

Sedbergh & District LOOKAROUND

October 2014

Issue 326

Donation £1

Yet another bumper issue with 88 pages to give a very warm welcome to all our readers and contributors.

A continued big Thank you to all the contributors to what must be one of the best Newsletters in the country -

which is only down to you. We also support the Audio and Large Print versions so if you know of anyone that would like a copy as a Birthday or Christmas present, let us know.

Dennis & Jacky Whicker

SEDBERGH & DISTRICT
HISTORY SOCIETY

Wednesday 1st October
The Bronte Family
An illustrated talk
Isobel Stirk

Wednesday 15th October
The History of Folksong
Illustrated with songs & Rhymes
Shelia Fletcher

All meetings in Settlebeck School,
start at 7:30pm unless stated.

Everyone is most welcome to attend
any or all of our lectures.
Members £1 ~ Non-Members £2

www.sedberghhistory.org

Chairman: Richard Cann 20771
Secretary: Karen Bruce-Lockhart 20224
Treasurer : Chris Elphick 20605
Membership Secretary: Chris Elphick 20605

Sedbergh Gala Group's
BONFIRE & FIREWORK DISPLAY
The Peoples Hall Field
Sedbergh
1st November
6.30 PM



Admission
Adults £3
Children -
Under 16 FREE

Pumpkin Lantern
Competition
Night Games & Tombola
Fibre Optics
Thai food & Burgers
Cakes and pastries
Mulled wine, soup, tea & coffee

CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788
e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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Regular Events/Meetings				PLACES OF INTEREST TO VISIT IN THE AREA
Time	Day	Event	Code	
1000	Every Sunday	Free Entry to Locals	FM	
1000	Every Monday	Wild Goose Qigong	URCR	Bruce Loch, Busk Lane
1330	Every Monday	Knit 'N' Natter	DHC	Cautley Spout, A683 towards Kirkby Stephen
1400	1st Monday	Bridging the Gap	MC	Community Office, 72 Main Street
1930	1st Monday	Dent Parish Council	DMH	Cumbria Wildlife Trust, Community Office
1930	1st Monday	People's Hall Comm	PH	Dent Heritage Centre, Laning, Dent *
1900	3rd Monday	Chamber of Trade	PH	Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
1300	Every Tuesday	Howgill Toddlers	HVH	Friends Quaker Meeting House, Brigflatts.
1300	Every Tuesday	Knit & Natter	FM	George Fox's Quaker Pulpit, Firbank
1830	Every Tuesday	Cub Scouts	SHQ	Golf Club, Catholes, Sedbergh *
1930	Every Tuesday	Bridge Club	WHC	History Society, Community Office
1930	Every Tuesday	T'ai Chi	URCR	Holme Working Farm, Middleton *
1400	2nd Tuesday	Killington WI	PH	Holy Trinity Church, Howgill
1400	3rd Tuesday	Sight Advice Group	PH	Jubilee Wood, Castlehaw Lane
1930	3rd Tuesday	Ladies NFU	PH	Langstone Fell, A684 Garsdale Foot
1000	Every Wednesday	Coffee Morning	URCR	Methodist Church, New Street
1315	Every Wednesday	Art Society	URCR	Queen's Gardens, Station Road
1315	Every Wednesday	Zebras	SMCR	St. Andrew's Church, Dent
1730	Every Wednesday	Sedbergh Juniors	PH	St. Andrew's Church, Main Street, Sedbergh
1730	Every Wednesday	Brownies (term time)	SMCR	St. Gregory's Church, Vale of Lune
1730	Every Wednesday	Beaver Scouts (Term Time)	SHQ	St. John's Church, Cowgill
1930	Every Wednesday	Sedbergh Seniors	PH	St John's Church, Firbank
1930	1st & 3rd Wednesday	History Society (Winter)	SHS	St. John's Church, Garsdale
1915	2nd Wednesday	Dentdale WI	DMH	St. Mark's Church, Cautley
1930	2nd Wednesday	Sedbergh WI	PH	Sedbergh Embroidery, StAS
1400	3rd Wednesday	Age UK South Lakes	Library	United Reformed Church, Main Street
1400	1st & 3rd Thursday	Child Health/Baby Club	PH	Information Centre, 72 Main Street
1930	1st Thursday	Howgill WI	FCH	Winder Fell, above Sedbergh
1200	2nd Thursday	Lunch Club	Red	
1915	2nd Thursday	Royal British Legion	WHC	
1930	2nd Thursday	Sed. Parish Council	PH	
1930	Every Friday	Scouts	SHQ	
1330	1st Friday	Age UK Dentdale Club	DMH	
See Pages 86 & 91 for contact details & Keys				* = Entry Fee Applicable

OCTOBER BIRTHDAYS

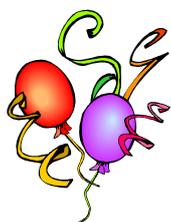
Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipients this month are:-
Ben Gibson who is 11 years old on 6th October and
Rosie Newbold who is 10 years old on 10th October.

Happy Birthday and please collect your vouchers from

SmartOffice

13 Kings Yard, Sedbergh
which can be used in any shop in
Sedbergh & Dent.



Day	Name	Age
3	William BLACKBURN	7
4	Isabella WOOF	4
4	Cally LAWSON	10
6	Ben GIBSON	11
7	Ross HORNER	5
9	Jed HARPER	6
9	Emily LISTER	9
10	Rosie NEWBOLD	10
11	Phoebe HALL	9
15	Kelly Ann SCOTT	6
19	Amelia GARDNER	3
19	Edward WILSON	10
20	Jade HUMPHREYS	3
20	Rosie HODGSON	8
25	Hector GUBBINS	3
25	Alex SAYNER	7
27	Jessica WOOF	3
27	Sam WILSON	8
30	Olivia HUBBARD	5
Nonagenarian & Over		

8	2	6	3	9	5	7	1	4
4	9	7	6	2	1	5	3	8
5	1	3	7	8	4	6	9	2
7	4	5	9	6	2	3	8	1
6	3	1	5	4	8	2	7	9
2	8	9	1	3	7	4	5	6
9	5	8	2	7	6	1	4	3
1	6	4	8	5	3	9	2	7
3	7	2	4	1	9	8	6	5

2	3	5	9	4	1	7	6	8
9	8	6	2	5	7	3	1	4
7	1	4	3	8	6	2	5	9
1	4	7	5	9	2	6	8	3
8	6	2	1	7	3	9	4	5
3	5	9	8	6	4	1	7	2
5	9	3	7	1	8	4	2	6
6	2	1	4	3	5	8	9	7
4	7	8	6	2	9	5	3	1

PERSONAL & SMALL ADS £1

JIM & JOYCE SCOBIE

After twenty eight happy years of retirement in Sedbergh we are moving back to Scotland to be closer to our family. We are leaving behind many good friends and acquaintances who we will sorely miss but hope to meet up with again when revisiting Sedbergh. In particular we would like to thank members of the History Society, CWT, and the Pepperpot club. We are indebted to the doctors and staff of the Medical Centre who must be relieved at our departure! And the wonderful carers from PPA Ltd. who have supported us through the recent years. Lastly, John Metcalfe's bus group for many enjoyable day trips and super holidays over the last five years. To you all - many thanks. Not Goodbye but Au Revoir. Jim and Joyce.

=====

GWEN HICKS

Peter wishes to thank family and many friends for their sympathy and kindness shown to him. This has been a great comfort. Also to Brian Goad for all the arrangements to celebrate our long and happy life together. Thanks to all who gave donations so generously for Dent Primary School and Dentedale First Responders.

=====

ERIC MAJOR

All the family would like to wish Eric a

Happy **80th Birthday** on Thursday 9th October 2014. All our love & best wishes from Margaret, Julie, Andrew & all the rest of the Major & Markie families.

=====

JANICE RUSLING

I have been really touched by all the support and good wishes I have received regarding my new venture. So many lovely people have shared my excitement at going back to university after 40 years - and those who think I am totally mad have been kind enough not to say so! I have to say a very special thank you to Georgina for organising my surprise retirement party, and to everyone who managed to keep the secret. Thank you Georgina for all your hard work, and for being a good friend.

=====

RACHEL WINN

Happy **40th Birthday** for the 14th October. "Life begins at 40!" Time to find out. Let's Party. Love Paul

=====

RACHEL WINN

Congratulations & best wishes Rachel on your **40th birthday** on 14th October ... enjoy your party! Lots of Love, Martin & Helen x

=====

RACHEL WINN

Happy '**40th**' birthday Auntie Rachie on 14th October, hope you have a lovely day! Love & Kisses, Edward, Molly & Emily xxx

RACHEL WINN

Congratulations Rachie on your special birthday, the **BIG '40'** on 14th October. Love & best wishes. Dad x

=====

RACHEL WINN

Happy Birthday Rachel. The **Big 4-0** on 14th October. Have a great day! Love & best wishes. Andrew & Caroline xx

=====

RACHEL WINN

Happy **40th Birthday** Auntie Rachel. Lots of love, hugs & kisses. Elsie & Jessica xx

=====

WANTED

Bicycle for girl aged 7 (soon 8). Tel: 21166

WANTED

Mobility Scooter in good condition for immediate use. Please ring Sedbergh 20055.

=====

FOR SALE

Chest Freezer Electrolux A Rated 350 litre £50 ono. Collection only. Gas fired woodburner lookalike 3.5kw £50 ono. Collection only. Please call 07584 285923 or 07887 780629.

=====

FOR SALE

Trailers Bike. Attaches to the back of your bike for a small child to cycle with you. £30. David Burbidge Tel: 21166.

farfieldmill	<p>EXHIBITIONS IN OCTOBER</p> <p>Lisa Slater <i>Mechanical Mules and More</i></p> <p>A stunning exhibition showing how old objects can be turn into Automaton and Mechanical Mules</p> <p>Tania Sneesby <i>Through the Magic Door</i></p> <p>In this magical exhibition you will be taken back into the land of your childhood, embodying the wonder of fairy tales, traditional stories and nursery rhymes</p> <p>Please visit our website for more information</p>
	<p>WORKSHOPS: Call 015396 21958 to book your place</p> <p>Sun 05 Oct: Canvas and Colour with Tina Francis</p> <p>Tue 14 Oct: Weaving Twills with Jan Beadle</p>
	<p>Weavers Café open 10.00 - 5, daily. Full English breakfast until 11.45</p> <p> homemade soups, specials, & Sunday lunches (book 015396 21159) Bring your own alcohol. No corkage. Free admission to café.</p>
	<p>Farfield Mill is open daily 10.30 - 5.00, £3.50/£3, under 16s free.</p> <p>Garsdale Rd, Sedbergh, LA10 5LW. www.farfieldmill.org 015396 21958</p> <p>FREE ENTRY for LA10 residents on Sundays</p>

The Haddock Paddock

Takeaway & Café

015396 20468



Facebook us - The Haddock Paddock



Every Monday - Fish & Chips £4

Every Wednesday - Jumbo Sausage £2

Sunday Night Chippy

5th October ~ 5 - 7pm

SIGHT ADVICE SL

SEDBERGH SUPPORT GROUP

In the absence of Chairlady Betty due to a bleedin' nose, Jennifer welcomed every one to the September Meeting. Betty then made a bloody, grand entrance, took over the Chair from Jennifer and again welcomed every one - that is Elspeth, Jean, Doris, Margaret, Winifred, Jenny, Keith, Jennifer, Susan, Joan, Jessie, May, Elizabeth, Dennis and me - to the Meeting.

The Group held a 'minute's silence' in memory of Jack (Stainton), after which we shared some of our memories of him with all agreeing how we would miss his often pithy and witty contributions to our 'social time' together. Much amusement was caused by Margaret's recollection of a lady's leg in a bed which seemed to have involved Jack in some way or another! Our very kindest and warmest thoughts are with Mary and the family.

We were all then instructed by Betty 'to think'. I could say a lot at this point, but perhaps it best to follow the maxim 'the least said, the soonest

mended'. Betty obviously well recognises the great difficulties some of us have in 'thinking' as she has given us a month to 'think about' where we would like to go for a meal in November! So folks, thinking caps on and bring your thoughts on the subject to the October Meeting.

Betty then welcomed Dennis, our 'surprise guest speaker' for the afternoon. (By my reckoning that was the 3rd time Dennis had been 'welcomed' to the same Meeting! - it was beginning to sound a bit like Ceud Mille Failte to me, but hey, what's an odd welcome or two between friends!)

Dennis had chosen as his topic 'A Policeman's Lot' and what a lot we got! It was absolutely brilliant - I could 'wax lyrical' for hours if not days, but all I'm going to say is that if ever you would like to be our surprise guest speaker again Dennis, you'd be MORE THAN WELCOME- an 'invitation' re-echoed by Winifred in her expression of the Group's 'formal' thanks.

Our next Meeting is on Tuesday 21st October in The People's Hall



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Committee Room at 2.00p.m. when we will welcome the return of Freda Meakin with one of her NOTE-orious Musical Quizzes - and if there isn't a bit of the Laughing Policeman ' in it Freda, I, for one, will want to know why? - Bless you Freda, I'm already tuning up the 'vocal chords' - well, it beats thinking any day!

If you would like to know more about the SASL Sedbergh Support Group, or come along to our Meetings, please contact Jennifer on 015396 25162. If you would like a 'Large Print or Audio Version of the Lookaround, please see Dennis. If you would like to know more about the other Services SASL offers vip's, please contact Head Office, Stricklandgate House, Kendal - 01539 742633. If you would like to see a range of 'aids and equipment', again, the contact no. is 01539 742633. You also ring that number if you want Scott to visit you at home with 'aids and equipment'. If you would like to buy a Large Print Diary or Address Book Please ring VIP Diaries on 01539 726613, or get one from Head Office (Strick.House) I am told for the

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And last, but by no means least, we'll ALL be thinking of you especially Jennifer on 30th. September, and don't you dare forget our bargain' - love and God Bless.

George Watson

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People's Hall Fun Quiz



Friday October 10th at 7.30pm
Peoples Hall

Bar * Raffle * Spot Prizes

£3 per person
All welcome.



SEDBERGH PARISH COUNCIL

This report covers the Parish Council meeting held on the 11th September 2014

POLICY & RESOURCE COMMITTEE

- An application has now been made to Cumbria Highways to commence works on the planned cycle stands.

PLANNING

- The Planning Committee Report detailed several applications, full details can be found on the Parish Council Website.
- There are currently no funds available from YDNPA to consider a Housing Needs Survey for

Sedbergh.

SEDBERGH TOWNSCAPE PROJECT

- Sedbergh PC is still awaiting a response from CCC in relation to the pavement widening on Main Street.

AMENITIES COMMITTEE

- A proposal for Honesty Boxes for the toilets on Main Street is being considered.

PUBLIC PARTICIPATION

- John Metcalfe again expressed his opinion that there was confusion in the community over the Speedwatch scheme. It is understood that a further report will appear in this issue of the

LIGHT REFLECTIONS HYPNOTHERAPY

Stand still and gaze

Hypnotherapy can help with the following, among many other things:

Anxiety
Mood Problems
Irritable Bowel Syndrome
Pain
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Phobias
Mild Skin Problems
Sleep Problems
Coping With Loss
Stress Management
Becoming a Non-Smoker
Eating Problems
Weight Management/Healthy Eating

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DR CLARE MINGINS

07816 416241

lightreflectionsypnotherapy@yahoo.co.uk

Lookaround and the Police Volunteer involved in the scheme has also advised he will attend the next meeting of the Parish Council if required.

- Susan Garnett – Town Twinning, Sedbergh and Zrece will reach their 10th Anniversary in May 2015. A group of youths from Zrece are due to visit Sedbergh next summer.

CORRESPONDENCE

- Row Lane, there are continued discussions over responsibility of maintenance of the lane and the hedges.
- Speedwatch, it was noted with regret that a Volunteer has had to resign from the initiative following

the attitude of some local individuals.

- Tim Farron, following Summer Surgeries in the town a letter has been received representing a group of local young people in relation to the potential for a purpose built area for a skate/bike park in Sedbergh. This request will be passed on to the CIO for follow up.
- Langstone Fell, a letter has been received in relation to the current state of the entrance to the car parking area. Initially a letter will be issued to CCC Highways, however, it was noted that the car parking area itself is common land.

The next meeting will be our Monthly Meeting at 7.30 pm on Thursday 9th October 2014 at the People's Hall Committee Room.

Please note that members of the public are invited to our Meetings where, as always, members of the public are able to comment at 8.30 pm. Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office.

Janey Hassam – Parish Clerk



THE
MEDITATION
CENTRE
be still - be inspired - be free

PROGRAMME FOR OCTOBER

Saturday 5th

Introduction - Mindfulness Meditation Day

Saturday 11th

Learn to Meditate Day

Sunday 12th

Monthly Meditation
All Welcome 11am to 1pm

Saturday 18th

Introduction - Classical Yoga Meditation Day

Saturday 25th

Celtic Spirituality & Meditation Day

Sunday 26th

Meditation Refresher 10am to 1pm

meditationcentreteam@gmail.com

Telephone 07582 017 396

The Meditation Centre, Dent, Cumbria LA10 5QR

Registered charity no: 1076345

www.meditationcentre.co.uk

COUNCILLOR CORNER

Perfect weather, perfect atmosphere and perfect fun. Congratulations Anne Pierson for your drive and ambition in bringing "Sheepfest" to Sedbergh. Even when Alison and I had our arms twisted to judge the

sheep we had no inkling of the scale of the task and the works of imagination before us. There were so many which were so good: they were all good. No wonder Sedbergh and Farfield were packed for the whole week-end. People coming for a couple of hours and staying three days. Well done everyone !

For those of us who follows politics more closely than we ought last night was a long one. I take some pride that I was within 1% on both turnout and the final vote on Political Betting. Com: close but not a winner ! I was surprised to find most South Lakeland colleagues, on all sides, were more fearful of the consequences of a "Yes" vote than I was. Personally,

whilst I did not support "Yes" I do have some sympathy with their aspiration. The same question of identity is one which we encounter here, Westmorland or Cumbria; West Riding, North Yorkshire or Cumbria ?

I have been involved with local history for over thirty years so I am used to meeting people who are looking for an answer to the all-consuming question "*Who do you think you are ?*". This background interest has grown over the years to a countrywide obsession and our local history groups now have many hundreds of members; a great number of whom have never been near residents. It is not something which I touch on much in the talks



ADULT CRAFT WORKSHOPS

Are you interested to learn a new art or craft?

Then please tell us what you would like to do.

Our members can offer a diverse selection of taster workshops.

Here is a list of suggestions:-

rag rugs, felt, jewellery, weaving, spinning, card making, decoupage, knitting, crochet, willow work, Christmas decorations, painting and drawing etc.

Please leave your contact details in the Craftworkshop, Main Street.

MEET, MAKE, SHARE

and lectures which I give but there is no doubt that these family historians have made an enormous contribution to our understanding of our local area.

Even more locally, there remains the unresolved question of whether the Lune Valley should be part of what is presently called the Yorkshire Dales National Park. There is little support in Bainbridge and Grassington for calling an enlarged park "Yorkshire and Westmorland Dales" and even less for "Westmorland and Yorkshire Dales". Although the name IS important my greater concern is governance. As with England and Scotland, the relationship between the Yorkshire and Westmorland parts WOULD be an unequal one. No matter how sincerely one bends over backwards to avoid it inequality must give rise to the perception of unfairness. That is why I would much

have preferred a Westmorland or even Cumbrian Dales AONB where governance would have been in the hands of people from the locality.

Whatever the repercussions our friends to the north, the affected electors, have at least chosen their own outcome. Advocates of extending the Yorkshire Dales National Park, please note.

*District Councillor Kevin J. Lancaster,
your voice on South Lakeland.
Fellgate, Dowbiggin, SEDBERGH,
Cumbria. LA10 5LS
Telephone 07980 844 695;
email Kevin@Sarthwaite.com*

COUNCILLORS CORNER

Cllr Evelyn

As Vice-Chairman of South Lakeland District Council's Licensing Committee I am heavily involved in the Council's licensing policies. They cover a vast range of activities from



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taxis and private hire vehicles and their drivers, to pubs, clubs and restaurants, cinemas, theatres and community halls to sex shops, tattooing, caravan sites, street collections and house to house collections, pet shops, animal boarding, riding establishments and many more. Recently scrap metal dealers have been added to the list so there is even more legislation we need to bone up on.

At a meeting of the Council's Licensing Regulatory Committee in September we approved a policy to Licence Horse Drawn Hackney Carriages and Drivers for South Lakeland. Among other things it specified the qualification required for

the driver of the carriage, the roadworthiness of the carriage and the certification of the fitness and the appropriateness of the horse drawing it. So if anyone wants to operate a horse drawn hackney carriage in South Lakeland the Council is well up to speed – or at least up to a fast trot - on the matter.

Most residents only experience the licensing system through the benefits it gives in the protection of the public. But on a couple of issues they may come into contact with the authorities. One is for a Temporary Event Notice or TEN (public authorities love their acronyms!) Anyone who is planning to sell alcohol at an event such as selling mulled wine at a Christmas

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As always please feel free to contact Nick or me as follows:
 Cllr Nick

It was my great pleasure recently to go to Liverpool in my capacity as a County Councillor to attend the

opening stage of the Tour of Britain cycle race. I was there with the Cycling Officer for Cumbria, meeting many of the people who had made the event happen, with a view to seeing what we could learn as a county for the next four years when Cumbria will be hosting a stage of the Tour of Britain.

We arrived early to go for a ride ourselves - many of the roads in the centre of Liverpool were shut to traffic to allow people of all ages to ride the course that the professionals would be zipping round just a few hours later. In the warm September sunshine it was wonderful to see thousands of people in their bright yellow bibs cycling around one lap of the 8-mile course that would be covered eight times by the Tour of Britain riders.

In this completely traffic-free environment, passing through the historic centre of the city near to the Royal Liver Building and the Cunard Building, there were cyclists of all ages, sizes and ability just enjoying the moment and savouring the chance to be part of such an

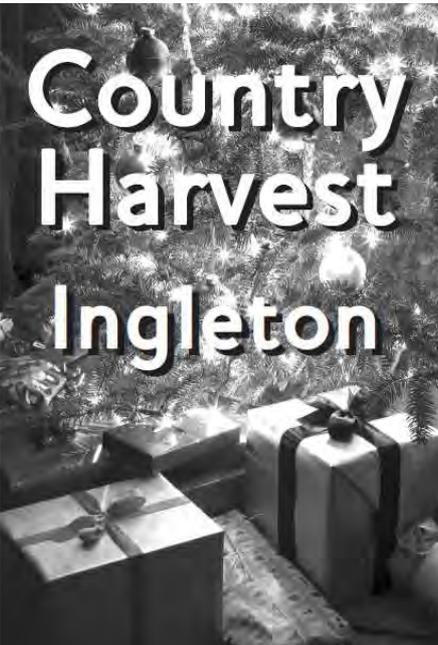
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important day for Liverpool.

The race itself was a very exciting affair with the breakaway group of four who had held a lead of up to two minutes over the main group of riders for most of the race gradually being hunted down by the peloton in the final lap, setting the sprint experts up for a dash for the line. Mark Cavendish came in third just behind the German Marcel Kittel in a cacophony of noise from the supporters banging the wooden barriers that lined the final section of the race. Just to show you the pace of the riders, the winner completed the 65-mile course in 2 hours 16 minutes, an average speed of almost 30 mph!

On the way back we discussed what options there may be for Cumbria to do something similar, allowing families and casual cyclists as well as the very fit to ride in traffic-free splendour the course that will be used by professionals later in the day. It could be one of the county's main towns such as Kendal, Carlisle or Barrow but what about a tour of one of the lakes in the Lake District with the stunning backdrop of the fells to showcase the area? Coniston would be an obvious choice as it is already used for the annual running race known as the Coniston 14 and offers scenic views around its whole length. Surely a 12-hour road closure would be a price worth paying for an event



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TIM FARRON MP

Thanks everyone who came along to say "hello" to us at the County Show. I hope that you enjoyed the day as much as I did and did not get too sunburnt in that brilliant weather. . I really enjoy my time on our stand by the entrance, chatting to anyone who wants to stop by or has an issue that they want help with. The County Show seems to get better every year and this year was definitely the best one ever as far as I can remember.

I have been pressing ministers to tell us when we can expect a decision on the review of the boundaries on the National Park. As many of you will know Natural England proposed expanding the Yorkshire Dales National Park further West towards the M6 taking in Barbon to the South and up beyond Orton to the North. However, as all of the local authorities

David Jackson



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involved objected there needed to be an enquiry. This happened last summer and the Government have received the report. In fact they received the report some time ago but as far as I can see they have done nothing with it. Normally Ministers make a decision more or less immediately they receive the report, this delay is unfair and seems to be starting to cause problems as people feel uncertain over whether they will be in or out of the National Park. This starts to affect property prices, decisions over building plans and various other things. I really cannot see why they are taking so long unless there is some major problem we don't know about.

On the subject of housing I have been supporting a bill through Parliament that will change the Government's plans for housing developments. The Government has

proposed that the obligation that is currently in place on all housing developments to provide some affordable housing be removed from developments of fewer than 10 houses. To their credit this was proposed as a way to boost the building business and simplify things. However, the issue is that in areas like ours most housing developments are of fewer than 10 houses as there are so few large spaces left to develop. With the result there is a significant risk that this proposal will stop any affordable housing being built at all. This new bill proposes that rather than a 10 house limit being imposed by Whitehall local authorities be allowed to decide for themselves

what limit would be appropriate for their areas. I am extremely pleased that the bill has been supported by members of Parliament from a broad range of parties, including the Greens, so it has some possibility of success. It has now passed through its second reading and is on to the Committee stage where politicians will look at it in more detail so fingers crossed.

As ever if I can help you with any issues housing related or not then please do get in touch by emailing me at tim@timfarron.co.uk or calling the office on 01539 723403. You are promised a warm welcome.

Thanks for your support

Tim Farron MP

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SEDBERGH & DISTRICT HISTORY SOCIETY

On the final outing of the summer, members of the Society visited the new Carlisle Archive Centre at Petteril Bank. The centre is one of four in Cumbria. The others are situated in Barrow, Whitehaven and Kendal and each of them houses a wealth of archival material most of which relates to its surrounding area.

Tom Robson, the Senior Archivist who took us on a tour of the building described how the new Carlisle Archives had come into being in 2011. Its predecessor had been housed in Carlisle Castle where conditions were cramped and no longer fit for purpose. 8.2 million pounds were needed for a replacement. A grant of 4.8 million pounds was obtained from the National Lottery and the remainder was provided by Cumbria County Council.

The architects who were commissioned to design the new structure came up with a most imaginative solution. This involved renovating and transforming Lady Gifford's House, a Georgian, Grade 2 listed building on Petteril Bank Road by adding a glass-fronted extension which houses the main archive vault and a public study area. In addition, from the garden which has been attractively landscaped there are pleasant countryside views.

The tour began in the house itself where Tom showed us how a glass passageway seamlessly linked the original building to the extension. One

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of the interesting features of the archives centre is the wedding room which has been located in the old house, providing an atmospheric venue for ceremonies. Tom then took us to the state-of-the-art temperature and humidity-controlled strong room, where documents would be preserved from fire damage because inert gas (instead of water) would be released if necessary. Our next port of call was the conservation room where fragile and damaged artefacts are preserved and restored by experts in the field.

Finally we arrived in the search room where visitors can ask for advice and consult archives which they have requested. The archives centre holds documents which date from the twelfth century to the present day, including priceless items like the Royal Charter of Carlisle which bears the seal of Edward 111. Some of the sources of evidence which are frequently searched are: censuses; parish registers; newspapers; maps; wills and trade directories.

We were grateful to Tom for giving us such an interesting overview of the building, a treasure trove which is accessible and free for the use of the general public. Furthermore it is one of the most modern county archive centres in the country.

Julie Leigh

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A larger than usual congregation gathered in September at the People's Hall to hear Dick Gorst lead the service. There were lively songs as usual. Dick spoke movingly about how when life throws up unexpected events then God is right in there. He used as an example a beautiful young surfer who after a tragic accident lost her arm. Although not being able to see a way of continuing to compete in her chosen sport, she in fact has been able to retrain and be successful. God sees the whole picture not just the apparent circumstances we find ourselves in. Her faith brought her through and enabled her to share with many others what God had done for her. There were the usual activities for the younger ones and lots of coffee and chat to finish. The next services will be on 5th October and November 2nd. You are very welcome to come.

Sedbergh Methodist Church

MESSY CHURCH

On September 14th we met again, our theme was THE MAN WHO

BUILT BIGGER BARNS- a Bible story about a man who was greedy and selfish.

We made barns with biscuits and butter icing and despite the Team having some misgivings about whether it would work, on the day it DID. Just leave children with the necessary items, a project to design, their imaginations and it works. The barns were amazing.

We made other barns with huge cardboard boxes (thanks to those who had recently moved house!).

Bits of paper, glue were used to make Collage fields: Messy painting with tractor wheels; Flower arrangements: A prayer tree.

Our time of celebration followed. The drama was such fun, children and adults acting out the story, with lots of children inside the cardboard barn. Singing some lively songs, then tea-time....hot dogs and beans, sponge and custard...what a great afternoon.

Noise, laughter, freedom, and heaps of fun together.

We look forward to October 19th 4-6pm, Methodist Hall, for the next

session. Everyone is welcome.
The Messy Church Team

CHURCHES TOGETHER **News from the Pews**



Would we believe it, the first groundbreaking "Sheepfest" weekend saw hundreds of people descend upon the town and amazingly not one drop of rain fell to spoil the fun and dampen the smiles, or the sheep. The town was buzzing each day with visitors from far and wide and coming out of church on Sunday morning near the lychgate was a mini Piccadilly Circus.

The church was proud to host the opening ceremony of the Sheepfest and give space to display the

wonderful coat of many colours woven by the Primary School children.

During the Sunday morning service the church door rattled several times as folk attempted to come and view the exhibits. The pulpit was filled with a rather well fed woolly sheep wearing a "dog collar" and a green stole representing the present season of Trinity. So far no-one has heard him utter a word! The Vicar added his contribution to the theme with two fluffy little lambs (all the way from eBay), sited on the windowsill underneath the stained glass window showing The Good Shepherd; which of course was the subject of Sunday's sermon.

With so many people expected to be in town and being in need of a few more bellringers the Ringing Chamber was opened to the curious visitor. To my knowledge never have so many people popped up through the hatch in the space of few short hours to see what happens in the chamber. At least 170 of all ages, shapes and sizes took a peek and many had a go at tolling a bell. We

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look forward to a few returning on Tuesday evenings, practice night, to have a go for real. Emma Hopkins beginning a University Course at Nottingham leaves a void in our team. We shall miss her and will look forward to her return visits during the holidays.

Another "first" is looming close on the calendar. For the last twelve months the Vicar has promised to have a "Blessing of Pet's" service. It will be on Saturday 4th October in church at 11am. Do be sure to come and of course your pet must come too.

The following weekend, Sunday 12th October we celebrate Harvest Festival at 10.30am and also at

6.30pm with Choral Evensong that does exactly what it says on the tin... wonderful hymns and the choir in full voice singing their well rehearsed anthems chosen especially for the occasion.

Carlisle Cathedral, "our" cathedral, hosts the Licensing of Readers on Saturday 18th October at 11am. This means an early start for a coachload and several carloads of parishioners going north on the M6 to support Judith Bush as she begins her new ministry as a Lay Reader in the Church of England.

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the Church to preach, teach, lead worship and assist in pastoral, evangelistic and liturgical work. The office of Reader is the only lay ministry in the Church of England that is voluntary, nationally accredited, Episcopally licensed and governed by canon. There are now over 10,000 Readers, with men and women represented almost equally.

We wish Judith every success and happiness in her new role.

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

St Mark's Church, Cautley



Our Harvest Festival on Sunday 14th

September was led by the Vicar. We were pleased to welcome Cautley and Dowbiggin folk to the service as well as some ex-residents of the dale. Tea and cakes were enjoyed by all, after the service.

The following day, a hard-working team of six 'volunteers' tackled the long grass in the churchyard, wielding trimmers, rakes and wheelbarrows. The job was completed in just over four hours, which must be a record. Many thanks to all who helped.

There is something very special about a healing service, and the Vicar will be leading one at St Mark's on Sunday 26th October at 2.30pm. If you have not experienced such a service, why not come along and see. Everyone is most welcome.

*Judith Bush
Maureen Hinch
Churchwardens*



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ROYAL BRITISH LEGION

The AGM of the Sedbergh Branch was held in the White Hart Club on Thursday 11th September when the Committee Members were re-elected en-bloc.

The President of the Branch, John Pease, gave his address as follows:-

"In 2013 the Sedbergh Branch of the Royal British Legion raised £9,382.33 for the Poppy Appeal. Thanks to the £362 raised from the Alan Lewis Concert at Sedbergh School, donated to the Sedbergh Branch by Sarah Lewis, this sum slightly exceeded that raised the previous year.

Although we struggled to achieve the result of last year it remains an astonishing amount for a small

branch in a rural area. It is again a credit to all those who devoted their time to organise and collect for the Appeal. On behalf of the Royal British Legion I want to thank them all.

Particularly I want to thank Chairman John Douglass who took charge of our Appeal. It took a great deal of his time to organise the collection rounds and we benefited as a result. Once again we gained substantially from the effort put in by our volunteer collectors who I would like to thank for their time and effort. Our thanks also go to the management of Killington Service Station for allowing us to collect there and for the whole hearted support shown to us by all members of its

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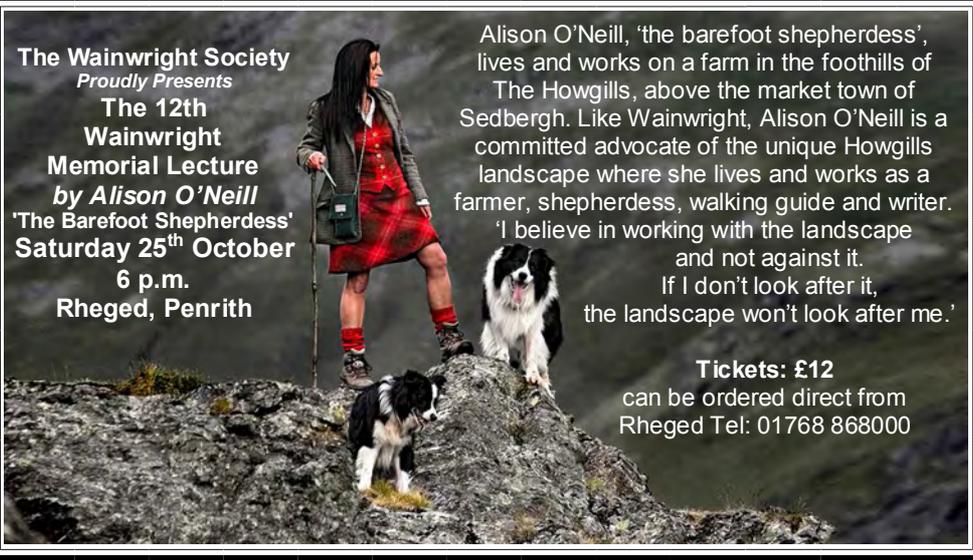
Parratt and Dennis Whicker.

The Remembrance Concert by the Sedbergh Town Band held on 11th November 2013 in the United Reform Church was as always very well attended. Sadly this was not long after the loss of Alan Lewis who established this commemoration on that important day. It raised £250 for the Sedbergh Branch. Our thanks go to The Sedbergh Town Band for continuing this concert which was appropriately led by Alan's son Euan and Carole Marsden.

This was the first year that the Remembrance Service was held by the new Vicar of St. Andrews, the reverend Andy MacMullen. With his former career as a Chaplain in the RAF Andy brought a fresh understanding to our service. Again the names of the fallen were read by two young people, Jake and Grace Cowperthwaite. The laying of the wreaths then followed at Sedbergh's

staff. I must also thank Sedbergh School for the £223 from the collection in the Sedbergh School Chapel for the Poppy Appeal and for the substantial amount raised from their other poppy collections in the School.

Finally on this central matter for the Legion I want to thank those who took their time to count this large amount, much of it in small change, John and Barbara Douglass, Keith Wood, Col. Tony Reed Screen OBE, Lt. Cmdr.



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War Memorial after which Sedbergh School's CCF and Brass band marched through the town with the Salute taken on the steps of Lupton House.

For the second year our Annual Dinner was held on 11th April in Weavers Café at Farfield Mill. As with the previous year it was a great success. Our thanks to all at Weavers Café for making it such an enjoyable evening. We again exhibited at the Sedbergh Gala this year. The weather was beautiful and our stand looked excellent. It had, thanks to Elspeth Griffiths, impressive presentation panels prepared by Diane Elphick of the Sedbergh History society showing how the first

world war affected Sedbergh. Sadly in spite of the well set up stand and the beautiful weather we had few visitors due to the location at the far end of the show. Our thanks to Sedbergh School CCF who sent smart young cadets in uniform to assist.

Since our last AGM the Royal British Legion had two Coffee Mornings. The first was the Remembrance Coffee morning held in November last year with the funds raised going directly to the Poppy Appeal. Our regular Coffee Morning held on 23rd July raised £245 for branch funds. Our thanks to Sandra Gold Wood for initiating the Remembrance Coffee morning and to all who helped and

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supported these events.

We made donations of £500 each to Byng House in Southport, a respite and holiday centre for serving and ex-service personnel and Lister House in Ripon, a rehabilitation centre for wounded service personnel.

August 4th this year saw the 100th anniversary of the start of World War 1. At sunset on that day Sedbergh, supported by the Town Band, marked the event by a short service at the war memorial after which the attendants moved into St. Andrews Church. There followed an excellent recital of WW1 prose and poetry by Col. Tony Reed Screen OBE and Stuart Manger. All bar one of the candles which had been lit throughout the Church were then extinguished to echo the famous comment by Sir Edward Grey at the time, "The lamps are going out all over Europe, we shall not see them lit again in our life-

time"

At last year's AGM we remembered former Committee member Ray Whittle who passed away that year. His daughter Kay Whittle, now a member of the Committee, gave the collection taken at his funeral to our branch of the Legion. With this the Committee decided to sponsor a 'Plaque' in the new extension of Sedbergh's People's Hall with the words '*The Royal British Legion, Helping all those who have served in our Armed Forces and their dependants*'.

Sadly I have to record that since our AGM in July last year two former members passed away. Both had been significant figures in our branch. Alan Lewis created The Sedbergh Town Band. The Royal British Legion was Alan's charity which he supported to great effect, most significantly by creating the Annual

Remembrance Day Concert at the United Reform Church. Its collection is split, with half going to the Sedbergh Branch of the Legion. John Airey was a member for many years and in that time had filled every position on the committee. As Standard Bearer he proudly represented our Branch at the Royal British Legion Annual Remembrance Service in the Royal Albert Hall. We miss them.

On a more positive note we gained 2 new members Mr. and Mrs. Kooper, bringing the number of our members to 86 plus 127 youth members.

Our committee has worked hard to create these results and its members deserve recognition: Deputy

Chairman- Lt. Cdr. David Parratt, Secretary - Rose Pease, Treasurer - Martin Gray, Welfare Officer - John Estensen, Deputy Poppy Appeal Coordinator- Keith Wood , Elspeth Griffiths, Col. Tony Reed Screen OBE, Kay Whittle, Dennis Whicker and Sandra Gold Wood. I reserve special mention for the hard work of our Chairman John Douglass who took on the responsibility of Poppy Coordinator in addition to that of Chairman and Standard Bearer. His constant efforts have provided the organisation and support for our many activities this year. Finally, though he has retired from the Committee I am delighted to mention Norris Chamley who acts as our

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Auditor, still attends most of our meetings and frequently acts as Escort to Chairman John Douglass in his role as Standard Bearer. My thanks to them all.

On the behalf of our committee I want to thank all our members for their continued valued support of this important national institution.

*John Pease
President, Sedbergh Branch,
The Royal British Legion*

The next event will be the Coffee Morning in the URC Rooms on Wednesday 5th November where all members are invited to come along and catch up with other members. Contributions of cakes, biscuits, raffle prizes would be made most welcome.

It is also hoped that there will be the showing of a film at Flicks in the Fells on Saturday 8th November in relative to the British Legion. Again, support for this would be most appreciative.

On the following day on Sunday 9th, the usual Service will be held at St Andrew's Church but more details will be released on this next month.

Meanwhile, the Branch are actively looking for:

- Poppy Collectors to assist with the annual collections and
- New members.

If you are interested in either, please contact Branch Chairman John Douglass on 20536.

Dennis J Whicker

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KILLINGTON W I
THE AFTERNOON W I FOR THE
ENTIRE DISTRICT

September! Autumn! A new school year! And for us a new term too - back together again after our summer holidays, and very glad to be so. Lots of members had had birthdays during our break, so belated Happy Birthday wishes were proffered to them all and special wishes to Barbara Leigh whose decadal anniversary was celebrated with a beautiful Avril-baked cake. Cry your eyes out, Mary Berry! We were very happy to welcome a new member, Cynthia ??? (sorry I didn't record your surname), but we must warn you, Cynthia, that we don't have

cakes like that every month. In fact, when it's my turn to be hostess you can expect digestive biscuits.

We had three editions of our Federation newssheet "WI News", to digest but as most of the events had already 'been and gone', it didn't take too long. The most notable item was that Mrs.M. Denton was the winner of the monthly draw in August. (It's no good rushing round there - I know she's been on holiday twice since then *and* she has grandchildren). Lots of us signed up for the Fun Federation Quiz in November but far fewer volunteered for the Annual Council Meeting in October! We reported on the progress of our Sheep. (As I write this-19th as usual-

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SHEEPFEST has also been and gone. Wasn't it a brilliant weekend so many happy faces, and not only on the sheep! Our congratulations to the organiser and all those who contributed. Congratulations also to Killington's sheep makers who were awarded a Highly Commended rosette for Baabra Woolly)

"Due to unforeseen circumstances", as the saying goes, we had to postpone *nurturing our artistic talent* until another time. Instead we were treated to a prodigious display of artistic and practical talents by Avril Hobson, who has family in far distant lands. Now, I have never seen Avril sitting still - housekeeping, baking, helping others, providing vast lots of refreshments, allotmenting and goodness knows what else, but she must sometimes sit down. Between her foreign visits she makes heaps of marvellous things for the overseas contingent—fancy dress costumes—a spaceman and an elf, frilly skirts for her little girl, wonderful, colourful knitted jumpers and many more. I wonder what the cost is for excess baggage? Such a shame these

treasures won't be here for the Spring Show, We could have swept the board! Thank you Avril. We really enjoyed seeing it all and having a lovely informal meeting. Have a lovely trip – before, during and after Christmas. Enjoy Thanksgiving too.

Usually, in true Sedbergh style, someone has an item suitable for a raffle prize. This time it was not so, meaning that our treasurer Margaret was given the task of buying a suitable item. This turned out to be a lovely red house plant. And guess who won it!! (She said that she fancied it when she bought it!). Our competition which was linked to our intended programme was for a limerick starting with the line, "*There once was an artist called Fred*"

The winning entry of which continued,

*Whose still life was decidedly dead.
His flowers were withered,
His apples were shrivelled,
So he painted his toenails instead!"*

Such erudition!

Our next meeting will be on Tuesday 14th October at 2-00pm in the committee room of the People's Hall.

Maurice Steele will present an audio visual journey around the Southern Oceans.

Do bring yourself along. You would be most welcome.

Wendy Fraser-Urquhart

DENTDALE WI

Aiden Monks from Lovingly Artisan Bakers at Oxenholme our speaker, was setting up his demonstration table as we arrived and after we had sung Jerusalem, he explained why he needed to start the evening and be away promptly. Bakers rise very early in the day and the following morning he was due at Westmoreland Show with a stall in the food hall and another talk on the afternoon schedule! So the business meeting was left until later.

He spoke with great enthusiasm about his craft and his passion for using the very finest and locally sourced ingredients. The evening was given over to a demonstration of sour dough bread, obviously not cooked, but we could taste the finished product from one made earlier. A bread basket was passed around with slices from a sour dough baguette for each of us to try!

Aiden said that he gives the dough all the time it needs to develop, and it is bread like it used to be! He also explained some of the health giving properties attributed to sour dough bread. It was a process many of us had not really thought about, and most will probably buy again at some time! Aiden ended by complimenting us on the wonderful Dales scenery on his drive into Dent and the singing of

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Jerusalem too! "England's green and pleasant land."

So, back then, to the business of the evening. Looking ahead to 2015, we were told that the programme is well under way. Nominations for a new committee was requested and diaries and calendars given out.

The Dining Club are off to the Wheatsheaf in Beetham and a team taking part in the Quiz Night in aid of the Friends of Sedbergh Medical Centre.

As mentioned last month, there is a painting day in Dent on 10th October and it is fast approaching.

So the evening ended with Chris Taylor winning the competition for the evening with her suggestion for the most useful baking aid. Catherine winning the raffle, however, it was decided to raffle off the loaves that Aiden Monks had left for us so quite a few of us went home clutching prizes! Next month, October 8th, Kitty Brown Boutique will be holding a fashion show and some of our members will be acting as models. New members and visitors always welcome.

Pat Allen

CITIZENS ADVICE BUREAU

Major changes to Vehicle Road Tax

From 1 October 2014, there are 3 changes to be aware of:

- the paper road tax disc will no longer be issued as the DVLA computer record is sufficient for the Police to know who has a valid tax disc (so no more paper tax discs in windscreens).
- if you sell a vehicle and you have notified DVLA, you will automatically get a refund for any full calendar months left on the vehicle tax.
- when you buy a vehicle, the vehicle tax will no longer be transferred with the vehicle, so you will need to get new vehicle tax before you can use the vehicle, using the New Keeper Supplement (V5C/2) part of the vehicle registration certificate (V5C) by phone 0300-790-6801



or online at: <https://www.gov.uk/government/organisations/driver-and-vehicle-licensing-agency>

From 1 November, motorists can choose to pay by direct debit. Provided an MOT remains valid, the payments will continue automatically until you cancel the Direct Debit with your bank, or tell DVLA to stop taking them, or a Statutory Off Road Notification (SORN) has been made. Apply online using the details above and your unique reference number given on your DVLA reminder sent in the post.

Another change is the option to pay monthly, as well as the existing annual and biennial options. There's no surcharge for an annual license, otherwise an admin charge of 5% will be added.

If all this sounds baffling, you can still sort out all your vehicle tax at a Post Office.

Free, confidential advice and help is available from South Lakes Citizens Advice Bureau on any aspect of debt, consumer problems, benefits, housing, employment and any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 015394 46464 for an appointment and help.

If you don't need us for advice, how about helping us by becoming a volunteer or making a donation? Not many people realize that we are a charity - see our website for details www.southlakescab.org.uk.

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A line drawing illustration of a stone wall on the left and a wooden fence on the right, extending into the distance.

CUMBRIA WILDLIFE TRUST

Sustainability is a term much used by conservationists . Before you pass on without a look please believe me that, townie though I am, I have lived in the countryside long enough to understand at least some of the problems and hardships endured by the farming community, particularly those in the harsh, unproductive uplands. Last year was terrible. This year the winter was mild, spring and early summer were wonderful and the autumn looks as if it might be a good one too. The least said about August the better! I'm told the lambing season was the best for years and the grass seemed to almost never stop growing. Bumper hay crops were

gathered in and healthy stock feed in fields and on fells. However the good lambing season has inevitably led to a glut and lowered prices at the market. At the same time the last panic about imported meat has been forgotten and urban consumers (many of whom are also feeling the economic pinch) are demanding ever cheaper food, leading to more pressure on prices and greater imports. Wool costs more to clip than it earns. Fuel prices and other costs rise inexorably. It seems that the upland farmers can never win. For how much longer is this sustainable?

However, the land has to be used sustainably. I know landowners care passionately about the environment, but there is still pressure to cut corners, to overstock and overgraze, sometimes encouraged by the ever-changing subsidy system. Last winter some of the fell areas in the Howgills appeared to be almost constantly covered with more sheep than they could sustain, put there because of the mild conditions and kept close by supplementary feeding. Some people may like the totally bare appearance of the fells and I have been assured that the "Howgills have never been wooded". That is clearly nonsense as the wooded gills and exuberant growth of trees in the recently fenced Jubilee woodland have proved. Since excluding sheep our biggest problem there is cutting the growth back fast enough each year to allow the woodland plants to blossom. This summer I saw just one tiny sprig of



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heather on the fells where the sheep had overlooked it. With less grazing there would be more plants. Overgrazing eventually leads to faster runoff of rainwater in storms, less productive soil, more coarse vegetation and less nutritious growth for feeding sheep. This is not sustainable.

Tourism is also vitally important to the economy of this area, not least as supplementary income for some of the farms. Tourists expect well maintained footpaths, spectacular landscape, interesting wildlife and clean streams and rivers. They like our winding lanes, beautiful managed hedgerows, tidy farms and pretty houses. They love the northern welcome that they unfailingly get. They also want (and pay for) accommodation, ice cream, local crafts and goods and local food. But ever increasing numbers of bikers roar up and down those small winding lanes, cyclists bike slowly and increasing numbers of cars make local access slow and difficult. Paths become eroded and there is pressure on the environment. At what level does this become unsustainable?

Visitors, liking what they see, move here and buy up properties at prices that locals cannot often afford, bringing money, new vitality, ideas and businesses and custom for local products and local craftsmen. How will this affect farming? Will there be bigger farms, smaller farms, fewer sheep, more tenanted grazing, fewer farmers left to maintain the landscape or committed new landowners with a

passion for wildlife? What impacts will there be on the environment?

Sustainability is a concept that is easy to pay lip service to but hard to nail down. It is much easier to point to what is unsustainable. Before we can define sustainable we have to have a conversation as a community and wider society, together with planners, politicians and those who hold the subsidy purse-strings, about just what it is we are trying to sustain.

Jackie Hooley



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DENT GALA 2014

On August Bank Holiday Monday the annual Dent Gala proved to be yet another very enjoyable event. Although less sunny and warm than last year, many visitors and members of the local community seemed to be having a great time. This year's Gala was opened by Tony Playfoot playing his bag-pipes to accompany the Children's Fancy Dress Parade. By special request, this competition had been re-instated this year and proved to be quite popular. The school field and playground were once again bustling with enthusiasm. Everyone enjoyed activities ranging from Pillow Fights, Skittles, Water or Wine, Coconuts, Raffle and Tombola to an assortment of stalls selling all manner of items. Children enjoyed their own games and competitions, not to mention the Bouncy Castle attraction. The assorted races and the Dog Show continue to be as popular as ever.

Throughout the day items of food, drinks and ice-creams were available. Thanks to all the volunteers who served outdoor Morning Refreshments which included hot soup, savouries, cakes and biscuits, the Dalton Family who once again provided an all day Bar-B-Q on the field and the ladies of Dentdale WI who offered their famous Afternoon Teas in the Hall.

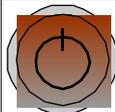
Photo: Onlookers keeping an eye on the Pillow Fighters, Zelig May and Ellie, included Mr Reg Charnley, Rev.



Peter Boyles and many others. Thanks to our adviser, Tracy Hurst, from Carnforth, who helped us to ensure we complied with all Health & Safety issues including First Aid and Lost Children.

This fun day proved to be another successful fund-raising event for Dent Memorial Hall, thanks to the generosity of Dentdale residents and the many Bank Holiday Visitors. Including an amount from the Bank Holiday Saturday market, £2,730 has been raised which will support the ongoing upkeep and refurbishment of these much used facilities.

As always, a special THANK YOU goes to members of the following businesses and organisations who



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Campsite; Lyon Work & Rescue (Tebay); Dentdale Christian Fellowship; Cumbria Stove Centre; JMP Foodservice (J M Pratt Ltd); Graham Milburn, weed control; Jackie Baines, No. 6 Finkle St. Sedbergh; Church Mouse Cheeses, Barbon Village Shop

Our thanks also go to members of the Memorial Hall Trustee Committee, and many others, who helped to make the Gala such a success by assisting with posters, programmes, prizes for games, items for stalls and not least of all, their valuable time.

*Dent Memorial Hall Committee
Chairperson: Sarah Woolf 25212
Secretary : Jean Haygarth 25269*



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SPEEDWATCH

Dear Editor,

When the Sedbergh Speedwatch initiative was first publicized in Lookaround earlier this year, I did not waste much time in becoming its first volunteer. Like yourself, the excessive speed of many motorists within Sedbergh's 30mph speed limits has concerned me for many years. I was therefore looking forward to being part of a team which would hopefully assist in educating motorists about the dangers of excessive speed.

I was, however, warned by family and friends that my involvement might quickly make me unpopular. This has certainly proved to be the case. Being one of the few true 'locals' (60 years born and bred) who volunteered for the service, I am quite well known (and hopefully liked and respected) by most residents of Sedbergh and district. I took part in the second training session conducted by Cumbria Police on August 19th, when we were given instruction on using the radar gun at the bottom of Highfield Road and further down Station Road. I was obviously noticed by many motorists who passed during that half hour, and have since been the subject to the wrath of quite a few local residents. Ill feeling first made itself known during the training session, when we were approached by a local resident who accused us of 'joining the snoopers'. We were told in no uncertain terms that there was no need for this kind of

activity in Sedbergh, and that this function should be left to the police.

Many others have since vented their anger and resentment in my presence. One resident is concerned because warning letters were not sent out to all Sedbergh households to alert everyone about this initiative. I did point out that it has been widely advertised in Lookaround for some months, to which the reply was that not everyone (himself included) buys a copy. I did remind him that prior warning is amply provided by signage stating the legal 30mph speed limit.

I have tried to appease my dissenters by confirming that the initiative is merely to educate motorists about the hazards of

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excessive speed. Civilian volunteers have no powers to stop nor to prosecute motorists, merely to record the registration numbers of vehicles which are travelling at excessive speed. Persistent repeat offenders may then be dealt with by the police. Civilian volunteers are not even allowed to operate the radar gun within sight of the 30mph speed limits, which offers motorists some opportunity to reduce their speed after entering the restricted zone.

It somewhat surprises and disappoints me that the majority of people who have expressed their disapproval are from a more mature age group, rather than the younger element which may be deemed more

prone to speeding.

It is therefore with some regret that I have felt it necessary to tender my resignation from the Sedbergh Community Speedwatch group. I shall of course continue to offer my full support to the initiative, and will always attempt to drive within the prevailing speed limit. I also hope that sufficient volunteers are recruited to ensure the continuity of this service, before someone is killed or seriously injured by a speeding motorist.

Yours faithfully

Colin Cowperthwaite

*Eds Comment: I sympathise with Colin as I have been banging the drum for people to **SLOW DOWN** for over 30 years as the majority of the accidents occur when people drive too fast for the conditions they are in. For those who wish to drive too fast, I would have liked them to have joined me when I dealt with the 12 year old girl and her mother who were killed because of a speeding motorist. I would like them to have joined me when I dealt with an 8 year old girl killed at Junction 37. I would liked them to have joined me when I dealt with the numerous drivers and motorcyclists that were either killed or seriously injured due to speed. The memory and the taste in the mouth of burning and injured bodies lasts for a long time and even though I don't deal with them now - somebody has too. So again, **SLOW DOWN** and don't be negative towards the people that are trying to save your life or someone very close to you. DJW*

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It is not just a centre for worship by both the Anglican and Catholic Communities, but it is also a venue for many diverse functions. As well as regular church services it is a centre for performances of many kinds. Once again it has been at the heart of the established biennial music festival featuring a wide variety

of concerts from visiting and local musicians playing to full audiences who were literally dancing in the aisles at one event. More recently it hosted the Summer Fete on a brilliant sunny day and is a regular venue for Town Band concerts. Early in August, it was a centre for the remembrance of the start of the First World War.

The upkeep of this Grade One listed building is an ongoing cost – what will need repairing next?

Some twenty years ago, the foresighted wardens and supporters of our church set up The Friends of St Andrew's Church. Major restoration work was looming and they realised that a long-term plan was needed.

The aim was 'to pass on the church in good order for the future'-- a charity to finance repairs to the church and build up a reserve fund for rainy days. We have certainly had plenty of rainy days, real and metaphorical, since then!

This fund is to manage those repairs and improvements which are not covered from other sources. For example, a generous bequest paid for the reordering of the church when the chancel floor was extended to create space for drama and musical performances. Often our own contribution is matched by a corresponding amount from other sources such as English Heritage.

By regular giving, since its inception, 'The Friends' have paid for the restoration carried out in the late 1990s. This included major work on the walls with subsequent repointing and redecorating work in the church. Consequential on the remedial work,

the rotten wall-plates under the gutters in the South wall needed tackling. In the 2000s further work included improvements to the kitchen and church rooms, work on the porches, repair of the west wall of the bell tower and the belfry window. The South East window of the Lady Chapel needed urgent repair in 2012.

Money from the Friends of St Andrew's is used entirely for the upkeep and improvement of the fabric of our church. New Friends and donors are always needed to ensure that money is available as repair work becomes needed.

Many of the current Friends are regular members of the congregation, but many are not; they are people who want to see the church remain at the centre of our community. Some are local people who have always lived in Sedbergh; some no longer live here but have family or holiday connections with the town. It is essential that the regular donations are continued to provide for the future. In earlier days, the capital accrued attracted a further income from interest; but as rates are so low, this is no longer an additional source.

Please can you consider becoming a Friend by making a donation, or a regular covenant. Leaflets and forms are available from the church, or contact either of the numbers below.

It is still our task to pass on the church in good order for future generations!

Tony Reed Screen Churchwarden
21081

Dorothy Thomson Treasurer 21747

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**SEDBERGH & DISTRICT
ART SOCIETY**

The Exhibition: August 2014

This year's exhibition took place from 15th-26th August in the Sedbergh School library. As in the previous years the venue gave an extra interest to visitors.

A new venture was the sale of cards produced by several of the artists and these proved very popular with well over 300 sold. With some more new members the subjects and media used were varied, making for an interesting exhibition. Sales of paintings were up on last year as was the number of visitors - perhaps helped by the mixed weather and chilly winds!

The Society always welcomes new members of any level of experience, living within a 15 mile radius of the town. Activities include monthly Friday meetings with a speaker or demonstrator, various Saturday workshops (usually monthly), a portrait group every three weeks and a regular Wednesday afternoon



painting group all year round. Anyone interested in joining, or wanting more information should contact the secretary Mike Morrison on Sedbergh 20209.

The new programme begins with a demonstration by Jill Pemberton, followed by a workshop four weeks later. Jill will remind us of - or introduce us to - the value of sketch books as a vehicle for developing creative thought processes, and for collecting ideas and images. A variety of media will be used. More details of both sessions are below. Jill invites you to look at her work on her website: www.JillPemberton.com to see examples of her work.

Note: The Saturday Workshop will be a practical development of the Friday Demonstration. Therefore, if you sign, or have signed for the Workshop, it will be very important to attend the Friday Demonstration leading up to it. If this is impossible for you, please let Gill Impey know and we shall see how we can help.

Non-members, who already have a

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place on the workshop and therefore need to come to Jill's Friday demonstration, will be welcome. Please approach either Gill or Jenifer when you arrive and give us your name to approach Gill Impey or myself on arrival and give your name.

Friday meeting and demonstration:
Jill Pemberton. 10th October, 1.30 – 3.30 pm in the downstairs room of the United Reform Church, Sedbergh. In her demonstration, Jill will focus on the value of keeping sketch books and will talk about the philosophy behind developing a visual journey. We will discuss starting points and the focus for our own personal 'journal'. We will look at samples of sketch books, consider

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design, and begin to plan our own personal one. Jill will give us some 'tasks', which we attempt over the following four weeks in preparation for her Saturday Workshop.

Saturday workshop: Jill Pemberton. cost £25. 8th November, 10am – 4pm in the Methodist Hall, Sedbergh. This will be an exciting workshop, where participants will prepare their own sketch book, based on Jill's inspiring ideas and practical advice. Jill will focus on developing some generic skills which can be applied as and when needed, in creating sketch books. There will be time during the day for some personal tuition. Jill normally runs a 10 day course on this subject, so this should whet the appetite!

Non-members, who would like to attend the workshop are invited to contact Gill Impey to see if there are places available:-

Tel: - 01539 726640 (also answer phone)

Email: - gillimpey@hotmail.co.uk

*Jenifer Alison and Gill Impey,
Events Secretaries, SADAS*

BOLIVIA WORLD CHALLENGE

I have just returned from a month long expedition to Bolivia with the World Challenge Organisation. This trip involved trekking in the Andes, working with the charity 'Habitat for Humanity' helping a family to build their own home, going to an orphanage in La Paz and spending just over a day near the border of Peru.

The trip was far more than I expected it to be as my group had to do our own budgeting and organise our food, travel and accommodation in-country and travelling to/ from Bolivia. The high altitude in Bolivia is also something you can't begin to prepare for at home as the lack of oxygen makes everything physically exhausting.

My eyes have been thoroughly opened to the wider world. I saw how little the people of Bolivia have – the most basic of housing with no

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electricity or running water and few possessions. It made me appreciate how much we have and how much we take it for granted. I have realised just how lucky we are to live in such a safe and beautiful place.

My amazing Bolivian experience didn't come cheaply. The overall cost by the time I had also bought kit, had vaccinations and everything else came to almost £4,500. I spent 18 months saving all my part-time wages, birthday and Christmas money. But I would also like to say thank you to everyone who has sponsored, donated or helped me in any way; Sedbergh School's Young Person's Fund (for their extremely generous grant), Sedbergh United Charities, Dallam Running Club (who kindly allowed me to hold a raffle at their Spring Social), Kendal Winter League runners who bought my cakes, those who sponsored my Yorkshire Three Peaks walk and all the people who gave me envelopes with 'a little something to help'. Once again, thank you.

See also Page 78.

Erin Proctor (Aged 16)

SETTLEBECK SCHOOL

What a set of summer GCSE results! Settlebeck pupils achieved a great set of results which without beating about the bush places them in the top medal positions in the county league tables for value added. At the top end one pupil scored no less than 10 A*, 3 A and 2 B grades (a total of 15 GCSE exams). 100% of the pupils in year 11 achieved 5 A*-G grades which makes them the only non selective school in Cumbria to get every single student a GCSE in both Maths and English plus at least 3 other GCSE exams. It is no wonder that Head Teacher Dr Greene spoke of the "skill and dedication" of her teachers at a recent meeting of governors and teachers. Examining the progress made by pupils both since entry into Settlebeck School in year 7 and from Key stage 3 in year 9, their progress scores in both English and Maths puts them in

medal winning positions in the county league tables.

I have just been elected as the new Chair of Governors and wish to thank publicly Helen Wilberforce for all her hard work as Chair for the last three years. She remains on the Board and leaves us with a very good set of governors. We are always looking for new blood on the Board of Governors and there is a vacancy for a parent governor at present. If any current parent of a pupil at the school would like to make themselves available, I would be happy to hear from you to find out more. I can be contacted by email on this or any other matters about the school that are appropriate for the governors on mylesripley@btinternet.com

I have lived in Sedbergh for just over 25 years, having moved up from London. I have been a teacher for 30 years, having completed a research degree in Ulster on freshwater pollution. I am also involved in Killington Sailing Association and the Sedbergh supporters group for the Cumbria Wildlife trust.

I look forward to attending the Year 11 presentation evening on November 18th in which all the above achievements are celebrated and urge all the parents to attend. There is much to celebrate. I also look forward to the participation by Settlebeck School in the Schools' Shakespeare Festival in the Brewery, Kendal on 15th October when they will be performing "A midsummer night's dream". I hope that as many of you as possible will attend.

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locally or travel from across the UK to share their knowledge and expertise.

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We also run monthly group meditation sessions for anyone living locally who would like to simply get together with like-minded people to enjoy some silence, gentle exercise, refreshments and a good old-fashioned natter.

Please feel very welcome to drop in and see us, give us a call or check our website for more information:
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YORKSHIRE DALES NATIONAL PARK

Access Forum needs new members

A group that helps to improve public access and recreation in the Yorkshire Dales National Park is on the lookout for new members.

There are currently eight vacancies on the independent Yorkshire Dales Access Forum, which provides guidance and advice on ways to improve and manage public access and opportunities for open-air recreation in this beautiful landscape.

Mohammed Dhalech (correct), the Yorkshire Dales National Park Authority's Access Development Officer, said: "The forum's job is to work with individuals and organisations who live and work in the 680 square miles of the National Park and those who use or visit the area for leisure and enjoyment, and to advise on ways to improve access and recreation in this special place.

"This can be anything from looking at mobility issues to suggesting an upgrade of a specific footpath. The members also respond to consultations on a range of documents and strategies issued at local and national level."

The forum members should represent a balance of interests ranging from land management and agriculture to local business and outdoor recreation, although there is currently under-representation in land management and farming.

The forum meets three times a year, but some members also sit on a variety of advisory groups that meet

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regularly to consider specific issues in more detail and report back accordingly.

Chairman Alistair Thompson said: "Access forums were set up to improve access in the countryside and to help resolve potential conflicts between those who own and work the land and the people who use it for recreation. For that reason, it is important that the members have a range of interests that enable the forum to represent a balanced view."

The deadline for applications is November 7, and anyone who would like to be considered can obtain more information by contacting Mohammed Dhalech on 01969 652363 or by email at accessforum@yorkshiredales.org.uk or by visiting the National Park Authority's website at <http://www.yorkshiredales.org.uk/ydaf>.

Nick Oldham

PEOPLE'S HALL NEWS

The main entrance of the Hall

The front entrance is now looking splendid. It looks as it has always been that way. Inside work is progressing (a little slowly, but carefully) to fit out the lobby, bar and accessible toilet. The Garfield Weston Foundation have made an award of £3,000 to us for this work. Many thanks for their support. We are experiencing some "extras" to make the refurbishment fit for the next decades and still appeal for donations. You can view progress by going to www.peopleshall.org and navigating to weblog.

The People's Gym and Fitness Centre

We had a crisis on the first Saturday of the Football Season, when a team member reported strange noises with the toilets. Chairman investigated and reported to Secretary the toilets were blocked (*deja vu*). The inspection trap revealed recent deposits so Secretary went home for her 1930s drain rods. Plunging was carried out to no effect. So both Committee members dug up the field along the line of the drain, three times, and eventually found the collapsed pipe. Darkness was now falling and a temporary repair was made. Our Contractor (MK Conversions) was called in on the following Monday and by Wednesday it was all fixed. Thanks MK.



SEDBERGH SCHOOL



We often have vacancies for Kitchen and Cleaning Assistants, and for other roles from time to time. Some roles are based in Sedbergh, and others are at Casterton (Sedbergh Prep School).

If you would like to work for Sedbergh School then please complete an Application Form and return it to the address below, indicating what sort of work you are seeking. If we have suitable work available we will contact you and invite you to come for an interview.

You can collect an Application Form from the Bursary, download one from the School's website (www.sedberghschool.org) or request one by sending an email to Shirley on shw@sedberghschool.org or by ringing the HR Department on 015396 20303. Please also check the School's website regularly for details of individual posts as they arise.

Please return completed Application Forms in email to shw@sedberghschool.org, by returning them to the Bursary or (by post) to HR Administrator, The Bursary, Loftus Hill, Sedbergh, LA10 5RY.

We look forward to hearing from you.

We have also carried out the diversion of a rain water culvert, which went under the site. So the first preparatory work has now started.

Some good news is that the Sedbergh Community Fund has granted the Gym Project £3,000 towards the electrical installation. The fundraisers are working hard to find more monies to cover the cost. A leaflet drop around Town is being made and fundraising events planned.

Treasurer wanted

Our long serving Treasurer wishes to step down after many years of service owing to family commitments. Is there anyone who can step into the breach and join the Committee?

We have a well-established system with other Committee Member support, which the new Treasurer can take over. The Redevelopment Accounts are handled by our

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Secretary (Gina Barney) and only require year end attention for inspection. The General Accounts are mainly hirings and general expenses and are not complicated.

If you would like to join our energetic Committee please approach the Chairman, Secretary or a member of the Committee. You do not need to be an accountant or bookkeeper.

Dates for your diary

- Friday 10 October People's, Hall Quiz, in People's Hall
- Friday 7 November, Touring Highlights *the* Monster Ceilidh Band, in People's Hall

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SEDBERGH SCHOOL SPORTS

This month, details of the Sedbergh School Netball, Hockey & Rugby Home games appear in the Lookaround Diary. Brief details are listed but if you wish more information, please view www.twitter.com/Seberghgirls or the Sedbergh School Website at www.sedberghschool.org.

JUNIOR WANDERERS FC

Sedbergh Wanderers Junior FC is a newly formed football club within the town since the late Ray Elliots 1985 Club. We currently have U7's and U8's teams and train every Friday evening at Havera playing field 6.30pm till 7. 45pm. Any new boys in

these age groups wanting to train and play football please come along.

We formed the club in June this year with a new committee and managers, coaches and trainers quickly installed, and are trying for FA Charter Standard by mid November with FA courses already taken and others booked very soon.

We have already held two successful fundraisers with a car boot sale and Kirkby Lonsdale to Sedbergh vehicle pull, two of our parents Ian Cousins and Pete Lawson have undertaken the Great North Run and a military type Iron Man Obstacle Course respectively raising funds for the club on the way. We have a Robbie Williams / Disco

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Tribute Night planned for November, then a Coast to Coast Bike Ride in the New Year plus several big events in 2015.

Once we have Charter Standard we can then successfully apply for FA and private grant funding. Whilst looking at all the seven different grant bodies that I won for Kendal United Junior FC in the last 3 years, I stumbled upon a Skipton Building Society one. We had 37 mins before closure and we quickly entered all the relevant wording and criteria. somehow out of all the thousands of clubs who entered we have been shortlisted to the final 304 clubs, all we need now is all our supporters to please click onto the website www.skipton.grg.co.uk/apply

www.skipton.grg.co.uk/apply - for-funding and vote for us. I think we are number 56. The closing date is 15th October and the 161 clubs with the most votes will each get £500 towards new equipment. Thanks everyone.

*Caspa, secretary
Sedbergh Wanderers Junior FC*

WALKING GROUP

The Sedbergh Area Walking and Cycling Group is starting a new walking/rambling group for local people. If you like the idea of getting out for a bit of a walk in the company of others from time to time, please ring any of the following, and leave a message if necessary:-

*Janet Phillips - 20474
Carole Nelson (days) - 21770
Robert Powell - 20482*

SEDBERGH WANDERERS FC (Seniors)

It's been a period of change over the summer months for Sedbergh Wanderers Football Club; we have elected a new committee, outlined and implemented new ideas for fundraising, and appointed a new manager.

The Club would like to thank Craig and Jess Moffat from The Haddock Paddock Chip Shop for sponsoring the new home kit, and all the local businesses that have sponsored the 'Match Ball' for the coming season. Also we would like to thank all the local's who have turned out on match days to watch the lads play, it's been great to have so many people there to support.

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The Disco we held in early August was a great success, and thanks to all that attended, we look forward to seeing you again for the Wine & Savouries evening on 18th October.

We started our pre-season training on the first Tuesday in July, with a mixture of regular, new, and returning players. We played friendlies against Caton, Corinthians, Endmoor and Hawes, with encouraging results and some great football played.

Our season started on Sat 30th August at home to Penrith Reserves who were last season's Westmorland 1st Division Champions. The day started badly with last season's top scorer Oli Wales missing a train home from Manchester and arriving only in

time for the 2nd half, and goalkeeper Matt Parkin injuring his ankle a few seconds before kickoff and requiring a trip to Kendal A+E!! Fortunately Luke Cragg was on hand to assume goalkeeping responsibilities and we kicked off 15minutes late! We raced into a 2-0 lead with goals from Rob Close and new signing Alistair Bainbridge before eventually being beaten, somewhat unluckily 3-2, with the returning Dean Raw the stand out performer in midfield.

Our second game was again at home to the newly promoted Windermere SC, In an end to end game of many chances Sedbergh went into the lead twice with goals from Alistair Bainbridge and Oli Wales, both times

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being pegged back by, a very tall and physical Windermere side. As the game looked to be heading for a draw, club captain Aaron Siemaszko appeared in the centre forwards position and calmly slotted home with his RIGHT foot to give Sedbergh all 3 points and a 3-2 victory.

Saturday 6th September saw us play Kirkoswald FC, who finished last year as cup winners. In another tight game, which Sedbergh deserved at least a point from, we lost 3-2 to an excellent finish in stoppage time despite being 2-1 in front with 15 minutes to play. Sedbergh's goals both came from Siemaszko corners headed in by Rob Close and Xav

Baines.

Our fourth game of the new season saw us renew old rivalries with Kendal County, albeit their reserve side, due to their first team moving to play in the West Lanes league a few years ago. Our best performance of the season saw us run out 4-1 winners against the Kendal County side boasting 4 first team players, as their firsts had no fixture. Despite going 1-0 down, the lads fought back superbly, with Man of the Match Alistair Bainbridge scoring a superb hat trick, and Aaron Siemaszko getting the other from the penalty spot. Every player was outstanding but particularly Xav Baines and Joe Clare in defence. Xav Baines following in his dad, Dave and brother, Tim's footsteps, and Joe Clare being likened to Sedbergh legend Tom Moffat!

Sedbergh currently sit 3rd in the Westmorland League 1st division table with 6 points from our 4 games played.

Our training is now at QES Astroturf at Kirkby Lonsdale on Monday nights at 6.30pm-8.30pm due to the night's



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drawing in. Cars leave Sedbergh bus shelter at 6pm and if anyone wants to join us to train they are more than welcome.

Simon Parkin (Manager)

SEDBERGH GOLF CLUB

August 7th marked the 21st anniversary of the opening of the new Sedbergh Golf Course, though now significantly changed in the intervening years.

The opening ceremony in 1993 was performed by The Rt Hon. Viscount William Whitelaw K.T., C. H., M.C. and former Ryder Cup player and British Matchplay Champion, John Garner was there to give one of his renowned Laugh and Learn golf

clinics, plus a display of skill and trick shots.

The first sod had been cut in September 1991, by Michael Jopling M.P. and the course built by Newcastle based Maxel Golf, under the watchful eye of course design consultant, Bill Squires, from the Mere Golf Club in Cheshire. The end product received a Rural Development Scheme Award, following nomination by the Yorkshire Dales National Park.

The views are still breath-taking and no two days quite the same in the outstanding environment of lower Dentdale. If you have not yet visited the area, it should be high on your priority list!

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Volunteers are needed for a FIRST RESPONDERS GROUP in Sedbergh.

Did you know that:

- 10 minutes can be the difference between life and death following a heart attack;
- On 12 occasions between January and May this year, no First Responders from Dent, nor the local ambulance service, were able to respond to 999 calls from Sedbergh;
- Local ownership and involvement by volunteers is essential for a rapid response to medical emergencies.

Who are First Responders? They are Volunteers who are given training by the ambulance service and are provided with equipment to make a difference. Other volunteers are needed to fundraise, to buy the necessary equipment and to organize the volunteers.

What do First Responders do? They attend medical emergencies and are able to offer support to a patient and their family and friends until an ambulance arrives.

How can I help? Please come to a Public Meeting at the Peoples Hall on Tuesday 7th October at 7.30pm to find out more and meet 1st Responders and NWS representatives, or call Andy Cobb, 22541 or Keith Wilberforce 21562, for further information and offers of support.



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FAMILY MUSINGS

The funeral of a long lived true local, born and bred in the village, brought very interesting conversations in our family and I am sure in others and certainly at the funeral tea after the service. One topic was how in his young days, as in my Dads young days, if lads came from other parts, even just over Rise Hill to lay claim on Dentdale lasses they soon got short shift from the local lads. My Dad used to tell how when he was a boy and his Dad had the Wood Yard, Grandad went back for something one night to find a group of Dent lads laying in wait for some lads from "Seber" who were due to come courting local lasses, Grandad knew

better than to interfere and watched from the safety of the buildings as the Seber lads on their bikes soon turned around and sped away on being 'laid into' with sticks, stones and fists by the Dent lads.. no wonder so many families are interconnected and related!

When I was a little girl I could go into almost any house in the village and find someone I was related to or connected to, that isn't possible these days, people die, move away, others have moved in and this has kept our vital services going, the School, the Shop, the Village Hall, the Bus, although some of those have had their battles over the years. Grandma Middleton was able to send me as a

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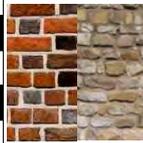
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little girl to Batty's Grocers and or Dinsdales, one sold Walls Ice Cream and it was voted a bit better than the Lyon's sold by the other! The Post Office was a thriving business in it's own right as was Middleton's which sold almost everything except food. Pot menders, Hen rings, Pyrex dishes, Wallpaper & Paint, Ladies, Gents & Children's clothing, Toys and fancy goods and lots inbetween. At Christmas the windows would be brightly decorated and little faces would come and press up against the glass especially at the Toy window. Then, Billy Middleton would go of around the Dale, and beyond, "Travelling" with his wares to the farms, always made very welcome

and usually returning with lighter packing cases. Now, we have one shop which includes the PO two mornings a week, it would be to the disadvantage of the life of the dale should this too be delegated to the history books.

The glorious weather which has continued over recent weeks has helped my home grown grapes to flourish along with Strawberries and Tomatoes, the bags we grew our spuds in have yielded from 28 to 6 as we have emptied them out, the smaller number ones perhaps missed out on watering or feeding. A recent purchase of a fleece pop-up plant cover and a mesh one along with a small, grandly named, "fruit cage" make for exciting times ahead. Enjoy your gardens and as well as thinking back keep looking forward, that is the most exciting!

Sarah

BRIGFLATTS MEETING HOUSE

Invitation to Brigflatts

Hopefully, all Sedbergh folk know that our Meeting House is open every day of the year from 10 – 6pm (or 'til dusk in winter) for visitors to call in.



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So we hope that you will stroll across the fields from Birks and feel free to make yourself a hot drink to take into the garden in good weather, or sit quietly in the main Meeting room when you are seeking a peaceful space to reflect on life's ups and downs.

In October, there is an open invitation to locals to join Friends from our Quaker Meeting and listen to local Friends talk about how Quakerism has encouraged them to let their lives speak. Our beliefs are a very practical form of Christianity in which we feel required to live out Jesus's teaching in our everyday lives and try to be "Doers not only sayers of the word". Some of our local Doers

will be sharing their unique spiritual journey and how the Quaker way of life has encouraged them to put Love into action through their careers and personal lives. If you would be interested in hearing any of these, then you would be very welcome to come along to listen.

On Saturday 4th October, we are gathering at 5pm to hear our Friend Pierre Betoine talk about the origin of La Coume (set up by British Quakers in the thirties) and how the Quaker values shaped the daily life of the little community he grew up in. Pierre will also describe his work to help to rehabilitate patients who have suffered from devastating brain injuries. This will be followed by Toby

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Satchell showing some photographs he took on his recent Journey of a Lifetime expedition to 5 countries in Southern Africa which so many generously supported.

Then on Sunday 5th October at 1pm, our Friend David Braybrook who has been a headmaster of special schools, Ofsted inspector and Tribunal panel member for SENDist as well as Trustee for numerous charities will reflect on his experience, speaking on (as he puts it) "work, faith and the individual journey of a 60s man who happened to be gay".

On Sunday 12th October again at 1pm, we shall be hearing about the experiences of our Friend Margaret Watson who will focus on the incredible expeditions she has

undertaken with the Jubilee Sailing Trust, often as Assistant Ship's Cook on their tall ships. Margaret will be showing photographs too, so if you have ever wanted to learn more about this remarkable organisation which provides opportunities for disabled people to be supported by able bodied buddies to crew these impressive vessels, then this is your chance to find out what it is like to participate in such a voyage.

Hope some locals will be able to join us for one or more of these talks and in doing so you will have the opportunity to get to hear the personal stories of a few Quakers which may confirm or dispel any preconceptions you have about us!

Tess Satchell (Warden at Brigflatts)

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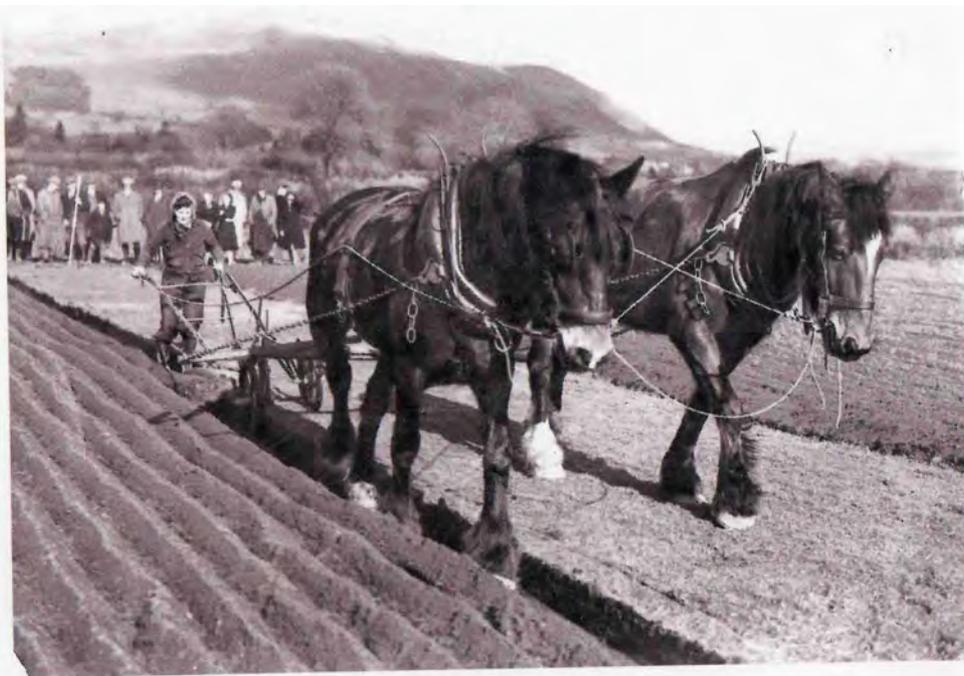
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OLD PHOTOGRAPHS

The Photo that appeared last month attracted a response and the details follow along with another photograph.

A competition was organised by the Sedbergh & District Hedging, Walling and Ploughing Association in 1945 and was held at Becks Farm, Marthwaite, (just outside Sedbergh).

There were 12 competitors and the overall winner and champion was Miss Betty Sedgwick of Lockbank Farm, Sedbergh who also received the prize for the Best Finish and Best Pair of Horses - Ruby and Blossom (pictured).

Betty is now Mrs Higson and lives in Killington.



Malcolm Sedgwick



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SEDBERGH MEDICAL PRACTICE

Once again this year, as well as the normal flu injections, we will also be offering the shingles vaccination and the nasal flu vaccine for children. We will be able to fit these in with the existing Flu clinics which take place at the surgery **on Saturday 11th October between 9am-11am as a walk in clinic**, we will also be running a flu clinic in **Dent Methodist Church on Monday 6th October between 11.30am - 12.15pm**. Please telephone the practice if you are attending the Dent clinic.

The patients eligible for the seasonal flu vaccination are those patients aged 65 and over on 31st March 2015, pregnant women, those patients aged 6 months to 64 years defined as at risk.

Children aged 2, 3 and 4 as at 1st September 2014 and those with a date of birth between 1/9/2003 and 31/08/2010 who are not in the seasonal flu at risk groups are eligible for a nasal flu vaccination - these can be given in the Saturday morning clinics or alternatively please telephone the surgery for an appointment. (01539 718191)

To be eligible for the shingles vaccination a patient has to be aged 70, 78 or 79 on 1st September 2014, other age groups will be introduced in future years to ensure that all patients aged 70-79 are offered the vaccination.

Sedbergh Medical Practice endorses the current vaccination programme. Prevention is better than



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cure in the world of infectious disease (often viral so unable to be treated) and vaccinations are a major reason why the general health of the population has improved. Admittedly all interventions will have an element of risk or adverse effect-but the overall benefit outweighs any problems caused. Please feel free to check your concerns with vaccinations via our practice website at www.sedberghmp.nhs.uk, along with checking out the latest news and our Facebook page.

Flu clinics may be subject to change if delivery of vaccines is delayed

BLOOD DONOR SESSIONS

Spaces available for upcoming blood donation session

NHS Blood and Transplant has spaces available at The Peoples Hall blood donation session taking place in the next few weeks in Sedbergh.

The session is as follows:
Friday 3rd October 2014 in the Peoples Hall, Sedbergh from 13:45 to 15:45 & 17:00 to 19:30.

Blood stocks tend to be low at this time of year as people have been distracted by holidays and the warmer weather. But as NHS Blood and Transplant plans donation sessions to meet the needs of patients, it is important that enough donors attend each session.

O Rh negative and B Rh negative donors are particularly important as those blood groups are most vulnerable to shortfalls.

Barbara Blanche, Lead Donor Relations Manager for Lancashire and Cumbria, said: "Continually meeting the needs of hospitals is a constant challenge and we are able to do so thanks to our donors. We hold sessions up and down the country so we collect the amount of blood hospitals need. We recognise that people lead busy lives but please take the time to book an appointment to donate."

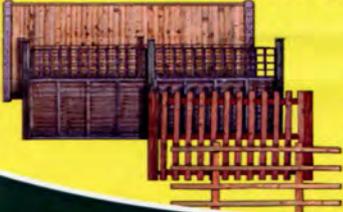
"If you've recently been on abroad, you can check you can donate at www.blood.co.uk and book an

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appointment.

“Don't worry if you've never donated before. Giving blood is easy and there's lots of information on our website about what to expect when you donate.”

Patients in need of blood in accident and emergency situations, patients undergoing surgery and receiving treatment for cancer and blood diseases, and women haemorrhaging in childbirth rely on blood donors. While overall blood use within the NHS has reduced, thanks to improvements in clinical and surgical practices, hospitals and patients still rely on more than 7,000 people attending a donation session every day across England and North Wales for the blood they need.

Every donor can save or improve up to three lives every time they donate blood.

In general, as long as you are fit and healthy, weigh over 7 stone 12 lbs (50kg) and are aged between 17 and 66 (up to 70 if you have given blood before) you should be able to give blood. If you are over 70, you need to have given blood in the last two years

to continue donating.

To book an appointment, visit www.blood.co.uk or call the Donor Line on 0300 123 23 23. To download an app for your device, search 'NHS Give Blood' in the app store. (Platelet donors and blood donors taking part in the INTERVAL study cannot use www.blood.co.uk or the apps to manage their appointments.)

FIRBANK CHURCH QUIZ

Thank you to everyone that support the Firbank Church Quiz on “British Railway Stations”.

Answers: 1. KINGS CROSS 2. CREWE 3. REDCAR 4. LINCOLN 5. WHITBY 6. FLINT 7. BATH 8. PADDINGTON 9. BANGOR 10. OXENHOLME 11. WICK 12. CLAPHAM JUNCTION 13. KYLE OF LOCHALSH 14. BRISTOL 15. ALDERSHOT 16. WAKEFIELD 17. FEATHERSTONE 18. PONTEFRAC 19. DINGWALL 20. SWANSEA 21. SILVERDALE 22. NEWMARKET 23. PENZANCE 24. AYLESBURY 25. RUGBY 26. FISHGUARD 27. DERBY 28. SETTLE 29. BARKING 30. MOTHERWELL

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SHEEPFEST PICTURES

I took several pictures around Sedbergh and Farfield Mill on the Saturday of the Sheep Fest. These can now be viewed on the Sedbergh Gateway website at www.sedberghgateway.org.uk.

I know I did not get round to all the sheep, but I hope that our little picture gallery will be a nice reminder of a very happy day. We are planning to leave it on-line until the end of October..

If I missed your sheep, give me a call and I will try to come round with my camera.

Robert Powell (Tel: 20482)

SHEEPFEST

I must be Sedbergh's newest resident, living nr Farfield Mill at Garsdale Foot Farm. We are friends of the Mill although I have not met Anne Pierson personally.

Prior to retirement I was with HSBC and in that role set up, and organized, some major events from Liverpool Phil' to serious export workshops... Smugly I thought I was good until I experienced Sheepfest; its template

should be rolled out to every town thru the UK as a 'how to do - do a do well'

To motivate and inspire a whole town to deliver a performance to that standard is unbelievable and incredible. Getting the backing of the Yorkshire Dales National Parks, and employing Art Sense, three exceptional teachers and artists who worked with the community and schools to realize their ideas was inspirational and has left a legacy which will live on long after the memory of the event – which was



superb. Dennis Whicker, the Town Cryer, with that extra touch of authenticity and panache was marvellous - and to see the town and church full of people – uplifting. New traders, old traders everybody ‘delivered’ to the highest standard from the amazing sheep and Technicolour Dreamcoat (see Page 75) – to the Junior Brass Band and the vocals from the owner of the Antique Shop.

On behalf of Sedbergh, I thank Anne Pierson, the staff of Farfield Mill and everyone who contributed to a celebration which truly defined the spirit of this exceptional community.

David Evans

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SHEEPFEST

What a wonderful day' Congratulations and a Big Thank You to all concerned in creating a day full of happiness and surprises!

Every "sheep" was a winner. Singing in Main Street was lovely and added a carnival feel to the day.

I particularly enjoyed a quick "bell ring" and making of a Poppy (a thoughtful inclusion into the

festivities)

The Craft Fair was superb and I hope to start knitting very soon with the beautiful wool which I bought. Everyone was so friendly. My family and myself had a wonderful time. Once again, THANK YOU! Hope to see another Sheep Fest?

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BONFIRE NIGHT

The annual Bonfire Night celebration will be on Saturday 1st November. Gates open at 6.00pm, the bonfire is lit at 6.30 and fireworks at 7.30. There will be the usual food and drinks stalls, plus children's competitions for the best turnip and pumpkin lanterns.

NORTH WEST CANCER RESEARCH

The Sedbergh committee of The NorthWest Cancer Research Fund would like to thank all who supported the Coffee Morning in The URC Rooms on August 20th

Making the wonderful amount of £328-57p helping towards research into overcoming this dreadful illness.

Hazel Jackson

MS RESEARCH

On Wednesday 28th May, we held a 'Cake Break' Coffee Morning for Multiple Sclerosis Research at the URC Church Hall. It was so amazing that morning and all the cakes, biscuits and jams on the tables gave me a small panic and thinking "Oh no! We don't have much baking" then all of a sudden, the helpers came and brought loads of baking and it was FANTASTIC. The helpers aged from 1½ years (grandson Cameron) upwards wore the lovely bright orange T Shirts.

By 11am, the tables were nearly empty of cakes and the money raised from the cakes, door and raffle that day was £270 and with further donations, I was able to send a cheque for £320.37. Many, many thanks.

The next event is on Saturday 18th October when there will be an MS Research Table Top Sale at the People's Hall from 9:30am.

If you have any bric-a-brac, toys, books and would like to donate to this Fundraiser, I would be very grateful.

If you would like to rent a Table and make some money that will be great. Also, don't forget that we will have teas and coffee and a good selection of home-made cakes.

Ruth Bendle of the Multiple Sclerosis Society has said of Sedbergh:-

"For the past 7 years, you have helped raise £5,622.41 for MS Research which is truly fantastic. As well as funding ground-breaking

research, the money you have helped raise will help fight for better treatments and care for people with MS, helping them to take control of their lives. We really could not do any of this without your support."

Thank you also from me - Sandra Longlands - and hope to see you on Saturday 18th October at the Table Top Sale (See Page 18)

"Together we can beat MS"

Sandra Longlands

Oliver Higginbotham

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K-SET

Killington Sustainable Energy Trust

Planning applications, impoundment licence, abstraction licence, establishing site ownership, sound survey, weir survey, ecological survey, feasibility study, flood risk assessment, objections from local fishermen and Environment Agency licence are just a few of the many hurdles which have been encountered in our quest to install an Archimedes-screw water-turbine at Broadrairie Weir. The actual planning, design and engineering problems have also required a huge investment in time and energy on the part of the

enthusiastic Committee members. All of this before the small matter of raising the sum of £500,000 for the actual construction is considered. Many thousands of pounds have already been spent (mostly assisted by various grants), to pay for many of the expensive surveys and studies listed above. Even the connection to the National Grid is going to cost us dear, the last quote being for £34,600! If the new transformer is to be ground-mounted, it could add yet another £30,000 to the bill. Is it any wonder that there are so few hydroelectric schemes in the UK, even in an area such as South Lakeland which has so many locations ideally suited for the generation of electricity from water, 24 hours a day, 365 days a year and without the highly controversial visual impact of wind turbines or fields full of hundreds of solar panels.



Photo: Broadrairie Weir in full flow
Roger Bush

COUNTRY HARVEST

at Ingleton will host a special pre-Christmas tasting evening – The 12

Plates of Christmas - on Thursday, November 6, from 7pm, when guests will eat and drink their way through a feast of festive goodies.

There will be an opportunity to sample a delicious selection of cheeses, for example, indulgent chocolates, traditional festive meats, chutneys, cutting pies and party puds, plus wine and local ales.

Each tasting plate will also be accompanied by a set of tasting notes as a shopping aide-memoire.

“At Christmas, we do ‘choice’ with a capital C,” said PR & Marketing Manager Gillian Cowburn. “We thought customers would simply jump at the chance to try some of it beforehand.”

Tickets for the event cost £20 each; book a table for four and save £5 (ie: £75 for four people).

Also, this year’s Country Harvest Christmas Extravaganza will be held on Wednesday, November 26 from 6pm to 9pm. All are welcome to attend this free family-friendly event.

GARDEN CLUB

As we have many newcomers to Sedbergh I am wondering if anyone is interested in forming an informal Garden Club.

The aim would be to swap knowledge, ideas and plants and perhaps have specialist speakers from time to time.

Please contact Rosemary Bramham at 3, Winfield Road, Sedbergh telephone 01539620572 email rosemarybram@yahoo.com.

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OCTOBER GARDENING

It has been a bumper year for fruits, vegetables and hedgerow crops. During the last few weeks I have been picking "Japanese Quinces" from the ornamental bush in the border, fresh figs from a wall trained tree in a garden in Silverdale and quantities of hazel nuts from the local hedgerows. Cob nuts (bred from the native hazel *Corylus avellana*) and Filberts (*C. maxima* which hales from south eastern Europe) have been in cultivation since the sixteenth century. They are easy to grow and flourish in any type of well drained soil but though they are self fertile the male and female flowers are infrequently born on the bushes at the same time, so you do need to have more than one plant and more than one variety of nut in order to get a crop. Nuts are harvested, and eaten fresh, rather than being stored. Like their wild counterparts, cultivated cobnuts and filberts have bumper years and lean years. Flowering so early they are very dependant on the early spring weather and can easily

be ruined by a badly timed frost.

I have never grown Medlars (*Mespilus germanica*), but they do make an attractive tree with large pink and white blossoms in early summer followed by brown rosehip shaped fruit and brilliant autumn colour. Medlars were most popular in Victorian times when they were eaten as dessert fruits or as Medlar fool. Fruits are picked in October and early November but are then stored to mature (a process known as bletting). When the skin turns dark brown, the flesh turns soft and brown and sweet and the fruit is ready to eat.

Similar in flower to the Medlar, the quince (*Cydonia oblonga*) has also been cultivated in Europe for many centuries. Quince fruits are pear shaped but golden in colour. They are tart and hard and are not suitable for eating raw, but are excellent in jams.

All of these fruit make attractive specimens in their own right. It is unlikely that they would bear a good crop here on the top of Firbank Fell but I am very tempted to try them out purely for their ornamental qualities.

Elaine Horne

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AUGUST WEATHER

Generally a mixed month weather-wise. Temperatures varied from a high of 77.5F (25C) to a low of 36.7F (2C). The latter temperature was low enough to give a ground frost in places. Pressure was generally around normal except when the "remains" of hurricane Bertha reached us when we recorded our lowest pressure, 28.82 inches of mercury, and our strongest gust for the month, 24mph from a Westerly direction. Rainfall was 5.44 inches overall with only a couple of periods of 4 and 5 days when it didn't actually rain. The heaviest shower came on the day that "Bertha" passed through.

We are still very short of butterflies. A few peacocks and the odd red admiral and tortoiseshell, plus a few small whites, have been the sum total. Badgers continue to be active digging in the field. Rats are still around in spite of trapping some. They simply did not stop breeding last winter as it was so mild. Rabbits are about again but not back to anything like their former numbers yet. Birds, particularly sparrows, are active at

the feeding station. The pigeons clear up anything the sparrows drop. The adult swallows seem to have gone but a couple of youngsters are still returning to roost in the kennels. There is a good crop of brambles, sloes, damsons and plums. Apples are somewhat patchy, pears non-existent again. Hopefully we will be able to beat the birds to some of the fruit if they leave it to ripen! As it has been the year of the wasp they will also be after the fruit. We've had 2 wasp nests, the size of footballs, in the loft with the occasional wasp being attracted to the downlighter bulbs and some falling through onto the landing. A campaign with foam and spray has reduced them significantly but one is difficult to get at.

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CUMBRIA WILDLIFE TRUST

The new Winter Programme is now set and details appear in the Lookaround Diary.

If you require any further information, please contact Susan Garnett on 21138 or msg@wardses.org.uk

HOWGILLS HARMONY

community singing and the Christmas Truce.

Some years ago many local singers joined a temporary community choir which sang songs about the Christmas Truce of 1914 - a truce which happened on Christmas day in many different places along the 1300 mile First World War front line and included the soldiers from both sides playing football together, exchanging gifts and singing carols together. We did concerts in Keighley, Morecambe, Leeds and Dent.

This year we will again be learning some of these songs and singing them at concerts near Christmas, as well as joining other singers who are learning the same songs. We are also looking to compile local stories about people who were involved in the Christmas Truce of 1914 - so please get in touch if anyone from your family has connections.

If you would like to join us for the singing, we will be practicing upstairs above the Sedbergh Information Centre from October 20 on Monday evenings from 7.30pm. We'll be learning the songs by ear so there is no need to worry if you can't read music (although written music and recordings of the parts are available for home study.)

Many of the songs have been arranged by singers from the group Coope, Boyes and Simpson and are a great pleasure to sing.

There will also be an opportunity next term to learn songs from both our twin town in Slovenia and from

the UK - and then sing them in Slovenia, and alongside visiting singers from Zrece, to celebrate what the former Slovenian Ambassador to Britain described as "the most successful twinning in Europe."

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SEDBERGH SCHOOL

Local Young People's Fund

Applications are invited for grants available from The Sedbergh School Young People's Fund. The fund exists to help young people from the parishes of Sedbergh, Garsdale and Dent.

The grants can be awarded by the Trustees in one or more of the following ways;

- a) The award of Scholarship, Bursaries or Maintenance Allowances tenable at any School, University or other place of learning approved by the committee.
- b) The provision of financial assistance, outfits, clothing, tools, instruments or books to enable beneficiaries on leaving school, a University or other educational establishment to prepare for, or assist their entry into a

- c) profession, trade or calling.
- c) The award of Scholarships or Maintenance Allowances to enable beneficiaries to travel abroad to pursue their education.
- d) The provision, or assistance towards the provision, of facilities, of any kind not normally provided by the Local Education Authority, for recreation and social and physical training, including the coaching in athletics, sports and games to beneficiaries who are receiving primary, secondary or tertiary further education.
- e) The provision of financial assistance to enable beneficiaries to study music or other arts.

Applications should be in writing to The Bursar, Peter Marshall, The Bursary, Malim Lodge, Loftus Hill, Sedbergh LA10 5RY using an application form obtainable from The Sedbergh Information Centre or The Bursary to be received by November 1st for consideration by The Trustees at the next meeting which is on November 7th 2014

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Western Dales Bus

Saturday Bus to Kendal

As has been reported in the local press, the county council is in the process of withdrawing all its subsidies to Cumbria's bus services. As a result, the Saturday 564 bus service from Brough to Kendal via Sedbergh operated by Grand Prix Coaches is going to end on Saturday November 2nd.

In response to this situation, Western Dales Bus, the local community bus run by trained volunteers, will be increasing the number of journeys between Sedbergh and Kendal on its Saturday 564A service. The present 564A timetable will continue until November 2nd, but from November 8th onwards, the bus will make four journeys between Sedbergh and Kendal each Saturday instead of the present single trip, thus enabling passengers from Sedbergh to continue to travel to Kendal by bus on a Saturday.

The full timetable will be published in next month's Lookaround and on the Western Dales Bus website www.westerndalesbus.co.uk. It will also be available on the bus and from the Sedbergh Information Centre.

Jock Cairns
Chair, Western Dales Bus

GALA GROUP AGM

The AGM of the Gala Group will be held on Monday 13 October 2014 at 7.30pm in the Meeting Room of the People's Hall.

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NEIGHBOURHOOD FORUM

The next meeting of the Sedbergh & Kirkby Lonsdale Neighbourhood Forum will be held on **Tuesday 21st October 2014** at the People's Hall in Sedbergh starting at 7.30 pm. Full details of the agenda will be circulated nearer the time.

Also, are you a community group in the Sedbergh or Kirkby Lonsdale area, looking to raise funds for a community project or initiative? Does your project meet local priorities and benefit the wider community? If so, you may be eligible to apply for a Community Grant from Cumbria County Council. Grants are available for voluntary, non-profit making community groups and organisations who can demonstrate that their project will benefit the local area. For more information and to find out if you are eligible to apply for a grant, please contact the Area Support team for South Lakeland, on 01539 713419 or email zoe.sutton@cumbria.gov.uk. To go forward for support at this next meeting, completed applications will need to be received by Friday 3rd October.

Gae Hicks

WWI EXHIBITION

Over August Bank Holiday weekend, Garsdale Village Hall held a WW1 exhibition. Diane Elphick and Sedbergh History Society brought lots of display boards. Locals dug out their photographs, medals, weapons and memorabilia, (we even had a machine gun on show). Homemade refreshments were served each day. We had visitors call in from as far away as New Zealand and Australia. One gentleman from New Zealand commented that 'it was the cheapest cup of tea and cake he'd had in England!'

We raised £474 towards the upkeep of the hall. Thank you to everyone who displayed, baked, set up, served food, donated and supported the event.

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ANTI-SOCIAL BEHAVIOUR

It has been reported to Lookaround that on the night of Friday 19th September, two vehicles parked on Back Lane were vandalised by someone scratching a key down the doors. One car belongs to a local resident. The other car belonged to an overnight visitor to Sedbergh. The

vandalism took place between 8pm – 8am. If anyone has information, please contact the Police on 101

During the same week, residents on Back Lane were threatened by a group of teenage boys, who said that they would burn the resident's car, and another resident on Back Lane was disturbed by teenagers hitting their property. Other residents on Back Lane reported loud and antisocial behaviour during the early evenings of the week beginning 16th September, usually between 6p - 8pm.

There seems to be an increase in anti-social behaviour in the town at the moment which is a shame when you look at the effort that people make to make this a lovely place to live in and visit.

Please report any disturbances by calling 101.

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NEIGHBOURHOODALERT

Cumbria Trading Standards are warning consumers to be cautious when taking telephone calls from callers purporting to be from the Telephone Preference Service (TPS), the organisation which helps to limit

the amount of cold calls received by telephone.

The bogus caller falsely claims that they are from the TPS and asks for personal details including bank card details. The TPS would never make such a request, and consumers are being reminded never to give such personal details to cold callers over the telephone.

If you have been called in this way, and you require advice or just want to report the matter, then Trading Standards can be contacted via the Citizens Advice Consumer Helpline on 03454 04 05 06 or by visiting www.adviceguide.org.uk or you can contact the Police on 101.

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AGE UK

The Sedbergh Group will recommence their monthly Cream Teas on 1st Thursday of every month starting on 2nd October at 2:30pm in Sedbergh Café.

The Monthly Lunch Club still meets in the Red Lion on at 12 noon on the second Thursday every month.

Further details from Linda Greensmith on 07919 152526.

JIGSAW APPEAL

The final total from the Waterside Coffee Morning on 16th August and Liz competing in the Great North Run on 7th September in aid of the BBC Radio Cumbria Jigsaw Appeal amounted to £1,250 which has been forwarded to the Appeal. This is a fantastic amount and once again, grateful thanks to all who helped, donated and supported us in any way.

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DENTDALE CLUB

The regular monthly Friday meetings of the Dentdale Club continue to enjoy steady attendance and a range of speakers. So far during the summer and now, into the more autumnal months we have shared a session with our local resident, friend and expert in all things craft and glamour, Wendy Cooke, entitled 'Jewellery demonstration and small talk'

The September get-together brought Tony Wood from Holme to talk about and show some splendid examples of 'Flowers of the Yorkshire Dales' – Teesdale and Swaledale figured most

prominently in the detailed pictures and descriptions on offer.

Thanks, as ever, go to Linda Greensmith from Age UK who is responsible for organising the events and details of the remaining 2014 programme include:

- October 3rd - Edward Mills – 'Woodlands in Cumbria'
- November 7th - Police and Fire Service representatives
- December 5th - Christmas Party with Jacob's Join & other festivities

Dorothy M Vernon

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I'm afraid I don't do PC/Windows related work
The best advice I can offer in such cases is 'Get a Mac!'

Contact Andrew on 07788 688490

or email: andrew-allan@virgin.net

ALFRED WAINWRIGHT

Does anyone remember Alfred Wainwright? Did anyone meet him, know him or have any experiences of him?

I am hosting the Alfred Wainwright Lectures at Rheged in Penrith on Friday 25th October and I would like to bring a local Sedbergh/Howgill element to the presentation.

If anyone has any stories, tales or photographs, please contact Alison O'Neill on 015396 20134 or e-mail info@shepherdess.co.uk

AUDIO & LARGE PRINT LOOKAROUND

The Coffee Morning that was held on Wednesday 10th September is the only Fund Raising event for the A&LP Lookaround which provides Audio and Large Print versions for the VIP's of our community. Grateful thanks to all the helpers, donators of cakes, biscuits and prizes and those that attended, especially the 'anonymous donors' to the Funds which amounted to £260.

If anyone would like to help with the creation of the Audio version - which is great fun, why not call at the CDC at 2pm on Thursday 2nd October and see how it's done. There's a cup of tea waiting to be drunk.

If you know of anyone that would appreciate a FREE copy of the Audio or Large Pversions, why not let us have details and we can provide them.

Dennis J Whicker

SEDBERGH & DISTRICT CHARITABLE INCORPORATED ORGANISATION

The Annual General Meeting of the Sedbergh and District CIO will be held in the Committee room of the People's Hall on Oct 13th at 7 pm. All are welcome.

GALA GROUP BURSARIES

The Gala Group is delighted to announce that this year there are sufficient funds to enable it to award a few bursaries to individuals and groups from Sedbergh and the immediate area. Please apply in writing or by email to the Chairman:

John Davis, Craiglands, Joss Lane.
email: john@davisj.com

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SEDBERGH METHODIST GUILD

The winter session of the Guild s on Monday 5th October when we have Mr & Mrs Simon Kay from Kirkby Lonsdale speaking on 'Medical Mission to Uganda'

These meetings are held weekly (with the odd exception) on Monday evenings from October to March at 7:30pm in the Methodist Schoolroom. The meetings are open to everyone so please come along and "give us a try". You can be assured of a warm welcome, plus a cup of tea and biscuits!

For further details, or for a copy of our winter programme, contact Mary on 20616 or Barbara on 20471.

Mary Airey



LADIES N. F. U

The September meeting was held on the 16th with 15 Members present. We all enjoyed a most fascinating illustrated talk from Mrs Wendy Fraser-Urquhart, entitled by Light Aircraft to beyond the Arctic Circle. Mr. Fraser-Urquhart an experienced Pilot hired a Light Aircraft, and with Wendy and their Son of they set on this wonderful holiday What a holiday, such wonderful scenery, then landing when and where you wished more or less. Many thanks to Wendy for sharing this big adventure with us.

A General Meeting was held, followed by the A.G.M. and Treasurers Report. The Raffle was won by Mrs. Barbara Escolme.

Tea was served by Hazel Jackson and helpers, and a delicious Jacobs Join spread was much enjoyed.

The next meeting will be held on the 21st October when Michael Beecroft will be telling us all about his journey on a Sailboat. Do come and join us, you will be most welcome.

Marlene Mason

EDITORIAL

Well, it's thank you and happy retirement(???) to Janice and hello and welcome to the new kids on the block. By the time you read this, Sedbergh Office Services has retired and SmartOffice will be relocated at 13 Kings Yard. Same location, same telephone number and everything else will be the same. Over the last 19 years, Janice has assisted the Lookaround by acting as our Office

for everything coming in and we do thank her most sincerely, as well as her helpers. The new Team will also endeavour to do the same but it will be hard work for them as their new venture unfolds so please be patient as regards Lookaround (and People's Hall) as they will not readily know all the answers but I am sure they will get there in a very short space of time. Why not call in and say "Hello".

Did everyone work out where the Cover Picture was for September? It was of course **NOT** Dent Village (which was August's) but Barbondale towards Gawthrop.

Well, who didn't attend the Sheepfest? A big congratulations to everyone that took part in the whole venture. A lot of hard work went on behind the scenes and it was greatly appreciated by all the residents and visitors alike. It is not very often that we see people walking round with big smiles on their faces but that weekend was full of them. Of course, the weather did help a bit.

I must admit, I have been thinking for years about putting on a Scarecrow Festival but many other communities already have one so I felt we shouldn't but the Sheepfest filled that slot and I will certainly support an Annual event which could start on the Monday of a particular week with displays and culminate with lots of activities on the Saturday and Sunday. I would certainly ring my Bell!!! Maybe let Anne Pearson at Farfield Mill know of your thoughts.

Dennis J Whicker

COMMUNITY OFFICER REPORT

We now hold a weekly Police desk drop in at our community office in Sedbergh (Above the tourist info off Joss Lane carpark) 11am-2pm on Wednesdays.

7/8-Caller reported 2 chainsaws and 50 ltrs of Diesel stolen from an insecure shed at property in Sedbergh.

10/8-ASB was reported from an address in Sedbergh, caller reported neighbour having loud parties frequently, this is being monitored.

11/8-Dent stores had a charity box stolen.

13/8-Caller reported the theft of a water trough stop cock system from a field beside Bath Bridge.

23/8- Theft of a £90,000 80 Bomag road roller at Cautley.

25/8-Caller reported a suspicious incident, seeing a flashlight outside their property at 5am in the morning at Cowgill.

27/8- A camper van was reported abandoned in a layby at Cowgill, this was checked out and belonged to someone local.

27/8-Caller reported seeing a male in Boots the Chemist on Main St Sed out of hours, this was checked out, all was in order the male being a security guard overseeing a computer technician upgrading their system during the night.

29/8- Caller reported finding a dead sparrowhawk in Firbank, this was described as being displayed on barb wire. Our Wildlife officer has been informed and is dealing.

30/8-2 males seen in the area of Cowgill asking for scrap in a red

transit van, this vehicle has been checked and comes back to Leeds, this has been logged for information.

30/8- 1 male seen in the area of Cowgill described as having a good look around.

31/8- An RTC was reported at Dent. Minor Injury.

2/9 – 1 person was arrested on suspicion of Criminal Damage and Common Assault on Howgill Lane.

4/9 A suspicious vehicle was reported to us at Cowgill, this was checked out and all in order belonging to a resident.

6/9 – A domestic related incident was reported.

8/9 – Details were passed to us of an unroadworthy vehicle from the area.

The details have been taken and passed to OSU (Operational Support Unit) the new term for RPU (Roads Policing Unit).

14/9 – Loud Music was reported playing from a premises on Main St Sedbergh, this is being monitored.

Over the summer months we have held a Road Safety Class for primary school children, we have taught them the basics of how to check your bike before you travel, how it is important to wear your helmet and basic road signs.

Last week we held an across border operation involving all our neighbouring police forces, Police Scotland, Lancs, North Yorks, Northumbria and ourselves Cumbria Constabulary. We had a police checkpoint every 20 miles on certain roads, this was to combat rural crime. I will let you know the results in due course.



See Page 44 for the Bolivia report.

9	2					4	8
	5	6		8		2	7
		3				6	
			5	6	8		
3			4		1		5
			9	7	3		
		4				1	
	1	7		5		8	2
5	9					3	4

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BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh LA10 5DW (2013/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk Free Wi-Fi available	20251
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2012/12) <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Mrs D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB.; Free Wi-Fi</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i> e-mail:- stay@drawellcottage.co.uk	21529

CAMPING, CARAVANNING & SELF-CATERING

Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Self-Catering Sleeps 6-8</i>	20360
Mrs Tallentire	Ingmire Hall, Sedbergh (2013/02)..... <i>D & PB Flat; £395 pcm; References & Deposit required</i>	07944 859456
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled
 Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0740 (C)	0817	M - F	564	GPS	0825	0858	M - F	564	GPS
0938 (H)	1010	M - F	564	W	1030 (H)	1058	M - F	564	W
1002 (C, H)	1044	M - S	564	GPS	1055 (C)	1128	M - S	564	GPS
1015 (L, H)	1045	Wed	564B	W	1300 (H)	1330 (L)	Wed	564B	W
1121 (L)	1156	Sat	564A	WDB	1330 (H)	1358	M - F	564	W
1238 (H)	1310	M - F	564	W	1405 (C, H)	1443	M - S	564	GPS
1310 (C)	1347	M - S	564	GPS	1425 (H)	1500 (L)	Sat	564A	WDB
1545	1620	M - S	564	GPS	1625 (C)	1658	M - S	564	GPS
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
0855 (L)	0932	M - F	564	GPS	0705	0740	M - F	564	GPS
1125 (L)	1202	M - S	564	GPS	0935	1002	M - S	564	GPS
1440 (L)	1505	M - S	564	GPS	1235	1310	M - S	564	GPS
1655 (L)	1732	M - S	564	GPS	1510	1545	M - S	564	GPS
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent Station to Dent				
0825	0840	Sat	564A	WDB	0950 (CG)	1000	Wed	548B	W
1052	1105	Sat	564A	WDB	0910	0925	Sat	564A	WDB
1330	1345	Wed	564B	W	1020	1035	Sat	564A	WDB
1500	1515	Sat	564A	WDB	1615	1630	Sat	564A	WDB
1650	1705	Sat	564A	WDB	1740	1755	Sat	564A	WDB
1840 #	1855	Sat	564A	WDB	1930 #	1945	Sat	564A	WDB
Dent to Dent Station					Dent to Sedbergh				
0840	0855	Sat	564A	WDB	1000	1015	Wed	548B	W
0950	1005	Sat	564A	WDB	1035	1050 (L)	Sat	564A	WDB
1052	1105	Sat	564A	WDB	1106	1121 (L)	Sat	564A	WDB
1345	1355 CG	Wed	564B	W	1630	1645	Sat	564A	WDB
1515	1530	Sat	564A	WDB	1755	1810	Sat		WDB
1705	1720	Sat	564A	WDB	1945 #	2000	Sat		WDB
1855 #	1910	Sat	564A	WDB	Last Update: July 2014				
L = Sedbergh Library					H = Via Westmorland General Hospital (Request Only)				
C = Via Kendal College					CG = Cowgill				
W = Woof's of Sedbergh					WDB = Western Dales Bus				
GPS = Grand Prix					# = British Summer Time Only				
<i>Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.</i>									
All times from Sedbergh are from and to Thorns Bank unless stated (L)					For Comprehensive up-to-date information ring :- Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)				

Western Dales Bus

	Saturday						
Kendal Bus Station	-	-	-	1425	-	-	-
Oxenholme Stat Approach	-	-	-	1434	-	-	-
Sedbergh Dalesman	0825	-	1052	1500	1650	1840	-
Dent Car Park	0840	0950	1105	1515	1705	1855	-
Cowgill	0853	1003	-	1528	1718	1908	-
Dent Station	0855	1005	-	1530	1720	1910	-
Trains Leeds to Carlisle	1016	-	1811	-	-	1923	-
Trains Carlisle to Leeds	0905	-	1744	1732	1920	-	-
Dent Station	0910	1020	-	1615	1740	1930	-
Cowgill	0912	1022	-	1617	1742	1932	-
Dent Memorial Hall	0925	1035	1106	1630	1755	1945	-
Sedbergh Library	-	1050	1121	1645	1810	2000	-
Oxenholme Stat Approach	-	-	1144	-	-	-	-
Kendal Bus Station	-	-	1156	-	-	-	-

	Sunday		Bank Holiday Monday				
Sedbergh Dalesman	1000	-	1735	-	1000	-	1850
Dent Car Park	1015	1100	1750	1845	1015	-	1905
Cowgill	1028	1113	1803	1858	1028	-	1918
Dent Station	1030	1115	1805	1900	1030	-	1920
Trains Leeds to Carlisle	1037	-	1908	1018	1934	-	-
Trains Carlisle to Leeds	1040	-	1816	-	1927	-	-
Trains Blackpool to Carlisle	1102	-	-	-	-	-	-
Trains Carlisle to Blackpool	-	-	1013	-	-	-	-
Dent Station	1045	1118	1825	1920	1045	-	1940
Cowgill	1047	1120	1827	1922	1047	-	1942
Dent Memorial Hall	1100	1133	1840	1935	1100	1133	1955
Sedbergh Library	-	1148	-	1950	-	1148	2010



	Sunday and Bank Holiday Monday						
Farfield Mill	-	-	1157	1425	1707	-	-
Sedbergh Library	-	-	1203	1431	1713	-	-
Sedbergh Dalesman	-	-	1208	1450	1735	-	-
Dent Car Park entrance	-	-	1222	1505	1750	-	-
Cowgill	-	-	1235	1518	-	-	-
Newby Head B6254 jct.	-	-	1246	1529	-	-	-
Snaizeholme Lane End	-	-	1252	1535	-	-	-
Wensleydale Creamery	-	-	1300	1543	-	-	-
Hawes Market Place	-	-	1303	1546	-	-	-
Hawes Countryside	-	-	1305	1548	-	-	-
Hawes Countryside	-	-	1315	1600	-	-	-
Hawes Market Place	-	-	1317	1602	-	-	-
Wensleydale Creamery	-	-	1320	1605	-	-	-
Snaizeholme Lane End	-	-	1328	1613	-	-	-
Newby Head B6254 jct.	-	-	1334	1619	-	-	-
Cowgill	-	-	1345	1630	-	-	-
Dent Memorial Hall	-	-	1133	1358	1643	-	-
Sedbergh Library	-	-	1148	1413	1658	-	-
Sedbergh Dalesman	-	-	1151	1416	1701	-	-
Farfield Mill	-	-	1156	1421	1706	-	-



Organisation	Update	Contact	Tel:	015396
Age UK South Lakeland	08/13	Mrs Greensmith	01539	728180
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh *	09/14	Mr Morrison	Sed:	20209
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beaver Scouts	03/13	Mrs Woof	07890	302038
Beekeepers Association	01/09	Mrs Whitton	015242	72004
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Queen's Gardens	09/14	Mrs Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cricket Club - Dent	01/09	Mr Hyde	Dent:	25503
Cricket Club - Sedbergh	01/09	Mr Hoggarth	01539	731140
Cub Scouts	02/14	Mr Hubbard	Sed:	20028
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	11/13	Mr Steele	Dent:	25054
Dent Meditation Centre	09/14	Mrs Brooke	07582	017396
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School - Friends of	03/13	School	Dent:	25259
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club Junior - Sedbergh	07/14	Mr Kirby	Sed:	21214
Football Club Senior - Sedbergh	07/14	Mr Parkin	Sed:	20585
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907

Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665
Kent Lune Trefoil Guild	12/13	Mrs Gilfellow	01524	781907
Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Messy Church	09/14	Mrs Raw	Sed:	20542
Methodist Church Hall	04/14	Mr Allen	Sed:	20194
Over 60's - Dent	04/14	Mrs Richards	Dent:	25324
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council - Dent	07/12	Mr Stephenson	Sed:	21487
Parish Council - Garsdale	01/09	Mrs Donaldson	07967	972160
Parish Council - Sedbergh	04/14	Mrs Hassam	Sed:	20125
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125
Playgroup - Sedbergh	09/14	Mrs Kitchen	Sed:	20826
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group - Sedbergh	06/14	Mrs Foott	015395	30163
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	12/10	Mrs Levitt	Dent:	25162
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Town Twinning Group *	09/14	Mrs Garnett	Sed:	21138
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Walking & Cycling Group	08/14	Miss Nelson	Sed:	21770
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute - Dentdale	06/14	Mrs Belfield	Dent:	25775
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	08/12	Ms Gardner	Sed:	20570

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office

CHURCH SERVICES					
St. Andrew's	5th	12th	19th	26th	
8.00 am	HC BCP	HC BCP	HC BCP	HC BCP	
10.30 am	HC CW	HC CW SS	HC CW	Family Service	
6.30 pm	EP	EP	EP	EP	
Wednesday	1st	8th	15th	22nd	29th
11.00	HC BCP	HC BCP	HC BCP	HC BCP	HC BCP
St. Mark's	5th	12th	19th	26th	
9.30 am	HC	MP NC	MP NC		
2.30 pm				Taize	
St. John's	5th	12th	19th	26th	
9.30 am	MP	MP	HC	MP	
LUNE PARISH SERVICES					
	5th	12th	19th	26th	
Holy Trinity Howgill	10.30 am Joint MP Firbank	2.00 pm Joint HC Killington	2.00 pm Joint HC Howgill	2.00 pm Joint HC Firbank	
St John's Firbank					
All Saints Killington					
DENT & COWGILL PARISH SERVICES					
	5th	12th	19th	26th	
St. Andrew's	10.30 am HC	10.30 am HC *	10.30 am HC	10.30 am HC	
St. John's	9.00 am HC		2.30pm EP		
worship@peopleshall					
	5th				
People's Hall	1030				
HC = Holy Communion			SS = Sunday School		
BCP = Book of Common Prayer			MP/EP = Morning Prayer/Evening Prayer		
CW = Common Worship			M&P = Meditation & Prayer		
PC = Parish Communion			Taize = Modern Chants & Choral		
MP NC = MP with Northumbrian Community			NSV = New Sedbergh Version		

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15

Rev. A. McMullon Tel: 20018

Church Wardens:

Tony Reed Screen 21081
 & Susan Sharrocks 20754

www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. P. Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30

Rev. H. Stuteley Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30

Rev. C. Marsden Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Tess & Philip Satchell Tel: 20005

DENTDALE

CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ
 Every 4th Sunday 1900

Sarah Woof Tel: 25212

*Enquiries for the following services,
 please ring the relevant telephone number*

CHURCH OF ENGLAND

Cautley & Garsdale

Rev. A. McMullon Tel: 20018

Church Wardens:

Cautley: Judith Bush 20058
 & Maureen Hinch 20843

Garsdale: Mary Grant 20573
 & Bill Mawdsley 20723

Firbank: Colin Wilson 20952
 & Jean Dixon 20435

Howgill: Mary Stainton 20426
 & Dorothy Parker 20493

Killington: Jennifer Thornely 20444
 & John Mather 015242 76333

Dent & Cowgill

Rev. P. Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
 Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;
 Hawes Junction & Frostrow

Rev. H. Stuteley 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 20588 or 20503

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am 1st Sunday each month

Beth & Sandy Roy Tel: 20785

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

Rev. G. Jones Tel: 01539 722079

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
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B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£4.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.

*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*

Articles etc. by 19th of every month
Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 5th December 2015

OCTOBER			
1	1000	Coffee Morning - Firbank Church	URCR
1	1030	Mechanical Mules Exhibition (7)	FM
1	1030	Through the Magic Door Exhibition (7)	FM
1	1330	SS Netball	SS
1	1430	SS Hockey	SS
1	1430	SS Rugby	SS
1	1930	HS The Bronte Family (1)	SSAT
2	1930	WIH AGM & WI Advisor	
3	1100	CWT AGM & Conference	Newton Rigg
3	1400	Dentdale Club Woodlands in Cumbria	DMH
3	1345	NHS Blood Donor Session (62)	PH
3	1700	NHS Blood Donor Session (62)	PH
4		Quakers Week (57)	BF
4	1330	SS Hockey	SS
4	1415	SS Rugby	SS
4	1700	Quakers La Coume (57)	BF
4	1900	Flicks in the Fells - Calvary	PH
5 - 7		Singing Carlisle - Settle	Ingleton
5		Mindfulness Meditation Day (11 46)	MCD
5	1300	Quakers David Braybrook (57)	BF
5	1930	NWA Concert (*)	Appleby PH
6	1130	Flu Clinic (61)	DMC
7	1400	WIK Sing! Penguin! Sing!	PH
7	1930	First Responders Meeting (55)	PH
8	1000	Coffee Morning - URC	URCR
8	1915	WID Fashion Show	DMH
8	1930	WIS Decorating a Sponge Cake	PH
9	1200	Lunch Club	Red Lion
9	1915	Royal British Legion	WHC
10	1330	Art Society Demonstration	URCR
10	1900	Quiz Night (10)	PH
11		Learn to Meditate (11 46)	MCD
11	0900	Flu Clinic (61)	MC
11	0930	MS Table Top Sale	Cancelled
11	1430	SS Hockey	SS
11	1415	SS Rugby	SS
12	1100	Monthly Meditation (11 46)	MCD
12	1300	Quakers Margaret Watson (57)	BF
13	1900	CIO AGM (75)	PH
13	1930	Gala Group AGM (71)	PH
14	1930	Tattie Pie & Bingo	FCH
15	1000	Coffee Morning - Christian Aid (15)	URCR
15	1300	Medical Centre Closed for Training (15)	MC
15	1415	SS Rugby	SS
15	1930	HS History of Folksong (1)	SSAT
16	1900	Curry & Quiz Night (16 67)	CHI
17	1930	Brownies Domino Drive (17)	KVH
17		SS Half Term Begins	
18		Classical Yoga Meditation Day (11 46)	MCD
18	1400	MS Jumble Sale (18)	PH
18	1930	Wine & Savouries Night (18)	PH
19	1600	Messy Church (20)	SMC
20	1930	Howgills Harmony (20)	Various
20	1930	Beetle Drive	GVH
21	1930	Neighbourhood Forum (72)	PH
22	1000	Coffee Morning - Bowling Club	URCR
22	1930	CWT Treasures of our Seas	PH
24	1930	Autumn Domino Drive	HVH
25	0945	DMH Coffee Morning (25)	DMH
25		Celtic Meditation Day (11 46)	MCD
25		Charity Jumble Sale	PH
26		Clocks Fall Back	
26	1000	Meditation Refresher Day (11 46)	MCD
28		SS Half Term Ends	
29	1000	Coffee Morning - Garsdale Church	URCR
31		Halloween	
31	1100	Soft Play Day (31)	DMH
NOVEMBER			
1		All Saint's Day	
1	1300	SS Hockey	SS
1	1430	SS Rugby	SS
1	1800	Sedbergh Bonfire Night (1)	PH
3	1430	SS Hockey	SS
5	1000	Coffee Morning - Royal British Legion (49)	URCR
5	1430	SS Rugby	SS
5	1930	HS Heritage of the Hills	SSAT
6	1900	12 Plates of Christmas (16 67)	CHI
6	1930	WIH Music & Poetry	HVH
7	1400	Dentdale Club Police & Fire Reps	DMH
7	1900	Monster Ceilidh Band	PH
7	1900	Garsdale Bonfire	GVH
8	1000	Art Society Workshop (42)	SMC
8	1300	SS Hockey	SS
8	1415	SS Rugby	SS
8	1900	Flicks in the Fells - Railway Man	PH
9		Remembrance Day Services	
11	1300	Medical Centre Closed for Training (15)	MC
11	1400	WIK AGM	PH
11	1930	Town Band Concert of Remembrance	URC
11	1930	Domino Drive	FCH
12	1000	Coffee Morning - Killington Church	URCR
12	1415	SS Rugby	SS
12	1430	SS Hockey	SS

The S & D Lookaround is edited, published & distributed monthly by
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The content of The Lookaround does not reflect the views of the Editors.
Whilst every effort is made to ensure that information is correct, the Editors cannot
accept any responsibility for any inconvenience caused through errors or omissions.

Copies are available from
SmartOffice, Premier, Post Office, Spar, Dent Stores & Barbon Inn.

COVER PICTURE
Dent Village Reading Room
by Dennis J Whicker

12	1915	WID AGM & Contrasts & Change	DMH
12	1930	WIS You said you could do it	PH
13	1200	Lunch Club	Red Lion
13	1915	Royal British Legion	WHC
14	1330	Art Society Demonstration	URCR
15	1230	SS Hockey	SS
15	1430	SS Rugby	SS
16	1600	Messy Church	SMC
16	1930	NWA Concert (*)	Appleby PH
17	1930	Domino Drive	GVH
19	1000	Coffee Morning - Ladies NFU	URCR
19	1930	HS Sizergh & recent excavations	SSAT
21	1930	Sed Cricket Club Family Domino Drive	SPS
21	2015	Celebration of Simon & Garfunkel	PH
22	1300	SS Hockey	SS
22	1415	SS Rugby	SS
26	1000	Coffee Morning - StAS Bells	URCR
26	1415	SS Rugby	SS
26	1800	Christmas Extravaganza (16 67)	CHI
28	1930	HS Annual Dinner	Bull Hotel
26	1930	CWT Wildlife Crime Officer	PH
28	1930	Christmas Party Domino Drive	KVH
29	1000	Coffee Morning (Advent & Christmas)	DMC
29	1200	SS Hockey	SS
29	1900	Hot Pot Supper and Panikatak	BVH
29	2000	Disco & Bar	PH
30		St Andrew's Day	

DECEMBER

2	1930	Town Band Concert	StAS
3	1000	Coffee Morning - TBA	URCR
3	1400	SS Hockey	SS
3	1415	SS Rugby	SS
3	1800	Late Night Opening	Main Street, Sedbergh
3	1930	HS Objection Overruled	DMH
	1930	WIH Christmas Party	TBA
4	1200	SS Hockey	SS
6	1900	Flicks in the Fells	PH
5 - 7		Folk Carols Festival	Dent
5	1400	Dentdale Club Christmas Party	DMH
9	1200	WIK Christmas Lunch	TBA
9	1930	Domino Drive	FCH
10	1000	Coffee Morning - TBA	URCR
10	TBA	WID Christmas Evening Meal	TBA
10	TBA	WIS Christmas Lunch	TBA
10		SS Term Ends	
11	1200	Lunch Club	Red Lion
11	1915	Royal British Legion	WHC
12	1330	Art Society Demonstration	URCR
17	1000	Coffee Morning - Town Band	URCR
19	1930	Christmas Domino Drive	HVH
25		Christmas Day	
26		Boxing Day	

JANUARY

3	1900	Flicks in the Fells	PH
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FOR SALE

Good Quality Hay & Straw (Small Bales)
Haylage (Large Bales)
Tel: 015396 20668
Mob: 07960 210336

4		SS Term Begins	
9	1330	Art Society Demonstration	URCR
13	1930	Domino Drive	FCH
15	1300	Medical Centre Closed for Training (15)	MC
21	1930	HS Crime & Punishment	SSAT
25	1930	NWA Concert (*)	Appleby PH
28	1930	Sedbergh Rocks!	URCR

FEBRUARY

4	1930	HS Mills, Mines & More	DMH
7	1900	Flicks in the Fells	PH
10	1300	Medical Centre Closed for Training (15)	MC

DIARY KEY

BF	= Brigflatts
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CHI	= Country Harvest, Ingleton
CO	= Community Office, Main Street
CTIS	= Churches Together in Sedbergh
CWS	= Craftworkshop 61 Main Street
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC	= Dent Methodist Chapel
FCH	= Firbank Church Hall
FM	= Farfield Mill
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
MC	= Medical Centre
MCD	= Meditation Centre, Dent
PH	= People's Hall
SASL	= Sight Advice South Lakeland
SMC(R)	= Sed. Methodist Church (Room)
StAS/D	= St Andrew's Church, Sedbergh/Dent
SHQ	= Scout Headquarters
SIO	= Sedbergh Information Office, Main St
SS	= Sedbergh School Library
SSAT	= Settlebeck School Academy Trust
URC(R)	= United Reformed Church (Rooms)
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

01539 718191 (Option 1) 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am
(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Surgery by appointment only –

Early Morning Tuesday & Thursday

Late evening Monday & Tuesday

Dent Surgery by appointment only - Monday

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday
afternoons (By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

**Please telephone the surgery to make
appointments for all the above clinics.**

See our website www.sedberghmp.nhs.uk
for further details

When we are closed please contact
CHOC 03000 247 247 or 999 if appropriate

Collinge Optometrist

Friday only - 0900 to 1300 by appointment only.

Bridging the Gap

First Monday - 1400 - 1600

Mrs Colpus 01228 595937

DENTAL SURGERY

Main Street 20626

Ben Houghton, Ian Dawson, Wendy Thompson,
Dawn Douglas & Sarah Boum (Hygenist)

Monday to Friday 0900 - 1700

Saturday *

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH & DISTRICT INFORMATION CENTRE

for resident & visitor information

72 Main Street, Sedbergh

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

e-mail: tic@sedbergh.org.uk

Tel: 015396 20125/20504

www.sedbergh.org.uk

SOUTH LAKES CITIZENS ADVICE BUREAU

015394 46464

www.cumbriaruralcab.org.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

01539 795000 or 0845 6060265

Age UK SL @ Community Office

1st Wednesday every month

10 am to 12 noon

01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

101 or 999

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY