

Sedbergh & District

# LOOKAROUND

February 2018

Issue 362

Donation £1

A Happy, Healthy and Peaceful New Year to all our readers, contributors and advertisers. Please go to Page 80 for some very important news regarding the future

of Lookaround.

Meanwhile, Thank you to everyone for your continued contributions to Lookaround, however big or small.

*Dennis & Jacky Whicker*

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### SWIMMING CLUB TIMES

#### Tuesdays

6.30 - 7.30pm children's lessons,  
7.30 - 8.00pm training squad,  
8.00 - 9.00pm adult swim

#### Thursdays

6.30 - 7.30pm children's lessons,  
7.30 - 8.00pm open swim children  
and adults,  
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#### Saturdays

10.00 - 11.00am open swim, including  
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*Thursdays 6 - 7.30pm  
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#### Pension Service Surgery

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#### Police in any area

101

#### Sight Advice South Lakes

01539 769055

#### South Lakes Citizens Advice Bureau

03444 111 444

#### South Lakeland District Council

01539 733 333

#### Yorkshire Dale National Park

0300 456 0030

*If you would like to see any numbers listed here,  
please let us know.*

## February Birthdays

Day	Name	Age
7	Lois LONGLANDS	7
13	Charlie SMITH	6
14	Edward RICHARDSON #	1
14	Evie DEAN	10
17	Joshua BROWN #	1
20	Kristian PRATT	9
20	Isabella HUBBARD #	10
22	Grace HODGSON #	9
23	Arlo LONGFELLOW	3
23	Evie HAYGARTH	6
28	George SMITH	8
<b>Nonagenarian &amp; Over</b>		
15	Jim Mason	90

Oooops again. I inadvertently swapped the Birthdays of Rev. Bill Long and Mary Gladstone in the last issue. Bill's should have been in December and Mary's in January.

## Victoria & Abdul

*Judi Dench, Ali Fazal, Michael Gambon  
Eddie Izzard, Adeel Akhtar, Olivia Williams*  
Certificate PG

**Saturday 3rd February**

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**Sedbergh People's Hall**

**Flicks in The Fells**

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### **SEDBERGH MEDICAL CENTRE**

*will be closed for Training Purposes  
at 1pm on the following afternoons:-*

Thursday 8th February  
Wednesday 14th March



## SEDBERGH PARISH COUNCIL

*Janey Hassam, Clerk to the Council*

This report covers items from the Parish Council meeting on the 11<sup>th</sup> January 2018. The next meeting is on Thursday 8<sup>th</sup> February at 7.30pm in the Committee Room, The People's Hall, Howgill Lane, Sedbergh.

### BRIEF UPDATE

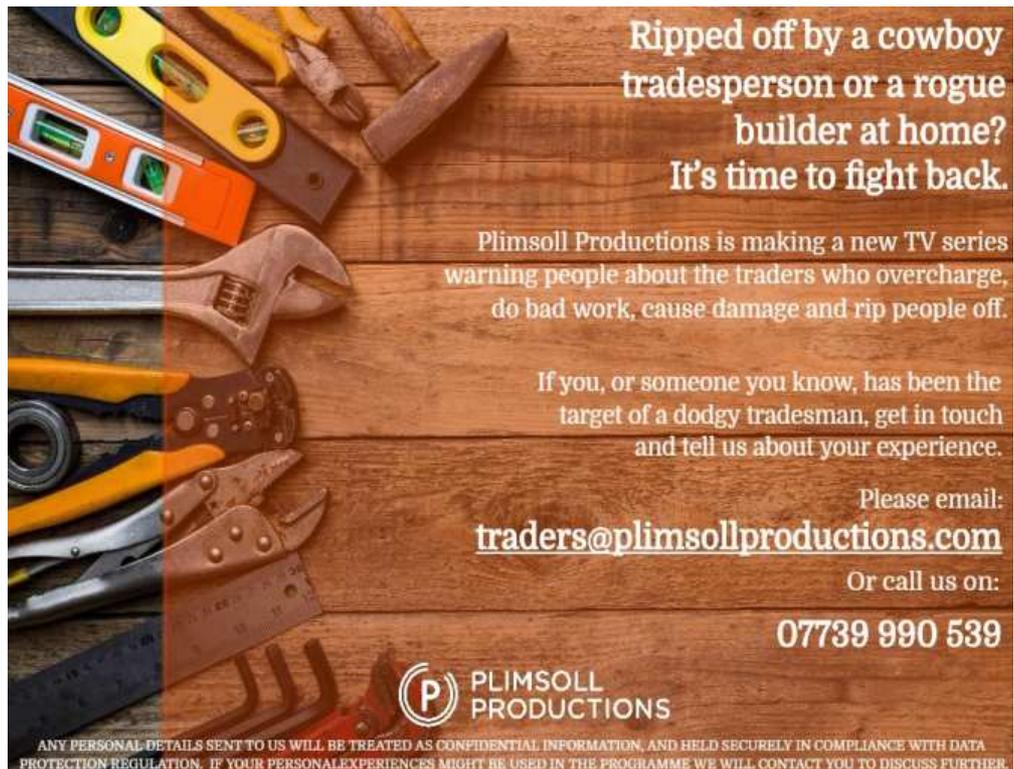
**(PLEASE ALSO SEE OUR NOTICE IN CONNECTION WITH FORTHCOMING SEDBERGH PARISH COUNCIL ELECTIONS – 3rd MAY.)**

Various other matters were discussed at the January meeting, including: Grant applications for Farfield Mill (awarded £400) and The Sedbergh Music Festival (awarded £250); Langstone Fell car parking

area, where SPC are in communications with the owner/ YDNPA and CCC to establish some repairs; the agreement of the Annual Precept for Sedbergh Parish Council from South Lakeland District Council, continuing correspondence in regard to the play park at Maryfell, Joss Lane car park resurfacing project; the tender for a length of retaining wall at Sedbergh Bowling Green, the proposed inspection chamber (close to Guldrey) and the Tennis Courts at Guldrey.

Please note that members of the public are invited to our monthly Meetings where, as always, they are able to comment or ask questions.

**Public Participation is now at the beginning of the Agenda and**



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**should anyone wish to speak, they would be welcome to attend from 7.30pm.**

If you have any thoughts/views on any of the above, or wish to contact Sedbergh Parish Council, please email me at

[clerk@sedberghparishcouncil.org.uk](mailto:clerk@sedberghparishcouncil.org.uk)

Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office and online at [www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### **SEDBERGH PARISH COUNCIL**

*Janey Hassam, Clerk to the Council*  
(tel. 015396 20125 email

[clerk@sedberghparishcouncil.org.uk](mailto:clerk@sedberghparishcouncil.org.uk))

Have your say in local matters-  
become a Parish Councillor!

Local Council elections will take place in May 2018 and will include the election of 11 councillors to serve on Sedbergh Parish Council. Not all current members of the Council will be standing for re-election.



Please consider if YOU would be prepared to contribute to our community by putting yourself forward for election.

The role of a parish councillor is important and rewarding. The full Council convenes monthly but there are additional meetings of committees and other groups which take place mainly in the evenings but occasionally during the day also.

If you have views on local issues - such as how money should be spent on your local amenities (including the car parks, toilets, the playing field at Havera and Queen's Gardens) and other facilities, the merits of planning applications, setting parking fees, the awarding of grants and a wide range of other matters - then you could have a part to play on the Council.

There are many ways to find out more about the work of the Parish Council:

- come along to a Parish Council meeting;
- have a chat with any of the

SEDBERGH & DISTRICT

## **HISTORY SOCIETY**

**Wednesday 7th February**

The History of  
Holme Mill

*Geoff Pegg*

**7:30 pm Settlebeck School**

**Wednesday 21st February**

St Helena, the final voyage?

*Mike Beecroft*

**7:30 pm Dent Memorial Hall**

Everyone is most welcome to attend  
any or all of our lectures.  
Members £1 ~ Non-Members £2

[www.sedberghhistory.org](http://www.sedberghhistory.org)

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present Councillors (Ann Allan, Simon Arnold, Jim Atkins, Helen Bromley, Margaret Brooks, John Capstick, Martyn Dawson, Kevin Lancaster, Steve Longlands, Ian McPherson and Roger Sedgwick);

- take a look at the Parish Council's web pages on [www.sedbergh.org.uk](http://www.sedbergh.org.uk);
- contact me for an informal discussion at the Council's Room (above the Information Centre)

### TIM FARRON MP

Happy New Year!

I know it feels like we are well into the New Year but Dennis' Christmas break means that this is my first

opportunity to wish you all the best for 2018 through these pages.

Those of you who came along to my first surgery of 2018, in the People's Hall have already had the good fortune or otherwise to have received my best wishes for the year so this is directed more at the rest of the readers who had better things to do on that damp Friday afternoon.

It seems a long time since I wrote my last column here. I have not had the chance to congratulate Sophie Tucson (who is in year 2 at Sedbergh Primary School) on being the runner up in my Christmas Card competition. It is getting harder and harder to choose the best design for the Christmas cards I send out and this

year was particularly difficult. It was a really close call between Sophie's design and the winning one. I had a great time when I popped into the school to admire her fine Christmas jumper and present her with her runner's up certificate just before Christmas.

Most of my time at the moment is focused on making progress in the campaign to get a radiotherapy unit built at the hospital in Kendal. Anyone unfortunate enough to need cancer treatment in the Sedbergh or Dent area will know better than most the issues surrounding having to travel to get radiotherapy treatment in Preston or Carlisle. It is frankly unreasonable that anyone undergoing this treatment should have to travel for over an hour to get it. In fact the current guidance is that no one should have to travel for more than 45 minutes. I have been really increasing the pressure on the powers that be to get this sorted around here. I have put a bill before parliament which will make it illegal for anyone to be expected to travel for more than 45 minutes for treatment and I led a debate in the House of Commons the other day on access to cancer treatment. During my speech I drew the minister's attention to a report in the BMJ which suggested that the outcomes for people suffering from cancer were worse if they had to travel a long way for their treatment. As a result the minister has announced that the Government is undertaking their own study and will let us know the results in Spring of this year. It's clearly not as fast as I would like but it is a sign

that they are taking the issue seriously and if the report comes up with the same results we have seen before then that has to force them to act much quicker.

If you aren't one of the several thousand people who have already signed our petition then please do it now. Just search the internet for "bring radiotherapy to Westmorland General Hospital" and follow the links.

There are of course lots of other things I need to keep working on and I will report on them in future months. In the meantime if you have any issues you would like to raise with me then either email

[tim@timfarron.co.uk](mailto:tim@timfarron.co.uk) or call us on 01539 723 403.

Thanks for your support.



THE  
MEDITATION  
CENTRE

be still - be inspired - be free

## 2018 Programme

11 am to 1 pm

**MARCH - Sunday 11<sup>th</sup>**

**APRIL - Sunday 22<sup>nd</sup>**

**MAY - Sunday 27<sup>th</sup>**

**JUNE - Sunday 24<sup>th</sup>**

**JULY - Sunday 22<sup>nd</sup>**

**AUGUST - Sunday 26<sup>th</sup>**

**SEPTEMBER - Sunday 23<sup>rd</sup>**

**OCTOBER - Sunday 21<sup>st</sup>**

**NOVEMBER - Sunday 25<sup>th</sup>**

For more information

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**DENTDALE  
CHRISTIAN FELLOWSHIP**

*John & Sarah Woof. 25212*

It probably seems that we eat a lot at our meetings! And food is an important part of getting together, whether a sit down meal on a Friday evening or at a feast day or festival to a buffet on a Sunday evening to our annual New Year lunch. Spiritual "food" from the Bible, from hearing how other people cope with the ups and downs in life because God is, to them, living today by His Holy Spirit. Or hearing how they don't cope and need help and praying for.

Our gatherings are always open to all and there is never any obligation to "do" anything .. except maybe eat! Further details available from us or our Facebook page and website.

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**PARKING ISSUE**

Parking Outside the Parish Church  
*Tony Reed Screen, Churchwarden*

We are delighted that the Parish Council has re-surfaced the area in front of the Parish Church. During the preparations for the re-surfacing we agreed with the Parish Council that adjacent to the parking spaces there should be a paved area leading to the lych-gate to enable residents and visitors walking to the Church easier access than hitherto. Unfortunately some drivers are using this area as a parking area. We hope in future that residents and visitors will desist from parking on the paved area which in addition to improving access to the Church is aesthetically pleasing.



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## **COBBLE COUNTRY**

*Sian Hatfield*

Last year Cobble Country celebrated our Silver Jubilee, 25 years in property sales. To show our appreciation to the people of Sedbergh for all their support over the years, we pledged to donate to the Sedbergh and District Community Trust from every sale we achieved throughout 2017.



The photograph shows the Cobble

team handing over the cheque to Tony Reed Screen on behalf of the charity.

We look forward to 2018 being another successful year and helping the people of Sedbergh with all their property needs.

---

## **SEDBERGH & DISTRICT COMMUNITY TRUST**

*Tony Reed-Screen*

Readers are reminded that the closing date for applications for the next round of Grants from the Community Trust is Friday 9 February. During the current financial year the Trust has made awards to nineteen organisations totalling £18,650.

## YORKSHIRE DALES NATIONAL PARK

National Park hedge laying results  
*Andrew Fagg*

Lockbank Farm near Sedbergh has hosted the tenth annual Yorkshire Dales National Park Hedge Laying Competition.

Organised by the Yorkshire Dales National Park Authority (YDNPA) in partnership with the Lancashire and Westmorland Hedge Laying Association, the event on Saturday 6 January attracted 15 entrants across four classes.

YDNPA Head of Land Management, Adrian Shepherd, said: "The event was a great success, with the hedge laying being of a high standard. Hedge laying is an important skill to

retain and nurture – particularly in the west of the Park, where there are far more hedges than dry stone walls.

"A good day was had by all, and I'd like to thank the Sedgwick family at Lockbank farm for hosting, the Lancashire & Westmorland Hedge Laying Association for organising the event as part of the grand prix, all the entrants, and our rangers and Dales Volunteers who assisted with the set up and provided refreshments."

Secretary of the Lancashire and Westmorland Hedge Laying Association, Ann Kendal, said: "It was really pleasing to see a good turnout of younger members. Although it was a competition, everybody helped each other out. At the start of the day, the hedges were high and had



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gaps in, but by the end they'd been reduced to about three and a half feet high and were stock-proof.

"There's a lot of interest in hedge laying and people are often making enquiries and wanting to learn."

The hedges in Westmorland tend to be a mixture of thorn, hazel, ash and sycamore. An important measure of success of hedge-laying is regrowth – and so the hedges which were laid in last year's competition, at Settlebeck School, were revisited in the summer to see whose stint had done the best.

The results were:

Regrowth from last years competition:

1. Heather Swift
2. Andrew Kirkwood
3. John Handley
4. Peter Gibson

5. John Gibson

Junior class:

1. James Yates-Bell
2. James Dodgson

Novice Class:

1. Aidan Handley
2. Danny Hodgson
3. James Haigh

Open Class:

1. John Handley
2. William Bell
3. Steven Boyes
4. John Gibson

Championship Class:

1. Peter Gibson
2. Heather Swift
3. Andrew Kirkwood
4. Damon Peacock

Best Hedger on the field:

Peter Gibson

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Junior best nicking prize:

John Handley  
(winner of Samurai Saw)

Veteran competitors:

1. Heather Swift
2. John Gibson

The judges were Frank Capstick and Stephen Capstick of Hole House Farm.

### YORKSHIRE DALES MILLENNIUM TRUST

*100,000 trees for the region*

This winter local charity Yorkshire Dales Millennium Trust (YDMT) will be working with partners including Yorkshire Dales National Park Authority, Forestry Commission and Woodland Trust to plant more than 100,000 trees across the region.

Together they will create 38 new woodlands covering 75 hectares as part of their aim to double the amount of broadleaf tree cover in the Dales by 2020, through the Dales Woodland Restoration Programme.

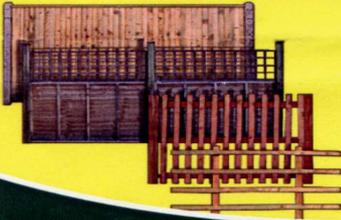
At Mearbeck Farm near Settle, 11,000 trees will be planted to cover almost 10 hectares. Species including sessile oak, common alder, goat willow, downy birch, rowan, aspen, scots pine, holly, hazel and hawthorn will help to improve biodiversity and enhance the landscape across the farm.

Many smaller woodland creation projects will also receive support this winter, including schemes near Sedbergh.

Carol Douglas, YDMT Woodland

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---

### WEATHER

November weather: Another damp month with a total of 7.85inches (200mm) of precipitation! Over 2

inches of which fell in the 24 hours of 22<sup>nd</sup> of the month!! The month started fairly warm with a high of 60.1F (15C) but, as to be expected, tailed off as the month went on with a low of 23.9F (-5C). There were only 6 nights when the wind chill did not take the temperatures below zero. It was also a fairly breezy month with all but 3 days with winds in double figures and a maximum of 18.6mph (30kph). As expected with these figures the atmospheric pressure was in a normal range.

Everywhere is a quagmire!! The rain on the 22<sup>nd</sup> was enough to create us a problem. After watching the evening news I opened the kitchen door to find 2 inches of water over the floor via the septic tank!! Fortunately it was just rain water. After trying to mop it up and realised we were not getting anywhere we left it. By morning, fortunately, the "tide" had gone out.

The winter jasmine continues to flower and the bulbs are showing.



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The lower activity at the feeding station suggests some of the "residents" have moved into town or gone south as generally the niger seed is not being eaten as quickly as usual. We are getting more visits from a nuthatch but haven't seen a redpoll in ages. A family party of long tailed tits drops in from time to time. There is obviously a fox visiting most nights as a casualty soon disappeared. We also have a "resident" feral black and white cat which we see in the shippon from time to time. Let's hope it is not carrying Toxoplasmosis.

December weather: Yet another wet month keeping the mud ankle deep. We only had 5 days when the rain gauge wasn't troubled. We totalled 4.13 inches (105mm) but on only 4

days did we not record any rainfall. This gave us a grand total of 61.99 inches (1574.5mm) for the year!! We had a maximum temperature of 50.2F (9.5C) on the 6<sup>th</sup> but also had a few days when it did not get above freezing all day with a low of 16.5 F (-9C). Winds were very variable and on 4 days we had no wind whatsoever. The last day produced the strongest gust at 21.5mph (34kph). On only 3 nights, just before Christmas, did the wind chill not fall below freezing. On a couple of occasions the wind chill fell to 9F (-12.5C). A good night to be tucked up in a warm bed!!

The frosts finished off a number of plants, including the winter jasmine. Each year I get niger seed growing around the feeding station but each



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*Maria Gallego-Calderón, HR & Recruitment Administrator*  
at [HRAdmin@sedberghschool.org](mailto:HRAdmin@sedberghschool.org) or by ringing 015396 20303.

Also check the School's website regularly for details of individual posts as they arise.

Please return completed Application Forms by email to [HRAdmin@sedberghschool.org](mailto:HRAdmin@sedberghschool.org), by returning them to the Bursary or by post to HR Administrator, The Bursary, Loftus Hill, Sedbergh, LA10 5RY.

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year the frost kills it before it can flower. I must sow some in the greenhouse to see what it looks like. There have been one or two skeins of geese coming over this month suggesting things are getting colder further North. There are still tracks in the grass suggesting the voles are still active around the garden. The owls are calling most nights no doubt setting up their breeding territories. The collared doves are already "sparking off". They always seem to nest early.

## FEBRUARY GARDENING

*Elaine Horne*

One of the most hardy, reliable and colourful shrubs in my garden will

soon be bursting into bloom. It is generally known as "Japonica" or "Japanese Quince" and it goes under the botanical name of *Chaenomeles* – which is a bit of a mouth full, but very satisfying when you get it right.

I have three different "Japonicas" in my garden. The original bush, which is one of those family heirloom plants, passed own from a great aunt, is *Chaenomeles japonica*. This species bears orange/flame coloured flowers on a 3ft high bush of tangled stems.

My favourite *C. x superba* 'Crimson and Gold' has blood red flowers with bright yellow stamens, born on dark brown, thorny stems. In my garden I grow this one as a low, spreading bush, (after 40 years, from a small cutting, it is now 4ft high and 6 – 7ft wide), but it also makes an excellent wall shrub if trained and pruned in the right direction.

*C. speciosa* 'Apple Blossom' – pale pink/white blooms, is also a good wall shrub, though it does take a few years to gain height and can spend a frustrating amount of time wandering about near the ground before it gets the idea and heads upwards. Be patient though. It is this sideways spreading habit which makes it valuable. Where other shrubs and climbers such as *Ceanothus*, clematis and Honeysuckle go up like a rocket and so become too large and unmanageable on a wall, *Chaenomeles* is never likely to outgrow its space.

All plants flower on bare, leafless stems in early spring and flowering can be maximised and bushes kept within bounds if they are pruned back in August. Cut back the new twigs

(they are pale in colour) to an inch or so from the darker, older ones, leaving only the stems which you need to go on and grow to cover the wall.

Free standing bushes can be pruned in the same way, but most cultivars will flower well if left untouched.

Most *Chaenomeles* produce fruit in Autumn and these fragrant, hard, apple-shaped "Quinces" can be harvested and used to make Quince Jelly.

### **SEDBERGH COMMUNITY SWIFTS**

*Tanya Hoare*

email - [ta.hoare@btinternet.com](mailto:ta.hoare@btinternet.com)

phone - 01539 824043

Over the past year there have been some interesting ways used to create swift nesting places. They show what can be done to enhance and conserve swifts without compromising the structure of the buildings in any way.

Many of you may have visited the beautiful garden of Chris and Barbara Hollett at Greenbank. Last year they decided to help swifts and take advantage of the house being scaffolded to make internal nest sites in the gables facing both the garden and New St. Like many of our buildings the walls are very thick with the space between outer and inner leaf filled with rubble. Nest sites were created by hollowing out an appropriate space within the rubble, with just a swift-sized entrance hole visible on the walls from the outside (great work by Stephenson & Wilson builders). Swift attraction call systems on both sides were also installed. And

it is fantastic to report that swifts have been seen going into two of the holes last summer – a truly great result in the first year. Let's hope that more do so this year too.

Some of you may go for walks along Birk's Lane and over the bridge across the Rawthey and will have seen the huge re-building programme undertaken this year at Birk's Mill, home to JMP foods. It had been an ideal place for swifts as the upper floors were crumbling and full of crevices. Fortunately our group was able to work with the YDNP planners and architect to devise mitigation measures. Contractor George Baines was very helpful and together we worked out a plan that incorporated over 30 internal nest spaces in the far

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end gable and side wall facing the river. He created nest sites within the stone cladding that faces the walls of the building, leaving just entrance holes visible on the outside. (If you see large holes, behind them are the much smaller entrances for swifts.) In addition, external swift boxes with an attraction call system were put up as mitigation while the work was being undertaken. .

The end result is excellent, and it is a tribute to all concerned to see how wildlife can be enhanced when there is a will to do so. Let's hope that the swifts appreciate this effort to accommodate them! Now we need lots of you to let us know if you see swifts at the Mill, so please keep your eyes skinned when summer comes.

Another project to help swifts was at the listed Methodist Chapel in Dent, when a very extensive renovation and rebuilding of the roof was undertaken by a specialist heritage building

company. We were very pleased that our group was contacted and asked to work with them to incorporate swift nest sites within the walls. While visiting the site we saw lots of swifts flying around and going into holes in a barn at the adjacent High Laning Farm, so hope that this project too leads to success.

Even much smaller jobs can help swifts - calling all builders and householders planning building works! New buildings and extensions are ideal for creating new swift sites, as it is very easy to incorporate nest bricks into the walls during construction. The planning process has a duty to enhance and promote biodiversity and providing for swifts is a straightforward and simple way of doing this. British swifts need you!

Useful websites with lots of practical information:

[www.swift-conservation.org.uk](http://www.swift-conservation.org.uk)

<http://actionforswifts.blogspot.co.uk>

## SEDBERGH LADIES NFU

*Caroline Sandys-Clarke*

November and December Meetings.

In November members were treated to a fascinating talk from Gavin and Joan Lowe from The Famous 1657 Chocolate House in Kendal. Gavin and Joan have owned the business for six years and the shop on the ground floor has over 95 different varieties of chocolates out of which customers can choose their personal favourites, number and the box they would like.

On the first and second floors there is a tearoom where 16 different flavours of hot chocolate are served together with 8 chocolate gateaux especially made to their unique recipes.

The best part of the evening came next with advice on how best to taste the chocolate and several samples being passed round!

A short meeting followed.

The December Meeting was held in the Methodist Chapel schoolroom as pantomime rehearsals had taken over The People's Hall.

Members and visitors enjoyed a really interesting and illuminating talk about Sedbergh Past and Present, accompanied by many fascinating photographs of houses and cottages which are no longer there. This was presented by Richard and Valerie Cann.

From the first written reference to Sedbergh in the Domesday Book of 1086 and the building of the Motte



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and Bailey Castle, to the present day, Sedbergh's fortunes have ebbed and flowed and this was all brought to life for us by Richard's interesting history. Photographs of houses such as Akay, now no longer there, Settlebeck, now the school and even Hebblethwaite Mill, now just a few stones and the cottages that were along Main Street, now the lay-bys. Fields that were once full of sheep and cows, now covered by houses and buildings or manicured playing fields.

A short meeting followed and the evening was rounded off with some carols, accompanied by Barbara Gorst on the piano.

We are looking forward to our Christmas meal which will have been

enjoyed at The Golf Club, by the time this is printed. The AGM and next meeting are on 20th February. Visitors are always welcome at our meetings for a small charge of £1 and which take place in The People's Hall committee room on the third Tuesday of the month at 7.30 pm.

A resume of our scheduled talks for 2018 will be printed in the next issue of The Lookaround.

### SEDBERGH WI

#### *Moira Folks*

Christmas festivities dominated our December meetings to bring 2017 to a close. After several of us had removed unexpected ice from our car windscreens and, in one case,

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\* The 2018 calendar is on sale now at no. 72 \*

**SEDBERGH  
BOWLING CLUB**



**A.G.M.**

Thursday 22nd February  
7:30pm

White Hart Club Committee Room  
*Everybody Welcome*

carefully negotiated a driveway which had become a skating rink, we met in the welcoming dining room at Sedbergh Golf Club at 6pm on Wednesday 13<sup>th</sup> for our Christmas Dinner, which we greatly enjoyed, rounding off our evening by singing Christmas carols led by Valerie. Many thanks to the Golf Club staff for their hard work and cheerful service and to Sue Bateman for arranging it all.

The Christmas theme continued for book club members at Anne Pitt's home the next day. Steaming mulled wine or mulled fruit juice accompanied our discussion of Salley Vickers' "The Cleaner of Chartres". A mysterious, penniless young woman sleeps, exhausted, in the porch of Chartres Cathedral in northern France, wrapped in an old man's coat. In the morning she discovers a 10-euro note in the coat pocket, left there during the night by the local priest who took pity on her. Nobody knows where she's come from but she gradually gets drawn into the community by making herself useful doing odd jobs like babysitting or cleaning for people. Finally, when the cathedral cleaner goes away for

treatment, Agnes Morel becomes her replacement, cleaning the beautiful cathedral she has come to love. Gradually we learn of Agnes's horrific past, and her ongoing trials as she interacts with members of the vibrant community around the cathedral. As readers, we are drawn into their joys, sorrows, pain, fears and pettiness. All human life is here! Salley Vickers is a masterful storyteller with a great eye for the foibles of human nature, who has produced a masterpiece here. We heartily recommend this book:



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score 8.5 to 9/10. A hugely enjoyable book to round off 2017!

We were delighted to welcome 2 new members and 3 visitors to our first meeting of 2018, entitled "The Force and Me". On January 10, we were treated to some amusing anecdotes from Keith Wood's career in the police force. Leaving school in Oldham aged 15, and not knowing what he really wanted to do with his life, he worked first for an electrical contractor, then a farmer, then in a felt mill rolling up felt: this caused many uncomfortable and literally hair-raising experiences involving static electricity! His eureka moment occurred when riding on the top deck of a bus past Oldham Police Station and seeing some policemen outside: of course, he could become a policeman! Applications (and some rejections) followed but eventually he was accepted by Cumbria police and in the course of over 20 years worked in various places including Kendal, Ambleside, Windermere and Newby Bridge. We were glad to hear that the blatant racism and sexism seen in his early years in the police force are now under control, and that women and racial minorities are better represented. Our most vivid memories of Keith's talk, however, will probably be of 3 police officers clinging to the wheels of their car on sheet ice on the edge of a precipice on Wrynose Pass while the fourth occupant of the car was valiantly chipping away at the ice with a rock to try and create a hole a tyre could slip into to get a grip; and in another incident, of the flying truncheon flung through the rear window of an

*Nigel*

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escaping criminal's car, frightening him so much that he screeched to a halt and could then be arrested: two stories worthy of the Keystone Cops! Many thanks go to Keith for a lively talk and a very entertaining evening.

Sandra Kemp hosted the book club the next day when we discussed a first novel by an author who lives in the Northwest Lakes. "The Heretic" by Henry Vyner-Brooks is set, like many historical novels, in the years following Henry VIII's dissolution of the monasteries in 1536; its hero is Pacificus, a monk. Rather than focusing mainly on the royal court, however, this book is about four children whose parents are arrested and tried for being Anabaptists, a sect

insisting on the separation of church and state (and thus against the now Protestant Henry VIII's headship of the Church of England), as well as the importance of being able to read the Bible in your own language (contrary to the Roman Catholics who insisted on Latin); the Anabaptists advocated also the re-baptism of adults (most children at that time being baptised as infants) when they wished to become church members (thus going against both Protestant and Catholic teaching and attracting the hatred of both, so they were in grave danger). The children are secretly fostered by their parents' friends, an Anabaptist Dutch couple, aided by Pacificus and his brother. After their father has been

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**Sunday February 25th**

10:30

Cornerstone Community Church  
New Street

**Speaker**

Mr Andrew Fagg of Hawes  
*followed by Jacob's Join Lunch*

A warm welcome is  
extended to everyone

Sue wished us all a 'Happy New Year' and we sang Jerusalem. This month Catherine Sugden was at the piano accompanying us.

Plenty to fill the business meeting looking back briefly to the Christmas Lunch which we all agreed had been a lovely occasion. Just sitting back in the delightful setting of the Sedbergh Golf club and being waited on made a good start to the Christmas festivities. Then on to some amazing news. The Charity fund raiser Quiz Night had been a resounding success and with a slight top up from funds there is £500 to distribute between Air Ambulance and Growing Well. Several members volunteered to present the cheques and to hand over the money in the next week or

brutally put to death, they hope that they may one day be able to free their mother from prison. Much intrigue follows and, as one of our members put it, the story goes into James Bond -mode with exciting action described in great detail (other aspects of James Bond-type behaviour being ignored!). Apart from one of our group who decided she had other books she preferred to read, most members scored the book highly, averaging 8.5.

"American Indians" is the subject of our next meeting on February 14<sup>th</sup> at 7.30pm, when our speaker will be Rosemary Lewes. All ladies are welcome to join us in the committee room at the People's Hall.

---

**DENTDALE WI**

*Pat Allen*

A New Year, new programme and a new President, as we started the first meeting of 2018.

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so.

We are already looking ahead to March 10th when members undertake to help with the Dent Run by baking or in other capacities. So an important date for the diary then. As is the date of Federation Spring Meeting on March 26th in Kendal Town Hall when a delegate from Dentdale will be needed.

The one or two resolutions to be put forward at the National Council annual meeting in June have been narrowed down to just five and in the words from WI news, it was "time to have our say". The resolutions were read through by Thelma and with a little discussion over tea, so far the voting is close with "raising

awareness of modern slavery" ahead by a vote or two from Dentdale members.

Our speaker for the evening was fellow member Rita Corpe and entitled "An evening of tray bake recipes". Rita had been informed by the hospital that her shoulder operation would be in early January, so any baking was out of the question! Sometimes the truth is stranger than fiction because it so happened that an item in the Dent Auction of Promises late November offered a selection of four tray bakes to be cooked by Helen Wilkinson for which Rita made a successful bid!

Along with the tray bakes came the proviso that the baking could be

delivered at any mutually convenient time and so with further negotiations between Helen and Rita, there they were, the four delicious tray bakes in front of us for the January meeting. It was meant to be! The evening proceeded seamlessly along with Rita introducing the bakes and talking through the recipes with her shoulder well and truly strapped up. Needless to say of course, there was the all important tasting! All excess pieces of bakes sold off. It all went rather well.

This month's competition for an amusing tea towel was won by Sue Owen and Dorte-Lis Stephenson's raffle ticket secured her the pot plant prize.

Next month Freda Meakin will be talking on "My Memory Book". Visitors and new members will be made welcome.

---

### **HOWGILL AND FIRBANK WI DECEMBER**

Christmas celebrations were held at the Cross Keys in Cautley. We were given a warm welcome by Chris and the staff. There was a good party atmosphere throughout the evening. We enjoyed a lovely festive meal followed by several games of dominoes with a Secret Santa. Sarah Syred won the competition for "Something Sparkly", Anne Kendall came second. An enjoyable evening of fun and friendship.

### **JANUARY**

The first meeting of the new year was held at Howgill Village Hall. Bridget welcomed members and our visitor Judith Stainton. We would like to thank everyone who attended our Domino Drive. We had a good

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We entered a team in the Pub Quiz held at the White Hart. Another enjoyable evening. The winners on the night were Nateby and Wharton Wanderers. Chips and sandwiches were served.

Member Anita Carey joined the singing group, when they took part in the carol service held in Howgill Church. Bridget is leading the next walk on Saturday January 20th around the Helm and Natland.

January is the month when members are asked to vote on two resolutions, from a selected five subjects, to go forward to the annual meeting in Cardiff in June.

Bridget introduced our speaker Dennis Whicker, who we all know that, along with wife Jacky, is editor of the Sedbergh & District Lookaround. During the 30 years of production came success from just four pages in the 1980's, to over 100 to date, complete with a coloured cover. During 2017 Dennis and Jacky decided to retire from putting the Lookaround together. It would be a great loss to us all if it ceased production. In the meantime we hope

to have news that there is a future for Lookaround. Dennis was thanked for an interesting and informative talk.

Liz Moore was winner of the competition for the worst Christmas Cracker Joke, with Jackie Hooley second. The raffle winner was our visitor Judith Stainton. The evening was brought to a close with tea and cake.

---

### KILLINGTON WI

The Afternoon WI  
for the entire District

*Wendy Fraser-Urquhart.*

Welcome 2018!

I cannot help the words of a harvest hymn coming strongly into my mind.

***"All is safely gathered in...."***, but it is not the harvest which is gathered in

but lots of our lovely members back together for another year. Our meeting seems to mark a return to normality after the excesses of the festive season. It was heart-warming to see family and friends but now is a time to relax into happy normality.

Margaret Denton, our vice-president, welcomed us all to the ever-improving People's Hall. Apologies for absence included those from our president, Susan Sharrocks, who is half a world away in Australia with her family. . A special welcome was extended to Peggy Robinson who has wisely decided to join our happy throng. There are lots of good things in store, Peggy. Birthday wishes were given to a couple of Barbaras (Mauder and Hollett) and to Lorraine

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Millington but as none of these marked a decade there was no special cake. Only ordinary cake this month. Then our treasurer, (Margaret Denton again) told us how rich we are, subs having just been collected, but warned us that we will not appear so rich when outgoings are considered. Our Charity Account has the cash waiting to pay for the replacement pads which are an ongoing necessity for the defibrillator. We are glad that the outdated ones

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And what a tale she had to tell! of serious walking across the world. We travelled with Marion and husband Chris from the most northerly tip of Arctic Europe, to the most southerly point of the South American continent in Patagonia. I think that it is about time that someone told these two folk that they are supposed to be **RETIRED**. The Norwegian trip took them from Oslo to the Northern tip of Europe -even four miles north of North Cape. They used many means of transport on their travels: - train bus, car, ferry, and Shank's pony, but they didn't manage to hitch a lift with Santa and Rudolph. They stayed in hotels, hostels, mountain huts and their own little tent which of course

did not have to be used. We voted for the resolution to be considered at the National WI AGM at Cardiff in June. Our delegate will be Marion Wood and she and her husband intend to combine this with a holiday along the superb coast of Gower and Pembrokeshire.

Then it was time for *someone* to introduce our speaker. Yes! Margaret Denton introduced Marion Wood -just in case we couldn't recognise her!

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they had to carry themselves. They were rewarded with magnificent scenery, long hours of daylight, rare and varied wildlife and flora. Their photographs were stunning (thank you, Chris) and it was wonderful to see them. Then it was on to even more remote country in the Andes of Patagonia. Here they were trekking with an organised group which did mean that their tents and food were carried by porters. The snowy scenery here was even more spectacular and the mountains even higher and more rugged. The icing on the cake was provided for them when they saw a magnificent condor wheeling effortlessly among the mountain peaks. Marion, thank you

again for sharing these wonderful experiences with us.

A lovely tea followed during which the raffle prize of a pot of hyacinths was won by Valerie Cann. The competition for 'a travel memento', was won by Lorraine Millington's wooden Japanese doll. We'll have to watch her or she will be winning our silver platter again. Still, if she wins it, she'll have to polish it!

Our next meeting will be at **the People's Hall Committee Room at 2pm on Tuesday 13<sup>th</sup> February** when we shall go travelling again. This time our guide will be Mike Beecroft who will take us on, "The Final Voyage to St. Helena". Do join us if you have itchy feet.

## B4RN

### Firbank and Lowgill Action Group for Broadband.

*Alan Tattersall*

Firbank and Lowgill are continuing to make exceptionally good progress in installing B4RN broadband. Just before Christmas, we completed the task of installing our large green cabinet for the west Sedbergh area's broadband at Waterside Farm.

We decided to press on further even though the weather was appalling - ice, wind, rain and driving sleet. We have a great team of volunteers including five farming families who are used to working in these conditions on a daily basis. It was a complicated task to complete all the work at Waterside by installing seven ducts to serve us and parts the neighbouring parishes. Thanks to all for the effort to heave such a weight of trunking 300 metres to the viaduct and beyond. When the B4RN engineers install fibre into the ducts they will serve Killington, Firbank and Lowgill. We have also provided the connections for Howgill, Marthwaite, Sedbergh and Grayrigg when they require them.

We are keeping off some steep wet slopes at the moment so our volunteer farmers continued digging during the Christmas period along the old railway line. Thanks to extra support from contractor Michael Robinson we have completed the daunting section along the old railway line and are now ready to move on to mole ploughing on selected fields that are dry enough.

Our five small teams of volunteers will now be working on several parts



of the route throughout the parishes. They will be supported by householders and two more mole ploughing contractors. The work will entail several more road crossings and the need to cross the ethylene pipeline in six places so we will be working closely with B4RN and pipeline engineers. We expect to be reaching more houses in the coming month so we remind people that although we have raised funds for current work, we still need more people to contribute and invest in shares in B4RN. For more information and offers of help please contact me - Alan Tattersall, Firbank and Lowgill Action Group for broadband at [lonsdalebarn@aol.com](mailto:lonsdalebarn@aol.com).

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## **CHURCHES TOGETHER**

St Mark's Church, Cautley

*Judith Bush*

It was 'standing room only' at our Carol Service on 17<sup>th</sup> December, which made a great start to our Christmas celebrations. The church had been beautifully decorated (masterminded by Karen Webb) which added to the atmosphere. The carols were accompanied by local musicians playing wind instruments and also by the organ, and we heard the Christmas story in scripture readings and poems. The Cautley Carollers sang, as did Tan Yows, and Rev Gary Wemyss gave the address. After the service we were invited across the road to St Mark's for

refreshments. Many thanks to Damian and Joanne for their warm hospitality.

On Sunday 25<sup>th</sup> February we will be holding a Taizé service at 2.30pm. All are welcome.

## **CHURCHES & PEOPLE TOGETHER**

**in the Western Dales Mission  
Community**

*Andy McMullon, Vicar in the Western  
Dales Mission Community*

[andrew.mcmullon@outlook.com](mailto:andrew.mcmullon@outlook.com)

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One of the things which first attracted me to working as a priest and minister in Sedbergh and the Western Dales was the brilliant way that Churches in this area were

already working together. At that time there were four full-time clergy, two retired priests and a handful of lay workers all working together, taking the services and sharing the pastoral load.

As of the start of this year we are left with one full-time priest (ME!) and three part-time retired priests or ministers, as well as many ordinary church people in ministerial and supportive roles. I have been asked many times how I will cope as that one remaining full-time priest trying to sustain 8 Anglican churches, support my retired Methodist and Anglican colleagues, do my bit in the many Chapels also in our Mission Community, and provide pastoral care across the whole area?

The answer is quite simple. **I can't!** In fact, Clergy could never do it all anyway without the help and support of the many committed lay people in our churches taking a share in leading worship and delivering pastoral care. In the New Testament Paul believed in the **priesthood of all believers** and **every member ministry** in the churches **NOT** the Apostles or Ministers doing everything themselves.

Now in the Western Dales we have a great opportunity in discovering afresh what it means for every Christian to discover their gifts and learn how to use them in the service of the Kingdom of God. More than ever this means taking care of one another in our churches and being aware of those who need our help and support in the community. It also means every Christian being serious about their responsibility to both

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share and to be the Good News – and you will be hearing much more of the ‘God for All’ initiative and the ‘Moving Mountains’ Mission in these pages and around the communities over the next few weeks. These never were, and now more than ever, cannot be simply tasks for the clergy.

One final request to everyone, whether a church member or not. The few clergy we have left cannot be everywhere and do everything – but there are always those occasions when someone wants or needs a visit from the Vicar or the Minister. Do not assume that we will miraculously know of this need and turn up to help. Do get in touch if you would like a visit at home or in hospital for yourself or someone else or if there is something else you need us to do. We are busy – but not too busy to come where we are needed.

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### CITIZENS ADVICE

*Karen Evans*

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Once you’ve agreed to pay back your debts, your supplier won’t install a prepayment meter if you don’t want one.



Also check if you are eligible for government financial help with fuel costs, or a grant from either your own supplier or another company or charity.

For further help on negotiating with your supplier and applying for benefits or a grant, contact South Lakes Citizens Advice.

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## FAMILY MUSINGS

*Sarah*

I love Christmas! The celebration of the coming of Jesus, Gift from God and this being reflected in our giving of presents and food and invitations to get together. Father Christmas and all the joy he brings . "I wanted that" even if said child had never known it existed!

Our Christmas was different in that for first time ever we 'went away for Christmas '. The furthest I had ever been before was from our house to the farm, invited to join my then boyfriend and family for Christmas dinner up at the farm house. Bit overwhelming if I am honest but I got used to them all tho they will probably never really get used to me...

So hubby and I packed the car and headed east to support M from Christmas eve to Boxing day. We enjoyed ourselves. We were together which was important. Midnight service amongst friends and then again on Christmas morning. M managed to join us for a bite to eat at lunch time and we visited friends across the street before watching the Queens speech. Next morning we dipped into the Sales before returning home to our family gathering. All 5 Grandchildren together .. lovely.

At New Year all 5 were together again and another change to our festive routine, we didn't stay up to see in the New Year but it arrived just the same. We woke suddenly at 2am..gunfire ..I thought we were being invaded! ! No. Just some rockets banging away.

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So, a New Year .. 2018. And great excitement when a letter arrived for me from a magazine. ..might not seem much to have a letter accepted .. but it is a foot on the ladder leading to a short story being accepted. ..and when THAT letter comes I will throw a party!

So folks, happy times and healthy ones I hope for you this year, and most of all enjoy the family getting together, the expressions on little faces, the small hands in yours and even the 'demands' for ice cream in middle of winter!

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## SEDBERGH & DISTRICT HISTORY SOCIETY

*Michael Beecroft.*

Cowkeepers

On Wednesday 18th October a large and enthusiastic audience gathered at Settlebeck School to hear Dave Joy deliver a most interesting and well-illustrated talk on a subject which, for many of them, was close to their hearts. The topic of the 'Liverpool Cowkeepers' has been closely studied and documented in the recent past by Society members, most notably by Joyce Scobie, and Dave Joy readily acknowledged how impressed he had been when looking through the SDHS archives. However, the extension from the Sedbergh link by means of his own

family history, childhood involvement and thorough research of this strongly Liverpool phenomenon for over 100 years until its final closure in 1975, made for a stimulating evening.

The Joy family hailed from Hebden, north-east of Grassington in Upper Wharfedale where they had been farmers (and variously lead miners and innkeepers) initially at Rams Close farm and thereafter at Hole Bottom since the 17th century. By the mid-19th century, with the enclosure of the farmlands leaving hill farmers with little scope for profit, the veins of lead depleting, and the northern cities rapidly expanding with the growth of trade through the Industrial Revolution and spread of the railways, the Joys (along with many

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Dales families) found the lure of these cities too great to resist. Indeed, in 1851 one member of the family, George, was working in the Manchester area as a milkman.

But it was Liverpool, which had become Britain's 2nd largest port (after London) that was in the forefront of the movement to develop cowkeeping as an essential trade within the burgeoning population.

Cowhouses were established, very often from the larger corner terraced houses with sufficient yard space for 4 to 6 cows. These new 'mini-dairies'



operated a busy routine of feeding (grass cuttings, molasses, spent grain, oilseed cake etc); 5am milking; treating the milk to produce 'tt' (tuberculin tested), pasteurised

and sterilised; 6am-8am delivery by horse-drawn wagons; mucking out the yards into the middens (to be sold on to outside farmers at 5 shillings per ton, or in return for straw or hay) - hence

the phrase 'Where there's muck there's brass'; and, of course , constant cleaning.

By the year 1900 Liverpool had almost 500 properties being used for

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cowkeeping under the auspices of the Liverpool and District Cowkeepers' Association (1865-1975) producing nearly two-thirds of the city's needs. The Joy family (initially siblings George, Orlando and Hannah) had set up their cowkeeping business first at Wavertree and then at Garston on the southern outskirts of the city close to available grazing land as early as the 1860s. They had been joined in 1873 by Daniel who later took over Orlando's business on the corner of Church Road and Railway Street. By the 1890s Anthony Joy had taken over the reins at Island Road Dairy, later moving to the much larger premises at Wellington Dairy. Dave showed us a photograph taken of

Anthony's 3 children in 1898 one of whom, Percy, turned out to be Dave's granddad!

And so the audience was taken on a trip down memory lane of the Joys as cowkeepers in Garston throughout the best part of the 20th century: the heydays of 1900 to 1914, through the challenges of two world wars, and towards their eventual but inevitable demise under growing competition from the MMB (Milk Marketing Board) into the 1960s.

Dave related how, as an 11 year-old lad in the summer of 1969, he was still gladly learning the business of horse-drawn milk rounds with enthusiastic anticipation... only for it to be wound up later that year. Within

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6 years the very last cowkeeper in Liverpool had closed his gates.

An engrossing evening had been embellished with tit-bits of information and anecdotes too numerous to mention here. Our sincere thanks to Dave Joy... and family!

### SEDBERGH AND DISTRICT HISTORY SOCIETY

*Julie Leigh*

The topic of our final 2017 talk was the Scottish Highland Clearances of the eighteenth and nineteenth centuries. The speaker was Dr Michael Winstanley who said that the remaining evidence of the depopulation that had occurred during the Clearances is to be seen in

the ruins of destroyed crofts and memorials to those who had left or been evicted from their dwellings. The most striking of these is the bronze statue called *The Exiles* which stands at the mouth of the Strath of Kildonan and commemorates a family who were vacating their home. He also linked the dire after effects of the English victory at the Battle of Culloden in April 1746 with the situation in Scotland when the Clearances got underway. After the battle many Scots had been killed for showing Jacobite sympathies, the power of the clans had been curtailed and some of the Scottish lairds who have been blamed by many for the ill treatment of those who suffered in the

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Clearances were subject to control by the English.

Mike approached the subject by discussing differing opinions about the nature of the Clearances. He mentioned Alexander Mackenzie who was one of the first to address the situation in 1883. He had taken the generalised popular view that the depopulation that had occurred when the landowners (or their agents) had driven the crofters from their estates in order to clear their land was cruel and brutal. J.M. Bumstead, a later historian commented that although landlords were attempting to change traditional practices on their estates well before 1815, the depopulation and emigration to North America at that early stage had been largely voluntary. Others have made reference to the ongoing poverty in northern Scotland which had caused hardship long before the Clearances began. Furthermore, although the accepted version of the Clearances is mainly concerned with events in the highlands, another researcher, Tom Devine discovered that the Lowland Clearances had caused many more evictions than the Highland ones.

Mike described most of the small



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rural townships that had existed before the Clearances as being run communally under the *Runrig* system. This arrangement allowed for no one individual to have continuous use of the most productive land. The historian, Eric Richards maintained that owing to the inhospitable climate, unproductive terrain and lack of coal deposits the lairds had little option but to clear their land for sheep farming. In many of the Clearances rural tenants were moved to coastal areas to leave the large estates free for this activity. Mike gave examples of other money raising schemes that followed later after a slump in the price of sheep. It was very difficult to scrape a living on the crofts that were built when the sheep farming was abandoned. Potato growing became essential for the crofters' survival and outbreaks of potato blight were disastrous.

Mike concluded that there is no one single story about the character or timing of the Clearances. As is usual in Mike's presentations we had been treated to a thought provoking and interesting approach to a complex subject.



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## ART SOCIETY

*Jenifer Alison*

On Friday afternoon, 12<sup>th</sup> January, Peter Threlfall demonstrated how he approaches an acrylic painting of sandbanks in the Morecambe Bay area. There was a very good attendance. Peter qualified as a designer producing artistic impressions for architects and interior designers. He increasingly had the desire to express his own creativity and develop his own style. In fact, since 2008, Peter has been a popular professional artist and art tutor.



For his demonstration he used acrylic paint, describing his style as instinctive and impressionistic. He painted a picture of Morecambe Bay. This is a theme to which he returns many times - he never tires of it, because the light and colour changes continually. Peter explained that he often paints several small pictures of a subject prior to starting a full size one. He showed us five or six which he had painted in preparation for today's scene.

We loved his enthusiasm and sense of fun as he gave his running commentary describing himself as a carefree painter - he certainly does paint quickly. Capturing the light is of prime importance to Peter. The picture he painted for us is in black

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and white here, but it gives an idea of his style. For more, visit him on his website at

[www.threlfallsartstudio.co.uk](http://www.threlfallsartstudio.co.uk).

We might well try some of his techniques on our painting day in the Cornerstone Church Hall (alias Methodist Hall) on Saturday 27<sup>th</sup> January.

Then, as described in the last Lookaround we have our AGM and an exciting talk by Christopher Ware, whose studio is part of the Levisham Station building on the preserved North Yorkshire Moors Railway. He will describe his profession as a railway and landscape artist. This takes place on Friday evening, February 2<sup>nd</sup> at 7pm, as usual in the Cornerstone Church Hall.

Anthony Barrow returns to us to run a workshop in the same venue on Saturday 24<sup>th</sup> February, 10am – 4pm. We will be working on flower studies. People can choose their own medium for painting. If you would like any more information, please contact me, Jenifer Alison on 01539 824666 or email: [jen.alison10@gmail.com](mailto:jen.alison10@gmail.com), or Gill Impey on 01539 726640 or email: [gillimpey@hotmail.co.uk](mailto:gillimpey@hotmail.co.uk)

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baby excited by Christmas and the joys of community . Chris was ably supported by the entire James family , all of whom, from young Solomon as Tiny Tim, to Eli as young Scrooge, and Liz James as Mrs Cratchit seem to share Chris 's talent , discipline and commitment to their roles .

We were pleased to welcome young new comers this year- Wesley Mills stood out as Scrooge's nephew Fred, genial and confident in the face of Scrooge' s misanthropy . Holly Ross gently twisted our hearts as young Belle, as we saw Scrooge give up on a life of love and family for money making . Angel Sherrard , Ellie Wells and Fern Sherrard brought energy and good looks to a variety of

**A CHRISTMAS CAROL**  
**Spellbound Theatre**

*Susa Ellis*

Blowing your own trumpet seems a very " luvvie" thing to do, but we have had so many positive reactions to our production of a Christmas Carol at the Peoples Hall in December 2017, 10 days before Christmas, that it seems right to revisit it , specially as we are now in the season of Globes, Baftas and Oscars !

The timing seems to have been just right and we had wonderful support from the community and nearly full houses for all four performances . And the audiences were rewarded with a Christmassy production which found just the right balance between spooky morality tale and the joys and jollity of Christmas .Chris James' virtuoso performance as Scrooge is particularly to be commended , travelling the journey from bitter mean voiced miser to a giggling born again

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supporting roles ,and are to be congratulated on their ability to speed change into a variety of costumes .

Of the veterans in the team , Graham Dalton was a fierce and scary Marley's ghost and Ian Dawson a warm and cheery Fezziwig ,while doubling up as charitable gentlemen, and in Ian's case ,the Pawn broker and a master stage manager as well .Special mention should be made of Gill Rea's performance a sa narrator and as the leering cackling greediest of the Pawnbrokers customers . Other able performers were old hands Helen Cresswell ,Adam Hopkins ,Heather Dawson and husband and wife team David and Gill Baines, Helen Bromley was our creative

costumier who dressed Marley as well as all the fabulous ghosts from innocent Christmas Past ,through jolly Christmas Present to grim Death stalking the future.

We were also lucky to have the considerable talents of Judith Bush and Val Snelling on the fiddle to bring live music to the performances.

On the technical side we had the invaluable support of Steve Longlands and Ian Hutt , Ernie hail wood and wonderful sets by Laura Bolton assisted by Sedbergh School pupils

Thanks are also due to a host of other behind the scenes and front of house supporters

So congratulations to Hilary Stephenson , our ever patient

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Director, and to Heather Pakeman, (alias jolly Christmas Present ) our indefatigable producer who literally did everything else ! And many thanks to Annie Miller who so generously donated us her faithful adaptation .

One of our fans sent us a lovely card saying she considered the performance as a Christmas gift to Sedbergh and, if it is so , we are pleased to have been able to provide it .

### SEDBERGH ORCHESTRA

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‘Round the World in 60 Minutes”

*Rosemary Challoner*

When at 7.45 the doors to the People’s Hall on 23rd November in the People’s Hall were officially opened, an afternoon’s labours were revealed: chairs and tables set out by Gina Barney and decorated by orchestra members, the Bar open (guarded by Tony Reed-Screen and

Nick Cross) and the orchestra stretching after the usual last-minute rehearsal.

When the audience had collected their glasses of wine or soft drink to accompany the nibbles on the tables, and had settled down, Dr Barney welcomed us all and introduced the orchestra Leader, Val Snelling, and the Conductor, Roland Fudge.

As the music for the evening had been chosen more for light entertainment than profundity, the programme-sheet was simply a list of musical items and performers without the usual interesting background information ... and what a delightful programme it was: our resident impresarios had, as usual, done us proud. Nostalgia, pageantry, eastern myth and mystery, new world rhythm and humour, all rounded off with Gilbert and Sullivan.

Most of the items were better known for their tunes than their titles: so the entertainment began with charming

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whimsy by the erstwhile hugely popular Albert Ketelby ("Bells across the Meadows") followed in contrast by the infectious pageantry of Handel's vision of "The Entrance of the Queen of Sheba". When this was concluded Roland Fudge retired into a corner, to be replaced by Stuart Manger who read with great humour two poems as an introduction to two "concerti". These had been arranged by Roland Fudge from Saint-Saens' "Carnival of the Animals". First "The Elephant - with a Tail", which became a concerto for Double Bass, humorously played by Roger Bush, the cellos and and the orchestra and then "Fossils", with young Paddy Davies on the Xylophone which Paddy persuaded to clatter away most musically and

athletically. By the end there wasn't a straight face in the house. The audience then drained their glasses in anticipation of the "Top-up Interval" to the strains of those two popular war-horses: the "Blue Danube" and (featuring Pauline Bateman on Trumpet) the "Grand March" from Aida.

The second half was most ingeniously linked by three performances from Wagner's great "Ride of the Valkyries" music. This joined the mysterious East (Borodin's "On the Steppes of Central Asia" and Grieg's "Arabian Dance") to the Conductor's arrangements of two New World rhythmical pieces, Piazzolla's "Libertango" and Duke Ellington's "East St. Louis Toodle-oo",

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in which Roland took up his bow and fiddle to everyone's delight.

So we were sent to our suppers (a finger buffet provided by Pepperpot members, orchestra members, and supporters) to Sullivan's popular "Mikado" music (which generated spontaneous vocal contributions from the audience!)

Altogether a delightful evening due to a very happy choice of programme, splendid compering by Roland, splendid solos, a warm and welcoming atmosphere and the Orchestra in very good heart. Thanks once again to Donald and Shirley and to Roland for their inspiration and quiet but meticulous organisation and direction.

STOP PRESS! : Sedbergh

Orchestra will be giving its next concert at St Andrew's Church, Sedbergh on Thursday March 8th at 8.00pm. A highlight will be an exciting trumpet concerto, played by Stella Crompton, who was the amazing soloist in the Somme performances in Sedbergh and Skipton last summer. All details will appear in the March edition of LOOKAROUND.

### **SLOVENIAN NEW YEAR CHOIR VISIT**

*David Burbidge, Sedbergh 21166*

Many thanks to everyone who came to meet our visiting Slovenian choir over the New Year - and especially to those such as Mick and Nicki at Farfield who were so welcoming at their homes when we took the choir

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on a first footing just after midnight - with more than a wee dram or two inside some of the homes on our way. Also just before the new year we went to sing at the homes of the Cowgill Folk Chorale in Dentdale and were made very welcome inside Jenny Pilgrim's home and at Pip Hall's School House.

The choir loved being here and singing many Slovenian songs with our local choir Lakeland Voices - as well as Planinska (Mountain song) on top of Winder on New Year's day, and meeting the Cautley Carollers at Oakdene where we were staying on New Years Eve - we joined in with the Slovenian carols Glej zvezdice Bozje and Bozje nam je rojen sin.

As well as the delights of Hogmany here in Sedbergh the choir enjoyed other British activities - including afternoon tea by the fire with Christmas pudding and cake, mince pies and the roasting on toasting forks of marshmallows, good English beer in several of the pubs we visited, Scottish dancing, and of course the singing of our traditional songs. We were also able to present them with nearly every form of British rain -

including mizzling, drizzling, fine soft rain, light rain, right up to and including various downpours including raining like cats and dogs and coming down stair-rods (a phrase which they also use in the Slovenian language.)

The choir has now returned to Slovenia but we are continuing with our singing of Slovenian songs - with

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a special weekend at the end of January combining the songs of Scotland with those of Scotland - the weekend lying between the celebration days for the two national poets Rabbe Burns and Franc Preseren. If you are reading this in Lookaround you either joined us - or are too late! But not to worry - if you want to learn these songs we'll be singing them on other weekends and also every Tuesday evening - all in preparation for our annual Singing Tour of Slovenia at the end of May where we go to meet Slovenian choirs and other singers - as well as enjoying outings, short walks and last year, swims to the island across the lake at Bled. Do join us if you wish. There are details on the Lakeland

Voice website.

We are also planning a combined choir practice in March using internet video phone links with the three choirs from Sedbergh, Ljubljana and Zreče - do please get in touch if you have the relevant computer skills, and the kit.

---

### **CAROL SINGING IN GARSDALE**

*William and Mary Airey*

Once again we managed three nights of carol singing in Garsdale, raising a fantastic amount of £420 for Action for Children - a record amount.

Grateful thanks to the generous people of Garsdale and to the wonderful team of singers. A special thank you to Auntie Agnes and David for their wonderful hospitality at the end of our third night.

Thank you all and we wish you every blessing for 2018.

---

### **WOMEN'S WORLD DAY OF PRAYER**

*Monica Cleasby*

Our service this year is to be at St Andrew's Church, Dent on Friday 2<sup>nd</sup> March, at 11 am. And men are as welcome as women! The service has been prepared by Christian women in Suriname on the N E coast of South America. The population is multi ethnic, reflecting their history. This beautiful country has vast rainforest area and is rich in wildlife, agriculture and minerals. Like many others, however, they are feeling the effects of climate change.

They urge us to rejoice in and cherish the gift of Creation, and commit to caring responsibly for our planet and the future of the

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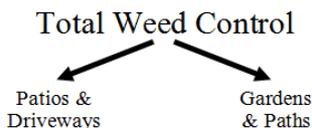
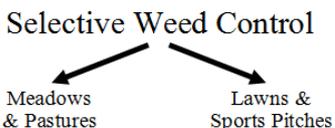
*let me do the work  
whilst you relax*

generations following us. We will sing and we will reflect. We are invited to wear bright colours!

We are experimenting with a morning service and hope you will approve. It allows St Andrew's to offer you a light lunch if you are able to stay. Do arrange car sharing if you can. Enquiries to your church team or Tel 25476.

All are Welcome.

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*Sue Harper*

We met once again at the Fat Lamb on 21st November, a day of torrential rain and gales. The atmosphere within was warm and cosy however and after Jenny had said Grace, we enjoyed an excellent lunch.

Our good wishes go to Jim, Rosemary and May who were unable to attend. We wish them all well, especially May who had the misfortune to fall and brake her hip recently. We wish her a speedy

recovery.

We welcomed to Clare from the Kendal office. Dennis once again kindly supplied placecards and riddles and also a raffle based on the card numbers, which added to the fun.



We met once again in the People's Hall for the first event of the new year in January, when we enjoyed our annual post-Christmas party.

Luckily, they threatened snow did not cause any problems but unfortunately several members were missing due to a variety of health related issues. We send them all our good wishes and hope that they will be able to join us in February.

Dennis welcomed everyone to the January meeting and announced that Scott Hemsley is Retiring from SASL after 17 years. We then enjoyed a delicious buffet lunch, provided by the volunteers. Afterwards, we were wonderfully entertained by Margaret and Joan who played a ukelele accompaniment as we all enthusiastically sang along to "Bring Me Sunshine", "Country Roads", "Scarborough Fair" and many other foot tapping favourites!

A much appreciated lift to the spirits on a cold January day and a great start to the New Year. Our next meeting will be on the 20th of January at 2pm when Mike Beecroft has kindly agreed to talk to us about the remote island of Saint Helena. If anyone would like to attend, please come along and if you need a lift, please make contact on 20613.

## ROYAL BRITISH LEGION

*If you or yours have ever served in any of our armed forces and you feel that the Royal British Legion can help you in any way, please call 0808 802 8080 (free phone).*

Your local Sedbergh Branch meets on the second Thursday of every month in the White Hart Club at 7:15pm and needs new members in order to keep up its good work.

You do not need to have served in the Armed Forces to be a member.

Membership costs £17.00 - call 20536 or 20964 or email: [jd@jdifa.co.uk](mailto:jd@jdifa.co.uk) or [dmparratt@gmail.com](mailto:dmparratt@gmail.com) for a form.

For more information, visit our website:

<http://branches.britishlegion.org.uk/branches/sedbergh>

THE ROYAL BRITISH  
LEGION



## ROYAL BRITISH LEGION

Sedbergh & District Branch

*David Parratt, Secretary*

The Royal British Legion introduced "Branch Community Support" in 2017. This was a result of changes approved by the Board of Trustees to Governing Regulations and replaces Branch Welfare support. BCS aims to support RBL branches to deliver a range of activities to meet the current and predicted future information, advice and support requirements of the Armed Forces Community. It aims to assist those branches already doing this work and to build on the foundations that they have created in their local communities.

Various welfare related cases locally

have been supported by the Committee during the year in liaison with the Legion authorities. Sadly, Les Fletcher who had been unwell for some time died in August. Les had been a staunch member of the Sedbergh branch for 27 years and had also been Chairman. With the passing of Norris Chamley in the January, Rose bushes have been planted in his memory in the flower beds in Main Street.

Another successful Legion Annual Dinner was held on 12<sup>th</sup> May in the Weaver's Café, Farfield Mill. This was the fourth dinner at this venue and 32 attended.

The RBL Director General, Charles Byrnes introduced the new 5 year

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“Gateway” strategy which was seen as a positive step forward.

Kay Whittle stood down as a Committee member at the AGM in September due to increasing commitments. Kay was thanked for her contributions during her time on the Committee. Glenise Brood was welcomed as a new Committee member, having moved to Sedbergh from Ambleside, where she had been a Legion member of the Langdale branch. Graham Dalton was appointed as the new auditor for the branch accounts.

On 13<sup>th</sup> October the Legion arranged a talk in the People’s Hall by Tony Parrini on the National Memorial Arboretum, the national site of Remembrance in Staffordshire.

This was appropriate coming just before the launch of the Poppy Appeal and the Remembrance period in the calendar. Tony had been the RAF Regional Community Relations Officer for Cumbria and Tynedale and had been instrumental in establishing a new RAF monument at the NMA.

During the past year various fund-raising events have been held for the Legion. Two successful coffee mornings were held on 12<sup>th</sup> July and 8<sup>th</sup> November, raising a total of £470. In addition, Sandra Gold-Wood produced a play, “Sedbergh & the Great War” in the People’s Hall on 5<sup>th</sup> November with the proceeds going to the Poppy Appeal. Over £500 was raised.

The Legion wishes to thank

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everyone once again that have been involved in helping with the Poppy Appeal Collection and to the generous public for their continued support for this worthy cause. To date, over £9,000 has been collected although there are still monies outstanding and the final figure will not be known until later this year.

A Remembrance Service was held in St Andrews Church on Sunday 12<sup>th</sup> November which was well attended. The reading of the names of the fallen was carried out with dignity and conviction. An Act of Remembrance and a two minute silence was observed at the town's war memorial following on from the service. The Remembrance Concert held in the

evening at the Cornerstone Community Church (formerly URC) was of a high standard as usual.

Keith Wood and his wife Sandra attended the Festival of Remembrance at the Royal Albert Hall in London on 11th November. Anyone who has been to this festival will agree that this is an extremely memorable, moving and well organised event.

There were various visiting speakers to the branch during the year. They included:

Jane Brown – Membership Council Representative for Cumbria, IOM & Northumbria.

Marcus Hawthorn – Area Manager North

Clive Sumpter – the new Membership Support Officer/County Secretary for Cumbria.

GP 90 – Great Pilgrimage. The Legion is planning the biggest Membership event to date in August 2018 and two members from each branch in the country is invited to attend in an act of Remembrance. GP90 will be a modern day re-creation of the original tour to Menin Gate in Belgium in 1928, commemorating the 90<sup>th</sup> Anniversary

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of the Legion's own Great Pilgrimage to the battlefields of NW Europe by WW1 Veterans and Widows. The pilgrimage is due to take place over a full two-day programme of visits, much of it on foot to battlefield memorial sites, trenches and cemeteries, as well as the parade on 8<sup>th</sup> August to the Menin Gate at Ypres, where a wreath from each branch will be placed on the memorial. A march past will then take place, observed by civic and military guests from the UK, Europe and Commonwealth countries.

The Sedbergh Branch of The Royal British Legion has existed since the early 1920s and needs volunteers and new members in order to keep

up its good work and to ensure it achieves its impending 100<sup>th</sup> birthday and beyond. If you would like to become a member, please contact David Parratt on 015396 20964 or email: [dmparratt@gmail.com](mailto:dmparratt@gmail.com) for a form. You do not need to have served in the Armed Forces to be a member. Our meetings are open and are held in the White Hart Social Club at 7.15 pm on the second Thursday of each month except August. Contact any Committee member or just turn up. For more information, visit our website: <http://www.branches.britishlegion.org.uk/branches/sedbergh> The National website is: <http://www.britishlegion.org.uk>

## MOVING MOUNTAINS

David Crouchley

Over four days (8-11 March) Churches in Cumbria are planning to welcome 34 groups of church leaders hosted in every area of the County for Moving Mountains.

- Over the four days, Churches in Cumbria are planning to welcome
- three national church leaders: the Archbishop of York (John Sentamu), the Chair of Methodist Conference (Lorraine Mellor), the Moderator of the (URC) General Assembly (Alan Yates)
  - ecumenical church leaders from the Methodists, United Reformed Church, and Salvation Army
  - 26 bishops and retired bishops (including three female bishops:

Libby Lane, Alison White and Christine Hardman, and former Bishop of Carlisle Graham Dow)

- in total there will be 34 groups of church leaders hosted in every area of the County.

The main denominations arranging this are the Church of England, the Methodist Church, the Salvation Army, and the United Reformed Church – but other churches and denominations are getting involved too.

Over 200 local events are planned: school visits, puppet making, pub quizzes, ceilidhs, litter picks, Gospel Choirs, magicians and comedians, walks and treasure hunts, art and craft, men's breakfasts, film nights, walking football and other sporting

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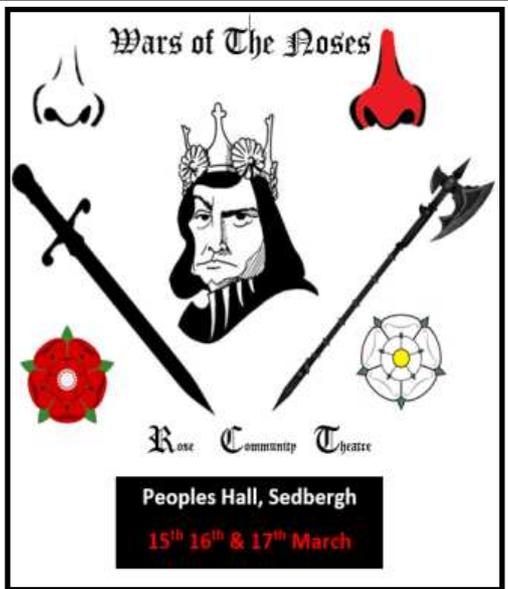
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events, dementia friendly events and services, meeting civic and community leaders, flower festivals and photographic exhibitions, a passion play, and much more....

Because the events are based round Mothering Sunday weekend, some churches are giving out daffodils, putting on pamper sessions, hosting afternoon tea, etc.

Our guests will be welcomed at a launch event at the Auction Mart in Penrith at lunchtime on Thurs 8 March. The final event of the weekend will be Cumbria's largest ever Messy Church, at Rheged on Sun 11 March, with lots of other Messy Church events across the weekend across the county. (Messy Church is church for children and



adults that involves creativity, celebration and hospitality.)

All this is Moving Mountains : **God loves you more than you will ever know**

### SEDBERGH & DISTRICT CHRISTIAN AID

*Ann Pitt*

This year our fundraising activities begin on Wednesday 14<sup>th</sup> March with our Spring Coffee Morning in the CCC Rooms in Sedbergh at 10am. I was reading the society's 2017 annual report and thought it might be helpful to set out what Christian Aid wants to do and how it goes about it as it is stated in the following excerpt:

"We believe that human action is responsible for the underlying causes of poverty. We believe that we can and must end poverty, that the world must be swiftly changed to one where everyone can thrive and share life in all its fullness. Partnership for

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2. Power for people to get a fair and sustainable share of the world's resources.
3. Power for people to have a say in the decisions that affect their lives, and to play a full part in society and the economy.

To bring about these shifts in power, we have identified five objectives that frame the work we do:

1. Power to change institutions.

We support poor communities

around the world as they strive to influence decision-makers at local, national and international levels. In the UK and globally, we campaign for change on critical issues such as climate change.

2. The right to essential services.

We help people access services crucial for their health and wellbeing. We urge governments to make sure essential services are available, and we challenge social norms that prevent people accessing the services they need.

3. Fair shares in a constrained world.

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5. Tackling violence, building peace.

We ensure that vulnerable people are protected from violence and can live in peace. We're part of social movements that challenge attitudes and behaviours that perpetuate

violence. We push for those responsible for violence to be held to account, and for governments to prioritise peaceful alternatives.

We deliver these objectives through a combination of long-term development work in poor communities, humanitarian responses to disasters and conflict, and bold advocacy.

The power of partnership

We cannot change the world alone. We work with a variety of partners across the world, depending on location, context and what we aim to achieve. Our commitment to partnership is rooted in our conviction that people are actors in their own development. We believe that every human being is of equal worth and



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dignity, and that we are called to strengthen people's agency.

We have traditionally worked with mainly faith-based and civil society organisations. In order to achieve an even larger-scale, deeper, inclusive and lasting change in the lives of poor and marginalised people, we are increasingly seeking partnerships with organisations in the private sector, government bodies, academic and research institutions, and membership bodies such as cooperatives and trade unions.

We work with churches and faith groups, including our 41 sponsoring churches, interfaith networks, and ACT Alliance, a coalition of churches working across the world to transform the lives of poor and marginalised

people. We depend on individuals in Britain and Ireland, and around the world, for their commitment and generosity.

We work through 475 local partner organisations in 37 countries, who understand the communities in which they work and are best placed to support them. It is by growing and deepening these partnerships that we have the best chance of achieving our ultimate goal: an end to poverty."

Here in Sedbergh and District we try to do our bit to help achieve these aims and objectives by working together within the local churches and community to raise funds and look forward to another year of generous support locally.

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*Your Flicks in the Fells team.*

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I'm sure none of us imagined that we'd still be putting up the silver screen over ten years later, but here we are! We've also ventured further afield, to Dent, Barbon and once we even went to Milnthorpe! Hopefully we'll be returning to Dent this year – plans are afoot to try and get the screening rights to *B Monkey*, which many of you will recall was partly filmed in Dent, Cautley and Barbondale. Some of you may even have appeared in it!

As always, we're open to suggestions for films to show. We also run an advertising reel on screen before each film for a very reasonable

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fee. Please contact us for further details, either by email or at one of the screenings.

Regrettably, due to increased running costs ticket prices will be going up from February. They will now be £6 for Adults, £4 for Children and £18 for a Family Ticket. This is only the second time in ten years we've had to increase the prices, and is primarily due to the new pricing structure at the People's Hall. In return they've given us some nice flowerbeds to look at outside, but have thoughtfully retained the expensive and inefficient radiant heating many of us have come to know and ~~love~~ love. The floor could do with a polish too...

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Here's looking forward to *Victoria and Abdul* on 3rd February, starring Judi Dench, Ali Fazal, Michael Gambon, Eddie Izzard, Adeel Akhtar and Olivia Williams; and to the next ten years! Maybe by then we'll be showing 3D holograms.

That's All Folks!

---

**WARTIME SACRIFICE  
IN THE DALES  
DURING SECOND WORLD WAR  
Author Appeals For Help**

Historian, Keith Taylor, is appealing for help in researching the stories of the lives and deaths of all the Dales folk whose names are inscribed on the Second World War memorials in Gargrave, Hellifield, the Malhamdale area, Long Preston, Settle,

Giggleswick (and School), Langcliffe, Stainforth, Horton in Ribblesdale, Austwick, Clapham, Ingleton, High and Low Bentham and Sedbergh, together with Dent and surrounding area.

In 2004, Keith brought out a book, "Wensleydale Remembered", about the inhabitants who lost their lives during the World Wars, and a second book in 2006, "Swaledale and Wharfedale Remembered", all of whose names are remembered with pride on the local memorials. The author feels it is a privilege to recall the stories, whether it is about their lives in peacetime or about their time during the war time years. He now wishes to re-tell the stories of the service personnel from the villages

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and towns mentioned above, in a new book.

Keith is asking for any help that can be provided by members of their families, friends or colleagues, with regards to information or photographs. Members of the public might be able to put him in touch with such people. His research has already produced a great deal of information but he would be extremely grateful for further such information and especially with regards to obtaining copies of photographs of the service men and women.

There are a few names that are proving difficult to research on the Sedbergh War Memorial and it would be a shame to be unable to do them full justice (they are James Armistead, William Bainbridge, Thomas Dinsdale, James Harvey, as well as Robert Atkinson of Firbank). Just a small clue could provide the answer. Any help, whether large or

## a helping hand Linda Greensmith



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small, would be useful in providing a complete record of these Dales men and women.

If you can help in any way, the author can be contacted either by writing to Keith Taylor, 'Wensleydale', 4 Oker Road, South Darnley, Matlock, Derbyshire, DE4 2JQ or by phone on 01629-732622 (mobile 07790-575077). He looks forward to your response. *(Details have been passed to the History Society who are assisting but any further assistance would be appreciated. Ed)*

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## HELPING HAND

*Linda Greensmith*

I would like to thank everyone in the area for supporting me in my first year of business. I have been able to help people retain their independence in their own homes. I have helped people apply for blue badges, attendance allowance and taught people how to use their computers, mobile phones and iPads to do online shopping, email their loved ones or text friends and family. I have taken people shopping, to hospital/doctors appointments, swimming, walking and for scenic drives. I have made

fires, swept kitchen floors, pruned roses and walked dogs. My job is varied, enjoyable and never dull !!!!!. I have met some lovely people, been to new places and have thoroughly enjoyed my first year - so thank you people of Sedbergh - here's to another busy and varied 2018

---

### AGE UK SOUTH LAKELAND

*Ruth Taylor*

Just an update on the various activities which we run in Sedbergh. Why not join us for a delicious lunch at the Red Lion Hotel every 2<sup>nd</sup> Thursday of the month at 12 noon. You will be made most welcome. If you are not very confident in the water, then come along to our social swimming group at

Sedbergh School pool every Wednesday from 12.15 pm to 12.45pm (changing room opens at 12 noon) ) Swim at your own pace and if you are recovering from injury, it is a great opportunity to practise those rehab exercises! If you would like to come along to any of these, please contact Age UK on 01539 728118 .

---

### SEDBERGH & DISTRICT CHAMBER OF TRADE & COMMERCE

*Heather Thomas, Project Manager*

Happy New Year from Sedbergh & District Chamber of Trade & Business

A very happy new year to you!

I hope you and your families have

had a wonderful Christmas and New



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Year.

Christmas Late Night Opening seems like such a long time ago already, but I wanted to write and thank everyone involved. It was a lovely evening and the community spirit wasn't dampened by the weather!

The list of those to thank is long - there were numerous helpers and volunteers both on the night and during the organising that space does not allow us to list here individually, but we truly are grateful for the support.

Huge gratitude also to the kind and generous sponsors this year including - BDS Fuels Ltd, Boots Chemists, Farfield Mill, Farmgate Veterinary Services, Gina Barney Associates Ltd, GJ Baines & Son Ltd., JMP Foods, Michael Mudd Ltd, Malcolm Sedgwick, MK Conversions Ltd., McGarry & Co, No 6 Finkle Street, Ollie Collie Ltd, The Roof Box Company, R.S. Morphets Ltd., R. Lewes Chartered Accountant, Woofs of Sedbergh, Smatts Duo, The Haddock Paddock, and Three Hares.

As I am sure you are aware, this kind of event takes months of planning, and relies heavily on

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support from volunteers wherever possible to make it a success. So it's never too early to start planning for the next one!

We'd love more businesses to be involved with planning in the run up to the next Christmas late Night Opening event and are now looking for expressions of interest. If you feel like this is something you could get involved with please contact me at [project.manager@sedbergh.org.uk](mailto:project.manager@sedbergh.org.uk) or call me on 07788674819.

We're hoping that 2018 will be an exciting year for the Chamber of Trade, we have lots of ideas of what we'd like to achieve to support the business community and the town as a whole. If you'd like to get involved we'd love to welcome you to a meeting to hear what we are about. Our next one will be held on Monday 19<sup>th</sup> March at 7:30pm in the People's Hall Committee room.

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# 2018 Sedbergh Spring Show



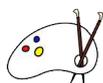
**Saturday 24th March 2018**

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*Full List in December Lookaround*

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## **SEDBERGH & DISTRICT COMMUNITY FIRST RESPONDERS**

Jackie Hooley 015396 22067

[sedberghfirstresponders@gmail.com](mailto:sedberghfirstresponders@gmail.com)

We will be holding our AGM on Wednesday, 7 March at 7.00 pm in the Rawthey room, 72 Main Street above the TIC.

We need new volunteers to help save lives in this community. If you think you could become a responder or if you or your group would like a free Heartstart course to learn life-saving first aid then please come along or contact us.

## **SEDBERGH SCHOOL NEWS**

Karen BL

Two of the four rowers who broke the record for rowing across the Atlantic were Old Sedberghians. They said they were merely trying to achieve a "respectable" time of about 40 days for their Charities, but ended cutting the world record for a four man boat by 6 days crossing in 29 days 15 hours. They raised over

£250,000 for their charities.

Both schools had a busy end of term in December. As usual the Prep School's list of events makes me feel tired just reading about it! The Lent term started in earnest on Monday 8<sup>th</sup> January.

The whole School was devastated to learn of the death of the School Librarian, Naomi Cox. A very well attended service of Remembrance was held in the Parish Church followed by a reception in the Queen's Hall

Tim Farron chose to visit the Casterton Archive Exhibition, having been invited by the National Lottery to visit one of the on going projects in his constituency

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The Old Sedberghians and the Foundation held a gala dinner in the Members Dining Room of the House of commons which included a tour of the House. The sound of *Winder* echoed round the halls

At the beginning of December the Upper School gave four performances of *Fiddler on the Roof* and on 8<sup>th</sup> December a Ceremony of Christmas Carols in the chapel as well as the Carol Service for the parents at the end of term. There was also a very successful Christmas concert at the end of term

A very successful STEM day was held at Casterton with 60 children plus teachers, parents and grandparents from Stramongate Primary School in Kendal enjoying the day learning about rockets through maths, chemistry and design and technology.

The Naval cadets visited HMS Example in November

Peter Coke is now Housemaster of

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School House, replacing Chris Hattam who has gone off to his Headmastership in Malvern

As said above, the Prep School had a very busy time at the end of term. They kicked off with a Christmas Fayre that went very well. The week beginning 4<sup>th</sup> December was busy with rehearsals for the concert, the Choir and the Chamber Choir and the Carol Service. The author Liz Million visited the school.. The inter-House rugby took place at 5 levels on the Saturday together with hockey against Barnard Castle for years 1-5.

Years 1-6 went to see *The Secret Garden*. Several pupils went to Bisley for the shooting. The Choir sang in Kirkby Lonsdale market place. Years N – 5 performed a Nativity Play and Musical performance. There was also a Christmas disco. On the Sunday the Senior Chamber Choir sang at morning service in Holy Trinity. The next week had further rehearsals and then the Christmas Concert involving years 3-8. The Carol Service took place on the Wednesday in the Sedbergh School chapel before the final break up for the Christmas holidays. Some pupils then went to

Bisley for training.

Jonathan Woof has taken over the running of the School archives while Katy de la Riviere is off on maternity leave after the arrival of Finlay de la Riviere on 6<sup>th</sup> November.

The Daily Mail visited the School on 16<sup>th</sup> January to present their trophy to the Rugby team.

#### *Academic*

The School came back to start the term with a series o examinations, and the hope that revision had taken place during the holidays.

Three offers from Oxford University have been received by pupils and one girl has a good chance of receiving a Moorfield Keynes Scholarship to an American University.

The School is taking part in the National Academic Challenge as well as holding their own internal Academic Challenge.

#### *Sport*

The girls' hockey, netball and lacrosse teams had a moderately successful tour in the South, playing between them Millfield, Wellington and Sherborne at several levels. The 1sr XV also won their rugby matches against Durham and Warwick. They

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had a "cracking" day against St Peter's York, winning all 7 matches apart from the 1sts who drew.

The boys' rugby had a brilliant end to their season beating the old enemy Millfield 53-12 and securing the Daily Mail Trophy and No 1 ranking in the country. The A1, and 2<sup>nd</sup> and 3<sup>rd</sup> XVs also secured victories against Millfield. The 1<sup>st</sup> XV also won against Sherbourne. The 1st XV also retained the Barnett Ball in a tough away victory over Warwick School which is now theirs for the season!

Despite having no experience of shooting at the distance involved, the shooters did very well at Bisley, Sara Rorison being the 4th highest placed U15, and the Junior Pair, Daisy



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Armstrong and Abi Gibbs ( who only started shooting this year), came 10<sup>th</sup> out of 37. Two pupils have been asked to join the UK shooting squad.

The runners took part in the FellFoot Park Run, with Reuban Copley coming 2<sup>nd</sup> and nine out of the first 10 being from Sedbergh, the first Sedbergh girl home Amy Slattery coming in third. Fraser Sproul did not take part, being injured but had won the Junior boys race at Cartmel in the District Cross Country trials, while the junior girls came in 1<sup>st</sup>, 3<sup>rd</sup>, 4<sup>th</sup> 5<sup>th</sup> and 6<sup>th</sup>, but Fraser had another convincing win at the District Trials in November. The School took part in the Stoneyhurst Trail Race: Dick van Dijk came first overall with Fraser Sproul second, and the School also took the next 10 places making a convincing win for the Boys. Maria Page won the Girls race and they took the overall title.

This term the Prep School held the South Lakeland Cross Country trials

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in which 530 pupils from neighbouring primary schools took part, and all the pupils in the Prep School years 3 to 6 participated. Many a trainer and sock was left in the mud!

#### *Future Events*

The Scholarships will be in the week beginning 19th February.

A Memorial Service for Brooke Dowse will be held in the School chapel at 1.30 pm on 19<sup>th</sup> March, followed by a reception in Lupton House, of which he was Housemaster when it was a boys' house. There is a detailed tribute to him by John Morris on the Old Sedberghian Club website.

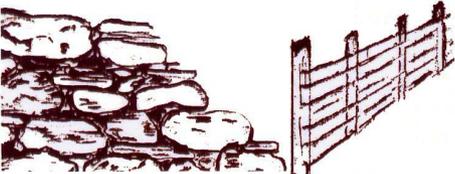
The annual Rawthey Run (U11 and U13) on 25<sup>th</sup> January and the Morgan Run (Staff v School v Old Sedberghians - 4.75 miles) on 27<sup>th</sup> January will have been held by the time this is published

There will be a non-residential Junior "Athlete" Development Programme at the Prep School from 9<sup>th</sup> to 12<sup>th</sup> April.

On 31<sup>st</sup> January Bill Beaumont CBE, former captain of English rugby visited the Prep School.

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The popular Evening of Jazz & Swing Concert is on Sunday 4<sup>th</sup> February.

The Boys' and Girls' Cumbria Schools Cross Country Championships (years 3-6) will be at the Prep School on 8<sup>th</sup> February

Half term begins on 9<sup>th</sup> February and ends on 18<sup>th</sup> February making the term a very short one of under 10 weeks. The summer timetable, when sport reverts to the late afternoon and school work to the early afternoon begins on 19<sup>th</sup> February. Term ends on 22<sup>nd</sup> March.

The Sedbergh U16 Rugby Sevens Tournament is on 24<sup>th</sup> February and the U14 on 3<sup>rd</sup> March.

The Kendal Winter League running will take place at Sedbergh on 1<sup>st</sup> March

A Community Jazz Singing Day with Scottish Jazz Choirs will be in Holy Trinity Church on 25<sup>th</sup> February, followed by an "And All that Jazz" Concert with local Choirs, vocalist Lynne O'Neill and pianist Jim Clelland again in Holy Trinity Church at 7.30 pm

The U8, U9, U10 and U11 Girls' and Boys' Primary Schools Swimming Gala is to be at the Prep School on 28<sup>th</sup> February at 2.30 pm

The U11 Girls' Hockey match for the Prep School against Sedbergh Primary is on 1<sup>st</sup> March at 15.45

The Archbishop of York will visit the School on 9<sup>th</sup> March

The Choral Society Opera Gala Concert will be in Lancaster Town Hall on Sunday 11<sup>th</sup> March at 3 pm

The Wilson Run qualifiers are on 21<sup>st</sup>, 28<sup>th</sup> February, and 7<sup>th</sup> and 14<sup>th</sup> March. The Wilson Run itself is on

20<sup>th</sup> March.

## SECOND HOMES

Dear Editor,

I'm sure it hasn't escaped your attention that we are trying to develop co-ordinated plans to retain and attract families and people of working age to live in the Dales. The most controversial bit of the initiative so far, a proposal to lobby Government for the power to increase Council Tax substantially (by at least five times) on second homes in the Yorkshire Dales National Park, has understandably stimulated the most debate. We wanted to let you know that this proposal is now at a critical stage.

The National Park Authority gave its approval to take this forward just before Christmas. Now it is up to the eight constituent county and district councils in the Park to make up their minds. We want to stress that we have nothing against second home

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owners. Far from it. They love the Dales and make a contribution to the local economy. The problem is the impact of second home ownership. There are simply too many second homes in the National Park. That these homes lie empty for most of the time is a terrible waste.

The sharp growth in second home ownership during the past twenty years has pushed up house prices, denied dwellings to permanent residents and left some communities hollowed out.

More than anything, rapidly shrinking primary school rolls have focussed minds. The moment has come to take action; if this proposal fails, it is unlikely that the negative impacts of second home ownership will be addressed again any time soon. We would urge your readers to make their views known to their local councillor.

Yours sincerely,  
*Giles Archibald, Leader of South*

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### GET ME BACK ON MY BIKE

Funds raised for The People's Hall  
and The Rosemere Cancer  
Foundation  
*Hugh Symonds*

It was lovely to see so many people at the presentation, 'Get me back on my bike' which Pauline and I gave in the People's Hall on November 26<sup>th</sup>. The evening told the story of how after nine months of operations, chemotherapy and radiotherapy at The Rosemere Centre, I was "fixed" and able to travel by bicycle again. An audience of over a hundred and twenty saw photographs and heard narrative and music telling travel stories from Cuba, Mexico, China, Laos and Cambodia. The entrance fee raised £740 which was split evenly between The People's Hall and The Rosemere Cancer Foundation. Profits from the bar

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exceeded £100 and donations to Rosemere came to £300. Totals from the evening came to: The People's Hall £470 and The Rosemere Cancer Foundation £670. Pauline and I thank Dr Gina Barney and The People's Hall committee for making the evening possible, Douglas Thomson for the loan of his projector and Ian Hutt for lending his screen.

---

### **BLOOD BIKES & CARS**

*Darren Coleman*

The Trustees of the Freemasons Mark Benevolent Fund are delighted to have awarded over £300,000 to 17 Blood Bike charities in England and Wales that are members of the Nationwide Association of Blood Bikes. The charities, who were all assessed on their own merits, will benefit from 9 Blood Bikes and 8 Blood Cars between them.

The funds come from the Brethren of the Grand Lodge of Mark Master

Masons who took part in the Mark Benevolent Charity Walk last May, raising an astounding £437,934.

This comes as we celebrate the 150th Anniversary of the Mark Benevolent Fund.

The charities to benefit are:- Blood Bikes Cumbria, Blood Bikes Wales, Devon Freewheelers EVS Lincolnshire Emergency BBS, Merseyside & Cheshire BB, Midland Freewheelers EVS, Nottinghamshire Blood Bikes, SERV OBN, SERV Surrey & South London, SERV Sussex, SERV Wessex, Severn Freewheelers, Shrops Staffs Cheshire BB, Warwickshire & Solihull BB, Whiteknights Yorkshire BB, Yeovil Freewheelers EVS, Blood Bikes Manchester.

---

### **ROSE COMMUNITY THEATRE**

*Sandra Gold-Wood*

Rehearsals are well under way for the RCT's next production which is a musical comedy in the style of pantomime. 'The Wars of the Noses' is a medieval romp through the 15<sup>th</sup> century and will follow an original if historically inaccurate script with lots of familiar songs with unfamiliar words. As is traditional in any medieval production it's starts with a murder and then gets worse as the White and the Red Noses vie for the Ye Olde Throne England. All this fun and nonsense will take place in the People's Hall in March, Thursday/ Friday/Saturday, 15/16/17.

Meanwhile back in the real World to RCT will be holding a Coffee Morning to help with production costs. It will be held in Cornerstone Community Church rooms on Wednesday

February 28th. Doors open at 10am as usual and any donations, cakes, raffle or otherwise will be gratefully received.

---

### ENCORE OPERA GROUP

*Naomi Lidiard*

A Concert will be performed on Friday 9th March at 7.30 pm in the Sedbergh School Chapel, Loftus Hill by the Encore Opera Group.

The programme will include a selection of popular opera solos, duets and ensembles by Mozart, Handel, Verdi, Puccini and others. Free will be entry with a retiring collection so put the date in your diary now.

---

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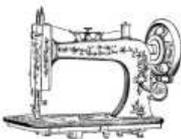
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*Jacky Baines*

Many thanks for all those that supported us back in September for our Macmillan Coffee Morning and to all the local businesses who so kindly donated raffle prizes. We raised a massive £260.25. Look forward to seeing you all again this September.

---

### PARADISE IN THE YORKSHIRE DALES?

*David Heller*

Many of us have long suspected that the Dales are a little corner of paradise here on earth. But that was confirmed in November, with the leak of the Paradise Papers, a set of 13.4 million confidential electronic documents relating to offshore investment. It was widely reported in the media that Hugh van Cutsem,

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former owner of the Mossdale Estate, played a central role in arranging the secret and highly lucrative offshore investments made by his close friend Prince Charles. The 4500 acre estate that occupies much of the moorland around Garsdale Head is also one of many grouse moors that has scooped up large amounts of taxpayer money in the form of agricultural subsidies worth more than £225,000 in 2016. Along with celebrities and the super-rich, it seems that large landowners and the monarchy are amongst who benefit from rules that allow the rich to become richer while the rest of have to work for a living...

Of course, it's not the first time that the Mossdale Estate has hit the headlines. The estate was forced to resign from the Moorland Association (the club for grouse moor owners) after illegal pole traps were set for the persecution of birds of prey by one of the estate gamekeepers. It is a

further scandal that said gamekeeper was let off with a police caution.

It seems common sense that any further persecution of raptors should be met with the full force of the law (including the prosecution of landowners whose employees are responsible for wildlife crimes). We can also hope that reform to agricultural subsidies benefit people and the landscape, and not the aristocracy. But maybe we should also start looking to the growing number of examples in Scotland (including the isle of Eigg, and the Knoydart peninsula), where large estates have been taken back into community ownership?

---

## SEDBERGH LITTLE PEOPLE

*Naomi Lidiard*

The Sedbergh Little People baby and toddler group would like to say a huge thank you to the Sedbergh Charity Shops for their very kind donation towards our equipment and toys.

It was very much appreciated by the children, parents and volunteers and we are excited about investing in some much-needed items. Thank you.

---

## VOLUNTEERING

*Dr Myles Ripley*

If you took all the volunteers out of the activities that run in and around Sedbergh, it would be devastating: the gaps in our community provision would be vast. Well over half the reports in Lookaround are based on volunteer activities.

For some, volunteering can be a route to employment, or a chance to



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The Silver Workshop & Gallery Sedbergh Cumbria

try something which may lead to a career change. Volunteering can be a way of:

- Gaining new skills, knowledge and experience
- Developing existing skills and knowledge
- Enhancing a CV
- Improving one's employment prospects
- Gaining an accreditation
- Using one's professional skills and knowledge to benefit others (usually described as pro bono)

**Below are some of the reasons people choose to volunteer.** For some it provides an opportunity to:

- Give something back to an organisation that has impacted on a person's life, directly or indirectly
- Make a difference to the lives of others
- Help the environment
- Help others less fortunate or

without a voice

- Feel valued and part of a team
- Spend quality time away from work or a busy lifestyle
- Gain confidence and self-esteem
- Meeting new people and making new friends
- A chance to socialise
- Getting to know the local community better.

### How volunteering helps YOU

*Volunteering England* commissioned a report on the impact volunteering has on people's well-being. Their summary finding is ..... "Volunteering can increase volunteers' longevity, improve their mental health, keep them fitter, and enable them to cope better with illness when it occurs.

Volunteering also has a positive impact on a range of factors affecting health service users including their self-esteem, disease management, adoption of healthy behaviours, compliance with medical treatment and relationships with health care professionals." The full report of this study can be found <http://www.ivr.org.uk/images/stories/news-item-attachments/summary-report-21st-july-20082.pdf>

### How can you make your volunteer

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**team value what they are doing and encourage new people to volunteer?**

### **1. Thank your volunteers and thank them again (and again....!)**

Show appreciation in varied ways and always mention volunteers who make your organization successful.

### **2. Reward your volunteers.**

Volunteers have many motivations. Really work to get to know your volunteers and what excites them about what they do.

**3. Provide an experience connected to your cause.** Nurture engagement—not just tasks needed by your organization. The stories of those whose lives are enriched or changed by your non-profit organisation's work will inspire your volunteers.

### **4. Create a community or team from your volunteers base.**

Maintaining open communication channels among your staff and volunteers helps to build community. In person thanks and feedback events are the best ways to fuel connection between volunteer work opportunities. These can be supported by discussion forums and

feedback e.g. surveys. But there's nothing like thanking volunteers with a party or just picking up the phone.

**5. Showcase your volunteers** and how their time and talent contribute to your organization's growth.

### **6. Honour top volunteers in both big and small ways. Small recognition efforts mean a lot.**

Volunteers understand that the constituents receiving your programmes and services are top priorities. But those donating their time and assistance will appreciate being recognized by name in print, online, and in event settings. A token or certificate for volunteer service is always a nice touch. Maybe a "Volunteer of the Month" recognition?

**7. Cultivate your volunteers for bigger roles.** Your volunteers may also be leaders — staff advisors, board members, and consultants. Your volunteer pool may yield those who just want to show up and assist with whatever task you provide. However, care and feeding of all of your volunteers is critical for your organization's reputation and growth.

**8. Grow your volunteer pool through recruitment of volunteers by...your volunteers!** Word of





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*Sedbergh Lookaround*

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mouth is great advertising. Your volunteers are your best recruitment asset. Provide ways for volunteers to invite others to join them.

Think about who volunteers with your organization. Know them well enough to make the best assignments and to provide the perks that will make your volunteers keep coming back—and telling others about your mission and the roles they play in your success.

*(This article first appeared in the August 2017 issue and I felt it was worthy of being repeated. Ed..)*

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#### **ROW LANE, GARSDALE ROAD**

Row Lane (between Garsdale Road and Cautley Road)

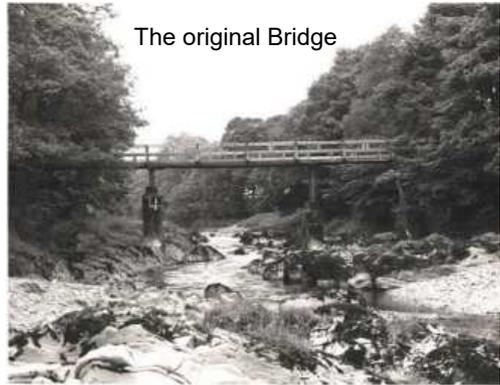
A big THANK YOU is due to Colin Cowperthwaite who keeps Row Lane from Garsdale Road to 'The Row' clean and tidy. He is there regularly with shovel and brush keeping the lane clear and a pleasure to walk along. Thank you very much Colin.

However, although the dog walkers among us are exhorted to dispose of our dog's excrement and which, on the whole, is done by the many dog walkers who use this route on a regular basis, no such moral obligation seems to occur to the horse riders who also use Row Lane. Admittedly horse excrement is not as dangerous as that of dogs but it is unpleasant to have to negotiate huge piles of muck left by horses. I wouldn't expect the use of the equivalent of doggie bags for horses but isn't it possible to dismount and at least attempt to kick the pile to the side of the lane, into the undergrowth, so that walkers and possibly their dogs do not have to negotiate it.

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The original Bridge

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### YORKSHIRE DALES NATIONAL PARK

Bridge over the Lune reopens

The longest footbridge in the Cumbria part of the Yorkshire Dales National Park – Fisherman's Bridge near Sedbergh – has been rebuilt and reopened, two years after the original was swept away during Storm Desmond.

The well used public right of way connects Sedbergh and Firbank parishes and is the only crossing in an 8 kilometre (5 mile) stretch of the Lune.

Individuals and local groups donated £12,500 to the project, which has cost a total of £110,000. The 35-metre long bridge took eight weeks to construct and was a year in the planning. An official opening event is being arranged for early in the New Year.

The work was managed and carried out by Cumbria County Council (CCC) and its contractors in partnership with Yorkshire Dales National Park Authority (YDNPA) rangers and volunteers.

The project had plenty of drama and difficulty. Very heavy rainfall in November swelled the Lune to such an extent that the scaffolding on the newly built bridge was swept away, buckling the almost finished structure. But even that late setback was overcome with the help of a crane and some spare parts.

Fisherman's Bridge on the Lune near Goodies had stood for 60 years. A County Surveyor's note stamped 16 JUL 1957 recorded how much it cost (see attached). After Storm Desmond, however, only the stumps of the four piers on the riverbed remained.

The new bridge was designed with only one pier, to create less

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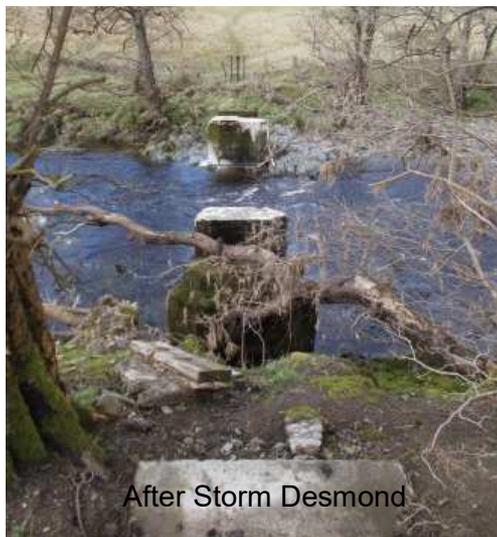
neil@howgillupholstery.co.uk



obstruction to flow during flood events. A total of 22 steel beams, each weighing 130 kg, have been bolted together to span the river and support a wooden walkway.

Nick Cotton, YDNPA Member Champion for Recreation Management, was one of the first people to walk over the new bridge. He said: "When Fisherman's Bridge was swept away, we were left with a big gap in the public rights of way network. The nearest crossing to the north is the Crook o'Lune road bridge and to the south it's Lincoln's Inn Bridge. Fisherman's is in fact the only publicly accessible footbridge over the Lune between Kirkby Lonsdale and Tebay, a distance of more than 30 kilometres. It forms part of the circular 'Quaker Trail' out of Sedbergh. It is really good news that it has been reinstated.

"Luck didn't seem to be on our side during the construction phase, as we seemed to be battling very wet weather. But the finished bridge makes all the effort worthwhile. We



After Storm Desmond

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are particularly proud that our ranger service and volunteers rose to the challenge. Fisherman's Bridge is certainly the biggest and most complicated structure we've built in a while.

"I'd like to thank all the local residents and groups for their generous financial contributions towards the new bridge – and also to Cumbria County Council for their unstinting work and attention to detail. I'd particularly like to thank the Capstick family of Hole House Farm for their support and co-operation in allowing access for our machinery over their land."

CCC Countryside Access Officer, David Clare, said: "The responsibility for Fisherman's bridge has always been shared equally between the Yorkshire Dales National Park Authority and ourselves and that situation did not alter after the Park was extended last year and this has

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been honoured by both authorities from the outset.

"It has been a privilege to work alongside the YDNPA to achieve the common aim of restoring public access over the River Lune in such a beautiful part of Cumbria."

One group to chip in to the project – with a £2000 grant – was the charity, Friends of the Lake District. Policy Officer Jan Darrall said: "Friends of the Lake District were delighted to support this important river crossing. Since Storm Desmond walkers in the area have had a long diversion to cross the Lune and it is brilliant that people can once again enjoy this delightful part of Cumbria and the Yorkshire Dales National Park."

*A timeline of the construction of the new Fisherman's Bridge:*

- Late summer 2017: CCC contractors carry out preparation work. They break up the damaged piers and remove them from the river; raise the height of the one retained pier and clad it in stone; and repair the abutments on both banks. Work was held up by a flood in early October.
- After the flood, a trackway is

installed over the field leading from Hole House farm to the bridge to protect the ground.

- Scaffolding goes up early November.
- YDNPA rangers and volunteers move the bridge components to the riverside and begin assembling the bridge.
- After three weeks work, with the main structure nearing completion, torrential rain on Wednesday 22 November causes the river to rise to flood levels. The supporting scaffold is dislodged and swept away and in the process the larger of the bridge beams are bent and twisted. CCC devises a plan using the temporary trackway from Hole House Farm to get a crane to site. The damaged half of the bridge is lifted off the piers intact, laid out on the bank and repaired using parts gathered from spares and other pending projects.
- Friday 1 December, the repaired bridge is back on the piers and secured. Finishing touches such as steps and gates are added the following week.



- The temporary trackway is removed on Wednesday 13 December.
- Result: walkers can once again cross the Lune at this beautiful spot.

*Fisherman's Bridge funders:*

- The Yorkshire Dales Society in memory of Ken Willson (nb. Spelling correct)
- The Friends of the Lake District (Environmental Improvement Grant)
- The Ramblers Lake District Area Council
- The Ramblers Lancaster Group
- Sedbergh Anglers
- Sedbergh Parish Council
- Sedbergh Walking & Cycling Group
- Dales Way Association
- Generous support from local residents and cooperation of the farmers on both sides of the River Lune.

**COMMUNITY OFFICER REPORT**

CSO 5244 Mandy Coleman  
[Amanda.coleman@cumbria.police.uk](mailto:Amanda.coleman@cumbria.police.uk)

Logs of note for the area of Sedbergh - Nov/Dec

14/11 – A burglary was reported at a Café on Main St. Access was gained through a side window.

26/11 – A burglary was reported at a property being renovated on Garsdale Rd. No damage caused, youths suspected and being monitored.

28/11 – 2 x suspicious males seen in the area touting for scrap.

1/12 – 1 male arrested for drink driving.

12/12 – A 4 year old blue faced

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SHOWROOM:

**34a Main Street, Staveley, Nr Kendal**

Leicester tup was stolen from the Killington area.

13/12 – Theft of goods from a licensed premises in the area.

Can I remind residents not to travel if there is no need. We have had numerous vehicles stuck in flood waters and RTC's due to icy weather/roads. If you do need to travel, make sure you drive carefully and do not attempt to go through floods, make sure your mobile phone is charged and you are in suitable clothing.

Logs of note for the area of Sedbergh - Dec/Jan

15/12 – A burglary was reported on Main St. Cash and stock taken.

15/12 – Attempt burglary at the Spar, no entry gained.

18/12 – Burglary reported on the Cautley Rd.

26/12 – An 8 month old male Texel sheep stolen from the area of Killington.

**CRIME FIGURES**

Crime figures can be obtained via the Cumbria Police Website:

<https://www.cumbria.police.uk/Your-Area/Your-area.aspx>

Alternatively use the following link:

<https://www.police.uk/>

## PERSONAL & SMALL ADS £1

### NAOMI COX

Naomi's family are deeply grateful for all the support and sympathy shown by friends and the community following her sudden death. Thank you all.

=====

### LES & IAN FLETCHER

The family of the late Les Fletcher and Ian Fletcher would like to say a sincere thank you to all friends, colleagues and neighbours for their comforting words, cards, flowers and kindness over the past few difficult months. Losing Dad in August, following his courageous battle with cancer was a difficult time for all the family, losing our brother Ian on the 1<sup>st</sup> December, following his short but extremely brave battle with cancer, was truly devastating. The Fletcher family will never be quite the same again and we miss them dearly. Thank you to Edward Waller and Brian Goad for their compassion and support with the funeral services and to The Reverend Andy McMullon. Finally, thank you for the kind and generous donations for Dementia UK, Cancer Research, MacMillan and St John's Hospice of Lancaster.

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### EDITORS COMMENTS

#### FUTURE OF LOOKAROUND

Back in 1988 when it looked like Lookaround would finish, the 'Lookaround Support Group' was formed which kept things going.

Over the last few months, Nick

Cross has been endeavouring to keep Lookaround going with a similar set up but due to personal commitments, he has had to stand down. This means that the future of Lookaround after December this year is bleak.

Unless someone comes forward to assist in it's continuance as a community based Newsletter, there will be no February issue next year.

What is required? I would suggest

- 1) someone to oversee everything
- 2) someone to collate information
- 3) someone to put things together after the Closing Date
- 4) someone to look after the finances.

Back in the early days, everything came in on paper and it was hard work. Today, most of the information comes in electronically which makes the task so much easier. Regular Editorial Meetings would not be required and not so many people to put things together so just a couple of hours per month would be required. If you feel you would like to volunteer to keep *Lookaround* going, please let me have details.

If there is no support or help, the last issue of Lookaround will be December 2018. From now, I will not be taking any payments for Advertising after that month. Should the Lookaround continue, new Contracts will be made from February 2019.

#### LOOKAROUND INFORMATION

The Sedbergh & District Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker & is printed by Stramongate Press.

The content of The Lookaround does not reflect the views of the Editors.

Whilst every effort is made to ensure that information is correct, the Editors cannot accept any responsibility for any inconvenience caused through errors or omissions. If there is an error with your article or advert, it is your turn this month in amongst hundreds of entries each month.

Current Copies are available from Sedbergh Information Centre, Sedbergh Mini Market, Post Office, Spar, Dent Stores & Barbon & by Post (please enquire). *Back Copies* are available to read at the History Society Archive at 72 Main Street.

All items for Lookaround must be sent to 72 Main Street, Sedbergh or deposited in the Lookaround Post Box there or sent to

[editor@sedberghlookaround.org.uk](mailto:editor@sedberghlookaround.org.uk)

### **ARTICLES**

All articles and reports are inserted for free and photographs are included pending on space. Could text be submitted either typed out or written in BLOCK CAPITALS as sometimes, it can be difficult to establish what is written.

### **ADVERTISING**

*For the benefit of advertisers, the following information will assist you.*

If you wish to place an Advert in Lookaround, please include the correct money or cheque with the details & place it in the Post Box. A receipt will be issued & left in the Lookaround Tray in the Office for collection or include a SAE.

Our distribution area is the LA10 Postal District which is Sedbergh &

the surrounding villages, but it is sent all round the country & the world.

We are published on the 1st of every month (except January).

February to November is printed black ink on white. The December/January issue is in full colour. All copies have a full colour cover to indicate a new issue & photographs are requested from our readers who will be credited.

We do not have whole page adverts but will allow two half page adverts opposite each other.

The Front Page is given priority to Event Adverts relevant for the appropriate month.

You can supply the information & we can create an advert for you. You can supply an example in hard copy & we will reproduce it (please mention if a particular Font is required). You can supply an original using Microsoft Publisher, a Word, a jpg (preferred) or as a PDF (*although the quality is reduced when importing it*).

If you order numerous adverts, the content can be the same every month or it can change if you are seasonal.

The closing date for everything is 15th of every month.

Advertising rates have been updated: December 1991, December 1995, March 1997 & August 1999 (*Over 18 years ago.*)

### **PERSONAL MESSAGES**

These are £1 each & are for sending Good Wishes, Thank You's, Birthday Greetings, Anniversaries & any other celebration or congratulation. You may also sell personal items - not on a business basis, & also make an

appeal for wanted items.

***Details with respect to people Passing Away are inserted for free.***

Please submit legible writing as many mistakes have been made in the past due to not being able to read the text properly.

**GROUPS AND ORGANISATIONS**

Any organisation that charges an admission, sells items or requires a donation from the public for anything at their event & wishes to include details in *The Lookaround*, are requested to place an Advert with us. This can be supported by text which cannot all be included in the advert. Any report *after* the Event is free. The request for payment for an Advert is to assist with financing *The Lookaround* which has a large printing expense every month. We feel that the Advertising Rates are very reasonable (for the last 18 years). All Adverts for Events automatically have the details entered into the Diary Page at the rear of *The Lookaround*. If organisations do not wish to Advertise with us, details of the Event will still appear on the Diary Page, but no text will be inserted.

**BUSINESSES**

Adverts for the Rent or Sale of property are not Personals & can only be included as a boxed Advert.

If you are a new advertiser in Lookaround & you order 3 or more adverts, you will receive one free advert & can also include some text explaining who you are, what you are, where you are, etc (which can not all go into an advert) up to about 550 words for free.

If you have more than 3 months of advertising, we will automatically send a renewal reminder should you wish to continue. If you order 10 months, we give you one free (making one whole year).

We respectfully request payment with ordering. Please make cheques payable to "Sedbergh & District Lookaround".

Payments by BACS can also be made.

**This account is valid from June 2017.**

Account:	Lookaround
Account Number:	90931551
Code:	20-45-45
Reference:	Invoice Number, your name or reference.

***CAN YOU PLEASE INCLUDE THE INVOICE NUMBER WHEN PAYING BY BACS?***

Any receipts issued for Adverts will be left in the Lookaround Tray in the Information Centre for collection.

**CHILDREN'S BIRTHDAYS**

Children's Birthdays are included free on the Birthday Page until their 11th Birthday.

Every month, a randomly selected child will receive a £10 Gift Voucher to be used in Sedbergh or Dent from Lookaround who will receive it by post. For this reason, we require the postal address of each child. If we have no address, they are unable to receive it.

If anyone or any business would like to Sponsor the Birthday Voucher, please contact us. Full credit will be given.

*Dennis J Whicker*

Regular Events/Meetings			
1000	Every Sunday	Free Entry to Locals	FM
1600	3rd Sunday	Messy Church	CCCN
1000	Every Monday	Wild Goose Qigong	CCCM
1030	Every Monday	Sedbergh Songsters	GH
1730	Every Monday #	Brownies	CCCN
1400	1st Monday	Bridging the Gap	MC
1930	1st Monday	Dent Parish Council	DMH
1930	1st Monday	People's Hall	PH
1900	3rd Monday	Chamber of Trade	PH
1430	Last Monday	Tea & Company	CCCN
0930	Every Tuesday	Drop-in & Relax	MCD
1300	Every Tuesday	Howgill Toddlers	HVH
1830	Every Tuesday	Cub Scouts	SHQ
1830	Every Tuesday	Swimming Club	SS
1930	Every Tuesday	Bridge Club	WHC
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Sth Lakes	PH
1930	3rd Tuesday	Ladies NFU	PH
0830	Every Wednesday	Sedbergh Market	JLCP
1000	Every Wednesday	Coffee Morning	CCCM
1000	Every Wednesday	Yoga for All	HVH
1145	Every Wednesday	Age UK Swimming	SS Baths
1315	Every Wednesday	Art Society	PH
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday #	Beaver Scouts	SHQ
1900	Every Wednesday	Sedbergh Town Band	SSBR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society (Winter)	SSAT
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1830	Every Thursday	Swimming Club	SS
1800	Every Wednesday	Yoga for All	SPS
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	Every 2 weeks	Cameo Club	CCCN
1430	1st Thursday	Afternoon Cream Tea	Duo
1930	1st Thursday	Howgill WI	FCH
1200	2nd Thursday	Age UK Lunch Club	Red Lion
1915	2nd Thursday	Royal British Legion	WHC
1930	2nd Thursday	Sed. Parish Council	PH
1100	Every Friday	Mindfulness Course	MCD
1700	Every Friday #	Barrel of Fun	StAS
1800	Every Friday	Cub Scouts	SHQ
1930	Every Friday	Scouts & Explorers	SHQ
1330	1st Friday	Dentdale Club	DMH
1000	Every Saturday	Swimming Club	SS

# = School Term Time Only

See Group Page for contact details & Diary Page for Keys

## PLACES OF INTEREST TO VISIT IN THE AREA

Bowling Green, Queens Gardens  
Bruce Loch Nature Area, Busk Lane  
Cautley Spout, A683 towards Kirkby Stephen  
Community Office, 72 Main Street  
Cornerstone Community Church, Main Street  
Cornerstone Community Church, New Street  
Cumbria Wildlife Trust, Community Office  
Dent Heritage Centre, Laning, Dent \*  
Farfield Mill, A684 Garsdale Road \*  
*Free to LA10 Residents on Sundays*  
Friends Quaker Meeting House, Brigflatts  
George Fox's Quaker Pulpit, Firbank  
Golf Club, Catholes, Sedbergh \*  
Information Centre, 72 Main Street  
History Society, Community Office  
Holme Working Farm, Middleton \*  
Holy Trinity Church, Howgill  
Jubilee Wood Nature Area, Castlehaw Lane  
Langstone Fell, A684 Garsdale Foot  
Motte & Bailey Castle, Castlehaw Lane  
Pepperpot Folly, Busk Lane  
Picnic Site, Ghyllas, Cautley Road  
Picnic Site, Settlebeck New Bridge  
Play Ground, Dent Village  
Play Ground, People's Hall  
Play Ground, Maryfell  
Queen's Gardens, Station Road  
St. Andrew's Church, Dent  
St. Andrew's Church, Main Street, Sedbergh  
St. Gregory's Church, Vale of Lune  
St. John's Church, Cowgill  
St. John's Church, Firbank  
St. John's Church, Garsdale  
St. Mark's Church, Cautley  
Sedbergh Embroidery, StAS  
Tennis Courts, Guldrey Lane  
Winder Fell, above Sedbergh

\* = Entry Fee Applicable

<b>Organisation</b>	<b>Updated</b>	<b>Contact</b>	<b>Tel:</b>	<b>015396</b>
Age UK South Lakeland	09/16	Helpline	01539	728180
Aglow International	04/15	Mrs Armitstead	015242	71062
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	09/14	Mr Morrison	Sed:	20209
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beekeepers Association	04/15	Mrs Pauley	015242	51549
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Sedbergh	09/14	Mrs Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/15	Mr Parratt	Sed:	20964
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	11/17	Mrs Thompson	Sed:	22023
Citizens Advice Bureau	12/16	Kendal	03444	111444
Community Orchard Group	06/16	Mrs Parratt	Sed:	20964
Community Swifts (Sedbergh)	03/16	Mrs Hoare	01539	824043
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cornerstone Community Church Rooms	01/09	Mrs Haworth	Sed:	20428
Cricket Club - Sedbergh	02/15	Mr Hoggarth	01539	583793
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dementia Friendly Community	06/16	Dr Ripley	<a href="mailto:mylesripley52@gmail.com">mylesripley52@gmail.com</a>	
Dentdale Choir	04/17	Mr Feltham	Dent:	25689
Dentdale Head to Foot	04/17	Mr Steele	Dent:	25054
Dent Meditation Centre	09/14	Mrs Brooke	07582	017396
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
First Responders - Sedbergh	02/15	Mr Cobb	Sed:	22541
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club Junior - Sedbergh	11/17	Mr Todd	07979	569428
Football Club Senior - Sedbergh	07/14	Mr Parkin	Sed:	20585
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	11/16	Mrs Labbate	Sed:	22114
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	04/16	Mrs Woof	Dent:	25212
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/17	Mrs Houghton	<a href="mailto:admin@howgillharriers.co.uk">admin@howgillharriers.co.uk</a>	
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665
Kent Lune Trefoil Guild	12/13	Mrs Gilfellow	01524	781907
Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	12/08	Dr Ripley	<a href="mailto:mylesripley52@gmail.com">mylesripley52@gmail.com</a>	
Labour Supporters Group *	12/17	Mr Cross	Sed:	22566

Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Little People	12/14	Mrs Suttle	07810	833478
Lunch Club	12/17	Miss Gladstone	Sed:	20438
Messy Church	09/14	Mrs Raw	Sed:	20542
Methodist Church Hall	04/14	Mr Allen	Sed:	20194
Orchestra (Sedbergh)	11/11	Mrs Smith	Sed:	21196
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council - Dent	04/17	Mr Thornley	Dent:	25185
Parish Council - Garsdale	12/14	Mr Johns	Sed:	22170
Parish Council - Sedbergh	08/16	Mrs Hassam	07966	134554
People's Hall	08/15	Sleepy Elephant	Sed:	21770
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125
Playgroup - Sedbergh	09/14	Mrs Kitchen	Sed:	20826
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group - Sedbergh	04/17	Mr Hopps	07870	785322
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816
Rose Community Theatre	08/15	Mrs Gold-Wood	Sed:	21808
Schools				
Dent Primary	03/13	School	Dent:	25259
Dent Primary - Friends of	03/13	School	Dent:	25259
Sedbergh Primary	01/09	School	Sed:	20510
Settlebeck	01/09	School	Sed:	20383
Settlebeck PTFA	04/15	Mr Hartley	Dent:	25317
Sedbergh School	01/09	School	Sed:	20303
Scouts - Beavers	11/15	Mr Mawdsley	Sed:	20723
Scouts - Cubs	11/15	Mr Mawdsley	Sed:	20723
Scouts	01/09	Mr Mawdsley	Sed:	20723
Scouts - Explorers	11/15	Mrs Colton	07789	906421
Sight Advice South Lakeland	04/15	Miss Harper	Sed:	20613
Sing Joyfully! (Casterton)	09/16	Mrs Micklethwaite	07952	601568
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Spellbound Theatre	11/17	Miss Pakeman	Sed:	21279
Squash Club	10/15	Mr Bannister	Sed:	21664
Swimming Club	03/16	Mrs Thexton	<a href="mailto:kate574@btinternet.com">kate574@btinternet.com</a>	
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Town Twinning Group	09/14	Mrs Garnett	Sed:	21138
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
Voluntary Car Scheme	06/15	Mr Dodgson	Sed:	20869
Walking & Cycling Group	08/14	Miss Nelson	Sed:	21770
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute - Dentdale	06/14	Mrs Belfield	Dent:	25775
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733
Yoga	11/16	Mrs Hennedy	Sed:	20899
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	11/15	Miss Thompson	07590	115844
Young Kidz	01/09	Mrs Baines	Sed:	21287

\* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect, please let us know.

		7	1	8	6		
9		6	3	5	2		4
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		4	2	6	9		

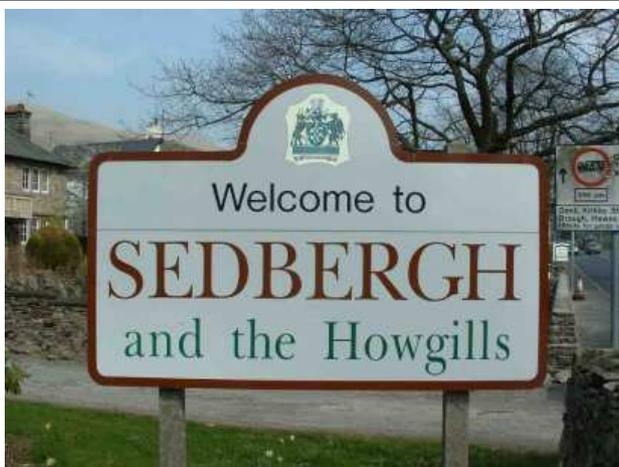
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	8		4	2		5	
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				9			
4		8					6
3	8						
5			7	3			
		1		2	5		8



## BED & BREAKFAST

Proprietor	Address	Phone (015396)
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789
Mrs Lappin	The Malabar, Garths, Marthwaite, Sedbergh LA10 5ED (2017/05) <i>4D (ES); 2T (ES); TV; CH; L; P; NP; DR; VB; CW; TL</i>	20200
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB; Free Wi-Fi</i> e-mail: <a href="mailto:sangold.kwood@virgin.net">sangold.kwood@virgin.net</a>	21808
Mrs G Baines	Howgill View, 11 Bainbridge Road, Sedbergh LA10 5AU (2017/09) <i>2D; CH; L; NS; NP; VB; CW; DFB; Free WiFi</i> e-mail: <a href="mailto:gill.durie@hotmail.com">gill.durie@hotmail.com</a>	21510
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i> e-mail: <a href="mailto:stay@drawellcottage.co.uk">stay@drawellcottage.co.uk</a>	21529
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: <a href="mailto:ali@interact.co.uk">ali@interact.co.uk</a>	20360
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail: <a href="mailto:wheelwright.cottage@homecall.co.uk">wheelwright.cottage@homecall.co.uk</a> Free Wi-Fi available	20251

## CAMPING, CARAVANNING & SELF-CATERING

Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356
Mrs Whitfield	Old Station Cottage, Station Road, Sedbergh LA10 5HP (2016/12) <i>Sleeps 1-4; 2D (King); CH; TVL; P; NS; DR; WiFi; Bike Storage</i> <a href="http://www.oldstationcottage.co.uk">www.oldstationcottage.co.uk</a>	20799
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Self-Catering Sleeps 6-8</i>	20360

## KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom  
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access;  
 NS(B) = No Smoking (Bedrooms); NP(\*) = No Pets (\* by arrangement); DW = Dogs Welcome  
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal  
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

# BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0808 (C, L)	0852	M - F	502	SCC	1030	1056 (L)	M - F	564	W
0940 (L)	1010	M - F	564	W	1300	1330 (L)	Wed	564A	W
1015 (L)	1045	Wed	564A	W	1330	1356 (L)	M - F	564	W
1240 (L)	1310	M - F	564	W	1705 (C)	1749 (L)	M - F	502	SCC
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
1749 (L) (C)	1819	M - F	502	SCC	0738 (C)	0808 (L)	M - F	502	SCC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent to Sedbergh				
1330 (L)	1345	Wed	564A	W	1000	1015 (L)	Wed	564A	W
Last Update: May 2017									

L = Library

SCC = Stagecoach

C = College Days Only

W = Woof's of Sedbergh

*Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.*

For Comprehensive up-to-date information ring Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

Western Dales Bus S1 Kendal Shuttle Saturdays from 7th October 2017						
Kendal Morrisons				12:45		
Kendal Blackhall Road [opp bus sta]		09:00	12:50	14:20	16:15	
Kendal Asda		09:06	12:56	14:26	16:21	
Westmorland Hospital		09:07	12:57	14:27	16:22	
Oxenholme Station		09:10	13:00	14:30	16:25	
Killington M6 Bridge		09:20	13:10	14:40	16:35	
Sedbergh Dalesman		09:33	13:23	14:53	16:50	18:40 R
Sedbergh Maryfell		09:35	13:25	14:55	16:52 R	-
Dent village		09:50		15:10	17:05	18:55 R
Cowgill		10:03			17:18	19:08 R
Dent Station		10:05			17:20	19:10 R
<i>Dent Station</i>						
<i>Train from Leeds</i>		10:16				19:23
<i>Train from Carlisle</i>		10:40			17:32	19:20
Dent Station		10:20 *			17:35	19:30 R
Cowgill		10:22			17:37	19:32 R
Dent village		10:35		15:15	17:50	19:45 R
Sedbergh Maryfell	08:15	10:48	13:38	15:28	18:03	-
Sedbergh Library	08:20	10:50	13:40	15:30	18:05 *	20:00 R
Killington M6 Bridge	08:30	11:00	13:50	15:40		
Oxenholme Station	08:40	11:10	14:00	15:50		
Westmorland Hospital	08:43	11:13	14:03	15:53		
Kendal Asda	08:45	11:15	14:05	15:55		
Kendal Blackhall Road Bus Station	08:55	11:25	14:15	16:05		
Kendal Morrisons		11:30				
<p>* R = Calls on Request only.</p> <p>* On reaching Sedbergh Library at 1805 the bus will only continue with the last journey to Dent Station and back by request to the driver earlier in the day.</p> <p>* 1020 from Dent Station will wait up to 10min beyond the scheduled departure for a late running train from Leeds</p>						

# BUS SERVICES

Western Dales Bus S3 Hawes Hopper  
Tuesdays only from 2nd May 2017 R = Request only

Dent	-	09:30	-	13:40	15:40 R
Spar	-	09:44	11:20	13:54	15:54 R
Library	-	09:45	11:21	13:55	15:55 R
Maryfell	-	09:47	11:23	13:57	15:57 R
Farfield Mill (entrance)	-	09:49	11:25	13:59	-
Garsdale Street	-	09:58	11:34	14:08	-
Garsdale Station Arrive	-	10:04	11:40	14:14	-
Garsdale Station Depart	-	10:06	11:42	14:16	-
Moorcock Inn	-	10:08	11:44	14:18	-
Hawes Creamery	-	10:19	11:55	14:29	-
Hawes Market Place	-	10:21	11:57	14:31	-
Hawes Dales Centre	-	10:23	11:59	14:33	-
<i>Garsdale Station</i>					
<i>Train to Carlisle</i>		10:21	12:17	14:20	16:16
<i>Train to Leeds</i>		10:02	13:02	15:13	
Hawes Dales Centre		10:35	12:33	14:43	-
Hawes Market Place		10:40	12:35	14:45	-
Hawes Creamery		10:42	12:37	14:47	-
Moorcock Inn		10:53	12:48	14:58	-
Garsdale Station Arrive		10:55	12:50	15:00	-
Garsdale Station Depart		10:57	12:52	15:02	-
Garsdale Street		11:03	12:58	15:08	-
Farfield Mill (entrance)		11:12	13:07	15:17	-
Maryfell		11:14	13:09	15:19	-
Library	09:10	11:16	13:11	15:21	-
Opposite Morphet's Garage	09:11	11:17	13:12	15:22	-
Dent	09:25		13:26	15:36 R	-

- \* R = At 1522 at Sedbergh Spar the bus continues to Dent village only on request to the driver.
- \* Connection to Hawes from 1021 train provided by Little White Bus (tel 01969 667400).
- \* The bus can be boarded or alighted at any place it is safe to stop. Please give a clear indication to the driver.

4	3	7	1	2	8	6	9	5
9	8	6	3	7	5	2	1	4
1	2	5	9	6	4	8	3	7
6	7	3	5	4	9	1	2	8
8	9	1	7	3	2	5	4	6
5	4	2	6	8	1	3	7	9
3	1	9	8	5	7	4	6	2
2	6	8	4	9	3	7	5	1
7	5	4	2	1	6	9	8	3

2	4	8	9	3	5	7	6	1
7	6	1	8	4	2	9	5	3
5	9	3	6	7	1	8	2	4
8	7	2	5	6	3	4	1	9
6	1	9	2	8	4	3	7	5
4	3	5	7	1	9	2	8	6
1	2	7	4	9	6	5	3	8
3	5	4	1	2	8	6	9	7
9	8	6	3	5	7	1	4	2

# BUS SERVICES

Western Dales Bus S4 Kirkby Stephen Connect  
Fridays only from 6th October 2017 R = Request only

Dent	-	09:30	-	-	13:40	15:45 R
Sedbergh Spar	-	09:44	-	11:29	13:54	15:59 R
Sedbergh Dalesman	-	09:45	-	11:30	13:55	16:00 R
Sedbergh Maryfell	-	09:47	-	11:32	13:57	16:02 R
Cautley Cross Keys	-	09:54	-	11:39	14:04	-
Fat Lamb	-	10:00	-	11:45	14:10	-
Ravenstonedale	-	10:05	-	-	14:15	-
Kirkby Stephen Station arr	-	10:12	-	11:52	14:22	-
Kirkby Stephen Station dep	-	10:15	10:36	11:55	14:25	-
Kirkby Stephen Town	-	10:20	10:41	12:00	14:30	-
Kirkby Stephen Co Op		10:21	10:42	12:01	14:31	
<i>Kirkby Stephen Station</i>						
<i>Train from Leeds</i>			10:34	12:30	14:32	
<i>Train from Carlisle</i>				12:49	15:00	
Kirkby Stephen Co Op		10:24	10:49	12:34	14:48	
Kirkby Stephen Town		10:25	10:50	12:35	14:49	
Kirkby Stephen Station arr		10:30	10:55	12:40	14:54	
Kirkby Stephen Station dep			10:58	12:43	15:02	
Ravenstonedale				12:50	15:09	
Fat Lamb			11:05	12:55	15:14	
Cautley Cross Keys			11:11	13:01	15:20	
Sedbergh Maryfell			11:18	13:08	15:27	
Sedbergh Library	09:10		11:20	13:10	15:29	
Opposite Morphet's Garage	09:11		11:21	13:11	15:30 *	
Dent	09:25			13:25	15:44 R	

\* R= Calls on request only

\* The 1530 from Sedbergh to Dent and back will only run upon request to the driver on the day.

8	6	5	2	3	7	4	1	9
2	7	1	6	9	4	8	3	5
4	9	3	8	1	5	2	7	6
9	4	6	1	5	8	7	2	3
3	8	7	4	6	2	9	5	1
5	1	2	3	7	9	6	4	8
7	3	8	9	2	1	5	6	4
1	5	4	7	8	6	3	9	2
6	2	9	5	4	3	1	8	7

9	3	1	7	4	6	2	5	8
8	7	2	9	5	1	6	3	4
4	5	6	8	2	3	1	7	9
2	1	3	5	9	8	7	4	6
6	8	9	1	7	4	5	2	3
5	4	7	3	6	2	9	8	1
7	9	8	4	1	5	3	6	2
1	6	4	2	3	7	8	9	5
3	2	5	6	8	9	4	1	7

# BUS SERVICES

Western Dales Bus S5 Kendal Shopper  
Thursdays only from 19th October 2017

Sedbergh, Dalesman	08:55		
Sedbergh, Maryfell	08:57		
Cautley, Cross Keys	09:05		
Fat Lamb	09:13		
Kirkby Stephen Station entrance	09:19		
Kirkby Stephen Town, Market Place	09:24		
Kirkby Stephen Co-op	09:29	11:39	14:19
Kirkby Stephen Town, Market Place	09:30	11:40	14:20
Kirkby Stephen Station entrance	09:35	11:45	14:25
Ravenstonedale, Nursery School	09:41	11:51	14:31
Newbiggin on Lune	09:45	11:55	14:35
Tebay Roundabout	09:54	12:04	14:44
Killington M6 bridge	10:04	12:14	14:54
Kendal Castle Green	10:13	12:23	15:03
Kendal Blackhall Road	10:18	12:28	15:08
Kendal Morrisons	10:23	12:33	15:13
Kendal Morrisons	10:33	13:13	15:23
Kendal Blackhall Road	10:40	13:20	15:30
Kendal Castle Green	10:45	13:25	15:35
Killington M6 Bridge	10:54	13:34	15:44
Tebay Roundabout	11:04	13:44	15:54
Newbiggin on Lune	11:13	13:53	16:03
Ravenstonedale, Primary School	11:17	13:57	16:07
Kirkby Stephen Station entrance	11:24	14:04	16:14
Kirkby Stephen Town, Market Place	11:30	14:10	16:20
Kirkby Stephen Co-op	11:31	14:11	16:21
Kirkby Stephen Town, Market Place			16:22
Kirkby Stephen Station entrance			16:27
Fat Lamb			16:34
Cautley, Cross keys			16:41
Sedbergh, Maryfell			16:49
Sedbergh, Library			16:51

8	3	5	9	1	6	2	4	7
1	6	7	4	5	2	3	8	9
9	4	2	3	8	7	5	6	1
3	2	9	8	6	5	7	1	4
6	1	8	7	4	3	9	2	5
5	7	4	1	2	9	8	3	6
4	9	1	5	3	8	6	7	2
7	8	6	2	9	1	4	5	3
2	5	3	6	7	4	1	9	8

2	3	7	4	5	6	9	1	8
8	5	6	3	1	9	2	7	4
1	9	4	2	8	7	5	6	3
9	1	5	8	6	4	7	3	2
6	7	3	1	9	2	8	4	5
4	2	8	5	7	3	1	9	6
3	8	2	9	4	1	6	5	7
5	6	9	7	3	8	4	2	1
7	4	1	6	2	5	3	8	9

<b>February Church Services</b>					
St. Andrew's Sedbergh	4th	11th	18th	25th	
8.00 am	HC BCP	HC BCP	HC BCP	HC BCP	
10.30 am	Ecumenical Service	Holy Communion	Holy Communion	Family Service	
6.30 pm	Evening Prayer		Evening Prayer		
Wednesday	7th	14th	21st	28th	
11.15	HC BCP	HC BCP	HC BCP	HC BCP	
	4th	11th	18th	25th	
St. Mark's Cautley	2:30 pm Holy Communion	9:30 am MP (NC)	No Service	2.30 pm Taize	
St. John's Garsdale	10.00 am Holy Communion	2.00 pm Low Smithy	6.30 pm Street Chapel	10.00 am Service of the World	
<b>Lune Parish Services</b>					
	4th	11th	18th	25th	
Holy Trinity Howgill	The Churches at Howgill and Firbank <i>are in Hibernation from January to March</i> with regard to weekly Services				
St John's Firbank					
All Saints Killington	10:30 Joint Ecumenical Service St Andrew	2.00 pm Holy Communion	No Service	2.00 pm Holy Communion	
<b>Dent &amp; Cowgill Parish Services</b>					
	4th	11th	18th	25th	
St. Andrew's	10.30 am Holy Communion	10.30 am Holy Communion	10.30 am Holy Communion	10.30 am Holy Communion	
St. John's		2.30 pm Holy Communion			
<b>Cornerstone Community Church (CCCM/N) Services (Formerly URC &amp; Methodist)</b>					
	4th	11th	18th	25th	
10.30 am	CCCM	CCCN	CCCN	CCCN	
<b>worship@peopleshall</b>			<b>Messy Church</b>		
	7th				
10.30 am	People's Hall				
HC = Holy Communion			SS = Sunday School		
BCP = Book of Common Prayer			MP/EP = Morning Prayer/Evening Prayer		
CW = Common Worship			M&P = Meditation & Prayer		
PC = Parish Communion			Taize = Modern Chants & Choral		
			NSV = New Sedbergh Version		

## Religious Services in Sedbergh

### CHURCH OF ENGLAND

St. Andrew's Parish Church  
Sunday 08.00, 10.30 & 18.30

Wednesday 11.15

**Rev. A. McMullon Tel: 20018**

*Church Wardens:*

Tony Reed Screen 21081

& Susan Sharrocks 20754

[www.sedbergh.org.uk/churches/anglican](http://www.sedbergh.org.uk/churches/anglican)

### ROMAN CATHOLIC

St. Andrew's Parish Church

Sunday 12.00

Holy Days 19.30

**Rev. Dr. Peter Campbell Tel: 20918**

### CORNERSTONE COMMUNITY CHURCH

New Street/Main Street

Sunday 10.30

**Rev. David Crouchley Tel: 20329**

### SOCIETY OF FRIENDS

#### QUAKERS

Brigflatts

Sunday 10.30

**Tess & Philip Satchell Tel: 20005**

### DENTDALE

#### CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ

Every 4th Sunday 1900

**Sarah Woof Tel: 25212**

*Enquiries for the following services,  
please ring the relevant telephone number*

### CHURCH OF ENGLAND

Cautley & Garsdale

**Rev. Andy McMullon Tel: 20018**

*Church Wardens:*

Cautley: Judith Bush 20058

& Maureen Hinch 20843

Garsdale: Rosemary Lord 20993

& Bill Mawdsley 20723

Firbank: Colin Wilson 20952

& Jean Dixon 20435

Howgill: Helen Hoggarth 20805

& Pauline Marshall 21651

Killington: Jennifer Thornely 20444

& John Mather 015242 76333

Dent & Cowgill

**Rev. Andy McMullon Tel: 20018**

**Rev. Christine Brown Tel: 25226**

### METHODIST CHURCH

Dent; Dent Foot;

Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;

Hawes Junction & Frostraw

**Rev. David Crouchley Tel: 20329**

### SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

**Tel: 28151**

[www.sedberghchristiancentre.co.uk](http://www.sedberghchristiancentre.co.uk)

**worship@peopleshall**

10:30 am 1st Sunday each month

**Beth & Sandy Roy Tel: 20785**

### UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

**Amanda Reynolds Tel: 07545 375721**

## Lookaround Advertising Rates

Single Column 2.56" x 1"	=	£7.50
Single Column 2.56" x 2"	=	£10.00
Single Column 2.56" x 3"	=	£12.50
Single Column 2.56" x 4"	=	£15.00
Double Column 5.2" x 2"	=	£15.00
Double Column 5.2" x 3"	=	£20.00
Double Column 5.2" x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month to Britain	=	£2.50
Postal per month Overseas	=	£6.00

All information to  
72 Main Street, Sedbergh LA10 5AD  
Closing Date 15th of every month.

*Can all adverts please be  
accompanied with the correct money  
at the time of submission.*

*Last Advert Update August 1999  
Last Donation Update December 2009  
Last Postal Update September 2016*

# DIARY OF EVENTS

Dates are held up to 13th December 2018.

Dates in **BOLD** are start & finish events.

Numbers in Brackets indicate Advert/Article on a Page.

Month in Bracket relates to issue that details last appeared.

## FEBRUARY

<b>1 1000</b>	<b>Voices from the Land Exhibition</b>	<b>DCMH</b>
<b>1 1030</b>	<b>International Textile Exhibition Starts (1)</b>	<b>FM</b>
2 1900	AS AGM & Christopher War	CCCN
2 1930	Potato Pie & Domino Drive (Dec)	KPH
3 1000	StAD Coffee Morning	DMH
3 1930	Flicks in the Fells (5)	PH
6 1930	Scottish Dancing (71)	CVH
7 1000	Weekly CM - Settlebeck PTA	CCCM
7 1930	HS - History of Holme Mills (7)	SSAT
8 1200	Lunch Club Age UK	Red Lion
8 1300	Medical Centre Closed for Training (5)	MC
8 1915	Royal British Legion	WHC
<b>9 1000</b>	<b>Dark Skies Festival (☼) starts</b>	<b>DCMH</b>
9	SS Half Term Begins	
<b>10 1000</b>	<b>Starry Constellation Trail (☼) starts</b>	<b>DCMH</b>
11 1030	Planetarium (☼)	DCMH
12 1300	Star Baker (☼)	DCMH
13 1300	Starry Night Felt Making (☼)	DCMH
13 1930	Domino Drive	FCH
14 1000	Weekly CM - TBA	CCCM
14 1200	Lent Lunches	StAS
14 1300	Rockets & Telescopes (☼)	DCMH
14 1915	WID - My Memory Book	DMH
14 1930	WIS - American Indians	PH
15 1300	Star Baker (☼)	DCMH
16 1930	Dales Drama (☼)	DCMH
18	SS Half Term Ends	
19 1930	FCH Annual General Meeting	FCH
20 1930	Scottish Dancing (71)	CVH
21 1000	Weekly CM - TBA	CCCM
21 1200	Lent Lunches	StAS
21 1930	HS - St Helena - the Final Voyage? (7)	DMH
21 1930	Tennis Club AGM	RR
22 1930	Bowling Club AGM (22)	WHC
23 1930	Domino Drive (23)	SSAT
24 1000	AS Workshop - Anthony Barrow	CCCN
24 1900	Lasagne Night (23)	DMH
<b>25 1000</b>	<b>Dark Skies Festival Ends (☼)</b>	<b>DCMH</b>
25 1030	Wesley Guild Anniversary Service (25)	CCCN
28 1000	Weekly CM - RCT (55 & 70)	CCCM
28 1200	Lent Lunches	StAS
28 1930	CWT Passionate about Otters	CCCM
28 1930	North Westmorland Arts Concert (Sept)	Appleby

## MARCH

1	St David's Day	
<b>1 1000</b>	<b>Voices from the Land Exhibition</b>	<b>DCMH</b>
<b>1 1030</b>	<b>International Textile Exhibition (1)</b>	<b>FM</b>
2 1100	Women's World Day of Prayer (42 & 48)	StAD
2 1930	Domino Drive & Tattie Pie	HVH
3 1000	StAD Coffee Morning	DMH
<b>3 1030</b>	<b>International Textile Exhibition Ends (1)</b>	<b>FM</b>
3 1930	Flicks in the Fells (5)	PH
5 1900	COGS AGM	RR
6 1930	Scottish Dancing (71)	CVH
7 1000	Weekly CM - MAS	CCCM
7 1900	Community 1st Responders AGM (47 & 64)	RR

7 1930	HS - Discovering Landscape History (7)	SSAT
8 1200	Lunch Club Age UK	Red Lion
8 1915	Royal British Legion	WHC
8 2000	Sedbergh Orchestra Concert (44)	StAS
<b>8</b>	<b>Moving Mountains Starts (Starts) (54)</b>	<b>Cumbria</b>
9 1930	Encore Opera Group Concert (71)	SS
10	Dentdale Run	Dent
<b>11</b>	<b>Moving Mountains Starts (ends) (54)</b>	<b>Cumbria</b>
13 1930	Domino Drive	FCH
14 1000	Weekly CM - Christian Aid (55)	CCCM
14 1300	Medical Centre Closed for Training (5)	MC
14 1915	WID - Yoga for all ages	DMH
14 1930	WIS - A Little Easter Gift	PH
14 1930	CWT Gardening for Butterflies	CCCM
15 1900	The Wars of the Noses (55 & 70)	PH
16 1900	The Wars of the Noses (55 & 70)	PH
17	St Patrick's Day	
17 1000	CM - Dentdale Chapel	DCS
17 1900	The Wars of the Noses (55 & 70)	PH
19 1930	Trade & Commerce Meeting (62)	PH
20 1430	SS Wilson Run (64)	Back Lane
20 1930	Scottish Dancing (71)	CVH
21 1000	Weekly CM - TBA	CCCM
21 1930	HS - Iron Age Track to Motorway (7)	SSAT
23 1330	AS Ruth Clayton	CCCN
23	SS Term Ends	
24 1000	AS Autonomous Workshop	CCCN
24 1200	Spring Show (64)	PH
24 1900	HS AGM (7)	SSAT
25	Clocks March Forward	
25 1930	North Westmorland Arts Concert (Sept)	Appleby
<b>26 1000</b>	<b>Voices from the Land Exhibition Ends</b>	<b>DCMH</b>
26 1930	Dentdale Memorial Hall AGM (Dec)	DMH
28 1000	Weekly CM - North West Cancer	CCCM
30	Good Friday	
30	Town Band Concert & Dance	

## APRIL

2	Easter Monday	
4 1000	Weekly CM - Garsdale VH	CCCM
7 1000	StAD Coffee Morning	DMH
7 1930	Flicks in the Fells (5)	PH
11 1000	Weekly CM - TBA	CCCM
11 1915	WID - From Barrow to Bagdad	DMH
11 1930	WIS - Your Bladder & You	PH
12 1200	Lunch Club Age UK	Red Lion
12 1915	Royal British Legion	WHC
18 1000	Weekly CM - St Andrew's Mission	CCCM
21 1000	AS Workshop - Alex Jakob Whitworth	CCCN
21 1000	CM - Dentdale Chapel	DCS
21 1930	Olde Time Dance	PH
23	St George's Day	
25 1000	Weekly CM - North West Cancer	CCCM
25 1930	CWT Amazon to the Antarctic	CCCM

## MAY

2 1000	Weekly CM - TBA	CCCM
3 0700	Local Elections	
4 1800	KL Beer Festival	KLRC
5 1000	StAD Coffee Morning	DMH
5 1200	KL Beer Festival	KLRC
5 1930	Flicks in the Fells (5)	PH
6 1200	KL Beer Festival	KLRC
7	May Bank Holiday	

**COVER PHOTO**  
Winder Fell from School Chapel  
*Colin Cowperthwaite*

9	1000	Weekly CM - Firbank Church	CCCM
9	1915	WID - Resolutions	DMH
9	1930	WIS - First Responders	PH
10	1200	Lunch Club Age UK	Red Lion
10	1915	Royal British Legion	WHC
<b>13</b>		<b>Sedbergh Singing Walks Starts</b>	<b>Sedbergh</b>
16	1000	Weekly CM - Christian Aid	CCCM
18	1330	AS Helen Shields	CCCN
<b>18</b>		<b>Sedbergh Singing Walks Ends</b>	<b>Sedbergh</b>
19	1000	AS Autonomous Workshop	CCCN
19	1000	CM - Dentdale Chapel	DCS
23	1000	Weekly CM - Ladies NFU	CCCM
28		Spring Bank Holiday	
30	1000	Weekly CM - COGS	CCCM

**JUNE**

2	1000	StAD Coffee Morning	DMH
2		Country Fest	Crooklands
<b>3</b>		<b>Sedbergh Music Festival Starts</b>	<b>Sedbergh</b>
3		Country Fest	Crooklands
6	1000	Weekly CM - Garsdale Church	CCCM
13	1000	Weekly CM - Howgill WI	CCCM
13		WID - Summer Outing	TBA
13		WIS - Summer Outing	TBA
14	1200	Lunch Club Age UK	Red Lion
14	1915	Royal British Legion	WHC
<b>17</b>		<b>Sedbergh Music Festival Ends</b>	<b>Sedbergh</b>
20	1000	Weekly CM - Allotment COGS	CCCM
23	1930	Olde Time Dance (ph)	PH
23	1000	CM - Dentdale Chapel	DCS
27	1000	Weekly CM - Killington WI	CCCM

**JULY**

4	1000	Weekly CM - United Reformed Church	CCCM
4		Town Band AGM	
7	1000	StAD Coffee Morning	DMH
11	1000	Weekly CM - Royal British Legion	CCCM
11	1915	WID - Weather & Climate	DMH
11	1930	WIS - 30 Years Behind the Mike	PH
12	1200	Lunch Club Age UK	Red Lion
12	1915	Royal British Legion	WHC
18	1000	Weekly CM - Middleton Church	CCCM
21	1000	CM - Dentdale Chapel	DCS
25	1000	Weekly CM - Sedbergh WI	CCCM

**AUGUST**

1	1000	Weekly CM - Allotment COGS	CCCM
4	1000	StAD Coffee Morning	DMH
8	1000	Weekly CM - North West Cancer	CCCM
8	1915	WID - Blood Bikes	DMH
8	1930	WIS - Games Night & Photo Share	PH
9	1200	Lunch Club Age UK	Red Lion
15	1000	Weekly CM - Garsdale Churches	CCCM
18	1000	CM - Dentdale Chapel	DC S
22	1000	Weekly CM - Beekeepers	CCCM
27		August Bank Holiday	
27	1200	Dent Gala	Dent
29	1000	Weekly CM - St Andrew's Mission	CCCM

**SEPTEMBER**

1	1000	StAD Coffee Morning	DMH
1	1930	Flicks in the Fells (5)	PH

5	1000	Weekly CM - Garsdale Church	CCCM
12	1000	Weekly CM - Talking Lookaround	CCCM
12	1915	WID - Open Meeting	DMH
12	1930	WIS - A Little Bit of Art	PH
13		Westmorland County Show	Crooklands
13	1200	Lunch Club Age UK	Red Lion
19	1000	Weekly CM - TBA	CCCM
26	1000	Weekly CM - First Responders	CCCM

**DIARY KEY**

AS	= Art Society
BF	= Brigflatts
BVH	= Barbon Village Hall
CCCM	= Cornerstone Community Church, Main St
CCCN	= Cornerstone Community Church, New St
CM	= Coffee Morning
CTIS	= Churches Together in Sedbergh
CVH	= Casterton Village Hall
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DCS	= Dentdale Chapel Schoolroom
DMH	= Dent Memorial Hall
DMC	= Dent Methodist Chapel
FCH	= Firbank Church Hall
FM	= Farfield Mill
GH	= Gladstone House
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KLRC	= Kirkby Lonsdale Rugby Club
KPH	= Killington Parish Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
MC	= Medical Centre
MCD	= Meditation Centre, Dent
PH	= People's Hall
QG	= Queens Gardens
RR	= Rawthey Room, 72 Main Street
SASL	= Sight Advice South Lakeland
STAD/S	= St Andrew's Church, Dent/Sedbergh
STJCC	= St Johns Church, Cowgill
STMC	= St Mark's Church, Cautley
SIC	= Sedbergh Information Centre, 72 Main St
SPS	= Sedbergh Primary School
SS	= Sedbergh School
SSAT	= Settlebeck School Academy Trust
WID	= Women's Institute, Dentdale
WIHF	= Women's Institute, Howgill & Firbank
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

# PUBLIC INFORMATION

## Sedbergh Medical Practice

01539 718191

When we are closed please ring  
111 or 999 if appropriate

### Option 1 - 24hr Prescription line

### Surgery and Dispensary Opening Hours

**Monday – Friday 8am – 6.30pm**  
(Doors open at 8.15am)

#### Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am

**(No appointment necessary)**

Late Morning – 10.30am -12.30pm

**(By appointment only)**

Afternoon – 2.30pm – 6pm

**(By appointment only)**

#### **Surgery by appointment only –**

Early Morning Tuesday & Thursday

Late evening Monday & Tuesday

#### **Dent Surgery by appointment only - Monday**

#### Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

**(By appointment only)**

Baby Immunisations/Travel Clinic – Wednesday

afternoons **(By appointment only)**

Dressings Clinic – Friday afternoons

**(By appointment only)**

#### Blood clinic

Monday – Thursday – 8.20am – 12pm

**(By appointment only)**

**Please telephone the surgery to make  
appointments for all the above clinics.**

See our website

[www.sedberghmp.nhs.uk](http://www.sedberghmp.nhs.uk)

for further details

#### Collinge Optometrist

Friday only - 0900 to 1300 by appointment only.

#### Bridging the Gap

First Monday - 1400 - 1600

Mrs Colpus 01228 595937

#### Location of Defibrillators

72 Main Street ~ People's Hall ~ Fire Station

## POLICE

101 or 999

Crimestoppers 0800 555 111

## DENTAL SURGERY

Main Street 20626

Ben Houghton (principal), Ian Dawson,  
Miss Katie McKay & Sarah Boom (Hygienist)

Monday to Friday 0900 - 1700

Saturday \*

## SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

## DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

## SEDBERGH & DISTRICT INFORMATION CENTRE

*for resident & visitor information*

72 Main Street, Sedbergh

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

e-mail: [tic@sedbergh.org.uk](mailto:tic@sedbergh.org.uk)

Tel: 015396 20125/20504

[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

If you are an event organiser or accommodation provider and you would like a listing on the website, or if you are a local organisation and want the website to carry information about your activities, please email the Information and Book Centre on [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)."

## VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 \*

1400 - 1500 \*

Other times by appointment only \*

## PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

MARKET DAY

WEDNESDAY

Last Page Update:

May 2017