here and where did they stay? The answer to the first question was that they were Jewish and there were three hundred of them aged between 5 and 18, the vast majority of whom were boys. Most had originally lived in close knit communities in rural south-west Poland. In addition to the children there were a few adults to support them but several of these absconded when they reached Windermere.

The experiences of one boy, Mayer born in 1926, were used to illustrate how and why they had come to Windermere. He had been forcibly separated from his parents and along with other boys had been put into a slave labour gang laying railway lines to concentration camps that were being constructed. In all he was in nine such camps during the war. He arrived in Auschwitz Birkenau in June 1943 and managed to survive there by working as a tailor, a trade to which he had been apprenticed. His job was altering the uniform of the

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German soldiers. His job meant that he avoided the gas chambers but experienced hunger and starvation. In November 1944 along with the other inmates he was moved because the Russians were advancing towards the camp. They were subjected to forced marches without food and water and anyone who fell out was shot. Then they had a three week journey in open railway carriages during which many died. They eventually reached Theresienstadt. This had originally been set up as a camp for privileged Jews but had become a ghetto for Jews displaced from concentration camps. Mayer survived there until it was liberated by the Russians in May 1945 and then hospitals and food were provided.

After the war various individuals and organisations asked the British Government if it would allow some Jewish children survivors into the country to recuperate. About 300 orphaned children, including Mayer, were picked and moved to Prague from where the RAF flew them in Stirling bombers to near Carlisle in

August 1945. They were then transported to the Calgarth Estate near Windermere. This had been constructed in 1941 to house workers building Sunderland flying boats and the children were accommodated in huts that had been used by single unmarried workers. These huts were situated in what is now the grounds of the Lakes School. Each child had its own cubicle with a cupboard and a bed with clean linen, unimaginable luxuries after a concentration camp. Initially there were problems with them adjusting to the availability of food and realizing they did not have to hoard it to avoid starvation. Also, understandably, many had behavioural problems after their

experiences. There were the inevitable problems with local boys due to the influx of foreign teenage boys but the conflicts tended to be over local girls rather than racially motivated. However, despite problems the children were given a friendly greeting and welcomed by the locals. For the children themselves Windermere was paradise after what they had been through during the war. After a few months they left Windermere and many stayed in Britain making successful lives for themselves.

After his talk Trevor answered questions and then was thanked for his moving talk by the chairman.

*Richard Cann*

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### BRASSED UP

*The People's Hall gets 'Brassed Up'*

On Friday the 11<sup>th</sup> of February the second of two performances that week from the Highlights Rural Touring Scheme took place, and a passionate performance from 'Brassed Up' filled the People's Hall with the sound of music. The inspirational and multi-talented duo, James Stretton and Iain Jackson, combined education with witty banter, some audience participation and a varied selection of music and produced an event not to be missed, that was fun for the whole family.

Stood in the centre of sixteen brass instruments, including a French Horn and a 1746 Trumpet replica, James discussed each piece of music and the significant instruments he would be using, accompanied by Iain on the keyboard. The music ranged from classical to Boogie-woogie and in the second half even included a few pieces composed by Iain and James themselves.

Watching James' speed and agility when playing a combination of instruments was a particularly amazing sight and with the threat of audience participation always lurking around the corner, James kept everyone on their toes and wanting more. By the end of the night and after everyone had a chance to ask any questions, they left the stage to applause, almost as loud as their trombone, and cheers of encore!

As this was my first experience of the People's Hall I was delighted to find a great entertainment venue full

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of atmosphere. It was explained to me how the Peoples Hall Committee are currently fundraising to be able to renovate the hall and also expand to include another small hall. This is no small feat as £1.5 million needs to be raised for the work to be carried out. However, the hall is used by the community for many purposes and by coming to these events people are raising money not only to redevelop and extend the Hall but also to protect its future for generations to come.

Finally, I would like to thank Gina Barney and the rest of the People's Hall Committee for being so welcoming and giving me the opportunity to report on their event. If anybody would like to take a look at the work of 'Brassed Up' they have many videos on You Tube and can also be found under the Latin name 'Oricalcum'.

If you would like me to report on your event please contact me by either giving me a call on 25185 or alternatively by sending an email to [laurabm@sky.com](mailto:laurabm@sky.com) with dates and details.

*Laura Mottershead*

### BOOKWORM

*What I have been reading this month :*

1. 'The Lady and the Unicorn' by Tracy Chevalier ( historical fiction)

Based on tapestries woven about 1500 this is a readable lightweight historical novel. It does give good descriptions of the lives of weavers in Northern Europe at the time otherwise I found the substance disappointing. The tapestries now hang in a museum in Paris - there are no photographs in the book but googling the images of them shows how beautiful and significant they were.

2. 'The Places in Between ' by Rory Stewart ( travel)

The author ( who now lives in Cumbria ) walked from Herat to Kabul in an Afghan winter ( 2002) just after the Taliban had fallen. This is an extraordinary journey through remote villages, deep snow encountering

( with an adopted wolf dog) the complex, varied cultures and groups in rural Afghanistan. Rory faced challenge, danger, little food and conflicts almost daily and is a knowledgeable and insightful narrator. I felt I had done the journey from my sofa!

3. 'The Complaints' by Ian Rankin ( fiction)

Malcolm Fox works in the Police Complaints department in Edinburgh. Rising star Jamie Breck is now under investigation for an allegation that seems extremely secretive. Action packed, clever dialogue, believable characters, contemporary plot are all woven into a world of murder, property speculation and bribes. Facing the 'who can you trust in the police force?' question discounts quite a lot of managers, journalists and family connections on the way to unravelling this engrossing book. A winner!!

*RM*

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### **SOUTH LAKELAND CARERS**

#### *Fear over Spending Cuts for Carers*

A South Lakeland Carers Charity is battling to continue its vital services in light of the recently proposed spending cuts, which could devastate carers in the county.

South Lakeland Carers say the 11,000 carers in the area are at risk of being hit with a 'double whammy' with potential cuts to services to the person they care for and cuts to services designed to support them.

Young carers are also facing uncertainty as children's services have not given any indication of future funding to support them.

Steve Pollard, Director of South Lakeland Carers, based in Kendal, said: "South Lakeland Carers offer a number of vital services for carers in the area, providing them with free one-to-one support and counselling as well as sitting services and carer's breaks, giving them the strength, confidence and ability to continue caring for longer.

"Without continued support from the government and from local people, services such as our Hospital Outreach, where Carer Support Workers visit the hospital to meet carers and offer information about support services to help them, may suffer."

The call for continued support for carers comes after the issue was brought to attention in the national media with the case of Rivan Vincent whose parents were forced to consider putting their child into full time care due to the demand of keeping up with financial and

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Mr Pollard said: "The case of Riven Vincent highlights the dangers of the economy failing to invest in care which supports families caring for relatives.

"It is not unusual for carers to feel under enormous pressure and to be pushed to breaking point. South Lakeland Carers is here to support carers in the local community, to help them to cope with their caring role.

"The good news is that around £900,000 per year for the next 4 years will be given to the NHS to provide breaks for carers. The NHS is being encouraged to work with social care services and carers organisations to ensure this money is spent on carers. We are working to ensure that this money is spent to support carers and that carers will continue to gain support in the tough economic times ahead."

The Government recognised the importance of social care in October's Comprehensive Spending Review. However, with local authorities facing cuts of up to 28% over the next four years, there is a risk that care and support services will suffer.

As local authorities are forced to make massive cuts, this is a crucial time for carers, the cared for and caring support charities like South Lakeland Carers. *Steve Pollard*


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### FAMILY MUSINGS

Life is a real odd - bodd at times isn't it? We can be sailing along quite happy with our lot and WHAM in flies some major "thing" and leaves us reeling, so what do we do? Talk to God, to family, to close friends .. all good, mull "it" over, go down the roads of "what if this v what if that, no, yes, and sometime come to a decision or reach the conclusion! Running own business, helping on committees, being part of a vibrant (?) community, family life etc, life is certainly never dull!

The finished novel will be typed up by a friend who can type with more than one finger, although my one finger does get up to quite a speed at times, during her Easter break from Uni, the novel about Caring is on going as is the seed of an idea re putting some of the Musings, especially the ones from the early days, into a book. then there are all the notes from conversations with my parents over the years, plenty to keep me busy along with the garden.

Son and T have had a holiday in the North east, elder daughter & hubby have been to Kenya including on

Safari and she got a tad too near to a passing Lion, younger daughter and fella also have been away, all good in the busyness which is their lives, hubby had 4 lambs the last time I asked him so I guess we are into Lambing Time. TB testing and Sheep scanning are on the agenda this week. We, me and him are of on holiday later in the year but also have been invited to go to London and be shown around the Houses of Parliament. The daughter of close friends works therein and would take us around, we hope to fit it in somewhere, perhaps with a visit to family in Wolfampcote from where we could catch a train nearby to take us to the capital. We folks out here in the hills can feel a bit cut off from main stream politics but must all do "our bit" when we can, be that taking a position on a committee or getting our sleeves rolled up and cleaning/ working behind the scenes in local organisations. Some of the people who come to the August Gala in our community make the comment "I thought these little local fairs had all but died out", they will you know and a bit of living history will be dead unless people get involved! You may gather I am quite passionate about our BH Gala, I've been involved all my life, my Mum was involved, her Mum was involved in things like Decorated Bike competitions & Basket Making classes, it is in my blood, I'm local and because of that am one of a rare breed, a VERY RARE BREED some might say! What are you going to help with ? You might actually enjoy it!

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## St GEORGE'S DAY PARADE

This year, St George's Day falls right in the middle of the Easter Weekend but that is no deterrent for organising a Celebration Parade similar to last years inaugural one.

As it stands at the moment, everyone involved is requested to gather in the Bull Hotel Car Park on the morning of Saturday 23rd April. At 11am, the Parade will commence from the Car Park, left onto Main Street, right onto Back Lane, right onto Finkle Street, right onto Main Street then back into the Bull Yard. Last year, this started at Finkle Street/ Main Street junction and ended up on Joss Lane Car Park but it is felt this would now be impracticable.

St. George will lead the Parade and will be followed by the British Legion Standard (as last year). **ALL** Groups in Sedbergh and District that have a Standard, Banner or Flag are invited to Parade with the British Legion Standard. This is an Open Invitation to The Scouts, Guides, Women's Institutes (apologies if you are not mentioned) to show off your colours

to everyone else. Other 'Walking Groups' similar to the Gala Parade are invited to join in to Celebrate this day of which we should be proud of. The Town Band will bring up the rear of the Parade to make it a lively and picturesque event.

Things are in the early stages at the moment but other entertainment is to be provided at the rear of the Bull Hotel.

If you would like to join in the Parade or have any suggestions, please contact me so that things can be organised to help make this a splendid Annual Event to celebrate St. George's Day.

*Dennis J Whicker*

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### **HOWGILLS TEA ROOM**

I would like to express sincere appreciation for every encouragement that our customers gave **hOwGiLLs Bakery and Tea Room** whilst we were trading.

Through such support we were able to gift and grant to various groups and individuals an amount slightly in excess of £8000. I know that there are many, from the people of Haiti to folks working within the district, who are grateful for your generosity that made, as example, donations of the sale proceeds of hot drinks for the Haiti earthquake appeal possible. Other groups have been able to have a plentiful and ready supply of scones and cakes that they could use for

their own fundraising efforts. Also, a range of individuals and organisations have benefited from specific cash grants to help them further their work for the betterment of the locality.

It would be remiss if I did not mention our staff who worked tirelessly and without complaint to help us achieve all that we managed to do. Thank you all!

I hope that the spirit of support and service that so obviously exists in Sedbergh continues. It has been a most rewarding experience to be part of the community and to contribute, in a small way, to its determination to do that which it does best.

*Davidson Walton*

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one to despair  
He was an inspiration, even when in  
pain  
Always having time to chat and you  
never heard him complain  
His gift was to truly listen to what was  
being said  
Finding a solution, even when ill in  
bed  
Folk music was his love, the festival  
the highlight of his year  
Meeting like minded people, painted  
as the Ratcatcher  
He enjoyed a joke, he spread a smile  
reaching out all the while  
He touched our hearts, he touched  
our soul  
May his light continue to shine, within  
one and all.

*Elizabeth Ball*

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### **KENDAL ECUMENICAL GROUP**

#### *Faith Exhibition and Question Time*

We would like to congratulate and thank Kendal College, its staff and students for hosting the very successful recent Exhibition and Question Time entitled "Religion and faith - what's the difference?" We were kept busy throughout the morning exhibition as students from all disciplines in the college showed interest and courtesy. The students were attentive at the two sessions of Question Time, which were lively, interesting and informative.

Exhibitors on the day represented various faith groups from throughout the town. The day was organised by the Council for Faiths and Beliefs in Further Education (FBFE) in conjunction with Cumbria Further & Higher Education Faith Forum.

The Kendal Ecumenical Group exhibit featured our events for 2011, plus each of our main speakers since the first in 2003 and our approach to ecumenism and interreligious dialogue.

*Norman Burnell*

## DENTDALE WI

There were brightly coloured Primulas in pots decking the President's table in the Memorial Hall at the February meeting, catching the eye and immediately brightening up a cold evening. The hall was laid out for a games evening but as is the custom we had the Business Agenda to get through. Members were told that the WI is to lose the sponsorship of Taylor's of Harrogate and a letter of thanks for their contribution over the years will be sent to the Company. National Federation featured twice: Kate Cairns skilfully guided us through the specific rules on using the National WI trade mark Logo and then Dale Smith had us voting with 2p coins (which were later put into our Pennies for Friendship jar) to make our selection from the candidates from all over the country who were considering offering their services to be on the National Executive Committee. It really made us feel involved in the process!

A date for the Diary (and coming up really soon) is 12<sup>th</sup> March and the Dentedale Run when we are asked to contribute baking for refreshments given to the runners and to offer help in preparing and serving.

There is a chance to learn a new craft skill as Freda Meakin has proposed two Rag Rugging sessions on 8<sup>th</sup> and 22<sup>nd</sup> March at her house.

Catherine reminded us that the Dentedale bursary is still available to anyone who would like to take up a



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course at Denman.

We then proceeded to play a couple of sessions of Dominoes and for some of us it was the first time we had played competitively but we were soon playing to win! Marjorie Haygarth gained the most points which will count towards the Annual Competition cup at the end of the year.

Next month Gillian Price will talk about Allotments and the competition is for a Limerick starting; There was an old gardener from Dent.... New members and visitors always welcome.

*Pat Allen*

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## **JANUARY WEATHER**

Another chilly month but not quite such a sustained cold spell as last month. Temperatures varied from a maximum of a balmy 50.5F to a chilly minimum of 12.3F (-11C). The wind chill on that night dropped the temperature to -13F (-25C!!!!). Not a night to be out and about!

Atmospheric pressure, and hence wind speed, was interesting during this month. During the early part of the month pressure was low and the wind speed, as normal in these conditions, was brisk but temperatures were below freezing for a week which wasn't quite what we usually expect. During the third week we had a spell of high pressure and the winds were, as expected, lighter but the direction wasn't as expected. High pressure during the winter normally gives us light easterly winds. Low pressure generally pulls winds in from the west which tends to be warmer in winter. This month the high pressure produced winds, except for one day, from a westerly direction. The maximum wind speed recorded was 15.7 mph. This variable month

was quite a wet one with a rainfall total of 5.32 inches most of which fell in the second week. In fact the last fortnight only produce 0.04 inches, nearly an official drought!!

Once the snow had cleared the bulbs were through. Honeysuckle, one of the earliest shrubs to move, was showing green tips to its buds. Hazel and alder catkins suddenly seemed to have lengthened. By the end of the month some snowdrops were showing white. Cock birds are singing as they mark out their territories. Our "resident" owl has been calling even during the afternoon! Nearby rooks are back at their nest site inspecting the damage. Stock are shifting some food much of which will be to keep them warm. I am always surprised how much water they drink but I suppose dry hay and pellets need slecking down. The bird table visitors have increased again this month with even the odd goldfinch dropping in for its niger seed. The mallard are dropping in less frequently for breakfast at the moment. Perhaps they are busy on other duties!

## NEW BELLS FOR DENT

*The Bells of St Andrew's Dent to be "Christened"*

Tuesday 1st March sees our bells return to Dent after their long restoration at the Bell Foundry at Whitechapel in London.

At 11am the bells will be officially named, or christened before they are lifted into the Tower. This will be an outdoor event, so wear a coat! No matter what the weather, it is a great day of celebration for Dentdale, because within a few days of their installation into the Tower, the bells will be ready for pealing. A lot of thought has gone into the naming of the bells and we involved Dent School, who chose the name of the smallest bell.

Church Bells are evangelists, calling people to come and worship, so we give some of the bells the names of famous evangelists from the past. Other bells have been named in honour of the patron saints of the United Kingdom:

- Big George - for the largest bell and named after the patron saint of England
- Andrew - for the patron saint of the church, an apostle and evangelist
- David - for the patron saint of Wales, apostle and evangelist to the Welsh nation
- Patrick - evangelist and the patron saint of Ireland, whose Celtic missionaries had a considerable



influence on the Vikings who colonised Dentdale

- John - for the apostle and evangelist and patron of our sister church in Cowgill
- Theresa - (chosen by the children of Dent School) a modern saint who taught people to love God in a busy world.

The naming of bells is called the Service of Chrismation and is normally conducted by a bishop. I apologise for the short notice, but the nature of the project and timings of the contractors responsibilities make speed and flexibility of arrangements essential. However, following this

event, all the restoration work (including the bells and the clock) will be formally dedicated to the glory of God at a Dedication Service at 10.30am on Sunday 19th June at St Andrew's

Dent, the service to be conducted by Bishop David Hope. This will be the first formal occasion the bells are pealed (though you will of course hear them before then). This will also be an occasion of thanksgiving for all that has been achieved through the support of the local community and will mark the formal ending to all restoration appeals ( Do you remember there have been four appeals? It has been a huge effort for the "Raise the Roof Appeal," the Dent Organ Appeal, the Bells Appeal and the Village Clock Appeal).

*Peter Boyles, Vicar*

### POTHOLES

The Guild of Experienced Motorists has issued the following advice with respect to Potholes which seem to be breeding on their own:

1. Always be aware of dangerous potholes on your route home and in your area and, if necessary, find an alternative route.
2. Remember to keep your distance from the car in front. Motorists will often brake suddenly if they spot a pothole too late, so ensure you are far enough away to slow down safely. This applies even more to two-wheelers, for whom an encounter with a pothole can be lethal.
3. Make sure you stick to the speed limit and drive even more slowly than

normal on smaller roads and residential streets where potholes may be prevalent. Hitting a pothole at speed will cause much more damage to your vehicle.

4. Never swerve to avoid a pothole; always slow down or stop completely if necessary checking that there are no vehicles close behind you – drive over it slowly or manoeuvre around it when it is safe to do so.
5. Remember to help your local authority by reporting any dangerous potholes that are causing problems in the area.

For more information on how to report potholes visit the GEM Motoring Assist website at [www.motoringassist.com](http://www.motoringassist.com)

JAD

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### **SEDBERGH WANDERERS FOOTBALL CLUB**

Not a huge amount to report on this month other than the fact that ladies night tickets are now on sale from premier and, at the time of writing, we currently have about 30 left for sale. The evening consists of a free drink on arrival, a 3 course meal, coffee and champagne after the meal and a disco, all for only £15 (see advert on page 70) There is also a big prize draw on the night to win a great star prize, tickets for this will be on sale on the evening. It is a great prize but will remain secret until the evening! This event is for ladies only so guys, grab your mates and head to the pubs! For all those who have bought tickets already, please remember to reserve your table and order your food. This is absolutely crucial to us in ensuring the tables are set up correctly to accommodate everyone on the night and that we only purchase the food we need to enabling minimal waste in food and monetary terms. You can do this by contacting me (details on ticket) or giving all these details at Premier when you buy your ticket.

Tables can be as small or as large as you like so please let us know your requirements. A quick update on the one big weekend and we have scrapped the 5 a side football so we can use the pitch for other things. We are currently looking at novelty, fun things like a bucking bronco or an obstacle course bouncy castle amongst other things to fill the field. We are also offering you the chance to bring up a stall or a game. We would essentially 'rent' a part of the field to you for a small cost of £15 a day and you can bring up anything you want. Examples could include a coconut shy, a cake stall, a jewellery stall or a jumble sale! It really would be up to you and any money made is yours to keep, less the rental costs paid to us. If you are interested in hiring a part of the field to make yourself some money, contact me using the football clubs e-mail address which is [sedberghwfc@hotmail.co.uk](mailto:sedberghwfc@hotmail.co.uk)

*Ben Close*  
*For and on behalf of Sedbergh  
Wanderers Football Club*

### LOVE THE LUNE

New Social Enterprise in Kirkby Lonsdale invites local people to design winning identity and logo for the Lune Valley

Love the Lune; a campaign to connect up settlements along the Lune Valley, is looking for fresh new talent to create a corporate brand and logo that will help bring more visitors into the area.

The Brand Identity Competition is funded by a grant from Fells and Dales Rural Development Programme. It is part of a campaign to create a Social Enterprise Scheme, based in Kirkby Lonsdale, that will benefit villages and towns along the Lune Valley by helping them share resources.

The brand will be used as part of a website focused on promoting the area more fully and will give a consistency to a range of brochures and marketing campaigns and materials. The aim is to highlight the natural beauty and many attractions of the Lune Valley, enticing more people from around the globe to places like Sedbergh, Dent and Kirkby Lonsdale.

The winner of the competition will be given a valuable chance to work alongside designers and web developers in a two week internship with top professionals. They will see their designs being transformed into a fully realised brand identity that will help stimulate the economy of a whole valley.

Ian McPherson, SLDC Councillor for Sedbergh and Kirkby Lonsdale said



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it's time to really show the rest of the world the full potential of the Lune Valley, "In the past places like Sedbergh and Kirkby Lonsdale have fallen between two places; The Lake District to the west and the Yorkshire Dales proper to the east. We feel it is important to come up with a distinctive brand establishing the Lune Valley as a tourist destination, making it clear to people what's on offer when they come to this part of the world. The River Lune and the Howgill fells are good symbols of how unique and different we are."

Applications can be downloaded from [www.lovethelune.com](http://www.lovethelune.com). The closing date is 11<sup>th</sup> March 2011.

For more information about the Logo Design Competition, or to arrange an interview or photo call contact Project Leader Claire Benson on 078210 01352.

*Kirstie Pelling*

### **PASTURES NEW IN ITALY**

Sedbergh lovers of Italy will be enjoying a new part of that amazing country this September. For several years we have stayed near Rome. This time we shall be based in a lovely spa town in the foothills of the Tuscan Appennines. We have a full week of interesting experiences: we begin by flying in over the Venetian Lagoon and, towards the end of the week, we shall be exploring the Renaissance palaces of Florence. Using our own coach, we shall visit three memorable cities – Bologna, Ravenna and Florence. Bologna, the seat of the oldest university in Europe and the gastronomic capital of Italy, is a city where shoppers are protected from heavy rain and burning sun by the historic arcades. Ravenna, at one time capital of the western Roman Empire, is famous for its unforgettable mosaics, the finest Byzantine ones outside Istanbul. Florence must surely be among the finest cities in the world. We shall have guided tours of each of these followed by a bit of free time to explore.

One day we shall travel up the valley of the River Senio, calling at a farm for lunch, learning about farming in the area, and having the chance to walk and relax among the Tuscan hills. We shall be in the region at the time of the grape harvest and shall enjoy a "harvest supper" at a nearby vineyard, with wine-tasting and local music. We shall have a young visiting

lecturer with us who will provide us with expert historical introductions to the places we visit. There will be opportunities – for those who want to do so - to practise and improve their Italian language skills.

The hotel is in a small spa town, safe, quiet, planted around with beautiful trees, with a health spa, a golf course and a water Funpark. Our visit includes full board at the family-run hotel with attractive ensuite bedrooms, home-cooked wholesome food and local wine. The group consists of twenty-eight people, and we hope this may be the first of several visits to the area.

*George D Handley*

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### **SEDBERGH WI**

Standing room only!! Well we didn't really make people stand up but we did have to find spare chairs. It was great to see so many people at our meeting on 9<sup>th</sup> February – there was a real 'buzz'. We were very pleased to welcome three visitors and hope they enjoyed the evening.

Our evening started with a short presentation from Emma Hopkins. Emma is a member of the Venture Scouts and has been chosen to attend the 22<sup>nd</sup> World Scout Jamboree which will take place in Sweden. She has to raise £2000 which is quite daunting for someone so young! She seems quite determined though so I'm sure she'll succeed.

Talking of success, our next speaker was Dorthe Pratt who came to speak to us about The Sedbergh Soap Company. Dorthe came to the UK eighteen years ago and was based in London working in IT. She was invited to Sedbergh to a wedding where she met Andrew. After some time commuting between London and Sedbergh (what a contrast!) they eventually married. She has always suffered with bad eczema but couldn't find any cosmetic products which didn't make the eczema worse. Being a very enterprising lady, she decided to see if she could make something herself! After a lot of research she made her first batch of soap in the kitchen using some old pans! The soap is completely additive free and made from natural herbs and essential oils. Visiting friends

commented on the soap in the bathroom and asked if they could have some and so an idea for a business started to germinate..... The first step was a stall on Sedbergh Producers Market. The business started with £40 pounds and all the labels had to be made on the computer. Next it was Orton Market and the Rheghed Centre. Now Sedbergh Soap Company supplies retail outlets, top class hotels and even the kitchens of celebrity chefs! The company has expanded its range of products which now include soap bars, hand & body wash, bath soak, shampoo, conditioner, creams and lotions and baby and toddler products. Any new products are still tested on Dorthe's own skin! It was a very inspiring story and just goes to show what can happen from small beginnings. We wish Dorthe every success in the future.

Anne Pitt led the walking group on a glorious day, around Levens Park with a very pleasant stop for lunch at the Hare and Hounds in Levens Village.

The Reading Group met at Denise Thomson's to discuss *The Forgotten Garden* by Kate Morton. We agreed that it was a good 'holiday' read, but maybe was a bit contrived in places. One or two issues prompted discussion such as when to tell a child that they're adopted.

The Lunch Club went to The Mulberry Bush in Kirkby Stephen where we enjoyed good food and lively chat.

*Denise Thomson*

**SIGHT ADVICE SOUTH LAKES  
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May Pruce (alias Maude) started off the February meeting by reading a poem in which she stated very firmly that – no -- she had no intention of coming into the garden as she was not born yesterday! Also getting caught up in prickly bushes was not her forte. Apparently Joyce Grenfell agreed with her.

Gordon Axford sent good wishes to those unable to attend the meeting. There was news of Doris Foster and Nora Capstick, both in Brant Howe residential home. Dennis Whicker invited two members from the group to the anniversary of the Lookaround Newsletter.

The entertainment that followed was first class. Helen Winn sang some old favourite songs accompanied by Roger Bush. She was assisted by many members of the audience who managed to reach most of the notes (!). She then described life in a prison and the routine and stresses of a prison officer. It is a topic with which most of us are not familiar. Her talk was very positive, although she did not ignore the more depressing aspects. She and Roger ended on a lighter note with some folk songs.

The next meeting will be at the People's Hall on March 15<sup>th</sup> at 2.00 pm. for a quiz organised by Betty and Sue Harper. All new members will be welcome and transport may be available. Contact 01539742633 if interested.

*Jennifer Levitt*

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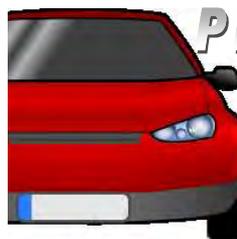
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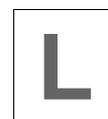
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### **DENT FLOWER FESTIVAL**

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*Sarah E Woof. (25212)*

### **BLOOD DONOR SESSIONS**

The next session will be held in the People's Hall on Thursday 11th March from 2pm to 4pm and 5pm to 7:30pm.

Please call 03001 23 23 23 to book an appointment



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### DENT DALE MEMORIAL HALL

Another training session has taken place for the use of the Loop system & Sound system and a couple of things are to be added to the Sedgwick Room Loop system to make it better. A detailed list of instructions for the two systems, including pictures of the correct things to do, is in the cupboard with the equipment.

Notices have been put up in each room in normal daily use giving details of Information re heating, sound system, equipment and cleaning etc, extra paid help for cleaning the rooms under the Trustees of the DMH especially the kitchen and toilet has been put in place and the rooms are usually in use every week day and often at the weekend.

All Trustees along with members of the public are warmly invited to the AGM on Wednesday March 23rd in the Hall where the Loop and Sound System will be in use, and possibly the accessible Lift from the Hall to the Sedgwick room. Among the matters which will be on the Agenda at the public part of the meeting will be the Gala and it would be great if some members of the Dent Show would join us, along with all those who would like to get involved or have an opinion on the Gala they want to share, and the Royal Wedding Celebrations, what shall we do in Dent?

*Sarah E Woof*  
(Chair of DMH Trustees) 25212.

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### KENDAL UNITED JUNIOR FOOTBALL CLUB

The first event of the 2011 fundraising calendar kicked off with a raffle which raised £1177.00. Many thanks to all of you who bought tickets but sadly there were no Sedbergh prize winning tickets.

Forthcoming events will include a Family Fun Weekend on 29/30th May which will include many events for the whole family to enjoy such as Car Pull, Car Boot Sale and Barbecue. In August there will be 48 Junior Teams competing in a Football Tournament for teams Under 7s, 8s, 9s, and 10s. For further details of these events contact me.

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**YORKSHIRE DALES  
 NATIONAL PARK**

*Consultation continues on National  
 Park cuts*

Members of the public, local communities and organisations still have time to comment on draft budget plans to reduce Yorkshire Dales National Park Authority (YDNPA) work programmes following Government cuts.

Consultation is underway on the draft document, which contains proposals to save money after the Department for Environment, Food and Rural Affairs reduced the Authority's grant over the next four years by nearly £1.9m (or 31 per cent) including inflation.

Authority Chairman Carl Lis said: "We have already received a number of responses to the consultation document but we would like to hear as many views as possible on the draft budget before the closing date for comments on March 10."

The proposals include 15 voluntary and three compulsory redundancies, the scrapping of 12 work programmes and a reorganisation of the Authority's

structure.

The draft budget and the survey can be viewed online at [www.yorkshiredales.org.uk/budgetconsultation](http://www.yorkshiredales.org.uk/budgetconsultation).

Alternatively, hard copies of the survey and the consultation document can be obtained from National Park Centres or National Park Authority offices or by writing to Budget Consultation, Yorkshire Dales National Park Authority, Yoredale, Bainbridge, Leyburn, North Yorkshire, DL8 3EL, by emailing [info@yorkshiredales.org.uk](mailto:info@yorkshiredales.org.uk) or by phoning 0300 456 0030.

All comments received by 10am on 10 March will be taken into account before the final financial decisions are taken by Authority Members on 29 March.

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**McMILLAN CANCER SUPPORT**

The Sedbergh, Dent and Kirkby Lonsdale McMillan Cancer Support Group will be holding a Promise Auction on Friday 1st July at the Country Harvest in Ingleton.

Further details will appear giving details of how to donate and attend the Auction.

### **SEDBERGH & DISTRICT ART SOCIETY**

The 39th AGM of the Society on February 11th in the URC room was well attended, reflecting the increasing membership - now standing at fifty nine.

The 2010 Summer Exhibition was a great success, with the highest income for twelve years, and an impressive variety of paintings. All who helped in any way were thanked for their tremendous efforts, especially Helen Shields for her organisation, and Sedbergh School for the use of its library.

The Society will be celebrating its forty years with a luncheon in April. Sheila Holloway was congratulated

on the success of the winter programme of demonstrations she arranged, and many thanks went to Hilary Moore for her long-standing efforts to keep the thriving portrait group going.

Many people contribute to the continuing success of the Society, not least the Committee, and satisfaction was evidenced by the return of the Committee 'en bloc' !

The Society is hoping to produce a calendar for 2012, showing the work of members. Watch this space for details later.

Meanwhile, the informal Wednesday afternoon group continues to meet in the Peoples' Hall committee room at 1.15 pm. All welcome. *V. Finch*

## *Sedbergh Office Services*

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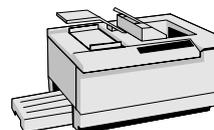
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## HOWGILL W. I.

The February meeting was held at Firbank Church Hall. There was a good attendance despite it being a wild wet night

Vice President Dilys McCaffrey took the chair in Mary's absence due to family commitments. The three members taking part in the January supermarket "Country of Origin Labelling" campaign reported

satisfactory feedback. Judith Capstick will be leading the Howgill Hikers walk on March 1st - arrangements as per the January walk, which was cancelled. If you fancy joining us you will be welcome. Anita Carey announced the Summer Outing will be on Wednesday 29th June. A guided tour of Appleby, a visit to the vineyard followed by tea in Colby provided by the W. I.

Our own member Sarah "M" inspired us with a creative evening of hands on sugarcraft. We enjoyed taking part in the art of making marzipan (no not fruits but) animals and birds. There were some stunning results



complete in a pretty box to take home. Audrey Hoggarth thanked Sarah for a fantastic evening with the plus point of lots of laughs and fun.

The monthly competition for a Sculptured Potato was won by Barbara Axford with Sheelagh Dennis second.

The social half hour to Name the Famous Faces won by Maggie, Bridget and Audrey's team. The evening was rounded off with our usual

Jacob's join and get together.

We meet again on March 4th when Andrew Lowe will speak on Lakeland Churches. All visitors welcome at Howgill Village Hall at 7.30pm.

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**SEDBERGH LADIES NFU**  
The February meeting was held on Tuesday 15th with 23 members present.

The President introduced the speaker Elaine Horne, who gave us some useful tips on pruning and planting our gardens. She showed slides of some lovely shrubs in her own garden which everyone enjoyed.

A short business meeting followed and names were taken of those who wanted to go to Carnforth L.N.F.U. Charity Night on the 1st March at the County Hotel.

The next meeting is on Tuesday 15th March. New members are always welcome.

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**CONCERT TIME AGAIN**

Maureen and Jean have put together another concert to be held on Saturday 7th May in St Andrew's Church at 7.00pm.

We are excited about the programme because the first part will be "Joseph and his Technicolour Dreamcoat" featuring the Chameleons and also the young Bofs from St Andrew's.

The middle section will be made up of amateur musicians and soloists so if you would like to take part then please give me a call on 20843 or Jean on 20435. The concert will end with our version of The Last Night of the Proms again (by popular request!).

Choir rehearsals for "Joseph" begin on Friday 4 March at 3.00pm in St Andrew's Church.

*Maureen Hinch & Jean Dixon*

### **CLUTTERBOOKS AND CLOBBER**

*The Community Fund Charity Shop*

Thanks to a high level of community support the charity shop continues to thrive.

The Trustees of the Community Fund now known as the Sedbergh and District Community and Heritage Trust, will meet again in early April to consider requests for funding from local organisations undertaking activities that are of benefit to the community. If your organisation needs an injection of funds to purchase equipment or to support a specific project you can get a simple application form and further advice by contacting David Ramsbottom at the Community Office, Tel 20504.

Applications to be returned to the Community Office by 25 March.

### **SLOVENIAN STUDENT**

Once again we have a visit from a Slovenian student who is coming on July 9 through the summer for work experience. Maya is willing to do any sort of work including gardening, cafe and bar work, decorating, cleaning, and childminding, and would also very much appreciate any offers of accommodation in Sedbergh, even if this is only for a short time. Maya is a student at Maribor University and I met her and her parents when I was in Zrece just before Christmas - she speaks very good English but is also hoping to improve language skills by conversation with local people.

If you can help please ring 015396 21166.

*David Burbidge*

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## SEDBERGH & DISTRICT CHRISTIAN AID NEWS

The activities to support the work of Christian Aid in 2011 are about to start so the good news is that spring must be almost upon us with the opportunities to gather over mugs of coffee with freshly made biscuits to savour while we catch up with others also emerging from their winter retreats and help raise funds for our various charitable interests.

The Christian Aid Coffee Morning will take place in Sedbergh's URC rooms from 10.00 to 12.00 on Wednesday 16<sup>th</sup> March. It's always a lively event and everyone is made very welcome so if you haven't been

before do come along.

Christian Aid Week seems a little later than usual this year running from Sunday 15<sup>th</sup> to the 21<sup>st</sup> May. It's never too early to start rummaging through for items to donate to the shop or to set aside when spring-cleaning takes place – why not have a bag or box at the ready? The focus of the week this year is on Nicaragua – perhaps it could be Nicaraguan coffee in our homes and meetings for the week to help us build a sensory link as well as a better mental picture.

Meanwhile the Christian Aid committee look forward to seeing you on the 16<sup>th</sup> March. *The Rev Anne Pitt on behalf of the Committee*

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### **COWGILL CHURCH KNEELER PROJECT**

Floods in Dentedale frustrated our first attempt to kick-off the Cowgill Church Kneeler project. Not to be defeated, two weeks later on a cold but sunny Saturday, twenty-one 'eager beavers' arrived to find out more about the project. The group included proficient needle-women as well as those of us who had not touched a needle since school. Others came along to offer their support – donations of food and money as well as offering to host sessions for the stitchers in their homes. Fuelled by homemade soup, rolls and cupcakes, the group learnt more about this project to stitch a set

of tapestry kneelers to replace our existing 50 year, aged kneelers. Along with bringing colour into our church the project aims to bring our small community together, working towards a common goal. The project is being funded through generous donations from our volunteers, other benefactors and the proceeds from a coffee morning at the church on February 19<sup>th</sup>. Thirty-three tapestry kits (including 2 altar-rail kneelers) have been ordered from Jackson of Hebden Bridge. Now the hard work begins!

If you would like to learn more or provide a donation please contact Rita on 25594 or Heather at [holmehill@btinternet.com](mailto:holmehill@btinternet.com).

*PB*

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### **2 Students**

As our busiest time of year coincides with the university holidays, it makes a great opportunity for students in the summer months to assist us erecting marquees and supplying equipment.

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### APPLEBY FAIR 2011

#### *proposed arrangements*

At the Neighbourhood Forum held in the People's Hall, Sedbergh on 18 January 2011, council officials and the police informed those present about the arrangements for the Appleby Fair 2011. Broadly these will follow those successfully used in 2010.

- The siting of signs, boulders and wooden stakes will be concentrated in smaller areas around Devils Bridge, Barbon, Straight Bridge, New Bridge and Cautley.
- Police patrols will start on 30 April until 11 June.
- The Traffic Regulation Order will become permanent in 2011.
- Bow tops and their horses are allowed on the grass verges, but no mechanical vehicles.

Despite what was said in "Big fat gypsy weddings" on Channel 4

recently, bow tops and their horses were allowed on the grass verges in 2010 and many travellers took advantage of the arrangement.

#### DATES

Devils Bridge, Middleton Common and Rawthey Bridge stopping areas will be open 23 May – 2 June & 9 June – 16 June.

Scrogg Bank (by kind permission of the owner, with extra toilets and "bins") will be open 23 May – 2 June & 6 June – 13 June.

Cote Moor will be open 29 May – 9 June.

Appleby "Fair Hill" will be open 2 June – 6 June.

These arrangements may change. The Councils and Police will be holding "drop in" sessions in Sedbergh in April. The intention of both the gypsy and traveller community and the resident (settled) community is to restore the Fair to its traditional roots. *Dr Gina Barney*

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## **SEDBERGH TOWN BAND**

### **New Year Rehearsals**

Rehearsal time during the first few weeks of the new year has been devoted to working up to performance standard a large number of new pieces. The Band's repertoire has increased by ten items that will form the backbone of the next concert: by the time of the arrival of the Annual Spring Concert (Tuesday 8th March) virtually the entire programme will be new to public performance.

Rehearsals have had an added significance in that the Band's number of youngsters who since Christmas have been promoted from the Youth Band to the Senior Band. It is most encouraging to see the two fold purpose of the Youth Band coming to fruition. First, an organisation providing young beginners the opportunity to take up an instrument, receive tuition and within a very short space of time be playing with others, and secondly a feeder for the Senior Band ensuing continuity of existence.

### **Annual Dinner**

Forty members of the Town Band met in the Bull Hotel on Friday 4th February for the Annual Dinner. After a most enjoyable meal Keith Wood addressed the gathering and in a witty speech ranging over many and varied events in the Band's history he declared this to be the tenth such dinner and invited the assembled to toast the health of the Band.

Responding to a call to reply to Keith's speech Director of music Alan



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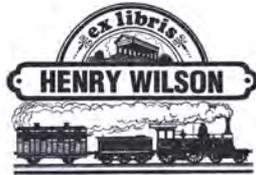
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Lewis, with admirable brevity, expressed his contentment with the progress made by the Band over the last twelve months.

### **New Music**

The weekly rehearsal on Wednesday 2nd February was rather different in that it was taken by Tony Creswell, who besides being a 'band clinician' also runs a music publishing business. In the course of the evening he handed a total of ten pieces completely new to the Band conducting and coaching the players through each number. It was a demanding exercise in sight reading, especially as without exception the numbers were all required to be



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played at a breathtaking pace. It is great credit to the progress being made by the band that they were able to cope with the demands in a most impressive way and were not at all fazed by the challenge presented.

As a result of this evening a few more new pieces have been added to the expanding library collection.

#### **Programme for 2011**

The Band's programme for the year is largely settled and promises to be as busy as the year just gone. The first major engagement is the Annual Spring Concert on Tuesday 8th March. On Saturday 12th of March the Band are delighted to be giving a short concert at the *Lookaround's*

25th Anniversary Party in the People's Hall. A week later sees the Band playing in Kendal at the fundraising Sandylands/Lion's Concert in the Methodist Church, Windermere Road.

On April 2nd, for the sixth successive year, will be providing music at the Annual Sedbergh Spring Show. On the 23rd of the same month, following the success of last year's inaugural celebration of St. George's Day, the event will be repeated in the Bull Hotel Garden. The band will again be leading the parade on May 21st for the Sedbergh Gala and then playing in their marquee on the Lupton Field. At the end of the month the majority of the Band will be away in Belgium, staying in Ypres, giving a concert in the town square and touring the battle fields.

On June 4th the Band will help celebrate the opening of a new gate at the Sedbergh Bowling Club and on 9th of July they will provide music at the St. Andrew's Churchyard Party.

The final event before the Christmas season starts is the Annual Concert of Remembrance to be held on Friday 11th November in the United Reformed Church.

The pattern for the festive season is largely the same as last year starting with the Christmas Concert on Tuesday 6th December in the People's Hall, the day before Late Night Opening when the Band will again be playing. A busy schedule of carol playing follows finishing at the bus shelter on Christmas Eve. GB

## SEDBERGH & DISTRICT HISTORY SOCIETY

On 2nd February Mr Ian Tyler gave a fascinating, lively and entertaining illustrated talk on the gunpowder mills of South Lakeland - a surprisingly extensive industry, yet now almost forgotten.

Mr Tyler, who is the founder and curator of the Keswick Mining Museum and has written a dozen books on the subject of mining in Cumbria, began by explaining the nature and origin of gunpowder. Invented by Roger Bacon in 1247, its formula consists of 70% saltpetre, 15% sulphur and 15% charcoal. In its milling, which involves crushing, mixing and refining through a series of drying processes but in a necessarily damp atmosphere to reduce the risk of explosions, it was finally packed in the form of pellets, into calico bags, or into barrels lined with linen bags ready for transportation by wagon, barge and ship. Amazingly, there were no fewer than 60 different types of gunpowder! This depended on whether its use was for various types and sizes of firearms or in mining, quarrying or other industrial processes.

South Lakeland was particularly suitable for its manufacture. A remote, sparsely populated area, it had plenty of water, rivers, the availability of charcoal, and several shallow-water ports ideal for trans-shipment in small sailing vessels: Lancaseter (Glasson Dock), Arnside, Grange, Greenodd and Milnthorpe among others.

The first gunpowder mill was

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established at Old Sedgwick in 1764. Others quickly followed, including Low Wood, Elterwater, New Sedgwick, Black Beck and Gatebeck. Clearly a dangerous trade to be involved in, yet commanding good wages for the time ( £1 + bonuses per week in the 1820s and 1830s ), several hundred workers were employed across the region, both men ( mainly in building, processing and transportation ) and women ( mainly in packing ). This lucrative industry needed considerable initial investment, and the bulk of this ( from 1799 ) came from Mr Wakefield of Sedgwick Hall, the local entrepreneur who also had business interests in banking and brewing. As the industry expanded so the Huddleston family of the Elterwater works and the Wilsons of Rigmaden became involved.

Initially the barrels of gunpowder were transported by horse-drawn

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wagons, later attached to rails, and by barge along the length of Windermere or via the Kendal-Lancaster canal which was constructed partly for this trade, being routed alongside the Sedgwick works and through the 150-yard Hincaster tunnel, a significant feat of engineering. From the local ports it was shipped to Liverpool and thence into larger vessels overseas, including West Africa where it became a key component in the triangular trade involving slaves to the Americas.

Mr Tyler illustrated his talk with a series of impressive archive transparencies, mainly in sepia or

black-and-white. They depicted members of the workforce variously operating pressing machines ( to squeeze moisture from the gunpowder ), posing with their instruments in the works' brass band, loading barrels ( dozens each day ) onto the wagons, packing the powder-filled pellets on dust-filmed tables, etc. Above all, the slides reinforced the ever-present dangers: testing mortars with 80lb cannonballs; having to use copper nails and banding on the barrels to avoid sparks( many highly-skilled coopers were employed ) as well as copper horseshoes and copper-coated rails; being issued with leather aprons as their only protection against explosions and burns; and a 'before and after' pair of photographs showing a powder mill house with its mill-wheel by a river becoming totally destroyed after an explosion... apart from the mill-wheel itself! In fact, 102 were killed during the period of the industry ( perhaps a surprisingly small number ) though countless others must have been injured by various degrees of burns.

The local gunpowder industry came to an abrupt halt in 1937 when I.C.I. bought up the mills and shifted the entire production to Ayrshire in Scotland, out of range of the looming threat of enemy bombers. So ended a remarkable and little-known chapter in the industrial heritage of our beautiful South Lakes - one very well documented by Ian Tyler in this talk, at his museum and in his books.

*Michael Beecroft*

### CUMBRIA WILDLIFE TRUST

#### *Kilimanjaro – a Grandmother's Perspective.*

It is not often that the audience at a local CWT talk is stunned into silence but when Jackie Foott showed her final picture of herself at the summit of Africa's highest mountain, the feeling of awe was palpable. Then came the question "Why?" Why put yourself through the miseries of altitude sickness just for starters. A long held ambition was the answer and inevitably, because it was there.

Jackie is not the only Sedbergh denizen to have scaled these heights nor indeed the only local grandparent, but what made her achievement all the more remarkable was her determination not to put plans on hold after undergoing major surgery only a few weeks before.

Kilimanjaro stands 19,341ft above the plains of Tanzania and is the highest freestanding mountain (ie not part of a mountain range) in the world. As you climb to the summit the environment changes from steamy forest to snowy peak and the climate from tropical rainforest to arctic taiga. It is not a technically difficult climb, more a very long trek (7-8 days) which has to be undertaken slowly to try and ameliorate the effects of altitude sickness. The fitter trekkers are often at a disadvantage as they stride off too quickly needing a greater intake of air, increasingly a problem with decreasing air pressure. "Pole pole" is the mantra, keep moving slowly slowly to adapt to changing conditions. It is therefore

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very sensible to take your time, stopping to admire the spectacular vistas as you go. Many have died or been in need of rescue having disregarded this advice.

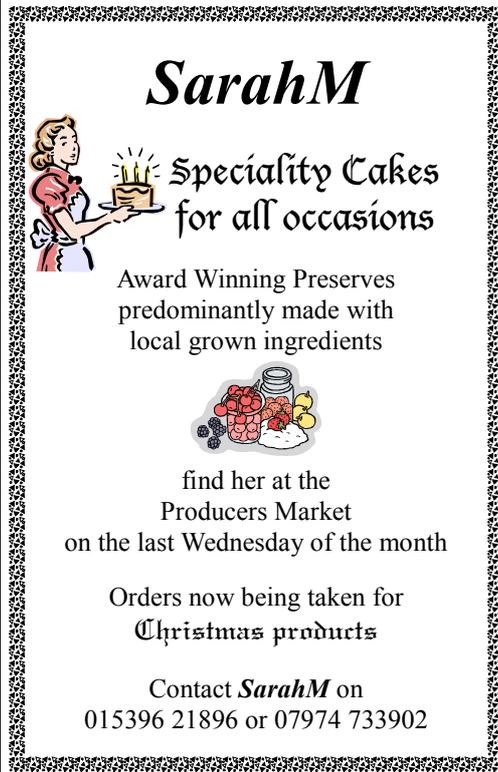
Jackie's African adventure had concluded with a visit to Zanzibar for some well deserved R & R but she showed us pictures of her time there first, no doubt to soften us up for what was to follow! Vivid photographs of markets, spices, fish, octopi, the cathedral on the site of the old slave market then boat ride to a small protected island for a stay in surreal eco dwellings constructed from driftwood and other local materials. More magnificent illustrations

followed of giant clams, reef egrets, nocturnal tree climbing coconut crabs and monarch fly catchers.

Thence to "Kilimanjaro International Airport". The journey began with rainforest tracks then areas of familiar bracken. Occasionally the distant peak could be spotted far away. Several other teams were climbing at the same time and campsites, tents, huts, latrines, were provided. Fortunately porters were also in attendance (27 for 7 climbers) carrying overnight gear, all the very necessary extra clothing layers and provisions for the trip. Washing was done in bowls, too small unfortunately to bathe one's increasingly fragile feet. Some familiar species were

spotted en route. Ancient cyclads, heathers, redhot poker, cranesbill, scabious, and lobelia cacti appeared as height increased. Sunbirds appeared with white-necked raven and alpine chat and the dramatically black and white coats of the colobus monkeys. The latter swinging past in groups of at least 20.

As the summit was approached the volcanic nature of the uneven terrain made progress difficult. Kilimanjaro is a dormant volcano last active 200 years ago. The smell and toxicity of sulphur dioxide (several times more lethal than carbon monoxide) was an added hazard. Ash and scree made walking unstable and the steadying arm of a personal porter was invaluable. The final ascent was done at night with headtorches. Probably as well as one couldn't see the hazards ahead. At last dawn broke over the snow fields. The temperature was minus 10C, nausea kicked in, Kendal mint cake and Red Bull gave an energy boost but the mission was accomplished. Despite the camera malfunctioning because of the temperature, a compulsion to just lie down and some very sore feet,, Jackie had taken some awesome shots of the "roof of Africa". One can only assume some built in auto-pilot got her there plus a great deal of personal courage and determination. The return journey was by a much speedier route, gravity assisted. Our heartfelt thanks were expressed to Jackie for a memorable evening of stunning photography and personal endeavour. SG



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**DENTDALE OVER-SIXTIES**

Dentdale Over-Sixties held their annual Christmas Lunch on Saturday 11 December 2010 in the Memorial Hall Dent. As usual, invitations were sent to everyone over 60 who is a permanent resident in the dale, and the lunch is free of charge. 90 people attended (numbers were slightly down this year owing to bad weather and illness). Everyone enjoyed an excellent full Christmas dinner cooked by the school cook and her helpers, and served by Committee members and helpers (roast turkey with all the trimmings, Christmas pudding or trifle and a glass of wine). The hall looked very festive, with

tables decorated with holly and red candles, and everyone had a free raffle ticket for twenty excellent prizes kindly donated by Committee members and friends. After lunch we were entertained by the Dentdale Warblers with a selection of 4-part songs, ending with a hilarious performance (with umbrellas) of the carol On the Twelfth Day of Christmas, in which several Dentdale characters revealed themselves as not only excellent singers but comedians/comediennes as well. The afternoon was rounded off with tea and mince pies and communal carol-singing. Thank you to everyone who helped to make this such an

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enjoyable occasion: the school cook and helpers, the Committee members who worked so hard to organise everything, the Dentdale Warblers, and our trusty pianist. Thank you also to everyone who donated raffle prizes, and to all the generous people who gave us donations towards the cost of the event.

Dentdale Over-Sixties Friday Club held their Christmas Party in the Sedgwick Room on Friday 17 December 2010. Everyone contributed items for tea - not just sandwiches and cakes, but quiche, desserts, wine and crackers as well. We were entertained by four ladies from Sedbergh Town Brass Band, led by Reverend Carole Marsden. They presented an original angle on the Nativity story, and we all joined in to sing the carols - with four brass instruments in the Sedgwick room we

raised the roof! A big thank you to all of them for their very enjoyable session.

The Friday Club continues to flourish, with an average weekly attendance of around 10 people (more when we have outside speakers.) We very much welcome the regular input from our Age Concern Village representative, Linda, who is full of good ideas. She visits us on the second Friday of every month, and is always able to get us information, or provide advice. We continue with our regular slots (Parish Council, Health Centre representative, Police) to keep us up-to-date, and have had some interesting talks and slide shows from local speakers. A new departure is a short course on gentle chair exercises to keep us both warm and supple during the winter. We have also had some outings (Beetham Garden Centre, Country Harvest at Ingleton, Watershed Mill - including fish and chips in Settle). We are putting together a new programme for the spring and would welcome any suggestions and/or offers from local speakers. And if you are over 60 and sometimes free on a Friday afternoon do come along (1.30 - 4.00) and join us for a cup of tea and a chat, whether or not you want to join in with whatever we're doing. Please phone Belle on 25203 if you'd like more information, or if you would have difficulty in getting to the Memorial Hall, as we might be able to help out with lifts.

*Belle Burrow*

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### PEOPLE'S HALL

We have divided the Redevelopment of the People's Hall into three phases. Basically Phase 1 is the front part, Phase 2 is the rear annexe and Phase 3 is refurbishment, car park and grounds. The plans are available to view on the boards in the Main Hall and the Committee Room. Phase 1 is divided into two stages. Phase 1A is to create a new extension to the north (up Howgill Lane) to provide new lobby, toilets, committee room bar and stores. Phase 1B is to draw the hall forward towards Howgill Lane to create a new small hall and technical gallery.

Our Architect, Barbara Hartley of Garsdale Design, is busy producing detailed plans of Phases 1A and 1B for Building Regulations approval. She has been able to acquire the services of a trainee architect, Martha, to assist and we expect the plans to be drafted by Easter. In addition, Martha is to develop the interior aesthetic design for us. The latter aspect is very exciting as it involves the décor, glazing and finishes, including the placement of Jack McLean's donation bricks.

We have been in contact with the Big Lottery Fund ([www.bit.ly/PH-Fund1](http://www.bit.ly/PH-Fund1)) to check our eligibility for the "Reaching Communities Capital

Strand” providing funding of between £100,000 and £500,000 for large capital projects. (Phases 1A and 1B are costed at £600,000.)

Their method of determining eligibility is to use the Hall’s precise post code, eg: “LA10 5DQ”. In their response we are told that the post code for the People’s Hall is not in a deprived area. The anomaly is that my flower meadow is eligible, as are the bigger properties at the top of Howgill Lane!

As the People’s Hall serves the needs of all of the people of Sedbergh we contacted our MP, Tim Farron, and received the following reply:

*Thank you very much for your recent email with regard to the ridiculous reason for the rejection of your application for Big Lottery funding.*

*I am pleased to confirm that I have written to their Chief Executive to give my full endorsement to your argument for exemption from the routine restriction of the postcode. I have also stressed the added importance of the hall facilities on*

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*grounds of the lack of public transport to enable local residents and the outlying community to get to alternative venues. I sincerely hope that our case will be accepted, although this will depend upon the letter of the law. I will write again, when I have received his response.*

So we wait in anticipation that our “Big Society” can be supported.

On the question of support it was disappointing that so few people turned out to our two February fundraising events: “Blackheart Band” and “Brassed Up!”. Although we did not make a loss we do need to get funds together. You can see what you missed for the Brassed Up event at: [www.bit.ly/brassedup](http://www.bit.ly/brassedup)

Here is another chance to support our efforts as the Pepperpot Club is to hold a performance of the new Sedbergh Orchestra on 31 March 2011 in the People’s Hall. The proceeds, of which, are to be divided between the Pepperpot’s Alison Armstrong Fund and the Hall’s Redevelopment Fund.

*Dr Gina Barney, Hon Secretary*  
(20790)

**TIM FARRON MP**

Well, the great Forestry Sell Off debate certainly saw a first for me this month. Over the years that I have been working as your MP we have seen lots of consultations and been frustrated by the majority of them which, as far as I could see, simply ignored the views of most people involved. Causing us all to wonder what the point of “consulting” was in the first place, if the parties involved are going to do what they always planned. Recent “consultations” about the future of services at Westmorland General Hospital and the introduction of democracy into the running of the YDNP spring quickly to mind but there are other examples.

Which is why the Forestry Sell Off Debate was so unusual. Here was a consultation that not only recognised what people wanted to happen before it had even started but acted upon everyone’s wishes and cancelled the plans for the sell-off before the formal process had even begun. However, we will need to be vigilant as all that the Government has promised to do is reconsider the safeguards that it is

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putting in place to protect the forests. This is not the same as cancelling the plans which is what most people I speak to actually want but it is a step in the right direction and everyone who has signed a petition or attended a protest can feel proud that they have done their bit to save our forests.

Another example of the Government listening in the past month was the announcement by Danny Alexander, the Chief Secretary to the Treasury, that money has been put aside to cover the VAT that Mountain Rescue Teams have to pay on their equipment. I have been campaigning for years to have Mountain Rescue Teams brought in to line with other emergency services, who can claim back any VAT they pay out. This was why it was brilliant to hear Danny say, in answer to my question in Parliament, that, at long last, we are

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getting what we wanted.

Finally, this month sees the tenth anniversary of the dreadful 2001 Foot and Mouth outbreak that brought farming in this country and in particular Cumbria to a standstill and devastated our local tourist industry. There are still many visible reminders around of how much Cumbria suffered during that time. My drive to Oxenholme station, when I am heading off to London, takes me past the places where disinfected mats were placed in the road to help reduce the spread of the outbreak. We really must ensure that we never see an outbreak like that ever again. However, there are still many invisible hangovers from that time still in place

that are do nothing other than add to farmers' costs. I am thinking in particular of the unnecessary 6 day movement restriction and electronic tagging of sheep. I have put down a motion in Parliament asking the Government to consider removing these measures. Let's see if they listen.

As ever, if you have any issues you have some issues you want me to hear then please do contact me by phoning 01539 723403, writing to Tim Farron MP, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or emailing me at [tim@timfarron.co.uk](mailto:tim@timfarron.co.uk).

Thanks for your support

*Tim Farron MP*

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**SPRINGTIME CAFÉ CONCERT  
SEDBERGH ORCHESTRA**

The February *Lookaround* drew your attention to an event taking place in the People's Hall on Thursday March 31<sup>st</sup>. This is to be the inaugural public concert given by the Sedbergh (community) Orchestra, conductor Peter Crompton and leader Val Snelling, and we hope to attract a large gathering to share the experience with us. The doors open at 7.45pm and the music begins at 8.00pm.

The idea of forming such an orchestra grew out of the wish to provide a continuing local opportunity for the young people of Sedbergh who gained their first orchestral experience in the Pepperpot Music Makers orchestra, an after-school activity at Sedbergh Primary School. We are delighted that there will be six such participants playing on the day, and there will be many familiar local

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faces amongst the other members of the orchestra. We shall also be welcoming a few experienced musicians, mostly Pepperpot members, who are keen to come along and play with us. The programme has been chosen to suit the instruments we play, strings and wind, but we have even been provided with some timpani and we have a young player to go with them! We shall be playing music by Bizet, Schubert, Mozart and Gustav Holst and there will be a surprise item in the middle . . . . .

This will not be a formal concert with the audience sitting in rows - the hall will be laid out café style. Everyone will be able to exchange their ticket for a glass of wine or soft drink on arrival and there will be nibbles on the tables for you to savour whilst listening - all included in the price of the ticket which is a modest £6.00. Anyone 18 and under will be able to enjoy the music and the refreshments free of charge. There will however be further drinks for sale. The evening's music is planned without an interval so that both orchestra and audience

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## Sedbergh Community Development Centre

### Courses for March to June

Subject	Tutor	Day	Wks	Start	Times	
Still Life in Layered Pastels & Line	Patrick Oates	Sat	1	05-Mar	10.00-16.00	BA
Surface Expression and Texture	Frances Winder	Sat	1	11-Jun	10.00-16.00	SD
Intro to Microsoft Publisher	Chris Wood	Tue	4	01-Mar	19:00-21:00	SD
How Good Is Your Memory?	David Walton	Tue	1	29-Mar	13:00-16:00	SD
Pilates	Teresa Hill	Mon	6	Ongoing	16:30-17:30	SD
Pilates	Teresa Hill	Mon	6	Ongoing	17:45-18:45	SD
Feel Confident on Bow Fell and Crinkle Craggs	Tim Deighton	Sun	1	06-Mar	10:00-18:00	
Feel Confident on Scafell Pike	Tim Deighton	Sun	1	07-Apr	10:00-18:00	
Lowland Navigation day course	Tim Deighton	Fri	1	18-Mar	10:00-17:00	
Mountain Adventure Back o' Skidda	Tim Deighton	Sat/Sun	1	02-Apr	Meet 09:30	
The Chinese Way to Better Health	June Parker	Wed	6	02-Mar	19:00-20:30	SD
Cooking the Low GI Way	David Walton	Mon	6	09-May	19:00-21:00	SD

Courses marked SD are in Sedbergh, KL in Kirkby Lonsdale, BA in Barbon. Outdoor courses are in various locations. Have a look at our website for more information and details of courses in Kendal.

Some recent comments

*"Course tutor was excellent ..one of the best I have been on"*

*"Congratulations on your imaginative programme"*

*"I love coming every week"*

Most courses are funded by Cumbria Adult Education

[admin@sedberghcdc.org.uk](mailto:admin@sedberghcdc.org.uk)

[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

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can enjoy partying together afterwards when there will be further nibbles available - some of them homemade! Our Wine & Nibbles party on a snowy night in December, when the orchestra played background music for invited friends, ran on roughly similar lines and was a happy occasion.

We are indebted to members of Sedbergh Pepperpot Club for all their help and generous contributions towards the event. Any proceeds from the evening will be shared between the People's Hall Redevelopment Fund and the Alison Armstrong Pepperpot Fund, described in last month's article.

Sedbergh TIC and Cobble Country have kindly agreed to sell tickets for the concert and these will be on sale from March 1<sup>st</sup>. Members of the orchestra will also have tickets to sell. Otherwise please make contact with Sedbergh Pepperpot Club by phone 015396 21196 or email [yantethera@aol.com](mailto:yantethera@aol.com). It would be a great help if you would buy your ticket (s) well in advance so that we can have some idea of how many people to cater for and so that you don't miss the chance to come if we are over-subscribed. We look forward to seeing you there and hope that you will enjoy the total experience.

*Shirley Smith*

## NEWS FROM THE PEWS



As I write, half term is upon us. The evenings are getting lighter, with the sight of snowdrops brightening our days whilst the promise of more colours around us in the gardens and hedgerows is exciting. Spring is on its way and each one of us is looking ahead to something. It may be just a change in the weather, a change of scene, an improvement in health; everyone has a special wish for the

future.

Here at St Andrew's we have something to consider concerning our future. The news broke in December 2010 that plans were afoot to abolish the Diocese of Bradford to which we belong. Containing 160 churches the Diocese is the smallest in England, numerically speaking and reaches from its southern borders with Wakefield to us here in the far west of the diocese, some 48 miles from the cathedral in Bradford. The proposal is that we join the Diocese of Carlisle.

Carlisle Diocese, once part of the Diocese of Durham was founded in 1133 by King Henry 1<sup>st</sup>. Dioceses are separated into smaller areas called Deaneries and it could be that should



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[maw.bursary@sedberghschool.org](mailto:maw.bursary@sedberghschool.org)

we move we would be introduced into the Deanery of Kendal, which has borders on the Dioceses of Bradford and Blackburn. Carlisle Diocese, with The Right Reverend James Newcome as its Bishop has in its care 351 churches and 109 schools.

It has to be said that here in Sedbergh we have familiarity with Kendal and the journey to Carlisle although hardly closer in mileage than Bradford is a journey we would find easier to consider and execute should we want to participate in events at the cathedral. It would even be possible to let the train take the strain.

Bishop James suggested he should introduce himself to us, at the same time speak about his diocese and let us ask questions that may be concerning us about the change. I am happy to report that the evening he spent with us in St Andrew's was

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very pleasing and the positive feeling that this would be a good move came through loud and clear from those present.

The move is a long way from being signed and sealed and we look forward to the challenges it will bring.

In the near future, on 9<sup>th</sup> March it will be Ash Wednesday and the beginning of Lent. Once again, Lent Lunches will be served in the Church Room each Wednesday in Lent, beginning at 12noon. A regular Communion Service is held at 11.15am each Wednesday throughout the year and during Lent we shall follow the service with readings from the King James Bible which is 400years old this year. The readings will begin at 11.45am and finish in time for the beginning of lunch.

Please consider joining us either for the service, the readings, or for lunch, better still, all three. It will be good to have you join us.

*Susan Sharrocks  
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**Paul  
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### MAIN STREET - 72

*The acquisition of 72 Main Street*  
As many of you are aware, the Yorkshire Dales National Park Authority has decided to sell 72 Main Street, which for the past fifteen years has been the home of the Community Office, the Tourist Information Centre and the History Society Archive.

The Sedbergh and District Community and Heritage Trust believe that the services and resources provided at number 72 play an important part in supporting the social, cultural and economic development of our town and are seeking to acquire the building to safeguard the future of the organisations therein.

Apart from being a prominent and historically significant building in its own right, number 72 is the only town centre building to enjoy adjacent parking and easy access, making it

### SEDBERGH HEALTH CENTRE

will be closed for Training Purposes  
on the following afternoons:-

Thursday 17th March  
No Session in April  
Tuesday 17th May  
Wednesday 15th June  
Thursday 14th July



an ideal location for community based services. Furthermore, along with its small garden, number 72 holds the key to a number of the proposed developments within the Sedbergh Townscape Initiative.

Initially, encouraged by the loud fanfare heralding the coming of the Big Society, we had hoped to acquire the building for no cost under what are known as asset transfer arrangements, or to negotiate a nominal purchase price.

Unfortunately, but perhaps understandably in the light of the recent significant cuts to its funding, the National Park Authority feels unable to agree to this course of action.

However, the Park Authority does recognise the importance of number 72 to the town and has agreed that the Community and Heritage Trust should be given the first option to purchase, subject to securing the necessary funding within a reasonable time scale. The Trust is presently endeavouring to secure grant funding from a number of

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sources.

We are fortunate that the upper floor of number 72 has recently been granted a lawful use certificate in respect of its varied but continuous community use. This means that any other materially different use of the upper floor would require application for planning permission, and it is the policy of the Park Authority to resist developments that would result in the loss of community facilities where those facilities continue to have the support of the community.

The Sedbergh and District Community and Heritage Fund is the new name for the charity previously known as the Sedbergh and District Community Fund. Whilst the aims

and purposes of the charity remain the same, the name has been changed to better reflect the range of activities the Trust will undertake in future.

Whether or not we are successful in purchasing the freehold of number 72 it is anticipated that the Community Office and Tourist Information Centre will combine, under the auspices of the Trust, to form a more efficient and sustainable community enterprise.

We hope that we can count on your support in this venture which we believe will protect services and bring benefit to the community.

*David Ramsbottom: Hon Sec,  
Sedbergh and District Community  
and Heritage Trust.*



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A Lasting Power of Attorney is a legal document that enables any individual (the Donor) who has mental capacity to choose another individual or individuals, called Attorneys, to make decisions on their behalf. It is a way of planning for the future and ensuring someone you trust manages

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The Donor must make it while he has the mental capacity to do so, in anticipation of perhaps losing mental or physical capacity at a later stage. An ordinary power of attorney is not sufficient because it becomes invalid if the Donor becomes mentally incapable. If an individual who has not made an LPA becomes mentally incapable, time-consuming and costly applications to the Court of Protection may have to be made. This can take over a year to complete and can cost thousands of pounds.

An Attorney can make decisions about selling property, operating any bank or building society account, claiming benefits, pensions, receiving any income, inheritance or other

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**Tel: 01539 720136**

entitlement on behalf of the donor.

The Attorney can deal with the Donor's tax affairs, insuring, maintaining and repairing the Donor's property, investing the Donor's savings and paying rent, care home fees and other expenses. A Donor can give guidance to their Attorney and also restrict their powers.

A Lasting Power of Attorney cannot be used until it is registered at the Office of the Public Guardian, however, it need not be registered immediately if not required. If it is required however, then we can deal with this registration process for you.

Registering the LPA does not preclude the Donor from making their own decisions but allows their

Attorney to action them. If registration is delayed, there is a risk that if the attorneys need to act urgently on behalf of the Donor they will be unable to do so until the registration process has been completed, which can take between 12 and 14 weeks at the present time and does incur a registration fee.

If you require further information in relation to Lasting Powers of Attorney, please contact us to ensure that you are prepared for the future before it's too late. Nicola Steadman, a Solicitor who is a member of the Private Client Section of the Law Society and also 'Solicitors for the Elderly' can be contacted at Hayton Winkley Solicitors on 01539 720136.

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**SEDBERGH  
TOWNSHIP INITIATIVE**

'Thank you' to all those who came along to the Community Office in December to look at the draft proposals for the town. The comments received will help the consultants appointed by the Project Board\* to develop the various schemes for improving the appearance of the town centre and dealing with those traffic issues of concern to residents. The consultants' final report and recommendations are expected in early March. Some of the more ambitious proposals are likely to be long term and will require substantial funding but the Initiative is also concerned with smaller scale projects that can be implemented almost straight away.

One such project, approved by the Parish Council, is to erect good quality cast aluminum street name plates in the town centre to replace the existing embossed signs which are generally in poor condition. This also provides the opportunity to erect name plates for those streets which

presently have no sign – streets such as Joss Lane, Loftus Hill and Howgill Lane. Wherever possible (and subject to property owners' consent where needed) the new name plates will be affixed directly to walls to enable the removal of existing posts, many of which are rusted and unsightly. The project will be entirely funded by grants from the Yorkshire Dales National Park Authority and South Lakeland District Council.

Small improvements such as this can have a significant impact on the overall appearance of the town and, hopefully, will be followed by further enhancement schemes in the near future.

*\*The Project Board comprises representatives of the Parish, District and County Councils, the Yorkshire Dales National Park Authority, the Chamber of Trade, Sedbergh Booktown, Sedbergh School, Sedbergh & Kirkby Lonsdale Local Area Partnership and the Sedbergh & District Community Office/Community Fund*

*Jim Atkins*

### **DENT DALE CHRISTIAN FELLOWSHIP**

In January our speaker was Andrew Wightman, this lovely committed Christian has such a gift, he makes lovely cards, takes the photos himself and writes the verses himself, God is really using him to bless and encourage a lot of people. Then we all sat around in a safe place sharing together before eating a buffet supper.

Usually we don't give as much detail as this, but feel it right to share what we get up to. We sing a bit, read from God's word and pray, but the main difference to "normal" church is DDCF is not structured and is very much about personal relationship with Jesus.

Perhaps you want to know more, or you'd like to come but not on your own, or you need a lift, or would appreciate someone walking with you through whatever you are going through just now, or you are just a bit curious about DDCF! Whatever and whenever and whoever, please do get in touch. Relationship in Jesus and with Him is an "ever" situation. We are based in but not exclusive to Dent.

*John & Sarah Woof. "Rhymes"  
Laning DENT. LA10 5QJ. 25212.  
March date; Sunday 13th 7pm*

### **DENTDALE RUN**

*12th March 2011*

On the 12<sup>th</sup> March the annual Dentdale Run will take place over a 14 mile course around the roads of

Dentdale. In its 27<sup>th</sup> year the race generates vital funds for Dent C of E Primary School with the assistance of the races main sponsor Dent Brewery along with massive support from other local businesses and the support of local people in providing catering, marshalling and other help.

The race starts at 1pm on Saturday the 12<sup>th</sup> March and consequently Dent village will be very busy that morning, the roads will also be busy culminating at 1pm with over 500 runners taking to the roads around Dentdale. So I would ask very kindly that if anybody is arranging for large deliveries or any farmers are looking to move livestock on that day it would be tremendously helpful if you could avoid any time between about 12 noon and about 3.30pm.

It is a very enjoyable event and any spectators are warmly welcomed to come along and cheer the exhausted athletes. You may even wish to enter the race and an entry form can be downloaded from [www.dentdale.com](http://www.dentdale.com)

*Peter Knapton, Chairman  
Dentdale Run Committee*



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### **SNOW CLEARANCE & GRITTING**

The prolonged period of snow which began in November caused major problems once again. Whilst the responsibility for snow clearance and gritting lies with Cumbria Highways, the system of priorities means that only main roads are cleared and most minor roads, estate roads and footpaths are not. Sedbergh Parish Council had managed to negotiate with Cumbria Highways for a small supply of gritting salt which some of the Parish Councillors did their best to use to clear the car parks and some pavements. However, the Parish Council feels that with an increased supply of gritting salt and the help of willing volunteers the situation in Sedbergh could be improved in the future.

After a heavy fall the snow needs to be cleared before any application of grit salt can be effective. If everyone, who is physically capable, cleared the footpath outside their house or business, as used to be the case, the situation would immediately be improved. It has been made clear, by both the Government and Cumbria County Council, that no-one would be liable for slips and falls etc on areas cleared of snow.

The Parish Council would like to hear from anyone who would be willing to volunteer for snow clearance and gritting, either to be part of a small team or who would be willing to look after a particular area where they live. Grit salt would be supplied by the Parish Council but only for use on public areas –

Cumbria Highways have made it clear the stocks will not be replenished if they are not used appropriately.

If we all work together then hopefully we can ensure that people can get about the town even when the weather is bad. We need to plan now so that when inclement weather strikes again we can immediately put the plan into action. If you feel you could help please contact Tony Jameson on 07988 737994 or via email at [tjam4di@aol.com](mailto:tjam4di@aol.com) TJ

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### **SEDBERGH GALA GROUP**

At the February meeting of the Group the committee were pleased to welcome several new members, but we would still like to have more people who are willing to help with the Gala or Bonfire.

The theme for this years Gala, which is to be held on Saturday 21st May, is T.V. Programmes. So for all of you who want to take part in the Fancy Dress or Shop Window Competitions now is the time to start planning. Do you want to be a Dalek, Postman Pat or a Celebrity Chef?!

### MARCH GARDENING

There may seem to be few advantages in living in a place which is frequently damp, but we do have the advantage over the warmer, drier parts of the country in that we can grow splendid *Pulmonaria* plants.

The most common *Pulmonaria* of gardens is *P. officinalis*, an old fashioned cottage garden plant otherwise known as “Lungwort” (from its supposed resemblance of its leaves to, and consequent treatment of, diseases of the lung), “Soldiers and Sailors (for its red and blue flowers)” or “Virgin Mary Primrose”.

Various named hybrids of this species are well worth seeking out. Amongst my favourites are ‘Sissinghurst White’ with pure white flowers, ‘Silverado’ with silvery leaves and blue, pink and white flowers, and ‘Opal’, with pale blue flowers opening from pale pink buds.

The richest brightest blue flowers are born on plants from two other species of *Pulmonaria* – *P. angustifolia* and *P. longifolia*. I grow the cultivars ‘Azurea’ and ‘Mawson’s Variety’ and they are both stunningly bright and beautiful with deep Gentian blue flowers.

Lastly we have *Pulmonaria rubra* which, as its name suggests has red flowers, born very early in the year over its plain mid green leaves.

All *Pulmonarias* like to grow in a soil which stays fairly moist throughout the growing season and most appreciate a bit of shade. In a dry season or a very sunny spot they tend to succumb to powdery mildew

which covers the leaves and makes plants look scruffy. However a good hard trim – removing all of the leaves and spent flower stems after flowering always results in a fresh growth of attractive new foliage which is usually disease free.

*Elaine Horne*

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or email: [andrew-allan@virgin.net](mailto:andrew-allan@virgin.net)

### WOMEN’S WORLD DAY OF PRAYER

On Friday 4th March a wave of prayer will sweep around the world, with services from Tonga to Trinidad, Wisconsin to Western Samoa, to celebrate and demonstrate solidarity with fellow Christians in other countries and this year in particular with the people of Chile. Over 5,000 services will be held in England, Wales and Northern Ireland. The service has been written by the women of Chile under the title “How many loaves have you?” a theme to unite all humankind, and men and young people are as welcome as women! The service for this area will be at St Andrew’s Dent at 2.30 and we will welcome the Revd Mabel Parr from Low Bentham as our speaker. Do come and join us.

### **DENTDALE CRICKET CLUB**

The following fixtures have been arranged.  
Twenty/20 matches starting at 2 pm at dent.  
May 15th Kendal Cavaliers  
May 22nd to be arranged  
June 5th Bellringers  
June 12th to be arranged  
June 19th Holker  
June 26th Dentdale Music and Beer Festival  
July 3rd Nomads  
July 10th archbishop Hutton  
July 17th Bentham Exiles  
July 24 to be arranged  
August 7th to be arranged  
August 14th Hawes  
August 21st to be arranged  
August 28th Dentdale Show

If you have a team that can fill any of the 'to be arranged', gaps please call John Hyde 015396 25503. If you would like to play or help, please contact John or David Burton, captain, 015396 25537.

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### **CHURCHES TOGETHER**

The first meeting of the New Year took place in February. The committee is made up of the clergy and representatives from The Church of England in Sedbergh, Dent and the Lune parishes, the Methodist Church, the United Reformed Church, Roman Catholic and the Society of Friends (Quakers). The meetings, which take place every three months, are an opportunity to share what each denomination is doing individually

and look at events that can be planned together. The strength of Churches Together in England comes from people from different traditions finding new ways to work and worship together.

Here in Sedbergh the next joint events are planned for Easter. The open air service in Main Street on Good Friday will take place slightly later than usual at 11am and hot cross buns will be given out to attendees and passersby. On Easter Sunday morning there will be a walk up Winder and a sunrise service held at the summit. More details on these events and all the Easter services will follow in the April edition of the Lookaround and via the noticeboard on the URC wall, opposite the Chippy.

One new initiative agreed at the last meeting was to produce a welcome leaflet, introducing all the churches in Sedbergh and giving contact details and times of the main services. This will be printed soon and distributed around the local area as information to newcomers and visitors alike. If you have a business and would like copies, please speak to any member of the local clergy. *Emma Brown*

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### **DENT INDOOR BOWLING**

This continues on SOME Wednesday evenings and one Saturday morning a month in the Memorial Hall at Dent, often we have two mats in play and range from first-timers to old-timers but no one takes

it very very seriously, although some of us would if we were playing a match. Recently it was stated in the Dent News in the West. Gaz that Bowling was on Feb. 9th, in fact that was wrong, the WI met that evening, so if you are interested in coming please check the dates with Jean / Rob on 25269 or Sarah/John on 25212 because they really do know! We'd love to see new faces and although it seems a quiet un-energetic sort of sport it isn't, you do use muscles etc that you don't often use, we also have breaks for tea and cake/biscuits and chat. £2 is the cost of play and refreshments and you will be made very welcome.

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#### **FARFLUNG MILL**

The Rose Community Theatre's 2011 production promises to be one of the best yet when they present "Trouble at Farflung Mill"

This year the group will be taking a slight diversion from their normal pantomime and performing a unique and original (only slightly plagiarised) musical comedy. "Trouble at Farflung Mill" is set in 1880 in and around a Yorkshire dales woollen mill, although any historical accuracies are purely coincidental and names have only been slightly changed so as to expose the innocents as guilty after all!

This lively and entertaining story follows mill owner Sir Bertie Treacle's (played by Stuart Byatt) "Apprentice" style challenge to find an heir to his empire. Who will rise to the task and

who will end up "fired" and what part will his 12 lovely daughters (played by too many pretty young ladies too mention) play?

Woven into the show (see what we've done there, expect plenty more puns and family friendly innuendo along those lines) are loads of cracking songs and tunes from across the decades. Stevie Wonder, Irving Berlin, The Gershwins, Beatles, George Formby, Marilyn Monroe, and even Bob Dylan get the "Rose Theatre" treatment.

The performances will be on Thursday 24th, Friday 25th & Saturday 26th March at 7:30pm and a Saturday Matinee at 2:30pm. So be sure to have it in your diary, smart phone (would've said iphone if Apple had only agreed to that sponsorship deal) or on the back of a cigarette packet! Tickets will be available from the beginning of March from the TIC and are expected to sell like proverbial hot cakes, not that anyone sells hot cakes anymore due to health and safety regulations, so probably slightly warm cakes.

*Kevin Kendal*

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#### **ROYAL WEDDING CELEBRATIONS**

What shall we do ? Street party? Garden Party? Hire a large screen TV for the local Hall ? Have a big Jacobs Join meal? Nothing?

Come along to the Dent Memorial Hall AGM on 23rd March if you are interested in doing something in Dentdale to mark the day.

Or put ideas through "Rhumes" letter box before that date.

## WHICH GOD

*don't you believe in?*

Sedbergh has a variety of groups who meet to read, learn and/or discuss matters in the general arena of spirituality, philosophy, or faith. Perhaps most of these groups are rooted in the Christian tradition. What we think all these groups may have in common, including those which claim no faith affiliation, is a sense of belonging, of mutual trust, support and friendship. Through all this, Sedbergh is enriched, and shares in the renewed interest in matters 'spiritual' which seems to be growing within our jaded western culture.

In our group we are aware that not everyone knows about the range of ways of thinking about matters of faith within the Christian tradition that is now available in the 21<sup>st</sup> century. Many people will consider themselves Christian and express belief in God. They may not know that there are some *within* the churches who have genuine questions and puzzles about the teachings of the church which they may feel reluctant to share with others, through fear of criticism, ridicule or of causing distress or offence. Equally, *outside* the church there may be people who have rejected faith because they have a particular picture of what faith means that does not truly reflect the spectrum of Christian belief and practice.

***Which God don't you believe in?***

You may not be alone. You may even be surprised to discover that quite a few Christians don't believe in a God

like that either!

We respect the convictions of others, and do not seek to undermine the traditional beliefs of people for whom they are the foundation of their faith. We respect the insights of other faiths. We also respect the honest doubts and questions and seeking for new understandings that are evident in the current century.

As a group we have no formal affiliation to any church, but we include 10 or so people from a variety of denominations and faith backgrounds.

If you are someone who might be interested in open, honest, non-judgmental exploration of questions of belief that you find puzzling or just plain barmy, then whether you are a regular church-goer, or someone who has left the church, or someone who has rejected faith because of what you *thought* you had to believe, we would be pleased to hear from you. What that might lead to will depend to some extent on how many people respond, and of course on what you decide yourself.

If you belong to a local group which already attempts to do this, we would be interested to make contact with your group.

You can contact us without preconditions through

*Martin Dodds* 20308

*martin@mdodds9.orangehome.co.uk*

*Rosemary Handley,* 21411

*rosemaryahandley@hotmail.co.uk*

*Robert Powell,* 20482

*robertpowell@cix.co.uk]*

*Monica Cleasby.* 25476

*monicacleasby@btinternet.com*

**BRIGFLATTS QUAKER MEETING  
(FRIENDS)**

The half- hour Meetings for Worship we ran last year seemed to have been much appreciated by those who came , some regularly, some now and again as they were able. The opportunities for a quiet time in peaceful surroundings seem to get fewer and fewer these days !

Anyway, we are starting them up again, and the first one will be on Thursday 7th April, 7.30 - 8.0pm, followed by a cuppa and chat for any who would like to stay.

All are welcome, any Thursday.  
In Friendship

*Valerie Finch*

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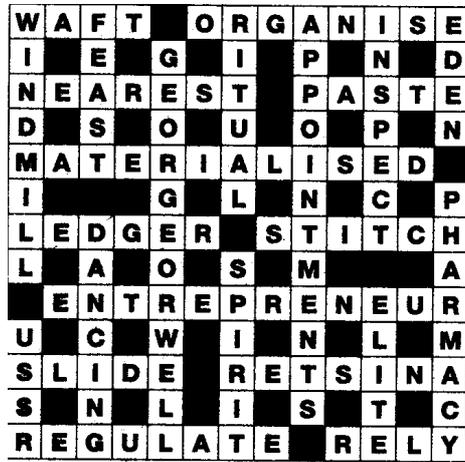
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**COMMUNITY OFFICERS**

Due to changes in the policing teams we would like to confirm that your community officers are, CSO 5206 Karen Dakin and CSO 5245 Rachel Thomas. We are jointly responsible for the Sedbergh and Kirkby Lonsdale area. Please feel free to contact us on 0845 33 00 247 or email us on rachel.thomas@cumbria.police.uk or karen.dakin@cumbria.police.uk. Or alternatively you can speak to us during our regular drop in surgery at Sedbergh Library at the new time and date of the 3<sup>rd</sup> Saturday of each month between 10:00 – 12:30. We are also at Gladstone house every other Friday commencing on 11<sup>th</sup> March from 13:00. We would be pleased to meet you all to discuss any issues or simply for a chat. Police Report for February: This month has seen a low number of incidents reported to the Police in this area. There have been recent reports of off road motor bikes using local bridleways; if registrations are passed to the Police offenders can be advised. A number of Police action days have been organised jointly with North Yorkshire Police and the Yorkshire Dales National Park authority, addressing the issue of vehicles away from the tarmac road. Dent is again encountering issues with irresponsible dog owners who are failing to clean up after their dogs. Please respect the lovely area that we live in by not allowing this issue to spoil our streets or footpaths. We would like to emphasise that this is an offence and a fixed penalty of £75 can be given, this is enforced by SLDC and the Police. We realise that this is a small minority of dog owners who do not clean up after their dogs. For any further details please visit the Cumbria Constabulary website at www.cumbria.police.uk.



Brian's working on an idea of his for the Sedbergh Spring Show.



### RAYMOR MORRISON TIN

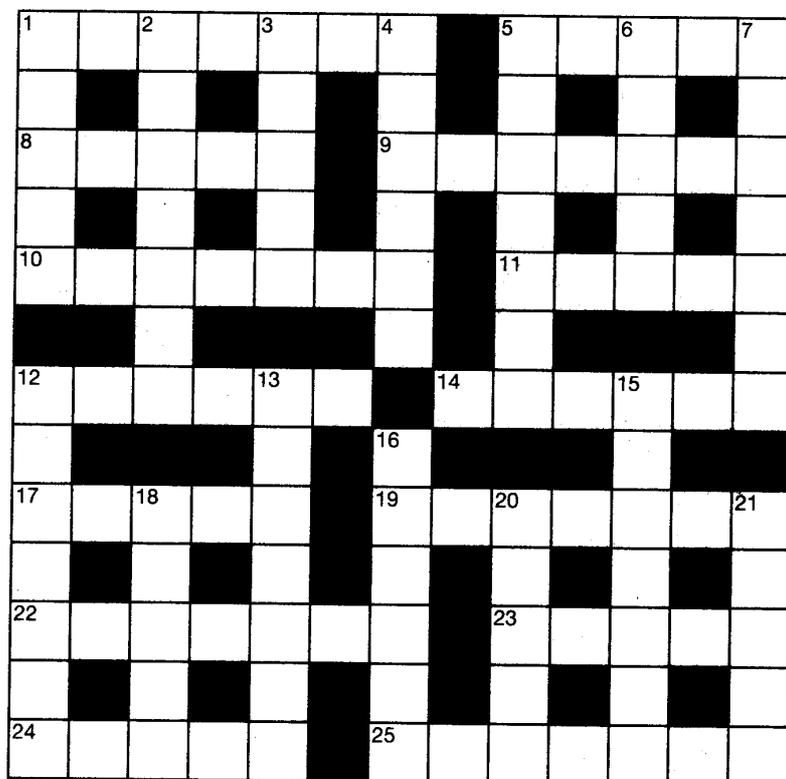
In February Lookaround there was an article about an old tobacco tin having been found near the A6 with three things inside including a newspaper cutting about Captain Raymor Morrisons death. As a close friend of Raymors widow Barbara, I contacted Editor Dennis and then contacted the man who found the tin and explained Barbara left the contents of her house to me and could I have the tin. The finder sent it to me with details of where it was found. As a lot of the contents of the Morrison home came into our home and recently as I sorted some of it out I couldn't actually remember seeing it before but must have done to move it my husbands theory is that this tobacco tin also came here, was taken with other things when we had our burglary last year and then discarded, possibly thrown from a car on the A6. It is good to have it, the 2005 penny and the signed bit of a Players Cigarette packet, if only they could talk!

*Friend of Barbara Morrison*

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4			1			8
8	2	7				3
5				6	4	
	7		2	4	8	
	3		5			9
7					5	3
6				1		2
	9			8		



## ACROSS

- 1 Cattle thief (7)
- 5 First of the Three Musketeers (5)
- 8 Bright, intense (5)
- 9 Tent used for social functions (7)
- 10 Greatest in size (7)
- 11 Drum major's stick (5)
- 12 Muslim ruler (6)
- 14 Small watercourse (6)
- 17 Plant louse (5)
- 19 Comfort (7)
- 22 Downward journey (7)
- 23 Hesitate (5)
- 24 Garden vegetables (5)
- 25 Persistent illness (7)

## DOWN

- 1 Challenger (5)
- 2 A fair few (7)
- 3 Gatekeeper's house (5)
- 4 Very distant (6)
- 5 Circus performer (7)
- 6 Torment (5)
- 7 Breastbone (7)
- 12 Outrage (7)
- 13 Direction on a piece of mail (7)
- 15 Kill (7)
- 16 Lover's town, - - - Green (6)
- 18 Speed (5)
- 20 Part of a jacket (5)
- 21 Throw out (5)



### BED & BREAKFAST

<b>Proprietor</b>	<b>Address</b>	<b>Phone (015396)</b>
Miss S Thurlby .....	15 Back Lane, Sedbergh (2011/12) ..... <i>ID; IT; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk	20251
Mrs S Gold-Wood .....	Number Ten Main Street, Sedbergh (2012/02) ..... <i>ID (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite .....	Bramaskew Farm, Howgill, Sedbergh (2011/09) ..... <i>ID(ES); IT(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs S Sharrocks .....	Holmecroft; Station Road, Sedbergh (2011/11) ..... <i>ID; IT; IS; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs J Hope .....	The Old Joinery, Garsdale, Sedbergh (2011/12) ..... <i>F/D (4 poster); IS; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2011/11) ..... <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360

### CAMPING, CARAVANNING & SELF-CATERING

Sycamore Cottage, Lunds, Sedbergh (2011/09) .....	<i>Sleeps 2, D; CH; TVL; P; NS; DW</i>	01969 667356
Mrs Durie .....	Crossthaite, Garsdale, Sedbergh (2011/06) ..... <i>Sleeps 6/7 D, F, T, CH, TVL, P, NS, DW, DR, CW</i>	07900 531043
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2011/11) ..... <i>Self-Catering Sleeps 6-8</i>	20360

### KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom  
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access  
 NS(B) = No Smoking (Bedrooms); NP(\*) = No Pets (\* by arrangement); DW = Dogs Welcome  
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal  
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

## Religious Services in Sedbergh

### CHURCH OF ENGLAND

St. Andrew's Parish Church  
 Sunday 08.00, 10.30 & 18.30  
 Wednesday 11.15

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Tony Reed Screen 21081 & Susan Sharrocks 20754

### ROMAN CATHOLIC

St. Andrew's Parish Church  
 Sunday 12.00  
 Holy Days 19.30

**Rev. Dr. P Campbell Tel: 20918**

### METHODIST CHURCH

New Street  
 Sunday 10.30 & 18.30

**Rev. T Widdess Tel: 20329**

### UNITED REFORMED CHURCH

Main Street  
 Sunday 10.30

**Rev. C Marsden Tel: 22030**

### SOCIETY OF FRIENDS

#### QUAKERS

Brigflatts  
 Sunday 10.30

**Tess & Philip Satchell Tel: 20005**

### UNITARIAN & FREE

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Market Place, Kendal  
 Sunday 11.00  
 Wednesday 19.30

**Rev. G Jones Tel: 01539 722079**

*Enquiries for the following services,  
 please ring the relevant telephone number*

### CHURCH OF ENGLAND

Firbank; Howgill & Killington  
 Cautley & Garsdale

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Cautley: Judith Bush 20058 & Linda Hopkins 21455  
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723  
 Dent & Cowgill

**Rev. P Boyles Tel: 25226**

### METHODIST CHURCH

Dent; Dent Foot;  
 Cautley; Fell End;  
 Garsdale Street; Garsdale Low Smithy;  
 Hawes Junction & Frostron

**Rev. T Widdess Tel: 20329**

### SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

**Tel: 20588 or 20503**

[www.sedberghchristiancentre.co.uk](http://www.sedberghchristiancentre.co.uk)

### WORSHIP@PEOPLESHELL

10:30 am Sunday 6th February  
 10:30 am Sunday 13th March

**Beth & Sandy Roy Tel: 20785**

*Would you like to know that someone is  
 praying for you? Or do you have a  
 relative, friend or neighbour in special  
 need of prayer? In the Churches, we pray  
 every Sunday for this community and we  
 should like to hear of any special needs.  
 Please ring any of the above telephone  
 numbers so that we may pray for you and/  
 or others.*

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 13 Kings Yard, Sedbergh LA10 5BJ  
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*Last Price Update August 1999.*

## DIARY OF EVENTS

*Dates are held up to 14th December 2011*

Entries marked (*) see Advert in previous Lookaround.			20 1115 SS Coffee Concert	SSQH
<b>MARCH</b>			21 1900 Chamber of Trade	L
1	St David's Day		23 1000 Coffee Morning StAS	URCR
2	1000 Coffee Morning Kidzone	URCR	23 1930 DMH AGM	DMH
2	1930 HS 3 Centuries of the Workhouse (7)	SHS	24 1430 Trouble at Farflung Mill! (1)	PH
2	1930 Egil Skallagrimson Keeps His Head	DCMH	24 1430 Trouble at Farflung Mill! (1)	PH
3	1930 WIH Lakeland Churches	HVH	25 1430 Trouble at Farflung Mill! (1)	PH
4	1430 Women's World Day of Prayer	StAS	26 1000 Dent Bowling Coffee Morning (*)	DMH
4	1930 Wine Tasting Evening (*)	PH	26 1100 Dentdale Monthly Walk	DMH
4	1930 HVH Dominoes & Tattie Pot Supper	HVH	26 1430 Trouble at Farflung Mill! (1)	PH
5	1400 Pole Lathe Wood Turning	DCMH	29 1430 SS Wilson Run	Back Lane
5	1400 Cricket Club Jumble Sale (*)	PH	30 1000 Coffee Morning Ladies NFU	URCR
5	1830 Beetle Drive	DMH	31 SJS Term Ends	
5	1900 Flicks in the Fells (10)	PH	31 Eve Springtime Café Concert (31)	PH
5	1930 Celebration Concert (12)	Penrith	<b>APRIL</b>	
6	1030 Guild Anniversary Services (7)	SMC	1 SS Term Ends	
8	1400 WIK Rag Rug Making	PH	2 1200 Spring Show	PH
8	1900 Haytime in the Yorkshire Dales	DCMH	2 1900 Flicks in the Fells (*)	PH
8	1930 Domino Drive	FCH	3 Mothers Day	
8	1945 Town Band Concert (8)	PH	3 1030 Service @ People's Hall	PH
9	1000 Coffee Morning URC Church	URCR	6 1000 Coffee Morning Dent Oral Society	URCR
9	1915 WID Allotments	DMH	7 1930 WIH Flowers around Sunbiggin Tarn	FCH
9	1930 WIS Inside a Lakeland Farmhouse	PH	9 1900 Sedbergh Wanderers Ladies Night (70)	SSQH
10	1200 Lunch Club	Red Lion	12 1400 WIK Springtime Soups	PH
10	1930 Neighbourhood Forum	KL	13 1000 Coffee Morning StAS Missionary	URCR
11	1400 Blood Donor Session	PH	13 1915 WID Dance Exercise	DMH
11	1700 Blood Donor Session	PH	13 1930 WIS An evening with Joyce Grenfell	PH
11	1930 KVH Domino Drive	KVH	14 1200 Lunch Club	Red Lion
12	1000 URC Jumble Sale	URCR	16 1930 The Armed Man (53)	StAD
12	1300 Dentdale Run	Dent	17 1530 The Armed Man (53)	StJCC
12	1800 Lookaround Party	PH	20 1000 Coffee Morning North West Cancer	URCR
12	1900 SS Choral Society	Ripon Cathedral	21 1000 MP Tim Farron Surgery	CO
12	1930 Celebration Concert (12)	Kendal	22 Good Friday	
13	1030 Service @ People's Hall	PH	23 St George's Day	
13	1900 SS Choral Society	SSPH	23 1100 St George's Day Parade	Bull Hotel
13	1900 Dentdale Christian Fellowship (13)	RD	25 Easter Monday	
15	1400 SASL Quiz Time	PH	26 SS Term Starts	
16	1000 Coffee Morning Christian Aid (16)	URCR	27 1000 Coffee Morning Garsdale Village Hall	URCR
16	1900 Zumba Fitness (16)	SPS	27 1930 CWT Freshwaters of Cumbria	SHS
16	1930 HS & CWT Victorian Naturalists (7)	SHS	30 1100 Dentdale Monthly Walk	DMH
17	1230 Health Centre Closed for afternoon		<b>MAY</b>	
17	1930 Comedy of Errors (17)	SSJAT	1 1030 Service @ People's Hall	PH
18	1930 Comedy of Errors (17)	SSJAT	1 Dentdale Walking Festival/Craft Tour	Dentdale
18	1930 Railway Mania in the Dales 1840-1912	DCMH	2 Dentdale Craft Tour	Dentdale
19	1930 Comedy of Errors (17)	SSJAT	3 Dentdale Craft Tour	Dentdale

*The S & D Lookaround is edited, published & distributed monthly by  
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Green Door, Premier, Howgills Tea Room, Post Office and Dent Stores.*

## COVER PICTURE

Settlebeck Field

*By Wally Thornton*

	30	Dentdale Flower Festival	DMC
	?? 1830	Barbecue (Date to be announced)	FCH
<b>JUNE</b>			
	1 1000	Coffee Morning Dent Foot Chapel	URCR
	2 1930	WIH Members Evening	FCH
	2 - 6	Appleby Fair	
	4 1900	Flicks in the Fells (*)	PH
	4 1930	Killington Sports Ceilidh	BK
	5	SS Half Term Ends	
	5 1030	Service @ People's Hall	PH
	8 1000	Coffee Morning WIH	URCR
	8	WIS Mystery Outing	
	8 1915	WID Sedbergh Art Society	DMH
	9 1200	Lunch Club	Red Lion
	14 1400	WIK Mums Junk	PH
	15 1000	Coffee Morning Barnardo's	URCR
	15 1230	Health Centre Closed for afternoon	
4	1000	Coffee Morning dent Methodist Chapel	URCR
5	1930	WIH Swallows & Amazons	HVH
7	1900	Flicks in the Fells (*)	PH
10	1400	WIK Resolutions & Musical Quiz	PH
11	1000	Coffee Morning Firbank Church	URCR
11	1915	WID Resolutions	DMH
11	1930	WIS WI Resolutions & Jacobs Join	PH
12	1200	Lunch Club	Red Lion
14-19		Christian Aid	URCR
16	1900	Chamber of Trade	L
16	1930	Group WI Meeting	KLI
17	1230	Health Centre Closed for afternoon	
18	1000	Coffee Morning Christian Aid	URCR
20		Cautley Flower Festival	StMC
21		Cautley Flower Festival	StMC
21	1230	Sedbergh Gala	Lupton Field
22		Cautley Flower Festival	StMC
25	1000	Coffee Morning WIK	URCR
28		SS Half Term Starts	
28	1100	Dentdale Monthly Walk	DMH
28		Dentdale Flower Festival	DMC
29		Dentdale Flower Festival	DMC
<b>Regular Events/Meetings</b>			
1000	Every Monday	Free Entry to Locals	FM
1200	Every Monday	The Monday Club	SMCR
1315	Every Monday	Howgill Toddlers	HVH
1930	1st Monday	Dent Parish Council	DMH
1900	3rd Monday	Chamber of Trade	L
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1400	1st Tuesday	SL Carers Association	CO
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Group	PH
1930	3rd Tuesday	Ladies NFU	PH
1000	Every Wednesday	Coffee Morning	URCR
1300	Every Wednesday	Art Society	PH
1315	Every Wednesday	Zebra's	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday	Brownies (term time)	SMCR
1930	Every Wednesday	Sedbergh Seniors	PH
1000	1st Wednesday	Age UK	CO
1930	1st & 3rd Wednesday	History Society	SHS
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh (Frostraw) WI	PH
1930	1st Thursday	Howgill WI	FCH
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st & 3rd Thursday	Toy Library	PH
1200	2nd Thursday	Lunch Club	Red
1915	2nd Thursday	Royal British Legion	WHC
1930	Last Thursday	Sed. Parish Council	PH
1330	Every Friday	Dent Over 60's	DMH
1930	Every Friday	Monkey House Café	Library

### DIARY KEY

BF	= Brigflatts
BK	= Becksdale, Killington
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CHI	= Country Harvest, Ingleton
CO	= Community Office, Main Street
CTiS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC/S	= Dent Methodist Chapel/Schoolroom
FCH	= Firbank Church Hall
FM	= Farfield Mill
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KLI	= Kirkby Lonsdale Institute
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
PH	= People's Hall
RD	= Rhumes, Dent
SHS	= Settlebeck High School
SLSB	= South Lakeland Society for the Blind
SMC(R)	= Sed. Methodist Church (Room)
StMC	= St Mark Church, Cautley
StAS/D	= St Andrew's Church, Sedbergh/Dent
StJCC	= St John's Church, Cowgill
SSJAT	= Sedbergh School John Arden Centre
STO	= Sedbergh Tourist Office, Main Street
URC(R)	= United Reformed Church (Rooms)
WHC	= White Hart Club
WIB	= Women's Institute, Barbon
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

## PUBLIC INFORMATION

### Sedbergh Medical Practice

015396 20218

015396 20239 24hr Prescription line

### Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm  
(Doors open at 8.15am)

### Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Dent surgery by appointment only - Monday

Workers surgery by appointment only –  
Monday/Tuesday evening

### Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday

afternoons (By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

### Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make  
appointments for all the above clinics.

See our website [www.sedberghmp.nhs.uk](http://www.sedberghmp.nhs.uk)  
for further details

When we are closed please contact CHOC  
03000 247 247 or 999 if appropriate.

### Collinge Optometrist

Friday only

0900 to 1300 & 1400 to 1730 by appointment  
only.

### DENTAL SURGERY

Finkle Street ☎ 20626

Mr I R Dawson, Ms G Turner & Mr B Houghton

Monday to Thursday 0900 - 1700

Friday (*Time changed 02/11*) 0830 - 1400

Saturday \*

### LIBRARY Main Street ☎ 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

### SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day 1000 - 1700

[www.sedbergh.org.uk/booktown/dlbc.html](http://www.sedbergh.org.uk/booktown/dlbc.html)

### COMMUNITY OFFICE ☎ 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)

[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 01539 738772

[www.cabsouthlakeland.org.uk/kendal.html](http://www.cabsouthlakeland.org.uk/kendal.html)

### PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

### SLCVS @ Community Office

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

### COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

### POLICE

☎ 0845 33 00 247

### PUBLIC TOILETS

Main Street & Loftus Hill Car Park, Sedbergh

Main Street, Dent

### VETERINARY SURGERY

14 Long Lane

☎ 015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 \*

1400 - 1500 \*

Other times by appointment only \*

MARKET DAY

WEDNESDAY

HALF-DAY CLOSING

THURSDAY