

Sedbergh & District LOOKAROUND

November 2014

Issue 327

Donation £1

Wow. I don't think that we have ever had so many entries in our Diary. Phenomenal. Please support these events in our great community.

Please remember to get your items in early and that there is no January issue.

Dennis & Jacky Whicker

Sedbergh Gala Group's
BONFIRE & FIREWORK DISPLAY
The Peoples Hall Field
Sedbergh
1st November
6.30 PM



Admission
Adults £3
Children -
Under 16 FREE

Pumpkin Lantern Competition
Night Games & Tombola
Fibre Optics
Thai food & Burgers
Cakes and pastries
Mulled wine, soup, tea & coffee

ROYAL BRITISH LEGION
Sedbergh Branch
Remembrance Service
COFFEE MORNING
Wednesday 5th November
10am



URC Rooms
Raffle ~ Cakes
Money Mountain
Donations Tel: 21808



Dent Pre-School
DOMINO DRIVE
7.30 pm
Friday 7th November
Dent memorial Hall

Raffle
Hot Dogs
Refreshments



CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788
e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

Table of Contents

Advertising Rates	101	Howgills Accommodation	45
Bed & Breakfast	97	Information Centre	89
Bus Time Table	998	Ladies NFU	90
Cartoon	99	Lest We Forget	62
Crossword	96	McMillan Coffee in Dent	92
Diary of Events	102	McMillan Coffee in No 6	92
Groups	-	Monster Ceilidh Band	60
Personals	6	neighbourhoodalert scam	84
Places of Interest	4	Parish Council Sedbergh	26
Religious Services	100	People's Gym & Fitness Centre	73
Regular Meetings	4	People's Hall	88
Sudoku	5	Picnic Site	21
1st Sedbergh Scouts	87	Postal Dates	80
Allegri and Cornucopia	60	Remembrance 14	63
Art Society	46	Rose Community Theatre	79
Bus Transport	82	Sedbergh School Cambridge	31
Chamber of Trade and Business AGM	88	Sedbergh School JSD	31
Children Singing Group	9	Sedbergh School TR	33
Choral Society	61	Settlebeck Students	30
Christmas Truce 1914	64	Sheepfest	36
Churches Together	40	Sight Advice SL	48
CIO AGM	78	Speedwatch	84
Citizens Advice Bureau	25	Tim Farron MP	16
Community Fund	91	Town Twinning	22
Community Officer Report	94	Tree of Friendship	81
Councillor Corner	13	Wanderers Football Club	71
Councillors Corner	10	Weather	86
Cumbria Wildlife Trust	66	Western Dales Bus	91
Dent Allotment Association	86	WI Dentdale	53
Dent Dale Christian fellowship	94	WI Howgill	54
Dent Dale Memorial Hall	80	WI Killington	57
Editorial	93	WI Sedbergh	50
Family Musings	39	worship@peopleshall	94
Gardening	91	YDNP New Members	83
Garsdale Accident	92	YDNP Notes	17
Golf in Sedbergh	70	Young Cumbria	90
Haunted Sedbergh	94		
History Society Brontes	68		
History Society Folksong	28		

Table of Adverts

Able Memorials	50	Howgill Upholstery	85
Andrew Allan Video Transfer	86	Howgills Accommodation	59
Austin Brown Computing	61	Jennie Davies Counsellor	62
Bonfire Night	1	John Hawley Gardener	38
Bonney Brides Photography	103	Josephine Lade Orthopaedic	79
Brian Goad Funeral Services	49	June Parker Acupuncture	63
Byroms Furnishers	18	Kay Whittle Chiropodist	66
Capstick Insurance Agent	55	Kentdale Property & Garden Services	73
CDC Courses	60	Killington Marquees	91
Choral Music	23	Killington Upholstery and Textiles Services	74
Chris Whelan Estate Agent	71	Lakes Scaffolding	13
Christmas Fair	15	Malcolm Sedgwick Carpenter	76
Christmas Fair	28	Mark Barker Gardener	89
Clare Mingins Hypnotherapy	53	MB Designs	64
Cobble Country Estate Agent	14	Medical Centre	22
Coffee Morning BL	1	Medical Centre	57
Coffee Morning LNFU	19	Meditation Centre Events	25
Coffee Morning SjCC	15	MK Conversions Builders	43
Country Harvest	26	Monster Ceilidh Band	8
Cross Keys Hotel	52	Nicky Ross Plumber	47
Cumbria Stoves	85	No. 6	9
Daphne Jackson Osteopath	49	Oliver Higginbotham Gardener	58
David Jackson Walling	85	Oliver Higginbotham Logs	84
Dawsons Coal Yard	77	Oven Ready Turkeys	65
Dec Art Workshop	37	Panik Attack	27
Dec Christmas Lunch	36	Parkin & Jackson - Kevin Bateman	48
Dec Coffee Morning StAD	35	Paul Hoggarth Builder	82
Dec Folk Carols	34	People's Hall	82
Dec Late Night Opening	33	Philip Horner Fencer	44
Dec Town Band Concert	32	Pippa's Guardians	17
Dentdale Designs	75	Promise Auction	21
Derek Hayes Gardener	78	Remembrance Concert	11
Disco	29	Robert Powell Web Design	45
Domino Drive DMH	1	Rosemary Lewes	12
Domino Drive HVH	8	Ryan Simpson Septic Tanks & Skips	83
Domino Drive KVH	27	Sam Konczynski Carpets	80
Duncan Law Plumber	46	Scout Post	24
Edwin Middleton Carpenter	80	Sedbergh Market	64
Ellison Wood Supplier	81	Sedbergh School	42
Farfield Job Vacancy	30	Sheila Shuttleworth Dressmaker	94
Farfield Mill	10	Simon & Garfunkel	21
Fish Express Fish & Chips	22	Simon Parkin Carpet Cleaning	84
Flat for Rent	69	SmartOffice	20
Flicks in the Fells	8	SmattsDuo	51
G J Baines & Son Builders	66	Stefan Kliszat Decorator	70
Garsdale Design	69	Stephenson & Wilson Builders	88
Gary Allan Metalworker	75	Steve Amos Catering Engineer	22
Gavin Charlesworth Wood Supplier	56	Steve Hopps Handyman	64
Gillian Rea Speech & Drama	68	Stobars Hall Care Home	65
Graham Bradley Builder	46	Stramongate Printers	90
Graham Moffat Builder	92	Three Hares Café	16
H&M Craftsmen	67	Tiik Wilkinson Builder	87
Haddock Paddock Fish & Chips	22	Tooby Electricals	54
Hayton & Winkley Solicitors	72	Trevor Gardner Plumber	40
History Society	19	Westmorland Veterinary Group	61
House Clearances	81	Windermere Windows	41
		Yvonne Cervetti Massage	39

Regular Events/Meetings				PLACES OF INTEREST TO VISIT IN THE AREA
Time	Day	Event	Code	
1000	Every Sunday	Free Entry to Locals	FM	
1000	Every Monday	Wild Goose Qigong	URCR	Bruce Loch, Busk Lane
1330	Every Monday	Knit 'N' Natter	DHC	Cautley Spout, A683 towards Kirkby Stephen
1400	1st Monday	Bridging the Gap	MC	Community Office, 72 Main Street
1930	1st Monday	Dent Parish Council	DMH	Cumbria Wildlife Trust, Community Office
1930	1st Monday	People's Hall Comm	PH	Dent Heritage Centre, Laning, Dent *
1900	3rd Monday	Chamber of Trade	PH	Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
1300	Every Tuesday	Howgill Toddlers	HVH	Friends Quaker Meeting House, Brigflatts.
1300	Every Tuesday	Knit & Natter	FM	George Fox's Quaker Pulpit, Firbank
1830	Every Tuesday	Cub Scouts	SHQ	Golf Club, Catholes, Sedbergh *
1930	Every Tuesday	Bridge Club	WHC	History Society, Community Office
1930	Every Tuesday	T'ai Chi	URCR	Holme Working Farm, Middleton *
1400	2nd Tuesday	Killington WI	PH	Holy Trinity Church, Howgill
1400	3rd Tuesday	Sight Advice Group	PH	Jubilee Wood, Castlehaw Lane
1930	3rd Tuesday	Ladies NFU	PH	Langstone Fell, A684 Garsdale Foot
1000	Every Wednesday	Coffee Morning	URCR	Methodist Church, New Street
1315	Every Wednesday	Art Society	URCR	Queen's Gardens, Station Road
1315	Every Wednesday	Zebras	SMCR	St. Andrew's Church, Dent
1730	Every Wednesday	Sedbergh Juniors	PH	St. Andrew's Church, Main Street, Sedbergh
1730	Every Wednesday	Brownies (term time)	SMCR	St. Gregory's Church, Vale of Lune
1730	Every Wednesday	Beaver Scouts (Term Time)	SHQ	St. John's Church, Cowgill
1930	Every Wednesday	Sedbergh Seniors	PH	St John's Church, Firbank
1930	1st & 3rd Wednesday	History Society (Winter)	SHS	St. John's Church, Garsdale
1915	2nd Wednesday	Dentdale WI	DMH	St. Mark's Church, Cautley
1930	2nd Wednesday	Sedbergh WI	PH	Sedbergh Embroidery, StAS
1400	3rd Wednesday	Age UK South Lakes	Library	United Reformed Church, Main Street
1400	1st & 3rd Thursday	Child Health/Baby Club	PH	Information Centre, 72 Main Street
1930	1st Thursday	Howgill WI	FCH	Winder Fell, above Sedbergh
1200	2nd Thursday	Lunch Club	Red	
1915	2nd Thursday	Royal British Legion	WHC	
1930	2nd Thursday	Sed. Parish Council	PH	
1930	Every Friday	Scouts	SHQ	
1330	1st Friday	Age UK Dentdale Club	DMH	
See Pages 86 & 91 for contact details & Keys				* = Entry Fee Applicable

NOVEMBER BIRTHDAYS

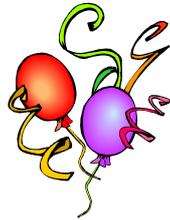
Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipients this month are:-
Kobe CRESSEY who is 11 years old on 3rd November and
Martha Keegan who is 11 years old on 6th November.

Happy Birthday and please collect your vouchers from

SmartOffice

13 Kings Yard, Sedbergh
which can be used in any shop in
Sedbergh & Dent.



Day	Name	Age
1	Jackson BROWN	3
3	Kobe CRESSEY	11
6	Connor REYNOLDS	4
6	Martha KEEGAN	11
10	Eli SCARR	3
11	Logan COWIN	6
13	Erik OVERSBY	4
18	Lia LEWIS	8
18	Adam SEN	8
22	Eloise DANDY	3
25	Jasmine PARLEY	4
28	Toby GREENSMITH	8
Nonagenarian & Over		
21	Wyn Harper	92
29	Rene Huddleston	93

8				5	1	9		
	2					4		
	5		4					
	6					5		4
		4	7		6	2		
2	7							1
					5			3
		6						2
		5	1	8				9

1					9			4
3				2				5
	8	5				2		
6		2	1	9				
				3				
				4	7	3		8
		6				5	7	
5				1				2
8			2					1

PERSONAL & SMALL ADS £1

DICK BROOKS

Dick would like to thank everyone for their cards, good wishes and concern during his recent stay in hospital. Thanks again.

=====

JUDITH BUSH

Many congratulations on completing two years of hard work, training to be a Lay Reader and officially licensed in Carlisle Cathedral on the 18th October. Love Roger, Suzanne and Daniel xxx

=====

JOE HARTLEY

We would like to thank all the special people of Dent who had such care and concern for Joe and ourselves after his bike accident. Thanks also to our wonderful Air and Road Ambulance crews, LRI and Alder Hey. Our NHS in the North West is fantastic. Catherine and David Hartley

=====

AUDREY & BRIAN HOGGARTH

Congratulations to Audrey & Brian on your **Golden Wedding Anniversary** on 21st November 2014. Love & Best Wishes from Brenda & Thomas.

=====

JOHN MASON

Agnes, Julia, Angela, Wendy and families would like to express their sincere thanks to relatives, friends and neighbours for the beautiful flowers, many kind messages and cards of sympathy received following

the sad loss of a dearly loved husband, father and grandfather they have been a great comfort to all. Special thanks to Rev H Stuteley for his service and pastoral care, very special thanks to Richard Gorst for making the celebration of John's life so special and moving, grateful thanks to Brian and staff of J J Martin for their kind and professional funeral arrangements and to Dorothy for the wonderful tea. Sincere gratitude to the staff at Silver Howe who lovingly cared for John from June until September 2014, also to the staff at RLI, and to all who visited John during his stay at Silver Howe and RLI. Thank you to the British Legion and to all who gave donations so generously.

=====

ERIC MAJOR

To family and friends, a Big Thank You for making my Birthday so special.

=====

PHYL MULLEN

Peter, daughter Chris and Son-in-Law Jules would like to say Thank You to all who sent cards and messages after the sudden death of Phyl. Special thanks to the Rev Carole Marsden for the service and support. Thanks to Brian Goad, the attention was excellent. Also thanks to Carole and John at the Red Lion for the Buffet. "Phyl loved Sedbergh."

PERSONAL & SMALL ADS £1

JACK STAINTON

Mary and family would like to thank everyone for their kind messages, cards and flowers following Jack's death. Thank you to all who came to the Service, we were overwhelmed. Many thanks to Dr Chrissie Hunt and Staff at Sedbergh Medical Centre and RLI. Special thanks to Rev Angela Whitaker for the lovely Service and to Brian and Dorothy Goad for their help and kindness. Your generous donations of £840 will be shared between Howgill Church and the Prader-Willi Syndrome.

=====

RACHEL WINN

Rachel would like to say a big Thank You to everyone who sent beautiful cards, gifts & flowers on the occasion of her 40th Birthday. Also everyone who joined her at her party and gave donations which amounted to over £1,100 which is to be divided between Manchester Royal Eye Hospital and Diabetes UK. Thank you so very much X.

=====

FOR SALE

Mobility Scooter in good condition. £350. Tel: 21370

=====

FOR SALE

Philips Cineos Ambilight 32" TV with remote & Manual. No stand (has been wall-mounted) 5 years old. £100. Tel: 015396 20364.

FOR SALE

Full size Exercise Bike. Crane Power H7 as new. Was £120, now £45. Tel: 25657.

=====

FOR SALE

Autosleeper Symphony Peugeot Boxer 2.5 Diesel 2 berth Motorhome. 1995 'M' Reg 92,000 miles in very good condition with all amenities, including shower, toilet, double/twin bed, kitchen fittings. Lots of brand new items. Must be seen. £9,995. Tel: 015396 25329.

=====

FOR SALE

Peugeot Ludix One 50cc scooter. Great condition, 2005 (kept in a motorhome and only used in the summer). Dual seat, unrestricted. £295 ono Sedbergh 20733

=====

FOR SALE

2 New blue rugs, dark blue with speckles of colour. Fabric-cotton mix. Approx 250cm x 180cm. £30 each. Tel: 015396 20364.

=====

FOR SALE

Honda Car Seat. Hardly used. Cost over £200, accept £65. Tel: 25657.

=====

FOR SALE

Siemens Gigaset Answerphone with extra handset & Manual. £30. Tel: 015396 20364.

PERSONAL & SMALL ADS £1

WANTED

180,000 word Oxford Concise Dictionary circa 1950's or earlier. Old fashioned cassette tape recorder/ player. Slide Projector with its magazines. Plus "Feathers" eiderdown. Any type of wool blanket - white domestic or grey army. Old fashioned top loading washing machine. Tel: 01539 770974.

DON'T FORGET

your Christmas Messages for December. Please submit yours as soon as possible to miss the Festive rush.

Please also remember that there is no January issue so get your January message in as well.

Dennis J Whicker

Howgill WI

DOMINO DRIVE

Friday 7th November
7:30pm
Howgill Village Hall
Refreshments & Raffle
£1.50 on the door



The Railway Man

*Starring Colin Firth, Nicole Kidman
Jeremy Irvine, Tanroh Ishida, Stellan Skarsgård
Certificate 15*

8th November
film starts 7.30pm
Sedbergh People's Hall
Flicks in the Fells



As part of the **Highlights' Autumn 2014** programme of events

The MONSTER CEILIDH BAND



are performing at

The People's Hall, Sedbergh

Friday 7th November 2014

8 pm (Doors open at **7.30 pm**)

Tickets can be purchased by calling

the **Sedbergh Information Centre 015396 20125**

or online at www.highlightsnorth.co.uk

Tickets: Adults £9 / Children £ 5 / Family £20

KIDS SEDBERGH SINGING GROUP

Many parents like us have made a regular journey to Kendal to take our children to sing with the most junior of the Amabile choirs: Piccolo Amabile with Mel Rowe. This has always been a fun group with kids' singing games, and many lively pieces which the kids love to sing.

Now parents who want their primary school aged children to really enjoy the pleasure of singing together with other kids no longer need to travel to Kendal as Mel Rowe is coming to Sedbergh to lead a singing group here. Mel is happy to have kids come who haven't sung before but would like to give it a go - as well as those who have had more experience.

Some of the songs are accompanied by Mel on the piano.

We need to make a charge to start with to cover Mel's fee, and other expenses, but there are concessionary rates, and also we are applying for funding to help those who are unable to pay a weekly rate, so please don't let a lack of funds be a deterrent.

We will be meeting above the Information Centre on after half term on Mondays at 4pm from November 3. Mel is also doing a free kids' singing workshop at the Dent Folk Carols festival at 11.15am on Saturday December 6 - all primary school aged children welcome.

More details: Sedbergh 21166

Dates for your Diary:

{Nº6} FINKLE ST.

Wednesday 6th November

will be the **GRAND OPENING** of the 2nd floor at No. 6.

8th & 9th November is Remembrance Weekend

5% of all purchases will go to The Royal British Legion

3rd December is Late Night Opening in Sedbergh,
come and join us for mulled wine and mince pies

10th, 17th & 23rd December

Late Night Opening for the Boys.

Get your Wish List Cards filled out girls. We will Gift Wrap all presents!!!

Come and join us and have a browse through lots of new and exciting bits and pieces – Christmas has arrived!!

Visit **www.no6finklestreet.co.uk** – Free Click & Collect service

- Christmas Decorations
- Cushions
- Throws
- Lamps
- Lampshades and Chandeliers
- Candles & Candle Holders
- Jewellery
- Mirrors
- Gifts
- Photo Frames



COUNCILLORS CORNER

Cllr Nick

To her great credit, Sedbergh's Parish Clerk, Janey Hassam, is already thinking about school transport arrangements for September 2015. You may ask - why be worried so much in advance? The answer lies in the change in Post-16 Transport ie school buses carrying children over the age of 16.

Central government has decreed that children should stay on in education until the age of 18 but has failed to back up this otherwise laudable measure by paying for transport for these children to get to school. This has fallen to local authorities, but in the face of a 25%

cut in central government funding (amounting to a cut of £200 million over 8 years), Cumbria County Council (CCC) will have to stick strictly to what are its statutory duties: free transport for children below the age of 16 to their nearest catchment school, but no more than this.

In Sedbergh the situation is complicated: Settlebeck has no sixth form, so many parents prefer to send their children aged 11 - 16 out of catchment to Queen Elizabeth School (QES) in Kirkby Lonsdale or to Queen Katherine School in Kendal so that they have continuity at the same school from 11 right through to 18 years old. They are prepared to pay for the transport to send their children

EXHIBITIONS IN NOVEMBER

Lisa Slater *Mechanical Mules and Toys*

Tania Sneesby *Through the Magic Door*

Beautiful pictures and prints for you and your children

Trident Textiles *Pieces of Eight*

Celebration of stitch, texture & storytelling.



LOOKING FOR AN INSPIRATION FOR CHRISTMAS?

Farfield Mill offers you work by artists & craftsmen from all over the North of England and a few beyond. Avoid queuing and trailing the crowded high streets, find everything you need under one roof! With a relaxed atmosphere, a warm welcoming café and free parking this is your perfect place to find that unique present. **FREE ENTRY for Christmas shoppers.**



Weavers Café open 10.30 - 4, daily. Full English breakfast until 2.30pm
homemade soups, specials, lunches & afternoon tea.
You may bring your own alcohol. **No corkage.** Free admission to café.

Farfield Mill is open daily 11.00 - 4.00, £3.50/£3, under 16s free.
Garsdale Rd, Sedbergh, LA10 5LW. www.farfieldmill.org 015396 21958

FREE ENTRY for LA10 residents on Sundays

out of catchment. The fact that there is no sixth form at Settlebeck means that children aged over 16 from Sedbergh and the surrounding parishes have no choice but to travel to Kirkby Lonsdale or Kendal for their education.

As of September 2015 all subsidies for Post-16 Transport stop. What is needed is full and open discussions between the schools, the parents, bus operators and CCC to arrive at the best transport solution. This would mean that the schools know in advance the numbers of pupils they will have in each year and can plan budgets accordingly; parents have the peace of mind that their children will be transported by bus even if this

means a higher cost than has been the case to date; bus operators have the time to plan how many buses and what size buses are needed for regular school runs and we avoid the nightmare situation of hundreds of extra cars around the schools driven by parents (many of whom work) taking their children to school or driven by pupils who then have to find somewhere to park all day.

We recently had a very productive meeting at QES to talk about these issues - as long as there is a free flow of information between schools, parents and Cumbria County Council, and a commitment by all three parties to make compromises to make things work, we should be able to come to a solution.

Cllr Evelyn

There has been some concern that the familiar rusting boxes and cages for recycling in Joss Lane Car Park have been replaced with new plastic wheeled bins. Some of the old containers were up to 30 years old and urgently needed replacement or refurbishment and because of the variety of containers different types of vehicle were needed to empty them. In addition there was the safety issue because some of the banks needed to be hoisted up on a crane to empty them. On several occasions I have watched aghast as people ducked under the safety tape and blithely walked underneath a swinging cardboard recycling bank.

The new bins are colour coded - black for cardboard/paper, white for


"Excellence through endeavour"

Sedbergh Town Band
presents a
Concert of
Remembrance

Tuesday 11th November
7.30pm
United Reformed Church
All Welcome
Tickets £5 U16 £3
Proceeds from this concert
will be shared between
The Royal British Legion and
the Sedbergh URC.

Sedbergh Town Band is a registered charity. No 1086817



plastic and blue for cans and are standard throughout South Lakeland. With the new bins it means that the majority of stock can be emptied with one type of vehicle. The new containers can also be emptied by a compactor vehicle so that the emptying process can be made more efficient reducing the number of vehicles required and the fuel used. The new containers, especially those for plastic, are easier to use. With the old green cages the flaps at the top, used when the bins filled up, were too high and often jammed open allowing plastic waste to fly around the car park.

In the longer term there is likely to be less use for "Bring" sites like that

at Joss Lane Car Park. Between 2015 and 2019 SLDC is planning to roll out the kerbside collection of plastic and cardboard so residents will no longer have to "bus their trash" as the Americans say.

As always please feel free to contact me or Nick as follows: Evelyn Westwood Tel 015396 20148 email Nick Cotton tel 015242 71477 email *Your local councillors working for the whole community.*

COUNCILLOR CORNER

We had two important applications on the agenda for the South Lakeland planning committee for September, Sainsbury's in Kendal and the anemometer mast for the now



- Accountancy & tax services for small businesses
- Business start-ups and business coaching
- Tax returns and tax advice for individuals

Christmas is coming ... and so is the tax return deadline!

Don't panic - call or email

**ROSEMARY
015396 20088**

rosel@rlewes.freeserve.co.uk

for friendly and local service

Your first consultation **FREE** **LinkedIn**

abortive Killington windfarm.

From the public comments about the decisions, and the behaviour of the applicants in the case of the anemometer I fear there is little understanding of the planning process. It might be a weakness of the planning acts but in reality it is deliberate: councillors serving on a planning committee are not there to do what they or their electors want. They are there to uphold the law of the land and the law is very clear: planning committee members should determine a planning application according to the local development framework unless there are material planning considerations which dictate otherwise. This is called a “quasi-

judicial decision” – in a planning matter the committee is like a jury in a criminal court. It is not there to find the defendant guilty because they want him to be guilty, it is there to determine the facts of the matter.

And so on the anemometer application, on the face of it there was little reason to grant. It had been a part of the Killington windfarm proposal, but that is currently dead. Unusually the officer recommendation was to grant on the grounds that the visual harm from the mast was mitigated by the information that could be garnered. I and a majority of my colleagues took a contrary view and on this occasion the application was rejected. I am strongly of the

LAKES
Scaffolding

**Hire, Sales
& Erection**

Commercial
& Domestic

No Job Too Big
No Job Too Small

Free Estimates with
No Obligations

SIMON SHAW

Based in Kendal - covering Cumbria

Tel: 015396 24199

Mob: 07917 064767

info@lakes-scaffolding.co.uk

www.lakes-scaffolding.co.uk



opinion that the site, being of the highest scenic value is totally inappropriate for wind turbines and every one of the neighbouring parish councils opposed the application. Having said that, I was surprised and delighted when that application was turned down.

To most fair-minded people the damage to Kendal town centre and our surrounding rural villages and towns from the Sainsbury's proposal is self-evident. However, that is not the point. Two earlier applications for the same Rugby Field site had been rejected and rejected at appeal. However, those appeal decisions laid down clear criteria which an application would have to meet

before it could be granted. It was clear to me that the essence of these conditions had been met by this new application. A majority of those of my colleagues who were present took a similar view and so the application succeeded. That is not to say we want a Sainsbury's or any more supermarkets in Kendal, we don't.

The public debate has unfairly centred upon five Lib Dem members who were not present and whether their presence would have altered the vote. That is unknowable and totally besides the point. No member can be at every meeting of any public body although they should always make a reasonable effort to attend.

Cobble Country Property

Property is still the fundamental barometer of the UK economy with daily reference to rising house prices around the Country. Let us keep you informed of how Sedbergh is performing compared to other parts of the Country.

For over 30 years we have been active in the Property markets of this region and **our mission is to remain** as the **No. 1 point of reference** to all things Property. **LANDLORDS – TENANTS – SELLERS - BUYERS**

We manage over **£27,000,000 (MILLION)** worth of property in the area.

Longer hours – more **EXPERIENCED STAFF – MORE COMMITTED** to your satisfaction than *probably* all our competitors

INNOVATIVE – CREATIVE – INSPIRATIONAL – EXPERIENCED

Call now to talk freely and get the **BEST VALUE** with your deal.

Cobble Country Property, 59 Main Street, Sedbergh. 015396 21000

What is knowable is that the applicants would have appealed against such a refusal and permission would certainly have been granted on that appeal. There might also have been the possibility of costs being awarded against the council.

In my view it is the law concerning out of town centre retail development as a whole which is wrong, not a particular application. I can see little justification for any of the applications which have been granted during the last ten years. The effect on independent retailers and our village and town High Streets is as obvious as it is inevitable. But, if there is a solution, and I believe there is, then it is through the system of premises



COWGILL CHURCH
You are invited to our
Pre-Christmas



COFFEE MORNING
St John's Church, Cowgill
Saturday November 15th
1000 - 1130 am
Cakes - Raffle - Xmas Gifts
All welcome




taxation, not development control.

*District Councillor Kevin J. Lancaster, your voice on South Lakeland. Fellgate, Dowbiggin, SEDBERGH, Cumbria. LA10 5LS
Telephone 07980 844 695;
email Kevin@Sarthwaite.com*



St Andrews Church
CHRISTMAS FAIR
Saturday
15th November
10am to 4pm
in St Andrew's Church
Coffee and Tea
Lunches Cakes Crafts
Preserves Bric a Brac
Gifts Books and more!
Father Christmas
Children's Activities

TIM FARRON MP

Sadly I was not surprised to learn last month that about 60% of all deaths from road accidents in this country happen on country roads. Although I wasn't surprised I was still horrified to learn that on average 3 people die every day on roads like ours and sometimes, unfortunately, ours. So I am very pleased that the Government is at last launching a campaign to encourage people to drive more carefully on rural roads and in particular to think ahead a bit more than many do to anticipate animals and other road users that might be just around the next corner. You cannot live around Sedbergh and Dent without being aware of the challenges of driving down country roads but as you know not everyone

uses your roads with the same degree of care and indeed even when people do take care things can happen that surprise them. You only have to think back to the number of times people were surprised to find themselves sliding around on the bend on the A684 up above Lily Mere earlier this year to realise this is true.

However, it is not just about drivers taking care we also need the Cumbria County Council to do their bit and keep the roads safe for us to drive along (as they clearly did not on the A684). Every time someone tells me of a new pothole or other hazard that the council should sort out I pass on the issue and then check to see what they are planning to do about it. So

you can help keep the roads safer by simply letting me know of any holes or other problems that need sorting out.

With milk prices again falling I have been putting as much pressure as I can on the Government to do something to help. I realise a lot of this is down to the fall in global milk prices but we now have a supermarket ombudsman whose job is to ensure that supermarkets do not abuse their power at these times and bully small suppliers like dairy farmers into accepting ridiculously low prices for their products. It seems to me that this fall in milk prices is exactly the situation where this new ombudsman should be justifying her

THREE HARES CAFÉ

(previously Howgill Bakery)
57 Main Street, Sedbergh
015396 21058



James & Nina

are please to announce they are

NOW OPEN

for all your bakery needs as well as

Tea, Coffee, Scones & Cakes

Breakfast ~ Seasonal Lunches ~ Afternoon Teas

Check the 'Daily Speciality Board' for daily home-made breads

Call in and say hello, you are sure of a warm welcome.

Open 9am to 5pm
Seven Days a Week

Finalists in the 'British Street Food Award 2014

Also have a look at our Web Site ~ <http://themoocher.co.uk>

We also provide Bespoke Outside Catering



salary and I have written to her to ask her to investigate the issue and check to see whether the supermarkets are behaving fairly. I will let you know what I hear back from her.

Finally, I spent part of last month at our Party Conference in Glasgow where I was proud that a motion I proposed, encouraging greater support for affordable housing and to remove some of the barriers that stand in the way of local authorities like South Lakeland District Council actually addressing the desperate shortage of housing that we face, was passed by the delegates. In the past that might have had no real effect but these days with the General Election due next May it could be that we see

that the actions I proposed are used by the next Government to start to address this problem.

As ever if I can help you with these or any other issues then please do drop me a line at tim@timfarron.co.uk or call us on 01539 723 403

Thanks for your support *Tim Farron*

NATIONAL PARK NOTES

Most National Parks in this country have an Association or Society which aims to support its own National Park Authority and also to act as a critical friend. In the case of the YDNPA this is the Yorkshire Dales Society (YDS) of which I am a member as well as being the Parish rep on the Authority itself. Each year one of the local

Become a Host Family

to an

International Student studying at a Local Boarding School

Occasional Weekends and Half Terms only

Do you have a spare room in your house?

It doesn't matter what age you are.

Good daily payments.



Pippa's Guardians

Accredited Member of AEGIS

Call Ben to find out more further 01684 252 757

Email: ben@pippasguardians.co.uk

www.pippasguardians.co.uk

societies hosts a national conference and this year the lot fell to the YDS particularly because of the fact that this November is the 60th anniversary of the founding of our own National Park in 1954. The event therefore became a joint effort between the Society and the Authority the latter providing a small grant as well as officer back-up and support. I was lucky enough to be a delegate at the three day conference which was held near Skipton.

The theme of the conference was focusing on how young people could become more involved in the future of the Yorkshire Dales and to examine how businesses, the public sector and voluntary organisations are

working, and can work in the future, to offer opportunities for young people living and working within and close to the National Park and the Dales. It is a sad fact that the population of the Park has now become static and this year showed no increase in the resident population. Many people, particularly young ones, are moving away because they are no longer able to find employment in the Dales and / or cannot find affordable housing for themselves. The conference's aim was to address these issues by inviting specialists in these fields to speak about these matters in the light of their own experience.

A number of keynote speakers were

Nigel **BYROM**
The Family Furnisher

16 Wildman Street, Kendal LA9 6EN

Tel: 01539 727580

FAX: 01539 737688

nigelbyromskendal@gmail.com

www.nigelbyroms.co.uk

We offer an excellent range of full house furnishings.

Beds, bedroom furniture, lounge suites, oak & pine dining room furniture to suit every pocket

Free measures & estimates given on carpets & vinyls & wooden flooring

Free fitting on carpets & vinyls by our in-house fitters

Many items available for immediate delivery

Visit our Showrooms

Bring this Advert for further discounts

Free Delivery in the Dales & Lakeland





Ladies NFU
**COFFEE
MORNING**
10 am
Wednesday 19th November
URC Rooms
in aid of
St John's Hospice, Slyne

well known Dales “characters” – Bill Mitchell one of the founding editors of the “Dalesman” magazine, Colin Speakman a prolific writer on the Yorkshire Dales and community activist particularly in the field of transport, John Avison the Chairman of the YDS and also the Chairman, Peter Charlesworth, and Chief Executive, David Butterworth, of the Park Authority itself. I particularly enjoyed a presentation by Gary Verity of “Welcome to Yorkshire” who described very amusingly how he and his team were able to persuade the Tour de France organisers to bring the Grand Depart to Yorkshire. Most of the second day of the conference was spent out in the field visiting local projects, businesses and initiatives to see how they were rising to the challenge of either employing young people directly or by way of apprenticeship schemes. There were six young people amongst the delegates as a result of bursaries offered to them by the organisers. The National Park is also doing its bit in this respect by offering

opportunities to young people to train as National Park rangers. We had a plenary session on the final day when delegates had the opportunity to put questions to a Panel comprising representatives from the National Park, The Yorkshire Dales Millenium Trust, the YDS and an organiser of activities on behalf of the young people. Julian Smith the MP for Skipton and Ripon also gave a short address which regrettably failed to address the issue of how a significant reduction of funding to National Park Authorities across the whole of the country by central government is seriously compromising the work which the National Parks are able carry out across their communities to

SEDBERGH & DISTRICT

HISTORY SOCIETY

Wednesday 5th November
Heritage of the Hills
Judy Dunford

Wednesday 19th November
Sizergh & the recent excavations
Jamie Quartermaine

Friday 28th November
Annual Dinner @ The Bull Hotel

All meetings in Settlebeck School,
start at 7:30pm unless stated.

Everyone is most welcome to attend
any or all of our lectures.
Members £1 ~ Non-Members £2

www.sedberghhistory.org

Chairman: Richard Cann 20771
Secretary: Karen Bruce-Lockhart 20224
Treasurer : Chris Elphick 20605
Membership Secretary: Chris Elphick 20605

further National Park purposes relating to conservation and education.

I personally found the conference extremely interesting and informative and like all gatherings of this kind as much, if not more, was communicated during informal meetings between delegates when a great deal of personal and local knowledge was exchanged and networked. I hope to put all of this to future use over the next few months when carrying out my role as a National Park Member as well as a Parish Councillor.

The flavour of the conference was definitely "Yorkshire" and we should not forget that Sedbergh historically

and culturally remains in the West Riding (as this was never legally abolished at the time of becoming part of the *administrative* county of Cumbria in 1974). I would like to think that next year we could give greater profile to Yorkshire Day on the 1st August to celebrate our roots and I shall be raising this at Sedbergh Parish Council in due course and hope that Dent and Garsdale Parish Councils will also give consideration to the same.

Please don't hesitate to contact me if there are any National Park matters you would like to discuss with me.

Ian McPherson

ianmcpherson24@hotmail.com

Tel: 015396 20648

smartoffice
stationary design print

13 Kings Yard, Sedbergh, LA10 5BJ

t: 015396 20788 f: 0845 652 2327

e: office@smartoffice.org.uk

www.smartoffice.org.uk

Open: Monday - Friday / 9am - 5pm

bulk photocopying up to A3, laminating up to A2
office services, stationery, design and print

Friends Of Dent Primary School

Promise Auction



Friday 21st November
at the
GEORGE & DRAGON, DENT

FREE BUFFET
(Kindly donated by the George & Dragon)

VIEWING FROM - 6.30pm
BIDDING BEGINS - 7.30pm



Any donations would be much appreciated,
please contact 015396 25185 or laurathornley@me.com

PLEASE BRING YOUR CATALOGUE

NEW BRIDGE PICNIC SITE

Picnic site and disabled access at New Bridge

The picnic site has now been created by New Bridge but there is still much work to do to restore the disabled path from the Town and down the river bank. It is planned to carry out this further work during the coming winter.

Whilst working on the site quite a number of people have encouraged me to produce a sign on the layby wall advertising the picnic area.

Creating such a sign will take sometime not least because it probably needs planning permission! That said I would be pleased to

receive any comments on the material that should be used for such a sign and what words/pictures should be on it. Do email me with your thoughts douglas@ddathomson.co.uk.
Douglas Thomson

A CELEBRATION OF
SIMON & GARFUNKEL

PERFORMED LIVE BY TIM CHU & IAN BAILEY

Friday 21st November

Sedbergh People's Hall • Howgill Lane
Sedbergh LA10 5DQ

Doors open 7.30pm • Show starts 8.15pm

No Bar - feel free to bring your own drinks • £10

Tickets available from Sedbergh Information Centre (cash only) 73 Main Street
Sedbergh LA10 5AD call **015396 20125** or buy online at our website below

www.classicsingersongwriters.co.uk/sandg

SEDBERGH MEDICAL CENTRE

will be closed for Training Purposes
at 1pm on the following afternoons:-

Tuesday 11th November

2015

Thursday 15th January

Tuesday 10th February

Thursday 19th March



The Haddock Paddock

Takeaway & Café

015396 20468

acebook us - The Haddock Paddock



Every Monday - Fish & Chips £4
Every Wednesday - Jumbo Sausage £2

Sunday Night Chippy

2nd November ~ 5 - 7pm

TOWN TWINNING

Cyprus

This Year is the 10th anniversary of the BBC's visit to Sedbergh to film the 12 part series of the town that wants a twin"

Not everyone who was at Sedbergh at that time could help to be involved in some way

Eymet from France, Seefeld from Austria, Atheniou from Cyprus and of course the eventual winners Zrece from Slovenia were all introduced to Sedbergh during the series. The series took 6 weeks to film and the whole town was buzzing. Many of the events were organised at very short notice and the Town Twinning Group

were constantly trying to coordinate everything with IWC Media, The Beeb's Film Crew, and the local people. The whole event cumulated with an election at the Peoples Hall, which was run exactly as any other election except the turnout percentage was the highest ever seen and many more than for a General Election. The children of Settlebeck School were included in the voting and they were allowed three votes per class.

Some say that we should have twinned with Eymet as the children learn French at school but the Town Twinning Group had to respect the wishes of the majority of the

Fish Express, Kendal

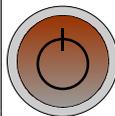
Takeaway & Café

acebook us - Fish Express

Pensioners special/light bite
Fish & Chips, bread & butter
Tea or Coffee
To eat in £3.99

Every Monday
Fish & Chips Takeaway
£4.00

Many more daily offers



S. A. Catering Services Ltd

Steve Amos
Electrical Catering Engineer

Repairs and maintenance to
electrical commercial kitchen equipment

Tel: 015396 21136

e-mail: sacateringservices@btinternet.com

voters, 75% having voted for Zrece.

The following year, 2005, we signed the twinning charter with Zrece and that was the beginning of our friendship. Since then there has been steady footfall between our two countries and there have been several hundred children as well as many adults visiting each other's countries and exploring each other's cultures and attractions. Some of the members of the Town Twinning group have worked tirelessly to make the twinning work and have spearheaded parties to Zrece, at their own expense, and in some cases more than 10 times in the last ten Years. We have made many good, genuine friends and are very proud of what our small group has achieved.

Jen and I had a soft spot for the Cypriots and have kept in touch with all the people from Atheniou who were introduced to Sedbergh in 2004

and have been lucky enough to visit them most years often accompanied by friends from Sedbergh.

We are always made most welcome and are treated like family. Jen and I went to see them at the end of September and thoroughly enjoyed our stay managing to meet the entire group for a meal one evening. Artemis the Butcher was the exception, who was working as a part time Paramedic on that evening, but we managed to get together with him on another evening. They all enjoyed their time in Sedbergh and talk about coming to visit fairly soon maybe as soon as 2015

The picture shows the group and from left to Right are: Kiriakos the Farmer. Stayed with the Sedgwicks at Lockbank Antonis Banker and Wedding Reception Expert. Stayed at the Bull Gabriel the Mayor and Town Baker.

Allegri and Cornucopia **Choral music**

and dances from
Spain, Mexico and England



St Andrew's Church, Sedbergh

4:00 pm

Sunday 23 November

Retiring Collection

Anthems by Victoria, Lobo, Byrd, Tallis and Shepherd and dance music played on "a wide range of strange and ancient instruments from the Medieval and Renaissance periods"





Christmas Post

This year, the Scouts' Christmas Post will begin collections on the 24th November with the final collection on the 18th December. 25p per card.



Post Box Locations

Medical Centre
Morphets Garage
Peats Butchers
The Green Door
SmartOffice
Powells
Premier



Stayed at Astons Bakery
Costas Property dealer. Stayed with Paul Brassington at the Green Door
Jean Eleni Tourist Guide. Stayed at No 10 Main St with Sandra and Keith
Myself

We have been very fortunate to meet so many people from foreign parts and to have experienced cultures and pastimes at their very roots.

Next year sees the 10th Anniversary of our Twinning with Zrece and at the end of June, we are planning to celebrate with a visiting party of Slovenian children coming to Sedbergh and The Mayor of Zrece accompanied by their teachers and members of the Zrece twinning group. We hope, as many members of our own community will have the opportunity to meet old friends and enjoy celebrating with them.

Garth Steadman

CITIZENS ADVICE BUREAU

'Good neighbours stop rogue traders' campaign



Doorstep criminals exploit vulnerable people by convincing them to pay for shoddy or incomplete repair work, charging extortionate fees for their services, or use threatening behaviour. The 'Good Neighbours Stop Rogue Traders' campaign focuses on preventing doorstep crime by encouraging neighbours, family, friends and carers to look out for those most at risk in their communities.

Signs of Traders cold calling in your area include building or maintenance works starting unexpectedly, visibly poor quality work and unmarked vans. Your neighbour may be anxious or distressed, and visit the bank, building society or post office more often.

What can you do? Offer to be a 'Nominated Neighbour' this enables your neighbour to direct any cold callers to you by showing a card with your name on it. Find out more at <https://www.cumbria.gov.uk/elibrary/Content/Internet/533/4129611046.pdf>

If work has already started, ask your neighbour in private if things are OK, make a note of vehicle registration numbers, ask if the Trader has left any paperwork or flyers and put them in a clean food bag. If you suspect a crime call the Citizens Advice consumer helpline on 03454 040506,

if the situation has become volatile call the police.

Free, confidential advice and help is available from South Lakes Citizens Advice Bureau on any aspect of debt, consumer problems, benefits, housing, employment and any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 015394 46464 for an appointment and help.

If you don't need us for advice, how about helping us by becoming a volunteer or making a donation? Not many people realize that we are a charity - see our website for details www.southlakescab.org.uk.

Karen Evans



THE
MEDITATION
CENTRE
be still - be inspired - be free

PROGRAMME FOR NOVEMBER

Sat 1st Silent Retreat & Meditation Day

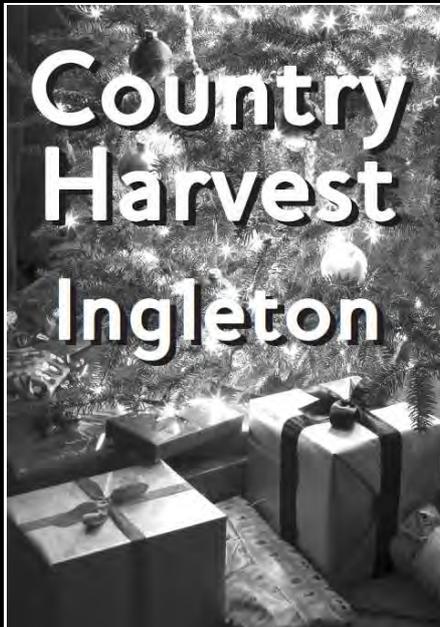
Sat 8th Learn To Meditate Day

Sun 9th Monthly Meditation - 11am-1pm
All Welcome

Sat 15th Chakra Dance & Meditation Day
Sun 16th Chanting & Meditation 10am-1pm

Sat 29th/Sun 30th
Death & The Only Beauty That Lasts
Exploring society's final taboo with Jan Parker

To book;
e-mail meditationcentreteam@gmail.com
Telephone 07582 017 396



Come and join us for
**The 12 Plates of
 Christmas**

Thursday November 6th 7pm
 Exclusive pre-Christmas
 tasting evening
 See website for details
 Tickets £20

Wednesday November 26th
 6pm to 9pm
Christmas Extravaganza
 Tastings, mulled wine, mince pies

www.country-harvest.co.uk 015242-42223 follow us on facebook & twitter

SEDBERGH PARISH COUNCIL

This report covers items from the Parish Council meeting held on the 9th October 2014. The next meeting will be our Monthly Meeting at 7.30 pm on Thursday 13th November 2014 at the People's Hall Committee Room.

PLANNING

- The Planning Committee Report detailed several applications, full details can be found on the Parish Council Website.
- SLDC recently resolved to refuse permission for the retention of the Anemometer Mast at Killington.

BUS/POST 16 TRANSPORT

- Following the planned withdrawal

of the 564 (Grand Prix) service a new 502 service will commence in November during term time only.

- Post 16 Transport provision continues to be discussed in light of it now being compulsory to remain in education/training until the age of 18. If you have any queries on concerns in relation to this, please forward to clerk@sedberghparishcouncil.org.uk as a central point of contact on behalf of Sedbergh PC.

AMENITIES COMMITTEE

- The issue of incorporating a footpath within the Playing field at the People's Hall, as part of any replacement boundary wall/fence,

KILLINGTON CHILDREN'S CHRISTMAS PARTY

DOMINO DRIVE



Friday 28th November

7.30pm

Killington Village Hall, Killington
Raffle and refreshments

was suggested and ideas for any potential funding would be pursued.

PUBLIC PARTICIPATION

- Michael Roberts – Police Support volunteer and former Special Constable spoke in relation to the concerns expressed by members of the public previously in connection with Speedwatch. Mr Roberts wished to clarify the aim of the project, which is to make Sedbergh a safer place by reducing speed on our roads to help reduce accidents. Endmoor have been running a similar project for several months now and the community there has been very supportive of the initiative. Hundreds of letters have been issued to motorists exceeding the speed limit there and there has only been one repeat offender. Cllr Hodge

wished to note, on behalf of a unanimous PC, that anything that helps reduce speeding in Sedbergh should be welcomed and took the opportunity to thank Mr Roberts and the Volunteers for their efforts. Further asking all Councillors to show their support for this initiative and spread the word of its aims.

Please note that members of the public are invited to our Meetings where, as always, members of the public are able to comment at 8.30 pm. Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office.

Janey Hassam - Clerk

BARBON AND MIDDLETON BRANCH
NORTH WEST CANCER RESEARCH

Friday 28th November

Barbon Village Hall at 7pm

Hot pot supper and sweet

followed by entertainment by
the Folk Group

PaNiKaTaK



Bar Raffle

Tickets £12

Ring 015242 76343/76465

SEDBERGH & DISTRICT HISTORY SOCIETY

On 15th October Sheila Fletcher gave a very different type of talk to members of the SDHS entitled 'The History of Folksong'. It was in part a history of the development of folksong in England – an enormously broad sweep – but also an entertainment, for it was punctuated with rhymes and parts of songs sung by Sheila herself and by her partner, Peter (one felt unsure whether to break into applause after these ditties... but the audience desisted).

From the outset Sheila, a music teacher from Lazonby in North Cumbria, made the point that traditional folksongs are words set to

a tune that have been passed on from person to person, region to region, and generation to generation. Sometimes variations have been made to the tunes or wording, but basically they remain recognisable. The earliest ones can be dated as far back as the 13th century. Then the only communal singing tended to be in church and sung in Latin, but possibly the first secular song, "Sing Cuckoo", made its appearance – reappearing in the 1970s in 'Bagpuss' on children's television! Other early songs included "Greensleeves", possibly composed by Henry VIII, and ballads such as "Light O' Love" appeared in Shakespeare's 'Much Ado About Nothing'. In many of these

Settlebeck Christmas Fair

Come and join in the festivities



**Friday 28th November 5pm – 7pm
in Settlebeck School**



*Quality and inexpensive Christmas gifts
Cakes and Preserves
Games for Children*

*Arts and Crafts - make your own cards, decorations, gifts
Santa's Grotto*



*A range of home cooked refreshments
Raffle*

No Entry Fee

**If you would like a stall on a voluntary contribution basis,
please phone 015396 20383**

early ballads singing was intrinsically combined with dancing – just as today with clog dancing and other regional forms.

A key boost to the spread of the folksong came with the printing of the words on broadsheets from the mid 16th century onwards. Themes during these middle ages revolved around rural life: 'life and death' (we heard "John Barleycorn", "Death and the Lady"); 'love' (Early One Morning", "Sweet Nightingale"); 'seasons' ("The Trees They Grow So High"); and 'occupations' ("Raggle Taggle Gipsies", "Soldier, Soldier").

By the time of the Industrial Revolution in the 19th century themes had shifted to the harsher factory environment with "To Be a Farmer's Boy" and "North Country Lass" both lamenting the drift into towns. "Poverty Poverty Knock" echoed the rhythms of the Batley weaving looms,

whilst "Haul Away Joe" was just one of many sea shanties reflecting gangs of sailors pulling together to hoist the sails. More recently folksongs – now, of course, with printed music scores – were revived in the music hall era, with "Pretty Polly Perkins" being re-vamped as "Cushy Butterfield".

Probably the greatest influence on the recording and continuity of England's folk heritage has been the work of collectors such as Cecil Sharp, Samuel Pepys, Lucy Broadwood, Ralph Vaughan-Williams and Percy Grainger.

Thus today through pubs and clubs, theatres and festivals, radio, TV and 21st century multi-media the folk tradition lives on: and in Sedbergh that Wednesday evening Sheila and Peter led the assembled historians in a rousing finale of... you've guessed it... "D'ye Ken John Peel".

Michael Beecroft.

How do you get money out of a bank and enjoy a good night out at the same time?

DISCO

Saturday November 29th

People's Hall, Sedbergh

Admission £3 till 10.30 then £5

All proceeds to **Great North Air Ambulance** and match funded by

Barclays Bank Sedbergh Branch

Every pound you spend will be matched by Barclays!

LATE BAR

**Make your hard earned cash
go twice as far at our bar
instead of your usual bar!**

A1 AUDIO

A1 AUDIO

SETTLEBECK STUDENTS

Settlebeck Performance at the Brewery Arts Centre on the 15th October as part of the Shakespeare Schools Festival 2014

'Not Afraid of Greatness'

A very confident company of Settlebeck students took to the stage at the Brewery Arts Centre in Kendal as part of the Shakespeare Schools Festival which is the largest UK youth drama festival, offering students from all backgrounds the opportunity to perform Shakespeare on their local professional stage.

In front of a packed audience of proud parents and supporters they gave their slick, funny and disciplined rendition of *A Midsummer Night's Dream* with an inspired interpretation by their director and teacher Gillian Rea.

From the outset there was instant presence and engagement with the audience through the excellent comedic portrayal of all of the characters which demonstrated a real understanding of the play. The timing and delivery of lines to ensure the most humour was exceptional and

farfieldmill
arts, crafts & heritage, sedbergh

EXPERIENCED COOK

Weavers Café at Farfield Mill

Hours negotiable,
would consider part time.

Contact Sara Last on 015396 21958 or
email: sara@farfieldmill.org for more
information and an application form.

Closing date: Friday 14 November

www.farfieldmill.org

was praised by the Creative Director of the Festival when he congratulated all students at the finale.

Their enjoyment really came across and is the result of great team work and dedication on the part of staff and students to produce such an outstanding performance.

Settlebeck School should be rightly proud of the whole cast and its director. Well done everyone !

Patricia Tunna



SEDBERGH SCHOOL

Seven Year 10 pupils from Sedbergh School spent a week at Cambridge University researching academic topics, exploring the city and meeting University fellows. Year 10 pupil Maria Page (R) reports on the visit.

Arriving by train in Cambridge station on Sunday, we walked out into a haze of sunshine, busy streets and a hailstorm of bicycles; which basically sums up our stay – plus the daily five hours of hard yet interesting work that was an unavoidable side effect of our visit. We have spent the past few days saturating our brains with our individual favourite forms of knowledge in the mornings, followed by afternoons wandering the energetic city of Cambridge. The sheer majesty of Trinity College alone inspired our hopes and dreams for the future, while our trip to the Fitzwilliam Museum was awakening to the past. This trip has been a really amazing experience, both productive and enjoyable, and we would just like to thank Mr Hollingbury for making it the trip that it was.

The group lodged at Fitzwilliam College, the alma mater of Deputy Head Dan Harrison, and the group met with admissions tutor and Lecturer in History Dr Rosemary Horrox, who talked to the pupils about the application and interview process. They also visited the National Institute of Agricultural Botany, where Dr Phil Howell talked about the ethics of GM Crops and led a tour of the facilities. On their final day, the group

went punting on the River Cam –in the safe hands of a pro-punter!

Classics Teacher Andrew Hollingbury, a graduate of Oriol College, Oxford, said: "The opportunity to research a topic outside the normal school curriculum is all too valuable, as we know from the success of the School's Extended Project programme in the Sixth Form. By giving our younger pupils the chance to do so at one of the world's greatest universities, they gain a taste of academic life beyond school and, hopefully, an understanding of whether a university such as Cambridge or any other highly regarded institution is somewhere they would aspire to study. All those we have met, from admissions tutors to research geneticists, have been impressed with the curiosity and sensibility of our pupils on the trip, and their findings and opinions on their chosen topics should prove very interesting."

Amy Grace

SEDBERGH SCHOOL OS

Old Sedberghian (OS) James Simpson-Daniel (SH) and former England winger has been forced to retire due to an ankle injury last year.

James, 32, played for Gloucester after joining the club as a teenager straight from Sedbergh School, and went on to make around 250 starts across 14 seasons, scoring 118 tries. His doctor's advice ends his career on 276 club appearances.

Dan Harrison, Deputy Headmaster and former Sedbergh School Football Club Coach, said: "We are very proud

at Sedbergh for all that James has achieved in rugby since leaving us 15 years ago. At school he was a tremendous talent and in his upper sixth destroyed defences regularly from fly-half. It has been fantastic to watch him continue in this manner at the highest level of rugby and we wish him all the best in his retirement.”

James is the second of four Simpson-Daniel boys to attend Sedbergh School. Some quotes from the Sedberghian magazine from his time here:

1996 Colts C1 XV ‘The fact that 32 of the 40 tries scored came from the outside centre, wings and full back is testimony to... the hands and

judgments of James Simpson-Daniel – the most vertically challenged but also most clairvoyant of the inside centres on our circuit.”

In 1999 James was Vice-Captain of Rugby and in 2000, playing for the 1st XV against Stoneyhurst: “The half back combination of Richard Bean and James Simpson-Daniel was without equal, with the latter displaying sleight of hand and a range and variety of passes that dazzles spectators.’

In 2000 James went on to represent Yorkshire, Northern Division, England Schools (18 Group) and captained the Sedbergh National Schools Sevens Champion Squad. He moved to play for Gloucester RFU straight



"Excellence through endeavour"



Sedbergh Town Band



Present their



ANNUAL CHRISTMAS CONCERT

7.30 pm on Tuesday 2nd December

at

St. Andrews Church Sedbergh.

Admission: £6.00 Under 16: £3.00



Sedbergh Town Band is a registered charity. Number 1086817

from School.

As a 19 year old, James played for England in an uncapped match against the Barbarians when he rounded Jonah Lomu to score a try, but he missed out on the 2003 World Cup because of a back injury and just failed to make the 2007 and 2011 tournaments. In 2007-8 Simpson-Daniel was voted Premiership Player of the Year.

Amy Grace

was wearing a bright red sweater and I really stood out – but I remember even today how quickly I felt comfortable. Within half an hour, I felt like I had been there for ages. I was made to feel so welcome.'

Tom is the first Head of School to also have been Head Boy at Sedbergh Prep, and it is also on the Fives courts, as Captain, that he remembers the enthusiasm and influence of his Cressbrook Housemaster Dr Hoskin. He said: 'I have great respect for Dr Hoskin. When I was Head Boy of the Prep School, there were many times when I needed advice, and he was someone who was always willing to offer his perspective and guidance,

SEDBERGH SCHOOL

Meet Tom Robinson, Sedbergh School's New Head of School

Tom Robinson's journey to his role this year as Head of School began ten years ago as a visitor to the prep school when it was at Bentham. 'I

SEDBERGH LATE NIGHT SHOPPING



Wednesday 3rd December 2014

Beginning at 6pm with the ringing of the Church bells and Santa parading down Main Street in the Fire Engine to his Grotto in the Community Centre

Come and join in the fun at Sedbergh's very own Late Night Shopping

Buy your Christmas presents in our local shops

and

Bring the children to see Santa in his Grotto

Opening ceremony at 6.00pm with the Town Crier and the Gala Queen and of course Santa himself

**Ringing of the Church Bells ~ Santa ~ Singing of carols ~ Climbing Wall
Town Band ~ Hog Roast ~ Mulled wine ~ Street music
Face painting ~ Raffle ~ Mini market in URC ~ Flower festival in St Andrews
Church organ recital ~ Town twinning event**

and the shops on Main Street will be open for all your present buying and cafes and restaurants open too for your evening meal

Lots of fun for all the family

and I owe him a great deal for everything he did for me. Tom is in Powell House and has experienced the shift in takeover from Mr Webster to Mr Seymour. "Mr Webster was a Powellian in every sense of the word. He built such a strong foundation within the House and now Mr Seymour, who has taken on the baton, continues to take the House forward from strength to strength. Powell House has a feel that is difficult to put into words – we have a unity throughout all ages and I hope that never changes." Tom's advice to new starters at Sedbergh School is to 'stay true to yourself'. Pondering his biggest challenge since moving to the senior

school, he says: "It is not so much a personal challenge, it is something that every Sedberghian grapples with. You come here and it's very easy to set about trying to please everyone in order to fit in. But I believe that you can't be a true Sedberghian without staying true to yourself. It is about having the confidence to realise that you will be accepted for who you are."

One of Tom's first decisions as Head of School was to approach all nine Housemasters and Housemistresses to arrange to have lunch with the Year 9s. "On my first evening of being Head of School, I realised that knowing all the pupils is essential if I am to represent them. I think that we have to keep up certain traditions and

Dent Folk Carols Weekend

December 5th to 7th

Workshops learning old folk carols - Dent Meditation Centre.



Folk Carols concert on Friday evening, Christmas Truce 1914 concert on Saturday, ceilidh, and singing walk - Dent Memorial Hall.

Also free Kids singing workshop Saturday morning with Amabile's Mel Rowe in DMH

she is also leading a weekly group in Sedbergh at 4pm from Monday November 3rd

All welcome

details on www.lakelandvoice.co.uk and 015396.21166

Saturday 6th December
CHRISTMAS
COFFEE MORNING
 10 - 12.30
 St Andrew's Church, Dent
 Raffle ~ home-baking ~ mulled wine
 Mince pies ~ Christmas gifts
 Cards ~ decorations

one of those is cultivating the respect that younger pupils have for the older pupils, and the consciousness that older pupils need in order to be good role models." Tom's involvement in school life is varied – he plays piano to Grade 6, is Captain of Fives, Squadron Leader of the RAF section, a member of the Choral Society and Chapel Choir, Captain of the Third XV, Secretary of TGI and President of the School of Athens. His aspirations after taking A2 English, Philosophy and Economics is to take a Gap year at a boarding school in Vancouver and then to study Law, hopefully at Durham University.

One memory, in particular, that Tom vividly remembers at Sedbergh was his first Remembrance Day Service. "It was an emotional day on many levels. The service itself was beautiful and reflective, and the crisp, autumnal day made it all that more special. It was followed, the next year, by my visit to the Battlefields and to RAF Valley in Anglesey, where Price William is based. At RAF Valley, I held the Victoria Cross awarded to an Old Sedberghian and that was a moment

I will never forget. It is an extremely proud moment for me to be Head of School and Head of the RAF Squadron in this Centenary year of First World War commemorations. I hope that during my year in this role, I am seen as someone who is approachable, regardless of gender or age. I want to lead by example and set the tone for all pupils. I have a fantastic prefect body behind me, and I am very lucky to have such a supportive Deputy Head in Alex Porter."

Headmaster Andrew Fleck said: "Tom has been a popular choice amongst staff and pupils. He is a Sedberghian through and through; an enthusiastic 2nd XI cricketer and member of the 3rd XV, he is a chorister and excellent student. Most of all has a clear moral compass and is measured in his judgement. This has earned him widespread respect and marked him out for the role."

Tom's former Housemaster Dr Hoskin said: "I have the highest regard for Tom; he maintained exemplary standards as Head of SJS (2009-10) and proved himself to be utterly dependable as a House Prefect. Tom's deep-rooted Christian values were admirable and I recall numerous occasions when he stood up for what was morally right. Tom was an all-rounder in the truest sense and his name adorns the House boards. The only chink in Tom's armoury, which I am certain he will readily admit to, was his inability to bat against my off-spin bowling!"

Amy Grace

SHEEPFEST

13/14 September 2014

For one amazing weekend in September the town of Sedbergh was awash with a glorious display of sheep made by local businesses, voluntary organisations, schools and individuals – as was Farfield Mill which had initiated and obtained funding for this project. The heads of two giant rams peered down on Finkle Street and the harpist from the early music group Corn'ewe'copia – her fleece made from music scores - entertained the crowds at the church gates. Outside the vets a ewe stood patiently as children queued to deliver her lamb – and put it back. 'I want to born it again, granny, let me born it again!' Lamblet, Prince of Denmark, raised the tone holding aloft a skull (sheep's) 'Alas, poor Ewerick, I knew thee well . . .' And a dare-devil tup from Bendrigg Lodge, complete with helmet and wheel-chair, abseiled down the church tower. But not without problems as it turned upside-down and in danger of falling on the Lord Lieutenant's head as she arrived at the door below, to unveil a



Technicolour Dreamcoat woven by more than 600 local children.

These are just a few examples of 119 sheep (counting the entries that were more than one) in a community project which revealed the astonishing creativity of this small town and the wit and professionalism of the work that was produced. This was due in no small measure to Donna Campbell, Sue Gilmartin and Emily Jackson of the community arts group Art Sense, based in Kendal. Employed for 4 months to take workshops they helped everyone from children to their grandparents realise their vision. They had exactly the right approach, listening to ideas, not imposing their own, offering

THE DENTDALE OVER 60'S COMMITTEE WARMLY INVITE YOU TO A

Christmas Lunch 2014

Dent Memorial Hall

1pm on Saturday 13th December

If you are a resident of Dentedale who just happens to be 'over 60' and would wish to join us on such an occasion, then please contact Belle on Dent 25203 by Friday 28th November.

Please indicate if you prefer a vegetarian option

Raffle Tickets will be on sale at this event



alternatives, introducing a variety of techniques, bringing out the best in everyone. For me this was Sheepfest's highlight – encapsulated in a couple standing at the door of the People's Hall thinking 'What are we doing here? This isn't us. This is ridiculous'. And, as they told me later, leaving 'uplifted'.

Whilst the sheep and the Dreamcoat were at the project's heart so many other people played their part in ensuring its success. The bell-ringers who heralded the weekend; the Junior Brass Band who played before the unveiling of the Dreamcoat; Dennis Whicker our Town Cryer, resplendent in yellow; the Knitters; Spellbound Theatre Company; the concert by Cornucopia; an exhibition of photographs of old Sedbergh courtesy of Diane Elphick and the History Society; the schools who welcomed us as did the church wardens, the volunteers who ensured everything ran smoothly (on the surface) from manning the TIC to giving lifts, to putting up signs and posters to setting up and clearing the People's Hall. And particularly to Sara Last, Farfield's Centre Manager, and my long-suffering partner, Jim, overheard saying 'I will KILL her!! (I forgive you).

Finally, a job which Alison O'Neil and Kevin Lancaster took very seriously indeed, in addition to the popular talks they gave; the



SEDBERGH AND DISTRICT ART SOCIETY
SATURDAY WORKSHOP
 with Kate Bentley
 Friday 12th December 10am – 4pm
The Power of Suggestion:
people and animals in composition
 Cost £33
 United Reform Church downstairs room, Sedbergh
 Open to non-members
 For more details contact Gill Impey
 Tel 01539 726640 (also answer phone)
 e-mail: gillimpey@hotmail.co.uk

judging! What I thought might take a couple of hours lasted a day and they were the first to admit that another two people might have delivered a different verdict. This has prompted me to discover '**the people's choice**'. Don't think about it – just send the name of the first one that came into your mind when you read that, or describe it, by phoning Farfield Mill 015396 21958 or email [anne.pierson@btinternet.com](mailto:pierson@btinternet.com). Closing date is 14 November and the winner will be announced in December's Lookaround.

The Future

So anxious were we to ensure that the weekend was a success that we didn't give a thought about what would happen afterwards – and I wonder even now whether Sedbergh realises what it has done. For two days our small town became a huge, astonishing art gallery displaying work of the highest quality. How did estate agents,



publicans, butchers and women's institute members turn into sculptors? Nigel of Cobble Country and John from the Red Lion applying the technique of

Assemblage – the creation of a sculpture by joining together 'found' objects that originally served another purpose. Do Steve Longlands with his sheep that lit up in the dark and growled – and Nick from the vets with the ewe that constantly gave birth – understand they are exponents of Kinetic Art? Or Margaret Brookes appreciate she is a master of Realism? Does it matter?

The sheep that were homeless and the Technicolour Dreamcoat are now in an exhibition at Farfield Mill – with invitations to appear at Woolfest near Penrith next year and, in the case of the latter, the International Festival of Wearable Art in New Zealand. But their display in the streets of Sedbergh will never be bettered or the pleasure they gave. We will all

have our particular moments to remember and mine is the phone-call on Friday afternoon saying 'Anne, you said they weren't to come out until the morning and they're coming out now! They're all coming out! And they're fantastic!'



In terms of next year, there is an overwhelming demand that Sheepfest becomes an annual feature of Sedbergh's calendar. I feel certain that it will be possible to raise the funding to make this happen and it makes sense to keep to the Heritage Open Days' weekend which is September 12/13. Whilst it is fresh in your thoughts do let me know if there is anything you particularly enjoyed, would like to change, add or improve by emailing anne.pierson@btinternet.com **Alternatively join us at Farfield Mill on the last afternoon of the exhibition Sunday 2 November at 3.00p.m. for a glass of wine and a toast to Sheepfest 2015.**

*Anne Pierson, Chair
Farfield Mill Arts and Heritage Centre*

The Head Gardener

HORTICULTURAL SERVICES

20 years of horticultural experience including twelve years as a National Trust Head Gardener.

Consultation / Maintenance / Renovation.

All jobs considered

Contact : John Hawley
07860801711 / 015396 25050
info@the-head-gardener.com
www.the-head-gardener.com



FAMILY MUSINGS

A great many things amaze me, my family (all lovely people, how did hubby and I manage that?) my friends, yes I do have some, and my garden, that things actually grow! We are eating Cauliflowers, Broccoli, Cabbage and Runner Beans out of our garden, some grown from plug plants but some actually from seeds.. I am amazed. The Grapes have produced some pips and they are being planted and the Vine is taking over one greenhouse and anchors the Tomato plants very nicely. I have kept a gardening diary since 2009 and it is interesting looking back to what was happening on a certain day through the years .. how the weather compares, what was doing well or not. For example, Nov. 1st 2009 Cleaned out greenhouse. 2010 Glorious day, Brussels coming on, cleaned out greenhouse, gave oldest compost bin a good stir, tidied hose

pipe away. 2011 no entry. 2012 put Pepper plant into the house still producing, lettuce peeping through in greenhouse. 2013 Glorious sunshine, pottering in the garden doing nothing in particular and enjoying it. All makes interesting reading. But, what has happened to the Brussels I thought I had planted..

Sadly it seems that another much loved local tradition has gone, the local (Dent) Bonfire, hopefully it can be re-instated next year (and I am very happy to be proved wrong this year!) but people are needed, there is so much red tape these days, everyone is super sensitive to things going wrong that things are getting less and less likely to happen . So many people find themselves over committed with committees and just unable to do anything else. And as everyone on a committee knows, it is impossible to please everyone, it is really great when you actually please someone!!

We will welcome our fourth grandchild this month and the excitement is growing along with daughters "bump", times with our three little boys is very precious to us, watching them develop and respond to life around them, hearing the first words be they "cat" or "kitchen" or whatever, eldest now manages sentences, middle one has a lot to say but we can't quite follow, just odd word, cat or me come through, and youngest just smiles and now has two teeth to show us! Enjoy the fruits of your labours folks!

Sarah

CLINICAL MASSAGE
AT SEDBERGH MEDICAL CENTRE
ON MONDAYS

Chronic Pain Conditions
Managing Stress & Tension
Sports Injuries & Rehab.
Pre & Post Natal Massage
Simple Lymphatic Drainage
Scar Tissue Release

Vouchers available.
SALLY JEFFERY: 0774 705 0136 www.sallyjeffery.com
YVONNE CERVETTI: 015396 21303/ 0779 506 3107
Practise in Sedbergh, Kendal and Kirkby Lonsdale



Now also on Wednesdays!

CHURCHES TOGETHER

*News from St Andrew's Church, Dent
and St John's Church, Cowgill*

Remembrance Sunday has a particular poignancy with the 100th anniversary of the outbreak of World War 1 this year. Both the war memorials in Dent and Cowgill have been renovated recently and there will be the usual acts of remembrance as part of our Sunday services. In Dent, quite a lot of people gather around the War Memorial at 11am for the act of remembrance (the church service begins at 10.30am) and at Cowgill the act of remembrance follows the simple evening prayer which begins at 2.30pm. Everyone is welcome and encouraged to come

these Remembrance Sunday services.

We are very pleased that Advent will be celebrated again with a Advent Carol Concert given by the Dentdale Choir at 7pm on Sunday 30th November. A short act of worship led by the choir and members of the congregation will be followed by the choir concert. The date is very blessed to have such a wonderful choir to inspire us with the gift of music.

Renovating and Improving our Church Buildings

The Parochial Church Council is considering how to improve and renovate the churches at Dent and Cowgill. At Dent, now that English

TREVOR GARDNER & SON

PLUMBING AND HEATING ENGINEERS

'WITH OVER 30 YEAR'S EXPERIENCE'

Gas/Oil/LPG Central Heating Boilers

Underfloor Heating

Bathrooms / Tiling

Renewable Energy Heating Systems

Solar Panels, Ground & Air Source Heat Pumps,

Bio-mass heating systems

**We are your local Worcester Bosch Accredited Installers
and can offer up to 10 years parts and labour warranty with our
New Worcester Boilers, which are more than 90% efficient**



Prospect House, Marthwaite, Sedbergh, Cumbria LA10 5HS

Telephone & Fax: 015396 20796

Mobile: 07771 514535

Email: trevorgardner602@aol.com

WINDERMERE WINDOWS & GLASS LTD

Resident in Sedbergh since 2007

Local Professional Glazier

Fitting Replacement

Windows, Doors, Conservatories, Failed Double Glazed Units
in UPVC, Wood or Aluminium

Fascia Boards, Soffits, Guttering & Down Pipes

Tel/FAX 015396 21444

Mob: 07890 784933

Heritage and other supporting charities have helped us secure the complete restoration and weather – proofing of the Tower and Bier Room (at a cost of £38,000), we can now plan to convert the old Bier Room into a Loo for the disabled and a Coffee Bar to serve refreshments. We will be advised by the architect how to design this, but one might imagine a doorway being created at the north west end of the Nave through into the Bier Room, which would be divided into two separate panelled compartments, one for the loo and one for the kitchen. We have been given an estimated cost of £28,000 for the work, which the PCC would

have raise. Certainly, with the many extra services and events which have been taking place this year, there is a great need for these facilities. You will see advertisements in Lookaround for fundraisers to begin raising the money.

Cowgill is fortunate to have a loo, but the interior of the church building is in urgent need of restoration and redecoration. An estimate of £10,000 is given for the work and the PCC will be advertising events and fundraisers to support this project.

The underlying message of all these efforts to develop our church buildings is that the church council believes both churches have a future

as “ living churches,” – places of worship, yes, but who are at the centre of our small communities and are places where the life of the community is expressed and celebrated and where all are welcome.

Church Services Grid:

St John’s Cowgill:

Nov 2nd 9am Holy Communion
Nov 9th 2.30pm Evening Prayer and Act of Remembrance at the War Memorial for Remembrance Sunday
Nov 16th 2.30pm Evening Prayer
Nov 23rd: 10.30am Joint Communion for all Dentdale Churches. Preacher: the Rev’d Harold Stuteley from Sedbergh Methodist Church
St Andrew’s Church, Dent

Nov 2nd 10.30am Holy Communion
Nov 9th 10.30am Holy Communion with Act of Remembrance at War Memorial at 11am for Remembrance Sunday
Nov 16th 10.30am Holy Communion
Nov 23rd: 10.30am Joint Communion Service at Cowgill Church
Nov 30th: 10.30am Holy Communion. 7pm Advent Carol Concert with the Dentdale Choir

News from the Pews



Kendal Food Bank’s shelves will be

 **SEDBERGH SCHOOL** 

We often have vacancies for Kitchen and Cleaning Assistants, and for other roles from time to time. Some roles are based in Sedbergh, and others are at Casterton (Sedbergh Prep School).

If you would like to work for Sedbergh School then please complete an Application Form and return it to the address below, indicating what sort of work you are seeking. If we have suitable work available we will contact you and invite you to come for an interview.

You can collect an Application Form from the Bursary, download one from the School’s website (www.sedberghschool.org) or request one by sending an email to Shirley on shw@sedberghschool.org or by ringing the HR Department on 015396 20303. Please also check the School’s website regularly for details of individual posts as they arise.

Please return completed Application Forms in email to shw@sedberghschool.org, by returning them to the Bursary or (by post) to HR Administrator, The Bursary, Loftus Hill, Sedbergh, LA10 5RY.

We look forward to hearing from you.

groaning under the weight of all the food generously donated during October's Harvest Festival Service. Coffee, tea, cereals, sugar, pasta, tins of all kinds plus some luxury items went to make up the gifts which will be distributed to those in need in the Kendal and surrounding area over the coming weeks.

Our retired Vicar Alan Fell and his wife Naomi joined supporters from the Parish and St Andrew's Parish Dent together with Rev Vic Hopkins and his wife Linda who travelled over from Suffolk to join us all in Carlisle Cathedral for the Lay Readers Licensing Service on 18th October. Judith Bush has studied for two years to achieve her licence and the

distinguishing blue scarf that is the emblem of her office. Of the three candidates presented and licensed by the Bishop of Penrith Judith's family



and supporters made up nearly three-quarters of the congregation (apart from the numerous clergy) which explained why we kept seeing familiar faces around the Carlisle shops as



M K CONVERSIONS LTD

Four Lane Ends, Marthwaite, Sedbergh, LA10 5ES

GENERAL BUILDING CONTRACTORS

NEW BUILD - EXTENSIONS - CONVERSIONS - HERITAGE WORK
RENOVATIONS - ROOFING - JOINERY

**WINNERS OF THE
2010 YORKSHIRE DALES NATIONAL PARK AWARD
FOR THE 'RESTORATION FOR RE-USE' CATEGORY**



Tel: 015396 22038 Fax: 015396 22039

info@mkconversions.co.uk
www.mkconversions.co.uk



many of us tried to fit in a bit of retail therapy before the journey home.

So, what do we have on the calendar now? Saturday 8th November is 'Boon Day' when the long-handled dusters, ladders and extra willing hands are put to good use reaching those dusty corners of the church for their annual clean. Soup and rolls will be on offer at lunchtime.

The following day, Sunday 9th November is Remembrance Day a very special date on the calendar. The bells will be rung half-muffled before the 10.30am service and we shall welcome members from the other Sedbergh Churches, the Royal British Legion, the Parish Council, the Scouts, Cubs and Brownies amongst others who will be attending. Following the service poppy wreaths will be laid at the War Memorial.

Father Christmas will be our most honoured guest at St Andrew's Christmas Fair on Saturday 15th November in the Church. From 10am until 4pm the stallholders will be tempting you with their wares from cakes to crafts and lots in-between. No Church Fair would be the same without the famous St Andrew's lunches that will be served in the church room.

Whilst mentioning the Christmas word ... the Advent Carol Service that is held at a different church each year will be at St Andrew's on Sunday 30th November starting at 6.30pm. Come and give those favourite carols an airing for the first time this year. Then the wonderful Town Band will be in

Philip Horner
Fencing Contractor

Walling
Man & Tractor
Tel: 015396 21984
Mob: 07855 349157
e-mail: prhorner@hotmail.com



concert on Tuesday 2nd December in the church at 7.45pm...expect they will have lots of Christmas tunes in their repertoire.

Whichever occasion you choose to join with us we shall look forward to welcoming you.

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

Lay Reader Licensing

A huge "thank you" to all those people from Sedbergh and Dent who travelled to Carlisle on October 18th, to see me licensed as a Lay Reader. It was both uplifting and humbling to see so many friends in the Cathedral, offering support and encouragement, and it made the occasion truly special for me. Maureen Hinch did a marvellous job in organising the transport and other arrangements. Muchas gracias amiga.

Judith Bush

HOWGILLS ACCOMMODATION

For richer – for poorer – I thee wed in style and special surroundings and hope to be with you for evermore x

I browsed an interesting article the other day on Weddings. Not that I'm looking to be closely involved with another just yet but with hosting quite a few in Howgills Bunk Barn these last 8 years, we've seen some interesting ideas take place.

The 'gist' of the article was as usual in our modern world of celebrity culture and worship, how extreme some of those celebs will go to outdo each other and make their wedding day even more expensive, outrageous, special than there has ever been before. No one would argue that the 'special' day should be anything other than the most memorable day for the two getting married and all who witness the event.

However, it seems that there may be a correlation between the more expensive the wedding, the more likely it will end quicker in tears. I'm not so sure there won't be some crocodile tears in some cases looking at the financial settlements gained in certain separations though aren't you?

Anyway, it made me think of how some of our happy weddings here have been able to create special occasions within their own 'private' environment at Howgills Bunk Barn whilst having family and friends travelling from afar be able to stay over in quality 'budget priced' accommodation directly at the

wedding celebrations.

We've now extended the opportunity for bringing together dispersed groups of people to meet and have fun in what we promote as the largest provider of quality budget priced accommodation right here in Sedbergh.

I believe that we are very unique in being able to provide 64 beds sleeping up to 80 people in 2 quality properties in our area. I know that one of the last weddings I went to, a friends son, we were 'promoted' to the best room in the place at a pretty penny price and of course enjoyed the party so much that I think we enjoyed the luxurious chamber for less than 3 hours before breakfast had to be eaten and that must have cost us £80 each if I recall – and that was supposed special rates.

Why not take a fresh look at what is possible right here in Sedbergh for your special event. I know that a lot of people aren't even aware that you can book anything from 1 – 80 beds from £50 each for 3 nights. Were you? Also see Page 59.

Nigel Close

Robert Powell

Website Designer

Individually designed,
Google-friendly pages that display well
on mobiles as well as desktops

Websites that work!

Tel: 20482

www.robpowell.co.uk

**SEDBERGH & DISTRICT
ART SOCIETY**

Friday 12th October

Jill Pemberton's demonstration at our Friday meeting introduced us to a wider use of the sketchbook. We had a full house, which included a good number of prospective members.

The session was action-packed with many memorable moments. Jill presented us with a wealth of ideas, rationale and strategies for creating a sketchbook, with a practical demonstration of how to create our own handmade one. Not only did we begin making a sketchbook of our own, but also we had the opportunity to discuss the deeper issues behind the purpose of sketching. We thank Jill wholeheartedly for this immaculately prepared and organised session and for bringing such a wealth of materials. As one visitor, Heather Jackson, said: "Jill Pemberton is a lovely person and excellent teacher – I am now inspired to take up 'sketchbooking' again after a long lapse. I enjoyed the friendly atmosphere too!"

As for Jill, she is looking forward to seeing our completed 'homework' at the workshop on Saturday 8th November, 10am. – 4pm. in the Methodist Hall. This workshop is now fully booked, but if you would like to attend, please contact Gill Impey and we can put you on a waiting list. If there is enough interest, Jill Pemberton is happy to put on another workshop in the spring if there is the demand.

At our next meeting, on Friday 14th



**GRAHAM BRADLEY
BUILDING & JOINERY**

Condor Barn, Dent, Cumbria LA10 5QT
Mob: 07778 874855
g_h_bradley@yahoo.co.uk

November, 1.30 – 3.30 in the URC Hall, there will be a demonstration from Kate Bentley.

Details of this demonstration and her ensuing Saturday Workshop on Saturday 13th December 10am. – 4pm. in the URC Hall are as follows:

The Power of Suggestion: people and animals in composition

Demonstration

Capturing gestural poses can be the key to producing a successful and interesting painting and figures/ animals can entirely transform and improve a potentially boring and lifeless scene.

Kate will initially demonstrate a few tried and tested techniques to help

DUNGAN LAW Ltd

Plumbing & Heating Engineer

Bathroom Suites & Tiling
Central Heating Systems
Domestic Gas Appliances
General Plumbing

Mob: 07796 544596

Tel: 015396 20930



attain general anatomical shapes and proportion of the human form and then will move on to some simple associated tips on improving our animal shapes. She will discuss placement, composition and scale and will produce a painting incorporating some of these ideas. Kate encourages us to look at her website www.katebentley.co.uk for examples.

NICKY ROSS

All types of heating,
including underfloor.

Bathrooms designed,
supplied, tiled & fitted

Gas Safe registered

Mobile

07810 582345

Telephone

015396 20753



Jill Pemberton has already been inspiring us with her sketchbooks. Kate also stresses the importance of sketching to heighten our level of success at her workshop. In Kate's words: "Get sketching....be it your cat, the sheep on the fells or your husband snoozing in front of the fire, all will improve your observational skills, and hopefully you should be encouraged by your labours and gain some ideas and reference material for the workshop".

Workshop: -£33

There will be much emphasis on using solely the brush as a drawing tool to capture the fluidity of living forms and we will be encouraged to produce the essence of a person, movement or animal rather than a photographic representation.

Exercises to help improve our observation and to place our subject in his or her environment will be key elements of the day, as will applying these skills to a painting.

It is therefore advisable to come armed with sketches, photographs and reference books of our favourite subject matter.

Kate will also bring some reference material...so don't panic.

Don't forget to look at her website! www.katebentley.co.uk

NOTE. Non-members who would like to attend the workshop are invited to contact Gill Impey to see whether there are places available. Call on: - 01539 726640 (also answer phone), or email gillimpey@hotmail.co.uk

The workshop will be a practical development of the demonstration.

Therefore, if you sign, or have signed for the workshop, it will be very important to attend the demonstration leading up to it.

If you are not yet a member of the Sedbergh Art Society and would like to come to the Friday meeting and Kate's demonstration, you will be very welcome. You will just need to approach Gill Impey or myself on arrival and give us your name.

Jenifer Alison and Gill Impey
Events Secretaries, SADAS

SASL

SEDBERGH SUPPORT GROUP

If you would like a LARGE PRINT or AUDIO version of LOOKAROUND, please see Dennis.

To find out more about the Sedbergh Support Group, please contact Jennifer-015396 25162.

For details of ALL THE SERVICES SASL offers vip's, please ring 01539 742663 or Call in at 'Head Office', Stricklandgate House, Kendal. (It is best to ring them BEFORE popping in just to make sure there will be someone there who can help you)

As you will all no doubt be aware the LAST Week-day Bus from Sedbergh to Kendal leaves Sedbergh at 12.39pm. This presents me with great 'transport problems' and I am overwhelmed with the extremely kind and generous offers of help to 'get me home after the Meetings' I have received from both the Group Volunteers and SASL - you are all too, too kind. As I don't 'do Christmas Lunch' in November and we don't have a Meeting in December, and I also understand that 'moves are afoot' to hopefully provide 'additional' bus services between Sedbergh and Kendal during the week, I think it probably best to leave any 'final arrangements' until nearer the date of our January 2015 Meeting - very much a case of 'watch the bus timetable space' in Lookaround!

So great was our appreciation of our 'Guest Speaker' for the afternoon, it took two of us to give the formal vote of thanks - I did the words and Sue did the 'actions' - sort of an all-singing, all-dancing cross between

Richard Burton and Ginger Rogers! As the afternoon's entertainment took the form of a 'Musical Quiz' we were divided into two teams - Jean, Moira, Winifred, Sue, Betty, Jessie, May and me were in one team: Doris, Jennifer, Keith, Elspeth, Elizabeth, Rosemary, Dennis, Margaret and Jennie were in the other. The difficulty was deciding what to call each team but after great intellectual debate and Freda's adjudication we decided on Team A

PARKIN & JACKSON MONUMENTAL MASONS

14 Appleby Road Kendal LA9 6ES
Tel 01539 722838



- New Memorials
- 2nd Inscriptions
- Cleaning and Repainting
- Renovations
- Memorials designed to your personal specifications

Visit our showroom
or phone for a brochure

parkinandjackson@btinternet.com
www.parkinandjackson.com

Contact KEVIN BATEMAN

and Team B. We were Team B and they were Team A. Despite the A team's numerical superiority the B team convincingly managed to out-point them, scoring 50 pts. To their 43. - it wor the singin' wot did it - they could sing badly but we could sing badly better than they could! Mind you, when it comes to singing badly. Team B did have a great advantage in me as I've been singing badly for years! Once again we are indebted to

Freda 'Paxman' Meakin for not only devising such a fantastic quiz, but also acting as quiz-mistress and score-keeper. Before the caterwauling began Betty said Freda needed no introduction from her so she didn't get one!

All the services provided by SASL have to comply with the multitudinous rules and regulations of such things as Health and Safety, Equality and Diversity, Discrimination, and the Society has to have 'in place' strategies and policies to show how it meets all these 'requirements' - this is especially important when applying for grants, funds etc. from such bodies as The Lottery. The person bearing much of the responsibility for all this is the 'Service Manager' - Moira, It is quite, quite beyond me how she copes with this workload' and more and still manages to smile! As Betty said, we were very pleased to have Moira with us at our Meeting, and even more pleased she didn't bore us to death with a Full Job Description! However we do acknowledge with enormous gratitude all the work Moira undertakes - mostly behind the scenes in Head

Daphne Jackson
DO, MsC (Ost)
Registered Osteopath

Mill Barn, Broad Raine
Killington LA10 5EP

Please ring Kendal Practice
for appointments
01539 740452

J J MARTIN
Funeral Service
(B Goad)
Established 1869
Long Lane, Sedbergh

Complete Funeral Service
Day or Night
Chapel of Rest

Day or Night
Dent 25334

Office as it were - on our behalf. Pity about the singing Moira, but at least you were on yet another winning team!

Betty informed us that the chosen venue for the November Meal & Meeting was The Fat Lamb, and one of her Personal Assistants, Sue, made a note of Member's Menu Choices. If you weren't there and are going to the Fat Lamb can you please make sure you let Betty know what you want to eat a.s.a.p. So, the November Meeting is to be at The Fat Lamb - 12 for 12.30, on Tuesday 18th. November, cost £9.50. and Betty is looking forward to welcoming everyone to that.

We send our very best wishes to Jenny D. Joan and Barbara who were unable to join us on this occasion. It was great to see Jennifer 'out and about' after her recent surgery and good to know that she doesn't spend all of the time 'flat on her back!' The Meeting was opened, conducted and closed by Betty in her usual forthright and dynamic style, and I think it fair to say that a 'good time' was had by all.

George Watson

SEDBERGH WI

A goodly number of members and 3 guests braved the pouring rain on October 8th to watch the cake-decorating demonstration by Lee of Bealea's Cake Studio. She told us that the fashion for tiered fruit cakes decorated with royal icing for weddings had been replaced in favour of iced sponge cakes in a variety of flavours: you needed to use a Madeira sponge recipe, though, as a Victoria sponge was not dense enough to bear the weight of the sugarpaste icing she used. She had prepared a three-tier sponge cake to demonstrate her technique. It did look a bit scruffy and uneven as it sat on the table waiting for its makeover and

we wondered how she was going to cover up all the uneven sides. She explained that she baked her sponges in large rectangles and then cut out the shapes required – hence the uneven cut of the cake on the table. It's more economical that way, she said, than baking cakes in round tins and losing chunks when you turn them out (my usual fate!).

Lee showed us how to prepare a very light buttercream filling: equal quantities of butter and icing sugar plus a little boiled water which you mix together with an electric mixer, leave it to get on with mixing while you go and have a cup of tea(!), then go back and check how it's getting on. She then deftly slid one layer of

ABLE MEMORIALS

**Monumental and Architectural Masons
New Memorials and Additional Inscriptions**

Showroom with over 30 memorials on display at

3 Wildman Street, Kendal

Please call for a brochure or free estimate

on 01539 735583

Home visits available by local mason Edward Waller

Tel: (evening) 015396 21338 or 07779 025745



smatt's
Duo
Cafe Bar & Bistro



Autumn & Winter opening hours

Wednesday - Monday 9am till 6pm

Closed Tuesdays

Food served from 9am till 5.30pm

We have a delicious new winter warmer speciality tea menu



We would like to thank you all for your continuing support

Don't forget to pick up your loyalty card for hot drinks

Follow us on facebook smatt's Duo cafe or twitter @smattsduocafe

For up to date info, also found on our new website

Thai Nights will resume next year

32 Main street, Sedbergh, Cumbria LA10 5BL Tel. 015396 20552

smattsduosedbergh@gmail.com

www.smattsduo.co.uk

cake onto a board and spread it thickly with fluffy buttercream before placing it centrally on the square presentation board. (We were horrified and nauseated to learn that in America they make buttercream with LARD and icing sugar!!)The same process was repeated as the next layer was spread with raspberry jam and deftly slid onto the first buttercreamed layer. Time for the last layer to be put on top of the jam, then the three tiers were straightened up, and the whole cake deftly spread with a thin smooth layer of buttercream to act as the base for the sugarpaste icing. Lee kneaded the ready-made sugarpaste (she advised us which

brand NOT to use!) to get rid of any bubbles before showing us how to roll it out (miraculously, I thought, with cornflour!) to make a proper circle which she could then use to cover the cake and square board after deftly lifting it over the cake with the rolling pin. She finished off the decorating with pretty shapes cut out of pink icing, finally tying a pink ribbon with a perfectly executed bow around the cake. Christine Sheppey, who bakes wonderful cakes but has so far not attempted sugarpaste icing, thanked Lee for her inspiring demonstration which we all enjoyed and learned a great deal from. I think I can confidently predict that Christine has

The Cross Keys Temperance Inn

Cautley, Nr Sedbergh

Tel: 015396 20284

Alan & Chris Clowes
offer you a warm welcome



We are open daily for home cooked food,
(a particular favourite is Ham 'n' Eggs)
and offer an extensive menu for
residents and non-residents.

Our two guest rooms are both en-suite
and we can boast one of the finest views of
Cautley Spout and the Howgills.

Please note our opening hours.

Closed Mondays unless a Bank holiday.

Summer season open - Tuesday to Sunday – 8.30-4.30

Winter season open Wednesday to Sunday 10.00 – 4.00

Thursday, Friday & Saturday nights open to non residents from 7 pm – *booking essential*

been inspired to have a go and maybe some others have too! Lee and her mother joined us for tea and cakes (not iced but delicious nonetheless!) made by June Westgate and Ellen Morrison, then they escaped before the start of our business meeting, when our visitors Alma, Angela and Gaynor were given a warm welcome. Rosemary Mason was the lucky raffle winner who was able to take Lee's beautifully decorated cake home!

The following afternoon the book club met at Sue Bateman's house to discuss 'Hector and the Search for Happiness' by Francois Lelord. Hector is a psychiatrist whose

patients are very dissatisfied with their lot in life. They all seem to have so much, not lacking in anything tangible, that Hector is puzzled and sets off on a world tour to ask people what they think happiness really is, and he makes a list of his findings – over 20 suggestions. The book is a fable – a charming, apparently naïve and often funny story that made us chuckle – which helps us to look at ourselves and analyse what is really important in our lives. We all thoroughly enjoyed the book (a rare occurrence!), which scored 8/10 on our scale. We also very much enjoyed Sue's tea bread and biscuits! Thank you very much, Sue!

Our members lead such busy lives that the walking group's October date had to be changed to Wednesday 15th when Rosemary Blanchfield will be leading a walk at Silverdale.

Our next meeting, on November 12th in the People's Hall, will start at 7.30 pm with a talk by Harry King from Radio Cumbria entitled "You said you could do it when you wrote in". This will be followed by a Jacob's Join supper and the AGM. New members are always welcome.

Moira Folks

DENTDALE WI

Dentdale looks wonderful in the Autumn colours as I write, even if we know that this heralds the colder weather and shorter days after such a wonderful Indian Summer. The sky was already beginning to darken as we walked towards the hall for the October meeting. There was quite a full business agenda and to begin with Catherine, our president, thanked those members who had joined in the Quiz Night for the Sedbergh Health Centre, and for baking and attending the Macmillan

Coffee Morning held in the Dale. Both events had done well.

We also heard from Catherine that members would be out and about in the forthcoming days. Some to the painting day held a couple of days after the meeting at the home of Freda Meakin, and as I am writing after the event, can say it was very successful. Members of the group took full advantage of the interesting sketching ideas that Dent presents. Ruth Rigg, the Federation Chairman, was part of the group and had arrived and parked outside Dent Stores in a new Honda car lent to the Federation for the 100th anniversary of the National Federation. The car is suitably emblazoned for twelve months with the WI logo denoting the Anniversary. Needless to say, we took the opportunity for a little photo shoot standing by the car!

Later on in the month, a much larger group are off to the new Auction Mart Antique Centre at junction 36 of the M6, for a tour and lunch. This year four members are joining the Federation Choir rehearsals to sing at the Festival of Carols on 5th

**LIGHT REFLECTIONS
HYPNOTHERAPY**

Stand still and gaze

The following are some of the things I offer help with using hypnotherapy and cognitive behavioural techniques.

- dealing with stress
- coping with a difficult diagnosis
- irritable bowel syndrome
- menopausal symptoms
- morning sickness
- help in dealing with chronic pain (needs a GP referral)
- helping with grief
- tinnitus (a condition in which I have a special interest)
- mild skin problems
- eating healthily
- improving sleep
- replacing unhelpful habits

lightreflectionsypnotherapy.com
Consultations in South Cumbria

DR CLARE MINGINS

December.

Catherine Sugden and Thelma Belfield will be representing us at the annual Council meeting.

The entertainment for the evening was a fashion show with outfits provided by Kitty Brown Boutique. The ladies from the boutique had worked hard to turn the Memorial Hall into suitable venue and packed the tables with accessory ideas for the new season ahead. Four members had chosen three outfits each after a visit to Kitty Brown's a few days previously and we entered into the spirit of the evening modelling the clothes with all the panache we could muster walking along the cat walk for the other members in the audience.

There was a lively atmosphere and it was really good pretending to be models for the evening!

Thelma Belfield's costume jewellery, her entry for the competition, caught the attention of the judge for first place.

Next month on November 12th we are holding our AGM after which Susan Garnett will be talking to us about South Africa, Contrasts and Change. New members and visitors always welcome.

Pat Allen

HOWGILL W. I.

We have had a good turn out of members at our last two meetings. In September we welcomed Marice, a

For the widest range of hand picked products under one roof
then look no further than our showroom

We work closely with the best brands to bring you great offers
and inovative new products



Coming soon an exclusive range of cream appliances from Hotpoint

Digital TV, Domestic appliances, Aerials and Satellite,
Repairs and service

Kew House, Just off the A65, Ingleton, LA6 3NU
Main Street, High Bentham, LA2 7HQ

Telephone 015242 41224 / 42095 / 61259
www.toobys.com

Tooby's
ELECTRICAL STORE

Brands listed: Panasonic, BOSCH, Hotpoint, TOSHIBA, SIEMENS, KitchenAid, RANGEMaster, LIEBHERR

J N & E Capstick

Insurance Consultants

36 Main Street, Sedbergh LA10 5BP
Tel - 015396 20124 Fax - 015396 20791

Market Street, Kirkby Stephen, CA17 4QT
Tel - 017683 72285 Fax - 017683 72346

www.capstickinsurance.co.uk

HOME & MOTOR INSURANCE
FARM & BUSINESS INSURANCE
LET PROPERTY & HOLIDAY HOME INSURANCE
SMALL ENOUGH TO CARE, BUT BIG ENOUGH TO COMPETE

Open until 7.00 pm on Wednesdays
to help with all your general insurance needs.

J. N. & E. Capstick Insurance Consultants
are authorised and regulated by the Financial Conduct Authority

prospective new member. Our walking group have enjoyed lovely autumn weather in and around Staveley and Selside.

We have attended Open Meetings hosted by Barbon and Dent W.I.'s. Alison O'Neill spoke to a packed hall in Dent giving us her life story. A childhood dream was to own her own flock of sheep and become a shepherdess. Being a restless teenager she left home seeking the bright lights around Europe, having careers in big cities like London, Madrid and Paris. Upon returning home to Sedbergh in her early 30's she defied the doubters to follow her dream. Coming home wasn't easy,

finding a farm proved hard. Living her dream was simple.

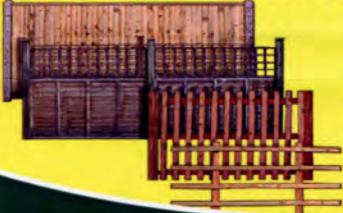
A lovely buffet supper was served thanks to Dent W.I. Several members attended the Kitty Brown Fashion Show at Barbon. The latest fashions and accessories were modelled by W.I. Members. Wine and nibbles were served and an enjoyable evening was had by all.

The speaker at the September meeting was Janet Smith a member of staff at Holker Hall. We were given the history of the Hall. The earliest records of a house on the present site date back to the beginning of the 16th century. From then until the present day it has been the home of three

**THIS TEAM
"LEAVES" IT CLEAN!**

Charlesworth

Tree Care & Fencing Ltd
Domestic • Commercial • Agricultural
 Covering the whole of Cumbria & North Lancs.



- Agricultural & Garden Fencing
- Rustic & Panel Fencing
- Post & Railings
- Horse & Rabbit Fencing
- Stock Proof & Deer Fencing
- Fencing Materials
- Treated Timber

Firewood for sale



CHARLESWORTH
 This Team Leaves It Clean

CALL GAVIN TODAY
015242 71840
 OR WOODYARD ON
015396 20006
 Mobile **07721 773135**
 email: gavin@g-charlesworth.co.uk
*The Woodyard, Old Railway Goods Yard,
 Middleton, Kirkby Lonsdale LA6 2NE*

families - the Prestons, Lowthers and Cavendishes. The estate has never been bought or sold but has been passed down by inheritance through the family line. As we know Holker is set in exceptionally beautiful countryside and is well known for its annual Garden Festival. Bridget thanked Janet for an interesting and informative talk.

The competition for a Hat made from Newspaper was won by Liz Moore with Mary Silva second. The raffle winner was Tanya Hoare. Social time to make words from 'Howgill and Firbank W.I.' was won by Tanya. The meeting was brought to a close with tea and cake and a get

together.

As we met for our October meeting our thoughts were with Mary Stainton and her family following the loss of Jack. We would like to offer our condolences and support at this difficult time. Jack had a quiet and easy presence and it was a pleasure meeting with him.

President Bridget Postlethwaite welcomed members and our guest Linda Bowman, a member of Nateby and Wharton W.I., and a member of the Board of Trustees. As it was the A.G.M., Linda would be guiding us through the vote for President.

It was time to look back over the past year. In turn, the various reports

proved positive. Bridget said her second year as President had flown by and thanked everyone for their help and support. The Secretary reported a busy and successful year and felt undoubtedly the Howgill W.I., will continue to flourish. The Treasurer reported that our finances are satisfactory with figures similar to last year. Voting resulted in Bridget being re-elected. She is happy to take on the role as President for the coming year. The Committee remains the same with the addition of Liz Moore. The Appleby Cup for the most competition points was won by Tanya Moore.

Following the formalities Linda spoke about some of her experiences working in London as a delivery driver, taxi driver and for eight years, a lorry driver. Seventeen years ago she moved up north settling in Kirkby Stephen. On joining the W.I., she said it changed her life, meeting new friends and gaining confidence. Bridget thanked Linda for entertaining us. The competition for a Photo of a Beautiful Sunset, judged by Linda, was won by Sheelagh Denniss with

Bridget second. Mary Silva went home with the raffle prize. The social was a game of 'Consequences' which proved popular and amusing.

We meet again on November 6th when Jackie Huck will give us an Evening of Music and Poetry. Do join us at Howgill Village Hall at 7.30pm.

A Hoggarth

**KILLINGTON WI
THE AFTERNOON WI
FOR THE ENTIRE DISTRICT**

We were happy to have our numbers swelled this month by three visitors. Susan Sharrocks had brought along her little sister, Pamela. Some of us had recently visited Pamela's WI at Urmston near Manchester where she has just taken on the job of treasurer. We wish her luck with her new task of keeping tabs on 100 members! Anne Jones brought along her long-time friend Mildred, and Anne Wright managed to find her own way to our meeting. We hope you enjoyed yourselves.

This time there was only one birthday. Dilys celebrated adding a year to her age. Truly, she is older



CONFERENCE & TRAINING SUITES

Station Road, Sedbergh
Tel: 01539 718191
Email: sedbergh.conference@cumbria.nhs.uk
www.sedberghmc.co.uk

FOR COMMUNITY & HEALTH RELATED MEETINGS/CONFERENCES, WE HAVE 3 ROOMS FOR HIRE.

- **MEETING ROOM** UP TO 8 PEOPLE
- **IT TRAINING ROOM** UP TO 20 PEOPLE
- **LARGE TRAINING ROOM** UP TO 40 PEOPLE

PRICES RANGE FROM

£20-£50 PER HALF DAY AND £40-£90 PER FULL DAY.
HOURLY AND EVENING RATES AVAILABLE.

FREE WIRELESS FACILITY & STATE OF THE ART EQUIPMENT HIRE.

**15% DISCOUNT ON ROOM HIRE
IF LOOKAROUND MENTIONED WHEN BOOKING**

Farm & Garden Contractor

Stone Walling ~ Fencing ~ Decking ~ Paving ~ Landscaping ~ Strimming
Pruning ~ Hedge Cutting ~ Hedge Laying ~ Planting ~ Weed Control

HARDWOOD LOGS

**Sacks, large
and small loads**

Tree Surgery/Felling

Pest Control (mole trapping etc.)

*** Property Maintenance ***

**Natural wood
garden furniture
made to order**

Gutters/drainage unblocked, cleaned, repaired. Fascia boards, pointing, installations, driveway repairs/renewal. Gate repairs or renewal

Please call Oliver on - **07904 698 794** (Any time) or 015396 21073 (Evening)

Garden
machinery
repairs and
service

Email: oliverhigginbotham@gmail.com

Hardwood logs, Woodchip, Manure - Delivered

**General
weeding
and garden
tidy**

We offer a dedicated & reliable service. All work is guaranteed subject to acceptance of written quotation. Competitive rates. Work tailored to a budget.

Metre pricing where applicable. Photographs of relevant completed tasks – emailed. Site visits + no obligation quotes. Ample references available.

than she has ever been before and younger than she will ever be again!

There were a few absentees this month (hope to see you soon!) but we were delighted to see Dawn amongst us and send her all our good wishes.

As usual the business was rapidly dealt with - good finances and good everything else. We discussed what we aim to do with our healthy charity fund and arranged to send useful items to the Boxes of Hope charity for Rumanian children. Like the Thandi Project, we know that every item and every penny reaches its intended destination.

The federation Newsletter drew our attention to various happenings out

and about. Wendy McLean said that she would be interested in going to the AGM at the Albert Hall next year. We confirmed our teams for the WI quiz at The Bull. Don't forget to bring your powerful torches to augment the gloomy lighting there. (Hint! Hint!)

We confirmed that our Christmas Lunch will be at the Sedbergh Golf Club on December 9th. However we thought that it was rather a long time to wait for that so have arranged an extra "jolly".

We shall lunch at the Bridge Tea Rooms at Wray on Wednesday 29th October. There will be lots to interest us there, plants, gifts, crafts, food and an exhibition by the Lunesdale Rug

Makers.

Our speaker had been sitting quietly through all our business and, as an experienced WI speaker, later admired the speed with which we dealt with the Newsletter and said that he enjoyed "your turn of phrase"! Mr Maurice Steele spent his working life as a farmer in Eskdale and Wasdale and though now retired, still has the look of a wiry, Lakeland shepherd. He has travelled widely and is a wonderful photographer of landscape and wildlife. His specialism is audio-visual presentations with his pictures matched by appropriate and sometimes atmospheric music. This time he took us to Antarctica and its environs. He told us that he selected

his music before the trip and then took pictures to fit in. It certainly worked well and we all enjoyed a feast of eye and ear.

Our next meeting, on Tuesday 11th November at 2-00pm in the committee room of the ever improving People's Hall, will be our AGM. Reports will be presented, and doubtless approved.

A committee will be elected from the multitude of nominations. (Pistols at dawn, if there is any dispute). Entertainment and food will be provided by the outgoing committee. We shall all have a jolly good time, or I'll want to know the reason why!

Wendy Fraser-Urquhart

Howgills Group Accommodation

We are leaders in the area in providing **Budget value accommodation in Sedbergh & District**. We pride ourselves on providing a great experience when staying over in Sedbergh and can offer flexible booking arrangements through our **20 bedrooms sleeping up to 80 people** in total across a range of properties.

This is highly suitable for Family get-togethers for special celebrations, weddings and just gathering a widely dispersed family together again for holiday reunions.

Why not have a look in at our booking office to discuss how our large property might be suitable for your event whether Wedding or Anniversary.

These properties can be booked for any number from 2 to 35 in any one building at a cost considerably **less than £20 per person** for multiple nights for a large group.

**WEDDINGS, ANNIVERSARIES, BIRTHDAY PARTIES,
UNIVERSITY PALS REUNIONS, SPORTS CLUB TEAM
BUILDING, STAG PARTIES, HEN PARTIES,
MANAGEMENT TRAINING BREAKS.**

Booking Office: Cobble Country Property, 59 main Street, Sedbergh, 015396 21000
www.howgillsbunkbarn.co.uk www.bainbridgecourt.co.uk

MONSTER CEILIDH BAND

As part of the Highlights' Autumn 2014 programme of events, the Monster Ceilidh Band are performing at The People's Hall, Sedbergh on Friday 7th November 2014 at 8 pm (Doors open at 7.30 pm).

Tickets can be purchased by calling the Sedbergh Information Centre 015396 20125 or online at www.highlightsnorth.co.uk. Tickets: Adults £9 / Children £ 5 / Family £20

The Monster Ceilidh Band are redefining what 'ceilidh' means. They use a bold and unique fusion of the folk tradition and modern electronic music.

'The energy is persistent, the performance uncompromising, the

meld inimitable and if your feet remain still then someone has nailed your shoes to the floor.' (Folkwords)

ALLEGRI & CORNUCOPIA

Allegrì Singers return to Sedbergh on Sunday 23rd November. This time they are joined by Cornucopia, the local group that plays "a wide range of strange and ancient instruments from the medieval and Renaissance periods".

The first half of the programme shows how exotic dance rhythms influenced Spanish church musicians when missionaries went to the New World. In the second half the musicians perform dance music, and choral music from the Roman



Sedbergh Community Development Centre Courses in and around Sedbergh

Subject	Tutor	Day	Start	Times	Wks	Town
Collage and Mixed Media	Frances Winder	Sat	1 Nov	Day	1	SED
Intro to Digital Photography & Image Editing	Chris Wood	Thu	6 Nov	Eve	6	SED
Christmas Decorations & Textile Crafts	Janet Philips	Thu	6 Nov	PM	5	SED
Family History	Patricia McNulty	Sat	8 Nov	Day	1	SED
Intro to Cognitive Behavioural Therapy	David Walton	Sat	8 Nov	Day	2	SED
Rustic Christmas/Welcome Wreath	Janet Philips	Sat	29 Nov	Day	1	K'LON
Yoga in Sedbergh	Fran Fryer	Thu	Ongoing	Eve		SED
Pilates (4:30 or 5:45pm)	Ally Hurst	Mon	Ongoing	Eve		SED
Lino Printing	Kath Lockhart	Sat	17 Jan	Day	1	SED
Intro to Emotional Intelligence	David Walton	Sat	24 Jan	Day	1	SED
Creative Thinking	Kirsty McEwan	Tue	3 Feb	Eve	2	SED
Simple HTML Web Programming	Chris Wood	Thu	5 Feb	Eve	4	SED
Bold Landscapes	Frances Winder	Sat	7 Feb	Day	1	SED
Family History	Patricia McNulty	Sat	7 Feb	Day	1	K'LON
Applying Emotional Intelligence	David Walton	Sat	7 Feb	Day	2	SED
Computer Drop-in 1:30 - 3:30pm	Chris Wood	Wed	Weekly	PM		SED

www.sedberghcdc.org.uk

email: admin@sedberghcdc.org.uk

Tel: 015396 21031

COMPUTERS are wonderful – until they go WRONG!!



- ◆ Cumbria Computer Systems
- ◆ Your LOCAL I.T. specialists
- ◆ 25 years of experience
- ◆ Microsoft certified
- ◆ Full range of Computer Sales and Service
- ◆ Very competitive call-out rates
- ◆ Complete PC systems supplied and supported
- ◆ Wireless/wired Networks for home or business
- ◆ Friendly, jargon-free advice
- ◆ Virus and Spyware/Malware removal
- ◆ Consultancy service

Call us on
07545 010542

e-mail: admin@cumbriacomputersystems.co.uk
www.cumbriacomputersystems.co.uk

Catholic and Anglican churches in England in the 16th and 17th centuries.

The concert will include music by Byrd, Tallis, Victoria and Lobo. Director Owen Davies comments “We know that people in Sedbergh have enjoyed unaccompanied choral music by Victoria and Byrd in the past. Hopefully they will also the huge variety of sounds created as Cornucopia and Allegri combine, whether looking for a blend with the gentle tones of recorders, or trying to compete with the crumhorns’ loud, even raucous, sounds!”

The afternoon concert begins at 4:00 in St Andrew’s Church on

Sunday 23rd November. There will be a retiring collection. See Page 23.

Owen Davies

SEDBERGH CHORAL SOCIETY

Calling all singers!

The newly formed Sedbergh Choral Society meets on Monday evenings at St Andrew’s Church and rehearses from 6.15 to 7.15 (first rehearsal on Mon 20th Oct). The next performance will be on Saturday 21 March 2015 and will include Beethoven’s Mass in C.

We are very keen to welcome new singers. If you’d like to come along, please call Fenella (22136) or Lesley (20233) or email fenella@davisj.com Look forward to seeing you.



Kirkby Lonsdale 015242 71221

Monday & Thursday 8.30-7pm
Tuesday 8.30-6pm
Wednesday & Friday 8.30-5pm
Saturday 8.30-12 noon

Kendal 01539 722692

Monday to Friday 8.30-7pm
Saturday 8.30-12noon

- Experienced vets for pets, farm animals & horses
- Caring and professional team
- Modern facilities, easy access and ample parking

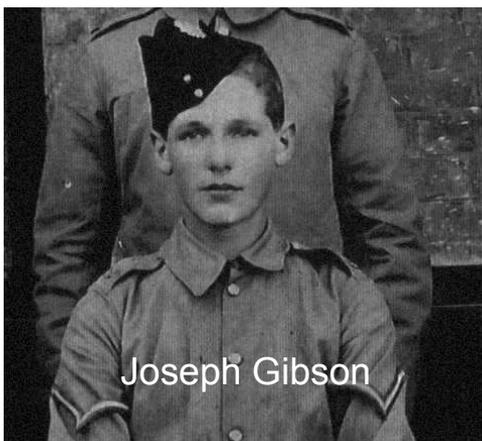
24hr emergency service

www.westmorland-vets.co.uk

LEST WE FORGET

In July Andrew Jones, son of John and Angela Jones, of Millthrop visited the Kirkee Memorial near Poona in India. He was visiting on behalf of the Old Sedberghian Club to pay respects to Major Norman Ruthven Anderson, an Old Sedberghian, who was murdered by a fanatical sepooy whilst embarking troops in Bombay on 20 November 1914. Andrew very kindly offered to take crosses to remember the two local soldiers who are remembered on the Kirkee Memorial. He wrote each of their names on the front and on the reverse "The residents of Sedbergh remember".

Private John George Capstick, 34129, 1st Bn. South Staffordshire Regiment, who died on 4 August 1917, aged 28. Son of John and Sarah Capstick of Becksides, Howgill and husband of Elizabeth Capstick, of Murthwaite, Fell End, Ravenstonedale, and father of a son. Enlisted first in Border Regiment. He had been in India a few months when he succumbed dysentery at the



PRIVATE JOHN CAPSTICK, South Staffs Regt., of Howgill, Sedbergh, died in hospital at Bombay, India 4th August, 1917.

Colabra Hospital, Bombay.

Remembered with Honour on the Kirkee 1914-1918 Memorial

Lance Corporal Joseph Gibson, 201793, 2nd/4th Bn. Border Regiment, who died on 23 September 1918, aged 24. Son of Robert and Ann Gibson of Finkle Street, Sedbergh. Formerly rural postman between Sedbergh and Garsdale. Member of Conservative Association in Sedbergh. Enlisted in Kendal November 1915. In India for three years. Died of pneumonia in malaria convalescent hospital in Daghsai.

Remembered with Honour in Daghsai Cemerety and on Kirkee Memorial 1914-1918 Memorial, Poona, India

For Depression, Anxiety, Loss,
Relationship Issues, Obesity and
Eating Problems

Contact **JENNIE DAVIES**
Kendal and Sedbergh

Counsellor, (Senior accredited BACP)
Psychotherapist (UKCP accredited)
Advanced Practitioner in Obesity and Eating Disorders.

015396 21261
jennie@odavies.plus.com
www.jenniedcounsellor.co.uk

REMEMBRANCE 14

This summer, on the 4th August, we commemorated the Centenary of the terrible events of the First World War remembering in a moving Vigil Service, the moment when the 'Lights went out' across the whole of Europe and a whole generation was plunged cruelly into a devastating war that cost so much in 'blood and treasure'. Good people of many faiths and beliefs were involved on all sides in these terrible events. Many took to arms in the hope that this could be a 'war to end all wars.' They were to be cruelly disappointed by events in the rest of the last century and on into this.

Others, notably the Quakers, but there were other 'conscience' groups and many individuals, courageously refused to fight arguing that the first casualty even of a 'war for civilisation' would be the values of civilization itself. They remind us all, whether we

agree with their pacifism or not, that a world without such killing would be a much better place – one the Bible reveals as the vision of the Kingdom of God, where people will 'train for war no more.'

Yet war, as we know from Afghanistan, Iraq, Syria and too many other places, continues almost unchecked. Principled people, of many different views and beliefs, still differ profoundly about the right response to great evil, such as that we see from IS and other extremist groups. Should we take up arms to defend the innocent, even at the cost of shedding blood? Should we rely instead on an equally costly 'non-violence' to try and beat 'swords into ploughshares'?

At Remembrance time we never attempt to glorify war. Rather we remember its failure and its tragic cost and recommit ourselves to seek, make and defend peace and justice for all the people of our planet, even it will cost us everything.

I do hope that you can join us at 10.30 am this Remembrance Sunday (Nov 9th), in St Andrew's Church, Sedbergh and/or at the War Memorial in the Churchyard after the Church Service, to remember those who paid the ultimate sacrifice in wars past, and re-commit yourself to Peace.

There will also be a short ceremony at the War Memorial at 11 O'clock on the 11th Day of the 11th Month to remember the 96th anniversary of the signing of the Armistice at the end of the First World War.

Andy McMullon, Vicar of Sedbergh

ACUPUNCTURE

BAC Member
www.acupuncture.org.uk



Experienced practitioner

*Chinese medicine looks at
the whole picture,
from moods to foods to weather.*

June M. Parker

Dip Ac, MBAC

49 Bainbridge Road, Sedbergh

Tel: 015396 20972

Painting and Decorating

- Internal and external
 - House makeovers
- to attract buyers*
20 years experience
Excellent references



MB Designs

015396 23239

0770 99 77 619

Steve Hopps



Property Maintenance

Painting and Decorating

Gardens tidied & maintained

All types of work considered

Tel 07870 785322

steve.hopps2@gmail.com

CHRISTMAS TRUCE 1914 AND DENT FOLK CAROLS

"Christmas in the trenches! What a time? "Peace on earth, goodwill toward men." It is hardly to be believed but nevertheless it is quite true that such was the case this Christmas. On Christmas eve at four p.m. we had orders that unless the "enemy" advanced we were not to fire, and the same applied on Christmas day. Whether the Germans had the same order or not I don't know but not a shot was fired on either side. On Christmas eve we shouted "Compliments of the Season" to each other, and passed

pleasant remarks. We sang the "Austrian Anthem" and they replied with "God Save the King." On Christmas Day after service in the trenches, we went halfway and we shook hands, and had a fine crack with them. Altogether we spent a very pleasant two hours with them, and found them a nice lot of fellows."

So writes a soldier in the First World War trenches to his family in Cumbria. Hundreds of similar letters have been collected to celebrate this historic occasion when in the middle of the most bloody war in history the soldiers on either side found a common humanity in the singing of

EST. **SEDBERGH • MARKET** 1538

**EVERY WEDNESDAY
ON JOSS LANE CAR PARK**

Stalls from 8.30 am. As you may have heard, Stephenson's greengrocers have moved on to Joss Lane to complete our range of cakes, meat, fish, eggs, bread ...

Try your retail idea with pitch and stall deal – £11 a week. Car boot pitches from £3.
Contact Sedbergh & District Information Centre: 015396 20504 / office@sedbergh.org.uk

carols, the exchange of gifts and the playing of football.

Anyone who would like to help us celebrate this occasion are invited to join a choir in Sedbergh singing some of the old carols which were sung in the trenches 100 years ago, as well as other which tell the story of the truce, or are on a similar theme. The songs are a lot of fun to sing, arranged in 3 and 4 part harmony - some of them used by the male voice singers Coope, Boyes and Simpson who put on a show 10 years ago in Dent using many local singers as well as others from across the North West. We'll be practicing on Monday evenings above the information



Thinking of a fresh bird
this Christmas?
Phone Dent 25255
for Oven Ready Turkeys

centre - written music and recordings are available for home study as although the songs will be taught by ear so there is no need to worry if you can't read music.

Our performances at the Dent Folk Carols festival on Saturday December 7, and also in Sedbergh on Saturday December 27, will also include the letters and other readings appropriate to the occasion - and we also hope we might be able to include a short dramatic presentation!

We will also be joining over 100 singers from Cumbria and Lancashire singing at a recreation of the famous English/German football match at Accrington Stanley Football Ground on December 20 and will coordinate shared transport for those without cars.

Our Folk Carols weekend in Dent over the first weekend in December will also include the usual feast of harmony singing with concerts, ceilidh, festive meals, kids singing workshop in the Dent Memorial Hall, adult folk carol workshops in the Meditation Centre and a singing walk taking the carols out into the winter landscape after lunch in the Memorial Hall.

I hope you can join us - there are full details on our website www.lakelandvoice.co.uk or you can ring me, David Burbidge, on 21166.

STOBARS HALL Care Home



The aim of Stobars Hall is to offer our guests maximum independence in order that they can lead full and varied lives, cared for by trained staff who provide physical, emotional and social support every hour of the day.

STOBARS HALL RESIDENTIAL HOME

If you would like further details,
or simply a chat about life at Stobars Hall,
please telephone Euan or Beryl on

017683 71291

Stobars Hall, Kirkby Stephen, Cumbria, CA17 4HD
www.thefranklyngroup.com

CUMBRIA WILDLIFE TRUST

Sedbergh Support Group

At our August meeting, Mike Beecroft gave us a wonderful glimpse of his 2 cruises around the West Coast of Scotland. On occasions the seas were rough but the scenery of the Hebrides and the wildlife were magnificent.

The highlights of these trips were visits to St Kilda. The group of islands that compose St Kilda are the remotest part of the British Isles, lying 41 miles west of the Outer Hebrides and the boat trip takes many hours, even in good weather. In poor weather the islands can be cut off for many days or even weeks. Even in moderate winds landings are not

always possible but Mike was able to spend some time exploring ashore on the largest island, Hirta, on both visits, as well as observing some of the magnificent bird colonies on the more inaccessible islands from the boat.

There have been people on St Kilda since prehistoric times, exploiting the rich resources of the sea, growing crops and keeping animals. It is not clear when the first settlers came to St Kilda, but simple stone tools found on Hirta suggest that Bronze Age

CHIROPODIST

HCPC Registered

Kay Whittle

MSSCh DipPodMed MBChA MInstChP

Pedi-Care House, Howgill Lane,
Sedbergh LA10 5AD

Tel: 015396 22122



Open 09:00 - 4:30

Please phone for appointments
Closed on Mondays

*Supplier of
HJ Hall "Softop" socks
Argan oil & cream; Arnica gel & Aloe Vera*



plant hire • ground works • plant sales

- Project Management
- New Builds
- Extensions
- Roofing
- New Fitted Kitchens
- Ground Works
- Plant Hire
- Drains

Unblocked/Cleaned/Repaired

Contact George on:

Tel: 015396 21287

Mob: 07977514229

Email: info@gjbainesandson.co.uk

Web: www.gjbainesandson.co.uk

travellers may have visited St Kilda from the Western Isles some 4,000 to 5,000 years ago. There is also evidence of early Christian settlements.

In historic times, a small population lived on Hirta in a single settlement known simply as The Village and survived by crofting, fishing and collecting seabirds. Gradually the St Kildans lost their self-sufficiency, relying on imports of food, fuel and building materials and furnishing for their homes. In 1852, 36 people emigrated to Australia, and population decline began.

In 1912 there were acute food shortages and in 1913 an outbreak of influenza. The war of 1914-18 brought a naval detachment to Hirta and regular deliveries of mail and food from naval supply vessels. When these services were withdrawn at end of war feelings of isolation increased. There was more emigration of able-bodied young islanders and a breakdown of the island economy. In 1930 the remaining 36 islanders requested evacuation to the mainland, bringing to an end an extraordinary story of survival. Most of the old houses are now in ruins but a few are still in use.

The islands of St Kilda, with their exceptional cliffs and sea stacks, form the most important seabird breeding station in north-west Europe and the seas around the islands are rich in marine life. In particular the islands house the largest colony of fulmars in Britain and the largest colony of gannets in the world. The islands have dual world heritage

status for their natural and cultural significance as well as many British and European conservation designations. Today, three organisations, The National Trust for Scotland, Scottish Natural Heritage and the MoD, work in partnership to care for the islands. The islands house a radar tracking station, with around 15 MOD staff living on Hirta, together with a small number of conservation rangers, archaeologists and researchers.

The seas around St Kilda are protected for wildlife. In November the monthly Wildlife Trust talk in the People's Hall will focus on marine conservation around our Cumbrian coast.

Jackie Hooley



H & M
C R A F T S M E N
Beautiful homes deserve beautiful furniture



KITCHEN BEDROOM HOMESTUDY COOKSHOP

Beautiful Kitchens & Bedrooms
Home Studies & Lounge Furniture
Cookshop
Quality Bakeware, Utensils, Knives, Pots & Pans & Lots More!
Wedding Gift Service & Knife Sharpening
www.kitchensandbedrooms.co.uk
015242 41535
Ingleton Industrial Estate, off A65 near Tooby's

Experienced GCSE English Language & Literature teacher (BA Hons QTS)

offering one to one

English & Drama Tuition

in Sedbergh and the surrounding area.



Also currently offering tuition in Speech & Drama for children, young people and adults of all abilities who are keen to build their confidence, improve their communication or enhance their performance skills.

Tutoring according to the LAMDA public examination syllabus, these sessions are enjoyable, practical, challenging and fully accredited.

For further information or to enrol for tuition in either English or Speech & Drama contact **Gillian Rea** on 07962 113284
gillianrea20@gmail.com

SEDBERGH & DISTRICT HISTORY SOCIETY

The first talk of the season was at Settlebeck School and was given by Isobel Stirk on the topic of the Bronte family. Patrick Prunty was born in Ireland in 1777 and being an intelligent person was able to enter St John's College, Cambridge in 1802 from where he graduated with a first class degree. At some stage there he changed his surname to Bronte. After university he became a curate of various parishes and married Maria Branwell from Cornwall. They had six children, Maria, Elizabeth, Charlotte, Branwell, Emily and Anne. In 1820 Patrick became the Perpetual Curate

of Haworth but in 1821 his wife died and her sister Elizabeth moved from Cornwall to look after the children helped by a maid Tabitha Aykroyd. Elizabeth devoted her life to the family and she also provided financial support.

Patrick taught the children to read and write and speak French. He also taught Branwell some Latin and Greek. To further their education the four eldest girls were sent to a school for the children of poor clergy at Cowan Bridge. However their delicate health combined with poor conditions at the school proved too much for Maria and Elizabeth who contracted tuberculosis and had to return home dying soon afterwards. The remaining two sisters were removed from the school. Whilst at home the children began writing stories which were written in tiny booklets. In 1831

Charlotte went to a school in Roe Head run by a Miss Wooler where she made some lifelong friends. After leaving as a pupil she returned as an assistant teacher and Emily became a pupil there but did not stay long. When she left Anne took her place.

During their adult life the girls worked as teachers or governesses but Emily never settled at anything and after a short time away always wanted to return to Haworth and its moors. Charlotte was more successful but seemed to get on better with the man in the family than the wife, a possibly not unconnected phenomenon. She certainly seems to have had an affair with Monsieur

Heger. She and Emily had gone as pupils to a school in Brussels run by him and his wife and they had returned there as teachers although Emily did not stay long. After some posts Anne eventually had a happy stay as governess to the Robinson family in Scarborough. Branwell had a talent as a painter and went to study at the Royal Academy in London and also tried to set up as a portrait painter in Bradford. However in these and some other jobs he tried he always failed through an addiction to alcohol and drugs. He became a tutor to the Robinson's children in Scarborough but this time his failure was due to having an affair with Mrs Robinson. His dismissal meant that

**TWO BEDROOMED FLAT
FOR RENT**
at Capplethwaite Hall Farm
No Smoking ~ No Pets
Contact Jill on 015396 21068

Anne also had to leave her post. In 1847 the three sisters had their novels published. Charlotte's "Jane Eyre", Emily's "Wuthering Heights" and Anne's "Agnes Grey". Anne's "The Tenant of Wildfell Hall" was published the next year. However, in the space of seven months during 1848 and 1849 three of the Brontes died. Branwell died of tuberculosis weakened by his dissolute life style. Emily died two months later from consumption. In the spring of 1849 Anne became ill and wanted to see Scarborough again but died there and was the only one of the family not buried at Haworth. After their deaths Charlotte eventually married her father's curate, Arthur Bell Nicholl, in 1854 but she became ill and died soon afterwards in 1855 when pregnant. Her husband stayed at Haworth and looked after Patrick Bronte who died in 1861 having outlived his children. Their novels and early tragic deaths had aroused a public interest and even before Patrick's death people were visiting Haworth to see the where the Bronte sisters had lived.

The chairman thanked the speaker for her most informative talk and several people took the opportunity to question her during refreshments.

Richard Cann

Garsdale Design

We provide architecture, planning, urban design and heritage services for the Dales and Lakes

Our skills and experience are unrivalled whatever the size of the project

Our service is personal and tailored to individual needs

We are an RIBA Chartered Practice



Contact details:
phone: 015396 20875 (office hours)
email: info@garsdaledesign.co.uk
web: www.garsdaledesign.co.uk

GOLF IN SEDBERGH

We, that is, Sedbergh Golf Club, may be older than we think!

SGC celebrated its Centenary back in 1996, having been founded, we believed, by Masters of the Hostel of Sedbergh School. It has come to light however, that "Sedbergh Grammar School Golf Club" began in 1877, thanks to one Alexander Hamilton Doleman (1836-1914), an Assistant Master at Sedbergh School from 1876 to 1879, who, having laid out a 9 hole course on The Riggs, organised the first competition for prizes on April 4th, 1877. Ten players teed off and Thompson won, with 60 strokes, followed by Toppin 64, Hinde 66 and Prescott 68.

Sedbergh School therefore probably became the first in England to introduce golf as one of its school games, and the Masters, led by Doleman, effectively formed Sedbergh Golf Club.

Doleman himself was no mean golfer, having previously won a Medal at Cambridge University GC, later becoming a member of both Royal Liverpool and Royal Musselburgh, having finished a wonderful 9th in The Open Championship in 1870 at Prestwick! He was involved in 1886 in the founding of Lytham & St Annes Golf Club, later to be given Royal status.

Golf developed and was clearly well taught at Sedbergh School, for in 1896, a former pupil by the name of Whigam, won no less a tournament than the American Amateur Championship, and in that same year, another Old Sedberghian, one Freddie Tait (Evans House), won the much coveted English Amateur Championship. Both, of course, had played schoolboy golf on The Riggs.

The evidence of a Golf Club in Sedbergh in 1877 would make Sedbergh GC the oldest or first golf



Painting & Decorating

**DOMESTIC & COMMERCIAL
Interior & Exterior**

Excellent Rates ~ References Available

Call Stefan Kliszat
for a **FREE** Quotation today on
015396 20524 or 07971 666 785

club in Yorkshire! Further investigation is on-going!

I am obliged for help and information from Dr Donald Cameron of Cambridge University, also from the late K. C. Bishop Esq, formerly of Sedbergh School, and not least, Mrs Elspeth Griffiths.

David Lord.

**SEDBERGH WANDERERS
FOOTBALL CLUB**

(Seniors)

Saturday 20th September saw Sedbergh enter into the Craven Cup action for the first time this season. We were drawn against one of the top teams from the Craven League, Rolls FC from Barnoldswick. In a

match of very high quality from both sides Rolls FC ran out 7-3 winners, despite Sedbergh going into an early 1-0 lead through 17 year old Alex Fearn. Rolls quickly fought back to a comfortable lead before a late Sedbergh rally saw us score twice late on through Rob Close and Oli Wales, the latter capping an excellent individual performance with his goal. Defeat means we now drop into the Morrison Cup in which Sedbergh are twice past winners. It was also the last game for the ever present Xav Baines and Joe Clare who went off to university the following week.

The following Saturday (27th September) saw Keswick visit Havera Park, with Sedbergh looking to upset

**Auctioneers, Estate Agents
& Property Managers**

70, Main Street, Sedbergh, Cumbria.
LA10 5AD

Tel: 015396 20293 Fax: 015396 21650
Email property@chriswhelan.co.uk
www.chriswhelan.co.uk



**Residential & Commercial
Property Sales**

Residential Letting & Management

Caretaking Services

Property Finding

Negotiations

Advice on:

- Preparing your property for sale or letting
- Free assessment of value for sale and asking price



a side fancied to win the league title this season and who have a 100% record thus far. The game started badly and got worse for Sedbergh, conceding poor goals at the start of both halves and finding themselves on the wrong side of a 5-1 defeat. Alex Fearn, again stepping off the bench to score Sedbergh's only goal.

Sedbergh got a bye in the first round of the Senior Cup therefore had no game on Saturday 4th October, but have been drawn to play Kendal County first team away on Saturday 1st November in round two.

Wetheriggs United were the visitors on Saturday 11th Oct for an early 1.30pm Benevolent Cup match. Wetheriggs are multiple winners of

the Westmorland first division and a side we have a very poor record against. After the two previous heavy defeats Sedbergh changed formation from a 4-4-2 to a 5-3-2 to provide more defensive cover. The change in tactics appeared to have worked when we raced into a two goal lead at half time with a classic poachers goal from Oli Wales turning in a Luke Packham cross from close range, and a magnificent individual goal by the on fire Ali Bainbridge, taking another Packham pass and rolling his marker before rounding the keeper and slotting into an empty net. Sedbergh seemed to be heading for a comfortable 2-0 victory until Oli Wales went down injured with 25 minutes to

Together we are stronger...

Hayton Winkley and Thomson Wilson Pattinson have joined to become South Lakeland's largest law firm. Our bigger team, now operating as Thomson Hayton Winkley, have been dispensing legal guidance and expert local knowledge for more than a century and a half.

Whatever you do in life, you may encounter some tricky legal matters along the way - and our friendly team are ready to guide you through with their unrivalled expertise.

Kate Seymour is still our Sedbergh representative - please do not hesitate to contact her in the first instance on any legal matter.

Kate.Seymour@thwlegal.co.uk



Kendal 114-116 Stricklandgate
Tel: 01539 721945

Windermere 25 Crescent Road
Tel: 015394 46585

www.thwlegal.co.uk

Trusted Solicitors & Advisers
ThomsonHaytonWinkley



go and had to be replaced. Wetheriggs capitalised and fought back to 2-2 by 90 minutes, forcing extra time. Sedbergh soaked up some early extra time pressure before forcing the Wetheriggs keeper into three fantastic saves. Just as the game looked to be heading for penalties Ali Bainbridge struck at the far post to secure a great win for Sedbergh for whom all 14 players played a part, with standout performances by Graham Gardner, Luke Packham, Dean Raw and Rob Close.

The second round draw will see Staveley United come to Sedbergh on the 8th November after they beat local side Dent 4-0 in round one.

PEOPLE'S GYM & FITNESS CENTRE

Fundraising is, of course, the main emphasis of our activities at the moment while we try to build and

equip our annexe at the People's Hall.

The estimate for the cost of the total building project is £88,346. The committee of People's Gym & Fitness Centre (PGFC) had funds in the bank of approximately £29,000 that had built up from subscriptions prior to Baliol closing and they have agreed to provide at least £27,000 to the People's Hall project.

Of this amount £10,000 is advance rent for 10 years. This means that PGFC will be able to operate in the annexe for 10 years without having to pay rent during that time, as it will have been paid upfront. This amount has been paid over and the People's Hall committee has used this advance rent to help them pay for completing the alterations to the front of the hall.

The remaining £17,000 is committed to be paid towards the construction costs of the annexe.

	<p>Kentdale Property & Garden Services Ltd</p>	<p>CONTACT DETAILS</p>
		<p>Martin Whitaker 01931 716443 07415 869068 martinjwhitaker@yahoo.com</p>
<p>All year round garden work undertaken - including hedge cutting, leaf clearance and lawn maintenance. Bookings are now being taken for both private and commercial tenders.</p>	<p><i>Call for a free quote</i></p>	<p>SERVICES</p>
		<p><small>City & Guilds and the City & Guilds logo are trade marks of the City and Guilds of London Institute and used under licence.</small></p>
		<p>Examples of the services I can provide:</p> <ul style="list-style-type: none"> Internal Services <ul style="list-style-type: none"> • Wall preparation • Plastering • Coving • First & second fix joinery • Basic plumbing • Kitchen fitting • Bathroom suite fitting • Ceramic wall & floor tiling • Laminate flooring • Decorating External Services <ul style="list-style-type: none"> • Gardening Landscaping • Grounds & grass maintenance • Hedge trimming • Decking • Patios • Driveway cleaning • Decorating • Conservatories • Garage & porch construction • Drainage works • Paths & steps • Paving • Boundary & garden walls (brick & stone) • Gates & fences <p><small>Terms & Conditions, may apply</small></p>

This leaves a shortfall of approximately £71,346!

Grants

Gina Barney has been tirelessly applying for grants for the annexe and to date has received grant funding of approximately £52,129 from Sport England, the Sedbergh Community Fund and YDNP Sustainable Development Fund.

Grant bids have also gone into The Harold & Alice Bridges Charity, The Craven Trust and the Neighbourhood Forum. We have had an application to the Frieda Scott Charitable Trust rejected because they do not fund sporting activities.

If you are aware of any other sources of grant funding that we can apply for please let the committee know on the contact details below.

Report on Fundraising activities **Gym Aid**

A great night was had by all at our first fabulous live band event - **Gym**

Aid. The four local bands (Triadics, Kev Kendal, Rich and the Poor, and Strawberry Fields) were absolutely brilliant. They gave their time completely free so that all proceeds could go to the building project and we are extremely grateful to them and to Richard Wilson for providing and operating the sound equipment. We are also extremely grateful to Steve Longlands and Ian Hutt who operated the lights which made the whole concert more atmospheric, to Keith Wood and Griz Mason for operating the bar and to Sandra Longlands for her help on the door selling raffle tickets. And of course last but not least a big thank you must go to Brendan Lewes who organised the whole event (mainly from Germany!) without whom it would not have happened. Again all people who gave their time for free.

A good crowd turned out and we made around £500, but it was

Killington Upholstery & Textiles Services

Contact: Rachel 07834485657
Email: rachelcable@kuts.org.uk
Web: www.kuts.org.uk

I was going to the skip.....Look at me now!!

Providing a reupholstery service using modern and traditional upholstery techniques, to breath new life back into tired furniture.

Rescuing chairs makes us happy and we believe that they will make you and your home happy too.

kuts

disappointing to see so few gym members there. Everybody who went said what a good night it was and want us to run another, as live music is so much more fun than a disco. Perhaps we did not make it clear that it was a family night and all ages were welcome. We will let you know when the next one is happening so make sure you keep the date free and help us to make lots of money for the gym while enjoying yourself.

Leaflet drop

You will have noticed a leaflet dropping through your door which is a fundraising appeal being run jointly by the committees of the People's Hall and PGFC. This gives details of how you can help to support PGFC:

- Make a donation – you can make a donation by following the instructions on the leaflet or by handing it to Sandra Gold-Wood or Rosemary Lewes. If you want to Gift Aid your donation please ensure that your cheque is made out to 'People's Hall'. Many of you have already made donations and we are extremely grateful for those donations.

DENTDALE DESIGN
 ~ Furniture Makers ~ Cabinet Makers ~
 ~ Antique Restorations ~
Established over 25 years ago, Dentdale Design are makers of free standing and fitted furniture. We also restore antiques

We would be delighted to discuss any furniture requirements you have with no obligation
 Call us on
 015396 25368, email cheetham@smithyfold.co.uk
 or visit www.dentdaledesign.co.uk

- Take out a standing order for £10 per month (or more!) in return for 6 months' free membership when the gym opens. Please contact us on the details below for our bank details.
- If you know someone who is not getting this newsletter but who would like to be included on the mailing list please get them to send us their email.
- Currently most of this work is being done by three people in conjunction with Gina Barney. We therefore need new members onto our committee, particularly if you have fundraising ideas or just ideas for activities that we can run

GARY ALLAN
Welding & Fabrication

<i>Structural Steelwork, Farm Equipment, Farm Buildings Erected or in Kit Form, Specialist Ornamental Gates & Railings, Fabricated Steel supplied to the Building Trade, On-Site Welding & Repairs.</i>	<i>Light Oaks, Killington Kirkby Lonsdale Carnforth LA6 3EY</i>
---	---

Tel: 015242 76426 Mobile: 07968 411787

- to promote health and fitness.
- Anything else that you can think of to help, such as finding sources of grant funding.
 - We have only had the resources to deliver the leaflets in Sedbergh, and the Gym members come from outlying areas too. If you would like to take some leaflets for delivery in your area or to take to your regular group meeting (WI, choir, worship or whatever) please contact us. These areas would include Killington, Firbank, Marthwaite, Hallbank, Dent, Garsdale, Dowbiggin, Cautley and any other areas that I have not mentioned.

Quiz

Our regular quiz night was held at the People's Hall earlier this month and added £132 to our coffers. Again this is such a fun evening and we could do with a better turnout to reward the efforts of those who compile the quiz, and of course the quizmaster Woody.

Future events

Burns Night

We are holding a Burns Night on

Saturday 24 January 2015. This will fulfil two objectives. It will hopefully raise lots of lovely money, but will also be an activity to help you burn off your Christmas calories. If any of you have ever done any Scottish dancing then you will know that it can be quite energetic (it does not have to be if you want to take is a bit more sedately!). More details will appear in the next newsletter but practice sessions are taking place on a Friday evening in the URC rooms starting at 7.30 pm. There is a break for half term but they will be resuming on Friday 31 October. Please contact us for further details. This is a great way to keep fit and have fun, and to learn some traditional dances so that you can take part at the Burns Night event. Please make sure that you keep 24 January 2015 free.

Keep fit activities

We have changed our name to People's Health & Fitness Centre, as most of you are aware. This means that although we are going all out to build our nice new gym building, we are keen to promote health & fitness. We have tried previously to become a



Malcolm Sedgwick *Joiner*



*We are time - served local tradesmen undertaking all aspects
of joinery work finished to a high standard.*

For free estimates or further information, please contact us on:-
Tel: 015396 20609 Mob: 07527 237 599
e-mail sedgmjm@googlemail.com

Community Amateur Sports Club (CASC). This is a sort of organisation that gives us the same benefits as being a charity but we are not overseen by the Charity Commission. If we were a CASC then we could claim our own Gift Aid tax back from the government. The previous application was turned down on the basis that it is not sufficient just to provide premises, we must be carrying out activities that promote health and fitness. This is one of the reasons why we are trying to encourage people to take out the monthly standing order which demonstrates an ongoing membership even though we have no building, and I believe that the Burns

Night, together with practice sessions, is a healthy activity. Health and fitness can be promoted in ways other than sporting activities, dance being another way. Therefore if you want to run any activities, maybe even a series of seminars on healthy eating for example, anything you can think of to promote health and fitness, again please get in touch.

Visit the gym's Facebook page where you can keep up with the latest ideas and developments. Or contact us on:

Sandra Gold-Wood (Chair)
sangold.kwood@virgin.net Tel: 21808
Rosemary Lewes (Treasurer)
rosel@rlewes.freeserve.co.uk
Tel: 20088

W. DAWSON AND SON LTD

Now In Stock:-

From October

Brites 6mm ENplus wood pellets -----	£225.00 per tonne collected
1m ³ Seasoned Hardwood Logs -----	£85.00
2m ³ Seasoned Hardwood Logs -----	£160.00
1.2m ³ Hand Stacked Crate of Kiln Dried Logs -----	£135.00
2m ³ Hand Stacked Crate of Kiln Dried Logs -----	£220.00
10kg of Blazers Heat Logs -----	£4.00
Nets of Kiln Dried Logs -----	£4.00
25kg Best Quality Runner Peanuts -----	£30.00

Station Yard, Sedbergh LA10 5HP
 Tel: 015396 20210

e-mail: office@dawsonsofsedbergh.co.uk
www.dawsonsofsedbergh.co.uk

SEDBERGH & DISTRICT CIO

Annual General Meeting

The second Charitable Incorporated Organisation AGM was held in the People's Hall on Monday 13 October when progress made since the first AGM held in November 2013 was reviewed. For the first five months of the period up to the end of March 2014 the trustees concentrated on defining the CIO's objectives and governing structure, and various enabling tasks.

The objectives are:

- To identify and bring into being projects which will benefit the Community. To maintain the charity shops to raise funds for disbursement to charitable causes

in Sedbergh and District.

- To maintain the premises at 72 Main Street and ensure that they are used to the benefit of the Community.

The trustees sit on five sub-committees, Projects, Building, Finance, Community Fund and Charity Shops to carry out the objectives of the CIO.

Enabling work was carried out for the Police to move into 72 Main Street, the establishment of the Charity Bookshop, the purchase of the building from the White Knights and more mundane tasks such as opening a bank account.

The CIO effectively "went live" on 1 April when it took over the accounts from the Heritage Trust and the responsibility for the day to day management of the Charity Shops and the disbursement of funds.

On the projects front two major projects have been identified:

- The establishment of a First Responders Team was the first project identified by the trustees and its feasibility has been researched in depth. A meeting was held in the People's Hall on Tuesday 7 October when the project was launched and it is hoped that the Team will be up and running within the next twelve months.
- A youth project is being developed. First thoughts are that the Monkey House Youth Group should be resurrected and a BMX or similar facility should be built in addition to giving young people

**Does your garden
need an overhaul?**

*grass cutting
hedge cutting
flags laid
trees pruning*

Can't find the time to look
after the garden you love?

just call

07980 154377

*let me do the work
whilst you relax*

more say in the community. Improvements to the building continue and installation of double glazing on the first floor has started. A Health and Safety audit has been carried out together with a risk management assessment and utility suppliers have been reviewed.

Financial procedures are being reviewed and the two charity shops continue to thrive with net takings up by about 35% during the first six months of the current financial year which will make more money available for grant funding.

In conclusion the debt of gratitude owed to David Ramsbottom, without whom there would be no charity shops, and Ian Cockburn, secretary for the first year, was acknowledged.

Tony Reed Screen, Chair

Orthopaedic Massage
Orthotics
Kinesio Taping
Sports Injuries
Back/Neck Pain
Sciatica
Shoulder, Hip or Knee Pain ...
www.reflex-om.com
Follow me on


REFlex
remedial massage




REFlex
orthopaedic massage

015396 24871
Josephine Lade LCSP (Phys)

ROSE COMMUNITY THEATRE

Here we go again. This coming year 2015 it's a Western, 'Ye har and go fur yer gun.' But just before the rehearsals begin in earnest it's the 'Hildas! Yes it's the RCT's very own awards night and invitations have gone out to members of the RCT past

and present also to parents and friends of the RCT for this glittering night of stars, tears and thank you's. To everyone from the director, his mum, your mum, his dog and his bin-men. So on Friday November 14 the 'Hildas' will light up the People's Hall with all the diamonds and sparkling tiaras worn by the great and the good in attendance. This year the PH will become the 'Casino De Rosso' those of you who came to this year's show, 'Turnabout Abbey' will remember it in the opening scene where 'Lord Chummy Firbank' won all his dosh only to lose it again. The evening includes the Hildas award ceremony with glittering prizes all purchased at no expense from the Clutterbooks and Clobber followed by a Jolly Jacobs Join, Music and a Raffle. And you never know you may even win Big on the Tables! If by chance you haven't received an invitation and you like to dress up to the nines, after all we ladies don't seem to have enough occasions to get into our best evening frocks or to see our other halves dressed in their *bestest whistles* (whistle and flute suit). So why not take the opportunity of liberating the family jewels from the pawn shop and come along to this evening of evenings. Just give me a call 015396 21808. All proceeds toward the RCT's performance costs.

The RCT will be taking over the People's Hall to perform 'Hazardous Hilda Rides Again', on Thursday March 12/Friday 13/Saturday 14; evenings 7.30pm with Sat matinee at 2.30pm. *Sandra Gold-Wood.*

SAM KONCZYNSKI



Carpets & Floor Coverings
Supplied & fitted
Telephone
07771 97 00 96

DENT DALE MEMORIAL HALL

My personal, and the trustees corporate, thanks to everyone who helped in any and every way at and with Dent Gala on August Bank Holiday, it was a great day and raised a lot of money. Never ones to sit still for long work is on going to improve light and appearance of the Sedgwick Room, do bare with us if it is not completed for a while, it is available for use.

There is hope of Flicks in Fells returning now the main Hall windows have blinds to help with the sound difficulties, one or two fund raising events in October and possible future events and grant applications will further boost our funds and enable improvements and the day to day running to continue. Our costs go up but we do not want to increase the hire charges so need money from somewhere. If you or the organisation you are part of have any ideas for raising funds do get in touch, especially if you have people able to assist.

Sarah E Woof
(Chairman DDMH Trustees)

LAST POSTAL DATES

The last date for Christmas Post are as follows:-

- 4th Nov** Cyprus, Eastern Europe, Greece, Iceland, Malta, Turkey
 - 18th Nov** Western Europe
 - 28th Nov** International Standard to operational HM Forces Mail
 - 3rd Dec** Asia, Far East (including Japan), New Zealand
 - 4th Dec** Australia
 - 5th Dec** Africa, Caribbean, Central and South America, Middle East
 - 8th Dec** Cyprus, Eastern Europe, Greece
 - 9th Dec** Canada, Poland
 - 12th Dec** USA, International Standard to static HM Forces Mail
 - 13th Dec** Western Europe (excluding Greece, Poland)
 - 18th Dec** 2nd Class and Royal Mail Signed For® 2nd Class
 - 20th Dec** 1st Class and Royal Mail Signed For® 1st Class
 - 22nd Dec** Parcelforce Worldwide express48
 - 23rd Dec** Royal Mail Special Delivery Guaranteed Parcelforce Worldwide express24
- Further information is available from the Post Office.

EDWIN MIDDLETON

JOINERS



All aspects of site joinery work
30 years experience
We design, manufacture purpose made joinery in our own workshop.
All your requirements fully fitted.
UPVC windows & doors
Free Advice and Estimate
Phone: 015396 25431 or 015396 20074
Mobile: 07779 049103 or 07814 149105

THE TREE OF FRIENDSHIP

I was in our twin town Zrece over the summer and noticed that the tiny apple tree I took there from Sedbergh a few years ago as a symbol of our twin town's mutual friendship is now bearing the most enormous fruits. I first heard about this when I went for supper in Jurcek's pub opposite the bus station and he produced an apple the size of a small melon which he had picked that morning. The tree itself is well protected and looked after and has a brass plaque saying: "May our friendship always be fruitful." It grows alongside a vine grown from a cutting taken from what is believed by some to be the oldest vine in the world which grows in Maribor.

The apple tree which was brought from Zrece in the bus bringing the Zrece town band to play here is also growing very nicely beside the footpath outside the Howgills Bunkbarn.

Next year we will be celebrating the 10th anniversary of our twinning with a visit by singers from Sedbergh to Slovenia in May, and by singers from

FIREWOOD

Dry Seasoned Wood
Large & Small Loads

Call

015396 25484

Zrece to Sedbergh soon after - let me know if you'd like to join us.

David Burbidge



HOUSE CLEARANCES



Full or Part ~ Free Quotes

015396 22156 or 0793 252 1901

Houses ~ Garages ~ Sheds ~ Gardens

*Also: Courier Service taking items
to Auction on your behalf*

BUS TRANSPORT

Saturday Bus to Kendal

As reported last month, the present Saturday 564 bus service to Kendal is going to end on November 1st.

However, Sedbergh residents will still be able to catch a bus to Kendal on Saturdays because Western Dales Bus, the local community bus driven by trained volunteers, will be providing a service instead. A new Saturday 564A timetable will start on November 8th, with four journeys between Sedbergh and Kendal each Saturday.

The first journey will get into Kendal for 9 o'clock, and the timetable will allow passengers to spend different amounts of time in the town, from just under an hour and a half to nearly three, four and even seven hours.

The route will also give other opportunities, including shopping, as

The People's Hall

Howgill Lane, Sedbergh LA10 5DQ

*Available for hire for
all kinds of functions...*

- ❖ Parties ❖ Meetings ❖ Concerts ❖
- ❖ Jumble Sales ❖ Dances ❖
- ❖ Theatre ❖ Discos ❖ Lectures ❖

For availability and bookings –
Sedbergh Office Services ☎ 015396 20788
www.peopleshall.org

the bus will always go via Asda and the hospital in both directions. On one journey, it will give an hour and a quarter at Morrisons as well.

The bus will also connect with trains at Dent Station, for a day out in Leeds or Carlisle, going out on the 1016 or 1040 trains and returning on the 1732 or, if a request is made to the driver on the day, the 1920 or 1923.

The Western Dales bus can carry 14 passengers, which is fewer than the Grand Prix bus used at present, but the company will soon be acquiring a slightly larger and more comfortable vehicle, which will increase capacity to 16. In the meantime, passengers who are able to travel into Kendal early or in the afternoon are less likely to be affected by any overcrowding.

More information about the service is available at www.westerndalesbus.com and timetable leaflets are available on the bus and from the Sedbergh Information Centre. The full timetable is published on page 99 of this edition of Lookaround.

**Paul
Hoggarth**



Building Contractor

**6" Wood Chipper For Hire
Small Plant Hire**

015396 21413

07968 977429

**YORKSHIRE DALES
NATIONAL PARK**

Access Forum needs new members

A group that helps to improve public access and recreation in the Yorkshire Dales National Park is on the lookout for new members.

There are currently eight vacancies on the independent Yorkshire Dales Access Forum, which provides guidance and advice on ways to improve and manage public access and opportunities for open-air recreation in this beautiful landscape.

Mohammed Dhalech (correct), the Yorkshire Dales National Park Authority's Access Development Officer, said: "The forum's job is to work with individuals and organisations who live and work in the 680 square miles of the National Park and those who use or visit the area for leisure and enjoyment, and to advise on ways to improve access

and recreation in this special place.

"This can be anything from looking at mobility issues to suggesting an upgrade of a specific footpath. The members also respond to consultations on a range of documents and strategies issued at local and national level."

The forum members should represent a balance of interests ranging from land management and agriculture to local business and outdoor recreation, although there is currently under-representation in land management and farming.

The forum meets three times a year, but some members also sit on a variety of advisory groups that meet regularly to consider specific issues in more detail and report back accordingly.

Chairman Alistair Thompson said: "Access forums were set up to improve access in the countryside and to help resolve potential conflicts between those who own and work the land and the people who use it for recreation. For that reason, it is important that the members have a range of interests that enable the forum to represent a balanced view."

The deadline for applications is November 7, and anyone who would like to be considered can obtain more information by contacting Mohammed Dhalech on 01969 652363 or by email at accessforum@yorkshiredales.org.uk or by visiting the National Park Authority's website at <http://www.yorkshiredales.org.uk/ydaf> .

SEPTIC TANK EMPTYING

Fast efficient Service
Very competitive prices

SKIP HIRE

Ideal for rubble, soil,
builder's waste and stone

Ryan Simpson

07766 971 167

015395 68318

rysimpson@live.co.uk

neighbourhood alert

Trading Standards have been alerted by a local company regarding the latest publishing scam aimed at businesses. The scam involves unsolicited telephone calls from a company claiming that they are representing Cumbrian Community Magazine and the Police and that the business has taken advertising with them and they want payment for it.

This type of scam is common. Typically the publisher will cold call a business selling "advertising space" in a publication, magazine, wall chart or diary. The publishers will usually associate themselves with a good cause such as the emergency services, youth or drug awareness to encourage placement of an order. Often the publication will exist but will only be distributed to a very small number of people. If you receive such a call please follow this advice:-

- Never agree to place an advert or article in a publication over the telephone unless you are sure about legitimacy of the publisher you are dealing with
- Ask questions: How did they get

Oliver Higginbotham

LOGS

Hardwood, large and small loads,
bulk bags + sacks

Email: oliverhigginbotham@gmail.com

Mobile: **07904 698 794**

Tel: 015396 21073

CARPET CLEANING

by Simon Parkin, Sedbergh

DOMESTIC & COMMERCIAL PROPERTIES

Carpets & Upholstery

For a general clean, odour removal & treatment of stains

No job too **big** or small

Fully Insured

Free Quotation. No Obligation!

Call: 07973 704664



your number, can you see a copy of the brochure?

- Report any concerns to Trading Standards or the Police

If you receive an invoice for a listing/advert you do not believe you have ordered, write back stating this to be the case. Seek advice before making any payment.

Please help stop the scammers by sharing this information and warning others. Report the scam to Trading Standards via the Citizens Advice Helpline on 03454 04 05 06 or Action Fraud www.actionfraud.police.uk, telephone 0300 123 2040.

SPEEDWATCH

I was interested to read Colin Cowperthwaite's letter in the October issue. Speeding in the 30 mph limit has bothered me for sometime. I regularly walk down Station Road to work and the section between Queen's Gardens and Close's garage is particularly narrow. I find it quite intimidating as wagons and large vans get very close to you when meeting a vehicle coming the other

Cumbria Stove Centre
 Supply and installation of
 wood, coal and gas stoves
 Flue and chimney lining services
 Inglenook specialists
 Fully qualified and experienced
 Hetas engineers
 01539 821061 (day)
 015396 25227 (evening)
 SHOWROOM:
 34a Main Street, Staveley, Nr Kendal

Howgill Upholstery
 Traditional Re-upholstery
With a lifetime of experience

 Chairs, Dining Chairs, Stools
 and Occasional Furniture
 Cushions Refilled
 The Barn Howgill Lane Sedbergh
 015396 20733
 neil@howgillupholstery.co.uk 

way. Often the drivers are on their mobiles or texting while looking at delivery notes or some such in the other hand whilst steering with their elbows. This is scary when it's a 40 foot artic doing 40+mph. I quite often see cars overtaking in this section when a responsible driver is trying to stick to the speed limit. I have even seen a motorbike doing a wheelie!

I have spoken to one or two people I meet and they find it an uncomfortable place to be. One person I know doesn't dare walk it anymore.

I, too, thought about volunteering for the Speedwatch initiative but decided I couldn't cope with the inevitable hassle from the speeding motorists that knew me. It did occur to me that, maybe, if we didn't operate the gun in our own town by going to say, Milnthorpe, and two people from Milnthorpe coming to Sedbergh, it might take some heat out of the situation.

I am quite well known in Sedbergh but have asked the editor not to print my name and address as I do not

want any negative feedback or worse.

Yours faithfully
A motorist & a pedestrian.

Editors Note: This subject has become quite a Hot Potato. I have had many comments given to me in support of what has been reported but people are very reluctant to put their head above the parapet and speak openly for fear of repercussions, which is shame when the only thing that is trying to be achieved is a safer Sedbergh. The day when someone is killed or injured is not so far away - but maybe I should not take such a positive stance and just let it happen.

David Jackson

**Drystone Walling
 Gaps/Repairs
 H. L. S. Walling
 Stonework
 07811 756410**

DENT ALLOTMENT ASSOCIATION.

It has been a great growing year for most of the plot holders on Sunnybank allotment. We have all certainly enjoyed the sunshine, some might have even welcomed a little rain!

The Midsummer BBQ held on the 21st June brought more sun. Many plot holders came together for some fabulous salads, a little tippie and meats on the huge oil drum barbecue kindly lent by Lynn and Chris Comerie.

On Saturday 18th October, Pip Hall and Lucy Sandys-Clarke invited all the plot holders to join in a 'Celebration of the Vegetable Feast' in the Memorial Hall. They were skilfully aided by Sous Chefs, Dottie-Lys and Peter Stevenson, John Sibley and Briony.

And what a candlelit feast it was...

Homemade Vegetable Crisps, Cauliflower Frittata, with the most delicious garlicky pesto. Next came Vegetable and Goats Cheese Wellington with Dauphinoise Potato and a Medley of Greens. The third course was a Tarte Tartin and Chocolate Roulade. This was all polished off by some beautiful local cheeses on homemade biscuits. The presentation and quality of the food was amazing, enjoyed by all.

Guests were asked to donate offerings from their allotments or a donation of money on the evening. The proceeds kindly are for Dent allotment association. A very big thank you for all your efforts.

November is now upon us and we

look forward to next years harvest, minus a few rabbits!

If anyone in the Dent area is interested in having a plot on Sunnybank site please contact myself Catherine Hartley 25815.

Apple Macintosh & iPad Help & Advice
problem solving - upgrades - installations

Video to DVD Transfer
preserve those irreplaceable home movies

**Audio Cassette & Vinyl Record
to CD Transfer**

I'm afraid I don't do PC/Windows related work.
The best advice I can offer in such cases is 'Get a Mac!'

Contact Andrew on 07788 688490
or email: andrew-allan@virgin.net

SEPTEMBER WEATHER

Yet another dry month with only 0.4 inches of rain and an official drought as well!! It must certainly be the driest September for me in more than 50 years! It was also a reasonably warm month with a high of 73.9F (23C). The "lowest" high was 60.4F (18C). We had a couple of nights when the temperature was 60+F at bedtime! There were only two nights when the wind chill factor dropped into the 30sF. Winds were moderate only reaching a maximum of 13.9mph which reflected the moderate pressure during the month. On only 6 nights was the maximum gust not from the North West.

Already it seems that many birds have moved on, especially the house sparrows and goldfinch, as I am not filling the feeders anything like as often as previously. The rat problem has been a major factor this month

J. E. WILKINSON

BUILDING CONTRACTORS

Quality Craftsmanship

New Builds • Renovations

Roofing • Plastering • Stonemasons

Lime Plastering & Pointing

WINNERS

YDNP BEST BUILDING DESIGN AWARDS 2010

NEW BUILDING CATEGORY

Tel: 015396 25531 Mob: 07989 197580

with me having to resort to poison, which I don't like doing, but the problem had become such a major issue it was a case of needs must. For a few nights at least 10 blocks were going, plus a few in traps, this seemed to get on top of the problem without any problems elsewhere. If you are putting food out for the birds these vermin won't be far away so beware. The other problem has been the continuation of wasps. I have also heard of a nest of hornets being dealt with in the area! Midges have been plentiful so anyone putting tups in early risk the possibility of Schmallenberg virus being transmitted to their sheep. With signs of Autumn with us there have been good crops of hazelnuts to go with the earlier brambles and sloes. Elderberries have also cropped heavily this year. Butterflies have been noticeable by their absence this year in spite of a decent summer. The curlews have followed the swallows to their winter quarters but they usually only go to the coast in their migration. When we lived in Cleethorpes it was not unusual to see

at least a thousand feeding on the beach. Before they cleaned up the sewage outfall they used to make a bee line for that!!

1st SEDBERGH SCOUTS

It is getting to that time of year again, where people are discussing at what point should we start celebrating Christmas? Well 1st Sedbergh Scout Group are again operating the Scouts Christmas Post, in and around Sedbergh. We would like to take this opportunity to say thank you in advance for the support we get for the Christmas Post. As the Group continues to expand and offer exciting activities for children aged 6 – 18 this is still our main fundraising opportunity and the proceeds are returned straight back into Scouting to subsidise activities across the sections.

The Scout Post will be running from the 24th November until the 18th December, with collections and deliveries undertaken throughout that time, the price remains the same again this year with a suggested donation of 25 pence per card.

As the Group continues to grow from strength to strength we are always keen to welcome adults who feel they would like to get involved too. Whether you have specific skills or just enthusiasm for helping to expand the opportunities we can offer one or all of the sections, please contact Bill Mawdsley or come along to a meeting and speak to one of the leaders.

Toby Hubbard

PEOPLE'S HALL NEWS

The People's Gym members have made a leaflet drop appeal for donations towards the building of the Gym. Please consider giving a donation to what will be a marvellous community asset. Gift Aid, if you can, as this increases your donation by 25%.

The "Gym Aid" Quiz on 10 October 2014 raised £132.59 towards the Gym "roof".

The Coffee Morning on 24 September 2014 raised £211 towards the front works.

Smart Office have now taken over the booking arrangements for the Hall. They are in the same place as SOS and with the same telephone number (015396 20788). Faye and Clare will be pleased to help.

At this moment the Management Committee would like to thank Janice Rusling and her colleagues for her sterling work over many years taking the bookings, answering queries, etc. We wish her well in her future endeavours.

The People's Hall is constitutionally bound to serve the civil parish of Sedbergh, which is mainly covered by the LA10 post code, and includes Garsdale and Dent. We also serve Firbank, Howgill and Killington. We were told by a hirer from outside our service area that our hire fees were low. So the Management Committee has increased the hire charges for hirers outside of our service area. This will help with our redevelopments costs.

At last we have been able to mount

the last two rows of donation bricks. We are grateful to The Gallery for framing these for us.

Date for your diary

Friday 7 November, Touring Highlights *the Monster Ceilidh Band*, in People's Hall

*Dr Gina Barney, Hon
Secretary/20790*

PS We are still looking for a Treasurer.

Stephenson & Wilson

15 Fell Close, Sedbergh LA10 5AP

General Builders

Plastering ~ Roofing ~ Extensions
Fire Places Fitted

Paul Stephenson
015396 21557
07810 595543



Tom Wilson
015396 20954
07790 946578

SEDBERGH & DISTRICT CHAMBER OF TRADE & BUSINESS

The AGM of the Chamber will be held on the 17th November 2014 in the Peoples Hall to which all are invited – both members and non members, friends and family.

There will be half an hour at the beginning of the gathering (7.00pm) where only Chamber members can speak and officers are elected but all can attend and then a further meeting from 7.30 when all attendees are invited to comment and offer constructive feedback. At about 8.15pm there will be cheese and wine (to be purchased locally) followed by a speaker. The cost of a ticket will be

£5.00 which will be donated to a local charity.

The speaker will be Brian Capstick who will talk to us about "The Landscape" and how the businesses that he is supporting locally can fuse the physical landscape with the commercial and political landscapes to generate opportunity and revenue over the medium to long term. This should be of great interest to all of us who value the Dales landscape which is sustained largely by our farming community

We hope that as many of you as possible will join us and new ideas to promote the success of Sedbergh and Dent will be welcomed – and you don't have to be a member to promote an idea!

Tickets for the AGM can be purchased from the Community Centre or the Craft Workshop or by emailing Barbara at barbara@garsdalededesign.co.uk



Gardening

Design
Maintenance

Ponds ✿ Summerhouses ✿ Pruning
25 years experience
Local references

Mark Barker
01539 62 3239
0770 99 77619



INFORMATION & BOOK CENTRE
Hi again from 72 Main Street. Many of you will have been in recently to renew your parking permits for Joss

Lane and Loftus Hill car parks, and we hope you took a moment to look round the wide range of second-hand books and browse our information displays for ideas for things to do outside Sedbergh and district (if you ever run out of things to do in the area, that is). We will also be able to keep you up to date with changes to the Kendal/Kirkby Stephen bus services.

If you come in now you will find that we have Christmas cards on sale – as before, we have a mix of cards for good causes and some of Hilary Moore's winter scenes. These are all bound to sell well so it's a good idea to come and stock up soon.

While you're at it, you might want to take a Sedbergh calendar or two with you ... these have been produced again from the work of local photographers and are perfect to send to relatives and friends to remind them how beautiful the countryside is, not to mention looking great in your kitchen or office to remind you how beautiful the countryside is when it stops raining.

There may well be something in this edition of *Lookaround* about this year's Late Night Opening, which will be on Wednesday 3 December (See page 33). We are transforming the information centre into Santa's Grotto for the evening; Santa will arrive around 6pm and will be here until 8 or 8.30. It's bound to be a fun evening, let's hope it's good weather as well, and do look out for more information around the town.

See you soon!

Andi Chapple

LADIES N.F.U.

Details of our Meeting held on the 21st October will be in the December Lookaround due to the Lookaround deadline of the 19th.

The November Meeting will be held on the 18th when our Speaker Susan Garnett will tell us all about her Pilgrimage to Oberammergau. Do try and join us in the Peoples Hall at 7.30 p.m. you will be most welcome.

On the 19th of November we are holding a Coffee Morning in the URC Rooms from 10.00 a.m. onwards, proceeds are in aid of St. John's Hospice at Slyne.

The Hospice is funded entirely by Charity and are facing a challenging time financially at the moment. We hope to have a busy morning, and as the famous catchword says "Every Little Helps" it really does.

Marlene Mason

YOUNG CUMBRIA

Thank you to all who supported our Bingo Event in September. Special thanks to South Lakeland Housing, Young Farmers, No. 6 Finkle Street and Steve & Vicky as without you, events like these wouldn't happen.

The amount raised totaled over £400 and this will be split between Young Farmers and Projects for young people in Sedbergh.

The next Bingo Event will be in January 2015.

*Paulyne Hartley
Young Cumbria*



stramongate press

printers

printers

of

Sedbergh Lookaround

Stramongate Press Aynam Mills
Little Aynam Kendal Cumbria LA9 7AH

phone 01539 720448
fax 01539 730253
e-mail info@strampress.co.uk
website www.strampress.co.uk

SEDBERGH & DISTRICT COMMUNITY FUND

The next allocation of funds will be made on Wednesday 10 December. The closing date for applications for a grant from the Fund is Friday 14 November. Application Forms and guidance notes are available from the Sedbergh Information Office."



**Traditional, Frame and Mini Marquees
Furniture Hire**

Why not hire a marquee or furniture for that special occasion.
Weddings, Parties & Corporate Events

Tel: 015396 20602
office@killingtonmarquees.co.uk
www.killingtonmarquees.co.uk

NOVEMBER GARDENING

At this season, when most plants are dying down for the winter, it is good to have things in the garden which are bursting into life and flowering. A great favourite in my garden is the winter flowering *Viburnum*, *Viburnum x bodnantense* 'Dawn' which actually puts forth its first flowers in late August and goes on blooming until late April. The flowers are pink in bud and white on opening, and are born in small bunches all along the tall (10ft) bare winter stems. They have a heavy scent – wonderful out of doors, but almost too overpowering (with shades of old wet dog) when picked and brought into the house. This *Viburnum*, along with its parent *V.*

farreri has several other named cultivars – 'Deben', 'Charles Lamont', 'Candissimum' (pure white flowers) and 'Fioretta' (Dwarf).

Also well into flower this month are the first of the Mahonias. The cultivar 'Charity', with its upright racemes of rich yellow flowers, is probably the best known and widely available, but 'Winter Sun' has more strongly fragrant flowers and this, and the cultivar 'Lionel Fortescue' are more compact plants.

Underplanting for both of these could include the lovely foliage plant *Arum italicum* 'Pictum' which sends up its new leaves – arrow shaped, dark glossy green with creamy white veins - in October. I also like *Tellima grandiflora* which retains a tuffet of mid green, reddish backed leaves through the winter, "Black Grass" *Ophipogon planiscapus* 'Nigrescens' with its mat of strap like black leaves, and the wonderful, stiff seedlings of "Caper Spurge" *Euphorbia lathyris* which have rigid rows of grey leaves with white midribs.

Elaine Horne

WESTERN DALES BUS



Volunteer Drivers are required for the Western Dales Bus which operates throughout the Dent Dale.

If you would like to drive the bus, please ring the Sedbergh Community Office on 20504 and leave details or view the Web Site at

www.westerndalesbus.co.uk

McMILLAN COFFEE MORNING

.... in Dent

Many thanks to everyone who helped in any way and supported the 'biggest coffee morning in the world' event in Dent Memorial Hall on 26th September - the final total banked was £530 so a great effort I am sure you would agree! There were so many hard workers serving coffee, selling raffle tickets, washing up and clearing away at the end - my sincere thanks to them especially and also to the children and staff of Dent Primary School who allowed us the use of the Hall and helped raise such a terrific amount for the Macmillan cancer support charity. My grateful thanks to everyone.
Dorothy M Vernon

McMILLAN COFFEE MORNING

On Friday 26th September No.6 Finkle Street hosted its first fund raising event and became part of the **World's Biggest Coffee Morning**. Macmillan Nurses are always there and their support to both sufferers and their families is essential. Cancer is the toughest fight many of us will ever undertake, with the advancement of medicine over the years people are now learning to live with cancer. With the amazing £347.75 we raised it will go a little way to make it easier for Macmillan Nurses to help make sure no one has to face cancer alone, from diagnosis, through treatment and beyond. Thank you, thank you, thank you to everyone who donated cakes, prizes, their time and money to such a brilliant cause.

Jacky Baines



Dear sir,

Whilst on our way to have a few days holiday in Hawes, we were unfortunate to have a puncture which threw our car into a stone wall. This happened on the A684 about 4.30 pm on Tuesday 23rd September. A farmer stopped to help, being a disabled person with a walking disability. The R.A.C. receptionist was less than bright, the farmer spoke to her because she wanted me to walk and find a landmark. The farmer then rang another farmer to find out the postcode nearest to our accident. The farmer told the R.A.C. then helped us put the car into a safer place. The R.A.C. said we would have a wait of one to one and half hour wait. The farmer left saying he would see us on his way back. But the R.A.C. man arrived in less than twenty minutes, so we were sent on our way before seeing the farmer. We hope through your magazine to say a very big thank you to the farmer. We did not get his name. hope you can help.

Yours sincerely

Olive and Cliff Blake.

EDITORIAL

The bad news was that we had a Collection Box stolen from Dent Stores. The good news is that the suspect was located, interviewed and charged with the theft. The person will be dealt with which is good news but there was and will not be any compensation on this one. Well done to those involved to get it sorted and hopefully, there will not be any more theft of Charity/Collection Boxes from anywhere.

From this month, there are changes to the Bus Timetables for our area. I have worked hard on trying to get them right but I may have made errors so please call into the TIC and get the latest pamphlets covering the routes. Any updates will be made next month.

Please remember that there is no January issue but a double December/January one and that it will be in full colour. Don't forget your Christmas Messages and events for January.

There are four new Advertisers that are appearing from this month. I say a big thank you for joining us and welcome to the Lookaround. They are Simon Shaw of Lakes Scaffolding (13), David Jackson Drystone Waller (85), Gillian Rea giving English & Drama Tuition (68) and James & Nina of the Three Hares Café (16). Please give them your support and please mention that you have seen their details in Lookaround.

Dennis J Whicker

9	2	1	6	3	7	5	4	8
4	5	6	1	8	9	2	7	3
7	8	3	2	4	5	6	9	1
2	4	9	5	6	8	3	1	7
3	7	8	4	2	1	9	6	5
1	6	5	9	7	3	4	8	2
8	3	4	7	9	2	1	5	6
6	1	7	3	5	4	8	2	9
5	9	2	8	1	6	7	3	4
2	9	6	3	7	1	8	4	5
5	8	7	2	4	9	3	6	1
1	3	4	6	8	5	7	9	2
8	2	3	4	5	7	9	1	6
7	5	9	8	1	6	2	3	4
4	6	1	9	2	3	5	8	7
3	1	2	7	6	8	4	5	9
9	7	5	1	3	4	6	2	8
6	4	8	5	9	2	1	7	3
1	7	3	8	4	5	2	6	9
4	9	8	1	2	6	5	7	3
2	6	5	7	9	3	4	8	1
3	2	1	6	5	4	7	9	8
9	8	4	3	1	7	6	2	5
6	5	7	2	8	9	1	3	4
5	3	6	9	7	1	8	4	2
7	1	2	4	3	8	9	5	6
8	4	9	5	6	2	3	1	7

**DENT DALE
CHRISTIAN FELLOWSHIP**

At our September gathering we did two rather different things, first we divided into two groups and went to the meeting of the old ways and the new routes, taking the verse from the Bible from Jeremiah 6 v 16 about looking for ancient paths. We prayed for God to bless the area around us especially the Dentdale valley. One group went to the meeting of the old "occupation road" and Kingsdale, the other to its meeting with Barbondale. Once back home in the warmth we added Bible verses and prayers to bunting tied around the house to "encompass" the house with praise, then we had supper together. Future months will revert to testimony and praise. All part of making time with God.

S and J Woof. 015396 25212

**EXPERIENCED
DRESSMAKER**

Made to measure
Skirts, Dresses, Suits,
Bridal, Ball Gowns, etc.
Also alterations undertaken
All made to the Highest Quality by
SHEILA SHUTTLEWORTH
Tel: 015242 - 74322

HAUNTED SEDBERGH

and the surrounding areas.

Have you ever seen a ghost? Have you experienced something inexplicable that has made the hairs on the back of your neck stand up? Perhaps you've felt a presence or

caught a glimpse of a figure in an empty room.

Local authors Simon Kurt Unsworth and Rosie Seymour want to hear your ghostly stories about Sedbergh and the surrounding areas for a collection they are putting together. We can't pay you but if we use your story we will credit you in the acknowledgements and make sure you get a copy of the book.

If you have something you'd like to share, please get in touch with us on 015396 21879 or e mail us at rosieeespecialitytea@gmail.com

worship@peopleshall

October leaves were gleaming golden as we gathered to hear Chris Fawcett lead the service. It was good to see lots of people of all ages arriving, some who were farmers were volunteered to demonstrate (without dogs!) how they gathered their sheep! Chris then spoke about the Good Shepherd. There was a lovely atmosphere with lots of young people. The next will be 2nd November and don't miss the Christmas special on 7th December. Everyone is welcome.

Sedbergh Methodist Church

COMMUNITY OFFICER REPORT

11/09 - ASB was reported to us in the Firbank area.

13/09 - A report of a dog locked in a van at the peoples hall under stress, officers attended and the vehicle had left prior to our arrival.

13/09 - RTC at Garsdale 1x motorcycle with injury non-life

<p>threatening.</p> <p>14/09 - ASB was reported from a flat on Main St Sedbergh.</p> <p>17/09 - Sedbergh School reported a burglary, with an I Pad and monies taken.</p> <p>19/09 - Caller reported issues with the zebra crossing on long lane due to the white lines faded, needless to say all the lines in Sedbergh have now been repainted!</p> <p>20/09 - Criminal Damage caused to callers vehicle on Back Lane.</p> <p>24/09 - A public order offence was reported on Main St Sedbergh.</p> <p>29/09 - A Quad bike was stolen from the Howgill area but was recovered nearby.</p> <p>08/10 - Theft of the bottom board from the boot of a car.</p> <p>09/10 - Reports of a vehicle doing hand brake turns on Birks Lane. Observations were passed to patrols.</p> <p>11/10 - 2 vehicle RTC on the A683 at Cautley.</p> <p>13/10 - Theft of Honda quad bike from Dowbiggin.</p> <p>13/10 - Highway disruption on A684. Barriers and cones from the roadworks were being blown all over the road. This was passed to and dealt with by highways.</p> <p>14/10 - Burglary in the Killington area. Numerous items of value stolen. There have been a number of break ins and thefts recently in the rural area, please be vigilant and take extra care in locking and securing all premises, vehicles and out buildings. Keep anything of any value out of</p>	<p>sight and report any suspicious people or activity.</p> <p><u>Please note:</u></p> <p>Police Desks</p> <p>In each Neighbourhood Policing Team area in Cumbria a location in the community has been chosen, from supermarkets to community centres, where one day a week a police officer or police community support officer will be available to speak to local people. Your local police desk is in the Sedbergh community building above the tourist information centre 11am-2pm every Wednesday. Please feel free to come and pay us a visit.</p> <p>We are encouraging people to come visit a Police Desk to:</p> <ul style="list-style-type: none"> • Tell us of a crime or road traffic collision • Arrange to make a statement • Get some crime prevention advice • Get some personal safety advice • Find out more about your local policing team • Find out details of partner organisations that could help you • Let us know what you think of policing in your area and what concerns you <p>And finally, Cumbria Constabulary appreciates the number of calls coming into us regarding suspicious vehicles and persons. Please continue to do so. Also, please remember to keep your vehicles locked, and keep anything of any value out of sight.</p> <p>Kind Regards,</p> <p style="text-align: right;"><i>Danielle Ayers CSO 5329</i> <i>Mandy Coleman CSO 5244</i></p>
--	---

A B C D E F G H I J K L M

2	22	10	20	10		16	13	2	8	16	3	13		8	
	19			25		17			19		14	22	9	16	
18	11	22	12	12	16	14	9	G	22	13	21	16	24		26
				25								13	16	21	
21	14	19	2	1	11	16			13	2	20	21		13	
19			1		20				16			11	20	22	18
13	22	9	16		15	22	17	22	12	11	16			14	
8			17			12			22		14	25	19	10	
	13	11	16	22	6	17			26	4	22	13		10	
	22			15		13				12			13	22	3
7	25	20	21	16		4	22	23	20	14	2	22			16
	2		22			22			20		16	26	19	21	
8	16	22	5	16	10	11	17		6	16	10			20	
25		14		11			20		11		21	25	10	22	
12	14	16	22	24	3	19	10	10	16	14	13		22		

N O P Q R S T U V W X Y Z

REFERENCE GRID

1	2	3	4	5	6	7	8	9	10	11	12	13
								G				S
14	15	16	17	18	19	20	21	22	23	24	25	26
								A				



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk Free Wi-Fi available	20251
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2012/12) <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB.; Free Wi-Fi</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i> e-mail:- stay@drawellcottage.co.uk	21529
Mrs S Sharrocks	Holmecroft, Station Road, Sedbergh LA10 5DW (2013/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754

CAMPING, CARAVANNING & SELF-CATERING

Mrs Tallentire	Ingmire Hall, Sedbergh (2013/02)..... <i>D & PB Flat; £395 pcm; References & Deposit required</i>	07944 859456
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Self-Catering Sleeps 6-8</i>	20360

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled
 Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0808 (C)	0852	M - F	502	SCC	0900	0935 (L)	Sat	564A	WDB
0820 (L)	0855	Sat	564A	WDB	1250	1325 (L)	Sat	564A	WDB
1050 (L)	1125	Sat	564A	WDB	1420	1455 (L)	Sat	564A	WDB
1340 (L)	1415	Sat	564A	WDB	1615	1650 (L)	Sat	564A	WDB
1530 (L)	1605	Sat	564A	WDB	1705 (C)	1749	M - S	502	SCC
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
1749 (L) (C)	1819	M - F	502	SCC	0738 (C)	0808	M - F	502	SCC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent Station to Dent				
0935 (L)	0950	Sat	564A	WDB	1020	1035	Sat	564A	WDB
1455 (L)	1510	Sat	564A	WDB	1750	1805	Sat	564A	WDB
1650 (L)	1705	Wed	564A	WDB	1930 (R)	1945	Sat	564A	WDB
1840 (R)	1855	Sat	564A	WDB	Dent to Sedbergh				
Dent to Dent Station									
0950	1005	Sat	564A	WDB	1035	1050 (L)	Sat	564A	WDB
1705	1720	Sat	564A	WDB	1515	1530 (L)	Sat	564A	WDB
1855 (R)	1910	Sat	564A	WDB	1805	1820 (L)	Sat	564A	WDB
Trains from Leeds to Dent Station Sat Only					1945 (R)	2000 (L)	Sat	564A	WDB
Arrive Dent	1016		1923		Last Update: November 2014				
Trains from Carlisle to Dent Station Sat Only					WDB Services from 8th November				
Arrive Dent	1040	1732	1920						

L = Sedbergh Library
 C = College Days Only
 R = Request Only

SCC = Stagecoach
 W = Woof's of Sedbergh
 WDB = Western Dales Bus

Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.

All times from Sedbergh are from and to Thorns Bank unless stated (L)

For Comprehensive up-to-date information ring :-
 Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

5	9	2	3	6	8	4	7	1
8	6	7	5	4	1	9	3	2
1	4	3	2	7	9	5	8	6
7	1	6	4	3	5	8	2	9
3	2	9	7	8	6	1	4	5
4	8	5	9	1	2	7	6	3
2	7	1	6	9	4	3	5	8
6	3	8	1	5	7	2	9	4
9	5	4	8	2	3	6	1	7

9	4	1	8	2	7	5	3	6
5	3	6	4	1	9	8	2	7
8	7	2	5	3	6	1	4	9
1	8	5	3	9	2	6	7	4
7	9	3	1	6	4	2	5	8
6	2	4	7	8	5	9	1	3
2	5	8	9	7	3	4	6	1
3	6	9	2	4	1	7	8	5
4	1	7	6	5	8	3	9	2

Western Dales Bus

564A Saturday Timetable from 8 th November 2014					
Kendal Morrisons					1245
Kendal opposite Bus Station	0900	1250	1420	1615	
Kendal Asda	0907	1257	1427	1622	
Westmorland Hospital	0908	1258	1428	1623	
Oxenholme Helmside Rd	0911	1301	1431	1626	
Killington M6 Bridge	0920	1310	1440	1635	
Sedbergh Dalesman	0935	1325	1455	1650	1840 ^R
Dent village	0950		1510	1705	1855 ^R
Cowgill	1003			1718	1908 ^R
Dent Station	1005			1720	1910 ^R
<i>Train from Leeds</i>	<i>1016</i>				<i>1923</i>
<i>Train from Carlisle</i>	<i>1040</i>			<i>1732</i>	<i>1920</i>
Dent Station	1020			1750	1930 ^R
Cowgill	1022			1752	1932 ^R
Dent village	1035		1515	1805	1945 ^R
Sedbergh Library	0820	1050	1340	1530	1820
Killington M6 Bridge	0832	1102	1352	1542	
Oxenholme Helmside Rd	0842	1112	1402	1552	
Westmorland Hospital	0844	1114	1404	1554	
Kendal Asda	0845	1115	1405	1555	
Kendal Bus Station	0855	1125	1415	1605	
Kendal Morrisons		1130			

R: Request service only by arrangement with the bus driver on the day



THE TERRIBLE KNITTERS OF DENT

Did you know that?

In the 19th century, Dent and Sedbergh provided much of the woollen clothing to the army and navy. The war in the Crimea, in particular, received huge quantities of knitted goods from this area. The women of Dent were dubbed "The Terrible Knitters of Dent". Local historians have unfortunately chosen to suggest this was really a complimentary sobriquet and to gloss over the unpalatable fact that they really were terrible knitters. They had no proper idea of how to knit, no pairs of socks or gloves were ever the same size, often having too many or too few fingers and frequently fell apart, the wool was coarse and itchy and one batch of woollen undervests to the Crimea even carried anthrax. Because of the income from the garments, Sedbergh chose to ignore the appalling standard of knitting, but eventually the War Office had the women forcibly removed. Thomas Carlyle wrote in 1855 - "Those terrible knitters are worth five divisions to the enemy", and Florence Nightingale threatened to close her hospitals if Dent woollens continued to be supplied to the soldiers. The Terrible Knitters were quickly replaced by more women and girls recruited locally and who, although now largely forgotten, became well respected as "The Excellent Knitters of Dent."

CHURCH SERVICES					
St. Andrew's	2nd	9th	16th	23rd	30th
8.00 am	HC BCP	HC BCP	HC BCP	HC BCP	
10.30 am	HC CW	HC CW SS	HC CW	Family Service	
6.30 pm	EP	EP	EP	EP	
Wednesday	5th	12th	19th	26th	
11.00	HC BCP	HC BCP	HC BCP	HC BCP	
St. Mark's	2nd	9th	16th	23rd	30th
9.30 am	HC	MP NC	MP NC		
2.30 pm				Taize	
St. John's	2nd	9th	16th	23rd	30th
9.30 am	MP	MP	HC	MP	
LUNE PARISH SERVICES					
	2nd	9th	16th	23rd	30th
Holy Trinity Howgill	10.30 am Joint MP Killington	10.30am Joint Service Sedbergh Parish Church for Remembrance Day	2.00 pm Joint HC Howgill	2.00 pm Joint HC Firbank	10.30 am Joint Ecumenical Services at Sedbergh URC Church
St John's Firbank					
All Saints Killington					
DENT & COWGILL PARISH SERVICES					
	2nd	9th	16th	23rd	30th
St. Andrew's	10.30 am HC	10.30 am HC *	10.30 am HC	10.30 am HC	
St. John's	9.00 am HC		2.30pm EP		
worship@peopleshall					
	2nd				
People's Hall	1030				
HC = Holy Communion			SS = Sunday School		
BCP = Book of Common Prayer			MP/EP = Morning Prayer/Evening Prayer		
CW = Common Worship			M&P = Meditation & Prayer		
PC = Parish Communion			Taize = Modern Chants & Choral		
MP NC = MP with Northumbrian Community			NSV = New Sedbergh Version		

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15

Rev. A. McMullon Tel: 20018

Church Wardens:

Tony Reed Screen 21081
 & Susan Sharrocks 20754

www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. P. Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30

Rev. H. Stuteley Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30

Rev. C. Marsden Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Tess & Philip Satchell Tel: 20005

DENTDALE

CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ
 Every 4th Sunday 1900

Sarah Woof Tel: 25212

*Enquiries for the following services,
 please ring the relevant telephone number*

CHURCH OF ENGLAND

Cautley & Garsdale

Rev. A. McMullon Tel: 20018

Church Wardens:

Cautley: Judith Bush 20058

& Maureen Hinch 20843

Garsdale: Mary Grant 20573

& Bill Mawdsley 20723

Firbank: Colin Wilson 20952

& Jean Dixon 20435

Howgill: Mary Stainton 20426

& Dorothy Parker 20493

Killington: Jennifer Thornely 20444

& John Mather 015242 76333

Dent & Cowgill

Rev. P. Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;

Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;

Hawes Junction & Frostrow

Rev. H. Stuteley 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 28151

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am 1st Sunday each month

Beth & Sandy Roy Tel: 20785

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

Rev. G. Jones Tel: 01539 722079

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£4.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.

*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*

Articles etc. by 19th of every month
Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 5th December 2015

NOVEMBER		
1	All Saint's Day	
1	Silent Retreat & Meditation Day (25)	MCD
1	1030 Exhibitions till 4th January (10)	FM
1	1300 SS Hockey	SS
1	1430 SS Rugby	SS
1	1800 Sedbergh Bonfire Night (1)	PH
3	1430 SS Hockey	SS
5	1000 Coffee Morning - Royal British Legion (1)	URCR
5	1430 SS Rugby	SS
5	1930 HS Heritage of the Hills (19)	SSAT
6	0900 Grand Opening (9)	No. 6
6	1900 12 Plates of Christmas (26)	CHI
6	1930 WIH Music & Poetry	HVH
7	1400 Dentdale Club Police & Fire Reps	DMH
7	1900 Monster Ceilidh Band (8)	PH
7	1900 Garsdale Bonfire	GVH
7	1930 Domino Drive (8)	HVH
7	1930 Domino Drive (1)	DMH
8	Learn to Meditate Day (25)	MCD
8	1000 Art Society Workshop (*)	SMC
8	1300 SS Hockey	SS
8	1415 SS Rugby	SS
8	1900 Flicks in the Fells - Railway Man (8)	PH
9	Remembrance Day Services	
9	1100 Monthly Meditation (25)	MCD
11	1300 Medical Centre Closed for Training (22)	MC
11	1400 WIK AGM	PH
11	1930 Town Band Concert of Remembrance (11)	URC
11	1930 Domino Drive	FCH
12	1000 Coffee Morning - Killington Church	URCR
12	1415 SS Rugby	SS
12	1430 SS Hockey	SS
12	1915 WID AGM & Contrasts & Change	DMH
12	1930 WIS You said you could do it	PH
13	1200 Lunch Club	Red Lion
13	1915 Royal British Legion	WHC
14	1330 Art Society Demonstration (46)	URCR
15	Chakra Dance & Meditation Day (25)	MCD
15	1000 Pre-Christmas Coffee Morning (15)	SJCC
15	1000 Christmas Fair (15)	StAS
15	1230 SS Hockey	SS
15	1430 SS Rugby	SS
16	1000 Chanting & Meditation Day (25)	MCD
16	1600 Messy Church	SMC
16	1930 NWA Concert (*)	Appleby PH
17	1030 S&D CoT&B AGM (88)	PH
17	1930 Domino Drive	GVH
19	1000 Coffee Morning - Ladies NFU (19)	URCR
19	1930 HS Sizergh & recent excavations (19)	SSAT
21	1830 DPS Promise Auction (21)	George & Dragon
21	1930 Sed Cricket Club Family Domino Drive	SPS
21	2015 Celebration of Simon & Garfunkel (21)	PH
22	1300 SS Hockey	SS
22	1415 SS Rugby	SS
22	1930 Starters & Puddings Night	KVH
23	1600 Allegri & Cornucopia Concert (23)	StAS
24	Scouts Postal Service Begins (24)	Sedbergh
26	1000 Coffee Morning - StAS Bells	URCR
26	1415 SS Rugby	SS
26	1800 Christmas Extravaganza (26)	CHI
28	1930 HS Annual Dinner (19)	Bull Hotel
26	1930 CWT Secrets of the Irish Seas	PH
28	1700 Settlebeck Christmas Fair (28)	SSAT
28	1900 Panikatak (28)	BVH
28	1930 Christmas Party Domino Drive (27)	KVH
29	Death & The Only Beauty that lasts (25)	MCD
29	1000 Coffee Morning	DMC
29	1200 SS Hockey	SS
29	1900 Hot Pot Supper and Panikatak	BVH
29	2000 Disco & Bar (29)	PH
30	St Andrew's Day	
30	Death & The Only Beauty that lasts (25)	MCD
30	1930 Advent Carol Service	StAS
DECEMBER		
1	Scouts Postal Service (24)	Sedbergh
1	1030 Exhibitions till 4th January (10)	FM
2	1930 Town Band Concert (32)	StAS
3	1000 Coffee Morning - TBA	URCR
3	1400 SS Hockey	SS
3	1415 SS Rugby	SS
3	1800 Late Night Opening (33)	Main Street, Sedbergh
3	1930 HS Objection Overruled	DMH
	1930 WIH Christmas Party	TBA
4	1200 SS Hockey	SS
5	1400 Dentdale Club Christmas Party	DMH
5 - 7	Folk Carols Festival (34)	Dent
5	1930 Folk Carols Festival Concert (34)	MCD
6	1000 Folk Carols Festival Workshop (34)	MCD
6	1000 Christmas Coffee Morning (35)	StAD
6	1400 Folk Carols Festival Workshop (34)	MCD
6	1700 Folk Carols Festival Concert (34)	MCD
6	1900 Flicks in the Fells	PH
6	1900 Folk Carols Festival Ceilidh (34)	DMH

*The S & D Lookaround is edited, published & distributed monthly by
Dennis & Jacky Whicker and is printed by Stramongate Press.
The content of The Lookaround does not reflect the views of the Editors.
Whilst every effort is made to ensure that information is correct, the Editors cannot
accept any responsibility for any inconvenience caused through errors or omissions.
Copies are available from
SmartOffice, Premier, Post Office, Spar, Dent Stores & Barbon Inn.*

COVER PICTURE
Sedbergh Memorial
by Dennis J Whicker

7	1330	Folk Carols Festival Singing Walk (34)	Dent
9	1200	WIK Christmas Lunch	TBA
9	1930	Domino Drive	FCH
10	1000	Coffee Morning - TBA	URCR
10	TBA	WID Christmas Evening Meal	TBA
10	TBA	WIS Christmas Lunch	TBA
10		SS Term Ends	
11	1200	Lunch Club	Red Lion
11	1915	Royal British Legion	WHC
12	1330	Art Society Demonstration (37)	URCR
13	1300	Dentdale Over 60 Christmas Lunch (36)	DMH
17	1000	Coffee Morning - Town Band	URCR
18		Scouts Postal Service Ends (24)	Sedbergh
19	1930	Christmas Domino Drive	HVH
21	1930	United Carol Service	StAS
25		Christmas Day	
26		Boxing Day	

JANUARY

1	1030	Exhibitions till 4th January (10)	FM
3	1900	Flicks in the Fells	PH
4		SS Term Begins	

9	1330	Art Society Demonstration	URCR
13	1930	Domino Drive	FCH
15	1300	Medical Centre Closed for Training (22)	MC
21	1930	HS Crime & Punishment	SSAT
24	1900	Gym Burns Night	PH
25	1930	NWA Concert (*)	Appleby PH
28	1930	Sedbergh Rocks!	URCR

FEBRUARY

4	1930	HS Mills, Mines & More	DMH
7	1900	Flicks in the Fells	PH
10	1300	Medical Centre Closed for Training (22)	MC
10	1930	Domino Drive	FCH
13		Art Society AGM (tbc)	
13		SS Half Terms Begins	
18	1930	HS Commonwealth War Graves	SSAT
22		SS Half Term Ends	
24	1900	Gym & Fitness Centre Burns Night	PH
25	1930	CWT Dippers	PH

MARCH

1	1500	NWA Concert (*)	Appleby PH
---	------	-----------------	------------

DIARY KEY

BF	= Brigflatts
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CHI	= Country Harvest, Ingleton
CO	= Community Office, Main Street
CTIS	= Churches Together in Sedbergh
CWS	= Craftworkshop 61 Main Street
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC	= Dent Methodist Chapel
FCH	= Firbank Church Hall
FM	= Farfield Mill
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
MC	= Medical Centre
MCD	= Meditation Centre, Dent
PH	= People's Hall
SASL	= Sight Advice South Lakeland
SJCC	= St John's Church Cowgill
SMC(R)	= Sed. Methodist Church (Room)
STAS/D	= St Andrew's Church, Sedbergh/Dent
SHQ	= Scout Headquarters
SIO	= Sedbergh Information Office, Main St
SS	= Sedbergh School Library
SSAT	= Settlebeck School Academy Trust
URC(R)	= United Reformed Church (Rooms)
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh



PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

01539 718191 (Option 1) 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Surgery by appointment only –

Early Morning Tuesday & Thursday

Late evening Monday & Tuesday

Dent Surgery by appointment only - Monday

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday

afternoons **(By appointment only)**

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make appointments for all the above clinics.

See our website www.sedberghmp.nhs.uk for further details

When we are closed please contact
CHOC 03000 247 247 or 999 if appropriate

Collinge Optometrist

Friday only - 0900 to 1300 by appointment only.

Bridging the Gap

First Monday - 1400 - 1600

Mrs Colpus 01228 595937

DENTAL SURGERY

Main Street 20626

Ben Houghton, Ian Dawson, Wendy Thompson,
Dawn Douglas & Sarah Boum (Hygenist)

Monday to Friday 0900 - 1700

Saturday *

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH & DISTRICT INFORMATION CENTRE

for resident & visitor information

72 Main Street, Sedbergh

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

e-mail: tic@sedbergh.org.uk

Tel: 015396 20125/20504

www.sedbergh.org.uk

SOUTH LAKES CITIZENS ADVICE BUREAU

015394 46464

www.cumbriaruralcab.org.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

01539 795000 or 0845 6060265

Age UK SL @ Community Office

1st Wednesday every month

10 am to 12 noon

01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

101 or 999

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY