

Sedbergh & District

# LOOKAROUND

February 2014

Issue 318

Donation £1

A very Healthy and Happy New Year to everyone and thank you for the continued support.

Please continue to support local businesses and events. Help them to

help you. Please also mention Lookaround if you shop there, attend any of the events or use any advertiser that appear in our pages.

*Dennis & Jacky Whicker*

## Calendar Girls by Tim Firth

based on the Miramax motion picture screenplay by Juliette Towhidi & Tim Firth

at the

**People's Hall, Sedbergh  
on 13th, 14th & 15th February**

**Tickets £10** – available from Sedbergh TIC or on the door

and at

**Staveley Village Hall  
on 20th, 21st & 22nd February**

**Tickets £10** – tel. 015395 61076, email: staveleyrht@btinternet.com

**All performances start at 7.30pm**

a joint  
production by

**Spellbound  
Theatre**

and  
**Staveley  
Roundhouse**

A proportion of the Performing Licensing fees will be donated  
to Leukæmia & Lymphoma Research

This amateur performance of "Calendar Girls" is presented by  
special arrangement with SAMUEL FRENCH, LTD

**CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th**

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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# FEBRUARY BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-  
Nurgul Sen who is 11 years old on 9th February.

Please collect your vouchers from  
*Sedbergh Office Services*  
13 Kings Yard, Main Street,  
Sedbergh  
which can be used in any shop in  
**Sedbergh & Dent.**



Day	Name	Age
2	Amy JOHNSON	8
7	Lois LONGLANDS	3
7	Bethany COUSINS	11
9	Nurgul SEN	11
9	Zak BAINES	11
11	Hannah KITCHEN	10
12	Daniel HALL	8
13	Charlie SMITH	2
14	Evie DEAN	6
19	Chloe COWIN	10
20	Kristian PRATT	5
20	Isabella HUBBARD	7
22	Grace Louise HODGSON	5
23	Evie HAYGARTH	2
28	George SMITH	4
	<b>Nonagenarian &amp; Over</b>	



## Sedbergh Life Calendar 2014

*Now in stock at the*  
Sedbergh Information & Community Office  
72 Main Street, Sedbergh

please do come in and have a look.  
Many photographs of local events (you may spot yourself!) with all profits going back into the Centre, priced at just £4.99 it will make a great addition to your home for next year.

Regular Events/Meetings				PLACES OF INTEREST TO VISIT IN THE AREA
1000	Every Sunday	Free Entry to Locals	FM	
1000	Every Monday	Wild Goose Qigong	URCR	Bruce Loch, Busk Lane
1330	Every Monday	Knit 'N' Natter	DHC	Cautley Spout, A683 towards Kirkby Stephen
1930	1st Monday	Dent Parish Council	DMH	Community Office, 72 Main Street
1900	3rd Monday	Chamber of Trade	PH	Cumbria Wildlife Trust, Community Office
0930	Every Tuesday term time only	Casterton Baby and toddler Group	CS	Dent Heritage Centre, Laning, Dent *
1300	Every Tuesday	Howgill Toddlers	HVH	Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
1300	Every Tuesday	Knit & Natter	FM	Friends Quaker Meeting House, Brigflatts.
1830	Every Tuesday	Cub Scouts	SHQ	George Fox's Quaker Pulpit, Firbank
1930	Every Tuesday	Bridge Club	WHC	Golf Club, Catholes, Sedbergh *
1930	Every Tuesday	T'ai Chi	URCR	History Society, Community Office
1400	2nd Tuesday	Killington WI	PH	Holme Working Farm, Middleton *
1400	3rd Tuesday	Sight Advice Group	PH	Holy Trinity Church, Howgill
1930	3rd Tuesday	Ladies NFU	PH	Jubilee Wood, Castlehaw Lane
1000	Every Wednesday	Coffee Morning	URCR	Langstone Fell, A684 Garsdale Foot
1315	Every Wednesday	Art Society	URCR	Methodist Church, New Street
1315	Every Wednesday	Zebras	SMCR	Queen's Gardens, Station Road
1730	Every Wednesday	Sedbergh Juniors	PH	St. Andrew's Church, Dent
1730	Every Wednesday	Brownies (term time)	SMCR	St. Andrew's Church, Main Street, Sedbergh
1930	Every Wednesday	Sedbergh Seniors	PH	St. Gregory's Church, Vale of Lune
1930	1st & 3rd Wednesday	History Society	SHS	St. John's Church, Cowgill
1915	2nd Wednesday	Dentdale WI	DMH	St John's Church, Firbank
1930	2nd Wednesday	Sedbergh WI	PH	St. John's Church, Garsdale
1400	3rd Wednesday	Age UK South Lakes	Library	St. Mark's Church, Cautley
1400	1st & 3rd Thursday	Child Health/Baby Club	PH	Sedbergh Embroidery, StAS
1430	1st Thursday	Toy Library	PH	United Reformed Church, Main Street
1930	1st Thursday	Howgill WI	FCH	Information Centre, 72 Main Street
1200	2nd Thursday	Lunch Club	Red	Winder Fell, above Sedbergh
1915	2nd Thursday	Royal British Legion	WHC	* = Entry Fee Applicable
1930	2nd Thursday	Sed. Parish Council	PH	
1330	Every Friday	Dent Over 60's	DMH	
1730	Every Friday	Beaver Scouts	SHQ	
1930	Every Friday	Scouts	SHQ	
1400	1st Friday	Age UK Dentdale Club	DMH	
<b>See Pages 82 &amp; 87 for contact details &amp; Keys</b>				

## PERSONAL & SMALL ADS £1

### ALLEN

Mellie would like to thanmk all who came to her **90th Birthday** meal at the Fat Lamb, Ravenstonedale. Also for the cards, good wishes and flowers and a special thank you for the donations amounting to £440 for the Great North Air Ambulance.

=====

### COWPERTHWAITE

**Happy 60th Birthday** Col on Wednesday 12th February. With love from Mum, Ang, Marl and Families xxx

=====

### HOOPER

Alf would like to thank relatives, friends and neighbours for their good wishes on the occasion of his **90th Birthday** and wishes you all a Happy 2014.

=====

### LONG

I would like to thank everyone for their cards, gifts and good wishes on my **99th Birthday**. Bill Long

=====

### STOKER

Postman Mike would like to thank customers and friends for cards, gifts and kind wishes on his retirement also to workmates for the good times shared over the years.

=====

### TODD/POSTLETHWAITE

**Happy 60<sup>th</sup> Birthday** to a great DAD & GRANDAD on 22<sup>nd</sup> February. Love & best wishes. Janet James Emma Angie & Leanne and Linda & Wayne. xxx



### TODD/POSTLETHWAITE

**Happy 18<sup>th</sup> Birthday** to a wonderful Daughter & Sister ANGIE on 22<sup>nd</sup> February. Love Health and happiness always. Dad, Mum Emma and Leanne. xxx

=====

### POSTLETHWAITE

**Happy 18th Birthday** to a special Granddaughter Angie on 22nd February. Love Nanna and Grandad.

=====

### POSTLETHWAITE

**Happy 18th Birthday** Angie on 22nd February. Love Gran.

=====

### POSTLETHWAITE

**Happy 18th Birthday** Angie on 22nd February. Best Wishes Linda and Wayne.

=====

### TODD

**Happy 60th Birthday** to my dear husband Thomas on 22nd February. All My Love Brenda.

## PERSONAL & SMALL ADS £1

### TODD

**Happy 60th Birthday** Thomas on 22nd February. Love Mam.

=====

### FOR SALE

Ladies size 5½ Brasher Walking Boots. Cost £100. Worn twice, like new. Leather. Fully waterproof. Will accept £50. Telephone 21229.

=====

### FOR SALE

Garden Grass Strimmer. Telescopic handle. Good condition £15. 'Spong' Wall Mounted Coffee Grinder. Nice item for kitchen wall. £20. Hoya 72mm skylight/Uv Filter. As new, in box. £10. Telephone Sedbergh 21799 or 07790-758813.

=====

### WANTED

Good Quality Tape Recorder. Please does anyone have a good quality tape recorder they could lend for recording articles and books for a partially sighted gentleman.. The present one is not good. They are difficult to find now and he finds tapes easier to manage than more modern devices. If you can help please contact Sedbergh Office Services 015396 20788.

=====

### WANTED

Greenhouse. Any condition considered. With or without glass. Telephone Sarah on Dent 25212.

=====

### DOMESTIC HELP REQUIRED

In private house. For 2 - 3 hours

each Wednesday. Must have own transport! Please ring 015396-20465.

=====

### FOR SALE

Violin - small, for young beginner. With hard case. £35. Please ring 015396 21166.

=====

### FOR SALE

Circular dining table (1.5m. diam.) and six leather dining chairs £150. Kenwood Smoothie Juicebar £10. 2 Sleepeeze 3' single beds complete with pocketed spring mattresses. £60 each or £100 the two. Triton Mk3 workcentre/saw bench, including Hitachi saw and dust extraction kit. £50. All items are in excellent condition. Sale due to house move. Tel. 21455

=====

### FOR SALE

General purpose PC for Work & Play. Much Upgraded Fast Windows 7 PC for Sale - £300 ono. Intel Quad Core CPU @ 2.4 Ghz. Ge-Force 8800 GTX Graphics. Newly re-installed Windows 7. 120 Gb SSD Boot Drive AND Two large 1Tb Data Drives. Full Microsoft Office Suite (2010) Blu-Ray & DVD-RW Drives. Windows Experience Index of 6.9 !! Also Includes: 19" LG Widescreen Monitor; Quality USB Speakers; Dell Keyboard and Mouse; Back-up media. Can deliver, setup and demo! Contact Andy McMullon for more info. Tel: 015396 20018. [andrew.mcmullon@btinternet.com](mailto:andrew.mcmullon@btinternet.com)

## **GARAGE SALE**

Household items, tools  
and other equipment

10am to 4pm

**Saturday 8th February**

Brantrigg  
Winfield Road  
Sedbergh

### **SEDBERGH & DISTRICT HISTORY SOCIETY**

The chairman welcomed members to the first meeting of 2014 on 15<sup>th</sup> January at Settlebeck School. He informed them of the success of the website, run by Neville Allen, which in the last three months had received 9412 hits. He then introduced the speaker who was giving the evening's talk.

Jeff Cowton, the Curator of the Wordsworth Trust, spoke on the subject of "Wordsworth in Cumbria". William Wordsworth, 1770-1850, lived 67 years in the Lake District. His early years were spent in Cockermouth from where he went away to school at Hawkshead Grammar School, lodging with Ann Tyson. He attended Cambridge University and then spent time in London and abroad. On his return to the Lake District he lived in Dove Cottage, Grasmere, and finally in Rydal Mount. On his death his grave in Grasmere became a place of pilgrimage for literary enthusiasts.

The majority of Jeff's talk was spent considering original documents of his

work. His sister, Dorothy, was a constant companion and helped him with his work. For instance the first account of daffodils by Ullswater appeared in her journal. It was two years later before he wrote his poem on the subject. He constantly amended his work and that was shown by this poem. When first written it had only three verses but this was later extended to four. The notes he made during his life which formed the basis of his autobiographical poem "Prelude" again show considerable alterations. Jeff also distributed examples of letters written to Coleridge to give the audience an understanding of the method of communication two hundred years ago.

After the talk Jeff answered questions and said that letters found recently showed that he had a loving relationship with his wife, Mary. The chairman thanked Jeff for his most interesting talk and said Wordsworth had connections with Sedbergh including sending two sons to Sedbergh School. *Richard Cann*

## **HOUSE FOR SALE**

Detached House, 1 Main Street, Sedbergh.  
Traditional style, stone built by Andrew Mattinson 1996.

Well insulated,  
easy to run and maintain with low utility bills.

Ground Floor: large Kitchen-diner,  
Study [or 3<sup>rd</sup> bedroom], shower room, utility room.

Upper Level: large Master bedroom,  
large single bedroom,

lounge with gas fire, family bathroom.  
Front of house flagged with York stone,  
parking for 2 cars.

**Price £285,000**

Telephone 015396-20195 after 5pm

**CLUTTERBOOKS & CLOBBER**  
**A NEW BOOKSHOP!**

As I'm sure many of you know the Charity Shop is busy as ever making good use of all your donations and raising money for local good causes.

For some time we have felt the need for more space to display and sell a greater proportion of the items we receive, so the decision has been made to open a separate book shop using the unit currently occupied by Patch & Fettle.

We look forward to taking over the new shop from 1<sup>st</sup> April and will be able to offer a much wider selection of books, music and some toys and games. A small selection of books will continue to be stocked at the existing

shop at no. 86 but we will, of course, have room to offer a wider selection of clothing and all the other goodies you so kindly donate. We would ask that all donations of items for sale including books continue to be delivered to no. 86 where we have space to process them.

We hope to open the bookshop for the same hours as the existing shop i. e. 10am – 4pm Monday to Saturday so we will need the help of more volunteers. If you have an interest in books and/or music with a little time to spare, please do get in touch, I will be very pleased to hear from you.

Thank you for all the support you have given us.

*Ellen Morrison (tel. 20209)*

**Auctioneers, Estate Agents  
& Property Managers**

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LA10 5AD

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Email [property@chriswhelan.co.uk](mailto:property@chriswhelan.co.uk)  
[www.chriswhelan.co.uk](http://www.chriswhelan.co.uk)



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### **WESTERN DALES BUS**

Since last May, the Western Dales Bus has been running the 564A service on Saturdays to connect Sedbergh and Dent with Dent Station and Kendal, and up to the end of December it had carried 1,140 passengers.

The bus is community run – all the drivers and the other people who help to keep it running are unpaid volunteers – but you can still use your bus pass on it, just like on any other timetabled bus service. Local people catch it to go shopping – it's possible to have three hours in Kendal in the middle of the day, and if you want to stay for longer, you can use your return ticket to come back to Sedbergh on a later bus. And because the bus connects with trains at Dent Station, if you want to go further afield you can have a day out in Leeds or Carlisle.

The bus also brings visitors into this area, and so in a small way it benefits the visitor economy. While some come just for a day's walk, others to come explore Sedbergh and Dent, and most of them are likely to visit a pub or a café during their visit.

As the service is run by volunteers, we are always pleased to welcome new helpers. If you'd like to become involved in any way, please contact Liz Nuttall, our Volunteer Coordinator on 015396 25571.

*Jock Cairns*  
*Chair, Western Dales Bus*  
*Tel: 015396 25655*  
*e-mail: jockcairns@btinternet.com*



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## PEOPLE'S HALL

### Redevelopment

As indicated in past Lookarounds, the Redevelopment Project ended with about £10,000 over spend. The Parish Council at its January 2014 meeting agreed to award £5,000 towards this shortfall. I announced at the meeting I would Giftaid the remainder when the retention monies became due in May. Thus the first three phases of the project are complete and paid for. Note we haven't finished work yet – just pausing for breath.



### Fundraising

The Pie'n'Peas evening on 17th January attracted 60 people to an excellent evening with the pies and peas served the Hall Committee and their helpers. *(They were very nice. Ed.)* The evening was made by the performances of the Rawthey Rhythm a quartet of great talent, who entertained with foot tapping melodies and entertaining songs. *(They were very nice too. Ed.)* The evening produced a generous contribution of over £400 to our redevelopment funds.

By the time you read this another fundraising events will have gone by. The cycling Symonds' return to the Hall on 31 January 2014 with another bicycling adventure story. Proceeds to the redevelopment. Report next month.

### Donation bricks (slips)

Many of you will have seen the donations wall with its 66 slips and

said "Oh I wanted one of those!" Well here is a second chance. We have three new offers and if we can get to 12 we can put two rows on the bottom. Information forms and donation forms are available from the Craft Workshop and Sedbergh Offices Services. Pick one up and return it with £35, £45, £55 or £65 to SOS (hopefully Giftaided) by **31st March 2014.**

The Diary and Bookings for 2015 for the People's Hall in now available in Sedbergh Officer Services including the updates Rates.

*Dr Gina Barney,  
Hon Secretary 20790*

**Settlebeck School**  
**Senior Citizens**  
**Concert**

**Tuesday 11<sup>th</sup> February**  
5.00pm – 7.00pm  
at  
Settlebeck School

Please don't wait to be invited.  
The concert is for all local senior citizens, you don't have to have grandchildren in school.  
Telephone Settlebeck on 015396 20383 to book a place.  
There is no charge for this event

Two-course meal provided  
Transport available from various pick-up points

Settlebeck School, Long Lane, Sedbergh, LA10 5AL

### **CUMBRIA WILDLIFE TRUST**

*"Romance", Courtship & Breeding in Wildlife - Valentine's Day in Nature*

There are many weird and wonderful forms of courtship in nature, just as there are in humans. Charles Darwin published his book *The Descent of Man and Selection in Relation to Sex* in 1871 which identified numerous ways in which the rich pursuit of reproduction has led to fascinating displays and anatomies amongst wildlife.

Mammals may show an aggressive form of reproductive behaviour with the autumn rut in Red Deer. This is particularly impressive starting with the vocalisation and then the very physical antler wrestling reminiscent

of some city centres later on a Saturday night. Red Squirrels, whose population seems to be slowly but surely increasing around Sedbergh, have a much more restrained form of courtship often involving one to ten males pursuing a female for the duration of the time that she is in season. Occasional vocalisation may occur and there are some reports of males displaying.

More in tune with romance is the fascinating dance displayed by Great Crested Newt males who fan their pheromones (scent) towards the female to entice her into exactly the correct position to pick up his packet of sperm which has been deposited previously. Other Cumbrian

## **Together we are stronger...**

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Whatever you do in life, you may encounter some tricky legal matters along the way - and our friendly team are ready to guide you through with their unrivalled expertise.

**Kate Seymour** is still our Sedbergh representative - please do not hesitate to contact her in the first instance on any legal matter.

**Kate.Seymour@thwlegal.co.uk**



**Kendal** 114-116 Stricklandgate  
Tel: 01539 721945

**Windermere** 25 Crescent Road  
Tel: 015394 46585

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# SEDBERGH

## SPRING SHOW 2014

# CANCELLED



amphibians join in as well such as the Natterjack toad (approx 65% of the UK population live in Cumbria) who serenades his mates with a distinctive call. Sadly the Natterjack toad is threatened with the same chytrid virus as many other amphibians worldwide.

Extremely annoying is the reproductive behaviour of many of the Diptera, the true flies, including midges both biting and non-biting. The males form swarms to attract patrolling females. Such swarms are often of immense size though smaller swarms may be around a fixed point called a swarm marker. Those of you who canoe or sail up at Killington will know that it is almost impossible to avoid breathing them in! Other Insects that attract our interest with their breeding behaviour are the Dragonflies who are often brightly coloured and while flying their mating dance appear to perform impossible aeronautics flying while linked together in a flight of love.

Another twist on the tale of romance and courtship is a potential strategy to help keep the N. American Signal

Crayfish at bay; this invasive species is threatening the native White Clawed Crayfish some of whose few remaining populations survive in Cumbrian streams. The N. American female fires up the male by spraying her urine which contains pheromones. Scientists are working at isolating the pheromones so that they can use them to disrupt natural breeding in the invasive species.

Fish don't miss out on courtship with one well known example, described by Niko Tinbergen in the 50s, being the Three Spined Stickleback. The male invests in producing a nest within his territory from which he will emerge to display with a zig zag dance in front of passing females, who may be further impressed by the intensity of his red throat coloration. He then takes on sole parental care of the eggs and larvae. A contrasting behaviour is shown by jack males in the salmonids who avoid any investment at all prior to releasing their gametes next to a pair of dominant adults.

Birds however are by far the most varied and overt subscribers to

variety being the spice of life. The elaborate courtship displays of Great Crested Grebes include pairs raising and shaking their heads and approaching each other with weed in their bills. Red Kites recently introduced into Grizedale pair for life and each spring renew their vows with the pair performing high circling displays, particularly in the early part of the day. They will often fly one behind the other, with deep, exaggerated wing-beats, followed by a vigorous chase. They may pass close together, twisting apart at the last moment, and will sometimes pass food between them. They often perform these flights above the wood they are nesting in, calling to each

*Do you love*

**B I N G O ?**

**Friday 14th February**  
is  
**BINGO NIGHT**

7pm for a 7.30pm start  
at the White Hart.

Prizes include Vouchers, Wine,  
Chocolate and more!

*This event is a fundraiser for  
Sedbergh Town Youth Band*



*Bring the one you love to the*

**CROSS KEYS  
CAUTLEY**

**015396 20284**

*For a romantic meal on*

**VALENTINES NIGHT**

*Booking essential and please remember  
to bring your own choice of wines etc*

**ROSES FOR THE LADIES AND  
A GIFT FOR THE GENTLEMEN**

other and finally dropping into the canopy. In the rather humbler Robin, the hen solicits food from the cock by uttering a sharp, monosyllabic call, by partly lowering her wings and then quivering excitedly. Her behaviour is indistinguishable from a fledgling Robin soliciting food from their parents. Occasional visitor to Cumbria, the Great Grey Shrike, shows a behaviour where the female chooses her male depending on the size of prey offered (frequently impaled on a thorn) – parallels here with taking a girlfriend out for a meal? Lekking in Black Grouse occurs at dawn in the spring and the males strut around in a traditional area and display whilst making a highly distinctive mating call.

This brief overview of romance and courtship using Cumbrian examples may, or not, suggest interesting parallels in human behaviour as St Valentine's day approaches. Our Slovenian friends in Zrece know St Valentine as the patron saint of, among other things, beekeepers so perhaps the Sedbergh Apiarists may be sending Valentine's day greetings to their hives!

*Myles Ripley*

### **SEDBERGH & DISTRICT ART SOCIETY**

Despite a delayed start the demonstration by Julie Nash on Dec 13th went very well and was much appreciated. Holidays in the Rockies and other mountainous regions inspired her imaginative composition of a snowy mountain scene with pine trees. Using 300gm paper and heavy body artists quality acrylic paints, Julie blocked in the dark mountain shape in purple on a pre-prepared ground of a lighter shade, and then built up the structure with lighter tones using a painting knife. A fan brush was used to create the tree shapes and a light snowy foreground completed the scene.



Some members welcomed new insights to using acrylics and found her home-made, light weight, stay-wet palette a useful suggestion. Julie brought copies of her book on painting animals and examples of her work, both landscapes and animals.

*M Copestake*

## **PRIVATE PERSONAL ASSISTANCE LTD**

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### **HISTORICAL SEDBERGH**

Having grown up in Sedbergh (and one day I may finish growing up) there are certain places and landmarks that have stuck very firmly in my mind. As a child I used to go and play on the People's Hall playing field and would climb on the concrete cylinders forming part of the boundary fence, wonder what they were and why the fence was made like that.

It wasn't until fairly recently that I found out. They were part of the complex plans for the defence of our country in the event of invasion during the last World War. Numbers of these cylinders were situated at strategic points on the road network and could be rolled onto the road, thus hindering vehicular movement. Thankfully they were never used and were incorporated into the postwar development on Howgill Lane, I believe some of them were also used to reinforce the central pier of New Bridge.

Another feature which I had often puzzled over is the series of shallow semi-circular depressions at the bottom of Tommy Winn's field at Castlehaw, bordering on the hedge. During childhood games I had often imagined them to be machine-gun emplacements, and I was amazed to discover that that is exactly what they were, forming part of the same defence plans.

Were it not for Elspeth Griffiths, Diane Elphick and the Sedbergh History Society archives I perhaps would never have discovered what other memories Sedbergh is hiding. Elspeth was kind enough to furnish

me with some oral history memoirs of Sedbergh residents, some of which were printed in the Lookaround back in 2005. In them Uter Potter, Jack Hill, Toy Winn and Freda Trott, along with other Sedbergh residents, reminisce about the many measures that were put in place in the area – sockets cast into Station Road to hold sections of railtrack to act as barriers, a prefabricated steel machine-gun nest in the fields behind Sedbergh School's all-weather pitch with a field of fire covering the road to Kendal, a Battle Training School at Baliol School, the Observation Post on the top of Castlehaw Tower.

I still find it hard to grasp that all this was considered necessary in such a small, out of the way place as Sedbergh, far from the front lines and from the centres of population. The more I researched Britain's Home Defence measures the more their meaning was brought home to me –

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how real the threat of invasion actually was, and all within living memory.

It saddens me that these things aren't more widely known of and preserved. Of all those that I've listed (and there are many more) all that I am aware that remain are the concrete roadblocks, the Castlehaw observer post and ditches and the remains of the shooting range at the bottom of Crook. Apparently there is less physical evidence in our country today of our defence measures for the Second World War than there is of the Roman occupation of Britain.

It saddens me even more to learn that our Parish Council and the Management Committee of the

People's Hall have been considering moving the concrete blocks from the playing field boundary, and I believe that some are apparently of the opinion that they should be disposed of completely. I feel very strongly that they are not just a part of our town's recent history, but also part of a wider heritage which should be preserved and remembered. Perhaps we could produce some sort of monument/ interpretive display of some of these artefacts, maybe a guided walk leaflet showing their locations and purpose. Sedbergh is always looking forward, always developing, but we need to remember where we've come from, in order to shape where we're going.

*Andrew Allan*

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**Mr VIVIAN SHAW**

Dear Editor

Having had time over the Christmas period to catch up with a couple of back issues of the Lookaround, I spotted the letter from Christopher Shaw and then looked back to the 2007 copy to which he referred.

I remember Mr Shaw with great affection and it would be no exaggeration to say that he enthused me with a love of poetry and drama that has stayed with me over 50 years.

My maiden name was Schonhut (my

father was the first headteacher of Settlebeck) and my parents were friendly with Mr and Mrs Shaw. I remember Elizabeth and Christopher well. I was fortunate to be in Mr Shaw's class (we had the same teacher for several years in those days) and over the next few years, before going off to QES, I benefitted from his wonderful, inspirational teaching. I remember being in the play 'The Apostle of Canterbury' as well as 'The Seven Wives of Calais'. We were all stage- struck when we performed at the People's Hall,

**Sedbergh Drama and Verse Speaking Competitions**



Pupils of Sedbergh County Primary School won the class for choral speech (under 12) at the Sedbergh Festival on Friday afternoon. The drama and verse speaking competitions took place on Thursday, Friday and Saturday.

wearing proper stage makeup! In addition to the plays, Mr Shaw was a poetry lover and we did a lot of whole class performances of poems, the most memorable being 'The Nightmail' by WH Auden which we performed for the Sedbergh festival. I can still recite it by heart! I believe that, somewhere buried among other papers, I may have a clipping from The Westmoreland Gazette of our class doing this performance. I will scan it and forward it if I can find it.

As a retired teacher myself, I am convinced of the truth that just one inspirational teacher can have enormous influence for good in an individual's life. Mr Shaw inspired his pupils and gave us confidence and a love of learning which was invaluable. He was far ahead of his time in his approach to education and in his belief in finding the potential in every pupil.

The Picture appeared in the WG on 28th March 1958 and I believe the names were:-

Back Row

Helen Schonhut; Jennifer Harper;  
Ann Collinson; Raymond Campbell?;  
Susan Waters?; Brian Waters?

Middle Row

Susan Tinker; Dilys Whitfield?; Diane Hunter?; ?????; Michael Price?

Stephen Pickles?

Front Row

Linda?; Elizabeth Shaw; Ann Scott?;  
Margaret Lazonby?; Jennifer Pratt?;  
Raymond Campbell?; Barry Pickles?;  
Michael Dawson?

*Helen Struthers*

## MIKE STOKER

Thanks Mike !

On Christmas Eve, Mike Stoker did his final round as one of our superb team of "Posties", and retire after 32 years of loyal and dedicated service to the good folk of Sedbergh and district. Thanks Mike, for being a big part of this great group of people.

Always cheerful, never short of a minute for a chat, ever watchful and caring for those on his round, Mike will be missed. Short in stature maybe, but a giant pair of boots to fill...Alex, take note!

Thanks from everyone Mike, and may you have a long, healthy and happy retirement. All the Best mate!

*ADL*

SEDBERGH & DISTRICT <b>HISTORY SOCIETY</b>
<b>Wednesday 5th February</b> <u>Lakeland Architecture</u> <u>through the Centuries</u> Illustrated talk looking at the whole range of historic buildings in the Lake District from Medieval times to the 20th Century <i>Andrew Lowe</i>
<b>Wednesday 19th February</b> <u>Treasure Trove of Memories</u> A dip into the oral history archives for Dent, Sedbergh & Garsdale <i>Anthea Boulton</i>
All meetings in Settlebeck School, start at 7:30pm unless stated.
Everyone is most welcome to attend any or all of our lectures
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## COUNCILLORS CORNER

*Cllr Evelyn*

South Lakeland District Council is urging small businesses to claim rate relief directly from the Council. Many businesses are being plagued by cold calls from companies with a view to helping them claim Small Business Rate relief – for a fee based on any savings and future savings the customer can make. And some of the callers are none too subtle. One phone pest, when I rejected her offer replied “Well I hope you are happy when HMRC doubles your business rates!” Ratepayers can avoid such charges by speaking directly to the Council on 01539 793245.

Small Business Rate relief is a

mandatory relief which can amount to 100 per cent for properties which have a rateable value of £6,000 or less. It reduces on a sliding scale for those with a rateable value of £6,001 and £12,000. Claiming is a simple matter of completing a form.

Charities and registered Community Amateur Sports Clubs are entitled to 80 per cent relief where the property is occupied wholly or mainly used for the charitable purposes of the charity (or of that and other charities) or for the purposes of the club (or of that and other clubs). The local authority has discretion to give further relief on the remaining bill.

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*Cllr Nick*

I recently attended a meeting of the Lune Rivers Trust in the People's Hall in Sedbergh with a view to forming a vision for the future of the River Lune and its catchment area. This was one of a dozen such meetings taking place up and down the Lune Valley. There were about 40 of us, representing a mixture of many interests, including landowners, fishermen, canoeists, walkers, parish and district councillors and members of other organisations such as the Environment Agency and South Cumbria Rivers Trust.

We were split up into groups and each group was asked to cover a large sheet of paper with memories of rivers from our childhood, whether this was on the Lune or on other rivers. People came up with picnics by the river, building dams, fishing for sticklebacks but interestingly, some people with urban childhoods also remembered the pollution from the past with rivers running full of chemical effluent, an important reminder of how far we have come in improving the quality of our rivers.

We were then asked to set out our vision for the future and how we might achieve that. The linking theme was habitat - we wanted more of the right species such as red squirrels,

<p><u>Starters</u></p> <p>Prawn Cocktail &amp; Marie Rose Sauce £5.50          Garlic Mushrooms (v) £4.50          Pate with Garnish, Toast &amp; Butter £4.50          Soup of the Day £4.50          Garlic Flatbread £3.75          with Cheese £4.50</p> <p><u>The Grill</u></p> <p>8oz Sirloin Steak £13.00          Mixed Grill £14.00          Bamsley Lamb Chops £12.00          Pork Chop in BBQ Sauce £10.00          8oz Gammon &amp; Pineapple £8.50          8oz Cumberland Sausage £8.50</p> <p><u>Classics</u></p> <p>Steak &amp; Kidney Ale Pie £8.50          Lasagne Verde £8.50          Vegetable Lasagne (v) £8.50          Chicken Kiev £8.50          Broccoli &amp; Cream Cheese Bake (v) £8.50          Salmon Steak with Parsley Sauce £11.00          Whitby Breaded Scampi £8.50</p> <p><u>Lighter Bites</u></p> <p>Cold Meat, Prawn or Tuna Salad £7.20          Ploughman's Lunch cheese/pate £6.50          Filled Jacket Potatoes from 4.50          Cheese &amp; Tomato Pizza £4.50</p> <p><u>Sandwiches &amp; Toasted Sandwiches</u></p> <p>Prawn with Marie Rose Sauce £5.50          Ham, Beef, Cheese &amp; Tomato; from £3.70</p>	<h1>THE HEAD AT MIDDLETON</h1>   <p>Tel: 015396 20258  <a href="http://www.middleton-head.co.uk">www.middleton-head.co.uk</a>  <a href="mailto:enquiries@middleton-head.co.uk">enquiries@middleton-head.co.uk</a></p> <h1>Menu</h1>	<p><u>Desserts</u> £4.50</p> <p><i>Served with cream, ice cream or custard</i></p> <p>Chocolate Fudge Cake          Treacle Sponge          Sticky Toffee Pudding with Butterscotch Sauce          Banoffee Cream Pie          Peach &amp; Brandy or Jamaican Pancakes          Fruit Cocktail Meringue          Cheese &amp; Biscuits</p> <p>Toffee Dream Delight Sundae £4.10          Vanilla Ice Cream £3.70</p> <p><u>Teas, Coffees &amp; Liqueurs</u></p> <p>Pot of Tea for One £2.50          Black Coffee, Espresso, Cappuccino or Latte £2.50</p> <p>Gaelic Liqueur £3.6          Laced with fine Irish whiskey,          topped with cream          Café Royale £3.6          Embodies the round mellow finish          of cognac, topped with cream          Cossack Liqueur £3.6          With the bite of vodka, topped with cream          Café Calypso £3.6          The rich smoothness of Tia Maria,          topped with cream          Highland Liqueur £3.6          Scotch whiskey, topped with cream          Café Seville £3.6          Cointreau lends a subtle fruity sweetness,          topped with cream</p> <p><u>Plus a Range of Fine Wines</u></p>
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kingfishers and otters and fewer non-native species such as mink or invasive plants such as Himalayan Balsam and Japanese Knotweed. Other people spoke up for better access whether on foot or by canoe. The fishermen wanted to see more fish return to the river. Many were concerned with the way the river seems to rise ever more quickly adding to problems of erosion - questions were asked about upland management which may contribute to faster run-off from the fells.

The River Lune is a very special river and Sedbergh is located at a very special place at the confluence of the Lune with three of its main tributaries, the Rawthey, the Clough and the Dee. It is at this point that I should make my apologies for the mistake that eagle-eyed Lookaround readers pointed out in the last issue where I mentioned the River Rawthey in Garsdale! I can only think I was mixing up the two road schemes connected with roads up the valleys - the collapsed A684 at Dandra Garth by the *River Clough* in Garsdale has now been repaired and work on the A683 beyond Cautley Spout towards Kirkby Stephen alongside the *River Rawthey* will start shortly, with the good news that a single carriageway controlled by traffic lights will allow traffic to flow in both directions during the roadworks, albeit with delays.

*Cllr Ian*

Sometimes it seems difficult to give money away! In an earlier issue of the Lookaround I explained how each District Councillor now had an annual

locality budget of £1000 available for distribution to those community based organisations which had a project requiring "seed" funding to get it off the ground. I still have £650 left in my own budget allocation which needs to be spent before the end of the financial year. This, or part of it, could be yours if you satisfy the approval criteria. I set out these criteria again below so that you can see whether or not you provisionally qualify for consideration.

1. The payment must be at least £100
2. The funding must go to a parish/ town or community group, **not** an individual business
3. The granting of the funding is a one-off and does not imply an on-going commitment by the council or have a revenue implication for the council
4. The project or activity promotes communities working together

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and does not unfairly discriminate against people from different backgrounds

5. The funding can be used by the community group during the 12 months following receipt

6. As far as the Councillor is aware, making the payment to the community group would not result in fraudulent or illegal activity

Please do not hesitate to get in touch with me if you would like to find out more and / or submit an application.

It only remains for me to wish all our readers a very peaceful and happy New Year. For politicians of whatever ilk it is likely to be a busy one as we have both District and European elections coming up in May.

As always please feel free to contact either Evelyn, Nick or myself as follows:

Evelyn Westwood:  
*email evelyn@markwestwood.co.uk*  
*Tel. 015396 20148*

Ian McPherson:  
*email ianmcperson24@hotmail.com*  
*Tel. 015396 20648*

Nick Cotton:  
*email red.pedal@virgin.net*  
*Tel. 015242 71477*

**TIM FARRON MP**

It feels like a very long time since I last wrote in Lookaround. Of course we have had Christmas and New Year since my last column. I hope



## Sedbergh Community Development Centre Courses from February

Subject	Tutor	Wks	Start	Times	Town
Felted Pictures and Wall Hangings	Debra Esterhuizen	1	1 Feb	Day	Endmoor
Practical Sketching with Watercolour	Bob Henfrey	1	26 Apr	Day	Kirkby Lonsdale
Mind Your Tone! Painting light & dark images	Frances Winder	1	22 Feb	Day	Sedbergh
Water Based Landscapes	Frances Winder	1	1 Mar	Day	Sedbergh
Dynamics of Colour	Frances Winder	1	26 Apr	Day	Sedbergh
Better Breadmaking	Nela Geuer	1	8 Feb	Day	Sedbergh
Lino & Woodcut Printing	Craig Russell	1	8 Mar	Day	Beetham
Drawing Figures in a Setting	Lynda Gray	6	24 Feb	AM	Kendal
Yoga - Thursday evenings	Fran Fryer		Ongoing	Eve	Sedbergh

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you had a great time and that the weather did not interfere with things too much. We had a bit of damage to our chimney (fortunately we were away with my wife's family near Lancaster and so Father Christmas was still able to get down and deliver the presents) but otherwise things were fine and we returned home to a fine New Year celebration with some friends.

I was back into the office immediately after the New Year as those quiet days before everything gets back to work are some of the few times during the year when I can pause a bit and have a think about what we have achieved and importantly what we need to achieve

over the coming 12 months.

2013 was not a bad year for things happening, we nearly doubled the number of apprentices that we have working in South Lakeland, we secured funding for new employment like the Steam Boat Museum on Windermere, we saw the arrival of the new eye unit at the Westmorland General Hospital and the electrification of the Lakes Rail Line took a major step forward. The challenge of 2014 is to "beat that".

On that front I have high hopes for positive developments at the hospital over the coming months. It may seem like it has gone quiet but the proposal to open a radiotherapy unit is moving in the right direction, we just need to

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**ELECTRICAL STORE**

push it along a bit faster. Over the next few months we will hear the outcome of the consultation over the future organisation of Morecambe Bay Hospitals Trust and I am hopeful that we will start to see the promise of even more services in our hospital in Kendal.

On other fronts much of my work over the next year will be focused on trying to bring more well paid jobs to this area. This will mean not just trying to find more funding for plans like that for the Steam Boat Museum but also continuing to press for the improvement of our transport, schools, broadband and anything that can be done to encourage more businesses to invest in this area. So

you should expect to hear more on campaigns ranging from that to get potholes filled in, through our pressure on ministers to ensure that our local schools are well funded and that the University of Cumbria gets the investment it needs, to pressure on Cumbria County Council to try to get some funds from the new Government fund to encourage the piloting of alternative technologies to deliver broadband to remote rural locations.

I really feel that 2014 could be one of the more exciting years since I was elected as MP. You can certainly rely on me to do all I can to make it so.

All the very best for 2014

*Tim Farron*

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## Felt through Contact -Viltkontaktgroep

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### LIVING POPPIES

It's not too late!! There is still time to buy your poppy seeds and get them into the earth!! If they are planted – or sprinkled – in the next couple of months, then they should flower this summer.

There is a scheme afoot to have Britain covered, as if a large field, with living Flanders poppies to mark the Centenary of the start of The Great War in August 1914. The Great British public is being encouraged to sew poppy seeds upon their own land, in their flowerbeds, patio pots and window boxes .....

The poppy is an annual flower that reproduces by means of wind distribution with large numbers of tiny seeds. The seeds can remain dormant in the earth for many years until the ground is disturbed. In the spring of 1915 the fields of Ypres (Belgian Flanders) that had been so heavily bombarded by artillery fire



came into bloom with bright red poppies. Later the battle grounds of France and Gallipoli experienced the same blooming. After nothing but brown desolation at the front lines it must have been a powerful and poignant sight.

*In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.*

#### **In Flanders Fields by John McCrae**

Since those days the red poppy (*Papaver rhoeas*) has become linked



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## Sedbergh Bowling Club

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Thursday 27th February

7:30 pm

Everyone Welcome



with the Remembrance of those lost, but also with the hope for the living and ongoing care for those that have served and their dependants.

Poppy seeds can be bought from B&Q who are producing special packets for this year. Priced at £2 for 2800 seeds, B&Q pledge to donate £1 to the Royal British Legion for every packet sold. This will go a long way to helping the British Legion which spends £1.6 million each week .

I had a little trouble locating the seeds at B&Q, but eventually found my packet at the checkout till, not with the normal seed display. Packets of Poppy seeds can also be bought at Rycrofts on Main Street, priced at about £1. Larger quantities can be purchased online at [www.naturescape.co.uk](http://www.naturescape.co.uk) costing £3.80 for 20g, £9.00 for 100g, but only seeds bought at B&Q will benefit the Royal British Legion.

To find out more about the campaign, go online and search 'British Legion Poppy Seeds' or 'WWI Poppy Seed Campaign'.

*Kay Whittle*

### **MICHAEL ROBERTS BEM**

In the Queen's New Years Honours List 2014, Michael Roberts of Middleton was awarded the British Empire Medal for services to the police in Nottinghamshire, Leicestershire and Cumbria as a Special Constable.



Michael is well known in Sedbergh as he was the last Special Constable to work from the Police Station before it was closed and sold and has been a member of Sedbergh Town Band for many years. The whole Band are delighted to have a person with such an honour in their midst.

Congratulations goes to Michael who has worked tirelessly in the community wearing many hats and we look forward to the report (and pictures) when he receives his accolade.

*D J Whicker*

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## FEBRUARY GARDENING

Let us begin the Lookaround gardening year with one of Reginald Arkell's poems

A garden is a lovesome thing - when it starts blooming in the Spring.

The daffodil, the snowdrop white, the dainty winter aconite.....

And just as it is going strong, the Woolly Aphis comes along.

Wire worms and Weevils think it fun to eat your annuals one by one, Until the caterpillars start to break your horticultural heart.

*Go, take a flat, or buy a yacht. A garden is a lovesome thing – God wot!*

Having been around the garden earlier this week on a "let's look out for signs of spring" mission, I have to say that these words rang true in one or two places. The Black currants did not fruit well last year, and on close observation of the bushes I can see why. I have the best case of Big bud mites that I have seen in years. Big bud (more correctly known as Blackcurrant gall mite) shows itself up well at this time of the year when the branches are bare. Buds all along the stems are fat, round and green and look as though they are bursting with blossom and a potential bumper crop. They are actually swollen due the irritation caused by microscopic mites which nibble away at the tiny new leaves and flowers within the buds. Buds at this time of the year should be slim and brown, so if you find any fat ones, pick them off and burn them or bin them. My bushes are so badly affected that I have cut all the stems

down to ground level. No fruit this year, but the new growth for the following year may be clean and resume cropping.

A look in the greenhouse showed that one or two tiny aphids were stirring on the winter flowering pansies. Aphids can multiply at a phenomenal rate. They are one of those types of insect which can reproduce asexually with parthenogenic females being able to produce live young. It has been calculated that, with optimum growing conditions, one female could give rise to about ten million tons of aphids during 100 days of summer breeding. Fortunately many things like to eat them so their numbers never rise to these plague proportions. My aphids obviously came in with the young plants. I always try to quarantine any new house plant that I buy nowadays, having introduced Red Spider mites and Whitefly from new things, on to my existing houseplants in previous years. Putting them in a separate location for a month or so and observing closely to look for signs of unwanted beasties is the safest way to get around this problem. With small infestations in can work to drown them out – by submerging the whole pot and plant under water in a bucket overnight so that the pests let go, float off, and can be swilled away down the drain. To make doubly sure that they do not climb out and go off to pastures new, I smear the rim of the bucket with a little Vaseline which catches any wanderers.

Elaine Horn

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### SETTLEBECK SCHOOL ACADEMY TRUST

Ofsted Inspectors have just rated Settlebeck School 'Good, with Outstanding features'.

Under very tough new guidelines, the inspectors ruled that the school was outstanding for behaviour, as well as for curriculum, senior leadership and some areas of teaching.

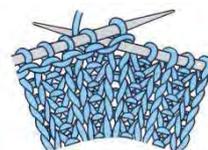
Teaching was rated good overall, with some that was outstanding. Achievement was good, with all abilities of students, from the most able to those with additional needs, making very good progress. Students enter the school with average attainment overall, but leave with

attainment that is 15% higher than the national average.

Headteacher Dr Judith Greene said, 'This is an excellent report and, under the new, very demanding Ofsted framework, it is a significant achievement. We know that we are a much better school than we were three years ago when we were rated outstanding overall, under a previous framework'.

She went on to say that Ofsted have been doing concentrated secondary school inspections in Cumbria this half-term. Colleagues had done some research showing that only 4% of schools had been rated outstanding overall, under this new framework, compared with 18% previously, and

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some of those 4% will be selective schools.

The lead inspector described the behaviour of the students at Settlebeck as 'exemplary' and said that new students to the school were keen to tell her how welcome they had been made to feel, and how quickly they had settled in. She said that students showed excellent attitudes to learning and real respect and courtesy for each other and for staff.

The inspector also said that parents were fulsome in their praise for how the school had provided an excellent education and personal support for their children.

Dr Greene said, 'The part of the

report I was most pleased with was how proud the students told the inspectors they were of their school. They deserve to be proud of it – we do have excellent staff here, and the students themselves are a delight to work with. As ever, we are keen to keep improving, and we will use the outcomes of the inspection to help us do this'. *Andrea Sephton*

#### **DENT PRE-SCHOOL**

##### *Christmas Fair*

Thank you to all the people who supported our Christmas Fair, it raised a fantastic £2150.00 for the Nursery. Special thanks to Heather Capstick for keeping our kitchen in order, Dennis Whicker the best Town

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Crier and Bob Pontefract 'The Big Man' himself. It would not have been the same without you all! The winners of the Christmas Card Competition were Isla Gordon and Amber Woof. Thank you to Stramongate Press for donating the printed cards.

### **SEDBERGH SCHOOL**

#### *Swimming Pool*

The swimming pool at Sedbergh School has undergone a dramatic facelift over the past few months, and opened again for School and community use in early January. The works have included a major reconfiguration of the changing rooms, with the entrance moving to the Queen's Hall side providing access all on one level. Heating and showers have been improved.

In addition, a new electric pool cover system has been installed which will help conserve the pool temperature and reduce fuel wastage.

The project was 65% funded by Sedbergh School, the balance provided by a Sport England grant. In conjunction with Sport England, the School has agreed to widen community access outside scheduled School use. Hire of the pool would be to groups incurring a modest charge to covering operating costs. All hire sessions would need lifeguard cover provided by the hiring group.

Interested parties are invited to an information evening on Monday 10 February between 5 and 7pm, in the People's Hall Committee Room, when there will be the opportunity to see plans and photographs of the

refurbished facility, and to discuss possible pool hire. Refreshments will be available.

*Margie McVoy*

### **SETTLEBECK SCHOOL ACADEMY TRUST**



Settlebeck School would like to thank The Sedbergh Soap Company and JMP Foodservice for sponsoring the School's netball team and junior boys' football team respectively. Their donation has enabled the school to purchase brand new kit for the teams. The students at Settlebeck are very grateful and look forward to playing in the new kit in the forthcoming busy schedule of fixtures.

*Andrea Sephton*

### **TENNIS CLUB**

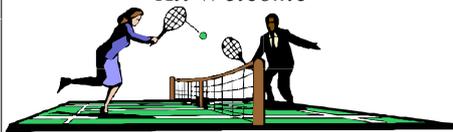
#### **AGM**

7:30pm

**Wednesday 5th March**

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*All Welcome*



## SIGHT ADVICE SOUTH LAKELAND

### *Sedbergh Support Group*

Our first meeting of the year  
Took place in the Committee Room  
Of The People's Hall - a pleasant  
place,  
Light and airy with no trace of gloom.  
Tea was served and came complete  
With loads of 'goodies' there to eat -  
A sight to gladden our dim eyes,  
A real treat and great surprise!  
Chair-lady Betty then decreed  
That the meeting should proceed,  
So we did our 'number crunching'  
Whilst we practiced 'quiet munching!'  
Our best wishes we do send  
To those unable to attend -  
May your ailments soon improve  
And you're soon 'back in the groove'.  
Then we had another pause -  
A brief respite for munching jaws -  
As each announced in accents clear  
My name is X and I am here.  
Next came 'Christmas Reminissies'  
Stories, poems and vulgar ditties -  
A most enjoyable way to spend  
An afternoon amongst 'good friends'.  
So thank you all for being here  
At our first meeting of the year.  
Eighteenth of February we meet

again

In People's Hall at 2 pm.  
The Committee Room is where we'll  
be

Dunking biscuits, sabbling tea!  
So the final thing I have to do  
Is apologise to you  
For this rhyming so unsightly  
But then - I'm not Gitche-Manito the  
Mighty!

© *George Watson. 21.1.2014.*

If you would like to know more about  
our group, please ring Jennifer on  
015396 - 25162. For more  
information about SASL please ring  
01539 - 742633. *George Watson*



At the November Meeting which was  
the Christmas Lunch at the Fat Lamb,  
Ravenstonedale, four Volunteers  
received awards for their services to  
Sight Advice South Lakeland. They  
were Winifred Howarth (15 years),  
Betty Harper (15), Elspeth Griffiths (5)  
and Dennis Whicker (10). The main  
role with volunteers is to provide  
transport for the members once a  
month and give support if, as and  
when required.

Again, if you wish to be a volunteer  
and require any more information,  
please contact the above numbers.

*Dennis J Whicker*



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## BOOKWORM

*What I have been reading this month :*

1. 'Art and Life' by Jovan Nicholson (non fiction)

This beautifully illustrated book examines the artistic partnership of Ben and Winifred Nicholson and their friendships with potter WS Murray and artists Kit Wood and Alfred Wallis. In 1929 The Nicholsons purchased Bankshead near Hadrian's wall, Cumbria which was the inspiration for a substantial numbers of their landscape and flower paintings. A very informative and beautiful reference book including art critic commentaries on the paintings a few of which are in Tullie House, Carlisle.

2. 'Granta Best of Young British Novelists 2013 '(fiction)

A collection of new work by 20 of the best contemporary fiction writers (including Cumbrian Sarah Hall ). A diverse range of excellent writing on all kinds of arresting topics and in a variety of styles. I found it a good way of becoming familiar with the work of new authors (some to follow up and a few to avoid! )

3. 'Bridget Jones - Mad about the Boy' by Helen Fielding (fiction)

If you are a Bridget Jones fan then this is a long awaited sequel and I found it hilarious ! Bridget now 50ish single parent of 2 small children is encouraged by her London friends to 'get a life' apart from the school run and fish finger teas ...so she tries internet dating and writing a

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screenplay.

This is a 'makes -you -feel -good -book' !!

4. 'The Unlikely Pilgrimage of Harold Fry' by Rachel Joyce (fiction)

Recent retiree Harold unexpectedly leaves his wife and home in Devon one day to walk to Scotland to visit a dying former colleague. He has never done a long distance walk before and takes no provisions or proper kit.

Puzzling. The book is a mix of the quaint and 'food for thought'. At times I found it sad, dull and ruminating but the aspects of a healing journey like a pilgrimage and the dissection of a long marriage and estranged son are very well done. At the end, the question of a wasted life is left dangling for the reader to resolve.

5. 'The Golden Age of Quaker Botanists' by Ann Nichols (non fiction)

A fascinating history of plants and Quakerism with some strong Cumbrian connections. Interestingly and clearly written for a general reader. Thomas Lawson (teacher and botanist 1630-91); Thomas Story (aborealist ), John Fothergill (doctor and educated in Sedbergh), John Coakley Lettsom (apothecary ), William Woodville (medic and botanist ) all made important and influential contributions to the knowledge and understanding of plants, the development of gardens and were Quakers with links to Cumbria. Some lovely plant illustrations included.

*Bookworm*

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## NATIVITY IN DENT

### *Nativity Story brought to the Streets of Dent*

Although by the time you read this, it will seem a distant memory to some, this is the first opportunity in Lookaround to report on one of the highlights of the year in the village - the Nativity Tableau through the streets with the children and the Christmas Fair. This year dozens and dozens of locals and visitors followed Princess the Donkey, Mary, Joseph, various Shepherds, Angels and Wise Men as they headed towards the Christmas Fair in St Andrew's Church. The weather was much more benign for everything this year. Mary and Joseph asked various Cafes, Shops and our two pubs if there was "any room." The extremely polite refusals from the very nice proprietors were met with mock groans of disapproval from the growing crowds. All concluded happily with a warm welcome at St Andrew's Church, where a fantastic and colourful display of stalls really helped people get in the mood for Christmas.

Everyone was generously entertained with carols from the local choirs, music on the organ provided by Roger Bush and a huge choir led by David Burbidge who were learning folk carols.

Our thanks to all who gave so much pleasure for this highlight in Advent. To Sheila Tickle for bringing the Donkey; to all our musicians for their beautiful music; to the Rev'd Christine Brown and the children; and to Pat Allen and all the volunteers who

worked so hard that weekend.

Both churches enjoyed a busy Christmas with well supported services boosted by the wonderful music of the Dentdale Choir for the Advent Carol Concert and the carol services. It was very encouraging to see all the hard work of preparation which goes into the Christmas services, rewarded with such a good response in attendances. It was also good to see a new generation of children and parents carol singing this year.



*Church Services at St Andrew's Dent and St John's Cowgill in February:*

St Andrew's Dent welcomes everyone to its weekly Sunday celebration of Holy Communion at 10.30am on Sundays 2nd, 9th and 16th February.

St John's Cowgill: Feb 2nd 9am Holy Communion. Feb 16th: 2.30pm Evening Prayer

On February 23rd there will be a United Communion Service at Dent Methodist Church at 10.30am for the churches in the Dale. Preacher: the Revd C. Brown.

*Rev. Peter Boyles*

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**Dear Editor**

*A personal letter to Sedbergh,*

Little did I know that after Josie died six years ago and I offered to take her place on the People's Hall Management Committee what I was letting myself in for. First I was persuaded to be Secretary. Then I became involved in the "REDEVELOPMENT". This had been going on already for a little time. The first idea I was involved in was an unrealistic £1.5M building project with the band, the gym, youth activity and football combined.

Commonsense eventually prevailed and we developed a more manageable £180,000 project. I was

appointed Contract Administrator, such work is my forte. Then when we were let down by our fund raiser I took over as lead fund raiser. I had no experience of this. However, not a bad combination as every time, as the work progressed, the word "extra" was mentioned, the reply was "it's in the spec".

The project started in March 2013 and practical completion occurred in October 2013, six weeks late, with a cost overrun of £10,000. This overrun arose simply as a result of the two hundred and fifty feet of piling, we had to put in to stop the main hall falling into the excavations and the extras we approved to

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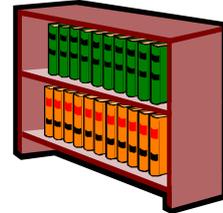
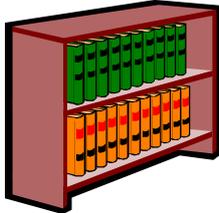
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improve the aesthetics and quality of the project. Six week late is not bad on such a complex project where we did not cancel a single booking!

The purpose of this note is to express my personal thanks to everyone involved, who made my job much easier. The Town was very supportive with money and time and many trades folk were generous by providing items and work at cost or no cost.

However, I would like to thank three people particularly. First, Barbara Hartley of Garsdale Design, who with her plans and her persistence with the YDNP planners pushed us

forward. She even forgave me for taking out her light tubes and roof windows. Second is our Chairman, Steve Longlands, who, like water dripping on a stone, continually pointed out things I had missed. He ensured the many practicalities were dealt with. And lastly Steve Ball and his staff at MK Conversions, who tolerated my ideas and continuous daily supervision (I lost half a stone too!). Steve maintains his pension is a lot smaller, because the costs of all extras required considerable discussion to ensure they were always in the Hall's favour.

Thank you all.

*Gina*



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**CHURCHES TOGETHER**

St Mark's Church, Cautley

*(This information was submitted for the December issue but missed by me in error. Apologies to all who should have received it. Ed)*

Our Carol Service this year will be on Sunday 22nd December at 2.30 pm. As usual the Cautley Carollers and the Cautley Band will be taking part and there will be refreshments after the service. Do come and join us!

Judith Bush  
Linda Hopkins  
Churchwardens

St Mark's Church, Cautley

Our service at 2.30pm on Sunday 23<sup>rd</sup> February will be 'Prayer and

Meditation'. This combines the Celtic Evening Prayer service, (compiled by the Northumbria Community), with a period of silent meditation.

We have been using this combination for our Prayer and Meditation at St Mark's Church for several years now and find it to be a great resource for spiritual refreshment. Why not come along and experience it for yourself? Services are held in the vestry during the cold months!

Chameleons and BoF

These two youth drama groups have flourished for more than ten years under the leadership of Judith Bush, Vic Hopkins and Stuart Manger. Chameleons cater for 7-11 year olds

**Fancy a trip to Italy?**

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Are you yearning to ride on a gondolier or to hear the  
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Admission £5

Wine and refreshments will be served



and BoF (Barrel of Fun) for the secondary school age group. Both groups meet at St Andrew's Church and are open to any local youngster interested in drama.

As Vic will soon be moving to Suffolk we are looking for volunteers to join the leadership team and so enable the clubs to keep running.

Chameleons meet on Fridays during term-time from 3.30 to 5pm. BoF meet on Fridays from 5-6.30pm.

Anyone interested in helping out with either group please contact Judith Bush (Tel: 20058)

News from the Pews



This year is off to a flying start in more ways than one.

On a Friday in January a funeral party headed by the Vicar was

gathered at the graveside in Sedbergh cemetery when immediately prior to the burial a low flying F15 probably from RAF Lakenheath made its not so quiet entry into Sedbergh airspace from the east making a spectacular sight as it flew over the cemetery at exactly the right moment giving an aviator's salute to one of its own recently deceased members. However, not all God's creatures were impressed by this amazing display of flying; namely Jack, the horse who took off on a flight of his own galloping round his field several times when the aircraft came in his direction to make its turnabout and head for home its job in Sedbergh completed.

Turning back to the end of the year I must make particular mention of Christmas Eve's Nativity Play. Without doubt the Chameleons, joined by the older children from BoF (Barrel of Fun) performed the play, written by Rev Vic Hopkins especially for the occasion beautifully. Vic put a

## **Sedbergh Swimming Club**

### *Sessions*

Tuesday:	6:30 - 8:00pm	Children's Lessons
	8:00 - 9:00pm	Adult Swim
Thursday:	6:30 - 7:30pm	Children's Lessons
	7:30 - 8:00pm	Open Swim
	8:00 - 8:30pm	Adults Swim
Saturday:	10:00 - 11:00am	Open Swim
Subscriptions:	Adults £12	
	Juniors & Students £6	
Session Fee:	Adult £2	
	Juniors £1	
Lesson Fee	£15 this term	



new slant on a story we all know so well and the children brought it to our Christmas celebrations in a most memorable way. It was clear to see they enjoyed telling the story and the large congregation who had braved freezing hailstones to attend were very appreciative and Manna House, the charity in Kendal for the homeless benefitted from their generosity.

Looking forward we extend an invitation to join us in the Church Rooms on Wednesday 5<sup>th</sup> March (Ash Wednesday) as the Lent Lunches begin. Come along between 12noon and 1pm for homemade soup and a roll followed by a choice of fruit each Wednesday during Lent. Lunch will cost you £3, the friendly

ambience and chat is also part of the meal deal.

We look forward to welcoming you.

*Susan Sharrocks*

*Tony Reed Screen*

*Churchwardens*

*Thought for the month*

The festive season over, Christmas decorations safely packed away, 2014 rolls on. Easter is still some distance away, preceded by the season of Lent. Thoughts of Lent take me back to my infant school days. In the late 1940/s, as an impressionable five year old, I waited excitedly for the 'Nodding Anger to appear in our assembly every Friday during Lent.

The Headmistress, a large, stately lady, carried in the 'Angel' statue and

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placed it on a table in front of us. We were fascinated by this tall statue. The 'Angel' wore a long white robe and had golden wings which rose up behind its shoulders and swept gracefully down to the ground. Its hands were out-stretched, holding a small wooden box containing a slot for coins. When money was placed into the box, the 'Angel' nodded its head in thanksgiving. To impressionable five year olds, back in those days, it was magical.

We were told about the children in Africa who were starving and encouraged to save our pocket money to help feed them. The delight of the 'Angel' nodding its head was a great incentive! At the end of Lent, our offerings were counted and sent off to the appropriate charity.

The years have rolled by but there is much to be done to feed the hungry. As Lent approaches and we prepare for the great feast of Easter, let us try to help those who have so little and make a donation to the organisations which help feed those who are starving. Let us set some angels' heads nodding!

**worship@peopleshall**

*Sedbergh Methodist Church*

The New Year gathering was very well attended and we were soon put to the test with an Epiphany quiz all about the Wise Men, compiled by Gordon Hosker. Did you know that frankincense is a resin collected from trees?! The questions kept both young and old guessing. We also had

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some lively worship songs led by Sandy Roy, and our very own Michael Dobson shared with us how he Jenny and Harry came to live in Howgill and how God had worked in their lives. It was good to be back after the festivities. Why not come along, the next ones are in the diary for 9<sup>th</sup> February and then 2<sup>nd</sup> March.

*Rachel Pedley*

**DENTDALE CHRISTIAN  
FELLOWSHIP**

In December we just met once and that was for lunch and in Jan we had two gatherings, lunch and then a party, we will continue to share together on the 4th Sunday eve monthly at 7pm and new folk are warmly invited to come, then we will meet one Sunday for lunch at 1.45pm. anyone wanting to know more please contact John & Sarah on (015396) 25212.

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**NOVEMBER WEATHER**

The month was mixed in many ways with varying pressure and winds and also temperatures. The first week of the month we had low pressure with the consequently stronger winds whereas the latter part of the month had high pressure with its usual lower speed winds. The gales we had were strong enough to do damage blowing my calf huts over! Temperatures were not really typical of November as we had 5 days with highs of 50F plus, maximum 52.4F (11.5C), and only 3 days with maxima in the 30sF. On the low side we has 10 days with minima below freezing with a low of 24.8F (-4C). On only 5 nights did the windchill not go below freezing.

As happens at this time the feeding station has fewer visitors. I have not been able to find out whether they



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move into town where there is perhaps more shelter and possibly feed or they actually move south. It hasn't been hard enough for many migrants, though a few fieldfares et al have passed through. We haven't seen a woodpecker for sometime though I did see the pale sparrow in the roadside hedges. We have the "resident" robin and wren and when the leaves fell I found a couple of goldcrest nests.

Owls have been calling setting up their territories. I haven't heard foxes barking yet this winter. Badgers are digging in the field most nights though I haven't seen a rabbit for ages.

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### NO SPRING SHOW 2014

You may have noticed in recent editions of Lookaround that we have been appealing for help. We have lost vital members of our committee and other regular helpers, mainly because of relocation away from our area. There are 6 of us left on the committee and like everybody else we are not getting any younger!

Over the years the Spring Show has built up to be one of the best local shows and has displayed the prodigious talents of Sedbergh folk. Last year there were 828 entries.

The systems for organising the show are well established and documented so that it would be straightforward for new members to slot in. We do not have lots of meetings. We just get on with the jobs, have fun, and gain satisfaction from the finished result. We hope that with additional help we will be able to re-instate the Spring Show in 2015.

**We need your help.**

#### SAVE THE SPRING SHOW.

Sedbergh deserves no less.

Please contact Margaret Milburn 20610 or Wendy Fraser-Urquhart 21902.

### SEDBERGH & DISTRICT ART SOCIETY

Jamie Barnes, a skilled graphic artist who is currently a curator at the Brewery Arts Centre, gave a talk on drawing houses and a demonstration of trace monotype print making on 10th January. He encouraged us to notice the variety of architectural features in the area using illustrations from buildings in Kendal. He uses a variety of widths of fibretip liners to create his house portraits and showed us some of the commissions he had undertaken.

Jamie also described the difference between aquatint etching, dry point engraving and trace monoprinting, which are the printmaking techniques in which he specialises. He then demonstrated how to make a print using the trace monotype method. He works from a studio in Kendal and has had recent exhibitions at Farfield Mill. His work can be viewed on [www.jamiebarnes.co.uk](http://www.jamiebarnes.co.uk).

The next meeting is the A.G.M. and is on February 14 at 7.30.

*Margaret Copestake*

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## BOXES OF HOPE CUMBRIA

**THANK YOU** to all those who so generously supported the annual Christmas shoe-box appeal. Across the South Lakes area we collected an amazing 9007 boxes, 6000 of which were given out individually and personally to 6000 children in north-west Romania in 6 days by the nine of us who went out on the distribution trip at the end of November. The remaining 3000 were given out by volunteers working with our Romanian partner-charity "People to People" in time for Christmas.

Having been involved with shoe-boxes for the last twenty years and once we in Cumbria had established ourselves as an independent charity, I really felt the need to go and see for myself what conditions are like now and why shoe-boxes are still needed after all these years. I was not disappointed : we distributed the boxes in a variety of situations, in school halls and churches, in communities more or less organised, poor or poverty-stricken, sometimes simply stopping at the roadside and



calling the children out from their homes like modern-day Pied Pipers.

We also had the opportunity to visit other projects which come under the "People to People" umbrella, such as a home for elderly people who would otherwise be ending their days out on the streets and a half-way house for ex-orphanage girls where they learn house-keeping skills and the art of living together in a shared flat as well as training for a job. One of the charity's major projects is the setting-up of a primary school for up to 175 children in a large and settled Roma community in Tinca. This is very much a work in progress.

We met some truly inspirational people during our trip to Romania, people who are dedicated to improving the lives of the poor and the marginalised – and we saw for ourselves the difference a shoe-box can make, not only to the individual child, but also in helping to establish and maintain links with communities who are living on the edge, so **THANK YOU** once again and please keep them coming!

*Pam Dent*

### FAMILY MUSINGS

Happy New Year to all. My hubby has always felt very safe for, as he said at our Silver or Pearl Wedding Anniversary, " my wife never throws anything out however old or useless so I think I am safe" he had better watch out as I am now throwing out/ re-cycling/passing on/selling all manner of things! But I think he is safe especially in this year of reaching a notable age, wonder where he will go with his bus pass and if I will be allowed to tag along, me being much younger of course!

Christmas was a delight, age range 10 months to 95 years was a little challenging at times but very lovely especially when we were actually all together in one room. The memories fit with those of many previous times of family get-togethers, creating a jigsaw of experience to look at with love. Soon we will be welcoming a new family member, baby woof due in March.

One room in our house was in a real untidy mess one day, new flooring for the en-suite and a cot being installed in the bedroom, so what did the 'lady of the house' do .. started sorting out part of another room so there were

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two untidy rooms needing attention. The latter was sorted first, at least for now, a total re-organise planned when time and energy allow. Having our grandsons visit means a fireguard, a highchair and oh' joy, the toy box. Spinning top, jack-in-a-box, things that chime and rattle, books that make noises, oh I love them all. Bal is just getting interested in Teddies and esp', as his mummy put it "the one that breathes at Grannys", she had to explain herself, means my cat, Mitts who is ok with a little hand giving a little pat but if that little hand fancies grabbing some fur she is not happy. We have to keep an eye on the proceedings. Going on a Bear Hunt is something Bal and I do every time we go upstairs at his house so when I spotted the game of that name I just had to buy it, after all if I wait until he is 3+ years old it may no longer be on sale. And seeing as some things have left the house one can surely move in! This year is going to be the year folks, yes, defo, just not sure in what way but hope it's the writing way, WI writing competition first on the list. Enjoy your leisure.

Sarah

## 72 MAIN STREET

### *Sedbergh and District Information Centre*

2013 was a very busy year following the White Knights purchase of the building from the Yorkshire Dales National Park at the end of 2012. The Community Interest Company (CIC) was established to manage the Community and Information Centre and volunteers recruited and trained to run it. The Community Office was re-located to the ground floor to make it more accessible.

Added to this a substantial grant was received from the Lottery through SOS Villages which enabled the installation of double glazing on the ground floor, central heating throughout the building and a complete refurbishment of the first floor offices.

At the same time the formation of the Sedbergh and District Charitable Incorporated Organisation (CIO) was being negotiated with the Charity

Commission to assume responsibility for the charity shop, for awarding the grants, undertaking community projects and to take over the ownership of the building from the White Knights. The first Annual General Meeting of the CIO took place on 21 November when trustees were elected by the members.

Sufficient funds have been raised to purchase the building from the White Knights. Arrangements for the transfer are now in hand and it is hoped that the purchase will be completed by 31st March. By this date the CIO will have taken over the role and functions of the Sedbergh and District Community and Heritage Trust.

Looking to the future it is hoped that 72 Main Street will become Sedbergh's focus for advice, assistance and resources for the whole community in addition to its role as a tourist information office. Through the CIO, projects will be

Jenette Hardy  
BA (Hons) AICB CB.Cert

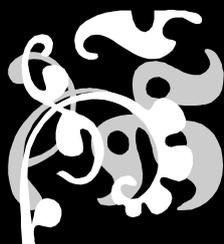
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established for the benefit of the community. The first project which is being planned is the formation of a First Responders Group for medical emergencies to provide support to people while waiting for the Ambulance Service to arrive

The CIO exists to provide support to the community and membership is open and free to all the residents of Sedbergh, Dent and Garsdale. Please join in and have a say in how the community projects, the charity shop and the money raised should be used to the benefit of the community. Do call in at the Information Centre to find out more and register as a member.

*Dr Hilary Hodge*

## PHOTOGRAPHY EXHIBITION

### *New Photography Exhibition in Duo Café*

Smatt's Duo Café in Main Street is known not only for its fine food and refreshments but also for its regularly-changing programme of small-scale photography exhibitions. Having recently been redecorated and refurbished, the cafe's new exhibition for spring 2014, entitled Looking Local, is now on show and features a selection of framed colour photographs of the people, landscapes and wildlife of Sedbergh and surrounding area.

The photographs are by Brigflatts resident John Rice who is a poet and storyteller who has published 13 books for both adults and children. His photographs bring together portraits of local shop-keepers and shepherds, unusual views of the surrounding countryside and images capturing the area's outstanding wildlife.

Duo Café is open every day except Tuesday.

*John Rice*



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### HOWGILL W. I.

Members, husbands and guests met at the Barbon Inn on December 5th. We enjoyed a lovely festive meal followed by our usual games of Mystery Dominoes where we all take home a prize. Several of us took home a raffle prize. The competition for a home made Christmas bauble was won by Mary Silva with Tanya Hoare second. A lovely evening we all enjoyed.

President Bridget Postlethwaite opened the first meeting of 2014 by wishing everyone a Happy New Year. Our singing group led by Helen Beare gave another excellent performance at the Carol Service held at Howgill Church.

Liz Moore led the latest walk in the Beetham area. Lyn Marsden led the next walk on January 30th.

Tanya Hoare is to represent us on March 21st at the national inspiring Women's Conference at Chester Race Course to hear what's going on at national level.

The resolution short list voting form was completed. Support went to 'Increasing Organ Donation'.

Speaker for the evening was Rosemary Holmes, a member of Bowness W. I., who confessed to having a passion for travel. On this occasion with the help of slides, we shared her experience as she travelled to Central Asia on the Silk Road to Samakand, highlighting the



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landscape, lifestyle of the people, their religion and traditions. We admired interesting memorabilia brought along, hand made by the people she met on this wonderful journey.

The monthly competition to 'Name the place you have not visited but would most like to, with reasons' winner was Sarah Scarr with Sheelagh Denniss second. Dilys McCaffrey went home with the raffle prize. The evening was brought to a close with our usual Jacobs Join supper.

We meet again on February 6th at Firbank Church Hall where the speaker will be Rob David with 'Cumbrians in the Arctic and

Experiences in Greenland' commencing at 7.30pm. A warm welcome will be given to visitors. Come along and give us a try. *A.H.*

#### **KILLINGTON WI**

*The Afternoon WI for the entire district*

I know that it is already one twelfth over but here's hoping that 2014 will be a good one for all of us!

Our final meeting of 2013 was our Christmas lunch at Stonecross Manor hotel and suffice it to say that "A good time was had by all!" Our enormous hamper was won by Margaret Denton and Lorraine Millington was crowned KWI Competition Queen for the year.

This year we have tried to devise

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our programme with greater input from our own members. And didn't it start well! Vicky Aspin, who, on the quiet, is a very knowledgeable plantsman (no- I utterly refuse to say 'plantsperson '!), told us the fascinating tale of two early 20<sup>th</sup> century plant hunters, from our own locality, Reginald Farrer from Clapham and William Purdom from Ambleside. These intrepid men travelled out to China to begin their searches exactly one hundred years ago. They travelled overland on the trans-Siberian railway – London to China in 13 days. Farrer, the posh one went First Class and Purdom, less moneyed, went Third Class! At one point on their explorations they

were faced with the problem of operating on a member of the hostile Chinese army who had a bullet lodged in his leg. Failure would most likely have resulted in their deaths. Hence the title of the talk, *Pass the Chloroform!* Vicky's presentation was fascinating and varied and our thanks, voiced by Valerie Cann, were heartfelt.

As it was a couple of months since our last formal meeting, there was much to discuss. We planned several outings, museums in Manchester, lunch at Farfield Mill, to Lowther Castle to celebrate 100 years of WI in Britain, to be entertained by the Houghton Weavers, lunch at Hawes..... We prefer to wear out



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rather than to rust away! We also confirmed our decision to send our annual donation (£600 this year) for the feeding programme at De Rust High School – part of the Thandi project in South Africa. Birthday wishes were sent to Mary Turton down in Hertfordshire, and more wishes plus a cake to Lorraine Millington on her 70<sup>th</sup> birthday. We were pleased to welcome Pam Siddall as a member and look forward to enjoying her company. Dawn Stevens won the raffle and Susan Sharrocks the competition for A *Christmas Card*. (We never have to think about what our competition will be in January!)

Our next meeting will be on Tuesday 11<sup>th</sup> February 2014 at 2-00pm, in the Committee Room of the People's Hall. Major M. Watkins will enlighten us with a talk entitled "*All the things you never knew about the Salvation Army*". You would be most welcome with or without your trombone.

*Wendy Fraser-Urquhart*

## **SEDBERGH WI**

About 22 of us gathered in the newly enlarged committee room at the People's Hall on Wed Jan 8 and it was grand to see prospective member Helen Cresswell and Jan a WI member who was visiting the area from Essex.

Anne Symons entertained and enthused us with her examples of, 'Rag Rugs' and 'Canvas work Rugs,' which she had brought along. The Rugs were in a variety of styles and sizes some of which were works of art in themselves. She also brought lots of fabric and sacking plus all the equipment we would need to get started. I'm sure you can imagine the electrifying atmosphere as members attacked the sacking, pushing and pulling a myriad of coloured strips of fabric into their chosen designs. While the members worked on their items Anne related the story of how she had obtained the sacking. It seems that she was visiting Geneva with her daughter when she spotted a

man, yes, we know there are a good many of them around, however this man was grinding coffee beans in a very large grinder. The beans came in sacks and Anne, being a resourceful WI member, thought, those are just what I need for my next meeting. Such are the thoughts members have when miles away from home. The brave lady then asked the man if he would be willing to give her a few sacks. He did, so our craft evening became an international event.

The Book Club's first meeting of 2014 had record attendance with 13 members turning up at Moira Folks house on Jan 9. The book under discussion was, 'The Kalahari Typing School for Men' by Alexander McCall

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Smith. The latest in the 'No.1 Ladies' Detective Agency' series. All agreed it was a suitable, light hearted read for the Christmas season though some thought it too simplistic, too moral, too rosy or simply unbelievable. However, Botswana, where the novels are set, is one of the African countries least affected by the horrors that have beset many other African nations. There were hints of darker things as the story also contained tales of corruption and dishonesty but the overall picture presented was optimistic, scoring the book a reasonable 8 out of 10 on the readability meter. I'm sure it will come as no surprise to anyone that the meeting ended with tea and delicious cakes on this occasion provided by Sue Kernahan which were grateful chomped!

Walking group member Anne Pitt popped off to Finland for a winter break but she was back in time to lead the group on their monthly walk. This trip was to the dizzying heights of Whitbarrow Scar starting just passed Gilpin Bridge Inn. Which may well have proved handy on the way back for a warming bowl of soup.

Anne Petyt and Sue Kernahan were the January birthday girls and Christine Sheppey won the raffle. Sue Bateman reminded members to let Ruth France know of any members who are ill. Dorothy Gerard is now much better and is joining in with the book club once again.

Those members who went on the pre Christmas trip to Country Harvest

had a thoroughly enjoyable afternoon out with guess what. Yes, it was enormous portions of afternoon tea all round.

You are reminded that next months the meeting will be held in the Methodist Church rooms where Steve Beattie will give us a talk on "Missed Cues". So why not come along and find out more about your local WI. 7.30pm start.

*Sandra Gold-Wood*

#### **DENTDALE WI**

Dentdale celebrated the Christmas season with a lunch at the Old Dairy Widdale in December and it made the perfect end to a really momentous year. So, a new year, a new

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programme and our first meeting in January which began on a very gentle note with many of the members absent for various reasons. The committee had arranged a games evening with all sorts of games to try out in groups. It brought out the competitive element in some with squeals of delight when the winning move was made! There was a chance to catch up with fellow members with tea served at the games tables. The competition was for a paper hat and after the winner was chosen the hats were modeled. Catheine's three corner colourful creation had caught the eye all evening and was a worthy winner. However, Sue's beautiful blue

wedding style hat complete with white paper rose was a very professional attempt and came second!

During the business meeting, we heard about the various outings and workshops on offer in the WI News. We had received a letter from the Dentdale Run Committee asking for our help and support with the refreshments on the day of the run. Coming up really soon on Saturday March 8<sup>th</sup>!

Next month, Dawn Redeyoff will be giving an introduction to Pilates to which new members and visitors are warmly invited to join us in the Memorial Hall on February 12<sup>th</sup>.

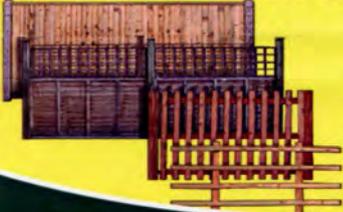
*Pat Allen*

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This Team Leaves It Clean

## KUTS

### *The beauty of upcycling*

We all have old stuff hanging around the house that no longer serves any purpose, but is impossible to get rid of; that lovely old chair picked up in a junk shop, that sofa from Grandpa. It's always 'still OK' or 'might come in handy', or maybe it just holds some sentimental value.

For many, those treasured pieces are pushed into a corner, maybe even hidden by a pretty throw. But the latest 'green' trend of remaking, recycling and redoing, otherwise known as upcycling, is bringing those pieces out of closet and into full view. At Killington Upholstery and Textile Service (KUTS) we are all for upcycling. Especially when it's good for the environment. (See Page 18)

Since completing the lengthy Association of Master Upholsters and Soft Furnishing (AMUSF) accredited course and becoming a qualified upholsterer, I've been amazed at how many people have confessed to holding on to old furniture. Underneath those shabby exteriors sit sturdy well-built wooden structures that it is a shame to simply dump. Yet most people had never thought of upcycling by having their old treasures reupholstered. Or they thought it would be too expensive.

But how does the cost of reupholstering a long-loved chair stack up against buying a new one? You'd be amazed. We recently

upcycled a sofa for a fraction of the price it would have cost to buy new. And the end result is something that won't be taken down the dump in a few years and disposed of; we created an heirloom that will be passed on. Just like Grandpa's sofa. So if you are having difficulty throwing out that rather scruffy chair, why not speak to us at **KUTS** and spend the money you earmarked for a new chair on upcycling your old one instead?

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### NEIGHBOURHOODALERT

On Wednesday 18th December 2013 at approx 23:15 an attempt was made to break in and remove the ATM machine from the Spar store on Station road, Sedbergh. The attempt failed and the thieves left empty handed but considerable damage was caused to the security system and the stone work around the ATM machine. If anyone saw or heard anything unusual or suspicious on Wednesday/Thursday night or in the few days leading up to the attempted break in please contact Kendal Police on 101.

### DECEMBER WEATHER

This was probably the wettest month I have ever recorded! From a dry start it became very wet indeed. In Christmas week we had 2 inches in just over 24 hours ending in a tremendous storm on Christmas Eve! On only 6 days did we not have rain culminating in almost a foot of rain!! (297mm) It was also un-seasonally warm with several days reaching 50sF, with a high of 53.6F (12C), and no night actually going below freezing. The lowest minimum was 32.2F (0.5C) It was also a breezy month with the wind speed being in double figures on all but 6 days. The maximum recorded gust was 31.8mph but again as it was from the North West I suspect it was in fact considerably higher. The windchill was below freezing on every night bar 2.

The extreme wet almost produced a "Crisis at Christmas" for us. Having worked outside in the pouring rain all day on Monday, putting up my Christmas present from the family, a new chicken shed built by my son in law, followed by the rain the next day we had near disaster. The storm on Christmas Eve resulted in our old dog bursting out of his kennel and I found him under a bush soaking wet through when I went to feed him. It took me ¾ hour with the hair dryer to get him dry! I had to hold onto him as he doesn't like the hair dryer either! We then went to the service on Christmas Eve at Outhgill, arriving in



6 inches of snow, and on our return at 11.30pm, I noticed water running near the back door. After emptying 20 buckets full from the drains I went to investigate the paddock only to find the septic tank was under water! This meant we had to put notices on the toilets upstairs not to flush!! On checking on the sheep they greeted me at the gate as it was the highest point the rest of their paddock being under water. Fortunately it stopped raining during the night and disaster was averted! On the mild days the bees have been out on cleansing

flights on several days. It is so muddy in the field it is almost impossible to push a barrow through it! This means the sheep are desperate for hay at feeding times. Another weather related incident occurred when I joined the

list of "accidents" on the A684 near Lilymere. Coming back towards Sedbergh I rounded the last bend and aqua-planed across the road on the "streams" running across the road hitting the opposite bank. Fortunately I was only in 3<sup>rd</sup> gear so apart from spinning round and scraping my wing on the wall no other damage was done. The biggest bonus was that nobody was coming down the hill at that moment or it could have been a different story! I understand the council is planning to re-surface that new piece in MAY!! Goodness knows what will happen should we get some frosts!!



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### FLICKS IN DENT

#### *Memorial Hall Matters.*

First, my apologies that we did not have a family matinee in the Christmas holidays for the flicks, one idea now is to do a double-bill, a children's film in afternoon followed by another film in the eve. I just got caught up in family things and so were most people and we do have the problems with the sound quality because there are no blinds/curtains in the Hall. But there is a way around it, and we will endeavour to try if the problem persists. There will not be a Flicks eve (Dent) in Feb but hopefully be back in March, and continue for a few months.

LONGTERM will be debated at the DMH AGM on Wed 19th March 7.30pm in the hall and members of the public are invited to join the Trustees at the meeting and bring opinions/suggestions regarding all matters concerning the Hall ie letting charges, caretaking, cleaning, hire, Gala, and Flicks. The Trustees manage the Sedgwick & Haygarth Rooms and toilets and kitchen which are separate to the school and

oversee the community use of the big main hall out of school hours which is managed by the School Governors. Representatives of the two committees meet a few times a year as the Liaison Group to discuss issues which arise and to work together for the good of all users. As Chair of the Dentdale Memorial Hall Trustees I am always willing to hear what people think about it all, obviously it is best when people are encouraging but all opinions are valued, it is better to talk to me than to everyone else! My thanks to all who in small and large ways help with the running of the "Hall".

*Sarah E Woof. Dent 25212*

## SEDBERGH

### MEDICAL CENTRE

will be closed for Training Purposes  
at 1pm on the following afternoons:-

Thursday 20th March

Further details will be  
released when finalised.



**HOWGILL CHURCH CHOIR  
circa 1850,**

*from a letter from JULIA GREEN  
VIGOUR, born 1844*

If you came to The Gladly Solemn sound west gallery choir concert in Howgill church at the end of November you will already have heard this - but if you missed it, here is Julia Vigour's account of the highly esteemed 19th century Howgill choir. "Picture a tiny ivy-clad church, with dancing sunlight flickering through the shimmering foliage of beech and other young trees, bringing out lights and shadows on the heads of the congregation. In summer the ever-open door let in the sounds of the songs of small twittering birds, and

the murmur of running waters close by.

In shadow of the leafy tree-lings the peaceful graveyard was studded with low-growing, solemn yews, guarding the resting places of those gone before. To the east oaks and sycamores lined a shady knoll, through which meandered the beck; while between the woods, glen and the church was a small mill weir which formed a beautiful little waterfall.

Within, a two-decker Reading desk, and a Clerk's desk were on the north side, while the little pulpit had a nook to itself, reached by a tiny staircase. Three pews were honoured with doors: one for the parson's family;



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one belonging to the Great House; and one dedicated to the singers, which had seats all round, and a stand for books in the centre. The singing was quite unaccompanied, harmoniums and reed-organs being things of the future.

Above the singing-pew was the gallery, where the young men and boys of the hamlet gathered, being too shy to occupy the body of the church with the womenfolk and elders.

Before service - after the manner of their kind - they hung round the church door until the Clerk, who rang the bell, stopped suddenly; and the sound still echoes in the ears of the narrator, of the almost simultaneous clatter of the men's feet up the stairs, as the vestry door opened and their pastor went to his place.

For each psalm the old Clerk conscientiously trudged down the whitened stone aisle to the 'Singing'. He was the only one to rely on for giving the starting-note, which he did with a curious old sliding 'pitch-pipe' on which were marked the notes of the gamut. There were times when he made a mistake, sometimes guided by guess more than by the score: after struggling through one verse there would be a gravely whispered complaint, 'Nay, nay, ye mun try again - we cannot strike it at all', and he would have to try again.

The choir was the only local one with a reputation causing it to be sought elsewhere, and on great occasions it was no uncommon occurrence for it to be invited to help

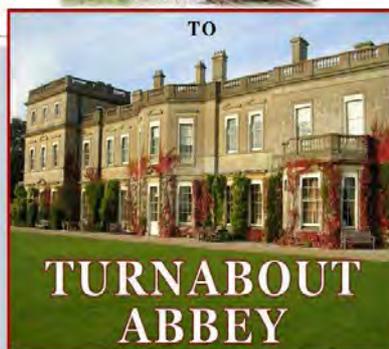
miles away, at other churches.

In those times they had retained the ancient custom of the men singing the air and the women taking the tenor, but the choir was gradually augmented by incomers or older children of the residents who were pronounced sufficiently 'tuneable'; however altos were entirely unknown until the introduction of a blind fiddler and singing-master, who, in annual sojourns of a month or two, when funds allowed, brought the choir to an even more up to date musical reputation.

His violin playing was fine and his teaching good beyond the ordinary. He was said to be partly of Negro extraction; his hands were small,

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white, and refined; and his soul was entirely in the music, his temper uncommonly short where he observed carelessness or inattention. No-one envied his fourteen-year-old son, to whom, besides the duty of leading the old man about the country, fell the task of copying out the parts of the tunes newly introduced.

Choir practices were usually held in the little school, and for months afterwards the improvement in the church music was marked. About this time a railway was being made within a mile or two, and more than one of the navvies - fine powerful fellows with voices to match - got drafted into

the choir, enjoying all as much as the rest.

Then the old blind singing-master fades from the scene: how, when, or why cannot be told. There came the purchase of a second-hand harmonium, which at first caused a great sensation; but, there being no available organist within several miles it was long before the old unaccompanied singing quite died out."

*David Burbidge*

---

**CAROL SINGING IN GARSDALE**

The weather favoured us on all three nights of Carol Singing this year. Grateful thanks to all who gave

so generously and to those who sang so heartily. It's good to have the 'young ones' joining us now - Well Done.

We raised £332 for Action for Children - an excellent amount.

Thank you once again to Auntie Agnes and David. We wish you all a very Happy, Healthy and Peaceful 2014.

*William & Mary Airey*

### **SEDBERGH TOWN BAND** **Christmas Concert**

As was the case last year the Band's Christmas Concert was held in St. Andrew's. The audience, combined with the two bands, senior and youth, meant that close on 350 people filled the church. The concert truly fired the opening salvo of the Christmas season in Sedbergh.

The programme structure that has developed over previous years was adhered to, so consequently a mixture of favourite carols and popular festive tunes dominated the occasion.

Although provided with the words and encouraged to give voice, in the past the audience has been rather reticent in its singing. This year was different: the tentative start with 'Hark the Herald' was soon eclipsed by splendid renditions of the carol's 'Once in Royal David's City', 'O Come All Ye Faithful' and 'Good King Wenceslas'. Compere Stuart Manger organised the audience into appropriate groupings before the singing of the final carol and each section responded magnificently in

attempting to outshine all other sections in panache and volume.

The popular Christmas numbers comprised 'Rocking Around the Christmas Tree', 'Mistletoe and Wine', 'Frosty the Snowman', 'White Christmas', 'Let It Snow', 'Have Yourself a Merry Little Christmas', 'The Christmas Song' and 'Last Christmas', ending with all time favourite and most appropriate 'We Wish You a Merry Christmas'. New to this area of music was a compilation piece 'Christmas Cracker' in which the audience were challenged to identify as many of the included numbers as they could. Also receiving its first public appearance was the beautiful 'Winter' movement

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If you're lucky enough to have been born before 1954 enjoy a two course traditional lunch on Mondays or Tuesdays from Mon 03 Feb to Tues 11 Mar for only £5.80 at WEAVERS CAFÉ Farfield Mill and, if you live in Sedbergh and you need it or it's icy, free transport!! Because we go the extra mile for our customers, so you don't have to.

Simply phone the café on 01539 621159 between 10.00am and 4.00pm any day BEFORE you want to come (you could try on the day itself but we can't guarantee a place) book a table and give your name and phone number. Gentleman Jim, driver of the *Flying Shuttle*, will then ring you to arrange collection and the time you would like to return. Why not make it a foursome and he'll pick your friends up on the way?

Only a total of 12 days to choose from though, so if you're really keen get your diary out now! What better way to beat those winter blues?





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**Sun style  
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with Hazel Hunt (Kendal Sat a'noon  
1 Feb + 8 Mar). contact Andi

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from Vivaldi's 'Four Seasons' most skilfully arranged for brass.

Prior to the interval the Youth Band took the stage and impressed the audience with their playing of 'Rudolf' and 'Jingle Bells'. So delighted were the audience with their second number, 'Jingle Bells', that they demanded and received a repeat.

As the Youth Band completed their programme Father Christmas announced his arrival with a vigorously shaken hand bell accompanied by a beguiling, assistant fairy and proceeded up the aisle and handed out largesse to all youngsters in the audience and bands. The raffle was drawn whilst

the audience were refreshing themselves with tea, coffee or mulled wine. More substantial sustenance was provided by mince pies, either made by members of the Band or once again most generously donated by Dennis Pratt to whom we extend our sincere thanks.

Before the second half of the concert commenced Band President Douglas Thomson stood before the audience to award the annual trophies to those who had made the most significant progress in the course of the year. To popular, enthusiastic acclaim Keith Wood received the Senior Band award, and David Storey was the recipient of the

Junior award. Ben Morgan received the 'Good Egg' award for all his selfless contributions to the Band.

### **The Band's December 2013**

On Wednesday 4th December following the Christmas Concert a group from the Band participated in the Late Shopping Evening. A range of Christmas music was played to add to the entertainment of the crowds who packed Main Street and enjoyed the hospitality of the Sedbergh shops.

Saturday 7th saw members of the Band occupying the Birdcage in Kendal treating the shoppers to a wide selection of carols.

Friday 13th did not live up to its superstitions worst: indeed, quite the reverse. A select group from the Band were delighted to entertain members of the Sedbergh School domestic, bursarial, estates and catering staff at their annual party in Queen's Hall.

Two of Kendal's superstores were the next venues, the first being Asda on Sunday 15th. The Band's resilience and hardiness were severely tested as pre-Christmas shopping meant that all available floor space was devoted to display and retailing with the result that the Band were required to take up station outside the main entrance. However a cold North Easterly bringing occasional showers failed to dampen the spirits of the assembled players and a first rate sound was produced.

On Wednesday 18th a coffee morning was held in the URC rooms. Besides the usual coffee and biscuits

together with the opportunity to purchase cakes, jams, books, toys, bric-a-brac and raffle tickets those who dropped in were hugely entertained by five players from the Band who accompanied the nursery class as they vigorously shook their tambourines and sang a variety of carols. The beaming faces of some twenty toddlers could not have more aptly signified the spirit of Christmas.

Morrison's on Friday 20th was the second of the Kendal stores to be visited and a position just inside the main doors proved a more than adequate location to entertain the shoppers.

Sadly this was the last of the carol sessions as the final projected one at

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the Sedbergh Main Street 'bus shelter on the morning of Christmas Eve had to be cancelled. The country was hit by violent storms and torrential rain on the Monday and the Tuesday was forecast to be equally bad. It was felt unwise to risk the health of the Band, hence the cancellation. Our apologies to anyone whose last minute shopping was spoilt by a lack of anticipated carols. In the event the morning was reasonably dry, but a bitter wind channeling down Main Street fully justified the decision taken.

**Thanks from the Band**

The Band, now completing the fourteenth year in its existence, has

enjoyed a most successful and fulfilling past twelve months. Success is difficult to judge: perhaps it's the number of people playing, or the nature of the music tackled, or the size and response of the audiences. In fact, it is probably a combination of all these factors together with many others not mentioned. However it is most certainly true to say that the Band would probably not exist, let alone enjoy success, were it not for the too often unsung contributions of people not necessarily closely associated with the Band.

Were it not for the extensive publicity we received the Band could well pass by the consciousness of

most people. We are blessed by having a fantastic local publication 'Lookaround'. This creation of Dennis Whicker, many years and 317 editions ago, fully disseminates local news and information. 'Lookaround' prominently carries advertisements of coming Band events as well as news and reviews of concerts and activities to a wide readership.

Posters are another means by which attention is drawn to Band activities and gratitude is expressed to those shops and businesses who so willingly agree to display them. Of these T.I.C., Premier and Green Door merit additional thanks for not only displaying posters but also for so generously acting as outlets for ticket sales.

An agreeable, accessible and welcoming venue for concerts is essential, and in this respect the Band is well served. The People's Hall is an increasingly attractive location but the swelling size of the Band's audiences (not least thanks to the progress of the youth section) has resulted in recent performances transferring to the more capacious St. Andrew's. Always immaculately presented and efficiently run it's a credit to the hard work of Tony and Ann Reed-Screen and their helpers. Pre-concert rehearsal facilities and the provision of intermission refreshments are excellent.

Considerable expenses are involved in the functioning of the Band: instruments, music and associated items such as stands are both essential and expensive. We would

like to thank most sincerely all who have enabled us to operate as such a well equipped organisation.

Individuals and institutions have made fabulous donations and grants. Fund raising activities, such as coffee mornings, have been wonderfully supported. Amongst these must feature most prominently the Headmaster and Governors of Sedbergh School who so generously allow the Band the use of the school's Brass Department's Band Room - a facility that evokes the envy of all visiting bandsmen.

It is invidious to mention individuals as so many people contribute in one way or another and undoubtedly omissions would occur. However

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besides the many un-named the support of our president Douglas Thomson is particularly appreciated, as is the willing assistance of the Longlands - Steve produces wonderful lighting and Sandra is a most appreciated helper seen frequently at the door, running the raffle or fitting unobtrusively in any other area where she can assist.

This busy and rewarding year has had its darker side - the death of Alan Lewis cast a shadow over events though the extraordinarily well attended funeral and subsequent commemorative concert gave us all the opportunity to exhibit our respect and appreciation of him as a composer, conductor and founding

guiding spirit of the Band. Into his shoes two supremely talented individual stepped, Carol Marsden and Iwan Lewis. The Band has been most fortunate to have two such fine musicians available and willing to take up the legacy left by Alan. Their skill, musical expertise, good humoured conducting and coaching have ensured a seamless transition and a great debt is their due.

It remains to thank the audience for so regularly and loyally, and in such large numbers, for coming along and supporting the Band's efforts. It is always a great stimulus to the Band to see so many regular faces in the audience and to be aware of the increasing number who are beginning to come along for the first time. Needless to say we are in your debt and look forward to seeing you in the course of the 2014 programme.

#### **Bandsman Honoured**

The Band are delighted to extend their congratulations to fellow bandsman Michael Roberts who has been awarded the B.E.M. (British Empire Medal) in the 2014 New Year's Honours List. This reflects his thirty three years voluntary service as a Special Constable - fourteen years in Nottinghamshire, thirteen in Leicestershire and six in Cumbria. Though retired as a Special Constable he continues contact with the Police as a Police Support Volunteer (back office role with Community Speed Watch) based in Kendal. GRB

#### **Events for 2014**

Workshop 1 – URC – Sunday 2<sup>nd</sup>

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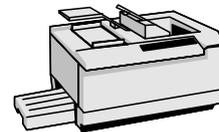
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March

Workshop 2 – URC – Sunday 9<sup>th</sup>

March

Garsdale Church – Wednesday 30<sup>th</sup>

April – 7.30pm

Sedbergh Gala – Saturday 17<sup>th</sup> May –  
12.45pm

Dumfries – Sunday May 25<sup>th</sup> –

Wednesday 28<sup>th</sup> May

Sedbergh Music Festival – St

Andrews Church - Wednesday 4<sup>th</sup>

June – 7.30pm

Country Harvest – Wednesday 9<sup>th</sup>

July – 7pm

Hardraw Festival – Sunday 14<sup>th</sup>

September

Middleton Church – 17<sup>th</sup> September -  
7.30pm

Remembrance Sunday – Sunday 9<sup>th</sup>

November – 11am

Concert of Remembrance – URC -

Tuesday 11<sup>th</sup> November – 7.30pm

Christmas Concert Practice – St.

Andrews Church - Monday 1<sup>st</sup>

December – 7.30pm

Christmas Concert - St. Andrews

Church – Tues 2nd December –

7.30pm

### **Fundraising Events**

Bingo - Friday 14<sup>th</sup> February 7pm

White Hart Club

### **Coffee Mornings**

Wednesday 12<sup>th</sup> March

Wednesday 17<sup>th</sup> September

Wednesday 17<sup>th</sup> December

### **INDOOR BOWLING**

This takes place on 2 or 3 Wednesday evenings per month in the Memorial Hall at Dent, on our first night back this year we had two mats in use and 7 people playing. New people will always be welcome. Sometimes we meet once a month on a Sat morning (ie this month, Feb) and the coffee morning is open to all .

Over the years that the bowling has taken place a few hundred pounds has been raised for Memorial Hall funds, the DMH bought the equipment and the trolley for storage when we started. We play for FUN, do join us. A list of dates can usually be found on the DMH notice board / kitchen window.

*SE Woof.*

### **SEDBERGH ANGLERS**

The 2013 season for trout and sea trout closed on 30 September and that for salmon on 31 October. Fishing this year has been very mixed with periods of high fast flowing water followed by low levels. Based on returns submitted sea trout numbers were up and this was confirmed by sightings in the rivers throughout the season. Salmon catches have been very low, that is to say one.

Sadly members and guests once again have not been very responsive when it comes to sending in returns. It seems to be a pattern that only about 25% of ticket holders send in a return. This year the number of nil returns has outnumbered the number

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recording caught fish. The low number of returns does have an impact on the ability to manage the fishing effectively and without full figures assumptions have to be made when it comes to considering the restocking of brown trout. Indeed for the 2013 season it would appear that only a handful of stocked fish were caught. One could say therefore that there is very little point in stocking the river, as 99% of fish caught are apparently wild. Over recent years the number of stock fish introduced each year has fallen, largely on account of cost. All introduced fish are sterile and thus cannot interbreed with wild fish. All stock fish are marked on the underside. As a

proportion the number of unmarked fish has continued to rise indicating an underlying improvement in the state of wild fish.

Future fishing continues to be potentially threatened by 3 hydroelectric schemes being proposed for the Lune. Even the smallest impact of these could have a significant deleterious effect on salmon populations for the future. It should be remembered that the Lune is one of 3 index rivers in England where special measures may need to be taken to conserve stocks. This is becoming increasingly important in view of low catch returns.

The Annual General Meeting of the Association will take place on Wednesday 26 February 2014 at 7.30 pm at 'The Club' (upstairs in the Cricket Pavilion) at Sedbergh School.

The new season begins on 15 March 2014. Tickets will be available from Premier Express from early March. Fees remain unchanged.

<http://www.sedberghanglers.org.uk>

*Dr David Wright*

## SEDBERGH ORCHESTRA

*conductor Peter Crompton  
leader Sue Armstrong*

**Thursday 6th March**  
8.00pm *doors open 7.45pm*  
ST ANDREW'S CHURCH

### 'Musical Coincidences'



Mozart Overture 'Impresario'

Weber Concertino for Clarinet

Wagner Siegfried Idyll

+ + + + +



Sibelius Pelleas & Melisande

Järnefelt Praeludium



*Light refreshments will be available in the interval*

Any proceeds will be added to the Alison Armstrong Pepperpot Fund which supports the work of Sedbergh Pepperpot Club with Sedbergh Orchestra and young musicians locally

**Adults £6.00 18 & under Free**

*Tickets from Sedbergh Pepperpot Club tel 21196  
e-mail [yantether@gmail.com](mailto:yantether@gmail.com)  
Orchestra members or at the door*

## SEDBERGH CRICKET CLUB

Sixteen young cricketers from Sedbergh CC will be having a full day's coaching at the splendid facilities of Sedbergh School by 2 coaches from Pro Coach Yorkshire, the coaching wing of Yorkshire CCC, in the half term holiday on Tuesday February 18th. The funding is coming from the Yorkshire Ridings Society and a Yorkshire cricket supporters message board, The Corridor of Uncertainty.

The aim is to promote cricket and indeed Yorkshire cricket in a far corner of the traditional West Riding of Yorkshire. Though Sedbergh and Dentdale are administered by Cumbria, they are historically and properly part of the Yorkshire. Dick Gorst, the Sedbergh juniors coach, is liaising the coaching at Sedbergh. Our thanks to him and to Sedbergh School for kindly allowing use the use of their marvellous indoor facilities.

*Michael Pulford*



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**FRASER SPROUL**

Local student Fraser Sproul, age 9 during the summer took part in the BOFRA (British open fell running association) series. To qualify, Fraser had to compete in 8 of the 15 races. The 1st race being Sedbergh gala which he won, he went on to win at Kettlewell, Hawswik, Helm, Kirkby in Furness, Ambleside, Farleton Knott, Arncliffe and Reeth. He was presented with the BOFRA u12 boys trophy and also presented with a shield for 'the most outstanding runner ' across all the age groups.



Fraser was also nominated as Sports Person of the year by the Lakeland sports promoters association in recognition of his running achievements this year and was presented with a Trophy at the recent presentation held at Kendal Golf Club. Well done Fraser on all your running achievements.

*Nicola Sproul*



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### **SEDBERGH ORCHESTRA CONCERT**

On a Thursday evening in late November I attended the Sedbergh Orchestra's 'Musical Triumphs' concert. Guest conductor Tom Newall told the audience that the orchestra's regular conductor had left them with a particularly challenging repertoire before heading off to Indonesia on musical business. It became clear, however, as the orchestra tackled the pieces with confidence and spirit, that they had been left in skilled hands.

The concert opened with Weber's Overture to 'Oberon'. The orchestra soon warmed up; gentle fairy flutters in the wind section made way for a sumptuous melody from the lower strings. The contrasts in mood were clearly conveyed, from the dramatic stormy passage to the beautiful, lyrical clarinet tune, which was played with great sensitivity.

The orchestra then moved on to capture the jaunty opening March of Britten's 'Matinées Musicales' (an arrangement of pieces by Rossini), followed by its dreamy Nocturne and lively Waltz. The percussion section showed off their talents, adding character with a range of light-hearted effects, from woodblock to tambourine. The flutes in the Pantomime movement were neat and light and the violas provided a string-crossing accompaniment with impressively few bumps. Britten's closing musical joke, an arrangement of vocal exercises, presented perhaps the greatest challenge for the orchestra; I did not envy the poor

violinists as they braved the highest reaches of the fingerboard.

Saint-Saëns' 2nd Symphony opened the second half of the concert. What stood out was the ease with which the main melodies were passed between the different sections of the orchestra. There were some tricky exposed passages, but each movement started and ended with conviction and any wobbles in tempo were soon steadied. It was good to see Mr Newall beaming with delight at the glorious descending melody in the final movement and to hear the second violins (who don't often get a moment of glory) enjoying their chance to shine with the tune.

The highlight of the evening was Shostakovich's Waltz from Jazz Suite no.2, which was presented with elegance and poise. The piano part was played with great gusto. Sedbergh even managed to provide the required accordion player! The catchy, syrupy tune did indeed possess the 'haunting beauty' promised in the programme, and I found myself humming it as I walked home.

In short, it was a thoroughly uplifting evening. The orchestra sensitively captured changes in mood and style. Sympathetic accompaniments allowed melodies to flourish. The musicians attacked difficult passages with courage and delivered unison sections with precision. It is exciting that a town of Sedbergh's size can produce an orchestra that can put such great masterpieces before an audience, for our enjoyment.

*Naomi Lidiard*

## THE ROSE COMMUNITY THEATRE

Yes folks, RCT members old and new are into rehearsals for this year's spectacular production. As you will know, each year is a little different for Rose Theatre. Just like the performances, no two nights are ever the same, despite the rehearsals. Anyone who was at last year's Spar Wars show will testify that the incredible sight of the full size (slight exaggeration!) replica of the Millennium Falcon spaceship flying the length of the People's hall justified the oohs! and aarhs! from stunned audience members. By now I'm sure most of you will be out of counselling and ready for this year's offering, which will be 'Turnabout Abbey'. Any resemblance to a popular Sunday evening Drama Series is purely co-incident! It is a tale of fortunes won and lost, of romance and fame, with tepid love scenes, semi-heroic deeds, a quartet of ghosts (rising in number during the show!) and of course plenty of catchy songs, sixteen in all.

Well, folks it's our stated aim to entertain and put the fun into *fund* raising, so we hope to see you at the

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People's Hall on Thursday March 20th, Friday March 21<sup>st</sup> or Saturday March 22nd. Three evening shows at 7.30pm, together with a Saturday afternoon matinee at 2.30pm.

Tickets will go on sale in early March. The RCT would also like to thank everyone who has kindly donated fabric, curtains, sheets, hats, caps, brac-a-bric, and even lovely dresses to make sure that the cast are properly attired for this spectacular show.

*Sandra Gold-Wood*

## YORKSHIRE DALES NATIONAL PARK

A wildlife website launched in 2013 by the Yorkshire Dales National Park Authority (YDNPA) has attracted more than 12,000 visits.

Called 'Nature in the Dales', it is the website of the Yorkshire Dales Biodiversity Forum and was created for anyone interested in wildlife and wildlife conservation in the National Park.

Early on it won praise from TV presenter and environmental

campaigner Prof David Bellamy, who described it as “a fantastic window onto one of the most beautiful corners of Britain”.

The website – at [www.natureinthedailes.org.uk](http://www.natureinthedailes.org.uk) – is hosted by the National Park Authority, which also funded the design work, and its content has been written and illustrated by a wide range of organisations and individuals.

It showcases local information about 150 of the species and 14 of the habitats found in the special landscape of the National Park, accompanied by 300 stunning images, many of them generously donated by local naturalists, landowners, visitors, academics and conservation professionals.

In addition, it contains details of conservation projects pioneered in the National Park, 18 of the best places to see wildlife, the Biodiversity Forum’s Species and Habitat Action Plans and a wide range of opportunities for people to get involved in looking after their natural environment. *Nick Oldham*

#### **SEDBERGH SCOUTS GROUP**

*Thank you from the Group*

Sedbergh Scout Group would like to thank everyone for their support and fundraising through the Christmas Post. In the weeks leading up to Christmas Beavers, Cubs, Scouts, Explorers, Parents and even some Grandparents helped to deliver nearly 1,500 cards and raise over £300 for the group!

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The start of a New Year must have inspired the leaders because every section has included the 'Health and Fitness' challenge or badge within their program for the next term. The Beavers will also be developing their creativity and imagination skills while the Cubs celebrate 100 Years of Cub Scouting by designing badges to represent this fantastic achievement; exploring their scientific understanding through building robots, growing crystals and finding out about the world around us and beginning to learn navigation skills to be developed later this year. The Scouts meanwhile will be aiming high with some climbing and abseiling activities planned to complement the traditional scouting skills they enjoy so much.

For information about joining Beavers, Cubs or Scouts please contact Bill Mawdsley, Trish Woof or myself (details on Page 82).

During term time, Beavers takes place on Friday 5.30 - 6.30 and Scouts on a Friday 7.30 - 9.15 and Cubs Tuesday 6.30 - 7.30.

*Toby Hubbard*

### EDITORS NOTES

Thank you for the continued support of Lookaround.

Every month, I make hundreds of transactions and have an average of almost 300 e-mails and dozens of pieces of paper with information so I will make an error or two. In December, I made a few errors.

Page 80 saw the misspelling of Nela's Surname as Guer when it should have been Geuer. Apologies for this but on a monthly basis, I also



have my name spelt wrong as Denis, Denise, Wicker or Whittaker so I know how you feel.

Page 92 had the wrong Dialing

Code in WW1 Casualty Commemoration report but hopefully you saw that one.

Also apologies for omitting the Cautley Carols article which was submitted but missed by me and now appears on Page 40, albeit late.

*Dennis J Whicker*

### COMMUNITY OFFICER REPORT

*Incidents in November:*

20th: A Burglary was reported at a Business premises in Sedbergh. a white S02 SOLARIS caravan was stolen along with around 8 bags of coal.

23rd: A Burglary was reported at Sedbergh School. 13 victims had laptops, I-Pods, I-Phones and cash stolen. Enquiries are still ongoing.

*Incidents in December:*

5th: On Fairholme it was reported that 2 males in High Vis jackets were seen looking suspicious in a vehicle. The registration was passed and officers sent to the scene. The vehicle had been involved in two drive offs (filling up of petrol without payment) in the Greater Manchester Area and at Prizet near Kendal . The vehicle was then seen parked up. The driver was arrested and charged with the offence. A good spot by one of our residents!

14th: Between £300 and £400 was stolen from one of the main street shops from the staff areas.

17th: A red VW Transporter Van, Registration Number DE05 NNM was stolen from Dent.

18th: £400 worth of damage was caused to 2 Security Lights at Settlebeck School.

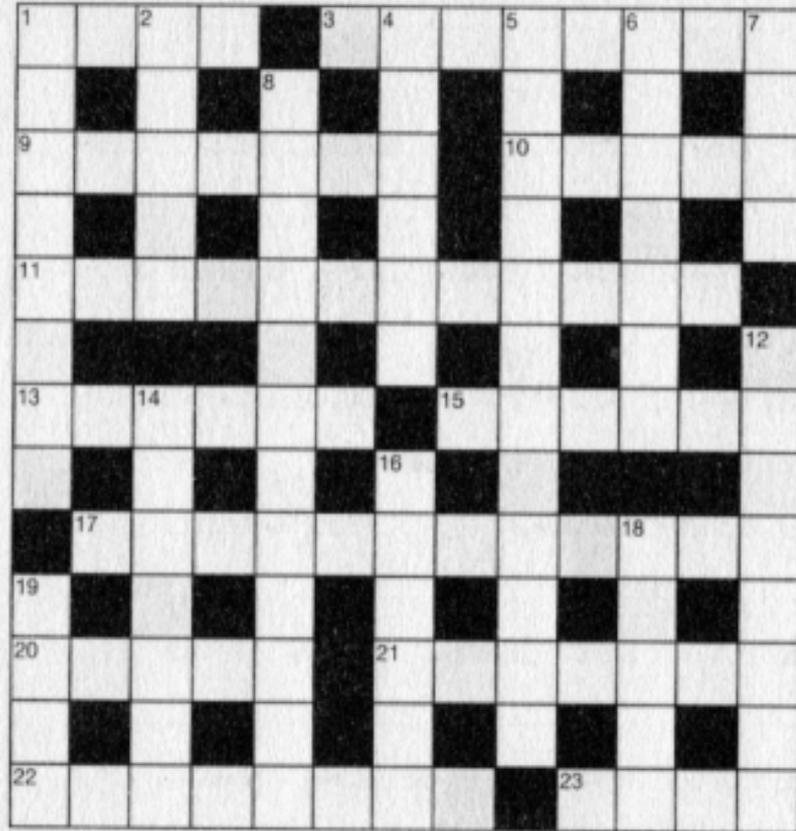
23: A quad bike was stolen from a farm in Dent, this was taken out of the farm yard.

31st: A digger bucket was stolen from the car park at The Moor Cock pub at Garsdale.

An advertisement for Graham Bradley Building & Joinery. It features a brick wall on the left and a stone wall on the right. The text is enclosed in a black and white checkered border.

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### ACROSS

- 1 Easy jogging pace (4)
- 3 Steersman of a boat (8)
- 9 Item produced (7)
- 10 US state (5)
- 11 Prince Edward (4, 2, 6)
- 13 Excessive pride (6)
- 15 Voice box (6)
- 17 Overwhelming (12)
- 20 Lag behind (5)
- 21 Henry - - -, composer (7)
- 22 At whatever time (8)
- 23 African country (4)

### DOWN

- 1 Unbalanced (3, 5)
- 2 Smell (5)
- 4 Canadian city (6)
- 5 Adequate (12)
- 6 Fear (7)
- 7 John - - -, British architect (4)
- 8 Unexpectedly (3, 2, 3, 4)
- 12 Thrown out (8)
- 14 Tell (a story) (7)
- 16 Small spot (6)
- 18 Tree (5)
- 19 Simmered dish (4)

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Residents inspired by all the interesting things that have taken place in Sedbergh in the past few weeks.



### BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Sharrocks .....	Holmecroft; Station Road, Sedbergh LA10 5DW (2013/11) ..... <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: <a href="http://www.holmecroftbandb.co.uk">www.holmecroftbandb.co.uk</a>	20754
Mrs A Bramall .....	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) ..... <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: <a href="mailto:ali@interact.co.uk">ali@interact.co.uk</a>	20360
Miss S Thurlby .....	15 Back Lane, Sedbergh LA10 5AQ (2012/12) ..... <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- <a href="mailto:wheelwright.cottage@homecall.co.uk">wheelwright.cottage@homecall.co.uk</a> Free Wi-Fi available	20251
Mrs J Hope .....	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2012/12) ..... <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: <a href="mailto:enquiries@theoldjoinery.com">enquiries@theoldjoinery.com</a>	20309
Ms D Wood .....	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) ..... <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789
Mrs S Gold-Wood .....	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) ..... <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: <a href="mailto:sangold.kwood@virgin.net">sangold.kwood@virgin.net</a>	21808
Mrs J Postlethwaite .....	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) ..... <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529

### CAMPING, CARAVANNING & SELF-CATERING

Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09) .....	01969 667356 <i>Sleeps 2; D; CH; TVL; P; NS; DW</i>
Mrs A Bramall .....	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) ..... 20360 <i>Self-Catering Sleeps 6-8</i>
Mrs Tallentire .....	Ingmire Hall, Sedbergh (2013/02) ..... 07944 859456 <i>D &amp; PB Flat; £395 pcm; References &amp; Deposit required</i>

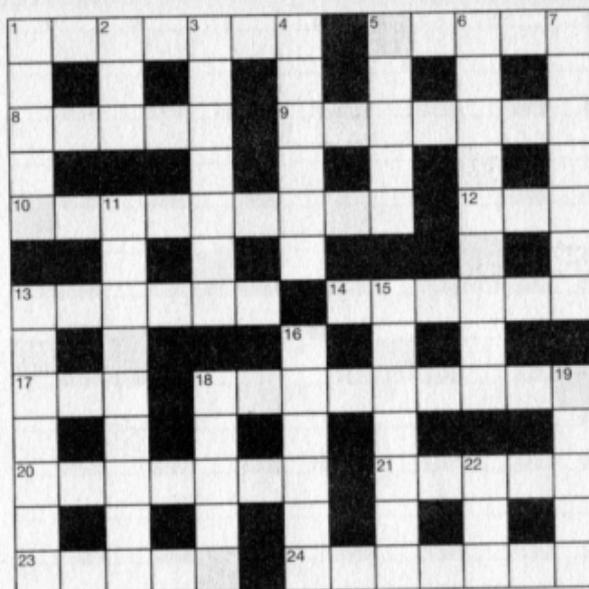
### KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom  
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled  
 Access; NS(B) = No Smoking (Bedrooms); NP(\*) = No Pets (\* by arrangement); DW = Dogs Welcome  
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal  
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

## BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0740 (C)	0817	M - F	564	GPS	0825	0858	M - F	564	GPS
0938 (H)	1010	M - F	564	W	1030 (H)	1058	M - F	564	W
1002 (C, H)	1044	M - S	564	GPS	1055 (C)	1128	M - S	564	GPS
1015 (L, H)	1045	Wed	564B	W	1300 (H)	1330 (L)	Wed	564B	W
1050 (L)	1125	Sat	564A	WDB	1330 (H)	1358	M - F	564	W
1238 (H)	1310	M - F	564	W	1405 (C, H)	1443	M - S	564	GPS
1310 (C)	1347	M - S	564	GPS	1425 (H)	1500 (L)	Sat	564A	WDB
1545	1620	M - S	564	GPS	1625 (C)	1658	M - S	564	GPS
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
0855 (L)	0932	M - F	564	GPS	0705	0740	M - F	564	GPS
1125 (L)	1202	M - S	564	GPS	0935	1002	M - S	564	GPS
1440 (L)	1505	M - S	564	GPS	1235	1310	M - S	564	GPS
1655 (L)	1732	M - S	564	GPS	1510	1545	M - S	564	GPS
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent Station to Dent				
0825	0840	Sat	564A	WDB	0950 (CG)	1000	Wed	548B	W
1330	1345	Wed	564B	W	0910	0925	Sat	564A	WDB
1500	1515	Sat	564A	WDB	1020	1035	Sat	564A	WDB
1650	1705	Sat	564A	WDB	1615	1630	Sat	564A	WDB
1840 #	1855	Sat	564A	WDB	1740	1755	Sat	564A	WDB
					1930 #	1945	Sat	564A	WDB
Dent to Dent Station					Dent to Sedbergh				
0840	0855	Sat	564A	WDB	1000	1015	Wed	548B	W
0950	1005	Sat	564A	WDB	1035	1050 (L)	Sat	564A	WDB
1345	1355 CG	Wed	564B	W	1630	1645	Sat	564A	WDB
1515	1530	Sat	564A	WDB	1755	1810	Sat		WDB
1705	1720	Sat	564A	WDB	1945 #	2000	Sat		WDB
1855 #	1910	Sat	564A	WDB	Last Update: June 2013				
L = Sedbergh Library					H = Via Westmorland General Hospital (Request Only)				
C = Via Kendal College					CG = Cowgill				
W = Woof's of Sedbergh					WDB = Western Dales Bus				
GPS = Grand Prix					# = British Summer Time Only				
<i>Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.</i>									
All times from Sedbergh are from and to Thorns Bank unless stated (L)					For Comprehensive up-to-date information ring :- Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)				

Dent Station Western Dales Bus Saturday Service 564A					
Train connection From Leeds		1016	1611		1923
Train connection From Carlisle	0905			1732	1920
Buses leaving Dent Station	0910	1020	1615	1740	1930
Buses Arriving Dent Station	0855	1005	1530	1720	1910
Train connection To Carlisle		1016	1611		1923
Train connection To Leeds	0905	1040	1540	1732	1920



### ACROSS

- 1 Part of ancient Palestine (7)
- 5 Typically masculine (5)
- 8 Crouch in fear (5)
- 9 Exceed (7)
- 10 Travelling (2, 3, 4)
- 12 Edgar Allan - - -, author (3)
- 13 Casualty, sufferer (6)
- 14 Manipulate things around (6)
- 17 Deed (3)
- 18 Width (9)
- 20 Flowering garden plant (7)
- 21 Minister's house (5)
- 23 German beer mug (5)
- 24 Autumn month (7)

### DOWN

- 1 Small lizard (5)
- 2 Statute (3)
- 3 For the most part (7)
- 4 London railway station (6)
- 5 Telegraph code (5)
- 6 NE region of France (9)
- 7 Indecent (7)
- 11 Revolving platform (9)
- 13 Infectious disease (7)
- 15 Slovenly (7)
- 16 Japanese emperor (6)
- 18 Hooked claw (5)
- 19 Promise on oath (5)
- 22 Main point (of a story) (3)

<b>Organisation</b>	<b>Update</b>	<b>Contact</b>	<b>Tel:</b>	<b>015396</b>
Age UK South Lakeland	08/13	Mrs Greensmith	01539	728180
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	09/08	Mrs Leigh	Sed:	20794
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beaver Scouts	03/13	Mrs Woof	07890	302038
Beekeepers Association	01/09	Mrs Whitton	015242	72004
Bell Ringers (StAS) *	02/14	Mrs Sharrocks	Sed:	20754
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Queen's Gardens	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cricket Club - Dent	01/09	Mr Hyde	Dent:	25503
Cricket Club - Sedbergh	01/09	Mr Hoggarth	01539	731140
Cub Scouts *	02/14	Mr Hubbard	Sed:	20028
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	11/13	Mr Steele	Dent:	25054
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School - Friends of	03/13	School	Dent:	25259
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club - Sedbergh	06/09	Mr Kirby	Sed:	21214
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665

Kent Lune Trefoil Guild *	12/13	Mrs Gilfellow	01524	781907
Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's - Dent	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council - Dent	07/12	Mr Stephenson	Sed:	21487
Parish Council - Garsdale	01/09	Mrs Donaldson	07967	972160
Parish Council - Sedbergh	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground - Sedbergh	10/09	Mrs Rice	Sed:	22100
Playgroup - Sedbergh	01/09	Mrs Gunning	Sed:	20226
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group - Sedbergh	02/09	Mrs Foott	Dent:	25453
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	12/10	Mrs Levitt	Dent:	25162
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute - Dentdale	02/11	Mrs Smith	Dent:	25688
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	08/12	Ms Gardner	Sed:	20570

\* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,  
please supply details to the Lookaround Office

<b>CHURCH SERVICES FEBRUARY</b>					
St. Andrew's	2nd	9th	16th	23rd	
8.00 am	HC BCP	HC BCP	HC BCP	HC BCP	
10.30 am	HC BCP	Sunday School	HC CW	Family Service	
6.30 pm	EP	EP	EP	EP	
Wednesday	5th	12th	19th	26th	
11.15	HC	HC	HC	HC	
St. Mark's	2nd	9th	16th	23rd	
9.30 am	HC	MP	HC		
2.30 pm				M&P	
St. John's	2nd	9th	16th	23rd	
10.00 am	2pm Ecum HC Low Smithy	HC	MP	HC	
<b>LUNE PARISH SERVICES</b>					
	2nd	9th	16th	23rd	
Holy Trinity Howgill	<b><i>Church Closed February &amp; March</i></b>				
St John's Firbank	10.30 am MP @ Killington	2.00 pm HC @ Firbank	2.00 pm HC @ Killington	2.00 pm HC @ Firbank	
All Saints Killington					
<b>DENT &amp; COWGILL PARISH SERVICES</b>					
	2nd	9th	16th	23rd	
St. Andrew's	10.30 am HC	10.30 am HC *	10.30 am HC	10.30 am United Communion Service @ Dent Methodist Church	
St. John's	9.00 am HC		2.30pm EP		
<b>worship@peopleshall</b>					
	2nd				
People's Hall	1030				
HC = Holy Communion			SS = Sunday School		
BCP = Book of Common Prayer			MP/EP = Morning Prayer/Evening Prayer		
CW = Common Worship			M&P = Meditation & Prayer		
PC = Parish Communion			NSV = New Sedbergh Version		

## Religious Services in Sedbergh

### CHURCH OF ENGLAND

St. Andrew's Parish Church  
 Sunday 08.00, 10.30 & 18.30  
 Wednesday 11.15

**Rev. A. McMullon Tel: 20018**

*Church Wardens:*

Tony Reed Screen 21081  
 & Susan Sharrocks 20754

[www.sedbergh.org.uk/churches/anglican](http://www.sedbergh.org.uk/churches/anglican)

### ROMAN CATHOLIC

St. Andrew's Parish Church  
 Sunday 12.00  
 Holy Days 19.30

**Rev. Dr. P. Campbell Tel: 20918**

### METHODIST CHURCH

New Street  
 Sunday 10.30

**Rev. H. Stuteley Tel: 20329**

### UNITED REFORMED CHURCH

Main Street  
 Sunday 10.30

**Rev. C. Marsden Tel: 22030**

### SOCIETY OF FRIENDS

#### QUAKERS

Brigflatts  
 Sunday 10.30

**Tess & Philip Satchell Tel: 20005**

### DENTDALE

#### CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ  
 Every 4th Sunday 1900

**Sarah Woof Tel: 25212**

*Enquiries for the following services,  
 please ring the relevant telephone number*

### CHURCH OF ENGLAND

Cautley & Garsdale

**Rev. A. McMullon Tel: 20018**

*Church Wardens:*

Cautley: Judith Bush 20058  
 & Linda Hopkins 21455  
 Garsdale: Mary Grant 20573  
 & Bill Mawdsley 20723  
 Firbank: Colin Wilson 20952  
 & Jean Dixon 20435  
 Howgill: Mary Stainton 20426  
 & Dorothy Parker 20493  
 Killington: Jennifer Thornely 20444  
 & John Mather 015242 76333

Dent & Cowgill

**Rev. P. Boyles Tel: 25226**

### METHODIST CHURCH

Dent; Dent Foot;  
 Cautley; Fell End;  
 Garsdale Street; Garsdale Low Smithy;  
 Hawes Junction & Frostrow

**Rev. H. Stuteley 20329**

### SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

**Tel: 20588 or 20503**

[www.sedberghchristiancentre.co.uk](http://www.sedberghchristiancentre.co.uk)

**worship@peopleshall**

10:30 am 1st Sunday each month

**Beth & Sandy Roy Tel: 20785**

### UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

**Rev. G. Jones Tel: 01539 722079**

## Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£4.00

All enquiries to  
 13 Kings Yard, Sedbergh LA10 5BJ  
 Adverts by 15th of every month.  
*Can all adverts please be  
 accompanied with the correct money  
 at the time of submission.*  
 Articles etc. by 19th of every month  
*Last Price Update August 1999.*

## DIARY OF EVENTS

*Dates are held up to 17th December 2014*

<b>FEBRUARY</b>		
1	1000	Dutch Exhibition till 21/04 (25) FM
1	1900	Flicks in the Fells - Gravity PH
5	1930	HS Lakeland Architecture (19) SSAT
6	1930	WIH Cumbrians in the Arctic FCH
7	1330	Dent Over 60's History of Lookaround DMH
7	1930	Killington Sports Domino Drive KVH
8	1000	Garage Sale (8) Winfield Road
10	1700	SS Swimming Pool Facility (32) PH
11	1400	WIK Salvation Army PH
11	1700	SSAT Senior Citizens Concert (11) SSAT
11	1930	FCH Domino Drive FCH
12	1930	WIS Missed Cues SMC
13	1930	Calendar Girls (1) PH
14		St Valentine's Day
14	1900	Bingo Night (14) WHC
14	1930	Calendar Girls (1) PH
15	1930	Calendar Girls (1) PH
17	1930	Domino Drive GVH
19	1930	HS Treasure Trove of Memories (19) SSAT
20	1930	Calendar Girls (1) Staveley
21	1930	Domino Drive KVH
21	1930	Calendar Girls (1) Staveley
22	1930	Calendar Girls (1) Staveley
26	1930	CWT Wild Shetland SSAT
26	1930	Sedbergh Anglers AGM SS
26	1930	NWA Concerts (*) APH
24	1930	FCH AGM FCH
27	1930	Sedbergh Bowling Club AGM (27) WHC
28	1930	Tattie Pie Supper & Domino Drive HVH
<b>MARCH</b>		
1		St David's Day
1	1000	Dutch Exhibition till 21/04 (25) FM
1	1900	Flicks in the Fells PH
4		Shrove Tuesday - Pancake Day
5	1000	Coffee Morning Rose Theatre URCR
5	1930	Tennis Club AGM (32) Bull Hotel
5	1930	HS Transport over Shap Fell SSAT
6	1930	WIH A Career in Ruins HVH
6	1945	Musical Coincidences (71) StAS
11	1400	WIK So you think you can stitch? PH
11	1930	FCH Domino Drive FCH
12	1000	Coffee Morning Town Band URCR
12	1930	WIS Singing my Travels PH
16	1930	NWA Concerts (*) APH
17		St Patrick's Day
19	1000	Coffee Morning Christian Aid URCR
19	1930	HS High Bank House, Barbon SSAT
19	1930	DMH AGM DMH
20	1300	Medical Centre Closed for Training (59) MC
20	1900	Turnabout Abbey (61) PH
21	1900	Turnabout Abbey (61) PH
22	1000	Peppercot Coffee Morning URCR
22	1430	Turnabout Abbey (61) PH
22	1900	HS AGM SSAT
22	1900	Turnabout Abbey (61) PH
26	1000	Coffee Morning Utd Ref Church URCR
26	1930	Wildlife & Environmental Policing SSAT
29	1200	Spring Show <b>CANCELLED</b>
29	1930	PH Dance PH
29	1930	A Night in Venice (40) StAD
30		Clocks March Forward
30		Mothering Sunday
<b>APRIL</b>		
1	1000	Dutch Exhibition till 21/04 (25) FM
2	1000	Coffee Morning NW Cancer URCR
3	1930	WIH Hearing Dogs FCH
5	1900	Flicks in the Fells PH
8	1400	WIK "Holhirdiana" PH
9	1000	Coffee Morning Ladies NFU URCR
9	1930	WIS The Lost Community of Mardale PH
13		Palm Sunday
16	1000	Coffee Morning Garsdale Village Hall URCR
17		Maundy Thursday
18		Good Friday
21		Easter Monday
21	1000	Dutch Exhibition Ends FM
23		St George's Day
23	1000	Coffee Morning StAS Mission URCR
26	1930	PH Dance PH
30	1000	Coffee Morning - WIS URCR
30	1930	CWT Mountains in the Sea SSAT
30	1930	Town Band Concert StJCG
<b>MAY</b>		
1	1930	WIH Guiding at Dalemain HVH
3	1900	Flicks in the Fells PH
5		May Day
7	1000	Coffee Morn Dent & Sed Oral Society URCR
12-15		Christian Aid Week URCR
13	1400	WIK Resolutions PH

*The S & D Lookaround is edited, published & distributed monthly by  
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The content of The Lookaround does not reflect the views of the Editors.  
Whilst every effort is made to ensure that information is correct, the Editors cannot  
accept any responsibility for any inconvenience caused through errors or omissions.  
Copies are available from Sedbergh Office Services, Green Door,  
Premier, Howgills Bakery, Post Office, Dent Stores & Barbon Inn.*

**COVER PICTURE**  
Entrance to Dentdale from Sedbergh  
*By Dennis J Whicker*

14	1000	Coffee Morning Christian Aid	URCR
14	1930	WIS Resolutions & Jacobs Join	PH
16		SIA Great British Fish & Chips Event	
17	1200	Sedbergh Gala	Sedbergh
19	1930	WI Group Meeting	PH
21	1000	Coffee Morning TBA	URCR
26		Spring Bank Holiday	
28	1000	Coffee Morning TBA	URCR

**JUNE**

1 - 15		Music Festival	Sedbergh
4	1000	Coffee Morning Howgill WI	URCR
4	1930	Town Band Concert	StAS
5	1930	WIH Jubilee Flotilla	FCH
7	1900	Flicks in the Fells	PH
10	1400	WIK Trees	PH
11	1000	Coffee Morning Garsdale Church	URCR
11	1930	WIS Lumps, Bumps & Wobbly Bits	PH
16		Father's Day	
18	1000	Coffee Morning WIK	URCR
21	1930	PH Dance	PH
25	1000	Coffee Morning Firbank Church	URCR

**JULY**

2	1000	Coffee Morning Utd Ref Church	URCR
3	1930	WIH Members Evening	HVH
9	1900	Town Band Concert	Country Harvest
8	1400	WIK Outing to Howarth	PH
9	1000	Coffee Morning Middleton Church	URCR
9	1930	WIS Wedding Myths & Magic	PH
16	1000	Coffee Morning TBA	URCR
23	1000	Coffee Morning TBA	URCR
30	1000	Coffee Morning Garsdale Village Hall	URCR

**AUGUST**

6	1000	Coffee Morning Howgill Church	URCR
7	1930	WIH Laughter, the best medicine	FCH
13	1000	Coffee Morning StAS Mission	URCR
13		WIS Summer Outing	
20	1000	Coffee Morning NW Cancer	URCR
25		August Bank Holiday	
27	1000	Coffee Morning Beekkeepers	URCR

**SEPTEMBER**

3	1000	Coffee Morning Garsdale Church	URCR
4	1930	WIH Ladies of Holker	HVH
6	1900	Flicks in the Fells	PH
9	1400	WIK Nurture your Artistic Talent	PH
10	1000	Coffee Morning - A&LP Lookaround	URCR
10	1930	WIS Makeover Magic	PH
14		Town Band @ Hardrow Festival	Hardrow
17	1000	Coffee Morning Town Band	URCR
17	1930	Town Band Concert	MiddC
24	1000	Coffee Morning TBA	URCR

**OCTOBER**

1	1000	Coffee Morning Firbank Church	URCR
2	1930	WIH AGM & WI Advisor	
4	1900	Flicks in the Fells	PH
7	1400	WIK Sing! Penguin! Sing!	PH
8	1000	Coffee Morning Utd Ref Church	URCR
8	1930	WIS Decorating a Sponge Cake	PH
11	0930	MS Table Top Sale	PH
15	1000	Coffee Morning Christian Aid	URCR
18	1400	Jumble Sale	PH
18	1930	PH Dance	PH
22	1000	Coffee Morning Bowling Club	URCR
26		Clocks Fall Back	
29	1000	Coffee Morning Garsdale Church	URCR
31		Halloween	

**DIARY KEY**

APH	= Appleby Public Hall
BF	= Brigflatts
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CO	= Community Office, Main Street
CTIS	= Churches Together in Sedbergh
CWS	= Craftworkshop 61 Main Street
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMS	= Dent Methodist Schoolroom
FCH	= Firbank Church Hall
FM	= Farfield Mill
GVH	= Garsdale Village Hall
MC	= Medical Centre
MiddC	= Middleton Church
HS	= History Society
HVH	= Howgill Village Hall
IRC	= Information Resource Centre
JLCP	= Joss Lane Car Park
KLI	= Kirkby Lonsdale Institute
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
PH	= People's Hall
RD	= Rhumes, Dent
SASL	= Sight Advice South Lakeland
SMC(R)	= Sed. Methodist Church (Room)
StAS/D	= St Andrew's Church, Sedbergh/Dent
StJCG	= St John's Church, Garsdale
SHQ	= Scout Headquarters
SSAT	= Settlebeck School Academy Trust
SS	= Sedbergh School
STO	= Sedbergh Tourist Office, Main Street
URC(R)	= United Reformed Church (Rooms)
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

## PUBLIC INFORMATION

### Sedbergh Medical Practice

01539 718191

01539 718191 (Option 1) 24hr Prescription line

### Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm  
(Doors open at 8.15am)

### Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am  
**(No appointment necessary)**  
Late Morning – 10.30am -12.30pm  
**(By appointment only)**  
Afternoon – 2.30pm – 6pm  
**(By appointment only)**

**Surgery by appointment only –**  
Early Morning Tuesday & Thursday  
Late evening Monday & Tuesday

**Dent Surgery by appointment only - Monday**

### Practice Nurses Clinics

Monday – Friday – 8.30am -6pm  
**(By appointment only)**

Baby Immunisations/Travel Clinic – Wednesday  
afternoons **(By appointment only)**  
Dressings Clinic – Friday afternoons  
**(By appointment only)**

### Blood clinic

Monday – Thursday – 8.20am – 12pm  
**(By appointment only)**

**Please telephone the surgery to make  
appointments for all the above clinics.**

See our website [www.sedberghmp.nhs.uk](http://www.sedberghmp.nhs.uk)  
for further details

When we are closed please contact  
CHOC 03000 247 247 or 999 if appropriate

### Collinge Optometrist

Friday only  
0900 to 1300 by appointment only.

### DENTAL SURGERY

Main Street 20626  
Ben Houghton, Ian Dawson, Wendy Thompson,  
Dawn Douglas & Sarah Boum (Hygenist)  
Monday to Friday 0900 - 1700  
Saturday \*

### SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900  
Wednesday 1000 - 1230 1400 - 1700  
Friday 1400 - 1700  
Saturday 1000 - 1230

### DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900  
Saturday 0900 - 1400

### SEDBERGH TOURIST OFFICE

Main Street 20125  
Open Monday to Saturday 1000 - 1600  
Sunday 1200 to 1600  
[www.sedbergh.org.uk/booktown/dlbc.html](http://www.sedbergh.org.uk/booktown/dlbc.html)

### COMMUNITY OFFICE 20504

Monday to Friday 1000 to 1600  
Thursday 1000 to 1300  
e-mail: [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)  
[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### RURAL CITIZENS ADVICE BUREAU

There are no local facilities  
[www.cabsouthlakeland.org.uk/](http://www.cabsouthlakeland.org.uk/)

### PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600  
01539 795000 or 0845 6060265

### Age UK SL @ Community Office

1st Wednesday every month  
10 am to 12 noon  
01539 742627

### COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031  
[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

### POLICE

101 or 999

### PUBLIC TOILETS

Main Street, Sedbergh  
Main Street, Dent

### VETERINARY SURGERY

14 Long Lane  
015396 20335 (including emergencies)  
Mr N. Preston & Mr J. Bramley  
Dispensary Monday to Friday 0900 - 1300  
1400 - 1700  
Consultations Monday to Friday 0900 - 1000 \*  
1400 - 1500 \*

Other times by appointment only \*

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY