

Sedbergh & District

LOOKAROUND

December/January

Issue 295

Donation £1

A very Merry Christmas and a Happy, Prosperous but more importantly, a Healthy New Year to you all.

We are back in the driving seat after allowing Jan to perform a miracle for

two months. Without her (warts 'n' all) there would have been no Lookaround so a big thank you to her for everything that she did.

Dennis & Jacky Whicker

**Sedbergh and District Chamber of Trade and Business
presents the 2011 ...**

FAMILY FESTIVE EVENING & LATE NIGHT OPENING WEDNESDAY 7 DECEMBER

6pm: Switch-on of lights by the Gala Queen

Astral Circus . The Dance Atikk . Cautley Carollers. Kinderley
The Fiddling Green Jig Machine . St. Andrew's Bellringers

Come and visit **Santa** – 1.30 - 4pm in URC Rooms (youngest children) and 6 - 8pm in White Rose Café – £1 admission

7.45pm: Raffle prize draw

1st prize: Dinner, Bed & Breakfast for 2 at a Northumbrian Hotel (sponsored by J&G Inns – The Bull Hotel) plus super prizes donated by local businesses, all to be drawn on the night. Tickets £1

Sponsors: The Bath House, Cobble Country, JMP Foodservice, Sedbergh Lookaround, Sedbergh School, Christopher Whelan, D&SJ Wilson (Cautley Garage)

CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788
e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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DECEMBER BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month :-
Tom Fearnhead who is 10 years old on 10th December.
Brenda Luffman who is 9 years old on 16th December.

Please collect your vouchers from

Sedbergh Office Services
13 Kings Yard, Main Street,
Sedbergh

which can be used in any shop in
Sedbergh & Dent.



NONAGENARIANS

We are now including the details of all those aged 90 years and over who wish to have their details included. To do this, we must have the persons permission, the correct Name & Date of Birth and a contact telephone number. Please supply these details and they will appear in the relevant month. Sadly, they will not qualify for the Birthday Voucher!

Day	Name	Age
2	Rhiannon WINDER	7
2	Ryan WINDER	7
2	Elijah JAMES	8
5	Isabel ABBATT	11
4	Benjamin ROBINSON	9
6	Anna AINSCOUGH	6
8	Freddie FALLOWS	8
9	Jack ALDERSON	7
10	Tom FEARNHEAD	10
14	Sophie WALLER	11
16	Tom CAPSTICK	4
16	Ella PRATT	6
16	Sophie GAME	7
16	Brenda LUFFMAN	9
22	Vicky WOOF	5
25	Maddie WALSH	7
27	Haydon COUSINS	4
31	Gracie ROBINSON	7
31	Ewan CANNOM	1
	Nonagenarian & Over	
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JANUARY BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month :-
Rebecca Mason who is 11 years old on 3rd January.

The recipient this month :-
Sam Gorst who is 11 years old on 16th January.

Please collect your vouchers from
Sedbergh Office Services
13 Kings Yard, Main Street,
Sedbergh
which can be used in any shop in
Sedbergh & Dent.



NONAGENARIANS

We are now including the details of all those aged 90 years and over who wish to have their details included. To do this, we must have the persons permission, the correct Name & Date of Birth and a contact telephone number. Please supply these details and they will appear in the relevant month. Sadly, they will not qualify for the Birthday Voucher!

Day	Name	Age
3	Rebecca MASON	11
6	Arnold HODGSON	7
7	Emily WHITE	4
11	Harry BROWNBILL	10
11	Abraham CARNEY	11
13	Elizabeth COWIN	5
16	Charlie COLTON	3
16	Sam GORST	11
19	Joshua DODD	11
19	Jazmin DODD	11
25	Hannah MARSDEN	2
25	Zoe CRAGG	11
	Nonagenarian & Over	

PERSONAL & SMALL ADS £1

ARCHER

Marian and Bill would like to thank Relatives and Friends for their support, cards and tributes following the death of Zena. Particular appreciation for her care to the Sedbergh Health Centre, WGH, RLI and Hillcroft Nursing Home, Carnforth, to Canon A Fell and Reverend V Hopkins for a perfect Service and to Mary Airey for playing the Organ. Grateful thanks too to Brian Goad and his colleagues for their kindness and guidance.

=====

BEGG

Alan Painter and Decorator. I would like to thank all my customers, past and present, for all their loyalty over the years. Unfortunately, due to ill health, I have had to stop working. Also a Merry Christmas to everyone.

=====

BROWN

Congratulations Emma and Matthew on the birth of Jackson Matthew on 1st November. With love from Mum and Dad.



=====

CARTLEDGE

Our Special Friend Donald, wishing you a Happy Birthday on 4th December. Also wishing you a Happy Christmas and New Year. From all the Wilson family and friends from Dent and Sedbergh.

DENT METHODIST CHAPEL

A big thank you to all those people who helped, attended and/or donated to the Dentdale Methodist Chapel Coffee Mornings in Dent and the URC Rooms, Sedbergh.

=====

CHIPPY CHURCH

I enjoyed Chippy Church and met people I had not met before. Everyone was very friendly. I look forward to going again. Georgina Devine

=====

FLETCHER

Les, Margaret and family would like to say Thank You to all their wonderful friends, for all their support, care and cooking during their recovery.

=====

SARAH'S CARE

Sarah of 'Sarah's Care' sends warm wishes to past and present clients and families.

=====

SCARR

It's A Boy. Eli Thomas Hugh Born on 10th November. Precious son for Will and Sam; treasured grandson for Tom and Eileen; special Great-Grandson for Grandma Watson.



=====

WHICKER

Belated Happy **60th Birthday** to Dennis on 30th November. May the start of your '60's' bring health, wealth and happiness. Better late than never! Love you loads. Jacky X

PERSONAL & SMALL ADS £1

WHICKER

To Dad, wishing you a very Happy **60th Birthday** on 30th November. We hope it is the start of a great year for you. Sorry it's late, Mum forgot to remind us! Love from David and John XX

=====

WOOF

Andrew and Caroline (nee Middleton) are delighted to announce the safe arrival of Jessica Grace born on 27th October. A precious little sister for Elsie. Thank you to all for your cards, gifts and good wishes.



=====

WOOF

Congratulations Andrew, Carloine and Elsie on the birth of Jessica Grace on 27th October 2011 weighing 5lb 13oz. Love and Best Wishes from Dad, Rachel, Paul, Helen, Martin, Edward, Molly and Emily XXX

=====

WOOF

Joe would like to thank all the parents of Howgill School Children for the Present and Gardening Tokens which are 'very useful' following his Retirement driving the School Bus. Wishing you all the best for Christmas and New Year.

AIREY

John would like to wish all family & friends a very Happy Christmas and a Healthy & Prosperous New Year.

=====

CAMPBELL

Jack and Maurice would like to wish all friends and loved ones a Very Merry Christmas and Good Health for 2012.

=====

CAMPBELL

Raymond would like to wish all his Family and Friends a Merry Christmas and a Happy New Year.

=====

CAPSTICK

Nora, now resident at Brant Howe, Kirkby Lonsdale, wishes all her family and friends a Very Happy Christmas and a Good Year in 2012.

=====

CAPSTICK

Sheila & John Capstick would like to wish all their family & friends a Very Merry Christmas and a Healthy New Year.

=====

DAWSON

Jennie Dawson sends Christmas Greetings to family & friends with every blessing in the New Year.

=====

DOUGLAS

Gladys wants to wish all her friends a Merry Christmas and a Happy New Year.

PERSONAL & SMALL ADS £1

GARNETT

Olive wishes all friends and neighbours a Merry Christmas and a Happy New Year.

=====

GIBSON

Doreen & Terry would like to wish all friends at Sedbergh a Merry Christmas and a Happy New Year.

=====

GLADSTONE HOUSE

A Merry Christmas to all the Mobile Wardens at Gladstone House. From Joyce and Georgina Devine.

=====

HARRISON

Jenette Harrison would like to wish all her relatives and friends a Merry Christmas and a Healthy & Peaceful New Year.

=====

HAYGARTH

Doris wishes all Family and Friends a Merry Christmas and a Healthy Prosperous New Year. Thank to everyone for the help and support I receive, it is much appreciated.

=====

HAYGARTH

Christine and Brian wish all Family and Friends a Happy Christmas and a Healthy Prosperous New Year.

=====

HOGGARTH

Jim would like to wish all his relatives, friends and neighbours a Happy Christmas and a Prosperous New Year.

MacDONALD

Margaret and Eric wish all their friends and neighbours a Merry Christmas and a Happy New Year.

=====

MASON

Norman would like to wish neighbours and friends a Happy Christmas and Best Wsihes for 2012.

=====

MIDDLETON

John, Margaret and Family would like to wish all family, friends and neighbours a Happy Christmas and all the best for 2012. Once again, instead of cards we shall be donating to the Air Ambulance - a worthy cause for our area.

=====

SEDBERGH CHRISTIAN CENTRE

Wishing Laura, Nigel, Anne-Marie and Ben at the Sedbergh Christian Centre a Merry Christmas and a Happy New Year. Georgina Devine.

=====

SKILL

Zander and Elizabeth wish friends in Garsdale and Sedbergh a Happy and Healthy Christmas and New Year.

=====

STAVELEY

Barrie and Mandy wish Family, Friends and Neighbours a Merry Christmas and a Ha[[y New Year.

=====

TODD

Maggie Todd would like to wish all her family, friends a very Happy Christmas and a Prosperous New Year.

PERSONAL & SMALL ADS £1

TOOBY & WINN

Toobys and Paul Win Domestic Appliances would like to wish all their customers a Joyful Christmas and a Happy 2012.

=====

TOMLINSON

George wishes all his friends a Happy and Peaceful Christmas and every blessing in the New Year.

=====

WOOF

George sends Seasons Greetings to all his Friends.

=====

FOR SALE

Upright piano in excellent condition. No reasonable offer refused. Please telephone 20008.

=====

FOR SALE

Folding push-chair with rain cover which fits into carrier bag. £10. Wooden High Chair £15. Moses basket & covers £10. Wooden Car Trailer £40. Tel: 20529.

=====

FOR SALE

Phil & Teds lime green Sports Buggy with doubles kit & accessories. £150 ono. Tel: 015396 22141 or 07880 500548.

=====

FOR SALE

Citroen Saxo 1.1 Desire 2001. MOT till April 2012, Red 3 door Petrol. 70,000 miles. £475 ono. Tel: 015396 21820.

FOR SALE

Complete exhaust pipe for Peugeot 205 (Petrol) £30 ono. Tel: 20533

=====

FOR SALE

IKEA Vradal High Bed. Pine frame, slatted base, safety rails to both sides, ladder. No Mattress. Vgc. Height to base of bed 136cm (total 173) length 209cm, width 101cm (135 with ladder) Good space under desk, seating play, etc. Full instructions and keys. £75 ono Tel: 20533.

=====

FOR SALE

Second-Hand Hen Cabin 7' x 5' including extras. In reasonable condition. Tel: 21771.

=====

WANTED

Boys Bike for 13 year old. Approx size of 15-16" frame, 26" wheel. All types considered. Chair Workshop Tel: 21489 or 07890 105349.

=====

WANTED

Barn or similar under cover storage for Caravan in Sedbergh area. Minimum length 23 feet. Tel: 21835.

=====

WANTED

Garage or Outbuilding in Sedbergh town area that we could use as storage. It might need to be dry and be able to be locked. Happy to pay rent. If you have anything that might be suitable, please get in touch at backyholmes28@hotmail.com or Tel: 07796 483065 (please leave message if no reply)

PERSONAL & SMALL ADS £1

LOST

On Thursday November 3rd near Garsdale Foot, a Hazel Walking Stick with Elm Burr head. Valuable to it's owner. If found, please return. Tel: 015396 20203.

=====

VALENTINE MESSAGES

If you would like to send a Valentine Message to the love of your life to be printed in February, submit details, with the usual £1, to the Office before 19th January.



Excellence through endeavour



Director of Music:
Alan Lewis B.Phil, LTCL, NABBC
presents a

Christmas Concert

PEOPLE'S HALL
Tuesday 6th December 7.45pm

During the interval 
tea, coffee and mince pies
will be served.

 Tickets £6 (Children U16 £3)
From: TIC, Green Door & Premier *express*



Duo Cafe Bar & Bistro, Sedbergh

Sunday 4th December from 7.30pm

Informal evening with music and a short talk

Light refreshments served free of charge

Further items available to purchase

in association with Carnforth Free Methodist Church



DENT FOLK CAROLS WEEKEND

Dent Memorial Hall

7.30pm Friday December 2nd CONCERT

with The Gladly Solemn Sound Choir, Quartz Harmony Group
and The Crafty Beggars with Bagpipes & Hurdy Gurdy from Scotland.

10am & 2pm Saturday December 3rd

Harmony Singing Workshops in Dent Meditation Centre

6pm Saturday December 3rd CAROLS CEILIDH

Singing & Dancing from (& with) the Furness Morris Men, Cautley Carollers, Kinderley & Lakeland Voices.
Plus Lucia's Festive Feast

Tickets/details from Sedbergh TIC, Dent Stores & David Burbidge 015396 21166 www.lakelandvoice.co.uk

**A Very Merry
Christmas to
you all!**



Solve those Christmas present problems

DENT CHRISTMAS MARKET

Saturday 3 December
10.30 - 3pm

St Andrew's Church Dent

Specialist Craft, Cake & Deli Stalls
Carols & Music
Mulled wine and mince pies

Live nativity through the
cobble streets

Enjoy the atmosphere



EDITORS

A big Thank you to all contributors this month to a bumper issue of Lookaround.

Also a big thank you to everyone for your support through our difficult time which we are now over. *D & J W*



Dent Pre-School

CHRISTMAS FAIR



Sunday 4th December
4 - 6pm

Dent Memorial Hall

Visit from Santa and his Reindeer



Many Christmas Gifts and
Activities for all the family



Sunday December 11th @ 7pm

Short Christian Meditation

by Heidi Boardman

Sunday January 22nd @ 7pm

Testimony and Praises

Always followed by supper

All welcome to 'Rhumes', Dent

Prayer Line: 07816 999432

Dentdale Christian Fellowship

John & Sarah Woolf (25212)

PEOPLE'S HALL

Holly and the Ivy

Friday 9th December 2011 at 7.30pm

Music, songs, dances, tunes, stories, rituals and customs and mini Ceilidh

by **Touring Highlights** featuring:

David Oliver (accordion, vocals),

Laura Connolly (clogs, flute, vocals) and Stewart Hardy (fiddle, vocals)

Licensed bar

Tickets: Adults £7.50, Children £4.00, Family £20.00 from the TIC and on the door





CREAM TEA



The Bull Hotel, Sedbergh

Every First Wednesday at 2:30pm
Starting 7th December

£5 per person

Includes

Tea/Coffee

Sandwiches ~ Scones ~ Cakes

Further information from

Linda Greensmith

01539 728118

Everybody Welcome

TIM FARRON MP

Thank you everyone who has signed our petition to support the building of a radiotherapy unit at the Westmorland General Hospital. We now have well over 3000 supporters which is pretty amazing given the length of time we have been campaigning for this next stage in the plan to get better treatment for cancer sufferers in this part of the country. The NHS commissioners who will decide on this issue should be making up their minds very soon so if you have not been able to support the campaign yet then please do so as soon as you can. Either email me at the address at the end of this column or go to my website (www.timfarron.co.uk).

co.uk). We are also looking for stories from people who have had to travel to Preston or Carlisle for regular treatment to help the commissioners to understand how desperately the facility is needed. If you have faced regular journeys to these hospitals or know of someone who has then please do get in touch.

I was extremely pleased to be called to speak in support of the motion calling on the Government to abandon its plans to increase fuel duty twice next year in the recent House of Commons debate. High fuel prices disproportionately affect people living in rural areas and so in my opinion fuel duty is increasingly becoming a tax on those living in areas like ours. It is particularly unfair for those who need to travel for work, to get to college or even to receive medical treatment at hospital. From what people tell me the already high price of petrol and diesel has meant that they have reduced their car journeys as much as they can so any further increase in duty will simply mean that they have to cut their spending on other things. This cannot be what the Government wants to

OLD TYME DANCE
at the
People's Hall
with
Kenny Bell at 8pm
on
£4 Raffle
Jacob's Join
Bar
Proceeds to
The People's Hall
Saturday
10th December

happen with the economy in the fragile state it is.

The news that the Government has, at last, listened to calls by myself and others to close the loophole that led to second home owners getting a discount on their council tax and is going to abandon this rebate was very welcome. This discount has effectively led to the people who live in here all the time subsidising the lucky few who can afford a second home. There are well over 3,000 second homes in the South Lakes and so this change should benefit us significantly.

I have written to HSBC to ask them to reconsider their plan to close their branch in Sedbergh. Asking customers to travel all the way to Kendal to do their banking is simply unreasonable, particularly for those who cannot manage internet banking or businesses who need to deposit their cash regularly. It will effectively mean that they have to take half a day to make a deposit, time that they cannot afford in the current environment. Even moving your account to another bank takes time that no-one currently has.

Finally, I hope you all have a wonderful Christmas and I wish you the very best for 2012. We will be working up until Christmas and so if there is anything I can do to help please do get in touch by writing to me Tim Farron MP, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or emailing me at tim@timfarron.co.uk.

Thanks for your support

Tim Farron MP

farfieldmill arts and heritage centre



DECEMBER

Open daily, 10.30 until 5.00p.m.
(Weavers Café from 10.00a.m.)
Closed Christmas Day and Boxing Day

- Arts and Crafts Galleries
- Heritage Displays • Exhibitions
- Working Looms • Open Studios
- Christmas Holiday Activities for Kids

Farfield has the biggest selection of unique, hand made crafts in the North West, which make perfect gifts for special people. The Mill once made horse blankets for Queen Victoria – at weekends you can see our weaver producing rugs and throws on our Dobcross looms – presents with a unique pedigree, gift-wrapped for Christmas.

FREE ENTRY FOR CHRISTMAS SHOPPERS



JANUARY

Closed from 2nd Jan to 15th Jan inclusive
From 16th Jan open daily 11am to 4pm
(Weavers Cafe from 10.30a.m.)
See separate advert For Weavers seasonal offers

Exhibitions: International Feltmakers Association; The Climate is Changing
FREE ENTRY for Local Residents every Monday

CALL US ON 015396 21958

www.farfieldmill.org



COUNCILLORS CORNER

From Cllr Evelyn

Catastrophes can come in many different forms – in the last ten years Cumbria has suffered from an animal disease pandemic (foot and mouth), floods of biblical proportions, fires and a rail crash. South Lakeland District Council now wants its district councillors to get involved with what it calls “Community Resilience Planning” so we can support local communities to help themselves at times of emergency.

We are not talking nuclear bunkers here. It is about making a few simple preparations so if the occasion arises we can react effectively. At Parish and Town Council level this means

appointing someone to liaise with the blue light services, planning a location for a reception centre and perhaps an operation room. And most important, who has the keys to these places? Councils could perhaps keep a list (regularly updated) of volunteers with four wheel drive vehicles who would provide transport in bad weather conditions. A register of chain saw owners would be useful in the event of a hurricane like the one which swept the south-east in 1987.

On a personal level families should have an action plan. How do you stay in touch with family members? Where should you meet up if separated? Prepare an emergency

Duo Café Bar & Bistrot

32, Main Street, Sedbergh

- Open from 9 am each day (Closed Tuesdays from October till March) We will also be closed from Tuesday January 3rd until Thursday January 12th Inclusive.
- Open Thursday, Friday, and Saturday evenings
- Thai Nights held every Thursday night and the Second Saturday of each month. Booking Advisable
- Good selection of Gluten Free Meals
- Fresh Bread available from Lunesdale Bakery by Order
- Outside Catering Available, and Private Functions at Duo
- Find us on Facebook or at www.duo-sedbergh.co.uk
- **Christmas Party Bookings now being taken**

Ring us on 015396 20552

Jenette Hardy & Susan Woolf

pack and keep it handy. Women have their world in their handbags but don't forget prescription medicines, computer passwords and passports. And what about your pets?

In Cumbria the highest risks are disease pandemics, flooding and failure of the electricity network. As Aristotle said "It is likely that something unlikely will happen." More information on emergency planning is available at www.cumbria.gov.uk/emergency.

South Lakeland District Council's Shop Front Improvement Scheme has now been extended to Sedbergh where it will be administered by Sedbergh Parish Council. The idea of the scheme is to improve business

frontages including shops, commercial businesses and social enterprises to enhance the appearance of the town. Grants of up to £250 are available towards the cost of improvements from minor jobs like repairing and painting shop fronts to more substantial work involving repair of stonework and render and replacement of timber windows and doors. Application forms are available from the Community Office. The deadline for applications is March 1st.
From Cllr Ian

I'm pleased to report that at the last meeting of the Local Area Partnership on the 9th November various financial grants were approved to support local initiatives. These included funding for

DUO		
Evening Meals served Friday and Saturday nights from 6pm		
<p>Starters</p> <p>Homemade Soup of the day, served with Warm Crusty Granary Bread £3.95</p> <p>Oven Baked Brie, with Cranberry Sauce & Warm Crusty Bread £4.50</p> <p>Prawn Cocktail, on a Bed of Mixed Leafs with Warm Crusty Bread £4.95</p> <p>Vegetable Spring Rolls with Sweet Chilli Dipping Sauce £4.50</p> <p>Pate of the day & Hot Buttered Toast £4.95</p> <p>Tomato & Chilli Chicken Sticks, with Garlic Mayonnaise £4.50</p> <p>Dusted Salmon Goujons with Lime & Coriander & Garlic Mayonnaise £4.50</p> <p>Platters</p> <p><i>Hot Platter</i></p> <p>Salmon Goujons, Tomato & Chilli Chicken Sticks, Onion Rings, Spring Rolls, Coleslaw, Salad, Sweet Chilli Dipping Sauce & Garlic Mayonnaise £7.50</p> <p><i>Cold Platter</i></p> <p>Selection of Cheeses, Sliced Ham, Homemade Chutney, Olives, Coleslaw, Nachos, Granary Bread, Salad & Soured Cream. £7.50</p> <p>Salads</p> <p><i>All served with Crusty Granary Bread</i></p> <p>Prawn Marie Rose £8.50</p> <p>Chicken & Bacon Salad £7.95</p> <p>Greek Salad with Feta & Olives £7.95</p>	<p>Pizzas</p> <p>Margarita Pizza. £6.75</p> <p>Hot & Spicy Pizza. Cheese & Tomato, Jalapeno Peppers, Peppers, Onion & Pepperoni £7.25</p> <p>Chicken, Red Onion & Pesto Pizza £7.75</p> <p>Mediterranean Pizza. Tomato, Mushroom, Grilled Courgette, Mozzarella & Garlic Oil £7.75</p> <p>Burgers</p> <p>Homemade 100% Beef Burger in a Bread Bun with Salad & Homemade Coleslaw £3.50</p> <p>Add Cheese 40p</p> <p>Add Bacon 40p</p> <p>Mexican Burger. Homemade Beef Burger, Salsa, Jalapeno Peppers & Roasted Red Pepper in a Bread Bun, Coleslaw & Salad £4.95</p> <p>French Burger. Homemade Beef Burger, Melted Blue Cheese, Roasted Red Onion, Garlic Mayonnaise & in a Bread Bun with Salad & Coleslaw £4.95</p> <p>Chicken Burger. Battered Chicken Steak, Hash Brown & Melted Cheese in a Bread Bun with Salad & Coleslaw £4.95</p>	<p>Duo Specials</p> <p>8oz Lakeland Sirloin Steak, served with Hand-cut Chips, Salad and Onion Rings £14.50</p> <p>Chicken Breast stuffed with Feta & Mushrooms. With Roasted Vegetables £8.50</p> <p>Homemade Vegetable Lasagne, with Hand-Cut Chips, Garlic Bread & a Side Salad £7.95</p> <p>Homemade Beef Lasagne, with Hand-Cut Chips, Garlic Bread & a Side Salad £7.95</p> <p>Homemade Chilli Con Carne, With Rice, Nachos, Cheese & Sour Cream £8.50</p> <p>Homemade Vegetable Chilli. With Rice, Nachos, Cheese & Sour Cream £7.95</p> <p>Freshly Battered Cod fillet, served with Hand-cut Chips and Mushy Peas £8.95</p> <p>Pesto, Roasted Vegetable and Gruyere Cheese Tart. Served with Salad and New Potatoes £7.95</p> <p>Nibbles & Side Orders</p> <p>Bowl of Hand-Cut Chips £2.00</p> <p>Garlic Bread £2.00</p> <p>Bowl of Nachos £1.80</p> <p>Add Cheese to above 40p</p> <p>Onion Rings £2.00</p> <p>Potato Skins served with Sour Cream & a Side Salad stuffed with Melted Cheese & Bacon £4.95</p> <p>Melted Cheese & Salsa £4.50</p>

CHRISTMAS DOMINOES

Friday 16th December

7:30pm

Killington Village Hall



Hamper and many other prizes

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new and sturdier gazebos for the use of Sedbergh Market stallholders, a grant towards the Sedbergh Community Office / Dales Integrated Transport Alliance (DITA) project for providing more information to residents and visitors about different transport options available in the locality, and funding to assist with the campaign for saving the Dent bus service and ensuring its continuance in the future. In the latter context in particular I should like to acknowledge all the hard work put into the Dent bus service campaign by a number of Dentedale residents and in particular the Chair of Dent Parish Council, Jock Cairns, and

Matthew Clayton the Dent representative on the DITA Local Steering Group.

Let's face it, despite all the rhetoric at a national level, "localism" at the end of the day depends on those at the sharp end (you and me in other words) being willing to roll up our sleeves and get on with the job!

The Loftus Hill Car Park saga continues to run and the main effort at present is being put into finding another equally suitable location providing a similar number of spaces to those which will be lost when Sedbergh School retakes possession of Loftus Hill. Following another productive meeting with the School on 3rd October everyone involved is working hard to ensure that alternative arrangements will be in place and up and running before the spaces at Loftus Hill cease to be available.

With either my SLDC or Yorkshire Dales hat on I seem to be attending a number of different events at the moment. It feels like Christmas is on the way! On the 13th November Evelyn and I attended the Inaugural Concert of the new Sedbergh School

FLICKS IN THE FELLS

Dent Memorial Hall

Saturday December 17th ~ Doors open 7pm ~ Film 7:30pm

"The Kings Speech" Cert 12 113 Minutes

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Thornely Music Studio at Guldrey Lodge. The building itself is very impressive and we were treated to an excellent selection of classical music pieces most of which were played by pupils currently at the school.

That same morning Evelyn and I were privileged to attend the annual Remembrance Service at St Andrews Church. This is always a deeply moving occasion made even more so by the reading out of the names of local men who had fallen during both World Wars. On this occasion the names were read out very clearly and inspiringly by two pupils of Settlebeck School. Afterwards Evelyn and I laid a wreath at the War memorial on behalf of the Chair, Councillors and

staff of SLDC.

Tomorrow I'll be at the the 10th birthday celebrations at Farfield Mill. The occasion will be graced by a visit from "Queen Victoria" and at 3pm our MP Tim Farron (not to be upstaged by royalty!) will cut the birthday cake and announce the winner from an exhibition of Anniversary Cards by local school children. There's always something going on in Sedbergh!

Evelyn and I may be contacted at any time.

*Evelyn Westwood: e-mail
evelyn@markwestwood.co.uk*

Tel. 015396 20148

*Ian McPherson: e-mail
ianmcpherson24@hotmail.com*

Tel. 015396 20648

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DENT PARISH COUNCIL

The November meeting reviewed the car park finances for the first half of the financial year and considered a number of highways issues. As usual the minutes of the meeting are published on www.dentdale.com (follow the parish council link) and are also obtainable as a hard copy on request from the parish clerk.

Car Park Income

Like many councils, Dent relies on car park takings to supplement its funding, so it is disappointing that for the first half of the financial year these were down by almost 9% on last year. The trend is not confined to this date, however, as takings were down by 6% across all National Park

car parks, even though YDNPA increased their charges this year. Dent did not do this, and it is unique locally in allowing residents to use it without any charge at all.

Without conducting an in-depth survey, it is difficult to be certain of the cause of this year's decline in revenue. Though the poor weather may have been a factor, so may the cost of fuel or the reduction in people's disposable income in the present the economic climate. What seems extremely likely is that the council will have to find ways of increasing Dent car park's revenue when it sets its budget for next year.

Fire Hydrants

At the previous council meeting, it

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**Merry Christmas &
A Very Happy and Prosperous New Year for 2012
To all our Lookaround Friends and Clients**



was reported that some of the fire hydrants in Dent were not functioning properly. The Clerk undertook to ask the Fire Service to check and service them, which they have now been done.

Road Signs in Deepdale

The fatal accident early this year, when a cyclist was killed on the descent into Deepdale, has once again drawn attention to the dangers of that road, particularly in winter. The parish council has asked Cumbria Highways to provide warning signs, but their response suggested that owing to lack of funding these are not likely to be forthcoming in the foreseeable future.

Highways Priorities

For some time now, South Lakeland's parishes have been organised into groups called Local Area Partnerships (LAPs). These groupings discuss issues that affect more than one parish, and raise them with the county and district councils. Dent belongs to the Sedbergh and Kirkby Lonsdale LAP, which has recently been asked to coordinate residents' highways priorities for this area of the county. At its November meeting, the LAP identified the following matters as causing widespread concern and passed them to Cumbria Highways:

- Road surfacing and areas of standing water on stretches of the A683 between Sedbergh and



Sedbergh Community Development Centre Courses in Sedbergh & Kirkby Lonsdale

Subject	Tutor	Wks	Start	Times
Find Your Family History	Katy Iliffe	1	Sat 25 Feb	10:00-16:00
Find the History of Your House	Katy Iliffe	1	Sat 17 Mar	10:00-16:00
Create An Illustrated Letter or Card	Frances Winder	1	Sat 03 Dec	10:00-16:00
Felt Handbags	Gill Ferguson	1	Sat 28 Jan	10:00-16:00
Winter Landscapes	Frances Winder	1	Sat 18 Feb	10:00-16:00
Water Painted in Watercolour	Frances Winder	1	Sat 24 Mar	10:00-16:00
Woodwork for All	Martin Parsons	10	Wed 11 Jan	19:00-21:30
Exploring Waterbased Paint Media	Jill Pemberton	10	Thu 12 Jan	13:00-15:15
Intro to Digital Cameras	Chris Wood	4	Mon 16 Jan	19:00-21:00
Intro to Using a Computer	Jeremy Ashworth	8	Mon 09 Jan	10:00-12:30
Develop Your Computer Skills	Jeremy Ashworth	8	Mon 09 Jan	13:00-15:30
Using MS Office Software	Chris Wood	8	Thu 19 Jan	19:00-21:00
Italian Improvers	Catherine Bond	11	Thu 12 Jan	10:15-12:15
Creative Writing	Janni Howker	11	Fri 13 Jan	13:03-15:03
Low GI Cookery for Weight Control	David Walton	2	Sat 21 Jan	10:00-16:00
Pilates & Stability Ball	Teresa Hill	5	Mon 09 Jan	16:30-17:30

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Kirkby Lonsdale

- The dangerous riverbank on the A684 in Garsdale between Low House Farm and Blades Farm.

Keep Clear Signs round The Green

The frustrations of dealing with local government have been illustrated recently by the new road markings around The Green. Having agreed to paint Keep Clear signs on the road at the junction with Flintergill, the County Council's workmen painted one side of the junction, but because it started raining they did not do the crucial section of road opposite The Cottage. There seems to be no automatic procedure to respond rapidly to a situation like this, so once again the Parish Council is having to spend time persuading them to come back and finish the job.

Church Bridge Risk Assessment

The November meeting considered a risk assessment report by Environment Agency about the present level of risk at Church Bridge now that the stone had been removed from the river. The assessment agreed with the Parish Council's view that appropriate warning signs should be displayed and so two A4 size 'sudden drop' warning signs will be placed on the approach to the river from the Cowgill side.

Highways Hotline

The parish council is often asked if it can do something about potholes and other problems with the roads. However, it does not have responsibility for highways, so often a much better way to get things done is report it directly by ringing the

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Highways Hotline on 0845 609 6609. If you do this you will be given a reference number, which you can use if you need to contact the Hotline again in a week or so if nothing has been done.

Parish Council Newsletter

The latest edition of the parish council newsletter has now been published and is being distributed to all households before Christmas by a small team of volunteers. Both the production and distribution is a community effort, so please let me know if you would like to be involved with either for future editions.

Next Meeting

The next parish council meeting will be at 7.30pm on December 5th in the Sedgwick Room. It will be open to members of the public and there will be an opportunity at about 8pm for anyone to raise matters of concern. After that, the next meeting will be on February 6th, as there will be no meeting in January.

Jock Cairns, Chair

Tel: 25655

e-mail:

dentparishcouncil@btinternet.com

DENTIST RETIRES

As many of you will now be aware one of our dentists, Ms Gail Turner is retiring from Sedbergh Dental Practice in December. Gail has worked at the practice for over 8 years and we would like to take this opportunity to thank her for all the care and attention she has given to her patients during this time.

We would also like to reassure Gail's patients that we are making arrangements to enable them to continue to receive their dental care at our practice.

In the short term we will be making some more surgery time available to see Gail's patients ourselves. Early next year we have arranged for

Denise Paul who has worked at Sedbergh before to work as a locum for the Spring and Summer months. Following this it is our intention to recruit a new dentist to the practice in August.

All of Gail's patients who have an existing appointment will be contacted with new appointment details.

We would like to assure you that we are working hard to continue to maintain and improve the care that we provide for our patients at Sedbergh Dental Practice, and would like to thank you for your patience as we sort out the necessary changes ahead.

Ben Houghton and Ian Dawson



WHITE ROSE FISHERIES

(CHIPPY)

Craig, Jess, Fran, Family and Staff
would like to thank everyone
for the great support they have received this year.

SUNDAY NIGHT CHIPPY

is the first Sunday Night of every month
5 - 7:30pm



A VERY MERRY CHRISTMAS AND
A HAPPY NEW YEAR TO YOU ALL

To all our Sedbergh clients

Join Naomi Fell and Kate Seymour for
a glass of mulled wine and a mince pie
at the Sedbergh Cafe at
the Christmas Late Night Opening
Wednesday 7th December

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CAUTLEY CAROLLERS

Going the Rounds

Once again the Cautley Carollers are off on their star-lit walk through the winter landscape, singing on the doorsteps of cottages cradled in the dale - and more often than not round the fires of the kindly Dalesfolk who live here.

We'll be lighting our lanterns and tuning up our harmonies ready to sing for our friends and neighbours at Farfield and Frostrow (and most places in between) on Wednesday evening December 21 (starting with those who have small children with early bed-times,) and as usual we'll put a leaflet through your letter box to

let you know that we're coming - please do let us know if you're going to be out - or would rather we didn't sing for you (carols are not everyone's choice of serenade!) - and also if you'd like us to sing for you but we always miss you. For over 10 years now we've been singing round



Cautley Carollers

the outer reaches of the parish where once no carollers dared to go, with the sole intention of bringing harmony and conviviality on this season of goodwill. We're not collecting money - there are already enough people after what little money you have left - but you are welcome to make a donation to a charity of your choice if you wish.

If you are going to be out on that evening - fear not - you can catch us when we sing at the Carols Ceilidh in the Dent Memorial hall on Saturday evening December 3. The evening will include the Furness Morris dancers - who as well as doing their festive dances will be teaching some country dances for you to join with. Like all old fashioned ceilidhs (before the name came to mean just a dance) there'll be many opportunities for you to join in the singing with many familiar carols (or you can sing your own songs) - and opportunities to learn some harmonies for these folk carols at workshops over the weekend. Or you can just put your feet up under the Christmas tree and listen to the Cautley Carollers as we sing carols from all ages (and several



corners of the world too.) Also singing are Kinderly and Lakeland Voices, and a large body of singers coming to stay for the weekend. If you want to come for the whole evening, there's also another of Lucia's mouth watering festive feasts for you to enjoy.

And if you want to enjoy the exquisite harmonies of one of the country's leading west gallery choirs, then come along on Friday night as well, to our concert in the Dent Memorial Hall with The Gladly Solemn Sound choir and Quartz acapella folk harmony group from St. Helens. The Crafty Beggars are also coming down from Biggar in Scotland along with their hurdy gurdy, bagpipes and fiddle music - a rare treat is in store for you. And to wash down all this festive cheer, there's mulled wine and mince pies in the interval. You can get tickets at the Dent Stores, Sedbergh TIC, or by ringing me on Sedbergh 21166.

We look forward to seeing you - but if we miss you, on behalf of all our singers can I please wish you all a very merry Christmas and a happy new year.

David Burbidge

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DECEMBER GARDENING

When I studied horticulture at college back in the 1980's, a weekly task was to find, and learn to identify a list of 20 – 30 plants each week.

Some of the groups of plants were relatively easy. There were several shrubs and herbaceous perennials which I had already met, and, although they had rather long, unfamiliar latin names, they were, at least fairly easily recognised.

The most difficult group to me were the Conifers, which all looked the same – evergreen, with needles instead of broad leaves and all, at first glance, of a similar shape and stature.

Having finished College I found

myself in a job at Harlow Car Gardens in Harrogate, teaching courses on a variety of garden subjects and of course it wasn't long before conifer identification cropped up. Having to teach a subject to another person is an excellent way to galvanise my brain into action and I soon discovered that there are some very reliable distinguishing traits which separate the Pines from the Firs and the Spruce from the Cedars. If you look closely you will find that some have needles arranged in groups whereas some are single, some are soft and some sharp and attached to their twigs on little woody pegs. If you look in the right season (about now) you will also notice



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May we take this opportunity to wish our friends and customers

A Merry Christmas and A Happy New Year

Food Fayre
Vouchers, the
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cones on the trees, and the size, shape and position of these will give more clues.

Amongst our "Educational Resource Stuff" at Harlow Car we had a collection of dried cones from a whole variety of conifer species. My favourites were the enormous cones from the "Big Cone Pine" (*Pinus coulteri*) – at least a foot long and 8ins wide ; the upright cones of the "Noble Fir" (*Abies procera*) 8- 10 ins tall with scales arranged in spiralling layers, and the smooth barrel shaped lumpy cones of the "Cedar of Lebanon" (*Cedrus libani*). These last two were sent to us from Botanic garden in the USA and had been collected for us by being shot off the

upper branches of mature trees. Ripe Fir and Cedar cones tend to shatter and fall to the ground in separate scales rather than dropping as complete cones. They are also prone to shattering when stored so I had to crotchet little nets from tarred string around each cone in order to preserve them for the cone collection.

Elaine Horne

COUNCILLOR CORNER

We are sorry to tell you that Kevin Lancaster was about to put fingers to keys, when he was suddenly taken ill. At 'Copy Time', he was in Royal Lancaster Infirmary. We wish him a speedy recovery.

Dr Gina Barney



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BAFTA AWARDS

Three pupils at Settlebeck High School in Sedbergh have beaten off competition from hundreds of entries across the country to reach the top ten shortlist of the prestigious BAFTA Young Game Designers competition.

Finlay Miles, 13 from Kendal, Matty Goad, 16 from Sedbergh and Reuben Kane, 14 from Kendal, who all have Asperger's syndrome wowed the selection panel with their computer game *Shaded*.

Shaded introduces the player to characters with physical and mental health problems and through interacting with them life becomes richer and more colourful.

In the game, the player is 'Naked Edgar', a discarded sketch thrown away by his creator, a graphic designer.

The player takes naked Edgar on a journey around the graphic designer's drawing board, interacting with the features he discovers in a quest to add colour to his monochrome world. He needs to make friends and add colour to his life and stop being alone.

Finlay Miles, the author, says: "I am



pleased, but really surprised we have done so well in the competition. None of us has done anything like this before. We worked on it a few days a month for around three months.

"We were inspired to create this game because we all have social disorders and wanted to make people think about them – it was a bit self indulgent, but it became a really fun experience."

"I like the end result – it is compact and smooth and tells the story of a simple character in a complex world."

The game features characters such as 'Bi-Polar Bear', 'the Screamer', who is frightened of everything, 'Manic Panda', 'SAD Bat', 'Bullimic Dog' and 'OCD Squirrel'.

The artist Matty Goad says: . I was sitting there doodling and daydreaming and suddenly I started to draw the characters. I showed them to Finn and he really liked them – so it all came together.

"I am really surprised we have done so well. It all happened really quickly, one minute I was drawing my little figures in English and the next we were in the BAFTA top ten."

Shaded takes place over six levels,

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or worlds, which look very different and are based on items on the graphic designer's desk.

The levels were designed by Reuben Kane and include; Ink Blot Level a shadow fluid land made of dark purple ink; String level, in which the characters climb through twisted and knotted balls of string and Computer Level, a maze with lots of dead ends full of viruses, circuitry and complex routes.

The boys was to find out on 21st November if they have made the final three.

The winning team will be given the opportunity to spend a week working with professional game developers at Bright Light, the EA Games studio in

Guildford and a playable version of the winning game will be developed by the games boffins at Abertay University in Scotland.

Julia McDonald from Settlebeck School says: " This is a really tough competition and they have done so well to get into the final ten.

"They all have Asperger's syndrome and related disabilities, which impact on their ability to focus and interact and yet they have come together and created a fantastic game idea which with an unusual social and moral message in an attractive game format. We are really proud of their achievements and we hope they go on to build on this experience in the future."



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SEDBERGH HEALTH CENTRE

will be closed for Training
Purposes
on the following afternoons:

No Session in December
Tuesday 17th January
Wednesday 15th February
Thursday 15th March



NEWS FROM THE SURGERY

At the time of publication we expect the new Medical Centre to be opening its doors in late February 2012. Although the building is now watertight the internal "first fix" has only just got underway. All external scaffolding should be down soon allowing the ground works to be completed-ahead of the bad weather.

Arriving through the automatic main entrance door, the reception area will be in front with the waiting area to the right. There will be a touch screen arrival panel and hopefully patients with pre-booked appointments will find this more convenient than waiting to see a receptionist simply to announce their arrival. Patients will be called via two large display screens arranged to ensure full visibility. Free broadband will be provided in the public spaces as we understand that everyone leads busy lives and may wish to be connected whilst waiting for their appointment. The extra clinical rooms are fully equipped and allow more appointments to be offered. One of the main problems with our existing building was insufficient room to

consult!

The extra space also allows us to offer room rental to an appropriate range of complimentary therapists for both clinical and training or meeting purposes. This is in addition to extra NHS clinical services we anticipate hosting, along with wider medical and social care meetings/conferences. The upstairs rooms offer a large and small meeting room and a fully equipped IT training room. These rooms can be hired out by local businesses, community groups or larger organisations and the income generated will be ploughed back into the health centre. If you are interested in hiring one of our rooms then please contact our Practice Manager, Tracy Thornton on 015396 20218 or email tracy.thornton@gp-A82608.nhs.uk. Hopefully this will become a true community project for the benefit of all.

Detailed planning is being undertaken regarding the move from our existing building to the new build. There just isn't the staff to run both buildings simultaneously and the best plan currently is to run down the current health centre from a

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Wednesday evening, offering a skeleton service on the Thursday and Friday with a full opening of the new site the following Monday. Plenty of notice will be given if we do run a reduced service for a couple of days but it is hoped that everyone will understand and be supportive. At some point there has to be a formal "grand opening", probably sometime in late spring when everything is running smoothly and the sun shines—all suggestions welcome.

There is also a request out to all local school children to design a logo for the new Medical Centre. We thought this would be a good way of harnessing the talent that we know is out there. Letters have already gone

out and there is a closing date of the end of this term.

Finally can we please ask that patients arrive on time for their appointment? It is fair to point out that sometimes our clinician runs late-but small practices have less capacity to cope with the unusual and we do try and run to time. Often the delay has been caused by someone much earlier arriving 10 minutes late for a 15 minute appointment. In an attempt to improve the quality of our service we will be asking patients arriving more than 5 minutes late for a booked appointment (not the open surgery) to rebook. This change is designed to improve the service we offer to all.

Tracy Thornton



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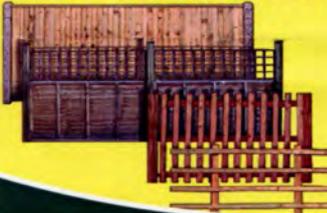
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SEDBERGH TOWN BAND

Remembrance Day Concert

On Friday 11th November the Town Band gave a concert of Remembrance in the United Reformed Church. A virtually sell-out audience were treated to a programme that was most skilfully selected to both entertain and pay due respect and tribute to the serious and emotional nature of the day.

The first half of the programme commenced with a stirring fanfare and rendition of the hymn 'Repton.' Another hymn, 'Eternal Father', and the Benedictus from Carl Jenkins's mass 'The Armed Man' punctuated this half which focused mainly on

some fine pieces that have been composed for films - '633 Squadron', 'Hymn to the Fallen', 'A Bridge Too Far' and 'The Dambusters'. Each number was introduced to the audience by Stuart Manger who acted as compere for the evening. His thorough research revealed many interesting facts, not least that the iconic 'Dambusters March' had been composed by Eric Coates before he was commissioned to write suitable music for the film - an extraordinary fact given its unquestioned appropriateness for the subject matter of the film.

Before the break in the programme Alan Lewis responded to requests he

had received to say something about the instruments of the Band and how they paralalled those of an orchestra. His enlightening observations were clearly much appreciated.

After a break for refreshments the audience re-assembled for the second half. 'The Great Escape' was followed by '1914', a composite of familiar song tunes from W.W.1. In a similar vein two songs closely associated with W.W.2, 'We'll Meet Again' and 'Lili Marlene' followed but with the difference that the audience sang along with the Band following the lead given by compere Stuart Manger. Whilst the singing of 'We'll Meet Again' was somewhat restrained confidence and familiarity combined to produce a most rousing treatment of 'Lili Marlene'.

The final portion of the programme was serious, dignified and moving. The march 'The British Legion' was played along with 'Sunset'. The traditional two minutes silence was observed and Carole Marsden played the 'Last Post' and 'Reveille', and the banners were presented. Before the evening concluded with the National Anthem the Band accompanied Tony Playfoot's splendid playing of the pipe feature 'Highland Cathedral'.

Each year the Band gives a concert in which the takings are donated to a good cause. The concert reported on above was one such and the income from it has been shared between the United Reformed Church and the Royal British Legion.

Band Notes

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was held on Wednesday 2nd November in the U.R.C. It was most successful and thanks go to all who attended. Another will be held just prior to Christmas in the U.R.C. on Wednesday 21st December.

School C.C.F. Band Concert

Featured in the Powell Hall concert on Sunday 13th November was Cory Band player and B.B.C. Young Brass Player finalist of 2011 James McLeod. As a pupil at Sedbergh School he gained much valuable experience playing with the Town Band in a number of their engagements.

The Band and Christmas As always the run-up to Christmas is a busy time for the Band. The programme of events opened on Friday 25th November in Kendal with a concert given in the Stricklandgate Chapel and the Band were engaged by the Kendal Lions.

Carols again feature prominently - the Birdcage, Asda and Morrisons in Kendal will be venues, whilst in Sedbergh the hostelrys will be visited and the programme will be completed at the Bus Son the morning of Christmas Eve.

The final concert of the year is the Annual Christmas Concert in the People's Hall on Tuesday 6th December.

G.R.B.

KILLINGTON W I

THE AFTERNOON W I FOR THE ENTIRE DISTRICT

It's here already – our AGM. The next thing will be time for subscriptions for 2012 – up again! What a surprise! It is twelve whole years since the millennium bug was supposed to devastate us all, yet here we are still muddling along. I foresee more of that in Killington W I in the next year (I wonder why?). On another matter, do you ever wonder? You look at your diary one day, and, Oh Goody, you see a clear week ahead. Then, you look at it the next day and it is **full** with all sorts of things! It must be “the Sedbergh keep-you-busy fairy”. I have been

glued to my computer all this week preparing something which I hope you will all buy. Some folk have things done weeks ahead, but others are always last push up. And that is me!

Still, enough rambling on. Let's get back to our AGM. And a good time was had by all! Our secretary, Susan Sharrocks, presented us with a lively report of all the things we had done and people we had met over the last year. It is good to be reminded of what a happy time we have had, despite the setbacks suffered by several of our members. Hopefully they are now on the road to recovery. Our treasurer, Margaret Denton, presented us with an impeccable and healthy run down on our financial



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position. Our president, Shirley Richardson, expressed her pleasure at all we had achieved during the past year, and of the support that she has received from committee and members.

Then it was time to elect the committee for the coming year. Margaret Fearnhead and Brenda Nolan are stepping down, due to pressure of other commitments. Shirley thanked them for all their hard work. Avril Hobson was welcomed onto the committee. Then the real meaty business! After 12 years as President, Shirley is certainly due for a break. So, in this coming year, I shall be taking the reins as President! I've never been President of anything before. Here's hoping I don't get my knickers or my reins in a twist, if you will pardon the mixed metaphor.

An establishing tradition of AGMs for us (well it is the second year we've done it!), is "Desert Island Discs", which follows our business. And not a word of thanks to Roy Plomley! This year's interviewer was Wendy McLean. Our castaway was Mary Cargill, whose choice of music was catholic to say the least, ranging from classical to Gershwin, and he had the honour of being chosen to provide the record when only one remains. Mary had been brought up in a very musical family in Glasgow where she enjoyed her music and dancing a lot more than her school work. She has certainly raised a musical family. Our thanks to you both.

Then it was time for our super, special tea which was enjoyed by all.

SEDBERGH & DISTRICT

HISTORY SOCIETY

Wednesday 18th January

Stone Circles and Burial Mounds

Tom Clare

A review of current knowledge
and look at some theories.

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Secretary: Mike Beecroft 21878
Treasurer: Marlene Mason 20509
Member Sec: Richard Cann 20771

The competition was won by Shirley suggesting the name, "Ivor Kluges", for a fictional detective. The raffle was won by Margaret Denton, but I'm sure she was much more thrilled by the birth of a little grand-daughter, child of her daughter Elizabeth.

Next month is a very special one for Killington W I as we celebrate the 70th anniversary of our founding. Our Christmas Lunch will once again be at The Pheasant in Casterton, on the premise, "If it ain't broke, don't fix it". So we look forward to noon on Tuesday, 13th December at the Pheasant.

And as the Reader's Digest used to say before they went bust, "**A Happy Christmas to all our Readers!**"

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LIME FOR BUILDINGS

The use of lime in listed and traditional buildings

We all want to live in dry, warm homes and making your house as waterproof as possible is a good thing, isn't it?. Older buildings are constructed quite differently from modern homes. In this area they were built of stone using lime mortar, with lime plaster on the inside and often externally as well. Internally, lime plaster absorbs moisture and releases it slowly back into the atmosphere through the walls via the lime mortar. Traditionally constructed buildings are said to "breathe" and

lime is the material that allows this to happen.

When cement based mortars and render are used on older buildings, it can appear to work very well at first. Traditional buildings however, move ever so slightly as the materials in them expand and contract. Cement is rigid and does not "give" in the same way as a natural material like lime. Soon hairline cracks appear in the cement render and that allows rain in. This moisture in the walls cannot escape through the render and over time, the stonework can become sodden and cause decay.

Similarly with a cement mortar,

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moisture will detach the stonework and could leave the hard mortar standing proud of the surrounding stone. Lime mortar is often described as "sacrificial", ie it is the mortar that decays before your valuable stonework and not the other way round.

Lime is a traditional and natural material. Used as a mortar and as a render, it can prolong the life of your building because you are working with it, rather than against it. Lime allows the property to move and breathe as it was intended to. Used as a render, it has a wonderful translucent quality that can have natural pigment added to it. The

addition of coats of a lime wash, will enhance the beauty of the render.

Modern eco-architects are now rediscovering the amazing properties of lime and it is beginning to be used more widely again. If you have a listed building, you may be required by the local planning authorities to use lime. Applying both lime mortar and plastering is a specialist job, so you need to make sure the contractor you employ is experienced in this material.

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SEDBERGH BEEKEEPERS

Bees, it isn't spring! Really, it isn't!!

But it is! That's what this outrageous weather of 2011 has finally produced!

So, with their wonderfully evolved behaviour and senses we should not be surprised that they are fooled into behaving as they are. Our bees are out of their hives working hard on every one of these warm, sunny days, visiting the many spring blossoms available. It is still hard to believe that so many sources of nectar and pollen are available to them as if it were mid-March - primroses, rhododendrons, all the spring heathers, pasque flowers, That wonderful hum of bees in spring is all round the gardens, all the time, almost all day - wonderful in the real spring, utterly crazy in November! Today, sunny and warm, 13C/55F, way, way above the seasonal average. The 'girls' have been busy throughout.

All beekeepers are very conscious of 'normal' spring activities and keep



a careful eye on the entrance of each hive, knowing that the queen will be starting to lay again, and the workers to start laying down as much pollen and nectar as they can to feed the

new brood as it develops, together with sending out 'scout bees' to seek out possible future homes in the event that all goes so well that they can consider swarming!!

I am fortunate to be able to see all my hive entrances from the house using binoculars, and, crazier and crazier, the huge number of bees emerging from one of them a few days ago looked very much like the 'pre-swarm' level of

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and wish you all

**A Merry Christmas
and all the best for 2012**



activity!! Thankfully, they all went back in again in the evening, so no really, really, crazy record, a swarm at the end of November! That would indeed be something for the record books!

Again, like most beekeepers, I talk to my bees a lot, all through the year. Sadly they are very good at ignoring me! So it's been useless telling them "don't be silly girls, it's **NOT** spring and it could turn into an arctic winter anytime" . I get the feeling that they are just waving an antenna at me and saying, " don't worry, we've seen it all before in the last 200 million years (when they evolved with the flowering plants). We just cuddle up to the

queen and keep her and ourselves warm with a little meal of honey. We just don't believe those people you call 'meteorologists' - they seem to know less than nothing, based on this year's actual records. We are still doing our best to adjust to the changing climate, which seems to be the fault of all you humans! Just congratulate and thank all your Sedbergh neighbours for keeping their gardens so beautifully stocked with the flowers we just love. With any luck you will enjoy another bumper honey crop from us in 2012.

Malcolm Fraser-Urquhart

P.S. By the time you're reading this there will probably be snow on the ground!

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FAMILY MUSINGS

What made people stop using a Tea Cosy I wonder? (*We still use a Tea Pot with a Cosy. Ed!*) Was it the popularity of mugs? Looking for egg cups recently I found two knitted cosies which took me back to Thursday tea times as a child. That was Mums half day and the only day apart from Sunday we had tea together and the tea pot always wore a cosy. Sometimes Dad would arrive home before the tea went cold. Often on a Thur, after school Mum and I would visit Womens Land and enjoy a farmhouse tea, it being a working farm at that time. For a while the farmer would come from the Pig Sty for his tea and the aroma he brought to the warm kitchen killed my appetite! Mum realised what the reason was but we never let on, and before my family get any ideas about using the smell of pigs to help me loose weight ... it wouldn't work now! Enjoy your meals this Christmas, the family gatherings and special treats and help those for whom the Season will be hard, those with a loved one missing or whose health is poor or who have no concept of the true meaning of Christmas. Thank you to all family musing readers and we wish you Joy and Peace this Christmas.

Sarah

IN MEMORIAM 2014

Could I possibly ask any resident of Sedbergh help me to contribute to "in memoriam 2014"? This is a project intended to identify, register and then security mark all War Memorials across the country. It is intended to be finished by 2014 to coincide with the 100th Anniversary of the start of WW1.

The intention is to identify all types of War Memorial, not just the main ones such as the one by St Andrew's but any other Memorial. For instance, I believe there is a War Memorial in Queen's Gardens. Any memorial windows, benches etc etc would be registered if we can identify them.

More information about the project can be found on www.inmemoriam2014.org/Home/About

If you can inform me of the location and nature of the memorial, I would be very grateful. If there any particular access issues relating to the memorial it would be useful to know in advance.

Thank you in advance

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COMMUNITY OFFICE

Saving our Community Office and Information Centre.

On 13th December the Yorkshire Dales National Park Authority (YDNPA) will decide whether or not to accept the bid from the 'White Knights' for 72, Main Street to secure the building for the community. We do not know if any other offers have been made.

Local support for the campaign will have been crucial in any successful outcome of the bid. Be assured that the Members of the YDNP Authority have been greatly influenced by your efforts and the campaign has provided a platform from which the White Knights have been able to



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Mark Westwood, who has been co-ordinating the White Knight bid, together with your elected Parish, District and County Councillors will be attending the YDNPA's meeting on the 13th December. It would be great to have the visitor places in the meeting room full of Sedbergh people. Please do join us if you can. Andi at the Community Office (Tel: 20504) will be collecting names of those who can come so please contact him to say if you will be attending.

We have all done our best to persuade the YDNPA of the merits of our case for retaining the building for the community and there is little more that any of us could have done. If the 'White Knights' are successful in purchasing the building they will have made a great contribution to Sedbergh. So based on the comments I have received from local people, may I on your behalf publicly express our sincere thanks to them all.

*Douglas Thomson – Chairman
Sedbergh and District
Community and Heritage Trust*

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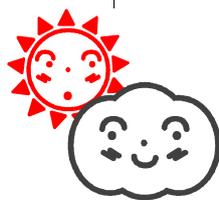
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OCTOBER WEATHER

Another very wet month with a total of 9 inches!! In fact there were only 7 days in the month when it didn't rain! It was also a breezy month. On the evening of 17th as it was just getting dark the gust brought down a tree though I only recorded a maximum of 24.4 mph and from a slightly different direction from that which the tree fell. Again the must be something deflecting the wind from my anemometer. We had 9 days when the wind didn't blow from the North westerly quarter. Apart from one very cold night when the minimum dropped to 24.4 F (-5C) it fairly mild during the day with only 3 days when the maxima didn't get above 50sF. The hottest day was the 1st of the month reaching a high of 72F. We had 5 nights when the wind chill dropped the temperature below freezing plus several others in the low 30sF.

A bonus of the mild weather is that the grass continues to grow providing stock with feed. The mild weather is creating some odd effects around the garden. Some plants due not seem to know what season it is! Several plants and shrubs have got flowers on. The winter jasmine is in full bloom.

Primroses and Prunus subhirtilla are also flowering not to mention various clematis and even passion flowers. I don't remember the latter in flower in October before. Even the Kilmarnock willows have buds opening. I want to move the P. subhirtilla but if it is



flowering it obviously is not dormant. There have been a few winter visitors in the shape of fieldfares and redwings arriving but large numbers have not been seen or heard yet with us. On the few dry warm days red admiral butterflies were on the wing. The hard frost did 2 things. Firstly it ended the Niger plants which had germinated from seed spilt from the bird feeders. I was hoping it would flower as I have never seen it in flower. The other effect of the cold night was that it appeared as though someone had thrown a switch and stopped the poultry laying!!

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NEWS FROM THE PEWS



St ANDREW'S CHURCH

How different was the atmosphere in church today, Saturday 19th November from that of a week ago.

Last week saw the church being prepared for the town's annual Remembrance Service, a solemn and moving service with participants from all ages and every church in Sedbergh. Peter Packham's evocative playing of The Last Post and Reveille was well rehearsed.

Red poppies were boldly displayed in church for Remembrance, whereas today red Christmas hats, and Father Christmas's lovely red outfit made the splash of colour

Every bit of available space in the church was filled for the successful Christmas Fair. We raised over £2,100.00. Grateful thanks must go to all our helpers, old and young (little Ellie was cheerfully sweeping the carpet to the end). To all those who donated money and goodies and everyone who came to support the Fair, thank you.

Father Christmas had a busy time accepting the children's wish lists. His reward came in the shape of a mouth watering chocolate cake that he rightly guessed the weight of. Hope your outfit still fits, Santa!

Before the Lookaround is distributed the Advent Carol Service will have

taken place but there is time to invite everyone to the United Carol Service taking place on Sunday December 18th at 6.30pm. We look forward to a full church on Christmas Eve for the Nativity at 6pm. Children please bring your parents, grandparents and friends.

What is usually referred to as the "Midnight Service" will begin at 11.30pm on Christmas Eve and on Christmas Morning "normal" service operates with Communion at 8am and 10.30am.

From all at St Andrew's a Happy Christmas to everyone and all good wishes for the New Year.

*Susan Sharrocks &
Tony Reed Screen, Churchwardens*

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SPELLBOUND THEATRE

at the Square Chapel

Members of Spellbound Theatre travelled to Halifax on Saturday 12th November to take part in the finals of this year's Ovation Theatre Awards, a national event designed to bring new writing for theatre to the forefront and to provide a platform for new writers to showcase their work.

Spellbound originally performed a sequence of monologues, "Village Voices" two years ago in Sedbergh. They feature a selection of characters you might encounter at a typical village gala, and local writer Helen Bromley chose one of the vignettes, entitled "The Power of Dreams" as her entry for the Ovation Awards. The piece was one of twelve shortlisted for the final and was quickly dusted off and re-rehearsed! Members of the company, based in and around Sedbergh, travelled to the Square Chapel for the Arts Centre in Halifax to see Gillian Rea perform in front of an enthralled audience and a panel of three judges – Actress Roberta Kerr, well-known for her performances in Coronation Street and Emmerdale; Playwright Nick Lane, Associate Director of the Hull Truck Theatre Company and Playwright John Goodrum, Artistic Director at Rumpus Theatre Company.

The standard of entries was very high, with three awards being presented on the night – Best New Writing, Best Actor, and Best Production and although "The Power



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of Dreams" narrowly missed making Spellbound's dream come true, Gillian Rea was awarded an Honourable Mention by the judges for her acting.

It was a privilege to take part in the Awards, and to see some of the best new writing and performances in the UK today. Spellbound returned to Sedbergh inspired and went straight into rehearsals for another production also written by Helen! Titled "The Wheel Turns" it tells the story of the owners and workers in local textile mills. Based on historical facts and local characters Spellbound performed at Farfield Mill in Sedbergh on Saturday 19th November as part of the Mill's 10th Anniversary Celebrations, commemorating ten years of the Mill's reopening as an Arts and Heritage Centre.

Andrew Allan

DENTDALE WI

Where do the months go? November already, and the month for the AGM of Dentdale WI. It was an evening for reports of the past year and it was just amazing how much we had accomplished in various ways.

Most of the reports on events have been mentioned here in Lookaround but during the last month, two members, Catherine Sugden and Dorte-lis Stephenson had been to Selside Village Hall to hear Sir Brian Donnelly talk about his time as a serving British Diplomat in war torn countries including Yugoslavia and Zimbabwe. Catherine and Ann Mason had joined Thornton in Lonsdale WI to celebrate their 90th year as a WI.

It was then time for the AGM and Catherine introduced Lynne Comerie who was to be our teller for the all important election of President. Catherine had stood down briefly as president during the elections, but not for long, as the membership asked her to be President again and she accepted. We are all very grateful to Catherine for accepting this role for another year.

Treasurer, Kate Cairns produced the balance sheet to show our finances in a very healthy position. We had raised over £400 for ACWW at an Apple Day Market. In her address, Catherine thanked all those who helped in any way in the smooth running of the meetings. Anthea Boulton thanked the committee for all their hard work during the year.



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The competition winner for 2011 was Catherine. The competition for the evening was great fun using our senses as we touched and felt various items and tasted our way through a variety of drinks. The final test came with some bird songs! All the right birds, but in the wrong order for most of us! Thanks go to Dale Smith and Thelma Belfield for organising this part of the evening. Finally, we finished the meeting with a Jacob's Join supper.

Next month, for all those who have booked, we are meeting on Wednesday 14th December in Dent car park at 10.45am for the mini bus to take us to Kendal College for Christmas Lunch. The new programme starts 11th January with a Members evening. New members and visitors always welcome.

Pat Allen

SEDBERGH AND DISTRICT ART SOCIETY

There was a good attendance for the recent demonstration given by Christine Gerrard. Using watercolours her subject was 'Canal at Mytholmroyd'.

Christine used stretched Arches paper and had her pencil outlined drawing already prepared.

Describing herself as a 'controlled water colourist who paints fairly detailed work', we watched as she demonstrated this in the build up of her picture.

There was something to take from the demonstration for everyone, from beginners to amateur artists through Christine's easy manner and numerous detailed commentary.

Using wet in wet for the sky and scrunched tissue to take out excess moisture, she then painted a thin undercoat on the buildings where the windows had already been masked out with masking fluid.

She told us that using a restrictive palette of colours in different

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proportions, created a harmony throughout the whole work.

She talked us through her use of blending, layering and texturing techniques. For trees and bushes she used a stippling technique through her well loved stencilling brush and gave us detailed explanations as she worked, as to how she tackled the difficulties of painting water and reflections. This rounded off a most interesting afternoon.

Our next meeting will be on 9 December at 1.30pm in the U.R.C room when Anthony Barrow's subject will be 'Still Life'. Everyone is most welcome.
D.M.Evans

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**SEDBERGH WANDERERS
FOOTBALL CLUB**

On Saturday 22nd October, the club held it's inaugural 'Wine and Savouries' evening. The players were tasked with selling the event and were all given 5 tickets each to sell. We decided to sell the tickets this way as our last event whereby they were just on general sale did not bring in any where near as many people as what we had hoped. The players did us proud and we ended up with 135 people there. The basic gist of the wine and savouries evening really is as simple as it sounds. At £8 a ticket, each customer received 5 glasses of wine and as much buffet as they could handle, followed by the chance to dance the night away at a disco. The evening was a resounding success with many people, old and young mingling together in the hall chatting away, drinking wine and nibbling on the treats on show from the buffet table. By the time we cleared the wine and buffet away to get ready for the disco, there was very little of either left

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showing that it all went down well!

The disco began at 10.30 with about another 60 people coming up for that, although about 40 left from the wine and savouries night so we had about 150 people in the disco at its peak. The whole evening was a great success with all and sundry enjoying themselves before heading off into the night to sleep it off. We would like to thank everybody who came to the event and hoped you all enjoyed it as much as we did. The club made about £1600 profit in the end from the evening so it was well worth it. Once again, we cannot function without the support of the town at these events so we are, as always, extremely grateful to everybody who continues to get behind us. Our next event is a Christmas Themed fancy Dress disco on Saturday 17th December, details of which can be found in our advert on Page 17 . We hope to see you all there!

*Ben Close
For and on behalf of
Sedbergh Wanderers FC*

SIGHT ADVICE SOUTH LAKES SEDBERGH GROUP

For people with sight problems

November and it was time again for the Christmas lunch. Once more it was held at the Barbon Inn and everyone was looked after as usual with great care and kindness. Following sherry or orange juice, the turkey and trimmings were very enjoyable and the puddings a treat! It was good to get together again after two months.

There is no meeting in December. There will be a New Year party in January to replace the one that had to be cancelled in October. In that regard, both Jennifer and Dennis would like to thank all our partially sighted friends and also the volunteers for their help and good wishes for their time in hospital. The party will be on Tuesday 17th January at the U.R.C. rooms commencing at 2.00p.m. All new members will be

welcome and transport may be available. Contact 01539742633 if interested.

JL

OUTSTANDING SETTLEBECK

Seven years ago we were faced with the dilemma of where to send our children to school. Having moved to Cumbria from North Somerset where there was only one school locally, we were faced with a choice of several excellent secondary schools including schools in Kendal, Kirkby Lonsdale and Kirkby Stephen as well as the obvious choice of Settlebeck in Sedbergh. We pondered long and hard. It didn't help when we were advised against Settlebeck; a colleague remarking that we couldn't send our children to a school where the male teachers had long hair wore sandals and carried handbags!! Some friends had positive things to say but at the time they seemed to be in the minority.

Well, we took the plunge and seven years later are so pleased we choose Settlebeck for Lizzy and David. From the age of 7, Lizzie has wanted to be a vet following in the footsteps of her father who is a retired Zoologist. She has just started her six year Veterinary Surgery course at Selwyn College Cambridge and we are very proud of her achievement. There is no doubt that she has worked very hard to achieve this, but we must give credit in large part to the education provided at Settlebeck School.

Lizzie benefited from small class sizes and lots of individual attention. The phrase 'Big Fish in a Little Pond' comes to mind when one tries to



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describe her experience there. Settlebeck may be too small to engage in some of the more obvious activities provided by much larger schools, but there are advantages in being small. It isn't going to suit everyone but we are not sure that Lizzy would have done so well elsewhere. Settlebeck allowed her to be 'Lizzy'.

So well done Settlebeck, you deserve the accolade 'outstanding'
Chrissie and David Hunt

DENTDALE CRICKET CRISIS

Nine years ago when I came to Dentdale, the above was the headline on posters for a meeting at the Sportsman. At the meeting there was an air of gloom. How can we continue? We don't have enough players to field a regular team. Fortunately they did continue into the next season and managed to attract enough new, mainly younger players to play most of their fixtures.

In 2010 and this year we have found it hard to raise a full team despite the very best efforts of David Burton and Rob Mitchell. The poor summers have not helped, causing games to

be called off.

We are now in a similar situation to 2002/3. As a passionate Yorkshireman, I cannot allow cricket in the Dale to die without a struggle, we are of course only on temporary loan to Cumbria.

We play twenty/20 friendly games on a Sunday afternoon 2 p.m. start at Dent Playing Field. Surely one of the most beautiful settings in the country. If the weather is good and both teams agree we may play 30 overs per side. You don't have to be a Boycott, Flintoff or Peterson, so long as you know which end of the bat to hold and enjoy cricket, come and join the fun on a Sunday afternoon. Ideally we need 6/7 players (age 15 to 50) happy to commit, on a fairly regular basis (we hope to play mid May to the end of August). If anyone would like to be team manager (playing or non playing) that would be perfect.

If you are interested or would like more information please contact John Hyde 015396 25503, David Burton 07531 1854600 or Rob Mitchell 07890 996774.

*John Hyde
Chairman Dentdale Cricket Club*

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LATE NIGHT OPENING

The evening is organised by the Sedbergh & District Chamber of Trade and Business for the enjoyment of the community and visitors to the town usually on the first Wednesday in December. This year is no exception with everything happening on Wednesday 7th December centred on Main Street.

The day's events will start at 1:30pm when Father Christmas will be in the URC Rooms for pre-school children until 4pm. There will be a nominal charge of £1 per child to see Father Christmas and advance Tickets will not be required this year for the afternoon or evening Grottos.

At 6pm, Gala Queen Angela Postlethwaite will turn on the Christmas Lights, Father Christmas will be in his Grotto at the White Rose Café and entertainment will commence up and down Main Street. This will include Music, Singing,

Dancing, Astral Circus as well as many stalls and shops with an array of Festive Food and Drinks available for all. Look out as well for some very distinctive animals that will be visiting.

There will be a large Raffle with tickets available for £1 with the first prize being Dinner, Bed & Breakfast for 2 at a Northumberland Hotel donated by J&G Inns at the Bull Hotel, where the draw will be made at 7:45pm. Tickets are available from The Bull Hotel, TIC, Steadmans Butchers, Westwood Books, Sleepy Elephant and Duo.

A 'Most Festive Premises Competition' will be staged on the night and judged by our mystery Judges. Which shop do YOU think is the best? Will you agree with the Judges?

If any readers have any ideas or suggestions that would like to see at the Annual Late Night Opening or would like to help, please contact Alison on 21550. DJW

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HSBC

The HSBC Bank in Sedbergh is to close because the Bank says it is no longer viable.

The company, which calls itself 'The World's Local Bank', will move customer accounts to Kendal when the Branch closes on January 27th, but there will be no job losses as staff will be transferred to other branches.

The move has been criticised and MP Tim Farron who said: "This will affect a large number of people. HSBC have responsibilities to the communities they serve and these

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branches are vital to their local areas. The branches serve a wide, rural community and this decision is letting the people down.”

HSBC said it would write to customers in Sedbergh and give them advice on how else to manage their finances.

Spokesman Mark Hemmingway said: “The decision was very difficult, but it reflects a change in shopping patterns. People are using the internet and television more, and we have seen a big reduction in the number of people using the branches. Sedbergh is one of the most underused in the UK. There are plenty of ATMs in these places and other banking facilities for people who cannot adjust to the move.”

LADIES N F. U.

The November meeting was held on the 15th with 20 members present.

Our President introduced Mrs. Dorthie Pratt from Sedbergh Soap Company. Dorthie started by telling how she came to Sedbergh, after coming over from Denmark to work in London.

She was invited to a friends wedding in Sedbergh and it was there that she met her future husband Andrew. They later married in August 2004 and she became a farmers wife moving to Buckbank.

Dorthie suffered from severe eczema all her life, so after doing some research into the causes, decided to go into making soap using only pure essential oils and herbs.

Her own eczema greatly improved so she decided to sell her products to the public.

She persuaded her husband to refurbish one of the farm buildings into a workshop in which to make her soap and package it.

She now makes shampoos, bath oils etc., for babies as well as adults, which are sold all over Cumbria and beyond.

I’m sure we all wish her and Andrew continued success with their business diversification. A short business meeting followed and the Christmas meal is to be a The Red Lion, Sedbergh on Tuesday 17th January.

The next meeting is on December 13th when Sheila Capstick will demonstrate Marzipan Fruits.

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SPRING SHOW

Saturday 31st March 2012

We hope that you all have a very Happy Christmas, and then, during the dark days of January and February, your thoughts may turn to crafts and may be you will be enthused to enter next year's Spring Show.

This year's show was a great success with record entries, we hope for even more in 2012.

The list of classes for the Show is printed in this issue of Lookaround, so please look carefully and enter as many classes as you can.

PLEASE encourage all your family to take part, and maintain another of our Sedbergh traditions. Parents –

please encourage your children to work on some entries at home in addition to those that we hope the schools will submit. Remember that you (adults) do not have to have produced your items in the last twelve months, as long as it is something *you* have made and has not previously been entered in the Sedbergh Show. Moreover you do not have to live locally to enter. We look forward to seeing you and your entries, on Saturday 31st March 2012.

Schedules and Entry Forms will be widely available in town from the beginning of February.

**SPRING SHOW SCHEDULE
SECTION 1 HANDICRAFTS**

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1. A patchwork or quilted item. 2. A scale model, own design or kit. 3. A new item from something old (any material). 4. A wooden item. 5. A bag of any medium (not from a kit). 6. A cross stitch article (indicate if own design). 7. An item made from hand made felt. 8. Canvas work. 9. Any article costing not more than £3 (Cost of items to be listed). 10. A pincushion. 11. Beadwork. 12. A piece of handmade jewellery. 13. A metal item. 14. A hand made rug. 15. A hand made card. 16. A decorated Easter bonnet (any style or material). 17. Any craft item not included above.

SECTION 2 HAND MADE TOYS

18 A soft toy, knitted, sewn or crocheted. 19. A glove puppet .20. A toy made from scrap material. 21. A dressed doll. 22. Any handmade toy not included above

SECTION 3 FLOWERS & PLANTS

23. A house plant. 24. 'Fascinating Foliage', an exhibit featuring foliage. 25. 'Mysteries of the Sea' 26. 'Reflections' petite exhibit 27. 'The Savoy Operas". 28 'A Country Kitchen' an exhibit to incorporate flowers, fruit and/or vegetables. (Novice class)

CHILDREN'S CLASSES

29. 'A Celebration' 30. 'Arrangement in a box'

SECTION 4 GARMENTS

31. A hand knitted garment in double knitting or thicker yarn. 32. A hand knitted garment in 4 ply or finer yarn. 33. A hand knitted scarf. 34. A crocheted article or garment. 35. A sewn garment. 36. A knitted baby garment.

SECTION 5 HOME PRODUCE

37. Sugar craft. 38. Fruit pie. 39. Savoury flan. 40. Six biscuits of any variety. 41. Six butterfly buns. 42. A novelty cake (judged for decoration only). 43. Fruit cake. 44. Four fruit scones. 45. Gingerbread –not larger than 10" square. 46. Round shortbread. 47. Six flapjack pieces. 48. Unfilled and fatless sponge cake. 49. Victoria sandwich (filled with raspberry jam). 50. Swiss roll. 51. Pot of jam. 52. Pot of marmalade. 53. Pot of fruit jelly. 54. Pot of lemon curd. 55. Pot of chutney. 56. Bottle of wine, cordial or other drink. 57. A white loaf – hand made. 58. A brown or wholemeal loaf – hand made. 59. A white loaf – machine made. 60. A brown or wholemeal loaf – machine made. 61. Speciality bread – sweet or savoury.

SECTION 6 ART

62. Artwork: still life (any medium, any form). 63. Artwork: portrait (including animals). 64. Artwork: landscape. 65. Mixed Media. 66. Any piece of artwork by a secondary school pupil.

SECTION 7 PHOTOGRAPHY

Maximum size, including mount, for all classes, 10" by 12". (255mm by 305mm)

67. Colour photograph of an animal (s) (including birds). 68. Colour photograph of a child or children. 69. Colour photograph of local landscape. 70. Colour photograph other than any of the above. 71. Any sporting photograph. 72. Black and white photograph – not tinted. 73. Black and white portrait (including animals). 74. A photograph of

Sedbergh or Dent. 75. Any photograph by a school pupil.
SECTION 8 CHILDREN'S SECTION
Pre-school: 76. A farm animal. 77. A decorated toilet roll tube. 78. A collage 3 colours (up to A4 size). 79. A drawing of a person. 80. A decorated hard boiled egg.
Reception Year: 81. An animal made out of vegetables, fruit or foliage. 82. The face of a clown on a paper plate. 83. A picture of a dragon / dinosaur / robot. 84. A mobile made of pasta.
Years 1 & 2: 85. Illustrated capital letter. 86. An Easter Card. 87. Decorate 4 digestive biscuits. 88. Mixed media insect.
Years 3 & 4: 89. Own poem max. 10

lines. 90. Mosaic animal. 91. Thumb pot. 92. An animal made from vegetables, fruit or foliage.
Years 5 & 6: 93. A collage of a bird using sequins. 94. A design for a space machine. 95. Design an Olympic coin. 96. Picture of local area.
Year 7 and above: 97. A hand crafted article – any material, including wood or metal. 98. A hand made birthday card. 99. A computer generated poster for the Sedbergh Spring Show. 100. Decorate 4 cup cakes.

Margaret Milburn
 Chairman. Tel. 20610.
 Linda Hopkins
 Secretary. Tel. 21455



BRING BACK BALANCE

A day in your life is often a busy affair with most of the time devoted to thinking about work, lunch, tea, and all the many other distractions that are a part of your daily routine. Many people love to fill their time this way, to keep going and to help others; the balance is slowly tipping towards a day geared up to constant movement and very little 'time out' for you. This makes the day go quickly and fills you with a sense of achievement. What is being neglected is yourself. Every one deserves to have some time that is their own with no outside influences making demands on you. It is also a time when the scales can be brought back into balance, providing the opportunity for you to stop, to give you time to relax, and allow you to think with more clarity and purpose.

Natural Healing is a way to begin the process of allowing your body to balance itself by using natural energy, or Ki/Chi. This is the energy that is present in everything that is alive, including plants, animals and humans. When your Ki is high, you feel strong, confident, and ready to enjoy life and better prepared for it's challenges; when it is low, you feel weak and are more prone to illness. We receive Ki from the air we breath, from food, sunshine, and from sleep. In a treatment you simply lie down, taking the first few moments to relax, and then allow yourself to take in this energy. It is not an active massage that is given by a practitioner, but a passive experience with the

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practitioner acting only as a guide to channel the energy to go to where it can be used to help restore a sense of physical and emotional balance. It is for this reason that you, and your body, are in control of the restorative treatment.

Reiki is a non-invasive, completely benign healing technique. It is becoming increasingly popular. As the more established world of medicine continues to explore alternative methods of healing, Reiki will play an important role as a valued healing practice.

I attained my First and Second Degree qualification in Natural Healing after a period of study with two Reiki masters, Pat Dixon, and Fay Bailey respectively. They taught that the first step to achieving balance in a busy life is to stop, and to let your body start to use the natural energy that is all around to enable a person to cope better with the constant demands that life makes on people.

For more information or to book an appointment, please call Fritz on 07817 665662 or 015396 21303.

CUMBRIA WILDLIFE TRUST

Badgers: Scapegoats or Villains.

The November Wildlife Trust talk at Settlebeck School was very well attended, including a contingent from Sedbergh School, to hear Ian McMurdo talk about Badgers. Ian has many years experience with badgers for the Cumbria Wildlife Trust and gave a very balanced account of the facts and recent science in a fascinating talk. Badgers have an iconic status with many of the public, not least after the success of wildlife programmes such as Autumnwatch. Alternatively they are a pest, with populations increasing out of control, causing damage and deadly disease.

Historically badgers were killed by

landowners and gamekeepers, while Badger baiting with dogs was a gruesome pastime until relatively recently. Badger meat was food for the poor, while hides were used for sporrans and shaving brushes. By the 1880's badgers were extremely rare or even extinct in Cumbria.

Populations began to recover after the Second World War, with the decline of gamekeepered estates. Then the Badger Act of 1973 gave protection to badgers and their setts. Since then, with no natural predators, badgers have become very common indeed with an estimated 300,000 in the UK. The only major threat to them is from cars, with around 15,000 killed each year on the roads.

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Ian showed pictures of badgers and local setts, in woodland and also on bracken-covered hillsides. Badgers are Britain's largest native wild omnivore. They eat a range of fruit, small mammals, birds, slugs, snails and carrion but their main food is earthworms and they can consume as many as 175 in a night. They are mainly active at dawn and dusk and live in clans of typically 6 adults in a sett. The females are receptive to mating throughout the year but retain the fertilised eggs, which only implant in the uterus in December for birth in the spring when food is plentiful. The cubs are born underground in the sett and appear above ground around May. The badgers are adept at

regulating the number of offspring raised each year so as to not overpopulate the area.

Ian showed slides of some of the problems that the badgers can cause to landowners and householders. They are powerful animals with strong legs and claws for digging. In two cases locally they had made setts in cellars or under buildings, undermining foundations. The setts can also be a problem to forestry, making mechanised working impossible in some areas. They have caused damage to garden plants and will raid bird tables and feed bins. While many householders will tolerate this for the pleasure of seeing badgers in their gardens, some are

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not so happy. In some circumstances the wildlife trust can resolve conflicts by moving problem badgers to new, artificial setts under licence.

More serious problems are caused by the predation of other animals by badgers. They eat many hedgehogs and the recent national decline in the once common hedgehog mirrors the rise in the badger population. Ground nesting birds also suffer badly from badger predation. They will kill hens and ducks for food and are powerful enough to break into fox proof enclosures. Ian was more dubious about the evidence for badgers targeting sheep and lambs. He reported that, unlike foxes, sheep did not appear to regard badgers as

predators and they tended to totally ignore each other. He had even observed lambs chasing badgers in play and the badger fleeing and lambs playing in sett entrances. However, if a badger is cornered it will defend itself with its formidable digging claws, probably resulting in the pattern of injuries sometimes seen to lambs.

The most contentious and pressing problem is that of TB. In the mid 19th century TB was the biggest killer of people in the UK. In 1930 it was estimated that one third of the cattle population carried TB, causing the illness in the human population. A strict regime of testing and slaughter of any infected animals followed and

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Starters:

- Roast Parsnip and Apple Soup with a warm mini tin loaf and butter
- Duck Liver Pate, Cumberland Sauce and toast fingers
- Smoked Salmon with Lemon Crème Fraiche

Main course:

- Celebration Roast Turkey, chestnut forcemeat, served with pigs in blankets, sage and onion bread sauce, apple and cranberry compote, roast potatoes and seasonal vegetables
- Braised Beef in rich red wine, served with shallots, smoked bacon, roast potatoes and seasonal vegetables
- Pan fried Salmon fillet, served with new potatoes seasonal vegetables and béarnaise sauce
- Wild Mushroom and Lancashire blue Rissotto, rocket and parmesan

Dessert:

- Christmas Pudding with brandy sauce
- White Chocolate Panna Cotta with balsamic strawberry crème anglaise
- Ginger and Syrup Cheesecake with a blob of vanilla ice cream
- Cheese n Biscuits, a taste of Lancashire. A quartet of flavours, served with biscuits, grapes & walnuts

Afters:

- Farrers of Kendal special blend Filter Coffee served with cream & Mince Pies

by 1960 cattle herds in the UK were TB free. However frequent re-infections occur, particularly in hotspots in the South West and the cost of the testing and slaughter programme last year was ninety million pounds. Compensation for farmers is often inadequate and herds can take years to build back up, leading to severe hardship for some of the farming community. Despite this there is still no requirement for herds to be TB tested before movement and this can, and has, spread TB around the country.

Most UK mammals have been found to carry TB in very small percentages but badgers are a much bigger source, with an estimated 15 to 20%

of the badger populations infected in the hotspots. They contaminate cows and cows also pass TB to the badgers. In 2007 there was a major trial set up by the Government under the distinguished scientist, Professor John Krebs at a cost of 50 million pounds. Eleven thousand badgers were culled in a randomised trial in the south west. The trial had to be stopped when scientists discovered that levels of TB actually rose in the area, caused by unusual movement of infected animals into previously disease free locations due to the disturbance to the populations. Krebs conclusion, at the end of the expensive and extensive trial, was that no practical method of culling

BARBON INN

Christmas Fayre £19.95

Starters:

- French Onion Soup served with a cheese crouton
- Smoked Salmon and trout roulade, with rocket and horseradish cream
- Haddock, Salmon and Tiger Prawn Fishcakes, served with sunblushed tomato relish
- Warm Pea, Fennel and Feta Salad, with a parsley and mint dressing

Main course:

- Celebration Roast Turkey, chestnut forcemeat, served with pigs in blankets, sage and onion bread sauce, apple and cranberry compote, roast potatoes and seasonal vegetables
- Pan fried Venison topped with foie gras, served with gratin dauphinoise potatoes, roast celeriac and carrot, with a red wine and juniper reduction
- Saffron marinaded Seabass, served with braised fennel, roast shallots and tomato confit
- Brie, Mushroom, Butternut Squash and Cashew Nut Wellington, served with sweet garlic potatoes and balsamic beetroot

Dessert:

- Christmas Pudding with brandy sauce
- Trio of classic desserts: White Chocolate Mousse, Dark Chocolate and Almond Torte with amaretto cream, Sparkling Wine and Strawberry Jelly
- White Chocolate Panna Cotta with balsamic strawberry crème anglaise
- Ginger and Syrup Cheesecake with a blob of vanilla ice cream

Cheese:

- A taste of Lancashire. A quartet of flavours, served with biscuits, grapes & walnuts

Afters:

- Farrers of Kendal special blend Filter Coffee served with cream & Mince Pies

could reduce the incidence of cattle TB and could actually make the problem worse. Despite this clear finding there is now a proposal from the government for a new programme of farmer-led culling in hotspot areas by shooting badgers.

Badger vaccination trials are underway but Ian said these were untested and may also not be very successful. Some of the trials undertaken by Wildlife Trusts and the National Trust will provide more

evidence in time. Clearly the most obvious solution would be to vaccinate cattle. This would solve the TB problem completely. While it is true that badgers can and do pass TB to cattle, the incidence of TB in cattle was at its highest at a time when badgers were nearly extinct in the UK and there is evidence that, without reinfection from cattle, TB will die out in badger populations. If cattle were vaccinated then TB in UK herds and in UK wild mammal populations would disappear. The issue for farmers is the ban on then exporting vaccinated cows, but with some political will and effort it ought to be possible to solve this problem by negotiation with our trading partners.

No-one is minimising the impact of cattle TB on farmers, or the need to do something to solve the problem. However the solution has to be effective and not simply a waste of time and money, particularly as farmers will be footing the bill and the badgers paying with their lives. Paying millions for an expensive scientific trial and then ignoring the clear findings is wasteful and foolish. The good news for farmers in this area is that extensive recent testing of all wildlife in this area has shown no link at all with the recent cattle TB outbreak in Cumbria. All species tested from the area have been clear of the disease and the strain of bacterium found in cattle appears to have originated in Oxfordshire. Locally, at least, badgers are not implicated in transmission.

Jackie Hooley

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TOWNSCAPE PROJECT

If the people of Sedbergh want shops, markets and other trades to survive in the Main Street, they need to be aware of what developments are afoot. Without any direct consultation with Main Street shopkeepers, the consultants employed at great public expense under the "Sedbergh Townscape Project" have made recommendations to make changes to the town centre to the possible detriment of the Main Street businesses. It is our understanding that if the necessary funding can be secured, these changes will be implemented without further ado. As this "Project" does not seem to

have been widely publicised, we set out below the "Executive Summary" of the consultants' recommendations for your town.

EXECUTIVE SUMMARY

[start] The Sedbergh Townscape Project has been developed in response to the concerns of local residents and businesses regarding the quality of the town centre environment, and more particularly the impact of vehicular traffic on the core of the town centre. The project has been promoted by Sedbergh Parish Council with key stakeholders including the Yorkshire Dales National Park Authority (YDNPA), South Lakeland District Council, Cumbria County Council and Sedbergh

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School, the Sedbergh Townscape Project outlined in this report is the first step in implementing a range of coordinated environmental improvements and traffic management measures which seek to foster the local economic well being of the town.

The following overarching aims and objectives were developed for Sedbergh, which were informed by issues raised as part of previous consultation undertaken by the Parish Council and from our understanding of the town:

Overarching aim:

To foster the economic well-being of the town

Objectives:

- To reduce the amount of traffic running through the heart of the town.
- To create a better quality and safer public environment, especially for pedestrians.
- To support, promote and attract investment in the town, its businesses and facilities.
- To enhance the special historic character of the town.
- To improve the attractiveness of the town as a place to visit and stay.

A Movement Framework and Public Realm Strategy have been developed to support these objectives. These set out a number of key improvements for the town which

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include:

- Joss Lane car park - re-arrangement of parking on site and the creation of new public space with a dedicated area for the street market along and directly facing Main Street.
- Environmental improvements in front of St Andrew's Church and Sedbergh United Reformed Church.
- Main Street - resurfacing the carriageway and relaying and realigning of pavements along Main Street to give greater priority to pedestrians.
- Main Street and Station Road - widening of pavements and creation of drop off / loading bays where possible and resurfacing where required with a consistent natural palette of high quality materials.
- Promoting Busk Lane as the key route to Sedbergh School and through the town through junction realignment and signage to reduce congestion in the town centre's historic narrow streets.
- New pedestrian crossing facilities and traffic calming throughout the town, particularly along Busk Lane and Loftus Hill to ensure safe crossing for school pupils.

An Action Plan outlining the key priority projects, estimated costs, lead agencies, potential funding and any associated issues is set out in Chapter 6. This indicates that most of the projects are capable of delivery in the short to medium term if funding can be secured and if planning



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permission is achieved where required. *[end]*

These consultants state that "the overarching aim is to foster the economic well-being of the town". From a Main Street business point of view, this project will do the exact opposite. Already struggling businesses will find it even harder to make ends meet if the proposal to reduce the amount of traffic running through the heart of the town is implemented.

Our businesses rely upon a good deal of passing trade and the danger is that if local shops are forced to close, Sedbergh will become a ghost town.

If the people of Sedbergh share our concerns please make your views known to Tim Farron MP and Sedbergh Parish Council. To read the Project Document in full, please visit the Sedbergh Community Office. It can also be viewed On-Line at www.sedberghparishcouncil.org.uk/Townscape-Initiative-Final-Report-April-2011.pdf

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SEDBERGH WI

We have had our Annual Meeting this month; we reviewed the first year with our new name, a move which has seen us gain new members plus two dual members who live at Arkholme. Overall we agreed that the change of name, the change of date and the revamp of our programme has been a great success. Two Committee members, Denise and June, stood down after 5 and 13 years respectively, we are sorry to see them go, but think that they deserve to relax on the back row. We are delighted that Sue has joined the Committee. Linda Hopkins was elected President with Anne Pitt

taking the role of Vice President. Once the business was over we enjoyed a Jacob's Join and then played the game where you split into teams, one member of the team is given a word which they have to model out of playdough while the rest of the team guesses what it is. Yes, I know we are grown women, but I can assure you after a glass of wine, some of the models and the answers were very amusing! Sandra read us her short story entry, which had made it through to the WI National competition and the President told members a Christmas story for people having a bad day (it concerns Santa, elves drinking the cider,

Christmas trees and how the fairy got stuck on the top – ask me about it).

Two teams took part in the Federation quiz, we ended very high up the points table but not enough to win, congratulations to the winning team from Killington. 15 of us travelled to the Old Laundry, Bowness to see an Alan Ayckbourn play, Neighbourhood Watch, it was very good and we all enjoyed the experience. Our book club have been reading Thomas Hardy's 'The Mayor of Casterbridge', most of us gave it a high mark for enjoyment and whether we would recommend it to other readers.

Now we are working on our entry for the Christmas Tree Festival, taking place at the beginning of December, and also looking forward to an afternoon of making Christmas floral arrangements, which is being held later this month.

Our walking group is heading to Langdale this month, and hoping for a clear day to enjoy the Lakeland views.

Members are going to Lindeth Howe for the Christmas Lunch in December.

Our first meeting of 2012 is on Wednesday January 11th, at 7.30pm in the People's Hall Committee Room. We are starting the year with a social evening, when we are showing a DVD and, of course, we will be serving popcorn. If you would like to join us please contact our Secretary, Pat Ramsden, on tel. 20828, or me, Linda Hopkins on tel. 21455, you can be assured of a warm welcome, however cold it is outside. *L Hopkins*



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AUTUMN IN SEDBERGH

October ended with members of Spellbound Theatre jumping out of the bushes in Queens Gardens frightening the life out of children and adults alike and all in the name of Halloween fun. This is the second year Spellbound have put on a Halloween treat for the youngsters, and what with the Bowling Club laying on a mountain of tasty refreshments everyone had a jolly good time.

On November 2nd a meeting was held in the Pulse Gym at Baliol School to find ways in which the gym can transfer to different premises and many ideas were put forward by enthusiastic members. Secretary Dot Dunn and myself are following up

these suggestions and remain very hopeful. The Gym will not have to close until the end of February and may even be able to continue beyond this. Negotiations are ongoing and members will be notified of progress and developments. Be sure also to look out for the next Gym Quiz which will be held at the Peoples Hall early in the new year.

Also on November 2nd the Town Band held a very successful Coffee Morning raising funds to support it's ever growing membership. While on Friday November 11th the band gave a concert at the URC for Remembrance. This was third time the band has done this and it looks like it will become a permanent part

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of it's events calendar. I for one certainly hope so.

The band gave an inspired performance playing pieces associated with the armed forces. Everyone attending also enjoyed singing along with some well know war time favourites. Stuart Manger was MC for the evening, Tony Playfoot played the bagpipes for the memorable Highland Cathedral and Band Master Alan Lewis was delighted to report that the town band performed entirely without outside support. After the concert Mr Pease thanked the band on behalf of the Royal British Legion who will be beneficiaries of the event.

Many of you will know that my

husband Keith plays cornet in the band and also plays the Last Post and Reveille in St Andrews on Remembrance Sunday. This year however the job was done (splendidly we hear) by Peter Packham also a long serving band member.

The reason Keith did not play was because he and I were in London at the Royal Albert Hall. Yes, we had the privilege of actually being at the televised Festival of Remembrance. I just have to tell you how good it was. The Albert Hall itself is magnificent and the atmosphere was so friendly. Keith and I had not been before and we were most impressed. It may sound daft but nether Keith nor I had thought about who would be there,

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we had only been excited about being there ourselves. So on spotting the Royal Box once we got to our seats that we began to wonder whether the Queen might be attending the event. All the same we did not expect to get the full set of royals. To our astonishment the Queen, The Duke of Edinburgh, Princes Charles, Andrew, Edward and Princess Anne plus husband and wives, the Prime Minister and other government leaders were all there.

The various marching bands were superb along with a performance by the Military Wives Choir which had been very recently put together by Gareth Malone. The choir came

GRAHAM J MOFFAT



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together while the women's husbands were serving in Afghanistan. They had never sung in any professional way before despite this but they gave an exceptional performance which brought a tear to the eye as did the testimonials of friends of those lost and the appearance of the war widows and the wonderful Chelsea pensioners.

We were also treated to performances by Sir Cliff, Alfie Bow,

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Katherine Jenkins and Joe McEldery. What a surprise.

Big screens had been set up around the Hall and when it was time for the audience to join in the words were displayed. So now Keith and I can say we have sung at the Albert Hall in front of the Queen as we certainly did along with all the other people who enjoyed this wonderfully occasion and moving act of remembrance.

Sandra Gold-Wood

PROMISES AUCTION AT THE PEOPLE'S HALL

Sandra Longlands dreamed up this event and clothed it with an extraordinary number of 99 promises gathered from far and near.

Doors and bar opened at 7pm and the auction began at 7.30pm prompt on 28th October. A first for Sedbergh!

Before the auction could commence all those persons intending to bid were required to register and receive a bidding paddle from our team of Registrars: Sean Hobson, Kath Swift and Elspeth Griffiths.

Sandra introduced the evening and welcomed the auctioneers. We were lucky to acquire the services of two experienced and well known "men about town" guest auctioneers: David Ramsbottom and David Lord. Smartly dressed in illuminated waistcoats they took it in turns to harangue the small, but select, collection of bidders.

The Auctioneers explained the bidding rules and the evening's arrangements and bidding commenced.

The lots included escorted shopping trips, paint balling and dinner, bed & breakfast for two. Less exotic lots included: £10 meal vouchers, carpet cleaning and baby sitting.

Gina Barney ran back and forth between the Auctioneers and the Cashiers (previously known as Registrars) with the completed bid sheets.

There was hardly a moment to draw breath, except for the thirsty bidders to either drown their sorrows or toast



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their success at the bar operated by Avril Hobson, Ron Gerrard and Gillian Rea

Steve Longlands and Andrew Allan were there to oversee the proceedings and to set up the sound and lights, etc.

Several "telephoned" bids were taken into account during the offers together with those made from the floor. In true auction fashion some lots failed to reach their reserve and were withdrawn.

The evening ended with Chairman Steve thanking all for their participation. The Auctioneers presented Sandra with a well earned bouquet of flowers and in return the Auctioneers received a bottle of wine (each) to aid their recovery from a very intense evening.

Previous to the event the value of the lots had been estimated at £2833. The total raised was £2,769.85, including bar takings. What a clever Treasurer we have!

Many thanks to the small select band of bidders who attended and to their generosity. A splendid effort by all on behalf of our Redevelopment Fund.

One sad note – we found out from HMRC (the tax man) that the income could not be Gift Aided – anyone know a way round this?

Dr Gina Barney

SEDBERGH & DISTRICT HISTORY SOCIETY

On Wednesday 19th October Graham Dalton acted as our guide on a fascinating historical 'journey' through Dent and Dentdale. In this, the second talk of the SDHS winter season, the Dentdale Memorial Hall was filled with a knowledgeable, enthusiastic and largely local audience. The photographs to be shown had been collected by Shirley Tebay and selected by Diane Elphick, both long-standing members of the Society, and prompted several gasps of recognition not only of old buildings and locations but also of characters of yesteryear. For example, in one slide showing Bob Burrow and the 'Bus' (Hackney Carriage) one member of the audience named her great-great-grandmother, Gita (?); in another photo of a group of a previous incarnation of Sedbergh History Society members pictured next to the Sedgwick Fountain in the 1930s the names of A.J. Martin, George Bentham, Frankland, Dawson and Oggersby were mentioned.

The slides ranged from the 1880s to the 1960s; from Dent Head, Stonehouse and Cowgill in the east to Dent Town, Gate Manor and Rash in the west; and covered such diverse topics as places of worship, schools, mills, shops, inns, transport, farming, road and railway transport, and special events.

The first section concentrated on Dent Town itself. An image taken from above Flinter Gill in 1904 showed the old workhouse (now Hall Bank)

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across the valley, but little or no housing development outside the village centre around the church. Both interior and exterior views were taken of St Andrews church before and after its alterations of 1890 - the latter also showing the Grammar School before its closure in 1895 - and there was a series of photos taken around the fountain between the 1890s and 1930s: the Sun, George and Dragon and White Hart inns; Ivy Cottage, Bank House and Dent Stores, all little-changed; a 'Band of Hope' parade and meeting in c.1905; two cows drinking from the fountain (Dent's only drinking water supply for decades); the platform from which Adam Sedgwick had addressed the townsfolk in 1815 about the victory at Waterloo; and a group of 'pace-egggers', some with blackened faces (representing slaves from Whernside Manor?) in the cobbled street.

Our trip down memory lane then moved up the valley past Gibbs Hall (strange tales of family feuds) to Cowgill's weaving terrace with its beautifully kept kitchen gardens, the Mill on the Dee where local people refused to work because of its tight confines, Stonehouse Marble Works which provided the stone for a fireplace featured in the Hermitage in

St Petersburg, the Sportsman's Inn (named, apparently, after the grouse shooters from Underley Hall who frequented Deeside, the nearby shooting lodge - before becoming a youth hostel), and upwards to Artengill Viaduct and Dent Station, timeless structures of the Settle-Carlisle Railway opened in 1876 and, at one time in the 1950s carrying 100 trains per day!

We were also shown several chapels such as Deepdale, the Zion in Dent, Cowgill Little Chapel, the Wesleyan (with its Harvest Festival display), Lea Yeat's Quaker Meeting House and Congregational Manse. The loss of many of these, together with the closure of schools, loss of

mills and reduction in public transport illustrated just how much the Dale has changed over the last century or more. One slide depicted the final Ribble Bus Service from Dent crossing Millthrop Bridge: no-one in the Hall could put an exact date to that (1960s?).

Two of the oldest and most nostalgic photos that Graham Dalton showed us were of farmworkers scything and gathering hay in a field outside Dent Town in 1896. He also showed the floods of 1928, quoting the local saying about Dentdale weather: "Nine months of winter; three months of bad weather!"

Change, but no change!

Michael Beecroft

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In October, the Sedbergh local support group were delighted to welcome the Rev'd Paul Sweeting, chaplain of Sedbergh School, to talk to us about his time in the Falkland Islands. Paul was Rector of the Falklands and Territories from 2003 to 2006, the biggest Anglican parish in the world and comprising the Falkland Islands, South Georgia and the British Antarctic Territory.

The islands lie in the path of the winds which blow interrupted around the southern latitudes producing very changeable weather. Some areas are very wet and boggy with others dry desert. Some idea of the terrain can

be imagined when standing on the top of the Howgills. Although summers are cool the winter temperatures are milder than ours especially in recent winters here. An exception was the time of the Falklands conflict in 1982 when an unusually cold winter added to the horrors of war. With the almost constant wind very little can grow very tall so low ground hugging plants prevail.

Stanley itself is incongruously twinned with Whitby and the Cathedral once served the whole South American diocese. The Deanery where the Sweeting family lived was in the capital Stanley and only separated from the sea by a

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short stretch of grass. Here very noisy whales could be observed at close quarters coming inland in search of food after storms. The Southern Right Whale predominates with numbers recovering after the whaling activities (catching the “right” whale) in past years.

Sheep farming is the main source of income. 10,000 acres are regarded as a small farm. Others can be over 200,000 acres in size. Shelters dot the land for the gauchos/shepherds sometimes with a turkey buzzard roosting on top! The islands are known for the quality of all types of fishing and several fishing shacks can also be spotted along the coast and rivers. We saw pictures of the Port

Stephens farm with land running down to the sea. The freedom of these open spaces was obviously a real delight for all the Sweeting family. Unfortunately there are still areas of mines being cleared in some areas. They are carefully fenced off with livestock excluded allowing the native flora to flourish. We saw Lady’s Slipper orchid, “diddledee” with red berries good for making a rather sour jam and the “pale maiden” which is the national flower. Scurvy grass (containing vitamin C) abounds and gorse which was imported for animal shelter.

The birdlife is unafraid. Lie still long enough and you may be mistaken for carrion! Several eagles can sit

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alongside an intrepid bird watcher. The striated caracara is common. Individuals can follow you around "with the eyes of a killer". One is advised to carry a stick for protection holding it higher than your head. The crested caracara is more common in South America but one had taken up residence in the burial ground wreaking havoc on any tributes left on graves. The more shy red backed hawk is often observed. The rather ugly turkey buzzards can creep up on you hunched like grim reapers but they do a good job of cleaning up the Falklands. More information can be found on the Falklands Conservation website. The upland goose has always been a source of food and a

welcome alternative to mutton but when in flocks can leave a great deal of muck, not to be observed when downwind of a helicopter! Smaller birds are the military starling or Falklands robin and the tussock bird who will become instant friends if you turn stones over for them. Wading birds illustrated were crested grebes, black necked swans and the black browed night heron. Albatross young can be observed on West Point Island but rarely seen on land otherwise.

Penguins abound in various areas. The quarrelsome rockhopper, hardman of the penguin world, are numerous. The flea ridden "jackass" lives in burrows and brays like a

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donkey. The king penguin is reappearing after near extinction and the curious gentoo will approach for photo opportunities. The rockhopper numbers are declining and reasons are being investigated. Their principal food is squid and supplies may have changed in amount and location.

Always lurking near colonies, hoping to snatch eggs or penguin young (or attack unwary photographers), are the vicious skuas.

The largest mammal is the elephant seal. The bulls fight and inflict near deadly wounds during the mating season and there are always orcas (a species of dolphin) waiting offshore to snatch a seal pup. An orca or "killer whale" is capable of biting a bull elephant seal in half. Other mammals are sea lions (the males really do have manes) and leopard seals (known to have attacked and killed humans).

Dolphins will accompany and play around boats and squids, some of gargantuan size, are food for all. One particularly huge Falklands specimen is now on display in the London Natural History Museum.

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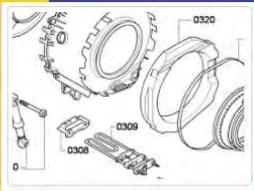
After his talk Paul was happy to answer audience questions. In answer, there is a real threat to these low lying islands from sea level rise and tsunamis and cattle, Belted Galloways and Herefords, are gradually being introduced with some wild longhorns already in the islands. The islands were visited and described by Darwin in HMS Beagle. Dogs are used to round up sheep with helicopter use mainly confined to rat eradication on some islands.

There is no doubt that the Falkland Islands cast a mysterious spell over those fortunate enough to visit in peacetime and the audience, thanks to this fascinating talk, was able to enjoy a taste of this. We hope to invite Paul to return soon to tell us more about the other outposts of his unique former parish.

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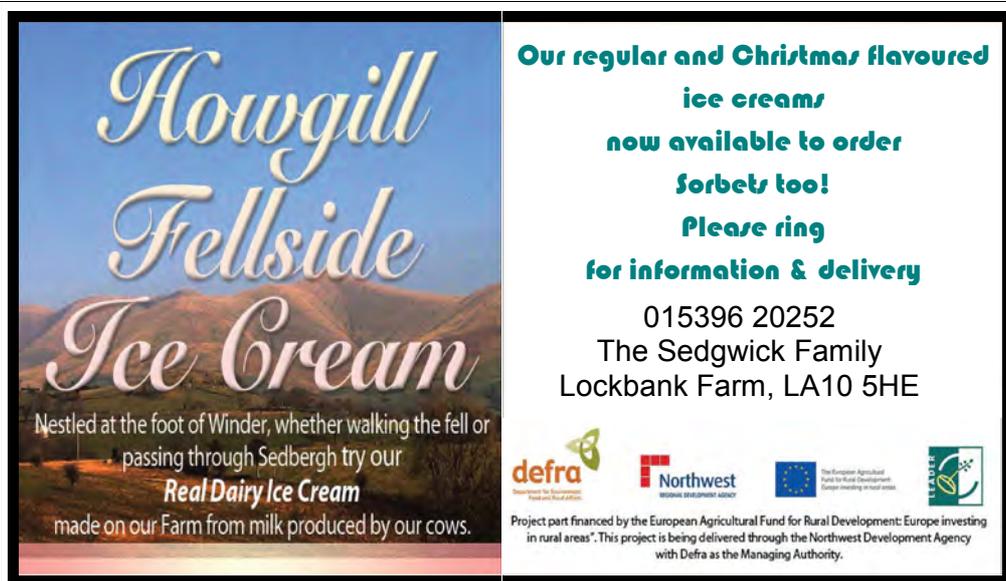
FAIR TRADE AT THE CHAMBER

On Monday 17th October 2011 the Annual General Meeting of the local Chamber of Trade took place in the Conference Room of the Bull Hotel in Sedbergh. The majority of the people attending the meeting were members of the Chamber of Trade, but also in attendance were non-members invited by members as their guests. Some of these guests were no doubt present as part of a campaign to recruit new members as agreed at the previous AGM.

At the start of the meeting we five female shopkeepers from Main Street Sedbergh, i.e. Angie from Premier Express, Sue from Memory Lane Antiques, Judith from Howgills Bakery, Rebecca from On A Roll and Kath from The Green Door, two of whom had received verbal invitations from existing members, made our way into the Conference Room to

attend the AGM as non-members, merely to observe, to listen to the various annual reports, the discussion of any business, the election of officers, etc, with a view to deciding whether the Chamber of Trade was the sort of organisation that we might wish to join in the near future.

Unfortunately we were never given the chance. Before the commencement of business, we five shopkeepers, who were standing quietly in a corner of the room, were very pointedly asked to leave the room by the Chair person with no explanation for the expulsion. All five of us honest hard working shopkeepers were not only shocked but also highly humiliated by the Chair person's treatment of us, particularly as the same directive to leave was not applied to other non-members who were seated in the room.



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Project part financed by the European Agricultural Fund for Rural Development: Europe investing in rural areas. This project is being delivered through the Northwest Development Agency with Defra as the Managing Authority.

We did nothing to justify the Chair person’s decision to discriminate against our group. We understood perfectly well that as non-members we would not be able to participate in the business of the AGM. We were present in an observing role having been encouraged by members to attend, many of whom have said in the past “If you want to have a say in the future of the town, particularly in Main Street, you need to become a member of Chamber of Trade”.

We were astounded to learn later that our innocuous group of respectable intelligent women had been labeled a “lynch mob” and a “rabble”. One of the group Angie (Premier Express) is a born and bred Sedberghian whose family goes back many years in the town.

Ironically the Chamber’s Mission Statement says that “new members

are welcome at any time”. Sadly that was not our experience and we were left feeling belittled, insignificant, unwanted, ill respected, and with no wish to become members of the Chamber of Trade. Many people present that night have expressed to us their dismay at the treatment that we received and we would like to thank them for their support. We also appreciate the positive feedback from the many people who have subsequently approached us in our shops or in the street.

Regrettably, no formal apology or satisfactory explanation has been forthcoming for this disgraceful episode.

AB, SW, JA, KM

P.S. Presumably this is the same Chamber of Trade which will expect us five to be open for their grand “Late Night Christmas Opening” in December!

K-SET

Save energy evening 10th February and news update.

Do you need a starting gun to get you working on making your bedroom warmer? Do you want to know if it is still worth while putting in solar voltaics? Would it really be money saving to spend money you really have not got on insulation?

Hopefully you can get some answers at our Energy Saving, Money Saving Evening at the Peoples Hall in February (see advert). The last one we held in 2010 was a great success with young people from the schools and the Boy Scouts inspiring us and trades people and environmental organisations

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Killington and District Sustainable Energy Trust



SAVE ENERGY EVENING

Friday 10th February

5:30 to 9pm

People's Hall

Trade Stands, local organisation stands, advice on equipment, insulation, saving fuel.

Drop in and ask your questions

PUT IT IN YOUR DIARY NOW!

offering us advice.

An additional feature come 10 February 2012 will be an Any Questions session which will go on for most of the evening. You will be able to drop in and ask questions of the experts, hear experience of people like yourselves and listen to other people's problems. It will be led by a panel of experts. If you would like to have a say, do contact us beforehand, but questions from the audience will also be welcomed.

No project ever goes quite smoothly and our hydro project at Broad Raine is no exception. There was going to be an extra cost of between £50,000 and £100,000 for monitoring the installation of the turbine, because the site was owned by the Environment Agency. This was resolved when the EA said they intended to sell off the site. They then



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came up with another idea. An almost unreadable document called the European Water Framework Directive suggested that weirs were a hindrance to the natural ecology of a river system. From that point of view, the EA suggested that removing the Broad Raine weir would be a sensible thing to do. No weir, no hydro power!

Blowing up weirs by fishermen is not new. I believe that after World War II some roadmen, who were keen fishermen, used the explosives given them for blowing up pill boxes, to blow up the weir at Farfield!

We are having a meeting with the EA in December to try and resolve the issue. The Lune and Wyre Fish Association wants to see the weir and fish ladder retained. This association has a hatchery group that for years has spent money and much time on re-stocking the migratory fish population of the Lune catchment, using the Broad Raine fish trap, so in them we have a good ally.

It also seems strange that a weir that has been there for at least 400 years to serve a water flour mill,

should now be found to be so serious a problem, it needs to be blown up. We believe it is not possible to turn the clock back 400 years to re-establish what was there 400 years ago; and during all that time the Lune has remained one of the four most important rivers in the country for migratory fish. That the river and the weir should be used once again to generate power as well as to continue to assist migratory fish seems to be a powerful argument for the hatchery operation and a screw generator which will not harm the fish*, but encourage them (because of the turbulence it creates) to use the fish ladder.

We are for renewable energy generation! We are also very much for fish!

K-SET

* I have the research on this if anyone is interested. Phone 015396 20553.

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BOOKWORM

What I have been reading this month:-

1. Arthur and George by Julian Barnes (fiction)

This engrossing novel is based on the gifted Sir Arthur Conan Doyle and the plodding George Edalji in late 19th century England. Their lives unexpectedly intertwine when Doyle takes up the miscarriage of justice case of Edalji and mutilated horses in Staffordshire. Barnes' characterisation is superb and he writes this compelling story in a masterly controlled way. (NB Doyle's mother lived near Ingleton for many years)

2. Truth and Consequences by Alison Lurie (fiction)

American university academic Alan Mackenzie slips playing volley ball, damages his back and is in agonising pain for over 15 months. This affects his work, marriage to saintly Jane and

life in all respects. Delia Delaney arrives on a 1 year fellowship and has a knack of getting people to do things for her through charm and manipulation. Uncomfortable lies develop among these 3 characters. Stability is disturbed. Lurie is an astute observer and recorder of subtle relationship shifts. An enjoyable read!

3. House of Orphans by Helen Dunmore (fiction)

Finland 1902 and Russia embarks on a policy of enforced submission. Eva is rescued by the 'House of Orphans' and is placed as a servant to a widowed country doctor. She then escapes to Helsinki to find a childhood 'friend' Laurie and a purpose in life that honours her father's memory. Laurie gets involved with a politically active group and is betrayed and Eva gets caught up in events she cannot control or understand.



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4. Solar by Ian McEwan (fiction)
Politics, climate change research and a Nobel prize winner on his 5th wife are the stuff of this impeccably researched novel. Sometimes funny, sometimes savage McEwan blends this into another accomplished and weighty novel.

5. Growing up in the Gorbals by Ralph Glasser (autobiography)
This trilogy is based on the experiences of Glasser, brought up in the Gorbals, Glasgow in 1920s who later got a scholarship to Oxford University. The first 2 books deal with extraordinary phases of his life in a remarkably thoughtful and challenging way. Glasser had communist sympathies and was

sounded out as a potential spy recruit. Throughout his life he felt as though he did not belong to the Gorbals, Oxford or his Jewish community or family. An inspiring 631 pages. (NB I puzzled over his fondness for his despicable gambling father).

6. My Last Duchess by Daisy Goodwin (fiction)
A wealthy American heiress Cora Cash comes to England in 1894 in search of a titled aristocratic husband under her mother's supervision. Full of entertaining references to USA and UK different cultural habits. Amusing historical romance, poisonous mother in law and unimaginable wealth!

RM Bookworm

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SEDBERGH & DISTRICT HISTORY SOCIETY

David Shackleton's talk about the work of the Commonwealth War Graves Commission on 2nd November was a timely reminder of the national and local significance of Armistice Day and Remembrance Sunday which were shortly to be celebrated. Moreover, it was particularly appropriate at the time, since Sedbergh School was about to commemorate the award of the Victoria Cross in 1941 to three of its former pupils.

David himself had been involved in photographing a huge number of headstones and memorials, in getting the Sedbergh War Memorial listed

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and in the research associated with local men who had died in World War 1. He talked movingly about the effect on their communities and how 'their presence was missed' when 1,000,000 young men from 'the better end of the working classes' enlisted in 1914.

Evidently there had been no official permanent memorials to the men who had died in conflicts before World War 1, but by 1916 they were being constructed because public opinion was in favour of the move. The one man who stands out as being particularly instrumental in this development was Sir Fabian Ware. Too old to be accepted for war duty, his role when war broke out was to lead a mobile unit of the British Red Cross. When he arrived in France and found that there was no body responsible for marking and recording the graves of dead soldiers he set

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about rectifying this situation and his work was soon to be supported by the War Office. The Graves Registration Commission was established in 1915, but the organisation which is known today as the Commonwealth War Graves Commission was created in 1917 by Royal Charter with Ware as its Vice-Chairman. Since the Commission was set up, it has built and maintained cemeteries and memorials and has ensured that the name of everyone who has died in war has been recorded on a marked grave or a memorial.

In the other section of David's talk he gave details of some ex pupils from Sedbergh School whose deaths in World War 1 have been recorded in many different locations. These range from the individual grave of J. Widdowson in a small village just south of Brussels to the many

beautifully laid out cemeteries with their identical crosses or headstones and the huge memorials where individuals are commemorated with thousands of other fallen soldiers. By describing the circumstances of the deaths of some of the Sedbergh men he emphasised the horror of the World War 1 battlefields. In particular he mentioned Charles Briscow who as a tunneller had to endure the most appalling conditions underground in constant danger and was awarded the Military Cross.

David's talk was very well received by a large audience and afterwards members were very interested to view the records that he had brought with him.
Julie Leigh

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PEOPLE'S HALL

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Recognising that every little helps the Fundraising Subcommittee has been exploring a variety of ways to generate income for the Redevelopment Project.

Some mobile telephone providers offer schemes by which mobile phone users can donate a small percentage of the value of their mobile phone calls to a nominated charity. We have registered the Sedbergh People's Hall with four providers: Cellnet, Orange, O2 and Vodaphone.

From 1 December 2011 anyone who wishes to select the People's Hall as the nominated charity can do so by going to the relevant providers' website. Then from the charge made for each call a very small donation will go to the People's Hall. This donation will be made within the user's call contract and some contracts may not allow it, eg: from free calls. From time to time the mobile phone provider will make a transfer to the People's Hall bank account.

There is **no cost at all** to the eligible phone user, but it does help the People's Hall fundraising efforts. Give it a whirl – we will report progress in due time.

DATES FOR YOUR DIARY

Holly and the Ivy

Friday 9 December 2011 at 7.30pm

The Holly and the Ivy is a Touring Highlights music and song event with songs, dances, tunes, stories, rituals and customs. We thought it an

appropriate event for the Christmas season.

The performances feature: David Oliver (accordion, vocals), Laura Connolly (clogs, flute, vocals), and Stewart Hardy (fiddle, vocals). We plan to end the evening with a mini Ceilidh.

Tickets: Adults £7.50, Children £4.00, Family £20.00 obtainable from the TIC and on the door. There will be a Licensed Bar and proceeds will go to our general account.

Saturday 10 December 2011 at 8.00pm Old Tyme Dance

A return of our popular Olde Tyme Dance with Jacobs Join to the music of Kenny Bell.

We can publicise your event in the People's Hall - just email us:

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Hon Secretary (20790).*

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FIREWORKS CONCERT

Once again our beautiful old church in the heart of our town rang and echoed with music on Thursday 10th November.

The old stones came to life in the evening light and for a brief while on Armistice Day Eve we celebrated what is rich and beautiful in our European culture : a stark but reassuring contrast to the sadness and soul-searching of Remembrance Weekend. This is as it should be and as those who gave their lives for freedom would want it.

Our young, 3 concert-old, Sedbergh Orchestra was in grand form : Peter Crompton had welded its 3 dozen members into a team that was a pleasure to hear and to play in ... which is, after all, its purpose.

The attractive programme was principally by British composers : Elgar, Holst, Delius and the first generation immigrant Georg Friedrich Händel with a delightful finale from a Norwegian, Edvard Grieg. It was varied : from the bold , vigorous and foot-tapping 18th century of the Royal Firework Music, through the warmth, lyricism and pathos of early 20th century British to the trolls and goblins of the Nordic imagination ; all played with a verve and enjoyment that infected the audience, whose enthusiastic support was heart-warming. Chat and refreshments rounded off the evening.

So, come and join in, undiscovered musicians, and let us all make a note of the dates of the next two concerts : March 1st and June 14th. J.W.G.C



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The power of a simple gift was made evident at the November gathering, as we watched a video of children from around the world opening their shoeboxes filled with gifts. The looks of joy and gratitude on their faces was wonderful to see. Many had packed shoeboxes and these were brought forwards during the service. These will be delivered by Samaritans Purse, a Christian relief and development organisation, who through these boxes demonstrate God's love to children and families across Africa, Eastern Europe and Central Asia.

Rev Tim Widdess led the service and informal worship was led by Sandy Roy. All are welcome to join us and the last one of 2011 will be 11th December, and then 8th January 2012.

Sedbergh Methodist Church

AUDIO & LARGE PRINT LOOKAROUND

We are happy to see the return of Dennis Whicker and to be able to reschedule the 10th Anniversary Party of the A&LP Lookaround for Tuesday January 17th 2012 by which time we also hope that Jennifer Levitt, (prime mover for the Sedbergh and District Sight Advice group) will be fully restored to "active service" Please note the new venue is at the URC rooms.

Each month A&LP Lookaround works hard to reach out through Audio Recordings and Large Print editions of The Lookaround to people with sight problems. We could easily include more people either as readers or as recipients so please don't be shy. Just call in at Sedbergh Office Services (behind The Bull Hotel) Tel: 20788 or waylay Dennis as he makes his distinctive progress around the town.

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NORTH WEST CANCER RESEARCH FUND NEWS

In the past year the wonderful total of £2,719. 94 has been sent to NWCRF by the Treasurer of our Sedbergh Committee. This is the result of our two Coffee Mornings, donations given in memory of loved ones and from others celebrating special anniversaries who have kindly requested donations instead of presents.

At NWCRF almost 90p for every £1 donated goes into researching the causes of cancer and how it spreads. there is only a small part-time office staff with all other helpers being volunteers. Research is carried out at Liverpool Lancaster and Bangor Universities where scientists can apply for grants by providing detailed information about what they want to look into and why. A Scientific Committee of volunteers meets twice a year to review applications which must meet a very high standard.

If the causes of cancer are not known, how can a cure be found?

*Marjorie Fishwick Secretary,
Sedbergh NWCRF Committee*

FARFIELD MILL

Thank you to everyone who entered the 'Win Tea or Coffee and Cakes for two at Weavers Café Farfield Mill' competition in Octobers Lookaround. The winner was Adam Hopkins, who will receive a voucher to redeem at his convenience. The Answer was: LA10 residents receive free entry to Farfield Mill on Mondays.

SEDBERGH BONFIRE NIGHT

The town Bonfire Night on Saturday 5th November was a great success. The weather was perfect and the moon rose in a clear sky as the bonfire was lit. Many people came to enjoy the traditional activities and to partake of an extensive range of food and drinks. The evening culminated in a spectacular firework display on the field above the People's Hall; thanks to Ted Morphet for allowing us to use his land once again. And thanks also to Dennis & Jacky Whicker for donating the fireworks.

Sadly the event ended on a sour note. Much later that night, long after the fire had died down, some individuals threw inappropriate material on to the bonfire. This resulted far more work in the clearing of the fire site and replacing the turf. The police have been informed and would welcome any information. This vandalism obviously puts the future of a fire on Bonfire Night into question.

Gala Group

FAMILY MUSINGS

A New Year .. Resolutions time again, THIS year will be the one when I ... you can fill in the blanks and I will just think about mine! It doesn't do to let slip to much at a time and I would hate to spoil any surprises! A friend and I had a good day out recently, we went to Leyburn and stopped en - route at a roadside pub for coffee. The owners made us very welcome and once the chap got his hearing aid in he knew my friend from her young days. Mm I am still

working that one out! We had a lovely day and hope to repeat the experience soon. Our dual-control electric blanket is great, hubby was in bother when he turned it down before I got home cold from work thinking I'd be in a hot bed, so I put it on high, went asleep and dreaming of roasting fires in my bedroom woke somewhat boiled! A Happy New Year to you all for 2012 with dreams coming true (some of them!) and Gods Blessings.

Sarah

SEDBERGH SCHOOL

I wrote to Lookaround in October in order to fill a vacuum in terms of information about the School's intentions with regard to Loftus Hill Car Park and Sedbergh Junior School. In so doing, I represented the School's views on the matter through my position as Headmaster.

It is inevitable that people will hold views that are different to my own and I welcome the debate that follows. However, I do not see Lookaround as a publication through which to conduct correspondence with named individuals. To enter into such public dialogue would be distasteful and detrimental to all concerned.

I look forward to future correspondence and am willing to meet any readers who might wish to discuss this or any other matter of the School with me. In the meantime, the School continues to work with local Councillors in order to secure its own future and that of the town.

Andrew Fleck

SEDBERGH SCHOOL CCF BAND

Sedbergh School CCF Band under their bandmaster Captain Alan Lewis came back to school after the half term break to be told they were to be recorded by BBC television the next day. They appeared on breakfast television on Friday 11th November. The band was featured as part of the Remembrance Day coverage from the school. As well as the band playing the hymns, three of the cornet section featured performing the last post. The slot also included one of the school bagpipers.

Alan was informed about the appearance the evening before the recording having just landed at Edinburgh airport fresh from working with the Swedish Air Defence Regiment Band with whom he's accepted the appointment of Music Advisor.

On Monday 12th December, the CCF Band will be playing Carols in Sedbergh on and around Main Street giving you another chance to listen to and sing along to. *Paul Gray*

CREAM TEAS



Age UK Southlakeland together with the Bull Hotel would like to offer a Cream Tea afternoon on the first Wednesday of the month starting on the 7th December, at 2.30pm. The cost would be £5 per head for tea/coffee, sandwiches, scones and

cakes. The Bull would put on festive music for the launch of the first one so please pop into the Bull Hotel to enquire or phone Linda Greensmith the Village Agent for Age UK on 01539 728118

Transport may be available.

Just a reminder that the Lunch Club which meets in the Red Lion at 12 noon on the Second Thursday every month is open to everyone over 50 years of age. There is always a good selection to choose from in the 2 course Lunch and good company is to be shared.



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CAFÉ CHURCH

Café Church will take place at Duo Café, Bar & Bistro on 4th December 2011 and 12th February 2012, from 7.30pm.

They will be informal evenings with a short talk and some quality music. These events will be hosted by a group of local Christians associated with Carnforth Free Methodist Church, aiming to offer encouragement, hope and support to the community. Everyone welcome.

For more info, contact Andy and Tina Woof on 01524 730259.

HOLIDAY IN SLOVENIA 2012

In response to popular demand, I am hoping to arrange another week's visit to Slovenia in the autumn of 2012. We had a splendid time last year and as members of the Town Twinning Club were able to take advantage of discounted prices. We stayed in a 4 star hotel and the whole trip including flights and excursions cost under £600. The autumn colours were stunning and the wine-tasting was pretty good as well! It is an amazing and dramatically scenic country and you will be assured of a very warm welcome.

If anyone is interested please e-mail me msg@wardses.org.uk or telephone 015396 21138.

Susan Garnett

DENTDALE CHRISTIAN FELLOWSHIP

This Fellowship continues to meet on a Sunday evening once a month in our home, a very informal gathering round the fire. We sing a little, pray a little, someone shares whatever God leads them to share, perhaps a need for prayer or a testimony of His care and we eat supper together. Would you like to come? You will be made very welcome, if a lift would help just let us know. See advert for dates, we start at 7pm. We also have a prayer line, see advert for number, all in confidence. May God bless u with His Joy as we celebrate the birth of Jesus, His Son our Saviour.

Sarah and John. 25212.

Rhumes. Dent.

WINTER WARMTH



Age UK SouthLakeland will be hosting two winter warmth sessions in December. The first along with the Ladies NFU Coffee Morning on the 7th Dec at the URC rooms from 10.00am, and the 2nd on the 9th December in The Sedgwick Room, Dent along with the Dent over 60's group from 1.30pm. Please come along for a free glass of sherry and to find out all you need to know about staying safe and warm in the winter months.

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SPRINT TRIATHLON

I big thank you to all those who so generously sponsored us when we did our first Sprint Triathlon back on the 26th September. We both finished, much to our relief, and we raised approximately £600 for Cancer Research.

Linda Greensmith & Jacky Baines

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COMMUNITY OFFICER REPORT

In the last month the crimes reported for the Sedbergh area have been; a number of wheelie bins have been the subject of criminal damage at the Peoples Hall on Saturday 5th November after the bonfire and fireworks display. If anyone saw anything or has any further information please contact us on 0845 33 00 247.

We have still received a number of calls regarding suspicious vehicles, in most cases these are checked by patrols and allowed to proceed with their legitimate actions but we encourage further calls of this nature so we can ensure suspicious vehicles are checked as this greatly aids crime

prevention. If you are interested in joining Neighbourhood watch or Farm watch please contact us on the below details or register yourself on the Cumbria Community Messaging website.

There have also been a few incidents of sheep worrying in the area and we remind all dog owners to keep their pets on a lead, particularly around livestock. It is also important to make sure that when your dog is left outside or in your garden it is secure and cannot get out, as this contributes to these types of incidents.

The primary school has also reported to us its concerns about speeding on Long Lane in particular

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at dropping off and collection times. Speed checks will be done in the area to monitor the situation and the school will be visited to educate the children on road safety.

The Monkey House café and ourselves are holding a Christmas party on the last day of term, Friday 16th December between 7.30 and 9.30, location yet to be confirmed. We hope this will be well supported by the local youths.

The fire service and ourselves visited the local primary schools to deliver firework safety talks to educate the year 5 and 6 pupils on how to stay safe on bonfire night.

The 'Welcome to Dent' sign located under the viaduct at Dent Head was thought to have been stolen but has now been found and will be put back in its rightful place.

The problem profile for the Sedbergh and Kirkby Lonsdale area is anti social behaviour at the Peoples Hall in Sedbergh, patrols continue with regular visits to the area at various times. if anyone has any information regarding any problems with antisocial behaviour in this area

please contact the Police.

Please feel free to contact us on 0845 33 00 247 or email us on rachel.thomas@cumbria.police.uk or karen.dakin@cumbria.police.uk. Or alternatively you can speak to us during our regular drop in surgery at Sedbergh Library at the new time and date of the 3rd Saturday of each month between 10:00 – 12:30 or the first Tuesday of the month between 12:00 and 13:00 at Dent stores. We are also at Gladstone house every other Friday from 13:00. We would be pleased to meet you all to discuss any issues or simply for a chat.

*CSO 5206 Karen Dakin and
CSO 5245 Rachel Thomas.*


 15 Fell Close, Sedbergh LA10 5AP
General Builders
 Plastering ~ Roofing ~ Extensions
 Fire Places Fitted

Paul Stephenson 015396 21557 07810 595543		Tom Wilson 015396 20954 07790 946578
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DENTDALE MUSIC & BEER FESTIVAL

The committee would like to say a huge thank you to everybody that was involved in making the festival so wonderful again this year. The choice of ales, the wonderful cross section of music throughout the weekend and the delicious food that was magnificently prepared and served from the kitchen. Everybody worked so hard to make it another special event for our visitors to the Dale, so thank you again.



The operating profit for the weekend was £9417.66 and with fundraising a donations we ended the financial year with a profit of £21,512.28. What are you doing with all the money! I hear you say. Well we have to be careful with the funds as the festival this year cost a staggering £46,316.81 to put on and we have already given £500 to support the Saturday bus service, £435 to 2 school performances, £200 to charity and £500 towards the local walking maps. We are planning a public meeting to discuss the increasing costs of the festival and we will keep you all informed with further developments.

Many thanks again and we hope you can all help again next year to put on an even better festival.

Matt Clayton

GUINEA PIG CATCHER

Our two guinea pigs Brownie and Girlie escaped from their outside run and took to living in the undergrowth. Like teenage children, we knew they were there because the food we left out for them got eaten, but otherwise we rarely saw them. Professional advice that we should get behind them with a blanket was not possible because they were living in a thicket of dense brambles.

Lucia went out for several days with a home made trap set outside the brambles - a plastic box held up by a stick attached to a length of string. But the guinea pigs, despite their tiny legs, were always too fast and could get the bait and be gone before we had even begun tugging on the string. In the end we bought a mink trap from the internet - a cage with a door which snaps shut once the animal is safely inside. We put tomatoes and bananas inside the trap and within 10 minutes both of them were back in their hutch.

If you have a similar problem with escaped small pets we would be happy to lend you the trap in return for a small donation to a local charity of your choice.

David Burbidge 015396.21166

DENT BONFIRE NIGHT

There was a massive turnout for Dent's annual bonfire and firework display. With a display of beautiful fireworks, delicious mulled wine and a selection of tasty food, the evening was thoroughly enjoyed by everyone.

Laura Mottershead

CHILDREN IN NEED

at Dent C of E Primary School

The children of Dent C of E primary school were all dressed in spots at the Coffee Morning, held to raise money for children in need. The successful event in the Memorial Hall had lots of stalls filled with toys, books and delicious cakes. Children managed to cover a giant Pudsey in coins and congratulations must go to Mrs Summers who won the *guess the weight of the Pudsey* competition.

Laura Mottershead

1st SEDBERGH SCOUTS

Bumper Coffee Morning

Scouts were out in numbers on Saturday 19th November for a fund raising Coffee M, with home-made cakes and marmalades and the cheapest coffee in Sedbergh!

The Scouts made in excess of £160 and would like to thank the people of Sedbergh for their support and for several donations which were made.

Certainly people have been noticing the Scouts out and about lately and we had several compliments concerning our turn out and participation at the Remembrance Service.

A number of activities are planned to finish up our year. A Swimming Gala, Dry Slope Skiing, Forestry and Naturalist badges and a First Aid Course. Then its on to an exciting 2012.

PHOTO CALL

Sedbergh Football team c1982.

Photo by Paul Bramham

Can anyone fill in the gaps or rectify any errors

Back l - r Brian Waters, Paul Wightman, xxx Taylor, Tom Moffat, Gary Bowman, Mike Moffat, Bob Mason

xxxx David Dickie, Gary Wightman, Glen Bowman, Graham Dalzell

*Shirley Tebay 015396 25001
shirley.tebay@btinternet.com*



Organisation	Update	Contact	Tel:	015396
Allotments Association (Dent)	08/09	Mr Smith	Dent:	25688
Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beekeepers Association (S & D)	01/09	Mrs Whitton	015242	72004
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)	01/09	Mr Hinson	Sed:	20118
Caving Club (Kendal)	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/10	Mr Chapple	Sed:	22045
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	01/09	Mr Beck	Sed:	20336
Cricket Club (Dent)	01/09	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	01/09	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	09/10	Mrs Sugden	Dent:	25303
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School (Friends of)	01/09	Mr Hartley	Dent:	25317
Dog Training (Sedbergh)	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/08	Mrs O'Neill	Sed:	21958
Firbank Church Hall *	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders (Dent)	01/09	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	01/09	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	04/10	Mrs Usher	07837	978626
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Garsdale Ladies Group	09/08	Mrs Ramsbottom	Sed:	21013
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers *	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Schoolroom	01/09	Mrs Stainton	Sed:	20665
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050

Kent Lune Trefoil Guild	01/09	Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	01/09	Mrs Escholme	Sed:	20376
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council (Dent)	09/10	Mrs Fletcher	015242	72768
Parish Council (Garsdale)	01/09	Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club (Sedbergh)	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground (Sedbergh)	10/09	Mrs Rice	Sed:	22100
Playgroup (Sedbergh)	01/09	Mrs Gunning	Sed:	20226
Playing Field (Sedbergh)	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group (Sedbergh)	02/09	Mrs Foott	Dent:	25453
Residents Association (S & D)	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	01/09	Mr Axford	Sed:	21019
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Slimming Club	01/09	Mrs Uttley	01539	722568
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)	02/11	Mrs Smith	Dent:	25688
Women's Institute (Howgill)	01/09	Mrs Hoggarth	01539	824683
Women's Institute (Killington)	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute (Sedbergh)	12/10	Mrs Ramsden	Sed:	20828
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	03/09	Mrs Woof	Sed:	21644

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office

Regular Events/Meetings			
1000	Every Monday	Free Entry to Locals	FM
1000	Every Monday	Wild Goose Qigong	URCR
1200	Every Monday	The Monday Club	SMCR
1315	Every Monday	Howgill Toddlers	HVH
1930	1st Monday	Dent Parish Council	DMH
1900	3rd Monday	Chamber of Trade	Library
0930	Every Tuesday term time only	Casterton Baby and toddler Group	CS
1300	Every Tuesday	Knit & Natter	FM
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1400	1st Tuesday	SL Carers Association	CO
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Group	PH
1930	3rd Tuesday	Ladies NFU	PH
1000	Every Wednesday	Coffee Morning	URCR
1300	Every Wednesday	Art Society	PH
1315	Every Wednesday	Zebras	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday	Brownies (term time)	SMCR
1930	Every Wednesday	Sedbergh Seniors	PH
1000	1st Wednesday	Age UK	CO
1430	1st Wednesday	Cream Tea	Bull
1930	1st & 3rd Wednesday	History Society	SHS
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1930	1st Thursday	Howgill WI	FCH
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st & 3rd Thursday	Toy Library	PH
1200	2nd Thursday	Lunch Club	Red
1915	2nd Thursday	Royal British Legion	WHC
1930	Last Thursday	Sed. Parish Council	PH
1330	Every Friday	Dent Over 60's	DMH
1930	Every Friday	Monkey House Café	Library

VALENTINE MESSAGES

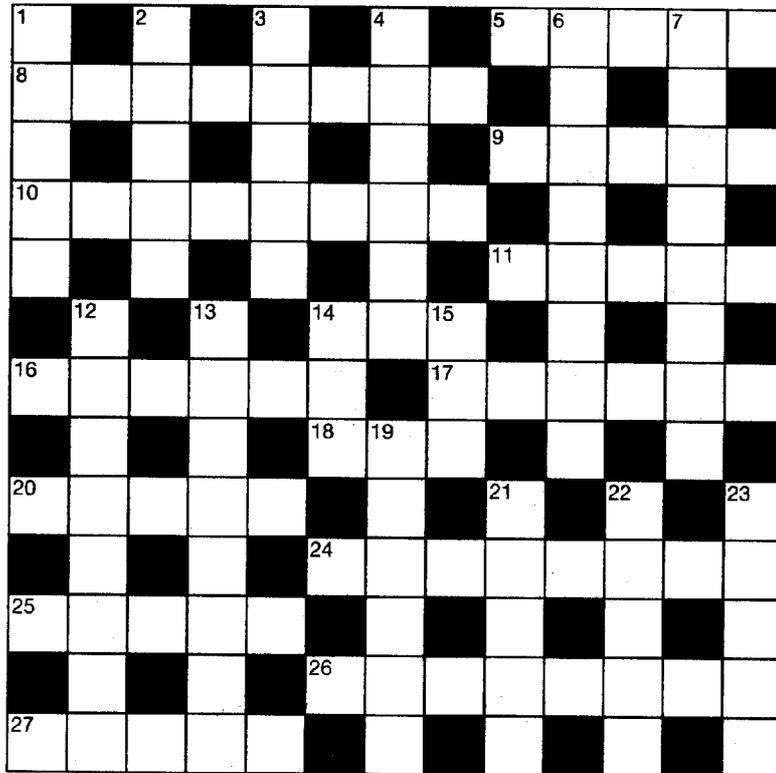
If you would like to send a Valentine Message to the love of your life to be printed in February, submit details, with the usual £1, to the Office before 19th January.

6				3				
	7				2		5	
			9		4		2	8
8		7						4
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			J	A	M	E	S	J	O	I	C	E
A		A		G		A		U				R
C	O	R	G	I		V		L	I	L	A	C
T		E		N	E	E	D	Y		E		U
S	P	A	T	E		S			R	A	M	P

September Answers

2	6	8	3	9	5	4	7	1
5	4	3	1	6	7	8	2	9
7	9	1	2	8	4	6	5	3
4	8	7	6	2	3	1	9	5
6	3	2	5	1	9	7	4	8
9	1	5	7	4	8	3	6	2
8	2	9	4	7	1	5	3	6
3	7	6	8	5	2	9	1	4
1	5	4	9	3	6	2	8	7



ACROSS

- 5 Confused brawl (5)
- 8 Keep apart (8)
- 9 Sporting contest (5)
- 10 Ocean (8)
- 11 Young mare (5)
- 14 Spider's trap (3)
- 16 Draw aimlessly (6)
- 17 Followed orders (6)
- 18 Label (3)
- 20 Construct (5)
- 24 Advertising material sent by post (8)
- 25 Association for brainy people (5)
- 26 Swimming pool chemical (8)
- 27 Small earrings (5)

DOWN

- 1 Playwright, - - - Wilde (5)
- 2 Utilise (5)
- 3 Trade name (5)
- 4 Industrial stoppage (6)
- 6 Inspected carefully (8)
- 7 Surpassed (8)
- 12 Report (8)
- 13 Worshipped (8)
- 14 Rainy (3)
- 15 Old shilling (3)
- 19 Thriller writer, Dame - - - Christie (6)
- 21 Storey (5)
- 22 Group of singers (5)
- 23 River mammal (5)



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh (2011/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh (2011/12) <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2011/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh (2011/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk	20251
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (2012/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite ...	Bramaskew Farm, Howgill, Sedbergh (2011/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529

CAMPING, CARAVANNING & SELF-CATERING

Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2011/11) <i>Self-Catering Sleeps 6-8</i>	20360
Mrs R J Garner	2 Millthrop, Sedbergh (2012/06) <i>Sleeps 4; 1D; 1D (Soda Bed); CH; L; NS; DW; CW</i>	01942 216058 07792 445257
Sycamore Cottage, Lunds, Sedbergh (2011/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356
Mrs Durie	Crossthwaite, Garsdale, Sedbergh (2011/06) <i>Sleeps 6/7; D, F, T, CH, TVL, P, NS, DW, DR, CW</i>	07900 531043

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15

Canon A W Fell Tel: 20283

Church Wardens:

Tony Reed Screen 21081
 & Susan Sharrocks 20754

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. P Campbell Tel: 20918

METHODIST CHURCH

New Street

Sunday 10.30 & 18.30

Rev. T Widdess Tel: 20329

UNITED REFORMED CHURCH

Main Street

Sunday 10.30

Rev. C Marsden Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts

Sunday 10.30

Tess & Philip Satchell Tel: 20005

UNITARIAN & FREE

CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

Rev. G Jones Tel: 01539 722079

*Enquiries for the following services,
 please ring the relevant telephone number*

CHURCH OF ENGLAND

Firbank; Howgill & Killington
 Cautley & Garsdale

Canon A W Fell Tel: 20283

Church Wardens:

Cautley: Judith Bush 20058 & Linda Hopkins 21455
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723
 Dent & Cowgill

Rev. P Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;

Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;

Hawes Junction & Frostrow

Rev. T Widdess Tel: 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 20588 or 20503

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am Sunday 6 November

10:30 am Sunday 11 December

Beth & Sandy Roy Tel: 20785

*Would you like to know that someone
 is praying for you? Or do you have a
 relative, friend or neighbour in special
 need of prayer? In the Churches, we
 pray every Sunday for this community
 and we should like to hear of any
 special needs. Please ring any of the
 above telephone numbers so that we
 may pray for you and/or others.*

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£3.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.

*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*

Articles etc. by 19th of every month
Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 3rd June 2012

Entries marked (*) see Advert in previous Lookaround.		JANUARY	
DECEMBER		2	Public Holiday
1	1900 WIH Christmas Party	tba	
2	1000 Christmas Tree Festival	SMC	
2	1930 Dent Folk Carols Festival (10)	DMH	
3	1000 Christmas Tree Festival	SMC	
3	1030 Dent Christmas Market (11)	StAD	
3	1800 Dent Folk Carols Festival (10)	DMH	
3	1900 Flicks in the Fells (*) "Thor"	PH	
3	1930 Musical Evening	SMC	
4	1030 Tree Service for all the Family	SMC	
4	1600 Dent Pre School Christmas Fair (11)	DMH	
4	1930 Café Church (10)	Duo	
6	0930 Christmas Extravaganza	CS	
6	1945 Town Band Christmas Concert (10)	PH	
7	1000 Coffee Morning Ladies NFU + WW	URCR	
7	1430 Cream Tea Afternoon (12)	Bull	
7	1800 Late Night Shopping & Santa (1)	Sedbergh	
7	1930 Garsdale Fellowship	GSC	
8	1200 Lunch Club	Red Lion	
9	1045 KL Guided Walk	KLMS	
9	1330 Age Concern Winter Warmth	DMH	
9	1330 Art Society	URCR	
9	1930 Holly and the Ivy (11)	PH	
10	2000 Old Tyme Dance (12)	PH	
11	1030 Worship @ People's Hall	PH	
11	1900 Christian Meditation (11)	RD	
12	1100 SS CCF Band playing Carols	Sedbergh	
12	tba WIS Christmas Dinner	tba	
13	1200 WIK 70th Birthday Party	tba	
13	1930 Domino Drive & Mince Pies	FCH	
14	1045 WID Christmas Party	DCP	
14	1930 SYF Domino Drive	PH	
15	SS Term Ends		
16	1930 Christmas Domino Drive (16)	KVH	
17	1900 Flicks 'The Kings Speech' (16)	DMH	
17	2230 SWFC Christmas Fancy Dress (17)	PH	
21	1000 Coffee Morning Town Band	URCR	
21	1930 HVH Domino Drive	HVH	
23	0950 Dent Library Van	Dent	
25	Christmas Day		
26	Boxing Day		
27	Public Holiday		
31	1100 Dentdale Monthly Walk	DMH	
		4	1430 Cream Tea Afternoon
		6	1045 KL Guided Walk
		8	1030 Worship @ People's Hall
		9	SS Term Begins
		10	1930 Domino Drive
		11	1930 Garsdale Fellowship
		11	1930 WIS A Film Evening.
		12	1200 Lunch Club
		14	Gala Children's Party
		16	1900 Chamber of Trade
		17	1400 A&LP Lookaround Party
		18	1930 HS Stone Circles & Burial Mounds (33)
		22	1900 Testimony and Praise (11)
		25	1930 Garsdale Fellowship
		FEBRUARY	
		1	1430 Cream Tea Afternoon
		1	1930 HS Railway Navvies of Mallerstang
		3	1930 Killington Sports Domino Drive
		8	1930 Garsdale Fellowship
		8	1930 WIS Folksongs
		9	1200 Lunch Club
		10	SS Half Term Begins
		10	1730 Save Energy Evening (76)
		12	1930 Café Church (10)
		14	St Valentine's Day
		14	1930 Domino Drive
		19	SS Half Term Ends
		22	1930 HS Packhorse Days, Packhorse Ways
		27	1930 FCH AGM
		MARCH	
		1	St David's Day
		1	2000 Pepperpot Concert
		2	1930 Domino Drive & Tattie Pot
		7	1430 Cream Tea Afternoon
		7	1930 HS Curiosities of Cumbrian Churches
		8	1200 Lunch Club
		13	1930 Domino Drive
		14	1930 WIS Lakeland Churches
		17	St Patrick's Day
		18	Mother's Day
		19	1900 Chamber of Trade
		21	1930 HS Ancient Kingdom of Northumbria
		24	1900 HS AGM & Jacobs Join

*The S & D Lookaround is edited, published & distributed monthly by
Dennis & Jacky Whicker and is printed by Stramongate Press.
The content of The Lookaround does not reflect the views of the Editors.
Whilst every effort is made to ensure that information is correct, the Editors cannot
accept any responsibility for any inconvenience caused through errors or omissions.
Copies are available from Sedbergh Office Services, Sedbergh Tourist Office,
Green Door, Premier, Howgills Bakery, Post Office and Dent Stores.*

COVER PICTURE

Main Street

By Anon

The November Cover was not, as many people pointed out Rash Bridge, but Railton Yard with the Weaver's Gallery. This error was due to technical problems with creating the end product November Lookaround which also generated other errors. Sincerest apologies to all those who adverts or articles were affected.

PLACES OF INTEREST TO VISIT IN THE AREA

Bruce Loch, Busk Lane
Cautley Spout, A683 towards Kirkby Stephen
Community Office. Main Street
Cumbria Wildlife Trust, Community Office
Dent Heritage Centre, Laning, Dent *
Farfield Mill, A684 Garsdale Road *
Friends Quaker Meeting House, Brigflatts.
George Fox's Quaker Pulpit, Firbank
History Society, Community Office
Holme Working Farm, Middleton *
Jubilee Wood, Castlehaw Lane
Langstone Fell, A684 Garsdale Foot
Methodist Church, New Street
Queen's Gardens, Station Road
St. Andrew's Church, Dent
St. Andrew's Church, Main Street
St. Gregory's Church, Vale of Lune
St. John's Church, Cowgill
St. John's Church, Garsdale
St. Mark's Church, Cautley
Sedbergh Embroidery, St Andrew's Ch Sed.
United Reformed Church, Main Street
Information Centre, Main Street
Winder Fell, above Sedbergh
* = Entry Fee Applicable

25	Clocks March Forward	
30	SS Term Ends	
31	1200 Spring Show	PH
APRIL		
4	1430 Cream Tea Afternoon	Bull
6	Good Friday	
9	Easter Monday	
11	1930 WIS Recording Oral History	PH
12	1200 Lunch Club	Red Lion
23	St George's Day	
MAY		
2	1430 Cream Tea Afternoon	Bull
7	May Bank Holiday	
9	1930 WIS Resolutions & Jacobs Join	PH
10	1200 Lunch Club	Red Lion

DIARY KEY

BF	= Brigflatts
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CO	= Community Office, Main Street
CS	= Casterton School
CTiS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC/S	= Dent Methodist Chapel/Schoolroom
FCH	= Firbank Church Hall
FM	= Farfield Mill
GSC	= Garsdale Street Chapel
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KLMS	= Kirkby Lonsdale Market Square
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
PH	= People's Hall
RD	= 'Rhumes', Dent
SHS	= Settlebeck High School
SLSB	= South Lakeland Society for the Blind
SMC(R)	= Sed. Methodist Church (Room)
StAS/D	= St Andrew's Church, Sedbergh/Dent
STO	= Sedbergh Tourist Office, Main Street
URC(R)	= United Reformed Church (Rooms)
WHC	= White Hart Club
WIB	= Women's Institute, Barbon
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

015396 20218

015396 20239 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Dent surgery by appointment only - Monday

Evening surgery by appointment only –
Monday/Tuesday & Thursday evening

Updated June 2011

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday
afternoons (By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make
appointments for all the above clinics.

See our website www.sedberghmp.nhs.uk
for further details

When we are closed please contact CHOC
03000 247 247 or 999 if appropriate.

Collinge Optometrist

Friday only

0900 to 1300 by appointment only.

DENTAL SURGERY

Finkle Street & 20626

Mr I R Dawson & Mr B Houghton

Monday to Thursday 0900 - 1700

Friday 0830 - 1400

Saturday *

LIBRARY Main Street & 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

SEDBERGH TOURIST OFFICE

Main Street & 20125

Open every day 1000 - 1700

www.sedbergh.org.uk/booktown/dlbc.html

COMMUNITY OFFICE & 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail office@sedbergh.org.uk

www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office

& 01539 738772

www.cabsouthlakeland.org.uk/kendal.html

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

& 01539 795000 or 0845 6060265

Age UK SL @ Community Office

1st Wednesday every month

10 am to 12 noon

& 01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

& 0845 33 00 247

PUBLIC TOILETS

Main Street & Loftus Hill Car Park, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

& 015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY