

Sedbergh & District

# LOOKAROUND

July 2011

Issue 290

Donation £1

Another month of lots of things to do in our beautiful part of the world.

Congratulations to all the organisers for all their hard work in putting on the events throughout the area. Please support them if you can.

Over the next few months, there will

be a slight change in the production of Lookaround. Please keep an eye out for how to submit articles and adverts so that you will not be disappointed. Further details will be given when known.

*Dennis & Jacky Whicker*

ST ANDREW'S CHURCH SEDBERGH



## SUMMER FAIR

**Saturday July 9th**

10.30am till 4.00pm

**Craft Fair**

**Bouncy Castle**

**Euphoric Circus**

**Music & Refreshments**

FAMILY FUN

SIDESHOWS & STALLS

Prize-giving at 4.00pm

## STRAWBERRY TEAS

Dent Memorial Hall

**Saturday 16th July**

Teas from 2pm to 4pm

**Grand Raffle**



Bring 'n' Buy & Nearly New Stalls  
*Donations for Raffle, Stalls or Cakes  
would be greatly appreciated  
(Before the day if possible)*

Everyone welcome

Proceeds to Dentdale Over 60's  
Christmas Party

**CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th**

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

e-mail: [editor@sedberghlookaround.org.uk](mailto:editor@sedberghlookaround.org.uk) ~ Web Site: <http://www.sedberghlookaround.org.uk>

## Table of Contents

Advertising Rates	85	Flicks in the Fells	64
Bed & Breakfast	84	Gardening	76
Bus Time Table	79	Girls Football	72
Cartoon	82	Gypsy Vans	56
Crossword	83	History Society Skipton	32
Groups	80	History Society Tearnside	58
Religious Services	85	In Living Memory Flower Festival	7
Sudoku	82	Killington Sports	40
A Day Out in Carlisle	67	Libraries	78
Alice in Wonderland	62	Marie Curie	71
Amateur Concert	72	Mr & Mrs Hirst	46
Appleby Fair 01	20	Muncheon Music	73
Appleby Fair 02	60	News from the Pews	70
Bookworm	70	Parish Council Dent	14
Bowling Club	69	Parish Sedbergh Chairman Report	16
Buzz	72	People's Hall	55
Cautley Road 1	62	Pulse Readings	70
Cautley Road 2	62	Sedbergh Gala	74
Chair Workshop	69	Sedbergh Gala Results	34
Churches Together	19	Sedbergh Wanderers Football Club	65
Community Centre 1	38	Slovenian Reception	52
Community Centre 2	68	St Marks Church	73
Community Charity Shop	47	Swimming Club	73
Community Officer Report	77	Tim Farron	66
Councillor Kevin	12	Town Band Ypres	30
Councillors Evelyn & Ian	8	Trott Musical Foundation	61
Cumbria Wildlife Trust	36	Weather	54
Dent Football Club	63	WI Dentdale	24
Dent Library	72	WI Howgill	29
Dent Reading Room	72	WI Killington	26
Families Singing Together	48	Worship @ PH	73
Family Musings	50	YDNP New Members	57

## Table of Adverts

Able Memorials	40	Kay Whittle	39
Andrew Alan	59	KDM Builders	34
Austin Brown	42	Kevin Bateman	58
Brian Goad	58	Kung Foo	32
Bull Hotel	41	Lakeland Home	53
Capstick Insurance	45	Malcolm Sedgwick	33
Chair	69	Mel Cragg	70
Chris Whelan	43	MK Conversions	46
Cobble Country	11	Nicky Ross	76
Cross Keys	44	Oliver Higginbotham	63
Cumbria Stoves	68	Oliver Higginbotham	47
Dales Pets	29	Other Options	66
Daphne Jackson	67	Paul Hoggarth	65
Dave Beaumont	59	Paul Winn	52
Dawson's Coal	14	PH	61
Dent Heritage Centre	64	Philip Horner	67
Edwin Middleton	62	Puppies for Sale	35
Farfield Mill	49	Raven Graphics	65
Garsdale Design	22	Richard Hoggarth	55
Gary Allan	56	Roger Winn	54
Gavin Charlesworth	8	Sam Konczynski	59
George Baines	36	SarahM	60
Graham Moffat	66	Sedbergh Office Service	38
H&M Craftsmen	31	Sedbergh School	50
Harry Wilson Books	61	Shelia Shuttleworth	70
Hayton & Winkley	48	Stefan Kliszat	51
Head 1	26	Stephenson & Wilson	53
Head 2	27	Steve Chadwick	57
Health Centre	75	Stramongate Press	75
Heaps of Fun	74	Tilk Wilkinson	74
Holme Farm	9	Tooby	21
Ian Higginbotham	58	VK Cleaning	68
Josephine Lade	24	Weavers Café	37
Julie Noble	77	Wenningdales 1	23
June Parker	70	Wenningdales 2	72
		Yvonne Cervettit	28

# JULY BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month :-  
Holly Ross who is 9 years old on 5th July.

Please collect your vouchers from  
*Sedbergh Office Services*  
13 Kings Yard, Main Street,  
Sedbergh  
which can be used in any shop in  
**Sedbergh & Dent.**



## NONAGENARIANS

We are now including the details of all those aged 90 years and over who wish to have their details included. To do this, we must have the persons permission, the correct Name & Date of Birth and a contact telephone number. Please supply these details and they will appear in the relevant month. Sadly, they will not qualify for the Birthday Voucher!

Day	Name	Age
1	Jenny FALLOWS	5
2	Niamh METCALFE	7
3	Theo OVERSBY	7
4	Ben GREENSMITH	7
4	CJ MIDDLETON	8
5	Holly ROSS	9
9	Hannah LENNON	8
10	Milly BROOKSBANK	8
11	Samuel HARPER	9
13	Arthur HAYHURST	3
14	Chloe DALZELL	9
15	Jerome McKENNA	8
24	Ruben PARK	6
25	Antony COWIN	6
27	Akira CRESSEY	6
27	Mike STOREY	10
29	Jody MIDDLETON	4
<b>Nonagenarian &amp; Over</b>		
09	Doris FOSTER	101

## PERSONAL & SMALL ADS £1

### BAINES

George would like to thank family and friends for all their cards, presents and best wishes received on his 40th birthday. Also, a big thank you to all for joining him to celebrate this milestone.

=====

### CLARKE

Happy 21st on 18th July.  
With love always, Mum xxx

=====

### CLARKE

Happy 21st Becca. Have a great day.  
Love Daniel x

=====

### CLARKE

Aunty Becca, happy 21st birthday.  
Are you getting old?!!  
Lots of love  
Josh and Aimee. xxxx

=====

### CLARKE

Hi little sister. Happy 21st birthday  
Becca. Love and hugs. Emma xx  
and John x  
PS you owe me for Red Ted

=====

### MARTIN

Dr Jessica E Martin BSc., MChem  
(Dunelm) PhD (Bris)  
Congratulations Dr Jessica. Good  
luck for the future. Love from us all at  
the Head at Middleton

=====

### MASON

I would like to say a big thank you for  
the enquiries, generosity and  
kindness shown to me after my stay  
at RLI. Bless you all. Rosemary

### STANTON

Alan and Betty would like to thank all those who sent cards, flowers, presents and lovely cakes for our golden wedding. Due to circumstances we weren't able to invite any-one, but we know you will understand. God bless you all

=====

### TALLON

Thank you from Mary Tallon to all family and friends who helped celebrate her "special" birthday. Mary very much appreciated all the flowers, gifts, cards and visits. All of which made memories to treasure.

=====

### TODD/POSTLETHWAITE

Thomas, Brenda and Janet would like to thank everyone who helped them celebrate Janets 40th and Thomas and Brendas 40th Wedding Anniversary. Thank you for all the lovely cards presents and flowers and a big thank you for all the generous donations for our chosen charities, amounting to £860.

=====

### THANK YOU

We would like to say a big thank you to Joyce's neighbour Peter for giving her first aid and calling the ambulance when she choked on her meal. Thank you too to the paramedics who attended at 41 Maryfell, and to David, Joel and Catherine, Sarah, Cathy and Laura for their support

*Joyce and Georgina Devine*

## PERSONAL & SMALL ADS £1

### PHYSICS/COMPUTING TUTORS

Would any local teachers interested in offering physics or computing 'A' level tutoring to a Dent pupil please ring 25226 to discuss further. Thank you.

=====

### FOR SALE

Mobility scooter - electric scooter in red. Has lights and indicators as well as reversing buzzer. Max speed 6mph and is very easy to use. Seat can be adjusted forward and back and swivels to allow easy access.

Steering column also adjusts forward and back. In very good condition with new battery. £250 ono

Hand held vacuum - Hoover Jovis 14.4v hand held vacuum . Works for wet and dry spillages. Comes with charging stand. £25 ono

Call Scott on 25185 or 07779 415985

=====

### FOR SALE

Blanket box - wooden £15

Tall boy (6 drawers) £25

Mid-oak bureau £80

4ft white wardrobe, centre mirror with top box. Immaculate £90

Bissell carpet shampooer £5

Very large aluminium pan. Offers

All in good condition Tel: 21840

=====

### FOR SALE

2 pieces of granite, approx 1m in length. £50 for both. Contact 07815 447391 for more information.

### FOR SALE

Blue mountain bike. 18 gears. Used twice. Brand new condition. £100 ono.

Contact Dannielle on 07896 222288

=====

### FOR SALE

Honda Izy 18" self drive rotary mower. VGC

Mountfield 15" push mower

Bosch battery strimmer

Bosch battery hedge cutters

Tel: 21994

=====

### WANTED

Land to rent wanted by local farm worker for sheep. Any acreage considered inc small single plots.

Please contact 07969 977516

=====

### FOR SALE

1 bath seat. Battery driven with charger included. Lifts up and down. In good working order

Was £375 new - £200 ono cash

Tel: 21840

=====

### WANTED

Third year computer science undergraduate looking for summer work until the end of September. Wizz with computers, admin etc. Own car. Any work considered

Telephone Richard 015396 20258

=====

### LOST

Sony camera in black plastic case. If found please contact 20295

**THE 'IN LIVING MEMORY'  
FLOWER FESTIVAL**

The first ever 'In Living Memory' Flower Festival took place at the Methodist chapel on May 28<sup>th</sup>-30<sup>th</sup> and was a big success with many visitors returning for more, which kept the kitchen staff very busy. Many also attended the songs of praise service on the Sunday, which was followed by Hannah Maxwell playing the chapel organ.

Artefacts and items of interest were exhibited recognising and commemorating the worship and support for the Deepdale Methodist Chapel and other Methodist Chapels of The Dale. Whilst, contributions of memorabilia on display, including two



**Sedbergh  
Swimming Club  
AGM**

**Monday 4th July  
7:30 pm  
Bull Hotel**

**All Welcome**

The poster features a decorative border of small floral motifs. In the background, there is a faint illustration of a swimmer. On the right side, there is a cartoon illustration of a person's head and arms sticking out of the water, splashing.

wedding dresses, albums and christening robes, celebrated weddings and christenings held in the dales chapels. Also, everyone had the chance to play their own wedding march on the antique pedal organ too.

The photographs and books presented, such as an old minute book from the 1940/50's for the Congregational chapel in Flintergill, helped people to remember the clubs and Sunday schools, throughout the years. Though it wasn't just the buildings remembered but the people and the activities too, like the Jungle Club's own song, 'I'm the King of the Jungle'.

Although this event was organised by Sarah and John Woof and the members and friends of the Methodist chapel, it was a community effort that meant £670 was raised for the chapel and nursery equipment.

If you would like me to report on your event please contact me by either giving me a call on 25185 or alternatively by sending an email to [laurabm@sky.com](mailto:laurabm@sky.com) with dates and details. *Laura Mottershead*

SEDBERGH & DISTRICT

**HISTORY SOCIETY**

Wednesday 6th July  
**BENTHAM**

David Johnson will introduce members to interesting sites in High and Low Bentham. The tour will end at the church in Low Bentham which is next door to the pub!

Meet in Loftus Hill Car Park at 5pm or at the Grasmere Drive Car Park in High Bentham at 6pm. It is signposted on the left hand side of Main Street as you approach from Low Bentham.

If you would like a lift to any event, please ring a member of the Committee. We usually meet in Loftus Hill Car Park and arrange to share transport if possible.  
*Please note that dogs are no longer allowed on Outings.*

Chairman: Richard Cann 20771  
Secretary: Mike Beecroft 21878  
Treasurer : Marlene Mason 20509  
Member Sec: Richard Cann 20771

### COUNCILLORS CORNER

*From Cllr Evelyn:*

With the lighter nights the playground at the People's Hall is bursting with activity. But there is still a lack of things for older children to do. A skateboard park has been suggested. Kirkby Lonsdale has one in its Playpark and I know there was a move in Sedbergh to build one about six years ago. I would welcome comments from Lookaround readers (and their children) on the idea and any suggestions for sites.

The idea was well received at the LAP meeting and several members gave me advice on contacts for information and financial support. The LAP meeting was also keenly

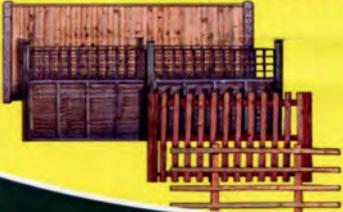
interested in the idea that we are formulating for a "Transport for Sedbergh" scheme, where the Community Office would become an information hub for transport. There are several community transport schemes in Cumbria which are underused because not enough people know about them and we want to increase access to them.

As a Trustee of the Sedbergh and District Community and Heritage Trust I would also like to welcome Andi Chapple, our new manager. David Ramsbottom, who retired in March, has done a tremendous job not only keeping the Community Office running but he has also helped set up the Charity Shop, taken over

**THIS TEAM  
"LEAVES" IT CLEAN!**

# Charlesworth

**Tree Care & Fencing Ltd**  
Domestic • Commercial • Agricultural  
Covering the whole of Cumbria & North Lancs.



- Agricultural & Garden Fencing
- Rustic & Panel Fencing
- Post & Railings
- Horse & Rabbit Fencing
- Stock Proof & Deer Fencing
- Fencing Materials
- Treated Timber

**Firewood for sale**

CALL GAVIN TODAY  
**015242 71840**  
OR WOODYARD ON  
**015396 20006**  
Mobile 07721 773135  
email: [gavin@g-charlesworth.co.uk](mailto:gavin@g-charlesworth.co.uk)  
The Woodyard, Old Railway Goods Yard,  
Middleton, Kirkby Lonsdale LA6 2NE

C  
H  
A  
R  
L  
E  
S  
W  
O  
R  
T  
H



This Team Leaves It Clean

the management of the market, and contributed to the Townscape Initiative. The new manager's job has been expanded and it is hoped we can apply for funding for new initiatives like the transport plan.

*From Cllr Ian:*

The future of 72 Main Street (the Community Office and TIC) has again loomed large this month. As I mentioned in my last article the matter was due to come before a full meeting of the YDNPA for consideration on the 31<sup>st</sup> May. A very full contingent of Sedbergh councillors and residents went over to Bainbridge that day both to address Authority Members and to listen to the debate. The matter is quite

complex but the upshot of it was that the Authority chose not to accept the offer from Sedbergh which was on the table and instead chose to place the property for sale on the open market. This was disappointing for all those with a firm commitment to ensure that the property remains available as a community facility and although on the day this particular battle was lost the intention still is to win the war! I subsequently attended an Extraordinary Meeting of Sedbergh Parish Council on the 9<sup>th</sup> June which was also very well supported by concerned members of the public. Strategies for the way ahead were considered in detail and a working group of the Parish Council

## H o l m e O p e n F a r m & C a f é



Come hold, touch and feed the animals on our guided tours, which run continuously during opening time.

NEW INDOOR PLAY AREA



NATURE TRAIL  
PICNIC PLAY AREA  
CAMPING AVAILABLE ON SITE



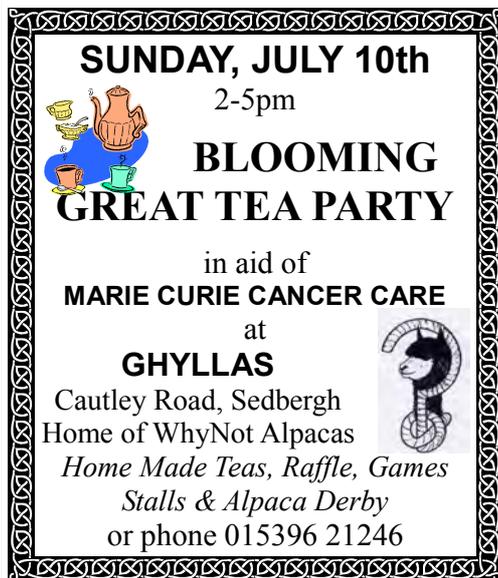
Holme Open Farm, Sedbergh, Cumbria LA10 5ET  
Tel: 015396 20654 [www.holmeopenfarm.co.uk](http://www.holmeopenfarm.co.uk)

was formed to plan a lobbying campaign against Yorkshire Dales Members and Officers culminating just prior to the “crunch” meeting of the Authority on the 13<sup>th</sup> December when offers for the property will be considered and a final decision made about who to sell the property to. I have already aligned myself with the town’s bid to secure the property so in my capacity as a Park Authority Member I am unable to speak or vote on the issue at Authority meetings. Graham Dalton is in a similar position to myself but on the 31<sup>st</sup> we did receive the votes of Cllr Roger Bingham the Cumbria County Councillor member as well as Malcolm Petyt the local Secretary of State appointee and also the three appointees from Richmondshire District Council who have a particular understanding of our situation here based on their experience in Hawes. This is a very critical issue for the

town as the importance of the Community Office to the social, cultural and economic wellbeing of the residents cannot be over-estimated. Continue to watch this space for further updates.

On the 14<sup>th</sup> June Evelyn and I attended a drop-in session at The Peoples Hall for a debriefing on this year’s Appleby Horse Fair. There was a fair sprinkling of members of the public present as well as representatives from the Police, County and District Councils, CRAG and the various statutory agencies. The general feeling was that this had been one of the most orderly and well managed Fairs in recent times and the Travellers themselves endorsed this. Indeed their aim is to return to a more traditional Horse Fair and away from the glorified car boot sale that it has tended to become over the last few years. The achievement of all those involved both in Appleby itself and our own area was recognised in the last few days by a prestigious Silver Award made by the Local Government Communications Group against stiff national competition from other much larger authorities and organisations than our own. I congratulate all those involved for the work and effort put into allowing this year’s event to be such a successful one.

We began the meeting of the Local Area Partnership on the 15<sup>th</sup> June by electing Graham Dalton as our new Chair and thanking the outgoing Chair Laura Mawdsley for her work during the preceding year. We



**SUNDAY, JULY 10th**  
2-5pm



**BLOOMING  
GREAT TEA PARTY**

in aid of  
**MARIE CURIE CANCER CARE**  
at  
**GHYLLAS**



Cautley Road, Sedbergh  
Home of WhyNot Alpacas  
*Home Made Teas, Raffle, Games  
Stalls & Alpaca Derby*  
or phone 015396 21246

considered a number of matters but focussed particularly on the proposed extensions to the YDNP in the Barbon and Casterton areas and also on the likely effects of the current County Council local library consultation. With regard to the extensions, individuals and parishes collectively will be making their submissions to Natural England and indeed in this respect my colleague Kevin Lancaster and I were asked to address a meeting of local people at Barbon Village Hall on this subject on the 10<sup>th</sup> June. A very lively debate ensued during which a wide variety of views were expressed and anyone wishing to respond to the consultation has until the 1<sup>st</sup> July to do so. Please

visit [www.naturalengland.org.uk/lakestodales](http://www.naturalengland.org.uk/lakestodales) or telephone 0300 060 2178 for more information. As far as the library consultation is concerned there is to be a drop-in session at the library on 29<sup>th</sup> June from 4 to 6.30 for people to find out more and to make an input into the process. If you value your library service and want to find out more about what is being proposed please do come along.

Don't forget that Evelyn and I may be contacted at any time on:

*Evelyn Westwood: email  
evelyn@markwestwood.co.uk Tel.  
015396 20148*

*Ian McPherson: email  
ianmcperson24@hotmail.com Tel.  
015396 20648*

## *Cobble Country Property*

**-- No. 1 -- --- AGAIN ----**

*Thank you – Thank you - Thank you – Thank you – Thank you*

That's FIVE sale agreements for the month of June already (by 19<sup>th</sup> June) and we are also achieving many requests for our free market appraisals service and so hope to satisfy more of our 224 listed buyers who have registered on [www.cobblecountry.co.uk](http://www.cobblecountry.co.uk)

We are working very hard to achieve customer satisfaction in a challenging and difficult market place – and the results are showing.

**Call now** to talk freely and get the **BEST VALUE** with your deal.  
Cobble Country Property, 59 Main Street, Sedbergh. 015396 21000

### **COUNCILLORS CORNER**

Compared to the last four years the very dry weather has broken much earlier this year so perhaps we might have a better July and August – or perhaps not ! As a farmer the day to day weather is never far from my mind.

#### **RECRUITMENT OF**

**FIREFIGHTERS:** Sometimes as a councillor you wonder what exactly you have let yourself in for. That has rather been my reaction to being one of four county members on a “Task and Finish” Group looking at the recruitment and retention of Retained Firefighters. Until last week we had had a couple of routine style meetings where we were given some background. Last Friday we had our first meeting with real people and real firefighters at the County Fire HQ in Cockermouth. There is no doubt the day was very illuminating. By the time you read this I will have had an evening at Sedbergh and another at Kirkby Lonsdale, talking to our local fire-fighting teams. Unlike most of my county colleagues, I have always found the subject fascinating. I guess it is no accident that three of the county councillors on this group are three of the four who attended the Fire Service Briefing when first elected.

**APPLEBY HORSE FAIR:** The weather was less kind this year and so Scrogg Bank was a bit of a quagmire. But, it remains an essential part of our strategy for dealing with a difficult situation. There have been more comments

this year about the boulders. I know these are going to be removed as soon as possible. But, that is rarely as soon as most would like. Many, like correspondents in last month’s Lookaround question the need. But they, like me, have never had a field invaded with 26 horses. But, also, we need to make the interventions less unfriendly for future years, I accept that. Not every field which has been invaded in previous years had a boulder in front of the gate: some had boskins behind. I think this was very effective and much less visually intrusive. Perhaps, next year there might be some scope for putting some of the boulders behind some of the gates.

As for the posts, there were fewer this year, as was the intention. We will be looking at that aspect once again, with a view to minimising the number whilst maintaining the legal and operational requirements. Once again our council officers and the police were outstanding – they did a great job. It is hard to remember that it is only two years ago that people were putting up signs “Appleby Fair, Appleby Unfair !” The dog which failed to bark in the night was the field between Casterton and Devil’s Bridge where there were unauthorised works, subject to a Stop Notice. I and no doubt the whole community await developments.

**CUMBRIA HIGHWAYS:** Better Highways is a much better method than what we had in the past. The biggest hurdle to implementation is the backlog which has built up under



the old Capita find and draw lines around it system.

The most disheartening thing was that after the A684 was put in good repair last Autumn as soon as the ice came there were three or four stretches just as bad as ever. The good thing though was that all the new stuff put in since 2005 has held. The bad sections of the A684 have now been drilled out and more repaired than even I thought necessary. That route is now better than it has ever been.

Some repair work has been done on the A683, much of it long overdue. At this stage of Better Highways the ratio of repairs A684 to A683 reflects the usage. But, we are now at the stage where no more can reasonably be done of the A684. As long as expenditure is similar to previous years that can only be good for the next set of roads including the A683.

You will have seen or heard that work is being done on some of the back roads. For the first time I have had emails complaining that money has been spent on the roads, connected with this. But, these works

on minor roads are easier to do ad hoc, and just as necessary to maintain the public asset. There are some very minor roads where nothing has been done for twenty years and I am really concerned about the potential waste if something is not done soon.

Two years into my being county councillor the roads are a heck of a lot better than they were two years ago. And even then they were improved from four years before that. We need to have all roads up to the standard of the A684, back roads as well as main roads. One necessary element will be "surface dressing", rarely popular but vital to keep water out of the joints.

I see my main task to ensure that as the backlog reduces money is not siphoned off to keep other county services running when they should be reduced. Have no doubts for me the county highway network is the most important direct county function.

*Councillor Kevin Lancaster – 015396 20800, 07980 844 695, kjlanc@kjlanc.demon.co.uk, Fellgate, Dowbiggin, SEDBERGH, LA10 5LS*

DENTDALE WOMEN'S' INSTITUTE

## OPEN MEETING

Dent Memorial Hall

**7:30pm Wednesday 13th July**

### CLIMBING THE HIMALAYAS

*with Chris Comerie*

*Illustrated with slides*

Admission £3 includes refreshments

*Everyone welcome*

Jules Drummond-Hay and Linda Greensmith  
  
 invite you to the new  
**Cafe D**  
**2 - 4 pm Thursday July 14th**  
 in the Reading Room at Kirkby Lonsdale Institute  
 A new drop in cafe with activities and  
 information for those living with dementia and  
 their carers we look forward to seeing you there.  
 Transport may be available.  
 Please contact Linda on 01539 728118.

**DENT PARISH COUNCIL**

At the June meeting, the council welcomed Rita Corpe to her first meeting as a co-opted member. The agenda included the impact of timber extraction on the dale, the future of the library service and the state of the road near Barth Bridge. A full account of the meeting is contained in the minutes, which will be published on [www.dentdale.com](http://www.dentdale.com) (follow the parish council link) and which are obtainable as a hard copy on request from the parish clerk.

**Timber Extraction**

The council considered a planning application for a temporary track to remove timber from the Hobson's plantation. Members of the public were given the opportunity to express their views, and after discussion the council agreed to recommend that the National Park approve the application. This was followed by a discussion of the more general issue of the impact of forestry operations in the dale. Of particular concern has been the transportation of timber from the Cowgill plantation down the Coal Road to Lea Yeat. The County

Council is developing recommended routes for timber lorries which specifically exclude this section of road, but the use of them is voluntary and thus not enforceable. The council agreed to try a number of options try and improve matters, including asking Cumbria Highways to repair the damage to roads and bridges, exploring whether future felling licences could restrict the size of vehicles used and asking the contractor felling the Cowgill plantation to avoid using the Coal Road into Dentdale as a route for timber wagons.

**Early Morning Train**

The council has started to investigate whether Northern Rail can change the timetable so that the new early morning train stops at Dent Station. Northern Rail, the operating company, are as disappointed as we are that it doesn't, but their hands are tied by Network Rail, who tell them when and where trains can run. There are two constraints: the southern end of the Settle-Carlisle line is now very busy, with very few slots for new services, and for six weeks of the year Network Rail have exclusive use of the line until 6am for engineering work, which means that the train's starting time is delayed. The parish council has enlisted the support of Tim Farron MP and the Friends of the Settle Carlisle Line to press for the trains to stop at Dent in future timetables, so we remain hopeful; but timetable changes require a lengthy consultation before they happen, so it may take some time before we see results.

**Cycle Race Litter**

For the second year running, the Etape du Dales cycle race has caused a problem with cyclists dropping litter as they come through the dale, and the council has contacted the organisers about it. Next year, they have undertaken to raise the issue with their riders, and have offered to work with the litter pickers group to minimise the problem.

**Library Service**

Following investigations by Dorothy Vernon and Laura Mottershead after the May meeting, the council has started to explore alternative ways of providing a library service if the present mobile library is withdrawn.

More details will be announced shortly; in the meantime, please contact Rita Corpe (tel. 25594) if you would like to know more.

**Road near Barth Bridge**

The state of the road near Barth Bridge was discussed, and it was resolved to ask Cumbria Highways to repair it as a matter of urgency.

**Next Meeting**

The next parish council meeting will be at 7.30pm on July 4<sup>th</sup> in the Sedgwick Room, when there will be a public forum at about 8pm. This meeting, like all parish council meetings, will be open to members of the public.

*Jock Cairns, Chair* Tel: 25655  
dentparishcouncil@btinternet.com

# W. DAWSON AND SON LTD

**Solid Fuel and Agricultural Feed Merchants**

Station Yard, Sedbergh LA10 5HP

Tel: 015396 20210

e-mail: [office@dawsonsofsedbergh.co.uk](mailto:office@dawsonsofsedbergh.co.uk)

[www.dawsonsofsedbergh.co.uk](http://www.dawsonsofsedbergh.co.uk)

- 60 litre Multi Purpose Compost - £4.50 or 3 for £11.00
- 60 litre Multi Purpose Compost with John Innes - £5.50 or 3 for £14.00
- 60 litre Ericaceous Compost - £5.50 or 3 for £14.00
- 50 litre Decorative Woodland Bark - £5.50 or 3 for £14.00
- 34 litre Grow Bags - £2.00 each or 3 for £5.00
- 20 litre Enriched Top Soil - £3.50 or 3 for £9.00

*We also stock a variety of dry and tinned dog foods.*



## ANNUAL PARISH MEETING

26<sup>th</sup> May 2011

Sedbergh Chairman's Report

This report marks the completion of my first year as Chairman of Sedbergh Parish Council during which time many issues have had to be tackled and resolved. I would like to pay tribute to Vic Hopkins, my predecessor as Chairman who did so much to establish the Council as an effective organisation and to welcome Douglas Thomson and John Capstick as new councillors. The activities undertaken this year include negotiations with statutory bodies to return to Sedbergh assets that we consider to belong to the town, supporting and improving local amenities and services and creating a vision to enable Sedbergh to remain a thriving community.

The following presents an outline of the work of the Council during the past year;

### Committees:

- **Audit Committee** – ensures that financial, administrative and

organisational requirements of the Parish Council are met. This is more onerous as more assets are acquired with consequential increased financial responsibilities.

- **Amenities Committee** - manages the assets for which the Council has responsibility including the playing field, car parks, toilets and street furniture. A considerable backlog of maintenance was addressed and grants obtained to improve Joss Lane toilets and to create a picnic site at Ghyllas layby.
- **Planning Committee** – looks at all the planning applications, visits the sites and reports to the full council meetings. Comments on about 50 planning applications were submitted, the views expressed were reflected in the determinations made and on occasions clearly influenced the YDNPA's decisions. Detailed correspondence and meetings on specific issues such as the former Udales shop, Sedbergh School's music rehearsal building and the emerging Housing Development also took place.
- **Queen's Gardens** - A plan for the future role and function of the gardens was agreed by the Council and applications are being made for grants to implement the improvements.

### Transfer of Assets

Protracted negotiations continued

21st Century Productions  
*Presents in association with Josef Weinberger Ltd*  
**A Children's Musical Theatre Workshop**



We are holding a 6 day workshop for children aged 8-16 years  
From 10am to 3:30pm daily culminating in a performance at The People's Hall

**Saturday 27th August**



**MAKE A MUSICAL IN A WEEK!!!**

During a fun packed 6 days, the children will have the opportunity to participate in  
Acting, Singing, Dancing and Set Design

**Monday 22nd to Saturday 27th August**

For further details and application form, please contact  
Janet Hurst 07733 883865 e-mail:- janethurst2009@hotmail.com

Join us for some summer fun - we look forward to seeing you.

*Auditions for the Main Parts are to be held in the People's Hall at  
11am on Sunday 17th July. Please contact Janet for an Audition Pack.*

with SLDC, some of which have now come to a successful conclusion with the transfer of the tennis courts and fishing rights on the river Rawthey back to Sedbergh on a peppercorn lease. Originally SLDC were asking £32K for the privilege! The Joss Lane toilets have been saved from closure and transferred, but it does mean that the Parish Council is financially responsible for running them. A proposal is due to be put before SLDC in June arguing our case for the transfer of Joss Lane car park, which we hope will be agreed. Negotiations with Yorkshire Dales National Park are still underway to

retain the Community and Visitor Centre at 72, Main St. These are proving to be very difficult with the YDNP asking more for the building than the community considers to be reasonable.

**Development of the Parish Council Website**

The Parish Council website has been developed and can be accessed at [www.sedberghparishcouncil.org.uk](http://www.sedberghparishcouncil.org.uk)

**Sedbergh Townscape Initiative/Project**

The Sedbergh Townscape Project has been a major initiative undertaken by the Parish Council which brought together relevant

<p>organisations with a shared concern to address traffic issues, to improve pedestrian safety and convenience and to look at ways of enhancing the appearance of the town. The report by Urban Practitioners, a consultancy of professional urban designers, planners and highway engineers makes specific recommendations and marks the 'end of the beginning'. Whilst some proposals are already underway, such as the street signing project, implementation of the more far-reaching recommendations will require the support of statutory bodies and significant funding. In addition to drawing in significant resources, the initiative has promoted good working relationships between the town, Cumbria County Council, SLDC, the YDNPA, Sedbergh Chamber of Commerce, Sedbergh School and other local organisations amongst whom there is a determination to demonstrate a confidence in the future of Sedbergh in these difficult times.</p> <p><b>Appleby Horse Fair</b></p> <p>Negotiations continued with the police, county, district and other parishes to reduce the problems caused to residents by travelers visiting the Appleby Horse Fair. After several years during which there had been little improvement a much firmer response from the county council and police resulted in less disruption being caused in 2010. Thanks must go to Mr Dennis Ramsden for allowing the use of Scrogg Bank field which led to improvements for residents and travelers alike. For</p>	<p>2011 there is now a permanent Traffic Regulation Order in place and the date for arrival of 23 May has been respected.</p> <p><b>Liaison with Other Agencies</b> - The Parish Council can achieve benefits for Sedbergh by working with other agencies. Some examples are as follows;</p> <ul style="list-style-type: none"> <li>• <b>Cumbria County Council Highways</b> – improvements were made to the parking restrictions and increased amounts of gritting materials were obtained.</li> <li>• <b>Sedbergh and District Tourism Initiative</b> - exhibited at The Great Northern Days Out Fair in Manchester and produced a brochure, <i>Welcome to Sedbergh and Dentdale</i>, which had a print run of 50,000 and has been distributed in the Yorkshire Dales, the Lake District and parts of Lancashire and Northumberland. Sedbergh Parish Council supports the project and is the fund holder for the group.</li> </ul> <p><b>Thanks</b></p> <p>Thanks must go to all the Parish Councillors who give freely of their time and for no financial reward and to all those who support the council in other ways. These include our local MP Tim Farron, County and District Councillors Kevin Lancaster, Ian McPherson, Peter Woof and very recently Evelyn Westwood. A special thanks goes to Colin Robertshaw our Parish Clerk who provides us with excellent support without which the Council could not function.</p> <p style="text-align: right;"><i>Hilary Hodge - Chairman</i></p>
---	---

### CHURCHES TOGETHER

June 12<sup>th</sup> was Pentecost Sunday which saw the United Reform Church filled as the Church congregations joined together to celebrate the first time Jesus' disciples received the Holy Spirit. Bible readings were read from different translations, offering different insights into a well know reading, then Val Morrison, the URC moderator, gave a thought provoking talk while the children took part in a craft activity. Everyone joined together again for the final hymn then there was an opportunity to meet new people over coffee and home made



biscuits.

This year the Holiday Club will run from Monday 25<sup>th</sup> July to Saturday 30<sup>th</sup> July, 10am to 12noon at The People's Hall. The theme is 'Mission Rescue' and activities will include craft, songs and games based on the story of Moses, from his birth right through his mission to bring his people out of Egypt and into the promised land.

Registration forms will be available soon in local primary schools and from Sedbergh Office Services. Places are limited so please book early to avoid disappointment.

*The Churches Together Committee*

Combining nuttiness with a knock-you-dead delivery  
*The Scotsman*

Surely the best à cappella act in the land  
*Sydney Morning Herald*

# Sedbergh Music Festival presents

## The Spooky Men's Chorale

TUESDAY  
19<sup>TH</sup> JULY  
AT 7.30PM

Tickets:  
£15 / £10  
from  
Sedbergh TIC  
Tel: 015396 20125

### ST. ANDREW'S CHURCH, SEDBERGH

[www.sedbergh.org.uk/musicfestival](http://www.sedbergh.org.uk/musicfestival)    [www.spookymen.com](http://www.spookymen.com)

### APPLEBY FAIR

Despite the doom saying of the correspondents (page 7, Lookaround, June 2011) the arrangements put in place by the Authorities have once again worked very well. The travellers arrived on 23 May and all had left by June 12. In Sedbergh, they once again happily used the Scrogg Bank field, which one of our local landowners had provided. Skips and toilets were provided in the field and when the travellers had all left, the field was tidier than many a camp site. The overgrown hedge did mean that many residents driving along the road were often blissfully unaware of the travellers' presence.

This year the traditional travellers arrived with their bow tops and moved along our verges, eating the grass they found there. (Rudyard Kipling romanced this better than I.) It seemed to me that there were many more than last year. Most, when they left their overnight encampments, took their rubbish with them. Even the new Parish Council picnic site at the Ghyllas lay by was used (for the first time ever!) by three different groups of travellers, who left it undamaged and tidy. Where they didn't take their rubbish with them, it was left neatly in black bags, which were then quickly picked up by Council Officers. Now they have gone, and all there is to show of their presence, are patches of well grazed areas on some verges and a few black patches. Soon nature will

We are not sending out individual invitations so please accept the invitation below

The Governors of Sedbergh Primary School would like to extend an invitation to everybody who has had a connection with the school over the last 20 years to an informal gathering in the Primary School Hall to celebrate the retirement of  
**Mrs Maggie Cullen**  
DROP IN AT ANY TIME  
BETWEEN  
4:30 and 7pm  
on  
**Wednesday 20th July**  
*Presentation 6:30pm*  
Light Refreshments will be available

This celebration is not appropriate for current pupils of the school who will have their own chance to mark the occasion.

restore these areas, perhaps adding some extra biodiversity resulting from the manure of the animals.

It was pleasant to see the bow tops and their accompanying horses along the roadsides, neatly drawn up with the kettle on over an open fire. This must surely be a tourist attraction? And anyone going up to Cote Moor after had it opened on Sunday 29 June would have seen all sorts and conditions of travellers.

The residents, particularly those in the Cautley valley were again able to go about their normal activities safely. Gates could be left open, roads were not obstructed and no hedges, gates,

fences, barns, etc. were damaged. There were some infractions (as John Challoner calls them), but of a minor nature compared to years past and they were quickly dealt with by the Council and Police.

Of course the arrangements did not suit a small minority. I think we all would agree that we don't like the posts and rocks. But they were there to ensure the arrangements worked and the law was upheld – and they are not there for long. They will be taken away soon and stored for next year. However, as the infractions show, we have to remain vigilant as the acceptable boundaries of behaviour will be pushed and tested

by some of the travellers.

The "Appleby Fair Drop-in" held in the People's Hall on 14 June 2011 was well attended by residents, who were full of praise for the arrangements made. We had benefited once again from the "joined-up" traveller management provided by Cumbria CC, SLDC and the Police right across the county. CRAG would like to sincerely thank the officers who worked so hard on our behalf.

The planning now starts for 2012 and in my opinion the same arrangements should be applied next year, perhaps with a few tweaks.

*Dr Gina Barney, CRAG*

### Trade in your old fridge or freezer and save up to £100 when you buy a new Siemens this Summer at Tooby's



**The worlds first  
A+++ fridge freezer**

- 200cm Tall
- 60cm Wide  
(KG39EA40G)

**Normally £615**  
**Trade in and save £100**  
**Trade in price £515**

**Undercounter Larder  
Fridge**

- 85cm Tall
- 60cm Wide  
(KT16RP22GB)

**Normally £335**  
**Trade in and save £50**  
**Trade in price £285**



**SIEMENS**

While stocks last, price includes local delivery, connection and old product removal, Ends 31st August



**ELECTRICAL STORE**

Just of the A65, Ingleton  
& main Street, Bentham

Tel: 015242 41224 / 42095 / 61259

  
[www.toobys.com](http://www.toobys.com)

### BOOKWORM

What I have been reading this month .....

#### **The Long Song by Andrea Levy (fiction)**

This intricate tale is set in Jamaica during the last years of slavery and centres on a character called July and follows her life through turbulent events on the sugar cane plantation. I found it an inspirational ( and shaming ) story of what slaves endured and achieved. The book is captivating but the narrative style takes some getting used to.

#### **Honore de Balzac by David Carter ( Brief Lives biography series )**

This is an informative and easy to read short biography. Balzac spent most of his childhood and adolescence away from his family and neglected in harsh school conditions. His life was dogged by financial problems and complex relationships with men and women. Views on Balzac's literary legacy are mixed from distasteful to imaginative genius. Some of his works were made into films and he tried to chronicle the whole of human nature in ' La Comedie Humaine'. His ' Eugenie Grandet' was on the 'A' level French syllabus in England for a number of years.

#### **Staying Alive edited by Neil Astley ( poetry collection)**

This is a rewarding collection of 456 'real poems for unreal times'. It is good to have the book handy to dip into any time of the day or night and find an affirming poem that matches your mood.

..' My mother's old leather handbag crowded with letters she carried all through the war...'  
from Healing by Ruth Fainlight  
..' In the summer months..passengers soon rose..to watch for dolphins...'  
from Watching for Dolphins by David Constantine  
..' Happiness. It comes on unexpectedly....' from Happiness by Raymond Carver

*RM Bookworm*

## EXPERIENCED DRESSMAKER

Made to measure  
Skirts, Dresses, Suits,  
Bridal, Ball Gowns, etc.  
Also alterations undertaken  
All made to the Highest Quality by  
**SHEILA SHUTTLEWORTH**  
Tel: 015242 - 74322

### NEWS FROM THE PEWS



The enthronement of the new Bishop of Bradford took place on 21<sup>st</sup> May, which will seem to be quite old news by the time this report is printed and read. The occasion is worth mentioning, as it is not such a regular occurrence. In his twenty-five years as Vicar of St Andrew's the Rev Fell has attended the enthronement of three new Bishops of Bradford since first coming to Sedbergh in 1986. The new Bishop, Nicholas Baines,

who wishes to be known as “Bishop Nick” “is very happy to be back breathing Yorkshire air and walking on Yorkshire grass following eleven years of exile in the south”, according to a recent comment in one of his blogs.

Nearer to home our Summer Fair draws ever closer. Are we going to get any summer I ask? Not being selfish, BUT, a fine sunny day on Saturday 9<sup>th</sup> July is our dearest wish right now, along with lots of bodies, young and old and “in betweenies” round and about the church enjoying all that will be on offer. We do hope you will come along and see what is happening; enjoy a coffee, perhaps a cake, or some lunch and most definitely, a chat. Help to make our lovely old parish church walls vibrate with the sounds of joy and happiness, of people enjoying themselves, enjoying each others’ company, and enjoying life in our special town.

Mentioning life in Sedbergh brings to mind a day years ago when the choir of Bradford Cathedral came to spend the day with us. One of the many favourable comments heard on the day was how good they felt being able to walk around and feel so comfortable, so free.

Work soon to start on the organ is scheduled to last three weeks. In the next “News” some information and history on the organ with an update on the work and of course the Summer Fair will be my pleasure to record.

*Susan Sharrocks, Tony Reed Screen  
Churchwardens*

### **Wenningdale Home Repairs**

*We offer a good range of home improvements and maintenance jobs such as:*

- \* Interior decorating*
- \* Exterior painting*
- \* Sash window repairs*
- \* Sanding of floors*

Working in Sedbergh,  
Kirkby Lonsdale & Bentham  
**Mobile: 07854 - 596391**

### **MARIE CURIE NURSING**

The Marie Curie Nursing Service helps people who are approaching the end of their lives to remain at home if they wish to, through its nationwide network of Marie Curie Nurses who provide nursing care at home. The service covers 95% of the U.K. and is FREE to the people it cares for their families and carers.

The core service is one to one overnight nursing from a Registered Nurse or Senior Healthcare Assistant, in a the patient's home, usually for 8 to 9 hours per night.

Marie Curie Cancer Care is also the largest hospice provider after the NHS, with 9 hospices spread over the UK.

Every £20 raised pays for 1 hours nursing care so come along to Ghyllas on Sunday 10th July for a Fun Family Afternoon, and help us raise lots of money with our Blooming Great Tea Party. There will be delicious home made teas, as well as stalls and games, baby alpacas to see and the Alpaca Derby to watch.

### DENTDALE W.I.

Dentdale continues to transform itself from Spring into Summer, despite the variable and often inclement weather. Visitors to the Dale come and go whilst many of our members are also off on their travels. At Wednesday's meeting, on 8<sup>th</sup> June, Dale Smith, Secretary, deputized for our holidaying President, Catherine Sugden, whilst Jean Haygarth deputized for Dale. Dale welcomed the twelve members present plus visitors, including this evening's speaker.

Our institute business outlined our up and coming Summer events commencing with our support for the Cycle Race on 3<sup>rd</sup> July. Members will hand out refreshments to all competitors. On 13<sup>th</sup> July we are to hold our 'Open Meeting'. We were all very much looking forward to the planned talk from Cedric Robinson, the well known and highly respected Morcambe Bay expert. Unfortunately he has had to cancel for family reasons but hopes to reschedule this event for the Spring of 2012. We have been very fortunate in replacing him with Chris Comerie who has agreed to talk about his experiences Trekking and Climbing in the Himalayas. The open meeting, to which everyone is invited, will commence at 7:30pm. Following the meeting, a Jacob's join will be shared by all. The evening's raffle prize will be on a health and well-being theme in the form of luxury foods and more. Our summer outing planned for 10<sup>th</sup> August is a trip to Glenridding, then Howton for lunch, followed by a boat

Back/neck ache?  
Sports injuries?  
Sciatica?  
Repetitive strain?  
Stress/tension headaches?

[www.reflex-om.com](http://www.reflex-om.com)

Kendal, Hawes & Newbiggin-on-Lune

**REFlex**  
remedial massage

**REFlex**  
orthopaedic massage

**015396 24871**  
Josephine Lade LCSP (Phys)

trip to Pooley Bridge and a visit to Larch Cottage Nurseries before returning to Dent. There may be a few spare places on the coach for anyone who would like to join us. WI ladies continue to support Dentdale events. They will be providing afternoon tea and cakes from 2pm at Dent Gala, to be held on the school field on August Bank Holiday Monday from 11am.

