

Sedbergh & District

# LOOKAROUND

September 2011

Issue 292

Donation £1

A continued request for everyone to use the e-mail address at the bottom of this page to assist with production.

The next few *Lookarounds* may be collated and produced by Janice at Sedbergh Office Services so please

submit your adverts (15th) and articles (19th) sooner rather than later. This is due to Dennis undergoing further treatment over the next few months.

*Dennis & Jacky Whicker*

ST JOHN'S CHURCH, GARSDALE

## GARDEN PARTY

Saturday 3rd September



Ingmire Hall  
10am to 4pm

Morning Coffee

Ploughman's Lunch

Afternoon Tea

Stalls ~ Games ~ Raffle



AUDIO & LARGE PRINT LOOKAROUND

## COFFEE MORNING

Wednesday 14th September

10am



URC Rooms

Raffle ~ Cakes

Audio and Large Print versions of Lookaround will be available to order

Flicks in The Feils

To launch our Autumn Season we bring you a remake of a classic film

**Saturday September 10th at the People's Hall at 7.30pm**

## True Grit

Certificate 15

Starring Jeff Bridges, Hailee Steinfeld, Matt Damon & Josh Brolin

Fourteen-year-old Mattie Ross (Hailee Steinfeld) joins an ageing U.S. Marshal (Jeff Bridges) and another lawman (Matt Damon) in tracking her father's killer into hostile Indian territory in Joel and Ethan Coen's adaptation of Charles Portis' original novel.

Sticking more closely to the source material than the 1969 feature adaptation starring Western icon John Wayne, the Coens' True Grit tells the story from the young girl's perspective.

**Tickets** £5 Adults, £3 under 16s, £12 Family available from the Community Office, or on the door

**For further details telephone: 015396 20504 email: flicks@sedbergh.org.uk**

**CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th**

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788  
e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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# SEPTEMBER BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month :-  
Amy Hunter who is 9 years old on 23rd September.

Please collect your vouchers from  
*Sedbergh Office Services*  
13 Kings Yard, Main Street,  
Sedbergh

which can be used in any shop in  
**Sedbergh & Dent.**

Apologies to little Theo Oversby who was listed as being 7 years old last month when he is in fact only 3.



## NONAGENARIANS

We are now including the details of all those aged 90 years and over who wish to have their details included. To do this, we must have the persons permission, the correct Name & Date of Birth and a contact telephone number. Please supply these details and they will appear in the relevant month. Sadly, they will not qualify for the Birthday Voucher!

Day	Name	Age
9	Holly COWIN	1
10	Harry DAWSON	1
10	Joe DANDY	10
21	Isaac BREWER	7
21	Charlotte GARDNER	5
22	Saul JONES	11
23	Fraser SPROUL	8
23	Amy HUNTER	9
25	Thomas DAWSON	2
<b>Nonagenarian &amp; Over</b>		
4	Patience CAPSTICK	92

## PERSONAL & SMALL ADS £1

### COUSINS

Monica and the rest of our family from Suffolk and Jamaica, West Indies, would like to express through this medium our heartfelt thanks and appreciation to the Sedbergh Community for the outpouring of support during the illness and death of our beloved **Ernest**. Dr Chrissie Hunt and staff at Sedbergh Health Centre including Social Worker, Hazel Howoth, District (& Marie Curie) Nurses, Physiotherapist and Carers' Association, along with Helen & Claire (local carers) all played a vital role in making the last few weeks of Ernest's life much easier for us. Especially we want to let Brian Mills-Wood as well as Brian and Dorothy Goad know how much we appreciate their help at a time when we seemed to have been completely confused! Same goes for Janice at Sedbergh Office Services as well. Thank you Revd Vic Hopkins for the many visits, and for helping us through the entire ordeal, and Linda for the lovely flowers. Our thanks also to Canon Fell for accommodating our family and friends permitting them to share in the beautiful service for Ernest at St Andrew's. We are grateful to Mary Hamilton, Deryck Cox and St Andrew's choir who led us with joyful music and singing which was a fitting finale to a life well lived in God's service. Finally to everyone who took the time to celebrate Ernest's life with us on 17 August, and who kindly

made donations of over £400 to the work of St Andrew's Church and Marie Curie Nursing Service we want you to know we are extremely grateful and our prayer is that God's blessings will continue to be with you all, and that "Young men and maidens, old men and children will praise the name of the Lord, for His name alone is exalted; and His splendour is above all the earth and the heavens" (Psalm 148 verses 12 & 13).

=====

### DEVINE

I want to thank everyone at Sedbergh Christian Centre. They meet on Sunday evenings at 5.30 and has different speakers each week. We sing nice worship songs and there is good children's work and Bible study, with refreshments to follow. I have a really nice time there. Also, I really enjoyed helping in the kitchen at holiday club. It was the first time I have done it. Georgina

=====

### DOUGLAS

David, Gladys and family wish to thank everyone for their kindness and support following the tragic loss of Ian. It was very comforting to see so many Sedbergh friends at the Service on Thursday 21st July at St Andrew's Church, Penrith. Many thanks for all the cards and letters and for the Donations which will be given to the British Heart Foundation.

## PERSONAL & SMALL ADS £1

### GARDNER

A belated Happy Birthday to Louis Gardner who was one year old on 17th July. Love and best wishes from Nan and Grandad Gardner and all the family.

=====

### HAILEY

A big thank you to everyone for their cards and words of comfort at the loss of Geoffrey on 20th July. Also for the Donations to McMillan Cancer Care. Special thanks to Brian Goad and Vic Hopkins for the kind words and caring attitude when Geoff died and a wonderful Service at the Church.

=====

### HOGGARTH

In Memory of Brenda Hoggarth who Passed Away on 11th August 2010. Greatly missed. Jim, Sandra, Joyce and Families

=====

### REYNOLDS



Happy 18th Birthday Hannah on 10th September 2011. With lots of love, Mum, Dad, Abbie, Rebecca & Skin XXXX

### REYNOLDS

Happy 18th Birthday to our wonderful Grand-Daughter Hannah Jane. Love from Granjan & Dave, Dado & Marilyn.

=====

### WOOF

Edna would like to thank friends and neighbours for their kindness and sympathy before and after the death of her sister Mary. Also for cards, flowers and donations to Cancer Research UK amounting to £264. Thanks also to Colin Wilson and Rev Vic Hopkins for the Funeral and Thanksgiving Services and to Brian and Dorothy Goad for all the Funeral arrangements.

=====

### FOR SALE

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PERSONAL & SMALL ADS £1

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=====

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=====

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One three-legged Sedbergh Dog. Much loved by many and sadly missed. Please return him, preferably with FOUR legs.

**SEDBERGH**

**HEALTH CENTRE**

will be closed for Training Purposes on the following afternoons:-

- Tuesday 20th September
- Wednesday 19th October
- Thursday 17th November
- No Session in December
- Tuesday 17th January



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## NEWS FROM THE PEWS



George Fraser Woodhouse (1875 - 1957), usually referred to as "Bobby" was a man of many skills; his musical, mechanical and scientific attributes used widely in his service to the church.

Originally from Manchester, "Bobby" Woodhouse was a Science Master at Sedbergh School and has been described as a quiet, lovable man.

My particular interest in "Bobby" is because one of his hobbies was bellringing; an art he practiced for many years at St Andrew's. He taught the boys from the school, even knitting jumpers for the new recruits featuring a church bell in the design. This was a measure of the dedication he showed to his team, (please don't get any ideas present ringers, especially Emma and Rachel our new recruits)! I might explain that bellringers use some very odd terminology, one of the calls we use when ringing methods is "Bob", hence "Bobby's" nickname.

The ringers at St Andrew's hosted a meeting of The Lancashire Association of Bellringers on Saturday 13<sup>th</sup> August. The branch of the Association we belong to is "Furness and South Lakes" and we get together at a different tower every two months to ring and practice different "methods" which is the name

for the "tunes" we ring.

We met earlier in the day than usual this time as we had something very unique on the agenda; the mechanical Ringing Machine designed and made by Bobby Woodhouse was to be demonstrated. Whilst the demonstration was somewhat disappointing due to a lack of expertise the sight and sound of the machine was enchanting. In recent times the boffins at GCHQ, Cheltenham, have marvelled at the machine. It is in need of an engineer's appraisal and a permanent home where it can be seen and admired. Sedbergh would seem to be an obvious choice but we await the outcome of proposals to be put forward in the near future.

Last month I promised to say a little more on work to be done in the bell tower. I am pleased to say we have made a start.

Rooks are very messy tenants in bell towers and as yet have not learned they cannot get into our tower via the louvres to make their nests because of the screens put there solely to keep them out. Every year at nesting time they have a good try at building their nests where for hundreds of years they have succeeded. Twigs and sticks are poked through the mesh screens, which lie behind the stone louvres

### **HARDWOOD LOGS**

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and what a mess they make. Now all is pristine as Andrew Mattinson's team removed all the old screens and the mesh and all the rubbish. There are now new screens and stainless steel mesh, which should stand up to the weather and the sticks being poked at them in the spring. The quantity of sticks that the lads removed from the tower would have made a healthy bonfire. A great result - no mess, and no bats in our belfry either!

The cost of this work will be borne by a generous grant received from the Sedbergh and District Community and Heritage Trust for which we are extremely grateful.

In September the next phase of

work will begin, this time on the bells. The jobs are nothing too onerous, but need to be done by someone who is skilled and knows what they are doing. The team are delighted that a ringer we have known for many years has agreed to do the jobs. Tom is at his happiest during retirement working on church bells. This means the huge costs we originally anticipated will be somewhat reduced. Another skill Tom has is ringing two church bells simultaneously, one in each hand, quite a sight to see, and very useful on occasions!

To be continued....

*Susan Sharrocks/Tony Reed Screen Churchwardens*

## *Cobble Country Property*

I often wonder if anybody goes into a retailer and asks the Manager-

***“How much profit are you going to make if I buy that really nice outfit or piece of furniture that I can see is good value”***

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***“How much will you charge me for selling my house?”***

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## PEOPLE'S HALL

### **Redevelopment**

Things are moving.

We are pleased to report that Davidson Walton one of our fundraising team in collaboration with the Sedbergh Wanderers Football Club has been able to secure enough funding from Sport England, Community Participation and Sportsmatch to redevelop the sports changing facilities. These facilities will principally be used by the Football Club, but will also be available to other outdoor activities such as fell runners, cross country, field sports, etc. Planning has begun to design the layout, gain Building Regulation approval, seek contractors (anyone

interested to contact Dr Barney) in order to start work in the spring. We hope to include in the plans an accessible toilet for the use of mums and children using the play facility.

### **Publicity**

The People's Hall is registered on a number of internet sites giving publicity to the Hall and its events. We are now able to offer a facility to any hirer who would like to publicise their event. We will include any material sent us by email: SPHALL123@gmail.com in our regular updates.

### **Car parking at the Hall**

There have been a number of occasions when organisations not hiring the Hall or not connected with



**Heritage Open Day  
10th Sept  
Free Entry!**

farfieldmill

**Exhibitions**

- ° **Until Sept 18th**  
Local Artist **John Cooke** is exhibiting his recent paintings and drawings. Yorkshire artists **Katharine Holmes** and **Pip Seymour** have their abstract paintings of the dales on display.
- ° **From Sept 24th**  
**Reveal** textile group will be showing an exciting exhibition of mixed media work. **Anne Griffiths** brings her stunning wall hangings based on Alice in Wonderland to Farfield.

**Workshops**

Rag rugging, off loom weaving and creative whitework. Places are still available please phone for more details.

**Heritage Open Day, 10th September**  
**FREE ENTRY 10.30- 5.00**

Alongside all the usual attractions of Farfield Mill, Spellbound Theatre will be performing their new short play based on the stories of Farfields past, there will be a Victorian Crafts and Games room, Tombola and Bran Bucket, and there will be tours of the Mill full of interesting and historical facts. For more information on timings please phone 015396 21858

**Don't forget**  
Free Entry for LA10 residents on Mondays, and free entry to **Weavers Café** all day every day.

[www.farfieldmill.org](http://www.farfieldmill.org) 015396 21958

the Town have used the car park as a meeting/assembly point. This causes difficulties to our hirers. Would anyone noticing an occupation of this type inform a Committee Member please.

#### **Promise's Auction**

The planning for the Promise's Auction on Friday 28 October 2011 is advancing. So far 72 Promises have been received. These include: dinner, bed and breakfast for two at Fayer Garden House luxury hotel, Bowness, a Coronation Street DVD game, a visit to the Eden Ostrich World and a family ticket on the Ullswater steamer. A full prospectus will be included in the October Lookaround (by kind permission of the Editor) and from the usual outlets.

#### **Vandalism at the Hall**

The Committee works very hard to keep this old 1950s building in good repair. This is not helped by vandalism. Three youngsters were found on the roof of the Hall recently. Their names were taken and parents told. A youth was also seen on the front roof. He caused damage to the roof, which caused water to come through the ceiling into the ladies toilet area. He has been identified.

Would any passers-by, who see persons on the Hall roof, please inform a Committee member and/or the Police on 0845-3300247, with names, if possible. We would also ask parents and others to advise their children not to abuse the Hall and its facilities as the Committee will pursue culprits.

#### **DATES FOR YOUR DIARY**

Reminder: **Friday 2 September 2011**

#### **at 7.30pm - A 6,000 mile bicycle ride**

Hugh and Pauline Symonds will describe their bicycle journey.

Admission £5, licensed bar.

#### **Saturday 8 October 2011 at**

**7.30pm** – Dance. Music by Roe Valley band. Jacob's Join, Admission £4.

**Friday 28 October 2011** – Promise's Auction – see above

**Saturday 26 November** – Café Cabaret. More in the October and November editions of Lookaround.

#### **Friday 9 December 2011 at**

**7.30pm** – Holly and the Ivy. A Touring Highlights music and song event, more in November edition of Lookaround. <http://bit.ly/SPHblog>

*Dr Gina Barney, Hon Sec. 20790*

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## **SEDBERGH TOWN BAND**

### **A.G.M. July 2011**

The Town Band's Annual General Meeting was held in the Sedbergh School Band Room on Wednesday 27th July. After the minutes of 2010 were passed as a true record and no matters were arising Chairman Sandra Waters rose to give her report on the events of the previous twelve months. She opened by stating that it had been yet another action packed year with both the Band and the Youth Band going from strength to strength.

She ran through the year starting with the September weekend in Scotland that was a great success. Against the odds she recalled a marquee was erected against a howling gale in the grounds of the Cock Inn at Luce Bay and a concert was given to an audience who had braved the elements. In the evening a quintet drawn from the Band entertained the pub goers and the

following day, Sunday, after a morning spent rehearsing with the Creetown Band a joint concert was given in the afternoon at Gatehouse of Fleet.

The highlight of the year has been the trip in May to Ypres. Visiting the war cemeteries was a great experience with playing at Tyne Cot cemetery with Carole Marsden leading a service particularly memorable. The whole trip was very moving and the Chairman expressed thanks to all who had helped with the organisation.

In addition to the usual engagements (not least a very demanding Christmas schedule) the Band played at the Farfield Mill Victorian Weekend, The British Legion Poppy Appeal, the *Lookaround* 25th Anniversary celebrations the Bowling Club Centenary and the Cautley BBQ. Concerts were also given at the



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**13th September 7.30 pm**

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*Bring water and a mat*

Sandylands/Lions event in Kendal and the Sedbergh Folkfest.

In January the Band played at a service of thanksgiving for the life of Colin Barnett: the £1,100 that was raised in the collection after the service attracted a further £2,400 from grant applications to buy more instruments and equipment for the Youth Band, which now has 25 regular members. One of the grant making bodies, the Cumbrian Community Foundation, was so impressed that they filmed the Youth Band for their promotional DVD.

As well as a slot at several main band concerts, the Youth Band played at Settlebeck before the Westmorland Youth Orchestra's performance, at the school's fete and at the Playgroup's Christmas Fair. In September an eventful day out to Blackpool was organised and in July the weekend away at Brethargh Holt was deemed a great success. The Chairman expressed her thanks to Carole Marsden, Band members and others who made these trips possible.

She continued by reporting that talks have taken place with the Elders from

the United Reformed Church about developing closer links between the two organisations, which will be to the mutual benefit of both.

The only sad news was that after twelve months of valued service the minibus has had to be sold for scrap as its bodywork had deteriorated to the extent that it was unable to pass its MOT. On a happier note the President's Cup for the most improved player was presented to cornet player Toby Weatherill.

Sandra closed her report by thanking Alan Lewis and Tony Crofts for coaching and conducting the Band, Carole and those who support her for running the Youth Band, all committee members and all Band members for making the Band the success that it is.

Treasurer Chris Chambers distributed copies of the Band's accounts and took the meeting through these superbly presented accounts which revealed an impressive turnover, valued acquisitions and a healthy credit situation.

The Bandmaster, Alan Lewis, expressed his satisfaction with the performances and progress of the Band and alluded to his future ambitions to create a Corps of Drums and develop the Band's marching proficiency.

The existing Committee was re-elected in its entirety to serve for another year and it was agreed that the existing subscription level would not change.

*G. R. B.*

### TAI CHI IN SEDBERGH

I am using the term "Tai Chi" loosely here, to refer to the range of Chinese health and martial arts currently taught in this area. An enthusiast could attend up to three weekly classes plus an extra weekend day or half day most months (see, for example, my advert on this page).

Regular weekly classes (all in the URC hall) are:

- Monday mornings resuming September 26<sup>th</sup>, 10.00 to 11.30, Wild Goose Qigong, taught by June Parker (015396 20972)
- Tuesday evenings, 7.30 to 9.00 resuming at the end of September, Tai Chi Qigong taught by Ian McPherson (015396 20648)
- Friday evenings, resuming in November, 7.00 to 8.30, Kung Fu taught by Stuart (07739 490039)

In Chinese medicine, many diseases can be thought of as being

### WILD GOOSE QIGONG DAY COURSES

Dent

Sunday 4<sup>th</sup> September

Sunday 6<sup>th</sup> November

Barbon

Sunday 9<sup>th</sup> October

please telephone

June Parker

015396 20972

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caused by some sort of internal stagnation. Feelings of heaviness, bloatedness, pain in the muscles and joints, excess mucous, constipation, PMT, painful periods (and many more conditions) are basically caused by some sort of "silting up" of the body due to lack of movement. The prevention (and in some cases the remedy) is to enjoy more of the right sort of movement.

There is a difference between movement specifically for health and movement for an ulterior purpose such as gardening, housework or playing football. People often say to me, "I'm on the go all the time, up and down stairs..." as if this would be sufficient exercise for health.

It is not just a simple matter of burning calories. Exercise for health is done with attention to the way the body moves and in particular to good posture. To get a feeling for this, try

the following exercise, suggested by Peter Ralston in his (highly recommended) book “Zen Body Being”

- Stand with the feet parallel, pointing forwards, a little more than shoulder width apart. Feel for the centre of gravity of the body, a little below the navel. Imagine a chain attached there, dropping down between the legs and feet, to a point below the floor and that there is a 1000 pound weight on the end of the chain. Feel the difference this image makes to your posture.

Who amongst us can bring this much attention to the body while simultaneously painting the ceiling?

Back/neck ache?  
Sports injuries?  
Sciatica?  
Repetitive strain?  
Stress/tension  
headaches?

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Josephine Lade LCSP (Phys)

In a Tai Chi or Qigong class you will learn to coordinate movements from the centre of the body so that the whole body moves together. This is a more comfortable and effective way of moving which has a profound effect on health.

In Qigong the movements are designed to benefit the muscles, joints and the organs of the body. One enthusiastic participant of my Wild Goose Qigong class told me she could walk much better on her way home from the class than she could on the way there. The pulsing and circling movements of Wild Goose Qigong are very beneficial for the joints of the legs.

In the autumn Wild Goose class we shall be learning a particular sequence to strengthen the lungs to help prevent colds and coughs in the winter. You could think of this as being a bit like a flu jab – but less painful and more fun.

For more information about classes in Sedbergh, please telephone me or contact the teachers directly. My number is 015396 20972.

*June Parker*

  
*Moving you to better health with the Lebed Method*

Fun, therapeutic exercise & movement to music for men & women of all ages & abilities to improve fitness, range of movement, lymphatic flow, balance & flexibility!

*Autumn Classes re-start the following dates:*

**Thursday 15<sup>th</sup> September 10am**  
Methodist Hall, Sedbergh

**Thursday 8<sup>th</sup> September 6.30pm**  
Barbon Village Hall

**Tuesday 6<sup>th</sup> September 10am**  
The Institute, Kirkby Lonsdale

All classes are gentle to medium activity involving both seated & standing moves but all can be done seated. Wheelchair access in all venues.

**£5 per class.** No commitment needed. Bring Water.

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### BOOKWORM

What I have been reading this month :

*Ode to the Countryside : Poems to celebrate the British Landscape.*  
*Edited by Samuel Carr*

A beautiful poetry collection spanning several centuries and organised in themes eg the seasons - Andrew Marvell's the Mowers; working in the country- Winter by Gerald Manley Hopkins. The accompanying illustrations and pictures are stunning. A lovely 'bedside' book.

*Crimson China by Betsy Tobin*  
( fiction)

February 2004 Morecambe Bay. Betsy Tobin develops a pacey story from account of 1 of the missing cockle pickers whose body is not identified - Wen. He is rescued by would-be suicide - Angie. Lies and untruths are told by all the characters sometimes intended sometimes not and are woven into the narrative. Wen's twin sister arrives in London to find him plus earning a living by teaching Mandarin. The now familiar back story of snake heads( gang

masters) and the terrifying world of violence and exploitation of irregular immigrants unfolds with contrasting interludes of kindness eg by local resident Miriam who lends Wen a bike. Events changing lives - 'sharing the sweet and the bitter'.

*The Maid of Buttermere by Melvyn Bragg* ( historical fiction)

A complex tale of deception set in the Lake District featuring the famed beauty Mary of Buttermere and a man with multiple identities who marries her. The descriptions of the 18th century Cumberland landscape are detailed, captivating and evocative. I found the intricacies of the plot less inviting or easy to follow!

RM Bookworm

## CHRIS BANNISTER

performs the

# MUSIC OF JOHN DENVER

at Sedbergh People's Hall

Friday 16th September 2011

8.00pm (Doors Open at 7.50pm)



**'I love the way Chris captures the true spirit of John's songs, yet delivers them in his own powerful, well-honed style.'**

Steve Weisberg (John Denver's guitarist 1972-78)

**'When Chris sings it's almost like John is back with us again'**

Peter Plantec, Snowmass Colorado  
(Personal friend of John's for over 20 years)

Tickets: £7.00 payable on the door or from  
Sedbergh Office Services alternatively call / text  
07973 802637 to reserve tickets or for information

[www.chrisbannister-musicofjohndenver.com](http://www.chrisbannister-musicofjohndenver.com)

BAR AVAILABLE

**COMMUNITY CENTRE AND  
TOURIST INFORMATION CENTRE**  
*72, Main St, Sedbergh*

Can we say a BIG THANK YOU to everyone who wrote to the Yorkshire Dales National Park to object to it selling the open space adjacent to our Community Centre and the Tourist Information Centre. Members of the YDNP Authority will consider these objections at their meeting on 13th September. As with its last meeting it is a great help to our cause if we can fill the 30 or so visitor seats at this meeting. If you can attend please contact Andi Chapple in the Community Centre who is co-ordinating those who wish to go. At their December meeting the

YDNPA will decide on any bids for 72, Main St that might have been made. It is important that before this as many letters of objection to the sale of the building, other than to the community, are sent to the YDNPA. We need to make sure that the bid from the community is the one which is accepted. So, come October we will be asking you to write again to the YDNPA to object to the sale of the building to anyone else and to encourage them to sell it to us at a reasonable price. Until then you can take a well earned rest but do be ready to write again next month!

Thanks again for your support.

*Sedbergh and District Community  
and Heritage Trust*

# C - Art

**Cumbria Artists Open Studios**  
**17 Sept - 2nd Oct**  
**[www.c-art.org.uk](http://www.c-art.org.uk)**

**Rebecca Callis Porcelain**  
**domestic pottery / print exhibition**  
**7 Loftus Hill, Sedbergh**  
**17/18 & 24/25 Sept 11am - 4pm**  
**[www.rebeccacallis.co.uk](http://www.rebeccacallis.co.uk)**

### **HAYTON & WINKLEY**

are delighted to announce that they are one of the first firms in the country - and currently the only firm in the South Lakes region, to be accredited by the Law Society's Quality Conveyancing Scheme.

The aim of the scheme is to provide clients with the reassurance that those firms accredited will provide the highest level of service – in addition, the Law society wants to create a trusted community of quality firms and deter fraud.

The application process is thorough and requires law practices to undergo strict assessment, training, audits and annual reviews in order to continue to inspire confidence in clients, lenders and the general public. Many buyers and sellers make a decision about which solicitor to use purely based on cost – which can be false economy when it is such an important transaction. Hopefully, the Quality Scheme will boost public awareness of the need to chose legal advisors carefully.

All those firms who achieve the CQS status have shown that they have what it takes to achieve and maintain high professional standards as well as delivering excellent customer service. The scheme has been well received and already has the support of the Council of Mortgage Lenders, Land Registry, the Building Societies Association, Legal Ombudsman and the Association of British Insurers.

Achieving membership is evidence of our ability to meet the stringent requirements of the scheme, based

upon the integrity of our conveyancers, our adherence to good practice management standards and efficient conveyancing procedures. We are already rightly proud of our high service standards and the fact that our conveyancing team has now been recognised by an independent body is encouraging.

In what is already a crowded conveyancing market, the scheme will ensure that the public, lenders and insurers will be able to easily identify CQS practices with the knowledge that the service offered will be of a truly excellent standard.



The Conveyancing Team consists of Amanda Marwood; Kate Seymour; Peter Briggs; Naomi Fell and Zoe Gibson.

**DENT**  
**CHURCH of ENGLAND SCHOOL**  
*Leavers Service*

Dent C of E Primary School held a leavers service on July 22nd at St Andrew's Church. This day celebrated the children's accomplishments and also said a fond farewell to the four year six children who are moving onwards and upwards to the next stage of their education.

The hard work put in by all the children this year was rewarded with certificates in sport, attendance, effort and achievement. Also the Rachel Anna Wilson Trophy for Kindness and Consideration was presented to Harry Brownbill (Y4) and Ellie Jackson (Y6).

The year six leavers had a chance to show off their talents with a beautiful recital on the keyboard by Ellie Jackson and hilarious poetry readings by Liam Middleton, Aaron Capstick and Katelyn Messer. Also they shared their personal experiences of the school and teachers and remembered both the good and bad times, in their own heart-warming speeches.

This was followed by a tribute to each of the four children in turn by Mrs Summers, who spoke about the development of the children into young adults with some humour but a lot of affection.

These children will be a big loss to the primary school, but a substantial gain to their future high schools.

*Laura Mottershead*

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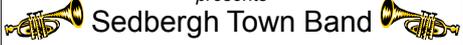
[www.discoverdentdale.co.uk](http://www.discoverdentdale.co.uk)

### FAMILY MUSINGS

Do you do "to do" lists and if you do how much of what you put on them do you ever get around to actually doing in a reasonable length of time? I just ask because I was told recently that the world is divided into people who "do" and people who "do n't" because they spend their time writing lists of things to do and I think that is a load of cobblers as I am quite a busy person AND do "to do" lists, so thinking about this it seemed a good question to ask here.

My family are all busy doing all manner of things, son is training to be a Pastor in the Free Methodist Church, T is working as a nurse, the girls run and work hard in their catering business, the chaps in our lives keep busy too, and probably you and yours are the same. Our garden is producing more flowers and vegetables than it has since my Dad was in charge and slowly the house and more particularly my "clutter" is getting sorted. But of course there will always be more to do.

Our annual holiday was fantastic, great weather, a treat of a night in one of the UK's "Best" B & B's with its slightly eccentric Lady owner, (so, yes I was quite at home!) a lovely meal in their garden a good nights sleep in a comfy bed, not that the bed in the caravan isn't comfy, it is, but a proper bed has certain advantages, I did wake up once in the night wondering why I was not up against the wall, but you get used to anything. We had such a lot of problems before we went away including no motor to pull

ST JOHN THE BAPTIST, GARSDALE  
*presents*  
 Sedbergh Town Band   
**CONCERT**  
Garsdale Church  
**7:30pm**  
**Wednesday 21st September**  
*followed by Supper in GVH*  
Donation £5 ~ Under 16 £1.50

the caravan but Kev saved the day and when we got there it was such a relief and celebration and we were ready for all the blessings & challenges ahead. It was called, "New Wine" the christian conference we went to, nothing to do with wine tasting (my brother thought it was!) but to do with getting close to God, learning more about living for Him and helps for us to try to share our faith in Jesus in a non-threatening way. Which is something everyone can do, you do not have to be a "Rev" or a "Canon" or a whatever-else just an ordinary person in relationship with Jesus.

My family just think they have messed and I do or say something which makes them wonder about me, sometimes I am daftness personified, but hey, it certainly makes life interesting, hubby blames some of the books I read, I suggest it might be the ones I write .. and yes, we are on the way with the collecting of Musings for the much talked about book. Enjoy your books, perhaps in the sunshine with a brew or a glass of wine.

Sarah

### NEW KNEELERS

A large and enthusiastic group has been working hard for most of the year to make new kneelers for Cowgill Church. The old kneelers were made some years ago now by the Cowgill Mother's Union. It was a great exercise in re-cycling as pieces of old carpet were re-used to make individually designed kneelers. These kneelers are now showing their age and need replacing.

The new kneelers will add a fresh splash of colour to our church. Each kneeler is a standard shape, but will be embroidered with individual designs representing scenes from country life, the natural world and Christian symbols. A large number of

these new kneelers have been made and they will be displayed on the backs of the pews so we can enjoy them and see them as we enter and leave the church.

The considerable commitment and amount of work in making these kneelers and organising what has been a community effort will be dedicated to the glory of God on the afternoon of Sunday September 18th at 2.30pm in church. I hope as many as possible from the community will come and enjoy this celebration and see what has been done. The service will be followed by a Jacob's Join Tea. Thank you to everyone who made a kneeler, or in some cases a kneeler or two!  
*Rev. Peter Bowles*

# THE WRITE IDEA

Poetry Events in  
Sedbergh Book Town

**Wed 21 September, 7.30pm, People's Hall**  
**Sixfold Poets from Lancaster £6.50 (£5)**

**Sat 24 September, 10 – 4, People's Hall**  
**Poetry Writing Workshop £12 (£10)**  
**with poet & novelist Kathleen Jones**

**Sun 25 September, 7pm, Duo café**  
**Poetry & Pizza £12.50 including meal**  
**with poet Gerard Benson**

**full details at [www.sedbergh.org.uk](http://www.sedbergh.org.uk)**



LOTTERY FUNDED



## YOGA CLASSES

*"I Can't join a yoga class because I'm too fat"*

or maybe too old, or too stiff, or too busy. I've got a bad back, I've had a hip replacement, I can't sit on the floor with my legs crossed, I'm a man ...

These are just some of the reasons that people give for not trying a yoga class.

Yoga is often misunderstood by many people who, although they have a general feeling it may do them some good, have all sorts of odd ideas about what goes on during a lesson.

May I challenge you to come and find out for yourselves?

I have been teaching yoga for over thirty years and my students are a varied bunch of people. They range in age from 4 to 94 and come in all shapes, colours and sizes. Some have chronic health challenges, MS, arthritis, long term depression, sleep problems .. whilst others are at the peak of their physical condition- members of the 2012 Olympic Judo team based in Kendal.

Classes provide each student, whatever their circumstances, with an opportunity to learn new skills and practices to improve their overall sense of wellbeing and health.

Movements are made slowly and repeated regularly, building familiarity with the demands of the postures, allowing us to tune into our innate structural feedback systems so as to avoid strain and allowing us to monitor our progress towards more freedom, ease of movement, core

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strength and confidence.

All classes are local, friendly, supportive and informal and you work at your own level. I will prompt you to fulfil your potential but will never coerce. Any pushing or forcing in yoga is counter productive, tightening rather than releasing muscle fibre and restricting rather than encouraging freedom of movement around the joints. At a very practical level - if you can't sit on the floor, you can sit in a chair to work.

My qualifications include a Therapeutic Yoga Diploma awarded after a four-year long course with the Yoga Biomedical Trust in London. This means that I can safely adapt all yoga positions to any medical condition that presents itself in class. Occasionally I might recommend one or two private lessons so that I can be sure that when you do join the class you have a thorough understanding of the basic principal of yoga – non-violence and non-competitiveness. Many students feel more confident joining a group once they realise how straightforward the movements are and how good they feel afterwards.

According to the ancient teachings

of yoga, regular practice “reverses the effects of ageing”- wouldn't that be something!

Actually .. from my experience working with students over the past thirty years .. it does just that. Here's How ..

Over time in class, we each rediscover our innate physical, mental and emotional strengths. When this re awakening starts to happen it sets up a chain of positive effects .. our confidence improves, we become less isolated and introspective, our balance and posture improve, our digestive systems work better, our appetite improves and we become less attracted to food that is unsuitable for us and more attracted

to food that helps to maintain our strength and vitality, our energy levels improve and, for those of us 'too busy to learn to relax' .. time begins to expand as we stop rushing around, finding that we are able to prioritise better and let go of many of the worries and anxieties that eat into our time and energy.

Please don't just take my word for any of this (students are always encouraged to question and challenge in yoga tradition). Instead, come and find out for yourself.

For more information, testimonials from students and information about classes and workshops either visit my website [www.lauraclareyoga.co.uk](http://www.lauraclareyoga.co.uk) or phone 015396 25572

## YOGA CLASSES

### **New classes with Laura**

Yoga combines a series of simple movements allowing tension in the mind and body to be released spontaneously.

The benefits of the practice, over time include strength, poise, vitality and peace of mind.

Laura is a highly qualified and experienced teacher and her classes are suitable for people of all ages and abilities.

For more information please phone  
Laura Clare 015396 25572  
[www.lauraclareyoga.co.uk](http://www.lauraclareyoga.co.uk)



## **K-SET**

An Afternoon at Broad Raine Weir

**Saturday 24 September**

2 - 4.30pm

part of the Greenbuild Festival

An invitation to come and see the fish trap and proposed site for hydro turbine as well as a wood pellet boiler in action.

In attendance will be representatives from the Environment Agency, fishing groups and Spaans Babcock, hydro engineers.



### **SEDBERGH LADIES N.F.U.**

On a cool but dry evening of Tuesday 21st June twenty six members and friends travelled by cars to the Lakeland Horticultural Society Gardens at Holehird, Windermere.

We were met by our guide who firstly gave us a short talk about Holehird and then we wandered around the walled garden, and then around the paths of the upper gardens and glasshouses. The colours of the flowers, trees and shrubs were magnificent.

I'm sure most of us will be going again as you could spend a whole day there if you wanted to see it all. The President thanked our guide for a lovely evening, after which we all made our way back to Wilfs Café at Stavely for a meal which everyone thoroughly enjoyed.

Our next meeting is on September 20th which is the AGM and Jacobs Join supper followed by Lucy Sandys-Clarke talking about her life as a Blacksmith.

Any new members or visitors will be most welcome.

### **MARK'S GOSPEL**

After nearly 2,000 years the Bible still has the power to transform lives, and in order to encourage people to read it more, churches nationwide have introduced "Biblefresh" this year. Why 2011? – because it commemorates 400 years since the first printing of the King James (Authorised) version of the Bible in English.

As part of the Biblefresh initiative Sedbergh Methodist Church, together with friends from other churches and of no church at all, will be giving three performances of Mark's Gospel, fully dramatised, over the weekend of 14th to 16th October.

Rehearsals are well under way, though at this time we are still short of a few cast members, but some of us are discovering afresh for ourselves the wonderful power of God's word.

We very much hope that our performances will encourage, inspire and excite audiences with the gospel message and further details of the production will be in the next Lookaround.

*Angela Weir*

### **GARSDALE CHURCH**

*St John the Baptist Church, Garsdale*

Thank you to everyone who has supported the St John the Baptist Church renovation fundraising efforts over the past several years. Major renovation work, partly funded by English Heritage, has resulted in a new underfelted roof and interior plasterwork. The renovation process was not without problems, partly due to inclement weather conditions at the time. Further challenges remain, including restoration of the bells and improvement of the heating system.

The removal of a small number of pews has helped to create a less cramped, more spacious interior in which to hold community events and

concerts, in addition to regular services.

We are very grateful to Sedbergh Town Band for offering to play an inaugural concert in the renovated church building on Wednesday September 21st at 7.30pm, with supper to follow in the Village Hall. We hope that the concert will raise funds for continuing restoration, and that adult members of the audience will be willing to donate £5 for concert including supper (under 16s £1.50).

We hope that you will bring family and friends along and enjoy the evening with us.

*Bill Mawdsley  
and Mary Grant,  
Churchwardens*

## **Encore Opera Group**

7.30 pm

**Saturday September 24th**

St Andrew's Church, Sedbergh

Tickets available on the door or in advance on 015396 21081

Adults £7.00, Under 18 free

Encore Opera Group have been performing concerts of a high standard throughout Cumbria and Lancashire since 1992. They bring their own special magic to each concert whilst performing excerpts from the world's most famous operas.

A night not to be missed!

Further details and information available on the Web Site

[www.encoreopera.co.uk](http://www.encoreopera.co.uk)



From left to right, Back Row: - Ray McIlroy, John Brice, James Marczak, Ron Eadington Patrick Reigh, Derek Bamber, Chris Hardman  
Front Row: - Peter Wodeman, Ann Wodeman, Lorna Sherrin, Edith Poon, Naomi Tarr, Karen West, Jessica Hurst, David Chapman.

### **DENT EDUCATIONAL GRANTS**

Students or would-be Students under the age of 25 years are invited to apply for a grant in respect of the academic year 2011-2012.

You must have attended the Dent C of E Primary School or your parents must presently live, full time, in the Parish of Dent with Cowgill.

Grants are made in respect of study at any School, University or Institution of Further or High Education approved for the purpose by the Governors. The money awarded may go towards, for example, rooms, equipment, reasonable travel expenses, field courses and placements essential to the course of study. Governors have the powers of decision under the rules of the Charity.

The Foundation has limited funds this year so the number and size of grants will be decided in early summer when the year's availability of funds is confirmed.

Applications forms can be obtained from the Clerk to the Governors or downloaded from <http://www.dentdale.com/DGSEF>.

[dentdale.com/DGSEF](http://dentdale.com/DGSEF).

**Closing date Friday 23rd September 2011.**

Reply to: The Clerk of the Dent Grammar School Educational Foundation, Oak Cottage, Laning, Dent, LA10 5QJ

E-mail [Helenseabridge@yahoo.co.uk](mailto:Helenseabridge@yahoo.co.uk)

*This entry was omitted by me in error last month along with the LNFU Report on Page 24. Apologies to those concerned. DJW*

### **SEDBERGH UNITED CHARITIES & WIDOWS' HOSPITAL,**

(Reg. No 231058)

The above charity provides grants to post secondary school students attending further education or doing an apprenticeship. The purpose of the grants is to provide money to buy books or tools to help further their careers. The grants are available to anyone under 25 years old who lives in the civil parish of Sedbergh.

Anyone wishing to receive a grant should apply, by Monday 10<sup>th</sup> October, in writing to Mr R.W. Cann, Clerk to SUC&WH, 31 Loftus Hill, Sedbergh, LA10 5RX



## **Malcolm Sedgwick**



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### **SEDBERGH SCHOOL GIRLS FUND**

Are you:

- female?
- aged under 25?
- in education?

If you qualify for these three, and have lived in the parish of Sedbergh, Garsdale or Dent for a minimum of three years, then you can apply to the Sedbergh School Girls' Fund for a small grant towards educational tuition and/or training (including music and sport).

To apply, please write to:

Mr P S Marshall, Honorary Secretary, Sedbergh School Girls' Fund, The Bursary, Sedbergh School, Sedbergh LA10 5RY

Closing date for applications:  
Tuesday 20 September 2011

### **WALK UP WINDER.**



Brownies were given £1 at the end of the summer term and they had to stretch it over the summer holidays.

I decided to do a sponsored walk, starting at Straight Bridge walking up Winder & back to Straight Bridge, a total of 6 miles.

I thought it would be a good idea to split the money between Brownies and Youth Band.

I set off with Gran, Vicky and Mummy. We walked along the river side to Sedbergh, then up past Westwood Books to the fell wall. We stopped for a drink on the seat at the bottom of the fell. We carried on walking round the right handside of the fell. It was a long drag and Vicky kept stepping in all the boggy bits. We kept stopping to admire the view. We walked up the back of Winder to the Trig Point, where we stopped for lunch and to spot places we knew.

After lunch we came straight down the front of Winder which was fun because me and Vicky kept sliding on our bottoms. We walked along the fell wall to the farm gate and down on to Havera road. We played at the park for a bit & then walked back to Straight bridge via the main road. It took us just over 3.5 hours.

I have raised almost £100. Thank you to everyone that sponsored me.

*ABBI WOOF. 8yrs.*

**Paul  
Hoggarth**



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### **SEDBERGH SCHOOL CHORAL SOCIETY**

The new season begins on Monday, 12th September. This year we are singing Bach Cantata - Sleepers, Wake! and the Vivaldi Gloria. We meet in School Chapel at 6.25pm.

We are giving one performance this year in Cartmel Priory on 10th December. Everyone who enjoys singing is very welcome, and do bring along any friends. It will cost the same as last year for the season. Do come and join us.

Please note *the first rehearsal begins at 6:10pm.*

If you need any further information, please contact Mrs. Lesley Alban at The Old Vicarage, behind Sedbergh Primary School, or telephone her on Sedbergh 20233.

### **CARNFORTH & LUNSDALE DIVORCE CARE SUPPORT GROUP** *new course starts 19<sup>th</sup> September*

Are you struggling with the pain of separation or divorce? Are you in a place of loneliness, depression, anger and isolation? These are the normal symptoms of the emotional pain of family breakdown? Perhaps your friends and family around want to help you, but don't know how to.

Are you struggling to come to terms with your situation? We know it seems such a long hard road to recovery!

We are a divorce care support group here to help you. We understand what you are going through.

A new 13 week course is starting on September 19th. We meet on Monday evenings from 7.30pm to

9.15pm in Carnforth at Hunter Street. There is no charge. We have time to discuss and share our experiences and watch dvd based material giving information and advice from Christian family and marriage counsellors, experts in their fields.

You don't have to be a Christian to come, and will find the resources and company helpful in both a practical and emotional way.

To contact us to show an interest, request a leaflet, or just to find out more information on our group:  
Email : [cfdivorcecare@live.co.uk](mailto:cfdivorcecare@live.co.uk) or website <http://www.divorcecare.org> under "find a group" postcode LA5, or Phone Sue Ellershaw 01524 730642

**farfieldmill**

arts and heritage centre, sedbergh

friends of farfield 'fundraising event'

**'Fashion Show'**

presented by Foxy Lady  
Wednesday 28th September  
7:30pm  
People's Hall



*Foxy Lady*  
fashions

Ticket includes a glass of sparkling wine and nibbles!  
Raffle tickets £5+ with great prizes to be won including a Foxy Lady outfit worth £150, meal vouchers, hampers & much more

**Tickets £7.50**

Available from: Farfield Mill, Sedbergh TIC  
and Foxy Lady, Kirkby Lonsdale

Farfield Mill, Garsdale Road, Sedbergh LA10 5LW 015396 21958  
[www.farfieldmill.org](http://www.farfieldmill.org)  
Registered Charity No. 1026293

### BEEKEEPING

*Bees - cursing the weather!*

Yes, 2011 looks more and more like 2007/2008/2009/2010 - a superb spring, with the bees storing huge volumes of honey, only for the weather to change to cool and wet as it has in the last fortnight. The result, as I have mentioned before, is that the bees are then forced to eat their own stored honey to survive. Watch out for bees landing in your garden on wet stones, wet moss, etc. They are gathering water to take back to the hive. We call them 'water bees'- beekeepers know them well and their meaning - to dilute honey to feed themselves and their brood. On a scorchingly hot day, when the hive internal temperature can go dangerously high, they use the water to absorb heat by evaporation, much as we use sweating! You can see large numbers of worker bees at both sides of the main entrance fanning their wings, those on one side removing the warm wet air from inside the hive, and those on the other side blowing fresh cool air into the hive. Honey bees are very good at air conditioning!

Last year my bees were forced to eat 90% of the honey they had stored in spring, so I extracted and bottled a record low crop, as in the previous three years.

Let's hope the weather returns to something more settled to save us going crazy!

The 'crazy' behaviour I mentioned last month has thankfully largely stopped, but I heard only this morning that one of our very best beekeepers

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had a large swarm yesterday- truly crazy at the end of August.

Why crazy? Bees evolved to 'know' that swarms in July, let alone August, are most unlikely to be able to survive the subsequent winter. Also, as most people know, before they swarm they prepare to replace the departing queen with a virgin queen, carefully reared, who must mate if she is going to be any use. She therefore needs drones (male bees) for that mating. But the bees also 'know' that the end of swarming means the end of the need for drones for mating. What happens? Those poor fellows that have done no work all summer are suddenly redundant! And nature is not kind. The worker bees systematically destroy all the drones in the hive, leaving none for virgin queens. You can occasionally see an 'undertaker' bee picking up and carrying away a dead drone corpse to drop somewhere well away from the hive.

So, hope for good weather, and our lovely huge honey crop will still be there to extract and bottle in a couple of weeks, with hopefully a jar for you!

*Malcolm Fraser-Urquhart*

### **YORKSHIRE DALES NATIONAL PARK**

Visitors to the Yorkshire Dales National Park are being asked to lend a hand in looking after the landscape – by taking their rubbish home.

Lazy litter louts are potentially endangering wildlife as well as creating an eyesore, according to the Yorkshire Dales National Park Authority's Head of Ranger Services, Alan Hulme.

"A small minority of people who can't be bothered to clear up after themselves – either because they are too thoughtless or too lazy to take it home – are spoiling this very special landscape for everyone else," he

said.

"They are leaving all sorts of things behind – from disposal barbeques to drinks cans – and they don't seem to realize that it can be harmful to wildlife as well as being unsightly.

"Animals can easily get their heads stuck in discarded food jars and cans and cut themselves on jagged metal edges.

"In addition, glass bottles can start fires in hot weather by magnifying the sun's rays.

"As well as asking visitors to take their rubbish home, we would ask others to report anyone they see leaving rubbish behind to any of our Rangers."

Two Authority Rangers now have

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the power to issue fixed penalty notices to people who leave litter behind and to dog owners who fail to clean up after their pets.

Another problem is caused by Chinese lanterns that are released in the countryside, Alan said.

Newspapers report that Mountain Rescue teams around the country have been called out after sightings of 'distress flares', only to find they are lanterns. There is also the risk that, in dry conditions, they could start fires when they land.

In June Agriculture Minister Jim Paice said people should think twice about using sky lanterns at celebrations because they are causing problems in the countryside.

He said that, after floating for many miles and falling to earth the burnt-out remnants could hurt livestock and litter fields.

Farmers have reported that sheep, cattle and horses are being injured, and in some cases dying, from eating the metal wire frames, which pierce their internal organs. They also report they are being forced to scour fields to pick up the remains of the lanterns.

Malcolm Petyt, the Authority's Member Champion for Recreation Management, said: "These lanterns may seem a fun way of celebrating some happy event, but please think of the possible consequences for other people affected by them."

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### **GARDENING**

As things in the garden begin to look a little tousled and back-end-ish I am always delighted to see the flowers which emerge late in the year popping up out of the soil and looking all fresh and new. My favourite at this time of the year is *Cyclamen hederifolium*, the hardy cyclamen which throws up its marshmallow pink or white flowers before the leaves. *Cyclamen hederifolium* ( or *C. neapolitanum*) thrives in sunshine or under the shade of deciduous trees. I always buy plants when they are in flower, rather than the dry corms which are available for planting in spring, as the latter can be hard to start into growth and are more likely to be dug up by mistake during the growing/weeding season.

Apart from these ready growing corms, this month is a good time to buy and plant corms and bulbs of spring flowering plants. This year I aim to put in some Crocus corms to "naturalise" in a part of the lawn. The species crocus, *C. tomasinianus* seems to grow reliably here, but the flowers are fairly small and slender, and, given our frequently sunless

days in February and March, they do not open to create much of a show, so I shall also plant some of the large flowered varieties, as they usually create a show even when there is no sunshine to open the flowers.

Species Tulips are now much more widely available and I shall look out for some dwarf bulbs for the rockery. *T. humilis* has several named varieties, including 'Persian Pearl' and 'Violacea', which produce pink or rich magenta, yellow centred flowers on short (4ins) stalks. *T. 'Little Beauty'* and *T. 'Little Princess'* are similarly neat. Both have blue/black centres to their flowers, but those of 'Little Beauty' are deep pink, whereas those of 'Little Princess' are dark orange.

We look forward to a beautiful display in Spring, and hope that the resident voles do not find the new bulbs before they have the chance to grow.

*Elaine Horne*

Philip Horner

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## JULY WEATHER

The month started and finished with a dry spell but we did receive 2½ inches of rain. The dry spells were also quite warm with maxima in the upper 70sF. In between it was quite cool at times dropping down to maxima in the high 50sF. We actually had minima below 40F on 2 occasions and several nights in the low 40sF. In the wetter part of the month the pressure dropped quite markedly with a deep depression during the second week for several days. Breezy for most of the month we recorded a maximum gust of 17.7mph.

The dry spells, especially the longer one at the end of the month, produced an increase of activity with the noise of tractors and other machines working in the fields getting in winter fodder. The length of the dry spell meant many managed to get hay thus saving the cost of wrapping of silage. Even clipping was temporarily suspended.

Bird activity has continued to increase around the feeders. They were finishing 3 fat balls per day before I put them on rations! We now seem to be getting more linnets than goldfinch at the niger seed. We had a stunningly marked cock siskin a couple of times. He had obviously just got his new mating plumage. The swallows duly hatched their eggs but the young died within a couple of days. On investigation of the nest my hand was literally covered in thousands of mites!! According to Miriam Rothschild and Theresa Clay,



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in their classic, "Fleas, Flukes and Cuckoos- a study of bird parasites", the swallow mite is one of our most common mites. Obviously there were enough to suck these poor youngsters dry! Red mite is a problem in the chicken sheds at this time of year but a good spray with Jeyes fluid around the perches and corners keeps them under control. Not to be out done the adults swallows built another nest at the other end of the kennel and laid 5 more eggs. Let's hope the adults haven't transferred too many mites across and they are successful this time. Butterflies are still scarce, especially as the buddleia has come into bloom. A few small whites, one peacock and one female small blue were my tally of butterflies this month. Pipisterelles continue to be active but I haven't seen them emerge from a roost yet.



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## **SEDBERGH SCHOOL ARCHIVE & HERITAGE CENTRE**

### *Open Day*

In collaboration with the Heritage Open Days programme and Sedbergh Tourist Information Centre, Sedbergh School Archive and Heritage Centre will host an Open Day on Saturday 10th September. A free tour of the school will leave the Archive and Heritage Centre on Back Lane at 10.30am. This special opportunity will allow visitors to see inside the boarding houses and historic buildings that make Sedbergh so unique as well as hearing about some of Sedbergh School's more interesting secrets!

The Archive and Heritage Centre will be open from 11.30am – 4pm. The collection includes photographs of Sedbergh town and school since the late 1800's as well as a host of artefacts relating the school and it's famous pupils. Where else can you see the graffiti of Wordsworth's son, Will Carling's World Cup Rugby Boot, photographs and building plans of Akay House and illustrations by 'Private Eye' cartoonist Timothy Birdsall all under one roof?

If you cannot visit on the Open Day but would like to visit, the Centre is open to the public on weekday mornings but visits at other times can be arranged. For further details contact the Archivist Katy Iliffe on 015396 22275 or e-mail [ki@sedberghschool.org](mailto:ki@sedberghschool.org).

### OFF TO ITALY ONCE MORE

During the second half of September, twenty-eight of us will be going to spend a week in central Italy. On the past ten visits our groups have stayed not far from Rome, but this time our destination is a spa town in Emilia-Romagna, near the Tuscany border. We shall be flying in to Venice with that breath-taking view of the lagoon as we approach Marco Polo Airport. Then we transfer by coach to the Hotel Serena which will be our base for the week in Riolo Terme.

During the week we shall visit three fascinating Italian cities – Ravenna, Bologna and Florence. Ravenna was the last capital of the Western Roman Empire and it is perhaps most famous for its spectacular Byzantine Mosaics, the best outside Istanbul. People who have seen them ache to gaze on them again. The poet Dante died in this city. Bologna is said to be the “gastronomic capital” of Italy and interestingly has the oldest university in Europe, older even than Oxford and Cambridge. Florence, of course, is well-known as the cradle of The Renaissance. Included in our visit is a tour of each of these cities by a professional guide, and during the evenings before the visits we shall have an introductory talk on each by our visiting lecturer, classical historian, James Green.

Our “country day” will be spent in the beautiful valley of the River Senio, which rises in Tuscany. We shall visit several small and interesting villages, stopping to have our lunch as guests of the Sisters at a Dominican



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Convent. Our trip culminates in Palazzuolo, a small town with a trout-stream in the Tuscan foothills.

Because autumn is the period when the grapes are harvested, a highspot will be an evening visit to a vineyard for a Harvest Supper, with a buffet and samples of the local wine. We shall be entertained by folk musicians and have the chance to socialise with the local people.

Quite a number of members of our party have been learning Italian, so, as well as giving them the chance to practise this in the hotel and the local shops, we shall have one or two sessions in the hotel about Italian Life and Language. As you see, we have a full programme, but there will be plenty of fun also and we look forward to having yet another good time in the beautiful country of Italy. We hope there may be another visit next year.

*George D Handley*

### QUAKER WEEK

The Quaker Week will be from 1st to 8th October and will be held in The Brigflatts Quaker Meeting House will, as usual, be open from 10am until dusk everyday for anyone wishing to visit.

In addition, on Thursday 6th October at 10pm, there will be a Meeting for Worship in the manner of Friends, lasting about half-an-hour . (NB. Our last Thursday evening Meeting for Worship for this year will be on 29th September.)

On Friday 7th October, an Open Discussion Group will tackle the following questions :-

- With recent images of looting and rioting on the streets of Britain, is there a crisis at the heart of young male identity?
- What are Quaker responses to immediate violence?"

Light refreshments will be available.

On Saturday 8th, at 4.0pm, tea and biscuits will be followed by a talk from Professor David Webb, Chair of CND, entitled:- "Why we should scrap Trident." Then there will be time for questions and discussion.

All are welcome

*Valerie Finch*

### WOMEN IN FOCUS

Renowned Staffordshire-based portrait photographer, Derek Tamea, recently journeyed to deepest Cumbria in order to photograph a local young lady for inclusion in his exhibition "Women in Focus".

The collection, which opened in London in 1998. is continually updated and serves to illustrate how the role of women has changed across the years.

Lucy Sandys-Clarke, the young lady blacksmith from Dent, was persuaded to have her photograph taken in her forge in order for it to be displayed in the collection which includes Betty Boothroyd, Helen Sharman, Norma Major, Mary Archer, swimmer Eleanor Simmonds, Tanni Grey-Thompson and Moira Cameron (the first female Beefeater).

The sitters listed above are a small selection out of a total of a hundred and fifty photographs which tour the country. Hopefully the collection will shortly be seen in Cumbria and the Dales.

We are delighted that Lucy agreed to the photo session (thank you Lucy!)  
*Derek Tamea*

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**SEDBERGH AND DISTRICT  
COMMUNITY OFFICE**

The Car Park permits change from last year's green ones to the new red ones on Thursday 1 September. By the time you read this, it may well have already been Thursday 1 September, so if you haven't got your new permit yet, please come in to the office to get it. The price is the same as last year: £35 for a day ticket and £52 for an overnight one.

It's possible that something in last month's Lookaround gave the wrong impression about when Loftus Hill Car Park will close. It's true that the Parish Council's lease is up at the beginning of February next year, but Sedbergh School is allowing the Car

Park to be used until the end of June, and it is on this basis that the Parish Council is selling the permits.

We are always looking for people to volunteer to help with the work of the Community Office, whether staffing the office or helping develop the projects we have on. Perhaps you've finished work and want to keep active; perhaps you've just left education or your children are at school now and you would like to improve your CV while you look for work; perhaps you've just moved here and are looking for a way to get to know the community better – whatever, a few hours a week at the Community Office could be right for you. And it's fun! Drop in or ring us on 20504.

*Andi Chapple,  
Community Office manager*

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**FLICKS IN THE FELLS**

Sedbergh's 'big screen' at the People's Hall starts the new season on 10th September when 'True Grit' will be shown.

If you haven't been before - this is what you can expect: a warm welcome, a bar with wine/beer soft drinks, tea/coffee and biscuits, a chat with other friends who have come along, plenty of leg room, comfortable chairs and if you're on your own - you won't be - many people come unaccompanied - its easy. Check the 'Diary' in the back of the Lookaround for the monthly dates and we look forward to seeing you there.

*'Flicks' committee.*

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### PEPPERPOT CLUB

#### *Summer Pepperpot Party and AGM*

The Pepperpot Club held another successful event on the 28th July at the beautiful home and garden of Tony and Anne Reed Screen. Many members came to the event bringing a wide selection of delicious food for the Jacobs Join, which was thoroughly enjoyed by all.

Emotions were high, as this year saw the retirement of Graham Dalton after fourteen years as Chairman. Graham's time as chair has been invaluable to The Pepperpot club and he will be missed in this role. The members were delighted to elect John Challoner as the new Chairman.

Attendance at events and kind donations, have meant that there has been funding available to help both The Pepperpot Music Makers Orchestra and Sedbergh Orchestra grow this year and be so successful.

A valuable asset to both children and adults alike, The Pepperpot Club gives people the opportunity for both aid and support in learning to play an instrument as an individual or as part of a group, making this a very worthy cause.

A big thank you was expressed, to all who came and brought food but especially to Tony and Anne for their hospitality on this lovely evening.

*Laura Mottershead*

---

### SIGHT ADVICE SOUTH LAKES

*Sedbergh Group for people with sight problems*

The outing to the Barbon Inn this year was very successful with Sandra, Joyce and staff looking after everyone and providing a delicious lunch.

Mary Tallon was congratulated on her 100<sup>th</sup> birthday and presented with a plant. Betty and Sue Harper arranged a very enjoyable raffle after the lunch.

The next meeting will be in September after a short break for the summer holidays. Sue Harper has concocted a quiz for the autumn and we also intend to help the Audio and Large Print Lookaround celebrate their 10<sup>th</sup> anniversary.

All new members will be welcome and transport may be available. Contact 01539 742633 if interested.

### SUMMER EVENING OF MUSIC AND ART

On August 13, there was an excellent turnout for The Summer Evening of Music and Art which was held at Dent Memorial Hall.

This event really showed off the talent in Dent with soprano Helen Winn who gave an outstanding performance beautifully accompanied by teacher, Mary Hamilton on the piano and joined for one piece by the extremely talented Andrew Maynard playing the clarinet. As if this wasn't enough, Rita Corpe also gave two impressive solo piano performances.

Paintings and prints by artist, John Cooke and botanical illustrations by Rita Corpe were on display for

everyone to enjoy, admire and even purchase, whilst they nibbled on nibbles and drank the wine which was kindly provided in the interval.

All in all a thoroughly enjoyable evening, donations from which will go towards a music and art project at Dent School. *Laura Mottershead*

### MEALS ON WHEELS

Twice a week, members of the community receive a hot meal at Lunch time on Tuesday and Thursday delivered to their home. The meals are delivered by drivers of the community that volunteer about 1 hour a month. Drivers are always being sought so if you would like to help, please ring Eileen on 20519.

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### GEOFFREY HAILY

We were very sorry to lose Geoff on 20th July. He had fought his illness for many years.

He loved football. He played for Netherfield years ago and will be remembered by many in Kendal.

He was in the Fire Service when I met him and he really enjoyed the job.

I worked in The Rainbow in Kendal and we were offered the opportunity to go in the Pub trade so we took the chance and have loved every minute.

We had three pubs in Kendal over the years but Carlisle was changing and so were we, so we came to Sedbergh and The Red Lion. Geoff really loved Sedbergh and at first, he

used to do the Quiz on a Thursday night but had to give up as his health failed.

Last year, he suffered from Throat Cancer. He was 63 when he died leaving me, four sons, two daughters and three grandchildren. He will be sadly missed. *Carole Hailey*

### FLU CLINICS

Saturday 1st October 9am – 11am at Sedbergh Medical Practice

Monday 3rd October – 11.30am – 12.30pm at Dent Methodist Church

Saturday 8th October – 9am – 11am at Sedbergh Medical Practice

Saturday 15th October – 9am – 11am at Sedbergh Medical Practice

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Dear Editor,  
Through your newsletter I would like to give a huge thank you to lady, who about 1.15 on Saturday August 6th, stopped her Audi to check that I was OK. I was stopped in my gold Peugeot on the Kendal road. She stood in the rain to phone and make sure that a breakdown service was on its way. Very generous kindness in pouring rain. Thank you so much.

*Brian Appleby (Skipton)*

---

#### **DENT PARISH COUNCIL**

*Gravel from River Dee at Church Bridge, Dent*

Flood water on the playing field and at Church Bridge, Dent, has become a regular event and with the ever increasing shingle bank on the Cowgill side of the bridge, each year presents greater flooding problems. With another autumn and winter on the horizon the Parish Council has applied for a licence from the Environment Agency for the removal of stone from the shingle bank for the purpose of easing flood water this year. It is anticipated that the licence will be issued for the month of September only. The Parish Council's role will be strictly restricted to co-ordinating this work and will not be responsible for damage or injury to any person involved in the collection process.

Anyone in the parish with the appropriate equipment who wishes to take stone from the river at Church Bridge during September should contact Geoffrey Woof on

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#### **SEDBERGH & DISTRICT HISTORY SOCIETY**

The new Winter Programme has been published for Lectures and Presentations in Settlebeck High School and Dent Memorial Hall.

Initial details appear in the Diary which you can put into your Diary. Further details will appear in the relevant months but if you wish more information with respect to the Society, call into the Office at the Community Office at 72 Main Street.

### DENT PRIMARY SCHOOL

A selection of Poems were submitted by the children of Dent School for the April Lookaround, were not used at the time and became overlooked. I will use them as Fillers under the Heading Dent Primary School.

The first one could have been written today!!! *DJW*

#### Now is the time to stop gangs

I have a dream to stop fighting in cities,  
I have a dream to stop people risking lives.  
I have a dream.

Now is the time for the stealing to

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end,

Now is the time for the people to give back things,  
Now is the time for no bad habits,  
Now is the time for the horror to stop,  
Now is the time to turn bad to good.

Now is the time to stop,  
Now is the time to be normal,  
Now is the time not to be mental,  
Now is the time to stop taking drugs.

Now is the time to stop gangs from stabbing innocent people,  
Now is the time to stop racial gangs from having fights,  
Now is the time to give gangs a place to go

Now is the time to get drugs off the gangs,

Now is the time to stop gangs altogether.

*Katelyn Messer  
Aaron Capstick  
Ellie Jackson  
Liam Middleton  
All Year 6*

### SPRINT TRIATHLON

On Saturday 25th September, I am taking part in a Sprint Triathlon in Kendal (I have never done one before!) and I have decided to raise money for Cancer Research.

The distances are:- Swim 500m; Cycle 17km; Run 5km so I'm sure I'll be exhausted at the end.

I would be very grateful for any donations so please take a look at my page at <http://www.justgiving.com/Linda-Greensmith>

**DENTDALE  
CHRISTIAN FELLOWSHIP**

What a wonderful time we shared in July when Tim Gardener shared his testimony and his wife Shiela brought along her key board and played for the singing. In Sept we plan to meet twice, an extra night to hear what the young people have to tell us about going to Soul Survivor the Christian Conference for young people and how God has blessed and challenged them and then the usual eve later in the month. Just give us a call and we'll tell you the dates. All welcome to join us. recently we donated a bag of goodies for the youngsters to take to SS and "paid for" the hire of the Bouncy Castle at the Dent Gala as

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well as helping here and there. Can we help you? Would getting together for a chat or a chat and a coffee help you? Would you appreciate someone to pray for you? Contact details; John & Sarah Woof Dent 25212.

**SEDBERGH BADMINTON CLUB**

The new season gets underway on Monday 12 September at 7.30pm at Sedbergh School Sports Hall Juniors 7.30 – 8.30pm, Adults 7.30 – 9.30pm

New members very welcome  
Club AGM Monday 19<sup>th</sup> September at 8.30pm in SS Sports Hall.  
For further details, please ring David 0781 643 7500

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**TOUR OF BRITAIN RACE**  
 On Monday 12th September, the second stage of the Tour of Britain Race will start in Kendal at 1030. It will travel along the A685 to Grayrigg then go south down Firbank, left onto A684 to Toll Bar junction arriving about **1104**, then south again on the A683 to Kirkby Lonsdale.  
 It will then continue south via Wennington, Caton, Grizedale, Bank Farm, Longridge, Broughton, Poulton Le Fylde and ending in Blackpool from 1337.  
 Further information and details are available on their Web Site at [www.tourofbritain.com](http://www.tourofbritain.com).

**Dear Sir,**  
 By Closing Loftus Hill Car Park, Sedbergh School will be withdrawing from the local community a very considerable benefit. We hop the Charity Commission will take this into account when considering the School's charitable status.  
 Yours Faithfully *Joyce & John Bird*

**SEDBERGH SWIMMING CLUB**  
 The Session Times for the Club at the Pool are as follows:-  
**Junior Lessons:** 6:30 on Tuesday and Thursday.  
**Adult Recreational:** Tuesday 8.00 - 8.30 and Thursday 7.30 - 8.30  
**All Ages:** Saturday 10.00 - 11.00.

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for a little wooden dog once opposite  
 Morphet's garage

Dog warden's taken him away  
 And why he did I cannot say.  
 He did not bark, he did not bite,  
 The' quaint he was a welcome sight.



He raised a smile that piece of wood  
 And on that spot for years he stood.  
 He did no harm, he did not stray;  
 Dog warden's taken him away

**MS TABLE TOP SALE**

On Saturday 1st October, a Table  
 Top Sale will be held in the People's  
 Hall from 9:30am in aid of Multiple  
 Sclerosis.

If anyone has any Bric-a-Brac,  
 Books, Games or Toys, that you no  
 longer want and wish to donate to this  
 worthy cause. Also, if anyone has any  
 spare time in which they can help out  
 on the MS Table or wish to have a  
 Table themselves to raise money for

Christmas, please contact Sandra  
 Longlands on 07815 069394.

**NORTH WEST CANCER  
 RESEARCH FUND**

The Committee sincerely thank all  
 who helped in any way to raise the  
 total of £385, including donations, at  
 the recent Coffee Morning.

Most families are affected at some  
 time by a loved one suffering from  
 cancer. Research finds new  
 treatments which can often cure or  
 prolong life, so funding is very  
 important and we like to do our small  
 part here in Sedbergh. Thank you so  
 much.

*Marjorie Fishwick*  
 Local NWCRF Secretary

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## Adult Education Courses in Sedbergh and Kirkby Lonsdale

Code	Subject	Tutor	Wks	Day	Start	Times	A	B	C	Town
<b>Art, Craft &amp; Design - Workshops &amp; Courses</b>										
1102SED	Atmospheric Painting, Mood & Drama	Frances Winder	1	Sat	29/10/11	10:00-16:00	£28	£23	£12	Sedbergh
1103KBL	Create An Illustrated Letter or Card	Frances Winder	1	Sat	03/12/11	10:00-16:00	£28	£23	£12	Kirkby L'dale
1104SED	Winter Landscapes	Frances Winder	1	Sat	25/02/12	10:00-16:00	£28	£23	£12	Sedbergh
1105SED	Water Painted in Watercolour	Frances Winder	1	Sat	24/03/12	10:00-16:00	£28	£23	£12	Sedbergh
1093SED	Silk Painting Workshop	Caren Threlfall	1	Sat	08/10/11	10:00-16:00	£28	£23	£12	Sedbergh
1091KBL	Textile Wall Art	Caren Threlfall	1	Sat	15/10/11	10:00-16:00	£28	£23	£12	Kirkby L'dale
1037KBL	Handmade Christmas Decorations	Katy Illiffe	1	Sat	19/11/11	10:00-16:00	£28	£23	£12	Kirkby L'dale
1072SED	Felt Handbags	Gill Ferguson	1	Sat	28/01/12	10:00-16:00	£28	£23	£12	Sedbergh
1107KBL	Exploring Waterbased Paint Media	Jill Pemberton	10	Thu	29/09/11	13:00-15:15	£66	£53	£33	Kirkby L'dale
1043KBL	Life Drawing and Portraiture	Judith Davies	12	Tue	20/09/11	19:00-21:00	£108	£94	£72	Kirkby L'dale
1106KBL	Fresh Flowers Around Your Home	Gillian Rowlinson	6	Tue	27/09/11	13:00-15:00	£36	£30	£18	Kirkby L'dale
1054SED	Woodwork for All	Martin Parsons	10	Wed	28/09/11	19:00-21:30	£73	£58	£19	Sedbergh
1092SED	Children & Baby Clothes Made Easy	Caren Threlfall	8	Wed	05/10/11	09:15-11:30	£53	£43	£27	Sedbergh
<b>Computing &amp; Digital Photography</b>										
1062KBL	Computer Taster	Jeremy Ashworth	1	Mon	26/09/11	10:00-12:30	£4	£4	£2	Kirkby L'dale
1064SED	Computer Taster	Chris Wood	1	Wed	21/09/11	13:30-16:00	£4	£4	£2	Sedbergh
1063KBL	Intro to Using a Computer	Jeremy Ashworth	8	Mon	03/10/11	10:00-12:30	£58	£47	£29	Kirkby L'dale
1065SED	Intro to Using a Computer	Chris Wood	8	Wed	05/10/11	13:30-16:00	£58	£47	£29	Sedbergh
1066KBL	Develop Your Computer Skills	Jeremy Ashworth	8	Mon	03/10/11	13:00-15:30	£58	£47	£29	Kirkby L'dale
1059SED	Web Design Using HTML & CSS	Chris Wood	8	Mon	26/09/11	19:00-21:30	£58	£47	£29	Sedbergh
1099SED	Using MS Office Software	Chris Wood	8	Thu	19/01/12	19:00-21:00	£47	£38	£24	Sedbergh
1100SED	Buying and Selling on eBay	Chris Wood	1	Sat	15/10/11	10:00-13:00	£12	£10	£6	Sedbergh
1101SED	Taking Photos for eBay	Chris Wood	1	Sat	15/10/11	13:30-15:30	£8	£7	£4	Sedbergh
1021SED	Exploring Digital Photography	David Barrett	10	Wed	28/09/11	19:00-21:00	£58	£47	£29	Sedbergh
1097KBL	Intro to Digital Cameras	Chris Wood	4	Mon	16/01/12	19:00-21:00	£25	£20	£12	Kirkby L'dale
1098KBL	More about Digital Cameras	Chris Wood	4	Mon	27/02/12	19:00-21:00	£25	£20	£12	Kirkby L'dale
<b>Learn a Language</b>										
1042SED	French - Resurrect your French	Helene Shovlar	12	Tue	20/09/11	15:45-17:15	£53	£43	£27	Sedbergh
1055SED	Italian Beginners	George Handley	10	Tue	27/09/11	19:00-20:30	£44	£36	£22	Sedbergh
1009SED	Italian Improvers	Catherine Bond	12	Thu	22/09/11	10:15-12:15	£70	£57	£35	Sedbergh

1015SED	Italian Continuing (Tue)	George Handley	10	Tue	27/09/11	10:15-12:15	£58	£47	£29	Sedbergh
1016SED	Italian Continuing (Wed)	George Handley	10	Wed	28/09/11	10:15-12:15	£58	£47	£29	Sedbergh
1017KBL	Italian Continuing (KL)	George Handley	10	Thu	29/09/11	19:00-21:00	£58	£47	£29	Kirkby L'dale
1007KBL	Spanish Beginner (KL)	Louise Muir	10	Mon	26/09/11	19:00-21:00	£58	£47	£29	Kirkby L'dale
<b>History, Writing &amp; Poetry</b>										
1034KBL	Find Your Family History	Katy Iliffe	5	Mon	19/09/11	19:00-21:00	£30	£25	£15	Kirkby L'dale
1036KBL	Find the History of Your House	Katy Iliffe	1	Sat	12/11/11	10:00-16:00	£28	£23	£12	Kirkby L'dale
1020SED	Creative Writing	Janni Howker	12	Fri	23/09/11	13:30-15:30	£70	£57	£35	Sedbergh
<b>Healthy Living, Cookery &amp; Understanding Ourselves</b>										
1031SED	Pilates & Stability Ball	Teresa Hill	5	Mon	19/09/11	16:30-17:30	£30	£30	£30	Sedbergh
1032SED	Pilates & Stability Ball	Teresa Hill	5	Mon	19/09/11	17:45-18:45	£30	£30	£30	Sedbergh
1057SED	Yoga Morning Workshop	Deyna Hirst	1	Sat	01/10/11	10:00-13:00	£14	£12	£6	Sedbergh
1056SED	Chinese Way to Winter Health	June Parker	6	Wed	02/11/11	19:00-20:30	£54	£54	£54	Sedbergh
1079SED	Winter Weight Control - Low GI Cooking	David Walton	2	Sat	19/11/11	10:00-16:30	£38	£31	£19	Sedbergh
1077KBL	Understanding Depression - for Carers	David Walton	5	Thu	22/09/11	19:00-21:00	£30	£25	£15	Kirkby L'dale
1078KBL	Understanding Your Depression	David Walton	5	Thu	03/11/11	10:00-12:00	£30	£25	£15	Kirkby L'dale
<b>Our Environment &amp; The Great Outdoors</b>										
1053SED	Carbon Conversations	Charles Whitehead	6	Thu	22/09/11	19:00-21:00	£20	£20	£20	Sedbergh
1073OUT	Hill Farming - 3 Farm Visits	Rosie Dent/Viv Lewis	3	Sat	29/10/11	10:00-14:30	£45	£45	£45	see info
1001OUT	Dry Stone Walling	Oliver Higginbotham	2	Sat	01/10/11	10:00-16:00	£79	£79	£79	nr Sedbergh
1094OUT	Hedgelaying	Oliver Higginbotham	2	Sat	17/03/12	10:00-16:00	£79	£79	£79	nr Sedbergh
1010OUT	Lowland Navigation Day	Tim Deighton	1	Sat	01/10/11	10:00-17:00	£38	£31	£19	Dentdale
1011OUT	Upland Navigation Day	Tim Deighton	1	Sat	15/10/11	10:00-17:00	£38	£31	£19	Dentdale

**Sedbergh CDC**  
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**September Information & Enrolment Sessions**  
 Thursday 15th, Kirkby Lonsdale Institute, 11am - 2pm  
 and Thursday 15th at Sedbergh CDC 6 - 8pm.  
 Discuss courses, talk to tutors, free refreshments

**COUNCILLOR CORNER**

**LOFTUS HILL CAR PARK:**

As a parish we owe much to Sedbergh School, but no more that Sedbergh School owes to the parish. For two or three months my parish colleagues and I have been aware that Sedbergh School did not intend to renew the parish council's lease of Loftus Hill Car Park. Although obviously a matter for concern, in itself this was not entirely surprising. Deliberately when we first heard we did not publicise the matter more than absolutely necessary as we needed greater clarity as to what was intended; hence my reticence in previous articles. Discussions are

“on-going”. No doubt we will all know more after next week's Parish Council meeting. Convenient and plentiful car parking for the town, in the centre of town is clearly essential.

**COLIN HODGSON:**

It was with sadness that I heard the not unexpected news of the death of my long time friend and fellow councillor Colin Hodgson. He was a man born and bred in Ulverston, a man who lived and died serving the community which he so much loved and which so much loved him. With the advent of cabinet local government it was no surprise that it was Colin, the leader of the Conservative Group who SLDC

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councillors entrusted with the new role of Council Leader, even though we were never the largest group. As Finance Portfolioholder I worked along side him for five years. We were faced with many serious problems of which two stand out – Job Evaluation and a central government financial regime rigged against shire districts in general and South Lakeland in particular.

Within his own community the fully restored Hoad Monument, the thing which looks like a lighthouse as you approach Ulverston, will be Colin's fitting memorial. This was a million pound project which he personally lead and continued to lead even when his health was no longer robust. Here in Sedbergh we can thank him for listening to Paul Winn and me when we banged on about Loftus Hill and Joss Lane toilets and car parks. That we were able to make the progress that we did was in part down to the fact that Colin was prepared to listen and to come over to Sedbergh with the entire cabinet and senior officer team on a bitterly cold February day.

**BETTER HIGHWAYS:**

Relaunches and re-enactments are usually cited as evidence of failure. In truth I do not think that is the case with the Better Highways project in Cumbria. The constant need to catch up with last year's winter maintenance had to be the primary concern. Now that is done we can look at the other more run of the mill

work. A key element of the new methodology is the distinction between minor and major schemes. The six severe subsidences between Cross Keys and Rawthey Bridge are, contrary to what some seem to think, well on the county's radar. They are now by far the most serious problem in the Sedbergh and Kirkby Lonsdale division. A resolution will consist of several major county level projects. If you disagree just look at what was done about thirty years ago where the road and river actually meet. In recent years finance has not been so plentiful so it is unlikely that a scheme to match that could even be contemplated, but certainly, that is what is needed.

I am delighted with the progress being made with the Dentdale Community Bus project and delighted to have been able to support it with money from my own county councillor pot.

It will be interesting to see how many of my former National Park colleagues will turn up for our Community Office Open Afternoon on 6 September. In view of their collective aspiration to expand so far into Cumbria a very good attendance should be expected. Anything less will be damning not only of their attitude to Sedbergh but of their whole expansionist agenda.

*Councillor Kevin Lancaster  
015396 20800, 07980 844 695,  
kjlanc@kjlanc.demon.co.uk, Fellgate,  
Dowbiggin, SEDBERGH, LA10 5LS*

### COUNCILLORS' CORNER

*From Cllr Evelyn*

Next June may seem a long time ahead but local councils in the Sedbergh and Kirby Lonsdale area are already planning for the Queen's Diamond Jubilee celebrations. When Queen Victoria celebrated her Diamond Jubilee in 1897 the row of houses on the west of Finkle Street by St Andrew's Church was demolished and the drinking fountain was installed to mark the event at a cost of £1,000. No such plans are in the pipeline this time; events include beacons, village sports, fancy dress parades and community picnics.

Sedbergh will also be celebrating its history on Saturday, September 10th

when it is taking part in the national event called Heritage Open Days. Farfield Mill participates every year and there will be free admission and special events. But this year the town is getting involved as well. The History Society is republishing its Town Walk guide and will be leading walks based on it. At the same time the History Archive will be open all day along with Brigflatts Meeting House. Several shops will be mounting displays on the history of their buildings. Look out for posters and leaflets around the town.

*From Cllr Ian*

Transport, and particularly sustainable transport, is very much on the agenda right now. On the 2nd



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August I attended the inaugural meeting in Grassington of The Dales Integrated Transport Alliance (DITA). This initiative arose from the activities of the Dales and Bowland Community Interest Company and its primary concern is to assist in establishing a network of community transport across the whole of the National Park and the Nidderdale Area of Outstanding Natural Beauty. This includes, of course, Sedbergh, Dent and Garsdale. The network will be established via community "hubs" and Sedbergh has already been marked out as being a contender for this position. The aim will be not only to protect existing services (such as the Dent Saturday bus) but also to roll out

new services which might include such things as lift and car sharing, bicycle hire and a community mini-bus operating as a half-way house between a bus and a taxi. The community office would act as an information and co-ordinating centre providing enquirers with information about all transport options for particular routes and destinations. The other good news is that DITA has just received grants totalling over one million pounds to help to get the scheme underway. Following this meeting I convened a meeting in Sedbergh on 17th August of local representatives, to have a preliminary discussion about the way forward for our area. It is obviously vital that

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6pm - 9pm Restaurant Menu

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**restaurantmenu**  
samplemenuitems

**To start**  
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spiced shallot dressing  
**Smoked Haddock Fishcake**  
fried mackerel, fine bean & a red pepper coulis  
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**Main**  
**Twice Cooked Pork Belly**  
creamy mash potato, roasted shallot & pork jus  
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**Fillet of Cod**  
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local residents and visitors have a significant involvement and investment in these plans as well as the project receiving sound technical advice and assistance to bring the plans to fruition. To this end a major meeting of existing and likely future stakeholders is being held in the Peoples Hall on the 5th September when Councillors, National Park Members, DITA representatives, transport providers and consultants are being invited to attend to examine and discuss possible ways forward. This is an exciting initiative with the likelihood of very positive outcomes for our area. For anyone wishing to know more at this stage I would suggest they visit the DITA website on [www.dalesconnect.net](http://www.dalesconnect.net).

On the 16th August I chaired one of the regular meetings of the Sedbergh Tourism Initiative. Having successfully completed our first project of producing a tourism brochure for Sedbergh and Dentdale we are now considering what to tackle next. One option is to seek to extend to an all-year-round basis the Heritage Open Days which Evelyn refers to above and another option is to start developing Adventure Tourism in the area. This would involve not only encouraging the provision of activity holidays of one sort or another (such as the Dentdale Walking Festival which is already up and running) but also ensuring that information about what is on offer gets out into the wider market place. Included in the broader plan would be the development of more walking and

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cycling routes, and other adventure activities in which locals and visitors could be involved. We are lucky to have a number of people living in the area who are already specialists in this field and we look forward to working with them in the future. We shall be looking at the possibilities in more detail at our next meeting on the 14th October.

Evelyn and I may be contacted at any time on:

*Evelyn Westwood: email [evelyn@markwestwood.co.uk](mailto:evelyn@markwestwood.co.uk) Tel. 015396 20148*

*Ian McPherson: email [ianmcperson24@hotmail.com](mailto:ianmcperson24@hotmail.com) Tel. 015396 20648*

## SEDBERGH WANDERERS FOOTBALL CLUB

On Saturday 13th August, the club played host to a popular Queen Tribute band, Queen II. Tickets had been on sale for 2 months prior to the event but as of the Saturday, we hadn't sold that many so nervousness had set in. However, by the time Queen II had started there were about 70 people in attendance and spirits were high with the majority hitting the dance floor and showing us some moves! Obviously this was still a relatively poor turnout and it was disappointing given the interest and enthusiasm shown by so many people beforehand. We feel that these events are now just not worth the time spent organising and due to the large expense involved in getting these acts up to Sedbergh, we will be hosting no further events of this nature. The running costs involved with the club can top £5000 per year so it is vital that we make the most of fundraisers so we will be concentrating on smaller events in the future that do not have as much expenditure associated with them. Having said that, by the time the disco was in full swing, the hall was packed. It was the busiest disco up there of the last 4 or 5 years so the night, in the end, turned out to be worthwhile with about £650 raised. A quick note of thanks is due to Shaun Gardner and Trevor Winn who gave up their evening to work on the bar and the door respectively and also the Mags, Anj and all at Premier

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*Sedbergh &  
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stores for, yet again, being a selling point for the tickets. We do appreciate all the support given to us and we hope those of you that were there, enjoyed the evening. We have a further 2 events in the pipeline before the calendar year is out so keep your eyes people for details on those. I can also confirm that Ladies Night will now be an annual event so, again, keep a look out for details on next year's over the coming months. Once again, thank you for your continued support, without you, the club could not exist.

*Ben Close  
For and on behalf of Sedbergh  
Wanderers Football Club*

### **DENT PARISH COUNCIL**

Victoria Lepper from Cumbria Highways visited the August meeting to discuss parking restrictions in Dent, and the meeting also discussed the possibility of a new weekly library in the village. A full account of the meeting is contained in the minutes, which are published on [www.dentdale.com](http://www.dentdale.com) (follow the parish council link) and which are obtainable as a hard copy on request from the parish clerk.

#### **Parking Survey**

Prior to the meeting, Victoria Lepper and councillors conducted a walkabout in Dent to look at the options for parking restrictions in Dent village. Two actions were agreed:

1. to mark Dragon Croft at its junction with Flintergill as a 'Keep Clear' area
2. to carry out a public consultation with all the dale's residents over whether the cobbled surface area in Dent should become Restricted Parking Zone.

With parish council help, the consultation document will be delivered to every household in the second or third week in September, after which there will be 21 days to respond. Unfortunately, although funding has been made available for this consultation, none has yet been allocated to carry out the work should the response support it, so it is likely to be some time before any zone could be established.

#### **Saturday Bus**

A recent large-scale development is likely to be good news for the

Saturday bus service. An organisation called the Dales Integrated Transport Alliance (DITA) has been awarded £1.1m of government funding to develop a community transport scheme across the whole of the Dales. They plan to base bus networks on a series of transport hubs, and one of these would be Sedbergh. Each community will then have the opportunity to identify local bus services which meet local demands, and ask to DITA to run them.

This is good news for Dentdale's Saturday bus. Since the parish council intervened in April to save it, passenger numbers and fare revenue have increased considerably, and it now looks like a service that could be run commercially. If this is so, it could become part of this new community transport scheme and continue indefinitely. More details of the DITA project can be found at [www.dalesconnect.net](http://www.dalesconnect.net).

#### **Public Meeting: A Dent Library**

Discussions have been taking place recently about the possibility of having a regular weekly library in



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Dent in the Reading Room. This would replace the present three-weekly visit from the travelling library. A public meeting will be held in the Sedgwick Room at 7.30pm on Wednesday 7<sup>th</sup> September when Bruce Bennison, County Manager of the Library Service Review, will answer questions about the proposals.

#### **Website**

At the July meeting, the council discussed the options for a community website, following Neville Allen's announcement that he was retiring from running [www.dentdale.com](http://www.dentdale.com). However, just before the August meeting, Neville announced that he had decided to postpone his retirement and continue to run the website for the time being. In the light of that, the Council decided to defer any further consideration of the proposal for a Dentdale community website, but expressed support for

the establishment of a such a community-controlled site in the future.

#### **Dispute with HMRC**

As reported in the May Lookaround, the council has been disputing HMRC's claim that it did not submit last year's PAYE summary on time, and this finally led to a tribunal appeal in Leeds at the beginning of August. Although the judge did not allow the appeal, he was sympathetic to the issues for small councils when submitting returns on line, as well as to the efforts made by the then Parish Clerk to complete the process by the deadline. Although the council has had to pay a £400 penalty, hopefully its presentation at the tribunal has defused any further penalties HMRC may have considered imposing.

#### **Road Repairs**

The Council received notice that Cumbria Highways will undertake significant repairs to the Sedbergh to Dent road prior before 30 September 2011, which will involve the road being closed for short periods. Diversion routes will be in operation at short notice to allow the work to be completed.

#### **Next Meeting**

The next parish council meeting will be at 7.30pm on September 5th in the Sedgwick Room, when there will be a public forum at about 8pm. This meeting, like all parish council meetings, will be open to members of the public.

*Jock Cairns, Chair*

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## SEDBERGH PARISH COUNCIL

Our last meeting was at the end of July

### Planning Committee

- There were no objections to planning applications. However comment was passed on the proposed conversion of a barn at Gateside House, Dowbiggin, Sedbergh
- Full details of planning applications and the council's responses can be obtained either from the council office or by application to the clerk. New planning applications can be accessed through the Parish Council Website at <http://www.sedberghparishcouncil.org.uk/>

### Highways

Concern was expressed regarding 'cowboy' drivers in Finkle Street by a member of the public.

### Amenities Committee

Following the takeover of Joss Lane toilets by the Parish Council the promised refurb by SLDC has now taken place. In order to save costs it was agreed that the possibility of the Community Trust running the Toilets would be looked into and in the meantime an appeal against the business rates would be made.

### 72 Main Street

The Council continues to oppose the disposal of the building and land. Parishoners are encouraged to write to the National Park Authority to object to the disposal of the land in front of the building.

### Sedbergh Townscape Initiative

The installation of new street name plates has now commenced and we are very pleased with the favourable comments being received.

### Amenities Committee

Work has continued on the replacement and refurbishment of benches in the Town and also much effort has been put in to the administration of the newly acquired Joss Lane Toilets.

### Car Parks

We are delighted that SLDC have now agreed to transfer Joss Lane Car Park to the Parish Council on a 99 year lease.

Sedbergh School however is terminating the lease on Loftus Hill Car Park at the end of June 2012. The Council is talking to the School



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about possible alternatives, as it is considered that the loss of Loftus Hill car park will further exacerbate parking problems in the town.

#### **Proposed sale of land at Baliol School**

A letter has been received from North Yorkshire County Council consulting on the disposal of land at Baliol School. The land in question comprises all those areas which have been used as sports pitches or formal or informal play areas (the consultation does not relate to any buildings).

The Council understands that this formal consultation is required because the consent of the Secretary of State for Education must be obtained before a local authority is permitted to dispose of such land and that, in reaching his decision, the Secretary of State will have regard to factors such as the level of playing field provision available to other schools within the local area and the extent to which there has been any community use of the land intended to be sold.

This consultation is quite separate to any consideration of the possible development or change of use of the land which would be the subject of normal planning procedures.

The closing date for the submission of comments or representations to North Yorkshire County Council is 7th November.

Whilst it was noted that a statutory public notice of the intended disposal had also appeared in the local press,

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members of the parish council resolved to contact all schools within the town before considering whether any response to the consultation would be appropriate. Members of the public may pass their views on to any Parish Councillor for consideration

#### **The Queens Diamond Jubilee Celebrations**

It was agreed that the official Parish Council Beacon would be registered. This is to be hosted by Cllr Sedgwick

**The next meeting** will be on September 29<sup>th</sup> at 7.30pm at the People's Hall committee room.

Members of the public are welcome and there is always an opportunity usually around 8.30pm for you to participate. The agenda will be posted in the Parish notice board, the Community Office and the Council Website before the meeting.

For any further information please contact the Clerk Colin Robertshaw. (Tel 01539 730597 email [clerk@sedberghparishcouncil.org.uk](mailto:clerk@sedberghparishcouncil.org.uk) or at the Community Office around midday each Wednesday)

**TIM FARRON MP**

I was extremely pleased to receive the formal confirmation of the coalition Government's plans to compensate Mountain Rescue teams for the VAT they have to pay on their equipment and fuel. My colleague Danny Alexander, the Chief Secretary to the Treasury, told me earlier in the year that he was looking into how this could be done. For reasons to do with European Law it appears that the Government cannot simply refund the VAT, as they do with the other emergency services, and so they have decided to make a grant of about £200,000, roughly what they pay the Government in VAT each year, to the teams. I have been

campaigning for action in this area for several years now. The teams are largely funded by donations and it is simply wrong that the Government has been taking 20% of the money that they raise through their hard work by making them pay VAT on all the equipment and fuel that they use. As party spokesman on rural affairs I made it part of the Liberal Democrats Election Manifesto last year that action was taken to sort this out, so it is great to see this commitment turning into action.

However, £200,000 still does not completely cover all the VAT that the teams pay and the funding that English teams receive lags behind the support that teams in Scotland



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receive so we will keep the pressure on to get the amount increased as more money become available in future years. Danny seems to recognise this as he has said that the £200,000 will be the minimum that teams will receive in the future.

The battle for fair treatment of Teaching Assistants by Cumbria County Council continues. All five of the MPs in Cumbria have written to the council complaining about the handling of the council's move to single status for its staff with the resulting reduction in the pay for many teaching assistants across the county. Cumbria was one of the last councils in the country to make this move and seems to have managed to

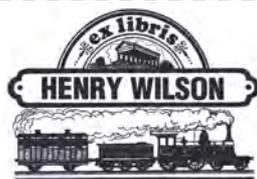
upset more people in the process than any other council. No one denies that the managing of Teaching Assistant's terms and conditions is a particularly challenging aspect of the move to treat all council staff equally, but Cumbria seems to have been particularly inept in the way that they have handled it compared to other councils. I continue to ask them to put everything on hold whilst the process they have followed is reconsidered to see where things have gone wrong.

Finally, on the subject of poor administration, I was alarmed to read the report on the Rural Payments Agency by the National Audits Office. So far this agency has had to pay over half a billion pounds to the EU in fines for failing to apply regulations correctly. In these times of tight public finances we simply cannot afford for this type of waste to continue. However, the more significant concern is the reason why these fines have been imposed, because the agency has failed to do its job properly in providing funding for farmers in their work to protect the environment. This was a disaster under the last Government and we need to ensure that it does not continue to be so under the current one.

As ever if I can help you with any issues then please do get in touch by writing to me, Tim Farron MP, at Acland House, Smokehouse Yard, Stricklandgate, Kendal, LA9 4ND, or by emailing [tim@timfarron.co.uk](mailto:tim@timfarron.co.uk).

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### **SEDBERGH WI**

We were several members short for the August meeting, holidays and Grandparent duties, and a particularly foul evening for venturing out!

We talked about our programme for the rest of the year, our Christmas outing, our book group and ideas for theatre and cinema visits, something for everyone.

Our Walking Group are going to Kirkby Stephen again, with the hope of better weather to do the walk planned for June.

Our Speaker, Jean Scott-Smith gave a fascinating talk about Folklore, Customs and Superstitions of the Lake District. She had so much information that she may well come

back at a later date to tell us more.

Next month we are having a continental Jacob's Join, and members will entertain us with tales from their holidays, visitors are always most welcome.

*Linda Hopkins*

---

### **DENTDALE WI**

The weather report had not been too promising for the day of our Summer Outing but that did not dampen the spirits of the members as we boarded the coach and drove towards Glenridding Pier on Ullswater for the first part of the outing on the steamer SS Raven. In actual fact, the rain which lasted all day didn't get much above a persistent fine drizzle, but it

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*Jenette Hardy & Susan Woof*

would have been so different in sunshine! A group of us hardy types stayed on top deck to watch the brooding mountainous scenery glide by. It was quite beautiful in its own way! The option for some was to go to the end of the lake at Pooley Bridge and there to amble among the gift shops and attractions and have lunch. However, the majority of the party disembarked at Howtown Pier and walked the few yards to Howtown Hotel, where, even at this point there were options! A stalwart quartet clad in wet weather gear walked on to Martindale with strict instructions to be back by 1 o'clock when a gong is sounded in the Hotel calling visitors to the beautifully appointed dining room

for lunch. Yes, they just made it!!! A sort of timeless quality emanates from the efficient service and beautiful surroundings at Howtown and it is easy to relax and enjoy the food and company but they say time and tide wait for no man and in our case it was the early afternoon steamer onwards to Pooley Bridge to meet up with the coach and other members. We were soon on our way to Larch Cottage nurseries where there was a chance to look at the craft in the Red barn then to marvel at the well stocked planting areas. I have to report that Freda Meakin did replace a couple of herbs, but most of us were just looking and eventually gravitated towards the little café

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overlooking the ornamental lake for a cup of tea. Well, this was a WI outing! Meticulously planned and very enjoyable.

The next meeting is in the Memorial Hall on 14th September at 7.15 when the speaker, Christine Wood will be talking about Help for Aids Orphans in Kenya. Visitors always welcome.

*Pat Allen*

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### **KILLINGTON W I**

*The afternoon WI for the entire district*

26th July saw a dozen or so intrepid members and friends loaded up and delivered to the newly restored gardens at Halecat Nursery. This was somewhere I knew of, but had never visited. I knew that it had been a top notch nursery which had declined somewhat in recent years. Now however, it has been given a totally new lease of life, and with loving and expert care is rising like a phoenix

from the ashes! The 'givers of life' are Tom and Abi Attwood, both devoted horticulturalists who are completely redeveloping and extending the garden.

Tom, an enthusiastic young man, with knees that would look good in a kilt, showed us all round the garden explaining their plans, detailing their successes (and occasional failures). As well as seeing lots of lovely plants, we went into the largest poly-tunnel imaginable! This is vital to their enterprise as it keeps the developing plants dry in the winter. He explained that it is not the cold which kills the plants but the wetness. They lost very few specimens in our last harsh winter. (So now I am going to put my Phormium tenax under cover in coming winters. My big plant only just survived the winter. Sadly I notice that those on Sycamore Drive did not).

After our garden tour it was time for two more activities, buying plants and

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eating tea. All the plants sold are grown on site and not 'bought in'. This ensures that they are suitable for our weather and location. None of the items for tea are bought in either!

I came away with some colourful, small hardy ferns which will look good above the pond.

Whenever I go to a garden centre, I am always told by my *better* half, (that should keep him sweet!), 'Don't buy any more plants until you've planted those you've got'!

We are very much looking forward to seeing Tom again when he comes as the speaker at our October meeting. The subject of his illustrated talk will be, "The Restoration of

Historic Gardens". He has a great deal of experience in this field having been in charge of the restoration of those at Rydal Hall, among many others. Thinking that this subject would interest many people, we have made this an Open Meeting, so we do hope that lots of you will come. It will include a super tea. Pop it in your diary now! People's Hall. October 11th. 2-00pm £3.

Our next meeting at the People's Hall will be on September 13th at 2:00pm. Jan Hawkins will talk to us about the Air Ambulance service. You would be warmly welcome at that meeting also. No charge!

*Wendy Fraser-Urquhart*

**SEDBERGH & KIRKBY LONSDALE  
NEIGHBOURHOOD FORUM**

Summary of the meeting held on Tuesday 12th July 2011, at Killington Parish Hall.

Councillor Kevin Lancaster welcomed everyone to the meeting and introduced Councillor Roger Bingham whose electoral division covers Mansergh Parish. Both councillors declared that, as the grant application from AgeUK was being presented by a Conservative party colleague, they would defer the decision on any award to Cllr Stan Collins whose Firbank and Killington parishes are in the Sedbergh & Kirkby Lonsdale Forum area.

**K-SET: Killington Sustainable**

**Energy Trust**

Ian Dawson, chair of K-SET outlined for the forum the history of the company and its work to date.

The non-profit making trust was set up two years ago with seven trustees with the initial aim of helping all households in the parish to reduce their carbon footprint. They produce a regular newsletter and hold open evenings and all dwellings have had a reduction target set. Additional insulation has been added to the lofts of 10 homes and nine people took a course on energy saving techniques and have since been able to put the advice they were given into practice and pass tips on to others. The trust is hoping to provide opportunities for

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local trades people to train in the installation of all types of energy saving equipment and also to offer the facility of low interest loans to households wishing to install new energy efficient equipment.

An interest in generating power for the parish was the logical next step. Wind turbines were quickly ruled out as the obvious option was hydro-power, given the amount of rainfall locally and the three becks running through the area. The aim however is not to supply power direct to dwellings but to send all the electricity generated straight to the National Grid and take the benefit of the feed-in tariffs available. An existing weir and fish counting on the Lune near

the site of the old Broadrairie Mill seemed to be an obvious and ideal location. The preferred method of generating the power is a turbine in the form of an Archimedes Screw, due its efficiency in coping with a low head but large volume of water.

Only a small amount of the water going over the weir (c. 10%) will go through the turbine so there will be no harm to fish or effects on angling.

The project has been phased and the first part, the design study, which includes improvements to the fish ladder as well as the turbine installation, was funded with support from various sources including the Sedbergh & Kirkby Lonsdale Local Area Partnership. Negotiations with

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the Environment Agency on water extraction and licences will largely form the second phase and after that the design will be finalised, the necessary planning application will be submitted and work will be put out to tender. 2013 should see the start of the final phase – construction. The net income is currently estimated in the region of £12-13k per annum, but will depend on the charges levied by the Environment Agency. A similar project at Beetham was reported to have had a number of teething problems but was now generating a substantial income for the Heron Corn Mill.

## **YORKSHIRE DALES NATIONAL**

## **PARK**

Kathryn Beardmore, Director of Park Services, advised the Forum that there had been a number of changes within the Authority in the last 6-9 months. The Authority is funded by Defra and has had a 30% cut in funding spread over the next four years. This has meant a restructure of some roles and an overall reduction in staff, mainly through retirement or voluntary redundancy. Thus, for example, traffic and transport issues are now dealt with by planning rather than separate officers and rangers have taken on education and Rights of Way roles. Maintaining frontline services has been the prime

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Supreme of Pheasant Chasseur in Garlic, Madeira & Bacon Sauce		<b>Menu</b>		Portion of Chips	
<u>Main Courses</u>				Portion of Onion Rings	
Mixed Grill	£14.00			Mixed Side Salad	
Sirloin Steak approx. 8oz uncooked	£13.00			Portion of Mushrooms	
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Cumberland Sausage	£8.50	Breaded Scampi		Extra Toppings 50 pence each	
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Chicken Kiev	£8.50	Stilton & Vegetable Crumble		Garlic Bread	
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		Broccoli & Cream Cheese Bake		Garlic Bread with Cheese	
		Vegetable & Pasta Bake		£4.50	
<i>All the above are served with either homemade chips or boiled potatoes, vegetables of the day and garnish</i>		<i>All the above are served with either homemade chips or boiled potatoes, vegetables of the day and garnish</i>			

focus so there are now also less senior managers overall.

In terms of local projects, a report from Paul Wilkinson, the ranger stated that among other things maintenance on Rights of Way had been carried out in the Sedbergh, Dent and Garsdale areas and east of Sedbergh a number of stiles had been replaced with gates.

A member of the audience asked how the cuts might affect the Authority's ability to cope with any extension to the Park's boundary. Kathryn advised that the Authority was broadly in favour of the extension provided the number of members and the funding were increased

proportionately. However, the final decision rests with Defra and the authority would have to manage any extension even if no additional resources were allocated by Defra. A decision on extending the National Park is at least another two years away.

### CUMBRIA HIGHWAYS

Steve Gibson, Highways Engineer, reported that the Better Highways scheme had led to greatly improved road conditions in the area. The aim was to identify and fix problems before they got to a stage where someone reported the fault. With current budget availability Cumbria's 7,700 km of road would be

completely resurfaced every 11 years and for some types of work budgets are half what they were 15 years ago. £1.4m of funding for pothole repairs has been drawn down from the Government and, although this has to be spent by September, a lot of work can be done with that money in the time available.

Some roads do need larger programmes of work, the A683 round Barbon for example. These will take time to get to the top of the schedule as work is now being programmed for 2012/13 to ensure funding will be available. Inspections are carried out monthly on A class roads, quarterly on B and C class roads and annually on unclassified routes. One pothole

does not constitute a scheme of work which is why they are simply patched with small aggregate. Several potholes and other defects over a certain distance can equal a scheme where more substantial re-surfacing work can be undertaken.

Road closures are avoided wherever possible but, although they can be inconvenient they are often the quickest way and safest to get the work done.

Some queries were raised and answered about specific faults in the area and generally it was reported that efforts are being made to get utility companies to resurface to a higher standard when they complete work but it is a slow process.

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## LOCAL UPDATES

### *Local Area Partnership*

Cllr Lancaster advised that there would be a slight change in future, with SLDC co-ordinating and providing admin for all LAPs, ensuring consistency of support. LAPs would also adopt a more strategic role and work closely with the Neighbourhood Forums to engage community support. LAPs are public meetings and notes of meetings can be viewed at: [www.southlakelandsp.org.uk/local%20area%20partnerships.aspx](http://www.southlakelandsp.org.uk/local%20area%20partnerships.aspx)

### *Police Report*

No CSO (*Police?*) was available to attend the Forum but regular updates are provided through Parish Council meetings. To contact your local officer call 0845 33 00 247

### *Appleby Horse Fair*

Dr Gina Barney reported that Cautley residents were satisfied that this year's arrangements had worked very well and any minor infringements were quickly dealt with. Due to the timing of Easter and Royal Wedding bank holidays (and requests from the Police) the posts and boulders were put out quite early and remained in place for up to 10 weeks which was felt to be much too long. This issue will be considered with all the other feedback by MASCG. Rob Kitchen of SLDC was please to report that the Fair support team in South Lakeland had received a Silver award in the Partnership group of the Local Government awards.

## GRANT APPLICATIONS

AGEUK South Lakeland : Awarded £393

## COMMUNITY NOTICEBOARD

A notice advertising the disposal of the playing field at Balliol School had been spotted in the Gazette – this is on the agenda for discussion at Sedbergh Parish Council.

The next meeting of this Forum will be held in the Autumn, details to follow. In the meantime contact the Area Support Team on 01539 713419.

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### ZRECE YOUTH GROUP VISIT

*August 2011*

A merry band of 13 teenagers aged 13 to 17 and three Leaders (Dave Smith, Susan Garnett and Ben Maunder) arrived relatively unscathed at the Gorenje Youth Centre near Zreče our twin town on Sunday evening 31<sup>st</sup> July. A minor hiccup was the delay at Venice Marco Polo airport immigration while our obviously unfamiliar group passport was passed from official to official of increasing seniority and puzzlement. Fortunately they let us pass. We were delighted to be met by Rosanna and Marietta from the Zreče "primary" school (6 to 14). This was my ninth visit to Zreče since our twinning

charter was signed in May 2005 and as ever our welcome was warm and friendly.

Hot sunny weather was forecast with some thunderstorms at night so the prospects for a week of mainly outdoor pursuits seemed promising. Sure enough the next morning dawned bright and warm. We set off to walk the 7km (downhill fortunately) to Zreče, stopping to hear an accordion player on route amid the haymaking. After some preliminary exploring we headed for the spa, a new experience for the majority of the group. The spa (terme) is at the heart of a "wellness" complex providing all sorts of treatments. There are several pools indoors and out of varying



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temperatures with jacuzzis, water chutes and slides. It seemed a good idea to get our share of accidents out of the way to begin with so, without wasting any time, calamities occurred and two of our number had to visit the clinic and thence the hospital at nearby Slovenske Konjice for treatment requiring stitches in one case and restrictive bandaging for the other. This didn't seem to slow them down at all.



Meanwhile, back in town, Dave and Ben had met with the Zreče teachers again to discuss and plan future exchanges.

Evenings were spent on the outdoor sports pitch or playing table tennis and cards, all very competitively!

We had an early start the next day with a coach trip heading west to visit the Predjama Castle and Postojna caves. The castle was a new venue for me and its dramatic site built into a cliff and series of caves is unique. Legend and mystery abound in this historic site and a fascination with local wildlife, Grendel the grasshopper and Leonard the lizard caused diversions for some. We were intrigued to hear that a previous 15<sup>th</sup> century denizen met his end by being crushed by a large boulder while visiting a place "where even the

sultan must go alone". Thence to the magnificent Postojna caves. This complex is awesome in its size and proliferation of karst features. The dramatic drop in temperature, as we were transported underground by train, from 25°C to 8°C degrees came as a shock to some! This was my 5<sup>th</sup> visit to the caves but never when the contrast was so marked. All were impressed especially by the strange pink salamander proteus known as the "human fish". From there we drove to the capital Ljubljana for some free time exploring and enjoying the very special and calorie-stuffed confections in the cafés. More of Ljubljana seems to be pedestrianised now and a bicycle hire

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scheme similar to "Boris's bikes" in London is in operation.

Wednesday saw the group setting off for a three hour mountain bike ride with Gregor, one of the centre's instructors. The less athletic for various reasons set off on a gentle forest walk which turned out to be more adventurous than intended! After an enormous lunch we headed for Rogla, the nearby ski resort to try the precipitous and very scary toboggan ride there. Several circuits later we repaired to the café for hot chocolate and more cake. Just as well it was in that order!

The following day, hot and sunny again, was spent at, on and in Lake Bled. After a guided tour with Gregor

and his delightful three-year-old daughter we headed for the swimming area. The last time I saw this was in October 2010 when winds and rain lashed the lake and we heard tales of vicious swans and giant fish. Neither of the latter were in evidence, just a perfect setting for water sports of all kinds. Swimming, diving, rowing and zorbing (rolling around on the water in a large transparent ball) kept the party thoroughly occupied for over three hours. This complex even has a lending library with books in all languages and for all ages which can be borrowed for the duration of your visit. Cafés supply all sorts of drinks, ice cream, huge bowls of chips and

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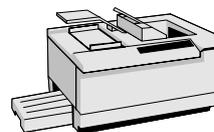
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cake. Perfect! There was time for a short diversion to visit an exhibition showing some of the famous people who had visited Bled in the past. American and British film stars, politicians of all persuasions, royalty including our own had all enjoyed holidays here or indulged in some eccentric health treatments involving steam baths and living in isolated huts. Kill or cure at its best!

The week was flying past and on Friday morning Gregor led another forest walk. Slovenia has very large areas of protected native forest with public access on walking tracks. In the afternoon we headed for the spa again, this time uninterrupted by disaster. Besides all the pools, slides

etc. the complex is surrounded by gardens where swimmers can lounge in the sun. In these sorts of temperatures it is the ideal place to be. We all enjoyed the facilities enormously.

We spent Saturday in and around Celje, originally a Roman settlement around 10 miles from Zreče. There were students in mediaeval costume at Celje castle who introduced our youngsters to archery, armour wearing and fire-eating. The tortuous and unlit climb up inside the tallest tower was accompanied by a sound installation involving deafening booms and crashes the significance of which was not immediately obvious! The tower was the prison of

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a former prince's son who had made an unfortunate marriage and so was confined there for twenty years by his disappointed father. Perhaps there was a connection. Fortunately there was an excellent café at ground level serving the usual and very welcome beverages and cake. We walked down from the castle to the old town of Celje to eat our packed lunch by the riverside forgetting that everything closes at 1300 hours on Saturdays. However that doesn't seem to apply to the ubiquitous McDonalds which must send out invisible rays to draw in the addicted! Happy and well fed we headed for the nearby lake/reservoir Smartinsko where we had the water sports area all to ourselves. Apparently it was too cold at around 27°C for Slovenians. They wait till the temperatures are well into the 30s before they take to the waters. More diving, swimming and zorbing went on and a great time was had by all. On the way back to base we visited the Francolova museum, site of a war-time atrocity, where our guide was our dear friend Zdenka, orchestrator of the original Zreče twinning bid. It is a sobering site and was observed with due reverence and respect by all.

Our last evening was spent packing, discussing the highs (no lows!) of our week and ending with a quiz.

Breakfast next morning included the appearance of a surprise birthday cake, a tasty sponge with a lavish dressing of icing sugar. The remains accompanied us to the airport where the large amounts of white powder

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fortunately went through security unremarked and proved to be very welcome sustenance during our 7 hour wait for the delayed plane!

This visit by a number of young people from Sedbergh was an attempt to replace the very successful student exchange formerly organised by Settlebeck School. We hope that in cooperation with the Zreče school we will be able to continue this valuable project in future years. These friendship links between young people of different nationalities, some of whom have had a very different history to our own, can only be a very valuable exercise in international understanding and surely this is what twinning is all about. It was a great pleasure to get to know the youngsters in our party. They were great ambassadors for Sedbergh.

We were very grateful to receive funding assistance from The Holebird Trust, Sedbergh Parish Council, Sedbergh Community Fund, Sedbergh United Charities, Sedbergh School Local Boys' Fund and the members of the Sedbergh Town Twinning Club.

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### **NATIONAL CHILDREN'S ORCHESTRA**

Well, as they say, you had to be there! Under the **National Children's Orchestra** banner on August 4th in Powell Hall, a huge phalanx of 100 or so musicians all under 14 were giving it fearful stick!

Sensational power, stamina and energy - how the lips of brass and woodwind, and the wrists and fingers of string players did not bleed, driven as hard as they all were is a miracle. Tchaikovsky's Fifth Symphony was given a fizzing, urgent performance, ensemble generally pretty tight, some excellent horn work here, and that headlong enthusiasm did not flag for one moment the whole evening, which, given that in the second half they played a whole range of swaggeringly brash Spanish and South American show-stoppers, that stamina was awesome to behold.

But I really want to showcase the back row: a team of percussionists rotated through a bewildering array of instruments often having to trot between them mid-piece, and for me

they were the best team of young tympanists / percussionists of any age I have heard in years of music-making and music-listening – and I help to run the highly proficient Westmorland Youth Orchestra, so I do know what I was hearing! Unfamiliar instruments, fiendish counting, all played with panache and aplomb.

The evening brought the Sedbergh audience to its feet cheering – and that takes a bit of doing too!

The audience at The Sage on August 6th for which the Sedbergh gig was merely a dress rehearsal, would have had one heck of an evening.

Many people said afterwards how inspiring and charismatic the conductor, Natalia Luis-Bassa, was. As you may know, Natalia is the regular conductor of Lancaster's Haffner Orchestra. If you would like to see her in action again, the next concert is at Lancaster University's Great Hall on Saturday November 26th at 7:30 pm. The programme is:

- Khachaturian from Suite "Masquerade"
- Beethoven Piano Concerto No 5 in E flat major 'Emperor'
- Shostakovich Symphony No 9 in E flat major

The soloist is Luis Parés and the orchestra is lead by Sedbergh resident Julian Cann. There is a pre-concert talk at 6:30 pm. For more information visit the Haffner's website at [www.haffnerorchestra.org](http://www.haffnerorchestra.org), or pick up a blue season's brochure from Sedbergh library.

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There are no auditions and new members are always welcome. All you need is the love of singing so come along and join us.

*Catherine Sugden*

### COMMUNITY OFFICERS REPORT

There have been a number of reports of metal and tools being stolen in the South Lakes area please continue to be vigilant and report any suspicious vehicles etc to the Police on 0845 33 00 247. All valuable items should be locked away and not left in vehicles overnight please ensure all vehicles are locked and secure.

There has been a report of a burglary from a dwelling in the area enquiries are ongoing. Ensure that your property is secure and any keys etc are kept out of sight. We urge people to report anything suspicious to us on 0845 33 00247. If you are interested in joining Neighbourhood watch or Farm watch please contact us on the

below details or register yourself on the Cumbria Community Messaging website.

The problem profile for the Sedbergh area is anti social behaviour at the Peoples Hall in Sedbergh, patrols continue with regular visits to the area at various times. if anyone has any information regarding any problems with antisocial behaviour in this area please contact the Police.

On Friday 22nd July we held a summer end of term BBQ at the cricket Pavilion on the Settlebeck playing fields. This was organized by ourselves and the Monkey House Café youth club as a diversionary activity. The BBQ was supported

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greatly from local business' with burgers and sausages being donated from Steadmans Butchers, Salad etc from Powells, bread buns and puddings etc from JMP foods and cordial from the Spar. This was all greatly appreciated and we would like to pass on our thanks to them. Money was gained from the Police Chief Constables fund which allowed games and any extras to be bought for the evening. We would like to thank Colin and Kirsten Wilson for supplying the BBQ and doing all the cooking and Emma, Matty and Ben who supported the event and helped on the night. Around 30 local youths attended making the BBQ a great success.

Please feel free to contact us on 0845 33 00 247 or email us on rachel.thomas@cumbria.police.uk or karen.dakin@cumbria.police.uk. Or alternatively you can speak to us during our regular drop in surgery at Sedbergh Library at the new time and date of the 3rd Saturday of each month between 10:00 – 12:30 or the first Tuesday of the month between 12:00 and 13:00 at Dent stores. We are also at Gladstone house every

other Friday from 13:00. We would be pleased to meet you all to discuss any issues or simply for a chat. CSO 5206 Karen Dakin and CSO 5245 Rachel Thomas.

**DENT GALA**  
 Full details next month, a HUGE THANK YOU TO EVERYONE who worked so hard to get ready, ran everything, came and took part, kept laughing and enjoying themselves and helped to clear up. THANK YOU ALL.  
 Just wait till you see the new kitchen at the Memorial Hall ..... a lot of THANK YOU's needed there as well.  
*Sarah E Woof (Chair)*

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Foxy Lady of Kirkby Lonsdale will be giving a fashion show at 7-30pm at the People's Hall Sedbergh in aid of Farfield Mill and it promises to be a sparkling occasion. Come and see the latest Autumn and Winter fashions and special outfits for the Christmas and New Year parties you will be attending.

There will be refreshments of sparkling wine, soft drinks and interesting nibbles and a raffle which is different from the norm with Fantastic Prizes to be won, one of which is an outfit from Foxy Lady to the tune of £150.

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### WHERNSIDE FELL RACE

The Annual Race starts at 11 am on Saturday 23rd September from the playing field onto Deepdale road near Conder Farm. Runners then head towards Whernside Manor and go right at the old Chapel to join the craven way up Whernside. About 150 runners are expected. It would be appreciated if local residents could avoid using this stretch of road from 1055 am to 1115 am.

If anyone would like to help Marshal the race, please contact John on 015396 25503 or Paul 015396 25910 thank you for your help and cooperation.

*John Hyde*

*Information on any event like this would be appreciated in Lookaround for the benefit of residents. There are many events that go onto the Fells but they are not known until the day so any advance warning would be appreciated. It only takes a minute to let us know and it costs nothing. Ed*

Oliver Higginbotham

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- Sale, letting and management of all types of rural property including; land, homes, farms and businesses;
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- Preparing and drafting letting agreements for land, farms and houses; providing advice on disputes and reviewing rents;
- Analysing business performance and providing financial reporting;
- Providing professional resources, advice and management for most rural projects including renewable energy.



James has good local knowledge of the area having lived in Wensleydale his whole life. He attended Harper Adams University College, in Shropshire and after graduation he returned to George F White's Bedale office a local firm of chartered surveyors. After a few years James decided he wanted a new challenge and accepted the position at the Auction Mart where he very much looks forward to being able to grow and develop the Property Services sector Hawes Auction Mart now offer.

James can be contacted on 01969 667207 or 07717 884422 or simply drop in to the office to speak to him.

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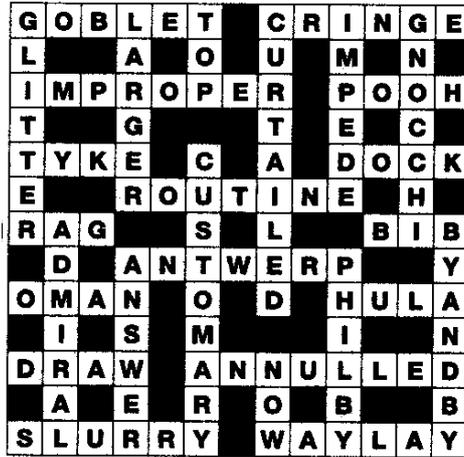
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Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beekeepers Association (S & D)	01/09	Mrs Whitton	015242	72004
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)	01/09	Mr Hinson	Sed:	20118
Caving Club (Kendal)	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/10	Mr Chapple	Sed:	22045
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	01/09	Mr Beck	Sed:	20336
Cricket Club (Dent)	01/09	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	01/09	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	09/10	Mrs Sugden	Dent:	25303
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School (Friends of)	01/09	Mr Hartley	Dent:	25317
Dog Training (Sedbergh)	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/08	Mrs O'Neill	Sed:	21958
Firbank Church Hall *	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders (Dent)	01/09	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	01/09	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	04/10	Mrs Usher	07837	978626
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Garsdale Ladies Group	09/08	Mrs Ramsbottom	Sed:	21013
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers *	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Schoolroom	01/09	Mrs Stainton	Sed:	20665
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050

Kent Lune Trefoil Guild	01/09	Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	01/09	Mrs Escholme	Sed:	20376
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council (Dent)	09/10	Mrs Fletcher	015242	72768
Parish Council (Garsdale)	01/09	Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club (Sedbergh)	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground (Sedbergh)	10/09	Mrs Rice	Sed:	22100
Playgroup (Sedbergh)	01/09	Mrs Gunning	Sed:	20226
Playing Field (Sedbergh)	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group (Sedbergh)	02/09	Mrs Foott	Dent:	25453
Residents Association (S & D)	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	01/09	Mr Axford	Sed:	21019
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Slimming Club	01/09	Mrs Uttley	01539	722568
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)	02/11	Mrs Smith	Dent:	25688
Women's Institute (Howgill)	01/09	Mrs Hoggarth	01539	824683
Women's Institute (Killington)	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute (Sedbergh)	12/10	Mrs Ramsden	Sed:	20828
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	03/09	Mrs Woof	Sed:	21644

\* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,  
please supply details to the Lookaround Office

Regular Events/Meetings			
1000	Every Monday	Free Entry to Locals	FM
1200	Every Monday	The Monday Club	SMCR
1315	Every Monday	Howgill Toddlers	HVH
1930	1st Monday	Dent Parish Council	DMH
1900	3rd Monday	Chamber of Trade	Library
1300	Every Tuesday	Knit & Natter	FM
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1400	1st Tuesday	SL Carers Association	CO
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Group	PH
1930	3rd Tuesday	Ladies NFU	PH
1000	Every Wednesday	Coffee Morning	URCR
1300	Every Wednesday	Art Society	PH
1315	Every Wednesday	Zebras	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday	Brownies (term time)	SMCR
1930	Every Wednesday	Sedbergh Seniors	PH
1000	1st Wednesday	Age UK	CO
1930	1st & 3rd Wednesday	History Society	SHS
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh (Frostrow) WI	PH
1930	1st Thursday	Howgill WI	FCH
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st & 3rd Thursday	Toy Library	PH
1200	2nd Thursday	Lunch Club	Red
1915	2nd Thursday	Royal British Legion	WHC
1930	Last Thursday	Sed. Parish Council	PH
1330	Every Friday	Dent Over 60's	DMH
1930	Every Friday	Monkey House Café	Library



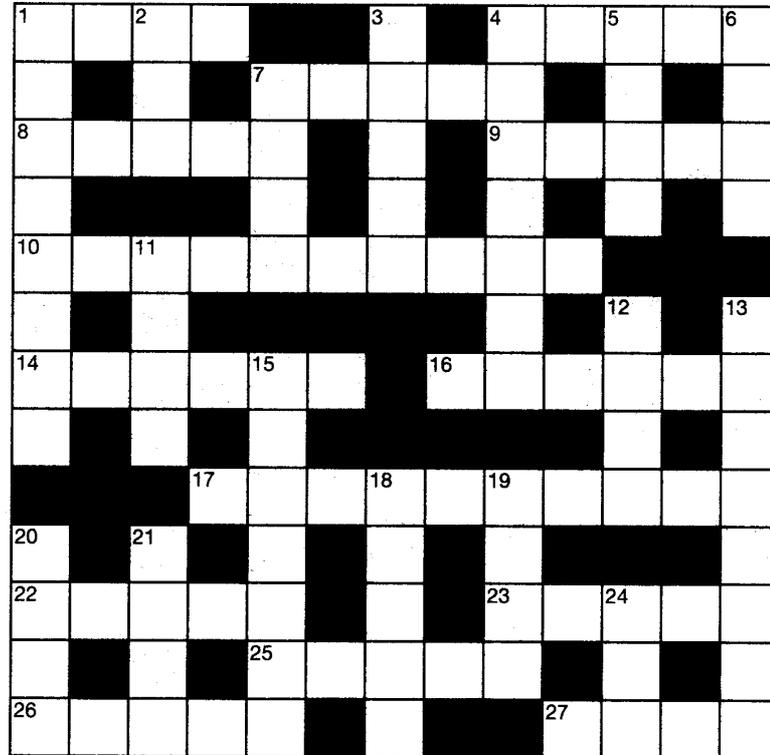
7	2	5	3	6	1	9	4	8
6	3	8	7	4	9	2	1	5
4	1	9	2	8	5	3	6	7
3	7	6	1	9	8	4	5	2
2	8	1	5	3	4	7	9	6
9	5	4	6	2	7	8	3	1
1	9	7	4	5	2	6	8	3
8	6	2	9	1	3	5	7	4
5	4	3	8	7	6	1	2	9

WE'LL SET THE PACE AS FAR AS DEVIL'S BRIDGE. AFTER THAT, THEY'RE ON THEIR OWN.



*The Tour of Britain Cycle Race.  
Sedbergh WI briefly leave the jam-  
making in order to ensure the success of  
this exciting event.*

	2	4	6					
6					8		4	
	3			5		6		
		6				7		
9			7		2			4
		5				2		
		1		9			6	
	4		1					8
					7	4	1	



## ACROSS

- 1 Quartz (4)
- 4 Upward push (5)
- 7 Hissing bird (5)
- 8 Good, genuine (5)
- 9 Legal (5)
- 10 Mediocre (6-4)
- 14 Morsel (6)
- 16 Utter foolishness (6)
- 17 Irish novelist (5, 5)
- 22 Palace pet? (5)
- 23 Fragrant shrub (5)
- 25 Very poor (5)
- 26 Rush (5)
- 27 Road hump to control speed (4)

## DOWN

- 1 Adverse, contrary (8)
- 2 Talk continuously (3)
- 3 Not drunk (5)
- 4 After the event (7)
- 5 Previously (4)
- 6 Bye-bye! (2-2)
- 7 Acquire, obtain (4)
- 11 Appealing (4)
- 12 Bloodthirsty (4)
- 13 Golf competition (5, 3)
- 15 Picture in the mind (7)
- 18 Roof overhang (5)
- 19 Month of the year (4)
- 20 New Testament book (4)
- 21 Vicinity (4)
- 24 Meadow, pasture (3)



### BED & BREAKFAST

Proprietor	Address	Phone (015396)
Miss S Thurlby .....	15 Back Lane, Sedbergh (2011/12) ..... <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail: - wheelwright.cottage@homecall.co.uk	20251
Mrs S Gold-Wood .....	Number Ten Main Street, Sedbergh (2012/02) ..... <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite ...	Bramaskew Farm, Howgill, Sedbergh (2011/09) ..... <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs S Sharrocks .....	Holmecroft; Station Road, Sedbergh (2011/11) ..... <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs J Hope .....	The Old Joinery, Garsdale, Sedbergh (2011/12) ..... <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2011/11) ..... <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360

### CAMPING, CARAVANNING & SELF-CATERING

Mrs R J Garner .....	2 Millthrop, Sedbergh (2012/06)..... <i>Sleeps 4; 1D; 1D (Soda Bed); CH; L; NS; DW; CW</i>	01942 216058 07792 445257
Sycamore Cottage, Lunds, Sedbergh (2011/09) .....	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356
Mrs Durie .....	Crossthwaite, Garsdale, Sedbergh (2011/06) ..... <i>Sleeps 6/7; D, F, T, CH, TVL, P, NS, DW, DR, CW</i>	07900 531043
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2011/11) ..... <i>Self-Catering Sleeps 6-8</i>	20360

### KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom  
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access  
 NS(B) = No Smoking (Bedrooms); NP(\*) = No Pets (\* by arrangement); DW = Dogs Welcome  
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal  
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

## Religious Services in Sedbergh

**CHURCH OF ENGLAND**  
St. Andrew's Parish Church  
Sunday 08.00, 10.30 & 18.30  
Wednesday 11.15

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Tony Reed Screen 21081  
& Susan Sharrocks 20754

**ROMAN CATHOLIC**

St. Andrew's Parish Church  
Sunday 12.00  
Holy Days 19.30

**Rev. Dr. P Campbell Tel: 20918**

**METHODIST CHURCH**

New Street

Sunday 10.30 & 18.30

**Rev. T Widdess Tel: 20329**

**UNITED REFORMED CHURCH**

Main Street

Sunday 10.30

**Rev. C Marsden Tel: 22030**

**SOCIETY OF FRIENDS**

**QUAKERS**

Brigflatts

Sunday 10.30

**Tess & Philip Satchell Tel: 20005**

**UNITARIAN & FREE**

**CHRISTIAN CHAPEL**

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

**Rev. G Jones Tel: 01539 722079**

*Enquiries for the following services,  
please ring the relevant telephone number*

**CHURCH OF ENGLAND**

Firbank; Howgill & Killington  
Cautley & Garsdale

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Cautley: Judith Bush 20058 & Linda Hopkins 21455  
Garsdale: Mary Grant 20573 & Bill Mawdsley 20723  
Dent & Cowgill

**Rev. P Boyles Tel: 25226**

**METHODIST CHURCH**

Dent; Dent Foot;

Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;  
Hawes Junction & Frostrow

**Rev. T Widdess Tel: 20329**

**SEDBERGH CHRISTIAN CENTRE**

5.30 pm People's Hall every Sunday

**Tel: 20588 or 20503**

[www.sedberghchristiancentre.co.uk](http://www.sedberghchristiancentre.co.uk)

**WORSHIP@PEOPLESHELL**

10:30 am Sunday TBA

10:30 am Sunday TBA

**Beth & Sandy Roy Tel: 20785**

*Would you like to know that someone  
is praying for you? Or do you have a  
relative, friend or neighbour in special  
need of prayer? In the Churches, we  
pray every Sunday for this community  
and we should like to hear of any  
special needs. Please ring any of the  
above telephone numbers so that we  
may pray for you and/or others.*

## Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£3.00

All enquiries to  
13 Kings Yard, Sedbergh LA10 5BJ  
Adverts by 15th of every month.

*Can all adverts please be  
accompanied with the correct money  
at the time of submission.*

Articles etc. by 19th of every month  
*Last Price Update August 1999.*

## DIARY OF EVENTS

*Dates are held up to 3rd June 2012*

Entries marked (*) see Advert in previous Lookaround.			
<b>SEPTEMBER</b>			
1	1000	Trees of Life Exhibition (till Oct)	DCMH
1	1900	An evening of Irish Music	NOL
1	1930	WIH Design & Creation of Handbags	HVH
2	0950	Dent Library Van	Dent
2	1930	6,000 Miles on a Bike in S. America (*)	PH
3	1000	CG Garden Party (1)	IH
6	1000	Healthy Steps (15)	KL
6		Open Afternoon	CO & TIC
6	1400	Spinning Demonstration	DCMH
7		SS Term Starts	
7	1000	Coffee Morning Dent Foot Chapel	URCR
8	0800	Westmorland Show	Crooklands
8	1200	Lunch Club	Red Lion
8	1830	Healthy Steps (15)	BVH
9	1930	Torchlight Procession	Kendal
10	1000	Heritage Open Day (10)	FM
10	1000	Heritage Open Day	DCMH
10	1130	SS Archive & Heritage Centre	SSL
10	1300	Victorian Kitchen	DCMH
10	1900	Flicks in the Fells "True Grit" (1)	PH
11	1000	Heritage Open Day	DCMH
11	1030	Worship @ People's Hall	PH
12	1104	Tour of Britain Race	
13	1400	WIK The Air Ambulance	PH
13	1930	Domino Drive	FCH
14	1000	Coffee Morn Audio & Large Print (1)	URCR
14	1915	WID Help for Aids Orphans in Kenya	DMH
14	1930	WIS Social Evening & Jacobs Join	PH
15	1000	Healthy Steps (15)	SMC
16	2000	Music of John Denver (16)	PH
17	1000	C-Art (17)	7 Loftus Hill
18	1100	Quilting Dayschool	DCMH
18	1400	Harvest with Rev C Harbach	GSC
18	1430	Kneelers Dedication	
18	1900	Homespun Fellowship (*)	Rhumes
19	1900	Chamber of Trade	L
19	1930	Harvest Sale	FCH
19	1930	Badminton AGM	SS
20	1230	Health Centre Closed for afternoon	
21	1000	Coffee Morning Barnardo's	URCR
21	1930	The Write Idea (21)	PH
21	1930	Town Band Concert and Supper (20)	StJCG
23	1100	Whernside Fell Race	Dent
24	1000	The Write Idea (21)	PH
24	1100	Dentdale Monthly Walk	DMH
24	1400	In The Garden (*)	Rhumes
24	1400	K-Set Open Day (24)	BRK
24	1930	Encore Opera Group (25)	StAS
24	1930	Harvest Supper	HJC
25	1000	Pathfinder Advanced	DCMH
25	1900	The Write Idea (21)	Duo
28	1000	Coffee Morning Firbank Church	URCR
28	1930	Fashion Show (28)	PH
30	0950	Dent Library Van	Dent
<b>OCTOBER</b>			
1	1000	Quaker Week	BF
1	0900	Flu Clinic	HC
1	0930	Multiple Sclerosis Table Top Sale (43)	PH
1	1000	Trees of Life Exhibition (till Oct 6th)	DCMH
1	1900	Flicks in the Fells (*)	PH
2	1300	Knitting in The Dales	DCMH
3	0900	Flu Clinic	DMC
4	1400	Spinning Demonstration	DCMH
5	1000	Coffee Morning Dentdale Methodist	URCR
5	1930	HS Afghanistan	SHS
6	1930	WIH AGM	FCH
6	1930	Back to the Land Girls	DCMH
7	1930	Open Discussion Group	BF
8	1000	MS Table Top Sale	PH
8	1600	Professor David Webb	BF
8	2000	Old Tyme Dance	PH
9	0900	Flu Clinic	HC
9	1030	Worship @ People's Hall	PH
10	1000	SHS PTFA Jumble Sale	PH
10	1400	Meet a Ranger	DCMH
11	1400	WIK Restoration of Historic Gardens	PH
11	1930	Bingo & Tattie Pie Supper	FCH
12	1000	Coffee Morning Christian Aid	URCR
12	1300	Knitting in The Dales	DCMH
12	1915	WID Wild Argyll	DMH
12	1930	WIS Silk Road to Samarkand	PH
13	1200	Lunch Club	Red Lion
14	tba	Mark's Gospel Dramatisation	SMC
15	0900	Flu Clinic	HC
15	1400	SHS PTFA Jumble Sale (71)	PH
15		Dent Pre-School Jumble Sale	DMH
15	tba	Mark's Gospel Dramatisation	SMC
16	tba	Mark's Gospel Dramatisation	SMC

*The S & D Lookaround is edited, published & distributed monthly by  
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The content of The Lookaround does not reflect the views of the Editors.  
Whilst every effort is made to ensure that information is correct, the Editors cannot  
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Copies are available from Sedbergh Office Services, Sedbergh Tourist Office,  
Green Door, Premier, Howgills Bakery, Post Office and Dent Stores.*

<b>COVER PICTURE</b> Highfield Road <i>By Dennis J Whicker</i>			
17 1900	Chamber of Trade AGM	L	9 1930 Holly and the Ivy PH
19 1000	Coffee Morning Garsdale Church	URCR	10 2000 Old Tyme Dance PH
19 1230	Health Centre Closed for afternoon		11 1030 Worship @ People's Hall PH
19 1930	HS Slides of Dentdale	DMH	12 tba WIS Christmas Dinner tba
21	SS Half Term Starts		13 1200 WIK 70th Birthday Party tba
21 1930	Pie, Pudding & Dominoes	KVH	13 1930 Domino Drive & Mince Pies FCH
23 1900	Homespun Fellowship (*)	Rhumes	14 1915 WID Christmas Party DMH
25 1400	Dry-Stone Walling	DCMH	14 SS Term Ends
26 1400	Children's Storytelling	DCMH	21 1000 Coffee Morning Town Band URCR
28 0950	Dent Library Van	Dent	21 1930 HVH Domino Drive HVH
28 1930	HVH Domino Drive	HVH	23 0950 Dent Library Van Dent
28 1900	Promises Auction	PH	25 Christmas Day
29 1100	Dentdale Monthly Walk	DMH	26 Boxing Day
30	Clocks go Back		27 Public Holiday
			31 1100 Dentdale Monthly Walk DMH
<b>NOVEMBER</b>			
1	SS Half Term Ends		
2 1000	Coffee Morning Town Band	URCR	
2 1930	HS Cemeteries of the Western Front	SHS	
3 1930	WIH Fragrances	HVH	
4 1830	Bonfire Night & Skittles Party	FCH	
6 1030	Worship @ People's Hall	PH	
8 1400	WIK AGM & Desert Island Discs	PH	
8 1930	Domino Drive	FCH	
9 1000	Coffee Morning Sed Bowling Club	URCR	
9 1915	WID AGM & Members Evening	DMH	
9 1930	WIS AGM & Jacobs Join	PH	
10 1200	Lunch Club	Red Lion	
11 1930	Killington Domino Drive	KVH	
11 1930	Town Band Remembrance Concert	URCR	
12 1900	Flicks in the Fells (*)	PH	
16 1930	HS Cumbrians on the move	SHS	
17 1230	Health Centre Closed for afternoon		
18 1930	WIH Domino Drive	HVH	
19 2000	Howgill Church Dance	PH	
21 1900	Chamber of Trade	L	
23 1000	Coffee Morning StAS Bells	URCR	
25 0950	Dent Library Van	Dent	
25 1930	HS Annual Dinner	Bull Hotel	
26 1100	Dentdale Monthly Walk	DMH	
26 2000	Cabaret Evening	PH	
28 tba	Promise Auction	PH	
30	St Andrew's Day		
30 1930	HS Lowther Castle & Gardens	SHS	
<b>DECEMBER</b>			
1 1900	WIH Christmas Party	tba	
2 -	Christmas Tree Festival	SMC	
3 1900	Flicks in the Fells (*)	PH	
4 1030	Worship @ People's Hall	PH	
6 1930	Town Band Christmas Concert	PH	
7 1000	Coffee Morning Ladies NFU	URCR	
7 1800	Late Night Shopping & Santa	Sedbergh	
8 1200	Lunch Club	Red Lion	

<b>DIARY KEY</b>	
BF	= Brigflatts
BFK	= Becksdale Farm, Killington
BRK	= Broad Raine, Killington
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CO	= Community Office, Main Street
CTiS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC/S	= Dent Methodist Chapel/Schoolroom
FCH	= Firbank Church Hall
FM	= Fairfield Mill
GSC	= Garsdale Street, Chapel
GVH	= Garsdale Village Hall
HC	= Health Centre
HJC	= Hawes Junction Chapel
HS	= History Society
HVH	= Howgill Village Hall
IH	= Ingmire Hall
JLCP	= Joss Lane Car Park
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
NOL	= Newbiggin on Lune
PH	= People's Hall
SHS	= Settlebeck High School
SLSB	= South Lakeland Society for the Blind
SMC(R)	= Sed. Methodist Church (Room)
StJCG	= St John's Church, Garsdale
StAS/D	= St Andrew's Church, Sedbergh/Dent
STO	= Sedbergh Tourist Office, Main Street
URC(R)	= United Reformed Church (Rooms)
WHC	= White Hart Club
WIB	= Women's Institute, Barbon
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

## PUBLIC INFORMATION

### Sedbergh Medical Practice

015396 20218

015396 20239 24hr Prescription line

### Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm  
(Doors open at 8.15am)

### Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Dent surgery by appointment only - Monday

Evening surgery by appointment only –  
Monday/Tuesday & Thursday evening

*Updated June 2011*

### Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday  
afternoons (By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

### Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make  
appointments for all the above clinics.

See our website [www.sedberghmp.nhs.uk](http://www.sedberghmp.nhs.uk)  
for further details

When we are closed please contact CHOC  
03000 247 247 or 999 if appropriate.

### Collinge Optometrist

Friday only

0900 to 1300 by appointment only.

### DENTAL SURGERY

Finkle Street & 20626

Mr I R Dawson, Ms G Turner & Mr B Houghton

Monday to Thursday 0900 - 1700

Friday 0830 - 1400

Saturday \*

### LIBRARY Main Street & 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

### SEDBERGH TOURIST OFFICE

Main Street & 20125

Open every day 1000 - 1700

[www.sedbergh.org.uk/booktown/dlbc.html](http://www.sedbergh.org.uk/booktown/dlbc.html)

### COMMUNITY OFFICE & 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)

[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### RURAL CITIZENS ADVICE BUREAU

Kendal Office

& 01539 738772

[www.cabsouthlakeland.org.uk/kendal.html](http://www.cabsouthlakeland.org.uk/kendal.html)

### PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

& 01539 795000 or 0845 6060265

### Age UK SL @ Community Office

1st Wednesday every month

10 am to 12 noon

& 01539 742627

### COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

### POLICE

& 0845 33 00 247

### PUBLIC TOILETS

Main Street & Loftus Hill Car Park, Sedbergh

Main Street, Dent

### VETERINARY SURGERY

14 Long Lane

& 015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 \*

1400 - 1500 \*

Other times by appointment only \*

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY