

Sedbergh & District

LOOKAROUND

November 2012

Issue 305

Donation £1

Please remember that there will not be a January issue but a Double Full Colour issue in December so please submit your Christmas Greetings, Events and Adverts for December as well as events for January before the

closing dates.

A bit of forward planning too with your submissions and for all of your Valentine messages for the February issue.

Dennis & Jacky Whicker

SEDBERGH GALA GROUP

BONFIRE & FIREWORKS



Saturday 3rd November

People's Hall Field - Sedbergh

www.sedberghgala.com

PUMPKIN AND TURNIP LANTERN COMPETITION

BONFIRE NIGHT GAMES AND TOMBOLA

Beef burgers ~ Thai food

Homemade Soups ~ Cakes and Pastries

Mulled Wine, Tea & Coffee

6.00 GATES OPEN & BONFIRE LIT

7.00 JUDGING OF PUMPKIN AND TURNIP LANTERNS

7.30 FIREWORK DISPLAY

Admission adults £3.00 - under 16's Free



CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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NOVEMBER BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipients this month are:- Maximillian Geuer-Lees who is 11 years old on 11th November and Robbie Kendal who is 11 years old on 18th November.

Please collect your vouchers from
Sedbergh Office Services
 13 Kings Yard, Main Street,
 Sedbergh
 which can be used in any shop in
Sedbergh & Dent.

Many months ago, I lost the Master Lookaround but managed to retrieve much information. Isabella Woof's Birthday on 4th October when she was 2 years old was one that I missed. Apologies to Isabella.

	5					1	
2							4
		4	3		7	8	
9	6		4		2		7 1
				5			
5	8		1		3		4 6
		1	6		4	2	
4							8
	2					6	

Day	Name	Age
1	Jackson BROWN	1
3	Kobe CRESSEY	9
10	Eli SCARR	1
11	Logan COWIN	4
11	Maximillian GEUER-LEES	11
18	Adam SEN	6
18	James ABBATT	10
18	Robbie KENDAL	11
24	Melissa SPROUL	11
25	Jasmine PARLEY	2
28	Toby GREENSMITH	6
29	Denim FOSTER	10
Nonagenarian & Over		
21	Wyn Harper	90
29	Rene Huddlestone	91

PERSONAL & SMALL ADS £1

FOSTER

Happy Birthday Denim. Ten years old on the 29th November. Lots of Love from Nanna and Grandad xxx

=====

FOSTER

Happy Birthday to a Special Son Denim on your 10th Birthday on the 29th November. Lots of Love, Hugs and Kisses from Mum xxx

=====

FOSTER

Have a Happy 10th Birthday Denim on the 29th November. Have a great day. Love from Uncle's Martin and Michael xxx

=====

LISTER/HARTLEY

Clive, Gail, Tom, Laura and Melissa would like to thank everyone for the flowers, cards and messages of sympathy on the sudden death of their Mum, Mum-in-law and Gram Eileen.

=====

WOOF

The family of Jennie sincerely thank everyone for lovely cards received along with all other help and support given. Especially thank you to those people who stopped what they were doing on Monday 24th September and helped Jennie.

=====

WOOF

Thank you to everyone who has sent us 'Grandparent Congratulations' on the arrival of Ezra James on 1st September. We are thrilled and delighted. John and Sarah.

WOOF

Happy **40th Birthday** Andrew! On the 20th November. Love and Best Wishes Caroline xx

=====

WOOF

Happy Birthday Daddy! Have a great day. Lots of Love Elsie and Jessica xx

=====

FOR SALE

6 ft folding snooker/pool table. Very good condition. £50. Tel: 015396-21529.

=====

FOR SALE

Printer 3 in 1 (hardly sued) c/w lots of paper and ink cartridges £40. Babyliss Hydro Jet Foot Spa (used twice) £25. Universal Dog Guard (expandable) for car £8. Dog harness (used for Jack Russell) strap into seatbelt for dog safety on long journeys £8. Hallway mirror, pine surround (new) £5. Damask Round Tablecloth, 71 inch, white with embossed flower detail (new) £10. Call 07876-264981.

=====

FOR SALE

Four disc collection choir's cathedral Christmas carols £5. Pavarotti and friends - The Complete Concert Collection - One disc, used once - all new and immaculate - £30. Rosemary Conley two disc Salsacise (new) £5. Ultra Sonic Jewellery cleaner (new, no box) £5. Call 07876-264981.

PERSONAL & SMALL ADS £1

FOR SALE

Little Tykes Grand Mansion Dolls House with family, car and furniture £120. Phone Gail or Tom on 015396-25317 or mobile 07772-096757.

=====

FOR SALE

2006 5 berth Peugeot motorhome Excellent condition, reliable, only £30k miles Taxed, MOT'd and service history, winters inside. Enquiries - Tel evenings 015396 25118

=====

FOR SALE

Mothercare cotbed. Ashton design in natural wood colour. In near-perfect condition as used only five times as a bed in second home. £60 ono, with mattress included free if desired. Contact John on 07773 530052.

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Haylage (Large Bales)
Tel: 015396 20668
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Barbon Inn Quiz Nights

8:30pm

every first Sunday



Sunday 4th November

in Aid of North West Air Ambulance

Sunday 2nd December

Special Christmas Quiz

Sunday 6th January

New Year Quiz



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BOOKWORM

What I have been reading this month :

1. 'The Brontes : A life in Letters' by Juliet Barker (biography/letters)

This is an edited collection of letters from Patrick, Branwell, Anne, Emily and predominantly Charlotte from 1829 -1855. It brings a sense of the domestics and dynamics of this literary family and the geographical context of their daily life. The focus on Charlotte picks up on her struggle to get published, then retaining anonymity, her unsettled state and isolation after the death of her last 3 siblings. Anyone who is Bronte fan or curious about the family will gain from reading this collection of letters.

ROYAL BRITISH LEGION
Sedbergh Branch

COFFEE MORNING

Wednesday 7th November

10am



URC Rooms
Raffle ~ Cakes
Money Mountain



2. 'A Little History of British Gardening' by Jenny Uglow (history)

Did the Romans have rakes ? ! Jenny Uglow's delightful account is straightforward, not overly technical and interesting bringing to life the history of gardens from Roman, monastic, Tudor, Stuart to modern times and trends. Key influential figures in the history of gardening are also covered chronologically. Uglow writes in an engaging style and covers sections on fruit, flowers, leaves and seeds.

3. 'The Sense of an Ending' by Julian Barnes (fiction)

This is a clever, witty, sparse and succinct novel tackling some profound issues. What is history and memory ? A friend at school commits suicide as does another school friend shortly after getting a first at Cambridge in the 1960s. The central character Tony receives a letter from a solicitor and tries to come to terms with his past, understand his relationships and events 40 years prior. An arresting and extraordinary read.

RM Bookworm

SEDBERGH & DISTRICT

HISTORY SOCIETY

Wednesday 7th November

DENT MEMORIAL HALL

Packhorse Ways & Days

Janet Niepokozycka

Wednesday 21st November

Recent Excavations

Annie Hamilton-Gibney

Friday 23rd November

7 for 7:30pm

Annual Dinner

Thorns Hall

All meetings in Settlebeck High School,
start at 7:30pm unless stated.

Everyone is most welcome to attend any
or all of our lectures

Chairman: Richard Cann 20771
Secretary: Mike Beecroft 21878
Treasurer : Marlene Mason 20509
Member Sec: Richard Cann 20771

Cobble Country Property

WANTED Young family
with children to make an offer for a 3 bed house (needing Cumbrian Residents). The house is in a beautiful small village near the highly regarded rural primary school. Opportunity to locate to a village that needs you and your young family. Would benefit from your own personal touches. Call now

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Call now to talk freely and get the **BEST VALUE** with your deal.
Cobble Country Property, 59 Main Street, Sedbergh. 015396 21000

SEDBERGH PARISH COUNCIL

The last meeting of the Parish Council was on 27th September.

Representatives of Two Castles Housing and Carl Lis the Chairman of Yorkshire Dales National Park Authority had been invited to speak at the meeting.

Lisa Hogarth from Two Castles briefed the meeting on the amended planning application for 10 affordable houses at the former CCC Depot in Guldrey Lane. The application which went to the National Park committee on 9th October and was supported by the Parish Council, but with a number of conditions particularly around local eligibility. Carl Lis talked about

various issues relating to the National Park and there was a good exchange of views on a number of subjects. It is a pity that more members of the public were not present to hear him.

Other Planning Matters

NYCC has been contacted for information about what is happening at the Baliol School site.

The meeting noted that the planning application relating to developments at 85 Main Street had been withdrawn. Detailed comments opposing the proposed development at 83 Main Street were also reported to the meeting.

The Planning Committee had already submitted comments

supporting applications S/03/533 and S/03/534.

Grant Applications

The meeting received an application for a grant from Farfield Mill towards the costs of an arts and heritage project 'Wool is my Bread'. Whilst supportive Councillors felt that they would like to know more about it before coming to a decision. The Chairman agreed to contact Farfield Mill and will report back to the next meeting.

Amenities Committee

The rainwater collection project for the Main Street toilets is now ready to go ahead and it is hoped that it will be completed in November. It was agreed that the Parish Council would

purchase new Christmas lights for the Town.

Sedbergh Townscape Project

YDNPA have confirmed that funding is still available for the proposed Main Street entry sign. Progress has been made in producing a Sedbergh Logo to be incorporated in the sign.

A successful bid has been made to the Local Area Partnership to fund an expert assessment of the condition of the Jubilee Fountain in Finkle Street and the measures that should be taken to arrest further deterioration of the structure. It is hoped that the figure will also cover the initial work required by the report.

Cumbria Highways is funding the Highways Signs Decluttering Project



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and a response has been given to their initial proposals. They have also been asked what progress they are making on the proposed footway widening scheme outside No 10 Main Street

Highways

The Local Area Partnership have asked parishes to submit a list of highways issues for action by Cumbria Highways and members are to provide details of problems that have been noted.

The next meeting will be on November 29th at 7.30pm at the People's Hall committee room. Members of the public are welcome and there is always an opportunity

around 8.30pm for you to participate. The agenda will be posted in the Parish notice board, at the Community Office and on the Council Website before the meeting.

For any further information please contact the Clerk, Colin Robertshaw. (Tel 01539 730597 email clerk@sedberghparishcouncil.org.uk or at the Community Office around midday each Wednesday)

All Committee minutes can be accessed on the Council website <http://www.sedberghparishcouncil.org.uk/> and minutes together with all other reports are available in paper form at the Council's office, 72 Main Street, Sedbergh.

SEPTEMBER WEATHER

The news has been full of weather related incidents from floods to poor harvests etc. Meanwhile we carry on getting wet! A total of 7.34 inches ensured we were well boggy. Trying to get sheep clean for the sales was an impossibility. The month started reasonably warm with the maximum of 73.0F being recorded in the first part of the month. Things cooled off somewhat after this with only one more day reaching 60.3F. Night time temperatures also reflected this cooler spell with temperatures in the 40sF and 5 nights down in the 30sF with a sub zero low of 30.6F. It was quite a breezy month with only one day not reaching double figures with

SEDBERGH

HEALTH CENTRE

will be closed for Training Purposes at 12:30pm on the following afternoons:-

Thursday 15th November
No closure in December

2013

Tuesday 15th January
Wednesday 20th February



the wind speed. A maximum of 23.3mph was recorded during a low pressure system falling to an atmospheric pressure of 28.50 inches of mercury.

The final swallow left us on the night of the equinox. I've been able to shut the kennels for the dog on these cooler nights. Other signs of autumn migrations have been small flocks of young swallows passing through, 4 fieldfares arriving early and the first skein geese honking through. The rain and wind has started to remove the leaves from the trees. What little fruit has matured is ripening. One of our hibiscuses produced numerous buds but they simply rotted before they open due to the excessive wet. Many roses have done the same this year. Standing talking at the gate, as you do, we were fascinated to watch a couple of weasels hunting along the stone wall of our paddock. It is some time since I saw weasels so close. Judging by all the digging we are still getting regular badger visits. Rabbits around us are still fairly active and haven't shown any signs of myxomatosis thus far this year.

Sedbergh Town Band

presents it's annual

Remembrance Concert

Sunday 11th November

7.30pm

United Reformed Church

1914, Sunset,

633 Squadron, Benedictus,

The Great Escape and much more.



All Welcome

Tickets £5

Available from:-

Band Members, Premier,

Green Door, TIC and on the door.

Proceeds from this concert will be shared between

The British Legion and

the Sedbergh URC.

Sedbergh Town Band is a registered charity. No 1086817



DENT PARISH COUNCIL

The October council meeting dealt with a number of highways issues, making recommendations for maintenance priorities and deciding against taking over roadside verge cutting from the county council. It also heard about the increase in passengers on the Saturday bus, and discussed the poor mobile phone signal. Full minutes will shortly be published on the parish council pages of www.dentdale.com as well as being available as a hard copy from the Parish Clerk.

Parish Council Grants

Applications are currently being invited from local organisations for parish council grants. Any properly

constituted, voluntary, not-for-profit organisation whose activities benefit the community of Dentdale can apply for a grant under the scheme. For an application form and further details, contact the Parish Clerk, Andy Stephenson (details below). The closing date for receipt of applications is Friday 16th November.

Tidy Village

The October parish council meeting considered a suggestion that Dent should enter for the 2013 Cumbria in Bloom Pride in Your Community Award, as a means of improving the appearance of the village. Other ideas discussed included recruiting volunteers for a day's weeding and general tidying. While everyone

ABLE MEMORIALS

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New Memorials and Additional Inscriptions**

Showroom with over 30 memorials on display at

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Please call for a brochure or free estimate

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Home visits available by local mason Edward Waller

Tel: (evening) 015396 21338 or 07779 025745

Bath House
Busk Lane, Sedbergh

Late Christmas Openings

until 8pm
14th November
5th December

new Christmas stock with 15% off,
plus drinks and mince pies



We have beautiful presents and gift sets which we're sure you will love!
End of line toiletries, cards, and wrapping paper also available.

if you can't wait until then our opening hours are:
Tues - Fri: 10.30 - 16.30 Sat: 10.30 - 17.00

015396 21992 • The Grain Store, Busk Lane, Sedbergh LA10 5HF • www.thebathhouseshop.com

agreed that these were good ideas, it was recognised that they needed a small group of people to organise them. If anyone is interested in helping with this, please contact Jock Cairns, Council Chair, or Andy Stephenson, Parish Clerk (details below).

Car Park Trees

The Yorkshire Dales National Park has recently conducted a free survey for the parish council of the trees in Dent car park. This identified three trees that needed attention, which the council will be attending to, but it also resulted in an offer from the National Park to use the rest of the trees for a training exercise in maintenance

work. That way, YDNPA staff get training while Dent gets its car park trees maintained at no cost.

Mobile Phone Signal

The unreliable mobile phone signal in Dentedale was discussed at the October meeting. Because the First Responders rely on it for call-outs, it is more than inconvenient when it is not working – it can endanger life. The Clerk will be contacting the mobile phone company to register the concerns and to find out what can be done to improve the situation.

Winter Gritting

An invitation has been received from Cumbria Highways for individuals and organisations to come forward and

Killington Lake Wind Farm Proposal

Public Meeting

Sedbergh People's Hall

Wednesday 14th November

Exhibition from 7.00pm

Presentation – Mike Hall 7.30pm

followed by discussion, questions & refreshments

www.killingtonwindfarm.co.uk

 **S.T.A.K.** (Stop Turbines At Killington)

FELLS
Friends of Eden, Lakeland and Lunesdale Scenery

offer to grit or snow plough lengths of currently untreated roads in the winter. Given the problems there have been in Dentdale in recent years with both the Deepdale road and the road between Dent and Ewegales, the council felt this could be of interest to local residents, though it appears that Highways will require it to be done to their specification. If anyone would be prepared to take this on please contact the Parish Clerk (details below).

Highways Drainage

Each year, the parish council is asked to pass on to Cumbria Highways a list of its priorities for

highway maintenance, and this year's list was agreed at the October meeting. In addition to this, members expressed more general concern about standing and running water on numerous road sections in the whole of the Sedbergh and Kirkby Lonsdale area. Examples were given of standing water on the road into Sedbergh at Millthrop and on Busk Lane in Sedbergh, and running water destroying the tarmac surface up the hill to the south of Oliver Bridge, Gawthrop. The council agreed to pass these examples to the Local Area Partnership so they can be included in the area's response.

Verge cutting

For some time, Dent PC has been exploring whether it could undertake the cutting of roadside verges more effectively than Cumbria County Council within the present budget. After lengthy investigations, the council has reached the conclusion that, for the amount of money available from the county council to do the job, it would not be able to improve on the present service, and so has decided not to pursue the matter any further.

Bus Passenger Numbers

In spite of the bad weather, the number of passengers on the Saturday bus this summer has increased considerably compared with last year. In the four months from April to August, the total number of passengers carried went up from 611 to 859 and the average daily number from 36 to 51, so the improved marketing and publicity clearly has

The People's Hall presents
the Baghdaddies
featuring Alma Boyes

An evening of world music and Bosnian folk music, with multi-instrumentalists
The Baghdaddies playing a range of instruments including sax, trumpet, trombone, sousaphone, marching drum, tabla, flute, guitar, bass, drums, darbuka, melodica and vocals.
 They will be joined by *Alma Boyes* performing traditional Sevdalinka from Bosnia.

In addition *The Baghdaddies* will perform their own compositions which are Balkan and Latin in style awash with Geordie wit and invention.
www.baghdaddies.com

at the People's Hall, Friday 16th November at 8pm (doors open 7.30pm)
Tickets £7.50 adult/£4 child/£20 family
 from Sedbergh TIC or on the door

TEA CONCERT



featuring
 STRING MUSIC



5pm

Thursday 15th November

Thornely Studio, Station Road

All Welcome ~ Free Entry

had an effect, There were some journeys in the middle of the day that were less well supported, however, and these will be looked at when a new timetable is produced for next year.

In the meantime, the Saturday bus will continue to run throughout the winter and beyond, connecting Sedbergh and Dent with trains at Dent station, as well as making one return trip through to Kendal. Like all rural services, it thrives with community support, as the Dent Wednesday bus demonstrates, and the more it is used the more secure it becomes.

Next Meeting

The next meeting will be held at 7.30pm on November 5th in the Sedgwick Room and, as usual, members of the public can raise any matter that concerns them in the public forum around 8pm.

Jock Cairns, Chair

Tel: 25655

dentparishcouncil@btinternet.com

Parish Clerk: Andy Stephenson

Tel: 21487

dentparishclerk@live.com.

COUNCILLOR CORNER

KILLINGTON WIND FARM

PROPOSAL: As expected Banks have now put in an application for three turbines between Killington Reservoir, the M6 and the A684. I expect the application to fail when it comes before members of South Lakeland Planning Committee, primarily for landscape reasons. The real problem will come when the application goes to appeal. On the face of it the parallels are more with Whinash to the north than Armistead to the south and hopefully the inspector will reject the appeal. The fact that the site is on the edge of the proposed extension of Yorkshire Dales must carry great weight. (This

is not because of the extension but because of the high landscape quality which proposed designation emphasises.) However, it was an earlier version of the Cumbria Wind Strategy which led to Lambrigg being passed and the present version which meant that Armistead was bound to be granted on appeal. It really was a monumental catastrophe earlier this year when the controlling group on South Lakeland, led by Peter Thornton, ironically the local member for Killington, forced the adoption of the Wind Strategy as part of the South Lakeland LDF. Really if that had not happened this application would never have proceeded this far.

Please bear in mind, it is a matter of

WEST GALLERY CAROL WORKSHOP

Saturday 17th November

10am to 5pm

People's Hall

Sing and play West Gallery Carols

with Paul Guppy, Director of The Gladly Solemn Sound Choir

All instruments and singers welcome

£20 with lunch available in the Hall

DENT FOLK CAROLS WEEKEND

November 30th to December 2nd

CONCERT

7:30pm Friday 30th November

The Gladly Solemn Sound Choir & Band

WORKSHOPS

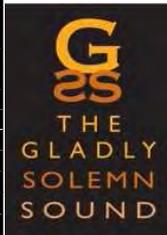
Folk Carols and Carols from afar

Dent Meditation Centre

Saturday 1st December 10-12:30 & 2-4:30 and Sunday 2nd December 10-12:30

Tickets available from

Dent Stores; Sedbergh TIC & David Burbidge 21166 www.lakelandvoice.co.uk



planning fact that arguments concerning the usefulness or validity of wind as a source of energy will not just be discounted but will damage the whole case against. Valid objections must concern aspects of landscape quality and effects on the environment and local ecosystem. This is important, in the past developers have used objections concerning the poor value of wind energy as a means of hiding from discussion about legitimate environmental concerns.

HIGHWAYS MAINTENANCE: This is the time of year when the schedule of highways works for next year is being decided. This year, after a good Spring when there was a lot of activity

in Sedbergh and Kirkby Lonsdale much less has happened over the Summer. Partly that was because of the awful weather but also, it was caused by the latest restructuring with the Amey work force coming back in house.

I have spent two days this week in Kendal going through the issues project by project. In recent years I have secured unprecedented funding for the A684 and A683 so as I said earlier we now need to concentrate on the B, C and U roads. So, there are many major schemes proposed for this area. Howgill Lane is to be heavily patched and then surface dressed – this won't be as good as Slack's Lane last year but a lot better than nothing. Hebblethwaite Lane, Hawkin Hall Lane in Middleton and the road from the A683 through Mansergh are all high up the list for major repairs. Outside my division there are going to be works on the road from the A684 up to the A685 in Firbank. As a follow up to the works in Dentedale last year there is a major programme of surface dressing, to protect that which has already been done. I have spent a lot of time on Highways and have already achieved a lot. Now, I think I can legitimately state that if it had not been for my endless pressing as your county councillor, virtually none of these vital repairs would be going to happen.

Councillor Kevin Lancaster – 015396 20800, 07980 844 695 (preferred), kjlanc@kjlanc.demon.co.uk, Fellgate, Dowbiggin, SEDBERGH, LA10 5LS

St Andrew's Church

CHRISTMAS FAIR

Saturday 17th November

**10am to 3pm
In St Andrew's Church**

**Father Christmas
Craft Stalls ~ Cakes
Jams & Preserves
Toys ~ Bran Tub ~ Music,
Children's Activity Corner**

COUNCILLORS CORNER

Cllr Evelyn

This month I have been involved with the refurbishment of the Sedbergh Tourist Information Centre. It reopened on October 15th and is now run by the Sedbergh Community Interest Company. This is a not-for-profit company with three directors at the moment – Hilary Hodge, chair of the Parish Council, Douglas Thomson, Parish Councillor and Chair of the Sedbergh and District Community and Heritage Trust and Mark Westwood. The Centre is one of the new Dales Integrated Transport Alliance Hubs so there is a particular emphasis on giving transport information and collecting data about

transport needs in the area.

Nowadays there are very few grants for TICs so the Centre will be staffed mainly by volunteers with a part-time paid manager who will be appointed shortly. Already a couple of the volunteers have told me how much they enjoy welcoming visitors to the area and sharing their knowledge with them.

Some functions will not change. The Charity Christmas cards are now in stock and there is a good range of inexpensive gifts including special "Keep Calm You're in Sedbergh" mugs, coasters, fridge magnets and mouse mats.

Cllr Nick

The whole issue of a lower voting



Exhibitions: free with admission to Mill

'Conversations with Water' by **Cheshire Textiles**
a showcase of atmospheric coast, canal and river inspired work in various media (Howgill Gallery)

'Jubilatum' by **Green Door** - An exhibition of joyous artworks to lift the spirits and warm the heart by selected artists from this popular arts co-operative (Dover Gallery)



Free Entry for Christmas Shopping Weekend 17 & 18 Nov
Avoid queuing and trailing the crowded high streets, find everything you need under one roof. FREE parking & FREE child supervision and activities for parents' hassle-free shopping. Inspiration, ideas and solutions to get you ticking off your list... and for those 'hard to buy for' people in your life, 'Visit & Buy Your Own' vouchers available!

Weavers Café open 10.30-4 daily. Delicious 'All Day Breakfasts', home-made soups, specials, cakes and Sunday Lunches (book ahead). **No corkage** so bring your own alcohol. Free admission to café only.

FARFIELD MILL open daily 11-4.30: £3.50/£3(conc) FREE for 16s & Under
FREE PARKING www.farfieldmill.org **015396 21958**

FREE ENTRY for LA10 residents now **Sundays** instead of Mondays!

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<p>age has come up again with the news that 16 and 17 year olds will be given a vote in the referendum about independence for Scotland in 2014. It raises all sorts of interesting questions: clearly everyone can make a case for wanting to see more young people getting involved in shaping society to take account of their hopes, desires and needs but is 16 too young? If you pay no taxes should you be in a position to vote for how other people's taxes should be spent?</p> <p>As a father of a daughter who will be 16 in January I am delighted whenever I see her reading a newspaper or asking questions which</p>	<p>tie up what she is learning in philosophy & ethics or history with what she is reading about in the news, but does this mean she is ready to vote? How many people of her age have had the experience of life to understand the moral dilemmas of politics and the difficult decisions that need to be made that are very rarely black and white?</p> <p>At the same time I am always astonished when pupils at Queen Elizabeth School in Kirkby Lonsdale turn up to Town Council meetings and sit through two hours of discussions of what seems to be a whole universe away from the normal concerns of 16 and 17 year olds. After all what does</p>
---	---

granting retrospective planning permission for internal double glazing on a Grade 2 building have to do with the exuberance of youth?

It seems that there is no middle ground - people under the age of 18 have no vote and no real say about how they can influence society except via consumer preferences and yet if they want to get involved they would tend to start at the least exciting end of local politics ie the very small local concerns at parish or district level, not big moral issues where a blast of youthful idealism and optimism might blow a refreshing wind through worlds of compromise and make-do.

Unfortunately wanting something and getting it does take time and

perseverance and quite often involves lots of research and paperwork, emails and phone calls to the right people, persuading others of the need for new facilities and being prepared to roll up your sleeves and show a real commitment to the cause. This is the other side of having a vote and maybe creating a democratic process within schools where matters discussed are clearly of interest to the pupils is the first step towards understanding how opinions are formed and changed. I am sure the debate will rumble on. And how would it change if voting were compulsory, as it is in Australia?

Cllr Ian

Quis custodiet ipsos custodies?

The Cross Keys Temperance Inn

Cautley, Nr Sedbergh

Tel: 015396 20284

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residents and non-residents.

Our two guest rooms are both en-suite
and we can boast one of the finest views of
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Please note our opening hours.

Closed Mondays unless a Bank holiday.

Summer season open - Tuesday to Sunday – 8.30-4.30

Winter season open Wednesday to Sunday 10.00 – 4.00

Thursday, Friday & Saturday nights open to non residents from 7.pm – *booking essential*

WEDNESDAY 21st November 2012 Is TV retune day!

In order to continue to receive all your channels, your Digital TV, Freeview set-top box, or recorder may need retuning.

If you would like Tooby's to carry this out for you then please contact us to book a service call, a charge will apply

PLEASE NOTE. Customers who receive their TV through Sky or Freesat are not affected by these changes and it only affects customers who receive their TV signal from the Sedbergh (Killington) or Kendal Terrestrial transmitters. The Milthrop transmitter is not affected.

This is planned engineering work by the broadcasters and could be subject to change

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ELECTRICAL STORE

Who guards the guardians? This is an extremely pertinent question to ask in respect not only of local authorities and their functions (such as SLDC and the YDNPA) but also in respect of national government and institutions generally. How do we ensure that these organisations are properly fulfilling their role and that they are answerable to the people who elected them in the first place? The most obvious answer is that their members are ultimately accountable to the electorate through the ballot box (not so the National Park unfortunately!) but in the case of District Councils for example this could mean waiting for up to four

years until the next election. Public opinion is another way of keeping elected representatives in check as are the various kinds of internal and external audits particularly with regard to the proper preparation and presentation of accounts. However there is a further method which I particularly wish to address in this article and this is known as "scrutiny". With regard to District Councils, a group of back-bench councillors and co-opted residents from across the political spectrum form what is known as an Overview and Scrutiny Committee with the specific remit of holding executive Members (the Cabinet) to account for their actions

and acting as a "critical friend" so as to ensure that decisions made by the Council, or indeed by the Cabinet itself, are properly carried out and followed through on. Portfolio Holders and Officers can be called before the Committee and interrogated / challenged on their jobs and their roles and often asked very searching questions about how particular issues are being approached and dealt with. At a national level this process is carried out by parliamentary Select Committees and a couple of years ago I was fortunate to have the opportunity of being able to observe at close quarters how this process was undertaken by House of Lords' Select Committees.

I have a strong interest in the scrutiny process and have been a member of the SLDC Resources O & S Committee since being elected four and a half years ago. The subject is particularly topical right now because the whole of the scrutiny process is currently under review at SLDC and a Task group has been set up (of which Evelyn and I are members) to look at whether this whole process can be made even more efficient and effective. We have already undertaken a consultation and held a workshop for Members at which their views were canvassed and we shall now hold a series of further meetings to decide where we go from here. Any Lookaround reader who would like to make an input into this should feel free to contact me to discuss it further. Personally I feel that the scrutiny process is absolutely

INDOOR BOWLING

Dent Memorial Hall

Wednesday Evenings

November 21st & 28th

December 19th & January 2nd

7:30pm



Play or just watch

All Welcome

essential to the proper functioning and transparency of local democracy and I would not want to see anything happening which would water down the process in any way. In the past under the old Committee system scrutiny was not so formally carried out, as in those days there was no Cabinet (therefore no backbenchers) and *all* Members were involved in the day to day running of the Authority which regrettably in many ways is no longer the case today. Quite a number of Local Authorities throughout the country are now returning to this former system and I think that there are very good arguments in favour of so doing.

Evelyn, Nick and I may be contacted at any time on:

Evelyn Westwood:

email evelyn@markwestwood.co.uk

Tel. 015396 20148

Ian McPherson:

email ianmcpherson24@hotmail.com

Tel. 015396 20648

Nick Cotton:

email red.pedal@virgin.net

Tel. 015242 71477

**SIGHT ADVICE SOUTH LAKES
SEDBERGH GROUP**

The October meeting was held in the People's Hall on Tuesday the 16th. A change was made in the programme as George Watson (our major singer and reporter) and other members were absent. Freda Meakin will pose us a musical quiz in the New Year.

The beginning of the afternoon was passed in pleasant conversation and May Pruce commented that it was the first time she had heard mention of 'sight' in all her thirty years of attendance at meetings.

There followed a lively session with members recalling whether most resembled their fathers or their

mothers (and other relations). They remembered confidence, patience, respect, white stone steps, haymaking, war time and flu, painting, conjuring, canes (though without need), a grandma with a pipe and baking - from Settlebeck and to Ladbroke Grove.

'A great many ghosts' were raised as one member put it.

The members will meet for a Christmas luncheon at the Barbon Inn on 20th November. The following meeting will be in 2013. New members and volunteers are always welcome and lifts may be possible. Telephone 015396 25162 for enquiries.

E. G.

Friends of Dent Primary School

Promise auction



Friday 23rd November
George & Dragon, Dent

FREE BUFFET
Kindly donated by the George & Dragon

Viewing from - 6:30pm
Bidding Starts - 7:30pm



Please bring your catalogue



FRIENDS OF SEDBERGH MEDICAL PRACTICE
Invite you to a

CEILIDH

Featuring the Sedbergh Ceilidh Band
COMMON GROUND
*Led by Caroline Frances &
Caller David Petrie*



7:30pm



Friday 23rd November
People's Hall

Admission - adult £7 ~ U13 £3
*Free Pie & Pea Supper with
tickets bought in advance from
Sedbergh Medical Practice
Sedbergh Office Services
On the door*

The
'Ravenstonedale Red'
10K Road Race
 and Fun Run
Saturday 24th November
 Full details and pre-entry online at
HOWGILLHARRIERS.CO.UK

SEDBERGH GALA

What's happening to Sedbergh Gala Group?

Back in 1962, Ted Morphet instigated the Sedbergh Gala.* In 2011, the Sedbergh Gala committee changed hands. It went from the locals, who knew everyone and had grown up in the community into the hands of new-comers to the community.

The Chair was taken by John Davis. Kate Seymour became the Treasurer and Ali Bramall took on the Secretary's role.

To create last year's Bonfire Night, the Children's' Party and this years' Gala, they were supported by long-term committee members Helen Joel, Linda Winn, Rachel Cowperthwaite, Sandra Longlands, Donna Gardner and Margie McVoy.

Some more new blood came in with Fenella Davis, Donna Gardner, Melanie Missenden, Nichola and Mike Packham, Haley Smallshaw and one of the senior teaching staff from Sedbergh School.

So it's fair to say that with all those changes, the Gala Group has been

looking not only at how it does what it does, but what it does and why?

We realised that until we'd joined the Committee, none of us knew that the purpose of the Gala was to raise funds for distribution in ways that will benefit the community – through providing bursaries to young people as well as putting on two other annual events. Given this, it was a natural step to look into becoming a charity, so as to maximise the Gala Group's effect in the community.

John, Kate and Nicola are working on furthering the process for the Gala Group becoming a Charity. In order to achieve this status, the purpose will be to run these events with the objective of offering financial support to other organisations or individuals which have a focus on young people.

In the last two years, bursaries have been awarded to:

- Emma Packham, who attends the Hammond School for Dance
- The Swimming Club
- Emma Hopkins for a trip to a scouting jamboree
- Scott Lowther for a computer
- Becky Lowther

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We are confident that the Gala Group will be given Charitable status. This means that donations and income will be worth more and consequently there will be more bursaries available for young people in Sedbergh, who's needs fit the categories of :

1. the advancement of education
2. the advancement of arts, culture, heritage or science
3. the advancement of citizenship or community development
4. the advancement of amateur sport
5. the relief of those in need, by reason of youth.

As a result of talking about our purpose and how to bring it about, we've been looking at the Gala Group's identity and the way it gets its message out. The large sign that gets erected in the field opposite Close's garage has a very out-dated tent logo and there've been various designs on headed paper over the years. It's now time for the Gala to take a new identity and create a brand that is suitable for 2012 and beyond. In a reflection of categories 1-3 above, the

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DENTDALE CHRISTIAN FELLOWSHIP

7pm

Sunday November 25th

@ 'Rhumes', Dent

Sunday December 2nd

@ 'Duo' to join Café Church

Sunday January 27th

@ 'Rhumes', Dent

All Welcome

committee have set up a competition to create Sedbergh Gala's new logo.

The Design Competition

Purpose

To design a logo for the Gala Group

Eligibility

The competition is open to anyone in year 11 or under (from September 2012), who lives in, or goes to school in the Sedbergh area.

Judging process

- Entries will need to be submitted to www.sedberghgala.com by December 3rd
- The best three will be judged by Mr Steven Bramall, Director of ICT, Kirkbie Kendal School
- The best three entries will be put to the committee on 10th December. The identities of the designers will not be disclosed. The winner be the entrant whose design gets the most votes on the night.
- The winner will be notified by December 14th
- The new logo will be used from January 2013
- All rights in the winning design logo will pass to the Sedbergh

Gala Group following completion of the competition.

Prize

- £50 cash
- Your design could be used on stationary, banners, marketing material and internet from 2013 onwards.

The design criteria

The logo needs to express :

- the Gala Group's charitable status
- its focus on young people
- its role in putting on major fundraising events for the community
- that it is a Sedbergh charity, for the Sedbergh and district community

It needs to be

- memorable and easily recognisable
- use a maximum of three colours
- easily printable without using large amounts of colour ink cartridge.
- scalable without losing impact – it can be submitted as a bitmap but must be able to be converted to a vector graphic
- can be printed in black and white and photocopied without loss of impact
- in a well defined format, so that it is suitable for car stickers or tee shirts

* (Two years were cancelled due to bad weather, so the 50th Gala will be 2014)









This year the Scouts' Christmas Post will begin collections on the 26th November with the final collection on the 22nd December.

25p per card.

Post Box Locations

Health Centre
Morphets
Steadmans
The Green Door
Powells
Premier &
Sedbergh Office Services



COFFEE MORNING

10am
Saturday 1st December

URC Rooms

Home-Made Cakes
Raffle
Entertainment

SEDBERGH & DISTRICT HISTORY SOCIETY

The opening talk in this winter's programme was given by Dr Sam Riches. She is the co-ordinator of the Centre for North West Regional Studies which is based at Lancaster University. The topic of her talk was "St. George and that dragon". She has featured on a TV programme about him and Saints Andrew, David and Patrick.

Whereas many saints can be identified historically George's life is not known although some contradictory stories exist placing him in the fourth century. Rather than attempt to give an historical account Dr Riches illustrated the myths surrounding his cult. He is a popular saint in many countries and is the patron saint of several including England. Also similar figures can be identified in other religions. In this country he is, these days, viewed as a warrior on a horse slaying a dragon to save the life of a princess. However, that is an image that appears to have arisen in the thirteenth century. Much earlier representations show him on horseback slaying a man, allegedly a heathen emperor. In the fifteenth century the dragon was illustrated as snake like with wings, shown as female and with the lance depicted as killing it in the mouth or throat. George became the Patron Saint of England largely due to his popularity with medieval royalty beginning with Edward III.

In other countries and at different

times he was associated with martyrdom. Whereas a saint was usually connected with a particular type of death, e.g. Catherine and a wheel, George was shown being killed in a variety of ways. He was also claimed to have been resurrected, often due to the influence of the Virgin Mary. Indeed in one story he was tortured for seven years and resurrected three times before his final death. In addition to a connection with martyrdom he was often linked with water and particularly new wells. Also he was strongly associated with healing and skin disease.

The talk was an unusual one for the society but was most interesting and the speaker was excellent. The chairman thanked Dr Riches for her talk. She said that anyone interested in learning more about St George should go to the web-site www.stgeorgesdayproject.org.uk. *R Cann*

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**PROPOSED
KILLINGTON WINDFARM**

time now to give your view

The consultation period for the proposed wind farm at Killington Lake is now underway at SLDC. It is not just the views of the major bodies such as the YDNPA that are needed. It is important to know what those living and working in the area and also our many visitors think.

A comment from anyone need not be long, in fact a single sentence will do, and all adults in a household can do so separately. If you wish, you could describe your personal links to the area, such as living here or being a visitor who loves the fells. There are three ways to send a comment to

SLDC: by email , by post, and on-line on the SLDC planning website. Details of how to do this are listed below.

Eventually the application will be decided on by the Planning Committee at SLDC, who will approve or refuse it. If approved, that will be the end of the matter, there is no appeal for local people. That is why it is so important to send an objection **now** to SLDC if you disagree. It will be your only chance.

The following comment from an author and mountain walker not only sums up what many feel, but also shows how the wind farm could affect business here :

'I use that stretch of the M6



**Don't miss the Country Harvest
Christmas Extravaganza**

Wednesday, November 28, 6pm – 9pm
food tastings, gift ideas galore, mulled wine, mince pies
For details visit www.country-harvest.co.uk

Christmas starts here!

extensively and one of the highlights is that wonderful view of the Howgills when travelling north and I've often enjoyed 'spotting' Killington Lake from high on those lovely fells. This is a landscape that tens of thousands of people treasure, it's a landscape that spells freedom, rest, peace, contentment and renewal, a landscape that's full of the promise of all those things that have been lost and abandoned in the urban regeneration of our cities and towns.'

If you wish to protect our landscape from creeping industrialisation, please add your voice and send your objections **now** to SLDC. And please encourage friends, family, colleagues and visitors to do so too.

The Planning Officer will accept comments after the currently specified end-date because of the time that it takes to gather all the information for a complex planning application such as this. However you should submit your views as soon as possible.

When you send an objection to SLDC, you must -

1. Give the planning reference number: **SL/2012/0845**.
Windfarm at Killington Lake.
2. Write the word 'object' in the first sentence of an email or letter, if you dislike the proposal.

By e-mail to:

development.

management@southlakeland.gov.uk

This email address is being protected from spambots. You need JavaScript enabled to view it.

- Comments can be an attachment

or in body of email.

- Give the reference number , your name and address.

By Post to:

Barry Jackson, Planning Officer,
SLDC, South Lakeland House,
Lowther St, Kendal, Cumbria LA9
4DL.

Give the reference number, your name and address.

On-line at SLDC Planning website:

www.southlakeland.gov.uk/fastweb/welcome.asp

Enter the planning application number and press Go. Click on Comment. Write your comments in the comment box.

Please make sure that you click on the little 'object' button directly above the comment box.

(The easiest way to comment on-line is to use the direct link to the SLDC comment box from the STAK website, www.killingtonwindfarm.co.uk : click on How to Object)

Further details can be found on the STAK website www.killingtonwindfarm.co.uk.

or for any other help please phone 07880 221275 or 01539 824043.

TILTING @ WINDMILLS #1

(with apologies to Cervantes)

Many of Lookaround's readers may not be aware of the area of visibility of the three 440 feet (132 metre) turbines that are proposed to be erected at Junction 37. Parts or all of them will be visible from most of the Sedbergh area. Here are some technical facts to consider.

The developers have now produced

a Zone of Theoretical Visibility map (ZTV), which shows the areas from which the turbines can be seen. The word “*theoretical*” is used because the turbines will not be visible from every inch of our area. For instance, if you are standing next to a house or a row of trees, your view of the turbines may be blocked.

Conversely the visibility could also be more intrusive, since the map is not created at eye level, but from ground level contours. This actually makes quite a difference, as at the eye level of an adult they would see more of the turbines than the maps indicate.

If you wish to look at the ZTV map, it is displayed in the window of the

former Henry Wilson Bookshop on Main Street, Sedbergh. In the window you can also see further information about the wind farm and how it could affect this area.

The ZTV map can be also viewed by going to the SLDC website (at the time of writing it was on Page 6 of 8 pages with 25 records/page) see instruction box below. The SLDC website is not the easiest to navigate and new documents are added to the front of the list rather than at the back, and no search facility is provided so this means that finding a particular document is difficult.

If all else fails the full planning proposal can be seen in the Community Office.

To view ZTV map go to:
www.southlakeland.gov.uk/fastweb/welcome.asp.

- Type in the application no. SL/2012/0845
- Click *Search & view current application*
- Click *View Plans & Documents*
- Check box: *I Agree ...etc.*
- Click *Proceed*
- Go to Page 5 and left click entry **FIGURE 6.11 – ZTV BLADE TIP 10KM**

NOTE You will have to allow “pop ups” in your browser.

HUB

<http://195.58.81.58/>

AnitePublicDocs/00060086.pdf

TIP

<http://195.58.81.58/>

AnitePublicDocs/00060085.pdf

The reproductive quality of the illustrations is very poor and it may be



better to view the paper documents in the Community Office.

Donna Quixote AKA Dr Gina Barney

KILLINGTON WINDFARM

I am pleased to see that my article in September's Lookaround has prompted a variety of responses. It is particularly nice to hear that Cllr Kevin Lancaster thinks I'm doing a good job and I thought Andrew Fraser-Urquhart's article was very informative and framed the debate in the correct context. The debate in the context of the planning application is not about the effectiveness of wind turbines, it is whether the Killington site is an appropriate location for a wind farm and whether the impacts

are, or can be made, acceptable. I have spoken to many people who agree that Killington is a good location and that there are a wealth of social, economic and environmental benefits of the scheme. What's your view?

I also wanted to update you on the progress of the project since my last article. On 20 September we held public exhibitions at Killington Parish Hall and New Hutton Institute which also attracted demonstrations by both pro and anti wind farm campaigners. The biggest changes being announced were the reduction of the size of the wind farm from five turbines down to three. We also announced proposals for delivering a

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This Team Leaves It Clean

vastly improved and potentially free broadband service to the local area (in excess of 2mbps) along with a second proposal to cut people's energy bills by draught proofing homes in the area.

We submitted the planning application to South Lakeland District Council on Friday 28 September and this has been assigned the application number SL/2012/0845. You can view the application for yourself on the South Lakeland website or at the SLDC offices in Kendal. For a more user-friendly summary, you can download copies of the exhibition posters from our website (www.banksgroup.co.uk) in case you weren't able to attend in

September. If you would prefer a hard copy then don't hesitate to call me on 0844 264 4582 and I'll pop a copy in the post.

If you have any questions about the wind farm or the planning process then please don't hesitate to give me a ring or e-mail

barry.grimes@banksgroup.co.uk

Barry Grimes

CDC & HIDDEN HOWGILLS

Sedbergh CDC and Hidden Howgills Join Forces

Have you heard of Facebook and Twitter but are not sure how to use them to increase sales in your business? Sedbergh CDC is running a course called **Marketing Your**

Solve those Christmas present problems



DENT CHRISTMAS MARKET

Saturday 1st December
10.30 - 3pm

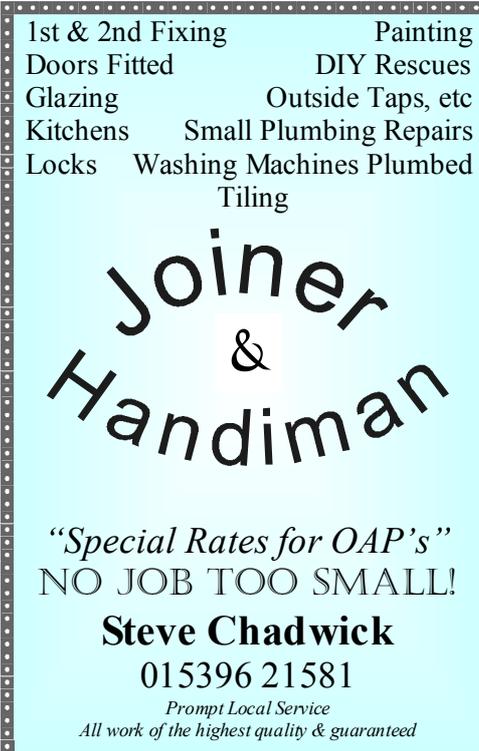
St Andrew's Church, Dent

Specialist Craft, Cake & Deli Stalls
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Mulled wine and mince pies



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Business Using Social Media. It starts on Wednesday 7th November, 1900 - 2100 and runs for 5 sessions at The Bull hotel. The course will be run by Justin Grammer who has been using Social Media for over 4 years, both for business and personal use and has advised and trained many businesses, small and large, on its use.

The normal cost of the course is £20 but if you are a paid-up member of Hidden Howgills you can receive a 50% subsidy. If you would like more information about joining Hidden Howgills then contact Gill either at gill.durie@hotmail.com or call on 07900 531043.

We are also running a number of

other courses to help local businesses:-

Using IT for Your Small Business - Be more efficient by using IT effectively

A Guide to Working for Yourself - A must for anyone thinking of self-employment

Using IT & Internet to Market Your Business - Find out about getting a website and other ways that the Internet can increase your sales

Details of dates and times can be found in our advert in this issue.

You can find more information about all our courses on our website at www.sedberghcdc.org.uk, or ring us on 015396 21031. We look forward to hearing from you! *Chris Wood*



Sedbergh Community Development Centre New courses in and around Sedbergh

Subject	Tutor	Wks	Day	Start	Times	Town
Using IT for Your Small Business Be more efficient by using IT effectively	Adrian Luckham	6	Mon	05 Nov	Eve	K'Lonsdale
A Guide to Working for Yourself A must for anyone thinking of self-employment	Jerry Bennett	10	Wed	07 Nov	Eve	Sedbergh
Marketing Your Business Using Social Media Learn how Facebook and Twitter can promote your business. £10 Hidden Howgills discount!	Justin Grammer	5	Wed	07 Nov	Eve	Sedbergh
How to Buy and Sell on eBay	Chris Wood	1	Sat	10 Nov	Day	Sedbergh
Using IT & Internet to Market Your Business Find out about getting a website and other ways that the Internet can increase your sales	Adrian Luckham	6	Mon	7 Jan	Eve	K'Lonsdale
MS Excel - Develop Your Skills Get more from the essential spreadsheet tool	Chris Wood	5	Mon	21 Jan	Eve	K'Lonsdale
Indian Head Massage	Mel Missenden	6	Mon	05 Nov	Eve	Sedbergh
Upland Navigation	Tim Deighton	1	Sat	24 Nov	Day	Dent
Festive Felt!	Gill Ferguson	1	Sat	01 Dec	Day	Sedbergh
Gesso and Mixed Media	Frances Winder	1	Sat	08 Dec	Day	Sedbergh

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SEDBERGH TOWN BAND

Barbon Visit

On Wednesday 26th September the Town Band visited Barbon and gave a performance entitled 'An Evening of Music with Sedbergh Town Band'.

The venue was the delightful Barbon Village Hall. The audience's tickets included a splendid meat and potato pie and peas supper served at the tables tastefully arranged in the hall in front of the Band's performing area. The meal was consumed as a prelude to the entertainment that commenced at 7.30 pm.

A number of pieces were played after each of which Band Director Alan Lewis introduced the audience to one of the instruments of the Band. After a few technical observations members of the audience were invited (and in some cases cajoled) into giving the instrument a try. Many showed aptitude producing recognisable notes at once and it is to be hoped that some will be encouraged to take up an instrument, perhaps by joining the Band's beginner sessions on Monday

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for the Family
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Dent Memorial Hall
4pm till 6pm

Sunday 2nd December

evenings (Sedbergh School Band Room 6.00 pm) or Saturday morning 10.00 am at the United Reformed Church. Hilary Hodge, Band Secretary, is the contact and she pointed out that any age is the time to start - a number of those playing at Barbon didn't start on an instrument until retirement.

At the recent Hardraw Scar Brass Band Festival Sedbergh cornet player Paul Gray won the ungraded solo section and this was one of the items played at Barbon. Other included items will be featured in the forthcoming Remembrance Concert in the United Reformed Church on

November 11th - 'Cavatina' (from the film 'The Deerhunter'), '1914 (a medley of contemporary songs) and another film theme 'A Bridge Too Far'. Tuba player Tony Playfoot's virtuosity was again shown in his bagpipe playing of 'Highland Cathedral'.

On completion of the concert the Band were treated to the pea and pie supper and thank the ladies and committee of the Barbon Village Hall for their warm welcome and much appreciated hospitality.

Town Band's 'blow-in'

On Saturday 29th September the Band held a 'blow-in'. The same as two years ago when it first took place it was held in the United Reformed Church.

Each member of the Band free on that day undertook to raise sponsorship and play a solo before an audience of fellow Band members, family, friends and anyone who wished to drop in. The idea was to raise funds to enable the process of providing good quality instruments for members of the senior and youth Bands to continue.

A good sized transitory audience

occupied the hall throughout the morning, enjoyed coffee and biscuits and took a chance on the raffle. They were also treated to two hours of most varied music - not always strictly along advertised lines. Carole Marsden put aside her cornet and entertained on her favoured instrument the oboe. Keith Wood was accompanied on his cornet by Ernie Hailwood playing the ukulele, who later played his trombone. All other players selected a piece commensurate with their mastery of the instrument they regularly play in the Band.

Players commented on the exhilaration felt when playing solo but equally expressed the attack of nerves experienced. Individual shortcomings can be concealed when the Band is at full blast, but exposure is cruel for the soloist.

A pleasing increase in the Band's funds has been achieved and our thanks go to all who so generously sponsored the players. Likewise sincere thanks go to Alexa Wightman who so skilfully accompanied a number of players on the piano. GB



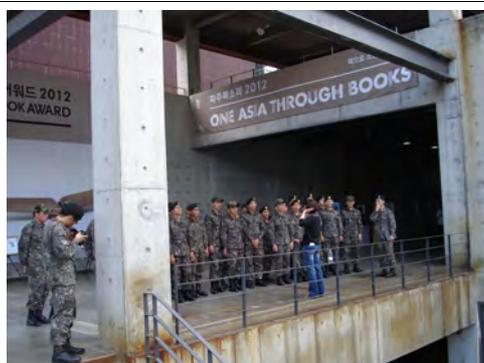
Informal evenings
with music and a short talk
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KOREA TRIP

More On Paju Book City Korea.

In September, I represented Sedbergh and as it turned out the rest of the UK, at an International book festival held in Paju, Korea. This place is not just a book town it is a book city, purpose built for the job. In 1989 a group of publishers held a convention to discuss the promotion of cultural development through books. In 1991 the Industrial Cooperative for the Construction of the Publishing Cultural and Industrial Complex was established. After consultations with environmental, government, media, research, educational and national university organisations the idea passed through a series of committees and in Oct 1995 the site was chosen.

In 1998 an auspicious ground breaking ceremony was held in the presence of the Prime Minister Kim Jong-pil, to mark the beginning of the



world's first city dedicated to books. Construction began in 1999 the details go on and on but suffice to say the Book City was completed in 2003 although its development is continuous. And you thought things were slow in this country.

The connection with Korea began some years ago when a professor and some students stayed here at 'Number Ten' while on a world wide trip visiting Booktowns. Sedbergh had just begun to establish itself on the international stage joining the International Organisation of Booktowns, so it was excellent to know that people had come to visit from so far away.

The Paju Bookcity president and those involved in the running of the book festival take great pleasure in showing visitors around and are truly dedicated to the promotion of the written word and its importance to the world today. Banners all over the city proclaimed, 'One Asia Through Books'

The hotel Jijihyang where myself and the other delegates stayed was purpose built to form part of the conference centre, exhibition

SEDBERGH TOWN BAND

Conductor:- Alan Lewis

CHRISTMAS



CONCERT



St Andrew's Church

with

Father Christmas

Mulled Wine & Minced Pies

7.45 pm Tuesday 4th December

Admission £6.00 (Children £3.00)

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complex, café and seminar rooms, all of which were interconnecting, marvellous planning.

There was a presentation from Tess Brady from Clunes, Australian first Booktown which is just a small place like Sedbergh. In fact a group from Clunes visited Sedbergh and this encouraged them to go forward with their Booktown. Clunes is going from strength to strength with thousands of visitors annually. This has done wonders for the economy of the town and saved it from becoming a town full of holiday cottages for the city dwellers of Melbourne, which is about 3 hours away. It was marvellous to hear Tess praising the efforts of local people who have really got behind

the Booktown idea helping with festivals, street sales and grant applications as well as offering accommodation for visitors. Everyone has T-shirts proclaiming their involvement with the Booktown and they all muck in as is the Australian way. It was a great success story and they expressed their thanks to Sedbergh for setting them on the road.

The delegate from Japan gave a talk about their long established book town near Tokyo which was set up 1902. Slides were shown of the shops in the 1900's up to the present day, quite astonishing to think that they had been going that long. We certainly have a good deal to learn

Sedbergh Christmas **LATE NIGHT SHOPPING** Wednesday 5th December 2012

Beginning at 6pm with the ringing of the Church bells and
Santa parading down Main Street in his Sleigh to his Grotto in the URC
Come and join in the fun at Sedbergh's very own Late Night Shopping
Buy your Christmas presents and bring the children to see Santa in his Grotto

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Climbing Wall
Ringing of the church bells
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Town Band
Hog Roast
Roast chestnuts
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Flower festival in St Andrews
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form them.

The Norwegian representative, Eivind Odegard who came with from the smallest book town, a hamlet of only 250 people explained that despite this they have over 80,000 books on sale and get 1000's of visitors over the summer season far more than they had before becoming a book town.

President of the IOB is Jan Klovstad who is from the Norwegian book town of Ragnhild Haug kept everything running smoothly for all the European delegates as well as liaising with the Korean organisers.

Davor Sisovic from the Croatia booktown of Istria gave a glowing report of its success and enlightened anyone who would listen to the delights that one could expect on a visit to this part of Croatia,. Istria is one of the newer book towns only established a few years ago but Davor was full of plans and enthusiasm for the project which was already having an effect on the economy of the area.

The Malaysia delegate Mohamed Syairoz who had been the IOB

president up until recently, explained that the government of Malaysia are dedicated to encouraging the use of and the reading of books throughout the country. They are opening booktowns at the rate of three per year. Mohamed explained that he had a wonderful job going around investigating towns to see if they had the right qualities to become book towns.

In Malaysia as in Korea they are miles ahead of Europe in their approach to the principles and philosophy of book towns. It was marvellous to see how much they have achieved. By the way there were no TV's anywhere in Paju.

I could say so much more but enough is as good as a feast and I also had a few of those while I was there. However I would bet that most of you have never seen the like of the food that was presented.

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We are pleased to announce that, effective immediately, residents of LA10 can enjoy free entry to the Mill every Sunday. This replaces the previous free entry day of Monday. Weavers Café produces fabulous Sunday lunches and you can now take advantage of the free entry to have a look around the Mill, do some shopping and enjoy the exhibitions either before or after you have lunch! Of course, you can just come for brunch, lunch or afternoon tea any day of the week as entry to the café is always free (and Sue produces the best biscuits in town!)

Currently exhibiting at the Mill is Frances Winder whom many of you will know from her adult education painting class at Sedbergh CDC as well as by her well deserved artistic reputation. Frances' paintings are a delight to behold. Also exhibiting this month are Page, Paper, Stitch showing their remarkable book-making abilities and the 62 Group celebrating 50 years of innovative textiles. All three exhibitions run until November 11th and will be followed by three more exhibitions which open on November 17th, including one by our very own, very talented Centre Manager Sara Last and another by Kendal-based Green Door Artists.

For those of you keen to try your hand at a new craft we will have another spinning class with Rosie Fairburn on November 17th. This time Rosie will be showing you how to use a spinning wheel to create your very own beautiful knitting yarns.

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And on December 1st Shelagh Cobb will be introducing the art of making your own cards using bits of textiles and lots of ingenuity. Shelagh makes and sells her cards at the Mill. Perhaps you will too after you've taken her class! As always, please contact the Mill for further details and to book a place (015396 21958)

The Friends are holding a fund-raising raffle to help fix some of the structural problems typical of many old buildings — rotten windows, leaking roofs and crumbling walls come to mind! It's a big task but we have a fabulous range of prizes on offer, many of them donated by the Mill's resident artists. Tickets cost just £1 and are available from the Mill or from any of the Friends Committee members – Laura Rosenzweig, Anna Atkins, Rosie Fairburn, Jennifer Smith, Dilys Evans, Ian Rundle, Kay Stockdale and Shelagh Cobb.

We always need volunteers to help out with various duties. If you can spare an hour or two, any day of the week but especially at the weekend, please contact Sara Last (015396 21958). Our lovely Mary is still not well and Jan is leaving us after many years of steadfast volunteering. We wish them both well and hope to see them again soon.

Best wishes,

Laura Rosenzweig

KILLINGTON W I

THE AFTERNOON WI FOR THE ENTIRE DISTRICT

Here I am again - bad girl –last date for Lookaround and now ‘Gardener’s World’ has finished, I am just about to start. However, I do now know how to take root cuttings from Japanese Anemones which is very timely as Susan Sharrocks has invited me to have some of hers and from one root I can propagate lots more. Nevertheless, I don’t think that I have enough years to produce cordon apple trees.

Enough Botany! Onto WI. I have just read through the minutes of the meeting, produced this month by ‘Other Wendy’ i.e. McLean – thank

you. I see that we had 10 absentees but our distress at this was mitigated by the pleasure of welcoming Imogen Blatchly to our meeting.

The business of the meeting included plans for Avril and myself to attend the Federation Council Meeting at Kendal Green Hotel this coming Saturday. I’ve never been there so you can rely on me to have a good nose around. It seems as if all our members want to take part in the WI Quiz at The Bull so we shall be well represented (it’s the chips, you know - never mind the general knowledge)

Our Christmas Lunch plans are well advanced and following a tempting flyer from Wensleydale Creamery, we

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have decided to make room for an extra 'jolly' by sampling their Christmas Fare as well. We must support 'home industries'.

Our Treasurer's report showed that we are not on the breadline. Margaret also read out a letter from the White Knights thanking us for our £300 donation toward the purchase of 72 Main Street. It is encouraging to see the thermometer there climbing but there is still some way to go.

Our speaker/demonstrator at this meeting was going to be Joan Bentley, a talented and experienced flower arranger. Sadly we heard at about 10 o'clock that she was not well enough to come. PANIC STATIONS! No, not really – we can cope with

anything and quickly drafted in a speaker to take us "Down the Grand Canyon on a Mule". This is not for anyone who lacks a head for heights! The track, "The Bright Angel Trail", is steep, narrow and twisting but the scenery is spectacular, and a wonderful geology lesson. After about 6 hours in the saddle the bottom of the Canyon is reached, and well-earned nosh and a bed for the night at Phantom Ranch. An early start next morning meant that the mules could make the precipitous and tiring ascent before the heat of the day. I wouldn't like to walk it but lots of people do. Our speaker (me, actually) was graciously thanked. In fact, I had everything prepared as I was giving

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the talk that same evening to Old Hutton WI. It also gave us a welcome chance to try out the ceiling mounted screen which had recently been put up by Gina Barney and Sean Hobson. It is splendid – thank you.

As usual, a scrumlicious tea followed. One year on an HF holiday my mother chanced upon a group who liked to say an unusual Grace before each meal. Her favourite was, “For bacon, eggs, and buttered toast, Praise Father, Son, and Holy Ghost”. I prefer, “Thanks be to the Provider . And thanks be to the Cook”. So that’s what I say to our hostesses. Our competition winner with a lovely, fresh Autumn Posy was Avril Hobson and the raffle was won by Maggie l’Anson

and Wendy McLean. One will be clean and the other well-fed!

Our next meeting on Tuesday 13th November at 2-00pm in the People’s Hall will be our AGM which gives all members a chance to throw out the committee and start afresh! Seriously though, we hope that members will consider joining us on the committee, it’s great fun –honestly. These closely fought elections will be followed by “Desert Island Discs” when all will be revealed about somebody. However, I am sad to report that previous editions have not been recorded so you will not be able to down-load them onto your I-Player!

As always new members would be most welcome.

Wendy Fraser-Urquhart

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SEDBERGH WI

October’s meeting took place in the Methodist Hall where the members were entertained by Susan Garnett. Susan and her travelling companion had recently visited Cape Town in South Africa. Susan showed us wonderful views of Table Top mountain with and without it’s table cloth. On occasions clouds settle over the mountain obscuring the top and looking distinctly like a white table cloth. Among the slides of the coast of Cape Town was a view of the small isolated Robin Island where Nelson Mandela spent almost 27 years incarcerated.

Susan also visited a nearby penguin sanctuary where the penguins are tagged in order to learn more about their habits. It seems that penguins

mate for life, however occasionally there is a rebel penguin who doesn't conform to normal practice and this can confuse things considerably.

Susan and her friend took the cable car up Table Mountain where there is a wonderful view over the Cape of Good Hope where the Atlantic meets the Indian Ocean.

In a place called Hoop Bay sharks often gather and a white flag is flown as a warning that sharks are in the area. Susan related a tale of a chap who took no notice of this and lost a few bit's of himself because of his foolishness. He was only saved because a seal got in the way. It seems the shark preferred seal to bloke.

During the visit Susan was told of the beautiful wild flowers to be seen at a nearby location. In fact so special was the blooming of these flowers that it was announced on the radio. Susan and friend set off in their hire car but almost missed the flowers because these flowers faced the sun and they were looking in the wrong direction. South Africa is in the Southern hemisphere and so it was only when they looked back that they saw the beauty of the flowers. An easy mistake for us northern hemisphere dwellers.

To get round and see so many sights Susan took to horseback and told us of her difficulty trying to take photographs in this position. While

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visiting Hermanus Village she was surprised to see thatched roofs. It seems that African people are very fond of this method of roofing and it's the native Africans that have the necessary skills. Here she could have chosen to ride the rapids or taken up a few of the other high risk outdoor adventures on offer but she managed to resist.

To catch her flight to Durban Susan and friend had to spend the night in Port Elizabeth. However things did not go as planned as they found it difficult to get a room ending up with a room you wouldn't want to see in daylight. This room was also they way through to the bathroom and Susan and her friend spent a sleepless night as various people availed themselves of the facilities.

While in the Durban area Susan went to a delightful place called Underliegh, a small holiday cottage complex where to her surprise it belonged to a man from Kendal. Here she saw wonderful cave painting made by Bushmen over 80,000 years ago. Susan also visited the Kingdom of Lusutu which is high in the mountains called Giant's Castle.

After this it was on into Zululand where names like Ladysmith and Mafeking brought thoughts of those who fought in the Boer war. It was here that Susan saw Giraffes, Rhino, Warthogs, various antelopes and also met the brother of a lady she had met earlier on her trip. He was so delighted that he upgraded their bungalow and looked after them as if they were royalty.

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Summing up her visit Susan said she hoped that the young of South Africa would live in a country without prejudice.

After this it was time to catch up with all the usual WI events. The book club have read 'Dark Fire' by C J Sansom this month, a dark tale of murder, torture, blackmail, treason and intrigue taking place in London in 1540. The author's research into the period was meticulous drawing the reader into the noisy, smelly, filthy city ruled over by Henry VIII who was plotting to get rid of yet another wife! The group gave it 8 out of 10 on the readability-ometer and will be looking out for the other two books in this trilogy.

The walking club plan to do a circular six and half mile walk beginning and ending at Docker. Toward the end of this month a quiz has been arranged to take place at the Bull. So plenty for the members to look forward to.

Secretary Pat Ramsden expressed how disappointed members had been when the Pauline Mather Annual Golf Challenge had to be called off

because of the appalling weather. The next meeting is the AGM and will be held in the People Hall committee room beginning at 7.30pm on Nov 14. Don't forget it's s Jacobs Join.

Sandra Gold-Wood

DENTDALE WI

Well here in Dentdale we really are looking forward, as very little of our meeting this month was about anything else. We begin with our Luncheon Club, where on 25th October, we shall dine at Kendal College. This cheery band is becoming quite well established and members have enjoyed meeting up at a range of excellent restaurants over the past few months. This event will

be closely followed, on 29th October, by our "Dentdale Dollies" at the Fun Quiz Night in Sedbergh. Yes Christmas must be on its way! We are adding our names to lists: Christmas Delights in Kendal Town Hall, Federation Pantomime in Burneside, Festival of Readings and Carols in Kendal Parish Church, our WI Christmas meal with Santa's surprise at Meadowside in Dent.

All this is closely linked with our looking forward to 2013. We are particularly looking forward to our 70th Anniversary in March and some members are getting plans underway. Invitations? Food? Entertainment? Memorabilia? Of course, we must not forget 'The Tablecloth'! Past Dentdale

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WI members and those who sadly have passed away, together with most current members have embroidered their name onto this very special cloth. Those who have not done so yet, together with our new members, are being rounded up to complete this task asap. It will be displayed for all to see during our celebrations. Like all of you we are also invited to Speaker Auditions to help formulate our programmes for next year. The Federation are also asking for our ideas and suggestions for 2013. Not only are we looking towards next year, but we are also asked for our Westmorland based photographs and recipes for our 2014 Calendar!

To continue our theme our Member's Evening speakers presented "*Looking Forward to Christmas*". Pamela Sutcliffe commenced proceedings by teasing us about the charges made by other providers of Christmas Craft courses from Dabble Days to Denman, yet there we were with Dent WI's in-house skills to share, free of charge. Pamela's topic was home made Christmas cards. She brought a wonderful array of her own designs. So effective yet fairly easy to construct by layering fabric, card, motifs, beads, sequins and more. You just need an eye for design plus neat cutting and sticking skills. Together we produced quite a selection and

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each took our card home.

Pamela was followed by Rita Corpe who is preparing and freezing chocolate truffles. We each received a recipe and a comprehensive introduction to the different types of chocolate, their cocoa content and how this affects their use in cooking. More cocoa makes a smoother chocolate but not as sweet. Rita made the truffle production seem so simple, no curdling here! How to roll and when to coat, before or after freezing, formed part of the presentation. Two types of truffle were made, dark chocolate covered in cocoa, milk chocolate ones covered in grated white chocolate. Best of all we were presented with

one of each to taste and compare. These were NOT taken home! We completed this session with ideas on possible variations, like adding your favourite liqueur, and how to present our produce in a Christmas gift box.

Our third speaker was Sue Owen presenting her home made Christmas decorations. Sue brought a wide selection of items she had made by sticking and stitching felt and other fabrics and adding embroidery plus other embellishments. She had plain felts with checked and striped fabrics, buttons, beads, ribbons and more. There were assorted tree decorations, wall hangings, banners, wreaths etc. She gave us many construction hints: Don't sew if you

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can stick, it's faster. Use Bondaweb to stiffen finer fabrics. She demonstrated endless ways of constructing a range of items which all looked professionally made. There was insufficient time to make an item ourselves but we had an inspirational time looking at all of Sue's creations.

Last but not least came Dorte-Lis Stephenson with her Christmas Tree Decoration. What a challenge this proved to be, a woven paper basket to hang on the tree. Sounds simple? Not at all! This was a traditional Danish tree decoration, which has to be cut and woven accurately, as it has to hold a gift of sweets. A basket started as two pieces of folded paper

with some straight cuts in each, plus a handle piece. Dorte-Lis showed us how to commence and off we went. For some it took a while to get the method but our baskets were eventually made. Sticking on the handle was the easy bit! Dorte-Lis showed us a range of intricate weaving patterns, which Danish school children accomplish! These were mathematically designed compilations, which were very impressive. We took our baskets home and look forward to hanging them on our trees.

Many thanks went from Cathrine Sugden and other members present, to each of our four 'crafty' members.

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DENT FOOT CHAPEL

Dent Foot Methodist Chapel were blessed with a beautiful sunny afternoon for their Harvest Festival service which was conducted by William Mashiter who gave his address in his usual humorous way. He was assisted in the service by soloist Rachel Little who was accompanied on the organ by Mr David Lawrence. Rachel's first solo was 'How Great Thou Art' and later, after a packed congregation enjoyed the service, the final harvest hymn sung and the benediction given, Rachel sang an Irish Blessing, 'May the road rise up to meet you'. Our grateful thanks to all who contributed to the service and the amazing amount of produce amassed.

On Monday evening Paul Curwen and friends gave a short address and items of singing before the sale was conducted by auctioneer David Hunter who made an excellent job of total clearance of the produce to a generous crowd of willing bidders. Grateful thanks to everyone for helping to make this traditional weekend a great success.

DENTDALE MEMORIAL HALL

Thanks to everyone who has helped in any way with the lovely kitchen hirers can use, it is now all complete and all paid for! There's a commercial dishwasher, a full size oven, four hotplates/rings, full size fridge and a microwave, a lot of worktop space and cupboards well stocked with cutlery & crockery etc. Now we will fundraise to re-furbish the Sedgwick Room.

There are of course always little annoying things that go wrong, electrics, tap washers, light bulbs, sometimes supplies run out or something cannot be found. The little Red Book, the "Housekeeping Book" in the plastic wallet with the Booking form is there for notes about such matters. PLEASE complete the form after your event with length of time and rooms used to aid in the sending out of bills.

The rooms are in use most evenings but if you have any suggestions for other activities do let us know.

Sarah E Woof
(Chairman DMH Trustees)

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ENERGY SOLUTIONS

I am sure most people like the idea of spending less money on energy to heat and light their home without any loss in comfort or convenience. And this might seem very challenging when we live in a climate of increasing energy costs and increasing dependence on imported energy so with little control over the price of our energy.

However there is a way and it starts with knowing where energy is used in the home and knowing where energy is lost and taking action, often simple actions, to reduce your energy needs.

Once our energy usage is streamlined and our costs have been minimised the next stage is about

how we can generate our own energy and become less reliant on energy suppliers and their costs over which we have no control. The market place is changing rapidly with new technologies, new products and new government incentives so it pays to think carefully and do your research before making any decisions. And these decisions will only make sense if you are able to benefit directly.

What we do know is that energy is a valuable resource and the cost keeps rising and this is likely to continue in the foreseeable future. What we also know is that if we as individuals can become more self-sufficient then we are insured against these price increases and whatever may or may

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not happen in the future. But it's not simple to know where best to make an investment because that decision is based on a number of variables, house size, construction, location, heating system, family size, life style as well as other demands on your finances. What this means is that saving energy and saving money needs to be personalised so it meets your needs for a more comfort and more security.

There is a lot of coverage in the press about global warming and carbon emissions and that our behaviour has an impact on the environment. This sounds quite scary and creates fears about the future and what impact all this will have on us in our life time and our children lifetime and our children's children lifetime. As if thinking about what's happening today or next week isn't enough for most people. How can we really engage with what's happening at a global level and what might happen three decades ahead. My view is to leave that headache to the scientists (who need to justify their special interest) and the politicians (who bend with the wind) and just keep an open mind and rational scepticism for what we hear and see in the media. What seems more engaging is how we can save money by reducing our energy needs and be more independent by generating our own energy.

Ok enough of that big picture stuff let's get real and share some information that can really make a difference. Did you know that the

average family uses between 10 to 12 Kilowatts (Kw) of electrical energy a day. This amounts to over 4000 Kw a year (12kw x 365 days) which at today's prices (14p/Kw) comes to just over £600 per year. Hot water and space heating usually amounts to another £800 - 900 per year. Let's focus on the electricity and see where that goes. For a typical family energy usage might be: fridge 2%, washing machine 7%, kettle 12%, freezer 13%, dishwasher 14%, lights 22%,

Christmas Late Night Opening

Wednesday 5th December

Flowers for St Andrew's

in Association with
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Chamber of Trade**

To:

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shower 28%. What we notice is that lighting and electric showers are big consumptions of electricity so this is where we can make the most savings. For example using LED lights in heavy usage areas or turning off lights when not needed, can make a big difference. Or showering for 5 minutes instead of 20 minutes can make a big difference. Some people may use tumble dryers but at 3 Kw this is another big user of electricity. In an emergency this may be fine but used on a regular basis and costs could soar.

So the big tip from this month's article is to find out how much energy you use and how much is being wasted. Get a simple plug in meter

and monitor each electrical appliance for 24 hours to find out how much energy is being used per day. Based on this knowledge you can start to make decision on how to save energy and save money. A 20% saving, just 2kw per day will save you £100 per year.

Next month we will look at hot water and space heating another big cost for the home owner. In future articles we will look at the renewable technologies and what the government is doing to encourage us to become more energy efficient.

If you have any interesting energy saving stories and would like to get in touch contact
mickhoffe@hotmail.co.uk



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PRIVATE PERSONAL ASSISTANTS

Recently, Claire Raw unfortunately split with her partner of Private Personal Assistants (P.P.A) and at Claire's request the Care Quality Commission is in the process of canceling P.P.A's registration. This agency is no longer accepting new clients, however, Claire still remains the registered manager of PPA during this process and all enquiries regarding this agency should be directed to Claire on 015396 22535.

KNIGHTINGAILS

Claire Raw is pleased to inform the locals of Sedbergh and surrounding areas that Knightingails Care Agency, Claire's own and new agency was successfully authorised and registered with the Care Quality Commission (CQC) on the 11th October 2012. Claire is also proud to say that in September 2012 she passed her Diploma Level 5(QCF) in

Leadership of Health and Social Care.

Knightingails offices are located in Sedbergh and for all your professional care needs, please contact Claire Raw QCF on 015396 22535.

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Friday	10.00 am – 4.00 pm
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CRAFT WORKSHOP

From Market to Main Street!

The Craftworkshop co-operative is now open in the former Henry Wilson's Books shop at 61 Main Street. Our group of local craftworkers hopes to be open on Wednesdays, Thursdays (morning only), Fridays and Saturdays from 10.00 am to 4.00 pm. We will no longer be on the market, at least until we are blessed with better weather.

We have already committed to several local craft fairs – a stall at St Andrew's Christmas Fair on November 17th, one on the late night shopping day – 5th December, and Sedbergh School Craft Fair on 8th

December. On these occasions the shop may well be shut, since we can't be in two places at once!

Already this year we have successfully sold beaded, felt and polymer clay items, cards, scarves, clocks, cushions, peg dolls, angels, and more. With Christmas coming up there will be more variety still. Vicky's angels and snowmen seem to be particularly popular.

An important aim of the Craftworkshop is to provide a sociable forum for making and selling crafts. It is a workshop as well as a shop, so when the shop is open there will probably be one of us there making things. Watch out for Stuart

painting, Cate making polymer clay items and Helen making endless strings of beads. Maybe you can 'commission' a special item. All are welcome to call in, chat, browse and join in.

If you'd like to join us in making and selling things, do have a word with us. If you can't commit to being in the shop there is an opportunity for us to sell things on your behalf.

But do come and have a look!

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RED SQUIRRELS

Dent C.E. Primary School is working on a red squirrel project this year in conjunction with the Sedbergh Red Squirrel Group. As well as learning about red squirrel conservation, the students will be connecting the project to their studies of endangered species and invasive non-native species (grey squirrels). In addition, they will be learning about mapping, with the intention of plotting all red squirrel sightings in the Sedbergh area onto a large map.



The students need to know where and how many reds are located around the district, preferably with a grid reference but otherwise just from an address. Whenever you see red squirrels, either regularly or occasionally and even if you otherwise report to the Sedbergh Red Squirrel Group, please send your name, address and/or grid reference, telephone number and the number of reds seen to: jfoott@btinternet.com or 015396 25453.

Jackie Foott

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PATIENT FORUM

Sedbergh Medical Practice

(From the minutes held on 14th June)

Sedbergh School update – We have advertised for a new GP to work 3 days per week (2 days Sedbergh Medical Practice/1 day Sedbergh School) this has been done through a sports specialist recruitment agency. It was discussed as to whether or not a member of the patient group should be involved in the selection process? It is important to have a new GP appointed for the start of term September.

New Build – This is the first meeting since we have moved in to the new premises; the group were very impressed with the new building however Kate did raise some complaints from the residents in Dent about the process of the move.

- Dent community did not receive any notification of the change to the surgery telephone number – this did cause some distress and frustration for some patients, Tracy did laminate some posters with details of the change on telephone and gave them to Kate to display in Dent.
- The members of Dent Parish Council also wanted Kate to raise the issue that the change to the telephone number and the process of telling patients about it had been handled very badly.

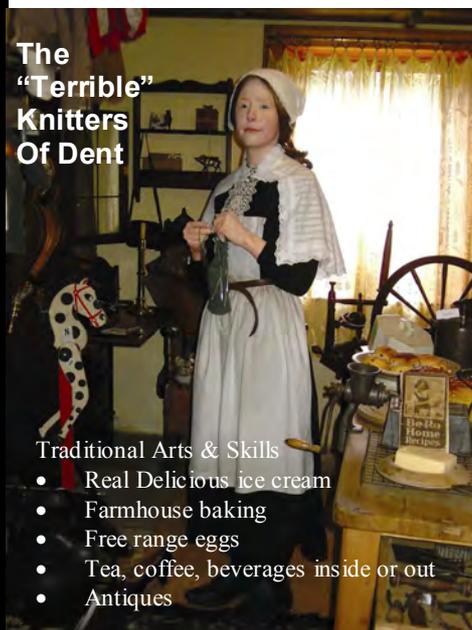
Dr Lumb & Hunt did explain that the change of telephone number was necessary for the new telephone system and that problems with the way in which the old telephone

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<p>accounts had been set up with British Telecom caused problems when trying to put a divert on the old practice number. Dr Lumb & Dr Hunt apologised for the situation and agreed that it had caused problems for a lot of patients in the local community. The new telephone number was advertised in the Lookaround and a letter was eventually sent out to the every household registered with the Practice.</p> <p>A letter will be sent to Dent Parish Council about the complaint. Dr Hunt will also write an article to go in the July edition of the Lookaround.</p> <p>Dr Lumb will show the patient group around the new building at the end of the meeting.</p> <p>Patient Survey – The results of the local patient survey were discussed with the group, the group felt that there had been good responses and that we will repeat the survey after Christmas. Results of the survey can be found on the practice website www.sedberghmp.nhs.uk</p> <p>It was felt that the following action plan should be put in place:</p> <ul style="list-style-type: none"> • Repeat the survey after Christmas 2012, however some of the questions need slightly re-wording • The results have shown that there is no need to any changes to the services offered at Sedbergh Medical Practice • The survey highlighted that patients do like the text message reminder service and we need to develop and expand this service. <p>Friends of Sedbergh Medical</p>	<p>Practice – The friends held a very successful coffee morning on 13th June raising £155 for the friends of Sedbergh Medical Practice. Dr Lumb & Dr Hunt thanked the members of the group for arranging the coffee morning and for giving up their time. We discussed what we would like the monies raised to fund and it was decided that a water cooler for the waiting area would be beneficial; we need to obtain a quote for this. Dr Hunt confirmed that the band she is in is happy to play one evening and raise funds. Janice and Kate will devise a leaflet explaining what the friends of Sedbergh Medical Practice are about.</p> <p>Transport – Just to reiterate that transport via rural wheels for patients is only 35 pence per mile and there is no charge for waiting. Since moving to the new premises requests from patients for a home visit have not increased.</p> <p>AOB – Clock needed in the waiting room.</p> <p>Dr Lumb advised the group that online access for patients to access their medical records is now here, however the practice need to establish a process for doing this. Patients will be able to amend personal details online and book appointments online, this did raise a question that this may disadvantage those patients who do not have access to a computer or the internet.</p> <p>It was discussed and agreed to invite Linda Greensmith to join the Patient Forum on behalf of Age UK.</p> <p><i>Tracy Thornton</i></p>
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SEDBERGH PEOPLE'S HALL

(Registered Charity 523829)

REDEVELOPMENT NEWS

You may remember we submitted our redevelopment plans to the YDNPA on 14 March 2012 for improved toilet facilities at the Main Hall level and extended sports changing facilities at the lower level. The good news is that the planners posted the approval of our plans on 1 October 2012, subject to conditions. The conditions are not onerous and mainly concern samples of materials.

An Invitation to Tender was sent out on 4 October 2012, with a return date of 2 November 2012, to three builders in the locality, who have expressed an interest. Each builder has

indicated that they will appoint a CDM Co-ordinator to ensure all health and safety aspects are properly considered and managed.

If you want to see a plan: there is one posted on the Main Hall notice board and another on the Committee Room notice board.

FUNDRAISING

Last month we reported that the People's Hall TV Quiz sheets had sold well and can now tell you that it raised £311.32 towards our redevelopment funds. Thanks to all who those who took part.

The People's Hall dance with the Roe Valley held on 13 October 2012 was well attended and contributed to the General Account.

BAGHDADDIES – 16 NOVEMBER

This event is arranged by the Committee as a social event rather than for fundraising. It is organised with the Touring Highlights organisation and on 16 November 2012 we welcome the Baghdaddies. The bar will open at 7.30 pm and the show will commence at 8.00 pm with an interval. Ticket prices are Adults £7.50, Children £4 and a family ticket is £20. These can be obtained from the TIC and on the door.

The Baghdaddies are a Newcastle group and the type of music that might be played can be found at <http://www.baghdaddies.com>. When you get there, watch out for flying objects and navigate to **MEDIA GALLERY** pick Soundcloud and try "Dongle", "Keep ya feet still" and "Shri".

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PEOPLE'S HALL CAR PARK

We are often plagued with unauthorised parking on the People's Hall/Sport field car park by shoppers, walkers, fell runners, B&B guests, casual passers by, etc. [You may have seen an untaxed camper van there recently, which was only removed after provoking official correspondence with the owner.] This car park is the property of the Parish Council and the People's Hall and is not for public use. It is available for people attending events in the People's Hall and on the Sports Field ONLY. Notices are displayed prominently to this effect and they also indicate the prohibition of overnight parking. We ask for

cooperation on behalf of all hall and field users.

IMPROVED COMMITTEE ROOM FACILITIES

The People's Hall is grateful to the Killington WI, who after their projection screen stand had collapsed suggested that it be permanently fitted in the Committee Room. This has been now done and has enhanced the facilities provided to all hirers of the Committee Room.

DATES FOR YOUR DIARY OF EVENTS IN THE PEOPLE'S HALL

10 November: Flicks in the Fells
13 December: Pepperpot Orchestra concert

*Dr Gina Barney,
Hon Secretary , 20790*



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TIM FARRON MP

I was really pleased to hear that the Education Department have agreed to rethink the proposed changes to the way funding for schools is allocated. Since this plan was announced I have had several productive conversations with David Laws, the education minister, about the fact that the proposed changes were going to leave many more remote rural schools struggling to survive (over 30 according to Cumbria County Council). This is because, as I said last month, in their proposals to simplify the school funding system they removed any flexibility for councils to make allowance for the fact that running a

smaller school in a more remote location is simply more expensive per child and so needs more money of we are to avoid children having to make long journeys every morning and afternoon. I am afraid this was yet another example of Whitehall failing to realise that rural life is more expensive than living in the centre of a city. A fact I have to keep reminding them of and that I am continually being supported in by any number of reports that reach my desk. There was even one the other week from Oxfam looking at the incomes of hill farmers. Oxfam is not an organisation I really associate with charitable issues in this country let alone the problems of our hill farmers. It goes to

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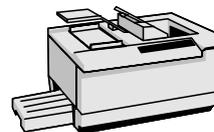
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show how tough things are for the people who keep our dales looking as good as they do. Their report was shocking, highlighting a gap of around £7000 between what a family needs to earn in to meet the needs and what many hill farmers actually earn. As a result many are having to cut back quite severely on food for their families.

Anyway the Education Department have agreed to ensure no school loses any more than 1.5% from the funding they receive and to hold a full review of the funding formula by spring next year. I will fight to ensure the new proposals include an allowance for rural life.

The news that the Department of Transport have asked Virgin Trains to continue running the West Coast line is also positive. Many people have told me how worried they have been by the award of the franchise to the First Group. One of the things I am most keen to ensure in the debate over how franchises are awarded in future is that the voices of those who use the service are taken into account when deciding who wins. My major concern, however, is that after this interim period where Virgin are running the franchise the Government is proposing to award a short-term (2 year contract) before making their long award. This seems to me to be a recipe for the line to go without any investment for over three years. After all the good work done by Virgin it would be a great shame to see the line falling behind again.

Finally, 15th November sees the election of the first ever Police

Commissioner for Cumbria. Whatever you feel about this new post please do go and vote as whoever is elected will have a powerful influence on the running of the police service in Cumbria.

As ever if I can help with these or any other issues please write to me Tim Farron, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or email me at tim@timfarron.co.uk

Thanks

Tim Farron MP



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**TUESDAY NIGHT
T'AI CHI AND CHI KUNG**

This is just a quick note to let people know that Ian McPherson's Tuesday night class continues at the URC Rooms this autumn. We mostly practice qigong (chi kung), with a little taiji (t'ai chi) as well (don't worry about the spelling! Chinese doesn't turn into English very well). You will probably have seen taiji on TV – it's those sequences of slow, graceful movements people tend to do wearing silk pyjamas and an ineffable expression. What it's about is retraining the body, how it stands and moves, so it works more efficiently and in a much more relaxed way. You notice emotional tensions begin to drain away as the body relaxes and the smooth movements settle the mind down, and balance usually improves. Qigong is the underpinning of taiji – you learn sets of movements



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that help you relax, help the joints become more mobile and help the breathing improve, and you learn an attitude of relaxed concentration on the movement you're doing which helps the mind calm down and begin to let go of the worries and stress that usually chase about in it. Taiji and qigong are associated with older people, but also work well for athletes, people in stressful jobs, and so on – we tailor the content of the sessions to the people doing them.

I'll be looking after the sessions for the next few weeks as part of my, er, professional development, but Ian will be back later in the autumn. The sessions are light-hearted but we do take the work seriously ... and we don't wear pyjamas! The class runs from 7.30 til 9 pm and costs £28 for a block of four sessions. If you want to try it out, a taster session is £7, just turn up on the evening. For more information, email andi@music.freakout.biz or call me on (015396) 22045.

Andi Chapple

St ANDREW'S PARISH CHURCH
News from the Sedbergh Pews



October's highlight was the Harvest Festival when the Church was beautifully decorated with an array of flower arrangements which almost made it a mini flower festival. We are so fortunate to have such a talented group of flower arrangers who throughout the year provide such beautiful living decorations. The Harvest celebrations were brought to

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a close with Choral Evensong which was followed by a Harvest Supper in the Parish Room.

But the Harvest Festival was not the only notable event in October. After the alterations to the chancel completed earlier this year the builders are once again back in the church; this time to carry out repairs to windows in the bell tower and the side chapel. Some of the stone, which is medieval, has been repaired so many times that we are having to replace it with new stone and some of the windows need re-leading. Expensive work which is being funded by the Friends of St Andrew's who contribute towards the maintenance of the fabric of the church. We are always looking for new "Friends" and should you be interested in helping to maintain this beautiful Grade I Listed building, which has been at the heart of Sedbergh for 900 years, there are leaflets in the church and the Town which include a bankers order form.

Looking forward the next major event will be the Remembrance Day service, which this year takes place

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on 11 November. The simple service, which includes contributions from all denominations, is a very moving tribute to the fallen of the World Wars and subsequent conflicts and is followed by wreath laying at the War Memorial and the March past by the Town Band and voluntary organisations.

With Christmas cards already on sale in the shops we are also looking forward to our celebration of the birth of Jesus. The Christmas Fair will again be held in the church on Saturday 17 November when there will be a wide variety of stalls, Father Christmas and delicious lunches and refreshments.

Looking further ahead December starts with an action packed ten days. On the 2nd, Advent Sunday, when we become part of Carlisle Diocese there will be an Advent Carol service. On the 4th the Town Band Christmas

concert will be held in the church and on the 5th we will join in the Late Night Opening festivities. On Sunday 9th there will be a Welcoming service in the afternoon when the Bishop of Carlisle, the Rt Rev James Newcome, will induct all the churches moving to the Diocese.

A hectic start to the Christmas season when we should also have more news about our new vicar. The post was advertised in the Church Times in September and there has been a most encouraging response. Interviews for prospective candidates will be held on 9th November.

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

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**SEDBERGH & DISTRICT
HISTORY SOCIETY**

The Kingdom of Northumbria

On 17th October members of the History Society were treated to a most informative and interesting illustrated talk by Sheena Gemmel entitled "The Kingdom of Northumbria: its Rise and its Golden Age." Ms Gemmel, a Doctor of Literature who had studied Early Medieval History at St Andrew's University and been a lecturer at Lancaster University, is a national authority in this field and during the talk she imparted a wealth of information about the formation, extent, evolution and influence (particularly its art, religion, literature and architecture) of the Kingdom of Northumbria, largely in the late 7th to mid 8th centuries – its 'golden age'.

Northumbria (literally 'the land to the north of the River Humber') initially evolved from a fusion of two kingdoms: Bernicia (founded in 567 A.D.) to the north, inhabited by Angles and centred around Bamburgh; and Deira to the south, a Saxon area centred around York.

Aethelfrith, described by Bede as 'powerful', 'ambitious' and 'cruel', was the king of Bernicia who, through his expansionist warlike methods unified the entire neck of land comprising central Britain between the Irish and North seas to the north of the Humber and to the south of the old Roman Antonine Wall between the Clyde and Forth rivers. This included Rheged (present-day Cumbria) as well as Gododin and Strathclyde, and indeed probably also had influence as far west as Ireland.

Once established, and with Christianity becoming more widespread, there followed a period of peace and prosperity under the rule of Edwin (of Deira), 617 A.D. to 633 A.D. He developed links with the kingdom of Kent and, through this alliance, beyond into Europe from where cultural influences flooded northwards: education, reading and writing became more commonplace.

Edwin was succeeded by Oswald, a son of Aethelfrith, and later and for a long period (642 to 670 A.D.) by Oswiu. During the former's reign, when dominion over the Scots was

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cemented, St Aidan came from Iona to establish his monastery on Lindisfarne. It was during Oswiu's reign, however, that the kingdom really flourished: through his 3 marriages links with Rheged and Ireland were strengthened, drawing in diverse Christian influences yet in an atmosphere of peace and cultural co-operation; the highly influential Synod of Whitby (664 A.D.) decided in favour of continental practices; there was a flowering of learning and the arts; and several important institutions were founded, including Ripon Cathedral (671 A.D.), Hexham Abbey (673), Monkwearmouth Monastery (674), York Minster (682) and Jarrow (685). Many key figures in this golden age were of continental origin, including Theodore, Benedict Biscop and Hadrian, whilst a local nobleman, Wilfred, was instrumental in the great building revolution, organising stonemasons brought in from Gaul.

The talk ranged much wider than this core history, with beautiful illustrations of, for example, Acca's Cross at Hexham; a simple memorial stone at Hartlepool comprising the Greek letters alpha and omega; Bewcastle Cross in Cumbria; and the Ruthwell Cross in Dumfriesshire depicting Christ's mastery over the beasts, and the Tree of Life – in Ms Gemmel's words, "the monument of the period par excellence."

The appetite of our audience for delving even further into this remarkable period was well and truly whetted.

Michael Beecroft

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BARBON QUIZ NIGHTS

Quiz night at the Barbon Inn is the 1st Sunday of every month at 8.30pm. You do not have to have a team of 4 just come along and join in. Sometimes you might be playing with someone from as far away as Bristol, obviously guests staying at the Inn but everyone joins in the fun.

Sunday 4th November will be a special night with a big raffle when all the money collected over the months will be handed over to Anne Burrow the local representative of the North West Air Ambulance.

A Christmas quiz is planned for Sunday 2nd December and the first one of the New Year will be on Sunday 6th January. Come along and enjoy the fun with delicious sandwiches and all for a donation to North West Air Ambulance.

Sue Thornber

HARRIER NEWS

The nights are drawing in, the high viz clothing is out, and the headtorches have been located at the back of 'that drawer' (with three used batteries, 11 half-burnt birthday candles and the key for the gas cupboard).

But although the races are fewer in number the running continues, and you would be more than welcome to join us this month for the Ravenstonedale 10K on 24th November. This road route consists of three different loops out of the village and back, (which makes it particularly good for spectators too), and with the junior fun run and nearby playground it should suit a lot of families too. For more details including the route map, visit howgillharriers.co.uk.

Back to recent happenings, and starting locally as Sean and Fraser took on the Whernside fell race from Dent in late September, finishing 33rd and 70th in a field of 131 others who also tackled the 12 miles and nearly 3000ft of ascent.

Elsewhere, members were invited to run a test event 10K at Lowther, in which Sean came fourth and Jack O second. Feedback for this event was quite positive, and we may look to support this race in future years.

At the English Schools Fell Running Championship at Cockermouth Erin came 9th in her race, which was a great result and is very promising for future championship events at Junior and Senior level.

(Space limits the inclusion of every runner's name and position here, but

pictures and full results for all events mentioned below are available online).

Twelve Howgill members took part in the Great Cumbria Run at Carlisle, a half marathon road race with over 1800 competitors. They enjoyed the sun and also personal best times or 'nearlies' all round; Jack W was first for Howgill and 61st overall, with Jack O just three minutes behind.

On the same day Howgill also entered two teams in the Ian Hodgson Mountain Relay at Patterdale, which included members who had never taken part in such an event. We were blessed with glorious conditions on the day, but the race itself was greatly overshadowed by the sudden collapse and death of a well-known fellow runner during the final relay leg. Our teams finished in 22nd and 46th, both good positions for our club, but of little consolation in the circumstances.

On a much lighter note, the following weekend saw the British Fell and Hill Relays held in Shropshire, in which we had two more teams entered. Final results put us at 33rd and 114th, with some strong performances including Carl's first leg, which meant that Howgill were leading for at least some of the way!

And finally, thanks to everyone who smiles or says 'hello' as we run past in groups or as individuals: most of us aren't that weird anyway. The writer did not have time to respond to one such greeting in town and could only smile, but for the record yes, I will run, thank you young men of the community, but my name is not

Forrest...

John Hosker

CARERS IN CUMBRIA

Consultation to capture carers' views

The views and experiences of informal carers are needed to develop carer support services in Cumbria.

Cumbria County Council currently delivers a number of carer support services directly and through other organisations. These services are available to support carers who provide regular and substantial care in order to assist them to continue to care.

The current contract value of these services is approximately £1 million per annum. The current service is being reviewed by the county council with the aim of introducing a new service in October 2013.

The views of carers across Cumbria, whether they currently use support

services or not, are needed to help inform the development of this re-focused service.

So anybody looking after a partner, family member or friend is being urged to give their views so the remodelled service can meet the changing needs of carers in Cumbria. People can share their views by going to the county council website or going straight to www.haveyoursay.org.uk and completing the online survey. The survey will run until 27 November 2012.

A copy of the survey is available from Sedbergh Library and carers organisations.

If you are not a carer but know someone who is, please would you pass on details of this survey to them.

Gae Hicks

I have viewed the Web Site www.haveyoursay.org.uk and found some other interesting topics well worth viewing.

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SEDBERGH PRIMARY SCHOOL
Parent, Teacher & Friends
Association

On the 17th of October 'Sedbergh Primary Parent, Teacher and Friends Association' (PTFA) met for the first AGM where the following roles were determined –

Chairman	Linda Allan
Vice Chairman	Julie Sen
Treasurer	Jackie Baines
Secretary	Lindsay Moorhouse
	Linda Greensmith

The meeting was well attended and the name 'Sedbergh Primary Parent, Teacher and Friends Association' (PTFA) was decided. The aim of the group is to raise money for the school and foster relationships between parents, teachers and friends in the local community. We have created a facebook page where people can find out about our fundraising events.

School Disco

The first event is a school disco to be held on Friday 9th November in the school hall, 5.30 – 6.30pm for infants (nursery, reception, year 1&2) and 7.00 – 8.30pm for juniors (years 3-6). DJ Danny will be the DJ for the evening and children will be able to request their favourite tunes before the event.

On-line shopping

We have set up an easyfundraising account – please visit www.easyfundraising.org.uk and search for Sedbergh Primary PTFA by the postcode LA10 5AL, and click on the link. We will then get a percentage of whatever you spend online in a wide variety of shops, including Amazon, M&S and Argos to name but a few . So please remember this when doing your Xmas shopping.

The next meeting is scheduled for the 21st November at 7.30pm at Nursery, Sedbergh Primary School and all are welcome.

Please contact Linda Allan for further information – 07896 992598 or e-mail sedberghptfa@aol.com

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FLICKS IN THE FELLS

We're delighted to be teaming up once again with the Sedbergh Branch of the Royal British Legion for our screening on the 10th November, the night before Remembrance Sunday and will be showing *The Dam Busters*, which we thought appropriate given the unveiling this year of the memorial to the 55,573 aircrew of Bomber Command who lost their lives in World War 2.

This classic black and white film tells the true story of Operation Chastise, a top-secret RAF bombing mission designed to strike a decisive blow against the seemingly invincible Nazi war machine at the height of its aggression.

In March 1943, a group of airmen drawn from across the ranks of the RAF were assembled and trained for an unprecedented and potentially deadly assignment. They



had only seven weeks to train with exercises that imitated – but never revealed – their intended target: to fly deep into Germany at tree top level. at night-time, and destroy three dams that were essential to the Nazi steel industry. A revolutionary bouncing bomb that could skip across water

had been developed by a visionary scientist, Barnes Wallis, but to be effective, the bomb had to be dropped from terrifyingly close range and at very low altitude. In specially modified Lancaster aircraft the airmen trained for a single mission, the likes of which had never been undertaken and whose potential for success was small.

There will also be a short presentation before the film on the work of the British Legion. A licensed bar and refreshments will be available, profits from which will go to British Legion funds.

This is a rare chance to see this iconic film on the big screen, and we hope to see you there.

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QUAKER WEEK

Talks at Brigflatts Quaker Meeting House

Our three talks during the week were about three apparently very different things, but all were linked by underlying principles.

The first, by Liz Weller from Brigflatts Meeting, introduced us to the idea that there is a distinction between stillness and silence - silence does not necessarily bring inner stillness, inner stillness can happen anywhere at any time in the midst of a busy life. As a working mum, Liz said that those moments of stillness she tries to find within each day are of great help to her.

The second, given by Peter Leeming from Kendal Meeting, explained how he came to be a Quaker from a childhood Anglican background. As a disaffected teenager, he came in contact with a local group of Quakers who impressed him by their caring for their community, their acceptance of individuals with all their faults and failings, and at the same time welcoming with gratitude the limited gifts each may bring. Peter was attracted by the Quaker form of worship, their non-judgmental and inclusive community, and the opportunities he found for service both at home and abroad.

And lastly, Martin Ashbridge from Brigflatts Meeting gave an interesting history of the Nenthead / Swaledale lead mines, which were started by a London firm, and were the first business in the country to be run on

Quaker principles of caring for the workers - before the days of Cadburys and Roundtrees. He had a good visual display which showed us something of the life of the workers, which certainly included lighter moments, not just slog!

All in all, an informative and enjoyable week, giving us some food for thought. *V. Finch*

YORKSHIRE DALES NATIONAL PARK

New members needed for Access Forum

New members are needed for a group that provides guidance and advice on ways to improve and manage public access and opportunities for open-air recreation in the Yorkshire Dales National Park.

There are currently five vacancies on the independent Yorkshire Dales Access Forum and application forms need to be submitted by November 19th.

Rachel Briggs, the Access Development Officer for the Yorkshire Dales National Park Authority (YDNPA), said: "The forum has the job of working with individuals and organisations that use the 680 square miles of the National Park for leisure and enjoyment and advising on ways to improve their visits to this special place.

"This can be anything from suggesting the upgrade of a specific footpath to looking at mobility issues. The members also take part in consultation on a range of documents and strategies issued at local and

national level.”

Current members represent interests ranging from land management and agriculture to local business and outdoor recreation.

The forum meets three times a year, although members also sit on a variety of advisory groups that meet more frequently.

David Gibson, Vice Chair of the Yorkshire Dales Access Forum, said: “Access forums were set up to improve access in the countryside and to help avoid conflict between those who own and work the land and those who use it for recreation, so it is important that the forum has people with a range of interests.”

Anyone who would like to join, should contact Rachel Briggs on 01969 652363 or email her at rachel.briggs@yorkshiredales.org.uk.

ROYAL BRITISH LEGION

Sedbergh Branch

The British Legion annual poppy appeal started on Sunday Oct 28 with a visit from the legion bikers who ride each year around Cumbria raising funds. Also beginning this week poppy collectors will be taking up house to house collections and collecting at Killington Services.

The regular Wednesday coffee morning (Nov 7) in the United Reformed Church rooms this week is in support of the legion. There will be a grand raffle with some jolly good prizes for which we thank all those who kindly donated them. Sandra Longlands will be organising



the money mountain game and there will be poppy related bric-a-brac as well as plenty of home baked cakes.

While on Sat Nov 10 Flicks in the Fells presents, ‘The Dambusters’ at the Peoples Hall, doors open at 7 pm film starts at 7.30pm. Before the film begins a short address will be made in honour of those who served in the First and Second World War. A bar and refreshments will be available.

The annual Service of Remembrance will be held at 10.30 am in St Andrews Church on Sunday Nov 11. This service is always well attended so please get there get there in good time. After the service there will be the laying of wreaths on the war memorial. To help those standing in the street the town band have organised to have speakers which will allow everyone to hear the progress of the event.

The week culminates with the Town Band’s remembrance tribute concert in the United Reformed Church beginning at 7.30 pm. This promises to be an exceptional event so please get your tickets early. See a band member, call at the TIC or even on the door.

Last year the total raised here in Sedbergh and District was close to £9,000. I’m sure you will agree that this is an incredible amount for such a small area. We’d like to better that this year and make it a cool £10,000. Please come along to one, some or all of these events and help us reach this target.

Sandra Gold-Wood

WEST GALLERY & FOLK CAROLS

Many of you will remember the magnificent concert with the Gladly Solemn Sound west gallery choir in Sedbergh parish church a few years ago - as well as the annual concerts at the Dent Folk Carols weekend in December where the choir is often accompanied by instruments appropriate to the age such as serpens, oboes, fiddles, clarinets and cellos. West gallery music takes its name from the place where - between 1700 and 1850 - the singers sang from the opposite end of the church from the altar in the east end. It was made famous by Thomas Hardy in his book *Under the Greenwood Tree*.

The music is lively with strident rhythms and strong melodies - and is a delight sing and play. Few people are better informed to teach it than Paul Guppy who leads the Gladly Solemn Sound choir and researches much of this music, often from manuscripts in dusty records offices or from manuscripts found in local attics. This includes music from local places such as Coniston, Martindale, and Wyresdale - where often only the

tune - or one of the harmony parts - remain, written out by hand in a time when printing was expensive and photocopying machines not yet invented. Sometimes this means Paul using his expertise to fill in the missing parts. With some of the music - like the Copper Family's Christmas Song and Shepherd's Arise - Paul has composed the four part arrangement himself.

All singers and those who play instruments are very welcome to join us in the People's Hall on Saturday November 17 where Paul will teach this wonderful music. We can send music scores in advance and there are videos of the choir singing some of the songs on Youtube. There will also be an opportunity for singers to sing with the Gladly Solemn Sound a couple of weeks later after the concert in Dent (November 30) when everyone goes for more informal singing in the George and Dragon. You can also get a flavour of the period where this music comes from with the readings during the concert which evoke a time when the singers would walk round all the outlying farms singing these songs and then would "pass forth into the quiet night an ancient and timeworn hymn, embodying a quaint Christianity, passed down from father to son right down to the present generation."

If you don't read music, there are also workshops where the carols will be taught by ear over the weekend of December 1 with carols from mediaeval times to the present day -

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as well as a workshop on Sunday with "carols from afar." We have a large group of singers coming so there will be plenty of support - as well as festive meals cooked by the highly acclaimed Luzia Marquart, dancing at the Carols Ceilidh, a Sunday afternoon walk and more. Let me know if you'd like to join us.
David Burbidge 015396.21166

FAMILY MUSINGS

We were so excited as I put together the Oct Musings, our first grandchild had arrived and we had met him at just a few hours old and were seeing him often, (still are) and I hinted at other exciting things. What I knew but was not allowed to "tell" was that elder daughter and hubby are expecting their first baby around 17th March next year! As someone asked me "How many Grannies do you want to be?" As many as come will be loved and cherished, babies that is, one of me is probably quite enough.

Hubby and I went of to County Show and in the course of the day purchased a Tractor for our grandson, a toy one I hasten to add , Grandad got very involved with the purchase, had to be a Case Tractor and 4 wheel-drive, (of course, whatever else is there?)and we duly delivered it later that day much to the bemusement of son and T. Having been told it may be a collectors item one day, especially in its box, son looked a bit more interested, perhaps he saw £ signs in his mind!

So, there we all were, happy and excited. An outing to the Chocolate

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Factory Cafe so Grandma Woof could see two of her grand-daughters and the following Fri Grandma got on her "best bib and tucker" to meet her latest great-grandchild having just heard about the one due next March. I saw her on the Saturday, we had a lovely chat and she told me she would have to "winter well" so she could be around to keep us all on track with another baby. Two days later she was taken ill and she died.

When you are so high on happiness and then that happens it is a deep plunge into grief and the suddenness of her passing took our breath away. In her time of need people responded magnificently, people we knew and those we didn't know, people stopped what they were doing to go to her aid and our family thank them most sincerely. Sadly the outcome was not what we all hoped and prayed for but for her it was the best. People said to

us they were sorry we had lost Jennie/Mam/Grandma, we know what they meant but, folks, she is not lost, we know exactly where she is, she is with Jesus in the place He has prepared for her. Organised to the last she had selected the hymns for her Thanksgiving Service and the reading and requested the word "Mansion" not "Rooms" for she commented "When I die I am going to a mansion not a room", Good on you Grandma, you tell them! A full chapel told its own story of how special she was, all her grand-children and their spouses were there and some of her great-grandchildren, a large loving family supported by many friends and little Ezra, who had met her whom he will not remember just a few days before and whose name had proved too much of a tongue twister for her, he slept all through all the chatter at the meal afterwards as we went from Uncle to Auntie to cousin to friend, catching up because that is what you do at such occasions. What next for us? We do not know but are so glad we do know the one who does, our Heavenly Father. God bless. Sarah

NATIONAL CHILDREN'S ORCHESTRA

PLANS to set-up a regional section of the National Children's Orchestra at Sedbergh, Cumbria, are in the pipeline - if there's enough interest from budding young players.

Open to all children aged eight-14 across the North West and Scotland, the idea would be to base the ensemble at Sedbergh School's music centre. The NCO hold residential rehearsals in Sedbergh during the Summer holidays and auditions were held on Tuesday, October 30th.

Roger Clarkson, NCO's principal director of music, said that their regional orchestras provided an opportunity for NCO members to perform with children across the full NCO age range in-between the residential courses at a venue close to home.

He added: "This allows younger members to see what they can aspire to, and for older members to get a first taste of mentoring and supporting young musicians.

"We are continually striving to develop the regional orchestras so that we have more bases across the country. Setting up a regional orchestra in the north west would be extremely beneficial to the future of music in this area; it would allow more young musicians to meet together to develop and enhance their musical skills. We have a lot of talented musicians from the north in the NCO, but it would be exciting to see membership from this area of the

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The National Children’s Orchestra of Great Britain was formed in 1978 by Vivienne Price MBE, who saw the need for talented children aged under 14 to have their own symphony orchestra. The first course attracted 70 players and proved such a success that a more ambitious programme and more prestigious concert halls were chosen for the next two years. By 1981 so many children were applying to join that the Training Orchestra was set up for those who had just missed out. In 1983, Diana, Princess of Wales became Patron and over the next 30 years the NCO developed and grew. The orchestra has continued to perform in a variety of settings, including on the BBC’s Blue Peter and at the Schools Proms in the Royal Albert Hall.

One of Sedbergh School’s former headmasters, Michael Thornely, was a director of the National Youth Orchestra and the school’s music performance hall is named after him. His wife, Jennifer, said: "It would fulfil one of Michael's dreams to have the

National Children's Orchestra based at Sedbergh. His involvement with the National Youth Orchestra began because the founder, Ruth Railton, came to Sedbergh auditioning children and she suggested Michael should join the board."

Amy Grace

LORD MAYORS PARADE

On Saturday 10th November, the annual Lord Mayor’s Parade will take place in London.

The Lord Mayor Elect (as he is titled at the moment) is Roger Gifford, an Old Sedberghian.

Roger Gifford was in Evans House 1968 – 72. While he was there, he played for the school shooting team and was awarded school colours in shooting.

The Election took place on 1st October and he will be Installed on 9th November with the Parade on 10th. He is officially Lord Mayor Elect from 1 November.

Sedbergh School will be attending the Parade with a Float supplied by Eddie Stobart who are Sponsors with Eddie Stobart; Andrew Tinkler and William Stobart as former parents. Also sponsoring the Float are:- Catalyst Capital; Julian Newiss OS; Bircroft Capital; David Birchenall OS; Halsall Electrical; Steve and Karen Halsall :Parents; Bath Store: Gary Favell: Parent and Second Nature Kitchens ; Mark Stephenson : Parent and OS.

Hopefully, it will be a good day with a couple of pictures of Roger and the Float.

Amy Grace

SLOVENIAN AMBASSADOR'S VISIT

At the end of September we had a visit from the Ambassador of Slovenia, His Excellency Iztok Jarc, and the Chair of the parliamentary British-Slovenia all party working group Neil Parish, MP for Tiverton and Honiton - and their wives Helena Jarc and Sue Parish. The group stayed with George Handley, who very kindly provided accommodation in his home overlooking Sedbergh, and enjoyed an evening meal with Sedbergh town twinning representatives prepared by the indefatigable Lucia Marquart.



As well as a tour of the Lake District - which included a trip on the Ullswater Steamer with the Slovenian flag flying proudly from the bow, a visit to Grasmere church and the Wordsworth connection, and Herdwick sheep farms in the Langdale Valleys - the Ambassador met the cows at Lockbank farm, where the party were able to buy the fabulous Howgill homemade ice cream, and all the teachers and children at Sedbergh Primary School.

I have been teaching the primary school children songs from Slovenia which they sang for the Ambassador -

including the Slovenian National Anthem: "Blessings on all countries who long and pray for that bright day when over earth's habitation, no war, no strife shall hold it's sway. Who long to see that all people free, no more shall foes but neighbours be." The Ambassador told the children about the anthem's creator Franc Preseren and his similarities with Wordsworth. The children then sang the British national anthem as well as some of their own school assembly songs.

The Ambassador said how much he enjoyed meeting the children - the occasion reminding him of his own childhood when visiting dignitaries such as Partisans would visit his own school assembly. The Ambassador described our twinning with Zrece as one of the most successful in Europe and said how impressed he was both by the beauty of our landscape and the kindness of our people. This was not an official visit - the Ambassador and his party were on holiday en route for Scotland - but still they created an inspiration for our twinning activities with Zrece, and with the rest of Slovenia.

On behalf of His Excellency, many

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thanks to all who helped - and particularly George and Rosemary Handley, Luzia Marquart and the Sedbergh town twining group who kindly contributed towards the expenses of the visit and extended the warm hand of hospitality for which Sedbergh is so famous.

David Burbidge 015396.21166

ORIGINAL MOUNTAIN MARATHON

By the time you read this article, the event would have taken place on 27/28th October but here is some interesting information. Hopefully, there will be an updated report for the December *Lookaround*.

Sedbergh School has four entrants for the Original Mountain Marathon, They are Mike Moss (54), Dan Harrison, (41), Sam Fisher (20) and Alan and Tom Peel (Father and Son, from Hathersage). Sedbergh School has been recruiting marshals for the run.

Formerly known as the Karrimor International Mountain Marathon, the event, which is in its 45th year, will have 3,000 runners competing within eight different classes presenting the ultimate in self-sufficiency challenges and a great community to share it all with. Sedbergh School will be the event headquarters and competitors will register on Friday afternoon or Saturday morning and the race will finish here on the Sunday.

The OMM challenges teams of two to experience a sometimes extreme set of circumstances, navigating their way - over two days - camping over night on a double mountain marathon. There are eight classes catering for

all types of competitors with hillwalking and navigational experience.

This year's event returns OMM to an area of stunning natural beauty which is often overshadowed by its better known neighbour, The Lake District. Matt Williams, Event Director said "The terrain allows for a stunning backdrop to what should be a fantastic race with both significant navigational challenges as well as a good hard fitness test. I am incredibly excited about the location."

The Howgills was last competed across in 1998 and holds a deserved reputation of a tremendously challenging area in which to compete. Its mix of wonderful views and combination of complex terrain make it an ideal location for good competition that will see only the strongest and best skilled teams being in contention to win. The fact that it is just off the M6 motorway also means it is significantly easier to reach than some of the areas that have been used previously.

The competitors will include top adventure racing teams from around the globe such as Team Thule so the standard is expected to be better than ever. Despite this the event continues to attract people from all walks of life and ages who wish to take on the challenge and enjoy it.

The growing community of OMM is helping the expansion of these kinds of activities and with quickly disappearing places on this year's event it is set to continue its growth.

Amy Grace

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BUS TIMETABLE

Woofs of Sedbergh would like to reply to an “anonymous” blurb in the October Lookaround.

We would just like to say that it wasn't “Woofs” who decided which vehicle had to be used on this School run, but Cumbria County Council, who changed the run from Service/School to just a School run in the last Education Tenders. The County Council only tendered for a 24 seat vehicle, and yes the sixth form pupils do have priority. However, “Woofs” have worked tirelessly during September to ensure that the younger students (who previously travelled on the School/Service) have in fact got seats. The Bus does leave school at 15:30, as does every other “school” bus; it only left Kendal town at 16:10 due to the timetable set by County Council for this Service.

Woofs have spoken to the majority of parents concerned, with regards all students who travel this school run, and feedback has been positive, all parents are happier that the School Bus arrives back in Sedbergh an hour earlier than previously – when the

bus was on Service.

Finally, “Woofs” would just like to point out, that if you had either spoken to a parent or called us for the facts – your negative outburst would not have been necessary.

Carole Woof (Woofs of Sedbergh)

**SEDBERGH & DISTRICT
 COMMUNITY FUND**

The next meeting to consider applications for grants from the Fund will be at the end of November, and the deadline for receipt of applications at Sedbergh and District Community Office, 72a Main Street, Sedbergh LA10 5AD is Monday 19 November (though it would help me to have them a few days before as I won't be around all that week). The Fund is open to applications from any properly-constituted local organisation, not just charities, but is not open to applications from individuals. To get a copy of the criteria and application form, please drop in to the Community Office, write in, email office@sedbergh.org.uk or phone 20504.

*Andi Chapple
 Secretary to the Fund*

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ARCTIC ICE

Your weather correspondent is unusually mistaken, although given the quality of reporting of climate change that's quite understandable.

Arctic ice cover this year was indeed the lowest for thirty years - that's the thirty years for which satellite cover has been available. During that time the decline has been almost continuous and the cover this summer was in fact almost half what it was thirty years ago. It's likely, according to the majority of scientists studying these matters, that the cover is the lowest for thousands of years.

We apparently also should not take comfort from a record high ice cover for winter at the other end of the Earth. That's probably also because of the rising temperature.

People with internet access can Google the words Arctic ice cover. - the US government keeps an eye on these things and the information is freely available. *Martin Lewes*

DENT PRE-SCHOOL

Committee Report

Saturday 29th September was a busy day for Dent Pre-School. The

day started with a coffee and cake morning at the Memorial Hall. This event was well supported by those attending and also by people who donated baking and their time and this made the event a great success.

This was followed by a Duck Race which was again very well supported by locals and tourists alike and all of the ducks were sold. The race was well attended and prizes were awarded for 1st, 2nd and 3rd places. 1st prize of £50 went to Ethan Faulkner, 2nd prize of £20 went to Tracy Woof and 3rd prize of £10 was taken by Chris Payne.

The committee would like to express their sincere thanks to all those who bought ducks, those who attended the coffee and cake morning and those who donated baking and their time, all of whom made the day a huge success raising a fantastic £750 for pre-school funds.

Forthcoming events include the annual Christmas Fair on Sunday 2nd December, 4pm until 6.30pm. Your support will be much appreciated. We will look forward to seeing you there!

Laura Thornley


painter
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Telephone 015396 21073 Mobile 07813 818958
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**DENTDALE
CHRISTIAN FELLOWSHIP**

It was mind blowing to hear about Chrissy Cookes time in Mozambique this summer, she shared with us not only the facts of what she did but also how homesick she had been and how her faith in and relationship with God had helped her. I share a little of her experiences .. 30 of them setting of in a truck, almost sitting on top of each other to be welcomed by children singing & dancing. Praying for people and seeing them receive healing from God, making jewellery with widows, her own eyesight being much improved after prayers, washing the feet of local young men at a Bible class, seeing indscrivable poverty, being invited by a local girl to her home and missing a really good curry! We prayed together and then chatted over supper. this month we meet on the usual 4th Sunday but in Dec because of carol services we are joining Cafe Church on the 1st Sunday in Sedbergh. If we can help you, please do get in touch.

*Jn & Sarah Woof.
"Rhumes" Dent. 25212*

**SEDBERGH & DISTRICT
ART SOCIETY**

The first meeting of the 2012/13 season took place at the URC rooms on 12 October. Stephen Ormerod gave an interesting and informative talk on the techniques of using coloured pencils.

Working on stretched cartridge paper he explained that the smoother surface was better for this medium

and demonstrated methods of achieving various textures using four different types of pencil. Derwent Drawing Pencils and Coloursoft are non-soluble, and Graphitint and Inktense are both soluble and the finished art works he brought amply illustrated the versatility of the medium when used wet or dry. He encouraged us to experiment and has recently been using the pencils over an acrylic ground. Describing himself as 'a detail fanatic' his work has a photographic quality and can be viewed at www.stormart.co.uk.

The following day twelve members gathered in the Methodist Hall for a workshop on life painting led by Catherine Macdiarmid. Using acrylics to paint both short and long poses, in one to three colours, Catherine encouraged us to explore different ways of painting the subject. Both meetings were enjoyed by all who attended. Our next meeting is on 9 November when Colin Jack's subject will be Seascapes in Oil. *MC*

TROTT MUSICAL FOUNDATION

There are now over 50 young people who regularly benefit in their musical education with funding from the Trust. Grants are made on a termly basis and the closing date for the next round of applications is Monday 3rd December 2012, for teaching in spring term 2013.

A form, which requires completing by parent/guardian and teacher, may be obtained from Dalton & Hague, 7 Main Street, Sedbergh. Tel: 20365 or e-mail office@daltonandhague.co.uk

GOODBYE LYON

The roads to Dent are a bit quieter in a morning since Lyon moved out, it seems the end of an era. Who remembers Ben & Keith Tyson making "Lyon Ladders"? That, I think (but am happy to be corrected if wrong!) was the very start of Lyon Equipment here in the Dale. They took over the old "Dent Glass" buildings, the old petrol station buildings & Craggses Barn, employed a lot of people and kept growing!

And now, they have moved to Tebay. I think it is really sad for Dent and I wish them well, keep working folks, keep growing and come back and see us from time to time. Yes, I know some staff still live in the Dale, it's the business I am talking about and the trade it brought into our community.

Sarah E Woof

COWGILL CHURCH

We were delighted with the response to the Grand Raffle for St John's Cowgill and thank everyone who took part, especially those who so generously donated prizes.

The raffle was drawn at the Parish Harvest Supper on Saturday 6th October with the following results:-

- 1st Prize - a weekend for 2 in the Snow Hut at Dent Station - Mr Kevin McGuire
- 2nd Prize - a House sign designed and made in stone - Mr M Drury
- 3rd Prize - Bed and Breakfast for 2 at the George and Dragon, Dent - Mrs S Capstick
- 4th Prize - a family weekend camping at High Laning Camp site - Ms J

Yates

5th Prize - Pine on Hawthorne

Walking Stick - Matthew Corpe

6th Prize - £10 voucher - Ms L Trainee

7th Prize - £10 voucher - Mr & Mrs J Bolton

8th Prize - £5 voucher - Mr & Mrs Halls

9th Prize - Box of Shortbread biscuits - Mr Steve Woods

Money raised will go towards work on the organ, dry rot in some of the boards, new trestle tables, a new urn, some replastering and decorating at the back of the church and preparations for the 150th anniversary of the church next year.

*Janice Moorby and Rita Corpe
Churchwardens*

SEDBERGH SCHOOL

In October, Sedbergh Design Department become the first school to be accepted as a member of the British Jewellers Association. The British Jewellers' Association is the national trade association which promotes and protects the growth and prosperity of UK jewellery and silverware industry. Formed in 1887, the BJA has over 1000 member companies ranging across bullion suppliers, casting houses, gem dealers, designers, silversmiths, craftsmen, and equipment suppliers. Sedbergh as the leading Design Department in the North will be working with the BJA on projects to promote careers in the Jewellery and Silversmithing industry to young people across the country.

Amy Grace

COMMUNITY OFFICER

Over the past month in the Sedbergh area, there have been a number of reports of theft of metal gates, please be vigilant and report anything suspicious to the Police.

If you would like to join Cumbria Community Messaging then please contact us or visit www.cumbriacommunitymessaging.co.uk. It is managed by the Cumbria Neighbourhood Watch Association and offers you and other members of communities across Cumbria the means to receive crime information from Cumbria Police. You can select which information you wish to receive by managing your own settings, and it is completely FREE. Anyone can join, you do not have to be a member of Neighbourhood Watch (NHW), or become a member of NHW to join. You can join as an individual or as a group. So, if you want to receive information but do not wish to be responsible for a larger group, you are still welcome to make use of this messaging system. As well as Cumbria Constabulary the partners providing information are Cumbria

The People's Hall
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For availability and bookings –
Sedbergh Office Services ☎ **015396 20788**
www.peopleshall.org

County Council, Cumbria Fire and Rescue Service and Cumbria Neighbourhood Watch Association.

October sees the arrival of a new CSO to our area who will be replacing CSO Thomas who left earlier this year. CSO 5244 Mandy Coleman has been working Kendal Town for the last 5 years and is looking forward to getting to know the community of Sedbergh and Kirkby Lonsdale and working alongside CSO 5206 Dakin.

You can also follow us on facebook and twitter www.facebook.com/cumbriapolice and www.twitter.com/cumbriapolice

To suggest future community priorities please feel free to attend our monthly drop ins or please feel free to contact us on 101 or email us on karen.dakin@cumbria.police.uk Or Amanda.coleman@cumbria.police.uk or alternatively you can speak to us during our regular drop in surgery at Sedbergh Library on the 3rd Saturday of each month between 10:30 and 12:00 and Dent stores on the first Tuesday of each month from 12:00-13:00.

CSO 5206 Karen Dakin CSO 5244 Mandy Coleman.

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BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0740 (C)	0817	M - F	564	GPS	0825	0858	M - F	564	GPS
0938 (H)	1010	M - F	564	W	1030 (H)	1058	M - F	564	W
1002 (C, H)	1044	M - S	564	GPS	1055 (C)	1128	M - S	564	GPS
1015 (L, H)	1045	Wed	564B	W	1300 (H)	1330 (L)	Wed	564B	W
1050 (L)	1125	Sat	564A	KLC	1330 (H)	1358	M - F	564	W
1238 (H)	1310	M - F	564	W	1405 (C, H)	1443	M - S	564	GPS
1310 (C)	1347	M - S	564	GPS	1425 (H)	1500 (L)	Sat	564A	KLC
1545	1620	M - S	564	GPS	1625 (C)	1658	M - S	564	GPS
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
0858	0932	M - F	564	GPS	0705	0740	M - F	564	GPS
1128	1202	M - S	564	GPS	0935	1002	M - S	564	GPS
1443	1505	M - S	564	GPS	1235	1310	M - S	564	GPS
1658	1732	M - S	564	GPS	1510	1545	M - S	564	GPS
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent Station to Dent				
0825	0840	Sat	564A	KLC	0950 CG	1000	Wed	548B	W
1330	1345	Wed	564B	W	0910	0925	Sat	564A	KLC
1500	1515	Sat	564A	KLC	1020	1035	Sat	564A	KLC
Dent to Dent Station					Dent to Sedbergh				
0840	0855	Sat	564A	KLC	1000	1015	Wed	548B	W
0950	1005	Sat	564A	KLC	1035	1050 (L)	Sat	564A	KLC
1345	1355 CG	Wed	564B	W	1635	1650	Sat	564A	KLC
1515	1530	Sat	564A	KLC	Last Update: November 2012				
1605	1620	Sat	564A	KLC					

L = Sedbergh Library	H = Via Westmorland General Hospital (Request Only)
C = Via Kendal College	CG = Cowgill
W = Woof's of Sedbergh	KLC = Kirkby Lonsdale Coach Hire
GPS = Grand Prix	

Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.

All times from Sedbergh are from and to Thorns Bank unless stated (L)

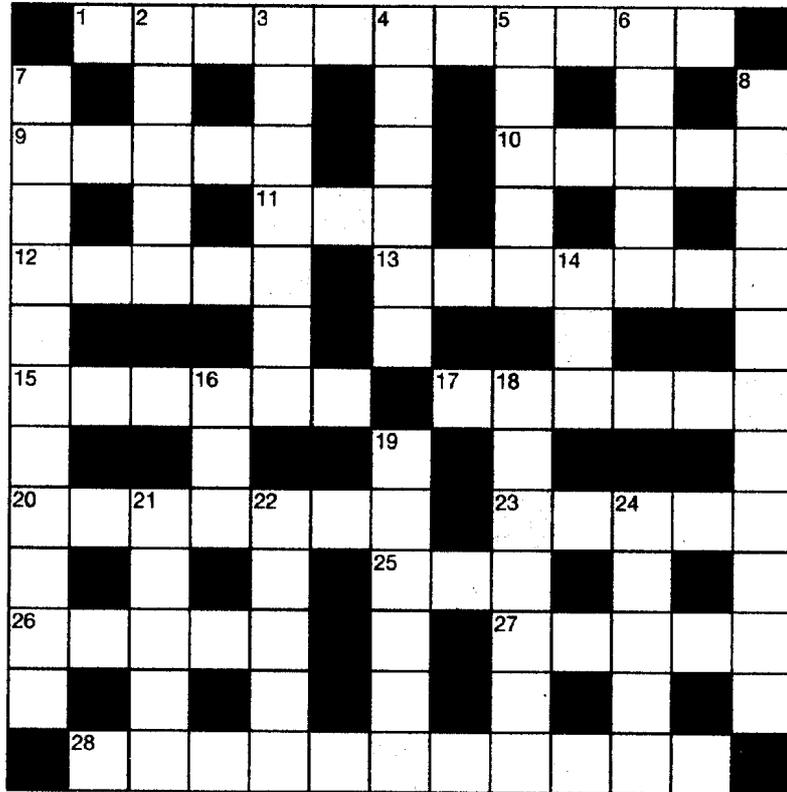
For Comprehensive up-to-date information ring :-
Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

Organisation	Update	Contact	Tel:	015396
Allotments Association (Dent)	08/09	Mr Smith	Dent:	25688
Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beekeepers Association (S & D)	01/09	Mrs Whitton	015242	72004
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)	01/09	Mr Hinson	Sed:	20118
Caving Club (Kendal)	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/10	Mr Chapple	Sed:	22045
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	01/09	Mr Beck	Sed:	20336
Cricket Club (Dent)	01/09	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	01/09	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	09/10	Mrs Sugden	Dent:	25303
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School (Friends of)	01/09	Mr Hartley	Dent:	25317
Dog Training (Sedbergh)	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre *	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders (Dent)	01/09	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	01/09	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	04/10	Mrs Usher	07837	978626
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Garsdale Ladies Group	09/08	Mrs Ramsbottom	Sed:	21013
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Schoolroom	01/09	Mrs Stainton	Sed:	20665
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050

Kent Lune Trefoil Guild	01/09	Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union *	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council (Dent)	07/12	Mr Stephenson	Sed:	21487
Parish Council (Garsdale)	01/09	Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club (Sedbergh)	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground (Sedbergh)	10/09	Mrs Rice	Sed:	22100
Playgroup (Sedbergh)	01/09	Mrs Gunning	Sed:	20226
Playing Field (Sedbergh)	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group (Sedbergh)	02/09	Mrs Foott	Dent:	25453
Residents Association (S & D)	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland *	12/09	Mrs Levitt	Dent:	25162
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Slimming Club	01/09	Mrs Uttley	01539	722568
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)	02/11	Mrs Smith	Dent:	25688
Women's Institute (Howgill)	01/09	Mrs Hoggarth	01539	824683
Women's Institute (Killington)	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute (Sedbergh)	12/10	Mrs Ramsden	Sed:	20828
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	08/12	Ms Gardner	Sed:	20570

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office



ACROSS

- 1 Instructive (11)
- 9 Cheerless (5)
- 10 Commenced (5)
- 11 First woman (3)
- 12 Gather bit by bit (5)
- 13 Coloniser (7)
- 15 Lump of gold ore (6)
- 17 Dreaded (6)
- 20 Passage, crossing (7)
- 23 Religious book (5)
- 25 Traditional cooker (3)
- 26 All-night watch (5)
- 27 Bird's perch (5)
- 28 Style of embroidery (11)

DOWN

- 2 Funeral song (5)
- 3 Very hot, ground red pepper (7)
- 4 Beat grain (6)
- 5 Planet's path (5)
- 6 Divine messenger (5)
- 7 Creative (11)
- 8 Items needed for cooking (11)
- 14 Beverage (3)
- 16 Snare, trap (3)
- 18 Trade ban (7)
- 19 Sculpted work (6)
- 21 Fish with rod and line (5)
- 22 Cold meal (5)
- 24 Colour (5)

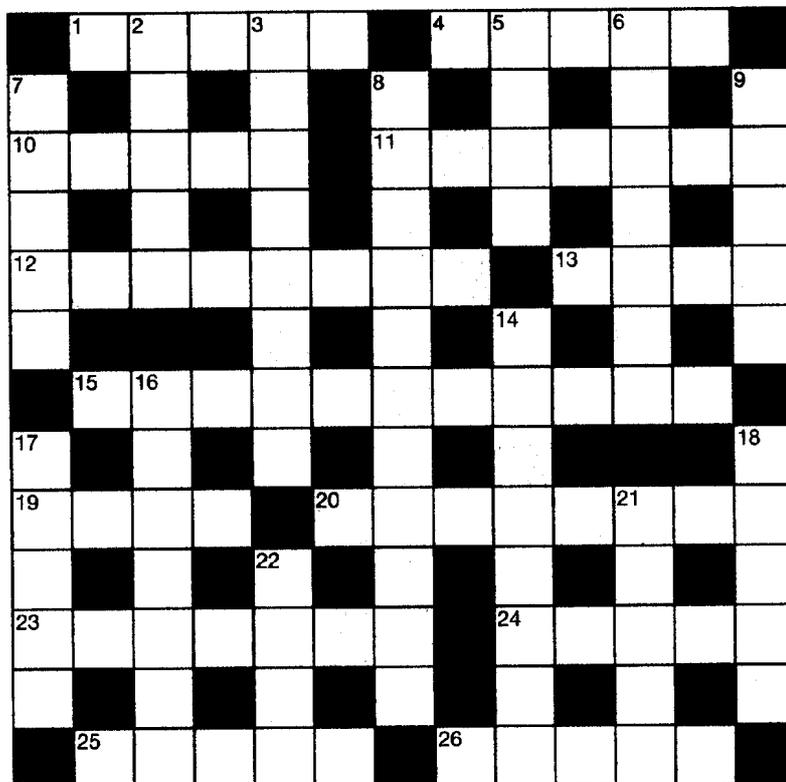
A B C D E F G H I J K L M

10	19	5	18	15		3	23	6	26	9	23	20	14	20
26		11		23		24		17		11			26	
3	26	18	21	20	14	26	6	4		8	4	4	9	20
		10			26			4		8			23	
18	3	4		7	23	3		8	17	19	2	26	10	10
24		11		3		11			26			9		4
9	23	20	20	23	20	20	23	22	22	23		4		21
22			15			14		11				17		
17	4	7	4	17	4	4		18	16	26	17	23	5	26
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20	13	11	26	3			2			20	15	26	8	19
20		5		26	25	4	5	6	4		4			20
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	17			4	14	18		17	24	2			17	
1	23	10	10			15	11	9		14	24	14	4	8

N O P Q R S T U V W X Y Z

REFERENCE GRID

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
T			R									A



ACROSS

- 1 A group of monkeys (5)
- 4 Musical instrument (5)
- 10 Fail to use properly (5)
- 11 Search through, ransack (7)
- 12 Dawn (8)
- 13 Next (4)
- 15 Pseudonym of David
Cornwell (4, 2, 5)
- 19 Go by (4)
- 20 Group of destroyers (8)
- 23 Jewellery item (7)
- 24 Burn with hot liquid (5)
- 25 Bait, lure (5)
- 26 America's 43rd state (5)

DOWN

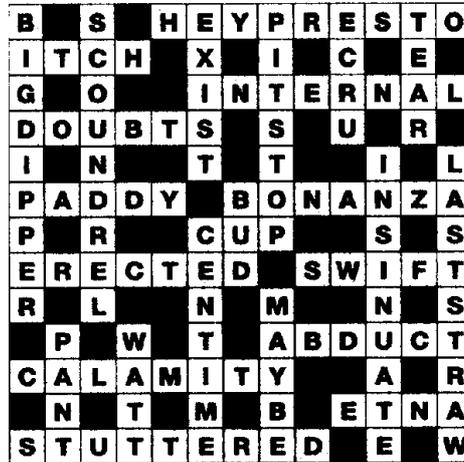
- 2 Hazardous (5)
- 3 Well-trained (8)
- 5 US television award (4)
- 6 Cured hide (7)
- 7 Type of turnip (5)
- 8 Study of ancient remains (11)
- 9 Party (5)
- 14 Christened (8)
- 16 See (7)
- 17 Tip over (5)
- 18 Father (5)
- 21 Dog's lead (5)
- 22 Dole cheque (4)

PLACES OF INTEREST TO VISIT IN THE AREA

- Bruce Loch, Busk Lane
- Cautley Spout, A683 towards Kirkby Stephen
- Community Office, 72 Main Street
- Cumbria Wildlife Trust, Community Office
- Dent Heritage Centre, Laning, Dent *
- Farfield Mill, A684 Garsdale Road *
Free to LA10 Residents on Sundays
- Friends Quaker Meeting House, Brigflatts.
- George Fox's Quaker Pulpit, Firbank
- History Society, Community Office
- Holme Working Farm, Middleton *
- Holy Trinity Church, Howgill
- Jubilee Wood, Castlehaw Lane
- Langstone Fell, A684 Garsdale Foot
- Methodist Church, New Street
- Queen's Gardens, Station Road
- St. Andrew's Church, Dent
- St. Andrew's Church, Main Street, Sedbergh
- St. Gregory's Church, Vale of Lune
- St. John's Church, Cowgill
- St John's Church, Firbank
- St. John's Church, Garsdale
- St. Mark's Church, Cautley
- Sedbergh Embroidery, StAS
- United Reformed Church, Main Street
- Information Centre, 72 Main Street
- Winder Fell, above Sedbergh
- * = Entry Fee Applicable



Weather's changed!



EDITORIAL

Over the last few months, I have made one or two errors for which I apologise. I do try to put together a perfect issue but I don't think I ever will - after all, I am human - and a man!

Out of interest, this month, I received 156 e-mails and 56 pieces of paper with information. Each one had to be dealt with. Some took minutes, some took a long time. That's on top of all the things that you don't see that happens in the Office, so if I have made an error on your contribution, I apologise in advance but please be let me know. Thank you.

Please also remember that there will be no January issue but a Full Colour Double December issue so please submit all of your items before the closing dates of 15th for Ads and 19th for text.

A big thank you to everyone for your continued support in this wonderful venture called *Lookaround*. DJW



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk	20251
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2012/12) <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2013/06) <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh LA10 5DW (2012/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2012/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360

CAMPING, CARAVANNING & SELF-CATERING

Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2012/11) <i>Self-Catering Sleeps 6-8</i>	20360
J Garner	2 Millthrop, Sedbergh LA10 5SP (2013/07) .. 01942 216058 or 07792 445257 <i>Sleeps 4; CH; CW; DW; TVL</i>	
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15

Rev. V Hopkins Tel: 21455

Church Wardens:

Tony Reed Screen 21081
 & Susan Sharrocks 20754

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### ROMAN CATHOLIC

St. Andrew's Parish Church  
 Sunday 12.00  
 Holy Days 19.30

**Rev. Dr. P. Campbell Tel: 20918**

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METHODIST CHURCH

New Street
 Sunday 10.30

Rev. J. Millard

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### UNITED REFORMED CHURCH

Main Street  
 Sunday 10.30

**Rev. C. Marsden Tel: 22030**

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SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Tess & Philip Satchell Tel: 20005

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### DENTDALE

#### CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ  
 Every 4th Sunday 1900

**Sarah Woof Tel: 25212**

*Enquiries for the following services,  
 please ring the relevant telephone number*

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CHURCH OF ENGLAND

Cautley & Garsdale

Rev. V Hopkins Tel: 21455

Church Wardens:

Cautley: Judith Bush 20058 & Linda Hopkins 21455

Garsdale: Mary Grant 20573 & Bill Mawdsley 20723

Firbank; Howgill & Killington

Dent & Cowgill

Rev. P. Boyles Tel: 25226

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### METHODIST CHURCH

Dent; Dent Foot;  
 Cautley; Fell End;  
 Garsdale Street; Garsdale Low Smithy;  
 Hawes Junction & Frostraw

**Rev. J. Millard 20329**

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SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 20588 or 20503

www.sedberghchristiancentre.co.uk

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**worship@peopleshall**

10:30 am Sunday

**Beth & Sandy Roy Tel: 20785**

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CAFÉ CHURCH

7:00pm every first Sunday
 Duo Café & Bistro, Main Street, Sedbergh

Tina Woof 01524 730259

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### UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

**Rev. G. Jones Tel: 01539 722079**

## Lookaround Advertising Rates

|                      |   |        |
|----------------------|---|--------|
| Single Column x 1"   | = | £7.50  |
| Single Column x 2"   | = | £10.00 |
| Single Column x 3"   | = | £12.50 |
| Single Column x 4"   | = | £15.00 |
| Double Column x 2"   | = | £15.00 |
| Double Column x 3"   | = | £20.00 |
| Double Column x 4"   | = | £25.00 |
| B & B and Camp-sites | = | £2.00  |
| Personal & Small Ads | = | £1.00  |
| Postal per month     | = | £2.00  |
| Postal Overseas      | = | £4.00  |

All enquiries to  
 13 Kings Yard, Sedbergh LA10 5BJ  
 Adverts by 15th of every month.  
*Can all adverts please be  
 accompanied with the correct money  
 at the time of submission.*  
 Articles etc. by 19th of every month  
*Last Price Update August 1999.*

## DIARY OF EVENTS

*Dates are held up to 7th December 2013*

|                                                       |            |  |                                              |                   |
|-------------------------------------------------------|------------|--|----------------------------------------------|-------------------|
| Entries marked (*) see Advert in previous Lookaround. |            |  | 23 1830 Promise Auction (23)                 | G&D               |
| <b>NOVEMBER</b>                                       |            |  | 23 1900 Ceilidh (23)                         | PH                |
| 1 1000 Waterfalls at Night Exhibition till 21/11      | DCMH       |  | 23 1900 HS Annual Dinner (7)                 | Thorns Hall       |
| 1 1930 WIH Mountain Rescue Experiences                | HVH        |  | 24 HH Road Race (24)                         | Ravenstonedale    |
| 2 1830 FC Bonfire Night & Skittles Party              | FCH        |  | 24 1430 SS Rugby v Loretto School            | SS                |
| 4 1100 Cooking Autumn Soup                            | DCMH       |  | 25 1900 Dentdale Christian Fellowship (35)   | Rhumes            |
| 4 2030 Barbon Inn Quiz Night (6)                      | BI         |  | 26 Scouts Post Commences (26)                | Sedbergh          |
| 6 1400 Carers Support Drop-In (6)                     | URCR       |  | 28 1000 Coffee Morning - Killington Church   | URCR              |
| 6 1900 Aglow KL                                       | CLI        |  | 28 1800 Christmas Extravaganza (28)          | Country Harvest   |
| 7 1000 Coffee Morning - British Legion (7)            | URCR       |  | 28 1930 Lighthouse on Shivering Sands        | DCMH              |
| 7 1430 Cream Tea Afternoon                            | Bull       |  | 28 1930 Dentdale Indoor Bowling (22)         | DMH               |
| 7 1930 HS Packhorse Ways & Days (7)                   | DMH        |  | 29 1930 Sedbergh Parish Council              | PH                |
| 8 1200 Lunch Club                                     | Red Lion   |  | 30 St Andrew's Day                           |                   |
| 9 1900 DPS Domino Drive                               | DMH        |  | 30 1700 Settlebeck Christmas Fair (30)       | SSAT              |
| 10 1930 Flicks in the Fells - Dambusters              | PH         |  | 30 1930 Gladly Solemn Choir & Band (16)      | DMH               |
| 11 1000 Remembrance Sunday                            |            |  | <b>DECEMBER</b>                              |                   |
| 11 1930 Town Band Remembrance Concert (11)            | URCR       |  | 1 1000 Scouts Coffee Morning (26)            | URCR              |
| 13 1400 WIK AGM + Desert Island Discs                 | PH         |  | 1 1000 Christmas Fun Day                     | DCMH              |
| 13 1930 FC Domino Drive                               | FCH        |  | 1 1000 Carols Workshop (16)                  | DMC               |
| 14 1000 Coffee Morning - Bowling Club                 | URCR       |  | 1 1030 Dent Christmas Market (32)            | StAD              |
| 14 1430 SS Rugby v Ermysteads GS                      | SS         |  | 1 1900 Carols Ceilidh & Festive Meal (16)    | DMH               |
| 14 1915 WID AGM                                       | DMH        |  | 1 1930 Flicks in the Fells                   | PH                |
| 14 1930 WIS AGM & Jacobs Join                         | PH         |  | 2 1000 Carols Workshop (16)                  | DMC               |
| 14 1900 Windfarm Public Meeting (14)                  | PH         |  | 2 1600 DPS Christmas Fair (34)               | DMH               |
| 14 1930 CWT Isle of Cinder & Green                    | SSAT       |  | 2 1900 Café Church & C. Fellowship (25) (35) | Duo               |
| 15 Police Elections                                   |            |  | 2 2030 Barbon Inn Quiz Night (6)             | BI                |
| 15 1230 Health Centre Closed for Training (11)        |            |  | 3 Town Band                                  | StAS              |
| 15 1700 Tea Concert (15)                              | SSTC       |  | 4 WIK Christmas Lunch                        | TBA               |
| 16 1930 WIH Domino Drive                              | HVH        |  | 4 1900 Aglow KL                              | CLI               |
| 16 1930 Baghdaddies (15)                              | PH         |  | 4 1945 Town Band Christmas Concert (36)      | StAS              |
| 16 1930 Travellers in the Turnpike age                | DCMH       |  | 5 1000 Coffee Morning - Chamber of Trade     | URCR              |
| 17 1000 Free Entry to Farfield Mill (18)              | FM         |  | 5 1430 SS Rugby v Millfield School           | SS                |
| 17 1000 West Gallery Carol Workshop (16)              | PH         |  | 5 1430 Cream Tea Afternoon                   | Bull              |
| 17 1000 Christmas Coffee Morning                      | StJCC      |  | 5 Eve Late Night Shopping                    | Sedbergh          |
| 17 1000 Christmas Fair (17)                           | StAS       |  | 5 1930 HS The History of your House          | SSAT              |
| 17 1415 SS Rugby v Kirkham GS                         | SS         |  | 6 1930 WIH Party                             | TBA               |
| 18 1000 Free Entry to Farfield Mill (18)              | FM         |  | 8 1930 Flicks in the Fells                   | PH                |
| 19 1900 Chamber of Trade                              | L          |  | 11 1930 Domino Drive & Mince Pies            | FCH               |
| 20 1000 Christmas Pudding Making                      | DCMH       |  | 12 1000 Coffee Morning - Garsdale Church     | URCR              |
| 20 1200 SASL Christmas Lunch                          | Barbon Inn |  | 12 WID Christmas Party                       | TBA               |
| 21 1000 Coffee Morning - "The Bells"                  | URCR       |  | 12 WIS Christmas Dinner                      | TBA               |
| 21 1000 Waterfalls at Night Exhibition ends           | DCMH       |  | 12 Town Band Xmas Concert                    | Ravenstonedale Ch |
| 21 1430 SS Rugby Home Games                           | SS         |  | 13 1200 Lunch Club                           | Red Lion          |
| 21 1930 HS Recent Excavations (7)                     | SSAT       |  | 13 Peppercorn Concert                        | PH                |
| 21 1930 Dentdale Indoor Bowling (22)                  | DMH        |  |                                              |                   |

*The S & D Lookaround is edited, published & distributed monthly by  
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The content of The Lookaround does not reflect the views of the Editors.  
Whilst every effort is made to ensure that information is correct, the Editors cannot  
accept any responsibility for any inconvenience caused through errors or omissions.  
Copies are available from Sedbergh Office Services,  
Green Door, Premier, Howgills Bakery, Post Office and Dent Stores.*

**COVER PICTURE**  
**People's Hall & Field**  
**Location of Annual Bonfire Night**  
*By Stuart Manger*

|    |      |                                     |          |
|----|------|-------------------------------------|----------|
| 14 | 1900 | Christmas Domino Drive & Pie & Peas | KVH      |
| 15 | 1400 | Messy Church                        | SMC      |
| 19 | 1000 | Coffee Morning - Town Band          | URCR     |
| 19 | 1930 | Dentdale Indoor Bowling (A)         | DMH      |
| 19 | 1930 | Young Farmers Club Domino Drive     | PH       |
| 20 | 1930 | Christmas Domino Drive              | HVH      |
| 21 |      | Scouts Post Ends                    | Sedbergh |
| 25 |      | Christmas Day                       |          |
| 26 |      | Boxing Day                          |          |
| 28 | 1430 | Yorkshire Christmas Carol           | DCMH     |

**Regular Events/Meetings**

|      |                              |                                  |         |
|------|------------------------------|----------------------------------|---------|
| 1000 | Every Monday                 | Free Entry to Locals             | FM      |
| 1000 | Every Monday                 | Wild Goose Qigong                | URCR    |
| 1200 | Every Monday                 | The Monday Club                  | SMCR    |
| 1930 | 1st Monday                   | Dent Parish Council              | DMH     |
| 1900 | 3rd Monday                   | Chamber of Trade                 | Library |
| 0930 | Every Tuesday term time only | Casterton Baby and toddler Group | CS      |
| 1300 | Every Tuesday                | Knit & Natter                    | FM      |
| 1930 | Every Tuesday                | Bridge Club                      | WHC     |
| 1930 | Every Tuesday                | T'ai Chi                         | URCR    |
| 1400 | 1st Tuesday                  | SL Carers Association            | CO      |
| 1400 | 2nd Tuesday                  | Killington WI                    | PH      |
| 1400 | 3rd Tuesday                  | Sight Advice Group               | PH      |
| 1930 | 3rd Tuesday                  | Ladies NFU                       | PH      |
| 1000 | Every Wednesday              | Coffee Morning                   | URCR    |
| 1300 | Every Wednesday              | Art Society                      | PH      |
| 1315 | Every Wednesday              | Zebras                           | SMCR    |
| 1730 | Every Wednesday              | Sedbergh Juniors                 | PH      |
| 1730 | Every Wednesday              | Brownies (term time)             | SMCR    |
| 1930 | Every Wednesday              | Sedbergh Seniors                 | PH      |
| 1930 | 1st & 3rd Wednesday          | History Society                  | SHS     |
| 1915 | 2nd Wednesday                | Dentdale WI                      | DMH     |
| 1930 | 2nd Wednesday                | Sedbergh WI                      | PH      |
| 1400 | 1st & 3rd Thursday           | Child Health/Baby Club           | PH      |
| 1430 | 1st Thursday                 | Toy Library                      | PH      |
| 1930 | 1st Thursday                 | Howgill WI                       | FCH     |
| 1200 | 2nd Thursday                 | Lunch Club                       | Red     |
| 1915 | 2nd Thursday                 | Royal British Legion             | WHC     |
| 1500 | Last Thursday                | Cream Teas                       | Varied  |
| 1930 | Last Thursday                | Sed. Parish Council              | PH      |
| 1330 | Every Friday                 | Dent Over 60's                   | DMH     |
| 1400 | 1st Friday                   | Age UK Dentdale Club             | DMH     |
| 1930 | Closed for summer            | Monkey House Café                | Library |

**2013**

**JANUARY**

|    |      |                                        |        |
|----|------|----------------------------------------|--------|
| 2  | 1930 | Dentdale Indoor Bowling (A)            | DMH    |
| 5  | 1930 | Flicks in the Fells                    | PH     |
| 6  | 2030 | Barbon Inn Quiz Night (6)              | BI     |
| 8  | 1930 | Domino Drive                           | FCH    |
| 15 | 1230 | Health Centre Closed for Training (47) |        |
| 16 | 1930 | HS Kosovo Journeys in Time             | SSAT   |
| 23 | 1930 | CWT From Paradise to Pirates           | SSAT   |
| 27 | 1900 | Dentdale Christian Fellowship (A)      | Rhumes |

**FEBRUARY**

|    |      |                                        |      |
|----|------|----------------------------------------|------|
| 2  | 1930 | Flicks in the Fells                    | PH   |
| 6  | 1930 | HS Schools, Children & Work            | SSAT |
| 12 | 1930 | Domino Drive                           | FCH  |
| 20 | 1230 | Health Centre Closed for Training (47) |      |
| 20 | 1930 | HS Killington through the ages         | SSAT |
| 25 | 1930 | FCH AGM                                | FCH  |
| 27 | 1930 | CWT Go Reds! (Squirrels)               | SSAT |

**MARCH**

|   |      |                                      |      |
|---|------|--------------------------------------|------|
| 6 | 1930 | HS Diary of Thomas Fenwick Esq       | SSAT |
| 7 | 1930 | Spar Wars 'Azda Empire Strikes Back' | PH   |

**DIARY KEY**

|        |                                        |
|--------|----------------------------------------|
| BF     | = Brigflatts                           |
| BI     | = Barbon Inn                           |
| BVH    | = Barbon Village Hall                  |
| CDC    | = Community Development Centre         |
| CO     | = Community Office, Main Street        |
| CTiS   | = Churches Together in Sedbergh        |
| CWT    | = Cumbria Wildlife Trust               |
| DCMH   | = Dales Countryside Museum, Hawes      |
| DCP    | = Dent Car Park                        |
| DMH    | = Dent Memorial Hall                   |
| DMC/S  | = Dent Methodist Chapel/Schoolroom     |
| FCH    | = Firbank Church Hall                  |
| FM     | = Fairfield Mill                       |
| G&D    | = George & Dragon, Dent                |
| GVH    | = Garsdale Village Hall                |
| HC     | = Health Centre                        |
| HS     | = History Society                      |
| HVH    | = Howgill Village Hall                 |
| JLCP   | = Joss Lane Car Park                   |
| KVH    | = Killington Village Hall              |
| L      | = Library, Main Street                 |
| LHCP   | = Loftus Hill Car Park                 |
| PH     | = People's Hall                        |
| SASL   | = Sight Advice South Lakeland          |
| SMC(R) | = Sed. Methodist Church (Room)         |
| StAS/D | = St Andrew's Church, Sedbergh/Dent    |
| StJCC  | = St John's Church, Cowgill            |
| SSTC   | = Sedbergh School Thornley Centre      |
| SSAT   | = Settlebeck School Academy Trust      |
| STO    | = Sedbergh Tourist Office, Main Street |
| URC(R) | = United Reformed Church (Rooms)       |
| WID    | = Women's Institute, Dentdale          |
| WIH    | = Women's Institute, Howgill           |
| WIK    | = Women's Institute, Killington        |
| WIS    | = Women's Institute, Sedbergh          |

## PUBLIC INFORMATION

### Sedbergh Medical Practice

01539 718191

01539 718191 (Option 1) 24hr Prescription line

### Surgery and Dispensary Opening Hours

**Monday – Friday 8am – 6.30pm**  
(Doors open at 8.15am)

### Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am  
(No appointment necessary)  
Late Morning – 10.30am -12.30pm  
(By appointment only)  
Afternoon – 2.30pm – 6pm  
(By appointment only)

**Dent surgery by appointment only - Monday**

**Evening surgery by appointment only –  
Monday/Tuesday & Thursday evening**

### Practice Nurses Clinics

Monday – Friday – 8.30am -6pm  
(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday  
afternoons (By appointment only)  
Dressings Clinic – Friday afternoons  
(By appointment only)

### Blood clinic

Monday – Thursday – 8.20am – 12pm  
(By appointment only)

**Please telephone the surgery to make  
appointments for all the above clinics.**

See our website [www.sedberghmp.nhs.uk](http://www.sedberghmp.nhs.uk)  
for further details

**When we are closed please contact CHOC  
03000 247 247 or 999 if appropriate.**

### Collinge Optometrist

Friday only  
0900 to 1300 by appointment only.

### **DENTAL SURGERY**

Finkle Street 20626  
Mr I R Dawson & Mr B Houghton  
Monday to Thursday 0900 - 1700  
Friday 0830 - 1400  
Saturday \*

### **SEDBERGH LIBRARY** Main Street 20186

Monday 1700 - 1900  
Wednesday 1000 - 1230 1400 - 1700  
Friday 1400 - 1700  
Saturday 1000 - 1230

### **DENT LIBRARY** Main Street 01539 713520

Tuesday 0900 - 1900  
Saturday 0900 - 1400

### **SEDBERGH TOURIST OFFICE**

Main Street 20125  
Open every day 1000 - 1700  
[www.sedbergh.org.uk/booktown/dlbc.html](http://www.sedbergh.org.uk/booktown/dlbc.html)

### **COMMUNITY OFFICE** 20504

Monday to Friday 1000 to 1600  
Thursday 1000 to 1300  
e-mail: [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)  
[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### **RURAL CITIZENS ADVICE BUREAU**

Kendal Office  
01539 738772  
[www.cabsouthlakeland.org.uk/kendal.html](http://www.cabsouthlakeland.org.uk/kendal.html)

### **PENSION SERVICE SURGERY**

Stricklandgate House every Tuesday 1400 - 1600  
01539 795000 or 0845 6060265

### **Age UK SL @ Community Office**

1st Wednesday every month  
10 am to 12 noon  
01539 742627

### **COMMUNITY DEVELOPMENT CENTRE**

Settlebeck Cottage Tel: 21031  
[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

### **POLICE**

101 or 999

### **PUBLIC TOILETS**

Main Street, Sedbergh  
Main Street, Dent

### **VETERINARY SURGERY**

14 Long Lane  
015396 20335 (including emergencies)  
Mr N. Preston & Mr J. Bramley  
Dispensary Monday to Friday 0900 - 1300  
1400 - 1700  
Consultations Monday to Friday 0900 - 1000 \*  
1400 - 1500 \*

Other times by appointment only \*

**MARKET DAY** WEDNESDAY

**HALF-DAY CLOSING** THURSDAY