The planning for our 2012 programme of speakers and visits has begun. We welcome ideas and recommendations to expand our range of experiences. Prompted by Jenny Pilgrim, Dentdale WI is planning to submit its own resolution for 2012. 'Heart Research UK' believes that we desperately need more people able to support others in life-threatening emergencies. The resolution will require that children should be trained in Basic Life Support skills in school, in the hope that these stay with them to adulthood. Following discussion, most members agreed that this should be worded to commence with pupils aged eleven plus, i.e. during Secondary Education. Jenny and

Dale will work on the wording of the proposed resolution to be completed by September. In early July, Dale Smith will attend Kendal Parish Church at a viewing day for 'Queen of Diamonds'. She will volunteer our members to help with this flower festival to be held next year.

Dale welcomed our speaker, Margaret Copestake, presenting 'Getting Started With Art'.

Margaret commenced by raising awareness of the vast topic of Art. She suggested that beginners focus on landscape, animals and still life initially. She gave us an overview of the vast range of media, which can be utilized to represent finished artwork. She led us through the range of hard and soft pencils to charcoal. Tips for beginners came with advice on types of paper and soft rubbers, which don't damage delicate surfaces. We continued on to the vast array of colour materials from pencil colours, water colour pencils and pens, pastels, brush pens, felt to cartridge pens and many more. She demonstrated the effects produced by showing us beautiful examples of her own work. We moved on to water, acrylic and oil paints, the advantages of each plus the use of easels, palettes and brushes etc. Further tips included items to purchase and which can be substituted cheaply. However a sable brush is a superior brush, best if affordable, but never use it on fast drying acrylics – such a waste!!! Well we then learnt how to select and portray our chosen topic. The voice of much experience gave us lots of hints and examples along the way.



Recommended places to view and experience art came next. Then what about getting started? Everyone has a story to tell and a picture to produce. Where to commence and how far to go with your art is a personal issue. Learning takes time but the most important message was to have fun with it and just try..... any style.

Rita gave the vote of thanks: An extremely interesting and informative presentation which she believes will have inspired us all to have another go. Should we produce a display of our work to bring to a viewing session by Margaret next year? Watch out for those easels around Dentdale!

# THE HEAD AT MIDDLETON

Nr Kirkby Lonsdale, Cumbria

Tel: 015396 20258

A Charming Country Inn in an area of outstanding natural beauty  
situated on the A683 between Sedbergh and Kirkby Lonsdale

www.middleton-head.co.uk

E-mail: enquiries@middleton-head.co.uk

## Accommodation available

Family Room From £75.00 ~ Double/Twin From £65.00 ~ Single From £35.00

*Prices includes Full English Breakfast*

All Rooms En Suite, TV, Phone, Tea/Coffee Facilities

BAR MEALS or RESTAURANT and an OUTSIDE EATING AREA  
ENQUIRIES WELCOME FOR GROUP PARTY MENUS & BUFFET PRICES

FULL MENU available for Take-Away

## USUAL SUMMER OPENING TIMES

Monday from 3pm

Tuesday to Sunday inc. open all day from 12 noon.



Afternoon Teas

Crafts ~ Gifts ~ Fabrics ~ Plants

*Bookings Advisable*

*Proprietors: David and Elizabeth Martin*

## KILLINGTON W I

*The afternoon WI for the entire district*

On time! A single report! And, I trust, 'in good order'! (*It won't last. Ed!!!*) This month I was the 'minute taker' at the meeting so I have nobody but myself to consult for facts. I found it quite a difficult job as I had to keep writing and restrain myself from chipping in.

This was a very special meeting because we were celebrating the 100<sup>th</sup> birthday of one of our members, Mary Tallon. A rousing rendition of "Happy Birthday" was an opening feature of the meeting. We are all very proud to have Mary amongst us. She has reached her centenary with

such grace and good humour.

Congratulations, Mary!!

It was a very full meeting with much business to be dealt with. Shirley welcomed Lavinia Mahon as a new member, and we were pleased to see José Waller with us again. We heard of events attended and enjoyed. "Wartime Weddings" in Kendal revived many memories, and a good sing-song was enjoyed by those of us who attended Sedbergh (Frostrow)'s Gilbert and Sullivan evening. Holker Hall Garden Show was deemed excellent but rather too hot on Friday and Saturday. A magnificent effort at the Gala, by Dawn and her team, raised £208+ for our Thandi fund. Our

thanks to the gala committee for their hospitality. Bulb catalogues were distributed. Another year is racing away and it was also time to think about ordering diaries and calendars for 2012. Grrr! We decided that we will go to a Flower Festival at Hoghton Towers in September though as I have still to discover where this is, perhaps I should not be a driver for the occasion. We decided not to visit the Courts Of Justice in Kendal, though as they are all disappearing perhaps we "should make hay while the sun shines", and go. We also decided against archery, the Westmorland Show (despite reduced price tickets), and an expensive theatre visit to Manchester. After all,

the Rose Theatre Company does us proud at home. We are going to two gardeny things over the summer. Firstly to the newly re-opened Halecat nursery of Tom and Abigail Attwood, at Witherslack; and then on Thursday 15th September a full day outing will combine a morning in Garstang on market day, lunch somewhere, and in the afternoon visits to Ashlea Cottage Nursery and Barton Grange Garden Centre. So that should keep us off the streets! and away from the kitchen sink! We are also looking forward to meeting once again Wandred, headmaster of De Rust Academy, our Thandi School who will be visiting Chris and Alan Clowes at Cross Keys.

<p style="text-align: center;"><b>Starters</b></p> <p>Prawn Cocktail &amp; Marie Rose Sauce £5.50          Garlic Mushrooms on Toast £4.50          Pate with Garnish, Toast &amp; Butter £4.50          Soup of the Day £4.50          Egg Mayonnaise £4.00          Garlic Bread £3.75          Grapefruit Cocktail £3.60</p>		<p><b>THE HEAD</b></p> <p>AT</p> <p><b>MIDDLETON</b></p> <p>Tel: 015396 20258  <a href="http://www.middleton-head.co.uk">www.middleton-head.co.uk</a>  <a href="mailto:enquiries@middleton-head.co.uk">enquiries@middleton-head.co.uk</a></p> <p><b>Menu</b></p>		<p style="text-align: center;"><b>Rice Dishes</b></p> <p>Chicken Tikka Masala £9.00          Chilli £8.50          Vegetable Tikka Masala £8.50</p>	
<p style="text-align: center;"><b>Extra Special Main Courses all £12.95</b></p> <p>Loin of Pork in Cider &amp; Apple Sauce          Chicken with Basil, Port &amp; Dill Sauce          Venison Casserole          Supreme of Pheasant Chasseur in Garlic,          Madeira &amp; Bacon Sauce</p>				<p style="text-align: center;"><b>Salads</b></p> <p>Cold Meat Salad with Roll &amp; Butter £7.20          Prawn &amp; Rice Salad £7.20          Ploughmans Lunch with Cheese or Pate £6.50</p>	
<p style="text-align: center;"><b>Main Courses</b></p> <p>Mixed Grill £14.00          Sirloin Steak approx. 8oz uncooked £13.00          Barnsley Lamb Chops £12.00          Lamb Steak (8oz) Marinated with Wine,          Rosemary &amp; Garlic £12.00          Pork Chop in BBQ Sauce £10.00          Half Roast Chicken £9.50          Steak &amp; Kidney Pie £8.50          Cumberland Sausage £8.50          Gammon &amp; Pineapple £8.50          Roast Dinner of the Day £8.50          Lasagne £8.50          Chicken Kiev £8.50          Tuna Pasta Bake £8.50</p>				<p style="text-align: center;"><b>Sandwiches</b></p> <p>Prawn with Marie Rose Sauce £5.50          Toasted Sandwiches - Ham, Cheese, etc £3.70          Ham, Beef, Tuna, Cheese &amp; Tomato, etc £3.50</p>	
<p><i>All the above are served with either          homemade chips or boiled potatoes,          vegetables of the day and garnish</i></p>				<p>Portion of Chips £2.50          Portion of Onion Rings £2.50          Mixed Side Salad £2.50          Portion of Mushrooms £2.50</p>	
		<p style="text-align: center;"><b>Fish Dishes</b></p> <p>Salmon Steak with Parsley Sauce £11.00          Breaded Scampi £8.50          Breaded Haddock £8.50</p>		<p style="text-align: center;"><b>Jacket Potatoes &amp; Pizza</b></p> <p>Jacket Potato with the filling of your choice          from £4.50</p> <p>Freshly prepared and cooked Pizza          from £4.50</p> <p>Extra Toppings 50 pence each          Pepperoni, Onion, Ham, Tuna, Sweetcorn,          Mushrooms, Mixed Peppers, Cumberland          Sausage, etc.</p>	
		<p style="text-align: center;"><b>Vegetarian Dishes</b></p> <p>Stilton &amp; Vegetable Crumble £8.50          Vegetable Lasagne £8.50          Broccoli &amp; Cream Cheese Bake £8.50          Vegetable &amp; Pasta Bake £8.50</p>		<p>Also</p> <p>Garlic Bread £3.75          Garlic Bread with Cheese £4.50</p>	

On 8th June 2008 Susan Sharrocks attended as our delegate at the AGM of the National Federation of Women's Institutes, in other words, the biggest WI meeting of them all! Susan was accompanied by our president, Shirley and happy chat soon swallowed the motorway miles to Liverpool. The resolutions (detailed last month) were discussed. Apparently the ladies of the WI were once again very badly behaved but this time the slow hand clap was not directed at Tony Blair!! The 'mega farms' resolution was thrown out without even reaching a vote, meaning that we are not against very large farms. The second resolution urging support for local libraries was passed almost unanimously – surprise, surprise! Thank you, Susan and Shirley for representing us and all the WI's in our locality. Sue commended to us the closing remarks of our National Chairman, Mrs Ruth Bond. ***“Live your WI, yes, follow the Constitution, but the WI is yours, your hobby, enjoy it”***

Our speaker was Rev Carol Marsden, the Rural Dean of Appleby Deanery. She talked to us last year and we deemed her well worth a return visit. Her title this time was, “Mum's Junk”. With the assistance of her collection of Goss pottery she recreated childhood holiday outings to Blackpool, in a most amusing way, affording us all a jolly good laugh.

For those who do not know (like me before I listened and then looked it up on the internet),

William Goss of Stoke-on-Trent

## Yvonne Cervetti a natural touch

BA, PGCE, ACMT, CLM – 7 years experience

Advanced Clinical Massage & Myofascial Release for:

- Muscle & joint pain
- Soft tissue injuries (inc. Whiplash & Sports)
- Pre & Post Event work
- Post surgery & scar tissue release
- Pregnancy & Post-natal support
- Systemic conditions
- Deep relaxation

*(Specialist training & experience for working with patients with cancer & other life-limiting illness)*

Call Yvonne on 015396 21303 or 07795 063107

e-mail: yvonnecervetti@btinternet.com

made small, white, glazed porcelain models decorated with the coat of arms of the place where they were sold. These souvenirs were often replicas of visitor attractions and are now, in Antiques Roadshow terms, “highly collectable”, but as Carole's family prefer, “Mum's Junk”!

Tea followed with a birthday cake for Mary, with 10 “decimal” candles.

Margaret Fearnhead won the competition for an old ornament. Reportedly, several husbands had declined to be entered, reminding me of the old insult, “neither use nor ornament”. The raffle was won by Sue Sharrocks.

Our next meeting will be one of the highlights of our year, our President's Tea Party at High Beckside, at 3.00pm on Tuesday 12<sup>th</sup> July. And, heat wave notwithstanding, I mean to keep my clothes on!

Wendy Fraser-Urquhart

### HOWGILL WI

This is just an update on news over the last two months. Eleven members met at Howgill Village Hall on May 5<sup>th</sup> when a warm welcome was given to Lynn Marsden, a prospective new member. We have been out and about attending events including the group meeting hosted by Sedbergh WI which was a fantastic evening. The entertainment was excellent and the food was good too. Also some went to the council meeting at the Town Hall and to the Holker Garden Festival.

On to the business: the two resolutions were discussed and voted upon and our delegate has been informed.

Chris Wright was then introduced and his talk 'Finding Arthur Ransome's *Swallows and Amazons* was enjoyed'. His enthusiasm on the subject transported us to the Lake District, mainly Coniston and Windermere. An interesting selection of slides showed scenes of the adventures in many of the author's books. The competition which was a resume of a book which you think other members would enjoy was won by Jackie Hooley. Our usual Jacob's Join brought the evening to a close.

The June meeting was held at Firbank Church Hall. Get well messages were sent to Dilys McCaffrey for a speedy recovery following her recent hip operation.

The Howgill WI singers gave an excellent performance at Cautley Church Flower Festival. They looked lovely and sang beautifully.

Following the business part of the

meeting as it was members' evening, it was time to relax as we were given some everyday useful tips, humorous poetry and songs from our own singing group. Thanks were expressed to those who took part.

We now look forward to our summer outing to Appleby on Wednesday June 29<sup>th</sup> which includes a kind invitation from Hilary Wilson to visit her at Southfield farm for a Jacob's Join lunch. We also look forward to our next Howgill Hikers' walk on July 14<sup>th</sup>.

On July 7<sup>th</sup> we meet at Howgill Village Hall for our open meeting when Olive Clarke will speak on 'the Lieutenancy' – visitors are welcome

*Audrey Hoggarth*

## Dales Pets

Home from Home Pet Care

Experienced pet owners, providing:

- Dog Boarding
- Dog Walking
- Pet Sitting
- Cat Feeding

Whilst you are on Holiday, stuck at work or having a Weekend Away

A great alternative to dog boarding kennels and catteries in a secure, happy family environment.



Call Linda on  
07919 152526  
for more information.

*Sedbergh &  
surrounding area*

### **SEDBERGH TOWN BAND**

At the end of May the Town Band went on tour as they do each year. This year they went to Ypres in Belgium. Everyone assembled at Alan and Sarah Lewis's house where the luggage and instruments were packed into the band's trailer while the groupies, sorry wives, husbands and partners were packed into mini buses. More than twenty band members were joined by regular guest player Kevin, piper Jim Dillon, friends from Creetown Band - Stuart, Elizabeth and drummer John plus Sedbergh, School boys, Sam and Toby. The convoy of two mini buses, a Range Rover and trailer plus another car carrying the Wetherill family set off down the M6 and M62 stopping for a comfort break at Hartshead Moor. It was just as well we did because getting through customs at the Port of Hull was a lengthy business. Everyone had to

hold up their passports for examination by customs officers at least three times, to see if they really were who they were supposed to be. Looking at some of the passport photos I don't know how they could tell. Carole Marsden and husband Rob brought their little daughter Hannah. Carole plays cornet in the band and Hannah even has her own band uniform. Carole almost had to go home because they thought she was trying to smuggle a baby out Britain. No, not really, she is expecting another one and there is a limit on how close to the given due date an expectant mother can travel and time was almost up. .

The crossing from Hull to Zeberugge was less than calm and some of our merry band felt more than a little queasy and were glad when it was time to disembark. The buses were driven by Keith Wood and Peter Packham with Griz Mason on the



Range Rover and trailer duty. The Wetherills were in their own car and band member Tony Playfoot and his wife Margaret had now tagged on to the convoy with their caravan on tow. As the boat docked rather early in the morning it had been decided that the group would visit Essex Farm cemetery and various other sites of interest on the way to Ypres. Keith and I have been before and had no difficulty getting around with our tandem but it's not so easy with a five vehicle convoy needing to park together wherever we stopped. Band members were delighted to visit Vlamerting military cemetery where they were able to pay their respects at the grave of Thomas Stockdale a

great uncle of tuba player 'Griz' Mason'. Thomas was killed in the Battle of Ypres at the age of 20 in 1917. Interestingly his grave is inscribed 'Of Sedbergh Yorkshire'.

The hotel in Ypres was terrific and everyone thought the town beautiful. Ypres has been totally rebuilt as after the Great War there was literally nothing left of it. In the evening we all gathered at the Menin Gate where every evening 365 days a year the Last Post is played. The Menin Gate is a memorial to the missing fallen and has many 1000s of names inscribed on it. The next day, and the highlight for me and I believe for many others on this trip was the service in Tyne Cot cemetery. Carole Marsden, who is of course our local URC minister conducted an informal service at the focal point of the cemetery and the band played a selection of sacred music, followed by The Last Post and Reveille always a moving moment. I was honoured with reading aloud the names of the fallen from Sedbergh and I almost faltered due to the emotion of the occasion. Jim Dillon concluded the service with a piper's lament on the steps of the sword of sacrifice.

Later the band gave an open air concert in glorious sunshine in Ypres town square entertaining the tourists, locals and 'wags' and all of course with the usual aplomb. All in all it was a most enjoyable trip spent in good company and I'm certain everyone is looking forward to the bands next adventure.

*Sandra Gold-Wood*

**H & M**  
CRAFTSMEN

Beautiful homes deserve beautiful furniture



KITCHEN BEDROOM HOMESTUDY COOKSHOP

**Beautiful Kitchens & Bedrooms**  
Home Studies & Lounge Furniture  
**Cookshop**  
Quality Bakeware, Utensils, Knives, Pots & Pans & Lots More!  
**Wedding Gift Service & Knife Sharpening**  
[www.kitchensandbedrooms.co.uk](http://www.kitchensandbedrooms.co.uk)  
015242 41535  
Ingleton Industrial Estate, off A65 near Tooby's

	<p><b>KUNG FU</b></p> <p>United Reformed Church, Sedbergh  <i>Fitness Flexibility Self Defence Fun</i></p> <p><b>Fridays: 7-00 pm to 8-30 pm</b></p> <p>British Kung Fu Association Syllabus  <i>(www.laugar-kungfu.com)</i>          new instructor under guidance of Sifu Mike Lavender</p> <p><b>Adults £5-00 Children £4-00</b></p> <p>For more information call Stuart on 07739 490039</p>	 <p style="text-align: center;">劉 家 拳</p>
---	---	--

**SEDBERGH & DISTRICT  
HISTORY SOCIETY**

*Visit to Skipton Castle*

On a warm Thursday afternoon on 2nd June 16 members and guests of the Sedbergh and District History Society paid a visit to Skipton Castle. The group was given an interesting and entertaining tour by Tony our guide - not exactly whistle-stop, but necessarily swift as we had been booked on a canal trip little more than an hour later. Having entered the outer walls by the Guards' Gate - a structure broad enough for horse-drawn carts and coaches, with the prominent inscription "Des Or Mais" (Henceforth into the Future) above - we gathered in the bailey to begin the tour.

The site of the castle overlooking the long sloping market street but backed by a precipitous cliff above what was once a river but is now the Leeds-Liverpool Canal, with forested slopes beyond, was first occupied by the Manor House as early as 867AD. Following the Norman invasion a motte-and bailey (mound with wooden structures and stockade) was

completed in 1090 only to be burnt down by Scots raiders. It was subsequently rebuilt in stone with thick drum towers and curtain walls, the oldest towers being 800 years old and the rest dating back to the 14th century - a structure that has remained remarkably in tact up to the present day.

The tour then took us via the original 13th century gateway and drawbridge area into the impressive enclosed Conduit Court with its carvings of web-footed dragons, leopards, masons' marks and imposing 350 year-old Yew Tree planted there by Lady Anne Clifford. Indeed, the history of Skipton Castle is closely entwined with the Clifford family - no fewer than 15 Lords in succession! Lady Anne herself was born there, but in her infancy moved south, eventually marrying the Earls of Dorset and Pembroke, both of whom died, before returning to Skipton at the ripe old age of 59! Here she stayed for the remaining decades of her life (sharing the castle with her other north-west residences of Brougham, Appleby, Brough and



## *Malcolm Sedgwick*

### *Joiner*



*We are time - served local tradesmen undertaking all aspects  
of joinery work finished to a high standard.*

For free estimates or further information, please contact us on:-  
Tel: 015396 20609 Mob: 07527 237 599  
e-mail [sedgmjm@googlemail.com](mailto:sedgmjm@googlemail.com)

Pendragon), even managing to strengthen the fortifications after three years of attacks by Cromwell and the Parliamentarians during the Civil War. Other renowned Clifford owners included George, Queen Elizabeth I's champion who carried news to her of the defeat of the Spanish Armada; a mere 16 year-old boy who, only months after inheriting the castle was killed in battle in France; and John 'the Butcher' Clifford who, as a Lancastrian supporter during the Wars of the Roses, was responsible for the cutting off of the head of the Duke of York.

From the inner courtyard we were shown around the Banqueting Hall (1390-1450), the adjacent kitchen with its two large open fireplaces - one for spit-roasting and the other for baking - the garderobe or privvy, the ladies' withdrawing room, the Lord's day room, the Lord's bed-chamber, the Watch Tower and the dungeon where prisoners were kept for up to 13 weeks while awaiting trial in York.

During the tour our guide Tony imparted many snippets of

'information' and pearls of wisdom: how the bottom crust of the oven-baked bread was blackened, so only the 'upper crust' was given to the gentry (thus that phrase came to mean the wealthiest people); how two lady servants would lie in the Lord's bed to warm it before he retired for the night; how 'getting hold of the wrong end of the stick' derives from pushing loo detritus through the hole above the cliff with a stick...; how, during times of siege, the castle's water supply was sometimes deliberately contaminated with animal carcasses, leaving the occupants to rely on rainwater; and how Lady Anne used to smoke a pipe!

Since the 1950s the castle has been owned by the Fattorini family who, originating from Italy, made their fortune in gold and silver jewellery. It was a shame that they hadn't also made ice-cream as one on site would have been most welcome on that hot afternoon - though a light breeze on the relaxing canal boat trip later on gave some consolation!

*Michael Beecroft*

**GALA DAY  
COMPETITION RESULTS**

**Floats/Vehicles**

1st: Postman Pat - Sedgwick Family  
2nd: Bob the Builder - Playgroup

**Pedestrian Group**

1st: Strictly Come Dancing - Primary School  
2nd: (close 2nd) Ladies' Casualty

**Pushchairs**

Joint 1st: Zak Hall, Conner Reynolds

**Joint Under 4s**

1st: Tinkerbelle - Cerys Rogers

**Girls 4 - 7**

Joint 1st: Hattie Davis (Steve Backshall) Deadly 60  
Pheobe Hall (Bob the Builder)

**Boys 4 - 7**

1st: Louis Dalzell - Dalek

Joint 2nd: Jack Garnett (Policeman)  
Sam Wilson (Power Ranger)

**Girls 8 and Over**

1st: Brodie Swallow (Match)  
2nd: Lily Davies (Question of Sport)

**Boys 8 and Over**

1st: Robbie Kendal (Dalek)  
2nd: Thomas Hall (Pot Black)  
Joint 3rd: Max Geller (Dr Who),  
Stanley Gough (Dennis the Menace)

**Football**

Winners: Gorst Goats

**Rounders**

Winners: Sophie's Swans

**Shop Window Competition**

1st: Henry Wilson books (Michael Portillo's Great Railway Journeys)  
2nd: Sleepy Elephant (DIY SOS)  
Joint 3rd: Leighton's Barbers &

**K.D.M. BUILDING CONTRACTORS LTD**

GARSDALE HEAD

**QUALITY WORKMANSHIP**

Conversions ~ Ground Works ~ Renovations ~ Plant Hire  
New Build ~ Stone Work ~ Extensions ~ Aggregates supplied  
Roofing ~ Joinery ~ Windows and Doors supplied and fitted

PLEASE CALL

DAVID ON 07970 381660

OR

KATE ON 0779 2042048

FOR A FREE, NO OBLIGATION QUOTE

Hairdressers Salon (Rainbow)  
Abracadabra - Powell's Flower Shop  
(Springwatch)

Sponsors omitted from programme:  
Spar, Sedbergh Office Services, Ian  
Dawson - Dental Practice and  
Lookaround.

### FELL RACES

#### Under 12 Boys

1st James Lund;  
2nd Charlie Lowry  
3rd Tiarnan Croken  
1st Local Frazer Sproul

#### Under 12 Girls

1st Sarah Atkinson  
2nd Imogen Burrow  
3rd Mia Senior  
1st Local Lily Davis

#### Under 14 Boys

1st Neil Orr  
2nd Chris Richards  
3rd Lloyd Davis

#### Under 14 Girls

1st Ellie Lambert  
2nd Mary O'Reilly  
3rd & 1st Local Katherine Lawson

#### Under 17 Boys

1st James Hall  
2nd Ben Johnstone  
3rd Charlie Mason

#### Under 17 Girls

1st Annabel Mason  
2nd Lauren Munro-Bennett  
3rd Zara Knappy

#### Senior Men

1st Sam Watson  
2nd Mark McGoldrick  
3rd Ted Mason  
V40 Nick Charlesworth  
1st Local Fraser Livesey

#### Senior Ladies

1st Melanie Hyder

## FOR SALE

Black Labrador Puppies



Shire:- Shadowbrae Druid of Oakshot  
from Woking Bitch.

Many field trial champions in line

Ready end of July

015396 25324

V40 Carole Evans

1st Local Katie May

### CUMBERLAND & WESTMORLAND WRESTLING

#### Under 12

1st Thomas Gibson  
2nd Joe Lesley  
3rd Jamie Wilson

#### Under 15

1st James Hayhurst  
2nd Joshua Threlfall  
3rd Hayden King

#### Under 18

1st Jimmy Hall  
2nd William Atkinson  
3rd James Hayhurst

#### Girls Under 10

1st Olivia Wilson  
2nd Rosie Hodgson

#### Open

1st Connie Hodgson  
2nd Lucy Wilson  
3rd Elle Wilson

#### Under 13 Stone

1st Graham Brocklebank  
2nd William Atkinson  
3rd Stuart Mason

#### All Weights

1st Graham Brocklebank  
2nd Joe Threlfall  
3rd Nathan Morris

### **CUMBRIA WILDLIFE TRUST**

Despite a distinct lack of drought in this area, the rain held off and the wind dropped for the Wildlife Trust Bird Walk. Our leader, Malcolm Priestley and an enthusiastic group met at Sedbergh School Design Centre for a guided walk, with the challenge of spotting 30 different bird species. Malcolm has recently retired after 34 years at the school, during which time, amongst many other duties, he ran the Conservation Group. This group carried out many projects in the school grounds and further afield to protect and enhance the local environment and create new habitats for wildlife, much to the benefit of the local Sedbergh community. Now he is devoting most of his time to voluntary work for the British Trust for Ornithology, surveying birds over an area stretching from Alston to Kirkby Lonsdale for 3 new atlases of birdlife.

The 2 hour walk took in many different habitats and Malcolm explained, not just how to identify the birds by sight, song and flight patterns, but how to spot them in the first place. Malcolm could locate a bird and identify it before the rest of us even managed to get a sight of it, let alone get our binoculars trained on it, but despite us being a big and pretty noisy bunch, quite a lot of birds co-operated and allowed themselves to be seen. Many birds were in family parties, with still-fluffy fledglings feeding in the hedges while the adults alarm-called at the sight of us.

The first birds seen were the swifts, swooping high over the town in their constant search for insects. These amazing birds travel from Sedbergh to South Africa and back again each year without ever landing. Thirty to forty pairs nest under the eaves of Sedbergh houses but the numbers are sadly declining as more roofs are renovated and the niches for nests disappear.

Bruce Loch and Old Peculiar Pond were both created by the school

## **G J Baines & Son**

### **Building Services**

Plant Hire • Plant Sales • Ground Works

#### **General Building Services Inc**

- New Builds
- Extensions
- Loft Conversions
- Garages
- Roofing
- Stonework

#### **Joinery Services inc**

- New Windows & Doors
- New Fitted Kitchens

#### **Drains**

- Unblocked/Cleaned/Repaired

**All Aspects of Plant Hire Arranged**

**Plant Sales**

**Ground Works**

**Contact George on:**

*Tel: 015396 21287 Mob: 07977514229*

**Email: [info@gjbainesandson.co.uk](mailto:info@gjbainesandson.co.uk)**

**Web: [www.gjbainesandson.co.uk](http://www.gjbainesandson.co.uk)**

Conservation Group over the years and provide a wonderful habitat for native plants and animals. Both provide a body of water, surrounded by reedbed and a ring of well grown native trees and shrubs providing cover and protection from disturbance. In the last 25 years, since its creation, Bruce Loch has a recorded 104 bird species, with at least 40 species breeding there including the elusive Grasshopper Warbler. Reedbunting are found there and nowhere else in the locality and Water Rail and Sedge Warbler are occasionally seen. The pond is probably the most important habitat in the region for toads, with frogs, newts and eels also abundant. In addition

the habitat supports badgers, roe deer, stoats, weasels, foxes and sadly also invading mink which have taken their toll of the water birds. Old Peculiar Pond is also important for amphibians and an important habitat for dragonflies.

The woodland of Akay, and the adjacent fields provided a glimpse of male and female redstarts with their beautiful colours, the male in particular. The female seems drab in comparison until she flashes her bright red tail. The Conservation Group has also been active here over the years, planting trees to regenerate the woodland. We looked at the magnificent pollard oak at the edge of the wood. At something between 500 to 700 years old, this is thought to be the oldest deciduous tree in both Cumbria and the Dales National Park. It featured as a manorial boundary tree on a map of 1450, at which time it must have already been a significant tree.

By the river we saw yet more of the work of the Conservation Group to regenerate the riverbank oaks by planting in gaps with saplings grown from their acorns. Fencing, to stop the grazing of the bank, prevents erosion and allows a wonderful flora to thrive. We completed the circle, back through the fields to our starting point. In all we spotted 28 species of birds in a gentle 2 hour ramble through delightful grounds. What a wonderful way to spend a summer evening.

Jackie Hooley

**Weavers cafe at  
farfieldmill**



- Sundry Lunches
- Group Parties
- Homemade Food
- Locally Sourced Ingredients
- Daily Specials
- Bring along this advert and get a coffee & a cake for £2.50!! 2-5pm

Open DAILY, 10-5 015396 21159  
[www.farfieldmill.org](http://www.farfieldmill.org)  
 Just a mile from Sedburgh on Hawes Road  
 ~ **FREE ENTRY to CAFE** ~

### **SAVING OUR COMMUNITY CENTRE**

Sedbergh caused quite a stir at the meeting of the YDNP's Authority meeting on 31 May. This was when Members were to discuss in private the potential sale of our Community Centre and TIC at 72, Main Street.

19 people from Sedbergh travelled to Bainbridge and arrived in good time to be seated in the visitor's area before many of the Members arrived. This caused interest in arriving Members.

Several of us were allowed to address the Members. Jim Atkins spoke on the duties and responsibilities of the Authority, Mark Westwood presented the local

community offer of £60,000 to buy the building now, Kevin Lancaster spoke on the objects of YDNP and how they related to the community office, I, using our petition as one prop, appealed to their hearts and consciences and Graham Dalton completed the quintet with further emphasis of the Parks objects.

It was then that the 'fireworks' started. We had expected that the Members would then agree to take the item on our Community Centre in private. In which case we had planned to walk out as there seemed no point in staying if we were barred for hearing the discussion on our building. However, Cllr. Blackie proposed, and was seconded and

## *Sedbergh Office Services*

13 Kings Yard, Sedbergh Tel./Fax 015396 20788

e-mail: [office@sedberghofficeservices.com](mailto:office@sedberghofficeservices.com)

### **OPENING HOURS**

Monday - Wednesday & Friday 10 am to 4:30 pm (Closed Thursday)

Saturday: 10 am to 12 noon

**All types of bulk photocopying available up to A3 size**

*at low prices*

**Laminating up to A2 size**

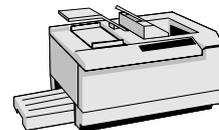
**Wide range of office materials**

**Printer ink cartridges**

**Labels a speciality**

**Fax service available 24 hours a day**

**Plus much, much more!!**



All your stationery needs always available

ably supported by Cumbria member Roger Bingham, that our item was taken next and that it was not in private. To our amazement the officers made little if any objections to this request and it was swiftly agreed by the Members.

Cllr. Blackie then proposed, again supported by Roger Bingham, that the Authority accept the offer of £60,000 for the purchase of the building. A vigorous debate followed. All Members spoke to the motion – some for us; some against. All were polite, respective of our position, eloquent, concise and debated well. In the end the motion was lost 10-5. The main reason for those voting against was the need to satisfy the budget and the belief that DEFRA would not approve of them selling the property at less than market value. To fully test the latter it was claimed it was necessary to put it on the open market. Hence a motion was passed to put the building on the market and to consider bids at the December meeting.

We did not win but it was a great opening skirmish! Now we have to win the war.

Although 72, Main Street is now to be put on the open market this is not as simple a process as you may think. The small garden to the west of the building comprises public open space. If a public body wishes to sell such land it has to advertise its intention to do so and to consider any objections made. The advert is likely to appear in the Westmorland Gazette in July and, yes, everyone in

the Town should object as vigorously as they can. By then standard letters and e-mails will have been designed for you to use and arrangements made for you to get hold of them. If you can personalise the letters then that will be a big advantage. Please look out for notices in the Town as to how you can help in the campaign. In the meantime, the Parish Council will be making it clear to the YDNPA that it opposes the possible sale of this land and that the Council is prepared to assume responsibility for its future maintenance so as to preserve public access to this open space.

Further ahead a series of events and actions are being planned. These will be detailed in the August edition of Lookaround. In the meantime if you have any queries or want to offer to help with this campaign do send me an e-mail – [douglas@ddathomson.co.uk](mailto:douglas@ddathomson.co.uk)

*Douglas Thomson*

## CHIROPODIST

*HPC Registered*

**Kay Whittle**

MSSCh DipPodMed MBChA

Surgery  
Pedi-Care House,  
Howgill Lane,  
Sedbergh



**Tel: 015396 22122**

Appointments 10:00 - 4:00

Closed Mondays

*H.J.Hall "Softop" Socks up to size 15!!*

### **KILLINGTON SPORTS**

#### *Another successful traditional Sports Day at Killington*

Once again in glorious weather, Killington entertained a crowd of about six times its own population for the annual Sports - held as always on the Thursday after the Spring Bank Holiday. Nobody knows exactly when it started but there was a reference to Killington Sports in a copy of the Westmorland Gazette in 1843 - so in 2018 it will be its 175th anniversary (at least), - so perhaps we ought to start planning for a very special event then! Whenever it started, there is still a healthy tradition of support by Athletic Clubs and individual athletes of all ages from all over Cumbria and

our neighbouring counties.

Traditional Lakeland sports such as field-running, fell-racing, and Cumberland and Westmorland Wrestling were interspaced with fun events such as egg-and-spoon, tyre-, potato-, three-legged and sack-races, pillow fights and egg throwing. These were complemented with the usual side-shows of Quoits, Darts, Pitch-penny, Horse-shoes, Coconut Shy, Treasure Hunt and "Guess the Weight of a Big Bale". It was great to see the keen participation of youngsters of all ages in these sports – a great example was the Under 11 Fell race with about 80 entrants of all sizes! However, many of the events were competed for by

## **ABLE MEMORIALS**

**Monumental and Architectural Masons  
New Memorials and Additional Inscriptions  
Showroom with over 30 memorials on display at  
3 Wildman Street, Kendal**

**Please call for a brochure or free estimate  
on 01539 735583**

**Home visits available by local mason Edward Waller**

**Tel: (evening) 015396 21338 or 07779 025745**

regular visitors to Killington – with some well into the “Senior” bracket! One family even made a quick return from holiday in France to be able to take part! Our regular handicapper and commentator, Roger Ingham, once again entertained the crowd with his humorous and extremely knowledgeable commentary - contributing to the success and enjoyment of the Sports. The evening came to its usual conclusion (beneath the glow of new spotlights at 11-30pm!!) with keenly contested Tug o’ War competitions– a very well-trained Sedbergh YFC Boys’ team again being the winners of the Main event and also subsequently surviving a spontaneous challenge

from their Girls’ team!

Much credit for another successful Killington Sports goes to the Sports Committee for the preparation of the field and organisation on the night. However, they would like to express their gratitude again to John Capstick for the loan (and early mowing!) of his field, and to all the sponsors of the events who once again provided invaluable support to the Sports by supplying the bulk of the prize-money - ensuring the Sports’ financial viability and future. The Sports Committee were also grateful for the assistance of the C&W Wrestling Association who provided the Judges, and to the Fell-racing Association who recorded all positions and times

**bullhotel**  
restaurant - bar - accommodation

**servicetimes**  
8.00am Breakfast  
8.30am Weekends/Bank Holidays  
10am Teas, Coffees & Pastries  
12noon - 5pm Sandwiches  
12noon - 9pm Tapas & Lounge Menu  
5pm - 9pm Restaurant Menu

**specialoffers**  
Traditional Sunday Roasts  
Tasty Tapas 4 for £10  
4.00pm - 12.00am

WE SERVE FOOD ALL DAY EVERY DAY  
\*Family Friendly  
\*Pet-friendly  
\*Fully licensed bar/restaurant

**015396 20264**  
The Bull Hotel, Killington, Sedburgh, York, YO21 2JG  
www.bullhotel.co.uk

## summermenu2011

### loungemenu

#### samplemenuitems

Homemade Soup of the Day  
Bull Hotel Burgers  
Chicken Fajitas  
Lamb Shank  
10oz Sirloin Steak  
Smoked Salmon Salad  
Grilled Goats Cheese En Croute  
Omelette

#### Cold Sandwiches

Ham & Cumberland Mustard  
Smoked Salmon  
Roast Lakeland Beef & Horseradish Cream  
Cheese Savoury  
Tuna & Red onion Mayonnaise

#### Speciality Ciabattas

Bacon & Brie  
Open Roasted Mediterranean Vegetables  
& Goats Cheese  
Seared Steak, Onion & Mushroom  
Tuna Melt  
Tomato & Mozzarella

We also offer a wide selection of daily specials & desserts. Please see in house for details.  
The Bull Hotel was recently awarded maximum Food Hygiene Rating of 5 stars = Excellent  
by South Lakeland District Council.

### restaurantmenu

#### samplemenuitems

#### To start

**Ham Hock & Apple Terrine**  
toasted bread, salad leaves & truffle dressing  
**Pan Seared Queen Scallops**  
spiced shallot dressing  
**Smoked Haddock Fishcake**  
fried mackerel, fine bean & a red pepper coulis  
**Roasted Cherry Tomato Tart**  
roquefort cheese, rocket & balsamic dressing

#### Main

**Twice Cooked Pork Belly**  
creamy mash potato, roasted shallot & pork jus  
**Roasted Duck Breast**  
orange mash potato, glazed carrot & juniper berry jus  
**Fillet of Cod**  
wrapped in pancetta, crushed new potatoes, confit  
cauliflower with a red wine shallot dressing  
**Pan-fried Halibut**  
fresh noodles, lango bruschetta & tomato dressing  
**Wild Mushroom Risotto**  
char-grilled spring onion, parmesan shavings  
& poached egg

in the Fell Races for the benefit of their members. Excellent BBQ refreshments were provided and sold throughout the night by Alison Thompson Catering, together with ice-creams from Roger Ingham's traditional barrow.

#### Results

**U12 Tyre Race** – 1st. Sam Harper, 2nd. Joe Hudson, 3rd. Sam Gorst, 4th. Joe Moorhouse.

**U17 Tyre race** – 1st. Sam Wilson, 2nd. Hannah Storton, 3rd. Joe Atkinson, 4th. Joe Wilkinson

**U9 Boys 100yds** – 1st. Thomas Marshall, 2nd. Sam Johnstone, 3rd. Matthew Potts, 4th. Zac Bretherton.

**U9 Girls 100yds** – 1st. Ella Atkins, 2nd. Lily Davies, 3rd. Edie Eccleston, 4th. Keera Nelson.

**U13 Boys 100yds** – 1st. Harry Heathcote, 2nd. Jacob Aubrey, 3rd. Joe Wilkinson, 4th. Ken Atkins.

**U13 Girls 100yds** – 1st. Katie Russell, 2nd. Kathy Morrison, 3rd. Bella Matarewicz, 4th. Lottie Burns.

**U17 Boys 100yds** – 1st. James Marchant, 2nd. William Atkinson, 3rd. Adam Potts, 4th. Chris Richards.

**U17 Girls 100yds** – 1st. Lauren Appleyard, 2nd. Hannah Storton, 3rd. Hannah Newbold, 4th. Georgina Askew.

**U12 Sack Race** – 1st. Hannah Dodgson, 2nd. Chris Stainton, 3rd. Mia Walsh, 4th. Thomas Marshall.

**U17 Sack Race** – 1st. Sharon Barnes, 2nd. Connie Hodgson, 3rd. Mary Atkinson, 4th. Nick Inman.

**U12 Boys Potato Race** – 1st. Joshua Threlfall, 2nd. James Sweetnam, 3rd. Ben Ferguson, 4th.

Elliot Bretherton.

**U12 Girls Potato Race** – 1st. Alex Baker, 2nd. Imogen Campion, 3rd. Kathy Morrison, 4th. Sophie Marshall.

**U17 Boys Potato Race** – 1st. Nick Inman, 2nd. Will Huddleston, 3rd. Chris Richards, 4th. Will Smith.

**U17 Girls Potato Race** – 1st. Lauren Munro Bennett, 2nd. Connie Hodgson, 3rd. Megan Stuart, 4th. Lauren Appleyard.

**Children Mixed 3-Legged** – 1st. Nick Inman & Connie Hodgson, 2nd. Adam Handley & Kayleigh Barnes 3rd. Joe & Anna Stapleton, 4th. George Thompson & Lottie Burns.

**Mens100yds** – 1st. Matthew McMahon, 2nd. Barney Spratt, 3rd. Adam Caton, 4th. Thomas Matthews.

COMPUTERS are wonderful – until they go WRONG!!



- ◆ Cumbria Computer Systems
- ◆ Your LOCAL I.T. specialists
- ◆ 25 years of experience
- ◆ Microsoft certified
- ◆ Full range of Computer Sales and Service
- ◆ Very competitive call-out rates
- ◆ Complete PC systems supplied and supported
- ◆ Wireless/wired Networks for home or business
- ◆ Friendly, jargon-free advice
- ◆ Virus and Spyware/Malware removal
- ◆ Consultancy service

Call us on

07545 010542

e-mail: [admin@cumbriacomputersystems.co.uk](mailto:admin@cumbriacomputersystems.co.uk)  
[www.cumbriacomputersystems.co.uk](http://www.cumbriacomputersystems.co.uk)

**Ladies 100yds** – 1st. ,  
2nd. Sarah Wilson, 3rd. Emma  
Caton, 4th. Jill Eccleston.  
**Mens Sack Race** – 1st. Beau Smith,  
2nd. Adam Caton, 3rd. Ian Middleton,  
4th. Andrew Huddleston.  
**Ladies Sack Race** – 1st. Fiona  
Thompson, 2nd. Annabel Caton, 3rd.  
Rachel Slattery, 4th. Melissa Carr.  
**Mens Potato Race** – 1st. Adam  
Caton, 2nd. Beau Smith, 3rd. Alistair  
Hanna, 4th. Sam Fisher.  
**Ladies Potato Race** – 1st. Melissa  
Carr, 2nd. Mel Hyder, 3rd. Judith  
Marshall.  
**Ladies 200yds** – 1st. Lauren Munro  
Bennett, 2nd. Lauren Appleyard, 3rd.  
Annabel Caton, 4th. Jen Mattinson.  
**Mens 200yds** – 1st. Sam Fisher, 2nd.

Beau Smith, 3rd. Adam Caton, 4th.  
Patrick Hanna.  
**Senior Fell Race** – 1st. Danny  
Parkinson, 2nd. Carl Bell, 3rd. Alistair  
Dunn, 4th. Will Smith, 5th. Alistair  
Hanna, 6th. Patrick Hanna.  
**U17 Fell Race** – 1st. James Hall,  
2nd. Ben Johnstone, 3rd. Dedar  
Bulmer, 4th. Matthew Horn, 5th.  
Lauren Munro Bennett 6th. Beth  
Dutson.  
**Girls** – 1st. Lauren Munro-Bennett,  
2nd. Beth Dutson, 3rd. Sally  
Handford.  
**U14 Fell Race** – 1st. Chris Richards,  
2nd. James Marchant, 3rd. Callum  
Lambert, 4th. Nathan Townend, 5th.  
Thomas Marchant, 6th. Joe  
Stapleton.

## Auctioneers, Estate Agents & Property Managers

70, Main Street, Sedbergh, Cumbria.  
LA10 5AD  
Tel: 015396 20293 Fax: 015396 21650  
Email [property@chriswhelan.co.uk](mailto:property@chriswhelan.co.uk)  
[www.chriswhelan.co.uk](http://www.chriswhelan.co.uk)

**Residential & Commercial  
Property Sales**

**Residential Letting & Management**

**Caretaking Services**

**Property Finding**

**Negotiations**



### Advice on:

- Preparing your property for sale or letting
- Free assessment of value for sale and asking price



**Girls** – 1st. Ellie Lambert, 2nd. Catherine Lawson, 3rd. Heidi Murray.  
**U12 Fell Race** – 1st. Jacob Aubrey, 2nd. Josh Newbold, 3rd. Harry Heathcote, 4th. Kai Atkins, 5th. Thomas Nelson, 6th. Gregor Baker.

**Girls** – 1st. Imogen Burrow, 2nd. Katie Horn, 3rd. Katie Russell.

**Local Girl** – Abbie Allan.

**Open Mountain Bike Race** – 1st. Ric Stuart, 2nd. Matt Frewell, 3rd. Sam Fisher.

**Mile Handicap** – 1st. Beau Smith, 2nd. Will Smith, 3rd. Alistair Hanna, 4th. Chris Richards.

**U17 Half Mile Handicap** – 1st. George Tostevci, 2nd. Richard Burns, 3rd. James Hall, 4th. Ellie Lambert, 5th. Nick Inman, 6th. Phil Done.

**U16 Girl** – 1st. Ellie Lambert, 2nd. Eilidh Sproul.

**Open Mens 400yds** – 1st. Adam Caton, 2nd. Beau Smith, 3rd. Fred Witt, 4th. James Cavell.

**Open Ladies 400 yds** – 1st. Ellie Lambert, 2nd. Lauren Appleyard, 3rd. Erin Proctor, 4th. Annabel Caton.

**Adult Mixed 3-Legged** – 1st. Jon & Helen Caton, 2nd. Annabel Caton & George Stapleton, 3rd. Will Smith & Chris. Richards, 4th. Adam Handley & Kayleigh James.

**Tug o' War U16** "The ones to beat" team.

**Tug o' War (senior)** Sedbergh Young Farmers Boys team

**Wrestling**

## The Cross Keys Temperance Inn

Cautley, Nr Sedbergh

Tel: 015396 20284

Alan & Chris Clowes  
offer you a warm welcome



We are open daily for home cooked food,  
(a particular favourite is Ham `n` Eggs)  
and offer an extensive menu for  
residents and non-residents.

Our two guest rooms are both en-suite  
and we can boast one of the finest views of  
Cautley Spout and the Howgills.

*Please note our opening hours.*

We are open each day Wednesday to Sunday inclusive  
and on Thursday, Friday and Saturday nights.

**Prior booking is essential for evening meals**

**U12 Boys** – 1st. Thomas Gibson,  
2nd. George Wilson, 3rd. Ben  
Anderson.

**U15 Boys** – 1st. James Hayhurst,  
2nd. Jordan Metcalf, 3rd. Colin  
McNally.

**U18 Girls** – 1st. Connie Hodgson,  
2nd. Megan Gibson, 3rd. Alice  
Beswick.

**U18 Boys** – 1st. Matthew Atkinson,  
2nd. Stuart Mason, 3rd. James  
Hayhurst.

**Men U21&U12st.** – 1st. Matthew  
Atkinson, 2nd. Ben Brocklebank, 3rd.  
James Hayhurst.

**Mens 13st.** – 1st. Graham  
Brocklebank, 2nd. William Atkinson,  
3rd. Andrew Carlyle.

**Mens All-Weight** – 1st. Joe Robson,

2nd. Thomas Brocklebank, 3rd.  
James Hayhurst.

#### **Pillow Fight**

**Mixed U12** – 1st. Harry Heathcote,  
2nd. Joseph Moorhouse, 3rd. Jacob  
Aubrey.

**Mixed 12-16** – 1st. Darrell Hodgson,  
2nd Nick Inman, 3rd. Sophie Bolton.

**Mens** – 1st. Stephen Middleton, 2nd.  
Raymond Atkinson, 3rd. Trevor  
Hodgson.

#### **Sideshows**

**Horseshoes** – David Woof.

**Quoits** – 1st. Raymond Rowlinson,  
2nd. P. Strickland.

**Pitch Penny** – David Woof.

**Treasure Hunt** – Alec Baker

**Guess the Weight of a Big Bale** –  
Dave Kelly.

## ***J N & E Capstick***

**Insurance Consultants**

**75 Main Street, Sedbergh LA10 5AB**

**Tel - 015396 20124 Fax - 015396 20791**

Market Street, Kirkby Stephen, CA17 4QT  
Tel - 017683 72285 Fax - 017683 72346  
e-mail - sales@capstickinsurance.co.uk

HOME & MOTOR INSURANCE  
FARM & BUSINESS INSURANCE  
LET PROPERTY & HOLIDAY HOME INSURANCE  
**SMALL ENOUGH TO CARE, BUT BIG ENOUGH TO COMPETE**

*J. N. & E. Capstick Insurance Consultants*  
*are authorised and regulated by the Financial Services Authority*

Now open until 7.00 pm on Wednesdays to help with all your general insurance needs.  
Contact us on 015396 20124 or pop in and see us at 75 Main Street, Sedbergh

**MR & MRS HIRST**

Dear Friends,

We write to thank all of you who so very kindly and generously contributed to the most wonderful gifts of the fine works of art we received from you recently via Douglas and Dorothy Thomson. The three – a beautiful painting of the scene looking from Powell House across the cricket field to the town, some unique sketches of town and school and a most amusing collection of caricatures of the two of us - now proudly hang on our walls here in Pembrokeshire. We thank you and the artists, Richard Tite, John Larbalastier and Brian Latty for these generous, unexpected and very



precious gifts.

Our 15 years living in Sedbergh were very special for us and we both hope to visit regularly over the coming years. Our three daughters, Victoria, Catherine and Emily, who grew up so happily in Sedbergh, are and will be frequent visitors also. We shall always look back on these years



**M K CONVERSIONS LTD**

Four Lane Ends, Marthwaite, Sedbergh, LA10 5ES

**GENERAL BUILDING CONTRACTORS**

NEW BUILD - EXTENSIONS - CONVERSIONS - HERITAGE WORK  
RENOVATIONS - ROOFING - JOINERY

**WINNERS OF THE  
2010 YORKSHIRE DALES NATIONAL PARK AWARD  
FOR THE 'RESTORATION FOR RE-USE' CATEGORY**



Tel: 015396 22038      Fax: 015396 22039  
info@mkconversions.co.uk  
www.mkconversions.co.uk



## HARDWOOD LOGS

Large & Small Loads

Oliver Higginbotham

07815 899 994 ~ 015396 21073

as a most memorable and extremely fulfilling time in our lives.

We thank you most sincerely, not only for the very special gifts but also for the immense support and goodwill that you gave to us during our years in what is the unique Town and School of Sedbergh.

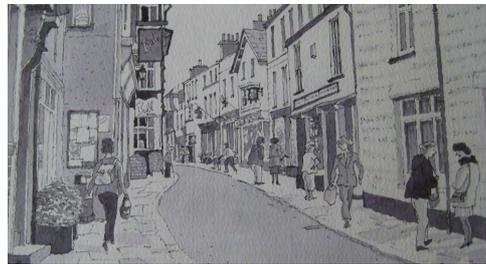
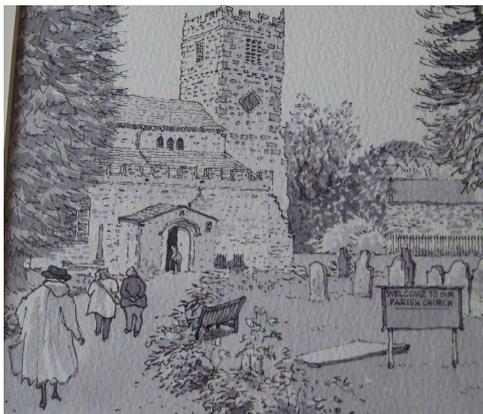
We hope that you will visit us in Pembrokeshire.

With best wishes and thanks to you all.

*Christopher and Sara Hirst*

### CAN YOU RECOGNISE THEM?

Above is a letter of thanks from Mrs Hirst for the paintings that were recently presented to them. One picture presented is a collage of five sketches of which one is the church's north entrance and another is of Main Street. In these pictures, reproduced here, there are sketches of people. These figures are not just good sketches but are real people that the



artist observed as he drew.

Can you recognise any of them? If so do let Lookaround know who they are. Answers will be printed in next month's edition. *Douglas Thomson*

### CLUTTERBOOKS

*the Community Charity Shop*

Funding available for community activities and projects.

Thanks to your continued support and the commitment of our volunteers, the charity shop continues to flourish. The profits from the shop go to the Sedbergh and District Community Fund and are available to support activities and projects that benefit the community.

The Community Fund is now under the auspices of the Sedbergh and District Community and Heritage Trust with applications for grants being considered by a committee of Trustees and community representatives.

Applications for consideration at the next meeting of the grants committee need to be submitted to the Community Office by 20<sup>th</sup> July.

For an application form or further information, please do not hesitate to contact David Ramsbottom or Andi Chapple at the Community Office. Tel. 20504.

### FAMILIES SINGING TOGETHER

When you talk about families singing together it's hard not to think of Julie Andrews and the Von Trapp children singing through the Austrian Alps.

But on the other side of these mountains in Slovenia an even richer family singing tradition has been going on for decades. Zrece's family singing festival happens every year in September on the Brinjeve Gore, the hills immediately to the east of the town. The event is hosted by the singing sisters who have been to Sedbergh on a couple of occasions - and who have welcomed our singers in their home on many more. Jozica, Milena and Karolina all grew up in a house just below the woods and love this annual celebration of singing families, which also happens in nearby Mozire in April.

One of the groups who sing there is the Repensek Family Singers - four children aged 7-21: Florjan, Neza, Blaz and Tilsen, along with mum Jelka and dad Jure. In the middle of July we are very fortunate to host them here in Sedbergh for our own fledgling family singing festival.

Many parents from Sedbergh have travelled to Kendal in the past to enjoy singing traditional nursery rhymes and children's songs with their children at the Stricklandgate under-5's singing sessions. Amanda Wilson attended when she was an infant and now leads these popular sessions herself. So we are delighted that she can join us here in Sedbergh to lead one of our morning sessions

## Did you know?

If you become incapable of dealing with your affairs - who will deal with them? Without the legal right to do so, even your closest family can't do this. A Lasting Power of Attorney can give you peace of mind. Contact us for more information.

Home visits can be arranged if required.



 Hayton Winkley Solicitors

Contact [Nicola.Steadman@hwlegal.co.uk](mailto:Nicola.Steadman@hwlegal.co.uk) or  
[Jean.Cowling@hwlegal.co.uk](mailto:Jean.Cowling@hwlegal.co.uk)

**Tel: 01539 720136**

in Sedbergh Library accompanied by Gwen on the piano.

Ken Pope is well known as a lead musician in the Garsdale Street Band with Clare Pope doing the calling - and also for their singing of traditional folk songs at folk clubs and festivals. But a secret only be known to the children in Sedbergh Primary is that Ken is also a big hit in the nursery school where he leads a sing-along session with games for the kids. I've always been very envious of my daughter Anika coming home raving about Ken's songs - so am very pleased that he will be leading the second of our morning sessions for Primary school aged children -

# farfieldmill

arts and heritage, sedbergh

## Exhibitions in July

Visit the exciting new exhibition by Hilary Sussum, **Exploring Space**. Fabulous sculptures made from paper pulp and wire. One not to miss!!

## Workshops in July

**Sat 9 & Sun 10 July – Experimental Weaving** with Stewart Kelly  
£85 (£75 for Friends of Farfield)

Explore the possibilities of 'off loom' weaving, experimenting with Unconventional materials to produce an original wall hanging

## Knit and Natter

Every Tuesday 1-3 in Weavers Café, come along for an informal chat over knitting needles, crochet, embroidery and coffee. Everyone welcome.

## Weavers Café

Open Daily – 10-5 (free entry)

**Farfield Mill open DAILY, 10.30-5 (Café from 10) 015396 21958**

[www.farfieldmill.org](http://www.farfieldmill.org)

**Just one mile outside Sedbergh – FREE PARKING**

**LA10 residents enjoy FREE entry on Mondays**



accompanied by their parents!

After our Jacobs Join picnic at Howgill Village Hall - where there will be a chance to hear the Repenseks sing some of their songs and to which everyone is welcome - there will be sessions in the afternoon led by myself for families with older children (including adult families) with some easy to learn harmony singing, and also one for anyone who would like to join us.

And then in the evening we are in the People's Hall with a free showing of the Sound of Music and a concert which will include the singing of the Repensek Family Singers.

We are very grateful to the

Sedbergh Community Centre who are helping us with some funding for this event - as well as to George Handley who is very kindly hosting the family in his home, and Susan Garnett who is helping me pick them up from Leeds airport.

The Slovenian children are aged 7, 14, 16 and 21 and are here from July 12-19. They will be singing in the Primary School on Friday morning, and at concerts in some nearby venues - but if you would like to invite them to meet your family in your home for a cup of tea - or even a Jacobs Join meal - please get in touch on Sedbergh 21166.

*David Burbidge*

### **FAMILY MUSINGS**

Hubby, son and I went to a funeral yesterday, in all probability you or someone you know went there as well, we, hundreds of us stood shoulder to shoulder to give what support we could to the family devastated by the death of their lovely young man in the early hours of that Monday morning accident. And, whatever the circumstances or the decisions made that day it was still an accident. The results of which will live with all those involved for the rest of their lives, lives which will need understanding and love for years to come. We heard from some of Jacks mates, heard the raw grief in their voices as they shared snippets

of happier times and could imagine the pain his family would feel as they heard them. I have never known so many young people at a funeral and for many it would be the first one they had been to, Peter & Carol led us all through the service with quiet dignity, the music before and after brought it down to our level as we all remembered a true Dalesman in the making. He would sit in the back of the tractor and give a thumbs-up, yesterday he would be giving his nearest and dearest a huge thumbs-up, they did him proud.

Decisions taken affect not only those making them, hubby and I have recently made the decision to take the step of faith sometimes required



## **SEDBERGH SCHOOL**



We have a variety of opportunities for employment, including career development

We may have a job to suit you, such as Matron/Housekeeper, domestic cleaners, pastoral care assistant, catering, laundry assistant & administrators.

Perhaps you would like just a few hours during the week, week-ends or some evenings to fit around your other life commitments.

To find out more, please contact Michelle for an informal chat, she will happily detail all of our current opportunities and will answer any questions you may have.

We look forward to hearing from you

All positions will require a full satisfactory enhanced CRB application.

Call Michelle on 015396 20303 or email at:  
[maw.bursary@sedberghschool.org](mailto:maw.bursary@sedberghschool.org)

when walking in Gods will and have left the Methodist Church and the local chapel and this meant giving up all our jobs there which meant other people taking them on. Which they have. No one is indispensable in this situation which is how it should be. We realize that our decision came as something of a shock to the folks at the chapel although we did the best we could to prepare them. All we know is, God is calling us into something new and some of the old had to be laid down. We are in a personal relationship with Jesus, this is nothing to do with getting very religious! We are not leaving the Dale or our house, the monthly fellowship there will continue and we are waiting to discover all God has for us, humbly and well aware of our shortcomings. Meanwhile, life goes on, work and all the other events which make up daily life, trying to cut back the Ladies Mantle & Buttercups which make a

good show in the garden but threaten the veg and the flowers. Our first greenhouse Strawberries were lovely and we await the Courgettes & Peppers in there with interest, some Tomatoes need planting on and the Beans outside have vanished, eaten by something of which I saw no trace. Work fluctuates giving pockets of time at home which confuse the cat, her routine is upset, she sits half-way between us and her "other home" unsure of where to try next for cuddles and tit-bits, yesterday coming out of the Hall I heard a plaintif "oww" and there was Mitts sitting on the wall waiting, she followed me home just as a dog would, sniffed her supper and left in search of something more interesting.

Life goes on, it has to, and sometimes all we can do is hang on and trust that, as a song says "All will be well".

*Sarah*



## Painting & Decorating

DOMESTIC & COMMERCIAL  
**Interior & Exterior**  
Excellent Rates • References Available

Call for a **FREE** Quotation today on  
015396 20524 or 07971 666 785

### **SLOVENIAN RECEPTION AT THE HOUSES OF PARLIAMENT**

20 years of Slovenian independence deserves a good celebration - and I was delighted to be invited down to the Houses of Parliament at the end of June to meet the two Ambassadors who have given so much encouragement to our singing projects, as well as many other people who share a similar passion for Slovenia.

As well as meeting William Hague, who gave a fine speech congratulating Slovenia on its success, I also met Neil Parish, MP for Tiverton and Honiton and chair of the British-Slovenia All-Party Parliamentary Group, who was very interested to hear how we have been getting on in Sedbergh.

The Slovenian soprano Irena Preda sang both national anthems, and afterwards I cycled up to a party in

Camden Town with a band from Maribor led by Zoran Predin - attended by a several hundred Slovenian ex-patriots living in the city. The Forge Venue where they performed must have one of the only bars in Britain to serve Slovenian Lasko beer!

Many of the guests had of course heard about Sedbergh from our twinning projects and the stories I write for Slovenian newspapers, and those who hadn't knew Zrece and congratulated us on choosing a twin town famous for having some of the most friendly people in Europe.

As I invited guests to our forthcoming events here in Sedbergh they told me that what they liked about our twinning was that we didn't just limit ourselves to our two small towns but included people from further afield in our projects - like the people from Preston and other towns

### **APPLIANCE REPAIRS AND SERVICE** All leading brands

### **DIGITAL TV AERIALS INSTALLATION AND REPAIRS** Sky and Freesat installation and repairs



**ELECTRICAL STORE**  
Incorporating Paul Winn  
Appliance Services



Tel 015242 41224 / 42095 / 61259 / 01539621699

who joined the Sedbergh outing to Zrece last October, and the musicians from Ljubljana, Gorenska and other parts of Slovenia who came here with the Zrece town band's double decker bus a couple of years ago.

There were many other nice connections. I meet Milena Oak at the Embassy's Slovenia celebration each year and she often visits Cumbria having a close friend who lives in Windermere. This time she introduced me to a singer who lives near Celje - and it turned out that Barbara Stunf came to Sedbergh a few years ago with Samo Ivacic's group. "Do you know Andrew Allan?" she asked.

It was also a delight to meet again

## Stephenson & Wilson

15 Fell Close, Sedbergh LA10 5AP

### General Builders

Plastering ~ Roofing ~ Extensions  
Fire Places Fitted

Paul Stephenson  
015396 21557  
07810 595543



Tom Wilson  
015396 20954  
07790 946578

His Excellency the Ambassador of Britain, Andrew Page. We last met me at the Ljubljana Waldorf School where our choir was performing alongside two of the Slovenian choirs who have visited Sedbergh - he afterwards very kindly served me afternoon tea at the British Embassy.

Many of the guests who haven't yet visited Sedbergh had heard about the Rough Fell sheep which the kind-hearted Dorothy Pratt is giving to our friends the Zrece singing farmers with the travel costs being paid for by my family (though donations towards this are also very welcome!) After appearing in the Westmorland Gazette, the story was in the Daily Mail, several Slovenian national dailies, the Daily Mirror, Radio 2, Radio Europe, and several other magazines and newspapers across Europe. Consequently, as well as talking about various folk songs and choirs, I found myself discussing the relative merits of sheep breeds from our two countries - which after several glasses of Slovenian wine was significantly easier!

*David Burbidge*



- A complete eye examination using modern & portable equipment
- Fully qualified & experienced male & female opticians
- A full range of spectacle frames
- Advice on a complete range of lenses to suit all budgets and lifestyles
- NHS Optical Vouchers accepted
- Individual spectacle fitting accompanied by a 12 month guarantee of product & manufacture
- Full aftercare & advice provided

For more information or if you wish to book an appointment, please contact us:-  
01524 230701

office@lakelandhomevisioncare.co.uk  
www.lakelandhomevisioncare.co.uk

### WEATHER

After a warm, dry start the month proceeded to be wet and windy! Although the maximum temperature was recorded on the 5<sup>th</sup>, at 70.2F, the coldest night, 34.0F, was recorded on the 4<sup>th</sup>. These first few days had windchill readings below freezing. It was a windy month with no day having less than double figures in mph wind speed with a maximum of 29.5mph being recorded on the 23<sup>rd</sup>. The wind speeds again reflected in the lower atmospheric pressures readings. Although many parts of the



country were witnessing droughts we recorded a reasonable 4.5 inches. Certainly enough to fill up all the water butts!

May is always a pleasant month around the garden and hedgerows with all the fresh new growth. The oak beat the ash again so it should be a splash in the rain gauge. It is also the best month for bird song, though you have to be up very early to hear the dawn chorus! The birds are furiously feeding their new broods. By the end of the month 2 of the blue tits had got their broods away, though only 3 each, which is small compared to usual broods. Could the dry weather and cool winds have reduced the available insects for food? Certainly

## M WINN & SONS LTD

(Established 1894)

**Sedbergh**

**General Builders & Joiners**

Now

**Kitchens**

**Supplied & Fitted**

Contact R. M. Winn  
015396 20649



few butterflies have been seen so presumably few of the species, that would normally hibernate, have been on the wing. The first swift was seen, with us, on the 13<sup>th</sup> of the month. The swifts are nesting in their usual spot on Main Street opposite New Street. The blackbirds got one clutch away and started a new nest, if of course it's the same pair! A young speckled robin is visiting the feeders. It is funny to watch the baby sparrows, as big as their parents and quite capable of feeding themselves, soliciting food. The swallows laid 5 eggs and hatched 4 in the dog kennels. They never seem to slow down when zooming in with food. Pipisterelle bats are frequently seen on the dry evenings. The hedgerow colours have changed again with the white of the May blossom and the pink of the first foxgloves and campion. The scent of the lilac as you walk down the drive first thing in the morning is another classic May experience. The incubator has been working overtime with baby silver and yellow golden pheasants together with Barnevelder chickens hatching off.

**R N and H E HOGGARTH**  
**Building and Repairs**  
30 Years Experience



**NO VAT CHARGES ON LABOUR**

Contact Richard

Tel: 015396 20805 Mob: 07799 420433

**PEOPLE'S HALL**

*Hall Redevelopment*

No news so far on our major fundraising – “no news is good news” ?

We have not been able to recruit a Community Funding Co-ordinator yet (any volunteers?). The Committee has decided, for the time being, to allocate a Committee member to liaise for all community events that are proposed. Any fundraising suggestions can be made in the first instance to our Secretary (Gina Barney, 20790).

However the Community Funding is taking off – some dates for your diaries.

**“6000 miles travelling by bicycle in South America”** is a presentation by Hugh and Pauline Symonds’ journey in photographs, story and music to be given in the People’s Hall on Friday 2 September 2011 at 7.30pm. Tickets £5 at the door, licensed bar, proceeds to the Redevelopment Fund. Elspeth Griffiths of our Committee is liaising.

A Promises Evening to be held on Friday 28 October 2011 in the People’s Hall. So far we have 40

promises. The event is being co-ordinated by Sandra Longlands of our Committee. More Promises to her (07815 069394) please. Further details and prospectus nearer the event.

A well known citizen is organising a Café Cabaret evening featuring local talent on Saturday 26 November 2011 in the People’s Hall probably commencing at 7pm. Not many details available at present, but a supper might be included. Gina Barney is liaising – please ring 20790, if you are a performer.

The Art Society is to make a Calendar, comprising art contributions from its members. We are told no nudity is involved! Proceeds to the Redevelopment Fund.

The History Book project is progressing and Sandra Gold-Wood and Elspeth Griffiths are busy creating it. Should be ready for sale before Christmas.

To keep up to date with what is going on “follow” us on the People’s Hall blog: <http://bit.ly/SPHblog>

*Dr Gina Barney, Hon Secretary  
(20790).*

### **GYPSY VANS**

*by Rudyard Kipling, 1926*

UNLESS you come of the gipsy stock  
That steals by night and day,  
Lock your heart with a double lock  
And throw the key away.  
Bury it under the blackest stone  
Beneath your father's hearth,  
And keep your eyes on your lawful  
own  
And your feet to the proper path.  
Then you can stand at your door and  
mock  
When the gipsy vans come through...  
For it isn't right that the Gorgio stock  
Should live as the Romany do.

UNLESS you come of the gipsy blood  
That takes and never spares,  
Bide content with your given good  
And follow your own affairs.  
Plough and harrow and roll your land,  
And sow what ought to be sowed;  
But never let loose your heart from  
your hand,  
Nor flitter it down the road!  
Then you can thrive on your  
boughten food  
As the gipsy vans come through...  
For it isn't nature the Gorgio blood  
Should love as the Romany do.

UNLESS you carry the gipsy eyes  
That see but seldom weep,  
Keep your head from the naked skies  
Or the stars'll trouble your sleep.  
Watch your moon through your  
window-pane  
And take what weather she brews;  
But don't run out in the midnight rain  
Nor home in the morning dews.  
Then you can huddle and shut your  
eyes  
As the gipsy vans come through...  
For it isn't fitting the Gorgio ryes  
Should walk as the Romany do.

UNLESS you come of the gipsy race  
That counts all time the same,  
Be you careful of Time and Place  
And Judgment and Good Name:  
Lose your life for to live your life  
The way that you ought to do;  
And when you are finished, your God  
and your wife  
And the Gipsies'll laugh at you!  
Then you can rot in your burying  
place  
As the gipsy vans come through...  
For it isn't reason the Gorgio race  
Should die as the Romany do.

## **GARY ALLAN**

*Welding & Fabrication*

*Structural Steelwork, Farm Equipment,  
Farm Buildings Erected or in Kit Form,  
Specialist Ornamental Gates & Railings,  
Fabricated Steel supplied to the Building Trade,  
On-Site Welding & Repairs.*

*Light Oaks,  
Killington  
Kirkby Lonsdale  
Carnforth  
LA6 3EY*

Tel: 015242 76426    Mobile: 07968 411787




  
*'quality work for the discerning client'*
  
 Ian Higginbotham

**PAINTER & DECORATOR**
  
Telephone 015396 21073 Mobile 07813 818958
  
e-mail: painter.ian@btinternet.com

**KEVIN BATEMAN**
  
**TIME SERVED MONUMENTAL MASON**
  
**Tel/FAX 01539 723903**
  
**Mobile 07817 060619**
  
 Manufacture, Lettering and Installation  
 of new Memorials

Additional inscriptions  
 Renovations  
 Cleaning and Re-paint/Re-gild service.  
 Free estimates  
 Home Visits

*Please telephone for a Brochure*

**SEDBERGH AND DISTRICT  
 HISTORY SOCIETY**

*A walk around Tearnside*

From the geology of the 450 million year old fells, through Romano-British settlement to a seventeenth century manor house, more recent military emplacements to the C21st microwave mast on Scout Hill, members of the SHDS were treated to a walk through the history and heritage of Tearnside led by Mike Kingsbury and Peter Spillard of the Kirkby Lonsdale Civic Society. On the way we were introduced to the old turnpike road that pre-dates the A65 bypass of the 1970s, and saw Hophouse Lane, the remnant of an

old drove road that once saw 50,000 cattle, sheep, geese and horses driven down annually from the Scottish borders to markets and fairs in Lancashire.

Tearnside itself is a small hamlet with a fine Grade II\* listed manor house, Tearnside Hall, originally built in 1686 and extended and heightened in the C18th. Over the main entrance a date stone refers to John and Ann Bayliffe who owned the farmhouse in 1686. The attached barn has a date stone 1684. The Hall has seen a number of uses over the years including farmhouse and antiques centre.

Following the lane opposite the Hall, on the right are the visible remains of a small limestone quarry, and a little further on a well preserved late C19th lime kiln that was in use until the 1940s. The lime was used to 'sweeten' the land and produce mortar for building. Just before reaching the kiln is spring fed pool, that, through a quirk of geology, was the only water supply to the residents of the hamlet until 1945.

At the top of the lane we came to

**J J MARTIN**
  
**Funeral Service**
  
(B Goad)
  
**Established 1869**
  
**Main Street, Sedbergh**

Complete Funeral Service  
 Day or Night  
 Chapel of Rest

**Day or Night**  
**Dent 25334**

Gallowber Lane. To the left a few hundred yards away was a stand of trees reputed to be the site of Kirkby's gallows ('ber' means 'hill'), in full view for miles around as a deterrent to potential miscreants, used before permanent assizes were established in Lancaster.

Turning right along the lane, and passing through a gate, we found ourselves standing in the middle of the remains of the Salford Romano British settlement. Using a plan produced by antiquarian archaeologists in 1883 the group set about identifying the various lumps and bumps in the field. The main features were a roughly circular boundary wall with an entrance to the east and several dividing walls inside. A central pile of stone, now with an ash tree growing out of it, was identified by the antiquarians as a possible collapsed beehive hut (characteristic of early monastic settlements), and in the north part of the earthworks there are possible remains of hut circles (but we couldn't make them out!). A small rectangular feature to the north-east was thought

**DENTDALE DRYSTONE WALLING**

Groundworks  
 Hard Landscaping  
 Internal & External Decorating

Dave Beaumont  
 015396 25820  
 07870 305357  
 pelagrosodave@hotmail.com

by the earlier excavators to be a chapel because of its shape, but they too found no direct evidence to support this contention. The settlement is probably contemporary with the more extensive settlement at Ewe Close near Crosby Garrett spanning the later years of the Roman occupation and early post Roman period though without more systematic excavation there is little dating evidence available.

The walk finished by retracing steps to the centre of the hamlet. The Chairman, Richard Cann, thanked Mike and Peter for an enjoyable and highly informative walk. And even the rain held off!  
*Graham Hooley*

**SAM KONCZYNSKI**



Carpets & Floor Coverings  
 Supplied & fitted  
**Telephone**  
**07771 97 00 96**

**Apple Macintosh Help & Advice**  
 problem solving – upgrades – installations

**Video to DVD Transfer**  
 preserve those irreplaceable home movies

**Audio Cassette to CD Transfer**

**Digital Photographic  
 Renovation & Retouching**  
 retouching of scratches & tears –  
 even remove that unwanted relative!

**Contact Andrew on 07788 688490**  
 or email: andrew-allan@virgin.net

### APPLEBY FAIR

By all accounts (according to the local press and TV) this year's fair appears to have been a success, a big improvement on the past 2 years. Credit must be given to those who organised and policed the event this year. We have personally witnessed no trouble or anxiety here in Sedbergh, but this may have been in part due to the fact that travellers are no longer encouraged to spend much time in the area prior to the fair itself. I don't know how local businesses in and around Sedbergh view this. Some may be relieved not to have travellers frequenting their premises, others would no doubt have welcomed the extra revenue, particularly at this time of economic hardship. I know for a fact that the Moorcock Inn at Garsdale Head did well out of the travellers this year, a large number having parked up on the roadside around the pub prior to the fair.

Our only other comment would be to reflect the feelings of Mr & Mrs Mayo from Cautley in a letter they wrote in this month's Lookaround. The closure of lay-bys, and the erection of blockades and barriers, were carried out much too early this year, to the detriment of other visitors to the area, creating an eyesore to anyone else passing through.

The boulders are unfortunately still in place as I write (rumours in Sedbergh were rife last weekend that the 'authorities' had run out of money and that the barricades might stay in place permanently !) We were

bemused that signs were erected this year welcoming horse drawn vehicles to park on the grass verges, yet hundreds of posts were erected at regular intervals to prevent this from happening. At the Neighbourhood Forum meeting which we attended after last year's event, it was stated that not many posts had been 'lost' in 2010. I wonder if the same can be said this year ?

Councillor Lancaster states in Lookaround that he felt the blockades had been placed with much more sensitivity this year. We personally failed to notice much difference. He also states that only two members of the public turned up to the pre-fair drop-in sessions. We find this hard to

# SarahM

## Speciality Cakes for all occasions

Award Winning Preserves  
predominantly made with  
local grown ingredients



Contact **SarahM** on  
015396 21896 or 07974 733902

believe, as I'm sure there were more visitors present at the time we paid our visit on 11th April.

Please be aware that this apparent apathy does not extend to the whole of the district. Many people in and around Sedbergh are quite vocal about such events, even though they may not turn out in force to public meetings nor put pen to paper to voice their concerns. This applies particularly to senior members of the community who, like Mr & Mrs Mayo state in their letter, may not necessarily be fit enough or able to attend meetings to voice their opinion. Rest assured that the preparations and organisation put in place in our area prior to this year's

Appleby Horse Fair have, as in previous years, been much discussed by the residents of Sedbergh and district.

*Colin Cowperthwaite & Ann Barber*

**The People's Hall**  
Howgill Lane, Sedbergh LA10 5DQ

*Available for hire for  
all kinds of functions...*

❖ Parties ❖ Meetings ❖ Concerts ❖  
 ❖ Jumble Sales ❖ Dances ❖  
 ❖ Theatre ❖ Discos ❖ Lectures ❖

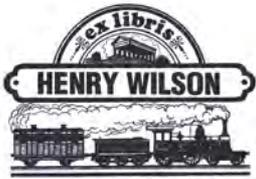
For availability and bookings –  
**Sedbergh Office Services ☎ 015396 20788**  
[www.peopleshall.org](http://www.peopleshall.org)

**TROTT MUSICAL FOUNDATION**

In addition to supporting 30 local children and young people with the cost of individual music lessons, the Foundation has recently made grants to Settlebeck school and the Pepper Pot club to further their work in music making.

The trustees will be considering applications for grant assistance towards costs in the autumn term in mid July. The deadline for submitting an application form is Friday 8th July, 2011. Application forms which are straight forward to complete can be obtained from Dalton & Hague, 7, Main Street, Sedbergh, Tel: 20365 and completed forms should be returned there. They should be accompanied by a short teacher appraisal.

However, grants are made entirely at the discretion of the trustees and are not guaranteed.



**Specialist Bookshop**  
 open Fridays & Saturdays  
 1100 to 1600  
*other days and times are possible by appointment*

Large stock of new and secondhand books on Transport and Industrial History. Some more general titles also available. Free Book Search.

---

61 Main Street, Sedbergh LA10 5AB  
 015396 21111 & 0772 411 4475  
 e-mail [hwrailwaybooks@aol.com](mailto:hwrailwaybooks@aol.com)

---

A selection of our stock is also available  
 in the Dales & Lakes Book Centre  
 72 Main Street, Sedbergh, open daily.  
 015396 20125

### **ALICE IN WONDERLAND**

During 22 - 27th August a Children's Musical Theatre Workshop will be taking place at The Peoples Hall, Sedbergh. It will be a fun packed week in which children age 8-16yrs will be able to participate in acting, singing, dancing and set design culminating in a performance on the last day. No experience necessary just lots of enthusiasm!

Auditions for the main characters will be held on Sunday, July 17th at 11am in the Peoples Hall.

Further details and audition pack, Please contact: Janet Hurst. 07733883865 or email: janethurst2009@hotmail.com



### **EDWIN MIDDLETON**

*JOINERS*

All aspects of site joinery work  
30 years experience

We design, manufacture purpose made joinery in our own workshop.

All your requirements fully fitted.

UPVC windows & doors

Free Advice and Estimate

Phone: 015396 25431 or 015396 20074

Mobile: 07779 049103 or 07814 149105

### **CAUTLEY ROAD**

Give credit where credit is due, the Appleby Fair appears to have gone off well this year to the mutual satisfaction of travellers, residents and organizers. Apparently there have been far fewer incidents reported than in previous years.

However, the timing of the ugly restrictions around Cautley and Sedbergh, in the Yorkshire Dales

National Park, was originally our main concern. Perhaps future signs could be attached to posts and barriers tweaked, at the end of the long awaited Easter break and removed as soon as possible after the event. This would be a fairer and happier experience for visitors and residents. The enjoyment of this wonderful environment, at such a beautiful time of year, should not be denied.

Many thanks for the informative and encouraging comments recently received.

*Chrissie and Bob Mayo, Cautley*

---

### **CAUTLEY ROAD**

I am writing to agree with the sentiments of Chrissie and Bob Mayo re the blockading of the roadside verges prior to the Appleby Fair.

I have driven from Kirkby Lonsdale up to Brough and the only places where there are posts every few feet with those ridiculous signs on them are coming into Sedbergh from Kirkby Lonsdale and on the Cautley Road. It is unsightly to look at for one thing never mind promoting a siege mentality. Sedbergh surely wants to portray itself as welcoming to visitors, including those going to Appleby Fair as long as no laws are broken. A few signs making it clear where travellers can or cannot stop, with the police enforcing them would surely be appropriate.

I hope that next year the unsightly boulders and numerous posts will be less in evidence.

*Mary Macpherson*

## DENT FOOTBALL CLUB

David Baines thanked everyone for coming and gave Keith Burrow's apologies. David also commented that as a past chairman and founder member of the club he had seen a lot of changes. However, it had been a long time since he had seen someone with the passion that he could see in manager, Ian Mitchell. In fact the last time he witnessed this was when Joanna Burrow was with us and Ian should be very proud of what he and the team had achieved this season. Finally, David thanked the George and Dragon for the food supplied and opened the floor to Ian Mitchell.

Ian started by thanking Steve Hoggarth, who against all the odds kept the team going. Ian stated that he didn't think anyone else would have had the heart to keep Dent FC alive during the 18 months he managed. He added that he was sure everyone who was involved could relate to how hard Steve had worked in very difficult circumstances. Ian also thanked the committee for their support to himself and the team. In particular, Ian wanted to thank Dorothy Goad and his mother, Jill Mitchell for giving up so much of their time.

Moving on to football itself, Ian expressed the importance of building a team of young players, whilst recognising the service given by the older players.

The season started well, with a 4-1 win over Ullswater, but a run of bad results left the team second bottom. New players joining in February

## Oliver Higginbotham **Farm & Garden Contractor**

Stone Walling ~ Fencing ~ Decking ~ Paving ~ Landscaping  
Strimming ~ Tree Surgery/Felling ~ Hedge Cutting ~ Hedge Laying  
Planting ~ Weed Control ~ Grass cutting

Pest Control

We are able to complete many tasks of which are not listed – just call/email  
**015396 21073** (Evening) - **07815 899 994** (Any time)

e-mail: [oliverhigginbotham@hotmail.com](mailto:oliverhigginbotham@hotmail.com)

**Hardwood logs** – Seasoned & stored undercover. Bags, large & small loads (always available - delivered)

**Woodchip** – Ideal for mulching (delivered)

**Manure** - Horse manure delivered

\*Garden machinery repairs and service\* - (Collection and return)

We offer a dedicated & reliable service. All work is guaranteed subject to acceptance of written quotation.

Competitive rates. Work tailored to a budget.

Metre pricing where applicable.

Photographs of relevant completed tasks – emailed.

**Insured**

Site visits + no obligation quotes. Ample references available.

added strength to the squad and things started to turn around, producing several good results, which secured a seventh place finish.

Discussing plans for pre-season Ian stated that the team will be working on defensive skills as well as fitness levels. Ian believed improvements in these areas along with the skill, passion and desire already at the club give the team a great platform to improve next year. Ian laid down the gauntlet to the players to see how far they can go in the next few years.

Awards were presented to the following players:

Top Goal Scorer – Brad Dalzell

Top Manager's Player – Chris McClurg

Top Player's Player – Chris McClurg

Most Improved Player – Sam Sedgwick

Top Clubman – Andrew Mason

Young Player of the Year – Donated

by Jim Burton – Simon Hunter

# DENT VILLAGE

HERITAGE CENTRE  
& Flintergill Outrake Nature Trail  
*on the Scenic Yorkshire Dales Route*

The  
"Terrible"  
Knitters  
Of Dent



Traditional Arts & Skills

- Real Delicious ice cream
- Farmhouse baking
- Free range eggs
- Tea, coffee, beverages inside or out
- Antiques

*Featuring*

- Adam Sedgwick
- Dent Marble
- Life on the Land
- Miles Mason
- Settle-Carlisle Railway

*Opening Times*

11am to 4pm Every Day  
Tickets valid all day  
Dogs Welcome

[www.dentvillageheritagecentre.com](http://www.dentvillageheritagecentre.com)

*Also visit*

[www.discoverdentdale.co.uk](http://www.discoverdentdale.co.uk)

## FLICKS IN THE FELLS

Congratulations to the Flicks in the Fells team for a very enjoyable evening watching the excellent film *The King's Speech*.

I was impressed on my first visit to Flicks, perhaps I should be ashamed to admit that, by the whole cinema experience. It was as good as going to a large, commercial cinema and in some ways better. It was close to home, no problem parking and the organisation was superb.

The seats were comfortable and there was more leg room than is often found at the cinema or theatre. Refreshments were available to remind me of the popcorn of my youth, although I did miss the uniformed usherette with the tray of ice creams.

The film was excellent and on the large screen it was tremendous, I picked up more nuances of colour than I expected, the trailers seen on TV now seem to have been rather monochrome in comparison. The sound was clearly audible and the problems that the King, and many others, experienced were confirmed.

The mood was professional yet friendly and there was someone on hand to answer any query and to make sure that people were comfortable.

So, I will put the dates in my diary and remember to look out to see what is showing at Flicks. It was well worth going and an experience worth repeating.

*Diane Elphick*

**SEDBERGH WANDERERS  
FOOTBALL CLUB**

On Friday 10<sup>th</sup> June 2011, Sedbergh Wanderers held their AGM at The Red Lion. The main objectives of this were to elect club members for the forthcoming season and to propose any internal club rule changes or bring up any pressing issues. Daniel Mason was elected as First Team manager for the fourth season in a row. Ben Close would continue as Secretary, Luke Packham as Treasurer and Chris Milburn as Chariman. In the only change, Steve Scott would replace Steve Cayley as Second Team manager. We would like to congratulate Steve Scott on his appointment and to also thank Steve Cayley for his commitment to the club over the last few years. The only change to internal rules agreed on was that all signing on fees must now be paid before the first game of the season and no player shall accrue a



**RAVEN**  
*graphics*

**Signmakers**

All types of signage incl.  
vehicle liveries, shops,  
printed wheelcovers  
& carved wooden signs.

**Ravenstonedale**  
**Tel: 015396 23463**  
[www.raven-graphics.co.uk](http://www.raven-graphics.co.uk)

**Paul  
Hoggarth**



**Building Contractor**

**6" Wood Chipper For Hire  
Small Plant Hire**

**015396 21413  
07968 977429**

debt of anything in excess of £20 to the club. Failure to adhere would mean the individual being unable to play until matters were resolved. No other issues were brought up. Moving onto fundraisers now and tickets for the Queen Tribute band and disco on Saturday 13<sup>th</sup> August are now on sale from Premier or from Dan Mason, Luke Packham or me. Doors open at 7.30pm. The tickets are priced at £10 and include entry in to the disco which will start at approximately 11.15pm. The disco will be charged at £3 per person otherwise. Please come along as it promises to be a great evening! Following on from the success of the Ladies night, we are also in the very early stages of organising a Gentlemen's night which will take place in November sometime. Watch this space.

*Ben Close  
Sedbergh Wanderers Football Club*

### TIM FARRON MP

I am really pleased that we have seen Appleby Fair pass without major incident in the Sedbergh area for the second year in a row. The new procedures that everyone worked so hard to put in place last year really do seem to be making a difference. I know that it took a bit effort on the part of many agencies at the time but everyone should feel really pleased that we are no longer witnessing the sort of anti-social behaviour that used to plague the area at this time in the past. I gather that this year the Fair itself was also a great success despite (or possibly because of) the increased media attention with the success of the tv series My Big Fat Gypsy Wedding, which was filming a new series at the Fair.

On a less positive note I was disappointed that YDNPA turned down the community offer for 72 Main Street. Of course I understand that in



**GRAHAM J MOFFAT**  
BUILDER  
PLASTERER  
ROOFER  
QUALITY WORK  
Tel: 015396 20907

these times of economic austerity the National Park needs to watch its finances very carefully but it cannot make any sense for the building to go into hands other than the town itself. The prosperity of the National Park relies so heavily on the prosperity of the towns that lie within its borders that it must do all it can to support them. With Sedbergh having exciting plans for a future without Spar in the centre of town and with that building so central to those proposals, the Authority really needs to think very hard before rejecting an offer in what appears to have been a very short-sighted fashion. I have written to the Chief Executive of YDNPA to ask him to think about the needs of the wider community rather than the narrow financial considerations of his organisation and reconsider his decision. I will keep pressing on this issue until we have reached a much more satisfactory resolution.

Finally, I am so pleased that we have seen the opening of the new chemotherapy unit at the Westmorland General Hospital. It has only been open a few days but

### OTHER OPTIONS HEALING THERAPIES

*Melanie Missenden*

10 Fairholme, Sedbergh  
015396 20890  
07888 857775

Remedial Massage  
Advanced Aromatherapy  
Advanced Reflexology  
Reiki  
Indian Head Massage

*Caring for you and help you on  
to achieve a healthier life!*

already I am hearing of how much of a difference it is making to people's lives. Driving down to Preston or Manchester for therapy was bad enough but travelling back when you are suffering from the effects of the treatment was really hard for many people. This is an example of what can be achieved when a community decides it wants something, and everyone pulls together to make it happen, that many people can learn from. The campaign to also bring a radiotherapy unit to the hospital is already well underway and if you would like to support it please do get in touch. Only when we have both units at the hospital and cancer patients do not need to travel so far for their treatment can we say that we have been successful.

If you want to offer your support or have any issues where I can help with then please write to me, Tim Farron MP, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or email me at [tim@timfarron.co.uk](mailto:tim@timfarron.co.uk).

Thanks for your support

*Tim Farron MP*

## **Daphne Jackson**

**MSc (Ost) DO**

*Registered Osteopath*

**BUPA Provider**

**Mill Barn, Broad Raine  
Killington LA10 5EP**

Please ring Kendal Practice  
for appointments  
01539 740452

Philip Horner

## **Fencing Contractor**

Walling

Man & Tractor

**Tel: 015396 21984**

**Mob: 07855 349157**

**e-mail: [prhorner@hotmail.com](mailto:prhorner@hotmail.com)**



### **A DAY OUT IN CARLISLE**

Are you looking for a different Saturday out? Why not use the recently saved Sedbergh to Dent bus service to connect with a train at Dent Station, and take a trip to Carlisle? The bus leaves Sedbergh at 9.40am, picks up in Dent village at 9.55 and gets to Dent Station in time for you to catch the 10.16 train to Carlisle, arriving there at 11.34. You'll then have over four hours for shopping or exploring Carlisle, before catching the 16.18 train back to Dent Station, where the bus will return you to Dent village at 17.50 and Sedbergh at 18.05.

As well as having a great day out, you'll also be supporting the bus service and helping to keep it running. As with all services under threat, it won't keep going without passengers – so use it or lose it!

### **COMMUNITY OFFICE**

*Consortium Offers £60,000 for 72 Main Street*

When it became clear that the Community Trust would not be able to get grant funding in the time scale imposed by the YDNP, a consortium of individuals from Sedbergh pledged varying amounts totally £60,000 to offer to purchase 72 Main Street. It was this offer that the YDNP Authority rejected by 10 votes to 5.

The consortium made this offer in attempt to secure the building by holding it in trust for up to 3 years until the community of Sedbergh is able to raise the money. The consortium seeks no profit and is acting solely for the benefit of Sedbergh. The members would in effect be lending the money to the community, with the safeguard of being able to sell the building on the open market to recoup the cost if the community were unable to raise the money within three years.

In spite of the setback of 31<sup>st</sup> May we believe such a proposal has a

### **Cumbria Stove Centre**

Supply and installation of  
wood, coal and gas stoves  
Flue and chimney lining services  
Inglenook specialists  
Fully qualified and experienced  
Hetas engineers

01539 821061 (day)

015396 25227 (evening)

SHOWROOM:

34a Main Street, Staveley, Nr Kendal

### **V.K.**

### **Cleaning Services**

Private Households  
Bed & Breakfast  
Self Catering Cottages  
Businesses  
Plus Washing, Drying & Ironing Service  
All undertaken  
For more information Call  
Mob:- 07891 556212  
Home:- 015396 22506

good chance of succeeding during the next year or so. At the moment two individuals have pledged quite substantial amounts with the other members of the consortium pledging £5,000 or £10,000 each. We believe it would be best if contributions were spread more evenly with all members pledging somewhere in the range of £5,000 to £10,000.

We would therefore welcome further members of the consortium who are prepared to put up similar sums. If you are interested or would like further details please get in touch with either myself Mark Westwood (Tel 20148) or Douglas Thomson (Tel 21747) who are at the moment the only persons who know the identity of all the members of the consortium. If you would wish to remain anonymous this can be arranged.

The consortium will be holding meetings as necessary to agree details of the offer and arrangements for transfer of 72 Main Street to the community if we are successful with our bid.

*Mark Westwood*

### **SEDBERGH BOWLING CLUB**

We will be offering two free taster sessions on Tuesday 12<sup>th</sup> July from 2-4 and 6.30-7.30pm. Bowls can be borrowed from the Club. Flat shoes should be worn.

On Sunday 29<sup>th</sup> May we hosted our open doubles competition. We sold refreshments, held a raffle and raised a record profit of £416 for club funds. The winners were Tony Hoare and Stan Robinson from King's Arms Hale Club. Runners-up were Roy Crompton and Louisa Templeman from Staveley Club.

The centenary celebrations were enjoyed by members, guests and visitors. The Band played in the gardens as we gathered. At 3pm our President, John Oughton, welcomed everyone and thanked them for coming. He asked Ronnie Farrow, one of our long-serving members, to cut the ribbon on the new Centenary Gates, made by the local firm of Michael Mudd. After a short speech he ended with a chorus of *Illkley Moor*. The Band entertained us as many looked at the archive material and photographs on display while we served refreshments. Sheila Bainbridge made and decorated our cake which was a bowling green depicting our new gate with bowls and jacks in icing. We asked another of our long-standing members, Eric Marney, to cut the cake. He was joined by Robert Leighton who is a past member. We enjoyed the lovely sunshine; some played bowls All were very appreciative of our hospitality.

If you would like to learn about crown green bowling do come along to the tasters or ring Linda on 20279 to arrange another date.

*Linda Killops*

### **chairworkshop.co.uk**

CANE · RUSH · SEAGRASS · WILLOW · ROPE

#### **chairseating & tuition**

repairs · supplies · restoration products  
**also:** fine bead jewellery · repairs · restringing  
haberdashery & tool sharpening

**99 Main Street, Sedbergh**

(01539) 621489 · info@chairworkshop.co.uk

### **CHANGE AT THE CHAIR WORKSHOP**

The Chair Workshop has been open for eighteen years and has become established as the centre for chair seating, tuition and seating craft supplies in the North. My daughter Alison has been working with me for nine years. During the last six months she has done all the chair work while I have organised the business.

It is time for me to retire so Alison will move The Chair Workshop business to her home at 12 Guldrey Terrace, Sedbergh. 99 Main Street with its shop, workshop and residential accommodation above, is for sale. In the meantime The Chair Workshop will carry on as normal until the building is sold.

The Chair Workshop is a unique feature in the town. I think it is important that the skill and the service to customers continue.

*Sandra Cotterell*

### PULSE READING

Reading the pulse can give useful information about a person's state of health, beyond the simple number of beats per minute. In Chinese medicine, the pulse rate is just one factor to be considered. Also informative are the strength, the depth below the surface and the general quality of the pulse.

In a healthy adult, the resting pulse rate would normally be between 60 and 80 beats per minute. Children's pulses may be faster and women tend to have a more rapid pulse when they are pregnant. A slow pulse (below 60) is a sign of internal cold, which can arise as a result of repeated exposure to cold conditions (such as endured by professional gardeners in Cumbria, for example) and results in the person feeling cold, having cold hands and feet and in a slowing down of the body's processes. In women, cold in the uterus can result in painful periods – sometimes as a result of swimming in cold water or being on the sports field in winter in inadequate clothing.

A rapid pulse (over 80 beats per minute) is a sign of heat. This can be

an actual raised temperature, perhaps due to an infection or it can be a more chronic condition. Signs of heat are feeling hot, discomfort in hot rooms or hot weather, being irritable or aggressive, having a red face, red eyes or red skin conditions and this is often exacerbated by alcohol. Spicy food, curry spices, cinnamon, ginger and garlic all have a considerable heating effect on the body.

The next point to consider is the depth of the pulse: can it easily be felt on the surface or do you have to press with your fingers to find it? To see what I mean, try taking the pulse of several different people and you may well find that some people's pulses are so deep, they are almost impossible to find, whereas others are very close to the surface and easy to feel. The pulse tends to rise to the surface when we are fighting off an infection. This reflects the increased activity of the defensive Qi,

## ACUPUNCTURE

BAC Member  
[www.acupuncture.org.uk](http://www.acupuncture.org.uk)



Acupuncture can be very relaxing,  
some people even fall asleep.

Please phone for details.

### June M. Parker

Dip Ac, MBAcC

49 Bainbridge Road, Sedbergh  
Tel: 015396 20972

## MEL CRAGG BUILDER

Plastering  
Roofing  
Block/Stonework

Tel: 015396 20162  
Mob: 07792 657453



(the Chinese medicine equivalent of the immune system). The pulse can also be close to the surface in certain “empty heat” type conditions, such as menopausal hot flushes. A deep pulse is a sign that the body must concentrate all its Qi (energy) in the interior, possibly due to insufficiency of Qi or because of some internal disorder. Women who use hormone treatments (for example for contraception or in the menopause) tend to develop a characteristic deep soft weak pulse over time.

The strength of the pulse is an expression of both the robustness of the person and of any pathology present. In any illness, the prognosis depends both on the person’s state of health and on the virulence of the disease. Normally a person in good health will have a moderate pulse, neither too strong, nor too weak. A weak pulse is a sign of some weakness of the body’s functions and an overly strong pulse is a sign of some pathological process.

Chinese medicine ascribes significance to around 30 pulse qualities. For example, a slippery pulse feels like “pearls rolling in a basin” and a wiry pulse feels like a guitar string when you roll your fingers over it. The slippery pulse is associated with disorders of the digestion and metabolism, whereas the wiry pulse may be present if a person is under stress from life circumstances or a painful disease. A person suffering from a digestive disorder like irritable bowel syndrome might have a wiry pulse on the left, indicating some level of emotional

stress and a slippery pulse on the right, signalling irregularity of the digestive system.

Of course I obtain much information about my patients from seeing them and listening to what they say, but I find the pulse is a valuable check. If the feel of the pulse is consistent with the age, physical condition and information given by the patient, I feel confident I understand the person’s state of health. If on the other hand, the pulse tells a different story from the appearance and words of the patient, I know I have to dig deeper and find the reason for the discrepancy.

If you would like to know more about pulse taking, consider signing up for “The Chinese way to better health in the winter” in the autumn term at the CDC. For more information please contact me. My telephone number is 015396 20972.

*June Parker*



## Garsdale Design Ltd

architecture • planning • urban design • heritage



***We provide professional design services throughout Cumbria, Lancashire and the Yorkshire Dales for new buildings, extensions, conversions as well as assessments for listed and heritage buildings***

'High Branthwaites' Garsdale Road  
Frostrow Sedbergh LA10 5JR  
phone/fax/answer: 015396 20875  
email: [info@garsdaledesign.co.uk](mailto:info@garsdaledesign.co.uk)  
web: [www.garsdaledesign.co.uk](http://www.garsdaledesign.co.uk)

GDL is an RIBA Chartered Practice

### **AMATEUR CONCERT**

A huge "thank you" to everyone who supported the concert in May. Maureen and Jean were most heartened by the kind comments received from many quarters afterwards. We managed to raise the magnificent sum of £675 on the night - a truly splendid outcome. Thank you once again.

### **DENT MOBILE LIBRARY**

The Library Van will visit Dent on Friday 8th July; 5th August; 2nd & 30 September; 28th October; 25th November and 23rd December at the following times:-

Gate Cottage	09:50 to 10:00
Green Cottage	10:10 to 10:20
Dent Car Park	10:30 to 11:15
Stonehouse Bridge	11:25 to 11:40

### **GIRLS FOOTBALL**

To any girls in the Sedbergh area wanting to play competitive football in the 2011/2012 season for Kendal United girls' teams:

We are now recruiting new players for our U12, U14, and U16 teams. If you are interested please contact me on 07747725443 so that I can sort training dates and times with you.

*Geoff Rowlinson*

### **BUZZ: FASHION & ACCESSORIES, MAIN STREET, SEDBERGH**

It is with great regret that I have closed my ladies fashion shop in Sedbergh. I would like to thank all those ladies, and gentlemen, who have supported the shop over the past three years, among whom I have

made many friends and met some most interesting people: thank you, sincerely, for your loyal support and companionship.

If you are in Leyburn, please do call in to Buzz and say hello, you will be made most welcome.

If you have an outstanding Buzz Gift Voucher (Credit Note) please phone Buzz at Leyburn on 01969 624948 and leave your contact details and I will be in-touch (these vouchers can, of course, be spent in the Leyburn shop).

If you are interested in taking the lease of the shop in Main Street, Sedbergh, please contact Christopher Whelan Estate Agent.

*Gillian Vyner*

### **Traditional building repairs**

## **WENNINGDALES**

We specialise in:

- Lime pointing & plastering
- Lime wash
- Sash window repairs



✻ TEL: 07884 499832 ✻

### **DENT READING ROOM AND SNOOKER HALL**

The committee wish to thank everyone who supported our coffee morning and Table Top Sale by coming and joining us for coffee and bacon butties etc. Thanks also for the baking and making the coffee and butties. Also thanks for the very generous donations received.

### **WORSHIP@PEOPLES HALL**

Sunday 5 June saw another lively morning at the People's Hall. With rousing music and a warm atmosphere, it was good to see a number of new faces, both local and visitors.

We welcomed back Angie Mills from Capernwray as our speaker – always a popular lady. Her story about the Tator family, supposedly for the children, amused everyone and elicited a few groans from the adults. Starting with a biography of father Dic (groan number one!) the corny jokes continued with children Irri and Imi until we had a full Tator family wittily illustrated with computer graphics. Angie applied the attributes of each of the characters she described to our everyday lives, and gave us plenty to think about.

We don't only worship, we enjoy coffee and chat, catch up with old friends and make new ones.

If you would like to join us next time we will be there again at 10.30am on 3 July.

---

### **MUNCHEON MUSIC**

The regular Muncheon Music was held on Wednesday 6th June in the Queen's Hall of Sedbergh School when Mr John Seymour introduced pupils who presented a selection of music consisting of voice, cello, flute and piano to an appreciative audience.

Mr Seymour informed the gathering that the next Muncheon Music would be held in the new Music Rooms at Guldrey in September once they have

opened.

Muncheon Music is usually held once a month by musician pupils of Sedbergh School and follows a particular theme, either piano, woodwind, strings, vocal and a whole range. Entrance is free and everyone is welcome to attend the concert which lasts for about an hour.

---

### **ST MARK'S CHURCH**

*Flower and Music Festival  
20-22<sup>nd</sup> May.*

Many thanks to everyone who supported us; our sponsors, the musicians, the flower arrangers, the cake makers and refreshments helpers, the stewards and all those people who came to visit St Mark's over the weekend: We had a sell out concert, over 350 visitors to view the exhibits and after the closing Songs of Praise, auctioned our 8 willow sheep.

Thanks to your generosity we made a profit of £2500; this will go some way to pay for the repair work identified in a recent architect's report. Thank you once again, we really appreciated your support.

*Judith Bush and Linda Hopkins*

---

### **SWIMMING CLUB**

Can Members please note that the AGM which was scheduled for June has been rearranged to be held in the Bull Hotel at 7:30pm on Monday 4th July.

Everyone is welcome to attend the Meeting which will outline the format for the following year.

## SEDBERGH GALA

The 47th annual Sedbergh Gala was a wonderful day full of fun and laughter as the whole community came together to take part and either join in the many events or to support as a spectator.

The weather was dry, albeit a bit windy and thankfully the heavens did not open until shortly before the close of day. The many bright and colourful rides, both inflatables and mini motorbikes, were enjoyed by many, and it was an interesting contrast to see children riding donkeys at one end of the field and others 'high in the sky' on the bungee trampolines at the other end.

The owls from 'Wise Owl World' on Walney Island were a great attraction, and Cuddles, the small tawny owl, lived up to his name by receiving lots of cuddles. The craft tent seemed to be filled with people all the time, with many different stalls ranging from jewellery and wood carvings to Annette's Lakeland Kitchen and Sarah Scarr's delicious cakes and preserves.

## **J. E. WILKINSON**

**BUILDING CONTRACTORS**

*Quality Craftsmanship*

*New Builds • Alterations*

*Roofing • Plastering • Stonemasons*

**YDNP BEST BUILDING DESIGN AWARDS 2010  
WINNERS OF THE NEW BUILDING CATEGORY**

Tel: 015396 25531 Mob: 07989 197580

## HEAPS OF FUN

### Party Supply Shop

Waltons Yard, Market Street, Kirkby Stephen, CA17 4QT  
017683 74893



Helium Balloons and Party Supplies.

Balloons, Banners, Party Bags, Badges,

Invitations, Cards and lots more.

For all occasions.

Venue decoration and delivery service available.



It was a pleasure to have the British Legion, WI, St John's Ambulance and Air Ambulance charity stalls who do such excellent and valuable fund raising and charity work. The food court was buzzing all day as the different smells rose from these stalls. Burgers, filled rolls, jacket potatoes and pancakes kept everyone happy, whilst the queue for beer, teas and cakes seemed to keep going throughout the gala.

The procession of floats and pedestrians was excellent, and the gala queen and her attendants looked truly beautiful.

The maypole dancing was, as always, not to be missed, and 'Dance Attik' treated us to another exciting performance.

One highlight of the afternoon was the arrival of the new fire engine, and the display, led by Peter Packham, was something not to be missed.

The gala would not be the same without the town band, and the air was full of their music. There were many competitions going on around the field, and how marvellous it was

to have so many competitors joining in the varied sports and activities.

All the electrical supplies were set up and organised, as ever, by Steve Longlands, and the day ran smoothly for everyone as Martin Lewes talked us through the programme and kept us 'up to speed'. It simply would not be the same without him.

Finally we were all kept safe under the caring and watchful eyes of the St John's Ambulance team.

To all the people who helped behind the scenes and on the day itself, to stall holders and those who organised events, to the many competitors and spectators and visitors - to everyone we hope you had a wonderful time and thank you for coming to the gala. Many visitors said 'We love coming here as the people are so nice and the children so polite'. They said, 'Thank you' to Sedbergh!

*Rachel Usher*

*Hon Secretary Sedbergh Gala Group*

I will be standing down as Secretary at the October AGM and I wish the new Hon Secretary Ali Bramall every success.

## **SEDBERGH HEALTH CENTRE**

will be closed for Training Purposes  
on the following afternoons:-

Thursday 14th July  
No Session in August  
Tuesday 20th September  
Wednesday 19th October  
Thursday 17th November



**stramongate press**

*printers*

*printers*

*of*

***Sedbergh Lookaround***

Stramongate Press Aynam Mills  
Little Aynam Kendal Cumbria LA9 7AH

phone 01539 720448  
fax 01539 730253  
e-mail [info@strampress.co.uk](mailto:info@strampress.co.uk)  
website [www.stramongatepress.co.uk](http://www.stramongatepress.co.uk)

### JULY GARDENING

Towards the end of this month, on the roadside verges and hedge banks around our area, one of the late blooming, "special" wildflowers comes into bloom. This is the Giant Bellflower, *Campanula latifolia*. It has tall (3ft) spikes of pale to mid violet blue flowers born on strong stems. I grow it as a garden plant, in the border amongst other herbaceous perennials such as the wine red thistle *Cirsium rivulare* and pale yellow *Phlomis russeliana*. I also have the rich blue cultivar 'Brantwood' and a white form 'Alba'. These three all seem to be quite robust and slug and snail proof. Also dependable and free flowering is the Peach leaved Bellflower, *C. persicifolia*, and its similar cousin *C. latiloba* old "cottage Garden" plants long in cultivation. I have the pale clear blue and the white flowered forms (both un-named cultivars given to us by friends) and the double white 'Boule de Neige, The flowers are born on very short stems all the way up the 2ft tall flower spikes and the plant spreads by running stems making a wide, but not invasive clump.

Tallest of the group, reaching a height of 4-5ft is *C. lactiflora*. This has bunches of smallish, open, mid blue flowers born on a clump of stiff upright stems. 'Prichard's Variety' (blue) and 'Loddon Anna' (soft lilac pink) are two popular cultivars.

Another favourite is *C. alliariifolia*, ("Ivory Bells"), a neat little plant with

## NICKY ROSS

All types of heating,  
including underfloor.

Bathrooms designed,  
supplied, tiled & fitted  
Gas Safe registered

Mobile  
07810 582345  
Telephone  
015396 20753



spikes of white flowers, resembling a diminutive foxglove. This one grows about 1ft high in my garden and thrives in the light shade cast by some birch trees.

Similarly happy in shade are two spreading bellflowers, *C. takesimana* and *C. punctatum*. These both grow to a height of 12 – 18" in my garden with flowers born in small sprays over the spreading foliage. In both cases the large bell shaped flowers are white, flushed pink with wonderfully, dark red spotted insides. These plants like a well drained soil and thrived happily with me for several years, until the local snail population suddenly got wind of them and demolished the lot! *C. takesimana* has a very worthy cultivar 'Elizabeth' which has large bright blue flowers born on 18" stems.

Elaine Horne

### **COMMUNITY OFFICER REPORT**

Scrap metal thefts are becoming a priority issue throughout the area and we ask people to remain vigilant. A theft of copper piping, tools and a works van occurred in Middleton this month.

A landrover and tools were taken from the Dent area and a quad bike was also stolen on the same night. We would like to remind people to not leave valuables in a vehicle and to lock or secure them overnight. For information on Farm Watch or to join the scheme please contact us on the details below.

The issue of parking, both on pavements and double yellow lines, has been brought to our attention. In the first instance we will be placing notices on vehicles, but registrations will be noted and fixed penalties issued in future. We ask people to consider others when they are parking, blocking pavements means that prams and wheelchairs often have to go into the road.

The Junior citizens scheme for pupils at Sedbergh Primary has just taken place in partnership with the fire service to help educate children in our area about dangers of drugs, strangers and fire safety.

The post Appleby Fair drop in was held this month in the Peoples Hall, thank you to everyone who attended and gave us feedback. Throughout the year further meetings will be held to ensure next years policing operation runs smoothly.

The new problem profile for the Sedbergh and Kirkby Lonsdale area is anti social behaviour around the

Peoples Hall in Sedbergh, due to damage and under age drinking that has been occurring there. Regular patrols will attend the area and any youths found acting anti socially will be dealt with appropriately. A streetsafe event will take place in the next few weeks to speak to the householders in the area and get their opinion on any problems. Should you wish to report any anti social behaviour please call 0845 33 00 247.

Please feel free to contact us on 0845 33 00 247 or email us on rachel.thomas@cumbria.police.uk or karen.dakin@cumbria.police.uk. Or alternatively you can speak to us during our regular drop in surgery at Sedbergh Library at the new time and date of the 3<sup>rd</sup> Saturday of each month between 10:00 – 12:30 or the first Tuesday of the month between 12:00 and 13:00 at Dent stores. We are also at Gladstone house every other Friday from 13:00.

We would be pleased to meet you all to discuss any issues or simply for a chat.

*CSO 5206 Karen Dakin and CSO  
5245 Rachel Thomas.*

### **JULIE NOBLE GARDENING**

Friendly and Efficient Gardening Services



Kendal 723774 or 07811 394938

## LIBRARIES

### *Time for change? Ideas for the future of Cumbria's libraries*

Libraries are places to learn, play, get together and much more.

But use of libraries in Cumbria is declining. We want to stop this trend and make libraries fit for the future.

Cumbria County Council has launched the first stage in a conversation it wants to have with you, our residents, about the future shape of the county's library service. We have some ideas but we want to hear your views before we have firm proposals, and before any decisions are made.

We held a series of drop in events across South Lakeland so you could find out more about our suggestions for the future of your local library and the service as a whole, give your ideas and ask any questions. This was held in Sedbergh on 29th June and too late for the June issue. There is a Booklet available at the Library which gives more information.

If you could not attend the event there are other ways for you to have your say before the discussion closes on 30 June (possibly too late now)

· E-mail your thoughts direct to [yoursay@cumbriacc.gov.uk](mailto:yoursay@cumbriacc.gov.uk)

· Write to us at Have your Say, Communications Team, Cumbria County Council, Carlisle, CA8 8NA

*Gae Hicks*



*Sedbergh Gala Pages 34 & 74*



## BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0740 (C)	0817	M - F	564	KLC	0825	0858	M - F	564	KLC
0938 (H)	1010	M - F	564	W	1030 (H)	1058	M - F	564	W
1007 (C, H)	1049	M - S	564	KLC	1055 (C)	1128	M - S	564	KLC
1015 (L, H)	1045	Wed	564B	W	1300 (H)	1330 (L)	Wed	564B	W
1050 (L)	1125	Sat	564A	A8	1330 (H)	1358	M - F	564	W
1238 (H)	1310	M - F	564	W	1405 (C, H)	1443	M - S	564	KLC
1310 (C)	1347	M - S	564	KLC	1425 (H)	1500 (L)	Sat	564A	A8
1545	1620	M - S	564	KLC	1610 (C)	1640	M - F	564	W
1708 (C, H)	<b>CANCELLED</b>				1625 (C)	1658	M - S	564	KLC
1827 (C)	1904	M - S	564	KLC	1745 (C, H)	<b>CANCELLED</b>			
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
0858	0932	M - F	564	KLC	0705	0740	M - F	564	KLC
1128	1202	M - S	564	KLC	0940	1007	M - S	564	KLC
1443	1505	M - S	564	KLC	1235	1310	M - S	564	KLC
1658	1732	M - S	564	KLC	1510	1545	M - S	564	KLC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Cowgill					Cowgill to Sedbergh				
1300	1355	Wed	564B	W	0950	1015 (L)	Wed	564B	W
0940	1009 (DS)	Sat	564A	A8	1020 (DS)	1050 (L)	Sat	564A	A8
1500	1530 (DS)	Sat	564A	A8	1545 (DS)	1615 (L)	Sat	564A	A8
1645	1715 (DS)	Sat	564A	A8	1735 (DS)	1805 (L)	Sat	564A	A8
Last Update: May 2011									

L = Sedbergh Library

C = Via Kendal College

H = Via Westmorland General Hospital

DS = Dent Station

W = Woof's of Sedbergh

KLC = Kirkby Lonsdale Coaches

A8 = Apollo 8

Please note whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.

For Comprehensive up-to-date information ring :-

Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

*All times are from and to Thorns Bank*

<b>Organisation</b>	<b>Update</b>	<b>Contact</b>	<b>Tel:</b>	<b>015396</b>
Allotments Association (Dent)	08/09	Mr Smith	Dent:	25688
Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beekeepers Association (S & D)	01/09	Mrs Whitton	015242	72004
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)	01/09	Mr Hinson	Sed:	20118
Caving Club (Kendal)	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/10	Mr Chapple	Sed:	22045
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	01/09	Mr Beck	Sed:	20336
Cricket Club (Dent)	01/09	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	01/09	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	09/10	Mrs Sugden	Dent:	25303
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School (Friends of)	01/09	Mr Hartley	Dent:	25317
Dog Training (Sedbergh)	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/08	Mrs O'Neill	Sed:	21958
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders (Dent)	01/09	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	01/09	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	04/10	Mrs Usher	07837	978626
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Garsdale Ladies Group	09/08	Mrs Ramsbottom	Sed:	21013
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers *	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Schoolroom	01/09	Mrs Stainton	Sed:	20665
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050

Kent Lune Trefoil Guild	01/09	Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	01/09	Mrs Escholme	Sed:	20376
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council (Dent)	09/10	Mrs Fletcher	015242	72768
Parish Council (Garsdale)	01/09	Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club (Sedbergh)	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground (Sedbergh)	10/09	Mrs Rice	Sed:	22100
Playgroup (Sedbergh)	01/09	Mrs Gunning	Sed:	20226
Playing Field (Sedbergh)	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Rag Ruggers	01/09	Mrs Hennedy	Sed:	20899
Red Squirrel Group (Sedbergh)	02/09	Mrs Foott	Dent:	25453
Residents Association (S & D)	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	01/09	Mr Axford	Sed:	21019
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Slimming Club	01/09	Mrs Uttley	01539	722568
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)	02/11	Mrs Smith	Dent:	25688
Women's Institute (Howgill)	01/09	Mrs Hoggarth	01539	824683
Women's Institute (Killington)	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute (Sedbergh (Frostrow))	12/10	Mrs Ramsden	Sed:	20828
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	03/09	Mrs Woof	Sed:	21644

\* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,  
please supply details to the Lookaround Office

Regular Events/Meetings			
1000	Every Monday	Free Entry to Locals	FM
1200	Every Monday	The Monday Club	SMCR
1315	Every Monday	Howgill Toddlers	HVH
1930	1st Monday	Dent Parish Council	DMH
1900	3rd Monday	Chamber of Trade	L
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1400	1st Tuesday	SL Carers Association	CO
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Group	PH
1930	3rd Tuesday	Ladies NFU	PH
1000	Every Wednesday	Coffee Morning	URCR
1300	Every Wednesday	Art Society	PH
1315	Every Wednesday	Zebras	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday	Brownies (term time)	SMCR
1930	Every Wednesday	Sedbergh Seniors	PH
1000	1st Wednesday	Age UK	CO
1930	1st & 3rd Wednesday	History Society	SHS
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh (Frostrow) WI	PH
1930	1st Thursday	Howgill WI	FCH
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st & 3rd Thursday	Toy Library	PH
1200	2nd Thursday	Lunch Club	Red
1915	2nd Thursday	Royal British Legion	WHC
1930	Last Thursday	Sed. Parish Council	PH
1330	Every Friday	Dent Over 60's	DMH
1930	Every Friday	Monkey House Café	Library

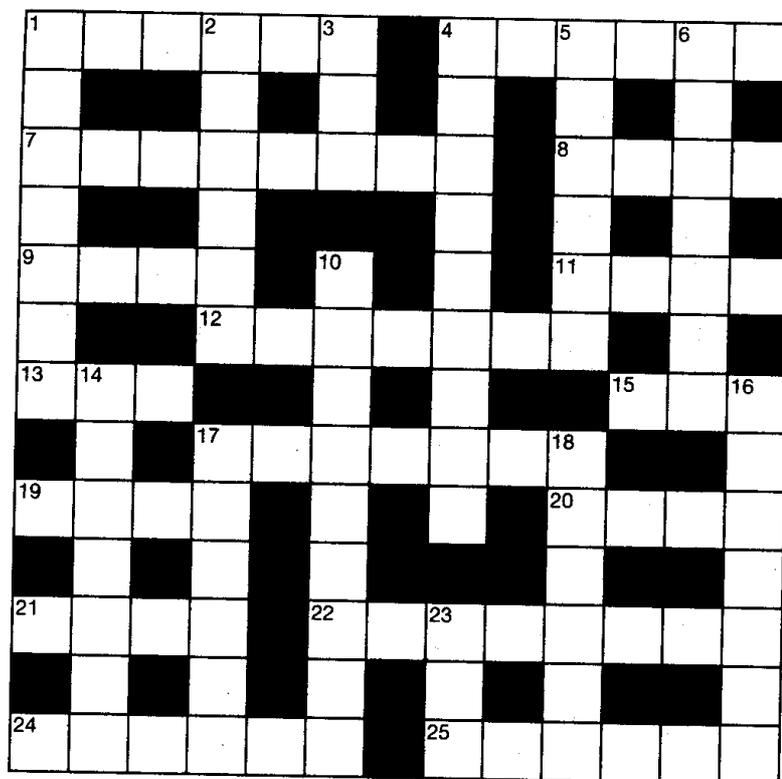
I	N	O	C	U	L	A	T	E	M	R
N	P	R	S	A	B	O	V	E		
F	R	E	I	G	H	T	E	R	T	V
E	N	E	R	L	O	W	E			
R	N	I	B	D	A	G	G	E	R	N
	N	N	Y	R						G
A	N	G	L	E	R	T	E	M	P	L
D		L	E	E	Y	R				
A	A	L	L	E	G	E	T	O	M	E
M	U	M	G	G	A	B	X			
A	B	W	I	N	D	S	C	A	L	E
N	O	I	S	Y	O	T	T	R		
T	T	N	E	G	L	I	G	E	N	T

7		5					4		
			7	4					
			2			3	6		
3	7				8				2
9			6				3	1	
	9	7			2				
				1	3				
	4					1		9	



WINDER LIGHTS

9	2	4	5	1	8	3	7	6
8	6	1	2	7	3	9	4	5
5	3	7	9	6	4	1	2	8
3	4	9	8	5	7	6	1	2
2	8	6	3	9	1	4	5	7
1	7	5	6	4	2	8	9	3
6	5	8	1	2	9	7	3	4
7	9	2	4	3	6	5	8	1
4	1	3	7	8	5	2	6	9



**G  
L  
I  
T  
T  
E  
R  
O  
D  
S**

**ACROSS**

- 1 Drinking vessel (6)
- 4 Cower in fear (6)
- 7 Abnormal (8)
- 8 AA Milne's bear (4)
- 9 Cheeky child (4)
- 11 Harbour (4)
- 12 Regular action (7)
- 13 University stunt (3)
- 15 Baby's protective cloth (3)
- 17 Belgian city (7)
- 19 Gulf country (4)
- 20 Hawaiian dance (4)
- 21 Sketch (4)
- 22 Cancelled (8)
- 24 Thick, slushy mixture (6)
- 25 Accost (6)

**DOWN**

- 1 Sparkle (7)
- 2 Greater in size (6)
- 3 Spinning toy (3)
- 4 Cut short (9)
- 5 Hinder (6)
- 6 Pasta dumplings (7)
- 10 Usual, habitual (9)
- 14 Naval officer (7)
- 16 Eventually (2, 3, 2)
- 17 Reply to a question (6)
- 18 Kim - - -, British spy (6)
- 23 Currently (3)



### BED & BREAKFAST

<b>Proprietor</b>	<b>Address</b>	<b>Phone (015396)</b>
Mrs J Hope .....	The Old Joinery, Garsdale, Sedbergh (2011/12) ..... <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2011/11) ..... <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby .....	15 Back Lane, Sedbergh (2011/12) ..... <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk	20251
Mrs S Gold-Wood .....	Number Ten Main Street, Sedbergh (2012/02) ..... <i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite .....	Bramaskew Farm, Howgill, Sedbergh (2011/09) ..... <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs S Sharrocks .....	Holmecroft; Station Road, Sedbergh (2011/11) ..... <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754

### CAMPING, CARAVANNING & SELF-CATERING

Mrs Durie .....	Crossthwaite, Garsdale, Sedbergh (2011/06) ..... <i>Sleeps 6/7; D, F, T, CH, TVL, P, NS, DW, DR, CW</i>	07900 531043
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2011/11) ..... <i>Self-Catering Sleeps 6-8</i>	20360
Mrs R J Garner.....	2 Millthrop, Sedbergh (2012/06) ..... <i>Sleeps 4; 1D; 1D (Soda Bed); CH; L; NS; DW; CW</i>	01942 216058 07792 445257
Sycamore Cottage, Lunds, Sedbergh (2011/09) .....	..... <i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356

### KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom  
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access  
 NS(B) = No Smoking (Bedrooms); NP(\*) = No Pets (\* by arrangement); DW = Dogs Welcome  
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal  
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

## Religious Services in Sedbergh

### CHURCH OF ENGLAND

St. Andrew's Parish Church  
 Sunday 08.00, 10.30 & 18.30  
 Wednesday 11.15

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Tony Reed Screen 21081 & Susan Sharrocks 20754

### ROMAN CATHOLIC

St. Andrew's Parish Church  
 Sunday 12.00  
 Holy Days 19.30

**Rev. Dr. P Campbell Tel: 20918**

### METHODIST CHURCH

New Street  
 Sunday 10.30 & 18.30

**Rev. T Widdess Tel: 20329**

### UNITED REFORMED CHURCH

Main Street  
 Sunday 10.30

**Rev. C Marsden Tel: 22030**

### SOCIETY OF FRIENDS

#### QUAKERS

Brigflatts  
 Sunday 10.30

**Tess & Philip Satchell Tel: 20005**

### UNITARIAN & FREE

#### CHRISTIAN CHAPEL

Market Place, Kendal  
 Sunday 11.00  
 Wednesday 19.30

**Rev. G Jones Tel: 01539 722079**

*Enquiries for the following services,  
 please ring the relevant telephone number*

### CHURCH OF ENGLAND

Firbank; Howgill & Killington  
 Cautley & Garsdale

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Cautley: Judith Bush 20058 & Linda Hopkins 21455  
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723  
 Dent & Cowgill

**Rev. P Boyles Tel: 25226**

### METHODIST CHURCH

Dent; Dent Foot;  
 Cautley; Fell End;  
 Garsdale Street; Garsdale Low Smithy;  
 Hawes Junction & Frostraw

**Rev. T Widdess Tel: 20329**

### SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

**Tel: 20588 or 20503**

[www.sedberghchristiancentre.co.uk](http://www.sedberghchristiancentre.co.uk)

### WORSHIP@PEOPLES HALL

10:30 am Sunday 6th February  
 10:30 am Sunday 13th March

**Beth & Sandy Roy Tel: 20785**

*Would you like to know that someone is  
 praying for you? Or do you have a  
 relative, friend or neighbour in special  
 need of prayer? In the Churches, we pray  
 every Sunday for this community and we  
 should like to hear of any special needs.  
 Please ring any of the above telephone  
 numbers so that we may pray for you and/  
 or others.*

## Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£3.00

All enquiries to  
 13 Kings Yard, Sedbergh LA10 5BJ  
 Adverts by 15th of every month.  
*Can all adverts please be  
 accompanied with the correct money  
 at the time of submission.*  
 Articles etc. by 19th of every month  
*Last Price Update August 1999.*

## DIARY OF EVENTS

*Dates are held up to 14th December 2011*

Entries marked (*) see Advert in previous Lookaround.			17 1400 CWT Conservation in Dentdale	BFD	
<b>JULY</b>			19 1300 Knit and Natter	FM	
1	1000	Exploring Space Exhibition	FM	19 1945 Spooky Men's Chorale (19)	StAS
1	1000	Hand to Mouth Photography (till 13th)	DCMH	20 1000 Coffee Morning Sedbergh Methodist	URCR
1		Wanderers Big Weekend	<b>CANCELLED</b>	20 1830 Mrs Maggie Cullen Presentation (20)	SPS
1	1930	McMillan Promise Auction (*)	CHI	22 1000 Trees of Life Exhibition (till Sept)	DCMH
1	1730	Sedbergh Sports	Cautley Road	22 1830 Evening Walk	GVH
2		Operation Home Guard (*)	Ingleton	25 1000 Rescue Mission Holiday Club (25)	PH
2		Wanderers Big Weekend	<b>CANCELLED</b>	25 1900 Chamber of Trade <b>Change of date</b>	L
3	1030	Worship @ People's Hall	PH	26 1000 Rescue Mission Holiday Club (25)	PH
3		Operation Home Guard (*)	Ingleton	26 1300 Knit and Natter	FM
3	1530	Songs of Praise	HJC	26 1400 Dry-Stone Walling	DCMH
3		Wanderers Big Weekend	<b>CANCELLED</b>	27 1000 Coffee Morning Dentdale Methodist	URCR
4	1930	Swimming Club AGM (7)	Bull	27 1000 Rescue Mission Holiday Club (25)	PH
4	1930	Dent Parish Council	DMH	27 1400 Lets Get Buzzy	DCMH
5	1300	Knit and Natter	FM	28 1000 Rescue Mission Holiday Club (25)	PH
5	1400	Spinning Demonstration	DCMH	28 1400 Red Squirrels	DCMH
6		SS Term Ends		29 1000 Rescue Mission Holiday Club (25)	PH
6	1000	Coffee Morning URC Church	URCR	30 1000 Rescue Mission Holiday Club (25)	PH
6	1700	HS Bentham Village (7)	LHCP	30 1000 Pre-Historic Survival Tools	DCMH
7	1930	WIH Open Meeting	HVH	30 1100 Dentdale Monthly Walk	DMH
7	2000	Summer Concert (*)	StAS	<b>AUGUST</b>	
8	0950	Dent Library Van	Dent	1 1000 Trees of Life Exhibition (till Sept)	DCMH
9	1000	Exploring Workshop	FM	2 1400 Spinning Demonstration	DCMH
9	1030	StAS Summer Fair (1)	StAS	3 1000 Coffee Morning Howgill Church	URCR
10	1000	Exploring Workshop	FM	4 1930 WIH Harps Northwest	FCH
10	1100	Cumberland CC v Bedfordshire	SS	5 0950 Dent Library Van	Dent
10	1400	Blooming Great Tea Party (10)	G	6 1330 Lower Garsdale Walk	HJC
11	1100	Cumberland CC v Bedfordshire	SS	6 1900 Flicks in the Fells (*)	PH
12	1300	Knit and Natter	FM	6 1900 Dr Hamer Home & Away	HJC
12	1100	Cumberland CC v Bedfordshire	SS	7 1030 Worship @ People's Hall	PH
12	1400	Bowling Club Taster	QG	7 1530 Gayle Ladies Choir	HJC
12	1500	WIK Tea Party	Cautley	10 1000 Coffee Morning Garsdale Village Hall	URCR
13	1000	Coffee Morning British Legion (13)	URCR	10 1915 WID Summer Outing	tba
13	1915	WID Climbing the Himalayas (13)	DMH	10 1930 WIS Folklore & more of the Lake District	PH
13	1930	WIS It shouldn't happen to a Nurse	PH	11 1200 Lunch Club	Red Lion
14	1200	Lunch Club	Red Lion	13 1930 Queen Tribute Band + Disco	PH
14	1230	Health Centre Closed for afternoon		14 1300 Weaving Demonstration	DCMH
14	1400	SL Age Concern Café D (14)	KL	17 1000 Coffee Morning North West Cancer	URCR
16	1000	Sheep to Scarf	DCMH	19 1000 Art Exhibition	SSL
16	1030	Families Singing Together (16)	SL, HVH, PH	20 1000 Art Exhibition	SSL
16	1400	Dent Over 60's Strawberry Tea (1)	DMH	20 1400 Fun Afternoon & BBQ	GVH
17	1000	Sheep to Scarf	DCMH	21 1000 Art Exhibition	SSL
17	1030	Pathfinder Intermediate	DCMH	22 1000 Art Exhibition	SSL
17	1100	Auditions for Alice in Wonderland (17)	PH	23 1000 Art Exhibition	SSL

*The S & D Lookaround is edited, published & distributed monthly by  
Dennis & Jacky Whicker and is printed by Stramongate Press.*

*The content of The Lookaround does not reflect the views of the Editor.  
Whilst every effort is made to ensure that information is correct, the Editor cannot  
accept any responsibility for any inconvenience caused through errors or omissions.*

*Copies are available from Sedbergh Office Services, Sedbergh Tourist Office,  
Green Door, Premier, Howgills Tea Room, Post Office and Dent Stores.*

<b>COVER PICTURE</b>			
<b>Rash Bridge</b>			
<i>By Ian McPherson</i>			
24 1000	Coffee Morning Beekeepers	URCR	10 1000 SHS PTFA Jumble Sale PH
24 1000	Art Exhibition	SSL	11 1400 WIK Restoration of Historic Gardens PH
25 1000	Art Exhibition	SSL	12 1000 Coffee Morning Christian Aid URCR
26 1000	Art Exhibition	SSL	12 1300 Knitting in The Dales DCMH
27 1000	Art Exhibition	SSL	12 1915 WID Wild Argyll DMH
27 1100	Dentdale Monthly Walk	DMH	12 1930 WIS Silk Road to Samarkand PH
27	Dentdale Show	Dent	13 1200 Lunch Club Red Lion
27	CWT Smardale Weekend	Smardale	15 1000 SHS PTFA Jumble Sale PH
27	Alice in Wonderland (17)	PH	<b>15 Dent Pre-School Jumble Sale DMH</b>
28 1000	Art Exhibition	SSL	17 1900 Chamber of Trade AGM L
28	Dentdale Show	Dent	19 1000 Coffee Morning Garsdale Church URCR
28	CWT Smardale Weekend	Smardale	19 1230 Health Centre Closed for afternoon
29	August Bank Holiday		21 SS Half Term Starts
29 1000	Art Exhibition	SSL	28 0950 Dent Library Van Dent
29	CWT Smardale Weekend	Smardale	28 1930 HVH Domino Drive HVH
30 1000	Art Exhibition	SSL	28 1900 Promises Evening PH
31 1000	Coffee Morning StAS Missionary	URCR	29 1100 Dentdale Monthly Walk DMH
<b>SEPTEMBER</b>			
1 1000	Trees of Life Exhibition (till 11th)	DCMH	30 Clocks go Back
1 1930	WIH Design & Creation of Handbags	HVH	
2 0950	Dent Library Van	Dent	
2 1930	6,000 Miles on a Bike in South America	PH	
6 1400	Spinning Demonstration	DCMH	
7	SS Term Starts		
7 1000	Coffee Morning Dent Foot Chapel	URCR	
8 1200	Lunch Club	Red Lion	
10 1900	Flicks in the Fells (*)	PH	
11 1030	Worship @ People's Hall	PH	
13 1400	WIK The Air Ambulance	PH	
14 1000	Coffee Morning Audio & Large Print	URCR	
14 1915	WID Help for Aids Orphans in Kenya	DMH	
14 1930	WIS Social Evening & Jacobs Join	PH	
18 1100	Quilting Dayschool	DCMH	
18 1400	Harvest with Rev C Harbach	GSC	
19 1900	Chamber of Trade	L	
20 1230	Health Centre Closed for afternoon		
21 1000	Coffee Morning Barnardo's	URCR	
24 1100	Dentdale Monthly Walk	DMH	
24 1930	Encore Opera Group	StAS	
24 1930	Harvest Supper	HJC	
28 1000	Coffee Morning Firbank Church	URCR	
30 0950	Dent Library Van	Dent	
<b>OCTOBER</b>			
1 1900	Flicks in the Fells (*)	PH	
2 1300	Knitting in The Dales	DCMH	
3 1000	Multiple Sclerosis Table Top Sale	PH	
4 1400	Spinning Demonstration	DCMH	
5 1000	Coffee Morning Dentdale Methodist	URCR	
6 1930	WIH AGM	FCH	
8 1000	MS Table Top Sale	PH	
8 2000	Old Tyme Dance	PH	
9 1030	Worship @ People's Hall	PH	

**DIARY KEY**

BF	= Brigflatts
BFD	= Biggarside Farm, Dent
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CHI	= Country Harvest, Ingleton
CO	= Community Office, Main Street
CTiS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC/S	= Dent Methodist Chapel/Schoolroom
FCH	= Firbank Church Hall
FM	= Fairfield Mill
G	= Ghyllas, Cautley Road
GSC	= Garsdale Street, Chapel
GVH	= Garsdale Village Hall
HJC	= Hawes Junction Chapel
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
PH	= People's Hall
SHS	= Settlebeck High School
SLSB	= South Lakeland Society for the Blind
SMC(R)	= Sed. Methodist Church (Room)
StAS/D	= St Andrew's Church, Sedbergh/Dent
STO	= Sedbergh Tourist Office, Main Street
URC(R)	= United Reformed Church (Rooms)
WHC	= White Hart Club
WIB	= Women's Institute, Barbon
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

## PUBLIC INFORMATION

### Sedbergh Medical Practice

015396 20218

015396 20239 24hr Prescription line

### Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm  
(Doors open at 8.15am)

### Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Dent surgery by appointment only - Monday

Evening surgery by appointment only –  
Monday/Tuesday & Thursday evening

*Updated June 2011*

### Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday  
afternoons (By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

### Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make  
appointments for all the above clinics.

See our website [www.sedberghmp.nhs.uk](http://www.sedberghmp.nhs.uk)  
for further details

When we are closed please contact CHOC  
03000 247 247 or 999 if appropriate.

### Collinge Optometrist

Friday only

0900 to 1300 by appointment only.

### DENTAL SURGERY

Finkle Street ☎ 20626

Mr I R Dawson, Ms G Turner & Mr B Houghton

Monday to Thursday 0900 - 1700

Friday (*Time changed 02/11*) 0830 - 1400

Saturday \*

### LIBRARY Main Street ☎ 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

### SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day 1000 - 1700

[www.sedbergh.org.uk/booktown/dlbc.html](http://www.sedbergh.org.uk/booktown/dlbc.html)

### COMMUNITY OFFICE ☎ 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)

[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 01539 738772

[www.cabsouthlakeland.org.uk/kendal.html](http://www.cabsouthlakeland.org.uk/kendal.html)

### PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

### Age UK SL @ Community Office

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

### COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

### POLICE

☎ 0845 33 00 247

### PUBLIC TOILETS

Main Street & Loftus Hill Car Park, Sedbergh

Main Street, Dent

### VETERINARY SURGERY

14 Long Lane

☎ 015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 \*

1400 - 1500 \*

Other times by appointment only \*

MARKET DAY

WEDNESDAY

HALF-DAY CLOSING

THURSDAY