

Sedbergh & District

LOOKAROUND

June 2012

Issue 300

Donation £1

Another Milestone has been reached with the 300th issue of Lookaround so a big thank you to everyone for their continued support.

Another celebration is the Diamond Jubilee of Her Majesty The Queen and I am sure that everyone will join

us in congratulating her on reaching her Milestone. There are many events organised to celebrate this occasion so go and enjoy yourself wherever you are.

Dennis & Jacky Whicker



Sedbergh celebrates the Queen's
DIAMOND JUBILEE
Monday 4th June from 2pm onwards
Fun for ALL the family
Races
FREE Entry
Live Music
Food
Stocks
Bouncy Castle
Competitions
on Finkle Street & St. Andrew's Churchyard

CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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JUNE BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipients this month are:- Omar Nour who is 11 years old on 16th June.

Cameron Park who is 11 years old on 19th June.

Please collect your vouchers from

Sedbergh Office Services
13 Kings Yard, Main Street,
Sedbergh
which can be used in any shop
in
Sedbergh & Dent.

Day	Name	Age
7	Rowan ASHWORTH	2
7	Harrison BROOKS	8
9	Jack McDOWALL	5
10	Natalie WALLER	8
15	Lavinia CAPSTICK	8
16	Omar NOUR	11
18	Lauren CHARNLEY	10
19	Cameron PARK	11
20	Isabel COLTON	11
23	Lewis DALZELL	6
23	Jay KIRBY	9
24	Ben GARNETT	10
	Nonagenarian & Over	
8	Edward MORPHET	91

4							7
		1	8		2	6	
			5		3		
	6		7		1		4
	3		4		6		5
	9		3		5		7
			9		4		
		3	1		7	2	
9							3

PERSONAL & SMALL ADS £1

DEVINE

I went with Janice to see Elspeth. How nice it was to see her looking very well. She is getting more independent every day and it was good to see her walking. She walked with us to the lifts at the end of our visit while she was in hospital.

GARNETT

Happy Birthday Ben on 24th June. Love from Grandma and Auntie Georgina.

MARTIN

Congratulations Dr Jessica E Martin on your PhD Graduation from Bristol University and good luck in your new post as Teacher of Chemistry at the prestigious Wells Cathedral School in Somerset. From family and friends, The Head at Middleton.

WOOF

Doreen. Happy **80th Birthday** Mum, Nana and Great Nana for 13th June. Love from The Thornton Family.

CONGRATULATIONS

To Joel and Catherine on your Wedding Day. From Joyce and Georgina.

THANK YOU

To Catherine and all the staff at the Post Office for always being so helpful. Georgina Devine.

FOR SALE

4 Ikea Cane Conservatory chairs. £5 each ono. Can deliver locally. Ring Sedbergh 21163.

FOR SALE

H.S.L. Recliner Chair. Wood frame. Beige upholstery. Midsized, as new. Easy manual action. £70 ono. Ring Sedbergh 20085.

FOR SALE

Hill Billy Golf Trolley. Hardly used, as new £195. Sedbergh 20334.

WANTED

Hebridean Fleece in good clean and dry condition. Please call Laura on Sedbergh 22043.

Cowgill Church Annual Sale

 **Monday June 4th** 

from 10:00 am – 1:00 pm

Dent Memorial Hall

Busking Piper of Cowgill

Books ~ Bottle tombola ~ Bric a Brac

Cakes ~ Crockery

Face-painting ~ Guess the weight of the cake

Pet's Corner ~ Plants ~ Raffle ~ Refreshments

Red, White and Blue Stall ~ Treasure Hunt

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Sedbergh Music Festival

3 – 17 June 2012

Information, brochures and tickets from
www.sedbergh.org.uk/musicfestival

or

Sedbergh Tourist Information Office
72 Main Street, Sedbergh LA10 5AD

015396 20125

DENT PARISH COUNCIL

This meeting was the annual one of the council and, therefore, much of the business was formal. J. Cairns was appointed chair for a further year, and four councillors agreed to rotate the post of vice chair.

Other matters considered were:-

1. Although no representations are to be made about the closure of front offices at some police stations, we are to emphasise the value of the drop in surgeries at Dent Stores which are held by support personnel.
2. Concern continues about the condition of Stonehouse Bridge, which has been badly damaged by forestry wagons of late, from the road safety and historic structure aspects. The council will press Cumbria County to ensure that it is safe and it and others to secure long term repair.
3. The size and style of three signs to be put up to request no parking on the cobbles have been settled. Final decisions will be made about location and residents in the area told of the proposals by circular. Vehicles left parked on the cobbles are a hazard and it is hoped the signs will be effective to deter it.

Yoga for Health – Therapeutic classes

Are you.....?

- living with a serious illness and worried about starting an exercise regime.
- recovering from an operation or injury.
- experiencing age related stiffness/joint pain.
- having problems with anxiety or with sleeping.

Would you like.....?

- to take more responsibility for your own health.
- to reawaken your vitality and passion for life.
- to work with an NHS registered therapist.

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There is no chanting, no sitting cross-legged on the floor and no standing on your head- just a guarantee of a gradual and noticeable improvement in health, confidence and well being. Call me on 015396 25061 or visit my website and find out what other students have to say.

www.lauraclareyoga.co.uk

COUNCILLORS CORNER

From Cllr Evelyn

Now that the local election is over it is back to work for district councillors at South Lakeland District Council and in the ward. A group at SLDC are looking at the provision of leisure facilities in the district and has asked me to report back on what we lack in Sedbergh. We obviously need new premises for the Pulse Gym. We also need more facilities for young people and Settlebeck School pupils have given me a wish list which includes a venue for indoor games and a place to chill out, more discos and more chance to see teenage films and outdoor facilities including an all

weather football pitch and a skateboard park. If readers have any more ideas please contact me.

From Cllr Nick

Following the local elections on May 3rd I would like to introduce myself as the new South Lakeland District Councillor for the Sedbergh & Kirkby Lonsdale ward. I will be the third member of the all Lib Dem team, with Ian McPherson and Evelyn Westwood already in place. We hope to work effectively together covering the whole ward, which must be one of the biggest in the whole of England, stretching from Kirkby Lonsdale in the south up beyond Sedbergh to Garsdale, encompassing Dent and



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the wilds of Dentdale and Deepdale. I would like to thank all of you who voted for me and especially all those people who worked so hard during the period leading up to the election. You soon realise that you are only as good as the team behind you and they were all excellent. I am already a Town Councillor for Kirkby Lonsdale and I hope that I will be able to give a voice to the southern end of the ward at District Council level. No doubt I will soon realise what can and can't be done in the new position, but you can be sure I will try my best to represent your views.

From Cllr Ian

Following an enforced abstention

from writing these articles during the election period it is good to be back at the keyboard informing readers of the latest goings-on at South Lakeland District Council and its related committees and other activities. And to begin with those elections and the arrival of a new District Councillor, Nick Cotton, to join Evelyn Westwood and myself in the Sedbergh and Kirkby Lonsdale Ward. Nick, already a Kirkby Lonsdale Town Councillor, joins the Lib Dem team and I should like to congratulate him on his achievement and wish him well in his duties as a District Councillor. As I said to him shortly after Election Day – now the real work begins! I

3 Course Thai Buffet

Duo café Bar & Bistro

with Guest Thai Chef Aie

Saturday 9th June

2 Sittings at 6pm and 8pm

Admission by Ticket only

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hope he enjoys it as much as Evelyn and I do. I should also like to pay tribute to Kevin Lancaster (who lost his seat to Nick) for the work that he has done for the Ward over the years. It is a pity that someone always has to lose an election when another person wins it. Kevin, however, remains the County Councillor for the Sedbergh and Kirkby Lonsdale Division.

In fact there will be quite a number of new faces at SLDC when it meets for its Annual Council on Wednesday 16th May. The Tories lost four seats overall whilst Labour gained two and the Lib Dems gained two. The Lib Dems therefore remain as the

controlling group with an increased majority very much bucking the national trend. The new Leader of the Lib Dem Group and the Council, following the sad and untimely death of Cllr Brendan Jameson a few weeks ago, is Cllr Peter Thornton whom you may well already know as his Whinfell Ward adjoins our own.

Of course, all of this is politics and the important thing at a local level is that we can bury our political differences and work together for the Ward as a whole. One good piece of news is that Sedbergh is now officially a DITA (Dales Integrated Transport Alliance) transport hub along with places such as Hawes,

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**EVERY WEDNESDAY
ON JOSS LANE CAR PARK**

Stalls from 8.30 am. Contents may vary! but currently include fruit and veg, fish, farm fresh meat and eggs, bread, cakes, takeaway/heat-at-home food and walking boots and socks.

Try your retail idea with pitch and stall deal – £11 a week. Car boot pitches from £3.
Contact Sedbergh & District Community Office: 015396 20504 / office@sedbergh.org.uk

Leyburn and Reeth and for those of you who are interested in finding out more, information leaflets are now available in the Tourist Information Centre and the Community Office. You can also contact me direct about this as I am the current Chairperson of the local steering group.

And just as a postscript, at last night's SLDC Annual Meeting I had great pleasure in proposing that Evelyn should be Vice-Chair of the Council for the coming year and she

was so appointed along with being Vice-Chair of the Community Overview and Scrutiny Committee. I was privileged to be re-elected as Chair of the Planning Committee and as Vice-Chair of Resources Overview and Scrutiny Committee. So the work goes on....

Evelyn, Nick and I may be contacted at any time on:

Evelyn Westwood Tel. 015396 20148

E-mail evelyn@markwestwood.co.uk

Ian McPherson: Tel. 015396 20648

email ianmcpherson24@hotmail.com

Nick Cotton: Tel. 015242 71477

email red.pedal@virgin.net



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Email: info@gjbainesandson.co.uk
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CUMBRIA IN BLOOM

The Sedbergh Section of Cumbria in Bloom is a very small group of volunteers and we are always looking at ways to enhance the flowers within the town.

We did wonder if anyone is willing when they purchase their own bedding plants if they would purchase a few extra and donate them to our committee to plant them in the Towns flower beds.

If anyone is willing to purchase extra perhaps you might look for the colours red, white and blue to celebrate the Jubilee.

All plants can left at No. 1. Cautley Road, or just give me (Dorothy Blair) a ring on 20807 and we will collect them.

Or alternatively, ANY PLANTS WOULD BE GREATLY APPRECIATED as the flower beds are always requiring extra plants.

Dorothy Blair

TIM FARRON MP

Firstly thanks to everyone who turned out to vote in the District Council Elections. I am always really proud of the turnout that we achieve in our elections here. Frequently a higher percentage of people vote in our local elections than some places in the country see at General Elections.

Of course it was great that the Liberal Democrats did so well in this area, picking up two extra council seats one of which was in the Sedbergh and Kirkby Lonsdale ward. Clearly we must be doing something right around here for people to continue supporting us and indeed for our support to continue to grow.

Naturally it must have been disappointing for Kevin to have lost his seat on the council after many years of sterling service to Sedbergh and the surrounding area, however, I know that Nick will work as hard to ensure that Sedbergh continues to get the attention it needs from South Lakeland District Council and indeed from myself.

After the interlude of the elections and the short Parliamentary recess I am back at work, travelling backwards and forwards to London. I was fortunate enough to be called to speak in the debate on the Queen's Speech and took the opportunity to welcome the plans being brought forward for the introduction of a

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SEDBERGH & DISTRICT

HISTORY SOCIETY

CROSBY RAVENSWORTH
 6:30pm (5:30pm LHCP)
Monday 11th June
 Eileen Risk will lead
 a tour of the Village.

MAWSON'S GARDEN VILLAGE
 2:30pm (1pm LHCP)
Wednesday 27th June
 Peter Wade will show examples
 of Thomas Mawson's architecture.
 £2.50 pp

If you would like a lift to any event, please ring a member of the Committee. We usually meet in Loftus Hill Car Park and arrange to share transport if possible.
Please note that dogs are no longer allowed on Outings.

Chairman: Richard Cann 20771
 Secretary: Mike Beecroft 21878
 Treasurer : Marlene Mason 20509
 Member Sec: Richard Cann 20771

WAKA ARTISANS

OFFICIAL LAUNCH

11am - 5pm

Saturday 2nd June

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Questions?

Get in touch at info@waka.ltd.uk
or call 015396 21472

"Grocery Codes Adjudicator". I am not sure that I like the name but the plan to introduce a body to reign in the power of the supermarkets and ensure that farmers are dealt with more fairly is something that I have been campaigning for for year. In fact I have mentioned it in this column at least once. It was ironic that the Speech came shortly after all the big milk processors announced that they were reducing the amount they pay farmers by 2p a litre.

However much the supermarkets may complain it can only be a good thing that farmers get paid properly for the work that they do and that they face a more even playing field in their

dealings with the massive power of the major supermarkets.

The other local industry I have been working to support is the tourist business. Reflecting the new technological world we all live in I had a meeting with Tripadvisor, the world's largest travel advice website, to discuss what can be done to ensure that Cumbria benefits as much as possible from their site and others like them. It is now easier than ever to publicise your business, however large or small, to potential visitors from all around the world using these free sites. It does take time to ensure that people see the best aspects of your business and that the information you provide is

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LTCL, NABBC

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Concert

St Andrew's Church

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always as up to date as visitors expect but the benefits in terms of numbers of visitors and having them come from an ever growing number of places around the globe more than justifies the effort.

On a related issue I had a meeting with Ofcom to discuss the provision of broadband services in rural areas, particularly calling on them to end the ridiculous practice of allowing "up to" claims in advertising for their services. I think we will only get a decent service in our part of the world when people become better informed about the speed of service they can actually expect when they sign a contract with any of the providers.

As ever if there is anything that I can

SEDBERGH HEALTH CENTRE

will be closed for Training Purposes at 12:30pm on the following afternoons:-

Wednesday 13th June
Thursday 12th July
No closure in August
Tuesday 18th September
Wednesday 17th October



do to help you then please contact me by writing to me Tim Farron, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or emailing me at tim@timfarron.co.uk.

Thanks for your support

Tim Farron MP

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COUNCILLOR CORNER

Thank you to everyone who came out on 3rd May and voted for me once again. Thank you also to everyone who helped my campaign in so many ways. Sadly, as you will all be aware I was not successful in being re-elected and my congratulations to Nick Cotton. I apologise to everyone who was so keen to see me continue. I did everything I could as did my helpers. Obviously I do have some concerns about some of the literature put out by my opponents and will be seeking an appropriate remedy in due course. Suffice it to say the Conservative Group did support a zero increase budget on both county and district. Indeed both Peter Thornton and Evelyn Westwood were present at the district meeting where I proposed the Conservative response. I am sorry that it went above their heads. I now intend to use some of the time freed up to complete my work on the history of the area. There are now 34 Lib Dems, 14 Conservatives and 3 Labour on the district. Congratulations to Evelyn Westwood on her election as vice-chairman of South Lakeland.

I have greatly enjoyed being District Councillor since I was first elected in 1997. Looking back, if I have a regret it is that there were times that I worked too hard as councillor and didn't give myself enough time simply to enjoy the role. However, I am still county councillor and intend to seek re-election next year.

Elections in general and my own in

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particular tend to cloud out the proper council work which many people do not see. This last two months I have been involved with a review of the Archives Service in the county and how Trading Standards interacts with the agricultural industry over animal health legislation. The latter has been the more interesting and could have some far reaching effects within Cumbria and beyond.

As I write this preparations for Appleby Horse Fair are well advanced. We thought everything was in hand until there was a hitch over some of the boulders. It is a measure of our success over the last couple of years that we have been able to greatly tone down our response and yet can look forward to the fair with anticipation instead of foreboding.

Once again, thank you to every one who came out and voted for me on May 3.

*Councillor Kevin Lancaster –
015396 20800, 07980 844 695
e-mail:- kjlanc@kjlanc.demon.co.uk
Fellgate, Dowbiggin, SEDBERGH,
Cumbria. LA10 5LS*

BLOOD DONORS

You don't have to have blue blood to celebrate this June

People in Cumbria are being urged to create their own milestone as the Queen reaches 60 years on the throne – by renewing their commitment to giving blood or donating for the first time.

While the Queen will be marking her Diamond Jubilee, donors can give blood and save lives.

They can expect a royal welcome at sessions and the knowledge that their donation can potentially save the lives of three adults or seven babies.

It is especially important to give blood around Bank Holidays, when donations traditionally dip as routines get disrupted.

This latest push is part of an ongoing campaign to boost blood stocks to 30% above the usual levels before the Olympics.

The increase is needed because of the unusually high number of public events this summer which will see a high number of visitors heading to the UK.

Jon Latham, spokesperson for NHS Blood and Transplant, said: "The Diamond Jubilee is the first in a series of exciting events for the UK but we are asking people to remember hospital patients. Blood will be needed during the celebrations, as it is every day, so we would urge people to book an appointment now."

Blood is used when women suffer complications during childbirth, to help premature babies, to replace blood lost during surgery and to treat

patients with cancer and blood diseases like leukaemia.

Anyone wanting to donate for the first time should be aged between 17-65 and be in general good health.

If you've donated before, you can start again up to your 70th birthday and there is no upper age limit for donors who have donated in the last two years.

To find out more about blood sessions in June or to book an appointment call the Donor Line on 0300 123 23 23 or visit www.blood.co.uk

The next sessions in Sedbergh will be at the People's Hall on Wednesday 20th June at 2pm and 5pm.

H & M

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- What do you know about children's rights in Mumbai?
- Is testing for a predisposition to a condition the most worthwhile and effective use of DNA testing?
- How can racehorses run so fast?
- How has Roman structural technology for housing influenced technology today?

You may not even have thought about these questions, let alone the answers. However, a new course at Settlebeck has identified the answers.

The course - 'Extended Project' - involves Year 11 pupils in identifying an area which they would like to explore, then undertaking research, making decisions and solving problems, demonstrating creativity, recognising their own learning and preparing and delivering a presentation on the subject. Students follow the course at either GCSE level or A/S level.

As part of the assessment of the 'presentation' aspect of the course, I spent an uplifting day at Settlebeck School listening to the twelve

students outlining their subject and using a variety of techniques to explain not only the answer to their questions, but also how they had reached their conclusions and what they had learned.

- How do parents and agencies support children with learning difficulties?
- Is it ethical to keep elephants in poor quality zoos?
- How does a drug-taking mother affect her newborn baby?
- Is it better for a child to be fostered or adopted?

The work that these students had undertaken, most of them working at a level a year 'ahead' of expectation, was awesome. It was a privilege to be there to listen to them.

- How important is nutrition for showing and breeding dogs?
- How has the suspension of a mountain bike developed over the past few years?
- How does a talented golf player become a professional?
- How does deforestation impact on life in the Yanomami tribe in Southern America who only want

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respect?

And the answers to all these questions?

The local expert on children's rights in Mumbai is Jen Stainton. Her presentation started with a powerful video clip from Slumdog Millionaire. Rowan Hall managed to persuade me to take a totally opposite view on the pros and cons of DNA testing from the one I had held ten minutes earlier. Ruby Sunter was fascinating on the anatomy of a racehorse's foot and hoof, particularly in relation to how the blood gets back up those long thin legs. Thomas Harper made a top quality model of a Roman house to demonstrate some fascinating facts about the construction industry of Roman times.

Angie Postlethwaite looked carefully at the support available to children with learning difficulties and their parents. David Hunt taught us a lot about an elephant's anatomy and had us really thinking about what animals in zoos need. Drug-taking in pregnancy, Gail Rennison found, has long term and often permanent effects on the baby. Laura Hartley tackled some difficult issues in fostering versus adoption.

Imogen Clark brought samples of the 'dog cakes' she had made as part of her research into dog nutrition. Nick Inman told us of his difficulties in framing and reframing his study into the development of mountain bikes. Jake Woof had us rooting already for him, as he explained his research into the career paths of professional golfers. Yasmin Ball left a lasting

impression on me as she explained that what the Yanomami tribe really want is – respect.

That's it – respect! These young people really earned the respect of those of us fortunate enough to hear them speak – with a confidence largely borne of their familiarity with their chosen subject matter. They had all supported each other in their learning and had analysed what they needed to do at each stage.

This is a new course. Their teacher, Alison Brown, has led them to develop skills beyond anything they imagined that they could do, along with undaunting support from Julie Metcalf, Learning Support Assistant. They done an excellent job in showing this fortunate group how to identify and undertake an Extended Research Project.

Once again our outstanding school demonstrates its excellence!

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SEDBERGH & DISTRICT HISTORY SOCIETY

Visit to Sedbergh Station Yard

A group of over 30 members assembled at Sedbergh station yard on a cold May afternoon for the first trip of the summer.

Michael Dawson, ably assisted by Bob Hughes and Robert Weston gave us a fascinating account of the building of the railway and a description of how the yard used to operate. Robert Weston began the presentation with an explanation of how the line actually came into being. Evidently Sedbergh was lucky to even have the railway since there had been several plans to build a line through the town that had come to nothing. Eventually in 1861, the railway came to Sedbergh when the Ingleton branch of the North Western Railway opened, joining Clapham on the Skipton to Lancaster Line, through Lonsdale and Sedbergh to Lowgill where it joined the Lancashire and Carlisle Railway. The line closed to passengers in 1954, although Sedbergh schoolboys were transported to and from the town for some time afterwards. In 1967 the line closed completely and when the nearby railway bridge was dismantled, the main Sedbergh to Kendal Road was closed for a week.

Michael gave us a guided tour of the yard. He told us that the height of the adjoining bank gave a good idea of how much earth moving had to be done in the construction. The yard was on two levels and much of the

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material which was used to surface it was brought from the demolished National School in Sedbergh. At the side of the upper yard were allotments that were cultivated by railway workers. It was a very busy place. With the advent of the railway, everything that was transported into the town came through it. Cattle were unloaded into pens and walked to local farms and coal tar from Sedbergh gas works was taken away by train. The railway company even stabled its own horses. Farmers actually hitched lifts on the train to get from one field to another.

At one time four coal firms had operated from the yard. Michael's own family history has been associated with the station yard for over 100 years. He told us that Dawson's coal firm had been set up in 1895 by William Dawson, his great grandfather, when his previous employer had refused to give him a pay rise. Michael talked about the difficulty of unloading coal when it arrived by train. Evidently it took three days to unload a wagon. Demurrage

charges which could be levied when unloading goods took too long had to be avoided. As we walked from the higher level to the lower level of the yard, Michael pointed out the remaining structures. A little shed had been the railway manager's office. The weighbridge is still in situ and is sometimes used. He pointed out where there had been an oil dump down by the road during World War 2 and where a hut had been burnt down when a coal heap caught fire. Lastly, Michael took us into the huge loading shed where we saw old machinery including the remnants of a crane.

The presentation finished when Bob treated us to an impressive display of

old photographs, maps of the station, and footage of activity there in its heyday. We all felt that we had spent a very interesting afternoon and the thanks that were expressed to Michael, Bob and Robert were richly deserved.

Julie Leigh

Ed's Note. I was at that Tour (being an ex-Train Driver) and found it fascinating. Later that evening, I was with a friend from Kendal and coincidentally, he told me of the time when he was a boy (with Michael), he used to ride the Footplates of the Shunting Engines in the yard and had fond memories. He is John Pattison and he asked to be remember to everyone.



BARBON INN
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NEW MEMBERS WELCOME

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Sedbergh Support Group

At the May Meeting, Betty H. took the chair and promised to bring it back before the end of the meeting. (It gets worse I assure you!)

The 'member's up-date' was something akin to a 'grapevine free-for-all -I saw X and she told me she had seen Y who told her that Z was doing fine' - get the idea? However, it was good to welcome back Barbara A, Betty D, Doris H, and Jenny D. Hopefully our good wishes will get to David O, Elspeth G, George T, Margaret M, and Mary T so that they too can say 'they heard it on the grapevine.'

Unfortunately our 'speaker for the afternoon' was unable to attend because of illness - perhaps she'd heard some of us had been practising 'The Anvil Chorus' for the last month. It is hoped to re-arrange the fixture some time in the future. Being 'speech-less' as it were, we rushed blindly - think about it and please, do try and keep up - into the organised chaos of 'any other business'.

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This began with 'these boots are made for walking' George collecting the 'sponsorship monies'. Chancellor George (Osborne), eat your heart out, as during the following ten minutes enough 'creative accounting' took place to bankrupt the World Bank, liquidate the IMF and have The Bankers on their knees pleading for mercy as their bonuses disappeared to repay the National Debt which their accounting helped to create in the first place. However, by the time Dow had stopped playing 'footsie' with Jones and the money markets closed for the day, the 'Joint sponsorship' total for George, Jackie and Debbie stood at £419.00. A slight improvement on this is forecast by the end of the week, so a big, big thank you to all.

We then had to endure a thoroughly boring, humour-less, almost step-by-step account of the walk from Windermere to Kendal, the highlight of which appeared to be George stripping off his wet clothes in front of an audience who were ostensibly watching a large screen T.V in the Cricket Club! Sometimes it's better

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FREE EVENT

not to ask, and just leave the poor soul with his delusions of 'fame and notoriety'. This we did and moved hastily on.

With the forthcoming Royal Jubilee Celebrations in mind, members then told their reminiscences of 'close encounters of a Royal Variety.' These ranged from the streets of Sedbergh to the parks and streets of London; from the ship-yards of Sunderland to the cattle yards of Skipton; from Garsdale, Firbank and Dent to the by-pass at Kirkby Lonsdale; and included sightings of many 'Royals' both 'present and past' My particular favourite was the story of the unceremonious shunting of Royalty

into a siding at Sedbergh Station! - you can just imagine it can't you? 'Now mi lad, tha sizz yon fella wit barra an shovel, well, when ee's done emptyin' that theear coil waggin, wee'll shift thi up ft' platform an then tha can git out!' Whilst I don't think it happened quite like that, you can bet the next time the story's told it will have done!

Following our meanderings down memory lane there was an unprecedented 'out-break of enthusiasm' as we discussed our next meeting which is to take the form of a trip to The Barbon Inn for lunch. Jennifer is collecting names and 'menu choices'. So, if you weren't at the meeting today and would like to Join us on this occasion, please get in touch with Jennifer on 015396 25162. Date, time and transport arrangements will be confirmed nearer the time. Hopefully today's traumatic experience will not be repeated when it comes to paying for the meal at Barbon!

And finally, SASL's happy band of street collectors will be shaking and rattling their tins in Sedbergh on the morning of Saturday 9th. June. Every penny they receive is used to provide and maintain the Society's services for the visually impaired in Sedbergh and across the South Lakes area. Any contribution you are able to make to this fund raising effort is greatly valued and appreciated. THANK YOU FOR ALL YOUR HELP AND SUPPORT ON SATURDAY 9th. JUNE.

George Watson

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NEWS FROM THE PEWS



I know I am not alone in thinking the year is rushing along at great speed. When the deadline for the next "News etc." is upon us our Vicar, Alan will have had his final Sunday service at St Andrew's, farewells will have been said and the parish will be embarking upon an "interregnum", which in church speak is a period of time without a permanent vicar. When Alan first made known the intended date of his retirement it seemed in the far distance but at the time of writing the distance is closing in rapidly.

As always in any organization which seems to glide smoothly along there are lots of little feet paddling busily beneath and the churches of Saint Marks Cautley, Saint John's Garsdale and Saint Andrew's Sedbergh are no

exception to this. Ensuring a minister is present at services a rota has to be made well in advance plus records have to be kept detailing every service held. Baptisms, weddings and funerals need to be arranged, sometimes at short notice. There are meetings encompassing all aspects of church life not only in the parish and deanery but also the diocese to be attended, hospital visits slotted in plus many other jobs done by the vicar. Very soon we shall know the full extent of these jobs when we, plus the churchwardens (who are the Bishop's Officers) of Cautley and Garsdale take responsibility along with the Rural Dean for the running of

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the parish.

To aid our "paddling" during the interregnum we shall have not only the Rural Dean of the Ewecross Deanery to which we belong at present but also the Rural Dean of the Kendal Deanery, which we shall be joining towards the end of the year when we make the move into the Diocese of Carlisle.

Alan will be a hard act to follow as Vicar but we hope that the right person will come forward and be selected in due course.

With the references of jobs done unseen this is an appropriate place to mention John Hansford whose death in Harrogate was reported briefly in last month's Lookaround.

For many years John served the Parochial Church Council (PCC) as secretary, working tirelessly for his church and also his community. John was a great organiser, the Mystery at the Mart in the year 2000, written and directed by Stuart Manger and organized by John was a great success; a sell-out at every performance. John meticulously planned every detail of the play. St Andrew's still has the cushions he bought for hire at performances: seats around the auction ring being just stone steps, very cold and very hard! Between performances John could be seen vacuuming the carpet ensuring everything would be spotless for the actors. He was a real

farfieldmill	JUNE EXHIBITIONS - 'Pit Paintings' by John Warren 23 June - 29 July: Images from remembered Vane Tempest Colliery, Co Durham	
	Ruth Lee's 'Tomorrow at Daybreak' until 24th & Textilia III 'Earthly Delights' until 17th	
	HURRY!! LAST FEW PLACES	Workshop: 'Felting with Luxury Fibres' with Catherine Slater. 9th June. This highly talented international felt artist and tutor, also currently exhibiting here with Textilia III, teaches delicate felting craft using silk, merino, cashmere and soya bean fibres. All abilities £40/35 concs
		
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"hands on" man, with a keen sense of humour. John had a distinguished career in teaching and as headmaster in different schools where he made great improvements not only in the life of the schools but in the buildings too, yet he would happily turn his talents to baking simple biscuits for coffee mornings. Excellent they were too!

Deryck and Naomi Cox were proud grandparents as their two grandsons, cousins to each other, were christened during a double ceremony on 13th May. For a brief moment Archie was a little tearful being whisked away from the safety of his father's arms by a strange man to have water splashed on him, whilst Oliver proved to be very laid back and just let it all happen without a murmur.

"Paddling" has been happening for many months now and is gathering pace as the Music Festival begins on 3rd June. A very full programme has been arranged with every taste catered for (in food as well). The new chancel extension will be a fine stage for the performances and we look forward to welcoming the artists and the audiences to enjoy their music and time together in our lovely parish church.

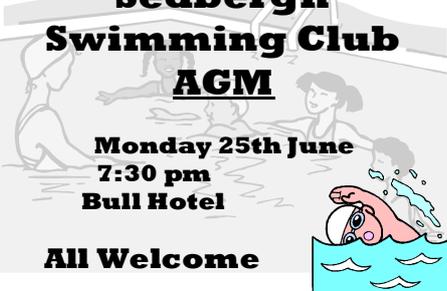
Sunday 17th June, the last day of the Music Festival, will also be the last service Alan will be taking at St Andrew's. The rafters will be raised, as Sedbergh School Choir will join us for the service at 10.30am.

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

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**YORKSHIRE DALES
NATIONAL PARK**

New round of grants for good ideas

New business ideas, community schemes and environmental projects in the Yorkshire Dales National Park are being given the chance to bid for a pot of cash.

The Yorkshire Dales National Park Authority's Sustainable Development Fund (SDF) – now in its eleventh year of operation – aims to achieve a more

sustainable way of living and working in the Dales.

The fund, which is managed by the Clapham-based charity Yorkshire Dales Millennium Trust (YDMT) on behalf of the Authority, is open to everyone – community groups, businesses, and individuals.

It can support projects that create local jobs or training opportunities, or that improve the range of facilities and services available to local communities provided that the projects also bring environmental benefits.

So far, it has given out more than £1.75 million to 175 projects and it is now looking for bids for the next round of grants before the application window closes on June 8.

Application forms and details for a grant are available on the National Park Authority website at www.yorkshiredales.org.uk/ applyingtothesdf and by contacting Gillian at the YDMT on 015242 51002 or e-mailing her at gillian.muir@ydmtd.org.

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JUNE GARDENING

I sometimes think that it would be lovely to garden in a spot where the air temperature is warm and the soil deep and moist but free draining, and the site sheltered from all but the most gentle of breezes....Then I remember the garden of a house in which I stayed on holiday, on the Isle of Barra where the climate was such that only two plants would survive and thrive in a windswept plot. The two stalwarts were Rhubarb and *Geranium x magnificum* – the blue flowered “Cranesbill” commonly found in old cottage gardens around this area and well known as a really “good doer”.

Geranium x magnificum has been cultivated in gardens for around for 150 years and always makes a welcome splash of colour in my garden. I grow several other hardy Geraniums. First into flower is *G. phaeum* (Mourning widow) which has dark maroon, almost black flowers on willowy stems. The white form ‘Album’ is equally graceful, and more visible from a distance. *Geranium* ‘Mayflower’ – a cultivar of the “Wood

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Cranesbill” found in our local meadows and grass verges is next into flower and has petals of violet blue and this is followed by two “Meadow Cranesbills” - *G. pratense* with mid blue flowers and its cultivar ‘Mrs Kendal Clarke’ which has white veined, pale blue petals. The latter is very attractive but has the fault of outgrowing her strength and keeling over when in full flower, so she has to be fairly well trussed to keep her in position. The largest geranium species currently in my garden is *G. psilostemon*, a wonderful great mop of a plant which grows to 4ft high and 5ft wide each summer and bears rich magenta, black centred flowers. Two



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lower growing species occupy the front of the border: *G. 'Wargrave Pink'* has salmon pink flowers and *G. nodosum*, shiny leaves and bluish pink petals. For controlled ground cover I grow *G. macrorrhizum* (rich pink) and for rampant - cover as much space as possible in the shady spot at the bottom of the garden - *G. procurrens* (blue). The latter spreads by long trailing stems which root where they touch the soil. I use it as overplanting for spring bulbs such as Winter Aconites, Snowdrops and Erythroniums because the foliage only starts to grow after most of the



bulb leaves have died down. Last into flower, and in a prime position in my sunny border is *G.*

'Rozanne' a recent cultivar which makes a big mound of foliage covered with large blue, white centred flowers.

Several other species of Geranium have come and gone in my garden over the years, the two most noteworthy being *G. palmatum* – a large, bushy, evergreen plant bearing rich pink flowers on stiff, branched stems, and *G. renardii* with grey/green velvety leaves and white, purple veined flowers. The latter seemed to resent the constant winter damp and the former, being from Madeira, succumbed to the frost after 2 or 3 winters but whilst I had them they made a beautiful contribution to the garden and would be well worth growing again.

Elaine Horne



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DENT FOOTBALL CLUB

The 2011/12 Season finished with a trip to Morecambe Superbowl on Friday 11th May, where the lads played bowling for an hour and then had some food.

Keith Burrow, Chairman of Dent Football Club then made the following presentations.

All players received an individual medal for playing in the season which included:-

The full squad was:

Aaron Troughton
Cameron Horner
Zak Baines
Sam Harper
Ben Robinson
Shaun Tebbutt
Tom Fearnhead
Tom Clayton
Finn Thornton
George Capstick
Joe Dandy

The following received special awards:-

Managers Player – Zak Baines
Most Improved Player – George Capstick

Top Trainer – Ben Robinson
Players Player – Aaron Troughton & Cameron Horner

Top Goal Scorer – Shaun Tebbutt

Stephen Troughton thanked all players for their commitment to the team during the season and said that although they finished at the bottom of the league, he was delighted with the progress they had made over the season and that they should be very proud of themselves. Adam Roberts was thanked for his help over the

season and also Matt Clayton.

Finally, all parents were thanked for attending and being supportive of their children and the team during the season.

The Club is now looking for junior players for the 2012/13 season. If your child is interested in playing local football in any one of three junior sides, Under 8s (school years 2 & 3), Under 10s (school years 4 & 5) and Under 12s (school years 6 & 7) then please contact one of the following asap:

Mat Clayton 07531 143762

Adam Roberts 07866 2480801

Stephen Troughton 07773 417197

Your child needs to be committed to training once a week and playing league games most weekends. Girls & boys - all welcome, lets do our bit to keep rural football alive & kicking, if we can't turn out the teams, youth football in the Sedbergh area will be lost forever.



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SEDBERGH DENTAL PRACTICE

As many people will be aware the dental practice has put in an application to relocate to the old Spar property on Main Street.

Most visitors to the practice will realise the need to relocate. As patient numbers have increased we have outgrown the existing premises. Furthermore the stringent regulations governing surgery design, disabled access and decontamination restricts the options in terms of suitable premises to move into.

Relocation of the dental practice into the old spar property would retain essential dental services within the town and allows us to show a commitment to continuing to provide NHS dental services to the local community, with the potential to increase this provision in the future.

These premises would give us the opportunity to increase the number of staff we employ by at least three, bringing much needed job opportunities to the area in a time of economic austerity.

Concerns have been raised that the dental practice would provide a “dead space” in the main street. The reality is that it is our intention to improve the appearance of the street façade and cultivate an interesting retail and community window. Furthermore the footfall to the dental practice often exceeds 100 people per day; this contribution to an active retail area in Sedbergh should not be ignored, and would be lost if the practice was



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forced to leave the central area. More than half of our patients travel into Sedbergh to visit the practice and as such create a footfall that would be completely lost should the practice be forced to leave the town centre. Our footfall is consistent throughout the year and includes Saturdays.

Whilst we are aware that there are several retail premises available, the old Spar property represents the only viable premises on the Main Street with the necessary floor space to provide universal disabled access and the surgery/decontamination requirements for the long term future of dental services in Sedbergh. For patients with limited mobility, the steps in and out of the current practice and other buildings cause a problem.

As residents of Sedbergh and its locality the staff and owners of Sedbergh Dental Practice have a vested interest in the town; we also would like to promote a thriving community.

Ben Houghton and Ian Dawson

APRIL WEATHER

To say we had April showers would be a bit of an understatement! In fact we only had 6 days on which we did not measure any precipitation. The total for the month was 8 3/4 inches. The last day with a maximum recorded with 60.8F. We had some chilly nights with 5 nights of frost and a further 6 with ground frosts. The minimum temperature for the month was 27.1F. During the third week we had very low pressure. This depression was reflected in the strong winds. The maximum gust recorded was 28mph. Only on 7 nights did the wind chill not get below freezing. On a couple of nights it dropped to 7F!!

April is a month of blossom with all the cherries in full bloom. The violets put on a good show again. Some early primroses were to be seen on sunny banks. Let's hope there were some bees flying to pollinate the blackthorn as it flowered so we can make some sloe gin! The rabbits are still about and obviously have already had some young this year. A huge flock of fieldfares flew over heading south! I reckon they were a bit confused as they should be heading north at this time. The bees were flying during the dry spells and the queen has been busy for some time with capped brood in evidence. The swallows have started laying and judging by the dawn chorus, around 5am this month, the blackbirds are nesting. The magpies have already had one blackbirds nest and a wood

pigeon's too. The blue tits are sat on eggs. Lambing has thankfully finished being my worst ever. I've finished with a 150% success rate.

ANNUAL QUAKER MEETING

Fox's Pulpit, Firbank Fell

3:00 pm Sunday 30th June

If wet, at Brigflatts Meeting House

Refreshments at the Meeting House

after the Meeting

All Welcome

Contact 21592 for further information

ANNUAL QUAKER GATHERING AT FOX'S PULPIT

Every year in June, Quakers and friends come from far and wide to remember the occasion in 1652 when George Fox spoke to a large crowd gathered on Firbank Fell.

The gathering this year, 2012, will take place on Sunday 17th June at 3.00pm, when the speaker will be Alan Clowes, well known locally.

Refreshments will then be provided at Brigflatts Meeting House.

All are welcome.

Unfortunately, as we all know, the weather is unpredictable! If it's wet and miserable, the gathering will be in Brigflatts Meeting House.

Decisions about this will have to be made on the day, so anyone interested please contact Sedbergh 21592 then, to have the venue confirmed.

In Friendship

Valerie Finch

FAMILY MUSINGS

Have you ever tried to get something out of a laminated pocket..? Don't. I laminated some precious photographs recently and one came out with a fold in it, so, I thought I would get it out and redo but despite my very best efforts it is there for ever! I had read in the paper that one should not try to laminate a baby scan picture as it sends it black so that was a wise word before I attempted to preserve the baby scan of our forthcoming grandchild that I carry about in my bag. We never had such treats, we had the Ultrasound Scan but no pict to bring home and show around, pray over and wonder about.

There is a song isn't there "Will it be .. or will it be ..." so we could say "Will it be he, or will it be she" but baby-to-be is "Young-un" not it!

One of the people I work for on hearing where I live told me her mother came from Dent, from Clarkes Farm and was sorry to hear it had a different name now, that got me thinking about names, NO! not baby names, that's not for me to do, and I know T will scotch any way-out suggestions son might think of, just like she did when we were naming my beloved Mitts. Gowans Cross was often referred to by my late Dad and 'Hardy Turns', anyone know where you'd be going if you went that way? Probably spelling a bit wrong, or Yalas Gill again not the right spelling I guess? Garlic Lane? Stubsi Wood?



Up Gardi? And if you are fair thrang what are you? I hope to be fair thrang with the Jubilee Celebrations but people seems a little luke warm about getting involved, the flags and the bunting will be out at ours and cakes for tea.

We have been to a lovely wedding recently, got all dressed up and went with son and T, a treat to be driven, we, hubby and me sat in the back of the car and attempted the Royal Wave! Had applied for tickets to sit on the Queen Victoria Memorial outside Buckingham Palace on the Tuesday of Jubilee but not got allocated any, my parents were there for the

Coronation so it would have been lovely, but a friend and I will go for William and Kate's Coronation even if we will be somewhat decrepit and elderly. Practice run for Charles maybe.

Something I read recently appealed to me, "The person who knows how to laugh at themselves will never cease to be amused" plenty to go at here then! No laughing matter to realize that going to the memorial service at Windermere for my late Headmaster AND meeting up with a close friend not seen for years had slipped my mind was not a matter to laugh about ..Oh Dear maybe working with people with memory problems is affecting me more than I realize, who are we without our memories? Let's help make more lovely ones this Jubilee! Sarah

NEW LATTICE TOWER

Have you heard that Electricity North West applied to the Yorkshire Dales National Park Authority last December for planning permission to erect a 20m high lattice tower, adjacent to the Sedbergh Primary (electricity) Substation off Busk Lane. The proposed site is immediately to the west of Sedbergh Cemetery, and to the south of Queen's Drive, only about 60m from the boundaries of some of the properties on the south side.

After objections were raised by the very few local residents who had been directly notified of the proposal (there was a notice somewhere but no-one saw it!), the YDNPA planners advisedly requested a revised plan from ENW.

Option 2 http://pacsplanning.yorkshiredales.org.uk/Sedbergh%20S03/519/S_03_519_AMD.pdf submitted on April 13th 2012, differs

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minimally from the first : to erect, in the same place, instead of the lattice tower, a huge pole, the same height as before but width 0.7m, well over three times as fat as an ordinary telegraph pole though half the width the tower would have been. The pole would taper to 0.5m at the top where five antennae would be attached.

To put the pole in context, there are very tall, long-established conifers in the cemetery which have grown only to 15m high over very many years. It is clear that no amount of extra tree screening, planted at the same time as positioning the pole, would obscure the pole which would stand high above, as a blot on our landscape.

In any case, we are told that the pole would need to rise well above the highest trees, in order to transmit radio waves effectively!

Option 2 was considered at the

YDNP Planning Committee meeting on Tuesday, May 8th 2012, when the Planning Officer recommended that it should be accepted.

Fortunately, for all our sakes, the members of the planning committee opposed the recommendation. There were 11 votes against, 1 in favour, and 1 abstention.

These are the concerns that were raised in the planning meeting and which we share :

1. Technological need unproven
2. Height requirement unproven
3. Proximity to houses
4. Detrimental to landscape

We are advised that ENW is likely to be back with another plan! But the application could well be ratified at the next YDNPA planning meeting unless we all, as concerned residents of Sedbergh, unite to continue the fight against the proposal. We must ensure that planning permission is delayed until ENW can actually prove the technical case for ruling out the more up-to-date network technology which is available, needs no pole and no planning permission. If you have not already signed the petition, to be found at the Charity Shop and other locations in Sedbergh, please do so as soon as you can and in any case by Saturday, June 9th, so that the strength of Sedbergh's objections can be shown to the YDNPA Planning Committee at their next meeting which is on Tuesday June 12th.

From the concerned residents of Queen's Drive and the many others who are equally dismayed by the proposal.

Dear Editor,

It would seem a few of Sedbergh's residents visited Italy at the beginning of May - George Handley took over his Italian Class, Bibby's had a coach trip to Lake Garda and locations and I travelled by road from my house to me son's house. This took two and a half days with two overnight stops. I was surprised to see how quiet the roads were in France and Italy.

The house is no imposing villa with pool - built around 1793 and it lies in an old part of the small town called Santa Fiora and still requires some restoration work. To see the small villages and their churches perched atop the hills, it looks as if a puff of wind would blow them down.

The vines and olive trees - even the wheat fields were showing good growth and the roses and wisteria were in full bloom. The fresh produce in the shops - especially the strawberries, was unbelievable.

The weather too was as you want on holiday - lovely warm sunshine - just one day with rain. So one job my son could get done - re-varnishing the shutters and doors - me - I just lazed.

Joan Collins

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GRAYRIGG PRIMARY SCHOOL

Just a note to say a massive thank you to everyone who helped with our School Fundraiser on Sunday May 6th.

Before the event we organised a Grand Draw and went to sell tickets in Morrisons for two days. Thank you to all parents and governors who came to help out. Although some parents were apprehensive about selling the tickets we really did have two fun days (it wasn't as bad as they thought). The children who came along to help on Saturday did wonders and they too enjoyed the experience. We managed to sell all our tickets by 1.30 on Saturday afternoon, so the fundraising got off to a good start. Whilst at Morrisons we were able to promote the school as we were able to take display boards of the school and people were really impressed, so it was all very worthwhile.

The following week was all rather hectic with preparations, the children organised their games, activities and the country dancing. We were all wondering what the weather was going to do on the Sunday. The day was brilliant, to see the school yard full of people enjoying the activities and having a good time in the sunshine was just great. The Fun Day started off with all the children giving us a presentation of Country Dancing, they were excellent, all in time and they looked like they were really enjoying themselves. Karl and Jonathan kept the burgers/sausages coming and the scones and

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meringues which were kindly donated were very much appreciated. We also wish to give a big thank you to David Knowles who kindly organised the bar for us. As the evening went colder we went over to the Coronation Hall and drew the tickets for the Grand Draw. We had sold our 1000 tickets so the tub was full. *The results are below. Thank you to all to donated prizes, it was really kind of you.

After the Draw John Boardley and Kevin took over and we danced the night away. We really had a fabulous day, all the hard work paid off, and we made a staggering £2,771.85 profit. This is truly fantastic. I am sure I may have missed people off the thank yous so I want to give a huge thank you for each and everyone who came and supported and helped our School Fundraiser. It makes us proud to be part of such a wonderful community. It was a great community Do and everyone was in great spirits.

Thank you all so much for your continued support.

*Results:

1st Prize: Colour TV (kindly donated

by the Hall Family): Mr and Mrs Bird
 2nd Prize: Meal for 4 Shap Wells Hotel: Mr and Mrs J Bateman
 3rd Prize: Cruise around Lake Windermere (kindly donated by the Kennedy Family): Mrs Gibson
 4th Prize: Meal for 2 @ The Crooklands Hotel: Mr and Mrs Edgar
 5th Prize: ½ Lamb (kindly donated by the Dodgson Family): Mr and Mrs J Burrow
 6th Prize: Picnic Hamper (kindly donated by the Siddell Family): Mr J Ridding
 7th Prize: King Size Bed Throw (kindly donated by Linen Stop): Mrs Heaton
 8th Prize: £25:00 Green Room Voucher (kindly donated by Castle Green Hotel): Ms Harrop
 9th Prize: £20.00 Hoggarth's Voucher (kindly donated by Hoggarth's the Jewellers): Ms R Crowe
 10th Prize: Legoland Voucher: Mrs Nicholson
 11th Prize: £15.00 Grovenor House Papers Voucher (kindly donated by Grovenor House) Ms Atkinson
 12th Prize: Iron Poker: (kindly donated by A Wiseman): Sue Harper
 13th Prize: Morecambe Superbowl vouchers: Ms Holme
 14th Prize: Child's Sunglasses (kindly donated by Conlons Opticians): Ms Greenaway
 15th Prize: £10.00 Hayes Garden World Voucher: Ms Hunter
 16th Prize: Iron Poker: (kindly donated by A Wiseman): Mrs Gallagher
 17th Prize: Necklace (kindly donated by Mrs Ellis): Ms C Whitton
 18th Prize: Watch (kindly donated by C Kennedy): Ms M Sedbergh

19th Prize: Brewery Cinema Vouchers (kindly donated by the Brewery): Ms Postlethwaite
 20th Prize: Wilf's Café Meal Voucher (kindly donated by Wilf's Staveley): Mr N Eastwood
 21st Prize: Swimsaver Voucher (kindly donated by Lakes Leisure): Ms Rendal
Rachel Dodgson

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SEDBERGH SCOTTISH DANCE GROUP

If the sound of Scottish reels makes your feet tap it's time to do more and join the new Scottish Dance group in Sedbergh. We'll meet two Sunday afternoons a month at the Peoples' Hall. You don't need any experience – complete beginners will be welcome as will those who have danced or reeled before. The class will be taught by Cindy Clarke. You don't need a partner and you don't need a kilt, just a bit of toe tapping enthusiasm.

The first session will be Sunday 16th September from 2.30-4.30pm and will cost £3 per person. Just turn up or email theclarkes@gmail.com for more information.

FARFIELD MILL

Friends of Farfield Mill are organising an exciting new series of workshops which we hope will encourage new groups of people to visit the Mill to learn a new craft or share their love of a craft skill they already have.

Our workshops are being run by enthusiasts who are happy to share the skills they have learned. Some of them have only just learned a new craft skill, others have been working at their craft for years. Our initial offering of courses is textile-based, calling on the committed volunteers who demonstrate regularly at the Mill, namely Weaving Friends, Lace-Makers and Rag-Ruggers. But we hope to expand the scope of these workshops beyond textiles to encompass as broad a range of hand-crafted skills as possible.

While we hope to raise a few funds to help the Mill, our primary aim in offering these workshops is to provide craft-based activities for the local community. We are trying hard to keep the workshops accessible and affordable for all. Tutors are paid a small fee so we need people to turn up and support them!! We hope to offer opportunities for older people to get involved as well as for younger generations. If you have problems getting to the Mill please let us know and we'll see if we can help you with transportation.

So have a look at our course list and see if there's something for you. We want you to come and have a go and have fun doing it. It doesn't matter if

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JULY
Saturday 21st 10:30am 1pm **SPINNING** Make a drop spindle and learn how to spin a yarn

Tuesday 24th 10:30am 1pm **TASSELS** Make simple cords and tassels

AUGUST
Each Wednesday 2pm – 4pm **KID'S DROP-IN CRAFT CLUB** ages 4 - 12 (8th, 15th, 22nd & 29th) Suggested donation of £1 with adult entry to Mill
NB All children must be supervised by an adult.

SEPTEMBER
Thursday 13th 1pm 4:30pm **POETRY** Woven Words Poetry Workshop
Saturday 22nd 10:30am 1pm **FELT** Make a simple felt picture

OCTOBER
Thursday 4th 10:30am 1pm **HULA RUG** Make a rug using old t-shirts and a hula hoop
Thursday 18th 10:30am 1pm **VELVET** Experiment with Devore techniques

NOVEMBER
Thursday 8th 10:30am 1pm **WEAVING** Weave a mug-mat (or 2) on a handloom
Saturday 17th 10:30am 4pm **SPINNING** Learn how to spin with a spinning wheel

DECEMBER
Saturday 1st 10:30am 1pm **CARDS** Make your own cards using textiles
Saturday 8th 10:30am 1pm **WEAVING** Weave a bookmark

All workshops cost £15 and are open to anyone over the age of 16.
All workshops are suitable for complete beginners, so come along and give something a go!
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you've never done anything like it before. If there's something you're interested in but you can't see it on the list then get in touch and we will see if we can find someone to teach you!

If you think you'd like to share a craft skill with others then get in touch with us. And don't be afraid if you've never taught before – most of our tutors are doing this for the first time. If you're passionate about something you can teach simply by showing people how you do what you do.

For further information please contact:

*Laura Rosenzweig (015396 22043)
or Shelagh Cobb (015396 22541)*

GARSDALE CHILDREN'S SPORTS

On Wednesday 6th June Garsdale is celebrating the Queen's Diamond Jubilee by holding the annual, traditional Children's Sports from 1.00pm followed by tea in Garsdale Village Hall. For this special year it will be free entry onto the field.

The evening celebrations start at 7.30pm in the marquee, with a hog roast and homemade desserts followed by a disco with bar. Fancy dress is optional, a prize will be presented for best outfit. The grand raffle will be drawn during the evening.

We hope everyone will join in the celebration and make it a whole community event.

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diannawhitfield@gmail.com

DENTDALE MEMORIAL HALL

Our AGM was well attended by the Trustees and the Officers were thanked and re-elected, Sarah Woof Chairman, Jill Mitchell Vice-Chairman, Jean Haygarth Secretary & Roger Underwood Treasurer. We heard reports on the events of the year, the great Gala, the amazing new kitchen with new electrics and plumbing, recognised all the hard work the Secretary had put in in applying for Grants from The Frieda Scott Trust, Dent Parish Council, The Craven Trust and Dent Show. Grants also from the Neighbourhood Forum and Sedbergh Community Fund. We discussed this year's GALA as always on August Bank Holiday Monday and the need for help from the community, and after a lot of discussion decided to increase the Hire charges for the first time for many many years. Flicks in the Fells in Dent was talked about and we plan to continue in the autumn, the rooms would be made available for a community Jubilee event and we talked about other fund raising ideas and re-decoration of the Sedgwick room as funds allow. *SEW*

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SEDBERGH & DISTRICT COMMUNITY OFFICE

I hope this finds you well. The Community Office has a nice meeting room which we hire out to all sorts of community groups, music groups and so on. It holds 8 to 10 people in reasonable comfort; we have a table to sit round; and there's a nice view of Main Street to distract you. It's currently £5 a session (morning, afternoon or evening) and you can get access when the Office isn't open. To book, please drop in, ring 20504 or email office@sedbergh.org.uk ... Not many people seem to know we have a wheelchair which we lend out. If you need one for a short period of time, please get in touch. Lastly, we are building up a jobs noticeboard, so if you have some work to offer or you are looking for some work, drop in.

Best wishes, Andi Chapple



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HOWGILL HARRIER NEWS

If it really is the taking part that counts, Howgill Harriers deserve recognition for the last 6 weeks alone. All racing has been fair, although the


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colourful undergarments of one male Harrier were subsequently blamed for distracting a fellow club member from his race.

The first club championship race of the season attracted 21 Harriers up to a wet and windy Wednesday evening in Keswick, for the annual 'Round the Houses' road race. At just over 5 miles and in a strong field there was no time to relax, but there were fine performances throughout this undulating course. Pat Hanna was first for Howgill in 12th position, followed by Jack W (15th) and Jack O (18th) in a field of 136.

Still on the road but with marginally more national coverage, five Harriers travelled down to London compete in the marathon, and in warm conditions Steve M, Adele, Pauline, Jenna and Angela all finished in near or personal bests.

As the weather improves there are more opportunities to race and train off road, and Jack O threw the gauntlet down with 5th place for Howgill in the Hawkshead trail race. Seven Harriers competed on the

demanding Three Peaks route in Yorkshire, which follows Pen-y-ghent, Ingleborough and Whernside over 23 miles with more than 5,000ft of ascent. Sedbergh lad and Howgill Harrier Sam Fisher was the youngest finisher in an event which attracts over 800 runners from all over the world, in which former Sedbergh 'lad' Joe Symonds took first place. Carl dug deep and took second place for Howgill in his first attempt at this classic: a win next year?

At Wray Scarecrow festival Ollie R finished an impressive 5th in the 10K road race, while in the fell race Howgill made the best of an overcast day taking prizes for first man (Carl), third lady (Jenn M) and first team overall.

Sedbergh Gala Day was a busy race date, with Harriers racing up Winder as well as longer challenges further afield. Five Harriers (Sam, Ollie, Graham, Rob and Phil) completed the classic Fairfield Horseshoe race, with Sam coming first for Howgill in 38th place out of nearly 300 runners. At Sedbergh John H took the prize for first local

and 13th place overall, with Jon R and Kev M following behind, finishing 32nd and 51st respectively in the first BOFRA championship race of the season. Across the Irish pond Carl finished 5th in the latest British Champs race, keeping himself in contention for the national title.

Beyond racing many club members still meet up, run, and even talk, enjoying the roads, paths and open countryside that we are lucky to have on our mud-spattered doorsteps. Feel free to come along too: check the website for details.

LOFTUS HILL CAR PARK

Readers may be aware of the announcement last year that Loftus Hill car park would close at the end of June 2012. Since that announcement, and over several months, local representatives and Sedbergh School have worked closely to identify a range of options to address the issue of public car parking capacity in the vicinity of Loftus Hill. These discussions are continuing and it is expected that a solution acceptable to all parties will be reached. However, there are a number of complex issues which have to be worked through and these take time. Consequently the School has agreed that the current car park on Loftus Hill will not close at the end of June.

*Hilary Hodge
Chair Sedbergh Parish Council
Peter Marshall
Bursar Sedbergh School*

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SEDBERGH TOWN BAND

Following the combined concert with the Whitehaven Male Voice Choir in ULVERSTON the Band's programme for 2012 continued with providing an hour's worth of background music to entertain visitors to the ANNUAL SPRING SHOW in the People's Hall.

The next engagement should have been leading the parade to mark ST. GEORGE'S DAY followed by a concert from the bandstand in the Bull Hotel's garden. Sadly the weather prior to the event and the forecast for the day was so dire that it was deemed sensible to call the event off in good time. Ironically the day turned out to be reasonable but it was not feasible to reverse the

cancellation. Sincerest apologies go to anyone who failed to hear of the change in plans and was inconvenienced.

The ANNUAL SPRING CONCERT took place as scheduled in the People's Hall on Tuesday 1st May. A most receptive audience was presented with a varied programme. Each half commenced with a march and proceeded to include film, classical, popular and traditional items. A number of pieces were having their first airing in public including the two items featuring solo performances. Hannah Hodgson was accompanied by the Band in an excellent rendition of the traditional 'My Love is Like a Red Red Rose':

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Tuba player Tony Playfoot put aside his usual instrument and took up the bagpipes to play 'Ellan Vannin'. This delightful number is a manx piece and the title translates as 'The Isle of Mann'. Facts and historical background on this and other elements of the programme were given by compere Stuart Manger who again impressed all with the depth and scholarship of his research.

At the end of the first half of the programme and before refreshments were taken and the raffle drawn the stage was taken over by the Youth Band. A few days previously they provided background music at the Zebra Table Top Sale in the People's

Hall. They repeated their programme and both entertained and impressed the audience. Their performance was notable for its exuberance and musicality. All who have followed their progress since their formation a couple of years ago were amazed by the strides that have been made in this comparatively short period of time. 'Congratulations' go to Carole Marsden and her assistants who have brought about this progress. In the course of introducing the four numbers played by the Youth Band Carole took the opportunity to express thanks to the family of Len Mitchell for the generous donation of a trombone played in the concert by

Mike Storey. She also invited anyone contemplating giving an instrument a try to join the Saturday morning sessions in the United Reformed Church. She stressed that even absolute beginners immediately join the band and although initially they will likely to be playing little within a short time they are bound to be fully engaged.

After the break the Senior Band completed the evening with a selection that included a first performance of the splendid 'Conquest of Paradise' and concluded with the ever popular compilation 'Best of Bond'. The National Anthem finally brought the curtain down on the evening.

It is thanks to the type of generosity mentioned by Carole that the Senior and Youth Bands are both in existence and equipped with instruments of a high standard. Since the first interests were shown in creating a Sedbergh Town Band some fourteen years ago the support and generosity of individuals and organisations has been overwhelming. John Metcalfe led the way with financial help and valued service as president for the Band's first ten years. His association with the Band is perpetuated in the President's Cup, donated by John and awarded annually to the member of the Band who has made the most progress in the course of the year.

FELLS

(Friends of Eden, Lakeland and Lunesdale Scenery)

President: Dr Mike Hall

Chairman: Sir Tim Kimber

Since 2000 FELLS has been active in conserving our landscapes by opposing poorly sited wind turbines in Cumbria and NW Lancashire.



The Armistead (Old Hutton) windfarm starts building soon and the developers are now seeking permission for 5 even larger turbines - the tallest in Cumbria – near Killington. The threat to our landscape from the increasing number of wind turbines is now very real.

We all jointly pay millions of pounds in subsidies for wind turbines, whether we wish to or not. We believe there are more effective ways of spending this money.

If you agree with us we would love to hear from you.

For more information about current windfarm proposals, or about FELLS,
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Over the years the generosity has been magnificent and continues right up to the present with the gift mentioned earlier and contributions from the Freda Trott Trust. The Band would like to acknowledge its sincere thanks to all its supporters who have enabled it to grow over the years from a few tentative beginners to an organisation boasting a Senior and Youth Band numbering in excess of seventy players and still expanding.

The Band's next regular engagement was leading the parade at the ANNUAL SEDBERGH GALA. Held on Saturday 12th May the weather which had been thoroughly unpleasant for days relented and the

Gala was blessed with sunshine throughout. A selection of marches on the journey from the Fire Station to the Lupton Fields were played. Particularly noticeable was the beating in exemplary time of the bass drum by Michael Roberts. Normally a baritone horn player Michael, although he had never played the drum before, volunteered to fill the vacancy and performed impeccably - many congratulations go to him.

Following their arrival on the field the Band took up positions in their marquee, put up earlier in the day and in the course of two short sessions played an entertaining selection of popular numbers. GRB

SLOVENIA MATTERS

Our many Slovenian visits continue with a concert in the Sedbergh music festival with Vesna Lukic and her band Ethnodelia. The group of sisters from Zrece who were originally going to be singing were unable to attend due to work commitments which of course was a disappointment, but we are delighted that we now have this talented and passionate singer coming with her band to perform in St Andrews Church on Wednesday June 6. I met them when our male voice choir and folk group Voicemale and Malestrum were performing in Zrece last October. They give a very energetic and Balkan interpretation of Slovenian songs which is exciting to

listen to. They are of course very interested to hear local folk music as well - and Owen at the Black Bull has kindly said that we can have a folk evening there after the concert at 9.30pm - bring your instruments and voices! If you're busy on Wednesday evening, you can also catch them on Thursday evening in the Gregson in Lancaster.

Many thanks to those who sent me their congratulations on my being given an award from Slovenia for arranging our many cultural exchanges - though of course the praise goes to the many people here in Sedbergh and beyond who have given our visitors such a warm welcome - hosting them in their

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homes, inviting them for meals and drinks, joining me driving them to and from the airport, learning Slovenian songs alongside them and showing them our local places of beauty and interest. George Handley at Hylands has a special fan club in Slovenia made up of the many groups who have stayed in his home - and they are all delighted that George will be making his first visit to Slovenia in October with Susan Garnett's holiday group. I believe they are preparing to roll out the red carpet!

Also those who have risen to the challenge of learning the Slovenian language need a mention. Our classes received something of a set back when our teacher Misela Mavric finished her PhD at Lancaster University and moved to work in a university in Cyprus. But our studies have continued and we are hoping for a new teacher soon.



Vesna
Lukic

We are also arranging a low cost week of language exchange with those learning English from Slovenia meeting up with those of us who are learning Slovenian in Sedbergh for a week of intensive study in our two languages.

We also have the Cerknica choir from Slovenia visiting from the Vanishing Lake in mid July. This lake was first made famous by the 17th century

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Slovenian geologist Janez Valvsor whose work earned him a place in the British Royal Society. The choir has also been very hospitable to our visiting choirs. The Mozire family choir visit - involving 25 singers aged from 7 - 57 is postponed until next year due to a shortage of funds. If anyone would like to sponsor this delightful choir, which is an extension of the lovely family singers of 4 children and their parents who came last year, please get in touch.

And later in the year our singers return to Slovenia to join the Zrece choir's wonderful project Pesmi Prijateljvanje - Songs of Friendship - with a concert in Gorenje. The project extends the relationship between our two towns to include those from other towns and countries. Last year our musicians from Sedbergh and Northumbria joined the Zrece choir as well as singers from Croatia and other towns in Slovenia. It is perhaps the natural evolution of town twinning to include networking with other towns and countries, extending the hand of friendship out to others, as we do here in Sedbergh. When I last

met with the British Ambassador in Slovenia Andrew Page he was also very enthusiastic about a project he had arranged involving students from his old school working alongside students from a Slovenian school to build homes for the victims of war in Bosnia (you can see a free video of him on my Youtube site talking about this at one of our concerts in Ljubljana - as well as videos of our concerts in Zrece.)

It's not just culture which continues to flow between our two towns. Our first trade link has started with the import of Blueberry Liqueur from Zrece which will soon be on sale in Powell's. Many of you may already have tasted the drink at the Town

Twinning stalls at the Late Night opening, Spring Show and other community events - now there is an opportunity to buy a bottle for yourself.

Finally many thanks to all of you who came to the Slovenian poetry reading in Farfield Mill earlier in May. The celebrated Slovenian poet Agata Trojar came with 15 other poets and artists from her cultural organisation, staying in the Howgills bunk barn and going on to a tour we made into Northumbria to meet up with Wercas Folk choir, then up to Scotland for ceilidhs and more poetry reading. They all said how much they enjoyed meeting the people of Sedbergh.

David Burbidge



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MOZART COMES TO DENTDALE

The Dentdale Choir put on two sparkling concerts on 28th April in Dent Memorial Hall and on 4th May in Barbon Village Hall under their talented director Linda Fawcett, ably accompanied by Roger Bush at the piano. The evening, entitled *Love & Laughter*, was as varied as it was adventurous. John Rutter's *For the Beauty of the Earth* opened the programme followed by a selection from his *The Sprig of Thyme*, imaginative settings of folksongs sensitively sung, their conductor coaxing the very best from different sections of the choir. Mary Robinson was the soloist. Then *An Eriskay Love Lilt* with unexpectedly fluent audience participation in the chorus and *Mairi's Wedding*, both from north of the border concluded the first half. *Humpty Dumpty*, Dave & Jean Perry's modern two-part tuneful take on a familiar character deservedly

received an encore and Rossini's *Comic Duet for Two Cats* was sung in costume with feline grace by Anne Oxley and Janet Rougvie. Likewise in costume, the highlight of the evening was Excerpts from *The Marriage of Figaro* by Mozart, a concert performance sung with great panache by an accomplished and stylish Figaro (Jim Kirton), supported by Cherubino (Jenny Robinson), Susanna (Anne Oxley) and The Countess Almaviva and Barbarina (Janet Rougvie). This most enjoyable evening concluded with a moving performance of the Canadian Leonard Cohen's *Hallelujah*. The Dentdale Choir, whose near fifty singers must represent a considerable fraction of the citizens of Dent, are to be congratulated on a thoroughly entertaining and musical evening, a fitting farewell to Linda's six years as Musical Director.

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CUMBRIA WILDLIFE TRUST

A Brief History of 50 years

The seeds of the Cumbria Wildlife Trust were sown in 1959 when Canon Harvey, Rector of Great Salkeld, visited the Nature Conservancy's North England Regional officers at their base in Grange-over-Sands. He came to discuss his initially hazy idea of establishing a "Naturalists' Trust" for the area. A commanding figure dressed in clerical gray with knee breeches, he was typical of the rural clergy of the 19th and early 20th centuries and he shared their consuming interest in natural history. He was to be the Trust's driving force through the formative period. The Conservancy's staff offered to help and advise and, indeed, continued to support the Trust throughout its development years and beyond.

The first step was to decide the area to be covered. A faction from Liverpool wanted a Trust extending from the Mersey to the Solway, but others realised that would be far too unwieldy and eventually it was agreed that the new Trust cover Cumberland, Westmorland and the Furness District of North Lancashire.

Inaugurated in 1962, the Trust took the name "Lake District Naturalists' Trust" although more than half of the area covered was not in the Lake District! Local government re-organisation in 1974 revived the ancient name Cumbria. Coincidentally "Cumbria" happened to describe the Trust's coverage plus Sedbergh, Garsdale and Dent. The Trust took in this ex-Yorkshire area

and finally in 1993 became "Cumbria Wildlife Trust".

Under Canon Harvey's leadership, people from many walks of life brought their skills and experience to bear on the Trust's activities and all in a voluntary capacity alongside their work. Canon Harvey was the first chairman of Council. Lord Lonsdale the first President, had invaluable experience of rural estate management; Geoffrey Ainscough, a Bank officer, was the first Treasurer, Hilary Overy, who had experience as Agent to an MP, was Trust secretary and later interim chairman; Kenneth Himsworth, Clerk to Westmorland CC kept Canon Harvey's feet on the ground; Vera Amor was Head

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Forester on the Cavendish Estate; Peter Delap, a doctor, was unique in being a deer expert; Ralph Stokes, an accountant, had for many years pursued his hobby of studying lake and lake-side vegetation. His meticulous records were of immense value as a base-line for subsequent surveys carried out by the Trust years later. Jack Marshall, a teacher, designed the Trust's distinctive badger's paw emblem and illustrated the Trust's newsletter for many years. Joy Ketchen, a pharmacist, trained herself to become a sound ecologist and served as the Trust's first Conservation Officer, assessing the impact of development proposals on wildlife etc. Eventually the Trust was

able to pay a full time Conservation Officer, a post taken up by our present Director Peter Bullard. Two professional biologists giving expert assistance to the Trust were Edna Lund and David Le Cren. Both were council members, the latter becoming Chairman after Canon Harvey's day.

As the Trust became better known and respected, expanding membership, donations, legacies and successful applications for grants allowed important development. The Trust bought a small Ambleside shop and used the upstairs as a Headquarters and the downstairs as a Trust shop "The Badger's Paw" run by volunteers Pippa Bonner and Sheila Brunstrom. As work expanded, the Trust, now having a small paid staff, out grew the "Badger's Paw" base. After years of interim arrangements, Plungarths, our present headquarters, was bought. This house and garden on the edge of Kendal are ideal.

Over the years, a better balanced and more nimble administration has been established. Council has been replaced by a smaller Board of Trustees, an Executive Committee and two policy groups, Conservation and Development.. The local Support Groups of which Sedbergh is one, take part in various aspects of the Trust's work from scientific site surveys to fundraising and providing talks and outings for members and the general public. Acting as the Trust's "nerve endings", they provide a vital link between the body of the Trust and the head at Plumgarths.

Helga Frankland

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**SEDBERGH WANDERERS
FOOTBALL CLUB**

On Saturday 7th April, the club held its second annual Ladies Night in Queens Hall at Sedbergh School. With this being the only Saturday the hall was available during the school holidays, it unfortunately clashed with Easter weekend meaning ticket sales were down on last year.

However, we had still sold 73 out of 100 so were still in for a busy night and the ladies who did turn up certainly did not lack any party spirit! We themed the evening on Moulin Rouge and had decked the hall with red and black tablecloths, jewels and feathers.

There was a fabulous effort from a

large number of the ladies who attended with some fantastic outfits on show. It was great to see so many had made the effort and got well and truly into the spirit of the evening. The format of the night followed last year with all guests receiving a delicious cocktail on arrival followed by a 3 course meal, coffee, tea, champagne and a disco. The food stuck with the French theme with the starters a choice of breaded brie, French Onion Soup or Tuna Nicoise Salad. The Brie won the popularity contest here hands down. The main course was a choice of Ratatouille, Chicken Cordon Bleu or Beef Bourguignon. For dessert, we laid on a sharing platter for the table consisting of cheese and

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biscuits, pancakes and profiteroles. The whole evening went by without any major panic or catastrophes and was enjoyed by one and all. We also, again, had our big prize draw and following some constructive criticism following last year's draw, we had 5 prizes on offer rather than just the one main prize. This year's first prize won £150 of Superbreak vouchers and was won by Kirstie Burns who now gets to choose from a whole variety of breaks away from the selection on offer from Superbreak. Rumours that she won't be taking Luke though are yet to be confirmed! The players were all looking dapper in their black shirts and red ties and worked hard to ensure everything

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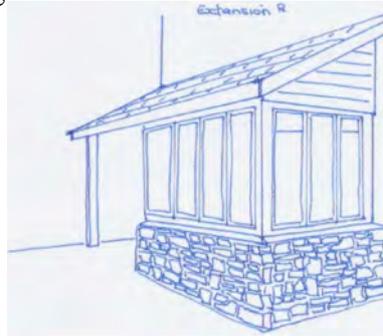
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well-earned beer and boogie at the end of the night. It is very satisfying to us to see people enjoying themselves at our events as, fund raising aside, this is the main reason we try to put these events on, to ensure the townsfolk have something different to enjoy and look forward to.

We hope everyone who was there had a good night and we hope to see you all again next year. We know we would have sold out this year if it wasn't for the clash with Easter Weekend. If anyone who was there does have any comments, good or bad, please speak to either Dan Mason, Luke Packham or I and we will be happy to hear your thoughts.

A few thank you's for the evening now. Firstly, to Kirstie Burns who gave up her Friday night to help us set up the hall. Next, to Shaun Gardner who, despite not being a Sedbergh player, gave up his evening to help wait on tables and wash up. However, the biggest thanks go to John Harpham and Samantha Bradley. John was the brains and talent behind the menu and the food, although I was with John in the kitchen for most of the day, it was he who contributed most! For giving up his Easter Saturday to help us, we are very grateful. Samantha also gave up countless hours of her time to help us plan the event and she was

also responsible for sorting out all the decorations, the menu's and all the other bits and pieces that helped make the hall look so good. She, like Kirstie, also gave up her Friday night to help us set up. Samantha and John, thank you very much, we could not have done this without you.

So, Ladies night is out the way, we have a few more events this year, details of which will be in future editions.

On the field, it has been just as hectic as the first team avoided relegation following 4 victories in the last 6 games, winning 3-2 at Appleby, 2-1 at Kendal United, 4-0 at home to Kendal United and 3-2 at home to Lunesdale. All this helped the club

avoid the drop by a mere 2 points so it was a fantastic fight back.

The reserves ended on a high also having avoided finishing bottom of division 4 with some great end of season results, none more notably than a 7-1 home victory against Penrith Academy. We will now take a much needed rest and return to action in August following a, no doubt punishing, pre-season training regime.

Finally, thank you all, again, for your continued support towards the football club, it means a lot to us and is very much appreciated.

*Ben Close
For and on behalf of Sedbergh
Wanderers Football Club*

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KILLINGTON WI

The Afternoon WI for the entire district.

As we used to say as children, "I am Sunday full!" I have just arrived back from our gourmet meeting, 'Taste and Try'. The idea is that we taste a **small** amount of various dishes but portions were tummy- stretchingly generous. Most of the items were taken from our own recipe book. This is what we sampled: - Broccoli and Blue Cheese Soup; Tomato and Lentil Soup; -with Italian Bread. Bobotie with Saffron Rice; Spicy Pork and Apricots with White Rice; Australian Lemon Cheesecake; and Tangerine Syllabub; all washed down by a lovely cuppa with Bara Brith (Welsh Fruit

Bread) and Miracle Biscuits!

Is it any wonder that Killington W I continues to grow?

We were delighted to welcome another new member, Hilary Winrow from Pinfold, and have yet another prospective member lined up for next month. We look forward to enjoying their companionship for many years, or using the current cliché, "Going forward"!

The competition for 'a handy baking tip' was won by Pauline Ramsbottom who advised, "Cook with your grandchildren. Start them young. Keep yourself young!" A splendid piece of advice! The raffle prize of a box of Thornton's chocolates was won by Hilary, today's new member.

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WEDNESDAY:	<i>All Mains £7</i>
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Our meeting had of course started with the usual business: - song, apologies, birthdays, update on Elspeth (perhaps we may even see her back at our next meeting), minutes, financial report, reports of WI happenings, plans for future happenings-notably Gala, the group meeting hosted by Dentdale WI, and our coffee morning on 30th May , (all now past). We hope that many of you will visit the Diamond Jubilee Flower Festival in Kendal Parish Church on Thursday June 28th (1pm-7pm), Friday 29th June (10am-7pm), and Saturday 30th June (10am-5pm). The event will be rounded off in the

evening with the "QUEEN OF DIAMONDS JUBILEE CONCERT", a very special feast of music. I'm sure all of it will be a fine occasion and well worth a visit.

We concluded our business by voting unanimously to ask Sally Cragg, our delegate to the National Federation WI meeting at the Albert Hall this month, to support the motion, "The NFWI calls on the Government to increase investment in the training, employment and retention of midwives in England and Wales, to ensure services are adequately resourced and are able to deliver a high standard of care". Thank you, Sally, for attending this meeting as our representative.



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EARLY BIRD MENU

6pm - 7pm

Sunday to Friday

Our next meeting will be at the People's Hall at 2-00pm on Tuesday 12th June. Then we shall be off on our travels, adding another island to our collection. We are looking forward to Mike Beecroft's illustrated talk entitled "St. Helena - a remote Atlantic Island". If you fancy a little island hopping come along and join us.

Wendy Fraser-Urquhart.

P.S. Although I wrote this report on the day of our meeting, I didn't submit it until the last day - 19th of the month. (Sorry, Dennis!) However, it does allow me to add that Dawn and her team made over £170 at the bric-a-brac stall at the Gala, which all goes to our fund for the school at Thandi.

Many thanks from all of us to Dawn, Barbara, Anne and Margaret, AND to those of you who supported us by buying our treasures! What a lovely day we had for Gala. Many, many thanks to all those who worked so hard to make it a success.

DENTDALE WI

It was the May Meeting and the time to discuss the Resolution: *The NFWI calls upon the Government to increase investment in the training employment and retention of midwives*, going forward to the NFWI AGM at the end of May in the Albert Hall. Dale Smith led the discussion and having been a midwife before retirement, was able to include some



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first hand knowledge to support the facts. Another member, Thelma Belfield also a midwife, was also able to answer member's questions in a very informed way. The statistics show a rise in birth rate and a higher rate of complex pregnancies in older and obese mothers. Midwife numbers have increased, but not kept pace with the baby boom which the current projections show will rise further. Also, many midwives are due to retire during the next ten years. By campaigning for our votes in each of the 6,600 WI branches, it means that the strength of the whole of the WI movement (currently 210,000 members) could be behind the issue. WI is the largest voluntary women's organization in the UK. Dentdale voted unanimously for the resolution and this result will be given to our delegate who will be voting on our behalf at the AGM.

Following the serious stuff, what better way to finish the evening than a game of Charades!—No stress on acting abilities or remembering answers as we played in tables of four or five and usually someone felt inspired to act. *The bridge over the River Kwai* just one of the titles - Challenging?

With summer around the corner, we hope! The events taking us out and about featured heavily. In chronological order, the next dining club outing was discussed for 29th May at the Lunesdale Arms. Then, there was the chance to buy tickets at greatly reduced prices for the Holker Hall Garden Festival to be held 8th to

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10th June. Of course the Federation Flower Festival at Kendal parish Church is very much on the minds of the organisers who hope for a good response over the three days 28th, 29th and 30th June. We were also given details of our own branch outing on 12th July to Knaresborough with free time to look around following lunch and with no hassle for anyone as we are letting the coach take the strain!

Our next meeting in the Hall is on 12th June when Julia Beedon will talk on the meaning of surnames. New members and visitors always welcome.

Pat Allen

SEDBERGH WI

For May's meeting there was almost a full compliment with just a few members missing and the committee room at the Peoples Hall was scarcely big enough to hold us all. Also present joining in the fun was new member Mrs Sue Kernkhan and visitor Ellen Morrison. Members brought along old kitchen implements to be judged, the winning utensil going through to the Group Meeting competition. The Group Meeting is being hosted by Dentdale WI this year and several members will be attending on Monday May 21. President Linda Hopkins chose a

rather unusual fore runner of a food processor as our entry, a marmalade orange shredder, still in its original box, priced at 4/6 from among the many unusual items which included a butter churn.

Those members who had last month taken the trip to Levens Hall reported that they had very much enjoyed their visit even managing to dodge the rain. For its next walk the walking group head for Winster and once again will availed themselves of coffee and cake at Kendal Golf Club.

Linda reported back from the recent Federation Council Meeting saying those that attended were treated to a demonstration and talk by Ruth Clemons runner up in the BBC 'Great

British Bake Off'. Also at this meeting Linda once again showed her skills in flower arranging giving a delightful demonstration. Another matter that was raised at the council was the plight of Denman WI College which is in need of some support. With this in mind Anne Symons has organised an all day coffee morning at her home, Docker Park Farm, entitled 'Do it for Denman'. The event will take place on Wednesday July 11 from 10 am to 4 pm please give it your support..

The main business of the evening was a discussion centred around the WI's resolution regarding the lack of midwives and the consequences of such shorted sightedness by the

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health service and government. The members voted unanimously to support the call for more midwives to be budgeted for to go forward to the National Federation AGM, at the Royal Albert Hall, in June.

This was followed by a Jacobs Join and Bring and Buy sale which raised £50 toward the cost of flowers for our exhibit at the forth coming 'Queen of Diamonds Flower festival' which will be held in Kendal Parish Church on June 28/29/30. This event has been organised by the Cumbria and Westmorland Federation of WI's.

The evening concluded with a game of Scattergories organised by Sue Bateman.

While at this month's Book Club

meeting members discussed Daphne du Maurier's first novel entitled 'The Loving Spirit', a book covering family relationships over four generations of a Cornish shipbuilding business. The group gave the book 7 out of 10 and generally felt that they would be more likely to recommend one of the author's better known novels to a new reader. There are now have 13 members in our book group who take turns to host the afternoon which just requires a bit of baking. Many thanks go to Sue for hosting May's book club.

Our Summer mystery outing will leave form the Peoples Hall at 2.30pm on Wed June 13. However if you find it difficult to get to the PH

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Just to remind everyone, the WI is holding a Coffee Morning in the URC rooms on Wed June 20 between 10am and 12 noon and the raffle will have a red white and blue theme.

It just remains for Sedbergh WI members to send best wishes to the members of Howgill WI which is celebrating its 60th anniversary next month.

Sandra Gold-Wood

HOWGILL W. I.

President Mary Silva opened the May meeting with a minutes silence

in memory of Gordon Axford. Our thoughts are with Barbara and her family at this difficult time.

Nineteen members and two visitors were present. Mary Stainton was congratulated on her special Birthday.

Two members spent an enjoyable evening at the half yearly Council Meeting. Guest speaker Ruth Clemens from T.V.'s "Great British Bake Off" now known as 'Pink Whisk' was excellent as was Floral Art by Linda Hopkins. Arrangements were created with the forthcoming Flower Festival in mind.

The one resolution 'Employment of more Midwives' was voted on. Sally Cragg, our delegate who will be

attending the A. G. M., in London is to be informed to vote in favour on our behalf.

Members were reminded of forthcoming events. The Group Meeting hosted by Dent w. I. The Holker Festival, and the Queen of Diamonds Flower Festival and Jubilee Concert in Kendal Parish Church.

Names were taken for our Summer Outing to Lowther Castle and Gardens.

Mary introduced our speaker Val Corbett of Helton near Askham , a freelance photographer known over a wide area for her outdoor photography. With the help of slides we followed the River Eden north

from Mallerstang to Carlisle capturing the beauty of the Eden Valley with scenic shots of summer and winter scenery. Sheelagh Dennis thanked Val for taking us on a wonderful journey. Highlighting some interesting locations, historic gardens and features.

The competition for a dressed clothes peg was won by Sheelagh with Helen Beare second. Raffle prizes were won by Lynn Marsden and Audrey Hoggarth.

The evening was brought to a close with our usual Jacobs Join and get together. We now look forward to June 7th when we are celebrating our 60th Anniversary at Firbank Church Hall.
A. H.

<p>bullhotel restaurant • bar • accommodation</p> <p>sample menu items</p> <p>To start</p> <p>Grilled Goats Cheese En Croute Devilled Lakeland Lambs' Kidneys Tempura Battered King Prawns Asparagus wrapped in Smoked Salmon</p> <p>Main</p> <p>meat game & poultry</p> <p>Pork Fillet, Apple & Black Pudding Wellington Confit of Duck Leg Orange Marmalade Brushed Duck Breast Chorizo of Chicken Cumbrian Reared 10oz Sirloin Steak</p> <p>015396 20264</p> <p>reception@bullhotelsedbergh.co.uk bullhotelsedbergh.co.uk</p>	<p style="text-align: center;">spring menu 2011</p> <p style="text-align: center;">Functions, event & buffet menus available upon request</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>country classics</p> <p>Black Sheep Beer Battered Haddock Local Cumberland Sausage Ring Bull Hotel Burger Braised Lakeland Fell Lamb Shank Homemade Luxury Fish Pie Calves Liver & Onions</p> <p>vegetarian</p> <p>Fresh Spinach, Goats Cheese & Mushroom Ravioli Spicy Mediterranean Vegetable Fajitas Creamy Leek & Mushroom Risotto Mediterranean Vegetable & Goats Cheese Tagliatelle</p> <p>seafood</p> <p>Oven Roast Pave of Salmon Pan Fried Solway Caught Plaice Fillet Oven Roasted Cod Loin & Vine Cherry Tomatoes</p> </td> <td style="width: 50%; vertical-align: top;"> <p>sides</p> <p>All main courses can be ordered with two of the below:</p> <p>Fondant Potatoes Hand Cut Chips Creamy Mashed Potato Mustard Mashed Potato New Potatoes Homemade Beer Battered Crispy Onion Rings Fresh Vegetables Cabbage Pierre Kauffmann Honeyed Carrot Ribbons Mushy Peas Rocket & Parmesan Salad House Salad Bread Basket</p> <p>We also offer a wide selection of daily specials, sandwiches, snacks and desserts.</p> </td> </tr> </table> <p style="font-size: small; text-align: center;">Main dishes start from £8.95. All prices are inclusive of VAT at the national prevailing rate. The Bull Hotel was recently awarded maximum Food Hygiene Rating of 5 stars = Excellent by South Lakeland District Council.</p>	<p>country classics</p> <p>Black Sheep Beer Battered Haddock Local Cumberland Sausage Ring Bull Hotel Burger Braised Lakeland Fell Lamb Shank Homemade Luxury Fish Pie Calves Liver & Onions</p> <p>vegetarian</p> <p>Fresh Spinach, Goats Cheese & Mushroom Ravioli Spicy Mediterranean Vegetable Fajitas Creamy Leek & Mushroom Risotto Mediterranean Vegetable & Goats Cheese Tagliatelle</p> <p>seafood</p> <p>Oven Roast Pave of Salmon Pan Fried Solway Caught Plaice Fillet Oven Roasted Cod Loin & Vine Cherry Tomatoes</p>	<p>sides</p> <p>All main courses can be ordered with two of the below:</p> <p>Fondant Potatoes Hand Cut Chips Creamy Mashed Potato Mustard Mashed Potato New Potatoes Homemade Beer Battered Crispy Onion Rings Fresh Vegetables Cabbage Pierre Kauffmann Honeyed Carrot Ribbons Mushy Peas Rocket & Parmesan Salad House Salad Bread Basket</p> <p>We also offer a wide selection of daily specials, sandwiches, snacks and desserts.</p>
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CHINESE MEDICINE'S TOP TIPS

I have been looking for a good layperson's guide to Chinese Medicine for some time. Recently a friend lent me *The Chinese Way to Health* by Stephen Gascoigne, which fits the bill better than any other book I have come across. The author began his medical career as a GP before training in acupuncture and Chinese herbal medicine. He has also written two very helpful books about conventional medical treatments from a Chinese medicine perspective.

Gascoigne lists five main methods for health preservation and self treatment: meditation, food, exercise, massage and simple herbal treatments. He considers meditation to be the most powerful method for good health and well-being. He describes some simple meditation practices, some of which you could also learn at one of the courses

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June M. Parker

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offered at the Dent Meditation Centre. The telephone number is 015396 25141.

The main form of exercise Gascoigne recommends is Qigong (practices for gathering, harmonising and circulating energy). Again this available locally – both Ian McPherson (telephone 015396 20648) and I teach weekly classes in the URC Hall in Sedbergh. I am also running a series of day classes on occasional Sundays in Barbon Village Hall. It is useful to complement these gentle, structured movements with outdoor exercise such as walking or cycling.

The most important aspect of eating well is to be kind to the digestive system. Warm cooked food is easy to digest and soups and stews are particularly beneficial. Gascoigne recommends a main meal between 7 and 11 in the morning, when the

digestive system is at its strongest, and eating only lightly in the evening, no later than 7 o'clock. Grains and vegetables make up the bulk of a healthy diet. Fresh, local organic produce is better for you than processed food and food containing additives. Meat is a powerful blood tonic and best eaten in small quantities. Sugar, coffee, alcohol and chocolate should be limited.

A few years ago I treated a fell-running enthusiast for a series of minor injuries. At the same time I vigorously recommended eating some protein at breakfast-time so that these nutrients would be available for the muscles during the day. I recently saw the person again, who reported having eggs every day for breakfast and a two year period completely injury free.

There is a considerable overlap between culinary herbs and herbs used for medical treatments. For example some aromatic herbs, such as cardamom, juniper and thyme have the effect of resolving phlegm and damp. If you want to use common herbs for yourself in this way, be aware that herbal self-treatment should be short-term. For example, drinking sage tea to relieve a sore throat or using turmeric to alleviate period pains. Taking regular doses of herbs or spices in the long-term can have unwanted side-effects. One rule to be aware of is that hot diseases must be cooled (using mint or marjoram, for example) and cold diseases must be warmed (using ginger, cinnamon, garlic, or pepper

for example). Repeated use of warming spices can have a heating and drying effect on the body over time. Repeated consumption of cold herbs (or raw vegetables, fruit smoothies, ice cream and cold drinks for that matter) can have a damaging effect on the digestive system.

Gascoigne recommends some Chinese herbal remedies, which due to EU regulation are sadly no longer available. It now appears that under proposed legislation common homoeopathic remedies will also become unavailable. The effect of this will undoubtedly be a renewed interest in remedies made from locally available ingredients. After all, they can't ban elderberries or dandelions, can they?

If you are interested in knowing more about Chinese health cultivation, please get in touch. My telephone number is 015396 20972.

June Parker

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Fencing Contractor

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e-mail: prhorner@hotmail.com



SEDBERGH GALA

The gods chose to beam favourably on Sedbergh for Gala Day 2012. Sandwiched between days of rain and a Sunday of howling wind, Saturday 12th May dawned chilly but still and fine. Although a breeze got up later, warm sunshine raised the temperature and crowds flocked to Lupton Field for the town's traditional annual Gala.

The Parade, led by the Town Band and Dennis Whicker, Town Crier, marched from Maryfell through the town centre, followed by floats and groups of children and adults in fancy dress, reflecting this year's theme of *60 Glorious Years*. Shops along Main Street had decorated their shop windows; the winner of the Trophy was Abracadabra Flower Shop.

Once into the main arena the procession was judged by Mr Loyal and Mrs Denise Yousef and the Rev Tim and Mrs Janet Widdess. The Decorated Vehicle winner was Sedbergh Playgroup and the Pedestrian section was won by Sedbergh Primary School. Zac Hall and Jack Garnett, Pheobe Hall and Hattie Davies were winners of the



Fancy Dress category, with Isabel Abbatt, dressed as the Queen on "Burmese", the winner of the Pony section. The new Gala Queen, Rhianne Woodfine, was crowned by the retiring Queen Angela Postlethwaite and the Gala was then officially opened by Rhianne.

New attractions joined many of the traditional attractions on the day:

Sedbergh Town Band played, while the Dog Agility Display in the main arena kept spectators amused by the dogs' speed and determination over hurdles and obstacles. Two local newcomers to the Gala were Sedbergh Junior School's

Dancers and the young singers of Piccolo Amabile.

Through the afternoon runners of all ages competed in the BOFRA Fell race up Winder. The results were:

Senior:

1st male:- Matt Lockyer, Pudsey and Bramley

1st female:- Edie Hemstock, Pennine Local

1st veteran:- Mark Taylor,



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1st local:- John Hosker, Howgill Harriers
U 17
 1st boy:- James Hall, Wharfedale
 1st girl:- Annabel Mason, Wakefield Harriers
U 14
 1st boy:- Chris Richards, Helm Hill
 1st girl:- Ellie Lambert, Wharfedale
U 12
 1st boy:- Robbie Johnstone, Wharfedale
 1st girl:- Sarah Atkinson, Helm Hill
 The winners of the wrestling competition were:
U 9 mixed
 1st John Gibson
 2nd Jack Threlfall
 3rd Ted Hodgson



U12
 1st Thomas Hayhurst
 2nd Ted Hodgson
 3rd John Gibson
U15
 1st Sam Wilson
 2nd Kane McNally
 3rd Thomas Gibson
U18
 1st Darryl Hodgson
 2nd Ben Brocklebank
 3rd James Hayhurst

Girls Open
 1st Connie Hodgson
 2nd Megan Gibson
 3rd Liz Hayhurst
U 13 st
 1st Graham Brocklebank
 2nd Ben Brocklebank
 3rd Darryl Hodgson

All Weights
 1st Joe Threlfall
 2nd Graham Brocklebank
 3rd James Hayhurst

The Gala Committee would like to thank Mr A Fleck, the Headmaster of Sedbergh School, for the use of Lupton Field, and also the many town businesses for their generous sponsorship. Such an event could not take place without the continuing help and co-operation of many people in the town and to them the Committee sends warm thanks.

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Dear Editor

The article in the May edition of Lookaround about the proposed Killington windfarm reads like a public relations exercise by the developer (Banks Renewables). It overlooked many important points.

Banks' own survey shows that there is considerable opposition to their plans. The majority of those expressing an opinion at the Killington exhibition meeting were against the wind farm proposal.

That Banks has to distribute sweeteners to local communities shows that they are dealing with highly unpopular developments. The effect of these is very divisive on our small rural communities, as we know

all too well at Old Hutton. Experience tells us that there are no worthwhile jobs associated with windfarm construction.

The proposed site is where the busy A684 crosses the M6 at junction 37. Thousands of people every day will have to view these turbines whether they like them or not. No doubt there will be people who quite like turbines or accept them as a necessary evil, but equally the number of people who find them abhorrent will be a very large number. Residents from Sedbergh, Kendal and nearby villages using the A684 will have to put up with seeing them every day. Junction 37 is **the** gateway from the M6 to the Dales and one of the Id you

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PUCCINI – Suor Angelica: Senza Mamma

PURCELL – Dido and Aeneas: When I Am Laid

PUCCINI – Madame Butterfly: Un Bel Di

BELLINI – Norma: Casta Diva

HANDEL – Rinaldo: Lascia Ch'io Pianga

PUCCINI – Tosca: Vissi D'arte

Interval

GOUNOD – Romeo et Juliette: Juliette's Waltz

SAINT SAENS – Delilah: Samson Recherche ma Presence

BIZET – Carmen: Habanera

BIZET – Carmen: Seguidilla

PUCCINI – Tosca: Vissi D'arte

MOZART – Marriage of Figaro: Porgi Amor

MOZART – Die Zauberflöte: Der Holler Rache



prefer to come over to gateways to the Lake District. Wind turbines will only degrade the landscape

The cumulative impact of large wind turbines locally is a great threat: there are already 5 turbines at Lambrigg and 6 more to be erected in the near future at Armistead, Old Hutton. The five Killington turbines will be the tallest (136m high) in Cumbria, the height of the viewing platform of Blackpool Tower, dwarfing the 74m turbines at Lambrigg and even those of 100m at Armistead. Do we want our part of Cumbria to rival the West Cumbrian coast for supremacy in wind turbine density?

This is a very significant development that will affect far more

than the residents of Killington alone. It could arguably be said to be of national importance.

Yours sincerely

Stephen Hinchliffe

NEW WIND FARM

The main reason for the proposed wind-farm at Killington is not to make Britain greener, nor to help the local community, but to make money. Lots of it. The Cumbrian countryside would be raped in order to make a few businessmen richer.

It is especially galling that their profits exist only because of subsidies. More than 40% of wind-farm income comes from these covert and complex subsidies, and almost no-one realizes that that these are levied from our electricity bills. Climate-change policies have already increased household electricity bills by more than 14% and the electricity bills of business by more than 20%. These tariffs are forecast to escalate, thus driving more people into fuel poverty, and making our manufacturing exports less competitive. (If you wish to protest against these subsidies, then google "Wind petition 22704").

The fragility of Cumbria's wonderful countryside is recognized by an exceedingly strict planning regime. The rules are so strict that if a farmer wants to raise a wall from 6ft to 7ft, he needs to get planning permission. If he wants to create a granny-flat in a barn, his request may well be refused. We all complain about these strict rules, which can be maddening;

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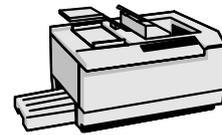
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but in our heart we know that regulation is necessary. Nevertheless, when so many of us have suffered from strict planning, it is intolerable that interloping developers can propose erecting turbines, which are not – like the farmer's wall - seven feet high, or even one hundred feet high, but more than four hundred feet high. This is almost twice as tall as the turbines at Lambrigg. They would be as tall as the viewing platform on Blackpool Tower, and taller than any cathedral spire in Britain.

It would be some consolation if these monstrosities were genuinely useful. However, everyone who lives

in Cumbria knows that during the coldest spells – the very moment when we need most power – there is not a breath of wind, and therefore no turbines are turning. They are an intermittent, and thus very unsatisfactory, source of power.

But even if the turbines were genuinely effective, there should still be an environmental cost-benefit analysis for every potential wind-farm. Nearly all of us agree that we must reduce our need for fossil fuels; but not even the greenest of Greens would, I hope, want to erect these monsters in front of Salisbury Cathedral, nor should they want to industrialize the most beautiful areas

of Cumbria

How does it happen that our most precious landscape can be threatened in this way? Unfortunately most voters live in cities, and thus the political elite can ignore the wishes of rural communities. They close down our magistrates' courts; they close down our hospitals; they close down our post-offices. Can we please be allowed to keep at least our beloved countryside. Cumbria has the loveliest landscape in England, indeed some of the loveliest in the world. I have travelled to more than 94 countries, and can vouch for this. If we don't fight like terriers to protect this sacred heritage, it will be destroyed for ever by greedy developers.

John Hatt

WIND FARMS

In a recent statement, Greg Barker, the climate change minister, said that Britain does not need more onshore wind farms and that there would be no significant expansion in the number of turbines on land. He also claimed that the Department of Energy and Climate Change had adopted an unbalanced approach to wind farms in the past and must now look at other options.

In another development the Campaign to Protect Rural England, formerly a strong supporter of wind farms, stated that England is blighting many of its most beautiful and historic landscapes and undermining the tourist industry, with a rash of ill-planned farms. The CPRE also

accuses developers of having a cavalier approach to the planning system while local communities are concerned that many proposals are highly speculative and directed towards inappropriate locations.

The report (Generating Light on Landscape Impacts) says: Research suggests that wind-energy developers often enter the planning process with a dismissive mindset towards public concerns, seeking to disparage arguments against new developments as baseless and emotional rather than well reasoned and legitimate.

Further, Greg Barker admitted that the country did not need more onshore wind farms as more than enough were being built.

In the light of this change of Government policy one wonders whether the Killington project is necessary.

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BOOKWORM

What I have been reading this month :

Ghosts of Afghanistan by Jonathon Steele (non fiction)

I found this is a very well informed account compellingly written by an award winning journalist who draws upon over 30 years of reporting on Afghanistan. One strong message is that the political and military lessons from earlier wars have not been learned and Steele challenges a number of popular myths about the country. This clear and helpful summary of recent Afghan history is both sad and disturbing. It offers an explanation of how we find ourselves in the current situation and contributes tentative suggestions of ways forward - none of which are easy.

MI6 The history of the secret intelligence service 1909 - 49 by Keith Jeffery (non fiction)

This is a mammoth 768 pages of dense micro detail. Gripping spy thriller it is not but as the official history of MI6, the book is meticulously researched and, with a

focus on 2nd World War, contributes a vital secret intelligence perspective on this period. Mansfield Cumming established the service from modest beginnings and saw its main purpose as collecting and distributing information requested by government departments. It has grown since then!

RM

MEET THE ARCHIVES

During Cumbria Archive Service's 50th anniversary year, we'd like to invite you to *Meet The Archives!*

Our 4 Archive Centres are brimming with treasures for you to discover, that reflect the uniqueness of their local areas, show us something of the past and give us an insight into the people who lived here.

Perhaps you've researched your family tree, found out who lived in your house, looked at local industry, or done a college project. Or perhaps you've never stepped foot in one of our Archive Centres.

Now is your opportunity to delve deeper into our archives. During the first week of every month in 2012 each Archive Centre will showcase an individual archive or a small selection from a collection and invite you to simple drop in to take a look.

There's no need to stay to research - please simply call in to *Meet the Archives* during the 1st week of every month.

The Centres are in Carlisle, Barrow, Whitehaven and for Sedbergh, it is at Kendal Archive Centre, Kendal County Offices, Kendal, LA9 4RQ
Tel: 01539 713540
kendal.archives@cumbria.gov.uk

THE SEDBERGH HISTORIAN 2012

The annual journal of the Sedbergh & District History Society has recently been published. The Sedbergh Historian 2012 contains several articles along with relevant photographs.

There is an article on Queen Victoria's Diamond Jubilee celebrations in Sedbergh in 1897 with a photograph of that and subsequent events such as Queen Elizabeth's Silver Jubilee in 1977. The end of an era with the closure of Baliol School is covered with a history of the building and the various uses to which it has been put. The attempt to buy 72 Main Street for the community inspired an article on its most famous inhabitant, John Dawson Watson, who was a Victorian artist of national reputation. There is also an article on the nineteenth and early twentieth century Vicars of Sedbergh.

For family historians there are articles on the First World War Diary of Edmund Herd, the Willan family of the USA and Peter Moor the eldest son of Thomas and Dorothy. The journal is available at Sedbergh Office Services, the Tourist Information Centre and the History Room in the Community Office.

ZEBRAS

I would just like to say a big thank you to everyone who helped and supported the Table Top Sale in Anyway. We raised £235.60. Again, Thank You.

Donna

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SEDBERGH TENNIS CLUB

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Join us for Club Nights on Thursday from 6.30 pm where you will find someone to have a game with.

Membership fees are frozen for the third year. £25 Adult. £40 Family. £10 Junior.

We will be organising events throughout the season so keep your eyes on the notice boards at the Court and in the *Lookaround*. For more information contact Audrey Carr on 21163.

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A good gathering of people on Sunday 6th May heard Deborah Smith, the Chief Officer of Northern Inter Schools Christian Union, talk on the calling on the lives of her husband and herself, to leave the comfort of family, friends and good careers to work for the Church Army in Scotland. They are involved in starting a new Church just over the Border and are supported by the Anglican Church.

It was amazing to hear about how God is at work through them both.. Her title was "Stuff! She reminded us of how we fill our lives with so much but only when we leave space for God, can our lives achieve their full potential. In her work with NISCU she is responsible for the specialist youth workers employed to work in many of our primary and secondary schools across Cumbria and North Lancashire. They lead assemblies, organise lunch time clubs and even Summer camps for the children.. This work is supported by voluntary giving and local churches.

Our children, as usual were kept quietly enthralled in crafts. Coffee and

a chat followed.

The dates for the next services are 3rd June and 1st July, hope to see you there.

Sedbergh Methodist Church

DIAMOND JUBILEE SEDBERGH

Preparations are well in hand for Sedbergh's celebration of the Queen's Diamond Jubilee on Monday 4 June. Based around Finkle Street and St Andrew's churchyard, the afternoon begins at 2pm with the ringing of the Church bells. The Town Band will then provide a musical accompaniment to the various activities in and around the churchyard. These include a bouncy castle, stalls and side shows, and races for children. Refreshments will be available in the form of a hog roast, pie & peas, cream teas and ice cream. The Church is hosting a display of crowns made by the children from Sedbergh Primary School. Later in the afternoon there is a fancy dress pram race (to enter pick up an entry form in the Red Lion) and barrel push. The afternoon will be finished off with a jazz band, following which the Red Lion has a singer from 9.30pm. A Jubilee Beacon will be lit on the top of Winder at 10pm.

This is a community event for everyone in the town. Entry is free thanks to the generous sponsorship of a number of local organisations. The Jubilee committee hope to see as many people as possible to share in our town celebrations. Please bring a Union Jack if you have one, fancy dress is optional!

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SEDBERGH TOWN BAND

During the afternoon of Saturday 30th June, Kirkby Stephen are hosting a Festival of Brass to celebrate the 150th anniversary of their band at the Upper Eden Rugby Club, Pennine Park, Westgarth.

The Sedbergh Town Band will be playing alongside 5 other bands - Kirkby Stephen, Gretton (their twin band from Northamptonshire), Muker, Appleby and Penrith. Each band will play for 25 minutes and each programme will include a march, a hymn and other tunes of their choice.

A small trophy will be awarded for the best band in each category. At the end of the proceedings, whilst the judges consider their verdicts, all the bands will combine to play three hymns and three marches - True and Trusty, Punchinello and Merrygill which has been composed by Kirkby Stephen's Musical Director, John Ockenden.

The bands are taking part by invitation, and none of them compete on a regular basis. I am sure however some friendly rivalry will add some

spice to the proceedings, perhaps aided and abetted by the special "Silver Band Brew" that Kirkby Stephen hope to have on sale to commemorate the occasion!

Michael Roberts

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NEIGHBOURHOOD FORUM

The next meeting of the Sedbergh & Kirkby Lonsdale Neighbourhood Forum will be held on Tuesday 26th June at Dent Memorial Hall.

The Forum meeting will start at 7.30 pm but from 6.30 pm we will be holding a drop in session for feedback on how the local arrangements worked for the 2012 Appleby Horse Fair.

If you have a suggestion for an item that you would like to be considered for the agenda then please contact Kelly Alty, Area Engagement Officer, via kelly.alty@cumbria.gov.uk or on 01539 713447.

There is funding available for grants from the Forum - those wishing to apply should first contact Kelly to discuss their project. This month's Grants should have been applied for before 25th May.

COMMUNITY BUS SERVICE

A group of local people are planning to run a New Community Bus to serve the Sedbergh and Kirkby Lonsdale area. They aim not only to maintain any bus services that are under threat of withdrawal, but also to improve the general availability of bus services. £41,000 has been obtained from the government's Sustainable Transport Fund to set up the project, and a successful start has already been made in Dentdale, where the Saturday bus between Dent Station, Sedbergh and Kendal has been saved, and a new Sunday service will be running this summer.

The group is looking for people to join them who are enthusiastic about public transport and who want to do something to preserve it. Volunteers are sought from all parts of the Sedbergh and Kirkby Lonsdale area, and those with skills in the following areas would be particularly welcome

- finance and accounts
- project management
- publicity and marketing
- fundraising
- organising volunteers

Please contact Jock Cairns on 015396 25655 or jockcairns@btinternet.com for more information.

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Wage subject to experience

Please apply in first instance:
by sending a CV and covering letter to
admin@farfield.org
Or by post to: Sara Last, Farfield Mill,
Garsdale Rd, Sedbergh LA10 5LW

The Scottish Opera allum presents the 90 minute show (with 20 min interval) comprising of an informal and entertaining introduction to the great Operatic masterpieces and includes famous works by Puccini, Bizet, Handel, Catalani and Mozart.

The mini-tour of Cumbria will visit many locations and will begin at Broughton (23 Jun), Troutbeck (25 Jun), Staveley (27 June), Hawkshead (28 Jun), Burneside (29 Jun), Lazonby (30 Jun), Melmeby on (1 Jul) before arriving in Sedbergh on Monday 2nd July.

Further information can be obtained by e-mail:- info@opera-x.co.uk.

There will be additional concerts at Coniston (10 Aug) and Kendal (18 Aug) later in the year

Ticket prices are £7.50 (£5.50 concessions) or £24.00 for a family ticket of 2 adults & 2 children. Tickets can be purchased online or at Sedbergh Office Services. Also see <http://opera-x.co.uk> for more details.

Miss Furness will obviously be singing live and acoustically, without amplification. The pre-recorded backing tracks will be amplified through a PA system.



AGE UK

The new Age UK South Lakeland Sedbergh Walking group.

We had our first walk on Wednesday 2nd May to the top of Winder where we enjoyed the panoramic views from the 1550ft summit. 11 people joined us and all said they would like to come again.

Please contact Linda Greensmith 01539 728118 if you would like to join us on the next walk which will be at 10am on Thursday 28th June at the People's Hall.

LADIES N. F. U.

Thank you to everyone who supported our Coffee Morning on 2nd May in aid of Asthma and N. W. Cancer Research. We made just over £231.

The May meeting on the 15th was attended by 21 members when Judy Dunford from Orton showed her slides on Farming in the Second World War.

It proved a very interesting show because it was taken from photographs of our area mostly of Ridding Farm in Howgill. At this time all the haytimming etc., was done by horses, hand rakes and forks.

She also showed a threshing day at a farm at Stainton near Kendal with one of the first Fordson Major Tractors in the area. This was bought from money from the American government and went from farm to farm. All the hill farms had to produce food in wartime.

The outing in June was finalised for the 26th, when we are going on a boat trip plus hot pot supper from Lancaster on the Canal.

The next meeting is the A. G. M., on September 18th when the speaker will be the Revd., Carole Marsden.

SHEEP DOG TRIALS?

Entering Sedbergh from the West, it has become noticeable that, on the corner of Busk Lane, there is a group of dogs that seems to be increasing in number. They are an attractive and noticeable feature.

They have given rise to an idea: Could they multiply further to become a tourist attraction? Might they be sited around the town



and even along some of the walks – up Winder? to Farfield Mill? on the Frostrows? In the

town? We could have different breeds, or even different animals – sheep? They could be a trail for families to follow, or at least to look out for. Sheepdog trails rather than trials, perhaps.

For a limited investment we could emulate the cows of Chicago and London, or the Superlambananas of Liverpool. What do others think?

SPORTS EVENING

Howgill Harriers and Sedbergh Primary School have once again teamed up to host the second Sedbergh Sports Evening on Friday 13th July at Buckbank Farm. The Gates will open at 5pm and the races will start at 5:30pm.

With the Olympics in the summer, we thought it a great idea to bring the Olympics to Sedbergh before the launch of the London version!!

So get your training started ready to enter a variety of traditional Dales sports races as well as the unique, spectacular Fell Races. Last year was such a huge success and we raised a significant amount of money for Sedbergh Primary School. This year, we hope to do even better.

SEDBERGH PEOPLE'S HALL

(Registered Charity 523829)

Redevelopment

The YDNPA planners have yet to make a decision on our application which we submitted on 14 March 2012. A decision is expected soon after discussions with us on some aesthetic aspects have been resolved.

Dance

The Dance with Kenny Bell on 28 April was a success with about £100 in bar takings. Thanks to those who helped.

Another dance is scheduled for 23rd June with Denis Westmorland, see advert on Page 23.

*Dr Gina Barney,
Hon Secretary/ 20790*

SEDBERGH PRIMARY SCHOOL

Sedbergh Primary School is on the lookout for two new community governors to join the governing body from September. Being a school governor is very rewarding and makes a real difference to the quality of education schools provide. The role is voluntary, and you would need to have time to attend two governing body meetings each term plus some extra time to go to committee meetings too. It's a great way to share your experience and knowledge to help your local community, as well as being very rewarding as well. If you would like to know more, please contact Liz Close, Chair of Governors on 015396 21011 or contact the school on 015396 20510.

Traditional building repairs

WENNINGDALES

We specialise in:

- Lime pointing & plastering
- Lime wash
- Sash window repairs



✿ TEL: 07884 499832 ✿

QUIET GARDEN

These continue one Saturday a month locally, usually from 2-5/6pm, a quiet place of prayer and reflection with a "trail" to help your thoughts. Undercover sitting areas if inclement weather. "Rhumes" Dent.

SEW

DENT PRE-SCHOOL

A great time was had by all who came to the May Day sale held at the Memorial Hall by Dent Pre-School. There was something for everyone with the great variety of stalls selling plants, jewellery, cakes and more. As well as the tombola and games, the children were able to make some fantastic prints and had great fun having their nails and faces painted. Dent C of E primary school children performed maypole dancing beautifully and congratulations to Lauren Charnley who won the 'How much money in a jar' game.

Around £600.00 was raised for the Pre-School funds, so a big thank you to everyone who came and supported the event and all involved in making it happen. *Laura Mottershead*

AGE UK

Age UK South Lakeland are going to launch the New 'Dentdale Club' on 6th July at 2.00pm and will run till 4pm in Dent Memorial Hall. Everyone will be welcome.

The first meeting will include exercise / massage by Yvonne Cervetti, picture quiz, age UK information point, tea coffee and cake!!!!!!.

Come along to support the launch of the first one, and let us know what you would like to do.

- Guest Speakers?
- Talks?
- Quiz?
- Exercise?
- Reminiscing?
- Arts & Crafts?
- Games?

it's up to you!!!!!!!!!!!!!!

For more information call Linda Greensmith on 07919152526

BLOOMING GREAT JUBILEE TEA PARTY

On Sunday 15th July from 2-5pm at Ghyllas, Cautley Road, Sedbergh, there will be a Blooming Great Party in aid of Marie Curie Cancer Care.

There will be delicious home-made teas, Baby Alpacas to see, Gardens to wander around, Games to play, Trails to follow, stalls and raffle.

SEDBERGH BOWLING CLUB

The Club had their A.G.M. on 23rd February. Carol Bracken was elected President. Details of other officers can be found at the Club.

We are again offering free taster sessions on Tuesday 19th June between 2 pm and 4 pm and again between 6 pm and 7 pm. Bowls can be borrowed. Please wear flat shoes.

If these times and the date are not suitable for you please ring Linda on 20279 to arrange another time.

DENTDALE CHRISTIAN FELLOWSHIP

In April Mr and Mrs Tim Gardener shared their personal favourite Bible verses/worship songs and spoke of people who had helped them in life. In May we shared fellowship over a meal at Duo and looked forward to welcoming Mrs Linda Robinson on the 4th Sunday. Future events inc a BBQ and the usual 4th Sunday eve gatherings. Everyone welcome, always.

John & Sarah E Woof 25212

DENT QUEEN'S JUBILEE

One huge party is taking place in the Memorial Hall on the Sunday June 3rd at Noon, bring food for the buffet, soft and hot drinks provided, bring alcohol for own consumption if you wish. EVERYONE who would like to come is welcome, all ages, locals and visitors.

Anyone able to help prepare/make jellies/hang bunting please contact Sarah Woof (25212)

COMMUNITY OFFICER REPORT

Over the past month in the Sedbergh area there has been 2 reported burglaries, a reported theft and number of thefts from vehicle. There has also been a reported theft of a quad bike. These incidents are currently being investigated.

There have been a number of reported suspicious vehicles and incidents in our area over the past month we thank you for this and ask that you continue to do this by ringing Cumbria Police on the non-emergency number 101 (any time day or night). In an emergency always dial 999. Nationally there has been an increase in metal thefts so we urge the public to be vigilant and report any incidents related to metal thefts.

To suggest future community priorities please feel free to attend my monthly drop ins or please feel free to contact me on 101 or email me on karen.dakin@cumbria.police.uk. Or alternatively you can speak to me during my regular drop in surgery at Sedbergh Library on the 3rd Saturday

of each month between 10:30 and 12:00 and Dent stores on the first Tuesday of each month from 12:00-13:00.

CSO 5206 Karen Dakin

PLACES OF INTEREST TO VISIT IN THE AREA

Bruce Loch, Busk Lane
Cautley Spout, A683 towards Kirkby Stephen
Community Office. Main Street
Cumbria Wildlife Trust, Community Office
Dent Heritage Centre, Laning, Dent *
Farfield Mill, A684 Garsdale Road *
Friends Quaker Meeting House, Brigflatts.
George Fox's Quaker Pulpit, Firbank
History Society, Community Office
Holme Working Farm, Middleton *
Jubilee Wood, Castlehaw Lane
Langstone Fell, A684 Garsdale Foot
Methodist Church, New Street
Queen's Gardens, Station Road
St. Andrew's Church, Dent
St. Andrew's Church, Main Street, Sedbergh
St. Gregory's Church, Vale of Lune
St. John's Church, Cowgill
St. John's Church, Garsdale
St. Mark's Church, Cautley
Sedbergh Embroidery, St Andrew's Ch Sed.
United Reformed Church, Main Street
Information Centre, 72 Main Street
Winder Fell, above Sedbergh
* = Entry Fee Applicable

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0740 (C)	0817	M - F	564	KLC	0825	0858	M - F	564	KLC
0938 (H)	1010	M - F	564	W	1030 (H)	1058	M - F	564	W
1007 (C, H)	1049	M - S	564	KLC	1055 (C)	1128	M - S	564	KLC
1015 (L, H)	1045	Wed	564B	W	1300 (H)	1330 (L)	Wed	564B	W
1050 (L)	1125	Sat	564A	KLC	1330 (H)	1358	M - F	564	W
1238 (H)	1310	M - F	564	W	1405 (C, H)	1443	M - S	564	KLC
1310 (C)	1347	M - S	564	KLC	1425 (H)	1500 (L)	Sat	564A	KLC
1545	1620	M - S	564	KLC	1610 (C)	1640	M - F	564	W
1827 (C)	1904	M - S	564	KLC	1625 (C)	1658	M - S	564	KLC
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
0858	0932	M - F	564	KLC	0705	0740	M - F	564	KLC
1128	1202	M - S	564	KLC	0940	1007	M - S	564	KLC
1443	1505	M - S	564	KLC	1235	1310	M - S	564	KLC
1658	1732	M - S	564	KLC	1510	1545	M - S	564	KLC
					1800	1827	M - S	564	KLC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent Station					Dent Station to Sedbergh				
0825	0855	Sat	564A	KLC	1000 Dent	1015 (L)	Wed	564B	W
1000	1030	Sun	564A	KLC	1020	1050 (L)	Sat	564A	KLC
1330	1345 Dent	Wed	564B	W	1155	1225 (L)	Sun	564A	KLC
1400	1430	Sun	564A	KLC	1515	1545 (L)	Sun	564A	KLC
1500	1530	Sat	564A	KLC	1620	1650 (L)	Sat	564A	KLC
1600	1630	Sun	564A	KLC	1740	1810 (L)	Sat	564A	KLC
1650	1720	Sat	564A	KLC	1630	1700 (L)	Sun	564A	KLC
1715	1745	Sun	564A	KLC	1900	1930 (L)	Sun	564A	KLC
1840	1910	Sat	564A	KLC	1930	2000 (L)	Sat	564A	KLC
Dent to Dent Station					Dent Station to Dent				
0950	1005	Sat	564A	KLC	0910	0925	Sat	564A	KLC
1100	1115	Sun	564A	KLC	1045	1100	Sun	564A	KLC
1135	1150	Sun	564A	KLC	1120	1135	Sun	564A	KLC
1605	1620	Sat	564A	KLC	1545	1600	Sat	564A	KLC
1830	1845	Sun	564A	KLC	1800	1815	Sun	564A	KLC
Last Update: June 2012									
L = Sedbergh Library									
C = Via Kendal College					H = Via Westmorland General Hospital				
W = Woof's of Sedbergh					KLC = Kirkby Lonsdale Coach Hire				
<i>Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.</i>									
All times from Sedbergh are from and to Thorns Bank unless stated (L)					For Comprehensive up-to-date information ring :- Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)				

Organisation	Update	Contact	Tel:	015396
Allotments Association (Dent)	08/09	Mr Smith	Dent:	25688
Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beekeepers Association (S & D)	01/09	Mrs Whitton	015242	72004
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)	01/09	Mr Hinson	Sed:	20118
Caving Club (Kendal)	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/10	Mr Chapple	Sed:	22045
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	01/09	Mr Beck	Sed:	20336
Cricket Club (Dent)	01/09	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	01/09	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	09/10	Mrs Sugden	Dent:	25303
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School (Friends of)	01/09	Mr Hartley	Dent:	25317
Dog Training (Sedbergh)	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/08	Mrs O'Neill	Sed:	21958
Firbank Church Hall *	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders (Dent)	01/09	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	01/09	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	04/10	Mrs Usher	07837	978626
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Garsdale Ladies Group	09/08	Mrs Ramsbottom	Sed:	21013
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Schoolroom	01/09	Mrs Stainton	Sed:	20665
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050

Kent Lune Trefoil Guild	01/09	Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	01/09	Mrs Escholme	Sed:	20376
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council (Dent)	09/10	Mrs Fletcher	015242	72768
Parish Council (Garsdale)	01/09	Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club (Sedbergh)	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground (Sedbergh)	10/09	Mrs Rice	Sed:	22100
Playgroup (Sedbergh)	01/09	Mrs Gunning	Sed:	20226
Playing Field (Sedbergh)	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group (Sedbergh)	02/09	Mrs Foott	Dent:	25453
Residents Association (S & D)	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	01/09	Mr Axford	Sed:	21019
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Slimming Club	01/09	Mrs Uttley	01539	722568
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)	02/11	Mrs Smith	Dent:	25688
Women's Institute (Howgill)	01/09	Mrs Hoggarth	01539	824683
Women's Institute (Killington)	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute (Sedbergh)	12/10	Mrs Ramsden	Sed:	20828
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	03/09	Mrs Woof	Sed:	21644

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office

Regular Events/Meetings			
1000	Every Monday	Free Entry to Locals	FM
1000	Every Monday	Wild Goose Qigong	URCR
1200	Every Monday	The Monday Club	SMCR
1930	1st Monday	Dent Parish Council	DMH
1900	3rd Monday	Chamber of Trade	Library
0930	Every Tuesday term time only	Casterton Baby and toddler Group	CS
1300	Every Tuesday	Knit & Natter	FM
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1400	1st Tuesday	SL Carers Association	CO
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Group	PH
1930	3rd Tuesday	Ladies NFU	PH
1000	Every Wednesday	Coffee Morning	URCR
1300	Every Wednesday	Art Society	PH
1315	Every Wednesday	Zebras	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday	Brownies (term time)	SMCR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society	SHS
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1930	1st Thursday	Howgill WI	FCH
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st & 3rd Thursday	Toy Library	PH
1200	2nd Thursday	Lunch Club	Red
1915	2nd Thursday	Royal British Legion	WHC
1500	Last Thursday	Cream Teas	Varied
1930	Last Thursday	Sed. Parish Council	PH
1330	Every Friday	Dent Over 60's	DMH
1930	Every Friday	Monkey House Café	Library
1400	1st Friday	Age UK Dentdale Club	DMH

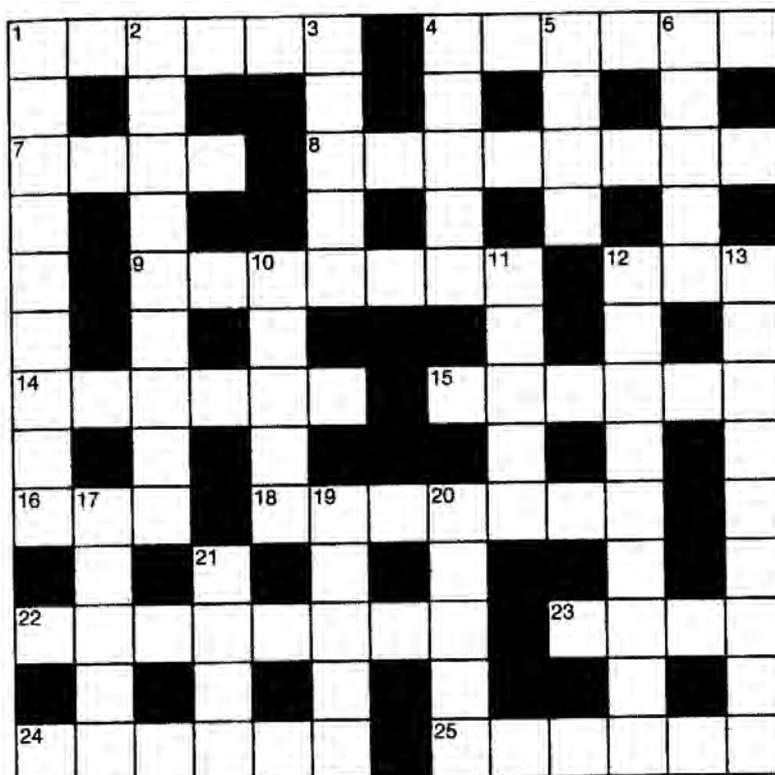
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3	1	8	2	5	7	9	6	4
7	6	4	9	3	8	1	2	5
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1	5	2	7	6	4	8	9	3
4	8	6	3	1	9	2	5	7
8	7	3	5	9	2	6	4	1
5	4	9	6	8	1	7	3	2
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I		S		A		R		N		S		L
D	I	S	P	L	A	Y		D	I	T	T	Y



Bach's Toccata and Fugue in D Minor!
Bach's Toccata and Fugue in D Minor!
Anymore Bach's Toccata and Fugue in D Minor
and I swear I'll do time for him!

4	2	5	9	7	3	6	8	1
9	6	1	4	8	5	7	3	2
3	7	8	2	1	6	4	9	5
2	4	6	1	5	8	3	7	9
1	3	9	6	4	7	5	2	8
5	8	7	3	9	2	1	6	4
6	5	3	8	2	4	9	1	7
7	1	2	5	6	9	8	4	3
8	9	4	7	3	1	2	5	6



ACROSS

- 1 No matter who (6)
- 4 Tennis shot (6)
- 7 Guided excursion (4)
- 8 Region of France (8)
- 9 Connoisseur of fine food (7)
- 12 Secret agent (3)
- 14 Chuckle (6)
- 15 Bookworm (6)
- 16 Motor vehicle (3)
- 18 Sudden and extreme (7)
- 22 Card game for one player (8)
- 23 Short (skirt) (4)
- 24 Disengage (6)
- 25 Period of cold weather (6)

DOWN

- 1 Real, proper (9)
- 2 Juvenile (9)
- 3 Bit of dying fire (5)
- 4 Border, edge (5)
- 5 Welsh national emblem (4)
- 6 Fit out (5)
- 10 Overturn (5)
- 11 Larceny (5)
- 12 Alluring, enticing (9)
- 13 Cricketing county (9)
- 17 Astonish (5)
- 19 Cattle-breeding farm (5)
- 20 Ledge (5)
- 21 Female opera singer (4)



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (2012/02) <i>1D (ES); 1T(F(ES)); TV; NS; CH; P; CB; VB; DFB;</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh (2012/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh (2012/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs D Hutchinson	High Meadows, Cautley, Sedbergh (2012/06) <i>CH; 1D(ES); 1T(ES); L; P; NS; NP; TV</i>	20094
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh (2012/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk	20251

CAMPING, CARAVANNING & SELF-CATERING

Mrs D Hutchinson	The Blue Bells, Cautley, Sedbergh (2012/06) <i>New Barn Conversion Sleeps 2; D/T; CH; P; DA; TVL; NS; NP</i>	20094
Mrs R J Garner	2 Millthrop, Sedbergh (2012/06) <i>Sleeps 4; 1D; 1D (Soda Bed); CH; L; NS; DW; CW</i>	01942 216058 07792 445257
Sycamore Cottage, Lunds, Sedbergh (2012/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh (2012/11) <i>Self-Catering Sleeps 6-8</i>	20360

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled
 Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

Religious Services in Sedbergh

CHURCH OF ENGLAND
 St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15
Canon A W Fell Tel: 20283
Church Wardens:
 Tony Reed Screen 21081
 & Susan Sharrocks 20754

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**ROMAN CATHOLIC**  
 St. Andrew's Parish Church  
 Sunday 12.00  
 Holy Days 19.30  
**Rev. Dr. P Campbell Tel: 20918**

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METHODIST CHURCH
 New Street
 Sunday 10.30 & 18.30
Rev. T Widdess Tel: 20329

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**UNITED REFORMED CHURCH**  
 Main Street  
 Sunday 10.30  
**Rev. C Marsden Tel: 22030**

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**SOCIETY OF FRIENDS
 QUAKERS**
 Brigflatts
 Sunday 10.30
Tess & Philip Satchell Tel: 20005

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**DENTDALE  
 CHRISTIAN FELLOWSHIP**  
 Rhumes, Dent LA10 5QJ  
 Every 4th Sunday 1900  
**Sarah Woof Tel: 25212**

*Enquiries for the following services,  
 please ring the relevant telephone number*

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CHURCH OF ENGLAND
 Firbank; Howgill & Killington
 Cautley & Garsdale
Canon A W Fell Tel: 20283
Church Wardens:

Cautley: Judith Bush 20058 & Linda Hopkins 21455
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723
 Dent & Cowgill

Rev. P Boyles Tel: 25226

~~~~~

**METHODIST CHURCH**  
 Dent; Dent Foot;  
 Cautley; Fell End;  
 Garsdale Street; Garsdale Low Smithy;  
 Hawes Junction & Frostrow  
**Rev. T Widdess Tel: 20329**

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SEDBERGH CHRISTIAN CENTRE
 5.30 pm People's Hall every Sunday
Tel: 20588 or 20503
www.sedberghchristiancentre.co.uk

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**worship@peopleshall**  
 10:30 am Sunday 6 November  
 10:30 am Sunday 11 December  
**Beth & Sandy Roy Tel: 20785**

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**UNITARIAN & FREE
 CHRISTIAN CHAPEL**
 Market Place, Kendal
 Sunday 11.00
 Wednesday 19.30
Rev. G Jones Tel: 01539 722079

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£3.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.
*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*
 Articles etc. by 19th of every month
Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 7th December 2013

Entries marked (*) see Advert in previous Lookaround.		16 1000 CDC Summer Cooking (*)	CDC
Coffee Mornings marked TBA have not yet been booked.		16 1400 Moorland Experience	DCMH
		16 1930 Poems, Dialect Stories & Food Tasting	DCMH
		17 1000 Who's the Daddy?	DCMH
		17 1030 Etched in Time	DCMH
		17 1400 Messy Church	SMC
		17 1500 Quakers Annual Meeting	Fox's Pulpit
		19 2000 Barbon Inn Wine Club (19)	Barbon Inn
		20 1000 WIS Coffee Morning	URCR
		20 1400 Blood Donor Session	PH
		20 1700 Blood Donor Session	PH
		21 2100 Quay Change (21)	G&D
		23 2000 PH Dance with Denis Westmorland (23)	PH
		24 1300 Put a Sock in it	DCMH
		17 Father's Day	
		17 1000 Textilla III Exhibition Ends (*)	FM
		22 - 24 Dentdale Music & Beer Festival	Dent
		23 1000 Pit Paintings Exhibition (till 29/07) (23)	FM
		23 1400 Quiet Garden (*)	RD
		23 2000 Olde Tyme Dance	PH
		24 1000 Ruth Lee Exhibition Ends (*)	FM
		25 1930 Swimming Club AGM (25)	Bull
		26 1900 Neighbourhood Forum	DMH
		27 1000 Coffee Morning - Garsdale Church	URCR
		27 1300 HS Mawson's Garden Village (11)	LHCP
		28 1000 Age Concern Walk	PH
		28 1830 Neighbourhood Forum	DMH
		29 1900 Wildflowers in the Dales	DCMH
		30 1000 Dentdale Indoor Bowling	DMH
		30 1300 Festival of Brass	Kirkby Stephen
		30 1500 Annual Quaker Meeting (30)	Fox's Pulpit
		JULY	
		1 1000 Pit Paintings Exhibition (till 29/07) (23)	FM
		2 1930 Opera Heroines Tour (66)	PH
		4 1000 Coffee Morning - URC	URCR
		4 1430 Cream Tea Afternoon	Bull
		5 1930 WIH Gilbert & Sullivan Singers	HVH
		6 1400 Age UK Dentdale Club	DMH
		7 1900 Flicks in the Fells	PH
		10 1400 WIK Tea Party	PH
		11 1000 Coffee Morning - Royal British Legion	URCR
		11 TBA WID Summer Outing	TBA
		11 1700 HS Lowther Castle & Gardens	LHCP
		11 1930 WIS It Shouldn't happen to a Nurse	PH
		12 1200 Lunch Club	Red Lion
1	SHS Half Term Starts		
1	1000 Textilla III Exhibition till 17th June (*)	FM	
1	1000 Ruth Lee Exhibition till 24th June (*)	FM	
1	1000 Climb up to the Moor Exh till 1st July	DCMH	
2	1100 Waka Artisans Official Launch (12)	Back Lane	
2	1930 Queen's Diamond Jubilee Ceilidh	KVH	
2	1900 Flicks in the Fells	PH	
3	Appleby Horse Fair Starts	Appleby	
3	1100 Colours to Dye For	DCMH	
3	1300 Diamond Jubilee Village Lunch	KVH	
3	1500 Diamond Jubilee Street Party	Dent	
3 - 17	Diamond Jubilee Music Festival (6)	Sedbergh	
4	Spring Bank Holiday		
4	1000 Cowgill Church Annual Sale (5)	DMH	
4	1100 Army Recruitment Day	Kendal	
4	1400 Finkle Street Party (1)	Sedbergh	
5	Queen's Diamond Jubilee		
5	1400 Dry-Stone Walling Demonstration	DCMH	
6	1000 Coffee Morning - WIH	URCR	
6	1300 Garsdale Annual Sports	GVH	
6	1430 Cream Tea Afternoon	Bull	
6	1930 WIH 60th Anniversary Party	FCH	
6	1930 Garsdale Queen's Diamond Jubilee	GVH	
7	1745 Killington Sports (*)	BFK	
7	Appleby Fair till 13th June		
9	1000 SASL Street Collection	Sedbergh	
10	1030 Pathfinder Intermediate	DCMH	
11	TRO Camp Sites Open till 15th June (*)		
11	1730 HS Crosby Ravensworth (11)	LHCP	
12	SHS Half Term Ends		
12	1000 Flower Favours	DCMH	
12	1400 WIK St Helena, Remote Atlantic Island	PH	
12	1945 Town Band Concert (12)	StAS	
13	Appleby Horse Fair Ends	Appleby	
13	1000 Coffee Morning - TBA	URCR	
13	1230 Health Centre Closed for Training (13)		
13	1915 WID The Meaning of Surnames	DMH	
13	???? WIS Mystery Outing	???	
14	1200 Lunch Club	Red Lion	
14	2000 Pepperpot Concert	StAS	
15	1100 Wash Day Blues	DCMH	

The S & D Lookaround is edited, published & distributed monthly by

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The content of The Lookaround does not reflect the views of the Editors.

Whilst every effort is made to ensure that information is correct, the Editors cannot accept any responsibility for any inconvenience caused through errors or omissions.

Copies are available from Sedbergh Office Services,

Green Door, Premier, Howgills Bakery, Post Office and Dent Stores.

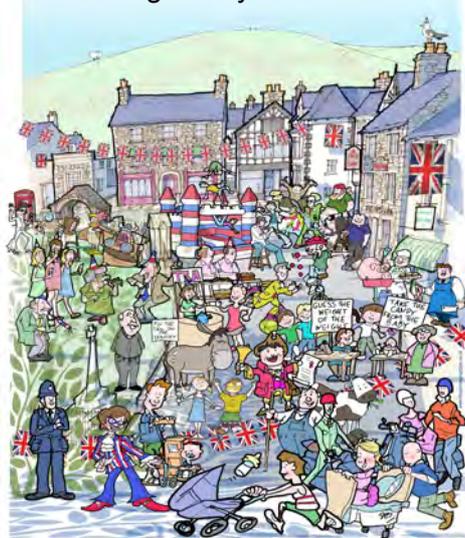
COVER PICTURE
Her Majesty The Queen
By Mr John Swannell

12 1230	Health Centre Closed for Training (13)	
13 1700	Olympic Sports Evening	BBF
15 1400	Blooming Great Jubilee Party	Ghyllas
16 1900	Chamber of Trade	L
18 1000	Coffee Morning - TBA	URCR
19	SHS Term Ends	
19 2100	Quay Change (21)	G&D
21 1000	Garden Party	IGT
21 1030	FM Spinning (36)	FM
21 1400	Quiet Garden (*)	RD
23 1000	Holiday Club (37)	PH
24 1000	Holiday Club (37)	PH
24 1030	FM Tassels	FN
25 1000	Coffee Morning - TBA	URCR
25 1000	Holiday Club (37)	PH
26 1000	Holiday Club (37)	PH
27 1000	Holiday Club (37)	PH
28 1000	Holiday Club (37)	PH

AUGUST

1 1000	Coffee Morning - Howgill Church	URCR
1 1430	Cream Tea Afternoon	Bull
2 1930	WIH Horseback in France	FCH
4 1930	Sheila Dibna and Fred	StAD
8 1000	Coffee Morning - GVH	URCR
8 1400	FM Kids Drop-In Craft Club (36)	FM
8 1915	WID Open Meeting + Jacobs Join	DMH
8 1930	WIS Making Marzipan Fruits	PH

Designed by Front Row



9 1200	Lunch Club	Red Lion
11 1930	Organist Roger Bush Entertains	StAD
15 1000	Coffee Morning - NW Cancer	URCR
15 1400	FM Kids Drop-In Craft Club (36)	FM
16 2100	Quay Change (21)	G&D
18 1400	Quiet Garden (7)	RD
22 1000	Coffee Morning - Beekeepers	URCR
22 1400	FM Kids Drop-In Craft Club (36)	FM
25	Dentdale Show	Dent
26	Dentdale Show	Dent
27	Summer Bank Holiday	
27 1200	Dent Gala	Dent
29 1000	Coffee Morning - StAS Missionary	URCR
29 1400	FM Kids Drop-In Craft Club (36)	FM

SEPTEMBER

1 1900	Flicks in the Fells	PH
5 1000	Coffee Morning - TBA	URCR
5 1430	Cream Tea Afternoon	Bull

DIARY KEY

IGT	1 Guldrey Terrace
BBF	= Buckbank Farm
BF	= Brigflatts
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CO	= Community Office, Main Street
CTiS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC/S	= Dent Methodist Chapel/Schoolroom
FCH	= Firbank Church Hall
FM	= Farfield Mill
GSC	= Garsdale Street Chapel
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
PH	= People's Hall
SHS	= Settlebeck High School
SLSB	= South Lakeland Society for the Blind
SMC(R)	= Sed. Methodist Church (Room)
StAS/D	= St Andrew's Church, Sedbergh/Dent
SS	= Sedbergh School
STO	= Sedbergh Tourist Office, Main Street
URC(R)	= United Reformed Church (Rooms)
WIB	= Women's Institute, Barbon
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

01539 718191 (Option 1) 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Dent surgery by appointment only - Monday

Evening surgery by appointment only –
Monday/Tuesday & Thursday evening

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday
afternoons (By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make
appointments for all the above clinics.

See our website www.sedberghmp.nhs.uk
for further details

When we are closed please contact CHOC
03000 247 247 or 999 if appropriate.

Collinge Optometrist

Friday only

0900 to 1300 by appointment only.

DENTAL SURGERY

Finkle Street & 20626

Mr I R Dawson & Mr B Houghton

Monday to Thursday 0900 - 1700

Friday 0830 - 1400

Saturday *

LIBRARY Main Street & 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

SEDBERGH TOURIST OFFICE

Main Street & 20125

Open every day 1000 - 1700

www.sedbergh.org.uk/booktown/dlbc.html

COMMUNITY OFFICE & 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail office@sedbergh.org.uk

www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office

& 01539 738772

www.cabsouthlakeland.org.uk/kendal.html

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

& 01539 795000 or 0845 6060265

Age UK SL @ Community Office

1st Wednesday every month

10 am to 12 noon

& 01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

101 or 999

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

& 015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY