

Sedbergh & District

LOOKAROUND

June 2016

Issue 344

Donation £1

Wow! Yet another bumper issue of 104 pages with lots to read and if you look at the Diary, lots to do. I don't hear of anyone saying "There's nowt to do in Sedbergh" any more. Please support these events and

help to make this an even better community than it already is.

A continued thank you to all the contributors and advertisers. Without you, there would be no Lookaround.

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CLOSING DATES: NEW ADVERTS - 15th; OTHERWISE - 19th

S & D Lookaround 72 Main Street, Sedbergh LA10 5AD Telephone 015396 - 21960
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Eddie the Eagle

Taron Egerton, Hugh Jackman, Tom Costello
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Saturday 4th June

film starts **7.30pm**

Sedbergh People's Hall
Flicks in the Fells

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MEDITATION CENTRE EVENTS

Summer Solstice Celebration

Please join us at The Meditation Centre IN Dent to help celebrate the longest day - the Summer Solstice. Solstice literally means the Sun standing still. Most cultures of the Northern Hemisphere mark Midsummer in some ritualised manner – usually with a fire festival - and from time immemorial people have acknowledged the rising of the sun on this day. This year at the Centre we are marking this important natural turning point with an afternoon of music, poetry and meditation on Saturday June 18.

The special guest will be one of our teachers, Julie Darling, who will be leading meditations with the Spiritual

Harp. There will also be poetry, storytelling, singing and time for quiet reflection as we light candles to honour our own personal Sun and consider how we are able to shine our own light upon this world. We will also use the beauty and natural setting of the Centre to recognise that although the hottest days of the summer still lie ahead, from this point onward we enter the waning year, and each day the Sun will recede from the skies a little earlier, until the Winter Solstice, when the days begin to become longer again.

The event at the Centre starts at 1pm and lasts until 4pm with refreshments provided. The cost is £15 payable on the door or by booking through our website: www.meditationcentre.co.uk

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HOWGILL WI

We met at Howgill Village Hall for the May meeting which turned out to be a lovely warm evening. President Bridget Postlethwaite gave everyone a warm welcome including our speaker Lynn Pritchard who was ready to give her talk on Genealogy. She spoke with enthusiasm explaining how she began researching her mother's side of the family tree. We were given helpful advice how to get started with a list of web sites and details of local archives.

Members had brought their heirlooms along some dating back to the 1800's along with their history which proved popular with us all. Sheelagh Denniss thanked Lynn for

teaching us a lot on this interesting subject and encouraging us to start researching.

The competition for an old family photograph was won by Lyn Marsden with Audrey Hoggarth second. Raffle winner was Tanya Hoare.

Moving on to the business part of the meeting it was time to discuss the two resolutions to be put to the final vote at the Annual Meeting held in Brighton on June 11th. Our delegate has been advised to vote in favour on both subjects on our behalf. The subjects were 1) Avoid Food Waste and Address Food Poverty and 2) Appropriate Care in Hospitals for People with Dementia.

We had good news that Joan is much better and hopes to see us at



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the June Meeting. We were reminded of forthcoming events - The Country Fest at Crooklands, the Holker Festival, our Coffee Morning and our Summer Outing on June 30th. This is a trip on the Settle-Carlisle line spending time in Settle before returning to Kirkby Stephen with a meal on the way home at the Cross Keys in Cautley. We meet on June 2nd at Firbank Church Hall for our Members Evening. Visitors and new members will be welcome.

A Hoggarth

KILLINGTON W I

**THE AFTERNOON W I FOR THE
ENTIRE DISTRICT**

*"Farmers fear unkindly MAY, Frost
by night and hail by day!"*

Although this is our May report, it will be June before you read it. So perhaps I should tell you about the weather for flaming June.

*"June just rains and never stops,
Thirty days and spoils the crops!"*

And that completes the twelfth month of "The Song of the Weather," by Michael Flanders and Donald Swann. Don't panic though, they wrote lots of other songs.

Another warning is in order – this is NOT the report of Sedbergh Wildlife Trust but following our WI meeting, I now know more than I have ever known about HEDGEHOGS. I feel that it is my bounden duty to share some of this information with you. I feel really sorry for the poor creatures as these are a few of the afflictions

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from which they suffer - ticks, maggots, mites, wounds, ringworm, ear infections, fluke, strokes, poison, predatory badgers, garden-strimmers, and passing cars! (not fleas, which surprised me). If you are blessed with a live hedgehog in your garden, please do not feed it on milk or fish. Instead put out water and cat or dog food, or as a special treat, mealworms. Hedgehogs are nocturnal and if you see one in the day time it is likely to be poorly. They can scurry very quickly, they can swim and they can climb up trees. Unfortunately they can't climb down again and just have to roll into a ball and fall down. You may remember the joke(?), "What's black and dangerous and lives in a tree?" "A crow with a

machine gun!" Well, now we can amend that to one based on a falling hedgehog. Hedgehogs do hibernate from October onward but wake intermittently if the weather is mild, and leave their nest for a snuffle and a 'you know what'. If you see a wobbly hedgehog the best thing you can do is get in touch with the HEDGEHOG PRESERVATION SOCIETY who will have a member in your locality who will rush to the rescue. Mrs Tiggywinkle and especially her little hoglets are notoriously difficult and very messy to rear. I will spare you the details of that. Our speaker, Rowan Worsman, comes from the Lancaster area and combines her caring for wildlife with a full time job in the NHS. No chance of

SEDBERGH & DISTRICT

HISTORY SOCIETY

**Wednesday 8th June
Little Salkeld
Flour Mill**

A Light Lunch will be served in the Café on arrival which is well renowned for its delicious baking. This will be followed by being shown the process involved in milling stoneground flour.

Meet in Loftus Hill Car Park for shared transport at 10.30am or outside the Mill at 12 pm.

If you would like a lift to any event, please ring a member of the Committee.

We usually meet in Loftus Hill Car Park and arrange to share transport if possible.
Please note that dogs are no longer allowed on Outings.

www.sedberghhistory.org

Chairman: Graham Dalton 25436
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Membership Secretary: Chris Elphick 20605

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her going on strike. Despite my flippancy tone, the talk was really interesting and she had some wonderful photos of her charges.

Our business meeting preceded the talk. It was great to have our secretary Susan Sharrocks back with us after her trip to Sydney. The resolutions for the AGM were discussed and voted on but more of that in a succeeding month. It was pointed out that Killington WI Coffee Morning at the URC rooms is on June 29th, not May 29th as printed in some of our programmes, (mea culpa). Future plans were made for activities. Ten of us are going to visit our friends in Malham WI in early June. Holker Garden Festival is fast approaching. Members will attend the 'New

Speakers Meeting' at the Kendal Office when they will listen to folk who are offering themselves to entertain and inform us. [That reminds me of when I applied for my second teaching post. I was invited not only for an interview but to teach a 40 minute lesson to a class of 14 year olds on a subject which I was given. The headmistress and the head of department sat in on the lesson!] Hopefully their visit will be less taxing and reveal some new and talented speakers. In the meantime we know that our next speaker is one that we shall enjoy. Poet, author and WI member, Jackie Huck, will tell us "How to drop a brick without trying". We shall compete with an article beginning with 'N'. This month "E" to

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start was won by Barbara Kooper's Engine and Helen Wilberforce scooped the raffle prize.

Our thanks to our friends in Howgill WI for a most enjoyable group meeting last evening. I will leave them to tell you all about it. Our congratulations to Casterton WI for winning the competition and our thanks to our own Maggie l'Anson for making our own highly original lamb.

Our next meeting will start at 2pm, on Tuesday 14th June in the Committee Room of the People's Hall, Sedbergh. Do join us.

Wendy F-U.

SEDBERGH WI

A select band of only seven members met on May 11th for our annual WI Resolutions evening! Our numbers were depleted partly because the walking group were away for their annual holiday, booked before the 2016 programme dates were available: more of that anon!

KIRKBY LONSDALE FESTIVAL OF MUSIC

Friday 10th to Sunday 12th June

Featuring a range of top class musical acts in venues throughout the town.

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The original half-dozen proposals put forward by the National Federation of Women's Institutes had already been whittled down to two, requiring us to vote for, or against, each of them. The number of votes cast nationally will determine whether one or both of the resolutions will lead to a national WI campaign. In a nutshell, the resolutions were (1) in favour of providing appropriate care in hospitals for people with dementia; and (2) avoiding food waste and addressing food poverty. Some of the absent members had emailed their votes to be added to those of us who were present. After some discussion and clarification of the issues, some of us changed the way we had

On A Roll

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intended to vote!

Our president congratulated members who had contributed entries to the Sedbergh Spring Show, enabling us to win the WI Cup for the second consecutive year. Cups and placements were awarded in a wide variety of categories ranging from baking to photography and including flower arranging, house plants and crafts. Special mention was made of Sue Bateman, Anne Symons and Margaret Reynard who did particularly well.

The meeting continued with a Jacob's Join followed by two quizzes that Sue Kernahan and Sandra Gold-Wood had prepared for us. Jean Jones was the outstanding winner! It was a chatty and enjoyable evening.

So how did the walking group's holiday in Shropshire go? Ellen Morrison writes: "As for our trip to Church Stretton – we stayed in a very roomy 7-bedroom house which was

well equipped and very comfortable. We were well placed for the amenities of the town and lovely walks were on the doorstep. The weather was mixed and we did have some rain, still managing to walk each day and on Wednesday taking a trip to Ironbridge where there are many fascinating museums. Thursday was bright and sunny and we made the most of it with an 8-mile walk on Long Mynd.

"Of course there was lots of food and drink and lively company so we had much fun and laughter in the evenings, playing silly games and being entertained by Linda on her ukulele (with input from the rest of us). All in all, it was a really enjoyable trip, and especially good to catch up



THE
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Saturday 18th June

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with Linda, Christine and Pat. We're looking forward to next year!"

On 16th May eight of us took up Howgill WI's invitation to the Lune Valley Group Meeting held in their village hall. Singing the words about "England's green and pleasant land" in the WI's anthem, "Jerusalem", with the evening light shining on the velvety green slopes of the Howgills glimpsed through the windows as a backdrop, seemed particularly poignant. It could hardly have been a more appropriate introduction to our speakers for the evening, for whom the countryside is home. Donald and Christine Marston, farmers known to millions of viewers for participating in the 2011 "Lambing Live!" series, shared their experiences of working

with the BBC. They were full of admiration for the professionalism of the presenters, the photographers and other crew, some of whom have become personal friends. It was an amazing experience for them, their children and grandchildren. Donald was full of enthusiasm and communicated it well in his presentation. The President of Dent WI gave the vote of thanks on behalf of us all. The Marstons were then asked to judge the competition for which each WI had made a free-standing model of a sheep less than 12 inches tall. Casterton were the worthy winners, retaining the cup they won last year. A delicious supper prepared by the members of Howgill WI was enjoyed by all. Finally, our

The Queen's 90th Birthday Celebration

St Andrew's Parish Church, Sedbergh

Sunday 12 June

2.00 - 4.00 pm



*Come and join us to celebrate
with the rest of the Country and enjoy
free Strawberry & Cream Teas with Homemade Scones*

*There will be
a Punch and Judy Show for the young in heart,
a Bouncy Castle, Face Painting, Balloons & other games*

No need to book just turn up for a memorable afternoon

own President, Sue Kernahan, thanked our Howgill hostesses and invited everyone to the next Group Meeting which we will be hosting at the People's Hall, Sedbergh, on Monday 15th May, 2017.

Our book club meeting was postponed till May 18th to allow the walkers to attend. We met at Ellen's home to discuss "Fine Just the Way it is" by Annie Proulx. A collection of 9 short stories set in Wyoming, a couple of the tales were darkly humorous but the majority dealt with tragedy so the overall effect was rather depressing. We appreciated the descriptions of the Wyoming landscape and the author's use of language but it's not a book we would recommend for an enjoyable read.

Marks given were between 5 and 8, averaging at about 7. We prefer reading novels where characters and plots are allowed to develop at a more leisurely pace so empathy with the characters is increased.

Please note that there will be no meeting in the People's Hall in June as our summer outing is planned for Wednesday 8th May when we will be visiting Larch Cottage Nurseries by minibus. Let's hope for a sunny day!

Moira Folks

DENTDALE WI

May, that wonderful month that heralds the coming of Summer! This year, there have already been some wonderfully sunny days and long warm evenings so let us hope it lasts.

H o l m e O p e n F a r m **& Café**



Come hold, touch and feed the animals on our guided tours, which run continuously during opening time.



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CLOSED TUESDAYS

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After singing Jerusalem we settled down to Business. First up on the Agenda was the Resolutions Review.

It was all incredibly business like as the main points of the arguments for each resolution had been printed out for us. The outcome was that the membership chose 'Appropriate Care in Hospital for people with Dementia' to go forward with our votes.

The summer is always the time to be out and about and there were lists available for members to join outings, Dining Club, Holker Hall Garden Festival and six members will be attending an evening dinner in honour of the Queen's 90th Birthday to be held at the Castle Green Hotel.

We heard that Marion and Dorte-lis had joined a Basket Making course

which had been advertised in WI News and their baskets were on show for us to see.

Our speaker for the evening was Marilyn Hale sharing with us her knowledge of Glass Fusion. She was full of enthusiasm for her craft and had brought along some larger pieces such as glass plates and dishes to show us. She then passed around finished pendants and brooches for us to admire the colour effects before sending us back to our tables to design our own with pieces of glass that she had brought along. Marilyn has taken them away to fuse in her kiln and we shall see the results next time!!!

The month's competition was for an unusual piece of glass and there

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Michael McGarry

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were some really good entries. Sheila Richard's entry was a glass barley sugar walking stick. It was a beautiful piece and Marilyn judged it to take first place.

During the evening, and in pride of place on the top table sat 'Brian' our model lamb which would be our entry for the competition at the group meeting to be held in Howgill Village Hall. 'Brian' is a gorgeous white fluffy lamb which had been made as a real joint effort by the craft group. The skeleton is of chicken wire and packed around with paper mache and bandaged, painted etc. It looked very appealing so it went off with high hopes!

Nine members from Dentdale made their way to Howgill. The speaker for the evening was Donald Marston from Easgill Head Farm Kirkby Stephen, who told us about his experiences when his family had been filmed for the BBC programme Lambing Live in 2011. He was full of

admiration for the presenters Kate Humble and Adam Henson and the crew, which at sometimes amounted to nearly 70 personnel from those preparing the food to the producers. The weather had thrown everything at them but the filming had captured the essence of lambing time. Donald said it had been a fantastic experience for all the family and he was delighted to share it with us.

After questions, there followed an enjoyable tasty Jacob's Join supper and time to talk to members of other Institutes, followed by the all important judging of the competition. Casterton had entered a model of a herdwick sheep and I must say it was a worthy winner. So, better luck for us next time!

Our next meeting will be on June 8th in the Memorial Hall. If you would like to come along, new members and visitors will be most welcome.

Pat Allen



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Apology and Retraction by Mr Simon Arnold.

On 13th April, I published in an email in response to a consultation concerning the new town information board. This email included the following statement:-

"We have no book shops of note (and I include Westwood Books in this statement)".

I accept unreservedly that this statement was untrue and defamatory to Westwood Books.

I accept that Westwood Books is a noteworthy bookshop with a high reputation that is praised in Bill Bryson's latest book and was selected by the Guardian as one of the top 10 second-hand bookshops in the country.

I apologise unreservedly to Evelyn and Mark Westwood and all the staff at Westwood Books for issuing this false and defamatory statement, and deeply regret the hurt and distress caused.

I undertake not to publish any further defamatory remarks about Westwood Books and have agreed to pay £250 to a bookseller's charity chosen by the Westwood's, "The Richard Condon Memorial Fund" - Registered Charity No. 297371.

Simon Arnold
8th May 2016

Westwood Books is content that its reputation has been vindicated by this apology and payment .

SEDBERGH PARISH COUNCIL

This short report covers items from the Annual Meeting of the Parish held in the People's Hall on 10th May 2016 and the Annual Meeting of the Parish Council, followed by the normal monthly meeting held on 12th May 2016. The next meeting of Sedbergh Parish Council is on Thursday 9th June 2016 at the Meeting Rooms of the URC, Joss Lane, Sedbergh.

SKATEBOARDING PARK

Following the recent submission of a Planning Application to YDNPA by Sedbergh & District Community Trust for a skateboarding park on the Playing field at Howgill Lane, Members discussed the application at some length and heard objections

from members of the public. Members resolved to object to the planning application on the grounds that the proposed development would conflict with existing uses of the playing field and would compromise future plans for the improvement of the playing field. In reaching this decision the Council had regard to the formal objection to the proposal submitted to the Authority by the Sedbergh Wanderers Junior Football Club and also its decision in November not to enter into a lease for an area of land at the playing field. The meeting expressed regret that the Council found itself in a position where it was in opposition to the Trust.

PLANNING

Sedbergh School had recently applied for planning permission for a Sports Centre building at Busk Lane and members noted that this had been approved (conditionally) by YDNPA at its meeting on 10th May 2016. The Council has, however, submitted detailed comments in relation to the conditions in respect of the proposed Parking Management Plan and the community use of the building. The Authority will take these comments into account when dealing with the discharge of these conditions.

ANNUAL MEETING OF THE PARISH

The Queen's Garden had been the main topic for this annual public meeting for residents of Sedbergh

Parish. Various suggestions about the future of the Gardens, including a formal restoration, natural managed woodland or a combination of both were noted. Also discussed was the possibility of engaging a landscape consultant to discuss realistic options and to assist in seeking grants for renovations/restoration.

Other matters included the resurfacing works along Station Road, Main Street and Finkle Street (now completed except for linings) the repairs to the Playground at Howgill Lane, the condition of the bus stop lay-by at Maryfell/Long Lane, the scaffolding at The Bull Hotel, the Annual Accounts for Sedbergh Parish Council, the proposed improvement works at The People's Hall (boundary

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and entrance) and the monthly Police report.

Please note that members of the public are invited to our monthly Meetings where, as always, they are able to comment or ask questions at 8.30 pm. If you have any thoughts/ views on any of the above, or wish to contact Sedbergh Parish Council, please email me at clerk@sedberghparishcouncil.org.uk

Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office.

Janey Hassam – Clerk

BUN FIGHT AT THE OK CORRAL
 When Garsdale Parish Council

hosted the annual parish meeting last year, Chairman Annette and Clerk were totally unprepared for the venomous verbal missiles that flew around Garsdale village hall that night. Not to be caught out again, preparations were well in advance this year. Battle lines had been drawn, an escape route had been planned and stocks of convoluted excuses prepared, ready to refute any unfounded accusations of corruption, deceit and shadowy goings on in the lofty heights of the parish council.

Picture the scene: tables were out, chairs carefully lined up, agendas printed and accounts were ready to hand. At 6.45pm the drawbridge was

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slowly lowered and Chairman and Clerk were ready for the onslaught. The clock slowly ticked and tocked towards 7.00pm, pens were firmly gripped, note paper at the ready and steely glints fixed in their eyes, what could go wrong?

Well, have you ever organised a firework night, skimped a little on the main fireworks so that you could have one last big bang at the end, and when you lit it all you got was a "phsst" and nothing happened? At 6.55pm we were still looking at an empty hall. I went outside and looked down the street but it was eerily deserted. No cars, no people, just the dust moles on the road swirling in the wind. I half expected to see Clint

Eastwood slowly stride around the corner with his sombrero pulled low over his eyes, poncho slung over one shoulder, his gun hand free, hovering over his Colt 45. Could I hear the rhythmic clunk of his spurs as he strode purposely forward? Did I see curtains twitching as the population of Garsdale hid inside their homes as his shadowy figure passed by? Such is the imagination. Ah well, there's always next year.

Despite the somewhat damp squib of that night, the councillors have still been busy. Good weather, amazing for Garsdale, unfortunately ignited the ubiquitous motorbike season. Those born again boy racers, aiming to beat their best times for "the circuit", have



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 - Paving
 - Boundary & garden walls (brick & stone)
 - Gates & fences

been terrifying the population of the dale, racing 3 abreast on the straighter parts of the A684, deafening us with their adulterated exhausts, demonstrating their prowess at “wheelies” and even managing, what appeared to be, the odd Winston Churchill salute. The council and members of the public have been in contact with the constabulary and I am pleased to report that their response has been excellent. There will be an increased presence of police at weekends, particularly on the Sundays and hopefully those irresponsible bikers who spoil it for the responsible ones and for the dale residents, will get the message that they are not wanted.

Anyway, better pack away all those riot shields, helmets and batons. It’s a good job that the council budget couldn’t stretch to the water cannon that we wanted but at least it is safe now for our residents to come out of

hiding, until next year that is. Our next regular council meeting will be on Thursday 21st July in the village hall at 7.30pm, all are welcome.

Philip Johns, clerk to Garsdale PC, 015396 22170, www.garsdaleparishcouncil.com.

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COUNCILLORS CORNERS

Thank you to every one who voted for Alex Toubas at the recent elections. We didn't have the time to visit as many people as I would have liked so I was not surprised that he was unsuccessful on this occasion. I expect he will have better luck in two years time. Congratulations to Nick Cotton on his re-election to the district council for a further two years. The make-up of South Lakeland is now Lib Dem 32, Conservative 16, Labour 2 and "Independent" 1.

At last night's full council annual meeting Giles Archibald was appointed leader of the Council. We selected Ben Berry to be leader of the Conservative group last week as David Williams did not want to

continue in that role. After an absence of four years I have been re-appointed to the Shadow Cabinet and once again shadow the Finance portfolio. There were few changes on the committees – Mel continues to sit on Licensing and I remain on Planning and Audit.

We were all disappointed, but not surprised when the controlling group declined to re-appoint Conservative councillor Ann Hall to the Lake District National Park. Having been removed from the Yorkshire Dales NPA by a similar process several years ago I know how Ann is feeling. Some people think that elections make no difference but until there is a change of sentiment in the electorate when voting for South Lakeland councillors



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Wednesday 22nd June
Wednesday 20th July
Thursday 22nd September
Wednesday 19th October



these partisan appointments will continue, greatly to the harm of both the district and the two national parks.

Since that election the Boundary Commission has come up with its draft recommendations on the new warding arrangements for the district to be used from 2018. You will remember that the controlling group wrongly thought it was to their political advantage to continue with annual elections in spite of the national rules having been changed. They assured their more gullible councillors that they would be allowed to have one and two member wards. Clearly this was always preposterous and the recommendations have come back with seventeen three member

wards. Sedbergh and Kirkby Lonsdale is unaltered consisting of Kirkby Lonsdale, Barbon, Casterton, Mansergh, Middleton, Sedbergh, Garsdale and Dent. I imagine that is more or less a fait accompli. The rational decision would be for full council to rescind the previous stupid resolution and move to all out four yearly elections. That would then allow single member wards, fairer and much more democratic – but with the Lib Dems in control I can't see

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Beech Cottage, High Casterton, Via
CARNFORTH, Lancashire LA6 2SD*

*Telephone 015242 71644,
07957868256*

email mel.mac@uwclub.net

COUNCILLOR CORNER

From Cllr Nick

Another year, another election. I would like to thank everyone who helped me to win in May 2016 in the South Lakeland District Council elections for a place as a councillor for the Sedbergh & Kirkby Lonsdale ward. My majority went up from around 70 when I last stood at SLDC elections four years ago to 778 this time.

There are many people who helped me along the way including the deliverers of leaflets and letters, fellow councillors who came out knocking on doors asking people for their vote and Tim Farron himself, who spent 14 hours in the area on election day, tirelessly going out and

talking to people.

Probably the oddest moment of the day was at about 8.30pm, by which time I had almost entirely lost my voice and I was trying to speak to a lady via her entry phone - I soon found out that she was about to go off on a cruise and had not had time to go to the polls - I have no idea what she will have heard me say as it was mainly a croak or a squeak by this stage.

Many people ask me 'So what happens now?' and I hope that I can get back to trying to sort out those things around the ward that people want to see fixed, if it is in my power to do so.

Many thanks to all of you once again
n.cotton@southlakeslibdems.org.uk



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SIGHT ADVICE SOUTH LAKES (SEDBERGH)

On Tuesday 17th May our group met once again at the People's Hall. Dennis welcomed everyone to the meeting and we then observed a minute's silence in memory of Margaret Moore who sadly passed away recently. Her kindness, cheerfulness and friendship will be very sadly missed.

After tea and biscuits, Jacque Hooley from Sedbergh First Responders gave us a most interesting and informative talk about their work.

The First Responders were set up in Sedbergh about a year ago and consist of ten very public spirited

people, all volunteers, who work in conjunction with the North West Ambulance Service who interview and train them. They are assessed each year and have undergone the highest level of police checks.

The First Responders are invaluable as the ambulance service and paramedics are under great pressure - they cover a very wide area and the First Responders, as their name implies, are often first on the scene of an incident and can help save a life whilst waiting for the ambulance to arrive. They are trained simply to save people's lives.

The scheme is entirely voluntary and someone is on call day and night. A pager connects them to the

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ambulance service. They are responsible for buying their own clothing and kit but various organisations in the local community have donated money to them. They carry a defibrillator which can restart the heart if someone has suffered a heart attack. These alone cost £2,000 but the British Heart Foundation has donated half the cost of them. Other equipment includes an oxygen cylinder, oxygen masks, a pulse oximeter for measuring the pulse rate and bandages.

They are only sent out by the ambulance service for "Code Red" incidents - possibly life-threatening situations, major trauma or bleeding for example. They do not attend situations such as a broken leg, traffic accidents or incidents involving children.

The first thing the responders do is to take a history of the symptoms, this helps the ambulance service. If someone dials 999 they may be directed to the incident and given brief details. If it is not found to be suitable for the responders, they may be stood down. Their local knowledge is very helpful in finding

the site of an emergency.

It is worth noting that there are three situations where it is imperative to call an ambulance, namely:

1) Chest pains, 2) Breathing difficulties, 3) A possible stroke. As Jackie told us, it is better to get the ambulance out and find it is a false alarm than not to do so in a potentially life-threatening situation.

Finally, we were shown a "Message in a Bottle". This is a plastic cylinder which contains people's basic medical, personal and medication details where they can easily be found in an emergency and can be obtained from Health Centres, Doctors surgeries and chemists. They are free and are paid for by local "Lions".

All in all, a most helpful talk which was much appreciated. Our next meeting is on 21st June when we meet for lunch.

Sue Harper

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All Welcome



singers.

Their youngest singer was 19, a student of mechanical engineering who had taken a term off to go on this world tour, but the majority were professional and semi-professional musicians in their mid-20's or students of ethnomusicology. The 5 singers who stayed with Richard and Dorcas Thomas - including their leader Larry Gordan - were especially interested in the Thomas's music room and a display of historical musical instruments which they play in the early music group Cornucopia.

Many thanks to all who came to the concerts, and especially those who provided accommodation in their homes: Richard and Dorcas, Roger and Judith Bush, Jenny Hildrew, and my long suffering family, Anika and Lucia, who also cooked for them.

If you missed them - not to worry - their sister choir from Vermont,

NORTHERN HARMONY

This wonderful youthful choir and folk band from Vermont, USA visited at the beginning of May and as well as doing a concert of songs from around the world (including their native American Shape Note harmony) and ceildh in the People's Hall on bank holiday Monday, singing on the the top of Winder, and staying with local families, the group visited the elderly Sedbergh Songsters - joining us on some of our traditional British folk songs, as well as singing some their fabulous songs in four part harmony from around the world. It was such a pleasure to see such enthusiasm and energy in the singing and so many smiling faces among the

Organ Recitals



Sunday 26th June 7.15 pm

Deryck Cox

Donations for Christian Aid

Sunday 10th July 7.15 pm

Roger Bush

Donations for Cancer Research



Sedbergh Methodist Rooms

Light refreshments after each recital



SEDBERGH WALKING & CYCLING GROUP

“Singing Walks” A Talk by David Burbidge



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National Park Authority



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7:30pm

Monday 27th June

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Village Harmony, also led by Larry Gordon, will be singing again in the People's Hall on Saturday August 20. If you would like to provide accommodation for the singers please get in touch.

David Burbidge Sedbergh 21166

SEDBERGH MUSIC FESTIVAL 2016

Sedbergh is rightly proud of the growing reputation of its biennial Music Festival, which runs from 29th May until June 12th.

Diversity is the beating heart of what we'll be offering, and above all encouragement for local ensembles to mix with widely acclaimed internationally celebrated soloists like Tasmin Little and Martin Roscoe –

both glad to return to us – as well as the wonderful York Minster Choir of Men and Boys who trace fine music from the Tudor period through much-loved Victorian classics to the present day.

Sedbergh Orchestra, the Town Band, the Dent Choir in their 40th anniversary season will no doubt pack out venues. The Kentdale Wind Players bring a French programme, the Stonebridge and Castalia String Quartets lend weight to the menu with Shostakovich and Beethoven. There is jazz with the Jonty Fisher Trio and the 'American Songbook', Andrew Carter gives an exotic looking organ recital – and if it's exotic you're after, try Cornucopia, Sedbergh's own early

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music group, with lively music that marched with Princes at Agincourt and Pilgrims in Spain.

It all gets off to a cracking start on Sunday, May 29th with A Night at the Opera when young soloists scale many of the heights of many of the most famous arias and ensembles in all opera – ‘Oh my beloved father....’ and so on!

What is terrific also is that we give the stage to young musicians from Pepperpot, as well as singers and instrumentalists from Sedbergh School. There are lunchtime recitals by singers, chamber ensembles, and as if that were not banquet enough, there are excellent midday lunches and evening suppers before concerts, and refreshments for the intervals.

All events, apart from the Sedbergh Orchestra event, take place in St Andrew’s Church. Full details, information and tickets can be booked online at: sedbergh.org.uk/musicfestival

And you can contact Sedbergh Tourist Information Office on 015396-20125 for tickets and information.

RESONANCE & THE PEPPERPOT

Our local singers from Lakeland Voices joined the visiting Newark choir Resonance when they sang at the opening of the Pepperpot in mid-May. The singers walked along the riverbanks from Farfield, where we were hosting and cooking for them at Oakdene, and sang a few songs along the way by the river and in



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Akay Woods: "One May morning early I chanced for to roam, and strolled through the field by the side of the grove, it was there I did hear the harmless birds sing, and you never heard so sweet as the birds in the spring."

The singers have been coming to Sedbergh for over a decade and always say how much they like meeting people here. At the Pepperpot on Saturday they also met MP Tim Farron who came to the function after doing his surgery in town and made a speech before cutting the ribbon. Children at the primary school had made a picture of



the cow who got stuck inside the Pepperpot in 1948 and together with Tim some of them showed it from the upper windows. On Sunday the choir sang at the opening of the Alison Scott exhibition at Farfield Mill, and on walks around Sedbergh among the bluebells and wild garlic which has suddenly come into bloom in the spring sunshine.

Singing will continue at the Pepperpot when Howgills Harmony meet here every Monday evening in June to learn and sing new songs, from rounds to longer 2, 3 and 4 part harmony. Please get in touch if you'd like to join us.

D Burbidge 21166

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Tea Party

29th June 2016
2pm



APPLEBY FAIR

Appleby Fair will be open this year from 2nd to 8th June on Fair Hill, Appleby.

During the period that the temporary sites in South Lakeland are open, officers will be available at Drop In sessions on:

Friday 3 June 10-11am

72 Main Street, Sedbergh

Tuesday 7 June 10-11am

Kirkby Lonsdale Library

Friday 10 June 10-11am

72 Main Street, Sedbergh

Post Fair Drop in event :

This is an opportunity to give your feedback on this year's arrangements.

Thursday 7 July, 5pm – 7pm

Barbon Village Hall

Useful numbers:

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For South Lakeland District Council, call on 01539 733 333.

For further information about the drop-ins, contact the Area Support Team at Cumbria County Council on 01539 713419

Gae Hicks

DEMENTIA FRIENDLY COMMUNITY

*Launch and information day –
Wednesday May 18th*

Thank you to all of you who came and chatted to us in the Market on Wednesday May 18th or came to our launch or the awareness session in the Library at lunchtime that day. We would also like to thank the Library for their help in setting this up. A BIG thankyou to the Sedbergh Songsters who entertained us for a good hour at the Market.

Thank you to all of you who responded to my last article in the Lookaround about our initiative to gain “Dementia Friendly Community” status for Sedbergh. Looking back on the many awareness sessions that have been run so far, I am delighted

by the number of people who have come forward and attended one of these sessions. If nothing more than this initiative happens, then we have made a lot of people much more aware of the different ways that living with Dementia (in its various forms) can affect people.

If you feel able to support us we would be very grateful. We had various types of information and resources with us that day for you to see including memory bags provided by the Cumbria Libraries that contain themed materials on topics friendly to dementia for instance “Back to the Seventies”, “High Street Memories”. In the meantime there are several very good websites from which you can get some more information



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<http://www.nhs.uk/conditions/dementia-guide/pages/living-well-with-dementia.aspx>
<http://www.dementiaaction.org.uk/>

In order to gain our status as a dementia friendly community we have to focus on ten areas which are summarized below;

- Make sure you have the right local structure in place to maintain a sustainable dementia friendly community – **we are working on that with your input please.....**
- Identify a person or people to take responsibility for driving forward the work to support your community to become dementia friendly and ensure that individuals, organisations and businesses are meeting their stated commitments – **Our committee is that group who are willing to take on that responsibility but need more sectors of the community involved – get in touch....please volunteer to come onto that committee**

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Service

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Sedbergh
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- Have a plan to raise awareness about dementia in key organisations and businesses within the community that support people with dementia – **we have started that process and look forward to working more and more with community groups of all types from traders to volunteers.... If you would like**

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to attend an awareness session let us know.....

- Develop a strong voice for people with dementia living in your communities. This will give your plan credibility and will make sure it focuses on areas people with dementia feel are most important – **Do you want to be part of that “strong voice”?** **Please contact us if so.....**
- Raise the profile of your work to increase reach and awareness to different groups in the community - **we will keep you informed of what we are doing but please let us know what YOU are doing....**
- Focus your plans on a number of key areas that have been

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identified locally – **we would welcome your input and feedback on what you believe the key areas are.....**

- Have in place a plan or system to update the progress of your community after six months and one year

Our next meeting is on Wednesday 22 June at 7 pm at 72 Main St and we would welcome anyone joining us.

Our group as currently constituted includes dementia professionals, church representatives, carers, people living with dementia and other community members. If you would like to know more or get in touch with us, please use me as a contact –

Myles Ripley –

mylesripley52@gmail.com

SEDBERGH & DISTRICT HISTORY SOCIETY

Sedbergh and District History Society is delighted to announce the publication of

Sedbergh and District 1914-1918 thanks to a grant from the Heritage Lottery 'First World War: then and now' programme it was possible to produce the book as a permanent

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and accessible record of the impact of the First World War on our community.

Thanks to the many local people who contributed information to preserve the memories and heritage of the people who lived through the First World War. Research has been undertaken by many people over the years and much is available in files in the History Room. Additional information was gathered from newspapers, parish magazines and memories treasured in photographs, scrapbooks and diaries. The project was called ***Aspects and Untold Stories of WW1 in the rural dales around Sedbergh***, the aim was to show the many ways in which the war affected our local communities.

The book explores the military events in the local context and raises awareness of events that are not recorded on War Memorials. Topics covered include the events on the Home Front, Recruitment, Enlistment, Casualties and Awards, Regiments and Roles. The book includes many contemporary photographs.

If anyone would like more information then please contact

Sedbergh and District History Society,
72a Main Street, Sedbergh or email
sedberghhistsoc@aol.com

SEDBERGH & DISTRICT COMMUNITY TRUST

Proposed Youth Club

The Community Trust is investigating the possibility of setting up a Youth Club in Sedbergh. Preliminary ideas have been communicated to schools, churches, police, youth organisations and the Parish Council indicating the proposed format, management structure, policies, procedures and safeguards. The purpose is to provide young people from Sedbergh and the surrounding villages with access to a range of positive activities

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in a safe and secure environment and give them somewhere to meet and enjoy communal activities.

We now plan to hold a pilot event to assess the level of interest and obtain young people's ideas about practical aspects such as activities and timing. The pilot will be a drop-in event on **Thursday 16th June between 4.00 pm and 6.00 pm at The Peoples Hall**. There will be activities, refreshments and opportunities to tell us your views.

All young people of secondary school age are welcome to attend. We also need volunteers, probably parents of this age group, to help run the Youth Club. They are welcome at this session too.

If you are interested but unable to

attend please give your details and any opinions or suggestions in the adjacent box.

Keith Wilberforce Trustee & Chair of Young People's Group

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SEDBERGH & DISTRICT COMMUNITY TRUST *Proposed Youth Club*

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Address: _____

Phone Number: _____

Suggestions / comments:

Deliver to 61 Main Street

SEDBERGH BOOKTOWN

A view from the bookshop door

Sedbergh Booktown was launched in 2005 as a result of efforts to make the town more economically resilient to natural disasters after the 2001 Foot and Mouth epidemic by making Sedbergh less dependent on the weather and the outdoors. At its peak the town had six bookshops but the recession has created great difficulties for the retail trade and especially for booksellers. Sedbergh now has three bookshops with a

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further three shops carrying a good stock of books in addition to other items. There are also two other small bookshops at Farfield Mill. In the past ten years half the booksellers in the country have closed their doors – in Hay-on-Wye the number of booksellers has shrunk from 36 to 18 so by that measure Sedbergh is holding its own.

Sedbergh is the only town in England to be a member of the International Booktown Organisation and has been designated England's official booktown, just as Hay-on-Wye is the Welsh Booktown and Wigton is Scotland's. It has more books for sale per head of the population than any other town in England. Some people

hoped Sedbergh would be transformed overnight into a version of Hay-on-Wye. Booktowns take time to evolve: Hay has existed as a booktown for more than fifty years, while Sedbergh has been going for ten. For the first ten years of Hay's existence as a booktown it had just two booksellers and Richard Booth, its founder, was widely mocked for his ambitions. It is now an international destination, hosting the world's most famous literary festival.

Our bookshop, Westwood Books carries a stock of around 70,000 titles covering a wide range of subjects and we attract about 30,000 customers a year. Most of these customers will also support other businesses in the

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Contact the Information and Book Centre: 015396 20504 / office@sedbergh.org.uk

town. We provide the equivalent of three full time jobs. Many people do not realise that to run a business of this size successfully we could not possibly depend solely for customers on Sedbergh's population of around 3,000. On a daily basis we attract regular customers from across the north west and further afield. Again and again the booktown attracts publicity for the town because it is truly a unique selling point. Bill Bryson, for instance, mentions it in his latest book. There would have been no reason for him to visit the town, rather than any of the other dozens of more picturesque settlements in area, if it was not a booktown. It also helps the "winter

economy" by providing an attraction in the winter months when outdoor activities are less appealing.

Book sales do more than just provide a living for commercial retailers. The Dales and Lakes Book Centre which carries stock from more than a dozen different sellers and is attached to the Tourist Information Centre provides a steady income stream for the Tourist Information Centre. It is staffed by volunteers, but also provides the funds for a part-time manager for the Community Office and is open seven days a week throughout the year. It also makes a small profit which funds community projects in the town. It has recently produced an updated edition

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of The Dales and Lakes Bookshop Trail leaflet which lists 26 bookshops in the area. With a print run of 40,000 it is being distributed to tourist attractions as well as bookshops. The charity bookshop, Clutterbooks, contributes to the funds generated by the town's two charity shops.

The booktown group carries out regular surveys of visitors to the town to inform our marketing strategy. Last summer we conducted a survey in three locations – Westwood Books,

the Tourist Information Centre and the Three Hares Cafe – to find out the reasons for people visiting Sedbergh, where they heard about the town and whether they were first time or repeat visitors. It is striking that half the visitors to the area are repeat visitors and of the first timers most stopped because they were driving through to somewhere else and liked the look of the town.

The wisdom of developing an attraction which is unaffected by natural disasters has been proved by the experience of the town in the last few months following the floods. Although trade has been affected it has not been reduced to the extent that it has been on the west side of the M6. It takes more than floods and pestilence to deter book buyers.

Evelyn Westwood

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PEOPLE'S HALL NEWS NEW TRUSTEES

On Page 81 of this issue, you will see Chairman Steve's news about two new trustees joining us. They are a lot younger than many of us and bring the average age of the Committee down a bit. Still room for



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one more lively person to join our active team.

NEW BOOKING SYSTEM

As a result of losing our long standing stalwarts, Dr Barney reviewed the booking system. One possibility was to go completely on-line using say HALLMASTER. This did not appear to suit the convenience of our hirers. So we have decided on a system somewhere in between.

All our documents are now on-line, including an AVAILABILITY CALENDAR at:

www.sedberghpeopleshall.org

**[Do not go to the old site
www.peopleshall.org]**

The system is:

(1) Check availability, and obtain booking forms, T&Cs, Hirer's Information, hire charges, etc. from the Hall's website

(2) On completion of the booking form, post or take to the Hall's booking agent:

The Sleepy Elephant, 41 Main Street, Sedbergh, LA10 5BL (015396 21770)

(3) We will check availability again, work out the hire charge and return a copy of the booking form and an

ACKNOWLEDGEMENT of the hire charge to you.

(4) We will update the Availability Calendar at least weekly so you can check your booking.

(5) We will invoice you after your event/events.

NOTES

(A) You will need to fill in an Alcohol Notice form, if you are to consume alcohol in the Hall. We may ask you for a Deposit on the ACKNOWLEDGEMENT.

(B) A full charge will be made for all cancellations made with less than 14 days' notice in writing.

(C) A few spare forms and reference copies of all our documents are available at the Sleepy Elephant.

Detailed enquiries to the Hall Secretary 015396 20790. We look forward to continue to welcome you.

WiFi AT THE HALL

The People's Hall's WiFi has been upgraded to fibre – lot faster!

DATES FOR YOUR DIARY

18 June 2016	Old Time Dance
20 July 2016	Coffee Morning
22 October 2016	Old Time Dance
16 November 2016	Coffee Morning

Dr Gina Barney/20790

SEDBERGH SPRING SHOW

Results

Another successful Spring Show was held on 23rd April on a sunny day (again). There were a few more entries than in 2015 and it was great to see a large display from the local schools. Thank you to all the people who gave raffle prizes, the judges, stewards, the town band, the local WI's who provided the refreshments and all the people who helped on the day, and of course all who entered and attended. A big thank you also goes to Nick Preston who opened the show and presented the prizes. This year we had new smart banners advertising the show bought with money from an anonymous donor. Next year we hope to also have some new display boards for the day.

The cup winners are listed below. We look forward to seeing you again on 1st April 2017 – put the date in your diary now!

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Marion Wood

Handicrafts Cup	Elaine Lewis
Homemade Toys Cup	Gill Dickinson
Flowers and Plants Cup	Susan Bateman & Abbi Woof
Garments Cup	Avril Hobson
Homemade Produce Cup	Jane Tulloch & Margaret Reynard
Art Cup	Sandra Gold-Wood
Photography Cup	Richard Thomas
Children's Cup	Abbi Woof
W. Milburn & Sons Handwriting Cup	Lia Lewis
Cup for Special Effort	The Marsden Family
Roger Underwood Cup for most New Entries	Graham Lappin
Lookaround Cup Best in Show (Adults)	Sally Barraclough
Lookaround Cup Best in Show (Children)	Grace Robinson
WI Cup	Sedbergh WI
Shield for Overall Winner of Show	Elaine Lewis

SEDBERGH SCHOOL NEWS

Events

The Pepperpot opening took place on 14th May. Despite a poor forecast the weather was kind and the view spectacular, made all the better by the fizzy drink provided. As well as Tim Farron who officially opened the Pepperpot, representatives of The Yorkshire Dales National Park and the Lottery Fund attended. The Lakeland Voice chorus came and sang for the audience taking the opportunity for a walk and a picnic as well. The opening was followed by a lunch for the 1525 Society

Anna Walkden, a pupil in Robertson House, has illustrated a book on the history of the Pepperpot written by Katy de la Riviere, the School

archivist, and hopes to raise money for a young woman studying for a Public Health degree at Livingstonia University in Malawi. Pupils have sponsored her through secondary education and helped the orphanage she attended. The book is called *Pepperpot Annie* and is available in the School shop for a suggested donation of £5.

Seven of the School's best musicians performed for the last time at the Headmaster's Invitation Concert as they are leaving at the end of term. Mollie Richmond in particular starred singing the Nessum Dorma from Puccini's Turandot.

Twenty four pupils and staff (including the Headmaster and Deputy Headmaster) volunteered to



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Swift Stroll



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**Led by Sedbergh Community Swifts
Friday 1st July**

Meet Loftus Hill Car Park, 7.30pm

take part in a Blood Sweat and Gears cycle challenge against PWS Distributers (York) and Baltic Training (Newcastle) which involved continuous static cycling for 12 hours on each of four days, attempting to achieve the longest cumulative distance. They won and achieved over 1000 miles raising over £1000. Funds raised will go to Phoenix House, the Help for Heroes recovery centre in Catterick Garrison.

Powell House held a very successful Centenary dinner attended by 233 guests, and raised £19,000 for the Roger Lupton Scholarships through a silent auction and raffle. Simon Beaufroy of Slumdog Millionaire and The Full Monty fame was among the

speakers – and brought his Oscar with him. Evans House held a summer masquerade ball, and the Friends of the Prep School also held a masked ball at Casterton. School House also held a summer ball.

Chay Turner-Richards has made a film of biking over the Howgills with Steve Cooling and Shaun Cassini, which will be entered for a competition. This is shown on the monitor in the town Information Centre.

The Prep School chamber choir visited Cambridge at the end of April and sang in the Round Church and among other events went to the rehearsals of the world famous choirs of St John's and King's Colleges.



Malcolm Sedgwick



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A new magazine, Sedbergh View, has been launched on line. The Spring issue can be seen at <https://issu.com/sedberghview/docs/sedberghview/spring2016/1> and contains among others articles by the CBI and the Headmaster.

The Community Orchard on ground made available by the School has had its first apple trees planted.

A pupil, Eliza Twiddle, challenged all nine Houses to be the first to carry ten cases of water to the top of Winder. 260 pupils took part, and their efforts raised £1,300 for UNICEF's Water Project. The winning team challenged Ella and two members of staff to complete the challenge later in the day and doubled their donation.

The School is sad to note the death of Gerry Blackwell, former Housemaster of School House, and Deputy Head and Senior Master. He was an enthusiastic member of the Town Band. A Memorial Service will be held later in the year

The estimated school roll in September will be 530 pupils, with approximately 200 in the Prep, the highest the numbers have ever been, and almost twice what the numbers were sixteen years ago.

The School has come top of a Boarding Schools Association poll of the most influential boarding schools in the United Kingdom on twitter

The Prep School has been celebrating the 200th anniversary of Charlotte Bronte's birth, working with

Sedbergh & District History Society



BOOK LAUNCH



SEDBERGH AND DISTRICT 1914 – 1918

Friday 1st July 2016 at 6.00 to 7.30pm

Saturday 2nd July 12.00 to 2.00pm

in the URC Room, Joss Lane, Sedbergh

July 1st marks the Centenary of the Battle of the Somme

The generosity of the Heritage Lottery Fund permits us to distribute a limited number of copies of this 368 page volume free of charge.

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Bronte Parsonage.

Six Old Sedberghians ran in the London Marathon. Three members of Staff took part in a London Moonwalk and raised over £3,000.

A new volley ball court has been made for Lupton House

A group from the School cadets had a trip to HMS Bulwark.

By the time this is published there will have been three performances of *The Birds*, which was a collaboration between the music and drama departments. Speech Day will also have taken place with the principal speaker Mrs Sarah Dunning (CEO Westmorland Ltd), and the preacher the Bishop of Penrith. The inter-House athletics will have followed in the afternoon.

Pupils from year 6 at the Prep School had a trip to London staying on HMS Belfast, and seeing sites including the London Eye, the Tower of London, and the Globe Theatre as well as seeing the Lion King. A great deal of walking was involved!

Forthcoming Events

Planning permission has at last been granted to build a sports hall roughly where the small pavilion is on the upper cricket field at Buskholme – it will be built into the hill with a grass roof. Work on this should start during the summer. It is hoped that this will be of considerable use to the community as well as the School.

Another exciting initiative which is now well on its way is the creation of a Sedbergh School in Abu Dhabi. .



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The Summer Country Fayre at the Prep School will take place on 11th June, 10.00-16.00. Entry is free but there will be a £5 charge for car parking.

Sedbergh Sportive, the 30 and 70 mile bike routes, will take place on 19th June, which is the same day as the Town's cycle event. All proceeds will go to the Roger Lupton Scholarships

Half term is from 28th May to 5th June

The School Choir will sing in the Sedbergh Music Festival at 13.00 on Thursday 9th June in St Andrews (with lunch available), and will sing at a Communion Service on Sunday 12th June also in the Church. The Choir will also sing at St John's College

chapel in Cambridge on 29th June at 1 pm

The home cricket matches for the 1st XI for the rest of term are against Lancaster on Saturday 11th June, XL Club on Wednesday 15th June, Lancaster CCC Academy on Thursday 16th June, Durham School on 18th June, King's Macclesfield on Monday 27th June, Grey High School, SA, on Wednesday 29th June, and Haileybury, Australia, on Friday 1st July

The Prep School will host an U11 six-a-side cricket festival on Wednesday 8th June, and will play a match against Princethorpe at Sedbergh School on 3rd July

Pupils from both schools will take part in the Great North Swim on

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Sunday 12th June.

The Prep School will give two performances of *A Midsummer Night's Dream* on 1st and 2nd July
Cricket

After a bad start with two games having to be cancelled, the 1st XI played Loretto on a glorious "summer" April day, and succeeded in bowling them out for 50 in just over an hour. However, reality struck the following Saturday when they lost to Shrewsbury by 6 wickets on a day with flurries of snow. The game against Ampleforth at Ampleforth had to be abandoned because of snow, but Sam Barret took 5 wickets, and the A1 game against Cumbria had to be cancelled. The home matches against Ampleforth were in

fact played with the Second XI making history by fielding a girl. At the Prep School Tom Aspinwall scored the first 100 (104 not out) made on their pitch. The next three matches for the 1st XI were played in glorious summer weather. The School lost against Yorkshire CCC Academy but won against the MCC the following day. On the following Saturday they won against Manchester Grammar. They then lost to Shrewsbury (yes, a second game).

Sailing

Pupils took part in Round 1 of the Rooster Lakeland and Border Laser Grand Prix at Killington in gusts of wind up to Force 5. Sailing Clubs took part from Killington, Bassenthwaite, Annandale, St Mary's Loch,



SEDBERGH SCHOOL



We often have vacancies for Kitchen and Cleaning Assistants, and for other roles from time to time. Some roles are based in Sedbergh, and others are at Casterton (Sedbergh Prep School).

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You can collect an Application Form from the Bursary, download one from the School's website www.sedberghschool.org or request one by sending an email to

Maria Gallego-Calderón, HR & Recruitment Administrator
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Also check the School's website regularly for details of individual posts as they arise.

Please return completed Application Forms by email to HRAdmin@sedberghschool.org, by returning them to the Bursary or by post to HR Administrator, The Bursary, Loftus Hill, Sedbergh, LA10 5RY.

We look forward to hearing from you.

Rossendale and the School Shooting

Lauren Crowson, who was Captain of Shooting in 2010, was part of the world champion U25 GB long-range rifle team. She also won the Alexandra trophy at Bisley last year competing against just under 1000 other shooters. She joined the Sedbergh team in her first year in 2005.

Rugby

Will Carling (OS), former England Rugby captain, visited the Prep School. The Prep School has been interviewing Old Sedberghians who have played for their Country, and so far Mike McCarthy (Ireland) and Phil Dawson (England) as well as Will Carling have been interviewed

Equestrian

Following coming 7th representing Cumbria against 23 counties at the Nationals, the team had another good time at Floors Castle when Storm Straker came second in the International CIC 1 star.

Oxenholme Pony Club hosted a tetrathlon event at the Prep School which was attended by pony clubs from all over the country. The Prep School's facilities provided the venues for the run, shoot and swim phases and the cross country took place at Helsington.

On Friday 12 August, there will be an informal concert performed by the U13 NCO Orchestra this year at 7pm in Powell Hall.

There will be no charge, but as usual do need to know numbers as seating will be limited.

If anyone wishes to attend. Please contact the Events Manager by email eventsmanager@sedberghschool.org or call 015396 22616 to reserve places.

In addition people are able to come and listen to the practice sessions at 7.15pm Tuesday, Wednesday and Thursday beforehand, again with prior notice given. *Karen BL*



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Saturday 2nd July

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Sunday 25th September

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SETTLEBECK SCHOOL

"All Change"

In the wake of Dr Greene's departure to pastures new as Executive Head of three schools over in the North East, the Governors of Settlebeck were searching for a rapid solution to her replacement in a rather short time scale. It is testament to the staff at Settlebeck and quick response of the Governors that a solution has been found. Karen Grant, the current Deputy Head, was going to downsize to three days a week of just teaching and we had appointed Paul Beach as Deputy Head to replace her. Under the changed circumstances we are very grateful to Karen Grant for agreeing to become "Head of School" with the

support and advice of an Executive Head. This allows us significant continuity and a known safe and very proficient pair of hands to run the school on a day to day basis. At the time of writing this article, although we are at an advanced stage of negotiation, we are not in a position to announce the Executive head.

With all this change there is an opportunity and a need to re-examine the senior leadership team's roles and responsibilities and one part of this is that Sally Ingham will become an Assistant Head while the Heads of Years will be supported by some Assistant Heads of Years from within the current teaching staff.

It would be wrong of me not to thank Judith Greene for all her excellent

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work as Head of Settlebeck over 8 years. At a personal level I have been consistently advised and supported in my work as Chair of Governors by her. As a leader of the school not only has she brought Settlebeck a very good reputation but somehow has found the time to advise other schools in need of advice. There will be much more valediction to come about all her time at Settlebeck.

Before I sign off may I ask all of you out there if you might help the governors in their search for two new appointments? We need a new clerk to the Governors which we advertised in last month's Lookaround. Sadly our Clerk has had to resign for personal reasons and we need a clerk to work with. Secondly we

would love to find a Governor with particular expertise in Marketing to contribute to our administration of the School.

Please do get in touch if you have any questions about any of the above

Myles Ripley
Chair of Governors, Settlebeck
School Mylesripley52@gmail.com

PROMISE AUCTION

Sedbergh Primary PTFA would like to say a huge thank you to everybody who supported our first ever Promise Auction on 6th May. We raised a grand total of £3,448.93 which is amazing!

This will be used to build an outdoor climbing wall for the children and to introduce the Singing Playgrounds



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Programme. We were overwhelmed by the generosity of businesses and individuals who donated promises, as well as all those who came and bid on the night. It was a fantastic evening, and we hope everyone who came enjoyed themselves. Thank you again

Gemma Suttle

SETTLEBECK NEWS

Drama

As part of our Gifted and Talented provision at Settlebeck, Year 9 GCSE Drama students have been offered the opportunity of going to London to see the West End show 'Matilda' on 29th June, along with Sedbergh School. It is hoped that the

experience of seeing a high quality production will inspire them in their own performance work. A huge thank you to Mrs Cathy Want, Head of Drama at Sedbergh School, for inviting us to join them on this trip. A full report to follow.

Earlier in the term Year 9 and 10 students performed their scripted pieces, various scenes from 'Blue Remembered Hills' by Dennis Potter, in the presence of myself and Mrs Kate Lishman, our GCSE Drama moderator who was very impressed with the standard of the students' work. She complimented both their professional staging and their convincing, original interpretations of the characters they were playing

which included some very challenging roles. It was a very successful day and out of the 10 students entered for this year, 7 students achieved A* grades while 3 achieved grade A in their practical work; a stunning set of results and worth all the hard work. A special mention must go to Lisa Alderson who achieved full marks overall in her coursework, while Tom Wilson gained full marks on the day for his sensitive and complex portrayal of Donald, a troubled 7 year old who often gets bullied by the other children who play, fight, dream and swagger their aggressions, fears and rivalries in their own fantasy world. Originally written for TV, Dennis Potter's deceptively simple tale relates the activities of seven

West Country children on a summer afternoon during the Second World War, in a wood, a field and a barn.

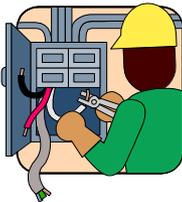
Dance

At the end of March Year 7 and 8 Settlebeck students performed at the Brewery Dance Platform which had themes of Rugby and a Cowboy Western.

On Friday 29th April, Kelly, a dance teacher at the Lowry Centre, came to teach a group of Year 7, 8 and 11 students how to dance contemporary technique. We learnt how to bend, tilt and arch our spines and also how to rotate. We then did a dance as a group with all of the techniques we had learnt and it was really fun. Kelly then taught us how to jump and we danced a little routine with jumps in it.

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After that we made up a solo routine about making our breakfast using floor moves, high moves and jumps, and then we put it together to make trios, a dance with three people, and showed the whole group. The dance workshop was really fun and I learnt a lot of new dance moves.

by Carla Avery Yr7

As a result of the workshop, some of our students have been invited to audition for The Lowry Centre for Advanced Training in Dance and the Cumbria Youth Dance Company – well done to all of you!

More Funding for our 3D Printing

We are delighted to have received a £1200 grant from the Sedbergh and District Community Fund for an

additional 3D printer. With three 3D printers we will be able to offer more support to local schools and develop our adult education courses.

Anybody interested in enrolling on a 3D printing course should contact the Sedbergh Community Development Centre for more details.

We would like to thank the generous support of the Community Fund which generates its income from the excellent work of the Clutterbooks Charity Shops.

Juliet Proctor

SEDBERGH PRIMARY SCHOOL

Sunday 24th April saw eight students taking part in K.A.S.C. Annual Swimming Gala at Kendal Leisure



The swimmers relaxing

Centre.

The swimmers although at first were very apprehensive, soon relaxed and produced some fantastic swims.

The girls got through to the finals and came away with bronze medals.

Thanks to parents for transporting children to Kendal and for their support.

Janette Swallow

SEDBERGH PLAYGROUP

Sedbergh Playgroup is open 5 mornings and 2 afternoons a week during term time. All themes and activities follow the Early Years Foundation Stage and children learn through lots of indoor and outdoor play and exploration, including arts and crafts, construction, imaginative play, sand and water play and visits to local places of interest including the Fire Station.

If your child has their 2nd or 3rd birthday between 1st September 2016 and 31st August 2017 and you would like them to attend playgroup, please contact Joanne Kitchen on 07785 743837 or 20826.

We are based in the Children's Centre at Settlebeck and would love to see you – please drop in at anytime to come and see what we do.

SETTLEBECK SPORT

Unfortunately, due to the horrendous weather we endured during the winter months, we were unable to have an official inter-house day as usual. However, we did have races and winners were worked out by comparing their times along the traditional river run.

Lower school boys:

1st Declan Wellesley-Smith 10min 59sec

2nd Lewis Garnett 11min 09sec

3rd Jack Emmerson 11min 34 seconds

Lower school girls

1st Maisie Gough 11min 42sec

2nd Cj Middleton 12min 48sec

3rd Carla Avery 13min 02sec

Upper school girls:

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ROYAL BRITISH LEGION COFFEE MORNING

10am 13th July URC Rooms

The local Sedbergh Branch meets on the second Thursday of every month in the White Hart Club at 7:15pm and needs new members in order to keep up its good work.

You do not need to have served in the Armed Forces to be a member.

Membership costs £16.00 - call 21575 or 20964 or

email: jd@jdifa.co.uk or dmparratt@gmail.com for a form.

For more information, visit our website:

<http://branches.britishlegion.org.uk/branches/sedbergh>

1st Rosie Berners-Lee 12min 04sec

2nd Jenny Lomax 12min 33sec

3rd Phoebe Wharton 13min 11sec

Upper school boys:

1st Jay Ferguson 10min 22sec

2nd Ben Fiddler 10min 38sec

3rd Corben Haines 10min 46seconds

Beck were the overall house winners of the competition for the second year running.

A number of students were selected to represent the school at the recent district athletics trials held at Blackpool. Noticeable performances came from Cameron Horner, who finished 3rd in the 200m final, and Corben Haines, who came 2nd in the high jump. All students who took part performed admirably against other

students from across the South Lakes. Well done. Hopefully they will be selected for the County Trials to be held in Early June.

Cj Middleton's hockey year finished on a high after she won Cumbria U13 hockey's most improved player, showing how her determination and drive to improve and perform has really payed off. A fantastic achievement, well done.

Some of you may have heard that Settlebeck is looking to improve our facilities. We are in the very early planning stages of developing the area of the field by the tennis courts into an all weather 3g surface to enable the school, primary school and local football and other sporting clubs to have a facility that they can train and play on all year round. This process involves a lot of form filling, possible fundraising and meetings in order to make this work for Sedbergh and the community. If there is anyone who would like to help in this then please drop me an email at goodyearl@settlebeck.org the more help I can get, the sooner this facility could be up and running for community use.

Juliet Proctor

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DEMENTIA AWARENESS DAY & THE SEDBERGH SONGSTERS

The Sedbergh Songsters sang in the middle of May at the Sedbergh Market stall promoting dementia awareness in Sedbergh. We sing a number of songs from the 1940's, 50's and 60's - as well as many traditional songs which singers remember from Singing Together at school - and as well as being a welcoming group, the songs are suitable for those with dementia because research shows that the part of the memory which remembers songs works even when other parts of the memory have been destroyed by the disease.

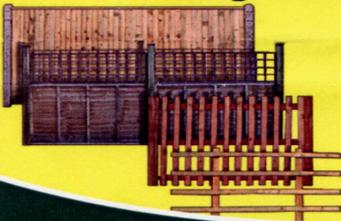
Several people who were passing our stall joined in with the songs - and

several elderly stall holders told us memories which the songs evoked - like the woman from a brick a brack stall saying how her father used to sing her My Grandfather's Clock. I always enjoy these stories at our sessions - after singing When I'm 64 one couple from Liverpool told us how they saw the Beatles live in the Cavern.

And after singing How Do You Do What You Do to Me? by the Mersey band Freddie and the Dreamers another told about when he was a teenager in 1966 and Everton won the FA cup. The fans were in London all night and in the early morning they went down Downing Street to see Number 10. They were milling about outside as the sun rose over

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Westminster when an upstairs window opened, and Prime Minister Harold Wilson lent out of the window in his pyjamas, raised his arms in the air and shouted: "EVERTON!"

We had a cracking good sing in good company - with refreshments kindly delivered from the URC hall coffee morning - and the rain kept off until the end of the last song: "The young ones, darling we're the young ones; and young ones shouldn't be afraid; to live, love, while the flame is strong; 'cause we may not be the young ones very long."

As some of us might have found out. (The singing group, which meets every Monday morning from 10.30am -12 noon at Gladstone House, is open to all and will continue through the summer term. You can get more details from David Burbidge 015396.21166.)

B4RN PROGRESS

May has seen steady progress in the B4RN Hyperfastdales community project to bring ultra-modern broadband to every home in Dentdale and Garsdale. The first trenches are being dug, ducting laid, ready for the fibre-optic cables that will revolutionise internet use in the two dales. The hamlet of Gawthrop will be the first to benefit as the link is made from Barbon to Dent school – the so-called 'back haul' for which 80% of wayleaves are complete, and where the Big Dig will commence this month.

Our teams of volunteer diggers (and tea and cake suppliers to keep them at it) are growing – but we need more if we are to make rapid progress this summer. Read about what is involved by going on our website, hyperfastdales.org or the associated Facebook page, [facebook.com/hyperfastdales](https://www.facebook.com/hyperfastdales). Or email David Pilgrim at b4rninit@btinternet.com. He will put you in touch with one of seven local team leaders who will be delighted to welcome you to the project.

It's your opportunity to make history! One volunteer told us: "One day,

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when I stand and take time just to look around at the walls of this valley, I will be able to say I helped make this happen. Nobody will remember I helped, but I will. And nobody will ever feel as proud and happy as I will at that moment."

Among those who will benefit most from hyperfast broadband are our dales farmers. That's why NFU vice-president Guy Smith is backing rural community projects like ours. Achieving universal access is essential, he says, to run safe and efficient farms, comply with regulations, and allow farmers to develop their businesses. "Poor access to broadband is neither sustainable nor acceptable. We have

heard of farmers waiting 15 hours to download a countryside stewardship guidance booklet." By B4RN it won't even take 15 seconds.

And have you seen that estate agents are beginning to notice that hyperfast broadband sells houses? One in Lancashire is advertising a desirable residence as "fully equipped with B4RN-installed broadband"!

Next month we hope to publish the names and contact details of your local team leaders, and a flyer full of detailed information. Meanwhile, take a look at the website for regular progress reports – hyperfastdales.org

And remember, B4RN is not a business. We are not BT! Our teams are surveying, digging, organising

wayleaves and raising money to pay for equipment – and it's all voluntary. Previous generations brought piped water up the dales, then telephones, then electricity (though even then there were those who said it would never catch on!). Now it's our turn to make a difference, and you can be part of the adventure!

*From the Hyperfast Broadband for
Dentdale & Garsdale
Communications Team – 015396
25321*

PEOPLE'S HALL BUSINESS HUB

The Sedbergh Business Hub at 33-39 Main Street is due to close on 31 May 2016 and return to being a retail outlet. This is just as the facility was

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FAMILY MUSINGS

We have a huge amount of toys for the grandchildren to be amused by or play with but recently their fun has come from playing with a cardboard box.. flying of to exciting places looking for Lions, our cat obliged by appearing at just the right moment or building a house aided of course by singing about a certain builder called Bob!

Ice cream is very popular and not just by little people and we can often be found in a local café borrowing tea spoons to eat with and catching up on local news. The double buggy poses something of a challenge up and down steps and over the cobbles but we manage, often singing the song I

remember my Mum teaching me, "The more we are together the happier we shall be, for your friends are my friends and my friends ..etc", not really true for we often have wider circles of friends than that but the sentiment is great. Maybe we all need to work a bit more at our friendships, my mind goes to Cornwall and the lovely time we spent last year with friends not seen in years and one of them has been my friend since I was 8! We spent hours together on cliff top walks and playing on the beach and it all came back to me on the WI Writing Course I did recently and really enjoyed. This has led into a Writers Group once a month which is also enjoyable and helping me get my writing back on track.

Auntie over East has recently celebrated her 98 th birthday, she spread out the celebrations and I was with her before the actual day and arranged an Afternoon Tea party at Dewtons nr Hull. They did us proud

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as Afternoon Tea places tend to and we all tucked in and enjoyed ourselves and then Auntie asked for a 'doggy bag' for later.

One of our nieces gets married this month and the ceremony is at the local church so we don't need overnight accommodation as we did a few years ago when we went to a wedding in Sheffield and one in Worcester, the first one was cheap and (sort of) cheerful the second was lovely and within walking distance of the evening reception, always a plus when you are getting old-er. Enjoy your holidays and family times.

Sarah



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LABOUR GROUP

What is to be Done?

Doubtless many of you will have heard that the Sheltered Accommodation scheme in Sedbergh has fallen victim to the egregious 'Cuts'. What this means is quite simply that some of the weakest and most vulnerable in our Community are to be stripped of those provisions that enable them to live secure, independent lives!

The Warden Service is now going to be based in a 'hub' in Kendal; the

emergency alarm system is to be removed unless individual residents are prepared to pay for it, if not the generous offer of a telephone call every fifteen days is to be provided.

Worst of all, Gladstone House, recently refurbished at great cost, is to be disposed of! There is, as yet, no suggestion of what might happen to it but the likelihood at the moment is that it will be sold, leaving the elderly residents of the sheltered scheme with no point of contact with one another or with voluntary services.

We have already lost our Age Concern representative, what will we lose next?

What is to be done?

We are organizing a petition and we ask as many of the readers of 'Lookaround' as possible to sign. We hope to put these petitions out into all the local shops, so do please look out for them. Our aim, along with the residents of Binfold Croft in Kirkby Lonsdale, is to publicise our collective plight and the unnecessary anxiety that these actions will cause.

I cannot conclude without wishing everyone a 'Happy Referendum'. We should consider ourselves fortunate indeed to have the democratic choice of deciding which smirking, self-satisfied Old Etonian we want to see leering at us from our newspapers or our television screens as we tuck into our wheaty bangs and toast on the morning of the 24th.

Finally, I wish to thank all those who voted for me in the recent District Council elections; we didn't win, but hey, there's always a next time.

Nick Cross

DENTDALE CHRISTIAN FELLOWSHIP

Our Passover meal in the Memorial Hall had 30 people book in and Pauline & Simon Kaye from Kirkby Lonsdale led us through the customs and the foods, Juliet Burd came to serve the food and helped in many other ways, we danced and sang and chatted and ate, enjoying fellowship together with folks from near and far. Now we look forward to Pentecost celebration. On 14th May some of us joined friends in a day of prayer in the valleys starting at Hawes Junction Zion chapel, visiting Grizedale, Garsdale, Cautley, Sedbergh, Dent dale and station and back to Hawes Junction chapel. Planning is ongoing

for the August festival. As ever, all our events are open to all, just give us a call, 25212. John & Sarah Woof. Shepherd's Dwelling.

On Page 26 of this this Lookaround is an advert about the "Quiet Place" at Rhumes, Dent and it is open on one of the busiest and possibly noisiest days of the year in the village - the Music and Beer Festival! Yet sometimes being "quiet" does not need us to be 'silent'! A place to draw aside, enjoy the beauty, follow a prayer trail if you wish and enjoy home made cake and a brew.

A Right Royal "DO" will take place at "Rhumes" Laning Dent on SATURDAY JUNE 11th from 1pm, the idea is to share a great big picnic, bring your own food and drinks if you



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wish although tea/coffee and soft drinks will be available. We will have gazebo's ready for shade or protection from the rain along with tables and chairs and toilet facilities. There will be a special welcome for toddlers and we have toys for playing with. This is NOT a fund raiser and is FREE. The flags and bunting will be up and we will drink a toast to Her Majesty at 2.30, all who wish to join in are very welcome.

All enquiries to Sarah at 25212.

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CHURCHES TOGETHER

News from the Pews



Someone living near to the Parish Church had an unexpected lie-in on Pentecost Sunday (15th May), as their alarm did not ring. Perhaps I should say alarms as they were referring to

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the church bells. The ringers had bell - free morning too as the joint morning service was held in the Methodist Church.

Often called the "birthday of the church" the congregation enjoyed a wonderful celebration, singing heartily with the joint choirs and the Methodist's own Music Group. In the spirit of a true celebration drinks and eats were freely available afterwards; in this case copious amounts of tea, coffee and biscuits whilst news and views were exchanged in the Sunday School room.

Sunday evening at St Andrew's was a beautiful Choral Evensong. The choir always has something new to

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sing for these special services and helped to round off a special day in the Christian calendar on just the right note.

Another special birthday is to be celebrated on Sunday 12th June at St Andrew's. We are hosting a Tea Party for the Queen's 90th birthday. Everyone is invited. There are no tickets to be bought; we should just like you to come along between 2pm and 4pm for tea and scones, some entertainment and company. Michael Diamond, the wonderful Punch and Judy man we enjoyed at one of our Summer Fair's is coming all the way from Liverpool for the afternoon to perform for all the young at heart whatever their age. However, the

bouncy castle is definitely only for the youngsters!

We shall look forward to welcoming you whatever the occasion is that you visit us at St Andrew's.

Susan Sharrocks

Tony Reed Screen

Churchwardens

**News from St John's Church,
Cowgill and St Andrew's Church,
Dent for June Lookaround**

Cowgill Church congregation enjoyed a beautifully dry Sunday in May to celebrate their Lambing Service. Ian and Valerie Gornall very kindly supplied the ewe and two lambs to be blessed in the churchyard, as well as "Lass" the sheepdog. A good crowd gathered in

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the churchyard for the blessing and all the animals were very calm. The children blew bubbles across the churchyard to represent the creative movement of the Holy Spirit across the land on Pentecost Sunday.

Whilst all this was going on, builders have begun work to try and repair the water ingress into west end the church and begin a programme of repairs agreed by the Diocese and PCC, which will cost us £30,000 plus. This includes repairing the church organ. The PCC have had a real battle to try and raise funds to cover this and we will have to pause after the work which is currently being carried out, until more money is raised by the local community and our many applications to grant

funders.

The Diocese is very supportive of our efforts to get this work done, but we have less than a third of the money required to do all the repairs. The PCC have launched a Friends Group to alert the wider community to this need for help (which will also keep you in touch with all the things going on in the church). So please look out for your letter over the next few weeks and think seriously about how you can help the dedicated PCC members who are trying to get this work done. St Andrew's Dent is also launching a Friends Group.

Cowgill Church is planning a meeting for everyone to find out about the issues concerning the church building - please look out for

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Good Luck!

notices when this is arranged.

St Andrew's Dent welcomed two visitors in May to take our Sunday services, the Revd Andy McMullon came and preached for a pulpit swap Sunday, whilst the vicar took the service at Sedbergh. Our Archdeacon, Penny Driver, also took at service at Dent and looked at the progress being made to convert the old bier room into a toilet and kitchen. You can now see how the two rooms will look. The builders have to pause regularly to allow things to dry out and prevent installations warping as the church was very damp post Storm Desmond, but work should finish soon.

Church Services in June St John's

Church Cowgill:

June 5th: 2pm Baptism of Isla Hill

June 19th: 2.30pm Holy Communion

St Andrew's Dent:

June 5th 10.30am Holy Communion.

12 Noon Baptism of Scarlett Hodgson

June 10th 12 Noon Wedding of Ryan Gregory and Rachel Woof

June 12th 10.30am Holy Communion

June 19th 10.30am Holy Communion

June 26th 10.30am Taize Service

SWIMMING GROUP

The Early Morning Swimming Group at the School Pool is doing well but could do with about another couple of people to make the sessions viable.

If you are interested, please contact Kate Thexton by e-mail on kate574@btinternet.com



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LOCAL SQUIRREL GROUPS

Many of you will have noticed in the last few editions of Lookaround mention of the Garsdale Red Squirrel Group. This group has existed for a few years and has done a huge amount to promote red squirrels in the Dale. This group complements and is of the same status as the Sedbergh Red Squirrel Group, a community group run by dedicated volunteers. Now, the Garsdale Group has been officially welcomed by the Northern Red Squirrel Group, which oversees activities in Cumbria and beyond.

You may well ask why two groups? Both groups have the same aim, which is to preserve the red squirrel



however the objectives are different. Garsdale is a red squirrel stronghold and habitat protection is their main concern whereas the Sedbergh group is more concerned with controlling grey squirrels and encouraging more red squirrels to the area. Hopefully local input from residents in both group areas will help focus and target efforts more effectively. However, both groups will work in synergy together with the aim of achieving a joined up approach for the region. We would both really like to see enthusiasm and passion for red squirrel preservation in all the dales surrounding Sedbergh.

If you feel you would like to get

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involved in the vital conservation work that is being undertaken by both groups please get in contact with Sue Ryall (email sjc.ryall@btinternet.com mobile 07990 517798) for Garsdale Red Squirrel Group or Emma Palmer (amberlilygold@yahoo.co.uk, mobile 07584 285923). There are lots of different ways that you can help so please get in contact to find out how.

You might be concerned about who to contact if you see a red or grey or want to send in records. Don't worry – if you send information to one group when it should be with the other then we will sort it out! The Garsdale group covers from the cattle grid on the A684 to Dandry Mire Viaduct, stretching up to Baugh Fell and Aye

Gill Pike in the south. Records for this area should be sent to: frances.johnson@btinternet.com

The Sedbergh group covers Cautley, Dentedale and Cowgill, the Howgills and up to the line of the M6, Killington, Barbon and Kirby Lonsdale and of course Sedbergh! Records for any of these areas please e-mail Emma Palmer on amberlilygold@yahoo.co.uk

Finally, keep your eye out for the recent edition of the Dales newspaper which spotlights the YDNPA Sustainable Development Funds allocated to habitat survey work that Garsdale group are undertaking for the next three years. The first survey is complete and results will be

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published shortly.

*Emma Palmer, Secretary of
Sedbergh Red Squirrel Group
Sue Ryall, Chair of Garsdale Red
Squirrel Group*

SEDBERGH COMMUNITY SWIFTS

Pause and look upwards, as you walk around!

Strolling round Dent on a sunny morning last month we saw lots of swifts gracing the skies, and while chatting to people we even spotted two nesting sites, as swifts darted into the eaves. And in Sedbergh in Bainbridge Rd we were delighted to see small screaming parties hurtling around Bainbridge Court.

However, the first two weeks of May were variable, with very few swifts

around on many evenings, and this has also been reported in various other parts of the country. By the middle of May many more arrived. Most of our own swifts at Lowgill came back as expected between May 5th- 8th while others did not return until the 17th.

Someone asked why we bother about swifts. The simple fact is that they are entirely dependent on us – our buildings – for nesting, and are in serious decline due to our actions in blocking up their nest sites and knocking down old properties. It is in our hands to do something about this, and surely we have a duty to help these tiny birds that travel over 7,000 miles to breed with us here in summer.

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June should be a good month for swifts: Lupton field on Back Lane can be a good place to see them wheeling around, and at least four houses there are lucky enough to have swifts nesting. The two boxes that have been installed at Wheelright Cottage b&b show how sympathetically they fit in.

At St Andrew's church in Sedbergh an exciting project has been completed: to try and attract swifts to nest in the tower. Around the country a number of churches have successfully managed this, and as swifts are breeding in the eaves of nearby Sedbergh School library, our church just across the road seems a suitable site.

This was no easy task, as custom-made boxes of a rather a complex design were needed to fit closely into the louvres of the tower. Fortunately Nick Preston the Vet rose to the challenge, and without his marvellous

woodworking skill and help this project would not have been possible. Over the winter he and Edmund Hoare spent many (very chilly) hours up the tower, hauling equipment up with ropes each time, until the boxes were finally fixed in place - the picture shows the end result.

For practical reasons the boxes had to be fitted into louvres facing west (towards Sedbergh School's Evans House). So now it is a question of watching and waiting.



By the second half of June swifts will be feeding their chicks, so there is more chance of spotting them going into nest sites throughout the day. Often we watch at dusk, when both parents finally return to spend the night in the nest.

If you see us lurking around and gazing upwards, you will know what we are up to. Please stop and have a

chat. And why not join in - we really need more people to let us know when and where they see swifts. So many of you tell us how sad you are that there are now fewer swifts than there used to be – so now is the time to do something and help us!

Advance notice of a Swift Stroll: Friday 1st July. Gentle stroll around Sedbergh to see swift nesting sites and places where boxes and nest bricks have been put up. Meet Loftus Hill Car Park, 7.30pm

Contact SCS:
ta.hoare@btinternet.com or
01539 824043

Tanya Hoare

CUMBRIA WILDLIFE TRUST

Jubilee Wood

Many of you will have walked through Jubilee Wood and perhaps not realised how ancient and special it is. This woodland gill is rich in species with an abundance of native flowers, birds (year round and summer visitors) and small mammals. Founded in 2003, to celebrate the Queen's Golden Jubilee in 2002, Jubilee Wood is managed by the Sedbergh branch of the Cumbria Wildlife Trust and benefited from grants from Yorkshire Dales Millennium Trust, Earthwatch, Cumbria Woodlands, United Utilities, and voluntary labour contributions from school pupils at Sedbergh and Settlebeck schools and the national park.

Jubilee Wood is located at the top

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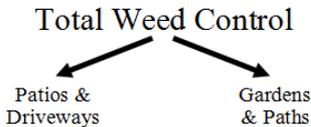
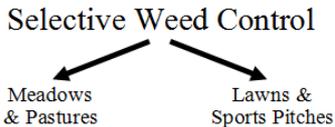
end of Castlehaw Lane, just above the farm, or grid reference SD 661 925. Many people walk through it, either with their dogs, or on their way up into the fells. The area encloses part of Settlebeck Gill, which runs off the Howgills to join the River Rawthey. The lower part of the Gill, which makes up the reserve, is fenced off to protect the woodland from stock grazing. The contrast between the fenced-off area and the open land beyond is obvious.

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excellent example of lower carboniferous conglomerate (that is very old rock!). So as you peer down into the water, you will see rich red rocks, which are approximately three million years old. Further up grey boulder clay, exposed during glacial action can also be seen.

Site surveys have found over 40 plants in the hedges, by the beck and in the area between. Plants include the primrose, speedwells, clover and bluebell. These plants have occurred here naturally; they have not been added by human activity. Birds, however, are very good at distributing seeds and this may explain why garden varieties such as cotoneaster have begun to emerge too. The aim

However the contrast is not new; woodland clearances date back hundreds of years and occurred gradually in response to demands for wood, stock grazing and cultivation of cereal crops.

Jubilee Wood has a number of notable features some of which you will always be able to see, others depend on time of year, time of day and luck! A permanently visible feature is the gill itself, which is an

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has been to keep the area as natural as possible to see what grows of its own accord. Unfortunately, this has led to a recent invasion of Himalayan balsam. This pretty but highly invasive species has begun to take over the Gill swamping the naturally occurring plants as it blocks out their natural light in summer. In winter, the ground is bare leaving it susceptible to erosion. It can also contribute to flooding, as it grows in such dense clumps that it impedes natural water flow.

Other features include a selection of native trees, some of which have birdboxes on. Birds seen at Jubilee Wood include the sparrow hawk, spotted and pied flycatchers, various finches and the lovely nuthatch with

its black eye streak. Spotting mammals takes time and patience, and being there at the right time of day, but if you are lucky you might see the western hedgehog, the common pipistrelle bat, the red fox and even a red squirrel.

So if you have not been to Jubilee Wood before then perhaps you now feel inspired to do so and see what you can find. There is an information board at the top of Jubilee wood, which indicates some of the key features, and you can pick up a general leaflet about the reserve in Sedbergh Information Centre.

Jubilee Wood has been created and managed by volunteers and we are always looking for more help. Are you skilled at making bird boxes; we need

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more to replace the old ones. Can you tell your mosses and lichens apart? If so your help is much needed. But everyone can contribute something; come and join us 'balsam bashing' **Saturday 11th June from 10-12**. A few of us will be pulling up the Himalayan balsam, which is the most effective way of control. Please note the Himalayan balsam is growing down the slope into the gill and access may be tricky in some areas. We look forward to seeing you there.

Emma Palmer

On behalf of

*Sedbergh Cumbria Wildlife Trust,
Jubilee Wood Committee*

Philip Horner

Fencing Contractor

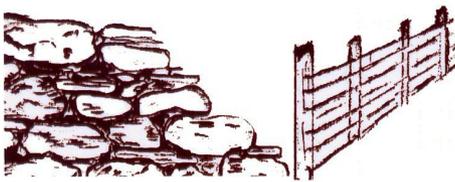
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COGS

*Community Orchard Group -
Sedbergh*

As many of you will have noticed there is some very impressive new fencing on the slope above Lupton playing fields, and within the boundary twenty-six fruit trees have

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been planted.

Twenty of the trees are apple trees, a good combination of cookers, dessert and dual. The dual type start off as cookers, but as they mature they become sweeter and develop into dessert apples, great for winter storage. All the apples are of Lakeland stock and have wonderful names, such as Cockermouth Codlin and Scotch Dumpling. Do visit the orchard and look at all the labels on each individual tree, you may find ones there that you have never heard of before.

We have also planted six damson trees, all from the Lyth Valley, the traditional home of the Westmorland damson. These trees are reputed to

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be tough and strong, so we're pretty confident they will do well here in Sedbergh!

Thank you to all our visitors who came to help and support our big Planting Day on Bank Holiday Monday. They were a terrific help and were rewarded with delicious homemade apple cakes and other goodies.

In time we plan to have a bench or two in the orchard where we hope the whole community will come to enjoy the orchard, to sit and appreciate the wonderful scenery in peace and quiet, to learn more about trees or to taste some of the delicious produce - in the fullness of time! In the short term we plan to have some soft fruits growing as well as herbs for people to



pick.

Although the Community Orchard will be open to all, you and your family can become members of the Group for £5 (single) or £7 (family). One of the benefits of membership is that it allows you to attend pruning and grafting courses at no extra cost, so if you have a fruit tree in your garden that needs some Tender Loving Care, give one of us a call and sign up for this exciting new

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My name is Dimitris and I am a jeweller. I am from Athens and I live with my family in Sedbergh. I learned my craft in the silver workshops of Jaipur, India where I studied for 4 years. After 20 years spent travelling throughout Asia and Latin America I gained inspiration for my work from

many varied cultures. I design and hand craft jewellery using precious & semi precious stones, each personally selected from the gem capital of the world, Jaipur.

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community project.

Please call one of the numbers below for an application form or email communityorchardsedbergh@gmail.com

We look forward to welcoming you to the Orchard in the near future.

COGS would like to thank the following individuals and organisations for their support:

- Cumbria County Council
- Philip Horner (fencing)
- Sedbergh Community Trust
- Sedbergh School
- South Lakeland District Council
- South Lakeland Orchard Group SLOG

Ann Parratt, Chair 20964

Jacqueline Smith, Treasurer 20760

Shirley Lawrie, Secretary

21816

JUNE GARDENING

I always associate the month of June with the height of the old fashioned shrub rose flowering season, and, if I have the opportunity to visit any gardens this week, I shall choose one which has a Rose garden.

Roses flourish best in a rich clay soil, so those that I have in the garden here struggle with my stony loam. However, Rugosa roses, and those which are related to the native Burnet Rose (*Rosa pimpinellifolia* or *spinosissima*) naturally grow in well drained soils and they thrive. Rosa rugosa Roseaie de l'Hay has dark,

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velvety pink, richly fragrant, double blooms, and *Rosa spinosissima* 'Stanwell Perpetual' has double, pale pink flowers born on arching stems. Another beauty is the tall, blue/green leaved 'Great Maiden's Blush' which bears full, fragrant, blush pink blooms.

For rich, dark crimson flowers, the "Moss rose", 'William Lobb' is excellent, whilst the delicacy of the single flowered, crimson budded, pink/orange/honey coloured pedalled "China rose", *Rosa chinensis* 'Mutabilis' is hard to beat. Both of these survived in my garden for about 5 years, then became increasingly weak and spindly and were replaced by other plants. I now treat most bush roses as short lived shrubs and enjoy

them (as a sort of bedding) for a limited time.

The natural companion for the old fashioned rose is the old fashioned Pink. *Dianthus* 'Mrs Sinkins' is perhaps the best known and she flourishes here happily in a stone (concrete) trough in a mixture of 50:50 John Innes compost and sharp grit. She has one flush of flowers, pure white with the richest of clove fragrance. I also have 2 or 3 pots of the more modern (bred in 1960's and 1970's) garden pinks which tend to have a longer flowering period. 'Laced Monarch' has crimson, pink edged petals, 'Gran's Favourite' – white with pink edging, and 'Doris', pink petals with crimson centres.

Elaine Horne

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INFURIATING DOG WALKERS

These bags were left in exactly this position on consecutive days on the bridge overlooking the mill race down Mill Lane. How kind of the dog owner to leave them in such a prominent position for all to admire and appreciate on their spring walk!

Maybe people who practice this method of dog mess disposal (of which there are increasing amounts) should pop into our excellent local School where I believe even the 10 year olds could tell them that putting your dog mess in a bag is all very good. However, leaving it to rot within a plastic bag only serves to delay its degradation. I believe the idea is that you put the plastic bag in a bin and let the local authority dispose of it. If this is too much to ask then leaving it out for nature to deal with would be better.

This practise is shameful and just down right dumb. Please stop, its giving dog walkers a bad name.

This article appeared in the April issue of the Bassingbourn Village Voice Newsletter which is why you did not recognise the location and is



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I have included this article in Lookaround to point out that we are not the only community to have this sort of problem which has been overseen and monitored by many recently and in my opinion, the deposits seem to have been reduced in appearance. Thank you to all involved.

DJW

GARSDALE RED SQUIRREL

Just a quick note to relay a heartfelt thanks from the Garsdale Red Squirrel group to all those who came along to the Coffee Morning and raffle on the 11th May, and to those members of the group who baked cakes, provided raffle prizes and generally helped out on the day. We managed to raise £149.50 from all proceeds which is fabulous and will go towards the ongoing costs of survey equipment, website and promotional materials we produce to promote the conservation of red squirrels in our dale.

I'm sure if they could speak the red squirrels would thank you personally as well!

For further information please visit us at the Website

www.garsdaleredsquirrels.org.uk

Sue Ryall

PRESTON & BRAMLEY VETS

Update on your local veterinary service in Sedbergh.

It is now 2 years since Preston and Bramley merged with Farmgate Vets.

The amalgamation has been very successful and helped to keep a local veterinary service based in Sedbergh, treating companion and farm animals alike.

The companion animal practice continues to be run by Jim Bramley with Becky Dean and Tim Ferguson helping with the increasing work load. On the farm animal side Nick Preston

remains in charge aided by Farm Gate's dedicated large animal vets.

This successful arrangement has resulted in the opening of a new companion animal branch surgery in the Farm Gate premises at Junction 36 Auction Mart site.

The Sedbergh practice continues as it has done for many years, giving a convenient, local service for pet owners and farmers alike, now with the added enthusiasm of young blood, new ideas and some new equipment.

Lisa Bramley and Claire Pope are still happily manning the reception providing the friendly welcome our clients have come to expect.

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SEDBERGH CHAMBER OF TRADE & COMMERCE

At the time of the meeting the Food Festival was in full swing with some events already over and others still to come. The Italian evening at the Three Hares was fully booked and could have been booked five times over! Lets hope it can be done again..... Members reported that the Indian meal at the Malabar – Sedberghs newest B and B - had been extremely enjoyable. The Food Festival will be followed by a local Food Trail to be highlighted by Sedbergh A La Carte based on Caroline Conran's 1960's Paris and London Habitat publication. We are working with local cafes and restaurants and will publish the individual publications on line as they are completed.

If you haven't been asked or have forgotten to send information don't worry – it's not too late. We do them individually and can always add more so contact Barbara (barbara@garsdaledesign.co.uk) or James (james@themoocher.co.uk)

The planning of the Sedbergh Cycling Festival is now almost

complete. It is a Chamber initiative now hosted by the Sedbergh Walking and Cycling Group so come and enjoy the fun over the weekend of the 18th and 19th June. Contact Jacky (jacky@no6finklestreet.co.uk) for more information. The Heritage Exhibition based on the Dent and Garsdale part of the Settle Carlisle line should be ready and showcased at the festival. It will later be moved into St Andrews Church so that as many people as possible can see and appreciate the impact that the building of this line had on our area.

The Vision for Sedbergh, a joint project by the Parish Council, The CIC and the Sedbergh Chamber is complete and ready for discussion at the next Parish Council meeting. The Vision Statement has been produced to fill a gap when organisations apply for funding especially from the larger funding bodies. Many of these organisations now require an overall strategy from local groups to see where their particular event fits in to the bigger picture and we have been advised that an overall vision for the town would help. When it is finally approved a copy will be printed in the Lookaround.

Our next meeting is on the 18th July 2016 starting at 7.30pm in the small committee room in the People's Hall. The meetings are open for any member of the general public to come and listen and if you are not a member you can also ask to speak if you want to raise any issue.

We would always welcome more of you. You don't have to own or run a business - you just have to have an interest in maintaining Sedbergh's

economic well-being. Contact Vic Sayner our secretary (mrssaynie@tiscali.co.uk) if you would like to be involved.

Barbara Hartley

SING FOR WATER 2016

Well done everyone who joined us in Kendal for our Sing for Water day on May 7 - we had over 60 singers, and including Gift Aid, raised over £800 for WaterAid which provides clean water in places where there is none in Africa and Asia. It is calculated that each £15 raised provides clean water for life for one person - the charity saves millions of lives from disease by providing clean water and sanitation.

If you want to join us in Manchester to sing alongside over 500 other singers from the North of England please get in touch about shared lifts. You can find out more and register for the day with a donation - and hear the songs we are singing - on the website www.singforwaternorth.wordpress

David Burbidge 21166

CITIZENS ADVICE BUREAU

Can you claim Carer's Allowance?

If you are caring for someone with a long-term illness or disability and you have had to reduce or give up work, financial support may be available for you both. What is available will depend on your circumstances.

The person who is ill may be eligible for Personal Independence Payments (PIP) to help with their daily living and mobility costs.

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Their eligibility will be assessed on how their condition affects them, and what support they need.

To apply for PIP, you can call the Department for Work and Pensions (DWP) and then complete the form you are sent.

If the person you care for receives the component of PIP which covers living costs (as opposed to mobility costs), then you may be able to claim Carer's Allowance. You need to earn £110 a week or less from your job after tax, and care for the person for 35 hours a week, to be eligible. You can make an application on the gov.uk website.

For more help, contact your local Citizens Advice or go online at www.citizensadvice.org.uk.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We have various outlets across South Lakeland and can also give advice

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and help. South Lakes Citizens
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617574*

DENT AND SEDBERGH ORAL HISTORY SOCIETY:

We always kept the church clean, caretakers of the church for years up t' dale (St Johns, Cowgill). We kept the fires going, had to light 'em on a Saturday and then go in Saturday night to stoke up, all to do, all three. And we'd all those hanging oil lamps to fill and clean. I used to polish all those seats. It did seem to take a long while you were by yourself, we spent hours polishing them all. Yes, we cleaned all t' church. I used to like cleaning the brass against the organ, but to try to get t' floor clean, there was no Hoovers, no nothing, carpets took a lot o' keeping clean. I used to scrub that war memorial to try to keep it clean. I knew when they put it there 'cos granddad gave t' marble for it and they'd med a cross. And it came back rough round t' edge. Oh,

granddad was disappointed, I can still see him. He said 'They should have polished it all, then we could 'ev kept it cleaner'. I kept that clean; I know all the names. MARY ELLISON born 1909

From **Telling it like it was – Dent, Sedbergh and District in Living Memory** edited by Anthea Boulton and Veronica Whyman

EASTER SALE

Easter Monday was early this year but luckily there was a pause in the wild and wet weather and here in Dent the sun shone. The Memorial Hall doors opened at 10 and the St Andrew's Church Sale went steadily until 2pm with the Cafe keeping the Kitchen very busy.

There was a table full of mouth-watering coffee and walnut cakes for the Cake Competition. The winner, with a perfectly proportioned cake, was Tracy Woof. New this year we introduced a Marmalade Competition which also proved popular. The winner of the Thick Cut category was Dianna Bucknall; the Thin Cut category was won by Mary Winterflood; with Janet Skublics and Vicky Mynott both Highly Commended.

The first prize in the Raffle was won by John Fawcett. The winner of the Table Treasure Hunt was Janet Dodds. As ever the Cake & Home Produce Stall was very popular with mouth-watering cakes, biscuits and preserves. The Plant section was very colourful and attracted many gardeners wanting to get to work in their gardens.

There were bargains to be

discovered and prizes won on the stalls and the Kid's Central Reservation was busy.

On behalf of Dent's PCC I wish to thank all our supporters who give their time and expertise to make St. Andrew's social events throughout the year so successful: including the monthly Coffee Morning; Open Gardens; July Jumbles and Winter Bazaars.

Susan Johnson

SEDBERGH INFORMATION & BOOK CENTRE

We now have some information and application forms from the South Lakeland Credit Union at the info centre. Credit unions are a local, democratic way to save and borrow and really worth investigating. They are just getting going and it will probably be a while before they have a regular presence in Sedbergh but we are working on it! We are also working on some sort of link with the Citizens' Advice Bureau, again this is a slow process but watch this space.

If you're thinking, "Now this is the sort of thing I would have expected the old Community Office to do", that's not a surprise because we are the old Community Office! When the Community Office stopped using the office upstairs at 72 Main Street it didn't stop, its volunteers and staff and information and contacts moved downstairs, the Office merged with the TIC to make what we have today – an information centre for visitors and residents. If there is a community-type initiative that you think deserves a wider audience please come and talk to us about it, we can help. Of course, Dennis would say "Put it in



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Lookaround first" (*Almost correct - I would say Lookaround as well. I would suggest that all residents of Sedbergh have a look in at No 72 as I am sure you will be amazed as to what there is for locals. DJW*)

All the best.

Andi Chapple

WALKING & CYCLING GROUP *Singing Walks*

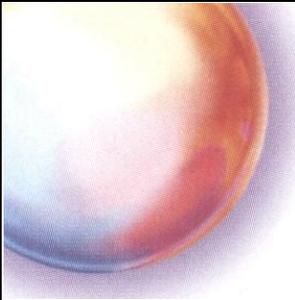
This month sees the last of the Walking and Cycling Group's public talks before our Summer break. It's being given by David Burbage, Sedbergh's great enthusiast for outdoor singing. As usual the talk is being given, or at least started, in the People's Hall at 7:30pm on Monday the 27th of June. As ever, details of this and other walking- and cycling-related events can be found on www.sedberghgateway.org.uk.

Robert Powell

PEOPLE'S HALL UPDATE

Cometh the hour cometh two women

In the May Lookaround I reported that the Hall was in a bit of a muddle having lost two of its stalwarts, Sean Hobson and Elspeth Griffiths, through



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retirement. I explained that the Hall's Committee would struggle to carry on without them being replaced and made a plea for help. I am pleased to report that two ladies have come forward.

Dianna Whitfield has volunteered to take on the role is Treasurer. She is a Principal of Fox Whitfield, Employment Advisors and recently came to Town. She is one of the volunteers in the Information Centre on Wednesday mornings and is the Treasurer of the Craft Workshop. At work she deals with the financial side of the business. Welcome Dianna.

Sarah Greenwood recently moved to Sedbergh from Kendal and is the daughter of Mike Tomlinson, whom many of you will remember from his days in Sedbergh. Sarah will look after the Booking System. She is a Principal of Pixel Pudu, web designers operating in Kendal. Her expertise in the web should help us sort out our web presence. Welcome Sarah.

What a relief to find two such experience people to join us. There is still room for one more lady (sorry person) on the Committee to make up our tally of seven Trustees.

With many thanks,

*Steve Longlands , Chair
People's Hall Management
Committee.*

PS: Our busy Secretary, Gina, thought of the headline not me – nice isn't it?

PPS: A pudu is the world's smallest deer – Sarah told me that!

EDITOR'S NOTE

Congratulations People's Hall we are sure the Town is relieved the Hall will

continue to serve the Community. Our only concern is how Steve will survive with nine ladies on the Committee and only five men. We have often heard him complain that the only time he is allowed to say anything is for three minutes at the AGM. Note the two PS's!

APRIL WEATHER

April is often a mixed bag and so it was again. Perhaps the most surprising result, in a month normally known for its showers, was a 9 day dry spell. In fact we finished the month with 3.5 inches (84mm) which is not excessive for April. Although we had a high of 70F (21C) we still had 8 nights with a frost and a further 8 with ground frosts, with a low of 25.7F (-3.5C). With the wind chill factor added only 3 nights stayed above freezing. The maximum wind gust, recorded on 2 occasions, was 21.9 mph, both from the North West.

"Our" swallows returned on the 12th together. Usually the cock is here a week before his mate. Perhaps the colder spring delayed them. The golden spring, with daffodils, celandines, primroses and cowslips, has had a bit of variety added with the occasional hyacinth blooming together with the anchusa. Towards the end of the month the early cherries, blackthorn and an occasional bluebell amongst the stichworts, added further colour.

There are a few more birds feeding, requiring the feeders to be filled a bit more often. The sparrows are noisily nest building and it seems both collared doves and woodpigeon have hatched young, judging by the egg

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shells lying around. At the end of the month both blackbirds and the pair of song thrushes were obviously feeding young. Where they have nested I'm not sure but they keep disappearing into the bushes. Let's hope the magpie doesn't find them! A blue tit had refurbished its nest in one of the boxes in the garden but a wren has made a take over bid and filled it with moss. They have done the same to an old swallow's nest both in the kennels and the donkey shelter across in the field. Lets hope they leave the main swallow's nest!

GARSDALE GOING FOR GROWTH

On Sunday 24th April, once again we held our Lambing Service at St. John's Church, Garsdale, when an excellent time of fellowship and friendship was enjoyed by everyone under the leadership of Rev. Andy and Rev. Harold, followed by a lovely tea in the Village Hall

Grateful thanks to all who provided food, or helped and supported in any way. Special thanks must go once again to the Labbate family for providing such well behaved lambs. (Are they specially trained I wonder?).

Donations were requested for Great North Air Ambulance and amounted to £135. Thank you all.

Mary Airey

SKATEBOARDING PARK

In the light of the Parish Council's opposition and advice received from the Yorkshire Dales National Park Authority we have withdrawn the Planning Application to build a Skateboarding Park on the North side of the Recreation Ground adjacent to Howgill Lane. We are disappointed that we have not been able to make further progress to provide a facility which is the top priority for the young people of Sedbergh and has the support of, amongst others, our MP, the outgoing Police Commissioner and the Head of Settlebeck School. We are still convinced that there is a need and we will continue to search for suitable venue.

In an email sent to two young people from Sedbergh in 2012, Tim Farron warned them that on his experience of establishing facilities in Kendal it would be a long and winding road. We are in for the long haul.

Tony Reed Screen
Chairman Sedbergh and District
Community Trust

DIVERSITY

*is the beating heart of Sedbergh
Music Festival 2016*

The organising committee has created an exciting mix for this year's Festival from 29th May to June 12th - two very intense weeks. It all kicks off with an exciting Night at the Opera with Jessica Hurst and Friends singing some of the most famous

Daphne Jackson

DO, MsC (Ost)

Registered Osteopath

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arias and ensembles of the operatic repertoire. Top of the bill for many will be recitals by internationally celebrated soloists Tasmin Little and Martin Roscoe who bring a snapshot of their widely acclaimed Beethoven Violin sonata cycle. There is the York Minster Men and Boys Choir with a thrilling programme of Tudor and Victorian music under Robert Sharpe, their much-admired new DoM. Jonty Fisher brings his jazz trio – no strangers to the iconic London Jazz centre at Ronnie Scot. There will be Cornucopia, the Early Music ensemble with instruments, songs and sounds from Princes and Pilgrims in 16th century and earlier. Two local string quartets feature – Stockbridge and Castalia – and they complement the highly thought-of Kentdale Wind Ensemble playing French music. There will be the Sterling Trio of clarinet, flute and piano, the Sedbergh Orchestra in cabaret style, the much-loved Sedbergh Town Band travelling round the world in music, and several concerts given by younger players of the town, notably from Sedbergh School and Peppercot.

There are lunchtime recitals by singers, chamber ensembles, and as if that were not banquet enough, there are excellent midday lunches and evening suppers before concerts, and refreshments for the intervals. All events except that by the Sedbergh Orchestra, take place in the lovely St Andrew's Church at the very centre of the town.

Stuart Manger

SEDBERGH HOLIDAY CLUB 2016

Holiday Club Mon 25th – Fri 29th July

The annual Holiday Club, supported and organised under the banner of Churches Together in Sedbergh & District, will be held once again in 2016. This year it will be in the first full week of the school summer holidays, commencing Monday 25th July.

The Holiday Club will be held at the People's Hall from Monday 25th to Friday 29th July 2016, with a special event for children & families on the morning of the following Sunday 31st July. Open as usual to children of primary school age, notionally 5-11 years.

The theme will be 'Mission Possible?' where the children will be detectives discovering things about Jesus.

We will be launching the Holiday Club week with a special united service, on Sunday 24th July, 10.30am at St Andrew's Church Sedbergh.

The Holiday Club team value the support we receive from the community in organising this annual event, and trust that you will once again encourage the children to attend. Details on registration will be

in the July Lookaround.

*Sandy Roy
Sedbergh Holiday Club*

CANCER RESEARCH

We are raising money for Cancer Research UK – please support us on 'JustGiving'

We are walking the Coast to Coast trail from St Bees on the west coast of Cumbria to Robin Hood's Bay on the east coast of Yorkshire, a distance of 194 miles from the 1st to 15th July 2016, to raise funds for Cancer Research UK.

You can help us raise money for this great cause to beat cancer by donating directly to our fundraising page which gives more details:

www.justgiving.com/David-Parratt

If anyone would like to join us for any of the legs, you will be most welcome. Please contact David either by email on: dmparratt@gmail.com or mobile on: 07855 384640 for details of our schedule. The website www.c2c-photodiary.uk/ is a photo diary of Wainwright's Coast to Coast walk. The aim of the site is to give those considering the walk an insight into the terrain and landscapes encountered.

Thank you for your support!

David Parratt & Fiona Scorer

SEDBERGH SPORTS

July 9th is nearly upon us and once again Sedbergh Primary School and their PTFA will join forces with Howgill Harriers to host the 6th Sedbergh Sports Evening on Saturday 9th July at Buckbank Farm, Cautley Road.

Every year Sedbergh Sports has a fantastic Senior Fell race, attracting

fairly local runners to compete. However, we expect fell runners from further afield to venture to our lovely Howgill fells of Knot and Sickers this year, as the Senior Fell race will be a British Fell Runners Association Championship race.

The Women's Senior Fell race will be at 2.30pm and the men's Senior Fell race will be at 4pm. Gates will open at 1pm and the usual Children's Sports will commence at 2.30pm.

Bar and BBQ are available, as well as other refreshments. All proceeds go the Sedbergh Primary School. So why not put the date in your diary and make it a fun family day out!

POLICE COMMISSIONER

Peter McCall has been elected to represent the people of Cumbria as the new Police and Crime Commissioner for the following four years.

Peter McCall will have the responsibilities of setting the policing priorities to tackle crime and anti-social behaviour, maintaining a visible and effective police presence, holding the Chief Constable to account and engaging with communities including commissioning of services to support victims of crime.

Peter McCall took Office as Police and Crime Commissioner from 12th May.

SEDBERGH BOWLING CLUB

On the 4th and 11th June we are offering free taster sessions at 5.30pm to 7.00pm. Please wear flat shoes. Bowls will be provided. Come along and find out more about Crown Green Bowling.

If you can't make it to either of these sessions but would like to learn please ring Linda on Sedbergh 20279. We can arrange a time to suit you.

LADIES N.F.U.

Our April Meeting took place on the 19th and was well attended.

Jim and Andrew who both used to work for Border Television entertained us with films about Kendal going back 50 years and more.

The number of businesses in Kendal was amazing, some are different - The "Brewery" Theatre being one example, and some have ceased trading,

The Snuff Makers, Gilkes and Gordon Ltd, K Shoes and many others are still trading.

Recently an old film has been copied of the visit by the Duke and Duchess of York to K Shoes on the 5th April 1935.

The people of Kendal gave them a warm welcome clapping and cheering as they lined the pavements on the way to the Factory which employed 20% of the population of Kendal.

A big thankyou to Jim and Andrew for sharing these films with us and answering our questions.

A short tea break followed.

The lucky Raffle Winner was Dorothy Pratt.

Our Summer Outing is to Sprint Mill on 21st June.

Our May meeting is on the 17th with a talk about the Great North Air Ambulance. *Marlene Mason*

IT SESSIONS

The one2one IT sessions for

phones, tablets and laptops, which Westwood Books sponsors, will move from the Sedbergh Business Hub when the building closes at the end of May. After half term, from June 8th onwards, the sessions will be held at 72a Main Street above the Tourist Information Centre. As before they are every Wednesday from 1 till 4, with half hour appointments. To book an appointment phone Sedbergh CDC on 21031.

Evelyn Westwood

YORKSHIRE DALES NATIONAL PARK

Positive results for National Park planners

Planners in the Yorkshire Dales National Park gave the thumbs up to 94 per cent of applications submitted last year, according to latest figures.

And a survey conducted by the Yorkshire Dales National Park Authority (YDNPA) showed 89 per cent of applicants and agents were satisfied with the service regardless of whether their application was approved or refused.

Whitehall rules say decisions on planning applications must be made within certain time limits and, in the financial year 2015/16, 86 per cent of major applications, 91 per cent of minor applications and 93 per cent of other applications were decided on by the Authority within the appropriate limit.

The figures also show that every application involving agricultural buildings was approved, along with 97 per cent of other business applications.

Robert Heseltine, the Authority's

Member Champion for Development Management, said: "Planning issues are always a sensitive area – you very rarely please all of the people all of the time. The National Park Authority does come in for criticism from time to time over individual planning decisions but these figures show that we are an efficient service and that we have positive policies and make positive decisions

"In terms of appeals against our decisions, only 18 per cent were allowed and I believe this is the best rate of any local authority in North Yorkshire. It shows we are getting it right first time in most cases.

"Another pat on the back is the fact that the figure for customer satisfaction is the best it has ever been since the Government introduced the surveys in 2003.

"All in all it's a good news story but we mustn't become complacent because there is always room for improvement."

Nick Oldham

YORKSHIRE DALES MILLENNIUM TRUST

Make yours a green future

Aged 16 to 24? Get paid to work in the great outdoors!

Yorkshire Dales Millennium Trust (YDMT) is looking for enthusiastic young people to join an exciting Environmental Apprenticeship scheme to gain valuable skills and experience through hands-on work placements with a range of organisations.

Jobs are currently available with: Yorkshire Dales National Park Authority, Marsden AES Ltd,

Conservefor Ltd, Cumbria Wildlife Trust, Horton Landscaping, The Garden Doctors and Sedbergh School.

Participants will also study for a Level 2 Apprenticeship in Environmental Conservation or Landscape Horticulture at Craven College, as well as gaining a range of certified skills & help towards transport costs.

Apprenticeships will start between July and August 2016 and will last between 18 months and two years.

Project Officer Jo Boulter said: "The Dales and Fells Trainee Scheme aims to secure stimulating work placements for local young people, enabling them to stay and work in the area that they grew up in, and learn how to enhance and conserve the area. Past schemes have shown that these opportunities can be truly life-changing, and many of the young people have gone on to forge successful careers in countryside management upon completion of the programme."

To find out more, please visit www.ydmt.org/apprenticeships, email jo.boulter@ydmt.org or call 015242 51002 for full details and an application pack. The deadline for applications is 1 July.

These opportunities are available through two new programmes at YDMT: Stories in Stone which is funded by Heritage Lottery Fund thanks to National Lottery players, and Green Futures, part of Our Bright Future - a forward-thinking social movement of 31 projects funded by the National Lottery through the Big Lottery Fund.

Sarah Pettifer

YORKSHIRE DALES NATIONAL PARK

Plans for school's new sports centre approved

A new sports centre for Sedbergh School is one step nearer after the Yorkshire Dales National Park Authority gave the thumbs up to the project.

Members of the Authority's planning committee agreed to allow a planning application to demolish an existing pavilion and build a 2,000sq m multi-court sports centre on land next to Busk Lane in the town.

The new complex will include multi-purpose sports courts, changing facilities, two studios, an office and a hospitality suite and it will also be available for community use. It has a contemporary design with a grass roof and will use energy conservation techniques within the fabric of the building.

The meeting heard that the application was opposed by Sedbergh Parish Council on the grounds of possible traffic and car parking problems.

But committee members were told the school had submitted a plan to manage traffic at major sporting events.

Carl Lis, the Authority's Member Champion for Sustainable Development, said: "The school plays an important part in the life and economy of Sedbergh and it is important that it can continue to offer excellent facilities both for its pupils and for the community as a whole."

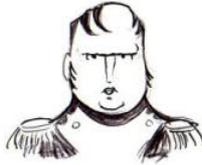
The application was approved with a number of conditions.

Nick Oldham

BRITAIN - V - THE SUPERSTATE



Philip II
King of Spain



Emperor Napoleon
of France



Kaiser William
of Germany

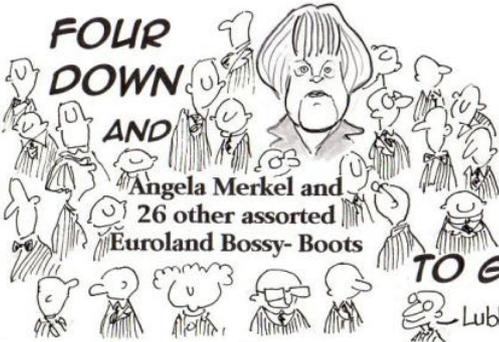


Adolf Hitler
of Germany

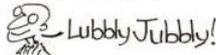
**FOUR
DOWN**

AND

Angela Merkel and
26 other assorted
Euroland Bossy-Boots



TO GO !



Lobby Jubbly!

THE UNION FLAG

OR

THE RING OF PIMPLES.

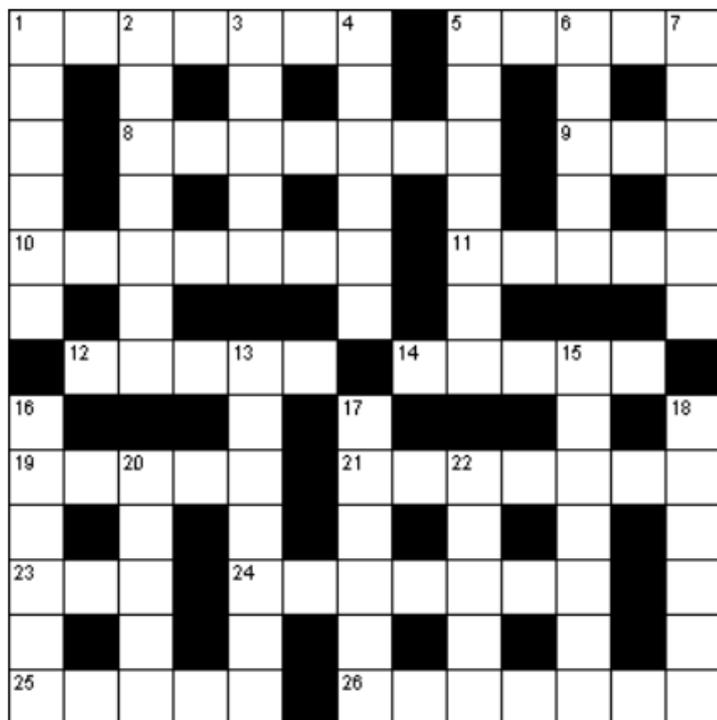


YOU DECIDE !

JOHN

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Across

- Requested the presence of someone (7)
- Prominent (5)
- Closest (7)
- Compete for something (3)
- Expressed mirth (7)
- Scope (5)
- Started (5)
- Mentally responsive (5)
- Inexpensive (5)
- Imaginary creature (7)
- Pasture (3)
- Bulwark (7)
- Pay out (5)
- Proposition deducible from basic postulates (7)

Down

- Models of excellence (6)
- Speculation (7)
- Impart skills or knowledge (5)
- Is afraid of (6)
- Actual (7)
- Corvine bird (5)
- Cricket team (6)
- Had a lofty goal (7)
- Adult male chicken (7)
- Weighing machine (6)
- Pinnacle (6)
- Apprise (6)
- Efface (5)
- Visual representation (5)

Regular Events/Meetings			
1000	Every Sunday	Free Entry to Locals	FM
1000	Every Monday	Wild Goose Qigong	URCR
1230	Every Monday	Sedbergh Songsters	GH
1330	Every Monday	Knit 'N' Natter	DHC
1400	1st Monday	Bridging the Gap	MC
1930	1st Monday	Dent Parish Council	DMH
1930	1st Monday	People's Hall	PH
1900	3rd Monday	Chamber of Trade	PH
0930	Every Tuesday	Drop-in & Relax (6)	MCD
1300	Every Tuesday	Howgill Toddlers	HVH
1300	Every Tuesday	Knit & Natter	FM
1830	Every Tuesday	Cub Scouts	SHQ
1830	Every Tuesday	Swimming Club	SS
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1330	1st Tuesday	Age UK Games	GH
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Sth Lakes	PH
1930	3rd Tuesday	Ladies NFU	PH
0830	Every Wednesday	Sedbergh Market	JLCP
1000	Every Wednesday	Coffee Morning	URCR
1215	Every Wednesday	Age UK Swimming	Baths
1315	Every Wednesday	Art Society	PH
1315	Every Wednesday	Zebbras	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday #	Brownies	SMCR
1730	Every Wednesday #	Beaver Scouts	SHQ
1800	Every Wednesday	Yoga for All (5)	MCD
1900	Every Wednesday	Sedbergh Town Band	SSBR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society (Winter)	SSAT
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1400	3rd Wednesday	Age UK South Lakes	Library
1830	Every Thursday	Swimming Club	SS
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st Thursday	Age UK Cream Tea	Sed Café
1930	1st Thursday	Howgill WI	FCH
1200	2nd Thursday	Age UK Lunch Club	Red Lion
1915	2nd Thursday	Royal British Legion	WHC
1930	2nd Thursday	Sed. Parish Council	PH
1100	Every Friday	Mindfulness Course	MCD
1700	Every Friday #	Barrel of Fun	StAS
1800	Every Friday	Cub Scouts	SHQ
1930	Every Friday	Scouts & Explorers	SHQ
1330	1st Friday	Age UK Dentdale Club	DMH
1000	Every Saturday	Swimming Club	SS

= School Term Time Only
See Group Page for contact details & Diary Page for Keys

PLACES OF INTEREST TO VISIT IN THE AREA
Bowling Green, Queens Gardens
Bruce Loch Nature Area, Busk Lane
Cautley Spout, A683 towards Kirkby Stephen
Community Office, 72 Main Street
Cumbria Wildlife Trust, Community Office
Dent Heritage Centre, Laning, Dent *
Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
Friends Quaker Meeting House, Brigflatts.
George Fox's Quaker Pulpit, Firbank
Golf Club, Catholes, Sedbergh *
Information Centre, 72 Main Street
History Society, Community Office
Holme Working Farm, Middleton *
Holy Trinity Church, Howgill
Jubilee Wood Nature Area, Castlehaw Lane
Langstone Fell, A684 Garsdale Foot
Methodist Church, New Street
Motte & Bailey Castle, Castlehaw Lane
Pepperpot Folly, Busk Lane
Picnic Site, Ghyllas, Cautley Road
Picnic Site, Settlebeck New Bridge
Play Ground, Dent Village
Play Ground, People's Hall
Play Ground, Maryfell
Queen's Gardens, Station Road
St. Andrew's Church, Dent
St. Andrew's Church, Main Street, Sedbergh
St. Gregory's Church, Vale of Lune
St. John's Church, Cowgill
St John's Church, Firbank
St. John's Church, Garsdale
St. Mark's Church, Cautley
Sedbergh Embroidery, StAS
Tennis Courts, Guldrey Lane
United Reformed Church, Main Street
Winder Fell, above Sedbergh
* = Entry Fee Applicable

PERSONAL & SMALL ADS £1

ELIZABETH WINDSOR

A Happy 90th Birthday to Her Majesty the Queen from all the readers of Lookaround.



=====

GEORGINA DEVINE

Happy Birthday Georgina. Love from Laura, Nigel, Anne Marie and Ben.

=====

GEORGINA DEVINE

I would like to say Thank You to Chris Woods and Rosie for all their help at the computer class. I enjoy it very much. Georgina.

=====

BEN GARNETT

Happy 14th Birthday Ben on June 24th. From Mum, Dad, Anne Marie, Aunty Georgina, Nan and Aunty Dawn.

=====

TREVOR & JULIE GARNETT

Trevor and Julie would like to thank family and friends for their lovely gifts and cards on their **Ruby Wedding Anniversary** on 30th April 2016.

=====

FOR SALE

1950's Bevelled edge Mirror. £30. Mahogany Bagatelle. Perfect condition (ball bearing). Cost £90+ in 1960. £50. Garden Strimmer. £8. Ping Golf carry bag with two Persimmon Woods (3 + 5). £10. Ring Sed. 21799.

FOR SALE

Electric Flymo Turbo Lawn Mower. Good condition. £25. Tel Sedbergh 20216.

=====

FOR SALE

One sholley with four wheels and brakes at £10. One rollator with three wheels nearly new also at £10. Telephone 20259.



- Project Management
- New Builds
- Extensions
- Roofing
- New Fitted Kitchens
- Ground Works
- Plant Hire
- Drains

Unblocked/Cleaned/Repaired

Contact George on:

Tel: 015396 21287

Mob: 07977514229

Email: info@gjbainesandson.co.uk

Web: www.gjbainesandson.co.uk



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i> e-mail:- stay@drawellcottage.co.uk	21529
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh LA10 5DW (2013/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk Free Wi-Fi available	20251
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2012/12) <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789
Mrs Lappin	The Malabar, Garths, Marthwaite, Sedbergh LA10 5ED (2017/05) <i>4D (ES); 2T (ES); TV; CH; L; P; NP; DR; VB; CW; TL</i>	20200
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB; Free Wi-Fi</i> e-mail: sangold.kwood@virgin.net	21808

CAMPING, CARAVANNING & SELF-CATERING

Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Self-Catering Sleeps 6-8</i>	20360
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356
Borrett Barn Caravan, Marthwaite, Sedbergh (2015/06)	<i>Sleeps 4 people; D; T; CH; L; P, NS</i>	21175
Borrett Barn Flat, Marthwaite, Sedbergh (2015/06)	<i>Sleeps 4 people; D; T; CH; L; P; NS</i>	21175
Mrs Whitfield	Old Station Cottage. Station Road, Sedbergh LA10 5HP (2016/12) <i>Sleeps 1-4; 2D (King); CH; TVL; P; NS; DR; WiFi; Bike Storage</i> www.oldstationcottage.co.uk	20799

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA =
 Disabled Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs
 Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening
 Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

Organisation	Updated	Contact	Tel:	015396
Aglow International	04/15	Mrs Armitstead	015242	71062
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	09/14	Mr Morrison	Sed:	20209
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beekeepers Association	04/15	Mrs Pauley	015242	51549
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Sedbergh	09/14	Mrs Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/15	Mr Parratt	Sed:	20964
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Community Orchard Group *	06/16	Mrs Parratt	Sed:	20964
Community Swifts (Sedbergh)	03/16	Mrs Hoare	01539	824043
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cricket Club - Dent	01/09	Mr Hyde	Dent:	25503
Cricket Club - Sedbergh	02/15	Mr Hoggarth	01539	583793
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dementia Friendly Community *	06/16	Dr Ripley	mylesripley52@gmail.com	
Dentdale Choir	11/13	Mr Steele	Dent:	25054
Dent Meditation Centre	09/14	Mrs Brooke	07582	017396
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent Primary School - Friends of	03/13	School	Dent:	25259
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
First Responders - Sedbergh	02/15	Mr Cobb	Sed:	22541
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club Junior - Sedbergh	07/14	Mr Kirby	Sed:	21214
Football Club Senior - Sedbergh	07/14	Mr Parkin	Sed:	20585
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	04/16	Mrs Woof	Dent:	25212
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665
Kent Lune Trefoil Guild	12/13	Mrs Gilfellon	01524	781907

Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Labour Supporters Group	10/15	Mr Cross	01539	634139
Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Little People	12/14	Mrs Suttle	07810	833478
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Messy Church	09/14	Mrs Raw	Sed:	20542
Methodist Church Hall	04/14	Mr Allen	Sed:	20194
Over 60's - Dent	04/14	Mrs Richards	Dent:	25324
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council - Dent	07/12	Mr Stephenson	Sed:	21487
Parish Council - Garsdale	12/14	Mr Johns	Sed:	22170
Parish Council - Sedbergh	04/14	Mrs Hassam	Sed:	20125
People's Hall	08/15	Sleepy Elephant	Sed:	21770
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125
Playgroup - Sedbergh	09/14	Mrs Kitchen	Sed:	20826
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group - Sedbergh	09/15	Mrs Palmer	07584	285923
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816
Rose Community Theatre	08/15	Mrs Gold-Wood	Sed:	21808
Scouts - Beavers	11/15	Mr Mawdsley	Sed:	20723
Scouts - Cubs	11/15	Mr Mawdsley	Sed:	20723
Scouts	01/09	Mr Mawdsley	Sed:	20723
Scouts - Explorers	11/15	Mrs Colton	07789	906421
Settlebeck High School P.T.F.A.	04/15	Mr Hartley	Dent:	25317
Sight Advice South Lakeland	04/15	Miss Harper	Sed:	20613
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	10/15	Mr Bannister	Sed:	21664
Swimming Club	03/16	Mrs Thexton	kate574@btinternet.com	
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Town Twinning Group	09/14	Mrs Garnett	Sed:	21138
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Voluntary Car Scheme	06/15	Mr Dodgson	Sed:	20869
Walking & Cycling Group	08/14	Miss Nelson	Sed:	21770
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute - Dentdale	06/14	Mrs Belfield	Dent:	25775
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	11/15	Miss Thompson	07590	115844
Young Kidz	01/09	Mrs Baines	Sed:	21287

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office.

EDITORS COMMENTS

Another fantastic 104 pages last month but I still managed to make a few errors.

A spelling error - very obvious when you see it - was not spelling gorgeous correctly with Olivia Davies Birthday Wish from Mummy & Daddy on Page 90. I had also received an update for the 'News from the Pews' from Tony Reed-Screen which I omitted to include. Apologies to both.

LOOKAROUND INFORMATION

The Sedbergh & District Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker & is printed by Stramongate Press. The content of The Lookaround does not reflect the views of the Editors.

Whilst every effort is made to ensure that information is correct, the Editors cannot accept any responsibility for any inconvenience caused through errors or omissions.

Copies are available from Sedbergh Information Centre, Sedbergh Mini Market, Post Office, Spar, Dent Stores & Barbon & by Post (please enquire).

All items for Lookaround must be sent to the Sedbergh Information Centre at 72 Main Street, Sedbergh or deposited in the Lookaround Post Box there or sent to

editor@sedberghlookaround.org.uk

ADVERTISING

For the benefit of advertisers, the following information will assist you.

If you wish to place an Advert in Lookaround, please include the correct money or cheque with the details & place it in the Post Box. A receipt will be issued & left in the Lookaround Tray in the Office for collection or include a SAE.

Our distribution area is the LA10 Postal District which is Sedbergh & the surrounding villages, but it is sent all

round the country & the world.

We are published on the 1st of every month (except January).

February to November is printed black ink on white. The December/January issue is in full colour. All copies have a full colour cover to indicate a new issue & photographs are requested from our readers who will be credited.

We do not have whole page adverts but will allow two half page adverts opposite each other.

The Front Page is given priority to Event Adverts relevant for the appropriate month.

You can supply the information & we can create an advert for you. You can supply an example in hard copy & we will reproduce it (please mention if a particular Font is required). You can supply an original using Microsoft Publisher, a Word, a jpg or as a PDF.

If you order numerous adverts, the content can be the same every month or it can change if you are seasonal.

The closing date for new Adverts is 15th of every month. Renewed adverts & articles are 19th of every month.

Advertising rates have been updated: December 1991, December 1995, March 1997 & August 1999. (over 16 years ago.)

PERSONAL MESSAGES

These are £1 each & are for sending Good Wishes, Thank You's, Birthday Greetings, Anniversaries & any other celebration or congratulation. You may also sell personal items - not on a business basis, & also make an appeal for wanted items.

Details with respect to people Passing Away are inserted for free.

Please submit legible writing as many mistakes have been made in the past due to not being able to read properly.

GROUPS AND ORGANISATIONS

Any organisation that charges an

Lookaround Advertising Rates

Single Column 2.56" x 1"	=	£7.50
Single Column 2.56" x 2"	=	£10.00
Single Column 2.56" x 3"	=	£12.50
Single Column 2.56" x 4"	=	£15.00
Double Column 5.2" x 2"	=	£15.00
Double Column 5.2" x 3"	=	£20.00
Double Column 5.2" x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month to Britain	=	£2.00
Postal per month Overseas	=	£4.00

All information to
72 Main Street, Sedbergh LA10 5AD
New Adverts by 15th of every month.

*Can all adverts please be
accompanied with the correct money
at the time of submission.*

All else by 19th of every month
Last Price Update August 1999.

admission, sells items or requires a donation from the public for anything at their event & wishes to include details in *The Lookaround*, are requested to place an Advert with us. This can be supported by text which cannot all be included in the advert. Any report *after* the Event is free. The request for payment for an Advert is to assist with financing *The Lookaround* which has a large printing expense every month. We feel that the Advertising Rates are very reasonable. All Adverts for Events automatically have the details entered into the Diary Page at the rear of *The Lookaround*. If organisations do not wish to Advertise with us, details of the Event will still appear on the Diary Page, but no text will be inserted.

BUSINESSES

Adverts for the Rent or Sale of property are not Personals & can only be included as a boxed Advert.

If you are a new advertiser in Lookaround & you order 3 or more adverts, you will receive one free advert & can also include some text explaining who you are, what you are, where you are, etc (which can not all go into an advert) up to about 550 words for free.

If you have more than 3 months of advertising, we will automatically send

a renewal reminder should you wish to continue. If you order 10 months, we give you one free (making one whole year).

We respectfully request payment with ordering. Please make cheques payable to "Sedbergh & District Lookaround".

Payments by BACS can also be made.

Account: Lookaround
Account Number: 30940267
Code: 20-45-28
Reference: Invoice Number or
your name or reference.

Any receipts issued for Adverts will be left in the Lookaround Tray in the Information Centre for collection.

CHILDREN'S BIRTHDAYS

Children's Birthdays are included free on the Birthday page until their 11th Birthday.

Every month, a randomly selected child will receive a £10 Gift Voucher to be used in Sedbergh or Dent from Lookaround who will receive it by post. For this reason, we require the postal address of each child. If we have no address, they are unable to receive it.

If anyone or any business would like to Sponsor the Birthday Gift, please contact us. Full credit will be given.

Dennis J Whicker

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme				
Depart	Arrive			
0808 (C, L)	0852	M - F	502	SCC
0815 (M)	0855	Sat	S1	WDB
0940 (L)	1010	M - F	564	W
1015 (L)	1045	Wed	564A	W
1050 (L)	1130 (Mo)	Sat	S1	WDB
1240 (L)	1310	M - F	564	W
1338 (M)	1415	Sat	S1	WDB
1528 (M)	1605	Sat	S1	WDB
Sedbergh to Kirkby Stephen				
1749 (L) (C)	1819	M - F	502	SCC
Sedbergh to Kirkby Lonsdale				
0945 (L)	1018	Thu	567A	W
Sedbergh to Dent				
0935 (L)	0950	Sat	S1	WDB
1330 (L)	1345	Wed	564A	W
1455 (M)	1510	Sat	S1	WDB
1652 (M)	1705	Sat	S1	WDB
1840 (L, R)	1855	Sat	S1	WDB
Dent to Dent Station				
0950	1005	Sat	S1	WDB
1705	1720	Sat	S1	WDB
1855 (R)	1910	Sat	S1	WDB
Trains from Leeds to Dent Station Sat Only				
Arrive Dent	1016		1923	
Trains from Carlisle to Dent Station Sat Only				
Arrive Dent	1038	1732	1920	

Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive			
0900	0935 (L)	Sat	S1	WDB
1030	1056 (L)	M - F	564	W
1245 (Mo)	1325 (M)	Sat	S1	WDB
1300	1330 (L)	Wed	564A	W
1330	1356 (L)	M - F	564	W
1420	1455 (M)	Sat	S1	WDB
1615	1652 (M)	Sat	S1	WDB
1705 (C)	1749 (L)	M - F	502	SCC
Kirkby Stephen to Sedbergh				
0738 (C)	0808 (L)	M - F	502	SCC
Kirkby Lonsdale to Sedbergh				
1215	1248 (L)	Thu	567A	W
Dent Station to Dent				
1020	1035	Sat	S1	WDB
1750	1805	Sat	564A	WDB
1930 (R)	1945	Sat	564A	WDB
Dent to Sedbergh				
1000	1015 (L)	Wed	564A	W
1035	1050 (L)	Sat	S1	WDB
1515	1528 (M)	Sat	S1	WDB
1805	1820 (L)	Sat	S1	WDB
1945 (R)	2000 (L)	Sat	S1	WDB
Last Update: May 2016				

L = Library ~ M = Maryfell ~ Mo = Morrisons

SCC = Stagecoach

C = College Days Only

W = Woof's of Sedbergh

R = Request Only

WDB = Western Dales Bus

Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.

For Comprehensive up-to-date information ring Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

BUS SERVICES

S2 Cautley Flyer Sunday only until 25th September				
Cross Keys		1135		1715
Maryfell		1144		1725
Library	1000	1145	1615	1735
Spar		1146	1616	
Dent	1015	1200	1630	1750
Lea Yeat	1028			1803
Dent Station	1030			1805
Trains from Leeds to Dent Station				
Arrive Dent	1038			
Trains from Carlisle to Dent Station				
Arrive Dent	1040			1816
S2 Cautley Flyer Sunday only until 25th September				
Dent Station	1045			1820
Lea Yeat	1047			1822
Dent	1100	1210	1645	1835
Spar	1114	1224	1659	
Library	1115	1225	1700	1850
Maryfell	1116		1701	
Cross Keys	1125		1711	

S4 Kirkby Stephen Connect Friday only until further notice		
Dent		0945
Spar		0959
Library		1000
Maryfell		1002
Cautley		1007
The Fat Lamb		1017
Ravenstonedale		1022
Kirkby St Station Arr		1029
Kirkby St Station Dep		1039
Kirkby Stephen		1045

S4 Kirkby Stephen Connect Friday only until further notice		
Kirkby St Station		1251
Kirkby Stephen Arr		1257
Kirkby Stephen Dep	1235	1310
Kirkby St Station	1241	1316
Ravenstonedale		1323
The Fat Lamb		1328
Cautley		1338
Maryfell		1343
Library	0930	1345
Spar		1346
Dent	0945	1410R

S3 Hawes Hopper Tuesday only until further notice		
Dent		0930
Spar		0944
Library		0945
Maryfell		0947
Farfield Mill		0949
Garsdale Street		0957
Moorcock Inn		1004
Hawes Creamery		1015
Hawes Market Place		1018
Hawes Dales Centre		1020

S3 Hawes Hopper Tuesday only until further notice		
Hawes Dales Centre		1235
Hawes Market Place		1237
Hawes Creamery		1240
Moorcock Inn		1251
Garsdale Station		1253
Garsdale Street		1258
Farfield Mill		1306
Maryfell		1308
Library	0915	1310
Spar		1311
Dent	0930	1325R

V	E	N	U	S		R	E	S	C	I	N	D
A				A		O		A		M		W
C	A	B	A	R	E	T		L	A	P	S	E
U		R		C		A		V				L
O	M	E	G	A		T	H	E	R	M	A	L
U		V		S		E				A		
S	T	I	G	M	A		R	A	N	C	I	D
						T				S		C
C	R	Y	P	T	I	C				C	O	B
H						E				H	O	R
A	L	B	U	M						O	P	U
N						A				P	O	N
T	U	R	M	O	I	L				T	O	N

JUNE CHURCH SERVICES					
St. Andrew's Sedbergh	5th	12th	19th	26th	
8.00 am	HC BCP	HC BCP	HC BCP	HC BCP	
10.30 am	HC CW	HC CW SS	HC CW	Family Service	
6.30 pm	EP	EP	EP	EP	
Wednesday	1st	8th	15th	22nd	29th
11.00	HC BCP	HC BCP	HC BCP	HC BCP	HC BCP
	5th	12th	19th	26th	
St. Mark's Cautley	2.30pm HC	9.30am MP	9.30am HC by Extension	9.30am HC by Extension	
St. John's Garsdale	9.30am MP	9.30am MP	9.30am HC	9.30am MP	
LUNE PARISH SERVICES					
	5th	12th	19th	26th	
Holy Trinity Howgill			10.30 am Joint Ecumenical Pentecost Service. Sedbergh Methodist Church	2 pm Family Service & Lambing Service	
St John's Firbank	10.30 am Holy Communion	2 pm Family Service & Baptism			
All Saints Killington		2 pm Family Service & Baptism			
DENT & COWGILL PARISH SERVICES					
	5th	10th	12th	19th	26th
St. Andrew's	10.30 am Holy Communion 12 noon Baptism of Scarlett Hodgson	Wedding of Ryan Gregory & Rachel Woof	10.30 am Holy Communion	10.30 am Holy Communion	10.30 am Taize Service
St. John's	2pm Baptism of Isla Hill		2:30 pm Holy Communion		
worship@peopleshall					
	5th				
People's Hall	1030				
HC = Holy Communion			SS = Sunday School		
BCP = Book of Common Prayer			MP/EP = Morning Prayer/Evening Prayer		
CW = Common Worship			M&P = Meditation & Prayer		
PC = Parish Communion			Taize = Modern Chants & Choral		
MP NC = MP with Northumbrian Community			NSV = New Sedbergh Version		

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15

Rev. A. McMullon Tel: 20018

Church Wardens:

Tony Reed Screen 21081
 & Susan Sharrocks 20754

www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. P. Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30

Rev. H. Stuteley Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30

Rev. C. Marsden Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Tess & Philip Satchell Tel: 20005

DENTDALE

CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ
 Every 4th Sunday 1900

Sarah Woolf Tel: 25212

*Enquiries for the following services,
 please ring the relevant telephone number*

CHURCH OF ENGLAND

Cautley & Garsdale

Rev. A. McMullon Tel: 20018

Church Wardens:

Cautley: Judith Bush 20058

& Maureen Hinch 20843

Garsdale: Rosemary Lord 20993

& Bill Mawdsley 20723

Firbank: Colin Wilson 20952

& Jean Dixon 20435

Howgill: Mary Stainton 20426

& Dorothy Parker 20493

Killington: Jennifer Thornely 20444

& John Mather 015242 76333

Dent & Cowgill

Rev. P. Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;

Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;

Hawes Junction & Frostrow

Rev. H. Stuteley 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 28151

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am 1st Sunday each month

Beth & Sandy Roy Tel: 20785

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

Rev. G. Jones Tel: 01539 722079

Lookaround Advertising Rates

Single Column 2.56" x 1"	=	£7.50
Single Column 2.56" x 2"	=	£10.00
Single Column 2.56" x 3"	=	£12.50
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Double Column 5.2" x 2"	=	£15.00
Double Column 5.2" x 3"	=	£20.00
Double Column 5.2" x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month to Britain	=	£2.00
Postal per month Overseas	=	£4.00

All information to
 72 Main Street, Sedbergh LA10 5AD
 New Adverts by 15th of every month.

*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*

All else by 19th of every month

Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 1st April 2017

JUNE

1	1000	Coffee Morning - Middleton Church	URCR	18	1000	CA Coffee Morning (19)	DMC
1	1000	In Tandem Exhibition till 3rd July	DCMH	18	0900	Sedbergh Cycling Festival (18)	Sedbergh
1	1030	Nobody's Home Exhibition till 5/6 (5)	FM	18	1300	Summer Solstice Celebration (11 & 5)	MCD
1	1030	Through the Mill Exhibition till 24/7 (5)	FM	18	1930	Old Time Dance (17 & 37)	PH
1		♫ Sedbergh Music Festival (1)	Sedbergh	19		Fathers Day	
1	1300	♫ A Meze of Melody & Song (1)	StAS	19	0900	Sedbergh Cycling Festival (18)	Sedbergh
1	1930	♫ Sedbergh Town Band (1)	StAS	19	1100	Celebrate Fathers Day	DCMH
2		Appleby Fair till 8th	Appleby	19	1545	Messy Church Picnic Bash (19)	Barbon
2	1030	Shadow Weaving (5)	FM	21	1200	Sight Advice S Lakes Lunch (24)	Fat Lamb
2	1400	What Does a Ranger Do?	DCMH	21	1230	History Society - Constable Burton (8)	LHCP
2	1800	Killington Sports (4)	BFK	21	1400	Hawes Town Trail	DCMH
2	1930	WIH Members Evening	FCH	22	1000	Coffee Morning - Town Band	URCR
2	2000	♫ Jonty Fisher Flyright Trio (1)	StAS	22	1300	Medical Centre Closed for Training (22)	MC
3	1000	Appleby Fair Drop In (29)	SIC	22	1900	Dementia Friendly Community (30)	SIC
3	1300	♫ Organ Recital (1)	StAS	23	0700	European Referendum Vote	
3	1300	You've Been Framed	DCMH	25	1000	DMC Coffee Morning	DMC
3	1930	♫ Castalia String Quartet (1)	StAS	26	1100	Rugmaking Workshop	DCMH
4	1000	StAD Coffee Morning	DMH	26	1500	A Shepherd's Dwelling Tea (26)	Rhumes
4	1000	♫ Pepperpot Coffee Morning (1)	StAS	26	1915	Organ Recital (26)	SMC
4	1100	Willow Workshop	DCMH	27	1930	Singing Walks (27)	PH
4	1730	Bowling Taster Session (86)	QG	28	1030	Age UK Walk - Semerwater (Text April)	PH
4	1900	Flicks in the Fells (4)	PH	29	1000	Coffee Morning - WIK	URCR
4	2000	♫ Dentdale Choir (1)	StAS	29	1400	Blooming Great Tea Party (29)	No. 6
5		SS Half Term Ends		30		WIH Summer Outing	
5	1230	Choral Workshop & Post Concert (April)	HTCC			JULY	
5	1400	Traditional Knitting	DCMH	1	0930	The Big Sing (Text April)	SSPS
5		Yomp Mountain Challenge (May)	KS	1	1000	In Tandem Exhibition till 3rd July	DCMH
6	1300	♫ From Dark to Light (1)	StAS	1	1030	Through the Mill Exhibition till 24/7 (5)	FM
6	2000	♫ Cornucopia (1)	StAS	1	1800	S&DHS Book Launch (42)	URCR
7	1000	Appleby Fair Drop In (29)	KL	1	1930	Swift Stroll (41)	LHCP
7	1300	♫ Style 85 Harp Duo (1)	StAS	2	1000	StAD Coffee Morning & Jumble Sale	DMH
7	1930-	♫ Kentdale Ensemble (1)	StAS	2	1200	S&DHS Book Launch (42)	URCR
8		Appleby Fair Ends	Appleby	2	1400	Open Gardens (43)	Broadfield House
8		WIS Summer Outing	TBA	2		Wickerfishart (46)	FM
8	1000	Coffee Morning - Garsdale Church	URCR	2	1900	Flicks in the Fells (4)	PH
8	1030	History Society - Little Salkeld (8)	LHCP	3	1400	Open Gardens (42)	Broadfield House
8	1915	WID RSPB Leighton Moss	DMH	4	1030	American Braided Rugs (5)	FM
8	2000	♫ Tasmin Little & Martin Roscoe (1)	StAS	6		SS End of School Year	
9	1200	Lunch Club	Red Lion	6	1000	Coffee Morning - URC	URCR
9	1300	♫ Sedbergh School Musicians (1)	StAS	7	1700	Post Appleby Fair Drop In (29)	BVH
9	1915	Royal British Legion (52)	WHC	7	1930	WIH Tai Chi	HVH
10	1000	Appleby Fair Drop In (29)	SIC	9	1300	Sedbergh Sports (85)	Buckbank Farm
10 - 12		♫ Kirkby Lonsdale Festival of Music (10)		10	1915	Organ Recital (26)	SMC
10	1930	♫ Picnic & Dance (10)	Lunesdale Hall	12	1300	History Society - Dalemain (8)	LHCP
10	2000	♫ Chris Lafferty (1)	PH	13	1000	Coffee Morning - British Legion (52)	URCR
11	1000	Balsam Bashing (69)	Jubilee Wood	13	TBA	WIH Summer Outing	TBA
11	1000	Living Mindfully (11 & 5)	MCD	13	1930	WIS Is It True Miss?	PH
11	1100	♫ Sing Joyfully (10)	Kirkby Lonsdale Church	14	1200	Lunch Club	Red Lion
11	1730	Bowling Taster Session (86)	QG	14	1400	WIK TBC	PH
11	1930	♫ York Minster Choir (1)	StAS	14	1915	Royal British Legion (52)	WHC
12	1030	♫ Sedbergh School Choir (1)	StAS	16		Summer Fair (61)	StAS
12	1030	Pathfinder Navigation Course	DCMH	20	1000	Coffee Morning - People's Hall (17 & 37)	URCR
12	1400	Queen's Birthday Afternoon Tea (12)	StAS	20	1300	Medical Centre Closed for Training (22)	MC
14	1400	WIK How to Drop a Brick	PH	22	1030	Quiet Day (Feb) (Date Changed)	SMC
15	1000	Coffee Morning - WIH	URCR	23	0930	Artisan Market	Main Street
15	1330	Explore Upper Wensleydale	DCMH	23	1000	DMC Coffee Morning	DMC
15	1900	Town Band Concert	CHI	25 - 29		Holiday Club (Text June)	PH
16	1600	Youth Club Drop In (33)	PH	26	1030	Age UK Walk - Arnside (Text April)	PH
18	0930	Artisan Market	Main Street	27	1000	Coffee Morning - Garsdale Village Hall	URCR

AUGUST

3	1000	Coffee Morning - Vacant	URCR
4	1930	WIH Quilling Demonstration	FCH
6	1000	StAD Coffee Morning	DMH
9		Lunesdale Show (text May)	KL Rugby Club
9	1030	Become a Weaver (5)	FM
9	1930	Domino Drive	FCH
10	1000	Coffee Morning - Howgill Church	URCR
10	1030	Become a Weaver (5)	FM
10	1915	WID How to Drop a Brick	DMH
10	1930	WIS Balancing a Pulse of Life	PH
11	1200	Lunch Club	Red Lion
11	1915	Royal British Legion (52)	WHC
12	1900	SS u13 NCO Orchestra Concert (47)	SSPH
17	1000	Coffee Morning - STAS Mission	URCR
20	1000	DMC Coffee Morning	DMC
24	1000	Coffee Morning - North West Cancer	URCR
27	0930	Artisan Market	Main Street
27	1100	Indoor Market & Craft Stalls	DMH
29		August Bank Holiday	
29	1100	Dent Gala	Dent
30	1030	Age UK Walk - Hawes (Text April)	PH
31	1000	Coffee Morning - Vacant	URCR

SEPTEMBER

1	1000	Coffee Morning - Garsdale Church	URCR
1	1930	WIH Footcare	HVH
3	1000	StAD Coffee Morning	DMH
3	1900	Flicks in the Fells (4)	PH
4	1030	Moorcock Show (May)	Moorcock, Garsdale
7	1000	Coffee Morning - Talking Lookaround	URCR
8	1200	Lunch Club	Red Lion
8	1915	Royal British Legion (52)	WHC
9	1000	Coffee Morning - Talking Lookaround	URCR
10	0930	Artisan Market	Main Street
13	1400	WIK Britain in 50's & 60's	PH
13	1930	Domino Drive	FCH
14	1000	Coffee Morning - Vacant	URCR
14	1915	WID Humanist Ceremonies	DMH
14	1930	WIS The Baroness of Belsfield	PH
17		Sheepfest '16 (63)	Sedbergh
18		Sheepfest '16 (63)	Sedbergh
20	1030	Collapsed Weaving (5)	FM
20	1400	Sight Advice South Lakes	PH
21	1000	Coffee Morning - First Responders	URCR
22	1300	Medical Centre Closed for Training (22)	MC
25	1030	Birds in Watercolour (5 & 46)	FM
27	1030	Age UK Walk - Middleton Hall (Text April)	PH
28	1000	Coffee Morning - WIS	URCR

OCTOBER

1	1000	StAD Coffee Morning	DMH
1	1030	Autumn Glory in Batik (5)	FM
1	1900	Flicks in the Fells (4)	PH
5	1000	Coffee Morning - Firbank Church	URCR
6	1930	WIH AGM	FCH
9	1030	Standing Wool - Quillie Rugs (5)	FM
11	1400	WIK How to Make a Fabric Pumpkin	PH
11	1930	Domino Drive	FCH
12	1000	Coffee Morning - Christian Aid	URCR
12	1915	WID Seasonal Flower Arranging	DMH
12	1930	WIS Lakeland Arts Trust	PH
13	1200	Lunch Club	Red Lion
13	1915	Royal British Legion (52)	WHC
18	1400	Sight Advice South Lakes	PH
19	1000	Coffee Morning - Bowling Club	URCR

COVER PICTURE

Music Festival Collage

By Mike Clark

DIARY KEY

BF	= Brigflatts
BFK	= Becksdale Farm, Killington
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CHI	= Country Harvest Ingleton
CTIS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC	= Dent Methodist Church
FCH	= Firbank Church Hall
FM	= Farfield Mill
GH	= Gladstone House
GVH	= Garsdale Village Hall
HS	= History Society
HTCC	= Holy Trinity Church Casterton
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KLL	= Kirkby Lonsdale Library
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
MC	= Medical Centre
MCD	= Meditation Centre, Dent
MCH	= Mansergh Community Hall
PH	= People's Hall
QG	= Queens Gardens
SASL	= Sight Advice South Lakeland
SMC(R)	= Sed. Methodist Church (Room)
StAS/D	= St Andrew's Church, Sedbergh/Dent
StJCC	= St Johns Church Cowgill
StMC	= St Mark's Church, Cautley
SHQ	= Scout Headquarters
SIC	= Sedbergh Information Centre, 72 Main St
SSAT	= Settlebeck School Academy Trust
SSPS	= Sedbergh School Thornley Studio
URC(R)	= United Reformed Church (Rooms)
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

Option 1 - 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Surgery by appointment only –

Early Morning Tuesday & Thursday

Late evening Monday & Tuesday

Dent Surgery by appointment only - Monday

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday

afternoons **(By appointment only)**

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make appointments for all the above clinics.

See our website www.sedberghmp.nhs.uk
for further details

When we are closed please ring

111 or 999 if appropriate

Collinge Optometrist

Friday only - 0900 to 1300 by appointment only.

Bridging the Gap

First Monday - 1400 - 1600

Mrs Colpus 01228 595937

DENTAL SURGERY

Main Street 20626

Ben Houghton, Ian Dawson, Evan Hurst,
Katie McKay & Sarah Boom (Hygienist)

Monday to Friday 0900 - 1700

Saturday *

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH & DISTRICT INFORMATION CENTRE

for resident & visitor information

72 Main Street, Sedbergh

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

e-mail: tic@sedbergh.org.uk

Tel: 015396 20125/20504

www.sedbergh.org.uk

SOUTH LAKES CITIZENS ADVICE BUREAU

015394 46464

www.cumbriaruralcab.org.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

01539 795000 or 0845 6060265

Age UK SL @ Sedbergh Library

3rd Wednesday every month

2 pm to 3 pm

01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

101 or 999

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY